



## Co-benefits for net carbon emissions and rice yields through improved management of organic nitrogen and water

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1 **Co-benefits for net carbon emissions and rice yields through**  
2 **improved management of organic nitrogen and water**

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44 **Abstract**

45 Returning organic nutrient sources (e.g., straw and manure) to rice fields is inevitable  
46 for coupling crop-livestock production. However, an accurate estimate of net carbon (C)  
47 emissions and strategies to mitigate the abundant methane (CH<sub>4</sub>) emission from rice  
48 fields supplied with organic sources remain unclear. Here, using machine learning and  
49 a global dataset, we scaled the field findings up to worldwide rice fields to reconcile  
50 rice yields and net C emissions. An optimal organic nitrogen (N) management (OPTM)  
51 was developed considering total N input, type of organic N source, and organic N  
52 proportion. A combination of OPTM with intermittent flooding achieved a 21%  
53 reduction in net global warming potential and a 9% rise in global rice production  
54 compared with the business-as-usual scenario. Our study provides a solution for  
55 recycling organic N sources towards a more productive, carbon neutral and sustainable  
56 rice-livestock production system on a global scale.

57 **Introduction**

58 Agricultural organic residues (e.g., manure and crop straw) represent a large source of  
59 nitrogen (N). Globally, the average annual livestock manure N produced amounts to  
60 130 Tg N, which is equivalent to the annual consumption of synthetic N fertilizer<sup>1</sup>.  
61 Recycling organic N sources in agroecosystems is crucial for keeping food systems  
62 within the planetary boundaries<sup>2</sup>. The majority of studies on recycling organic N  
63 sources focused in upland or rangeland crop production systems<sup>3, 4</sup>. Although organic  
64 N sources greatly increase soil organic carbon (SOC), they can lead to a significant  
65 methane (CH<sub>4</sub>) emission<sup>5</sup>. The management of organic N sources to achieve high rice  
66 yield and carbon (C) neutrality remains a great challenge. Recent studies have  
67 underscored the need for sustainable rice production through improved resource-use  
68 efficiencies<sup>6</sup>. However, these studies have not addressed the challenge of C neutrality  
69 of rice production. Thus, it is imperative to explore appropriate management of organic  
70 N sources for sustainable, C neutral rice production on a global scale.

71 The net C emissions, based on the metrics of global warming potential (GWP), net  
72 GWP, and net GWP intensity (NGWPI), is a measure of the collective changes in soil  
73 nitrous oxide (N<sub>2</sub>O), CH<sub>4</sub>, and SOC<sup>7</sup>, reflecting a balance between the emission of  
74 greenhouse gases (GHGs) and SOC sequestration. It is widely recognized that the  
75 application of organic N improves SOC sequestration<sup>8, 9</sup>, with a concomitant drop in  
76 N<sub>2</sub>O emission from rice fields<sup>10</sup>. However, it remarkably increases, up to 87% in some  
77 instances, methane emission from rice fields<sup>11</sup>. The growing concerns about the  
78 mitigation of CH<sub>4</sub> emission from rice fields led to a focus on water management, as the

79 water regime regulates the soil redox conditions and thereby CH<sub>4</sub> emission<sup>12</sup>. Some  
80 studies have shown that intermittent flooding, i.e., alternate wetting-drying practice,  
81 mitigates CH<sub>4</sub> emission substantially<sup>12</sup>, but it may accelerate N<sub>2</sub>O emission and SOC  
82 decomposition rate<sup>13</sup>. Thus, individual management practices, such as application of  
83 organic N fertilizer or intermittent flooding, generally results in trade-offs between SOC  
84 sequestration and CH<sub>4</sub> and N<sub>2</sub>O emission<sup>13, 14</sup>. Considering the magnitude of CH<sub>4</sub>  
85 emission from rice fields, the potential GHG savings (CO<sub>2</sub>-eq) via reduced CH<sub>4</sub>  
86 emission through C budget-based management innovations may offset increased N<sub>2</sub>O  
87 emission and SOC decomposition<sup>13</sup>. However, accurate global net C emissions for rice  
88 production under combined organic N source application and water management is  
89 poorly understood.

90 Numerous studies have endorsed the partial substitution of synthetic N fertilizer  
91 with organic N sources to improve rice yield<sup>15, 16</sup>. For example, the combined  
92 application of organic and synthetic N fertilizers increased rice yield by 11-13%  
93 compared with synthetic N fertilization alone<sup>17</sup>, whereas a complete organic N  
94 fertilization may adversely affect crop yield<sup>18, 19</sup>. Therefore, a partial substitution of  
95 synthetic N fertilizer with organic N sources is crucial for maintaining (or even  
96 increasing) rice yield whilst minimizing net C emissions. Rice N fertilization rates vary  
97 greatly worldwide. For instance, excessive N use for rice production is commonplace  
98 in China, while N fertilization in Africa is seriously inadequate to maintain rice  
99 productivity and soil fertility<sup>20, 21</sup>. Two N-based organic source management practices,  
100 i.e., partial substitution of synthetic N with organic N source (SN) and the extra addition

101 of organic N source to synthetic N (AN), are commonly adopted in rice production.  
102 Compared with just synthetic N fertilization, the SN provides the same amount of total  
103 N through a combination of organic and synthetic N sources resulting in less synthetic  
104 N input, while AN provides greater total N than that of synthetic N<sup>22</sup>. It is therefore  
105 essential to establish an optimal organic N management (OPTM) based on AN or SN  
106 option for increasing rice yield and concurrently reducing net C emissions in different  
107 regions worldwide.

108 In this study, we scaled the field findings up using machine learning to reconcile  
109 rice yields and net C emissions. A dataset comprised of 4654 observations was analyzed  
110 to determine the effects of organic N (i.e., type of organic N sources and proportions)  
111 and water management (i.e., conventional flooding and intermittent flooding) on yield,  
112 CH<sub>4</sub> emission, N<sub>2</sub>O emission and SOC using hierarchical mixed-effect meta-analysis.  
113 After a comprehensive consideration of rice yield and various aspects of net C  
114 emissions with an emphasis on rice yield improvement, appropriate type of organic N  
115 source and proportion and water management were determined for AN and SN. The  
116 Random Forest models were used to scale up appropriate organic N and water  
117 management for rice fields worldwide. We quantified the potential rice production and  
118 net C emissions under integrated OPTM and intermittent flooding for different regions.  
119 Finally, region-specific optimal use of synthetic N and organic N was predicted.

120

## 121 **Results**

### 122 **Specific organic N proportion and type of organic N source**

123 Our analysis shows that rice yield was significantly influenced by the proportion of  
124 organic N (defined by organic N to total N input in SN, and organic N to synthetic N  
125 input in AN, respectively) (Fig. 1). Overall, the rice yield was rarely changed in SN  
126 compared with synthetic N fertilization alone. SN improved rice yield when it had a  
127 low organic N ratio (organic N: total N  $\leq$  25%), with no further yield gain at higher  
128 organic N: total N ratios (Fig. 1a). Indeed, the yield declined when the organic N: total  
129 N ratio was  $>$  75% (lnRR = -0.09, Fig. 1a). In AN, rice yield was increased under  
130 different ratios of organic N to synthetic N, and the yield gain tended to be lower at  
131 high organic N ratio ( $>$  75%) compared with other ratios (Fig. 1e, Extended Data Table  
132 1). Thus, SN with low organic N ratio ( $\leq$  25%) and most AN applications (namely low,  
133 low-medium, and medium-high organic N: synthetic N; more details in Methods) did  
134 increase rice yield. As for the type of organic N source, mixed-source organic N  
135 produced greater average yield (lnRR = 0.07) relative to a single-source animal-derived  
136 or plant-derived organic N in AN (Extended Fig. 1e) but the difference was not  
137 statistically significant (Extended Data Table 1). This suggests that, to improve rice yield,  
138 a mixed-source of organic N was preferable for AN, while no such source preference  
139 was evident for organic N in SN (Extended Figs. 1a and e).

