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- Supplemental Document -

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Gene	QuantiTect			
	Primer			
IL-1β	QT01048355			
TNFα	QT00104006			
Cox2	QT00165347			
MMP1a	QT00138894			
MMP3	QT00107751			
MMP13	QT00111104			
Col1	QT0016220			
Col3	QT02331301			
Bgn	QT00108682			
Dcn	QT00131068			
Scx	QT00166271			
Tnmd	QT00126427			
GAPDH	QT01658692			

Table S1: Primers used for TF qRT-PCR.

## Table S2: Primers used for macrophage qRT-PCR.

Gene	TaqMan Primer
IL-1β	Mm00434228_m1
TNFα	Mm00443258_m1
IL-1Ra	Mm00446186_m1
IL-10	Mm00439614_m1
IL-12	Mm00434174_m1
IL-23	Mm01160011_g1
Cxcl9	Mm00434946_m1
CCL22	Mm00436439_m1
Arg1	Mm00475988_m1
MMP9	Mm00442991_m1
TGFβ-1	Mm01178820_m1
GAPDH	Mm999999915_g1



Figure S1: Schematics of *in viro* experimental design. (A) Schematic of experimental design for the IL-1 $\beta$ -induced inflammation model. TFs were cultured alone or co-cultured with either naïve ASCs (ASCs) or activated ASCs (aASCs) in the presence of IL-1 $\beta$ . Controls consisted of the same experimental groups, but in the absence of IL-1 $\beta$ . Note: TFs were cultured in the inserts of the transwell plates for some groups to keep the total number of cells uniform between all groups. (B) Schematic of experimental setup for the macrophage-induced inflammation model. M0, M1, and M2 macrophages were cultured alone to characterize macrophage phenotype. TFs were co-cultured with M0, M1, or M2 macrophages to determine the effects of macrophages on TFs. TFs were cultured with ASCs and either M0 or M1 macrophages to determine if ASCs can protect TFs from the effects of macrophages. TFs also cultured alone to serve as controls.



Percent Positive					
Antibody	Mean ± SD			P Value	
CD44	96.4	±	3.4	< 0.001	
CD29	100	±	0.05	< 0.001	
CD14	0.46	±	0.68	0.269	
CD34	0.00	±	0	0.218	

Figure S2: ASCs characterization using flow cytometry. ASCs were labeled with antibodies against mesenchymal stem cell markers (CD29, CD44) and hematopoietic stem cell markers (CD14, CD34). The percentage of cells staining positive for the various markers was determined by comparing the expression of the stained ASCs to unstained cells. (A) Results are shown for representative samples. (B) The data are presented as mean percent positive  $\pm$  SD (N=4).

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**Figure S3: Macrophage gene expression.** Changes in gene expression for macrophages was examined after culture alone (white bars) or co-culture with TFs (gray bars) for 1 day. There were significant effects of macrophage phenotype and presence of TFs on macrophage gene expression. Gene expression was normalized to GAPDH (\* p < 0.05, N=10 for macrophage alone and N=6 for macrophage/TF co-culture).



Figure S4: Changes in TF gene expression due to IL-1 $\beta$ . IL-1 $\beta$  induced down-regulation of tendon ECM- and differentiation-related genes by TFs. Results are shown for tendon ECM (COL1, COL3) and differentiation (SCX, TNMD) genes for TFs and in TFs treated with 10 ng/ml of IL-1 $\beta$  for 1 or 3 days (\* p < 0.05, two-way ANOVA, N=4).



Figure S5: ASCs failed to suppress the IL-1 $\beta$ -induced effects on TF gene expression. TFs were cultured alone (TT), co-cultured with naïve ASCs (TA), or co-cultured with activated ASCs (TAa), with or without IL-1 $\beta$  for 1 day (inclusion of IL-1 $\beta$  indicated with "+"). Data was normalized to the housekeeping gene GAPDH (\* p < 0.05, based on a multi-factor ANOVA with Fisher's post-hoc tests there was a significant effects of IL-1 $\beta$  but no effect of ASCs, N=4). [TT: TFs cultured alone, TT+: TFs treated with IL-1 $\beta$ , TA: TFs co-cultured with naïve ASCs, TA+: TFs co-cultured with naïve ASCs and treated with IL-1 $\beta$ , TAa: TFs co-cultured with activated ASCs, ASCs, TAa+: TFs co-cultured with activated ASCs and treated with IL-1 $\beta$ ].



Figure S6: Changes in gene expression for TFs after culture with macrophages with and without ASCs. TFs were cultured with macrophages alone (white bars) or with macrophages and ASCs (grey bars) for 1 or 5 days. ASCs suppressed the effects of (A) M1 and (B) M0 macrophages on TF gene expression. The greatest effect of ASCs was seen for M1 macrophages on day 5 (A''). Gene expression was normalized to untreated TFs (\* p < 0.05, N=5 for day 1, N=3 for day 5 except for bars without standard deviations, for which N=2 due to insufficient amounts of RNA for analysis).