

GOPEN ACCESS

Citation: Schouten RD, Schouten I, Schuurbiers MMF, van der Noort V, Damhuis RAM, van der Heijden EHFM, et al. (2024) Optimising primary molecular profiling in non-small cell lung cancer. PLoS ONE 19(7): e0290939. https://doi.org/ 10.1371/journal.pone.0290939

Editor: Tetsunari Hase, Nagoya University Graduate School of Medicine, JAPAN

Received: August 18, 2023

Accepted: May 2, 2024

Published: July 31, 2024

Copyright: © 2024 Schouten et al. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: Data are accessible through the Netherlands Cancer Institute Institutional Data Access for researchers who fulfill the eligibility criteria for accessing confidential data. The investigator site file (internal trial identification code: M15LEM) and all associated samples and data are securely maintained at the Netherlands Cancer Institute (NKI). For inquiries, researchers can contact the dedicated department for clinical trials at Trialbureau Antoni van Leeuwenhoek, Plesmanlaan 121, 1066 CX Amsterdam (Tel: +31 20 512 9111; Email: communicatie@nki.nl). **RESEARCH ARTICLE**

Optimising primary molecular profiling in non-small cell lung cancer

R. D. Schouten^{1*}, I. Schouten¹, M. M. F. Schuurbiers², V. van der Noort¹, R. A. M. Damhuis³, E. H. F. M. van der Heijden², J. A. Burgers¹, N. P. Barlo⁴, A. S. R. van Lindert⁵, K. W. Maas⁶, J. J. G. van den Brand⁷, A. A. J. Smit⁸, J. M. W. van Haarst⁹, B. van der Maat¹⁰, E. Schuuring¹¹, H. Blaauwgeers¹², S. M. Willems^{11,13}, K. Monkhorst¹⁴, D. van den Broek¹⁵, M. M. van den Heuvel⁶,²

Department of Thoracic Oncology, Netherlands Cancer Institute, Amsterdam, The Netherlands,
 Department of Pulmonology, Radboud University Medical Centre, Nijmegen, The Netherlands, 3 Integraal Kankercentrum Nederland (IKNL), Utrecht, The Netherlands, 4 Pulmonology, Noordwest Ziekenhuis Groep, Alkmaar, The Netherlands, 5 Department of Pulmonology, University Medical Centre Utrecht, Utrecht, The Netherlands, 6 Department of Pulmonology, Haaglanden Medical Centre, The Hague, The Netherlands, 7 Department of Pulmonology, Haaglanden Medical Centre, The Netherlands, 8 Department of Pulmonology, Meander Medical Centre, Amersfoort, The Netherlands, 8 Department of Pulmonology, Onze Lieve Vrouwe Gasthuis, Amsterdam, The Netherlands, 9 Department of Pulmonology, Tergooi Ziekenhuizen, Hilversum, The Netherlands, 10 Department of Pulmonology, Flevoziekenhuis, Almere, The Netherlands, 11 Department of Pathology, University Medical Centre Groningen, Groningen, The Netherlands, 12 Department of Pathology, Onze Lieve Vrouwe Gasthuis, Amsterdam, The Netherlands, 14 Department of Pathology, Netherlands Cancer Institute, Amsterdam, The Netherlands, 15 Department of Clinical Chemistry, Netherlands Cancer Institute, Amsterdam, The Netherlands, 15 Department of Clinical Chemistry, Netherlands Cancer Institute, Amsterdam, The Netherlands

* schouten.rd@outlook.com

Abstract

Introduction

Molecular profiling of NSCLC is essential for optimising treatment decisions, but often incomplete. We assessed the efficacy of protocolised molecular profiling in the current standard-of-care (SoC) in a prospective observational study in the Netherlands and measured the effect of providing standardised diagnostic procedures. We also explored the potential of plasma-based molecular profiling in the primary diagnostic setting.

Methods

This multi-centre prospective study was designed to explore the performance of current clinical practice during the run-in phase using local SoC tissue profiling procedures. The subsequent phase was designed to investigate the extent to which comprehensive molecular profiling (CMP) can be maximized by protocolising tumour profiling. Successful molecular profiling was defined as completion of at least *EGFR* and *ALK* testing. Additionally, PD-L1 tumour proportions scores were explored. Lastly, the additional value of centralised plasmabased testing for *EGFR* and *KRAS* mutations using droplet digital PCR was evaluated.

Results

Total accrual was 878 patients, 22.0% had squamous cell carcinoma and 78.0% had non-squamous NSCLC. Stage I-III was seen in 54.0%, stage IV in 46.0%. Profiling of *EGFR* and

Funding: This study was an investigator-initiated trial, designed by the authors and financially supported by unrestricted grants from Merck Sharp & Dohme (Kenilworth, New Jersey, USA), AstraZeneca (Cambridge, United Kingdom), Novartis (Basel, Switzerland), Pfizer (New York City, New York, USA) and Roche (Basel, Switzerland). The study sponsors approved the manuscript, but they had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation of the manuscript; and decision to submit the manuscript for publication. The authors received no personal funding for this work.

