



# Estimating pneumococcal carriage dynamics in adults living with HIV in a mature infant pneumococcal conjugate vaccine programme in Malawi, a modelling study

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# **Abstract**

**Background** Adults living with human immunodeficiency virus (ALWHIV) receiving antiretroviral therapy (ART) exhibit higher pneumococcal carriage prevalence than adults without HIV (HIV-). To assess factors infuencing high pneumococcal carriage in ALWHIV, we estimated pneumococcal carriage acquisition and clearance rates in a high transmission and disease-burdened setting at least 10 years after introducing infant PCV13 in routine immunisation.

**Methods** We collected longitudinal nasopharyngeal swabs from individuals aged 18–45 in Blantyre, Malawi. The study group included both HIV- individuals and those living with HIV, categorised based on ART duration as either exceeding 1 year (ART > 1y) or less than 3 months (ART < 3 m). Samples were collected at baseline and then weekly for 16 visits. To detect pneumococcal carriage, we used classical culture microbiology, and to determine pneumococcal serotypes, we used latex agglutination. We modelled trajectories of serotype colonisation using multi-state Markov models to capture pneumococcal carriage dynamics, adjusting for age, sex, number of under 5 year old (<5y) children, social economic status (SES), and seasonality.

**Results** We enrolled 195 adults, 65 adults in each of the study groups. 51.8% were females, 25.6% lived with more than one child under 5 years old, and 41.6% lived in low socioeconomic areas. The median age was 33 years (IQR 25–37 years). The baseline pneumococcal carriage prevalence of all serotypes was 31.3%, with non-PCV13 serotypes (NVT) at 26.2% and PCV13 serotypes (VT) at 5.1%. In a multivariate longitudinal analysis, pneumococcal carriage acquisition was higher in females than males (hazard ratio [HR], NVT [1.53]; VT [1.96]). It was also higher in low than high SES (NVT [1.38]; VT [2.06]), in adults living with  $2+$ than 1 child  $<$  5y (VT [1.78]), and in ALWHIV on ART > 1y than HIV- adults (NVT [1.43]). Moreover, ALWHIV on ART>1y cleared pneumococci slower than HIV- adults ([0.65]). Residual VT 19F and 3 were highly acquired, although NVT remained dominant.

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**Conclusions** The disproportionately high point prevalence of pneumococcal carriage in ALWHIV on ART>1y is likely due to impaired nasopharyngeal clearance, which results in prolonged carriage. Our fndings provide baseline estimates for comparing pneumococcal carriage dynamics after implementing new PCV strategies in ALWHIV.

**Keywords** Pneumococcal acquisition, Pneumococcal duration, Serotype, Human immunodefciency virus, Modelling, Malawi

# **Background**

*Streptococcus pneumoniae* (pneumococcus) commonly colonises the nasopharynx (NP) of children and adults [[1\]](#page-9-0). Pneumococcal colonisation precedes disease, such as pneumonia, meningitis, and bacteraemia  $[1-3]$  $[1-3]$  $[1-3]$ , and is also prerequisite for transmission  $[1]$  $[1]$ . The pneumococcus causes excessively high pneumococcal carriage and disease burden in adults living with human immunodefciency virus (ALWHIV) on antiretroviral therapy (ART) compared to adults without HIV (HIV-) [\[4](#page-10-1), [5\]](#page-10-2), despite the substantial coverage of ART and suppression of viral load [[6,](#page-10-3) [7](#page-10-4)]. Paradoxically, the higher pneumococcal carriage prevalence among ALWHIV with longer than shorter ART experience remains unexplained in this setting [\[8](#page-10-5)].

Pneumococcal conjugate vaccines (PCVs) protect against carriage due to specifc vaccine-targeted (VT) serotypes, thereby interrupting VT transmission and reducing VT disease risk [\[9](#page-10-6), [10](#page-10-7)]. In November 2011, Malawi introduced the 13-valency infant PCV (PCV13) into the national extended programme on immunisation (EPI) using a three-primary dose schedule without a booster  $(3+0;$  one dose at 6, 10, and 14 weeks of age) [[11\]](#page-10-8). Despite at least 12 years of more than 90% infant PCV13 coverage among age-eligible children [[12](#page-10-9)], in the absence of a direct PCV vaccination programme for ALWHIV [[13\]](#page-10-10), there is evidence of residual VT-carriage prevalence and VT-invasive pneumococcal disease (VT-IPD) incidence in children and ALWHIV in Malawi  $[14–17]$  $[14–17]$  $[14–17]$  $[14–17]$ .

