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UNIFYING VIRAL EVOLUTION AND IMMUNOLOGICAL PATTERNS TO INVESTIGATE RISK OF HIV-1 DISEASE PROGRESSION

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The cover picture shows a schematic representation of the research presented in this thesis. It depicts HIV and host immune responses during infection, where viral evolution and immunological patterns are unified to investigate disease progression. The picture was hand drawn by the author.
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"None of us knows what might happen even the next minute, yet still we go forward. Because we trust. Because we have Faith." — Paulo Coelho
Tudio Coemo
This work is dedicated to all people affected by HIV

ABSTRACT

After 30 years of research, the exact mechanisms underlying human immunodeficiency virus type 1 (HIV-1) pathogenesis and disease progression remain elusive. In the absence of highly active antiretroviral therapy, most HIV-infected individuals progress to AIDS within 10 years. The clinical course of HIV-1 infection is characterized by considerable variability in the rate of disease progression among patients with different genetic background. It has been shown that the rate of progression can depend on the expression of certain human leukocyte antigen (HLA) class I alleles that present antigen to the host immune system. The HLA-B*5701 allele is most strongly associated with slower progression. Underlying mechanisms are not fully understood but likely involve both immunological and virological dynamics. In this thesis, viral evolution and immunological patterns were studied in the context of HIV-1 risk of disease progression in HLA-B*5701 subjects and non-HLA-B*57 control subjects.

First, HIV-1 in vivo evolution and epitope-specific CD8⁺ T cell responses were investigated in six untreated HLA-B*5701 patients monitored from early infection up to seven years post-infection. The subjects were classified as high-risk progressors (HRPs) or low-risk progressors (LRPs) based on viral load and baseline CD4⁺ T cell counts. Interestingly, polyfunctional CD8⁺ T cell responses were more robust in LRPs, who also showed significantly higher interleukin-2 production in early infection compared to HRPs. Additionally, HIV-1 gag p24 sequences exhibited more constrained mutational patterns with significantly lower diversity and intra-host evolutionary rates in LRPs than HRPs. Further in-depth analyses revealed that the difference in evolutionary rates was mainly due to significantly lower HIV-1 synonymous substitution [replication] rates in LRPs than HRPs. The viral quasispecies infecting LRPs was also characterized by a slower increase in synonymous divergence over time. This pattern did not correlate to differences in viral fitness, as measured by in vitro replication capacity, but a significant inverse correlation between baseline CD4⁺ T cell counts and mean HIV-1 synonymous rate was found. The results indicate that HLAlinked immune responses in HLA-B*5701 subjects who maintain high CD4⁺ T cell counts in early infection are more likely to control HIV-1 replication for an extended time.

To further assess these findings and evaluate them in the context of viral population dynamics, a new method was implemented to investigate the temporal structure of phylogenetic trees inferred from HIV-1 intra-host longitudinal samples. The analysis revealed that changes in viral effective population size (*Ne*) over time were more constrained in HLA-B*5701 subjects compared to non-HLA-B*57 controls, possibly due to the different evolutionary dynamics of archival viral strains observed in the two groups of patients.

Explaining the differences in risk of HIV-1 disease progression among HLA-B*5701 subjects, as well as between HLA-B*5701 and non-HLA-B*57 subjects, could have significant translational impact by providing specific correlates of protection that are essential for the successful development of a vaccine. Ultimately, the present work demonstrates that a thorough understanding of HIV-1 pathogenesis and disease progression requires a multidisciplinary approach unifying viral evolution and immunological patterns.

LIST OF PUBLICATIONS

This thesis is based on the following papers, which will be referred to in the text by their Roman numerals (I-IV):

- I Norström MM, Buggert M, Tauriainen J, Hartogensis W, Prosperi MC, Wallet MA, Hecht FM, Salemi M, Karlsson AC. Combination of Immune and Viral Factors Distinguishes Low-Risk versus High-Risk HIV-1 Disease Progression in HLA-B*5701 Subjects. *J Virol.* 2012; 86(18):9802-16.
- II Norström MM, Veras NM, Huang W, Prosperi MCF, Cook J, Hartogensis W, Hecht FM, Karlsson AC, Salemi M. Baseline CD4 Counts Determines HIV-1 Synonymous Rates in HLA-B*5701 Subjects with Different Risk of Disease Progression. *Submitted manuscript*.
- III Norström MM*, Prosperi MC*, Gray RR, Karlsson AC, Salemi M. PhyloTempo: A Set of R Scripts for Assessing and Visualizing Temporal Clustering in Genealogies Inferred from Serially Sampled Viral Sequences. *Evol Bioinform. 2012; 8:261-9.* *These authors equally contributed to the work.
- **IV** Norström MM, Veras NM, Nolan DJ, Prosperi MCF, Hartogensis W, Hecht FM, Salemi M, Karlsson AC. Different HIV-1 Intra-Host Phylodynamic Patterns between HLA-B*5701 Study and Control Subjects. *Manuscript*.

PUBLICATIONS NOT INCLUDED IN THIS THESIS

Buggert M, **Norström MM**, Czarnecki C, Tupin E, Luo M, Gyllensten K, Sönnerborg A, Lundegaard C, Lund O, Nielsen M, Karlsson AC. Characterization of HIV-specific CD4⁺ T Cell Responses Against Peptides Selected with Broad Population and Pathogen Coverage. *PLoS One.* 2012; 7(7):e39874.

Norström MM, Karlsson AC, Salemi M. Towards a New Paradigm Linking Virus Molecular Evolution and Pathogenesis: Experimental Design and Phylodynamic Inference. *New Microbiol.* 2012; 35(2):101-11.

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Pérez CL, Larsen MV, Gustafsson R, **Norström MM**, Atlas A, Nixon DF, Nielsen M, Lund O, Karlsson AC. Broadly Immunogenic HLA Class I Supertype-Restricted Elite CTL Epitopes Recognized in a Diverse Population Infected with Different HIV-1 Subtypes. *J Immunol.* 2008; 180(7):5092-100.

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LIST OF ABBREVIATIONS

AIDS Acquired immunodeficiency syndrome

APOBEC Apolipoprotein B mRNA editing enzyme, catalytic polypeptide-like

APC Antigen presenting cell

CCR5 C-C chemokine receptor type 5

CD4 Cluster of differentiation 4

CTL Cytotoxic T lymphocyte

CXCR4 C-X-C motif receptor 4

DNA Deoxyribonucleic acid

Env Envelope

ER Endoplasmic reticulum

Gag Group-specific antigen

Gp Glycoprotein

HIV-1 Human immunodeficiency virus type 1

HIV-2 Human immunodeficiency virus type 2

HLA Human leukocyte antigen

IFN Interferon

IL Interleukin

IN Integrase

LTR Long terminal repeat

MHC Major histocompatibility complex

mRNA Messenger RNA

Nef Negative factor

NKT Natural killer T cells

PBMC Peripheral blood mononuclear cell

PCR Polymerase chain reaction

Pol Polymerase

PR Protease

Rev Regulator of virion expression

RNA Ribonucleic acid

RT Reverse transcriptase

SIV Simian immunodeficiency virus

TAP Transporter associated with antigen processing

TCR T cell receptor

Vif Viral infectivity factor

Vpr Viral protein R

Vpu Viral protein U

1 INTRODUCTION

1.1 HIV VIROLOGY

1.1.1 The origin and spread of HIV

The origin of the human immunodeficiency virus (HIV) has been traced to simian immunodeficiency viruses (SIVs), which have been found in African apes and monkeys [1-3]. It is known that SIV naturally infect approximately 40 different species of Old World monkeys in sub-Saharan Africa [4]. Some of these SIVs have, through zoonotic transmission events, resulted in different HIV types and groups. Transmissions from West Central African chimpanzees (*Pan troglodytes troglodytes*) established HIV type 1 (HIV-1), while transmissions from sooty mangabeys (Cercocebus atys atys) established HIV type 2 (HIV-2) [1]. By using sequence data with known sampling times, phylogenetic analysis have shown that the time to the most recent common ancestor for HIV-1 dates back to 1910 for HIV-1 and to 1940 for HIV-2 [5-7]. Current estimates suggest that SIV has been present in African primates for more than 32,000 years [8] during which several zoonotic transmissions to humans may have occurred. However, it was a single (or limited) transmission about 100 years ago that eventually gave rise to the current AIDS pandemic, largely due to the worldwide spread of HIV-1 group M subtypes. The evolutionary and ecological forces driving the global dissemination of HIV-1 during the last three decades remain unclear, but may be related to social, historical and behavioural changes including decolonization, migration [9] and urbanization [7, 10], as well as rapid increase in infrastructure and human mobility [11].

Even though HIV-1 was introduced into the human population through several cross-species transmissions, it was only about 30 years ago that recognition and identification of the virus began. In 1981, opportunistic diseases such as *Pneumocystis carinii* pneumonia and Kaposi's sarcoma, combined with immune suppression was reported in young and previously healthy homosexual men in New York City and California [12, 13]. Additional opportunistic complications such as mycobacterial infections, toxoplasmosis, invasive fungal infections and non-Hodgkin's lymphoma were soon described. The disease was given the name acquired immunodeficiency syndrome (AIDS) [14]. However, the cause of the disease remained unknown until end of 1982 when a child who received blood transfusions died of AIDS-related infections, providing the first clear evidence that AIDS was caused by an infectious agent [15]. In 1983, the virus was isolated [16] that later was given the name HIV. Dr. Luc Montagnier and Dr. Francoise Barre-Sinoussi who isolated HIV were awarded the Noble Prize for their finding in 2008.

Today, almost 30 years after the discovery of the virus, there is still no cure or vaccine. HIV is one of the fastest evolving organisms known [17] and its ability to rapidly diversify allows the virus to evade the host immune system [18]. More than 60 million people have been infected with HIV-1 since 1981 and more than 20 million have died

from AIDS-related illnesses. Today, according to UNAIDS, the virus has spread to all continents and about 34.2 million people are infected, with the most affected part of the world being sub-Saharan Africa [19, 20].

