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# **Wolff-Parkinson-White syndrome: De novo variants and evidence for mutational burden in genes associated with atrial fibrillation**

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# **Abstract**

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Z.H.C.A., W.C., and S.R.L. contributed to preparing the manuscript and clinical and molecular data collection, M.A. and F.B. collected patient samples, S.V., B.C., J.J.K., S.R.L, and C.Y.M. collected the clinical information, I.S.P., J.P., C.M.G., T.G., S.J., H.D., J.H., D.M.M., E.B., Y.Y., R.A.G., and J.E.P assisted with molecular data collection and interpretation. G.Z, and P.P.H., contributed to sample preparation. X.H.T.W, J.W.B., and J.R.L. assisted with critical review of the manuscript.

CONFLICT OF INTEREST

Baylor College of Medicine (BCM) and Miraca Holdings Inc. have formed a joint venture with shared ownership and governance of Baylor Genetics (BG), formerly the Baylor Miraca Genetics Laboratories (BMGL), which performs clinical exome sequencing. J.R.L. serves on the Scientific Advisory Board of BG. J.R.L. has stock ownership in 23andMe, is a paid consultant for Regeneron Pharmaceuticals, and is a co-inventor on multiple United States and European patents related to molecular diagnostics for inherited neuropathies, eye diseases and bacterial genomic fingerprinting. J.W.B. contributed to this work while employed by BCM and is currently a full-time employee of Illumina, Inc. Other authors have no disclosures relevant to the manuscript.

**Background:** Wolff-Parkinson-White (WPW) syndrome is a relatively common arrhythmia affecting  $\sim$ 1-3/1000 individuals. Mutations in *PRKAG2* have been described in rare patients in association with cardiomyopathy. However, the genetic basis of WPW in individuals with a structurally normal heart remains poorly understood. Sudden death due to atrial fibrillation (AF) can also occur in these individuals. Several studies have indicated that despite ablation of an accessory pathway, the risk of AF remains high in patients compared to general population.

**Methods:** We applied exome sequencing in 305 subjects, including 65 trios, 80 singletons, and 6 multiple affected families. We used *de novo* analysis, candidate gene approach, and burden testing to explore the genetic contributions to WPW.

**Results:** A heterozygous deleterious variant in PRKAG2 was identified in one subject, accounting for 0.6% (1/151) of the genetic basis of WPW in this study. Another individual with WPW and left ventricular hypertrophy carried a known pathogenic variant in MYH7. We found rare de novo variants in genes associated with arrhythmia and cardiomyopathy (ANK2, NEBL,  $PITX2$ , and  $PRDM16$ ) in this cohort. There was an increased burden of rare deleterious variants  $(MAF \le 0.005)$  with CADD score 25 in genes linked to AF in cases compared to controls (P) value=0.0023).

**Conclusions:** Our findings show an increased burden of rare deleterious variants in genes linked to AF in WPW syndrome, suggesting that genetic factors that determine the development of accessory pathways may be linked to an increased susceptibility of atrial muscle to AF in a subset of patients.

#### **Keywords**

Wolff-Parkinson-White (WPW) syndrome; atrial fibrillation; exome sequencing; ANK2

# **INTRODUCTION**

Wolff-Parkinson-White (WPW) syndrome is a common cause of paroxysmal supraventricular tachycardia (SVT) with a reported prevalence between 0.1%-0.3% in the general population (Davidoff et al., 1981; Packard et al., 1954) . It is characterized by the presence of an accessory pathway between the atria and the ventricles which bypasses the atrioventricular node and causes premature ventricular excitation. Mostly occurring as a sporadic disease, rare reports of familial WPW syndrome have been described (Chia et al., 1982; Gollob et al., 2001a; Harnischfeger 1959; Vidaillet et al., 1987). In some families, WPW is associated with cardiomyopathy, in particular, hypertrophic cardiomyopathy (HCM). Aberrant accessory connections in WPW are hypothesized to occur during embryonic development due to either abnormal growth of myocardial tissue bridges that span the atrioventricular (AV) valves, or alternatively, due to disruptions of the AV valves that result in myocardial tissue connections between the atria and ventricles. While gain of function mutation in PRKAG2 (encoding the gamma-2 regulatory subunit of adenosine monophosphate activated protein kinase) is the most well characterized genetic cause of familial WPW syndrome in association with cardiomyopathy, with glycogen-engorged cardiac myocytes causing disruption of the annulus fibrosus (Ahmad et al., 2005; Arad et al., 2003; Gollob et al., 2001a; Gollob et al., 2001b; Wolf et al., 2008), no causation has yet been

established for the majority of individuals with isolated or familial WPW syndrome with apparent structurally normal hearts. WPW pattern is a recognized feature in some autosomal recessive lysosomal storage diseases, such as Pompe (MIM: 232300), X-linked Danon disease (MIM: 300257), MELAS (mitochondrial encephalopathy, lactic acidosis, and strokelike episodes), and tuberous sclerosis in association with cardiac rhabdomyomas (Miyake et al., 2011). Despite exponential advances in understanding the mechanism of the WPW pattern in these rare genetic disorders, the molecular and genetic underpinnings responsible for WPW syndrome in the vast majority of individuals remains unknown.

