

# Thrombectomy Outcomes With General vs Nongeneral Anesthesia

A Pooled Patient-Level Analysis From the EXTEND-IA Trials and SELECT Study

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## Abstract

### Background and Objectives

The effect of anesthesia choice on endovascular thrombectomy (EVT) outcomes is unclear. Collateral status on perfusion imaging may help identify the optimal anesthesia choice.

### Methods

In a pooled patient-level analysis of EXTEND-IA, EXTEND-IA TNK, EXTEND-IA TNK part II, and SELECT, EVT functional outcomes (modified Rankin Scale score distribution) were compared between general anesthesia (GA) vs non-GA in a propensity-matched sample. Furthermore, we evaluated the association of collateral flow on perfusion imaging, assessed by hypoperfusion intensity ratio (HIR) – Tmax > 10 seconds/Tmax > 6 seconds (good collaterals – HIR < 0.4, poor collaterals – HIR ≥ 0.4) on the association between anesthesia type and EVT outcomes.

### Results

Of 725 treated with EVT, 299 (41%) received GA and 426 (59%) non-GA. The baseline characteristics differed in presentation National Institutes of Health Stroke Scale score (median [interquartile range] GA: 18 [13–22], non-GA: 16 [11–20],  $p < 0.001$ ) and ischemic core volume (GA: 15.0 mL [3.2–38.0] vs non-GA: 9.0 mL [0.0–31.0],  $p < 0.001$ ). In addition, GA was associated with longer last known well to arterial access (203 minutes [157–267] vs 186 minutes [138–252],  $p = 0.002$ ), but similar procedural time (35.5 minutes [23–59] vs 34 minutes [22–54],  $p = 0.51$ ). Of 182 matched pairs using propensity scores, baseline characteristics were similar. In the propensity score–matched pairs, GA was independently associated with worse functional outcomes (adjusted common odds ratio [adj. cOR]: 0.64, 95% CI: 0.44–0.93,  $p = 0.021$ ) and higher neurologic worsening (GA: 14.9% vs non-GA: 8.9%, aOR: 2.10, 95% CI: 1.02–4.33,  $p = 0.045$ ). Patients with poor collaterals had worse functional

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SELECT, EXTEND-IA, EXTEND-IA TNK, and EXTEND-IA TNK Part-II coinvestigators are listed at [links.lww.com/WNL/C448](https://links.lww.com/WNL/C448).

outcomes with GA (adj. cOR: 0.47, 95% CI: 0.29–0.76,  $p = 0.002$ ), whereas no difference was observed in those with good collaterals (adj. cOR: 0.93, 95% CI: 0.50–1.74,  $p = 0.82$ ),  $p_{\text{interaction}}$ : 0.07. No difference was observed in infarct growth overall and in patients with good collaterals, whereas patients with poor collaterals demonstrated larger infarct growth with GA with a significant interaction between collaterals and anesthesia type on infarct growth rate ( $p_{\text{interaction}}$ : 0.020).

## Discussion

GA was associated with worse functional outcomes after EVT, particularly in patients with poor collaterals in a propensity score–matched analysis from a pooled patient-level cohort from 3 randomized trials and 1 prospective cohort study. The confounding by indication may persist despite the doubly robust nature of the analysis. These findings have implications for randomized trials of GA vs non-GA and may be of utility for clinicians when making anesthesia type choice.

## Classification of Evidence

This study provides Class III evidence that use of GA is associated with worse functional outcome in patients undergoing EVT.

## Trial Registration Information

EXTEND-IA: ClinicalTrials.gov (NCT01492725); EXTEND-IA TNK: ClinicalTrials.gov (NCT02388061); EXTEND-IA TNK part II: ClinicalTrials.gov (NCT03340493); and SELECT: ClinicalTrials.gov (NCT02446587).

Endovascular thrombectomy (EVT) improves clinical outcomes for patients with ischemic stroke with a proximal large vessel occlusion (LVO) in the anterior circulation.<sup>1</sup> Optimizing the variables that affect EVT outcome is crucial. Whether the choice of anesthesia can affect the outcomes of EVT is still unclear.

Data on the effect of anesthesia choice on EVT outcomes have conflicting results. There have been 3 single-center randomized trials<sup>2–4</sup> and an individual-level meta-analysis of those randomized controlled trials (RCTs)<sup>5</sup> that showed that EVT outcomes were better with general anesthesia (GA). Conversely, post hoc analyses from the MR CLEAN RCT<sup>6</sup> and from the HERMES individual-level meta-analysis<sup>7</sup> showed better EVT outcomes with non-GA. A subsequent analysis of the MR CLEAN registry suggested that local anesthesia was associated with better outcomes than conscious sedation or GA.<sup>8</sup> In addition, an updated meta-analysis of randomized controlled trials and nonrandomized studies identified non-GA to be associated with better functional outcomes and improved mortality.<sup>9</sup> However, substantial heterogeneity within results was identified as a sensitivity analysis including data from randomized trials demonstrated worse functional outcomes with non-GA, with no difference in mortality between the 2 groups.

Treating patients without the use of general anesthetic (non-GA), using either conscious sedation or local anesthesia without sedation, is less invasive, permits monitoring the clinical status, and is less likely to cause hypotension that may impair collateral blood flow to the ischemic brain. However, inability to control patient movement and protect the airway may pose a risk for procedural complications and yield a longer procedure. GA may delay the start of EVT,<sup>7</sup> and there is potential hyper- and hypoventilation, increased hemodynamic variability,<sup>5</sup> and, at least theoretically, increased risk of respiratory infections with GA.<sup>10</sup>

The effect of anesthesia choice on EVT outcomes may be modulated by other factors within the studied population including collateral status that may interact with the hemodynamic effects of GA. It is plausible that patients with worse collaterals may be more sensitive to GA-related hemodynamic changes, which could result in larger infarct growth and subsequently worse functional outcomes compared with those with non-GA. These baseline stroke-imaging characteristics have not been examined in previous studies.