1.1.2 Structure and Genome

HIV is a Lentivirus belonging to the *Retroviridae* family. Retroviruses are enveloped viruses containing two identical positive-sense single-stranded (ss) RNA molecules (9.2 kBp) that are non-covalently linked at the 5'-end. The virus is icosahedral with a diameter of approximately 100 nm and the bi-layered lipid envelope, derived from the host cell, contains viral trimeric glycoprotein gp41 covalently linked to the external trimeric gp120 (Figure 1). Inside the envelope, a protective cone-shaped nucleocapsid surrounds the genome and the viral enzymes reverse transcriptase (RT), protease (PR) and integrase (IN). The enzymes are required for specific replication events.

The viral genome is approximately 10,000 nucleotides and has three major structural genes: envelope (env), group-specific antigen (gag) and polymerase (pol). The env gene encodes the viral polyprotein gp160/gp140 that is cleaved into the transmembrane gp41 and the external gp120 (Figure 1). The gag gene encodes the polymerase precursor p55, which is processed by the viral protease into p24 (capsid), p17 (matrix), p7 (nucleocapsid) and p6. The pol gene encodes the viral enzymes RT, PR and IN. The gag and pol genes are produced as Gag or Gag-Pol precursor polyproteins that are cleaved by the viral PR into functional proteins. HIV-1 also has several regulatory (tat and rev) and accessory (vif, vpr, vpu and nef) genes, which are important for the viral life cycle.

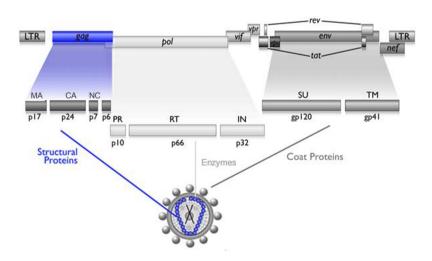


Figure 1. HIV-1 virion and genomic organization. Adapted from MWCHO.

1.1.3 Replication Cycle

The viral life cycle begins when the gp120 protein on the surface of the virus particle binds to the primary receptor, the CD4 molecule, on the target cell (Figure 2). CD4 molecules are found on CD4⁺ T lymphocytes, macrophages, dendritic cells (DCs) and brain microglia [21, 22]. The virus also requires binding to the co-receptor CCR5 or CXR4 on the host cell for entry. After binding to the CD4 molecule, external gp120 undergoes a conformational change allowing transmembrane gp41 to insert its hydrophobic terminus into the host cell membrane bringing the virion closer to the host cell membrane. This enables fusion of the viral and cellular membranes resulting in the release of the viral nucleocapsid into the cytoplasm.

Once inside the cell, the capsid uncoats and genomic RNA strands, enzymes and additional molecules required for the initiation of transcription are released. The RT enzyme reverse transcribes the ssRNA genome into a complementary strand of DNA [23]. The template RNA is degraded by the ribonuclease H (RNase H) domain of the HIV polymerase and a complementary DNA strand is synthesized, creating a double stranded (ds) DNA of the genome. During the reverse transcription, long terminal repeats (LRTs) are added to both the 5'- and 3'-end of the DNA and are crucial for facilitating the subsequent transcription of the viral genome. Afterwards, IN form a pre-integration complex with the dsDNA and other viral and cellular proteins and enters the nucleus where the HIV-1 genome is inserted into the host genome [23]. After integration, the viral DNA is referred to as a provirus and remains permanently associated with the host genome [24].

The integrated proviral DNA is transcribed by host RNA polymerase II to produce novel viral genomes or viral messenger RNA (mRNA). The regulatory proteins are the first to be translated during this process. These regulatory proteins, amongst other things, facilitate the expression of the late structural viral proteins. The transactivator for transcription (Tat) protein forms complexes with several cellular proteins and enhance transcription of viral RNA by binding the trans-activating response region in the LTRs of the viral genome [25, 26]. The regulator of viral expression (Rev) protein increases the expression of the viral Gag, Env and Pol poly-proteins as it binds Revresponsible elements. These are present in the viral RNA facilitating the export of unspliced viral mRNA from the nucleus [25, 26]. The negative regulatory factor (Nef) protein accelerates the endocytosis and subsequent degradation of CD4 and major histocompatibility complex (MHC) class I molecules allowing the cell to evade recognition by the immune system [25, 26].

Besides the regulatory proteins, three accessory proteins – viral infectivity factor (Vif), viral protein R (Vpr) and viral protein U (Vpu) – are expressed from the viral genome. Vif counteracts the antiretroviral effect of apolipoprotein B mRNA editing enzyme catalytic polypeptide-like 3G (APOBEC3G), which is a protein that inhibits retroviral infection by hypermutating the negative RNA strand during reverse transcription resulting in deamination of the proviral DNA [27, 28]. The Vpr constitutes a part of the pre-integration complex and the Vpu enhances the release of virions from the surface of the cell [27, 28].

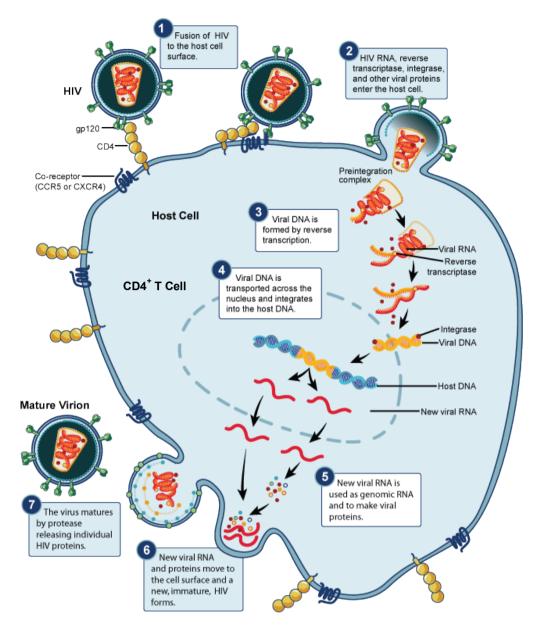


Figure 2. HIV replication cycle: 1) fusion of HIV to the host cell surface, 2) viral RNA, RT, IN and other viral proteins enter the CD4⁺ T cell, 3) viral DNA is formed by reverse transcription, 4) viral DNA is transported across the nucleus and integrated into the host DNA, 5) new viral RNA is used as genomic RNA and to make viral proteins, 6) new viral RNA and proteins move to surface of the cell and a new virus forms, and 7) the virus matures by protease releasing individual HIV proteins. Adapted from NIAID.

The Env gp160 precursor protein is expressed and glycosylated in the endoplasmatic reticulum (ER) and subsequently cleaved by the cellular protease furin into gp120 and gp41 in the Golgi apparatus. They are transported to the cell surface, where trimers of transmembrane gp41 protein associate to trimers of the extracellular gp120 protein. Concurrently, two copies of the viral genome and Gag (p55) and Gag-Pol (p160) polyproteins are assembled at the cell membrane. After budding of the immature virions, the viral Protease (PR), which is auto-cleaved from the Pol precursor protein, cleaves the Gag and Gag-Pol poly-proteins into: p17 (matrix protein), p24 (capsid protein), p7, p6 (nucleocapsid protein) and the viral RT, IN and PR enzymes [23]. This last step of the replication completes the HIV life cycle and the mature virion can infect other cells.

1.2 HIV IMMUNOLOGY AND PATHOGENESIS

1.2.1 The Immune System in HIV Infection

The innate immune system is the first line of defence against HIV-1 acting within a few hours after infection. It is often referred to a non-specific response as it recognizes conserved patterns on pathogens and damaged cells. This is followed by the adaptive immune response which needs weeks to fully mature as it is tailored towards the infecting pathogen. There are two arms of the adaptive immune system: the humoral and cellular response. The humoral immune response is built up by antibody-producing B cells, while the cellular immune response is composed of a variety of T cell populations. Both B and T cells originate from the same haematopoietic stem cells in the bone marrow, but B cells develop in the bone marrow while T cells mature in the thymus. Both of these cell types express antigen-specific receptors that, upon encounter with antigen, induce rapid cellular proliferation. This clonal expansion of antigen-specific effector cells is essential to enable control of the HIV-1 infection. T cells can be divided further into several subsets including CD4⁺ T cells, CD8⁺ T cells and NKT cells. The focus will, hereafter, be on the adaptive immune system and specifically CD8⁺ T cells.

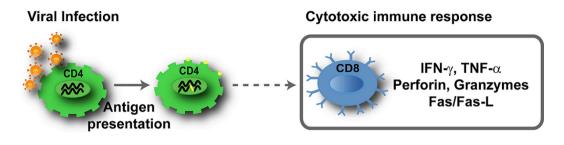
1.2.2 Antigen Processing and Presentation

After a CD4⁺ T cell becomes infected with HIV-1, viral antigens are processed and presented by MHC class I on the surface of the infected cell. MHC class I molecules consist of two polypeptide chains: α and β_2 -microglobulin (b_2 -m). The heavy α chain consists of the three domains $\alpha 1$, $\alpha 2$ and $\alpha 3$. The two chains are linked non-covalently *via* interaction of b_2 -m and the $\alpha 3$ domain. The heavy α chain is highly polymorphic and encoded by a HLA gene, while the light b_2 -m subunit is not polymorphic and encoded by the b_2 -m gene.

During antigen processing, viral proteins are degraded in the cytoplasm by the proteasome into 8-11 amino acid long epitopes. These antigenic peptides are transported from the cytoplasm into the endoplasmic reticulum (ER) *via* the transporter associated with antigen processing (TAP) proteins, where they are loaded into the MHC class I molecule. The MHC class I-peptide complex is then transported to the cell surface via the Golgi complex and presented to CD8⁺ T cells. The α 3 domain is plasma membrane spanning and interacts with the CD8 co-receptor of T cells, while the α 1 and α 2 domains fold to make up the peptide (antigen) binding groove.

