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An exploration of available methods and tools to improve the efficiency of systematic review production: a scoping review

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Abstract

Background Systematic reviews (SRs) are time-consuming and labor-intensive to perform. With the growing number of scientific publications, the SR development process becomes even more laborious. This is problematic because timely SR evidence is essential for decision-making in evidence-based healthcare and policymaking. Numerous methods and tools that accelerate SR development have recently emerged. To date, no scoping review has been conducted to provide a comprehensive summary of methods and ready-to-use tools to improve efficiency in SR production.

Objective To present an overview of primary studies that evaluated the use of ready-to-use applications of tools or review methods to improve efficiency in the review process.

Methods We conducted a scoping review. An information specialist performed a systematic literature search in four databases, supplemented with citation-based and grey literature searching. We included studies reporting the performance of methods and ready-to-use tools for improving efficiency when producing or updating a SR in the health field. We performed dual, independent title and abstract screening, full-text selection, and data extraction. The results were analyzed descriptively and presented narratively.

Results We included 103 studies: 51 studies reported on methods, 54 studies on tools, and 2 studies reported on both methods and tools to make SR production more efficient. A total of 72 studies evaluated the validity ($n=69$) or usability ($n=3$) of one method ($n=33$) or tool ($n=39$), and 31 studies performed comparative analyses of different methods ($n=15$) or tools ($n=16$). 20 studies conducted prospective evaluations in real-time workflows. Most studies evaluated methods or tools that aimed at screening titles and abstracts ($n=42$) and literature searching ($n=24$), while for other steps of the SR process, only a few studies were found. Regarding the outcomes included, most studies reported on validity outcomes ($n=84$), while outcomes such as impact on results ($n=23$), time-saving ($n=24$), usability ($n=13$), and cost-saving ($n=3$) were less often evaluated.

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Conclusion For title and abstract screening and literature searching, various evaluated methods and tools are available that aim at improving the efficiency of SR production. However, only few studies have addressed the influence of these methods and tools in real-world workflows. Few studies exist that evaluate methods or tools supporting the remaining tasks. Additionally, while validity outcomes are frequently reported, there is a lack of evaluation regarding other outcomes.

Keywords Rapid review, Systematic review, Evidence synthesis, Scoping review, Method, Automation tools

Introduction

Systematic reviews (SRs) provide the most valid way of synthesizing evidence as they follow a structured, rigorous, and transparent research process. Because of their thoroughness, SRs have a long history in informing health policy decision-making, clinical guidelines, and primary research [1]. However, the standard method employed in high-quality SRs involves many steps that are predominantly conducted manually, resulting in a laborious and time-intensive process lasting an average of fifteen months [2]. With the exponential growth of scientific literature, the challenge of SR development is exacerbated. Especially, this is the case in contexts where timely evidence is imperative and decision-makers need urgent answers, as demonstrated during the coronavirus pandemic [3]. Additionally, researchers' aspirations to undertake SRs prior to initiating new primary studies is hindered by the complex and resource-intensive nature of the SR development process [4].

In response to these challenges, a surge of interest in methods to accelerate SR development occurred in recent years, leading to the emergence of "rapid reviews" (RRs). Methods used in RR development include searching a limited number of bibliographic databases, single-reviewer literature screening, or abbreviated quality assessment [5]. However, depending on various factors, the trade-off between the time saved and the potential reduction in quality and comprehensiveness is a critical issue that must be carefully weighed and discussed with stakeholders. Concurrently, efforts are underway to leverage technological innovations to expedite the research process, involving machine learning, natural language processing, active learning, or text mining to mimic human activities in SR tasks [6]. Supportive tools can offer varying levels of automation and decision-making, ranging from basic file management to fully automated decision-making, as outlined by O'Connor et al. [7]. These levels include semiautomated tools for workflow prioritization to fully automated decision-making processes [7]. Some tools offer researchers ready-to-use applications, while other algorithms are not yet developed into user-friendly tools [8]. Table 1 provides an overview of commonly used terms in this scoping review and their definitions.

While these methods and tools hold promise for enhancing the efficiency of SR production, their

widespread adoption faces challenges, including limited awareness among review teams, concerns about validity, and usability issues [12]. Addressing these barriers requires evaluations to determine the validity and usability of various methods and tools across different stages of the review process [8, 13].

To bridge this gap, we conducted a scoping review to comprehensively map the landscape of methods and tools aimed at improving the efficiency of SR development, assessing their validity, resource utilization (workload/time/costs), and impact on results, as well as exploring usability for all steps of the review process. This review complements another scoping review that identified the most resource-intensive areas when conducting or updating a SR [14]. We mapped the efficiency outcomes of each method and tool against the steps of the SR process. Specifically, our scoping review aimed to answer the following key questions (KQs):

1. Which methods and tools are used to improve the efficiency of SR production?
2. How efficient are these methods or tools regarding validity, resource use, and impact on results?
3. How was the user experience when using these methods and tools?

Methods

We conducted this review as part of working group 3 of EVBRES (Evidence-Bases RESearch) COST Action CA17117 (www.ebvres.eu). We published the protocol for this scoping review on June 18, 2020 (Open Science Framework: <https://osf.io/9423z>).

Study design

We conducted a scoping review following the guidance of Arksey and O'Malley [15], Levac et al. [16], and Peters et al. [5]. Within EVBRES, we adopted the definition of a scoping review as "a form of knowledge synthesis that addresses an exploratory research question aimed at mapping key concepts, types of evidence, and gaps in research related to a defined area or field by systematically searching, selecting, and synthesising existing knowledge" [17]. We report our review in accordance with the PRISMA Extension for Scoping Reviews (PRISMA-ScR) [18].

