



MARGARET LOH DIRECTS NURSES

David A. Gee, executive director, announced that Miss Margaret Loh was appointed director of nursing at Jewish Hospital, effective September 1.

Miss Loh, who has been with the Jewish Hospital for the past year as associate director of nursing, succeeds Miss Edna E. Peterson, who retired from the position she has held since 1927.

In her new capacity, Miss Loh will have responsibility for all of the nursing service and nursing educational activities at the hospital.

Reviewing her experience at Jewish Hospital thus far and looking toward the future, Miss Loh stated her impressions.



MARGARET LOH

"A year ago, when I first arrived at Jewish Hospital, I was impressed with the friendly interest of those with whom I associated, and the loyalty and dedication to good patient care evidenced by the personnel in the nursing service department. Today, my impression hasn't changed one bit and I have been able to see that much of this permeates throughout the entire institution."

Miss Loh received her B.S. in nursing from Duquesne University Pittsburgh, in 1941 and her masters degree in nursing service administration from the University of Pittsburgh in 1958.

After serving as staff nurse and head nurse at Children's Hospital, Pittsburgh, Pa. (1941-43), Miss Loh became director of nursing at Miners Hospital in Sprangler, Pennsylvania in 1943.

She has also served as director of nursing at Altoona Hospital, Altoona, Pa. (1946-52); associate director at Magee Hospital, Pittsburgh (1952-58); and director of nursing service at Hurley Hospital, Flint, Michigan (1958-64).

\$450,000 Grant Awarded Hospital

The Public Health Service recently announced a grant of \$450,000 to Jewish Hospital. The grant, awarded under the health research facilities program of the National Institutes of Health, will be applied to the construction of the \$2 million dollar Charles H. Yalem Research Building.

As a member of the Washington University Medical School and Associated Hospitals, Jewish Hospital is conducting extensive research in medicine and surgery.

The nine story building will contain facilities for the expanded medical research program under the direction of Dr. Stanford Wessler, physician-in-chief, Jewish Hospital, and professor of medicine, Washington University School of Medicine. This will include: endocrinology, peripheral vascular disease, hematology, gastroenterology, infectious diseases, pulmonary disease, renal disease, neurology, dermatology and cancer.

SURGICAL RESEARCH

The expanded surgical research program under the direction of Dr. Morton D. Pareira, surgeon-in-chief, Jewish Hospital, and professor of surgery, Washington University School of Medicine will include an extensive program of transplantation research, blood volume and shock, biochemistry of the skin, pathophysiology of the vascular system and neurophysiology.

Beaumont Foundation Sponsors Many Hospital Research Projects

Few people would ever classify Cleveland, Denver, Los Angeles, Akron and St. Louis in the same breath because of geographic, climatic, and cultural differences. However, two family names link each of these locations in a common bond . . . those of May and Beaumont.

Louis D. Beaumont, one of the founders of the May Department Stores Company, was also the uncle of Morton J. May, presently chairman of the mercantile empire. When Mr. Beaumont died in October, 1942, he left the bulk of his substantial fortune in trust for philanthropic purposes.

The responsibility of administering this trust was given to three men: Morton J.



MISS EDNA E. PETERSON, who recently retired as director of nursing, was presented with her portrait by artist Fred Conway (left) at the School of Nursing graduation exercises. Mr. Joseph F. Ruwitch, president of the board of directors, made the presentation. The portrait will be hung in the Moses Shoenberg Memorial School of Nursing Building. (See page 2.)

MRS. WOHL ANNOUNCES \$500,000 ENDOWMENT

Mrs. Carlyn H. Wohl recently announced a \$500,000 gift from The Wohl Foundation to the Jewish Hospital of St. Louis' unrestricted endowment fund.

Mrs. Wohl, a member of the hospital's board of directors, is the widow of the late David P. Wohl. She has honored her two daughters, Mrs. Paul Rothschild of St. Louis and Mrs. Richard Marcus of Winnetka, Illinois by establishing the fund in their names. It will be known as the Francel W. Marcus and Elizabeth W. Rothschild Unrestricted Endowment Fund.

Mrs. Wohl said, "I learned about the philosophy of giving from Mr. Wohl. After he became successful in business, he wanted to give something back to the city in which he had established his business; he wanted to help the sick and the poor."

WOHL FOUNDATION

David P. Wohl, founder of Wohl Shoe Company, was a noted St. Louis philanthropist. In 1940 he established the Wohl Foundation which has contributed generously to Jewish Hospital as well as to other civic, charitable, and educational institutions.

Contributions to Jewish Hospital in recent years include: \$150,000 given to the David P. Wohl Endowment Fund; the Wohl Foundation also donated \$100,000 to the Jewish Hospital Development Fund in 1963. Mrs. Wohl has previously contributed \$100,000 to the hospital's 1950 Building Fund with Mrs. Wohl, followed in 1956 by \$200,000 toward the Capital Fund Drive conducted at that time. This latter sum was used for remodeling the Kingshighway wing of the hospital named in memory of Lt. David P. Wohl, Jr.

Jewish Hospital, as a member of the Washington University Medical School and Associated Hospitals Medical Center, is a teaching affiliate of Washington University.

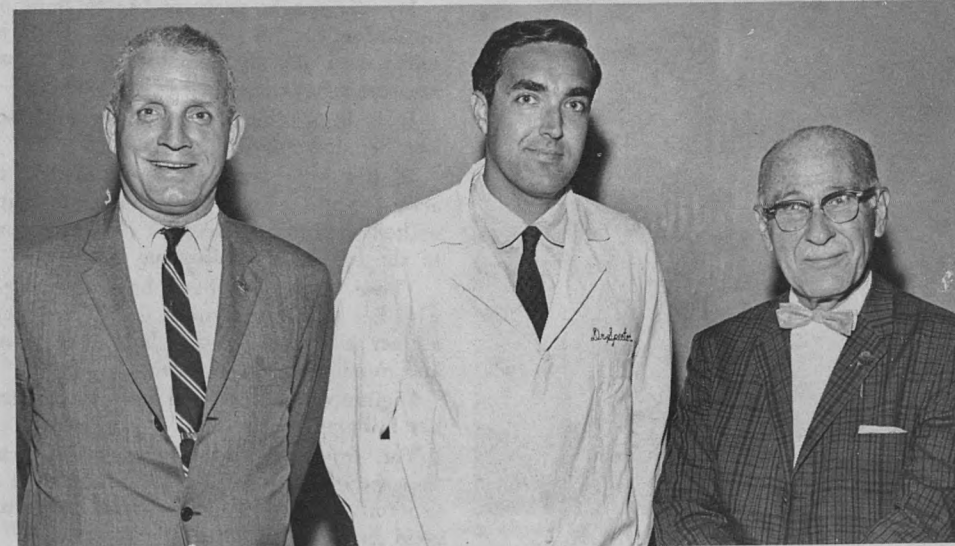
TO EXPAND PROGRAMS

President of the Jewish Hospital Board of Directors, Joseph F. Ruwitch said, "Mrs. Wohl's contribution will have resounding effects in the medical world since the funds will be used to expand the patient care, educational and research programs of Jewish Hospital. We are delighted to receive this generous gift."

During Mr. Wohl's lifetime, the couple gave \$8,500,000 to municipal, charitable and educational institutions through the Wohl Foundation and personal contributions. In addition, Mr. Wohl bequeathed \$1,677,500 to several St. Louis institutions at his death. Among the institutions which have benefited from Wohl Foundation funds are: Washington University, St. Louis University, Jewish Community Centers Association, Dismas House and the City of St. Louis for establishing two health centers.

Mrs. Wohl has contributed her time to civic activities as well as donations from the Wohl Foundation. After her husband's death in 1960, she took on more positions of community responsibility. In addition to her membership on the board of Jewish Hospital, she is a member of the board of the Jewish Community Centers Association and Dismas House.

Joint Injections Method Helps Some Arthritics



MR. S. E. FREUND

DR. GENE W. SPECTOR

DR. JACOB G. PROBSTEIN

A new method of treatment that has "dramatic effects in certain cases of degenerative arthritis in the hip and frozen shoulder" is being used at Jewish Hospital by Dr. Gene Spector.

This process of joint injection was developed by Dr. Lars Andren of Malmo, Sweden, with whom Dr. Spector studied last fall.

"The treatment developed by Dr. Andren was actually the result of an accidental but remarkable discovery. When a radiologist takes an x-ray of a joint, details can be seen more clearly if he has injected some contrast fluid into the joint capsule. Dr. Andren was making "arthrograms" by injecting contrast material in a saline solution into the joint. As he did this he became aware that patients often seemed to feel much better after the injection.