The HLA class I alleles are the most polymorphic genes in the human genome and can be further divided into A, B and C alleles. The number of different alleles in each individual depends on whether the person is homozygotic or heterozygotic at each locus. Importantly, different HLA alleles have different binding specificities. Individuals with a heterozygote HLA composition may have an advantage in fighting most infections since a broader variety of antigens can be presented compared to homozygotes. The same epitope can be presented by different HLA alleles [29, 30], but

the impact on the pathogen may differ depending on the specific allele presenting the antigen [31].



Antigen recognition by CD8+ T cells

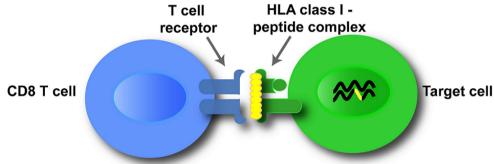


Figure 3. Illustration of antigen presentation in CD4⁺ T cells, where the viral peptide:MHC class I complex is presented on the surface of the HIV-1-infected CD4⁺ T cell. CD8⁺ T cells that bind to the HLA-peptide complex with their T cell receptor can recognize the antigen and become activated. Courtesy of Annika C Karlsson.

1.2.3 HIV-1-Specific T Cell Responses

CD8⁺ T cells express the CD8 glycoprotein at their surface and recognize their targets by binding to antigen associated with MHC class I. CD8⁺ T cells are important in the control of the virus during infection [32]. Upon activation, CD8⁺ T cells (also known as cytotoxic T cells or CTLs) can kill infected cells through the release of cytotoxic granules containing perforin and granzymes [33, 34] and produce antiviral cytokines (*e.g.* IFN-γ and IL-2) and chemokines (*e.g.* MIP-1β). Killing may also occur through the Fas-mediated pathway, where the Fas ligand (Fas-L) on the surface of CD8⁺ T cells binds to the Fas receptor, a death receptor, on the target cell inducing target cell apoptosis. However, the perforin-mediated killing is believed to be of greater importance in viral infections [35]. CD8⁺ T cells need three signals to become fully activated. First, the T cell receptor (TCR) will recognize and bind to the proper MHC:epitope complex. Second, co-stimulatory molecules on the T cells interact with molecules on the antigen-presenting cell. Thirdly, cytokines are needed in order to facilitate differentiation and proliferation of the antigen-specific CD8⁺ T cells.

1.2.4 Transmission

There are three major routes of human-to-human HIV-1 transmission: i) sexual, ii) blood or blood product and iii) mother-to-child. The most common route of HIV

transmission is sexual (both heterosexual and homosexual) intercourse through the mucosa in the genitals, rectal and oral tracts. HIV blood transmission can occur through blood transfusion, organ transplantation, needle exchange among intravenous drug users, and needle accidents in health care and laboratory settings. Finally, mother-to-child transmission can occur during pregnancy, birth or breastfeeding. The risk of transmission depends on the transmission route, the presence of other infections and level of viral load exposure. Genital exposure constitutes a considerably lower transmission risk compared to rectal exposure and there is a higher risk of infection if the viral load during exposure is higher [36]. The viral load is dramatically lowered by antiretroviral treatment, which reduces risk of HIV-1 transmission [37-39].

It has been shown that HIV-1 diversity is low during primary infection [40-44] and most HIV-1 infections are probably established by one or a few virions [41, 45, 46]. It is still unclear if several virions are transmitted during HIV-1 infection. However, only one or a few virions grow out and transmission bottlenecks have been seen in both infection through intravenous drug use and mucosal transmission [47]. In the absence of treatment, the viral diversity increases during the course of the HIV-1 infection [48-50], but decreases later when progressing to AIDS [51].

1.2.5 Course of HIV-1 Infection and Disease Progression

The natural course of HIV-1 infection in untreated subjects includes three main stages: the acute infection, clinical latency and progression to AIDS (Figure 4). During the acute stage of infection, the viral load reaches a peak level and there is a massive destruction of CD4⁺ T cells [52, 53]. Around 80% of the CD4⁺ T cells are depleted in the gut-associated lymphoid tissue (GALT) [54, 55]. During the acute phase many individuals experience "flu-like" symptoms [56]. After a few weeks, when the adaptive immune response has matured, the peak viremia drops to a steady state level [57] resulting in partial recovery of the CD4⁺ T cells. The subsequent chronic phase (clinical

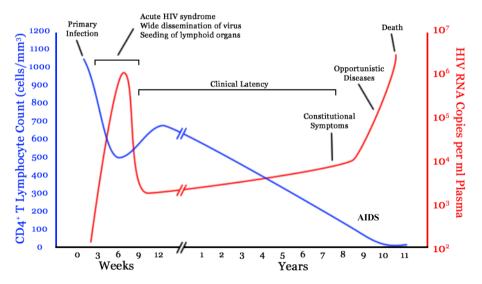


Figure 4. Clinical course of HIV-1 infection showing CD4⁺ T cell count (blue) and viral load levels (red) throughout disease progression. Adapted from [58].

latency), characterized by slow but constant depletion of CD4⁺ T cells, can last for years. During the chronic phase, the immune system is continuously activated due to on-going viral replication eventually leading to exhaustion and a general defect in immune responsiveness [59] and the potential onset of several opportunistic infections. According to current guidelines, the AIDS phase begins when the CD4⁺ T cell count drops below 200 cells/mm³.

A small percentage (≤ 1 %) of HIV-infected individuals spontaneously control viral replication in the absence of antiretroviral therapy. While there is no universally accepted definition for this rare group of HIV-infected individuals, they generally are called elite controllers (EC), elite suppressors (ES) or elite non-progressors (ENP). These terms cover individuals with viremia below the detection limit of standard viral load assays (50 or 75 copies/mL) for one year or more [60]. Some patients are also referred to as HIV controllers and are able to maintain viremia at ≤ 400 copies/ml for five years or more after infection [61]. The definition of these patients is virological and should not be confounded with another group of patients whose condition progresses slowly to AIDS. They are called long-term survivors (LTS), long-term asymptomatics (LTA) and long-term non-progressors (LTNP) and the definition is based on a CD4⁺ T cell count greater than 500/mm³ for several years without antiretroviral treatment. These patients were first described in the 1990s, but gradually the majority experienced a decrease in CD4⁺ T cell counts with a significant fraction progressing to AIDS. In contrast, HIV controllers appear to have a considerably lower risk of progressing to AIDS [62].

There are several known host genetic factors associated with HIV-1 control. The HLA allele B*57, and to a lesser extent B*27, are associated with slower rate of HIV-1 disease progression [63]. In contrast, there are HLA alleles associated with an increased rate of progression, such as B*35, where patients progress to AIDS within 2-3 years [64]. Another host factor is the delta-32 deletion on the CCR5 gene (CCR5Δ32). Studies have shown that individuals infected with HIV-1, who have specific genetic mutations in one of their two copies of the CCR5 gene, progress to AIDS slower than individuals with two normal copies. There are also rare individuals with two mutant copies of the CCR5 gene who (in most cases) appear to be protected from HIV infection [65, 66]. Gene mutations in other HIV co-receptors, such as CXCR4, may also influence the rate of disease progression. Additionally, it has also been shown that plasma viral load and CD4⁺ T cell counts at baseline can be prognostic markers of HIV-1 infection [67].

1.3 HIV MOLECULAR EVOLUTION

1.3.1 Genetic Variation

HIV-1 is characterized by high genetic variability as well as rapid evolution and diversification [68]. The rapid evolution of the viral genome is the result of several factors, including elevated error rate of the reverse transcriptase, recombination and rapid turnover of HIV-1 in infected individuals [69]. The HIV-1 evolutionary rate is estimated to be approximately one million times faster than the rate of cellular genes in higher organisms (Figure 5) [70]. Introduction of point mutations into the viral genome is mediated by the RT enzyme during the reverse transcription phase of the viral replication cycle, where the error frequency of RT has been estimated to be as high as 3.4×10⁻⁵ substitutions per site per replication cycle [71]. Considering that the size of the HIV-1 genome is approximately 10,000 bases, such an error rate results in the introduction of one nucleotide substitution every second to third newly synthesized viral genome. Moreover, highly variable regions, e.g. the hypervariable domains in the surface glycoprotein gp120, can display significant length polymorphism due to the frequent occurrence of RT-mediated insertions and deletions (indels). HIV-1 genetic diversity is further escalated by recombination, which is the result of strand switching during reverse transcription in superinfected cells. It has been estimated that recombination events may occur two to three times per replication cycle [72] and can significantly impact the immune systems' ability to control the infection, the emergence of drug-resistant viral variants and allow viruses to survive genomic damage [73].

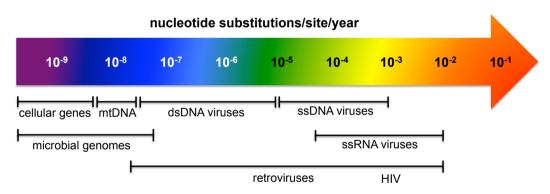


Figure 5. Evolutionary rates of different organisms. Adapted from [74].

HIV-1 fast replication rate and high number of viral particles produced per unit time are two other important factors contributing to the rapid evolution of the virus. The time from the release of a virion until it infects a new cell and eventually releases a progeny of its own (generation time) has been estimated to be approximately 2-3 days [75, 76] and every day ~10⁹ new viral particles are produced [75, 77]. As a consequence of all the factors mentioned above, HIV-1 positive patients are usually infected with a highly heterogeneous viral population consisting of a pool of genetically distinct yet related viruses called quasispecies [78, 79]. The genetic variability of the HIV-1 quasispecies, that can reach up to 10% nucleotide diversity within an infected subject, provides the viral population with the ability to adapt rapidly to changes in its environment, and is the main challenge for the development of a vaccine or a treatment able to eradicate the infection.