A change of infant PCV schedule from 3+0 to 2+1 (one primary dose at 6, 10, and booster dose at 36 weeks of age) or  $2+1+1$   $(2+1$  and one additional booster dose at 60 weeks of age) to enhance herd immunity, or direct routine PCV vaccination of ALWHIV has been suggested as potential vaccine strategies to eliminate persistent VT pneumococcal carriage risk and VT disease in ALWHIV [ $18$ ]. Thus, to better assess the impact of a new vaccination strategy against VT carriage and disease among ALWHIV on ART, longitudinal studies are needed to generate the evidence base of pneumococcal serotype dynamics before the introduction of a new vaccine strategy  $[2, 19]$  $[2, 19]$  $[2, 19]$ . This may improve our understanding of serotypes that are frequently acquired or prolongedly carried, determinants of VT and NVT carriage acquisition and clearance, post-PCV serotype replacement, and

the choice of vaccine product with the greatest potential to further reduce pneumococcal carriage and subsequent disease.

Here, we leveraged data from a longitudinal study of natural pneumococcal colonisation (Nasomune) among ALWHIV on ART and HIV- adults in Blantyre, Malawi, to estimate pneumococcal carriage parameters to inform transmission dynamic models of alternative vaccine strategies in ALWHIV. In particular, we estimated pneumococcal serotype-specifc and vaccine-serotype group acquisition and clearance rates, as well as associated factors among ALWHIV using multi-state Markov transition models.

# **Methods**

## **Ethics approval**

Nasomune study nasopharyngeal (NP) samples were obtained from each Malawian adult through written consent. Study ethics approval was granted by the Malawi National Health Sciences Research Ethics Committee (NHSRC) (21/24/2680) and the Liverpool School of Tropical Medicine Research Ethics (21–035) in accordance with the Declaration of Helsinki. Written informed consent to participate was obtained from all of the participants in the study.

#### **Data description**

Nasomune study data were collected between 17 September 2021 and 11 December 2023 in Blantyre, Malawi. Using a random sampling approach, individuals were enrolled from diferent communities across Blantyre of whom 65 were HIV-, 65 ALWHIV with at most 3 months ART experience (ART<3 m), and 65 ALWHIV with at least 1 year ART experience (ART>1y). HIV infection status was determined according to the double rapid test algorithm in Malawi with an overall sensitivity of 99.6% and specifcity of 100% [[20,](#page-10-15) [21](#page-10-16)]. Inclusion criteria included asymptomatic adults aged 18 to 45 years living with at least one child under 5 years old. Adults with 4 weeks prior use of antibiotics (except cotrimoxazole), history of smoking, pregnancy, current respiratory tract illness, cancer, and taking immunosuppressive medications (except ART) were excluded from the study.

NP swabs were taken during 17 total visits: at baseline (visit 1) and then weekly during the next 16 visits of the study period per protocol, resulting in 3152 total NP samples from 195 individuals adjusted for missed visits. The swabs were tested for the presence of pneumococci using the World Health Organisation (WHO) NP sampling procedure and standard microbiological culture [[22\]](#page-10-17). Serotyping of every positive pneumococcal sample was done using latex agglutination, based on picking a single colony, to identify serotypes or serogroups [[23\]](#page-10-18). Pneumococcal carriage density was measured using microbiological culture serial dilutions on gentamicinsheep blood sugar agar plate  $(5 \mu l)$  gentamicin/ml and results reported as colony forming units per millilitre (CFU/ml) [[24\]](#page-10-19). On enrolment and during follow-up, clinical and demographic characteristics of the study participants were recorded which included antibiotic use during follow-up, pneumococcal carriage density, age, sex, number of children under 5 years old  $\left\langle \langle 5y \rangle \right\rangle$  living in the house, socioeconomic status (SES) based on owning diferent functioning items [\[3](#page-10-0)], and third-level administrative unit location where the study participant resided.