We sought to evaluate whether use of GA is associated with worse functional outcomes in patients undergoing EVT and whether this association is modified by collateral status on perfusion imaging. We hypothesized that GA may be associated with worse outcomes after EVT compared with non-GA, particularly in patients with worse collaterals.

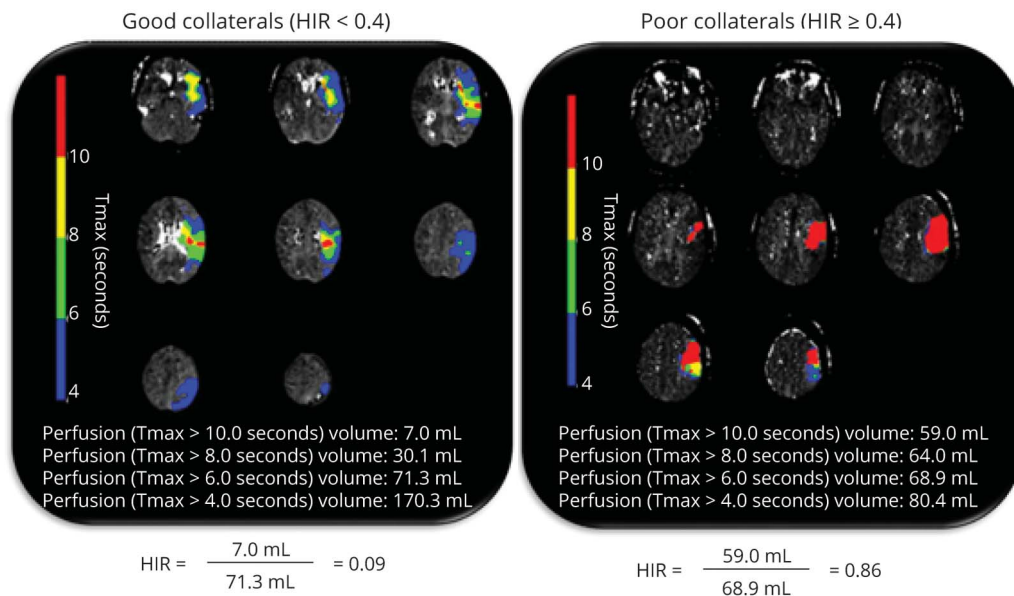
## Methods

### Study Population

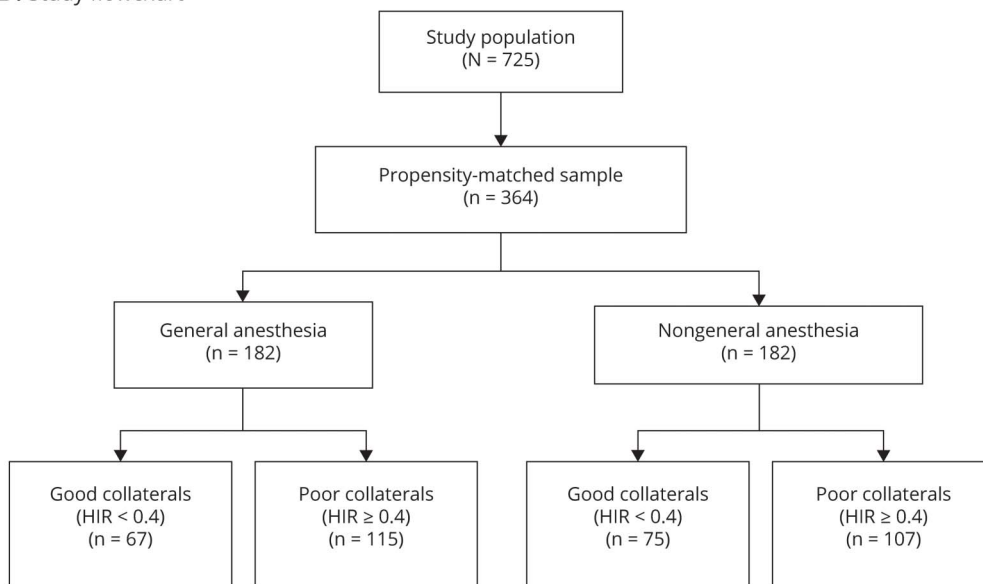
This is a pooled patient-level analysis from 3 randomized controlled trials (EXTEND-IA, EXTEND-IA TNK, and EXTEND-IA TNK part II) and a prospective cohort study (SELECT).<sup>11–14</sup> The details regarding the inclusion and exclusion criteria for these studies have been published previously. Briefly, all patients with anterior circulation LVOs (in the intracranial internal carotid artery or proximal segments of the middle cerebral artery [MCA-M1 and M2]) receiving EVT in the aforementioned studies were included in this analysis. Additional study-level characteristics of participating studies are provided in eTable 1 (links.lww.com/WNL/C449) in the Supplement. In each study, the use of an anesthetic approach for endovascular treatment was at the discretion of the local neurointerventionalists and neuroanesthesia team, who may have determined the choice of