140 The CH<sub>4</sub> emissions from rice fields under SN (lnRR = 0.52) and AN (lnRR = 0.76)  
141 were greater than those fertilized with synthetic N alone (Figs. 1b and f), which may be  
142 due to the exogenous C input from organic N source (Extended Fig. 2l). The organic N



143 ratio did not alter CH<sub>4</sub> emission in SN significantly, but higher organic N ratios did  
144 increase CH<sub>4</sub> emission in AN (Fig. 1f;  $Q_M = 11.9$ ,  $P = 0.008$ , Extended Data Table 1),  
145 suggesting a lower organic N ratio is required to reduce CH<sub>4</sub> emission. Among types of  
146 organic N source, the plant-derived organic N resulted in greater CH<sub>4</sub> emissions in both  
147 SN (lnRR = 0.68) and AN (lnRR = 0.79) (Extended Figs. 1b and f), making it less  
148 effective in reducing CH<sub>4</sub> emission in both SN and AN. The N<sub>2</sub>O emission declined  
149 with increasing organic N ratio in SN, and N<sub>2</sub>O emission was significantly lower than  
150 that from synthetic N fertilization when the ratio of organic N to total N input was >  
151 75% (Fig. 1c). Furthermore, a negative correlation was observed between the effect size  
152 of N<sub>2</sub>O emission and organic C input (Extended Fig. 3g). For AN, a low organic N ratio  
153 and plant-derived organic N significantly decreased N<sub>2</sub>O emission compared with  
154 synthetic N fertilization alone (Fig. 1g and Extended Fig. 1g). In general, the SOC was  
155 increased with organic N source additions relative to synthetic N fertilization (lnRR =  
156 0.12 for AN and lnRR = 0.14 for SN) (Figs. 1d and h), and it increased with higher  
157 organic N ratios in AN (Fig. 1h;  $Q_M = 27.7$ ,  $P < 0.0001$ , Extended Data Table 1), under  
158 which condition the effect size of SOC increased logarithmically with organic C input  
159 under AN (Extended Fig. 3o). In brief, a low organic N ratio using animal-derived  
160 organic N source for SN and a low-medium organic N ratio with mixed-source organic  
161 N for AN are the most appropriate N options for higher rice yield with lower net C  
162 emissions.

### 163 **Potential global rice yield and net C emissions with OPTM**

164 Random Forest models were used to determine spatial patterns of change in rice yield,

165 CH<sub>4</sub> and N<sub>2</sub>O emission, and SOC content on a global scale. When worldwide adoption  
166 of SN for rice production was modelled, rice yield was decreased by 5% globally (Figs.  
167 2a and m) except for East Asia and South Asia. A marked reduction in rice yield, ca.  
168 20%, was observed in Africa and Latin America with SN (Fig. 2a), indicating that SN  
169 is not suitable for those areas (Extended Data Table 2). However, rice yield was  
170 increased by 8% on average with AN management (Fig. 2e), but it would exacerbate  
171 environmental pollution without a reduction in synthetic N use. The OPTM referred to  
172 as SN was replaced by AN in some grid cells where SN resulted in negative response  
173 ratio of rice yield. As such, the global average rice yield was increased by 7% in OPTM  
174 compared with synthetic N fertilization alone (Figs. 2i and m), implying that OPTM  
175 could be recommended for achieving high rice yield with minimized synthetic N input  
176 on a global scale.

177 The organic N application has increased CH<sub>4</sub> emission, regardless of management  
178 strategy (Figs. 2b, f, j, and n). Rice fields emitted more CH<sub>4</sub> from AN compared with  
179 SN, which might be attributed to greater organic C input in AN, as indicated by the  
180 positive correlation between the effect sizes of CH<sub>4</sub> emission and organic C input  
181 (Extended Fig. 2l). In comparison with AN, OPTM resulted in lower CH<sub>4</sub> emission,  
182 notably in East Asia and South Asia (Figs. 2f and j). Yet, OPTM resulted in 72% more  
183 CH<sub>4</sub> emission than synthetic N fertilization globally, which necessitates further  
184 measures to reduce CH<sub>4</sub> emission.

185 The inclusion of organic N sources, however, decreased N<sub>2</sub>O emission, which  
186 varied greatly among SN, AN, and OPTM. Compared to AN and OPTM, N<sub>2</sub>O emission

187 was much lower in SN (Figs. 2c, g, k, and o). Also, in general, application of organic N  
188 source increased SOC in rice fields globally (Figs. 2d, h, l, and p). The mean SOC  
189 concentration was increased by 18% in SN, 17% in AN, and 16% in OPTM relative to  
190 synthetic N fertilization, respectively. Regions with the most marked changes in SOC  
191 were in north China under SN and AN (Figs. 2d and h). The OPTM could also  
192 substantially increase SOC in both China and India (Figs. 2l and p).

193 Compared with synthetic N fertilization alone, the OPTM increased GWP by 2256  
194 kg CO<sub>2</sub>-eq ha<sup>-1</sup> per cropping potential (Table 1). The net GWP was higher for OPTM  
195 than synthetic N fertilization alone, indicating that the effect of decreased N<sub>2</sub>O emission  
196 and the increased SOC sequestration could not fully offset the increased CH<sub>4</sub> emission  
197 in OPTM. Yet, it is important to note that the net GWP intensity was similar between  
198 OPTM (858 kg CO<sub>2</sub>-eq Mg<sup>-1</sup> grain) and synthetic N fertilization alone (832 kg CO<sub>2</sub>-eq  
199 Mg<sup>-1</sup> grain), which was mainly attributed to higher rice yield in the OPTM (Table 1).

#### 200 **Intermittent flooding reduced CH<sub>4</sub> emission**

201 In the context of organic N fertilizer use in rice production, intermittent flooding could  
202 improve rice yield relative to conventional flooding by 294 kg ha<sup>-1</sup> (Fig. 3a). Moreover,  
203 intermittent flooding substantially decreased CH<sub>4</sub> emission, as much as 54 kg C ha<sup>-1</sup> per  
204 cropping season (Fig. 3b), without increasing N<sub>2</sub>O emissions (Fig. 3c). Also,  
205 intermittent flooding did not decrease SOC sequestration compared with conventional  
206 flooding (Fig. 3d). These results imply that intermittent flooding is a promising strategy  
207 towards the dual goal of high rice yield and low C emission under organic N fertilizer  
208 application.

209 The global CH<sub>4</sub> emission from rice cultivation was significantly lower under  
210 OPTM with intermittent flooding than that of OPTM with conventional flooding (by an  
211 average of 58 kg C ha<sup>-1</sup> per cropping season, Fig. 4j) based on the simulation by the  
212 Random Forest model. Notably, there was a marked decrease in CH<sub>4</sub> emission in China,  
213 up to 124 kg C ha<sup>-1</sup> per cropping season (Figs. 4b and f; Table 2); so it is imperative to  
214 adopt intermittent flooding when organic N sources are used in China. Overall, global  
215 N<sub>2</sub>O emissions were similar under integrated OPTM and intermittent flooding (Figs. 4c,  
216 g, and k). In addition, there were no significant changes in rice yield (Figs. 4a, e, and i)  
217 and SOC sequestration (Figs. 4d, h, and l) with OPTM between conventional flooding  
218 and intermittent flooding.

219 The apparent GWP under the integrated OPTM and intermittent flooding (5507 kg  
220 CO<sub>2</sub>-eq ha<sup>-1</sup> per cropping season) was similar to that of business-as-usual scenario  
221 (BAU) (5183 kg CO<sub>2</sub>-eq ha<sup>-1</sup> per cropping season; Fig. 5g). East Asia and North India  
222 were the hotspots of GWP under BAU, and their GWP was substantially decreased  
223 under the integrated OPTM and intermittent flooding (Figs. 5a, d, and g). In comparison  
224 with BAU, the net GWP was notably decreased by 1050 CO<sub>2</sub>-eq ha<sup>-1</sup> per cropping  
225 season (Figs. 5b, e, and h), and the NGWPI was lowered by 176 kg CO<sub>2</sub>-eq Mg<sup>-1</sup> grain  
226 (Figs. 5c, f, and i) under the integrated OPTM and intermittent flooding. These results  
227 indicate that the increased GWP occurring with organic N sources can be mitigated  
228 through decreased C emission by adopting integrated OPTM and intermittent flooding.

