# CARBON FOOTPRINT OF APPLE AND PEAR: ORCHARDS, STORAGE AND DISTRIBUTION 

Filipa Figueiredo ${ }^{1}$, Érica G. Castanheira ${ }^{1}$, Manuel Feliciano ${ }^{2}$, M. Ângelo Rodrigues ${ }^{2}$, António Peres ${ }^{2}$, Filipe Maia ${ }^{5}$, António Ramos ${ }^{3,4}$ João Carneiro ${ }^{3,4}$, Vlad C. Coroama ${ }^{1}$ and Fausto Freire ${ }^{1 *}$<br>1: ADAI-LAETA (Center for Industrial Ecology)<br>Department of Mechanical Engineering. University of Coimbra<br>Rua Luís Reis Santos, 3030-788 Coimbra, Portugal<br>*e-mail: fausto.freire@ dem.uc.pt, web: http://www2.dem.uc.pt/CenterIndustrialEcology/

2: Mountain Research Centre (CIMO), ESA- Polytechnic Institute of Bragança Campus de St ${ }^{\text {a }}$ Apolónia, Apartado 1172, 5301-854 Bragança, Portugal

3: Escola Superior Agrária de Castelo Branco
Qta. Sra de Mércules, Apartado 119, 6001-909 Castelo Branco, Portugal
4:CERNAS - Centro de Estudos de Recursos Naturais, Ambiente e Sociedade
5: School of Agriculture, Polytechnic Institute of Bragança Campus de St ${ }^{\text {a }}$ Apolónia, Apartado 1172, 5301-854 Bragança, Portugal

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#### Abstract

Apple and pear represent $51 \%$ of fresh fruit orchards in Portugal. This paper presents a life-cycle (LC) greenhouse gas (GHG) assessment (so-called carbon footprint) of 3 apple and 1 pear Portuguese production systems. An LC model and inventory were implemented, encompassing the farm stage (cultivation of fruit trees in orchards), storage and distribution (transport to retail). The functional unit considered in this study was 1 kg of distributed fruit (at retail). Four different LC inventories for orchards were implemented based on data collected from three farms. Inventory data from two storage companies were also gathered. The main results show that the GHG emissions of apple and pear ranged between 192 and $229 \mathrm{gCO}_{2}$ eq kg fruit ${ }^{-1}$. The GHG emissions (direct and indirect) from the cultivation phase ranged from $36 \%$ to $60 \%$ of total emissions. Fruit storage, which lasted for as much as 8-10 months, was also responsible for significant emissions due to high energy requirements.


## 1. INTRODUCTION

Life-cycle assessment (LCA) is an established tool to assess the potential environmental impacts of products. Apple and pear represent $51 \%$ of fresh fruit orchards in Portugal [1]; however, no LCA was so far published for these types of fruits in Portugal. Some studies were performed for apple in several countries $[2,3,4,5]$ and two LCAs were published for pear in China and Switzerland [5, 6]. This paper presents a life-cycle (LC) greenhouse gas (GHG) assessment of 3 apple and 1 pear production systems in northern and central Portugal.

## 2. LIFE-CYCLE MODEL AND INVENTORY

The LC model and inventory implemented include the farm stage (cultivation of fruit trees in orchards), storage, and distribution (transport to retail). The functional unit considered in this study was 1 kg of distributed fruit (at retail). GHG emissions from the following sources were calculated: diesel combustion from agricultural operations, field $\mathrm{N}_{2} \mathrm{O}$ emissions (direct and indirect), and field $\mathrm{CO}_{2}$ emissions from urea application, on the basis of emission factors from $[7,8,9]$. Emissions from the production of agricultural inputs (emission factors from [7, 9, 10]), fruit transport between orchards and storage companies, and from distribution to retail were also considered.
Four different LC inventories for orchards were implemented based on data collected from three farms: one ("A") in central and two ("B" and "C") in northern Portugal. Orchard A produced apples ("Aa": 22 ha ) and pears ("Ap": 7.4 ha ). Orchards B (13 ha) and C (11 ha) produced apples. Table 1 shows the main input data for the orchards (years 2010 and 2011). The amount of pesticides is shown as a function of the active substance applied. Fruit picking was done manually with a couple of local workers, who travelled a maximum of 6 km to work. The energy required for this commute during the short collecting season was negligible and thus ignored.
Cold storage is essential to extend the life of fruit. Storage of apples and pears can go up to 810 months. Inventory data from two storage companies were collected ("S_A" in the center; "S_F" in the north), as shown in Table 2 for the years 2010 and 2011. Storage S_A is next to orchard A. S_F is 5 km far from orchard B and 2 km from C. Electricity consumption in S_F decreased significantly from 2010 to 2011 due to the installation of new fans and the adoption of a more efficient ventilation control program. Fruits from S_F were transported 215 km to retail in reusable plastic boxes (package not considered in the LCA). Fruits from S_A were transported 65 km to retail in non-reusable cardboard boxes (package accounted for).