1.3.2 Selection Pressure

Changes in the environment impose selective pressure on evolving populations resulting in the fixation of genetic variants with genes best adapted to the new milieu they were selected for. Adaptation at the molecular level can be studied by analyzing synonymous to nonsynonymous substitutions. Synonymous substitutions, also called silent substitutions, do not alter the encoded amino acid and occur mostly at the third position of a codon. Nonsynonymous substitutions, on the other hand, result in a change of the encoded amino acid. Synonymous substitutions are usually neutral, or nearly-neutral, and are fixed in by random genetic drift. According to the neutral theory of molecular evolution, in the absence of positive selection, the evolutionary (nucleotide substitution or fixation) rate is equal to the mutation rate. Therefore, the synonymous substitution rate of any retrovirus is expected to be equal to the RT error rate, which is in turn proportional to the viral replication rate [80]. On the other hand, the rate of nonsynonymous substitutions may depend on selective pressure that can increase (positive selection) or decrease (negative selection) the fixation probability of specific amino acid changes, in which case nonsynonymous substitution rates can be used as a measure of the adaptation rate.

In practice, the ratio of nonsynonymous and synonymous substitutions (dN/dS) is often employed to investigate natural selection and random genetic drift at the molecular level. A ratio around one indicates that neutral (dS) and adaptive (dN) mutations occur at the same rate, which is only possible in the absence of selection. On the other hand, dN/dS<1 indicates that the synonymous substitution rate is greater than the nonsynonymous one, which is expected in the presence of negative (purifying) selection removing genetic variants with new amino acid changes. The majority of amino acid replacements are usually under negative selection because of protein structural constraints necessary to maintain the biological function. A dN/dS>1 is evidence of positive (diversifying) selection occurring when amino acid changes increase fitness.

HIV-1 intra-host evolution is driven by the dynamic interplay between viral evolution and host immune system, which can result in the selection of viral variants with reduced sensitivity to CTLs and neutralizing antibodies. It has been shown that emergence of viral escape mutants, in case of CTLs, is associated with disease progression [81, 82]. CTL escape mutants can emerge shortly after acute infection and become the dominant viral strains in the infected individual [83]. Rapid emergence of CTL escape variants indicates their pre-existence in the viral population and points to the dominant role of CTLs as a selective force in the infection [81]. It is also important to mention that the emergence of CTL escape mutations is also correlated with loss of viral replication fitness [84]. Antiretroviral treatment also exerts strong selective pressure on the infecting quasispecies that can lead to the emergence and fixation of low-frequency viral variants carrying drug resistance mutations.

1.3.3 Phylodynamics of HIV-1 Intra-Host Evolution

Phylodynamics encompass both phylogeny inference and the interaction between evolutionary (i.e. mutation, genetic drift, selection) and ecological (population dynamics and environmental stochasticity) processes, which shape the spatiotemporal and phylogenetic patterns of infectious disease dynamics, both at the intra- and interhost level [85, 86]. Phylodynamics allow the study of viral evolution by investigating the topology and branch lengths of genealogies to infer the viral evolutionary and population dynamic patterns. Several studies have shown that staircase topology is typical of HIV-1 intra-host evolution [51, 87], which suggests viral quasispecies undergo continual immune-driven selection through sequential population bottlenecks [88] (Figure 6). Usually, HIV-1 intra-host genealogies of longitudinally sampled sequences display strong temporal structure, where sequences from the same sampling time tend to cluster together and are the direct ancestors of sequences from the following time point [89]. However, the degree of temporal structure can vary among genealogies inferred from different data sets. Unfortunately, no previous study has investigated the temporal structure of HIV-1 intra-host genealogies in-depth, because topological differences among genealogies are difficult to quantify. The Temporal Clustering (TC) statistic has recently been developed to provide a quantitative measure of the degree of topological 'temporal clustering' in a serially sampled genealogy [89].

HIV-1 divergence and diversity have been shown to follow distinct patterns during the infection [90]. Divergence of the virus describes its evolution from a founder strain, while diversity is a measure of genetic variation within the virus population at a specific time point. When an individual becomes infected with HIV-1, a relatively homogenous population of the virus is harbored because transmission is usually associated with a significant population bottleneck [47]. The viral diversity in *gag* and *env* genes has been estimated to be less than 1% during transmission of HIV-1 [43, 44, 91]. During the early period of the chronic phase, viral diversity and divergence have been shown to linearly increase with similar rates. The intermediate period is characterized by stabilization of viral diversity, while the divergence from the founder strain continually increases at the same pace.

The chronic phase of HIV-1 evolution is characterized by a progressive increase in both viral divergence and diversity. It has been suggested that this phase is dominated by continuous pressure from the host immune system resulting in rapid turnover of the infecting quasispecies. The effect of intense immune-mediated positive selection on HIV-1 within a patient is reflected by the temporal structure of the viral genealogies inferred from longitudinal samples, where a main lineage usually propagates successfully along the trunk (backbone) of the genealogy while other lineages become extinct (Figure 6). In other words, the phylogenetic trees display a topological signature consistent with the occurrence of sequential population bottlenecks that would be the result of an evolutionary process driven mainly by continual immune selection rather than random genetic drift.

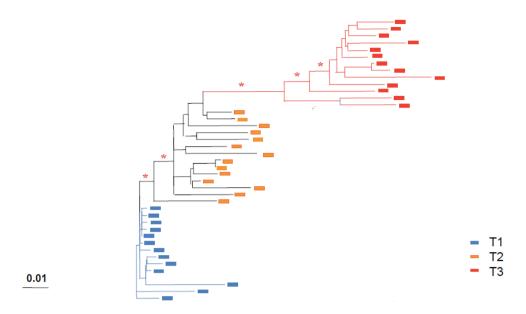


Figure 6. Evolution of *env* quasispecies in plasma. This is an example of a phylogenetic tree with staircase evolution and perfect temporal structure. The tree was inferred by ML using longitudinal plasma samples of an HIV positive pediatric patient infected by mother-to-child transmission. Different colors of tip labels represent sampling times of the viral strains according to the legend in the figure, where T1=0.3, T2=1.2 and T3=7.0 years post-infection. Asterisks along the backbone indicate major population bottlenecks supported by high bootstrap values (>85%). Courtesy of Marco Salemi.

The last phase of the infection, when the immune system collapses and progression to AIDS begins, involves stabilization of viral divergence and decline of viral diversity. This observation has been explained as a consequence of CD4⁺ T cells depletion, which results in less effective selection pressure on the virus, as well as significant decrease in target cells capable of sustaining viral replication. In support of such a hypothesis, it has been shown that late infection is, in fact, characterized, by a decrease in HIV-1 evolutionary rate [90].

AIMS OF THESIS

The main objective of the present work was to unify viral evolution and immunological patterns to investigate risk of HIV-1 disease progression. Four specific aims were developed:

- **Paper I** To investigate HIV-1 *in vivo* evolution and functional profiles of epitope-specific CD8⁺ T cell responses in untreated HLA-B*5701 subjects with different risk of progression.
- **Paper II** To investigate how risk of HIV-1 disease progression in HLA-B*5701 subjects correlates to HIV-1 intra-host synonymous and nonsynonymous substitution rates.
- **Paper III** To implement a new method to investigate differences in HIV-1 population dynamics through the analysis of the temporal structure of viral genealogies.
- **Paper IV**To characterize HIV-1 population dynamics in subjects with different genetic background, by investigating temporal structure and intra-host phylodynamic patterns in HLA-B*5701 subjects and non-HLA-B*57 controls.

2 MATERIALS AND METHODS

2.1 STUDY DESIGN AND PATIENT MATERIAL

The interplay between HIV-1 evolution and the host immune repertoire determines the course of disease [92]. Therefore, it may be insufficient to focus separately on immunological or evolutionary patterns for correlates of protection. A rigorous study design was developed to take full advantage of the phylodynamic framework (outlined in Figure 7) by following specific guidelines described in Norstrom et al. (2012) [74]. Plasma samples were needed to obtain data for the virological studies on the HIV-1 population in circulation at a given time point. Additionally, peripheral blood mononuclear cell (PBMC) samples were necessary to obtain immunological data. Plasma samples (stored at -80°C) and cryopreserved PBMC samples were collected longitudinally from subjects in the San Francisco-based HIV-1-infected cohort OPTIONS at the Positive Health Program, University of California [93]. The OPTIONS cohort contains samples from more than 600 subjects followed from primary HIV-1 infection. For each subject in the cohort, the time since infection was estimated as the midpoint between reported negative and positive tests based on data from serologic tests, HIV-1 RNA testing, and prior antibody testing history. In addition, CD4⁺ T cell counts (cells/mm³) and viral load (copies/mL) measurements were performed regularly during the course of infection for the patients included in the cohort.

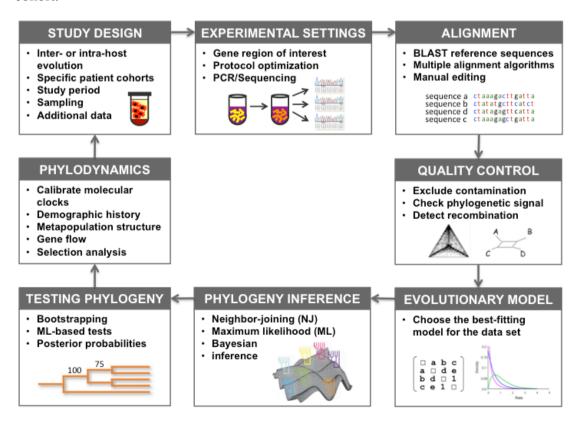


Figure 7. Flow-chart representing the major steps in phylodynamic inference linking experimental design and data analysis. Adapted from [74].

On-going viral intra-host evolution is difficult to characterize in samples with low viral copy numbers and limited genetic heterogeneity [94]. All selected subjects had to have detectable viral load during the study period in order to increase the chance to obtain sufficient phylogenetic signal for a robust evolutionary analysis. There were also specific requirements for an in-depth phylodynamic analysis. First, longitudinal samples were necessary for the calibration of the molecular clock and, in general, to infer viral evolutionary and population dynamic patterns. Second, time intervals between samples had to be optimal to make sure that the quasispecies was a measurably evolving population (MEP), i.e. that a statistically significant number of mutations could be detected between sequences obtained at different time points [95]. If the samples were too distant, important evolutionary events may be missed. It has been shown that a complete viral population turnover within an HIV-1 infected patient requires a time interval of 6-22 months [96]. Therefore, samples from at least three different time points were selected for each subject, time intervals were optimized, and special care was taken to match the data between HLA-B*5701 subjects and non-HLA-B*5701 controls. Unfortunately, some limitations were unavoidable due to the actual samples available in the OPTIONS cohort. A brief description of the patient material included in the different studies is given below. Full details can be found in the Materials and Methods of Paper I-IV.