Table 1 Commonly used terms

Term	Definition
Text mining	Text mining refers to the extraction of information from unstructured text data. The process of text mining involves examining large amounts of text data to discover patterns, relationships, and insights that aid informed decision-making. Techniques employed in text mining encompass natural language processing, machine learning, active learning, and statistical analysis [7, 9]
Machine learning	Machine learning is a type of artificial intelligence that enables computer systems to enhance their performance on specific tasks through data-driven learning, rather than explicit programming. This approach involves creating algorithms capable of discerning patterns and relationships within datasets. These algorithms then apply the acquired knowledge to make predictions or decisions when presented with new, unseen data [7]
Active learning	Active learning is a machine learning approach where the algorithm strategically chooses which data to learn from, instead of relying on a pre-labeled dataset. In this method, the algorithm iteratively identifies the most informative data points that require labeling by a human expert. These labeled data points are then used to refine and update the model. This cycle is repeated until the model reaches a satisfactory level of accuracy or until further labeling does not enhance the model's performance [7]
Fully automated	Full automated tools make decisions independently without the need for human intervention. For instance, such a tool might autonomously evaluate the risk of bias in a randomized controlled trial, completing the assessment process without requiring input or oversight from a human reviewer [7, 10]
Semiautomated	Semiautomated tools provide decision-making recommendations yet they require human verification to finalize decisions. For example, such tools indicate whether a record is likely suitable for inclusion, but human judgment is needed to make the final in- or exclusion decision. This approach is particularly beneficial in tasks like prioritizing relevant abstracts and detecting duplicates [7, 10]
Supportive tools without automation	Tools supporting the file management process, such as citation databases, reference management tools, and SR management tools, that operate without incorporating any form of automation [7]
Supportive tools	Tools employing text mining, machine and active learning with fully or semiautomated approaches, and non-automated tools that support RR production
Ready-to-use tools	Tools that offer researchers ready-to-use, fully developed applications, while other algorithms are not yet developed into user-friendly tools
Crowdsourcing	Utilizing a large group of human volunteers to perform a task online
Workload saving	Workload saving refers to the reduction in the amount of work required to complete a task or process through abbreviated methods or tools in comparison to SR methodology. In this context, workload saving refers to reducing the number of references or documents that must be screened, reviewed, or analyzed during the review process
Time-saving	Time-saving in this context refers to the reduction in the amount of time measured in hours or minutes required to complete the review process through abbreviated methods or supportive tools
Cost-saving	Cost-saving in this context refers to the reduction in financial expenditures associated with conducting the review process. It mainly encompasses personnel costs required to complete the review
Impact on results	Impact on results in this context refers to changes in statistical significance, effect estimates, or conclusions as a result of abbreviated methods or supporting tools during the review process
Validity outcomes	Validity outcomes in this context describe the degree to which the method or tool is aligned with the SR methodology. Validity is measured as the tool's precision, sensitivity, specificity, accuracy, errors made, etc., compared to SR methods done by humans
Usability	Usability refers to the extent to which end users can use the method/tool in a specific context to achieve specific goals effectively, efficiently, and satisfactorily, and how the end users experienced it [11]. In the context of SR tools, usability is often reported as evaluation results (e.g., usability scores) of the method or tool or end-user experiences including joy of use, interface design, etc

Abbreviations: RR Rapid review, SR Systematic review

Information sources and search

The search for this scoping review followed an iterative three-step process recommended by the Joanna Briggs Institute [19]:

- 1) First, an information specialist (RS) conducted a preliminary limited, focused search in Scopus in March 2020. We screened the search results and analyzed relevant studies to discover additional relevant keywords and sources.
- 2) Second, based on identified search terms from the included studies, the information specialist performed a comprehensive search (November 2021) in MEDLINE and Embase, both via Ovid. The compre-

hensive MEDLINE strategy was reviewed by another information specialist (IK) in accordance with the Peer Review of Electronic Search Strategies (PRESS) guideline [20].

- 3) Third, we checked the reference lists of the identified studies and background articles, conducted grey literature searches (e.g., organizations that produce SRs and RRs), and contacted experts in the field. In addition, to identify grey literature, we searched for conference proceedings covered in Embase and checked if the associated full text was available. We also searched the systematicreviewtools.com website for additional evaluation studies using the search strategy employed by colleagues working in this field [21].

We limited the database searches to articles on methodological adaptations published since 1997, as this was the first year of mention in the published literature of methods to make the review process more efficient [22]. For tools, we limited the search to articles published since 2005, as this was the first year of mention of a text mining model in the published literature, according to Jonnalagadda and Petitti [23]. The search strategies are provided in Appendix 1. Our search was updated on December 14, 2023 to include evidence published since our initial search.

Eligibility criteria

The eligibility criteria are outlined in Table 2. Our focus was on incorporating primary studies that assessed the efficacy of automated, ready-to-use applications of tools, or RR methods within the SR process. Specifically, we sought tools that demand no programming expertise, relying instead on user-friendly interfaces devoid of complex codes, syntaxes, or algorithms. We were interested in studies assessing their use within one or more of the fifteen steps of the SR process as defined by Tsafnat et al. (2014), further supplemented by the steps “critical appraisal,” “grading the certainty of evidence,” and “administration/project management” [24] [14] (Fig. 1).

Study selection

We piloted the abstract screening with 50 records and the full-text screening with five records. Following the

piloting, the results were discussed with all reviewers, and the screening guidance was updated to include clarifications wherever necessary. The review team used Covidence (www.covidence.org) to dually screen titles/abstracts and full texts. We resolved conflicts throughout the screening process through re-examination of the study and subsequent discussion and, if necessary, by consulting a third reviewer.

Data charting

We developed a data extraction form and pilot-tested it before implementation using Google Forms. The data abstraction was done by one author and checked by a second author to ensure consistency and correctness in the extracted data. A third author made final decisions in cases of discrepancies. We extracted relevant study characteristics and outcomes per review step.

Data mapping

We mapped the identified methods and tools by each review step and summarized the outcomes of individual studies. As the objective of this scoping review was to descriptively map efficiency outcomes and the usability of methods and tools against SR production steps, we did not apply a formal certainty of evidence or risk of bias (RoB) assessment. Additionally, we used data mapping to identify research gaps.

Table 2 Eligibility criteria for study inclusion in the scoping review

	Inclusion criteria	Exclusion criteria
Topic	Studies reporting the performance of methods/ready-to-use tools with regard to improving efficiency when producing or updating a SR in the health field	Studies not reporting on improving efficiency Studies assessing algorithms, classifiers, or models that are not usable as tools
Concept	Addressing improvement in efficiency within one or more steps of a SR or RR (as depicted in Fig. 1) of health intervention or diagnostic or prognostic studies	Studies assessing other steps such as the dissemination of results
Outcomes	Workload saved Time saved Personnel effort saved Costs saved Impact on results, conclusions Usability Validity outcomes: for example, recall (sensitivity), precision, accuracy, specificity, false positives, false negatives, reliability, proportion of relevant studies missed, prediction performance, ordering performance	Any other outcomes
Study design/ publication type	Evaluation study of method/ready-to-use tool (e.g., method studies, RCTs, nRCTs, cohort studies,..)	Development studies of ready-to-use tools Validation studies of of ready-to-use tools Evaluation studies of tools that are no longer available
Full text availability	Full text retrievable via our libraries	Full text not retrievable via our libraries
Timing	Studies assessing methods: 1997 Studies assessing tools: 2005	
Language	All languages	

Abbreviations: nRCT Nonrandomized-controlled trial, RCT Randomized controlled trial, RR Rapid review, SR Systematic review