Mostly occurring as a sporadic condition in the majority of families, the inheritance pattern of WPW is complex, with likely a continuum ranging from monogenic causes in some families to oligogenic/polygenic etiology with environmental interactions in others. There is significant evidence to suggest that isolated WPW can be inherited as a Mendelian trait, most likely as an autosomal dominant trait with incomplete penetrance (Chia et al., 1982; Ehtisham and Watkins 2005; Mc and Freed 1955). Family studies have previously suggested that at least 3% of the affected individuals have a symptomatic first degree relative (Vidaillet et al., 1987). Few studies have attempted to uncover risk alleles other than PRKAG2 in sporadic WPW families. A deleterious variant in  $MYH6$  (c.5653G>A; p.Glu1885Lys) was reported by Bowles et al. in a large pedigree with multiple affected individuals with WPW syndrome (Bowles et al., 2015). Previously linked to atrial septal defect, dilated, and HCM (MIM: 614089; MIM: 613252; MIM: 613251), this was the first report in which  $MYH6$  was implicated in WPW in a single family. Likewise, a rare variant in MYH7 was described in an individual with HCM and WPW syndrome (Bobkowski et al., 2007). These reports underscore the need for large systematic studies to address the genetic susceptibility in individuals with WPW, for both prognostication and genetic counseling for at-risk families.

The risk of sudden cardiac death (SCD) in WPW, albeit small, is pertinent with reported incidence of approximately 0.25-0.39% annually (Novella et al., 2014; Obeyesekere et al., 2012). The primary mechanism of SCD in patients with WPW is the rapid conduction of AF down an accessory pathway causing life-threatening ventricular fibrillation (VF). It has been shown that patients with WPW syndrome who are most susceptible to VF have a history of atrial fibrillation (AF) (Klein et al., 1979). Indeed, several studies indicate that despite ablation, the risk of AF remains significant in patients with WPW syndrome (Bunch et al., 2015b). Long-term follow up studies have shown that individuals with high susceptibility to AF tend to be younger, are more likely to have inducible arrhythmia, and have a short antegrade effective refractory period of accessory pathway (APERP) of 250 ms (Santinelli et al., 2009a; Santinelli et al., 2009b). The genetic determinants that plausibly could contribute to this inherent risk in patients with WPW remain unknown.

We hypothesized that rare variant analysis using *de novo* and candidate gene approach would identify monogenic causes of WPW in a subset of families. We employed exome sequencing (ES) in 151 families to understand the genetic underpinnings of WPW and to interrogate risk alleles related to cardiac arrhythmias in this cohort.

## **PATIENTS AND METHODS**

#### **2.1 Patients**

The study was performed in accordance with the institutional guidelines for human research, with approval by the Institutional Review Board of Baylor College of Medicine. Written informed consents were obtained from all subjects. For the purposes of this study, WPW was defined as a short PR interval with evidence of early ventricular activation, specifically a delta wave on ECG, and was confirmed in all 151 individuals based on standard 12-lead electrocardiography (ECG). Individuals with known genetic diagnoses of mitochondrial disease, MELAS, tuberous sclerosis, and Danon disease were excluded from this study. We recruited 305 subjects through Texas Children's Hospital in Houston between the years 2008 and 2015. In all, there were 151 affected probands, 148 parents, 5 siblings, and 1 grandparent (Supporting Information Table S1). Of the parents, 4 were affected, one in each individual family; the remaining self-reported to be unaffected. The probands included 89 males and 62 females. The median age at the time of recruitment was 14 years. Within the cohort, there were 65 complete case-parent trios, 80 singleton affected individuals, and 6 families with more than one affected family member (Supporting Information Figure S1A). There were two families with two affected children (WPW232, WPW409), three families with an affected parent (WPW026, WPW173, WPW239), and one family with mother and both children affected (WPW209) (Supporting Information Figure S2).