In **Paper I**, six HIV-1 infected individuals carrying the B*5701 allele were selected. All subjects were treatment naïve excluding one who received antiretroviral treatment for 14 months; samples from that period were excluded in the study. Longitudinal plasma and PBMC samples were obtained from early infection up to seven years. For virological analysis, plasma samples were selected from three to six time points for each patient. For immunological analysis, PBMC samples were selected from three time points during the course of the infection for each subject.

In **Paper II**, high-resolution phylogenetic analyses were performed on sequences obtained from the plasma samples collected from the HLA-B*5701 subjects described in **Paper I**. Replication capacity experiments were also performed on additional plasma samples collected from one to four time points for each subject.

In **Paper III**, a method was developed to investigate temporal structure and tested on the HLA-B*5701 data sets (**Paper I** and **Paper II**), as well as SIV data sets downloaded from the Genbank database.

In **Paper IV**, six additional HIV-1 infected individual were selected as a control group. All subjects were treatment naïve and did not carry the B*57 allele. Longitudinal plasma samples were selected from early infection up to six years.

2.2 METHODOLOGIES

A wide range of different virological, immunological and mathematical methods was applied. The sections below provide a brief overview of the main methods in **Paper I-IV**, as well as the advantages of using them in the different studies. More detailed

information about the specific methods can be found in Materials and Methods in the respective papers (Appendix I-IV).

2.2.1 Single Genome Sequencing

Plasma samples from the HLA-B*5701 subjects had, in general, low viral load and only 1 mL plasma was available for most time points. In order to obtain sufficient template recovery, substantial effort was invested to develop sensitive and robust RNA extraction, cDNA synthesis and PCR amplification methods [97]. Characterization of the genetic heterogeneity of HIV-1 intra-host quasispecies is usually achieved by obtaining multiple sequences through PCR/cloning or single genome sequencing (SGS) [98]. SGS permits individual cDNA molecules, derived from defined regions of the genome, to be amplified by PCR and sequenced. This significantly reduces the probability of re-sampling (particularly likely in samples with low viral load), as well as the occurrence of PCR-mediated recombination [97, 99, 100]. SGS protocols were developed to obtain the HIV-1 gag p24 sequences required for the studies in Paper I-IV. Briefly, sequences were amplified from viral cDNA by limiting-dilution digital nested PCR. To obtain PCR products derived from single cDNA molecules, the cDNA was diluted until approximately 30% of the PCR reactions yielded DNA product [99]. The Gag p24-region was focused on since several HLA-B*5701-restricted epitopes (ISW9, KF11, TW10 and OW9) are located in this region of the HIV-1 genome.

2.2.2 Flow Cytometry

Flow cytometry is a powerful technique for the analysis of multiple parameters of individual cells within heterogeneous populations. It can be used to measure the production of several effector molecules simultaneously in T cell populations stimulated with autologous peptides. In **Paper I**, functional profiles of HIV-1-specific CD8⁺ T cell responses were identified in six HLA-B*5701 subjects using a flow cytometry assay. Longitudinal PBMC samples were analyzed on a standardized 8-color CantoII (BD Biosciences) to identify epitope-specific CD8⁺ T cell responses towards the Gag p24-region. Using flow cytometry we were able to distinguish different T lymphocyte populations (CD3⁺, CD4⁺ and CD8⁺ T cells) at a single cell level and to simultaneously identify production of several effector molecules (IFN-γ, MIP-1β, IL-2 and perforin). All analyses were conducted after removal of non-viable cells, stained with Vivid. For each HLA-B*5701 subject, PBMCs from three different time points were analyzed. For more detailed information see the Materials and Methods in **Paper I**.

2.2.3 Gag-Pro Mediated Replication Capacity Assay

A novel assay, developed by Monogram Biosciences, was used to measure the viral replication capacity (RC) in the HIV-1 Gag-Pro region [101]. In **Paper III**, plasma samples were selected from all HLA-B*5701 subjects. Briefly, *gag* and protease sequences were amplified by RT-PCR and transferred into a resistance test vector

(RTV) containing a luciferase reporter gene. Transfections of HEK293 cells with patient-derived *gag-pro* RTVs and an amphotropic murine leukemia virus envelope expression vector were performed to generate pseudovirus stocks for infection of HEK293 cells. Gag-Pro mediated RC was determined by measuring the viral infectivity (luciferase activity) of patient-derived pseudoviruses relative to NL3-4, the reference control.

2.2.4 Phylogenetic Signal and Recombination

HIV-1 gag p24 is usually one of the most conserved regions of the viral genome. Hence, the first step in the analysis was to investigate whether aligned data sets from the study subjects displayed sufficient phylogenetic signal to allow reliable inferences. In particular, it was necessary to assess that viral sequences had sufficient genetic variability, within and between longitudinal samples, to be considered a MEP. Several methods have been developed to measure the phylogenetic signal in nucleotide and amino acid sequence data sets. Likelihood mapping [102], transition/transversions versus divergence plots [103], and the Xia test for saturation [102, 104] are often employed to assess the reliability of an alignment for phylogeny inference [105, 106]. In **Paper I** and **Paper IV**, the phylogenetic signal in each data set was investigated by likelihood mapping method implemented in the program TREEPUZZLE [107]. Detailed information can be found in Materials and Methods of **Paper I**.

It is also important to keep in mind that recombination violates the basic assumption of phylogeny inference (ancestry from a common ancestor). Using algorithms that do not explicitly model recombination (*e.g.* BEAST) can bias molecular clock and coalescent estimates [108-110]. Recombinant strains should, therefore, be excluded and analyzed separately or with more complex coalescent models [111, 112]. In **Paper I** and **Paper IV**, the presence of potential recombinant sequences was investigated with the PHI test based algorithm [113] and calculations were performed with the SplitsTree package version 4.8 [114]. It has been shown that the PHI test is the most robust method for detection of recombinants within intra-host sequences that are closely related and display lower diversity [115].

2.2.5 Phylogeny Inference

HIV-1 intra-host genealogies were inferred with several tree-building algorithms. Neighbor-Joining (NJ) trees were constructed to exclude contamination and confirm that all strains were subtype B (**Paper I** and **Paper II**). NJ is a fast, bottom-up clustering algorithm that can be used to quickly analyze large data sets. It is based on the computation of pair-wise distances, with an explicit evolutionary (nucleotide substitution) model, which are in turn employed to infer the phylogenetic tree [116]. It has been shown that NJ trees are accurate as long as the input distance matrix is correct and "nearly additive", i.e. if each entry in the distance matrix differs from the true distance by less than half of the shortest branch length in the tree [117]. Since these properties are seldom satisfied in real data sets, phylogenies were also obtained by more sophisticated character-based methods using the maximum likelihood (ML)

optimality criterion [117, 118]. ML is statistically sound, makes use of all sequence information, but is slower than NJ and must rely on heuristic algorithms (which do not guarantee to find the true ML tree) for data sets including more than 8-12 sequences. In order to assess the robustness and statistical significance of the inferred tree topologies, ML and NJ trees obtained from each alignment were compared for topological consistency. Bootstrapping (500 replicates), as well as the approximate likelihood ratio test (aLRT) were used to assess the reliability of specific monophyletic clades. In particular, the Shimodaira-Hasegawa-like aLRT compares the likelihoods of the best and the second best alternative arrangements around the branch of interest. For both NJ and ML trees, the best-fitting evolutionary model was chosen with the hierarchical likelihood ratio test described by Swofford and Sullivan [117]. ML and NJ calculations were performed with PAUP* 4b10, written by David L. Swofford, and MEGA 5.0 [119], respectively. In Paper I, Paper II and Paper IV, HIV-1 genealogies were also inferred by Bayesian inference, which generates a posterior distribution for a specific parameter (such as a phylogenetic tree and a model of evolution), based on the prior distribution for that parameter and the likelihood of the data (i.e. the multiple sequence alignment). Bayesian genealogies were inferred with the program BEAST [120, 121], which implements a Markov chain Monte Carlo (MCMC) algorithm [122] to sample trees from a coalescent-based prior. In brief, after the posterior tree distribution is obtained with the MCMC, a maximum clade credibility tree (also called MAP or MCC tree), i.e. the tree with the greatest posterior probability averaged over all branch lengths and substitution parameter values, is chosen from the distribution. The posterior probability of a specific clade in the tree can also be calculated easily from the posterior distribution. MAP trees were selected with the TreeAnnotator program distributed within the BEAST package. Bayesian inference has several advantages over classic NJ and ML methods. First of all, it explicitly models for uncertainty in the phylogenetic reconstruction, since a posterior distribution of possible trees, rather than a single tree (as in clustering on ML-based algorithms), is obtained. In addition, the BEAST software allows for the calibration of clock-like trees (see below) [123, 124] and can estimate absolute evolutionary rates when sequences collected longitudinally with known sampling times are available. Full details on the settings used in each analysis can be found in the Materials and Methods of the respective papers.

2.2.6 Selection Analysis

ML-based methods were employed to investigate selection at the molecular level. In particular, for each patient-specific data set, it was interesting to identify potential HIV-1 gag p24 sites under positive selection, as well as to compare selective pressure among groups of patients with different risk of disease progression. In **Paper I**, the presence of sites under positive selection was investigated using different ML codon substitution models implemented in the codeml program of the PAML 4.2 software package [125]. Initial codon-based branch lengths and nonsynonymous/synonymous (dN/dS) ratio were estimated for each ML tree with the M0 (one ratio) model, which assumes the same dN/dS along each branch of the tree [126, 127]. Positive selection analysis was then performed using the tree with codon-based estimated branch lengths. Three sites models were compared [128, 129]: M7, assuming a beta distribution of substitution

rates across sites; M8, assuming a beta distribution and dN/dS > 1 (positive selection) across sites; M8a, assuming a beta distribution and dN/dS = 1 (neutrality). The M7 (null hypothesis) and M8 model were compared with a chi-square test with 2 degrees of freedom (M7 rejected when LR > 5.99). The M8a (null hypothesis) and M8 model were compared using a 50:50 mixture of point mass 0 and a chi-square test with a critical value of 2.71 at the 5% level (see PAML documentation for more details). Specific amino acid changes along the internal branches of the tree were inferred by maximum likelihood reconstruction of ancestral sequences using PAML.