### 229 **Implementation of integrated organic N and water management**

230 The organic N sources are applied as base fertilizers before rice transplanting. During

231 the early growth stage, the flooding is needed to re-establish and rejuvenate transplanted  
232 seedlings. From the tillering stage to harvesting stage, intermittent flooding was  
233 implemented to reduce CH<sub>4</sub> emission by promoting methanotrophs and inhibiting  
234 methanogenesis. The scenario analyses from Radom Forest models showed that, in  
235 comparison with BAU, integrated OPTM and intermittent flooding increased global  
236 rice production by 9%, i.e., up to 824 Tg yr<sup>-1</sup> (Fig. 6a). In Africa, rice production was  
237 increased by approximately 25% by integrated OPTM and intermittent flooding, and  
238 China's rice production was increased by 13%, which is 27 Tg yr<sup>-1</sup> more than the current  
239 production. Further, integrated OPTM and intermittent flooding significantly decreased  
240 total net GWP by 21% (Fig. 6b). Integrated OPTM and intermittent flooding in China's  
241 rice production could play an important role in mitigating the net GWP from rice fields  
242 at global level, i.e., the net GWP can be decreased from 185 Tg CO<sub>2</sub>-eq yr<sup>-1</sup> to 83 Tg  
243 CO<sub>2</sub>-eq yr<sup>-1</sup> (Fig. 6b). Similarly, India's rice production decreased net GWP by 19%  
244 compared with BAU. Moreover, OPTM could reduce global synthetic N consumption  
245 by 23% in rice production with an increased annual organic N source consumption of  
246 5.48 Tg N yr<sup>-1</sup> (Fig. 6c), implying the practicality of substituting synthetic N with  
247 organic N sources for global rice production.

248 Different OPTM strategies are applicable in different countries or regions because  
249 of their distinct N fertilization practices (Extended Data Table 2). China, India, and  
250 Africa account for 57% of global rice production, and they may need to adopt different  
251 OPTM strategies because of their contrasting nutrient availabilities. In China, 90% of  
252 the rice-producing areas were best suited to adopt SN to increase rice yield, with only

253 10% of the area being suitable for AN. As for India, 65% of rice cultivation could adopt  
254 SN with the remaining needing more N fertilization. In Africa, most of the rice-  
255 producing area should adopt AN, and only 2% of the area could use SN to increase rice  
256 yield. Intermittent flooding is not harmful to rice yield under OPTM, since the rice yield  
257 was secured in China (8153 kg ha<sup>-1</sup>), India (5536 kg ha<sup>-1</sup>), and Africa (5023 kg ha<sup>-1</sup>)  
258 (Table 2). More importantly, intermittent flooding can substantially decrease CH<sub>4</sub>  
259 emission under OPTM. For instance, the CH<sub>4</sub> emission was decreased from 278 kg C  
260 ha<sup>-1</sup> under integrated OPTM and conventional flooding to 154 kg C ha<sup>-1</sup> under  
261 integrated OPTM and intermittent flooding in China. As a result, the net GWP and  
262 NGWPI were substantially decreased in China, India, and Africa under integrated  
263 OPTM and intermittent flooding compared with BAU or integrated OPTM and  
264 conventional flooding. These results further confirm the potential of integrated OPTM  
265 and intermittent flooding for securing sufficient rice production whilst minimizing net  
266 GHG emission across extensive rice-producing areas globally.

267 **Discussion**

268 Although substantial CH<sub>4</sub> emissions with the application of organic N sources in rice  
269 production have been widely reported<sup>11, 23</sup>, an accurate net C emissions that considers  
270 CH<sub>4</sub> and N<sub>2</sub>O emission, and SOC sequestration, was lacking<sup>6, 24</sup>. Here we found that  
271 the increase in SOC sequestration and the decrease in N<sub>2</sub>O emission cannot fully offset  
272 the massive CH<sub>4</sub> emission under organic N application in conventionally flooded fields.  
273 Indeed, organic N fertilization results in higher net GWP compared with synthetic N  
274 fertilization. However, intermittent flooding, as an effective water management strategy,  
275 improved rice yield and further lowered CH<sub>4</sub> emissions. This study demonstrated that  
276 the co-benefits of reduced net C emission and increased rice yield globally can be  
277 achieved by region-specific integrated organic N source with intermittent flooding.  
278 Thus, we identified a feasible approach for recycling organic N sources in rice fields  
279 with a win-win outcome for rice production and net C emission reduction.

280

281 **Enhanced rice production.** Although numerous site-specific studies have shown that  
282 appropriate combinations of synthetic and organic N fertilizers can increase rice yield  
283 by 6%–30% compared with synthetic N fertilization alone<sup>15, 16</sup>, here we found that an  
284 integrated OPTM and intermittent flooding can increase global rice production by 9%  
285 with reduced net C emissions compared to BAU without expanding crop production  
286 area. The increase in rice production (69 Tg yr<sup>-1</sup>) would satisfy the amount of rice  
287 needed to feed 0.57 billion people annually<sup>25</sup>, contributing to 60% of the additional  
288 demand for global rice production by 2035 (116 Tg)<sup>26</sup>. Global rice production would be

289 increased by 32% as rice productivity could rise up to 75% of the yield potential<sup>6</sup> once  
290 new rice cultivars, advanced nutrient management, and pest control technologies were  
291 integrated<sup>27</sup>. Here, we highlight that the nature-based solutions, i.e., use of appropriate  
292 organic N source and water management can contribute significantly to achieve global  
293 food security, as the projected 9% growth in rice production on the same land area  
294 decreases nearly one third of the exploitable yield gap globally. The solution provided  
295 by this study is different from the practice of organic N fertilization alone as it has  
296 resulted in recurrent crop failure. The combined use of organic N and synthetic N  
297 fertilization is better able to meet the N demand for rice growth compared with organic  
298 fertilization alone, because the synthetic N supplies available N at a time when the crop  
299 needs such as during rapid tillering at the early growth stage. Whereas, organic sources  
300 can increase soil N retention that gradually release N with time, ensuring adequate N  
301 supply at rice anthesis and grain filling stages<sup>28</sup>. The application of organic N source  
302 also improves soil aggregation, soil porosity, and nutrient cycling and availability  
303 (calcium, magnesium and micronutrients), which promote rice growth and yield<sup>29</sup>.

304       Based on our analyses, rice yield increases differently in different regions with  
305 OPTM (Table 2). There is a great potential to increase rice yield on the basis of the  
306 current lower yield level in Africa (with just 20%-40% of the yield potential)<sup>6</sup>, where  
307 yield can be increased by >20% compared with BAU. Importantly, although China's  
308 current rice production is now 75%-80% of its biophysical potential<sup>27</sup>, a further increase  
309 in rice production is plausible (ca. 10% of rice yield) through adoption of OPTM and  
310 intermittent flooding, particularly for the double-rice systems<sup>27</sup>. Hence, there is a need



311 to prioritize integrated OPTM and intermittent flooding to achieve rice self-sufficiency  
312 in China.

313

314 **Favourable C budget.** The CH<sub>4</sub> emission is the principal obstacle for C neutral budgets  
315 in rice, and we have shown that increased SOC did not offset the increased CH<sub>4</sub>  
316 emission under organic N inputs without intermittent flooding. The CH<sub>4</sub> emission from  
317 rice fields accounts for ca. 10% of total anthropogenic CH<sub>4</sub> emissions<sup>30</sup>. The application  
318 of organic N source without intermittent flooding increases CH<sub>4</sub> emission by 72%  
319 which will clearly endanger the international efforts to limit global warming to 1.5°C.  
320 However, integrated OPTM and intermittent flooding substantially decreased CH<sub>4</sub>  
321 emissions. This would reduce the annual net GWP by 110 Tg CO<sub>2</sub>-eq from global rice  
322 fields, representing 4% of integral mitigation targets (2759 Tg CO<sub>2</sub>-eq, baseline 2017)  
323 by 2050<sup>31</sup>. This potential reduction in net GWP from rice production is considerable  
324 given the current increase of 500 Tg CO<sub>2</sub>-eq year<sup>-1</sup> globally<sup>32</sup>. The likely mechanism  
325 explaining the observed reduction in CH<sub>4</sub> emission is that alternate wetting-drying  
326 cycles can alleviate the continuous anaerobic condition resulting in decreased CH<sub>4</sub>  
327 emission<sup>33, 34</sup>. The production of CH<sub>4</sub> generally occurs with low redox condition, but  
328 the intermittent flooding substantially lifts redox potential and consequently reduces  
329 CH<sub>4</sub> production. Moreover, the increased diffusion of O<sub>2</sub> with the intermittent flooding  
330 also facilitates methanotrophic processes<sup>35</sup>.

