



Institutionen för Fysiologi och Farmakologi

The role of estrogen receptors in the auditory system

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av

Konstantina Charitidi

Leg. Läkare

Huvudhandledare: Professor Barbara Canlon Karolinska Institutet Institutionen för Fysiologi och Farmakologi Enheten för Hörselfysiologi

Bihandledare: Professor Olle Söder Karolinska Institutet Institutionen för Kvinnors och Barns Hälsa Enheten för Barnendokrinologi *Fakultetsopponent:* Professor Günter Ehret Ulm University Department of Neurobiology

Betygsnämnd: Docent Rochellys Diaz Heijtz Karolinska Institutet Institutionen för Neurovetenskap Enheten för Utvecklingsbetingad Kognitiv Neurovetenskap

Professor Matti Anniko Uppsala Universitetet Institutionen för Kirurgiska Vetenskaper Enheten för Öron-, Näs- och Halssjukdomar

Professor Emeritus Ulf Rosenhall Karolinska Institutet Institutionen för Klinisk Neurovetenskap Enheten för Klinisk Audiologi

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ABSTRACT

Both laboratory and clinical studies have previously demonstrated estrogenic effects on the auditory function. The overall scope of this study was to investigate the physiological and molecular involvement of estrogens and estrogen receptors alpha (ER α) and beta (ER β) in hearing physiology. ER α and ER β were localized in a number of central auditory structures in mice, and their differential localization suggested distinct roles in auditory processing. ER expression was assessed in young, prepubertal and aged mice with diverging levels of estrogens. Changes in the expression patterns were not uniform between groups, suggesting that region-specific mechanisms regulate ERs expression. Neither age group showed sex differences in ER expression. Chronic 17β-estradiol treatment in ovariectomized mice resulted in molecular changes in the central (inferior colliculus) and peripheral (cochlea) auditory structures. Down-regulation of ERa mRNA in the cochlea and inferior colliculus may be a direct effect of estrogen-induced feedback inhibition of ERa transcription. No changes were noted for ER β mRNA levels, suggesting that ER β is constitutively expressed, rather than directly regulated by circulating hormones. Concurrent with these molecular changes, auditory-related behavioral parameters were altered by 17βestradiol treatment. Improved prepulse inhibition of the acoustic startle response after 17β-estradiol treatment, suggested an estrogenic modulation of sensorimotor gating. Investigation of mice deficient in ERa (ERKO mice), ERB (BERKO mice) and aromatase (ARKO mice) suggested a protective role for ER^β in the auditory system against acoustic trauma. Brain derived neurotrophic factor (BDNF), which is a neuroprotective peptide that can be induced by estrogens, increased in the cochlea after treatment with an ERβ-selective agonist, whereas it was decreased in the cochlea of BERKO and ARKO mice. ERβ-mediated neuroprotective mechanisms against noise exposure involving neurotrophic factor BDNF, were suggestive of estrogens' supportive contributions to the auditory function. Analysis of ERa, ERB and BDNF levels in the cochlea during the reproductive cycle, revealed regulation of ER α but not $ER\beta$ or BDNF by endocrine activity. $ER\alpha$ levels were lower in high-estrogen conditions, suggesting that $ER\alpha$ expression in the peripheral auditory system is regulated by circulating sex hormones and acts as an interface between endocrine activity and the auditory system. Taken together, these results suggest an involvement of estrogens and their receptors along with neurotrophic factors in the physiology of the mammalian auditory system. Unraveling the distinct roles of estrogen receptors in the auditory system may provide novel treatment strategies and pharmacological targets for the support of hearing.

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