# **Continuous‑time time‑homogeneous multi‑state Markov models**

We adapted a previously published Markov modelling framework to ft three variants of continuous-time timehomogeneous multi-state Markov models to individuallevel trajectories of pneumococcal colonisation during the study period, assuming a susceptible-infected-susceptible  $(SIS)$  model structure  $[25]$  $[25]$  $[25]$ . The first model estimated total carriage dynamics regardless of specifc serotypes and vaccine serotype category, the second model was expanded to capture VT and NVT carriage dynamics separately, and the last model was further expanded to also assess individual serotype carriage dynamics. Since multiple serotype carriage was not tested in this study due to use of latex agglutination serotyping method, we assumed that at any time-point  $t$ , an individual can only carry a single dominant serotype and be in a colonised state carrying pneumococcus (model 1) or separately VT and NVT (model 2) or any individual serotype (model 3) abbreviated as  $I_{\varrho}$ , or be in a uncolonised state  $(S)$  where  $g$  is the subscript for a carriage state. Thus, the transition intensities between  $\{S \text{ and } I_g\}$  can be described by transition matrices  $Q_1$  for model 1 ( $g = 2$ ),  $Q_2$  for model 2 ( $g = 2,3$ ), or  $Q_3$  for model 3 with 16 individual serotypes  $(g = 2,3,4,...,17)$  (Additional file 1: Fig. S1). To ensure model convergence due to limited data points, model 3 was limited to capture 16 carriage states, each corresponding to serotype 15A/B/C/F, 7A/B/C, 3, 11A/B/C/D/F, 23A/B, 17A/F, 19F, 10A/B/C/F, 20, 6C, 19A, 9A/L/N, 6A, combined identifed VT (1, 4, 9 V, 14, 18C,

23F), combined identifed NVT (22A/F, 33A/B/C/D/F, 18A/B/C/F, 12A/B/F, 19B/C, 8, and 6D), and unidentifed NVT.

$$
Q_1 = \begin{pmatrix} -\delta_{1,2} & \delta_{1,2} \\ \delta_{2,1} & -\delta_{2,1} \end{pmatrix}, Q_2 = \begin{pmatrix} -(\delta_{1,2} + \delta_{1,3}) & \delta_{1,2} & \delta_{1,3} \\ \delta_{2,1} & -\delta_{2,1} & 0 \\ \delta_{3,1} & 0 & -\delta_{3,1} \end{pmatrix},
$$

$$
Q_3 = \begin{pmatrix} -(\delta_{1,2} + \delta_{1,3} + \cdots + \delta_{1,17}) & \delta_{1,2} & \cdots & \delta_{1,17} \\ \delta_{2,1} & -\delta_{2,1} & \cdots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ \delta_{17,1} & 0 & \cdots & -\delta_{17,1} \end{pmatrix}
$$

Our models describe acquisition and clearance rates of overall carriage, VT and NVT carriage or serotype-specifc carriage from S to  $I_g$  and from  $I_g$  to S, captured by transition matrix entries  $\delta_{1,g}$  and  $\delta_{g,1}$ , respectively. The effects (β) of a vector of clinical and demographic characteristics  $(z<sub>i</sub>)$  of *i* th individual on acquisition and clearance rates are only estimated in model 1 and model 2 and not in model 3 due to limited data points. Thus,  $β$  is modelled using haz-ard rates [\[26](#page-10-21)], e.g.  $\delta_{mn}(z_i(t)) = \delta_{mn}^{(0)} \exp(\beta_{mn}^T z_i(t))$  over all transitions (T) where  $m, n = \{1,2,3\}$  refer to being in state *n* at time  $t > 0$  given that the previous state was *m*. Since acquisition of pneumococci is not observed for individuals already carrying pneumococci at baseline, we assume that their baseline rates of acquisition are similar to steady state rates over the study period. Our model also assumes that the future colonisation state is independent of its history beyond the current state [[26](#page-10-21)]. We assume that the time spent in each state is exponentially distributed [[25](#page-10-20)], thus pneumococcal carriage duration is estimated as the inverse of clearance, allowing precise estimation of pneumococcal carriage episode. To obtain acquisition probabilities, the matrix  $P$  is computed through matrix exponential,  $P(t) = \exp(Q(t))$ , over a constant Q through the study period. To adjust for potential changes in pneumococcal carriage intensities over time due to seasonality, we include in model 1 and model 2 a binary term for hot-wet and cooldry seasons representing a typical divide of Malawi's climate over months of November–April and May–October [[8\]](#page-10-5), respectively (Additional fle 1: Fig. S1).