331 A favourable C budget for rice fields was also the result of increased SOC  
332 sequestration and reduced N<sub>2</sub>O emission. Our projection showed an average SOC

333 sequestration rate of 0.51-0.56 Mg C ha<sup>-1</sup> per rice crop cycle with OPTM (Fig. 4), which  
334 was similar to the experimental outcomes of a long-term field study with double-rice  
335 systems (1.14-1.36 Mg C ha<sup>-1</sup> yr<sup>-1</sup>)<sup>36</sup>. SOC sequestration rate is lower in rice fields than  
336 in upland (0.13 vs. 0.25 kg C per kg C input ha<sup>-1</sup> yr<sup>-1</sup>)<sup>29</sup>, which may be due to a higher  
337 initial SOC concentration<sup>8,9</sup> and faster decomposition of organic inputs with changing  
338 soil conditions<sup>37</sup>. Nevertheless, flooded rice production systems play a key role in  
339 sequestering C, as they carry a high proportion of global SOC stock relative to other  
340 croplands<sup>14</sup>. In line with previous studies<sup>9</sup>, the organic N inputs tended to have lower  
341 N<sub>2</sub>O emission than synthetic N fertilizer (Figs. 1c and g), which might be attributed to  
342 the low inorganic N content and high C:N ratio of mixed-source organic N fertilizers  
343 (C:N ratio = 20). Organic fertilizers with a high C:N ratio promote microbial N  
344 immobilization, resulting in less substrates to produce N<sub>2</sub>O<sup>38</sup>. Although organic N  
345 source application with animal manure can increase N<sub>2</sub>O emission in uplands<sup>19</sup>, the  
346 anaerobic rice fields should facilitate complete denitrification from nitrate to  
347 dinitrogen<sup>39</sup>. Although intermittent flooding is effective in reducing C emissions in rice  
348 fields using organic N sources, water management alone will have a limited effect on  
349 C neutrality because the decreased CH<sub>4</sub> emission (CO<sub>2</sub>-eq) was partially offset by the  
350 increased N<sub>2</sub>O emission (CO<sub>2</sub>-eq) and reduced SOC sequestration<sup>13</sup>. Therefore, an  
351 improved management of integrated OPTM and intermittent flooding is integral to  
352 achieve the favourable net C emission.

353       The application of organic N sources should consider current conventional  
354 practices, since large variations for N rates exist in different countries or regions, as

355 seen in China (~ 220 kg N ha<sup>-1</sup>), India (~ 90 kg N ha<sup>-1</sup>) and Africa (~ 50 kg N ha<sup>-1</sup>). The  
356 SN management is suitable for China while the African rice production will be most  
357 benefitted with AN management (Extended Data Table 2). Appropriate specific organic  
358 N fertilization is important for different countries or regions. Less synthetic N  
359 fertilization can accrue rice production and attenuate environmental pollutions in  
360 intensive Chinese rice production systems. In contrast, SN would decrease rice yield in  
361 Africa because the rice yield is mainly limited by insufficient N input (N < 50 kg N ha<sup>-1</sup>)<sup>21</sup>. In Africa, AN instead of SN should be encouraged to produce greater rice yield,  
362 and contributes to ‘Zero Hunger’, a key sustainable development goal proposed by the  
363 United Nations<sup>40</sup>.

365

366 **Limitations and implications.** The uncertainty of results reported here may come from  
367 the lack of practical measurements in some regions, such as the few observations of  
368 CH<sub>4</sub> and N<sub>2</sub>O emissions reported in Africa. Therefore, more site-specific measurements  
369 of soil C emission in Africa are needed to improve the accuracy of prediction. Climate  
370 change, particularly global warming, may decrease rice yield to some extent. For  
371 instance, annual global rice yields are decreasing by 0.3% on average because of global  
372 climate change<sup>41</sup>. Therefore, the effect of global warming should be considered in  
373 estimates of future rice production. Additionally, intermittent flooding is suitable for  
374 China when ‘organic substitution action’, a government promoted strategy for reducing  
375 synthetic fertilizer input in agriculture, is carried out around rice fields to facilitate the  
376 ‘carbon neutrality’ goal in agriculture. But intermittent flooding sometimes causes crop

377 failure because of unpredictable climate events and the need for more sophisticated  
378 agronomic operations<sup>42</sup>. More specific policies offering incentives, such as subsidy, free  
379 training, crop insurances should be implemented to ensure the efficacy and widespread  
380 adoption of these approaches in different regions.

381 Our study clearly established that rice field is important and ideal for sustainable  
382 recycling of organic N sources by an integrated OPTM and intermittent flooding  
383 strategy. Thus, this strategy forms a new perspective for addressing the challenge of  
384 coupling livestock and crop production systems in rice-producing areas. To fulfill the  
385 OPTM with intermittent flooding, at least three steps are needed. First, a range of policy  
386 measures from financial compensation to knowledge transfer is needed to encourage  
387 producers adopt the correspondingly suitable approach. Second, the technological  
388 reform is also needed to apply organic N sources to paddy soil, and more easy-to-use  
389 systems for technology application and appropriate infrastructure will accelerate  
390 technology adoption by rice producers. Third, a proactive approach of region-specific  
391 OPTM with intermittent flooding demonstration programs in different regions are  
392 needed for its successful implementation of OPTM with intermittent flooding.  
393 Although integrated OPTM and intermittent flooding would largely reduce C emissions,  
394 use of new more productive rice varieties with low CH<sub>4</sub> emissions<sup>43</sup>, nitrification  
395 inhibitors or controlled release urea, C-based nutrient sources and practices that  
396 conserve SOC<sup>44</sup>, would also be required to achieve C neutrality in rice production  
397 globally.

398 **Methods**

399 **Data compilation**

400 Data were extracted from peer-reviewed and published articles (from 2000 to 2019)  
401 using several databases, i.e., Web of Science (<https://www.webofscience.com/>), Baidu  
402 Xueshu (<https://xueshu.baidu.com/>), China National Knowledge Infrastructure  
403 (<https://www.cnki.net/>) and China Wanfang Data (<https://www.wanfangdata.com.cn/>).  
404 The terms, ‘paddy’ OR ‘rice’ AND ‘nitrogen’ OR ‘organic amendment’ OR ‘animal  
405 manure’ OR ‘green manure’ OR ‘crop residue’ AND ‘yield’ OR ‘nitrous oxide’ OR  
406 ‘methane’ OR ‘soil organic carbon’ OR ‘greenhouse gas’, were used to search papers.

407 The articles identified using these search terms were further screened using the  
408 following criteria: (i) Studies were conducted under field conditions; (ii) Studies should  
409 simultaneously include at least one treatment (application of organic N source) and a  
410 control (synthetic N fertilization), and furthermore, the treatment and control should  
411 have equal total N application in SN or same synthetic N rate as that of control  
412 (synthetic N fertilization) in AN; (iii) Organic N source-specific information (e.g.,  
413 animal manure, crop residue, and mixed-source fertilizers); (iv) To avoid data  
414 duplication, the same observations from different articles were used once only. When  
415 the data were presented as figures, GetData Graph digitizer software (version 2.26.0.20)  
416 was used to extract the data. The data compilation followed the PRISMA protocol  
417 (Extended Fig. 4). In total, we collected 1935 paired observations from 199 articles for  
418 the meta-analysis database.