Of the 151 families, 121 (~80%) had apparently isolated WPW without any evidence of cardiomyopathy or other systemic disease. WPW in association with left ventricular (LV) noncompaction cardiomyopathy (LVNC) was observed in 4/151 (2.6%) subjects, dilated cardiomyopathy and HCM in one subject each (0.7%), and Ebstein anomaly in 7 (4.6%) individuals (Supporting Information Table S2 and Figure S1B). These diagnoses were confirmed by experienced cardiologists at Texas Children's Hospital. The phenotypes of other individuals are summarized in Supplementary Table S1. Of the enrolled subjects, 63.6% (194/305) were of European descent, 25.2% (77/305) were of Hispanic origin, and 9.8% (30/305) of African American ancestry (Supporting Information Table S1; Figure S1C). The remaining 4 subjects included two of Asian origin, one of mixed Hispanic/ European descent, and one of African American/European ancestry.

#### **2.2 Exome sequencing and annotation**

Saliva samples were obtained for ES using OrageneTM DNA Self-Collection kits (OGR500, OGR-575). DNA was extracted using the Oragene PrepIT DNA extraction kit (PrepIT-L2P). Exome sequencing was performed at the Human Genome Sequencing Center (HGSC) at Baylor College of Medicine through the Baylor-Hopkins Center for Mendelian Genomics (BHCMG) initiative (Supporting Information Methods). Variants were filtered by their observed frequencies in databases such as dbSNP ([http://www.ncbi.nlm.nih.gov/](http://www.ncbi.nlm.nih.gov/projects/SNP/) [projects/SNP/\)](http://www.ncbi.nlm.nih.gov/projects/SNP/), the 1000 Genomes Project ([http://www.1000genomes.org/\)](http://www.1000genomes.org/), the NHLBI Exome Sequencing Project (ESP) ([http://evs.gs.washington.edu/EVS/\)](http://evs.gs.washington.edu/EVS/), and Exome Aggregation Consortium (ExAC) database (N=60,706 individuals)-[\(http://](http://exac.broadinstitute.org/) [exac.broadinstitute.org/](http://exac.broadinstitute.org/)), and Atherosclerosis

Risk in Communities Study (ARIC) (N=10,940 individuals) database in order to filter common polymorphisms and high frequency, probably benign variants. Variants were classified into exonic, intronic, or intragenic, their potential functional effects (whether synonymous, missense, frameshift, or nonsense variants), and their frequencies in these populations as well as in the BHCMG dataset  $(n= 6,677)$ . We focused on rare variant alleles with a global minor allele frequency (MAF) of 0.005 based on NCBI dbSNP, ESP, 1000 Genomes Project, ExAC, for frameshift, stopgain, canonical splice site, non-frameshifting indels, and nonsynonymous variants. Algorithms for bioinformatic prediction of potential functional effects of variants, such as Polyphen2 (Adzhubei et al., 2010), SIFT (Kumar et al., 2009), Mutation Taster (Schwarz et al., 2014), and CADD (Combined Annotation Dependent Depletion) (Kircher et al., 2014), along with Phylop conservation scores were incorporated as part of the annotation process, to prioritize the likely damaging effects of candidate variants.

Ancestry-matched controls were chosen from ARIC (n=10,940 individuals) database (Supporting Information Figure S3). For both cases and controls, ES was performed at the Human Genome Sequencing Center (HGSC) at Baylor College of Medicine. Using 1 μg of DNA, an Illumina paired-end pre-capture library was constructed according to the manufacturer's protocol (Illumina Multiplexing\_SamplePrep\_Guide\_1005361\_D) with modifications as described in the BCM-HGSC Illumina Barcoded Paired-End Capture Library Preparation protocol. This procedure was followed by pooling of pre-capture libraries into 4-plex library pools and their hybridization in solution to the HGSC-designed Core capture reagent (52 Mb, NimbleGen) or 6-plex library pools using the custom VCRome 2.1 capture reagent (42 Mb, NimbleGen) according to the manufacturer's protocol (NimbleGen SeqCap EZ Exome Library SR User's Guide) with minor revisions. The sequencing run was performed in paired-end mode using the Illumina HiSeq 2000 platform, with sequencing-by-synthesis reactions extended for 101 cycles from each end and an additional 7 cycles for the index read. With a sequencing yield of 11 Gb, the sample achieved 92% of the targeted exome bases covered with an average depth of coverage of 20X or greater. Data produced were aligned and mapped to the human genome reference sequence (hg19) using the Mercury in-house bioinformatics pipeline (Reid et al., 2014). Variants were called using the ATLAS variant calling method and the Sequence Alignment/Map (SAMtools) suites and annotated with an in-house-developed Cassandra annotation pipeline that uses Annotation of Genetic Variants (ANNOVAR) and additional tools and databases.