Competing interests: This study was an investigator-initiated trial, designed by the authors and financially supported by unrestricted grants from Merck Sharp & Dohme, AstraZeneca, Novartis, Pfizer, and Roche. These sponsors approved the manuscript but had no role in the study's design, conduct, data collection, management, analysis, interpretation, manuscript preparation, or the decision to submit the manuscript for publication. The authors have declared the following potential conflicts of interest: Robert D. Schouten received research funding from AstraZeneca, Roche Pharma AG, Roche Diagnostics, MSD, Novartis, and Pfizer. J.A. Burgers received support for another investigatorinitiated study from MSD and consulting fees from Roche. Ed Schuuring gave lectures for multiple companies, consulted in advisory boards for multiple companies, and received research grants from multiple companies. S.M. Willems received research funding from Lilly, Roche, Amgen, Pfizer, MSD, and Bayer. K. Monkhorst held a consulting or advisory role for multiple companies, was part of a speakers' bureau for Quadia, received research funding from multiple companies, and had travel, accommodations, and expenses covered by Takeda. D. van den Broek held a consulting or advisory role for Roche Molecular Diagnostics. M. M. van den Heuvel held a consulting or advisory role for multiple companies, received research funding from multiple companies, and has patents, rovalties, and other intellectual property from research funding by multiple companies. All other authors declared no conflicts of interest. None of the funding, support, or sponsoring described alters our adherence to PLOS ONE policies on sharing data and materials, and there are no restrictions on the sharing of data and/or materials. *ALK* was performed in 69.9% of 136 patients included in the run-in phase, significantly more than real-world data estimates of 55% (p<0.001). Protocolised molecular profiling increased the rate to 77.0% (p = 0.049). *EGFR* and *ALK* profiling rates increased from 77.9% to 82.1% in non-squamous NSCLC and from 43.8% to 57.5% in squamous NSCLC. Plasma-based testing was feasible in 98.4% and identified oncogenic driver mutations in 7.1% of patients for whom tissue profiling was unfeasible.

Conclusion

This study shows a high success rate of tissue-based molecular profiling that was significantly improved by a protocolised approach. Tissue-based profiling remains unfeasible for a substantial proportion of patients. Combined analysis of tumour tissue and circulating tumour DNA is a promising approach to allow adequate molecular profiling of more patients.

Introduction

Biomarker testing in patients with metastatic non-small cell lung cancer (NSCLC) is essential for making optimal treatment decisions [1–3]. There is an increasing number of targetable alterations for which tyrosine kinase inhibitors (TKIs) are available [4], which demands comprehensive molecular profiling (CMP). When there is no targeted treatment eligible, PD-L1 testing guides the choice of treatment. Moreover, recent studies have shown that various biomarkers are becoming relevant in the early stages of NSCLC as well [5–7], which underlines the importance of CMP for all patients with NSCLC.

However, molecular analysis of lung cancer is hampered by various problems. Tumour biopsies are invasive and not without risk of complications. The yield of tissue biopsies is typically small, while the requirements for tissue increase with the number of tests needed to assess the variety of molecular alterations [8–10]. Additionally, multiple testing requires multiple iterations of tissue preparation. This often results in loss of tissue, further reducing the availability of valuable tumour material. Besides the issue of unavailable or unsuitable material for CMP, the current diagnostic workup regularly does not include all relevant molecular targets. Previous studies have shown an increased rate of molecular testing in recent years, but further improvement is still warranted [11,12].

The development of circulating tumour DNA (ctDNA) analysis has shown great progress in recent years. These blood-based tests have the potential to overcome some of the issues encountered with tissue-based tests. The minimally invasive nature makes it suitable for almost any patient and may be of additional value to current molecular profiling. However, clinical validity in NSCLC has yet to be determined [13,14].

We primarily aimed to explore how much molecular diagnostics would improve by protocolising molecular testing. At the time of study design only testing for *EGFR* and *ALK* in stage IV NSCLC was considered standard of care (SoC) in the Netherlands. Additionally, this study design proposed CMP should include other biomarkers as well (*KRAS*, *BRAF*, *ERBB2*, *ROS1*, *RET*, *MET*, and PD-L1). Moreover, we envisioned molecular profiling of early-stage disease would become clinically relevant. Therefore, this study is an exploration of biomarker prevalence in all histological types and all stages of NSCLC. Furthermore, this study explores the feasibility and added value of ctDNA analysis by droplet digital PCR (ddPCR) in the primary diagnostic setting.

Methods

Study design, setting and subjects

In this multicentre prospective cohort study executed in ten hospitals across The Netherlands (S1 Table) patients with a suspicion of non-small cell lung cancer (NSCLC) or established NSCLC but still awaiting treatment were recruited. Data were collected longitudinally during the recruitment period that started on August 1st 2016 and ended on December 31st 2019. All patients provided written informed consent to participate in this diagnostic study. The only exclusion criterion was if the patient was not willing to undergo any form of treatment. Patients were considered screen failures when no malignancy was found, when they were diagnosed with another malignancy than NSCLC, when they were not treatment-naïve before collection of tumour tissue and blood, and when they had already been diagnosed with NSCLC in the five years leading up to this study. The LEMA study protocol is available at ClinicalTrials. gov (NCT02894853).

Study procedures

The run-in phase was designed to explore the performance of current routine clinical practice and simultaneously explore the effect of increased awareness on molecular profiling. In this phase, participating centres were allowed to perform molecular profiling according to the local SoC. Duration was maximised to six months and ended for all centres before January of 2019.

In the protocol phase, CMP was protocolised for all patients with NSCLC, independent of stage and histology. Tumour tissue had to be processed to allow all biomarker analyses at once, thereby minimising loss of tissue. Testing for oncogenic driver variants in *EGFR*, *KRAS*, *BRAF*, *ERBB2*, *ALK*, *ROS1*, *RET* and *MET*, and assessment of PD-L1 expression were obligatory. All tissue-based biomarker assessments were performed locally in the centres of enrolment. The panel of biomarkers was selected based on contemporary national and international guidelines and recommendations. Patients received treatment according to the SoC or were included in clinical studies where appropriate.

During both study phases, blood samples from all patients were collected before the start of treatment. Blood samples were centrally stored and processed. Samples from patients at the site of the central laboratory were collected in standard K2-EDTA-tubes. Samples from other participating sites were collected in cell-stabilizing tubes (STRECK, Omaha, USA) and sent to the central laboratory. Blood samples were centrifuged for 10 minutes at 1700G at room temperature. Cells were stored at -80°C and plasma was centrifuged for 10 minutes at 20,000G before storage at -80°C. Analysis of ctDNA with ddPCR was performed on 4 ml of plasma per patient and included *EGFR* exon 19 deletions, *EGFR* L858R and T790M mutations, and *KRAS* mutations (G12A/C/D/R/S/V and G13D). For isolation of cell-free DNA (cfDNA) the QIA-symphony Circulating DNA kit (article number 1091063, Qiagen, Düsseldorf, Germany) with QIAsymphony (Qiagen) was used.