419 Currently, the substitution of synthetic N with organic N sources (SN) and the

420 application of organic N sources combined with synthetic N (AN) are two dominant  
421 organic N management strategies. Synthetic N fertilization alone and SN provide the  
422 same total amount of N to rice, while AN provides more N than the synthetic N  
423 fertilization alone<sup>22</sup>. The number of paired observations for SN and AN was 948, and  
424 987, respectively. In addition, we collected 251 published papers to analyze the effects  
425 of water management on rice yield, emissions of CH<sub>4</sub> and N<sub>2</sub>O, and SOC sequestration.  
426 In this study, water management was categorized into two groups according to the  
427 definition from original paper: conventional flooding (continuous flooding and single  
428 drainage), and intermittent flooding (alternate wetting-drying and multiple drainages).  
429 Finally, 2719 observations of water management were extracted to compare the yield  
430 (conventional flooding, 770; intermittent flooding, 355), CH<sub>4</sub> emission (conventional  
431 flooding, 426; intermittent flooding, 384), N<sub>2</sub>O emission (conventional flooding, 270;  
432 intermittent flooding, 283), and SOC sequestration (conventional flooding, 180;  
433 intermittent flooding, 51).

434 The information of location (latitude, longitude), climate (mean annual  
435 temperature, MAT; mean annual precipitation, MAP), and soil (soil clay content, initial  
436 SOC, pH) of each observation was also collected. For the missing climate records in  
437 articles, we extracted MAT or MAP from WorldClim 2 (<https://www.worldclim.org/>)  
438 based on latitude and longitude. Moreover, soil clay content was provided based on  
439 USDA texture class according to soil texture. Overall, this dataset covered the main  
440 rice-producing region with 200 sites on the globe (<http://www.earthstat.org/>).

441 **Data analyses**

442 To analyze the effects of different managements of organic N source on target variables  
443 (rice yield, CH<sub>4</sub> emission, N<sub>2</sub>O emission and SOC), the observations were grouped into  
444 different categorizes. We defined organic N ratio in SN as organic N rate divided by  
445 total N input (synthetic N + organic N), and the organic N ratio in AN as organic N rate  
446 divided by synthetic N. The organic N ratio was classified into four categories, namely  
447 low ( $\leq 25\%$ ), low-medium (25-50%), medium-high (50-75%), and high ( $> 75\%$ ).  
448 According to the organic N origin, there was animal-derived organic N source  
449 (livestock manure), plant-derived organic N source (crop residue and green manure)  
450 and mixed-source organic N (both animal and plant). The cropping system also had  
451 different categories (single rice, double rice and paddy-upland cropping rotations). The  
452 duration of experiment encompassed short ( $\leq 3$  years), moderate (4-10 years), and long  
453 experimental duration ( $> 10$  years), respectively.

454 The effect sizes were presented as log-response ratios (lnRR), calculated as  $\ln(X_t)$   
455 -  $\ln(X_c)$  for each target variable, where  $X_t$  and  $X_c$  are means of treatment (organic N  
456 source application) and control (synthetic N fertilization alone) for the variable ( $X$ ),  
457 respectively. The variance was calculated using sample sizes ( $n$ ) and standard  
458 deviations (SD) described by Hedges and Curtis<sup>45</sup>. The effect sizes were weighted based  
459 on the inverse of variance. We used the mean variation coefficient ( $SD/X \times 100\%$ ) from  
460 the studies within the same regions when SD was not reported. Because of non-  
461 independence of the effect sizes from multiple treatments with the same control, we  
462 analyzed the data by taking the variance-covariance matrix into account<sup>46</sup>. For groups

463 with less than two paired observations, it was not possible to calculate confidence  
464 intervals (CIs), and therefore, these data were not presented in forest plots. The effect  
465 sizes were considered statistically significant when their CIs did not overlap zero. The  
466 mixed-effect meta-analysis was performed using ‘*metafor*’ package (version  
467 4.4-0) with ‘*REML*’ method in R<sup>47</sup>.

468 A hierarchical mixed-effect meta-analysis was performed to examine the effect  
469 sizes of target variables (rice yield, emissions of CH<sub>4</sub> and N<sub>2</sub>O, and SOC) from organic  
470 N source application treatment, where the fixed effects were explanatory variables (Fig.  
471 1 and Extended Fig. 1) and random effects were the hierarchical dependence of multiple  
472 observations within a study<sup>48</sup>.

473 The heterogeneity of effect sizes was assessed using the chi-square distribution<sup>49</sup>.  
474 The effect sizes of yield, CH<sub>4</sub> emission, N<sub>2</sub>O emission, and SOC had high heterogeneity  
475 in our meta-analysis ( $Q_T, P < 0.0001$ , Extended Data Table 1). The variables with high  
476 collinearity determined by the variance inflation factor (VIF) were excluded among 13  
477 explanatory variables (4 categorical variables: organic N ratio, type of organic N source,  
478 cropping system, experimental duration; 9 numeric variables: MAT, MAP, soil clay  
479 content, soil pH, initial SOC concentration, C:N ratio in organic N source, organic C  
480 input, synthetic N input, organic N input or total N rate). Differences of effect sizes  
481 between categories were tested via  $Q_M$  statistics, and the significance level was set at  $P$   
482  $< 0.05$  (Extended Data Table 1).

483 Publication bias was evaluated by Funnel plots and Egger tests. The response of  
484 rice yield to SN had some publication bias, as did for the response of rice yield in SN,



485 CH<sub>4</sub> emission and SOC in AN ( $P < 0.05$ , Extended Fig. 5). Furthermore, we used  
486 ‘Rosenberg’s fail safe-numbers’ to evaluate whether these results were robust in terms  
487 of publication bias<sup>50</sup>. The analysis showed that the slight publication bias did not affect  
488 analysis in this study because Rosenberg’s fail safe-numbers were large enough with  
489 significant levels ( $P < 0.0001$ , Extended Fig. 5).

#### 490 **Random Forest model and projections**

491 In the Random Forest model, the number of trees ( $n_{tree}$ ) and the number of variables at  
492 each node ( $m_{try}$ ) were chosen based on the reduction in error rates and robust results,  
493 respectively. A tenfold cross-validation was conducted to evaluate the parameters of  
494 Random Forest model, with 70% of the data used as training data and the rest of the  
495 data used for validation (Extended Data Table 3, Extended Fig. 6 and Extended Fig. 7).  
496 The importance of explanatory variables was ranked based on the increase in the mean  
497 squared error of ‘out-of-bag’ data in Random Forest model (Figs. S2 and S3). The  
498 ‘*metaforest*’ package (version 0.1.3) and ‘*randomForest*’ package (version 4.7-1.1)  
499 were used to predict effect sizes and the absolute value of target variables in R software,  
500 respectively.

501 After a comprehensive consideration of rice yield and net C emissions with an  
502 emphasis on rice yield improvement, we chose the appropriate management of organic  
503 N source and ratio for SN and AN management. The OPTM could be recommended for  
504 achieving high rice yield with appropriate type of organic N source and proportion to  
505 minimize synthetic N application on a global scale. The OPTM was selected through  
506 two steps. Initially, by considering both net C emissions and rice yield in the meta-

507 analysis, we selected the most appropriate combination of organic N and synthetic N  
508 with low net C emissions and high rice yield for AN and SN, i.e., a low organic N ratio  
509 with animal-derived organic N source in SN and a low-medium organic N ratio with  
510 mixed-source organic N in AN. Moreover, SN was replaced by AN in some grid cells  
511 where SN caused negative response ratio of rice yield. Climatic factors (MAT, MAP)  
512 from WorldClim 2 (<https://www.worldclim.org/>), soil properties (soil clay content,  
513 initial SOC, soil pH) from Harmonized World Soil Database1.2  
514 (<https://www.fao.org/soils-portal/en/>), and fertilization conditions from EARTHSTAT  
515 (<http://www.earthstat.org/>) were used to project rice yields across the globe.

516

#### 517 **Data availability**

518 The data used in this study is publicly available, Climatic factors from WorldClim 2  
519 (<https://www.worldclim.org/>), soil properties from Harmonized World Soil Database1.2  
520 (<https://www.fao.org/soils-portal/en/>), and fertilization conditions from EARTHSTAT  
521 (<http://www.earthstat.org/>). Source data are provided with this paper. All data in this  
522 study are uploaded at Figshare (<https://doi.org/10.6084/m9.figshare.25193996>).

523

#### 524 **Code availability**

525 The code used in this study are available, and All code in this study are uploaded at  
526 Figshare (<https://doi.org/10.6084/m9.figshare.25193996>).