**Figure 1** Illustrative Cases for Good and Poor Collaterals and Study Flowchart

**A.** Illustrative cases for good and poor collaterals on CTP



**B.** Study flowchart



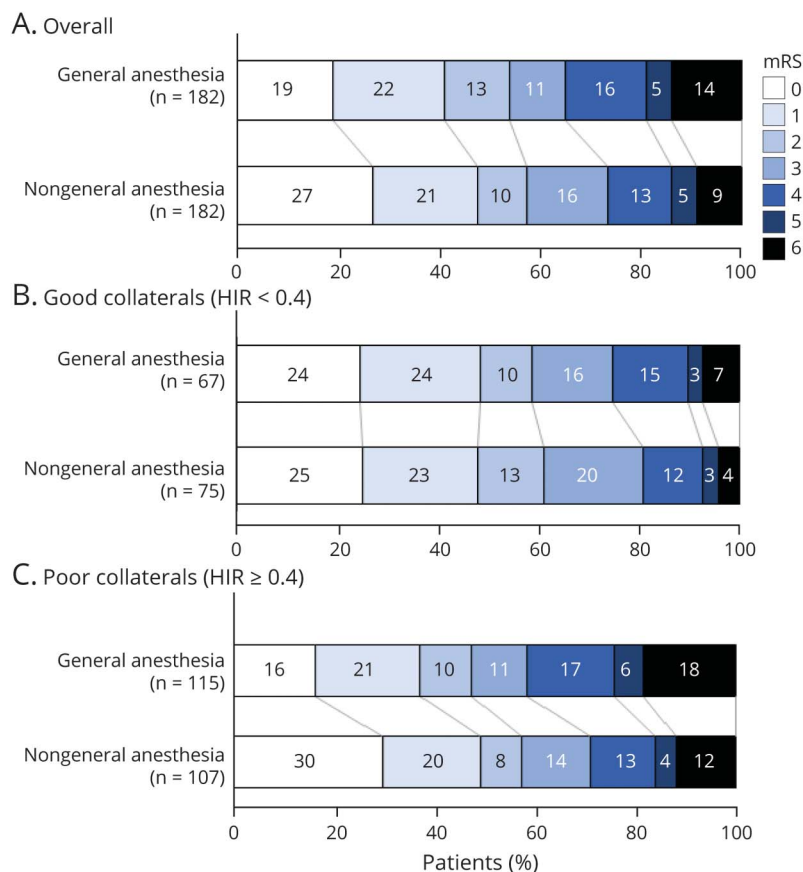
(A) Illustrative cases for good and poor collaterals on perfusion imaging. Patient 1 demonstrated  $T_{max} > 10$  seconds volume of 7.0 mL and  $T_{max} > 6$  seconds volume of 71.3 mL, resulting in an HIR of 0.09, which is considered a marker for good collaterals, whereas patient 2 demonstrated  $T_{max} > 10$  seconds volume of 59.0 mL and  $T_{max} > 6$  seconds volume of 68.9 mL, resulting in an HIR of 0.86, which is considered a marker for poor collaterals. (B) Study flowchart. HIR = hypoperfusion intensity ratio.

anesthesia based on patient-specific characteristics. The study cohort was stratified, based on the type of anesthesia, into GA vs non-GA. The non-GA approach included patients who received conscious sedation and those receiving local anesthesia without sedation. They were prospectively followed for the next 90 days after admission, and modified Rankin Scale (mRS) score assessment at 90 days was performed by investigators blinded to both the core laboratory reading and treatment assignment.

**Imaging Evaluation**

All patients received noncontrast CT, CT angiogram, and CT perfusion imaging processed using iSchemaView RAPID before EVT. Acquired images were not reprocessed for this study. Individual study-reported imaging evaluation parameters were used to complete the analyses provided in the article. Collateral flow on perfusion imaging was obtained using hypoperfusion intensity ratio (HIR), a ratio of  $T_{max} > 10$  seconds and  $T_{max} > 6$  seconds tissue volumes on time to

**Figure 2** Distribution of Functional Outcomes by 90-Day mRS Score in the Propensity-Matched Cohort



(A) Illustrates EVT outcomes in patients based on their anesthesia type, demonstrating an overall shift toward better functional outcomes in patients treated with non-GA. (B) Illustrates EVT outcomes in patients based on their anesthesia type in patients with HIR < 0.4. (C) Illustrates EVT outcomes in patients based on their anesthesia type in patients with HIR ≥ 0.4. Patients with poor collaterals (HIR ≥ 0.4) demonstrated a clear shift in the functional outcomes with non-GA, whereas the distribution of functional outcomes was similar for GA and non-GA approaches for patients with good collaterals (HIR < 0.4). EVT = endovascular thrombectomy; GA = general anesthesia; HIR = hypoperfusion intensity ratio; mRS = modified Rankin Scale.

maximum intensity residue function. Patients with an HIR < 0.4 were considered to have good collaterals, whereas an HIR ≥ 0.4 was considered indicative of poor collaterals on perfusion imaging (Figure 1A).<sup>15</sup>

## Outcomes

The primary outcome was the distribution of the 90-day mRS score. Functional independence (mRS score of 0–2) at 90-day follow-up was a secondary outcome. Safety outcomes included mortality at 90-day follow-up, symptomatic intracerebral hemorrhage (sICH), defined as worsening of the National Institutes of Health Stroke Scale (NIHSS) score of ≥4 with evidence of parenchymal hemorrhage type 2 on follow-up imaging,<sup>16</sup> and neurologic worsening, defined as increase of ≥4 points in the NIHSS score within 24 hours from hospital admission. Infarct growth, defined as the volumetric difference between ischemic core at presentation and infarct volume measured by manual delineation of the infarct tissue on follow-up imaging (diffusion weighted imaging preferred/CT if not available) were also evaluated.