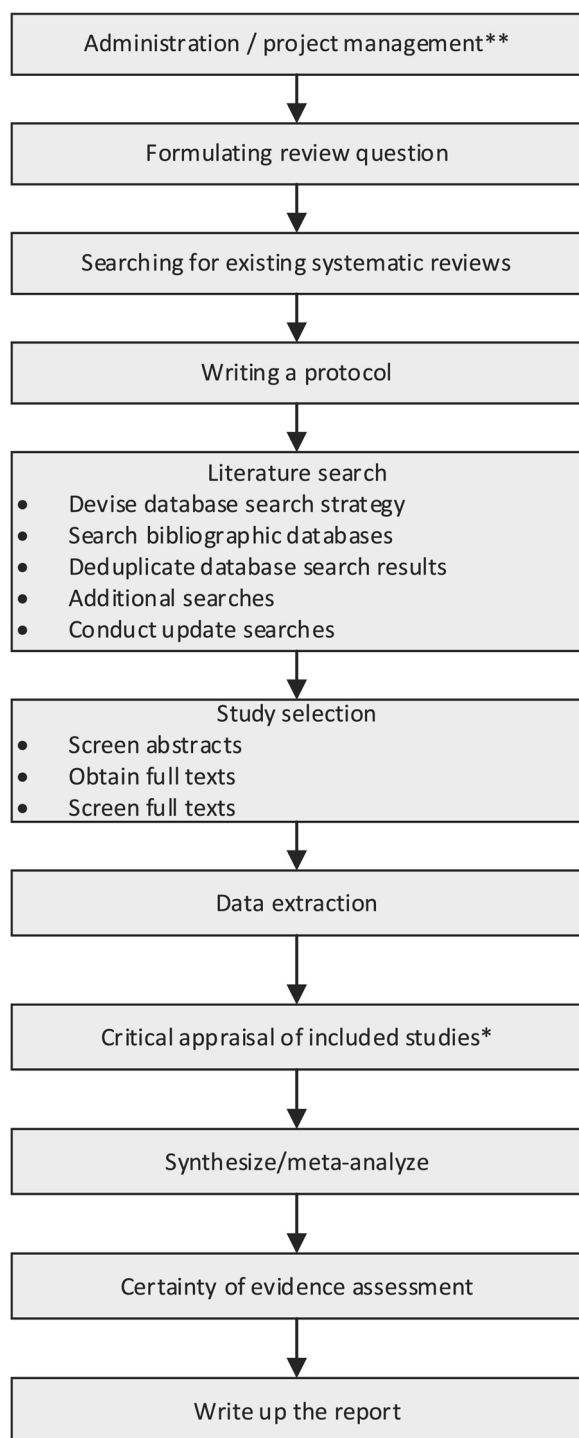


Fig. 1 Steps of the SR process. *added to Tsafnat et al.'s list [25]. ** added based on Nussbaumer-Streit et al. [14]

Results

We included 103 studies [10, 26–127] evaluating 21 methods ($n=51$) [26, 29, 30, 32, 34, 38, 40–43, 51, 53, 54, 56, 61, 62, 65–67, 73, 75, 77, 79, 80, 82, 83, 85–93, 100–102, 105,

107, 109–112, 114, 115, 117, 122, 123, 126, 127] and 35 tools ($n=54$) [10, 27, 28, 31, 33, 35–37, 39, 44–50, 52, 55, 57–60, 63, 64, 68–72, 74–76, 78, 81, 84, 94–99, 103, 104, 106, 108, 109, 113, 116, 118–121, 125, 128] (Fig. 2: PRISMA study flowchart). Table 3 provides an overview of the identified methods and tools. A total of 73 studies were validity studies ($n=70$) [26–35, 38, 40, 44–47, 49, 50, 52, 53, 57–59, 61, 63–67, 70, 71, 76, 78–80, 82–86, 88–92, 95–98, 100, 102–104, 106–113, 115–118, 120–123, 125, 126] or usability studies ($n=3$) [60, 68, 69] assessing a single method or tool, and 30 studies performed comparative analyses of different methods or tools [10, 36, 37, 39, 41–43, 48, 51, 54–56, 62, 72–75, 77, 81, 87, 93, 94, 99, 101, 105, 109, 114, 119, 127, 128]. Few studies prospectively evaluated methods or tools in a real-world workflow ($n=20$) [10, 28, 33, 36, 47, 51, 68, 69, 78, 79, 89, 91, 95, 99, 106, 109, 113, 115, 126, 128], 7 studies of those used independent testing (by a different reviewer team) with external data [10, 36, 47, 95, 99, 113, 128].

The majority of studies evaluated methods or tools for supporting the tasks of title and abstract screening ($n=42$) [33, 36, 37, 39, 44–46, 48, 49, 52, 56, 59, 60, 64, 74, 80, 83–85, 87–91, 95–97, 101, 103, 106–109, 113–115, 118–121, 126, 128] or devising the search strategy and performing the search ($n=24$) [29, 35, 38, 40, 43, 53, 54, 57, 61, 65–67, 73, 82, 92–94, 99, 100, 105, 111, 122, 123, 127] (see Fig. 3). For several steps of the SR process, only a few studies that evaluated methods or tools were identified: deduplication: $n=6$ [31, 37, 55, 58, 72, 81], additional search: $n=2$ [34, 98], update search: $n=6$ [37, 51, 62, 78, 110, 112], full-text selection: $n=4$ [86, 114, 115, 126], data extraction: $n=11$ [32, 37, 47, 68, 70, 71, 75, 104, 113, 125, 126] (one study evaluated both a method and a tool [75]); critical appraisal: $n=9$, [27, 28, 37, 50, 63, 69, 76, 102, 116], and combination of abbreviated methods/tools: $n=6$ [10, 26, 77, 79, 101, 117] (see Fig. 3). No studies were found for some steps of the SR process, such as administration/project management, formulating the review question, searching for existing reviews, writing the protocol, full-text retrieval, synthesis/meta-analysis, certainty of evidence assessment, and report preparation. In Appendix 2, we summarize the characteristics of all the included studies.

Most studies reported on validity outcomes ($n=84$, 46%) [10, 26–35, 39, 42–59, 62–64, 66, 67, 69–76, 78, 80, 81, 83–91, 94, 96, 97, 99, 101–114, 116–125, 127], while outcomes such as workload saving ($n=35$, 19%) [10, 28, 29, 32, 33, 39, 44–46, 48, 49, 52, 59, 64, 67, 84–87, 91, 95, 97, 103, 105–109, 111, 114, 115, 117, 119, 121, 127], time-saving ($n=24$, 13%) [33–35, 39, 45, 47, 48, 51, 52, 70–72, 74, 75, 87, 91, 96–99, 104, 109, 125, 126]; impact on results ($n=23$, 13%) [26, 32, 38, 40–43, 59, 61, 62, 65, 77, 79, 82, 92, 93, 100, 101, 111, 115, 117, 122, 127],