#### **2.3 Candidate gene analysis**

We prioritized candidate genes based on: (1) association with inherited arrhythmia and/or cardiomyopathy; (2) relationship to cardiovascular malformations including the cardiac conduction system (CCS) in Online Mendelian Inheritance in Man (MIM); (3) involvement in cardiac patterning in animal models (Christoffels and Moorman 2009; Sylva et al., 2014) (4); interaction with PRKAG2; and (5) potential contributors from the de novo variant, enrichment analysis, and family studies (Figure 1). Variants in the final candidate genes (Supporting Information Table S3) in 151 affected individuals were further prioritized with reference to lowest MAF in ESP, 1000 Genomes Project, and ExAC databases;

pathogenicity scores; phenotypes in OMIM and Mouse Genome Informatics (MGI); and reported alleles in ClinVar [\(https://www.ncbi.nlm.nih.gov/clinvar](https://www.ncbi.nlm.nih.gov/clinvar)). In addition, Human Gene Mutation Database (HGMD, Qiagen) was consulted to assess described variants in the literature. Since there were numerous variants of unknown significance (VUS) in TTN, we only analyzed loss-of-function alleles in this analysis. Variants were submitted to the National Center for Biotechnology Information ClinVar database under accession numbers SCV000678334 - SCV000678418.

The candidate variants were classified into four categories, Y0-Y3. The highest scoring variants were designated as Y1, representative of the ClinVar alleles known to affect function (designated as pathogenic in the database) in cardiac-specific genes. Y2 variants were predicted deleterious/likely deleterious alleles (based on SIFT, Polyphen2, LRT, Mutation Taster, CADD Phred score), with relative rare allele frequency (based on ExAC, BHCMG internal database, ARIC, ESP6500, and Thousand Genomes). Y3 variants were the least deleterious alleles, with relatively higher allele frequency, or being observed in some controls. Y0 variants were incidental findings, either a loss-of-function (LoF) allele or reported ClinVar pathogenic alleles unrelated to the phenotype (Supporting Information Tables S4 and S5).

#### **2.4 Burden Analysis**

First, single nucleotide variants (SNVs), were retrieved from unfiltered vcf files of the BHCMG ( $n = 6,677$ ) and ARIC ( $n=10,940$ ) databases for further analysis. To minimize the influence of differences between the two sequence capture designs, HGSC-designed Core and Vcrome 2.1 designs, on the results of the SNV detection method, we identified the intersection of the capture designs and excluded SNVs located outside the regions of overlap. Then, the retrieved SNV variants were reannotated using ANNOVAR against the hg19 RefSeq transcript reference set. Second, SNVs annotated as stopgain, stoploss, nonsynonymous changes were included in further analysis. We performed variant prioritization as follows: If a variant had a variant read number  $(vR)$  greater or equal to 5, it was retained. Second, if an SNV had frequency less than 0.5% in the 1000 Genomes Project (1000GP) phase 3 data and the ESP6500 version of Exome Variant Server data and its CADD score was greater or equal to 25, it was included in further analysis. Third, filtered rare and deleterious variants were used for burden analysis of genes associated with AF (N=66) (Supporting Information Table S6) in the WPW European cohort (n=83 affecteds and  $n=106$  unaffecteds) and in the ARIC controls  $(n=3,064)$  of European ancestry (Supporting Information Figure S4). The genes associated with AF were selected from peerreviewed articles (Hayashi et al., 2017; Low et al., 2017a; Lubitz et al., 2016; Perez-Serra et al., 2017). The alleles for rare and deleterious variants in AF genes were counted for any individual sample and then the total resulting average allele count in each group of patients was compared to the other group of patients using Mann-Whitney U test. After this, 10,000 permutations were applied by shuffling the allele counts between each group of patients. For each permutation, a Mann-Whitney U test P-value was calculated (10,000 P-values). Then, the observed P-value was examined in terms of its location of the distribution of 10,000 Pvalues.

# **RESULTS**

Among all 305 samples, 78,097 high-quality distinct coding variants were identified of which 9,011 (11.53%) were predicted loss-of-function (LoF) SNVs, including canonical splice site disrupting variants, stop-gain variants, frameshift indels, and 69,087 (88.47%) were nonsynonymous SNVs.