Statistical considerations

The LEMA study is a unique project in the Netherlands. It is the first large, multicentre study designed to improve molecular diagnostics in NSCLC. During the design of the study, various parameters that were necessary to calculate sample- and effect sizes were unknown. Therefore, several assumptions had to be made and it was expected that these parameters needed adjustment after data from the LEMA cohort itself became available. A detailed description of the sample- and effect size calculation is provided in the supplement (S1 File). A minimal data set is provided in the online supplement (S2 File).

To quantify the effect of the LEMA protocol we postulated that the rate of testing for *EGFR* and *ALK* should exceed 55% to be clinically relevant. Statistical significance was assessed by calculating the Z-statistic. Statistical significance of the increased testing rate in the protocolised phase compared to the run-in phase was assessed by Fisher's exact test. Since testing and identification rates were expected to increase only, a one-sided alpha of <0.05 was considered to be the threshold for significance.

Role of the funding sources

This study was an investigator-initiated trial, designed by the authors and financially supported by unrestricted grants from Merck Sharp & Dohme (Kenilworth, New Jersey, USA), AstraZeneca (Cambridge, United Kingdom), Novartis (Basel, Switzerland), Pfizer (New York City, New York, USA) and Roche (Basel, Switzerland). The study sponsors approved the manuscript, but they had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation of the manuscript; and decision to submit the manuscript for publication.

Results

Cohort characteristics

A total of 1108 patients were assessed for eligibility in ten participating hospitals in the Netherlands and 230 patients were excluded. During the run-in phase of the study, 136 patients were included. The protocolised phase of the LEMA trial included 742 patients. The duration of inclusion was 40 months, between September 2016 and December 2019. Cohort characteristics, reasons for ineligibility and distribution across study phases are shown in Table 1 and Fig 1.

Tissue-based molecular profiling

Quantification of increased testing by study design. In the run-in phase, combined *EGFR* and *ALK* testing was performed in 95 out of 136 patients (69.9%, 95%CI: 61.4%-77.4%) with any stage of NSCLC, significantly more (p<0.001) than the estimated 55% in routine clinical care. The overall testing rate further increased to 77.0% (95%CI: 73.8%-80.0%) in the protocolised study phase (p = 0.049). *EGFR* or *ALK* alterations were detected in 16 patients in the run-in phase (11.8%, 95%CI: 6.9%-18.4%) and in 76 patients in the protocolised phase (10.3%, 95%CI: 8.2%-12.7%. Both detection rates were higher than the postulated 5.8% threshold for clinical relevance (p = 0.0027 for the run-in phase, p<0.001 for the protocolised phase). No statistically significant difference in *EGFR* and *ALK* alteration detection rate was observed (p = 0.648).

EGFR and *ALK* profiling rates in subgroups. In all subgroups (stage I-III vs stage IV, and squamous vs non-squamous), the testing rate for *EGFR* and *ALK* increased. In stage I-III the overall testing rate was 55.0% in the run-in phase and 68.6% in the protocol phase. In stage IV the overall testing rate increased from 81.6% to 87.5% (p = 0.124). The testing rate in any stage non-squamous cell carcinoma was 77.9% in the run-in phase and 82.4% in the protocol phase, compared to 43.8% (run-in) and 57.5% (protocol) in any stage squamous cell carcinoma. The highest testing rate was observed in stage IV non-squamous cell carcinoma in the protocol phase: 91.2%. Detailed overviews of testing per subcategory are shown in Fig 2 and S2 Table.

The percentages of patients for whom no *EGFR* and/or *ALK* test was requested decreased from 38.3% to 17.3% in stage I-III (any histology), and from 13.2% to 3.4% in stage IV (any histology), demonstrating the direct effect of protocolising molecular profiling. In any stage

Total number of patients	878
Sex	
Male	470 (53.5%)
Female	408 (46.5%)
Age (at time of informed consent)	
Median (years)	67.8 (range: 35-91)
54 or younger	114 (13.0%)
55–64 years	241 (27.4%)
65–74 years	329 (37.5%)
75 or older	194 (22.1%)
Smoking history	
Current	261 (29.7%)
Former	298 (33.9%)
Never	61 (6.9%)
Unknown	258 (29.4%)
Stage of disease at time of inclusion	
Sage I-III	474 (54.0%)
Stage IV	404 (46.0%)
Histology	
Adenocarcinoma	583 (66.4%)
Squamous cell carcinoma	193 (22.0%)
Adenosquamous carcinoma	10 (1.1%)
LCNEC	14 (1.6%)
Sarcomatoid carcinoma	8 (0.9%)
NOS or unknown	70 (8.0%)

Table 1. Patient characteristics. Data are n (%) unless stated otherwise.

LCNEC = large cell neuro-endocrine carcinoma. NOS = not otherwise specified.

https://doi.org/10.1371/journal.pone.0290939.t001

squamous NSCLC tumour tissue was insufficient in 17.5% of patients in the protocol phase, compared to 10.4% of patients with non-squamous NSCLC (p = 0.0186). Reasons for not testing *EGFR* and/or *ALK* are shown in Tables 2 and S2.

Exploratory analysis of molecular profiling. Comprehensive molecular profiling (CMP) was defined as testing for oncogenic driver alterations in known oncogenes *EGFR*, *KRAS*, *BRAF*, *ERBB2*, *ALK*, *ROS1*, *RET* and *MET*. CMP data from 3 patients could not be obtained. CMP was successful in 508 out of 739 patients (68.7%) in the protocolised study phase, regardless of histology and stage.