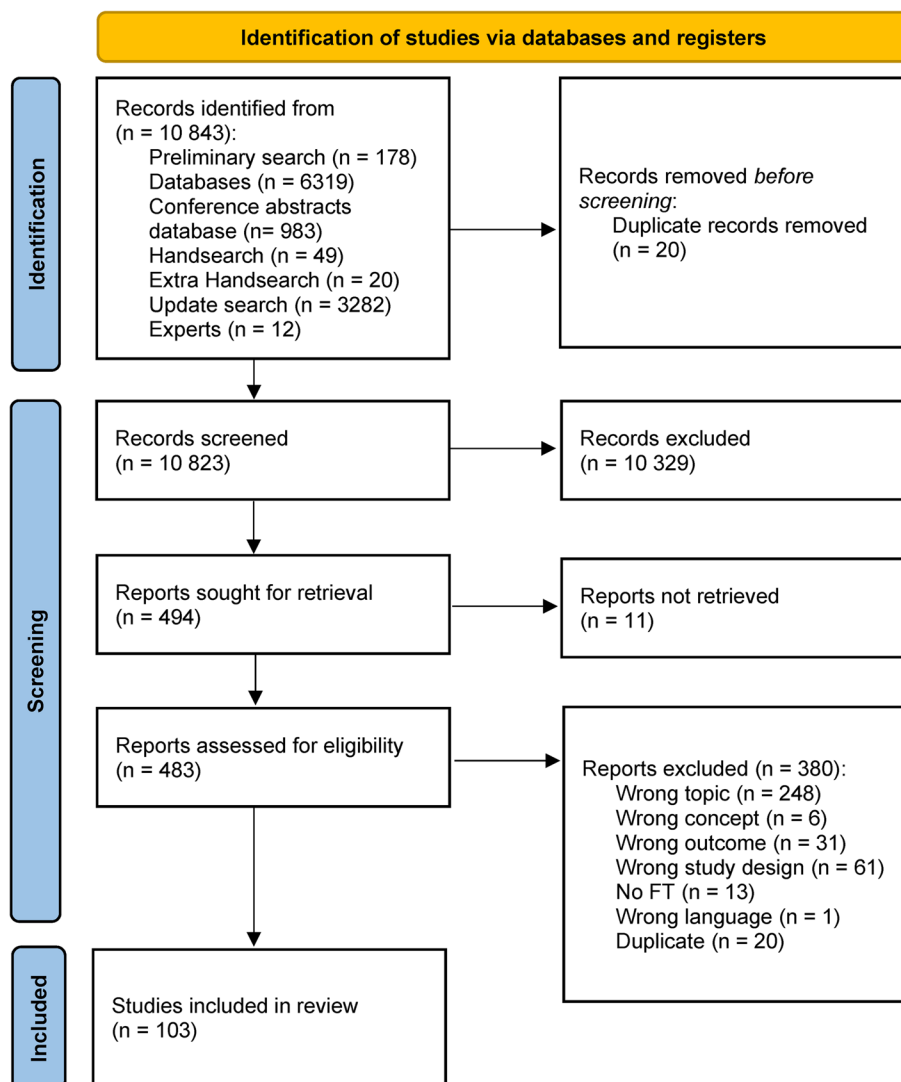


Fig. 2 PRISMA flowchart

usability ($n=13, 7\%$) [36, 37, 39, 60, 68, 69, 78, 94, 95, 97, 98, 121, 125] and cost-saving ($n=3, 2\%$) [33, 83, 114] were less evaluated (Fig. 4: Outcomes reported in the included studies). In Appendix 2, we map the efficiency and usability outcomes per tool and method against the review steps of the SR process. The included studies reported various validity outcomes (i.e., specificity, precision, accuracy) and time, costs, or workload savings to undertake the review. None of the studies reported the personnel effort saved.

Methods or tools for literature search

Search strategy and database search

Five tools (MeSH on Demand [94, 99], PubReMiner [94, 99], Polyglot Search Translator [35], Risklick search

platform [57], and Yale MeSH Analyzer [94, 99]) and three methods (abbreviated search strategies for study type [53, 73, 111], topic [123], or search date [43, 127]; citation-based searching [29, 66, 67]; search restrictions for database [54, 93, 105, 122] and language (e.g. only English articles) [38, 40, 61, 65, 82, 92, 100]) were evaluated in 24 studies [29, 35, 38, 40, 43, 53, 54, 57, 61, 65–67, 73, 82, 92–94, 99, 100, 105, 111, 122, 123, 127] to support devising search strategies and/or performing literature searches.

Tools for search strategies

Using text mining tools for search strategy development (MeSH on Demand, PubReMiner, and YaleMeSH Analyzer)

Table 3 Identified methods and tools per review step

Review step	Methods	Tools
Administration/project management	-	-
Review question formulation	-	-
Search for existing reviews	-	-
Protocol preparation	-	-
Literature search		
Search strategy and database search	<ul style="list-style-type: none"> • Citation-based searching [29, 66, 67] • Search restrictions: database [54, 93, 105, 122], language [38, 40, 61, 65, 82, 92, 100] • Abbreviated search strategies for study type [53, 73, 111], topic [123], or search date [43, 127] 	<ul style="list-style-type: none"> • MeSH on Demand [94, 99] • PubReMiner [94, 99] • Polyglot Search Translator [35] • Risklick search platform [57] • Yale MeSH Analyzer [94, 99]
Deduplication	-	<ul style="list-style-type: none"> • ASySD [58] • EBSCO [72] • EndNote [55, 58, 72, 81] • Covidence [81] • Deduklick [31] • Mendely [55, 72, 81] • OVID [72, 81] • Rayyan [55, 81] • Refworks [72] • SRA- Deduplicator [37, 55, 58] • Zotero [55, 81]
Additional search	<ul style="list-style-type: none"> • Scopus approach [34] 	<ul style="list-style-type: none"> • Paperfletcher [98]
Update search	<ul style="list-style-type: none"> • Clinical Query search combined with PubMed-related articles search [110, 112] • Clinical Query search in MEDLINE and Embase [62] • McMaster Premium Literature Service [62] • PubMed Similar Articles Search [51] • Scopus Citation Tracking [51] 	<ul style="list-style-type: none"> • RobotReviewer LIVE [37, 78]
Study selection		
Title and abstract selection	<ul style="list-style-type: none"> • Crowdsourcing using different (automation) tools [85, 87–91] • Dual computer monitors [126] • Single-reviewer screening [56, 101, 114, 115] • Limited screening: <ul style="list-style-type: none"> o PICO-based title-only screening [107] o Review of reviews [109] • Title-first screening [80] 	<ul style="list-style-type: none"> • AbstrackR [37, 39, 45, 46, 48, 49, 52, 60, 74, 108, 109, 119] • ASReview [84, 96, 103, 121] • ChatGPT [113] • Colandr [39] • Covidence [36, 37, 60] • DistillerSR [37, 44, 48, 59] • EPPI-reviewer [37, 60, 119, 128] • Rayyan [36, 37, 39, 60, 74, 95, 97, 120, 128] • RCT classifier [118] • Research screener [33] • RobotAnalyst [36, 37, 48, 106, 109] • SRA-helper for EndNote [36] • SWIFT-active screener [37, 64] • SWIFT-Review [74]
Full-text retrieval	-	-
Full-text selection	<ul style="list-style-type: none"> • Crowdsourcing using different (automation-) tools [86] • Dual computer monitors [126] • Single-reviewer screening [114, 115] 	-
Data extraction	<ul style="list-style-type: none"> • Dual computer monitors [126] • Single-reviewer data extraction [32, 75] 	<ul style="list-style-type: none"> • ChatGPT [113] • Data Abstraction Assistant [37, 68, 75] • Dextr [125] • ExaCT [47, 71, 104] • Plot Digitizer [70]
Critical appraisal	<ul style="list-style-type: none"> • Crowdsourcing with CrowdCARE [102] 	<ul style="list-style-type: none"> • RobotReviewer [27, 28, 37, 50, 63, 69, 76, 116]
Synthesis/meta-analysis	-	-
Certainty of evidence assessment	-	-
Report preparation	-	-
Combination of abbreviated methods/tools	<ul style="list-style-type: none"> • Rapid review methods with multiple steps combined: abbreviated search/search limits [26, 77, 101, 117], single-reviewer screening/data extraction [26, 117], review of reviews [79], abbreviated critical appraisal [117] 	<ul style="list-style-type: none"> Rapid review tools with multiple steps combined: SRA-Deduplicator, EndNote, Polyglot Search Translator, RobotReviewer, SRA-Helper [10]

