Grandparent carers: identifying health and social service gaps and needs

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Session overview

- Who are Grandparent Carers?
- Overview of WA Grandcarer program of research
- Edith Cowan University projects
- Curtin University project
- Preliminary findings



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Who are Grandparent Carers?

Provide significant support and protection to many children unable to remain in the care of their parents (Child Safety Services, 2011).

In 2016-17, Australia-wide (AIHW, 2018):

- 47,915 children in *formal* out-of-home-care.
- 47% children in relative/kin care, 38% in foster care, 7% third-party parental, 1% other.
- 52% of children in relative/kinship care placed with grandparents (8086 households).

Thousands of informal arrangements.



A snapshot of issues and challenges

- Re-learning how to parent in changed times
- Grief, loss and guilt
- Financial impact
- Housing
- Impact of ageing issues
- Dealing with trauma
- Legal issues
- Social isolation









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WA Grandcarers: Who is involved in the project?



- Lead agency
- · Coordinating role
- · Communications and marketing



- Impact of caring role on Grandcarers
- Grandchildren's voices

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- Service provider mapping
- Review current policy & legislation

Advisory and Working Groups

- Guide the research
- Governance framework
- Grandparent carers, politicians, service providers

Funded by:





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Grandcarer Program of Research

Grandcarers Experiences, Needs and

- Health across W.A.
- Contact: Dr. David Coall
- Partners: Grandcarers, Curtin
 University, Wanslea Family Services
- Multigenerational Family Matrix for Grandcarers
 - Contact: Dr. Francesca Robertson
- Partner: Kurongkurl Katitjin (ECU)

Experiences of Grandparen

- Interdisciplinary proje
- Main Partner: Wanslea Family
- Services

Voices of Grandchildren including the evaluation of leadership camps

- Contact: Prof Ruth Marquis
- Partners: Adolescent grandchildren,
- Grandcarers, Wanslea Family Services

Health and Well-being of Grandchildren Raised by their Grandparents

- Contact: Dr. David Coall
- Partner: Adult grandchildren, Wanslea Family Services

Grandcarers Experiences, Needs and Health across W.A.

Dr. David Coall (ECU)

• Gathering the largest body of data on the needs of grandparents who have experienced custodial caregiving.

Research aim.

• To extend current understanding of the needs of Western Australian grandparents.

Research design

• Comprehensive questionnaire, completed either online (hosted by Qualtrics through ECU) or by paper copy.

Translational research

• Industry driven research with the capacity to inform social policy and enhance services and resources for grandcarers.



Grandcarers Experiences, Needs and Health across W.A.

Survey structure informed by stakeholder consultation:

- **Demographics** standard plus financial security, housing.
- **Family structure** children, grandchildren, reasons for care, parent contact and residence, grandchild health conditions.
- Grandparenting role satisfaction and enjoyment.
- Grandparent issues personal, social emotional, grandchild issues, service issues, supportive family & friends.
- Cultural and service barriers access to services.
- Grandparent health status comprehensive SF36 health survey.
- Tobacco and alcohol use type and number.
- Family conflict grandparent/grandchild conflict, risk of abuse.
- Food security affordability & quality.
- Rewards and challenges of caring day to day coping & motivations.









Multigenerational Family Matrix for Grandcarers

Dr. Francesca Robertson (Kurongkurl Katitjin, ECU)

Accessing and engaging people who are marginalized.

- Most in need of, yet least likely to access, services.
- Poorly represented.

Appropriate research design

- Contribute to the design of services. they are more likely to access.
- Not a problem saturated survey.

Novel research design

- A structured interview process.
- A system of three adaptable matrices.



Multigenerational Family Matrix for Grandcarers

Dr. Francesca Robertson (Kurongkurl Katitjin, ECU) Novel research design – 3 matrices

Matrix 1: Our Family

Demographic data and uses pictographic space.

Home	Income and Money Management	Partner and/or friends since taking the children on	Health	Wellbeing
Happy with home, it is safe and comfortable	We have a reasonable income and I manage money well	These sold triendships that support me as a person and a grandparent carer	In good health	Happy with life
Unhappy with home but it is safe and comfortable	We have a reasonable income and i'm okay at managing money	I have lost some triends but I have kept some	As well as can be expected given age and/or conditions	Feel it could be better
Happy with home but it is unsofe and unstable	We don't have a massonable income but we just get by	I have new friends who are in the same boat	In poor health due to divess or condition	Some bright spots in life but mostly just get by
Under threat of existion	We don't have a reasonable income because other people take it	My friends find me too much of a burden	In poor health due to Mestyle choices	It's really tough I'm struggling all the time
Homeless	We don't have enough to live on	These lost all my triends and feel included	In very poor health	I feel like I want to give up

Matrix 2: Us Now

Environmental data and uses domains with associated best to worse case.