In patients with metastatic NSCLC, CMP was completed in 68.4% during the run-in phase and increased to 79.2% in the protocol phase (Fig 3). Insufficient tumour tissue (quantity or quality), failed biomarker analyses (i.e. not interpretable FISH results), or early death of patients were reasons for incomplete molecular profiling in 9.2% of stage IV patients during the run-in and in 12.2% of patients under study protocol. Incomplete profiling due to missing requests was reduced from 22.4% to 8.6% under the study protocol in stage IV NSCLC. In addition, CMP in stage I-III increased from 51.7% in the run-in phase to 60.4% under the study protocol (S3 Table).

The extensive molecular profiling of tumours provided insight into the prevalence of both oncogenic driver mutations and PD-L1 expression in various subgroups of NSCLC patients. High levels of PD-L1 expression (>50%) were observed more often in stage IV (approximately



Fig 1. Inclusion flow chart. Reasons for ineligibility are shown in the top right panel. A more detailed flow chart is shown in the supplement (S1 Fig).

https://doi.org/10.1371/journal.pone.0290939.g001

40% of patients) compared to approximately 25% of patients with stage I-III. Targetable driver mutations were seen in all stages and all types of NSCLC. The total prevalence of *EGFR* mutations was 11.3% (14.9% in adenocarcinoma). Total prevalence of *ALK* fusions was 2.5% (3.3% in adenocarcinoma). S4 and S5 Tables show the prevalence of drivers and the expression of PD-L1 in various subgroups of our cohort.

Plasma-based molecular profiling

Pre-treatment blood samples were obtained from 821 patients. Thirteen samples were lost in transport or laboratory procedures. Therefore, feasibility of ddPCR for the analysis of *EGFR* or *KRAS* mutations in ctDNA was 98.4%. *EGFR* exon 19 deletions (n = 16), *EGFR* L858R mutations (n = 16) or *KRAS* codon G12 or G13 mutations (n = 100) were detected in 132 patients. Detailed results per patient characteristic are shown in supplementary S6 Table.

Performance of ddPCR was compared to tissue-based profiling as the gold standard. Sensitivity increased with higher stages of NSCLC and was highest for *EGFR* L858R in stage IV (86.7%). Specificity was consistently above 98% for all subgroups. Test metrics for all assessed alterations of interest in all stages are shown in <u>S7 Table</u>. Numbers of detected mutations in



A. Non-squamous NSCLC

B. Squamous NSCLC



Fig 2. Rates of successful EGFR and ALK testing. The proportion of patients in whom mutational status of both EGFR and ALK were tested in: (A) non-squamous cell carcinoma. Stage I-III: run-in phase n = 37, protocol phase n = 293. Stage IV: run-in phase n = 67, protocol phase n = 285. (B) squamous cell carcinoma. Stage I-III: run-in phase n = 23, protocol phase n = 118. Stage IV: run-in phase n = 9, protocol phase n = 42. All absolute numbers and percentages are shown in S2 Table.

https://doi.org/10.1371/journal.pone.0290939.g002

tissue, blood or both are shown in Fig 4. The sensitivity of ddPCR was low in early stage NSCLC, but increased greatly in stage IV. Based on these small numbers, the used method of ctDNA testing is not expected to play a significant role in molecular profiling before stage IV. There was no clear difference in detection sensitivity between individual mutations.

Table 2. Reasons for missing EGFR and/or *ALK* **tests.** The number and proportion of patients in whom mutational status of *EGFR* and *ALK* could not be tested is shown in these tables. Reasons for Numbers indicate n (%). Overall, *EGFR/ALK* profiling was significantly more often unfeasible in squamous cell carcinoma (17.5%, or 28 of 160 patients) than in non-squamous cell carcinoma (10.4%, or 60 out of 578 patients). Based on protocol phase, Fisher's exact test: *p* = 0.0186.

Non-squamous NSCLC	Stage I-III		Stage IV	
	Run-in	Protocol	Run-in	Protocol
Patients not tested for EGFR and ALK	15 (40.5%)	77 (26.3%)	8 (11.9%)	25 (8.8%)
EGFR and ALK testing not feasible	4 (10.8%)	36 (12.3%)	4 (6.0%)	24 (8.4%)
Insufficient tumour tissue	3 (8.1%)	24 (8.2%)	4 (6.0%)	15 (5.3%)
No tumour tissue obtained	1 (2.7%)	8 (2.7%)	0	6 (2.1%)
No tumour tissue available at LEMA centre	0	4 (1.4%)	0	0
Patient died before molecular analysis	0	0	0	3 (1.1%)
Squamous NSCLC	Stage	e I-III	Sta	ge IV
Squamous NSCLC	Stage Run-in	e I-III Protocol	Sta _r Run-in	ge IV Protocol
Squamous NSCLC Patients not tested for <i>EGFR</i> and <i>ALK</i>	Stage Run-in 12 (52.2%)	e I-III Protocol 52 (44.1%)	Stay Run-in 6 (66.7%)	ge IV Protocol 16 (38.1%)
Squamous NSCLC Patients not tested for <i>EGFR</i> and <i>ALK EGFR</i> and <i>ALK</i> testing not feasible	Stage Run-in 12 (52.2%) 0	2 I-III Protocol 52 (44.1%) 22 (18.6%)	Stag Run-in 6 (66.7%) 0	ge IV Protocol 16 (38.1%) 6 (14.3%)
Squamous NSCLC Patients not tested for <i>EGFR</i> and <i>ALK EGFR</i> and <i>ALK</i> testing not feasible Insufficient tumour tissue	Stage Run-in 12 (52.2%) 0 0	Protocol 52 (44.1%) 22 (18.6%) 12 (10.2%)	Stag Run-in 6 (66.7%) 0 0	ge IV Protocol 16 (38.1%) 6 (14.3%) 5 (11.9%)
Squamous NSCLC Patients not tested for <i>EGFR</i> and <i>ALK EGFR</i> and <i>ALK</i> testing not feasible Insufficient tumour tissue No tumour tissue obtained	Stage Run-in 12 (52.2%) 0 0 0 0 0 0	Protocol 52 (44.1%) 22 (18.6%) 12 (10.2%) 3 (2.5%)	Stag Run-in 6 (66.7%) 0 0 0	ge IV Protocol 16 (38.1%) 6 (14.3%) 5 (11.9%) 0
Squamous NSCLC Patients not tested for <i>EGFR</i> and <i>ALK</i> EGFR and <i>ALK</i> testing not feasible Insufficient tumour tissue No tumour tissue obtained No tumour tissue available at LEMA centre	Stage Run-in 12 (52.2%) 0 0 0 0 0 0 0 0 0 0 0	e I-III Protocol 52 (44.1%) 22 (18.6%) 12 (10.2%) 3 (2.5%) 6 (5.1%)	Stap Run-in 6 (66.7%) 0 0 0 0	ge IV Protocol 16 (38.1%) 6 (14.3%) 5 (11.9%) 0 1 (2.4%)