Abbreviations: ASReview Automated Systematic Review, ASySD Automated Systematic Synthesis and Data extraction, ChatGPT Chat Generative Pre-trained Transformer (by OpenAI), EPPI Evidence for Policy and Practice Information and Co-ordinating Centre, ExaCT Extraction of Citations Tool, MeSH Medical Subject Headings, PICO Population Intervention Comparison Outcome, PST Polyglot Search Translator, PLUS McMaster Premium Literature Service, RCT Randomized controlled trial, SR Systematic review, SRA Systematic Review Assistant, SWIFT Sciome Workbench for Interactive Computer-Facilitated Text-mining

REPORTING PER REVIEW STEP

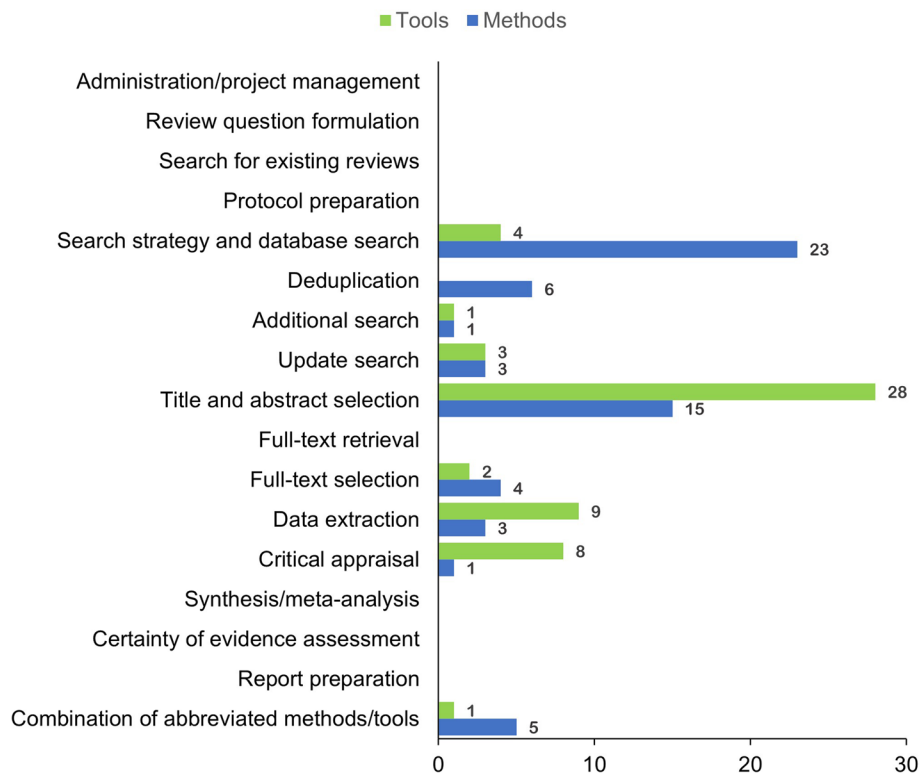


Fig. 3 The number of identified evaluation studies per review step

reduced time expenditure compared to manual searches, with tools saving over half the time required for manual searches (5 h, standard deviation [SD=2] vs. 12 h [SD=8]) [99]. Using supportive tools such as Polyglot Search Translator [35], MeSH on Demand, PubReMiner, and YaleMeSH Analyzer [94, 99] was less sensitive [99] and showed a slightly reduced precision compared to manual searches (11% to 14% vs. 15%) [94]. The Risklick search platform demonstrated a high precision for identifying clinical trials (96%) and COVID-19–related publications (94%) [57].

User ratings by the study authors indicated that PubReMiner and YaleMeSH Analyzer were considered “useful” or “extremely useful,” while MeSH on Demand received the rating “not very useful” on a 5-point Likert scale (from extremely useful to least useful) [94].

Abbreviated search strategies for study type, topic, or search date

Two studies evaluated an abbreviated search strategy (i.e., Cochrane highly sensitive search strategy) [53] and a brief RCT strategy [111] for identifying RCTs. Both achieved high sensitivity rates of 99.5% [53] and 94% [111] while reducing the number of records requiring screening by 16% [111]. Although some RCTs were

missed using abbreviated search strategies, there were no significant differences in the conclusions [111].

One study [123] assessed an abbreviated search strategy using only the generic drug name to identify drug-related RCTs, achieving high sensitivities in both MEDLINE (99%) and Embase (99.6%) [123].

Lee et al. (2012) evaluated 31 search filters for SRs and meta-analyses, with the health-evidence.ca Systematic Review search filter performing best, maintaining a high sensitivity while reducing the number of articles needing for screening (90% in MEDLINE, 88% in Embase, 90% in CINAHL) [73].

Furuya-Kanamori et al. [43] and Xu et al. [127] investigated the impact of restricting search timeframes on effect estimates and found that limiting searches to the most recent 10 to 15 years resulted in minimal changes in effect estimates (<5%) while reducing workload by up to 45% [43, 127]. Nevertheless, this approach missed 21% to 35% of the relevant studies [43].

Citation-based searching

Three studies [29, 66, 67] assessed whether citation-based searching can improve efficiency in systematic reviewing. Citation-based searching achieved a reduction in the

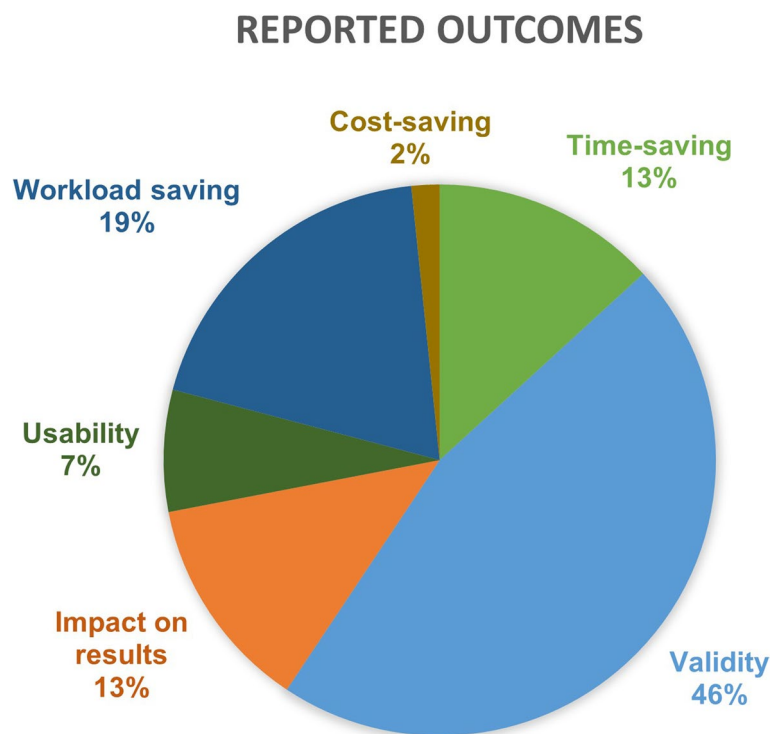


Fig. 4 Outcomes reported in the included studies

number of retrieved articles (50% to 89% fewer articles) compared to the original searches while still capturing a substantial proportion of 75% to 82% of the included articles [29, 67].

Restricted database searching

Seven studies assessed the validity of restricted database searching and suggested that searching at least two topic-related databases yielded high recall and precision for various types of studies [30, 41, 42, 54, 93, 105, 122].