Degenerative arthritis causes pain in the joints and loss of mobility. When Dr.

(Continued on page 11, col. 3)

(Continued on page 12, col. 1)

Edna E. Peterson Honored

49 Nurses Graduate; Scholarships Awarded

A surprise unveiling of a portrait of Edna E. Peterson, retiring director of nursing, was the highlight of this year's school of nursing graduation ceremony. The portrait, painted by St. Louis artist Fred Conway, was presented to the school of nursing by Joseph F. Ruwitch, president, board of directors.

The main speaker at the graduation exercises at 3 p.m., August 8, at United Hebrew Temple, was Major B. Einstein.

Mr. Einstein is a past president and a life member of the hospital board of directors. His leadership in health and civic affairs has been manifested in a long and active community life.

David A. Gee, executive director of the hospital, presided over the commencement ceremony. Rabbi Lawrence Siegel, community chaplain, Jewish Federation, gave the invocation.

Edna E. Peterson presented the graduating class to Mr. Ruwitch, who in turn awarded diplomas to the graduates.

Mrs. Bram J. Lewin, vice-president of the Auxiliary, and Mrs. Harry Milton, chairman of the committee on nursing, presented awards to outstanding nurses and student nurses. These included scholarships, honor keys and United States Savings Bonds.

SCHOLARSHIP AWARD

The Jewish Hospital Women's Auxiliary Scholarship of \$1000 was awarded to Miss Patricia Laubinger. Miss Mary Ann Wolf was awarded the Hattie Waldheim \$500 Scholarship as the second highest ranking student in the graduating class.

Miss Jeanne Taylor and Miss Mary Catherine Smith received honorable mention.

The Gold Key, which is awarded to the junior ranking highest in her work, was presented to Miss Mary Ann Cochran. Miss Mary Margaret Froman received honorable mention.



PATRICIA LAUBINGER



MARY ANN WOLF

The silver key and the Franc Award, a one hundred dollar bond, was awarded to Miss Sandra Schmidt, as the freshman ranking highest in her work during the first year. Two girls, Miss Glenna Barnes and Miss Dianne Gmachl, received honorable mention.

A \$25 bond was awarded to Miss Patsy Keister, who was honored as the student who showed outstanding kindness to and consideration of patients.

Miss Nancy Seaton also received a \$25 bond for her outstanding interest and participation in student activities.

GRADUATING SENIORS

- Beverly Jeanne Alther.....Affton, Missouri
- Judith Ann Banes.....Collinsville, Illinois
- Judith Clerice Betz.....Alton, Illinois
- Nancy Sue Carroll.....Alton, Illinois
- Ann Lynn Chotin.....Olivette, Missouri
- Rowena Sue Clark.....Salem, Illinois
- Cynthia Ann Corson.....Alton, Illinois
- Gayle Lee Cottle.....Plainfield, Indiana
- Gloria Jean Pierre Eschbacher
St. Louis, Missouri
- Ruth Ann Fischer.....St. Louis, Missouri
- Judith Kay Francis.....Carmi, Illinois
- Helen Elaine Garrett.....Chicago, Illinois
- Linda Ann Goetz.....Carbondale, Illinois

- Marcia Elaine Groll.....St. Louis, Missouri
- Harriet M. Hammons.....St. Louis, Missouri
- Rhoda Lea Headley.....St. Louis, Missouri
- June Henley.....St. Louis, Missouri
- Donna Mae Huitt.....Berkeley, Missouri
- Patsy Faye Keister.....Shattuc, Illinois
- Patricia Ann Kelly.....St. Louis, Missouri
- Mary Susan Kenny.....Berkeley, Missouri
- Carol Anne Kinkel.....St. Ann, Missouri
- Peggy Ellen Kopolow.....Ladue, Missouri
- Susan Kren.....Richmond, California
- Patricia Louise Laubinger
St. Louis, Missouri

- Margaret Gene Lindsey
Granite City, Illinois
- Karen Jeanne McKinney
Granite City, Illinois

- Arline Ann Moseley
East St. Louis, Illinois
- Marion Neuman.....Clayton, Missouri
- Mary Virginia Powers
Brentwood, Missouri

- Nancy Ann Seaton.....St. Louis, Missouri
- Suanne Shelton.....Mascoutah, Illinois
- Gail Sue Simmons.....St. Louis, Missouri
- Carole Marie Smith.....Collinsville, Illinois
- Harriett Ruth Smith
University City, Missouri

- Mary Cathryn Smith.....St. Louis, Missouri
- Nancy Kay Smith.....Mascoutah, Illinois
- Alice Mae Taylor.....Kell, Illinois
- Jeanne Ann Taylor
Cape Girardeau, Missouri

- Carmen Roberta Munsey Thompson
St. Louis, Missouri
- Martha Mary Uhring.....Collinsville, Illinois
- Mary Margaret Vanderhoof
Flandreau, South Dakota

- Elinda Ruth Ciolek Vierck
St. Louis, Missouri
- Ruth Ann Vlasak.....St. Louis, Missouri
- Lillie Carol Ward.....Wellsville, Missouri
- Virginia Marie Weidner
Normandy, Missouri

- Kathleen Ann Welsh
East St. Louis, Illinois
- Mary Ann Wolf.....Granite City, Illinois
- Judith Ann Zacheis
Webster Groves, Missouri

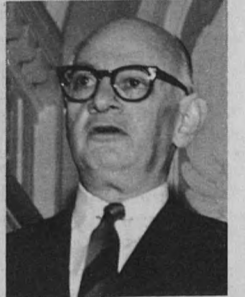
Major B. Einstein Addresses Nurses

"Mr. Gee, President Ruwitch, Miss Peterson, members of the class of 1965, all others connected with the Jewish Hospital School of Nursing, and friends:

I can recall no invitation that has brought me greater satisfaction than the one to salute you this afternoon.

No speaker has ever been entrusted with a more agreeable assignment.

This is the eighth commencement of the School of Nursing of the Jewish Hospital in which I have had the distinct pleasure and privilege of participating.



MAJOR B. EINSTEIN

The previous seven occasions were during my administration as president of the hospital when my custom was to distribute diplomas, announce awards, and deliver a brief extemporaneous message to the graduates.

In those years, the last one of which was a decade ago, the warm spirit and subdued excitement of each occasion was sufficiently inspiring to warrant the omission of any recorded remarks.

SINGULAR OCCASION

However, this commencement is a singular occasion — one that not only marks the commencement of each graduate on her career in the nursing profession, but also Edna Peterson's virtual commencement of an abundantly deserved period of rest made even more gratifying, I hope, by a comforting awareness of her superb contributions to your and her chosen calling.

In deference to the obviously unusual nature of this particular commencement, I have chosen to set forth my sentiments in a written text, rather than simply to voice them.

I not only join you graduates in joyous spirit and well wishes, but also am delighted to have the opportunity to express to Miss Peterson the sentiments of all those who have known her during these fortunate years for the hospital, when she has unstintingly dedicated her abundant talents to the school of nursing and the administration of nursing care.

GOOD FRIENDSHIP

Abraham Lincoln once wrote "The better part of one's life consists of his friendships".

As I think back over the years during which I have had the good fortune to be associated with Miss Peterson, I cannot but appreciate how true Lincoln's statement was.

Miss Peterson's friendship shines forth among my fondest recollections, as a bright beacon which has illuminated so many of my own steps along what at times was a tortuous path.

This, I am sure, has been equally true of you and your sister alumnae during your respective training years.

JOY IN SHARING

We are taught early in life to find joy in sharing, and I am sure that all of us today find joy in the sharing of a full measure of gratitude to Miss Peterson.

It is impossible to know her and not like her and admire her.

It has ever been her way of life to accept and exercise great responsibility without hesitation and with deep devotion to the problems confronting her.

Those of us who have been associated with her the longest, most deeply appreciate her skill and diligence, both in teaching and nursing administration.

Vigilance and self-reliance have been her hallmark.

Yet, despite the intensity of her dedication she has never failed to mix with it a generous amount of modesty and becoming good humor.

(Continued on page 3, col. 4)



1965 NURSING SCHOOL GRADUATING CLASS

Graduate Scholarships

Six post-graduate scholarships were awarded at the August 8 nursing graduation ceremonies. The recipients were Miss Eloise DeLap, Miss Margaret Hoffman, Mrs. Mildred Lange, Miss Elaine Neal, Miss Maureen Shannon, and Miss Barbara Rothman.