https://doi.org/10.1371/journal.pone.0290939.t002

In patients without tissue profiling *EGFR* ex19del, *EGFR* L858R and *KRAS* G12/G13 mutations were detected by ddPCR in two, one and ten patients, respectively, corresponding to 7.1% of all patients without NGS of tumour tissue. In seven patients with completed tissue-NGS additional driver mutations were found by ctDNA analysis: two *EGFR* exon 19 deletions and five *KRAS* mutations (shown in red in Fig 4).

Discussion

This study showed a significant increase in the rate of molecular profiling by protocolising diagnostic routines. Even in metastatic non-squamous NSCLC, where testing is strongly recommended by guidelines, the rate of profiling can be improved. In addition, we have demonstrated that plasma-based profiling is feasible for almost any patient. This method of testing showed reliable test results in stage IV, but sensitivity decreased sharply in earlier stages of NSCLC.

Previously published studies [11,12,15–19] have demonstrated molecular profiling is not performed in a substantial proportion of NSCLC patients. The summarized results in S8 Table show a large variation in the rate of molecular analysis of NSCLC (30.9%-81.8%), although the testing rate increased in recent years, which is also supported by our data. At the start of the LEMA trial, we proposed at least 55% of patients with any stage of NSCLC should be tested for oncogenic alterations in *EGFR* and *ALK*. The testing rate of *EGFR* and *ALK* in the run-in phase of our study was already significantly higher (69.9%, p<0.001) than initially expected. This may be explained by increased awareness of local investigators who were already familiarised with the LEMA protocol. The additional increase in testing rate (77.0%, p = 0.049) demonstrates that further improvement is feasible in real-world clinical practice.

Currently, there is no indication for targeted therapy in early-stage NSCLC. Based on our results no assumption can be made on the clinical benefit following upfront molecular profiling in early-stage NSCLC. However, recent clinical trials suggest that targeted therapy may lead to clinical benefit in early-stage NSCLC as well [5–7]. In addition, molecular profiling data of early stage NSCLC may be used to guide treatment plans in case of disease progression.



A. Non-squamous NSCLC

B. Squamous NSCLC



Fig 3. Comprehensive molecular profiling rate. The proportion of patients in whom comprehensive molecular profiling was feasible in: (A) non-squamous cell carcinoma. Stage I-III: run-in phase n = 37, protocol phase n = 294. Stage IV: run-in phase n = 67, protocol phase n = 286. (B) squamous cell carcinoma. Stage I-III: run-in phase n = 23, protocol phase n = 119. Stage IV: run-in phase n = 9, protocol phase n = 42. All absolute numbers and percentages are shown in S3 Table.

https://doi.org/10.1371/journal.pone.0290939.g003

Therefore, upfront molecular profiling could lead to an optimal personalised choice of treatment for more patients.

We compared our results to the study by Kuijpers et al [11] on data from the Dutch pathology database (PALGA), although this study only included metastatic non-squamous NSCLC.



Fig 4. Driver mutations detected by tissue-based analysis, ctDNA analysis, or both. *EGFR* exon 19 deletions, *EGFR* L858R mutations and *KRAS* G12/G13 mutations detected in tissue, blood, or both in patients for whom both tissue- and ctDNA analyses were available. The numbers of detected mutations are shown per stage of disease.

https://doi.org/10.1371/journal.pone.0290939.g004

The combined testing rate of *EGFR* and *ALK* in the PALGA study was 61.4% (2013) and 74.7% (2015). The preliminary data from 2017 indicate a further increase in testing. *EGFR* and *ALK* testing rate in our cohort for patients with metastatic non-squamous NSCLC was 91.2%. The large improvement is most likely explained by the central guidance of local laboratories and oncologists. In almost all patients without molecular profiling in the LEMA cohort, this was due to a lack of suitable tissue.

Furthermore, with an increasing number of targetable mutations that are relevant in treatment decision making in NSCLC, extensive testing will be needed. This increases the need for more tumour tissue and decreases the feasibility of CMP. The directive upfront approach in the LEMA study increased the rate of CMP in stage IV NSCLC from 68.4% in the run-in phase to 79.2% in the protocol phase. However, tissue-based CMP will remain unfeasible in a minority of patients due to insufficient tumour tissue, or in patients whose clinical condition does not allow for an invasive procedure.

We have demonstrated that treatable targets are present in various subtypes of NSCLC, but it is evident that molecular profiling of squamous cell carcinoma is less likely to result in the detection of targetable alterations. Furthermore, profiling of early-stage NSCLC is not yet recommended by guidelines and may also be regarded as overdiagnosis. However, adjuvant treatment opportunities are emerging and besides, those patients with early stage disease who finally progress might benefit from upfront molecular profiling, thereby preventing further diagnostic delays. Additionally, the higher rate of molecular profiling comes with additional costs of the diagnostic work-up. The financial burden of extensive testing must be weighed against the benefits of more patients receiving their optimal treatment. The cost-effectiveness of the approach of the LEMA study is still to be determined by health technology assessment. In addition, this study demonstrates that ctDNA ddPCR analysis on a limited volume of plasma is feasible in almost all patients and detects oncodriver mutations in patients without tissue profiling, but also additional mutations in patients with already completed tissue profiling. Sensitivity and specificity compared to tissue analysis were in line with previously published results and were promising for clinical use in stage IV NSCLC [20–22]. The utility in earlier stages of disease is questionable, given the substantially lower sensitivity. This may be explained by lower quantities of ctDNA in the blood of patients with a lower tumour burden. The performance of ctDNA analysis by ddPCR in our cohort showed additional value of this test next to tissue analysis in the diagnostic work-up of metastatic NSCLC.