#### **3.1 PRKAG2 and MYH7-related WPW syndrome**

A predicted deleterious PRKAG2 variant (NM\_016203.3:c.359G>A: variant reads/total reads (vR/tR) =  $20/29$ : p.(Arg120His)) with CADD score of 34 was observed in WPW423, an individual with WPW and Ebstein anomaly of the tricuspid valve (Table 1; Supporting Information Tables S3 and S4), accounting for 0.67% (1/151) of the genetic burden in this WPW cohort. WPW385 with WPW and newly developed concentric LVH at age 13 years was found to carry a variant, known to affect function in MYH7,

(NM\_000257.3:c.2389G>A:54/103:p.(Ala797Thr)), and classified as pathogenic based on the American College of Medical Genetics and Genomics guidelines for classification of variant pathogenicity (Richards et al., 2015), and previously reported in several individuals with HCM (Kassem et al., 2013; Laredo et al., 2006; Van Driest et al., 2004).

#### **3.2 De novo variants in cardiac arrhythmia susceptibility genes**

In the *de novo* analysis of trios, we identified an average of 2.73 variants per trio by our inhouse developed tool, DNM-Finder [\(https://github.com/BCM-Lupskilab/DNM-Finder\)](https://github.com/BCM-Lupskilab/DNM-Finder) (Eldomery et al., 2017). Out of 65 trios, 41 families had 0-2 de novo variants (Supporting Information Figure S5A). The 178 de novo variants were identified in 65 trios in total, of which 89% were annotated as nonsynonymous, 10% as truncating (frameshift or stopgain), and 1% annotated as canonical splicing variants (Supporting Information Table S7). All genes with de novo nonsynonymous, truncating, and canonical splicing variants in trio families are displayed in a circos plot (Supporting Information Figure S5C). We found de novo variants, confirmed as *de novo* by Sanger sequencing of trios, in known arrhythmia and cardiomyopathy genes such as ANK2 (NM\_020977.3:c.5437A>G:25/110:p.(Lys1813Glu)) in WPW046, PITX2 (NM\_000325.5:c.194C>T:24/47:p.(Pro65Leu)) in WPW098, NEBL (NM\_006393.2:c.2473C>T:68/149:p.(His825Tyr)) in WPW035, and PRDM16 (NM\_022114.3:c.2666C>T:107/240:p.(Pro889Leu)) in WPW192 (Table 1; Supporting Information Table S7 and Figure S6). All subjects with these de novo variants were diagnosed with isolated WPW without cardiomyopathy. Sanger sequencing also confirmed de novo variants in additional genes shown in table 1 (Supporting Information Figure S6).

#### **3.3 Burden analysis**

After confirming de novo variants in multiple genes linked to AF in our cohort by Sanger sequencing (ANK2, PITX2, and NEBL), we performed a burden analysis using rare deleterious variants (MAF  $\leq$  0.005) with CADD score 25 in ~60 known genes associated with AF (Supporting Information Table S6) (PMID: 27589061, 27861186, 28169950, 28416822) (Hayashi et al., 2017; Low et al., 2017a; Lubitz et al., 2016; Perez-Serra et al., 2017). We found that the average allele count of AF genes with CADD score 25 in European cases [n=83] was significantly greater (0.277) as compared to unaffected ARIC

controls [n=3,064] (average allele count=0.18) (Permutation test one-tailed P-value =0.0023). The average allele count in cases was also greater than the unaffected first-degree relatives  $[n=106]$  (Permutation test one-tailed P-value =0.033, 10,000 simulations) (Figure 2A and 2B). Some of these genes included ANK2, KCNQ1, KCNH2, LMNA, PITX2, RYR2, SCN3B, SCN5A, SCN10A, and SYNE2 (Figure 2C). There was no significant increase in rare and deleterious variant burden in AF genes in unaffected first-degree relatives [n=106] (average allele count=0.207) compared to ARIC unaffected controls [n=3,064] (average allele count=0.18) (Permutation test one-tailed P-value =0.297).

We then repeated this analysis using genes unrelated to cardiac arrhythmia and employed an unselected set of neurodevelopmental disorder genes (NDD; n=93) with rare deleterious alleles (Supporting Information Table S8). Our analysis revealed no significant difference in average count of rare (MAF<=0.005) and deleterious (CADD 25) variant burden in this set of NDD genes. In cases [n=83], there was no significant difference (average allele count=0.163) compared to ARIC controls [n=3,064] (average allele count=0.128) (Permutation test one-tailed P-value =0.104). There was also no significant difference in average allele count in cases compared to the unaffected first-degree relatives [n=106] (average allele count=0.15) (Permutation test one-tailed P-value =0.256, 10,000 simulations) (Supporting Information Figure S8). These data suggest that there is an increased burden of rare deleterious alleles in genes related to AF distinctively in WPW cases, compared to ARIC control, as well as the unaffected first-degree relatives.