## Standard Protocol Approvals, Registrations, and Patient Consents

The protocols for individual trials were approved at sites' local institutional review boards, and all studies were registered at

clinicaltrials.gov. All participants and/or their legally authorized representatives provided informed consent before enrollment in the individual studies.

## Data Availability

The data that support the findings of this study are available from the corresponding author, A.S., on reasonable request.

## Statistical Analysis

Patients were stratified into GA vs non-GA. Baseline clinical and imaging characteristics and outcomes were described and compared between the 2 groups using the Pearson  $\chi^2$  test or Fisher's exact test for categorical variables and the Student *t* test or Wilcoxon rank-sum test for continuous variables, where appropriate.

Propensity score matching was used to address the baseline differences. A propensity score was calculated across the study sample using age, NIHSS score at presentation, IV thrombolytic administration, transfer status, serum glucose at presentation, occlusion location, time from last known well to procedure, ischemic core, HIR (<0.4 vs ≥ 0.4), and study design being randomized controlled trial vs prospective cohort, accounting for balancing of characteristics across propensity score blocks. Visual examination of propensity score



distribution was undertaken to assess common support. A 1:1 matching was conducted using the nearest neighbor method. Balancing of 2 groups was ensured by calculating standardized mean differences of key baseline characteristics. The association of the type of anesthesia on functional outcome was assessed using multivariable ordinal logistic regression models adjusting for age ( $\geq 65$ —prespecified dichotomy), presentation NIHSS score, IV thrombolytic status, clot location, time from last known well to procedure, volumes for ischemic core and critically hypoperfused tissue, and successful reperfusion status (modified thrombolysis in cerebral ischemia [mTICI] grade 2b-3) at the end of the procedure. To account for individual participating studies being prospective cohorts vs randomized trials, the design of the individual participating study (randomized controlled trial vs prospective cohort) was incorporated as a fixed effect. The adjusted common odds ratio (adj. cOR) with 95% CI and  $p$  values were reported. The proportional odds assumption for ordinal regression was examined using the approximate likelihood ratio test. A sensitivity analysis, using study design as a random effect in a mixed-effects ordinal logistic regression, was also conducted.

Data regarding hemodynamic changes were available for the SELECT study. Changes in systolic blood pressure (BP) between arrival and minimum intraprocedure readings were calculated, and patients were stratified based on the change in systolic BP into  $<20$ , 20–39, 40–59, and  $\geq 60$  mm Hg drop. We compared the magnitude of change between subgroups with good and poor collaterals on perfusion imaging. The effect of BP drop on infarct growth was also evaluated using a multivariable linear regression model, adjusting for aforementioned covariates. Furthermore, we assessed the effect of anesthesia type on the correlation with collateral status on perfusion imaging by stratifying the patients based on the HIR of  $<0.4$  vs  $\geq 0.4$ .

In addition, we evaluated infarct growth volumes in the propensity-matched sample overall and in HIR strata using a linear regression model, adjusting for age ( $\geq 65$ ), presentation NIHSS score, IV thrombolytic status, clot location, time from last known well to procedure, volumes for ischemic core and critically hypoperfused tissue, and successful reperfusion status (mTICI 2b-3) at the end of the procedure. To account for individual participating studies being prospective cohorts vs randomized trials, the design of the individual participating study (randomized controlled trial vs prospective cohort) was incorporated as a fixed effect. A sensitivity analysis, using study design as a random effect in a mixed-effects regression, was also conducted.

STATA 15 (StataCorp. 2017. Stata Statistical Software: Release 15. College Station, TX: StataCorp LLC.) was used for statistical analyses. All  $p$  values were 2 sided, and  $p < 0.05$  was considered statistically significant. Missing data were not imputed.

## Results

### Baseline Characteristics—Overall Cohort

A total of 725 patients receiving EVT were included in this pooled analysis. Figure 1B describes the flow diagram of the cohort based on the type of anesthesia received and stratified by collateral flow status. The baseline characteristics demonstrated significant differences between patients who received GA and non-GA, including presentation NIHSS score (GA: 18 [13–22], non-GA: 16 [11–20],  $p < 0.001$ ) and ischemic core volume (GA: 15.0 [3.2–38.0] vs non-GA: 9.0 [0.0–31.0],  $p < 0.001$ ). In addition, GA was associated with longer last known well (LKW) to arterial puncture times (GA 203 [157–267] minutes vs non-GA 186 [138–252],  $p = 0.002$ ). However, time from arterial puncture to reperfusion/end of the procedure was not significantly different between GA (35.5 [23–59] minutes) and non-GA (34 [22–54] minutes),  $p = 0.51$ . eTable 2 ([links.lww.com/WNL/C449](https://links.lww.com/WNL/C449)) provides a comparison of different baseline clinical and imaging characteristics between patients with GA vs non-GA.

### Baseline Characteristics in the Propensity-Matched Cohort

Using propensity scores, 182 matched pairs of patients receiving GA vs non-GA for EVT were identified. Table 1 describes similar baseline clinical and imaging characteristics of matched pairs stratified based on the type of anesthesia, including age (GA: 70.5 [61–79] vs non-GA: 70 [61–78],  $p = 0.66$ ), NIHSS score at presentation (GA: 17 [13–21] vs non-GA: 16 [12–20],  $p = 0.40$ ), ischemic core (GA: 13.0 [0.0–32.0] mL vs non-GA: 11.5 [0.0–32.0],  $p = 0.83$ ), or times from last known well to arterial puncture (GA: 195 [151–248] minutes vs non-GA: 190 [140–258] minutes,  $p = 0.67$ ).