In the near future, molecular profiling is expected to play an increasingly important role in all stages of NSCLC. With the recent introduction of neoadjuvant immunotherapy in earlystage NSCLC [23–25], detecting oncodriver mutations tumours has become important identify tumour that might respond less to immunotherapy. And for adjuvant targeted treatment of *EGFR*-mutated NSCLC molecular profiling is essential as well [26]. Furthermore, with the expanding variety of molecular targets and an increasing number of available targeted treatments, comprehensive molecular profiling is essential to guide optimal treatment decisions. With this study we have shown that a molecular profiling can be optimised when it is performed upfront with a protocolised approach and that the yield may be increased even further when combined with ctDNA analysis.

Conclusion

This study demonstrates comprehensive molecular profiling can be optimised by a protocolised approach. However, tissue-based profiling will remain unfeasible for a minority of patients. A combination of tissue- and plasma-based analyses is a promising approach to enable molecular profiling in more patients, given the favourable test characteristics of ctDNA analysis in the metastatic setting.

Supporting information

S1 Fig. Inclusion flow chart. Reasons for ineligibility are shown in the top right panel. This flow chart includes a detailed description of the subtypes of NSCLC that were included in the study.

(TIF)

S1 Table. Participating centres. The hospitals named in this table have including patients in the Lung cancer Early Molecular Assessment study. All hospitals are located in the Netherlands.

(PDF)

S2 Table. Feasibility of EGFR and ALK testing in tumour tissue. The percentage of patients in whom both *EGFR* and *ALK* alteration status was tested is shown. Also, the table shows number and percentages of patients in whom testing was not requested (due to unspecified reasons), and reasons for testing being unfeasible. The numbers correspond to the graphs in Fig 2. In total, 95 out of 136 patients in the run-in phase were tested for both *EGFR* and *ALK* alterations (69.9%). This increased to 77.0% in the protocol phase (568/738). Numbers indicate n(%).

(PDF)

S3 Table. Feasibility of comprehensive molecular profiling in tumour tissue. The table shows the absolute numbers and percentage of successful comprehensive molecular profiling. Also, the frequency of missing requests for profiling (due to unspecified reasons) is shown,

and reasons for profiling being unfeasible. The data correspond to the graphs in Fig 3. Numbers indicate n(%).

(PDF)

S4 Table. Prevalence of oncogenic driver mutations. Numbers represent n (% of tested in the category), unless stated otherwise. *EGFR* exon19/21 = currently targetable driver mutations in exon 19 or exon 21. *MET* ex14del = *MET* exon 14 skipping mutation. *MET* amp. = *MET* amplification. LCNEC–large cell neuroendocrine carcinoma. NOS = not otherwise specified. ca. = carcinoma. TPS = tumour proportion score. ab. = antibody. Percentages in PD-L1 TPS categories represents percentages of patients tested with the indicated antibody (22C3 or any other antibody).



S5 Table. PD-L1 expression. Numbers represent n (% of tested in the category), unless stated otherwise. TPS = tumour proportion score. ca. = carcinoma. LCNEC–large cell neuroendocrine carcinoma. NOS = not otherwise specified. (PDF)

S6 Table. *EGFR* and *KRAS* mutations in ctDNA. Results of ddPCR analysis of ctDNA. *EGFR* exon 19 deletion, *EGFR* L858R, *EGFR* T790M and *KRAS* G12/G13 assessment was performed on a single 4 ml sample of plasma from treatment naïve patients. *KRAS* mutation analysis included G12A/C/D/R/S/V and G13D mutations. Numbers represent n (% of tested in that category), unless stated otherwise. *★* two patients had both *EGFR* exon 19 deletions and T790M in ctDNA.

(PDF)

S7 Table. Test characteristics of digital droplet PCR. Analysis of ctDNA for the mutations of interest with ddPCR was performed on a single baseline 4 ml plasma sample. Sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) were calculated using standard contingency tables, including only patients who were tested for *EGFR* and *KRAS* in both tissue and blood samples. (PDF)

S8 Table. Limited overview of previous studies on molecular profiling of NSCLC. The far right column states the reported maximum testing rate of the oncogenes shown under 'target genes'. Percentage under 'stage IV' indicate the percentage of patients with metastatic disease included in the study. The studies were found through a limited PubMed search. This overview is intended to provide reference for the variable testing rates in clinical practice across the world and is not intended as a comprehensive literature review. SCC = squamous cell carcinoma.

(PDF)

S1 File. Additional statistical considerations. This supplement explains the sample- and effect size calculations.

(PDF)

S2 File. Minimal data set. This spread sheet contains the underlying data used to reach the conclusions drawn in the manuscript. The data were extracted from the ALEA database that was customised to host all study data. (XLSX)

Acknowledgments

Special thanks to M. Muller¹, D. Vessies², E. Platte², M. Lucas², T. Korse², R. van der Wiel³, L. Geurts⁴, A. Olijve⁵, A. Van Groensteyn⁶, J. Ippel⁷, A. Moons-Pasic⁸, N. Dijkstra⁸, M. Manschot⁹, A.J. van der Wekken¹⁰ and H.J.M. Groen¹⁰ for their efforts in making this project possible and for their valuable contributions to this manuscript.