527

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534

535 **Author contributions**

536 X.C. and Z.L. designed the work. B.L., C.G., J.X., and Q.Z. performed the data  
537 extraction and analysis. B.L. wrote the first draft of the manuscript. All co-authors  
538 reviewed and revised the paper.

539

540 **Competing interests**

541 The authors declare no competing interests.

542

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655

656

657 **Table 1 Carbon budget under synthetic N fertilization and OPTM in global rice**  
 658 **field. OPTM refers to the optimal management of organic N source. GWP**  
 659 **represents global warming potential, and NGWPI is net global warming potential**  
 660 **intensity.**

Item	Management	
	Synthetic N fertilizer	OPTM
GWP (kg CO <sub>2</sub> -eq ha <sup>-1</sup> per cropping season)	5184 (1740, 9345)	7440 (4912, 11373)
Net GWP (kg CO <sub>2</sub> -eq ha <sup>-1</sup> per cropping season)	4675 (218, 8989)	5382 (2649, 8984)
NGWPI (kg CO <sub>2</sub> -eq Mg <sup>-1</sup> grain)	832 (53, 1616)	858 (435, 1517)

661 The values presented are mean, and those in parentheses are values of 5<sup>th</sup> and 95<sup>th</sup> quantiles, respectively.

662 The calculated details of GWP, net GWP and NGWPI are shown in supplementary information.

663 **Table 2 Changes in yield, GWP, net GWP, and NGWPI in the main rice-producing countries/regions. BAU is business as usual; OPTM+CF**  
 664 **is integrated optimal organic N management and conventional flooding; OPTM+IF is integrated optimal organic N management and**  
 665 **intermittent flooding. GWP represents global warming potential, and NGWPI is net global warming potential intensity.**

Country/Region	Management	Rice yield (kg ha <sup>-1</sup> )	CH <sub>4</sub> emission (kg C ha <sup>-1</sup> )	N <sub>2</sub> O emission (kg N ha <sup>-1</sup> )	SOC sequestration (Mg C ha <sup>-1</sup> season <sup>-1</sup> )	GWP (kg CO <sub>2</sub> -eq ha <sup>-1</sup> )	Net GWP (kg CO <sub>2</sub> -eq ha <sup>-1</sup> )	NGWPI (kg CO <sub>2</sub> -eq Mg <sup>-1</sup> grain)
China	BAU	7435 (6269, 8172)	202 (122, 297)	1.07 (0.32, 2.32)	0.22 (-0.32, 0.80)	7183 (4348, 10117)	6372 (3112, 9713)	865 (402, 1342)
	OPTM+CF	8455 (6558, 9781)	278 (208, 380)	0.67 (0.38, 1.01)	0.83 (0.40, 1.30)	9558 (7164, 12945)	6524 (4464, 9416)	787 (480, 1188)
	OPTM+IF	8153 (6468, 10256)	154 (96, 202)	0.94 (0.62, 1.37)	0.72 (0.50, 0.95)	5512 (3565, 7186)	2866 (234, 4693)	356 (27, 583)
India	BAU	5354 (4149, 6369)	124 (33, 251)	1.06 (0.47, 2.15)	0.24 (-0.01, 0.61)	4563 (1568, 8749)	3653 (329, 7483)	682 (65, 1433)
	OPTM+CF	5497 (4979, 7045)	189 (128, 258)	0.72 (0.48, 1.15)	0.60 (0.36, 0.79)	6601 (4576, 8851)	4453 (2214, 6855)	807 (418, 1220)
	OPTM+IF	5536 (4859, 7221)	136 (95, 170)	0.94 (0.58, 1.31)	0.59 (0.44, 0.84)	4929 (3533, 6061)	2748 (877, 4016)	506 (157, 751)
Africa	BAU	4091 (3141, 5175)	125 (40, 214)	1.32 (0.57, 3.28)	0.28 (0.03, 0.60)	4730 (1665, 7683)	3701 (166, 6997)	862 (46, 1702)
	OPTM+CF	5039 (4670, 5727)	176 (141, 228)	0.96 (0.77, 1.30)	0.52 (0.24, 0.73)	6280 (5122, 8005)	4369 (2724, 6398)	871 (536, 1285)
	OPTM+IF	5023 (4626, 5627)	152 (116, 180)	0.99 (0.69, 1.23)	0.54 (0.41, 0.70)	5478 (4322, 6410)	3482 (2422, 4537)	700 (485, 907)
	BAU	5649 (3470, 4744)	143 (40, 270)	0.97 (0.39, 2.30)	0.14 (-0.25, 0.74)	5184 (1740, 9345)	4675 (218, 8989)	832 (53, 1616)
World	OPTM+CF	6366 (4744, 9395)	213 (136, 334)	0.78 (0.42, 1.28)	0.56 (0.24, 1.08)	7440 (4912, 11373)	5382 (2649, 8984)	858 (435, 1517)
	OPTM+IF	6247 (4767, 9595)	155 (97, 215)	0.77 (0.56, 1.26)	0.51 (0.44, 0.89)	5495 (3608, 7619)	3625 (630, 5495)	656 (90, 895)

666 The values presented are mean, and those in parentheses are the values of 5<sup>th</sup> and 95<sup>th</sup> quantiles, respectively.

667 The calculated details of GWP, net GWP and NGWPI are shown in supplementary information.



668 **List of figure captions**

669 **Fig. 1 Influences of organic N ratio on rice yield, CH<sub>4</sub> and N<sub>2</sub>O emission, SOC.** a–  
670 h, Change in rice yield (a,e), CH emission (b,f), N<sub>2</sub>O emission (c,g) and SOC (d,h)  
671 under SN (a–d) and AN (e–h). Low, low-medium, medium-high and high organic N  
672 ratio refer to  $\leq 25\%$ , 25–50%, 50–75% and  $>75\%$ , respectively. In the forest plots, points  
673 stand for mean effect sizes, and error bars are 95% calculated CIs. The numbers of  
674 observations and literature (in parentheses) are listed on the right side of each figure.

675

676 **Fig. 2 Projected the effect sizes of rice yield, CH<sub>4</sub> and N<sub>2</sub>O emission, SOC on a**  
677 **global scale.** a–l, Spatial patterns of the effect sizes of rice yield (a, e, i), CH<sub>4</sub> emission  
678 (b, f, j), N<sub>2</sub>O emission (c, g, k), and SOC (d, h, l) under SN (a–d), AN (e–h) and OPTM  
679 (i–l). m–p, Summaries of the effect sizes of rice yield (m), CH<sub>4</sub> emission (n), N<sub>2</sub>O  
680 emission (o), and SOC (p). The short black solid line and red diamond within each box,  
681 respectively represent median and mean value. The lower and upper edges of each box  
682 are 25th and 75th percentiles, and bars of each box indicate 10th and 90th percentiles.

683

684 **Fig. 3 Comparisons of rice yield, CH<sub>4</sub> and N<sub>2</sub>O emission, SOC sequestration under**  
685 **water managements.** a–d, Effect of water management on rice yield (a), CH emission  
686 (b), N O emission (c) and SOC sequestration (d) under application of organic N source.  
687 CF, conventional flooding; IF, intermittent flooding. The P values are calculated using  
688 two-sided unpaired Student's t-test, and significant difference is set at  $P < 0.05$ . The

689 black solid line within each box represents median value. The lower and upper edges  
690 of each box are 25th and 75th percentiles, and bars of each box indicate 10th and 90th  
691 percentiles.

692

693 **Fig. 4 Projected rice yield, CH<sub>4</sub> and N<sub>2</sub>O emission, SOC sequestration under**  
694 **OPTM+water managements on a global scale.** a–h, Spatial patterns of rice yield (a,e),  
695 CH<sub>4</sub> emission (b,f), N<sub>2</sub>O emission (c,j) and SOC sequestration (d,h) under OPTM + CF  
696 (a–d) and OPTM + IF, (e–h). i–l, Summaries of the rice yield (i), CH emission (j), N O  
697 emission (k) and SOC sequestration (l). OPTM + CF, integrated management of optimal  
698 organic N source and conventional flooding; OPTM + IF, integrated management of  
699 optimal organic N source and intermittent flooding. The short black solid line and red  
700 diamond within each box, respectively represent median and mean value. The lower  
701 and upper edges of each box are 25th and 75th percentiles, and bars of each box indicate  
702 10th and 90th percentiles.