### Functional, Safety, and Imaging Outcomes for GA vs Non-GA in the Propensity-Matched Cohort

There was a significant shift (cOR: 0.66, 95% CI = 0.46–0.96,  $p = 0.028$ ), demonstrating worse 90-day mRS scores in patients who received GA in the univariable analysis as demonstrated in Figure 2A. After adjustment for potential confounders, GA was independently associated with worse functional outcomes (adj. cOR: 0.64, 95% CI: 0.44–0.93,  $p = 0.021$ ). Importantly, improved outcomes with non-GA were sustained in a model that adjusted for HIR (adj. cOR: 0.64, 95% CI: 0.44–0.93,  $p = 0.019$ ).

Furthermore, GA was associated with higher rates of neurologic worsening (GA: 14.9% vs non-GA: 8.9%, aOR: 2.08, 95% CI: 1.01–4.29,  $p = 0.048$ ) and numerically higher mortality (GA: 14.3% vs non-GA: 8.8%, aOR: 2.15, 95% CI: 0.97–4.76,  $p = 0.06$ ), whereas symptomatic ICH (GA: 4.9% vs non-GA: 5.5%, aOR: 0.94, 95% CI: 0.34–2.56,  $p = 0.90$ ) did not differ.

**Table 1** Baseline Clinical and Imaging Characteristics in the Propensity-Matched Cohort Based on the Type of Anesthesia

	<b>Non-GA N = 182</b>	<b>GA N = 182</b>	<b>p Value</b>
<b>Age (y)</b>	70 (61–78)	70.5 (61–79)	0.66
<b>Sex</b>			
<b>Females</b>	84 (46.2%)	83 (45.6%)	0.92
<b>Males</b>	98 (53.8%)	99 (54.4%)	
<b>Serum glucose (mg/dL)</b>	122.5 (104.5–155)	118.9 (105–150)	0.35
<b>H/o hypertension</b>	125 (68.7%)	126 (69.6%)	0.85
<b>H/o congestive heart failure</b>	9 (10.0%)	5 (6.0%)	0.34
<b>H/o ischemic heart disease</b>	43 (25.4%)	36 (20.7%)	0.30
<b>H/o atrial fibrillation</b>	59 (32.4%)	57 (31.5%)	0.85
<b>H/o diabetes mellitus</b>	44 (24.2%)	35 (19.3%)	0.26
<b>H/o hyperlipidemia</b>	94 (51.9%)	96 (53.0%)	0.83
<b>H/o stroke/TIA</b>	20 (11.8%)	31 (17.8%)	0.11
<b>Smoking status</b>			
<b>Nonsmoker</b>	108 (62.1%)	118 (65.9%)	0.27
<b>Current smoker</b>	21 (12.1%)	27 (15.1%)	
<b>Past smoker</b>	45 (25.9%)	34 (19.0%)	
<b>Occlusion location</b>			
<b>ICA</b>	44 (24.2%)	39 (21.4%)	0.67
<b>MCA-M1</b>	104 (57.1%)	103 (56.6%)	
<b>MCA-M2</b>	34 (18.7%)	40 (22.0%)	
<b>Transfer status</b>			
<b>Direct to EVT center</b>	137 (75.3%)	138 (75.8%)	0.90
<b>Transferred to EVT center</b>	45 (24.7%)	44 (24.2%)	
<b>Time from last known well to arterial puncture (min)</b>	190 (140–258)	195 (151–248)	0.67
<b>Time from last known well to arrival (min)</b>	89 (53–151)	83 (55–141)	0.52
<b>Time from arrival to puncture (min)</b>	89 (62–122)	97 (73–121)	0.12
<b>Baseline NIHSS score</b>	16 (12–20)	17 (13–21)	0.40
<b>ASPECTS on baseline CT</b>	9 (7–10)	8 (7–9)	0.46
<b>Ischemic core (rCBF &lt;30%) volume (mL)</b>	11.5 (0.0–32.0)	13.0 (0.0–32.0)	0.83
<b>Tissue volume with Tmax &gt;6 s (cc)</b>	124.5 (87.0–166.0)	120.2 (89.0–170.0)	0.87
<b>Tissue volume with Tmax &gt;10 s (cc)</b>	55.0 (25.0–97.0)	54.0 (28.4–90.0)	0.82
<b>HIR</b>	0.47 (0.31–0.60)	0.47 (0.33–0.60)	0.55
<b>Successful reperfusion (mTICI 2b-3)</b>	157 (87.7%)	159 (87.8%)	0.97

Abbreviations: EVT = endovascular thrombectomy; GA = general anesthesia; HIR = hypoperfusion intensity ratio; ICA = internal carotid artery; MCA = middle cerebral artery; NIHSS = National Institutes of Health Stroke Scale; rCBF = relative cerebral blood flow.

Infarct growth from baseline ischemic core (GA: 11.1 [0.0–54.5] mL vs non-GA: 7.0 [–2.4 to 34.7] mL, adj. coeff: 14.59, 95% CI: –2.40 to 31.59,  $p = 0.092$ ) did not

demonstrate significant difference between GA and non-GA approaches. Sensitivity analysis using mixed-effects models also demonstrated similar results (Table 2).