¹ Department of Thoracic Oncology, Netherlands Cancer Institute, Amsterdam, the Netherlands

² Department of Clinical Chemistry, Netherlands Cancer Institute, Amsterdam, the Netherlands

³ Department of Pathology, Netherlands Cancer Institute, Amsterdam, the Netherlands

⁴ Department of Pulmonology, Radboud University Medical Centre, Nijmegen, the Netherlands

⁵ Pulmonology, Noordwest Ziekenhuis Groep, Alkmaar, the Netherlands

⁶ Department of Pulmonology, University Medical Centre Utrecht, the Netherlands

⁷ Department of Pulmonology, Haaglanden Medical Centre, The Hague, the Netherlands

⁸ Department of Pulmonology, Onze Lieve Vrouwe Gasthuis, Amsterdam, the Netherlands

⁹ Department of Pulmonology, Tergooi Ziekenhuizen, Hilversum, the Netherlands

¹⁰ Department of Pulmonology, University Medical Centre Utrecht, the Netherlands

Author Contributions

Conceptualization: R. D. Schouten, I. Schouten, V. van der Noort, R. A. M. Damhuis, J. A. Burgers, K. Monkhorst, D. van den Broek, M. M. van den Heuvel.

Data curation: R. D. Schouten, I. Schouten, M. M. F. Schuurbiers.

Formal analysis: R. D. Schouten, V. van der Noort.

Funding acquisition: M. M. van den Heuvel.

Investigation: R. D. Schouten, I. Schouten, M. M. F. Schuurbiers.

Methodology: R. D. Schouten, I. Schouten, V. van der Noort, R. A. M. Damhuis, K. Monkhorst, D. van den Broek, M. M. van den Heuvel.

Project administration: R. D. Schouten, I. Schouten, V. van der Noort.

Resources: R. D. Schouten, I. Schouten, M. M. F. Schuurbiers, V. van der Noort, E. H. F. M. van der Heijden, J. A. Burgers, N. P. Barlo, A. S. R. van Lindert, K. W. Maas, J. J. G. van den Brand, A. A. J. Smit, J. M. W. van Haarst, B. van der Maat, E. Schuuring, H. Blaauwgeers, S. M. Willems, K. Monkhorst, D. van den Broek, M. M. van den Heuvel.

Supervision: K. Monkhorst, D. van den Broek, M. M. van den Heuvel.

Visualization: R. D. Schouten.

Writing – original draft: R. D. Schouten.

Writing – review & editing: R. D. Schouten, I. Schouten, M. M. F. Schuurbiers, V. van der Noort, R. A. M. Damhuis, E. H. F. M. van der Heijden, J. A. Burgers, N. P. Barlo, A. S. R. van Lindert, K. W. Maas, J. J. G. van den Brand, A. A. J. Smit, J. M. W. van Haarst, B. van der Maat, E. Schuuring, H. Blaauwgeers, S. M. Willems, K. Monkhorst, D. van den Broek, M. M. van den Heuvel.

References

- 1. Nederland IK. Dutch Oncoline Guidelines, version 2.3 [Internet]. 2015. p. 23. Available from: https://www.oncoline.nl/niet-kleincellig-longcarcinoom
- Novello S, Barlesi F, Califano R, Cufer T, Ekman S, Levra MG, et al. Metastatic non-small-cell lung cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol Off J Eur Soc Med Oncol. 2016 Sep; 27(suppl 5):v1–27. https://doi.org/10.1093/annonc/mdw326 PMID: 27664245
- Planchard D, Popat S, Kerr K, Novello S, Smit EF, Faivre-Finn C, et al. Metastatic non-small cell lung cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol Off J Eur Soc Med Oncol. 2018 Oct;29 Suppl 4:iv192–237. https://doi.org/10.1093/annonc/mdy275 PMID: 30285222
- Chakravarty D, Gao J, Phillips S, Kundra R, Zhang H, Wang J, et al. OncoKB: A Precision Oncology Knowledge Base. JCO Precis Oncol. 2017 Nov; 1(1):1–16. https://doi.org/10.1200/PO.17.00011 PMID: 28890946
- Wu Y-L, Tsuboi M, He J, John T, Grohe C, Majem M, et al. Osimertinib in Resected EGFR-Mutated Non-Small-Cell Lung Cancer. N Engl J Med. 2020 Oct; 383(18):1711–23. https://doi.org/10.1056/ NEJMoa2027071 PMID: 32955177
- Lv C, Ma Y, Feng Q, Lu F, Chi Y, Wu N, et al. Does neoadjuvant targeted therapy provide an opportunity for resectable EGFR-mutant lung cancer: a real-world retrospective study. J Thorac Dis. 2020 Oct; 12 (10):5324–35. https://doi.org/10.21037/jtd-20-1265 PMID: 33209366
- Pan S, Wang S, Li W, Chai Y. Icotinib versus Cisplatin Plus Docetaxel as Adjuvant Chemotherapy in Patients with Stage II (N1+) Non-Small Cell Lung Cancer Harboring Positive EGFR Mutations: A Single-Center Retrospective Study. Onco Targets Ther. 2021; 14:1083–91. <u>https://doi.org/10.2147/OTT.</u> S290636 PMID: 33623394
- Guisier F, Salaün M, Lachkar S, Lamy A, Piton N, Obstoy B, et al. Molecular analysis of peripheral nonsquamous non-small cell lung cancer sampled by radial EBUS. Respirology. 2016 May; 21(4):718–26. https://doi.org/10.1111/resp.12737 PMID: 27099101
- Albanna AS, Kasymjanova G, Robitaille C, Cohen V, Brandao G, Pepe C, et al. Comparison of the yield of different diagnostic procedures for cellular differentiation and genetic profiling of non-small-cell lung cancer. J Thorac Oncol. 2014 Aug; 9(8):1120–5. <u>https://doi.org/10.1097/JTO.00000000000230</u> PMID: 25157765
- Kim L, Tsao MS. Tumour tissue sampling for lung cancer management in the era of personalised therapy: what is good enough for molecular testing? Vol. 44, The European respiratory journal. England; 2014. p. 1011–22. https://doi.org/10.1183/09031936.00197013 PMID: 25102961
- Kuijpers CCHJ, van den Heuvel MM, Overbeek LIH, HJ van Slooten, van Lindert ASR, Damhuis RAM, et al. [National variation in molecular diagnostics in metastatic lung cancer]. Ned Tijdschr Geneeskd. 2018 Dec; 162.
- Sluga RVAN DEN Borne BEEM, Roepman P, Peters, Kastelijn EA, Schramel FMNH. Utilization of Molecular Testing and Survival Outcomes of Treatment with First- or Second-line Tyrosine Kinase Inhibitors in Advanced Non-small Cell Lung Cancer in a Dutch Population. Anticancer Res. 2018 Jan; 38(1):393–400. https://doi.org/10.21873/anticanres.12235 PMID: 29277800
- Rolfo C, Mack PC, Scagliotti G V., Baas P, Barlesi F, Bivona TG, et al. Liquid Biopsy for Advanced Non-Small Cell Lung Cancer (NSCLC): A Statement Paper from the IASLC. J Thorac Oncol [Internet]. 2018 Sep [cited 2019 Apr 18]; 13(9):1248–68. Available from: <u>http://www.ncbi.nlm.nih.gov/pubmed/</u> 29885479
- Papadopoulou E, Tsoulos N, Tsantikidi K, Metaxa-Mariatou V, Stamou PE, Kladi-Skandali A, et al. Clinical feasibility of NGS liquid biopsy analysis in NSCLC patients. PLoS One. 2019; 14(12):e0226853. https://doi.org/10.1371/journal.pone.0226853 PMID: 31860648
- Thi AM, Tin Tin S, McKeage M, Elwood JM. Utilisation and Determinants of Epidermal Growth Factor Receptor Mutation Testing in Patients with Non-small Cell Lung Cancer in Routine Clinical Practice: A Global Systematic Review. Target Oncol. 2020 Jun; 15(3):279–99. <u>https://doi.org/10.1007/s11523-020-00718-w PMID: 32445082</u>
- Lee DH, Tsao M-S, Kambartel K-O, Isobe H, Huang M-S, Barrios CH, et al. Molecular testing and treatment patterns for patients with advanced non-small cell lung cancer: PIvOTAL observational study. PLoS One. 2018; 13(8):e0202865. https://doi.org/10.1371/journal.pone.0202865 PMID: 30148862
- Cardarella S, Ortiz TM, Joshi VA, Butaney M, Jackman DM, Kwiatkowski DJ, et al. The introduction of systematic genomic testing for patients with non-small-cell lung cancer. J Thorac Oncol. 2012 Dec; 7 (12):1767–74. https://doi.org/10.1097/JTO.0b013e3182745bcb PMID: 23154547
- 18. Chiang AC, Fernandes AW, Pavilack M, Wu JW, Laliberté F, Duh MS, et al. EGFR mutation testing and treatment decisions in patients progressing on first- or second-generation epidermal growth factor