703

704 **Fig. 5 Comparisons of GWP, net GWP and NGWPI between two scenarios. a–f,**  
705 **Spatial patterns of GWP (a,d), net GWP (b,e) and NGWPI (c,f) in rice-producing areas**  
706 **under integrated organic N source and water managements BAU (a–c) and OPTM+IF**  
707 **(d–f). g–i, Summaries of GWP (g), net GWP (h) and NGWPI (i) (for calculated details,**  
708 **see Supplementary Information).** The short black solid lines and red diamonds in boxes,  
709 lower and upper edges, and bars represent median and mean values, 25th and 75th  
710 percentiles, and 10th and 90th percentiles, respectively.

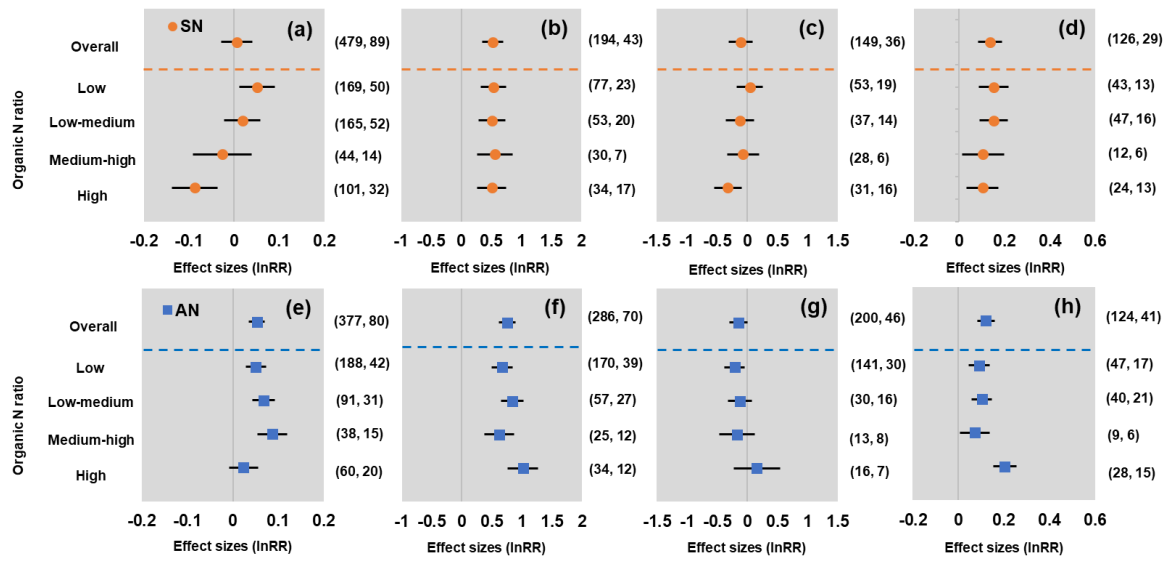
711

712 **Fig. 6 Comparisons of rice production, total net GWP, and total N consumption**  
713 **between two scenarios. a–c, Projection of global rice production (a), total net GWP**  
714 **(b) and total N consumption (c) (calculated details are given in Supplementary**  
715 **Information).**