2.2.7 Molecular Clock Analysis

In Paper I, Paper II and Paper IV, for each of HIV-1 gag p24 patient-specific data set molecular clock analysis was performed using the MCMC approach implemented in BEAST version 1.7 [121]. The analyses were performed with the same nucleotide substitution model selected for the phylogeny inference. Viral evolutionary rates were estimated by enforcing either a strict or a relaxed molecular clock (assuming, across the phylogeny, constant evolutionary rate or branch-specific evolutionary rates drawn from a lognormal prior distribution, respectively) and different population size coalescent priors (constant, exponential and non-parametric Bayesian skyline plot with four bin categories) [130]. For each analysis two independent MCMC were run, which were combined with the LogCombiner program in the BEAST package. The effective sample size (ESS) value for each parameter was > 500 indicating sufficient mixing of the Markov chain. The molecular clock hypothesis was then tested by comparing the marginal likelihood of the strict and the relaxed clock model. Estimated marginal likelihoods were used to compute the Bayes Factor (BF) where evidence against the null hypothesis (strict clock) is assessed in the following way: 2 < BF < 6 indicates positive evidence against the null hypothesis, 6 < BF < 10 indicates strong evidence against the null hypothesis, BF > 10 indicates very strong evidence against the null hypothesis. In **Paper I**, marginal likelihoods were estimated by bootstrapping via importance sampling and in Paper IV they were estimated with the newly developed stepping stone model [131], which is more reliable. Additionally, in **Paper I**, ML estimates of the coefficient of variation (CoV) under the relaxed clock model were obtained to assess the overall degree of rate heterogeneity across the genealogies [123]. In Paper II and Paper IV, for each patient data set, absolute rates of synonymous and nonsynonymous substitutions were estimated using 200 randomly chosen trees from the posterior distribution obtained with BEAST and implementing the method described by Lemey et al. (2007) [132].

2.2.8 HIV-1 Intra-host Demographic History

The demographic history of a population can be inferred from the genealogical relationships of sampled individuals by applying coalescent theory [133]. A genealogy reconstructed from randomly sampled HIV sequences, for example, contains information about population-level processes such as change in population size and growth rate [134]. In **Paper IV**, three different demographic models or each data set were investigated for the HIV-1 intra-host quasispecies by enforcing the best fitting

molecular clock model: constant population size, exponential population growth, and Bayesian skyline plot (BSP). Both parametric (constant or exponential model) and non-parametric BSP estimates of demographic history were performed and compared by BFs as described in the previous section.

2.2.9 Temporal Clustering

Evolutionary trees estimated from serially sampled sequence data are shaped by a complex interaction of demographic factors and selective pressure. Those obtained from genes under strong and continual positive selection are reported to exhibit a 'ladder-like' shape, characterized by (i) phylogenetic asymmetry and (ii) a tendency for sequences sampled at similar times to cluster together [88]. The temporal clustering (TC) statistic, based on parsimony estimates, was recently developed to quantify 'ladder-likeness' of a phylogenetic tree topology by taking into account the sampling time of the tips [89]. However, an improved TC statistics based on Maximum Likelihood (ML) estimates of ancestral characters was implemented in the R language by developing a set of R scripts, called PhyloTempo. Several additional topological measures were also integrated in a user-friendly graphical interface. The TC statistic assesses the temporal structure of a phylogenetic tree by assigning a discrete character corresponding to the sampling time $(T_1, T_2, \dots T_n)$ to each tip and using ML ancestral trait mapping [135] to calculate the number of time transitions (from T_i to T_i with i < j) in the genealogy. If there are n different states at the tips of a phylogeny, the minimum number of ancestral state transitions observed across the phylogeny would be n-1. A greater number of ancestral state transitions indicate a deviation from a perfect temporal structure. For detailed information about the temporal clustering statistics see Materials and Methods in Paper III. In Paper IV, the TC calculations for each HIV-1 genealogy were performed with the PhyloTempo software running under the R package [135]. Additionally, by recording the number of ancestral state transitions (NAST) in the genealogy for each pair of discrete characters (i.e., T_i and T_i with i < j), it is possible to assess whether the observed NAST is significantly greater (p<0.05) than the one expected in the null distribution of 1000 trees with randomly shuffled tip characters. NAST significantly exceeding the null expectation indicates the emergence (or re-emergence) of archival viral strains.

2.2.10 Statistical Analysis

In **Paper I**, experimental variables between two groups of individuals were analyzed using unpaired t-test, Student's t-test, Mann-Whitney U-test and Wilcoxon matched-pairs rank test. One-way ANOVA with *post hoc* Dunn's multiple comparison tests (non-parametric) was used to analyze three or more groups. Correlations were assessed using non-parametric Spearman rank tests. All pie charts were analyzed by permutation tests using the data analysis program SPICE version 5.2 (11). In **Paper II**, experimental variables between groups of individuals were compared using the Mann-Whitney U-test. Mean nonsynonymous and synonymous rates for different set of branches in the phylogenetic trees (all, internal, backbone and external) were compared to the corresponding clinical parameters of each patient (baseline CD4 count, baseline VL,

CD4 slope, VL slope and baseline T cell activation) using Pearson's linear correlation to calculate the associated t-values and assess significance. All *p*-values obtained from applying any test statistic multiple times were adjusted with the Bonferroni correction. In **Paper I** and **Paper IV**, slopes of CD4⁺ T cell counts and viral load (VL) were obtained from least squares regression of log-transformed CD4 counts and VL over time (years). Model coefficients were back transformed and converted from proportions to percentage effect by subtracting one and multiplying by 100 to obtain individual estimates of percent change over time. Full details on the statistical test used in each analysis can be found in the Materials and Methods of the respective papers.

2.2.11 Ethical Considerations

The University of California, San Francisco (UCSF), Committee on Human Research and the Regional Ethical Council in Stockholm, Sweden (2008/1099-31), approved the studies in **Paper I-IV**. For the studies included in **Paper IV**, ethical approvals were obtained by the Committee on Human Research at University of Florida (258-2012).

3 RESULTS AND DISCUSSION

The clinical course of HIV-1 infection is characterized by considerable variability in the rate of disease progression among patients with different genetic background, where HLA-B*5701 is the allele most strongly associated with slower progression. The exact mechanisms underlying HIV-1 pathogenesis are not fully understood, but they likely involve the interplay between host immune system and viral evolution. Most of the previous studies have focused either on intra-host viral evolution or on functional aspects of the immune system, which may be insufficient for identifying correlates of protection. The present work focuses on HIV-1 disease progression in HLA-B*5701 and non-HLA-B*57 subjects, which was investigated through a multidisciplinary approach unifying viral evolution and immunological patterns.

The first studies aimed at characterizing HIV-1-specific CD8⁺ T cell responses and performing advanced evolutionary analysis in six HLA-B*5701 subjects with different risk of disease progression (**Paper I** and **Paper II**). Next, a new method to investigate differences in HIV-1 population dynamics through the analysis of the temporal structure of viral genealogy was developed (**Paper III**). Finally, this method was applied to investigate intra-host phylodynamic patterns and the emergence and population dynamics of archival viral strains in HLA-B*5701 and non-HLA-B*57 subjects (**Paper IV**). The results will be presented and discussed in the following main sections: i) HIV-1 immune and viral factors in HLA-B*5701 low-risk and high-risk progressors; ii) Developing tools to analyze temporal structure of viral genealogies; iii) HIV-1 intra-host phylodynamic patterns and in-depth temporal structure analysis of viral genealogies in HLA-B*5701 subjects and non-HLA-B*57 controls.

3.1 HIV-1 IMMUNE AND VIRAL FACTORS IN HLA-B*5701 LOW-RISK AND HIGH-RISK PROGRESSORS

In Paper I, HIV-1 in vivo evolution and epitope-specific CD8⁺ T cell responses were investigated in six untreated HLA-B*5701 patients monitored from early infection for up to seven years. Three subjects were classified as high-risk progressors (HRPs) and three as low-risk progressors (LRPs) based on viral load and baseline CD4⁺ T cell counts (10-11 weeks post-infection, wpi) [67]. The focus was on the Gag p24-region since several HLA-B*5701-restricted epitopes (ISW9, KF11, TW10 and QW9) are located in this region of the viral genome. Immune responses were identified against wild-type and autologous variants of the epitopes. Interestingly, polyfunctional CD8⁺ T cell responses toward wild-type HLA-B*5701-restricted epitopes were found to be more robust in LRPs than HRPs. The fraction of CD8⁺ T cells coproducing IFN-γ, MIP-1β and IL-2 in response towards the epitopes TW10 and QW9 were significantly higher in the LRP group (Figure 8). The LRPs also showed a significantly higher fraction of IL-2 producing CD8⁺ T cells (in response to wild-type epitopes) in early infection compared to HRPs. Importantly, a significant positive correlation between the fraction of IL-2-producing CD8⁺ T cells and the CD4⁺ T cell count was found when all subjects were included in the analysis.

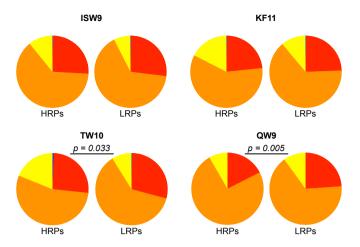


Figure 8. Functional discrepancies of epitope-specific CD8⁺ T cell responses between HRPs and LRPs. Pie charts representing the fraction of CD8⁺ T cell responses towards each HLA-B*5701-restricted wild-type epitope in Gag p24. One to four functions are illustrated by the colors yellow, orange, red and blue, respectively. Adapted from [136].