MISS DeLAP

Miss DeLap was the recipient of the Elsie Probstin Nursing Scholarship, which was established two years ago by Norman Probstin and Thelma Katz, children of Dr. Probstin and the late Elsie Probstin. This endowed scholarship provides graduate education, preferably in surgical nursing for graduates of the Jewish Hospital School of Nursing.

Miss DeLap has been a member of the hospital staff since 1958. She is currently instructor in surgical nursing and is continuing her education at Washington University.

MISS HOFFMAN

Miss Hoffman received the \$350 Sam and Jeanette Koplar Nursing Scholarship, which was set up by Mrs. Morris Shenker, Mrs. Richard Bennett and Mr. Harold Koplar.

She graduated from Jewish Hospital School of Nursing in 1959. Following graduation she remained as a staff nurse on a surgical nursing unit. In 1960 she was promoted to the position of head nurse.

She continued to work full time and enrolled for part time work in the department of nursing at St. Louis University. In 1964 she enrolled full time at St. Louis University and has continued to work part time evenings and week-ends. She will complete the requirements for her B.S. degree this year.

MRS. LANGE

The \$300 scholarship from the Leo C. Fuller Scholarship Fund was awarded to Mrs. Mildred Lange. The award is for a graduate nurse to continue studying in her chosen field of nursing.

Mrs. Lange graduated from Jewish Hospital School of Nursing in 1947. She has three sons in high school, works at the hospital, and has taken special courses at Washington University.

She was appointed to the position of head nurse in the obstetrics department on August 1.



DR. CARL J. HEIFETZ presents Miss Edna E. Peterson with a plaque on behalf of the medical staff at nursing graduation held in United Hebrew Temple.

The Medical Staff Honors Miss Peterson

Speech by Carl J. Heifetz, President of the Medical Staff of the Jewish Hospital of St. Louis

I believe it is a little more than coincidental and quite appropriate that the person who has known Miss Edna Peterson perhaps as long as anyone at this gathering today happens to be on this platform as the official representative of the Medical Staff. Miss Peterson preceded my coming to the hospital by a year or two and there has always existed between us a warm feeling of admiration and respect. It is fortunate that the Jewish Hospital has been able to take advantage of her loyalty and great talents during her long stay here, and, partly as a result of this, the hospital has developed and grown geometrically.

The nursing profession at large has undergone changes even greater than the hospital itself. It is to Miss Peterson's credit that standards of patient care have always remained on the highest level. We of the Medical Staff owe Miss Peterson a great debt of gratitude, and I am here to express this appreciation since she will shortly retire as the active leader of the School of Nursing. With this in mind, the Medical Staff has asked me to present to you, Miss Peterson, this plaque. It reads as follows:

Presented to Edna E. Peterson R.N.
For Her Dedicated Efforts
In Maintaining The Highest
Standards Of Nursing
Care and Education By
Precept and Example.

The Medical Staff of The Jewish Hospital of St. Louis

MISS NEAL

The Frieda H. Leonson Scholarship of \$450 was awarded for the first time this year to Miss Elaine Neal. It was established by Mr. Leon Leonson in honor of his wife.

Miss Neal graduated from Jewish Hospital School of Nursing in 1961. She remained as a staff nurse on a surgical nursing unit and was promoted to the position

of assistant head nurse in 1962. In November 1963 she went to Cedars of Lebanon Hospital in Los Angeles. She returned in November 1964 and was appointed head nurse on a large surgical unit. Miss Neal will enroll for part time work at Washington University.

MISS ROTHMAN

This year's \$300 Lillie E. Green Nursing Scholarship was awarded to Miss Barbara Rothman, who graduated from the Jewish Hospital School of Nursing in 1962.

The scholarship was endowed, through the efforts of Dr. Jacob Probstin, by the estate of Mrs. Green and the late Menko E. Green for medical and surgical research and education.

Following graduation Miss Rothman was employed in the operating room at Jewish Hospital for a year. She is currently working as a staff nurse on a surgical nursing unit at the hospital. She will continue her work and will enroll as a part time student at Washington University.

MISS SHANNON

Miss Maureen Shannon, a 1964 graduate of Jewish Hospital School of Nursing, was awarded the Blanche Greenwald Memorial Fund Scholarship, which provides short term courses for graduate nurses.

Miss Shannon has been employed as a staff nurse in rehabilitation nursing at the hospital. She will use the scholarship to enroll in an intensive course in rehabilitation nursing at the Kenny Rehabilitation Institute sponsored by the American Rehabilitation Foundation, Minneapolis, Minnesota. Upon return she will assume the responsibilities of head nurse in rehabilitation nursing at Jewish Hospital.

Mrs. Fred Salomon Establishes Fund

Mrs. Fred Z. Salomon recently donated \$10,000 to Jewish Hospital to establish a nursing scholarship.

The award, which will be called the Helen A. Salomon Nursing Scholarship will be presented annually at nursing graduation exercises.

When Mrs. Salomon discovered that there was a need for this type of gift from Dr. Jacob C. Probstin, a close family friend for many years, she said, "I thought it would be a wonderful thing to give."

The enthusiasm of this charming lady for giving can be expressed in her own words, "To get as much pleasure and give as much pleasure as I can — that is my creed."

A generous woman, who enjoys giving of her time as well, Mrs. Salomon has always been active in civic affairs. This interest in the community can be seen in the work she has done for community organizations and for individuals throughout the years.

"Jewish Hospital has always been my hospital," she stated in a recent interview. "I am very fond of the hospital and its personnel. They have always been wonderful to me."



MRS. FRED Z. SALOMON

Einstein Speech

(Continued from page 2)

I have never known a student to question her fairness or reasonableness, both of which she has always exercised with exemplary calmness and prudence.

I have been blessed with the good fortune to observe intimately this unusual mixture of elements in Miss Peterson's great personality for over three decades.

I trust I am not embarrassing my dear friend with this well-merited praise which, however, seems so appropriate to this occasion, and to which I so greatly enjoy giving expression.

She would be the very last to court public acclamation of her abundant virtues.

However, I feel no other course would be appropriate to this significant commencement but to proclaim her truly magnificent accomplishments in her notable career which all of you graduating today might emulate and select as your guiding light toward the rewarding and exemplary careers which I so profoundly pray you will enjoy."



WINNERS OF scholarships for post graduate study in nursing are these six registered nurses. They are (from left) Mrs. Mildred Lange, Miss Barbara Rothman, Miss Maureen Shannon, Miss Margaret Hoffman, Miss Elaine Neal and Miss Eloise Delap.



Edna E. Peterson

Miss Peterson Serves The Hospital Past 38 Years

Miss Edna E. Peterson, a warm person who has earned the love and respect of over a thousand girls in the years since she came to Jewish Hospital in 1927, has recently retired from her position as director of nursing at the hospital.

An unusual combination of humility and outstanding leadership accent "Miss Pete's" congenial personality.

SWEDISH DESCENT

Of Swedish descent, Miss Peterson was born in the Swedish community of Balaton, Minnesota. She didn't learn to speak English until she was five.

As a young girl her ambition was to be a lyceum speaker and she studied for her chosen profession at a Minneapolis dramatic school.

Before she could finish her training, however, she decided to become a teacher. Before she began her dramatic training she had earned a teaching certificate.

VARIED INTERESTS

For a time Miss Peterson taught in the winter and sold encyclopedias during the summer. She didn't feel that she was a very good salesman as she always wanted to give them away to those who couldn't afford them.

A friend, enthusiastic about nursing, inspired Miss Pete to enter St. Mary's School of Nursing in Rochester, Minn.

(Continued on page 5)

(LOWER LEFT)

PERSONALIZED SONG BOOKS were distributed for a community sing at the Nursing School picnic held at Montibello Recreation Area, June 8.

(BELOW)

MISS PETERSON joins the nurses for a ride on a hay wagon.





MRS. EDWIN G. SHIFRIN, president of the auxiliary, presents a gift to Miss Edna E. Peterson at a luncheon meeting of the Auxiliary board, May 18.

HONORED BY HOSPITAL FRIENDS

(Continued from page 4)

After graduation from St. Mary's — where she had helped to teach as a senior — she went to Columbia University on a scholarship. She also received her B.S. from the University of Chicago and her M.S. in nursing education from St. Louis University.

Though Miss Peterson's life has always been active, she has found several hobbies which she enjoys. Poetry, painting and cooking are some of her favorites.

When asked what she will do with her time now that she has retired, Miss Peterson stated, laughingly, that she would paste all the pictures on the wall that were taken at the events in her honor during the past few months and look at them.

In a more serious vein, Miss Peterson is looking forward to teaching at Washington University on a part time basis.