Preston et al. (2015) demonstrated that searching only MEDLINE and Embase plus reference list checking identified 93% of the relevant references while saving 24% of the workload [105]. Beyer et al. (2013) emphasized the necessity of searching at least two databases along with reference list checking to retrieve all included studies [30]. Goossen et al. (2018) highlighted that combining MEDLINE with CENTRAL and hand searching was the most effective for RCTs (Recall: 99%), while for nonrandomized studies, combining MEDLINE with Web of Science yielded the highest recall (99.5%) [54]. Ewald et al. (2022) showed that searching two or more databases (MEDLINE/CENTRAL/Embase) reached a recall of $\geq 87.9\%$ for identifying mainly RCTs [42]. Additionally, Van Enst et al. (2014) indicated that restricting searches to MEDLINE alone might slightly overestimate the results compared to broader database searches in

diagnostic accuracy SRs (relative diagnostic odds ratio: 1.04; 95% confidence interval [CI], 0.95 to 1.15) [122]. Nussbaumer-Streit et al. (2018) and Ewald et al. (2020) found that combining one database with another or with searches of reference lists was noninferior to comprehensive searches (2%; 95% CI, 0% to 9%; if opposite conclusion was of concern) [93] as the effect estimates were similar (ratio of odds ratios [ROR] median: 1.0 interquartile range [IQR]: 1.0–1.01) [41].

Restricted language searching

Seven studies found that excluding non-English articles to reduce workload would minimally alter the conclusions or effect estimates of the meta-analyses. Two studies found no change in the overall conclusions [61, 92], and five studies [38, 61, 65, 92, 100] reported changes in the effect estimates or statistical significance of the meta-analyses. Specifically, the statistical significance of the effect estimates changed in 3% to 12% of the meta-analyses [38, 61, 65, 92, 100].

Deduplication

Six studies [31, 37, 55, 58, 72, 81] compared eleven supportive software tools (ASySD, EBSCO, EndNote, Covidence, Deduklick, Mendeley, OVID, Rayyan, RefWorks, Systematic Review Accelerator, Zotero). Manual deduplication

took approximately 4 h 45 min, whereas using the tools reduced the time by 4 h 42 min to only 3 min [72]. False negative duplicates varied from 36 (Mendeley) to 258 (EndNote), while false positives ranged from 0 (OVID) to 43 (EBSCO) [72]. The precision was high with 99% to 100% for Deduklick and ASySD, and the sensitivity was highest for Rayyan (ranging from 99 to 100%) [55, 58, 81], followed by Covidence, OVID, Systematic Review Accelerator, Mendeley, EndNote, and Zotero [55, 58, 81]. However, Cowie et al. reported that the Systematic Review Accelerator received a low rating of 9/30 for its features and usability [37].

Additional literature search

Paperfetcher, identified as an application to automate additional searches as handsearching and citation searching, saved up to 92.0% of the time compared to manual handsearching and reference list checking, though validity outcomes for Paperfetcher were not reported [98]. Additionally, the Scopus approach, in which reviewers electronically downloaded the reference lists of relevant articles and screened only new references dually, saved approximately 62.5% of the time compared to manual checking [34].

Update literature search

We identified one tool (RobotReviewer LIVE) [37, 78] and five methods (Clinical Query search combined with PubMed-related articles search, Clinical Query search in MEDLINE and Embase, searching the McMaster Premium Literature Service [PLUS], PubMed similar articles search, and Scopus citation tracking) [51, 62, 110, 112] for improving the efficiency of updating literature searches. RobotReviewer LIVE showed a precision of 55% and a high recall of 100% [78] with limitations including search restricted to MEDLINE, consideration of only RCTs, and low usability scores for features [37, 78].

The Clinical Query (CQ) search, combined with the PubMed-related articles search and the CQ search in MEDLINE and Embase, exhibited high recall rates ranging from 84 to 91% [62, 110, 112], while the PLUS database had a lower recall rate of 23% [62]. The PubMed similar articles search and Scopus citation tracking had a low sensitivity of 25% each, with time-saving percentages of 24% and 58%, respectively [51]. However, the omission of studies from searching the PLUS database only did not significantly change the effect estimates in most reviews (ROR: 0.99; 95% CI, 0.87 to 1.14) [62].

Methods or tools for study selection

Title and abstract selection

We identified 42 studies evaluating 14 supportive software tools (AbstrackR, ASReview, ChatGPT, Colandr, Covidence, DistillerSR, EPPI-reviewer, Rayyan, RCT

classifier, Research screener, RobotAnalyst, SRA-Helper for EndNote, SWIFT-active screener, SWIFT-review) [33, 36, 37, 39, 44–46, 48, 49, 52, 59, 60, 64, 74, 84, 95–97, 103, 106, 108, 109, 113, 118–121, 128] using advanced text mining and machine and active learning techniques, and five methods (crowdsourcing using different [automation] tools, dual computer monitors, single-reviewer screening, PICO-based title-only screening, limited screening [review of reviews]) [56, 80, 83, 85, 87–91, 101, 107, 109, 114, 115, 126] for improving the title and abstract screening efficiency. The tested datasets ranged from 1 to 60 SRs and 148 to 190,555 records.

Tools for title and abstract selection

Various tools (e.g., EPPI-Reviewer, Covidence, DistillerSR, and Rayyan) offer collaborative online platforms for SRs, enhancing efficiency by managing and distributing screening tasks, facilitating multiuser screening, and tracking records throughout the review process [129].

In a semiautomated tool, the tool provide suggestions or probabilities regarding the eligibility of a reference for inclusion in the review, but human judgment is still required to make the final decision [7, 10]. In contrast, in a fully automated system, the tool makes the final decision without human intervention based on predetermined criteria or algorithms. Some tools provide fully automated screening options (e.g., DistillerSR), semiautomated (e.g., RobotAnalyst), or both (e.g., AbstrackR, DistillerAI) using machine learning or natural language processing methods [7, 10] (see Table 1).

Among the eleven semi- and fully -automated tools (AbstrackR [37, 39, 45, 46, 48, 49, 52, 60, 74, 108, 109, 119], ASReview [84, 96, 103, 121], ChatGPT [113], Colandr [39], DistillerSR [37, 44, 48, 59], EPPI-reviewer [37, 60, 119, 128], Rayyan [36, 37, 39, 74, 95, 97, 120, 128], RCT classifier [118], Research screener [33], RobotAnalyst [36, 37, 48, 106, 109], SRA-helper for EndNote [36], SWIFT-active screener [37, 64], SWIFT-review [74]). ASReview [84, 96, 103, 121] and Research Screener [33] demonstrated a robust performance, identifying 95% of the relevant studies while saving 37% to 92% of the workload. SWIFT-active screener [37, 64], RobotAnalyst [36, 37, 48, 106, 109], and Rayyan [36, 37, 95, 97, 120] also performed well, identifying 95% of the relevant studies with workload savings from 34 to 49%. EPPI-Reviewer identified all the relevant abstracts after screening 40% to 99% of the references across reviews [119]. DistillerAI showed substantial workload savings of 53% while identifying 95% of the relevant studies [59], with varying degrees of validity [44, 48, 59]. Colandr and SWIFT-Review exhibited sensitivity rates of 65% and 91%, respectively,

with 97% workload savings and around 400 min of time saved [39, 74]. ChatGPT's sensitivity was 100% [113] and RCT classifiers recall was 99% [118]; workload or time savings were not reported [113, 118]. AbstrackR showed a moderate performance with a potential workload savings from 4% up to 97% [39, 45, 46, 48, 49, 52, 108, 109, 119] while missing up to 44% of the relevant studies [39, 46, 49, 52, 109]. Covidence and SRA-Helper for EndNote did not report validity outcomes.