**Table 2** Clinical Outcomes in the Propensity-Matched Cohort, Stratified by Anesthesia Type

	Total N = 364	Non-GA N = 182	GA N = 182	Adjusted estimates (95% CI), p value—fixed-effects model	Adjusted estimates (95% CI), p value—mixed-effects model
90-d mRS score <sup>a</sup>	2 (1–4)	2 (0–3)	2 (1–4)	0.64, 95% CI: 0.44–0.93, <i>p</i> = 0.021	0.64, 95% CI: 0.44–0.93, <i>p</i> = 0.021
Mortality at 90-d follow-up <sup>b</sup>	42 (11.5%)	16 (8.8%)	26 (14.3%)	2.15, 95% CI: 0.97–4.76, <i>p</i> = 0.06	2.20, 95% CI: 0.99–4.87, <i>p</i> = 0.05
Neurologic worsening <sup>b</sup>	43 (11.9%)	16 (8.9%)	27 (14.9%)	2.08, 95% CI: 1.01–4.29, <i>p</i> = 0.048	2.10, 95% CI: 1.02–4.33, <i>p</i> = 0.045
Symptomatic intracranial hemorrhage <sup>b</sup>	19 (5.2%)	10 (5.5%)	9 (4.9%)	0.94, 95% CI: 0.34–2.96, <i>p</i> = 0.90	0.90, 95% CI: 0.33–2.43, <i>p</i> = 0.84
Infarct growth (mL) <sup>c</sup>	8.7 (–0.8 to 45.0)	7.0 (–2.4 to 34.7)	11.1 (0.0–54.5)	14.59, 95% CI: –2.40 to 31.59, <i>p</i> = 0.092	14.11, 95% CI: –2.58 to 30.80, <i>p</i> = 0.097

Abbreviations: GA = general anesthesia; mRS = modified Rankin Scale.

<sup>a</sup> Assessed using ordinal logistic regression.

<sup>b</sup> Assessed using logistic regression.

<sup>c</sup> Assessed using linear regression.

### General vs Non-GA Based on Collateral Status in the Propensity-Matched Cohort

There were 142 patients (67 GA and 75 non-GA) with favorable collaterals on perfusion imaging (HIR <0.4). Baseline characteristics were similar between the 2 groups, eTable 3 (links.lww.com/WNL/C449). Baseline characteristics were also largely similar in 222 patients (115 GA and 107 non-GA) with poor collaterals on perfusion imaging (HIR ≥0.4), except for shorter LKW to puncture times with non-GA (170 [137–249] vs GA: 195 [159–260] minutes, *p* = 0.029; eTable 4).

Tables 3 and 4 represent the clinical outcomes in patients with good and poor collaterals on perfusion imaging, respectively. With good collaterals, no difference was observed in the distribution of mRS scores at 90-day follow-up (adj. cOR: 0.93, 95% CI: 0.50–1.74, *p* = 0.82), whereas in patients demonstrating poor collaterals on perfusion (HIR ≥ 0.4), GA was associated with significantly worse functional outcomes (adj. cOR: 0.47, 95% CI: 0.29–0.76, *p* = 0.002), with interaction of thrombectomy outcomes by anesthesia type approaching, but not reaching statistical significance (*p*<sub>interaction</sub>: 0.07).

Furthermore, no differences in safety outcomes including death, neurologic worsening, or symptomatic ICH were observed between GA and non-GA approaches in patients with good collaterals. While with poor collaterals, neurologic worsening (GA: 19.3% vs 8.6%, aOR: 3.07, 95% CI: 1.21–7.77, *p* = 0.018) was significantly higher and mortality (GA: 18.3% vs non-GA: 12.1%, fixed aOR: 2.26, 95% CI: 0.91–5.59, *p* = 0.078) was numerically higher with GA, whereas sICH (GA: 7.8% vs non-GA: 5.6%, aOR: 1.60, 95% CI: 0.48–5.36, *p* = 0.45) did not demonstrate a difference between choice of anesthesia technique.

In regard to imaging outcomes, infarct growth did not differ with anesthesia technique (GA: 6.5 [–1.5 to 18.4] mL vs non-GA: 11.5 [2.8–32.9] mL, adj. coeff: –11.20, 95% CI: –27.47–5.07, *p* = 0.18) in patients with good collaterals, whereas we observed larger infarct growth with GA (GA: 18.8 [3.5–83.5] mL vs non-GA: 2.5 [–5.2 to 39.4] mL, adj. coeff: 30.13, 95% CI: 4.38–55.88, *p* = 0.022) in those with poor

collaterals. Importantly, there was an interaction between infarct growth and anesthesia technique (*p*<sub>interaction</sub>: 0.020). Sensitivity analyses using mixed-effects models also represented similar results, as detailed in Tables 3 and 4. Additional sensitivity analyses are provided in eResults and eTable 5 (links.lww.com/WNL/C449), demonstrating similar results with use of time from LKW to door and door to puncture instead of LKW to puncture and continuous age instead of dichotomized age, respectively.

### Hemodynamic Changes in Relation to Anesthesia Type

In 264 SELECT cohort patients with available hemodynamic measures, GA was associated with larger drop in systolic BP (30 [7–57] mm Hg vs non-GA: 16 [5–45] mm Hg, *p* = 0.025). Furthermore, the proportion of patients with <20, 20–39, 40–59, and ≥60 mm Hg drop in systolic BP was 36%, 25%, 17%, and 22% for patients receiving GA and 57%, 13%, 18%, and 11% in patients receiving non-GA, respectively (*p* = 0.002). Furthermore, we observed an association toward significantly increased infarct volume with larger SBP drop (for each mm Hg drop in BP – reg. coeff: 0.32, 95% CI: –0.06 to 0.71, *p* = 0.099), which approached but did not reach statistical significance.