Her portrait, hanging in the School of Nursing, will be a reminder of the wonderful years Miss Peterson dedicated to Jewish Hospital . . . Miss Peterson will definitely be missed.



DAVID A. GEE, executive director, presents Miss Peterson with a copper enamel portrait by local artist, Ellen Wallach, at the party for Miss Peterson, August 15.



MRS. SADIE GLUECK of Chicago, the only surviving member of the first graduating class of The Jewish Hospital School of Nursing (1905), receives a corsage at the annual nurses' alumnae luncheon. Miss Eloise DeLap, RN, (left) pins on the corsage as Mrs. Roberta Tolpen and Miss Peterson look on.



MRS. JOSEPH F. RUWITCH presents a scroll inscribed with the names of persons who donated to the Edna E. Peterson Scholarship Fund. Looking on are Mr. Ruwitch (left), president of the board of directors, and David A. Gee, executive director of the hospital. The party was held at the home of Mr. and Mrs. Harry L. Franc, Jr. Miss Peterson also received a silver tea service and a copper enamel portrait.

An 8 x 10 color reproduction of the Fred Conway portrait of Miss Edna E. Peterson can be obtained by returning this blank to the Public Relations Office of The Jewish Hospital, 216 South Kingshighway, before October 15. Return remittance with order. Make check payable to The Jewish Hospital of St. Louis.

Name.....

Street Address.....

City..... State..... Zip Code.....

Number of prints at \$3.00 per print.....



FOUR HAPPY PERSONS at Mrs. Franc's party include Mrs. Edwin G. Shifrin, Miss Margaret Loh, new director of nursing, Miss Peterson, and Mrs. Milton Frank, chairman of the committee on nursing for the board of directors. (left to right)

DONOR
Mr. and Mrs. Charles S. Rice

IN MEMORY OF
OSCAR TEPER

Mr. and Mrs. Gene M. Schneider
(Oscar Brand Memorial Fund)

ALEX P. TUCKER

Mr. and Mrs. Sidney D. Freund
Mr. and Mrs. Eugene Newport
Quality Handbag
Mr. and Mrs. Morris H. Rosenthal
Louis Rubin

MOTHER OF MR. AND MRS.
ALVIN WEINBERG

Tama Bender

MRS. FAN WERTHEIMER

Mr. and Mrs. Sander Zwick

SARAH WOLFF

Dr. and Mrs. M. A. Allen
(Heart Research)

Mr. and Mrs. Arthur Bierman
Mr. and Mrs. Sidney Cohen
Mr. and Mrs. Stanley M. Cohen
Mr. and Mrs. Donald Cornbleet
Dr. and Mrs. Arnold Dankner
Mr. and Mrs. Barney B. Diamond
Mrs. Irven Dubinsky
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Edison Brothers Stores Foundation
(Development Fund)
Gussie and Tillie Frenzel
Mr. and Mrs. Harvey A. Friedman
(Dr. Arthur E. Strauss Visiting Physician's Fund)
Mr. and Mrs. J. C. Friedman
(Heart Research)

Mr. and Mrs. Melville Friedman
Mr. and Mrs. Burton Garland
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Mr. and Mrs. Sam Hacker
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(Irven Dubinsky Memorial Fund)
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Mr. and Mrs. Donald G. Levy
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Mrs. Jerome Molasky
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Mr. and Mrs. Walter Ring
(Irven Dubinsky Memorial Fund)
Theodore R. Samuels
Mr. and Mrs. Eli P. Schwartz
(Sadye Mathes Special Fund)
Mr. and Mrs. Julian J. Sincoff
Mrs. Anna Spitzer
(Sadye Mathes Special Fund)
Mr. and Mrs. Jerry Spitzer
(Sadye Mathes Special Fund)
Mr. and Mrs. Joseph Tucker
(Edna E. Peterson Scholarship Fund)
Mr. and Mrs. Si Werner
Mr. and Mrs. Barney Wides

JACOB WOHLFELD

Mr. and Mrs. Edward J. Boonshaft
Mrs. Irven Dubinsky
(Irven Dubinsky Memorial Fund)

WALTER V. WOLFF
(Heart Research)

Mrs. Lewis Bettman
(Lewis Bettman Memorial Fund)
Mrs. Robert V. Friedman
Mrs. Marjorie Frank Lesser
Dr. and Mrs. Llewellyn Sale, Jr.
Mr. and Mrs. Edward R. Samuels
Mr. and Mrs. Earl Susman
Mr. and Mrs. Emil Tamm
Mr. and Mrs. Percy Tucker

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Dr. James O. Hepper
Dr. and Mrs. Ben H. Senturia
Miss Rose Senturia

ABRAHAM ZIMMERMAN

Mr. and Mrs. Charles Crame
Mr. and Mrs. Ralph M. Soule
Dr. and Mrs. Jacob Stolar

WILLBERT L. WULF
(Audiology Fund)

Housekeeping Employees:
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Mary Graf
Verna Hemker
Paula Kroll
Betty Pace
Lillian Patrick
Ida Robinson
Beulah L. Sanders
Marie Thomas
Thelma Triplett
Nancy Vester

MRS. LIBBY HASKENS

Mrs. Louise Geiger
(Edna E. Peterson Scholarship Fund)
Miss Nina Perry
(Edna E. Peterson Scholarship Fund)

DONOR
MORTON J. MAY (84th Birthday)
(Florence G. - David May Research Fund)

Mr. and Mrs. Leonard Hornbein
Mrs. Arthur Lieber
Dr. and Mrs. Jacob G. Probst
(Elsie Probst - Harry Koplar Brace Fund)
Mr. and Mrs. Leonard Strauss
Dr. Arthur E. Strauss

HARRY KINGSBAKER (80th Birthday)

Mr. and Mrs. Elvin K. Popper
MILTON LANDAU (80th Birthday)

Mrs. Hortense Frank
Mrs. Frances L. Greenfield
Mr. and Mrs. Sylvan H. Jacobson
Dr. and Mrs. Melvin B. Kirstein
Mrs. Samuel I. Sievers
Mrs. Ralph Weil

HARRY EDISON (75th Birthday)
(Audiology Fund)

SAM HACHER (75th Birthday)

Mr. and Mrs. Eli P. Schwartz
(Sadye Mathes Special Fund)

IRVIN S. LANG (75th Birthday)

Mrs. Mark C. Steinberg
Mr. and Mrs. Richard K. Weil
JULIAN G. SAMUELS (75th Birthday)

Mr. and Mrs. Sylvan H. Jacobson
Mr. and Mrs. Jon A. Roos
Mrs. Louis G. Rothschild
Dr. and Mrs. Llewellyn Sale, Jr.
Mrs. Sam S. Simon
Mr. and Mrs. Sydney M. Shoenberg, Jr.
Richard E. Turner

MAX DEUTCH (60th Birthday)

Mr. and Mrs. Carl Glaser, Jr.
Dr. and Mrs. Melvin B. Kirstein
Mr. and Mrs. Joseph F. Ruwitch
Dr. and Mrs. Llewellyn Sale, Jr.
Mr. and Mrs. Arthur A. Scharff, Jr.
ALFRED FLEISHMAN (60th Birthday)
The Hy Senturia Family

HYMAN M. STOLAR (60th Birthday)

Mr. and Mrs. Elliot Stein
MILTON FISCHMANN (50th Birthday)

Mr. and Mrs. Eugene M. Pearlman
MRS. JOSEPH F. RUWITCH
(50th Birthday)

Mr. and Mrs. Howard F. Baer

DONOR
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(Safe Return)

Mr. and Mrs. Joe Stepmann
MR. AND MRS. JOE STEPMAN
(Their Safe Return)

Mr. and Mrs. Joe Stepmann
DR. ARTHUR E. STRAUSS
(Bon Voyage and Safe Return)

Mrs. Samuel M. Friedman
(Dr. Arthur E. Strauss Visiting Physicians Fund)

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(Their Marriage)

Dr. and Mrs. Milton H. Jasper
Mr. and Mrs. Benjamin P. Shapiro
JIMMY KATCHER (His Engagement)

Dr. and Mrs. Milton H. Jasper
MR. AND MRS. DAVID LEWIN
(Their Marriage)

Mr. and Mrs. A. W. Baum
Mrs. Mordecai B. Brown
Mr. and Mrs. Robert Lipsitz

MR. AND MRS. SAM REYNOLDS
(Son's Marriage)

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MR. AND MRS. SID HOLTZMAN
(Birth of Baby)

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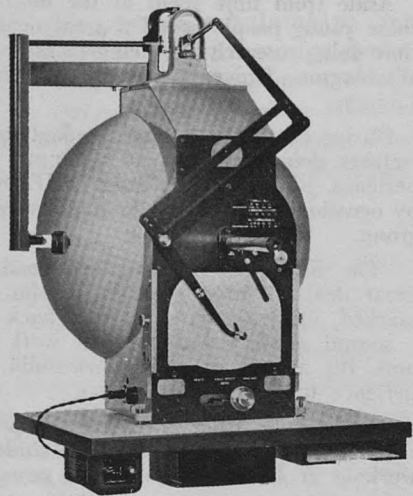
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EQUIPMENT NEEDED



A Goldman Projection Perimeter is needed to replace obsolete instruments now in use. The perimeter will measure the field of vision with more accuracy and provide greater diagnostic precision. Cost: \$1995.