## **3.4 Identification of rare de novo and inherited truncating variants in FNIP1, a negative regulator of AMPK**

Disease causing variants in PRKAG2 are known to activate AMPK to cause WPW related cardiomyopathy. In our study, two subjects were ascertained with LoF alleles in FNIP1 (Folliculin-Interacting Protein 1), a negative regulator of AMPK (Siggs et al., 2016); WPW425 had a de novo frameshift variant (NM\_133372.2:c.2753\_2756del:56/130:p. (Lys918Argfs\*9)) and WPW073 had a splicing variant (NC\_000005.9(NM\_133372.2):c.455+1G>A:9/33) in FNIP1 (Supporting Information Figure S9 and Table S4). Parental samples were unavailable for further studies in WPW073. Neither variant was found in the external databases including ExAC and gnomAD. Both presented with isolated WPW with structurally normal hearts without cardiomyopathy.

#### **3.5 High CADD score variants in cardiac arrhythmia and cardiomyopathy genes**

In this cohort, 25 subjects (25/151; 16.5%) were found to have highly deleterious variants in 21 genes, assessed by CADD score of 30 and over (top 0.1% of deleterious variants in the human genome) in genes linked to cardiac arrhythmia and cardiomyopathy (Table 1; Supporting Information Table S9). Aside from PRKAG2 and PRDM16 discussed above, some of the other genes in this category included ACTN2 (Cardiomyopathy, dilated, 1AA [MIM: 612158]), AKAP9 (Long QT syndrome-11 [MIM: 611820]), ANK2 (Long QT syndrome-4 [MIM: 600919], KCNQ1 (Long QT Syndrome, Type 1[MIM: 192500]), LAMA4 (Cardiomyopathy, dilated, 1JJ [MIM: 615235]), MYBPC3 (Cardiomyopathy, familial hypertrophic, 4 [MIM: 115197]), MYH6 (Atrial septal defect 3 [MIM: 614089]), and MYH7 (Cardiomyopathy, dilated, 1S [MIM: 613426]). Likely pathogenic truncating

heterozygous variants in TTN with CADD scores of 62 and 67 respectively were observed in two subjects (WPW101 and WPW416) with a structurally normal heart. The TTN variants, (NM\_133432.3:c.40459C>T:45/100:p.(Arg13487\*) and NM\_133432.3:c.65863C>T:89/174:p.(Arg21955\*)) were not observed in any of the large control datasets described in the study. WPW126 with WPW and dilated LVNC cardiomyopathy was found to have a LAMA4 rare variant with CADD score of 33 (NM\_001105207.2:c.2377C>T:27/56:p.(Arg793Cys)). This gene is known to be associated with dilated cardiomyopathy. In another family, a non-synonymous variant in this gene (NM\_001105207.2:c.1399G>T:33/82:p.(Val467Phe)) with CADD score of 29.5 was observed in a multiplex family (WPW209) with an affected mother and proband, both with WPW and Ebstein anomaly. The carrier sibling was diagnosed with supraventricular tachycardia (SVT) (Supporting Information Figure S2).

# **DISCUSSION**

To date, very few genes have been implicated as causative in WPW syndrome. Despite the challenges of predicted incomplete penetrance and undetermined inheritance pattern in the majority of individuals with WPW, this study provides a genetic landscape of rare genetic determinants in a subset of families with WPW syndrome. We used a gene-based burden test for the expected genetic heterogeneity of this disorder. Using very stringent allele filtering thresholds, we identified a number of risk allele variants in our cohort. This approach not only revealed rare de novo variants in genes associated with AF/cardiomyopathy in WPW syndrome (including ANK2, NEBL, PITX2, PRDM16), but also successfully identified genes that were previously linked to WPW in sporadic and familial cases, including PRKAG2 and MYH7. In our study, we found both de novo and rare inherited variants in ANK2 in multiple individuals with WPW syndrome. ANK2 encodes ankyrin-B and plays critical roles in anchoring and stabilizing multiple ion channels in the cardiomyocyte membrane. Arrhythmias related to  $ANK2$  are now known to cause "ankyrin-B syndrome" (Mohler et al., 2003; Mohler et al., 2004). Evidence supporting causality in WPW also comes from a previous report showing ANK2 variant (NM\_020977.3:n.2037C>T:p. (Ser646Phe)) segregating with long QT syndrome (LQTS), dilated cardiomyopathy, congenital heart malformation, and WPW syndrome without cardiomyopathy in a group of individuals in the First Nations Population (Swayne et al., 2017). Our data strongly indicates expanding the spectrum of Ankyrin B syndrome to include WPW syndrome.

