



Sterilization of ophthalmic drugs and intraocular lenses

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Introduction

The most dramatic complication of intraocular lenses (IOLs) implantation is endophthalmitis, an infection caused by bacteria that may occur in the post-surgical period [1]. It may cause severe inflammation, with risk of corneal opacification and even eye loss. The use of drug-loaded IOLs to prevent this problem has deserved special attention by the scientific community.

Experimental

Sterilization conditions			
Sterilization methods		Steam Pressure (60 min, 121°C and 1 bar)	Gamma radiation (3 doses: 5, 15 and 25 kGy)
IOL MATERIAL: Hydrophi with 26%	lic acrylate water	 Sample in aqueous solution in NaCl 120 mM 	 Sample in aqueous solution in NaCl 120 mM

For their development, it is essential to ensure that specific microbiological safety requirements are satisfied. Although well-established terminal sterilization methods are available, concerns have raised regarding the undesirable effects that these techniques may have on the hydrogels. Another important issue is the effect of sterilization on the activity of the loaded drugs.

The **main objective** of this work is to contribute for the clarification of the effects of two different methods of sterilization, steam autoclaving and gamma irradiation, on several ophthalmic drugs and on a polymeric material currently used for the production of intraocular lenses (hydrophilic acrylate with 26% water uptake).





Results



Figure 1. Relative concentration ([drug]_{after sterilization}/ [drug]_{before sterilization}x100) of the ophthalmic drugs before and after sterilization, determined by HPLC.

• The drugs sterilized with steam did not suffer degradation.

• The γ -radiation led to different results depending on the form of presentation of the drugs:

powders were not degraded at any dose;

 drugs in saline solutions suffered some degradation depending on the drug and radiation dose.

• Solutions with and without mannitol did not present significant differences, which led to conclude that mannitol at 5% does not prevent the degradation of the tested drugs, as was suggested by literature [2].

 Concerning the radiation doses, in the case of the solutions, generally 15 kGy and 25 kGy degraded all drugs. So, only 5 kGy was used in further studies. For this dose, diclofenac was the most affected.

• These results were confirmed by antimicrobial assays.



Steam sterilization and γ-radiation sterilization with a dose of 5 kGy did not affect the transmittance and swelling behaviour of the

lenses, but their hydrophilicity slightly increased.

Conclusion

Steam and γ -radiation at 5 kGy do not lead to significant changes of the lenses properties, namely in their swelling behaviour, transmittance and hydrophilicity. However γ -radiation at 5 kGy origins some degradation of all the tested drugs.

Thus, steam seems to be the most promising method for terminal sterilization. Next stage of this work is to study the drug release behaviour of drug load IOLs before and after sterilization.

References

Acknowledgements

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[2] Terryn H., et al. (2007) Int. J. Pharm. 343(1-2):4. To Fundação para a Ciência e a Tecnologia for funding through projects UID/QUI/ 00100/2013 and M-ERA.NET/0005/2012 and to Eng. Paula Matos from CTN for the gamma irradiation.