Donors may designate that a memorial plate be attached to either piece of equipment. Further information can be obtained by calling the office of resources and development, FOrest 7-8080, ext. 398.

U. F. Drive To Begin Here

The United Fund Drive at Jewish Hospital will begin October 8 and continue through October 25. The hospital goal for this year is \$12,636, an increase of \$378.00 over the 1964 goal.

Co-chairmen for the drive are William H. Chiles, personnel director and Max Appel, director of resources and public information. For the third consecutive year, Mrs. Raya Kovensky will serve as vice-chairman and co-ordinator of the in-hospital drive. Pre-drive activities will include a Division Leaders' luncheon October 1, and a Team Captain's meeting, October 7. Division Leaders who will serve are: Dr. Mary Bishop, Phillip Bassin, Robert Hickok, Armand Jaquier, Dr. Daniel Rosenstein, Evelyn Whitlock, Raymond Highfill, George Horne and Marcella Gasperi, R.N.

AUXILIARY SELLS GREETING CARDS

The Jewish Hospital Auxiliary is selling holiday greeting cards. The attractive cards are white and green with a snowflake motif.

Mrs. Samuel Stern, chairman of the greeting card project, announced that the minimum donation will be as follows:

- \$20 per 100
- \$10 per 50
- \$ 5 per 25

The cards can be personalized at the cost of 1c each, plus a 50c set-up charge.

On each card will be printed, "The purchase of this card represents a donation to the Research Institute of the Jewish Hospital of St. Louis."

Orders will be taken by Mrs. Samuel Stern, 701 Glenridge, VO 3-1574, and vice-chairman, Mrs. Burton Librach, 804 So. Central, PA 1-1181. Orders can also be made through the auxiliary office at the hospital, FO 7-8080, ext. 264.

FALSTAFF GRANT

The Falstaff Brewing Corporation has pledged \$5000 to the Jewish Hospital unrestricted endowment fund.

The money will be used to help finance the hospital's program of expanded patient care, research and education.

GOALS OF RESEARCH IN THROMBOSIS DISCUSSED BY PHYSICIAN-IN-CHIEF

(In the last issue of "216" Dr. Stanford Wessler, physician-in-chief at Jewish Hospital, discussed the historical aspect of clotting disease and the definition of thrombosis. In this issue he concludes with information concerning present knowledge and research in the field.)

Q: Dr. Wessler, What distinguishes venous from arterial thrombosis?

A: Three factors, among others, distinguish venous from arterial thrombosis. In the venous circulation the role of vessel damage is less prominent; secondly, one is dealing with a low-flow as opposed to the high flow system in arteries; and thirdly, the anatomy of the venous clot is profoundly different from the arterial thrombus.

From the concept that venous thrombosis is dependent on coagulation of the blood has been derived the thesis that acceleration of an in vitro clotting reflects in vivo "hypercoagulability" of the blood, or an augmented tendency to thrombosis. Despite continuing advances in the elucidation of the coagulation mechanism, the relation of specific clotting factors to the thrombotic processes is poorly defined. Efforts in this area have been plagued by the impurity of clotting factors, and the difficulties inherent in identifying in vivo reactions by means of test tube clotting assays.

Q: How does venous thrombosis begin?

A: It has become increasingly clear that the slowing of blood flow (stasis) plays a critical role in the genesis of venous thrombi. Although these observations are based upon sound clinical and experimental data, the mechanism whereby retardation of blood flow facilitates intravascular coagulation (clotting) continues to be obscure. One hypothesis that deserves further investigation suggests that stasis interferes with the removal of "activated" clotting moieties as a result of which accelerated coagulation can be recognized by the deposition of a thrombus.

Whereas the contribution to intravascular coagulation of alteration in clotting proteins and retardation of blood flow are almost self-evident, the role of lipids in thrombosis is less apparent. Lipids are important in normal blood coagulation, and two of these fatty substances are derived from platelets normally circulating in the blood stream. Since the platelets participate relatively late in the in vitro coagulation sequence, one of the

critical unanswered questions is whether platelets must undergo disruption to make their lipids available for coagulation. Investigations in man and animals, moreover, have repeatedly shown that dietary and other alterations in serum lipids will affect in vitro clotting assays. The demonstrated effect on intravascular coagulation of phospholipids, fatty acids, and the lipid components of endotoxin, together with the suggested relationship between dietary lipid and thrombosis poses a major challenge to the investigator.

Q: What work is being done in our laboratory concerning thrombosis?

A: For more than a decade, our laboratory has been actively engaged in utilizing an in vivo model as a bridge between test tube coagulation and venous thrombosis in living animals. The use of this model has been based, in part, on the hypothesis that any substance capable of sufficiently activating one or more of the clotting factors involved in the laying down of a clot can - in the absence of vessel damage - initiate a hypercoagulable state and that such a hypercoagulable state is capable of inducing massive thrombosis in areas of retarded blood flow. Another cornerstone in the experimental design has been the observation that in the major veins (as opposed to the arteries) intermittent arrest of blood flow is a frequent, physiologic phenomenon. In this model system, therefore, the effects of the intravenous infusion of a variety of substances on the initiation of thrombosis has been uncovered by the temporary interruption of flow in the segment of a large vein. Stasis thus provides a means of recognizing potentially thrombotic reactions that might escape detection in the freely flowing portion of the circulation.

Q: What goals are you trying to achieve?

A: The aims of our investigation are to determine in what manner clotting

proteins, lipids, and vascular stasis contribute to thrombogenesis in veins. We believe that these three questions are interrelated and are among the more critical ones that can be posed concerning the evolution of venous thrombosis. We also believe that the methods and procedures to be undertaken will provide answers to at least parts of the large questions that we have asked. A potentially important byproduct of this research may be the recognition and development of tests for in vivo hypercoagulability so urgently needed as guides to the diagnosis and treatment of venous thromboembolism. Our ultimate goal, however, is to obtain a better understanding of the mechanisms of clot formation.

Q: How do you expect to achieve these goals?

A: A special feature of our approach to this problem is based upon the fact that we are employing a standard in vivo model system in which the end point is a thrombus morphologically indistinguishable from that occurring in man. This end point is easily reproduced and measured and can be effectively related both to induced alterations in the components of circulating blood and the resulting changes in coagulation and lipid assays. Secondly, we have simplified our experimental design by restricting the investigation to changes in the readily accessible large veins. Finally, the assay for thrombus formation by its very nature permits a realistic approach to gaining some insights in the contributions of stasis and to thrombosis in large vessels.

Q: What will be the importance of your studies?

A: Some of these studies may contribute to our understanding of the factors maintaining the balance between fluidity of blood and thrombosis - one of life's most basic mechanisms.

Medical Staff

A book by Dr. William Shieber, director, division of vascular surgery, entitled *Anatomy and Surgical Technique of Groin Dissection* was recently published by C. V. Mosby Co. Co-authors are Dr. John S. Spratt, Jr. and Dr. Burl Mayes Dillard.

Dr. B. Y. Glassberg's book, *Teenage Sex Counselor* was recently published by the Barrons Educational Series.

On Aug. 26 Dr. Glassberg presented four addresses on the subject of marriage education for high school students at the CAMA conference in Chicago. The CAMA is a catholic organization concerned with marriage and the family.

Robert Goldstein, Ph.D., director, division of audiology and speech pathology spoke to the department of speech at the University of Pittsburgh, July 7, on the subject of "Electroencephalic Audiometry: measurement of threshold and relation to differential diagnosis."

Dr. Goldstein also conducted a course entitled "Principles of Audiology" at Syracuse University July 12 through 23.

Dr. Jacob Probststein and Dr. Herman Blumenthal attended a meeting of the International Society of Surgeons in Philadelphia, September 11 - 18, where they presented a paper "Long Term Appraisal of Pancreatitis," a 10 year follow-up of pancreatitis.