#### **Likelihood estimation**

To ft the Markov model, the likelihood is constructed as the product of probabilities of transition between observed states, over all individuals  $i$  and observation times  $j$ , assuming that sampling times are ignorable, e.g. the fact that a particular observation is made at a certain time does not implicitly give information about the value of that observation.

$$
L(Q) = \prod_{i,j} L_{i,j} = \prod_{i,j} p_{s(i,j)s(i,j+1)} \Big( t_{(i,j+1)} - t_{(i,j)} \Big),
$$

where each  $L_{i,j}$  is the entry of the transition probability matrix  $P(t)$  at  $s(i,j)$  row and  $s(i,j+1)$  column evaluated at time  $t = t_{(i,j+1)} - t_{(i,j)}$ . The likelihood  $L(Q)$  is maximised under a log scale to compute estimates of  $\delta_{mn}$ using Bound Optimisation By Quadratic Approximation (BOBYQA) algorithm implemented by msm R package [[26,](#page-10-21) [27](#page-10-22)].

# **Results**

#### **Participant and sample description**

At baseline, 65 individuals were enrolled in each group of HIV-, ALWHIV on ART<3 m, and ALWHIV on ART>1y, totalling 195 participants of whom 5.1% and 26.2% carried VT and NVT, respectively. One hundred and one adults (51.8%) were females, 25.6% lived with at least two children  $< 5y$ , and  $41.6\%$  were in low SES. The median participant age was 33 (interquartile range [IQR]: 25–37, range: 18–45), and pneumococcal carriage density was 10,720 CFU/ml (IQR: 1005–82,075). We estimated carriage prevalence by dividing the number of positive samples by the number of swabs taken per visit, HIV status and/or ART group. The baseline prevalence of pneumococcal NVT and VT carriage was generally higher for ALWHIV on ART>1y (33.8% and 7.7%) compared to ALWHIV on ART < 3 m  $(24.6\%$  and 3.1%) or HIV- adults (20.0% and 4.6%). Likewise, the baseline median pneumococcal carriage density was higher for ALWHIV on ART>1y (13,400 CFU/ml; IQR: 520– 67,838) compared to ALWHIV on ART<3 m (9548 CFU/ ml; IQR 2387–247,900) or HIV- adults (8208 CFU/ml, IQR: 1884–149,494) (Table [1\)](#page-4-0).

During the follow-up visits, NVT carriage prevalence was mostly highest in ALWHIV on ART > 1y (range: 7.2–13.2%) than in ALWHIV on ART<3 m (5.9–11.6%) or HIV- adults (2.1–7.3%), whereas VT carriage prevalence remained similar in the three groups at 0.5–2.7%. For aggregated samples across all visits, NVT carriage prevalence remained higher in ALWHIV on ART>1y (10.6%, 95% confdence intervals [CI]: 9.6–11.8) than ALWHIV on ART<3 m (9.1%, 95% CI: 8.2–10.2) or HIVadults (5.8%, 95% CI: 5.0–6.7). Among NVT carriers, the median carriage density was higher among ALWHIV on ART>1y than HIV- adults. In contrast, the median carriage density was higher among ALWHIV on ART<3 m than ALWHIV on ART>1y carrying either VT or NVT. In addition, NVT samples from ALWHIV on ART>1y dominated among those who lived with at least two children $< 5y$  (35.5%), who were 18–33 years (33.3%), from low SES (38.7%), and did not use antibiotics (34.5%).

, Conversely, NVT samples from ALWHIV on ART<3 m were highest among females (33.6%) (Fig. [1\)](#page-5-0).