Matrix 3: Helps & Hopes



Barriers and aspirational (improvements) data.









Health and Well-being of Grandchildren Raised by their Grandparents

Dr. David Coall (ECU)

• Investigating the experiences and long-term outcomes of adult grandchildren 18-25 years raised by their grandparents.

Research aim.

• To provide a detailed picture of the experiences, needs and health of adult grandchildren who were raised by their grandparents in Western Australia.

Research design

• Comprehensive questionnaire, completed either online (hosted by Qualtrics through ECU) or by paper copy.

Translational research

• Industry driven research to inform social policy, resources and service provision for adult grandchildren who were raised by their grandparent(s).



Voices of Grandchildren: Leadership Camps

Prof. Ruth Marquis (ECU)

 Evidence of the benefits of the camp experience for grandchildren and grandcarers

Research aim.

 Evaluate 3 youth camps with 16 children (14-16 years of age) being raised by grandparents in each camp, focusing on the strengths and development potential of youth

Research design

- Grandchildren survey and focus groups
- Grandparents focus groups and follow-up telephone interviews
- Staff and volunteers daily journal and focus group.

Translational research

 Industry driven research leading to real world impact









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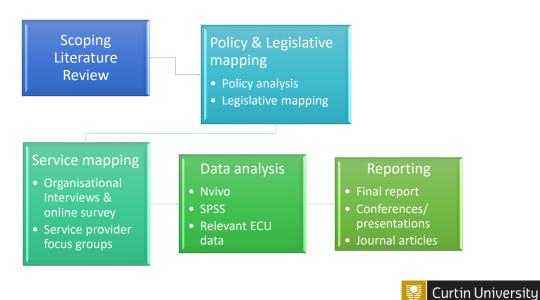
Curtin Research: Social policy and service provision - gaps, barriers and enablers

Focus areas:

- Policy context and service delivery framework
- Mapping services and supports in WA to identify accessibility, gaps, and duplications
- Identify improvements to service availability, accessibility and delivery, and policy frameworks
- Focus on needs of grandcarers: Aboriginal and Torres Strait Islander, culturally and linguistically diverse communities, lower SES, rural and remote areas, caring for children with disabilities







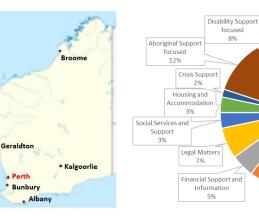
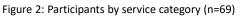


Figure 1: Curtin data collection locations



Participant demographics

Health and Wellbeing 28%

Family Support and

Information 32%

Table 1: Participants by location

Location	Participants
Perth	
Interviews	21
Focus groups	11
Regional	
Interviews	8
Focus groups	29
Total	69

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Preliminary Findings

Social Policy mapping:

• 34 relevant social policy documents identified

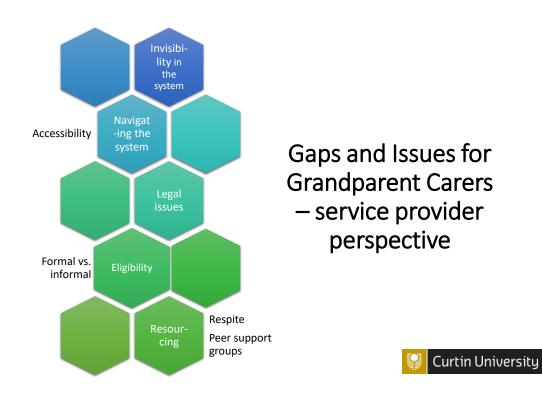
Legislative mapping:

• 8 primary Acts; 46 subsidiary Acts (State and Federal)

Service mapping:

 37 organisations across Perth, Bunbury, Broome, Kalgoorlie, Albany, and Geraldton

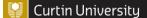




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Service provider recommendations

Trauma informed education	Grandparent carer advocacy and support	Case management/service coordination
Equal recognition and financial support	Further respite, crisis services, legal support	Increase funding, resources, supports and services



Contact details

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