At the annual meeting of the American Podiatry Association, Monday August 16, Marvin Levin, M.D. spoke on "Diabetes Mellitus as Manifested in the Foot."

Robert Goldstein, Ph.D., director of the division of audiology and speech pathology, department of otolaryngology, has been appointed to the Committee on Scientific Affairs of the American Speech and Hearing Association for the period 1966-1968.

Frank B. Wilson, Ph.D., director of speech pathology, division of audiology and speech pathology, department of Otolaryngology, has been appointed co-chairman of the Committee on Clinical Standards of the American Speech and Hearing Association for the period 1966-1967. He has also been reappointed for an indefinite period of time to the Research Sub-committee on Conference on Research in the Public Schools of the American Speech and Hearing Association.

Phillip J. Goldstein, M.D. will speak at the District VII meeting of the American College of Obstetrics and Gynecology in Gatlinburg, Tennessee on October 4. His subject will be "Experiences with Amniotic Fluid Spectrophotometry."

Sidney Goldenberg, M.D. was invited by St. Louis Mayor, Alfonso J. Cervantes, to be an initial member of the Mayor's Committee on Residential Facilities for Senior Citizens.

Franz U. Steinberg, M.D. was elected to fellowship in the American Academy of Physical Medicine and Rehabilitation on August 23, 1965.

TOURS OFFERED MOTHERS - TO - BE

Informal tours of the Jewish Hospital maternity floor are being offered to expectant mothers who have made reservations at the hospital.

Dr. David Rothman, director, department of obstetrics and gynecology, announced that the tours will be conducted on the first Saturday of each month.

This gives the expectant mother an opportunity to become acquainted with the physical set-up of the maternity floor regarding such things as admission procedures, what should be brought to the hospital, visiting regulations, and rooming-in.

"The excellent response from patients represents the growing interest in maternity care by the general public," Dr. Rothman said.

Reservations for the tours, which begin at 1:45 P.M., can be made by calling FOrest 7-8080, station 436. The group will meet in the 1st floor lobby. A question and answer session follows the tour.

Candy Stripers Honored For Summer Service

Mrs. Mordecai B. Brown, director of auxiliary services, welcomed 118 young people who were honored for their hours of service to Jewish Hospital at a luncheon August 25.

These Candy Stripers and Teen-Aiders received certificates of appreciation and uniform bars for every 50 hours of service from the hospital.

Two girls received honorable mention for the summer: Bonnie Kohl, daughter of Mr. and Mrs. E. W. Kohl, 1204 Gruner, and Linda Helfer, daughter of Mr. and Mrs. Patrick Helfer, 5112 Washington. These girls also have the highest number of accumulative hours.

Bonnie Kohl has been working at the Hospital since March, 1964. As of August 20, she had 1,785 volunteer hours. This summer she has spent 322 hours as a Candy Striper. Bonnie works on 5 center, a nursing floor.

Linda Helfer, who has worked 320 hours this summer, has volunteered a total 961 hours since October 1964, when she became a Candy Striper. Linda works on 7 center, also a nursing floor.

ELI KHORDI

Eli Khordi, 15, was the Teen-Aider with the highest number of working hours for the summer. Eli, from Tehran, Iran, has worked 302 hours this summer, and started working at the hospital by accident.

He has been in the United States for a year, and will be a sophomore at Clayton High School in September. While in St. Louis, he is staying with an aunt and uncle, Mr. and Mrs. Yusef Hakimian, 8112 Colmar, Clayton.

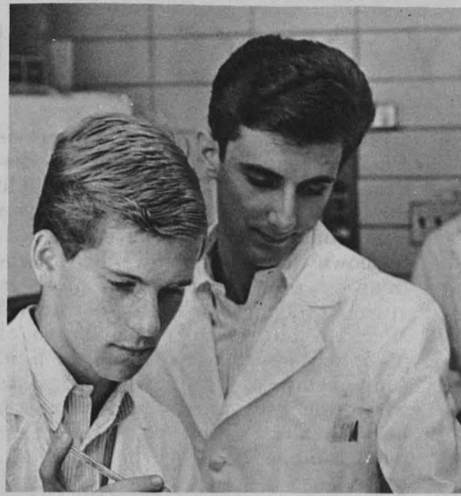
Mrs. Hakimian brought Eli to the public relations office at Jewish Hospital at the beginning of the summer. She said that her nephew had never seen a large general hospital, and asked if someone could take him on a tour. He was given a tour and afterwards went straight to the auxiliary office and asked if they could use him.

Since that day his face has become a familiar sight at Jewish Hospital. Usually working for the purchasing office, Eli can be found anywhere in the hospital with a large cart piled high with materials and supplies needed by every department in every area.

The teen agers who were honored help in every phase of hospital work from public relations to physical therapy, from clerical work to nursing floors.

Mrs. John Abramson and Mrs. Arthur Bierman, co-chairmen of the auxiliary volunteers committee spoke to the Candy Stripers and Teen-Aiders and invited them to enjoy the buffet luncheon after the awards were presented. Mrs. Brown and Mrs. Leon Tannebaum, head of the candy stripe program, presented the awards.

Teenagers Contribute While Learning



JOHN HIRSCH (left) son of Mr. and Mrs. Jerry Hirsch, 10 Ladue Forest, Ladue, and Gerald Shatz, son of Dr. and Mrs. Burton Shatz, 15 Granada Way, Ladue, working in the biochemistry laboratory during the summer.

Six teenagers spent their summer vacation in a clinical laboratory at Jewish Hospital, working, learning, and preparing for the future.

Four boys and two girls, chosen from a group of 40 applicants worked with Samuel Frankel, Ph.D., director, division of biochemistry, in his biochemistry laboratory at the hospital. They participated in two phases of an annual program.

Four of these students (the girls and two of the boys) are studying basic chemistry theory, while gaining experience in aspects of chemical analysis. The class meets Tuesday through Friday.

WRITE THESIS

Each of these young people is required to write a 20 page thesis, due at the end of the summer, on a subject relating to their studies.

The other two boys, John Hirsch, son of Mr. and Mrs. Jerry Hirsch, #10 Ladue Forest, and Gerald Shatz, son of Dr. and

Mrs. Burton Shatz, 15 Granada Way, are with Dr. Frankel for the second year. Having studied for a summer and written a thesis, these boys are working on their own research projects.

THEIR OWN PROJECTS

The projects, under the supervision of Dr. Frankel, concern standardizing and evaluating procedures for various laboratory biochemical determinations. The resulting improved procedures will be used in the Jewish Hospital laboratories.

John's research concerns the CPK test (creatinine phosphokinase). The test, which previously took 4½ hours to run, will now take only 1½ hours. It measures the amount of the enzyme CPK in the blood. This assay offers a clue to the degree of damage to muscle tissue with special emphasis on the heart.

Jerry Shatz is working on simplifying a test whereby PSP (phenolsulfonphthalein) is absorbed by protein which measures the extent of binding sites on the protein available to hold bilirubin. The purpose of the test is to permit a better criteria for the necessity of exchange transfusions in new born babies with erythroblastosis.

REDUCE TEST TIME

The process, which previously took the hospital labs 4 hours to run has been reduced to a two-hour procedure. Jerry hopes to reduce test time still further before the end of the summer.

Both John and Jerry plan to be doctors. They will both be seniors at Ladue High School this fall.

The other students are Nancy Sachar, daughter of Dr. and Mrs. Leo Sachar, #4 Glen Abbey. Nancy will be a freshman at Elmira College in September, Linda Manne, daughter of Mr. and Mrs. Alfred Manne, 1155 Francis Place, will be a senior at Clayton High School; Robert Chod, son of Mr. and Mrs. Jerry Chod, 63 Ladue Estates, will be a freshman at the University of Colorado; and Charles

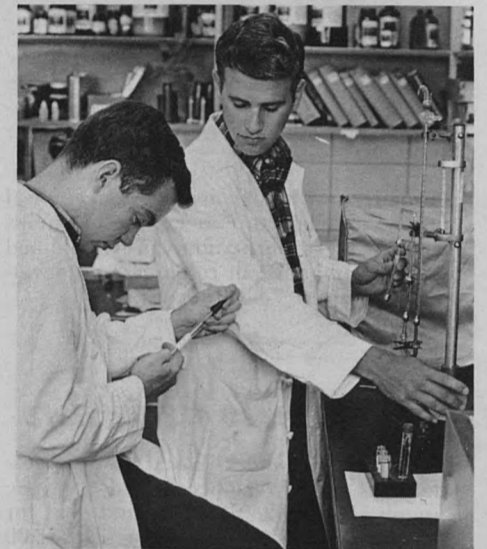
Silverberg, son of Dr. and Mrs. Charles Silverberg, 45 Rio Vista, will be a senior at Ladue High School.