Most of the supportive software tools were easy to use or learn, suitable for collaboration, and straightforward for inexperienced users (ASReview, AbstarckR, Covidence, SRA-Helper, Rayyan, RobotAnalyst) [36, 37, 45, 60, 95, 97, 121]. Other tools were more complex regarding their usability but were useful for large and complex projects (DistillerSR, EPPI-Reviewer) [37, 48, 60]. Poor interface quality (AbstrackR) [60], issues with help section/response time (RobotAnalyst, Covidence, EPPI) [36, 60], and overloaded side panel (Rayyan) [36] were weaknesses reported in the studies.

Methods for title and abstract selection

Among the four methods identified (dual computer monitors, single-reviewer screening, crowdsourcing using different [automation] tools, and limited screening [review of reviews, PICO-based title-only screening, title-first screening]) [56, 80, 83, 85, 87–91, 101, 114, 115, 126] for supporting title and abstract screening, crowdsourcing in combination with screening platforms or machine learning tools demonstrated the most promising performance in improving efficiency. Studies by Noel-Storr et al. [83, 88–91] found that the Cochrane Crowd plus Screen4Me/RCT classifier achieved a high sensitivity ranging from 84 to 100% in abstract screening and reduced screening time. Crowdsourcing via Amazon Mechanical Turk yielded correct inclusions of 95% to 99% with a substantial cost reduction of 82% [83]. However, the sensitivity was moderate when the screening was conducted manually by medical students or on web-based platforms (47% to 67%) [87].

Single-reviewer screening missed 0% to 19% of the relevant studies [56, 101, 114, 115] while saving 50% to 58% of the time and costs, respectively [114]. The findings indicate that single-reviewer screening by less-experienced reviewers could substantially alter the results, whereas experienced reviewers had a negligible impact [101].

Limited screening methods, such as reviews of reviews (also known as umbrella reviews), exhibited a moderate sensitivity (56%) and significantly reduced the number of citations needed to screen [109]. Title-first screening and PICO-based title screening demonstrated an accurate

validity, with a recall of 100% [80, 108] and a reduction in screening effort ranging from 11 to 78% [108]. However, screening with dual computer monitors did not notably improve the time saved [126].

Full-text selection

For full-text screening, we identified three methods: crowdsourcing [86], using dual computer monitors [126], and single-reviewer screening [114, 115]. Using crowdsourcing in combination with the CrowdScreenSR saved 68% of the workload [86]. With dual computer monitors, no significant difference of time taken for the full-text screening was reported [126]. Single-reviewer screening missed 7% to 12% of the relevant studies [115] while saving only 4% of the time and costs [114].

Methods or tools for data extraction

We identified 11 studies evaluating five tools (ChatGPT [113], Data Abstraction Assistant (DAA) [37, 68, 75], Dextr [125], ExaCT [47, 71, 104] and Plot Digitizer [70]) and two methods (dual computer monitors [126] and single data extraction [32, 75]) to expedite the data extraction process.

ExaCT [47, 71, 104], DAA [37, 68, 75], Dextr [125], and Plot Digitizer [70] achieved a time reduction of up to 60% [104, 125], with precision rates of 93% for ExaCT [71, 104] and 96% for Dextr and an error rate of 17% for DAA [68, 75]. Manual extraction by two reviewers and with the assistance of Plot Digitizer showed a similar agreement with the original data, showing a slightly higher agreement with the assistance of Plot Digitizer (Plot Digitizer: 73% and 75%, manual extraction: 66% and 69%) [70]. A total of 87% of manually extracted data elements matched with ExaCT, resulting in qualitatively altered meta-analysis results [104]. ChatGPT demonstrated consistent agreement with human researchers across various parameters ($\kappa=0.79-1$) extracted from studies, such as language, targeted disease, natural language processing model, sample size, and performance parameters, and moderate to fair agreement for clinical task ($\kappa=0.58$) and clinical implementation ($\kappa=0.34$) [113]. Usability was assessed only for DAA and Dextr, with both tools deemed very easy to use [68, 125], although DAA scored lower on feature scores, while Dextr was noted for its flexible interface [125].

Single data extraction and dual monitors reduced the time for extracting data by 24 to 65 min per article [32, 75, 126], with similar error rates between single and dual data extraction methods (single: 16% [75], 18% [32], dual: 15% [32, 75]) and comparable pooled estimates [32, 75].

Methods or tools for critical appraisal

We identified nine studies reporting on one software tool (RobotReviewer) [27, 28, 37, 50, 63, 69, 76, 116] and one method (crowdsourcing via CrowdCARE) [102] for improving critical appraisal efficiency. Collectively, the study authors suggested that RobotReviewer can support but not replace RoB assessments by humans [27, 28, 50, 63, 69, 76] as performance varied per RoB domain [27, 50, 63, 116]. The authors reported similar completion times for RoB appraisal with and without RobotReviewer assistance [28]. Reviewers were equally as likely to accept RobotReviewer's judgments as one another's during consensus (83% for RobotReviewer, 81% for humans) [69], showing similar accuracy (RobotReviewer assisted RoB appraisal: 71%, RoB appraisal by two reviewers: 78%) [28, 76]. The reviewers generally described the tool as acceptable and useful [69], whereby collaboration with other users is not possible [37].

Combination of abbreviated methods/tools

Five studies evaluated RR methods [26, 77, 79, 101, 117], and one study evaluated various tools [10] combining multiple review steps. While two case studies found no differences in findings between RR and SR approaches [79, 117], another author/paper/study found in two of three RRs that no conclusion could be drawn due to insufficient information [26]. Additionally, in a study including three RRs, RR methods affected almost one-third of the meta-analyses with less precise pooled estimates [101]. Marshall et al. (2019) included 2,512 SRs and reported a loss of all data in 4% to 45% of the meta-analyses and changes of 7% to 39% in the statistical significance due to RR methods [77]. Automation tools (SRA- Deduplicator, EndNote, Polyglot Search Translator, RobotReviewer, SRA-Helper) reduced the person-time spent on SR tasks (42 h versus 12 h) [10]. However, error rates, falsely excluded studies, and sensitivity varied immensely across studies [26, 117].

Discussion

To the best of our knowledge, this is the first scoping review to map evaluated methods and tools for improving the efficiency of SR production across the various review steps. We conducted this scoping review to bridge the gap in understanding the validity and usability of various methods and tools across different stages of the systematic review process, addressing the challenges of limited awareness, concerns about validity, and usability issues among review teams. We describe which review steps methods and ready-to-use tools are available and have been evaluated. Additionally, we provide an overview of the contexts in which these methods and tools

were evaluated, such as real-time workflow testing and the use of internal or external data.

Across all the SR review steps, most studies evaluated study selection, followed by literature searching and data extraction. Around half of the studies evaluated tools and half of the studies methods. For study selection, most of the tools offered semiautomated-assisted screening by classifying or ranking references. The methods focused mainly on limiting the review team's human resources, for example, through single-reviewer screening or by distributing the tasks to a crowd or students.