receptor tyrosine kinase inhibitors. BMC Cancer. 2020 Apr; 20(1):356. https://doi.org/10.1186/s12885-020-06826-0 PMID: 32345265

- Colombino M, Paliogiannis P, Cossu A, Santeufemia DA, Sini MC, Casula M, et al. EGFR, KRAS, BRAF, ALK, and cMET genetic alterations in 1440 Sardinian patients with lung adenocarcinoma. BMC Pulm Med. 2019 Nov; 19(1):209. https://doi.org/10.1186/s12890-019-0964-x PMID: 31711449
- Sacher AG, Paweletz C, Dahlberg SE, Alden RS, O'Connell A, Feeney N, et al. Prospective Validation of Rapid Plasma Genotyping for the Detection of EGFR and KRAS Mutations in Advanced Lung Cancer. JAMA Oncol. 2016 Aug; 2(8):1014–22. https://doi.org/10.1001/jamaoncol.2016.0173 PMID: 27055085
- Balaji SA, Shanmugam A, Chougule A, Sridharan S, Prabhash K, Arya A, et al. Analysis of solid tumor mutation profiles in liquid biopsy. Cancer Med. 2018 Nov; 7(11):5439–47. <u>https://doi.org/10.1002/cam4. 1791</u> PMID: 30264478
- 22. Guo Q-M, Wang L, Yu W-J, Qiao L-H, Zhao M-N, Hu X-M, et al. Detection of Plasma EGFR Mutations in NSCLC Patients with a Validated ddPCR Lung cfDNA Assay. J Cancer. 2019; 10(18):4341–9. <u>https:// doi.org/10.7150/jca.31326</u> PMID: 31413754
- Forde PM, Spicer J, Lu S, Provencio M, Mitsudomi T, Awad MM, et al. Neoadjuvant Nivolumab plus Chemotherapy in Resectable Lung Cancer. N Engl J Med. 2022; 386(21):1973–1985. <u>https://doi.org/ 10.1056/NEJMoa2202170 PMID: 35403841</u>
- 24. Wakelee H, Liberman M, Kato T, Tsuboi M, Lee SH, Gao S, et al. Perioperative Pembrolizumab for Early-Stage Non-Small-Cell Lung Cancer. N Engl J Med. 2023; 389(6):491–503. https://doi.org/10. 1056/NEJMoa2302983 PMID: 37272513
- 25. John AO, Ramnath N. Neoadjuvant Versus Adjuvant Systemic Therapy for Early-Stage Non-Small Cell Lung Cancer: The Changing Landscape Due to Immunotherapy. Oncologist. 2023; 28(9):752–764. https://doi.org/10.1093/oncolo/oyad125 PMID: 37338126
- Herbst RS, Wu YL, John T, Grohe C, Majem M, Wang J, et al. Adjuvant Osimertinib for Resected EGFR-Mutated Stage IB-IIIA Non-Small-Cell Lung Cancer: Updated Results From the Phase III Randomized ADAURA Trial. J Clin Oncol. 2023; 41(10):1830–1840. https://doi.org/10.1200/JCO.22.02186 PMID: 36720083