Parallel to the immunological findings, interesting evolutionary patterns were uncovered. In all study subjects, HIV-1 gag p24 sequences exhibited more substitutions in flanking regions than in HLA-B*5701-restricted epitopes, but sequence diversity and mean evolutionary rates were significantly lower in LRPs compared to HRPs (**Paper I**). Sequences also exhibited a higher degree of homoplasy in LRPs. More in-depth analyses revealed that this difference was mainly determined by significantly lower synonymous substitution rates (**Paper II**). The difference in synonymous substitution rates between the two groups of patients was especially significant for backbone branches, which represent the surviving viral population successfully emerging over time from sequential population bottlenecks (Figure 9, left). The viral quasispecies infecting LRPs were also characterized by a slower increase in synonymous divergence over time (Figure 9, right).

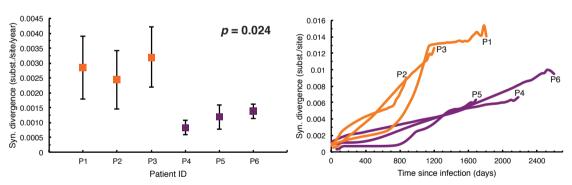


Figure 9. Mean synonymous substitution rates (left) and synonymous divergence over the course of HIV-1 infection (right) for backbone branches in HLA-B*5701 subjects. HRPs (P1-P3) and LRPs (P4-P6) are shown in orange and purple, respectively. Adapted from [136].

Additionally, p24 sequences exhibited more constrained mutational patterns along the major bottlenecks, as defined by the topological structure of the viral genealogy, of the quasispecies infecting LRPs (**Paper I**). Mutational events leading to changes in TW10 and ISW9 (including upstream position 146) and the CypA-binding loop appeared to occur in a specific order (Figure 10, right). On the other hand, in HRPs, viral evolutionary patterns along population bottlenecks appeared to be less constrained and were characterized by the more frequent emergence of variants with amino acid replacements in the CypA-binding loop and/or other flanking regions (Figure 10, left). It is also important to mention that sequences in HRPs displayed the eventual

emergence of QW9 variants, while this epitope region was conserved in LRPs. The results indicate that HIV-1 evolution in HLA-B*5701 patients with a high baseline CD4⁺ T cell count was constrained by polyfunctional CD8⁺ T cell responses with a maintained ability to coproduce IL-2. This is strengthened by the significant correlation found between the fraction of IL-2-producing CD8⁺ T cells and CD4⁺ T cell count, which in turn could be associated with a lower synonymous substitution rate and risk of disease progression. There are also several studies that have underlined the important role of IL-2-producing CD8⁺ T cell functional subsets to mediate protective immunity at different stages of infection [137-139].

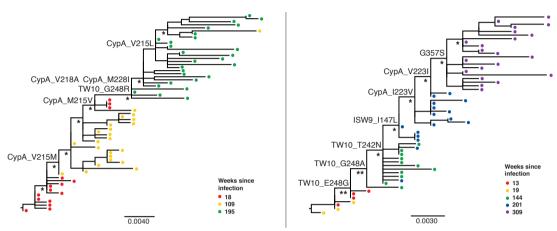


Figure 10. Maximum likelihood *gag* p24 genealogies (using only unique sequences) for HRP (left) and a LRP (right). Statistical support for specific branches are indicated by * (bootstrap > 65% or aLRT p > 0.75) or ** (bootstrap > 65% and aLRT p > 0.75). Amino acid replacements along supported internal branches are indicated; the numbering refers to Gag amino acid position in HXB2, used as reference. Adapted from [136].

Several underlying mechanisms could potentially account for the observed differences in synonymous substitution rates and divergence over time between the two groups of patients. Since synonymous substitutions are neutral or nearly neutral [140], the HIV-1 synonymous substitution rate is expected to be proportional to the viral replication rate [141]. The higher synonymous rates in HRPs could be the consequence of an infection with fitter viral variants characterized by faster replication, but in vitro replication capacity (RC) did not display any differences between the two groups of patients (Paper II). The pattern in synonymous substitution rates between HRPs and LRPs could not be explained by differences among subjects in CD4+ and CD8+ T cell activation or selection pressure either. However, there are some limitations in these studies that should be mentioned. First, the lack of significance for some analysis might be due to the small sample size and lack of statistical power (Paper I and Paper II). Second, no samples from the acute phase of HIV-1 infection (i.e. earlier than 11 wpi) were available to assess early events in terms of viral evolution and immune responses (Paper I) or to compare whether RC or T cell activation differed between the two groups of patients during primary infection (Paper II). Third, the RC assay only tested one part of the viral genome that may not fully capture the total viral replication capacity (Paper II). Nevertheless, the data suggest that neither T cell activation nor an initial infection with fitter viral variants would explain the difference in synonymous rates between HLA-B*5701 HRPs or LRPs.

In order to identify other potential mechanisms behind the observed differences in viral evolutionary rate, the correlation between mean nonsynonymous or synonymous rates for different branch sets (all, internal, backbone and external) and clinical parameters for each patient were analyzed (**Paper II**). It was found that higher baseline CD4⁺ T cell counts (10-11 wpi) were strongly correlated with lower HIV-1 mean synonymous substitution rates ($R^2 = 0.9$, p = 0.002) along backbone branches (Figure 11). These results indicate lower replication rates and/or longer viral generation times in the LRPs compared to HRPs. They also suggest that HLA-B*5701 subjects with higher baseline CD4⁺ T cell counts (> 750 cells/mm³ at 10-11 wpi) are capable of keeping HIV-1 replication under better control during the course of the infection. Such an observation is in agreement with results presented in Paper I showing more constrained viral evolution in LRPs, probably linked to a more robust HLA-B*5701-specific CD8⁺ T cell response. There is, indeed, evidence that the emergence of escape mutations in p24, as a consequence of CD8⁺ T cell responses, can negatively affect viral fitness [142], and thereby be indirectly responsible for control of viral replication, longer generation times, and lower risk to progress to AIDS.

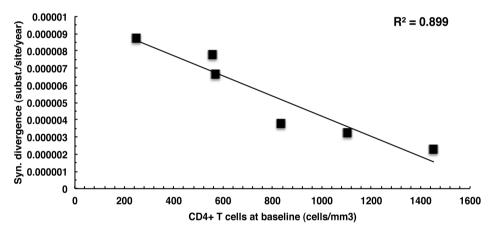


Figure 11. Mean synonymous rates for backbone branches vs. $CD4^{+}$ T cell count at baseline for each subject. Strong inverse correlation between mean synonymous rates and baseline $CD4^{+}$ T cell counts (10-11 wpi) by pooling together estimates for all HLA-B*5701 subjects. The correlation is highly significant (p = 0.002).

The overall findings may indicate that polyfunctional CD8⁺ T cell responses, directed towards HLA-B*5701-restricted epitopes, with specific functional profiles are the underlying mechanism of the observed difference in viral evolutionary rates between HLA-B*5701 subjects with different baseline CD4⁺ T cell counts. However, constrained HIV-1 evolution could also be the direct or indirect result of other host factors, which subsequently affect CD8⁺ T cell polyfunctionality. It is also important to consider that the focus and study design of the present work cannot exclude the role of individual responses restricted by alleles other than HLA-B*5701.

In summary, the first two papers showed that subjects with high baseline CD4⁺ T cell counts (LRPs) displayed viral quasispecies evolving along more constrained mutational patterns, characterized by lower synonymous substitution rates, less changes in flanking regions, and no emergence of QW9 variants. The findings in **Paper I** and **Paper II** also revealed that these subjects had specific HLA-linked immune responses, lower replication rate and lower risk of HIV-1 disease progression. The integration of

experimental data with coalescent-based estimates allowed the development of, for the first time, a possible explanation for the correlation between HIV-1 *in vivo* replication rate and different risk of disease progression in HLA-B*5701 subjects.

3.2 DEVELOPING TOOLS TO ANALYZE TEMPORAL STRUCTURE OF VIRAL GENEALOGIES

To further assess the findings of **Paper I** and **Paper II** and evaluate them in the context of HIV-1 intra-host population dynamics, a novel methodology was adopted to investigate the temporal structure of phylogenetic trees inferred from longitudinal samples.

In **Paper III**, a new topological measure, called temporal clustering (TC), which characterizes the temporal structure of a serial samples phylogeny, was implemented in the R language. A set of R scripts, called PhyloTempo, integrated TC calculations and several other tree topological measures in a user-friendly interface. The comparison of the TC statistic with other measures provides multifaceted insights on the evolutionary and population dynamic processes shaping serially sampled genealogies of pathogenic viruses.

The features and applicability of PhyloTempo were tested on longitudinal intra-host human and simian immunodeficiency virus population data sets. The intra-host HIV-1 data set consisted of gag p24 sequences from the HLA-B*5701 subjects described in **Paper I** and **Paper II**. PhyloTempo estimates the TC statistic and implements a graphical output interface displaying phylogenetic trees with maximum likelihood reconstructed ancestral states (**Paper III**). TC analysis can reveal important information of archival viral strains and the impact of continuous immune selection on viral population dynamics.

By running the HLA-B*5701 data sets, several biological insights emerged. First, TC did not correlate with any previously described topological tree measure, implying that the new TC statistics evaluates aspects of the evolutionary process not captured by existing methods. Second, despite several studies having interpreted temporally structured phylogenies as evidence of sequential viral population bottlenecks driven by continuous selection pressure [73, 88, 90, 143], TC did not correlate with estimate dN/dS ratios in the different data sets analysed. Additionally, archival viral strains expressed in cellular reservoirs would decrease the temporal structure of serially sampled genealogies, because sequences from later time points may share a most recent common ancestor with sequences collected much earlier in infection [144].