Importantly, our study identified an increased burden of rare deleterious alleles in genes associated with AF in WPW syndrome compared to controls  $(P=0.0023)$ . It is recognized that the incidence of AF in WPW is much higher than the general population, estimated to be between 15- 20% in the absence of any clinical evidence of structural heart disease (Fukatani et al., 1990; Haissaguerre et al., 1992; Pietersen et al., 1992; Sharma et al., 1985). While ablation of accessory pathway has been shown to abolish the conduction through the aberrant pathway and reduce the recurrence of AF, many studies have proven that despite ablation, the risk of AF remains high in adult individuals with WPW compared to a control population (Borregaard et al., 2015; Bunch et al., 2015a). Several lines of evidence suggest that there is an underlying atrial muscle vulnerability in patients with the WPW syndrome (Bunch et al., 2015a). Despite intense efforts to unravel the mechanism of AF in WPW

syndrome (Centurion 2011) and risk stratification of individuals with WPW syndrome, determining which WPW patients are at highest risk for life-threatening arrhythmia remains unclear.

Sudden cardiac death or adverse events such as life-threatening AF or VF are rare in children with WPW syndrome and were not observed in our pediatric cohort during the length of the study. Without long-term follow up data, it is indeed challenging to determine if the subset of children carrying high deleterious alleles in AF genes would be at an increased risk of AF during adulthood. During electrophysiology (EP) studies, pacing protocols to induce AF are frequently performed by electrophysiologists to identify those children in whom an ablation is indicated. While most children have inducible non-sustained AF (lasting < 30 seconds), only a small minority have sustained AF induced. It has never been elucidated, why some children are easier to induce and sustain than others and raises questions as to whether these children with inducible sustained AF have an underlying genetic predisposition to arrhythmia. Long-term follow up studies have shown that individuals with high susceptibility to AF tend to be younger and are more likely to have inducible arrhythmia (Santinelli et al., 2009). The pediatric subject with a *de novo* variant in ANK2 (WPW046) in our study had inducible sustained AF during EP study. Whether individuals with high-risk alleles would later develop AF despite ablation in adulthood remains to be determined.

PRKAG2 is the most well characterized gene contributing to a familial form of WPW syndrome where missense variants are known to activate AMP-activated protein kinase (AMPK) and cause HCM with glycogen accumulation and ventricular preexcitation (Arad et al., 2005). In our study, we found only one individual with isolated WPW with a likely deleterious variant in this gene, accounting for <1% of the molecular diagnostic yield. This individual was found to have WPW and Ebstein anomaly. No evidence of HCM was seen in this child. Remarkably, we found truncating variants in FNIP1 with a pLI score of 1, encoding PRKAG2 interacting protein, in two subjects with isolated WPW. FNIP1 negatively regulates  $\gamma$ 2-containing AMPK complexes and has an essential role in B-cell development (Baba et al., 2012) (Park et al., 2012). Increased mitochondrial biogenesis in muscle-targeted Fnip1 knockout mice is also reported (Hasumi et al., 2015). Homozygous *Fnip1* mice show basal activation of  $\gamma$ 2-containing AMPK complexes in the heart with reduced AMP responsivity, and have cardiomyopathy with left ventricular hypertrophy, and abnormal QRS complex (Siggs et al., 2016). These mice present with cardiac glycogen accumulation, which phenocopies the presentation of the mice carrying PRKAG2 variants (Arad et al., 2003; Blair et al., 2001; Patel et al., 2003). Our data combined with the animal studies support FNIP1 as a novel WPW candidate gene. It remains to be seen if disruption of annulus fibrosus due to glycogen accumulation is a similar mechanism of WPW in FNIP1 LoF variants.

From our *de novo* analysis, we also identified an individual (WPW282) with WPW and structurally normal heart with a *de novo* missense variant in WWP1, encoding a ubiquitin ligase. The variant, c.1879A>T:p.(Met627Leu) has a CADD score of 27 and is not present in gnomAD. While this gene has not yet been implicated in cardiac phenotype in humans, animal data indicate that overexpression of Wwp1 in mice causes lethal ventricular

arrhythmias due to decrease in Cx43 protein in the heart muscle (Basheer et al., 2015). The mice also exhibit mild to moderate left ventricular hypertrophy. We also ascertained rare de novo variants in human rhomboid family-1 (*RHBDF1*) in two subjects (WPW006 and WPW247). In WPW247, the low variant to total read ratio (32/217) of c.47A>C:p. (Lys16Thr) was confirmed as mosaicism by droplet digital PCR (Supporting Information Figure S7). Though intriguing, the functional relevance of variants in these two genes in WPW remains to be elucidated.

