Bradycardia Algorithm With a pulse

Circulation. 2005; 112:IV-67 – IV-77

See ACLS Notes

Bradycardia

- 1. HR<50 AND
 - o Inadequate for clinical situation

First Steps: Identify and treat underlying causes

- 1. Maintain patent airway
 - o Noninvasive airway maneuvers
- 2. Assist breathing as needed
- 3. Administer Oxygen (if hypoxemic)
- 4. Monitor
 - o ECG (12 lead if available, identify rhythm, do not delay therapy)
 - Blood pressure
 - o Oximetry (pulse ox)
- 5. Establish IV access

Persistent bradyarrhythmia causing

- Altered mental status (acute)
- o Ongoing ischemic chest pain/discomfort
- o Hypotension
- Other signs of shock
- Acute heart failure
- 1. NO
 - Monitor and observe
- 2. YES
 - o Treat as symptomatic bradycardia

If Poor Perfusion

- 1. Atropine: 0.5 mg IV (while awaiting pacer)
 - \circ May repeat up every 3 5 minutes to a max dose of 3.0 mg
 - o If ineffective, begin pacing
- 2. Prepare for Transcutaneous pacing
 - o Use without delay in high-grade block
 - Second degree Type II block
 - Third degree block
- 3. Consider (while waiting for pacer OR if pacer ineffective)
 - o Epinephrine: 2-10 mcg/ min OR
 - o Dopamine: 2-10 mcg/kg/ min
- 4. Treat contributing causes
- 5. Consider expert consultation

Observe/ Monitor

- 1. If Pulseless Arrest Develops
 - o Pulseless Arrest Algorithm
 - Search for/ treat possible contributing causes
 - The 6 H's
 - Hypovolemia
 - Hypoxia
 - Hydrogen Ion (acidosis)
 - **H**ypo/ Hyperkalemia
 - Hypoglycemia
 - **H**ypothermia
 - The 5 T's
 - Toxins
 - Tamponade (cardiac)
 - Tension pneumothorax
 - Thrombosis
 - Coronary
 - o Pulmonary
 - Trauma
 - o Hypovolemia
 - o Increased ICP

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