Sensation

thin pajamas against freshly bathed skin

sand on bare feet

a skirt worn alone when a breeze blows

the breath taken after a bite of hot soup

the rebound of a swing going so high it feels as if it might double over

a pant of anticipation

the fall of a tear

aloe gel on a sunburn

cool fruit salad on a summer day

the first big stretch after a long car ride

the soft ache of wanting

-Laura Partridge

Small Courages

Small courages, gathered like raindrops in the basin of my fears, erode my anguish nourish my mind restore my will to crack the dam that holds me back

-Ralph Brandt

The Truth Is

The truth is,
I don't know or prefer,
any of these same-suited, smile-talking
people
seated everynight, showing slighly
modified hairstyles,
and saying "the truth is".

Helen Straight