Both PITX2 and NEBL have been identified as risk alleles for AF in genome-wide association studies (GWAS) (Low et al., 2017b) (Yang et al., 2013). We now describe de novo coding variants in both PITX2 and NEBL genes in isolated WPW with normal hearts. NEBL is known to cause dilated cardiomyopathy and endocardial fibroelastosis (Purevjav et al., 2010). PITX2, encoding a transcription factor, regulates the development of left atrium and cardiac conduction system. Variants in this dosage sensitive gene in humans cause Axenfeld-Rieger syndrome, type 1 (MIM: 180500). In addition, variants in this gene have also been implicated in congenital heart disease. Studies have shown that Pitx2 loss of function also predisposes to atrial arrhythmogenesis (Chinchilla et al., 2011; Wang et al., 2010). Our data suggest that rare variants in PITX2 and NEBL may be present in rare individuals with isolated WPW.

# **CONCLUSIONS**

In summary, our study identifies significant rare *de novo* and inherited genetic variants in the pediatric cohort of WPW and provides a framework for future work for ascertaining highrisk affected individuals. This study provides a landscape of genetic determinants in a large WPW cohort, including 151 affected subjects of all major ethnicities, studied by ES and rare variant family-based genomics approach. Despite its strengths, there are some limitations of our study. Although the vast majority of subjects had isolated WPW without any evidence of cardiomyopathy or other systemic disease, a subset of patients had WPW in association with LVNC, dilated cardiomyopathy, HCM, or extracardiac findings. While de novo and candidate gene analyses were employed for all ethnicities in the study including, Europeans, Hispanics, African Americans, and Asian subjects, the burden testing was undertaken only in the European subjects. Another limitation of the study was related to the young age group of the study population. The median age of patients at the time of study recruitment was only 14 years. Since our cohort was largely pediatric, we were unable to address the correlation of the identified genetic risk alleles to AF for long-term risks in adulthood. Question also remains whether pediatric subjects with WPW carrying rare high CADD score variants in AF genes would also be at an increased risk for developing cardiomyopathy in the future, due to the known allelic heterogeneity of some of these genes within the group. Further studies are required to relate molecular findings in WPW syndrome with long-term outcomes in patients.

### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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**Figure 1: Schematic of methodology applied for prioritization of candidate genes**



#### **Figure 2. Burden analysis of rare deleterious variants in AF genes in WPW affecteds.**

(A) An increased proportion of WPW European cases have 1 or 2 rare (MAF<=0.005) and deleterious (CADD>=25) alleles in AF genes (N=66). The column plot shows the proportion of exomes in WPW European affecteds (n=83, depicted in green), WPW European unaffected first degree relatives (n=106, depicted in brown) and ARIC European unaffected controls (ARIC-controls) (n=3,137, depicted in purple) (y-axis) in terms of the number of rare (MAF  $\leq$ =0.005) and deleterious (CADD score  $\geq$ =25) alleles in AF genes carried in their personal genomes (x-axis). (B) The average rare and deleterious allele count in AF genes was compared between affecteds vs. ARIC-controls (top), unaffected first degree relatives vs. ARIC-controls (middle) and affecteds vs. unaffected first degree relatives (bottom) using Mann-Whitney U test. 10,000 permutations were applied by shuffling the allele counts between each pair of group of patients. Gray boxplots shows the distribution of Mann-Whitney U test P-values regarding each permutation. The observed P-value was examined in terms of its location the distribution of 10,000 P-values. This analysis revealed that the average allele rare and deleterious count of AF genes in affecteds was significantly greater  $(0.277)$  as compared to ARIC-controls (average allele count=0.18) (Permutation test onetailed P-value =0.0023) and unaffected first-degree relatives (average allele count=0.207) (Permutation test one-tailed P-value =0.033). There was not a significant increase in rare and deleterious variant burden in AF genes in unaffected relatives [n=106] (average allele

count=0.207) compared to ARIC- controls [N=3,064] (average allele count=0.18) (Permutation test one-tailed P-value =0.297). (C) The heatplot shows the AF genes, in which an affected carries a rare variant. Each row corresponds to a gene and each column corresponds to a patient. Red rectangles show that there is a rare and deleterious variant in the AF gene with its HUGO gene symbol presented in the corresponding row in the individual with ID presented in the corresponding column.



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Rare variants observed in the WPW cohort Rare variants observed in the WPW cohort



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DN: de novo

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SVT: supraventricular tachycardia SVT: supraventricular tachycardia Blue font indicates variants designated to be pathogenic/likely pathogenic in ClinVar Blue font indicates variants designated to be pathogenic/likely pathogenic in ClinVar