### Classification of Evidence

The study provides Class III evidence that use of GA is associated with worse functional outcome in patients undergoing EVT, especially with poor collaterals on perfusion imaging.

### Discussion

Our results, based on the analysis of a propensity-matched cohort from pooled patient-level data from 3 randomized trials and a prospective cohort study, demonstrate worse thrombectomy functional outcomes and higher mortality rates in patients undergoing EVT with GA. This difference was primarily driven by patients with poor collaterals on perfusion imaging, in contrast to those with good collaterals

**Table 3** Clinical Outcomes in the Propensity Score–Matched Cohort in Patients With HIR <0.4 Based on the Type of Anesthesia Received

	Total N = 142	Non-GA N = 75	GA N = 67	Adjusted estimates (95% CI), p value—fixed-effects model	Adjusted estimates (95% CI), p value—mixed-effects model
90-d mRS score <sup>a</sup>	2 (1–3)	2 (0–3)	2 (1–4)	0.93, 95% CI: 0.50–1.74, <i>p</i> = 0.82	0.93, 95% CI: 0.50–1.74, <i>p</i> = 0.82
Mortality at 90-d follow-up <sup>b</sup>	8 (5.6%)	3 (4.0%)	5 (7.5%)	2.44, 95% CI: 0.20–29.59, <i>p</i> = 0.48	3.95, 95% CI: 0.37–42.06, <i>p</i> = 0.26
Neurologic worsening <sup>b</sup>	12 (8.5%)	7 (9.5%)	5 (7.5%)	0.67, 95% CI: 0.14–3.34, <i>p</i> = 0.63	0.67, 95% CI: 0.14–3.33, <i>p</i> = 0.63
Symptomatic intracranial hemorrhage <sup>b</sup>	4 (2.8%)	4 (5.3%)	0 (0.0%)	N/A	N/A
Infarct growth (mL) <sup>c</sup>	8.3 (0.1–27.2)	11.5 (2.8–32.9)	6.5 (–1.5 to 18.4)	–11.20, 95% CI: –27.47 to 5.07, <i>p</i> = 0.18	–11.90, 95% CI: –27.39 to 3.58, <i>p</i> = 0.13

Abbreviations: GA = general anesthesia; HIR = hypoperfusion intensity ratio; mRS = modified Rankin Scale.

<sup>a</sup> Assessed using ordinal logistic regression.

<sup>b</sup> Assessed using logistic regression.

<sup>c</sup> Assessed using linear regression.

where no difference in thrombectomy outcomes based on the anesthesia type was observed. Our findings shed light on potential baseline imaging parameters identifying subpopulations who may have worse outcomes with GA.

Current randomized evidence assessing the effect of anesthesia choice on EVT outcomes is ambiguous, suggesting no benefit of non-GA vs GA in some trials,<sup>3,4</sup> whereas another trial<sup>2</sup> and the pooled patient-level meta-analysis<sup>5</sup> demonstrated the superiority of GA in terms of functional outcomes after EVT. Criticisms of these trials include their single-center nature and limited enrollment. The single-center design with strict protocols regarding the choice of anesthetic agents and intraprocedural hemodynamic management make the findings less generalizable. The wide range of functional independence rates observed across these trials suggests significant population heterogeneity.

On the other hand, the analysis from the MR CLEAN trial and a patient-level meta-analysis of the Highly Effective Reperfusion Using Multiple Endovascular Devices [HERMES] collaboration demonstrated improved outcomes in patients treated without GA.<sup>6,7</sup> Furthermore, the significance of EVT treatment effect was shown to be lost in patients treated with GA in the MR CLEAN trial.<sup>17</sup> Although these trials were not randomized on the basis of anesthesia strategy, the data reflect standard practice patterns at multiple centers across the world, suggesting greater generalizability of the findings. The contrasting findings have resulted in continued equipoise in the choice of anesthesia before EVT. Some ongoing thrombectomy trials discourage the use of GA.<sup>18</sup>

It is plausible that the effect of anesthesia choice on EVT outcomes may be related to specific clinical and imaging factors within the studied population. None of the prior RCTs or patient-level meta-analyses evaluated the association of the various baseline imaging characteristics and severity with the effect of anesthesia approach. Our study population was uniquely positioned to evaluate these imaging parameters; the

results support the hypothesis that the association of GA with worse functional outcomes may be limited to patients with poor collateral flow on perfusion imaging. To that end, our results showed significantly larger infarct growth with GA in patients with poor collaterals, whereas no association with infarct growth and anesthesia technique was observed in those with good collaterals. Overall infarct growth was limited in our study population, which can be attributed to the high successful reperfusion rate and limited occurrence of significant cerebral edema and hemorrhagic transformation. Still, the largest infarct growth (18.8 [3.5–83.5] mL) was observed in patients with poor collaterals who received GA. These results support the hypothesis that the association of GA with worse functional outcomes may be limited to patients with poor collateral flow and highlight larger infarct growth as a biologically plausible mechanism.

GA and associated sedation is known to cause significant hypotension,<sup>19,20</sup> which may affect the collaterals preserving ischemic penumbra. This effect may be accentuated in patients with poor collaterals. The hemodynamic data in our cohort suggested higher rates of significant BP drop in patients who received GA, which may have contributed to the infarct growth in this group. These findings support the plausibility of our hypothesis.

Prior analysis has demonstrated potential effect modification of collateral status on GA-associated hypotension and infarct growth.<sup>21</sup> Our analysis supports the hypothesis and explores perfusion imaging parameters to potentially guide anesthesia choice. Although HIR may have shown good correlation with collaterals flow on CT angiogram,<sup>15,22,23</sup> variations within good and poor grades of HIR may have contributed to some of our findings.