716

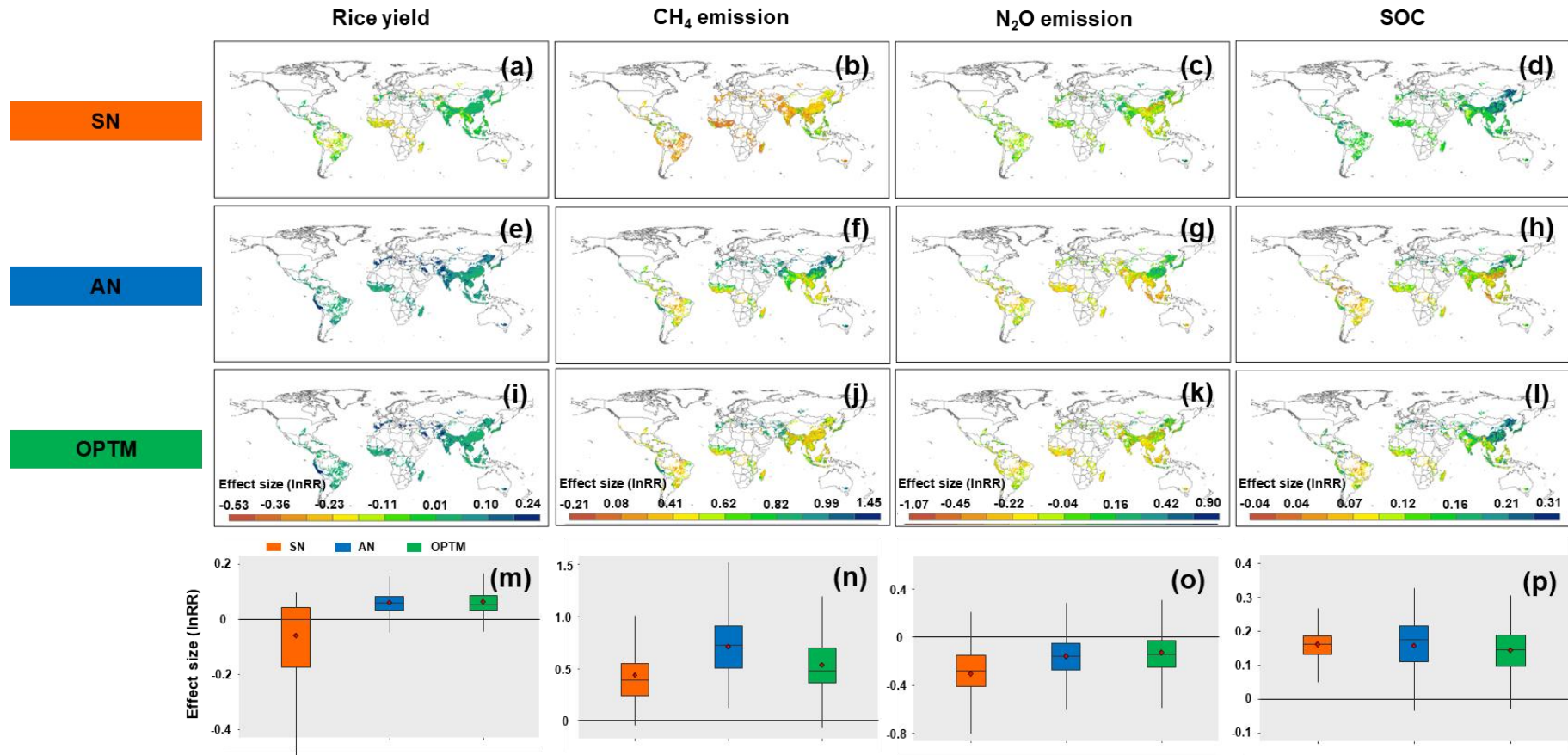
717 **Fig. 1**

718



719

Fig. 2



**Fig. 3**

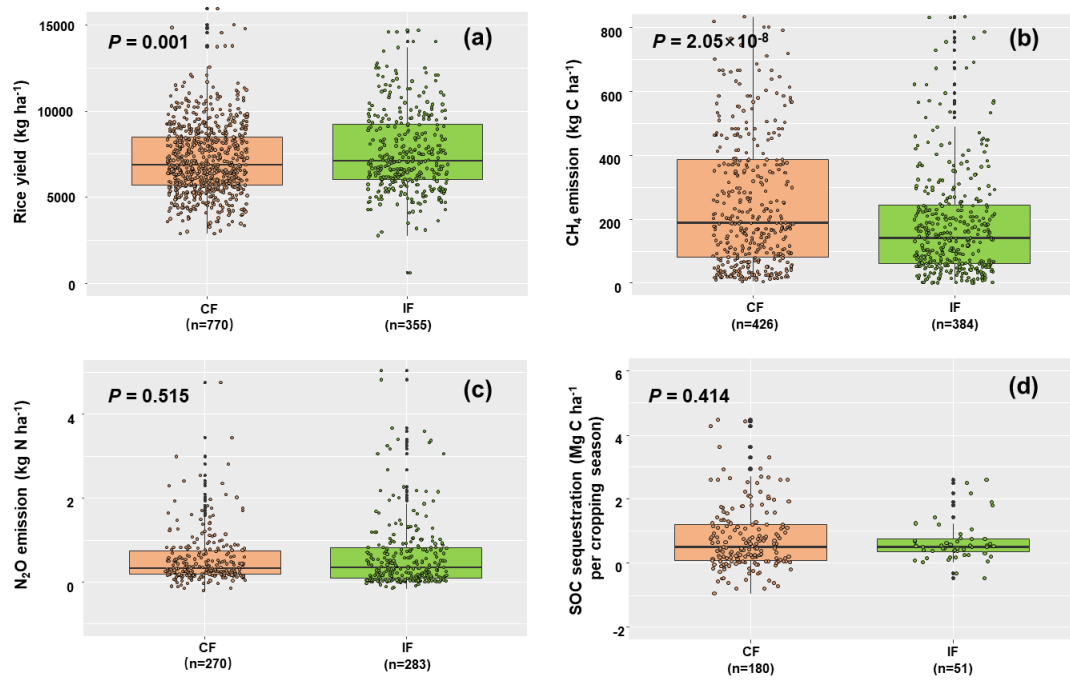


Fig. 4

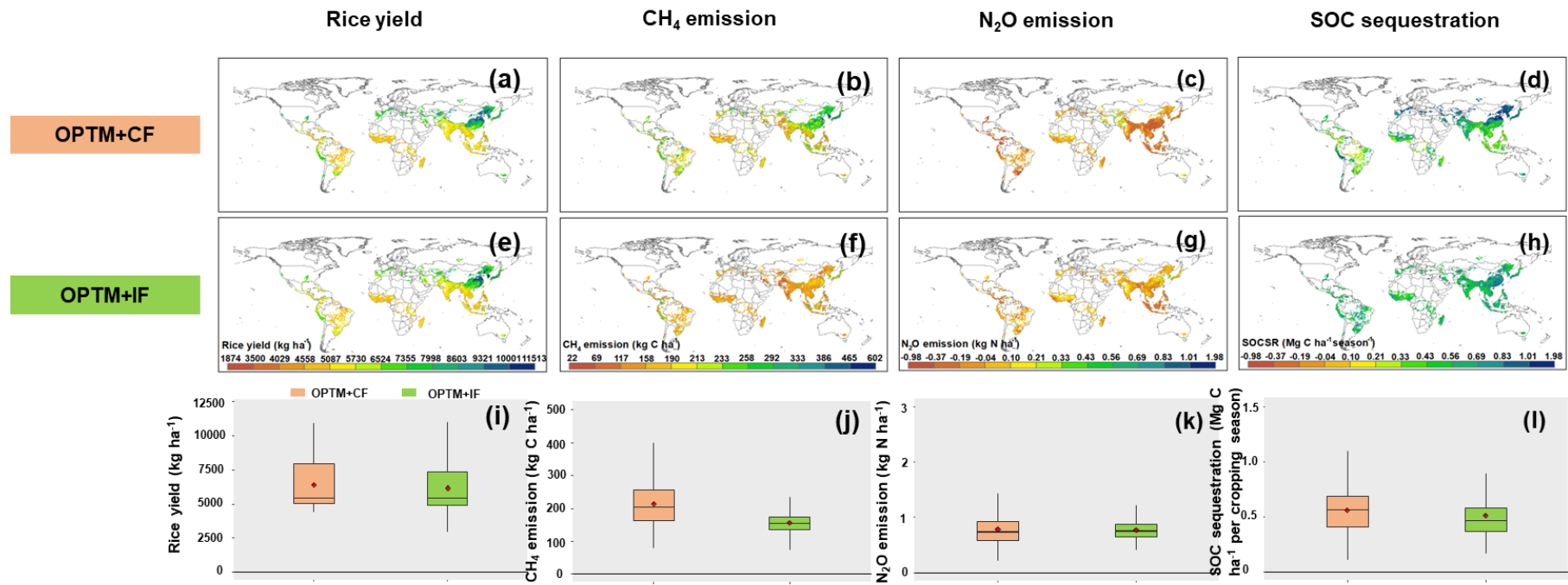
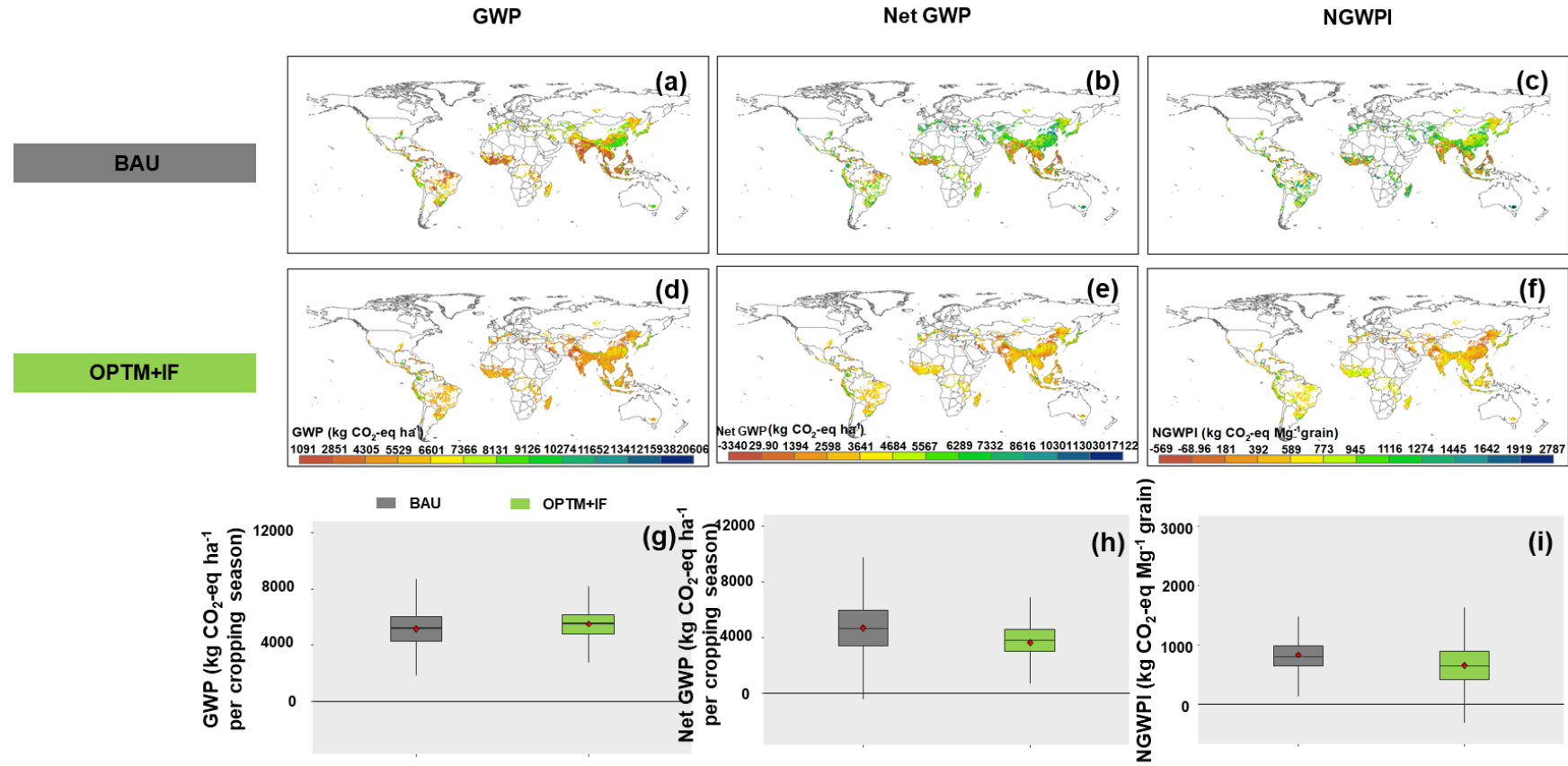


Fig. 5





1 **Fig. 6**

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