## 3. RESULTS AND DISCUSSION

The cumulated GHG emissions of production, storage, and distribution for apple and pear varied between 192 and $229 \mathrm{~g} \mathrm{CO}_{2} \mathrm{eq} \mathrm{kg}_{\text {fruit }}{ }^{-1}$. Fig. 1 shows the GHG emissions (direct and indirect) of the cultivation phase, which ranges from $36 \%$ to $57 \%$ of total emissions. The lowest farming emissions were calculated for apples produced by orchard B in 2011, followed by C $(+13 \%)$ and $\mathrm{A}(+35 \%$ in 2010 and $+43 \%$ in 2011). Cultivation of pears ( Ap ) induced slightly higher emissions than apple cultivation, essentially due to lower
productivity per hectare (as compared to Aa and C ), or due to higher energy consumption (as compared to B). Main contributors to the cultivation phase were: diesel consumption for agricultural operations ( $16 \%$ to $40 \%$ ), electricity used for irrigation ( $15 \%$ to $45 \%$ ), production of fertilizers ( $7 \%$ to $36 \%$ ), fertilization field emissions ( $7 \%$ to $18 \%$ ), and the production of pesticides ( $10 \%$ to $17 \%$ ).

|  | Apple |  |  |  |  |  | Pear |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Orchard | Aa |  | B |  | C | Ap |  |  |
| Inputs | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 1}$ |  |
| Fertilizers |  |  |  |  |  |  |  |  |
| N (kg) | 51.8 | 56.9 | 72.5 | 38.9 | 27.0 | 46.4 | 50.9 |  |
| N organic (kg) | 2.3 | 17.7 | 13.0 | - | 3.0 | 2.0 | 15.8 |  |
| P (kg) | 195.5 | 66.2 | 170.1 | 48.6 | 75.0 | 175.0 | 59.3 |  |
| K (kg) | 42.5 | 80.5 | 237.9 | 83.9 | 152.5 | 38.0 | 72.0 |  |
| CaO (kg) | 230.0 | 27.1 | 121.8 | 14.4 | 325.0 | 205.9 | 24.3 |  |
| MgO (kg) | - | - | 92.6 | - | 102.0 |  |  |  |
| Ca (kg) | 139.9 | 82.2 | - | - | - | 125.2 | 73.6 |  |
| B (kg) | 0.8 | 1.2 | - | - | 0.9 | 0.7 | 1.1 |  |
| Pesticides |  |  |  |  |  |  |  |  |
| Fungicides (kg) | 22 | 31.7 | 3.5 | 4.5 | 5.6 | 19.7 | 28.4 |  |
| Insecticides (kg) | 8.6 | 20.8 | 25 | 7.8 | 21 | 7.7 | 18.6 |  |
| Herbicides (kg) | 6.7 | 1.76 | 4 | 2.4 | 1.8 | 6.0 | 1.6 |  |
| Growth regulators (kg) | 3.7 | 2.77 | - | 0.1 | - | 3.3 | 2.5 |  |
| $\quad$ Pesticides unspecified (g) | 0.16 | 220 | - | - | 100 | 0.1 | 190 |  |
| Irrigation |  |  |  |  |  |  |  |  |
| $\quad$ Water (m |  |  |  |  |  |  |  |  |

Table 1. Main input data and yields of apple and pear cultivation (per hectare).

| Storage | S_A |  | S_F |  |
| :--- | :---: | :---: | :---: | :---: |
| Inputs | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 1}$ |
| Electricity (kWh) | 0.11 | 0.10 | 0.21 | 0.10 |
| Propane (g) | - | - | 0.07 | 0.04 |
| Glycol (ml) | - | - | 0.02 | 0.01 |
| Boxboard (kg) | 0.05 | 0.05 | - | - |
| Water (L) |  |  | 0.07 | 0.04 |

Table 2. Input data (per kg of fruit) of fruit storage.


Figure 1. GHG emissions of apple and pear orchards (per kg of fruit).

Fig. 2 shows the GHG emissions of storage, package and distribution. The 2011 storage emissions were very similar for the two companies (S_A storage accounting for $30 \%$ to $38 \%$ and S_F storage $31 \%$ to $33 \%$ of the total LC emissions). Unlike other food systems, the long-term storage of apples and pears is responsible for significant emissions due to high electricity requirements, since it can last for up to $8-10$ months. Figure 2 also shows the significant reduction in S_F storage emissions from 2010 to 2011 due to the major changes in the ventilation system (results from 2010 were not further analyzed). Finally, distribution from the storage S_A represents less than $9 \%$ of the total LC emissions, while distribution from S_F accounts for around $30 \%$. Our results are consistent with previous LCA studies for fruit orchards production systems in other countries. For example, Stoessel et al., [5] and Liu et al., [6] calculated $82-364 \mathrm{~g} \mathrm{CO}_{2} \mathrm{~kg}_{\text {fruit }}{ }^{-1}$ for cultivation, storage and distribution. Mouron et al., [3] and Milà i Canals et al., [4] only studied the cultivation phase for apples and calculated emissions in the range $40-100 \mathrm{~g} \mathrm{CO}_{2} \mathrm{~kg}_{\text {fruit }}{ }^{-1}$.


Figure 2. GHG emissions of fruit storage and distribution (per kg of fruit).

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