The effect of successful reperfusion through EVT may be so robust that the overall effect of modifiers such as type of anesthesia technique may be insignificant in patients with



**Table 4** Clinical Outcomes in the Propensity Score–Matched Cohort in Patients With HIR  $\geq 0.4$  Based on the Type of Anesthesia Received

	Total N = 222	Non-GA N = 107	GA N = 115	Adjusted estimates (95% CI), p value—fixed-effects model	Adjusted estimates (95% CI), p value—mixed-effects model
90-d mRS score <sup>a</sup>	2 (1–4)	2 (0–4)	3 (1–4)	0.47, 95% CI: 0.29–0.76, $p = 0.002$	0.47, 95% CI: 0.29–0.76, $p = 0.002$
Mortality at 90-d follow-up <sup>b</sup>	34 (15.3%)	13 (12.1%)	21 (18.3%)	2.27, 95% CI: 0.91–5.59, $p = 0.08$	2.26, 95% CI: 0.92–5.59, $p = 0.08$
Neurologic worsening <sup>b</sup>	31 (14.2%)	9 (8.6%)	22 (19.3%)	3.07, 95% CI: 1.21–7.77, $p = 0.018$	3.08, 95% CI: 1.22–7.77, $p = 0.017$
Symptomatic intracranial hemorrhage <sup>b</sup>	15 (6.8%)	6 (5.6%)	9 (7.8%)	1.60, 95% CI: 0.48–5.36, $p = 0.45$	1.59, 95% CI: 0.47–5.30, $p = 0.45$
Infarct growth (mL) <sup>c</sup>	9.8 (–2.5 to 62.4)	2.5 (–5.2 to 39.4)	18.8 (3.5–83.5)	30.13, 95% CI: 4.38–55.88, $p = 0.022$	29.90, 95% CI: 5.01–54.79, $p = 0.019$

Abbreviations: GA = general anesthesia; HIR = hypoperfusion intensity ratio; mRS = modified Rankin Scale.

<sup>a</sup> Assessed using ordinal logistic regression.

<sup>b</sup> Assessed using logistic regression.

<sup>c</sup> Assessed using linear regression.

limited ischemic changes, slow infarct progression, and preserved collaterals. On the other hand, patients with compromised collaterals would have lower likelihood of benefit with reperfusion achieved through EVT; thus, the effect of anesthesia technique may become much more prominent. This potential differential effect of anesthesia in these patient groups has not been evaluated before, with only 43/368 (12%) patients with ASPECTS  $< 6$  in the pooled patient-level meta-analysis of anesthesia RCTs.<sup>5</sup> The SELECT2 (NCT03876457) trial of thrombectomy for patients with large core and fast progression will examine the effect of anesthesia in a prespecified secondary analysis.<sup>18</sup>

Although some of the patients scheduled to undergo EVT need GA for reasons such as airway protection in severe stroke or to control agitation threatening patient safety, anesthesia choice still is based on the preference of interventionalist/anesthetist in most of the cases, as confirmed by the variation in the proportion of patients treated under GA in pivotal EVT trials.<sup>11,17,24–26</sup> Underlying imaging considerations may help guide physicians where anesthesia may truly be a matter of choice. Furthermore, as BP drop after GA is associated with worse clinical outcomes, this can serve as a potentially modifiable mechanism that should be further explored in clinical research.

Our analysis has several limitations. This was a post hoc analysis with the inherent limitations of such analyses. The study protocol was not preregistered at PROSPERO or other similar registries. The patients were not randomized by anesthesia strategy in either RCTs or SELECT cohort. Details regarding the approach of non-GA (conscious sedation vs local anesthesia without sedation) were not available; thus, we could not perform an analysis comparing these groups. Despite propensity matching, residual confounding by the indication for GA in more severely unwell patients may persist. Our study is hypothesis generating, and further validation through future studies is warranted.

GA was associated with worse EVT outcomes, and this effect was driven by those patients with worse collateral flow. There was no significant association of anesthetic strategy with EVT outcomes in patients with good collaterals. These findings may contribute to the design of future randomized trials assessing the question of choice of anesthesia for EVT to enrich such populations.

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### Disclosure

A. Sarraj reports serving as the principal investigator of the SELECT and SELECT2 trials through a grant from Stryker Neurovascular to University of Texas–Houston and as a consultant, speaker bureau member, and advisory board member for Stryker. G.W. Albers has an ownership interest in the iSchemaView and is a consultant or on advisory boards for iSchemaView. Dr. P. Mitchell reports receiving grant support, paid to his institution, from Medtronic, Stryker, and Codman Johnson and Johnson (now Codman Neuro), serving as an unpaid consultant to Codman Johnson and Johnson, and receiving travel support from Stryker and MicroVention and institutional research support from Stryker and Medtronic. A.E. Hassan is a consultant, speaker bureau member, and proctor for Medtronic and MicroVention and a consultant and speaker bureau member for Stryker, Penumbra, and Balt and reports personal funding from VizAI. M.G. Abraham is a consultant for Stryker Neurovascular and Penumbra Inc. S.L. Blackburn reports receiving a grant from the NIH. Dr. D.G. Shah reports receiving personal fees and travel support from Boehringer

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## Publication History

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Continued

## Appendix 1 (continued)

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## Appendix 1 (continued)

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## Appendix 2 Coinvestigators

Coinvestigators are listed at [links.lww.com/WNL/C448](https://links.lww.com/WNL/C448).

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