Aside from time spent at the hospital, these young people spend a great deal of time doing research for their papers at the Washington University Medical School Library.

During classroom sessions, students have lectures, demonstrations and laboratory experience. John and Jerry assist Dr. Frankel by occasionally lecturing to the first year group.

"The first year Dr. Frankel spends a great deal of time with us," John remarked, "and we agree to come back for a second summer and do some work for him. It's a very valuable work-study experience for us."

Those in Dr. Frankel's select group are among 30 high school and college students working at Jewish Hospital this summer.



THE MICROGASOMETER is used to test the amount of carbon dioxide (CO₂) in the blood. Here Charlie Silverberg and Bobby Chod run a test on a blood sample.



Miss Twink Stern will take the place of Mrs. Susan Cohn as editor of "216". Twink graduated from the University of Missouri School of Journalism (1963), and worked in the Peace Corps in Gabon, West Africa. Susan is joining her husband in Centralia, Illinois, where he has been transferred.

Mrs. Martha Dorth of the medical record department has successfully completed a correspondence course for medical record personnel.

The Hospital Establishes Life Endowment Plan

Recently an elderly couple donated \$5000 to the hospital, in return for which they will receive an income for the rest of their lives and a substantial tax deduction. In addition, a plaque commemorating their gift has been erected on the door of a hospital room.

This was accomplished through the Jewish Hospital Living Endowment (Life Income) Plan.

Information about a donation of this type may be obtained from any member of the hospital board of directors or from the Office of Resources and Development, FOrrest 7-8080, Sta. 398.

Dr. Roth Joins Hospital Staff

Dr. Gilbert J. Roth has joined the staff of Jewish Hospital as assistant pathologist in the department of pathology and laboratories.

In addition to his duties in pathology, Dr. Roth will be responsible for the application of electron microscopy in the department for research and diagnostic purposes.

Originally from Chicago, Illinois, Dr. Roth attended Roosevelt University there, where he was awarded his B.S. degree. At Loyola University, Chicago, he obtained an M.S. in biochemistry and an M.D. degree from the Stritch School of Medicine.

Dr. Roth served his internship at Wayne County General Hospital in Eloise, Michigan. From 1956 to 1961 he was a physician with the well known Southern California Permanente Medical Group, Los Angeles.

In 1961 Dr. Roth served as a resident in pathology at the University of Washington Affiliated Hospitals, Seattle.

From 1963 - 1964 he remained at the University Hospitals as a trainee in experimental pathology. The following year he served as chief resident in pathology.

During the past four years, Dr. Roth has had extensive experience with the electron microscope.

He has been honored as a Diplomate of the National Board of Medical Examiners, and with a post-doctoral fellowship from the Public Health Service. He has been author and co-author of 5 papers in his field.

Dr. Roth is married and has two children.

HOSPITAL PARTICIPATES IN BICENTENNIAL FESTIVAL AUGUST 12



ROBERT GOLDSTEIN, Ph.D., (above) director of the Division of Audiology and Speech Pathology, describes to visitors a testing device used for hearing during the Bicentennial Festival tour of the hospital.

NANCY VOGT (left, in picture at right) and Karen Mayfield, two Candystripe tour guides, greet visitors on the front steps of the hospital. During the tour guests were conducted through the hospital and served refreshments.



Hospital Food Service Recognized for Excellence

The dietary department of Jewish Hospital, under the direction of Boris Axelrod, was chosen as *The Modern Hospital Food Service of the Month* for August 1965.

The award is made on the basis of excellence of food served to patients, efficiency of operation, functional planning of



BORIS AXELROD

work areas and equipment, and concern with improving patient service.

An article "Jewish Hospital of St. Louis Wines and Dines Its Patients" appeared in the August issue of the publication. It described the organization and success of the food service.

The article notes that the practice of making wine available to the patients on the regular menu has had satisfactory results at the 523-bed hospital. Mr. Axelrod feels that a selective menu with gourmet dishes is a factor in making the patient more comfortable.

The food service department received the Missouri Restaurant Association Award in 1962 for the best pastry, a Nesselrode pie developed by Mr. Axelrod.

The *Modern Hospital* article points out that an effective tool of the dietary department is a committee made up of medical, nursing, and dietary staff members that meets monthly to discuss new menus and any problems that may arise.

This committee has instituted a manual of therapeutic diets and humorous instruction cards for patients on special diets. The cards inform 30% of the patients that their physicians have put them on special diets and that a dietitian will come to their rooms to discuss the diet with them.

Another major contribution of the committee has been a weekly diabetic clinic conducted for patients and their families to discuss the problems of the diabetic diet.

The Jewish Hospital kitchen is designed for cleanliness, convenience and expansion. It presently serves 2,562 meals daily.

A kosher kitchen is maintained under rabbinical supervision for the convenience of Orthodox Jewish patients, who comprise approximately 10% of the hospital census. A complete variety of special diet kosher meals is also available.

The dietary department kitchen also caters special meetings and seminars held at the hospital. A total of 6,576 meals were served at approximately 400 such events last year.

The department recently installed six vending machines for the convenience of evening visitors and employee snacks.



MRS. CELESTIA BOATRIGHT puts the finishing touches on fluffy cream puffs to be served to patients and employees.



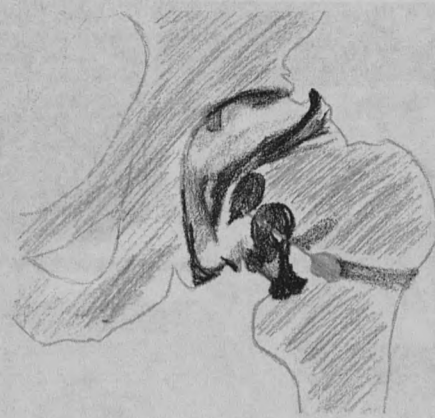
DAVID A. GEE, executive director of The Hospital, recently visited with Dr. David Littauer, executive director of Cedars-Sinai Medical Center in Los Angeles. Dr. Littauer, former executive director of the Jewish Hospital, is showing Mr. Gee plans for the new \$30 million Cedars-Sinai Medical Center.

HOSPITAL RECEIVES HILL-BURTON FUNDS

David A. Gee, executive director, announced that the Hospital Advisory Council of the Division of Health of Missouri has allocated an additional \$164,451 to the hospital's program of expansion of the dormitory facilities for housing student nurses.

This is the second Hill-Burton grant received by Jewish Hospital for the enlargement of the Moses Shoenberg School of Nursing Building.

The project will cost \$861,880 when completed. The two Department of Public Health and Welfare grants equal \$355,372.



BEFORE INJECTION



AFTER INJECTION

Line Etchings by Cynthia Serenco

Joint Injections

(Continued from page 1)

Andren increased the amount of fluid from 10 to 50 c.c.'s, a large number of patients regained mobility of the joints and lost their pain. *Approximately 80 percent of the injected patients were markedly improved by the process.*

Last year, Dr. Spector, assistant attending radiologist at Jewish Hospital, went to Sweden on a traveling fellowship, under the sponsorship of the Harry Freund Memorial Foundation.

While there he learned the involved technique of joint injection from Dr. Andren. A needle is inserted in the joint, guided by x-ray monitoring for exact adjustment.

After a hip injection, a patient who previously could only walk with difficulty, can get off the table and walk away. A man can bend over and tie a shoe, and a woman can put on a girdle or stand easily after sitting for a long period of time.

After a shoulder injection the "frozen shoulder" is gone, and a patient, who could not move the shoulder, is able to open a can or wash his own back.

TWO THEORIES

Dr. Spector noted that there are presently two theories concerning the reason for the improved condition of the patients.

The first concerns some tissue seen on x-rays before distending the capsule, which is assumed to be scar tissue. After the injection this tissue seems to disappear.

It is thought that when the capsule is injected, it distends, breaking the strands of scar tissue, which are believed to cause the pain and lack of mobility.

The second theory, which Dr. Spector believes unlikely, is that the pressure of the injection in the capsule kills the nerve endings, thus eliminating the pain.

ONLY DOCTOR

Presently the only doctor in the United States using this technique, Dr. Spector has recorded excellent results. Patients are being sent to him from other doctors in Missouri, Illinois and Arkansas. Through correspondence with Dr. Spector, the procedure will shortly be performed at Scripps Institute in California.

Dr. Spector will only inject a patient referred to him by another doctor, and is careful to note that this process is only effective for degenerative arthritis in the hip and a "frozen shoulder."