3.3 HIV-1 INTRA-HOST PHYLODYNAMIC PATTERNS AND IN-DEPTH TEMPORAL STRUCTURE ANALYSIS OF VIRAL GENEALOGIES IN HLA-B*5701 SUBJECTS AND NON-HLA-B*57 CONTROLS

To obtain insights into how host genetic factors may impact HIV-1 population dynamics and disease progression, a control group of non-HLA-B*57 subjects was also

included in the study cohort. In **Paper IV**, temporal structure of HIV-1 intra-host genealogies, as well as viral phylodynamic patterns, were investigated in the six HLA-B*5701 subjects and six additional non-HLA-B*57 controls to compare HIV-1 population dynamics in subjects with different genetic backgrounds. The HIV-1 intra-host demographic history was inferred for each subject. A peak in viral effective population size (*Ne*), representing the number of effectively infectious viral genomes (*i.e.* the ones effectively contributing to the next generation), was observed within the first year of infection in control subjects. This peak in *Ne* was also often followed by a second increase later in infection. In the HLA-B*5701 subjects, on the other hand, either constant *Ne* or *Ne* increase two to four years post-infection was observed (Figure 12).

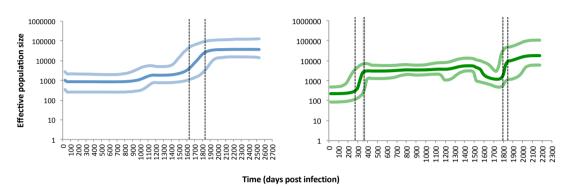


Figure 12. HIV-1 demographic history in a HLA-B*5701 subject (left) and a non-HLA-B*57 control (right). Bayesian skyline plots (BSPs) representing non-parametric estimates of the viral effective population time (*Ne*) over time. The thick line represents median *Ne* estimates, while the thin lines indicate the upper and lower 95% high posterior density (HPD) for the estimate of *Ne*. The estimate of *Ne* is on the y-axis and time is on the x-axis.

In-depth TC analysis revealed earlier emergence of archival viral strains in non-HLA-B*57 (1.8 – 2.5 years post infection) than in HLA-B*5701 subjects (2.7 – 5.5 years post-infection (Figure 13). The TC analysis also showed that re-emergence of archival viral strains appeared over a significantly shorter time (p = 0.015) in non-HLA-B*57 controls (1 year) compared to HLA-B*5701 subjects (2 years) (Figure 14).

The earlier *Ne* peak observed in non-HLA-B*57 control subjects was likely influenced by multiple factors, including earlier and regular detection of archival viral strains in the plasma. The emergence or re-emergence of archival strains seemed to contribute less often to the HIV-1 population diversity infecting subjects that carry the HLA-B*5701 protective allele. It is possible that in non-HLA-B*57 control subjects, potential reservoirs may be re-activated earlier and/or more often than in subjects carrying the protective allele, which would result in the replication of the archival viruses detected in the longitudinal plasma samples.

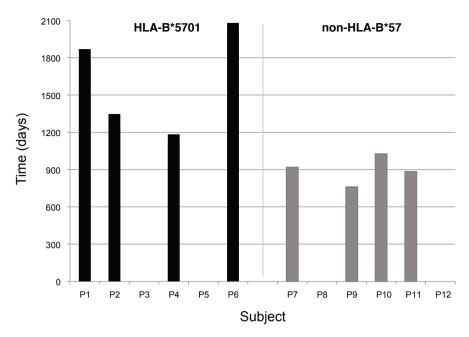


Figure 13. Temporal Clustering analysis in twelve patients: six HLA-B*5701 subjects (P1-P6) and six non-HLA-B*57 control subjects (P7-P12). Each bar indicates the earliest sampling time (Ti) of an inferred time transition (from Ti to Tj with i<j) that was significantly more frequent (p<0.05) than expected by chance across the HIV-1 genealogy from each subject (x-axis). This is the first sampling time at which an archival viral sequence could be detected in the genealogy. Time (y-axis) is given in days post-infection.

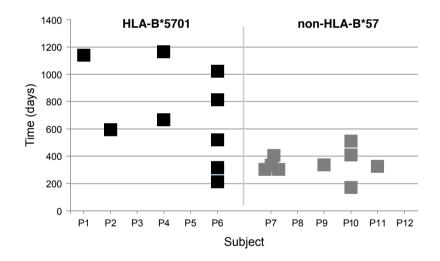


Figure 14. Length of inferred ancestral time transitions across genealogy samples. Squares indicate inferred ancestral time transitions (from Ti to Tj with i < j) that were significantly more frequent (p<0.05) than expected by chance across the HIV-1 genealogy from each subject (x-axis). The y-axis indicates the time interval ($\Delta T = Tj - Ti$ with i < j) for each transition and represents the waiting time for the re-emergence of archival strains.

The different dynamics in HLA-B*5701 and non-HLA-B*57 subjects is possibly the result of the different genetic backgrounds and the interplay between immune system and viral quasispecies. Therefore, the study in **Paper IV** provided novel insights into how host genetic factors may impact viral population dynamics and HIV-1 disease progression.

4 CONCLUSIONS AND FUTURE PERSPECTIVE

The exact mechanisms underlying HIV-1 pathogenesis and varying disease outcome still remain elusive after 30 years of research. Correlates of protection remain undefined, but investigating HIV-1 disease progression may reveal essential knowledge for successful vaccine design, and potentially lead to the development of therapies able to eradicate the infection. However, it may require a multidisciplinary approach combining both fields of HIV virology and immunology to obtain a better picture of the complex interplay between HIV-1 intra-host evolution and immune system. This thesis summarizes several studies where viral evolution and immunological patterns were unified to investigate risk of HIV-1 disease progression in HLA-B*5701 subjects. A method was also implemented to investigate the temporal structure and phylodynamic patterns of HIV-1 intra-host genealogies from subjects with different genetic backgrounds. The thesis' work resulted in several main findings:

- HLA-B*5701 subjects with higher baseline CD4⁺ T cell counts had significantly lower HIV-1 intra-host *gag* p24 sequence diversity, lower evolutionary rate and more constrained mutational pattern compared to subjects with lower baseline CD4⁺ T cell counts (**Paper I**).
- The fraction of polyfunctional and IL-2-producing CD8⁺ T cell responses, particularly to TW10 and QW9 epitopes, were more robust in HLA-B*5701 subjects with higher baseline CD4⁺ T cell counts (**Paper I**).
- A significant correlation was found between the fraction of IL-2-producing CD8⁺ T cells and CD4⁺ T cell count for the HLA-B*5701 subjects (**Paper I**).
- HLA-B*5701 subjects with higher baseline CD4⁺ T cell counts had significantly lower HIV-1 synonymous substitution rates compared to subjects with lower baseline CD4⁺ T cell counts (**Paper II**).
- A significant inverse correlation between baseline CD4⁺ T cell counts and mean HIV-1 synonymous substitution rates was found for the HLA-B*5701 subjects (**Paper II**).
- PhyloTempo, a new program implemented to analyze temporal structure of viral genealogies, revealed that the TC statistic did not correlate with any previously described topological tree measure and may evaluate aspects of the evolutionary process not captured by existing methods (**Paper III**).
- Changes in viral effective population size (*Ne*) over time were more constrained in HLA-B*5701 subjects compared to non-HLA-B*57 controls (**Paper IV**).
- HLA-B*5701 subjects displayed later and less regular re-emergence of archival sequences compared to non-HLA-B*57 controls (**Paper IV**).

Most studies so far have focused either on intra-host viral evolution or on functional aspects of the immune system. Few attempts have been made to apply the full phylodynamic framework specifically developed to investigate the interplay between pathogen evolution and host immune response [88]. Immunological (REFs) and evolutionary studies [90, 132, 145] have provided important insights in the HIV field, but correlates of protection still remain elusive because, as demonstrated in the present work, they require study design and experimental settings able to integrate both immunological and viral evolutionary findings.

Paper I provided insights into the roles of polyfunctional CD8⁺ T cells and IL-2-producing T cells in constraining the tempo and mode of HIV-1 evolution in HLA-B*5701 subjects. This suggests that these biomarkers may serve as additional measures of risk for disease progression, including both viral evolutionary dynamics and host immune responses [92]. Additionally, **Paper II** provided a possible mechanism for different risk of HIV-1 disease progression in HLA-B*5701 subjects. This may have significant translational impact on clinical practice since synonymous rates, which are proportional to *in vivo* replication rates, could be used as an evolutionary marker of disease progression in HLA-B*5701 subjects. Finally, **Paper IV** provided insights into how host genetic factors impact viral population dynamics and HIV-1 disease progression.

Correlates of protection, in other words, likely involve both evolutionary and immunological biomarkers. Through a study design including extensive clinical and immunological observations (measurement of polyfunctional CD8⁺ T cell responses, T cell activation, HLA-typing, CD4⁺ T cell counts, viral load), as well as high-resolution phylodynamic analysis (genealogies from longitudinal samples, Bayesian estimates of evolutionary rates and effective population size, and temporal structure analysis of viral genealogies) it is possible to unify viral and immunological patterns within a coherent model. By using this approach, new models could be developed to explain HIV-1 pathogenesis and risk of disease progression, as well as shed new light on how host genetic factors impact HIV-1 intra-host population dynamics.

The studies described in this thesis have provided valuable insights in the HIV field, but also call for further investigation, as several key questions remain unanswered. First, in order to confirm the findings in **Papers I-IV** and increase statistical power, the same type of studies would need to be performed on a larger number of patients. Second, samples from acute infection should be included, if possible, to characterize the earliest immunological and evolutionary events. Third, it is important to further investigate the viral dynamics in the non-HLA-B*57 control subjects by obtaining nonsynonymous and synonymous divergence, replication capacity and T cell activation data. Then, the same methods and analysis described in Paper II for the HLA-B*5701 subjects could be applied to the control data to obtain these results. It is also important to stress that all the studies included in this thesis are based on the gag p24-region. Therefore, knowledge of immunological and viral factors in other regions of the HIV-1 genome would be of value and the data could be obtained by applying the methodologies described in Paper I. It is already known, for example, that several HLA-B*5701-restricted epitopes are located in *nef* [146] and it would be interesting to investigate if any differences in this genomic region could be found in the HLA-B*5701 subjects with different risk of disease progression.

Finally, this thesis shows the power of using a multidisciplinary approach that may have potential translational impact not only in the HIV field, but also in the study of other fast-evolving viruses by providing a general framework unifying viral evolution and immunological patterns.

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