Two scoping reviews, one on tools [8] and one on methods [13] to support the SR process, are in line with this result, as the authors also identified these tasks as the most frequently evaluated in the literature [8, 13]. As shown by our scoping review and others [8], a major focus on (semi) automation tools for study selection occurred in recent years. This is important, as a recent study on resource use found that study selection and data extraction are the most resource-intensive tasks besides administration and project management as well as critical appraisal [14].

For the following tasks, we could not identify a single study evaluating a tool or method: administration/project management, formulating the review question, writing the protocol, searching for existing reviews, full-text retrieval, synthesis/meta-analysis, certainty of evidence assessment, and report preparation. However, all of these tasks are also time-consuming, especially according to the study by Nussbaumer-Streit et al. [14]. Project management requires the largest proportion of SR production time [14]. To our knowledge, tools supporting project management are already available, such as Covidence, DistillerSR, EPPI-Reviewer, or simple online platforms such as Google Forms, which can also support managing and coordinating projects. However, no evaluations of these support platforms were found. Similarly, while innovative software tools such as large language models (e.g., ChatGPT) or other technological solutions (e.g. Shiny app for producing PRISMA flow-diagrams [130]) show promise in supporting tasks such as report preparation, there is a lack of formal evaluation in this context as well. This is relevant for future research that aims to improve SR production since these tasks are extremely resource-intensive.

Our scoping review identified several research gaps. There is a lack of studies evaluating the usability of tools and methods. No study evaluated the usability of any single method. Only for the study selection task did we identify multiple studies evaluating the usability of tools. However, an important factor in adopting tools and methods is their user-friendliness [12, 131] and their fit with standard SR workflows [7, 48]. Furthermore, if

usability was considered, this was often evaluated in a nonformal or standardized way employing various scales, questions, and feedback mechanisms. To enable meaningful comparisons between different methods, there is a clear need for a formal analysis of user experience and usability. Therefore, authors and review teams would benefit from comparable usability studies on methods and tools that aim to improve the SR process's efficiency.

Few studies exist that evaluate the impact on results when using accelerated methods or tools. We identified 25 studies (13%) where the odds ratio changed by 0% to 63% depending on the method or tool [41, 61, 62, 92, 100, 122, 132]. Marshall et al. (2019) stated that there has not been a large-scale evaluation of the effects of RR methods on the number of falsely excluded studies and the consequent changes in meta-analysis results [133]. Indeed, understanding the potential impact of different methods and tools on the results is fundamental, as emphasized by Wagner et al. (2016) [134]. Wagner et al. conducted an online survey of guideline developers and policymakers, aiming to discover how much incremental uncertainty about the correctness of an answer would be acceptable in RRs. They found that participants demanded very high levels of accuracy and would tolerate a median 10% risk of wrong answers [134]. Therefore, studies focusing on the impact on results and conclusions through RR methods and tools are warranted.

The majority of studies retrospectively evaluated only a single tool or method using existing internal data, offering limited insights into real-world adoption. Prospective studies within a real-time workflow study ($n=20$) [10, 28, 33, 36, 47, 51, 68, 69, 78, 79, 89, 91, 95, 99, 106, 109, 113, 115, 126, 128], comparing several tools and methods ($n=6$) [10, 36, 51, 99, 109, 128] or from independent reviewer teams using their own dataset ($n=7$) [10, 36, 47, 95, 99, 113, 128], are scarce. However, such studies are crucial for providing valid comparative evidence on validity, workload savings, usability, impact on results, and real-world benefits. Particularly for automated title and abstract screening, where most tools function similarly, key information such as the stopping rule (indicating when screening can cease) is essential. Notably, there is limited research ($n=8$) [52, 64, 95, 96, 108, 109, 120, 128] exploring the combined effects of algorithmic re-ranking and stopping criterion determination in automated title and abstract screening. Furthermore, studies assessing the influence of automated tools (e.g., re-ranking algorithms) on human decision-making are lacking. Therefore, simulation and prospective real-time studies evaluating the workflow between manual procedures and tools with stopping criterion are warranted.

The balance between the time saved and the potential reduction in quality and comprehensiveness is influenced

by various factors, including the decision-making urgency, resource availability, and the decision-makers' specific needs. However, accelerated approaches are not universally appropriate. In situations where the thoroughness and rigor of the evidence are paramount—such as in developing clinical guidelines, conducting health technology assessments, or addressing areas with significant scientific uncertainty—the risk of missing critical evidence or drawing inaccurate conclusions outweighs the benefits of speed.

Given the heterogeneity in study designs and contexts, there is a pressing need for standardized frameworks for the evaluation and reporting of tools and methods for SR production. Furthermore, researchers should be aware of the importance of testing methods and tools with their own datasets and contextual factors. Pretraining both the tools and the crowd before implementation is essential for optimizing efficiency and ensuring reliable outcomes. However, we believe our findings are generalizable to other types of evidence syntheses, such as scoping reviews, reviews of reviews, or RRs. Additionally, we highlight that a part of the Rapid Review Methods Series [129] offers guidance on the use of supportive tools, aiming to assist researchers in effectively navigating the complexities of SR and RR production.

Our scoping review has several limitations. First, our inclusion criteria focused solely on studies mentioning efficiency improvements. While this criterion aimed to strike a balance between screening workload and sensitivity, it may have inadvertently excluded relevant studies that did not explicitly highlight efficiency gains. We might have missed relevant studies. Second, the heterogeneity among the included studies poses challenges in generalizing the findings to other review teams and contexts. The narrow focus of many studies, along with their publication primarily in English and focus on specific study types, further limits the generalizability of our findings. Moreover, the limited proportion of studies (29%, 30/103) comparing different tools and methods on the same dataset within the same study accentuates the need for caution while interpreting the findings. However, we think the validity and usability outcomes reported in this scoping review provide a good orientation.

Conclusion

Based on the identified evidence, various methods and tools for literature searching and title and abstract screening are available with the aim of improving efficiency. However, only few studies have addressed the influence of these methods and tools in real-world workflows. Fewer studies evaluated methods or tools supporting the other tasks of SR production. Moreover, the reporting of the outcomes of existing evaluations varies

considerably, revealing significant research gaps, especially in assessing usability and impact on results. Future research should prioritize addressing these gaps, evaluating real-world adoption, and establishing standardized frameworks for the evaluation of methods and tools to enhance the overall effectiveness of SR development processes.

Supplementary Information

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Supplementary Material 1.
Supplementary Material 2.
Supplementary Material 3.

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Authors' contributions

LA, BNS, RS, and LH developed the study concept. LA wrote the protocol. RS conducted the literature searches and similar article searches. LA, MMM, IS, BNS, MMK, MEM, EB, ME, RS, PNL, GP, NR, KG, LK, MS, AMP, and PM screened the references and extracted the data. LA and MMM conducted grey literature searches, reference list checking, and hand searches. RS provided methodological input throughout the study. LA and MMM created the first draft of the manuscript, which all other authors critically revised. All authors read and approved the final version of the submitted manuscript.

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Availability of data and materials

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Declarations

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Competing interests

The authors declare no competing interests.

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