"The longest follow-up of a patient is just one year to date. The results seem positive with no ill effects observed. A patient can be reinjected if conditions worsen after a few months," Dr. Spector noted.

Auxiliary Plans Autumn Program: "Facts on Figures"

"The Facts on Figures," a discussion on weight problems will be combined with the volunteer awards luncheon October 22 at Westwood Country Club.

Dr. Stanford Wessler, physician-in-chief, will moderate the panel which will consist of three doctors discussing women's weight problems in terms of their own specialties.

Dr. Conrad Sommer will discuss the "Psychological Implications of Cause and/or Effect." Dr. Samuel Soule's topic will be the "Physiological Changes in Women Causing Obesity." "The Sense and Nonsense of Dieting" will be discussed by Dr. David Kipnes.

The volunteer awards, or "VICKI's" will be presented with much ceremony, according to Mrs. Don Quicksilver, program chairman, "VICKI" standing for "volunteer individual citation kudo insignia."

TEA ON SEPTEMBER 29

Highlights of the show, "Please Don't Eat the Clover" which was presented at the Auxiliary Spring Meeting will be repeated for new volunteers at a tea, September 29.

Mrs. Joseph Berger, membership chairman and Mrs. Donald Quicksilver, program chairman, have planned an interesting program.

EDELSTEIN HEADS JEWISH FEDERATION

The appointment of Bernard A. Edelstein to the position of Executive Director of the Jewish Federation was announced by President Alfred Fleishman.

Mr. Fleishman confirmed the naming of Edelstein, who has served as Assistant Executive Director for the past seven years, following a meeting of the Executive Committee, at which the appointment was unanimously approved.

An involved operation (arthroplasty) was previously done in Sweden to rectify the problem in the hip joint. The operation has been virtually eliminated from the hospital in Malmo because of the success of Dr. Andren's injections.

FREUND FUND

Mr. S. E. Freund, a director of the Harry Freund Memorial Foundation, established in memory of his father, Harry Freund, said recently, "We are highly pleased with Dr. Spector, and are following his career with great interest."

Dr. Spector was recommended to the foundation by Dr. Jacob Probst, medical director of the fund. Mr. Freund noted when asked why Dr. Spector was chosen, "there is a definite need for qualified radiologists in the St. Louis area and Dr. Spector came to us highly recommended."

"In the vernacular I could say we consider him a 'good investment,'" continued Mr. Freund, whose business is investments. "We feel that he is beginning a great service to the community," he concluded.

Dr. Spector is a graduate of Amherst College and Yale University Medical School. He has also studied at the University of Paris Medical School, where he conducted research in endocrinology and histochemistry.

He served a rotating internship at Jewish Hospital (1959-60), and a residency in the department of radiology at the hospital (1960-63).

He is a member of the St. Louis Medical Society, a Diplomate of the National Board of Medical Examiners, and a member of the American College of Radiology. He has published four papers.



MORTON J. MAY and the late Louis D. Beaumont

(Continued from page 1)

his own personal income had been derived.

As a health, research, and educational institution, The Jewish Hospital of St. Louis has been a continuous recipient of funds from the Beaumont Foundation. \$300,000 was contributed during a development fund campaign, and an additional \$300,500 was given for a capital funds drive.

RESEARCH PROGRAMS

The major portion of funds from the foundation have been used to endow research programs at the hospital.

In December, 1961, the Department of Pathology and Laboratories received a donation of \$50,000 to underwrite a two-year program of research in the field of "Marie's Ataxia" a disease which concerns the loss of recognition. The funds were used to develop laboratory tests with which to establish the diagnosis of ataxia in a patient, and to follow the effects of the treatment.

By 1962, approximately \$30,000 had been donated to the Jewish Hospital Department of Otolaryngology for research in nose and throat diseases as well as hearing disorders.

Affectionately known in later life as "Commodore", Mr. Beaumont was born in 1857 in Dayton, Ohio. He was one of six children . . . four brothers and two sisters. One of his sisters became the wife of David May.

With his brother, Joseph, he joined his brother-in-law, David May, in establishing a store in Denver known as the May Company. A few years later as the firm expanded, they bought stores in Cleveland and St. Louis. About this time they were joined by a fourth co-owner, Moses Shoenberg, who came to St. Louis to run the mercantile operation here. Following that, the department store headquarters was moved from Denver to St. Louis.

Commodore Beaumont devoted himself

and his great business talents to the promotion of the best interests of this enterprise and contributed greatly to its growth and success.

PRACTICAL PHILANTHROPY

At age 60, he withdrew from active participation in the management of The May Department Stores Company and embarked on a career of practical philanthropy, devoting his fortune primarily to furthering mankind without regard to race or creed.

The philanthropic endeavors he started in 1917 have been carried on successfully by the trustees of the Louis D. Beaumont Foundation.

Mr. May, as the only original trustee, serves as vice-president of the foundation. Other officers include: Edgar A. Hahn, president, and Irwin N. Loeser, secretary, treasurer. Both men are from Cleveland.

Through their combined efforts the Beaumont Foundation link cities from Cleveland to Los Angeles in a common philanthropic bond.

Most recently, the name of Beaumont was perpetuated when the Salvation Army in St. Louis dedicated a chapel in his memory.



"COMMODORE" BEAUMONT

"Kiddie Carnival" for Dental Care

A "Kiddie Carnival" with more than "kiddie" responsibility was held September 1 at 8466 Braddock, University City, sponsored by the three sons of Mr. and Mrs. Mel Abrams.

Lynn, 14; Mark, 12; and Howard, 11; wanted to give a benefit carnival. While discussing plans with their mother, they learned of the need for funds in the dental care program of Jewish Hospital, a service

provided for handicapped persons. They gave the carnival with hopes of others acknowledging the need and doing something about it from their initiative.

Neighborhood children, Gary and Steve Wilson, helped man the booths with ski toss, bean ball, bowling, pool wirl-weel (a type of roulette). Attendance prizes and a raffle were also held.



Photo by Mike Fletcher

DEBRA MILSTER, 6-year-old daughter of Mr. and Mrs. David S. Milster, 6647 Adler St., officially reminds St. Louisans of the United Fund campaign which begins October 1. Debra, the 1965 Poster Child for the United Fund of Greater St. Louis, Inc., is an outpatient of the Aaron Waldheim Clinic at Jewish Hospital.

Dr. Carl Heifetz Shares Music Tuesday Nights

Though Dr. Carl J. Heifetz has a tremendous amount of responsibility in his career as a surgeon, as president of the Jewish Hospital medical staff, and other personal, professional and civic duties, he avoids commitments on Tuesday evenings.

This is one evening he and his wife devote to chamber music, an interest that originally brought them together, and thus was partially responsible for their marriage.

supplements his own collection of scores with those from the Washington University and St. Louis Public music libraries.

He noted that it takes eight years for him to go through his record collection completely.

MOOD CONTAGIOUS

As a guest at one of these sessions, one gets the feeling that Dr. Heifetz is part of the music. He becomes totally engrossed in it, and each phrase seems to have significance for him. The mood which is created is highly contagious.

The evening, though relaxed and enjoyable, is accented by prescribed procedure. The program unfolds as Dr. Heifetz announces each piece, telling something about the music and its background. The doctor discourages talking during the music.

One of the Tuesday night rules, which Dr. Heifetz good-naturedly enforces is that the music begins promptly at 8 P.M. A fifteen minute break in the middle of the evening is observed, during which Mrs. Heifetz serves refreshments to their guests.

Around 10 o'clock the music is over and Mrs. Heifetz serves her guests again, this time at an elegantly set table.

The table sparkles with good food and congenial conversation until Dr. Heifetz rises from the table and announces that the evening is over.

COMMUNITY INFLUENCED

This interest has led to other activities for Dr. Heifetz. He has been a major influence in generating interest in chamber music in the St. Louis area.

Last year he served as chairman for the physicians drive of the St. Louis Arts and Education Council.



DR. CARL J. HEIFETZ and his library.

When they first met, she often joined the group of listeners at his home. After they were married, the two continued the program together. The interest is so strong that for over 25 years they have entertained small groups in their home each Tuesday evening for listening to and enjoying music.

The program of chamber music from Dr. Heifetz' extensive personal record collection is carefully planned for an interesting combination of continuity, comparison, and variety. Scores of most pieces are available so that guests may follow the music visually if they wish. Dr. Heifetz

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Susan Soffer Cohn, editor
Twink Stern, associate editor



DR. AND MRS. Carl J. Heifetz enjoy following the score.

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