#### **Pneumococcal carriage acquisition dynamics**

The probability that NVT carriage would next be acquired in a non-carrier was generally higher than VT carriage (82.9%, 95% CI: 78.3–86.7% vs 17.1%, 95% CI: 13.4–21.7%). Thus, among ALWHIV on  $ART > 1y$ , ALWHIV on ART<3 m, and HIV-, we respectively estimated the annual acquisition episodes of 5.9 (95% CI: 4.3–7.9), 6.0 (95% CI: 4.4–7.9), and 5.0 (95% CI: 3.8–6.8) for overall carriage, 6.2 (95% CI: 4.4–8.2), 6.0 (95% CI: 4.1–8.4), and 5.0 (95% CI: 3.5–6.9) for NVT carriage, and 0.69 (95% CI: 0.31–1.57), 0.42 (95% CI: 0.19–1.01), and 0.78 (95% CI: 0.40–1.70) for VT carriage.

In a multivariate analysis, the pneumococcal acquisition rate was higher among females vs males of overall carriage (hazard ratio [HR]: 1.64, 95% CI: 1.262–2.12), NVT (HR: 1.53, 95% CI: 1.17–2.01), and VT (HR: 1.96, 95% CI: 1.11–3.49), among low vs high SES of overall carriage (HR: 1.47, 95% CI: 1.12–1.94), NVT (HR: 1.38, 95% CI: 1.03–1.83), and VT (HR: 2.06, 95% CI: 1.13– 3.77), among adult living with  $2+vs$  1 child < 5y of VT (HR: 1.78, 95% CI: 1.05–3.01), and among ALWHIV on ART>1y than HIV- of NVT (HR: 1.43, 95% CI: 1.01– 2.02) (Fig. [2,](#page-6-0) Table [2,](#page-7-0) Additional fle 1: Table S1). Cut of for age groups is based on the median age of 33 years old VT: serotypes targeted by 13-valency pneumococcal conjugate vaccine (PCV13) NVT: serotypes not targeted by PCV13 ART: antiretroviral therapy HIV-: adults living without human immunodefciency virus ALWHIV: adults living with human immunodefciency virus

#### **Pneumococcal carriage duration dynamics**

The average overall carriage duration was slightly higher among ALWHIV on ART>1y (17.9 days, 95% CI: 13.7– 23.6) compared to ALWHIV on ART < 3 m (15.2 days, 95% CI: 11.2–20.4) or HIV- adults (12.2 days, 95% CI: 9.2–16.1). In a stratifed analysis, the average carriage duration was comparable between VT (9.4 days, 95% CI: 5.5–16.0) and NVT (9.9 days, 95% CI: 7.3–13.6) HIVcarriers. However, it was lower for NVT (13.2 days, 95% CI: 9.7–18.1) than VT (17.9 days, 95% CI: 9.3–35.7) in ALWHIV on ART<3 m carriers, and higher for NVT (15.4 days, 95% CI: 11.7–20.4) than VT (11.9 days, 95% CI: 6.4–22.0) in ALWHIV on ART>1y carriers.

In a multivariate analysis, pneumococcal carriage clearance was slower among ALWHIV on ART>1y compared to HIV- adults for overall carriage (hazard ratio [HR]: 0.68, 95% CI: 0.50–0.92) and NVT carriage (HR: 0.65, 95% CI: 0.47–0.90), and comparable between ALWHIV on ART<3 months and HIV- adults for overall carriage

<span id="page-4-0"></span>



VT: refers to a group of serotypes targeted by 13-valency pneumococcal conjugate vaccine (PCV13)

NVT: refers to a group of serotypes not targeted by PCV13

IQR: interquartile range with frst and third quartile

CFU/ml: colony forming unit per millilitre

ART: antiretroviral therapy

Cut off for age groups is based on overall median age of 33 years old

Cut off for pneumococcal density groups is based on overall median carriage density of 10,720 CFU/ml

(0.80, 95% CI: 0.59–1.10) and NVT (0.76, 95% CI: 0.54– 1.05) (Fig. [2](#page-6-0), Table [2](#page-7-0), Additional fle 1: Table S2).

# **Pneumococcal serotype‑specifc carriage dynamics**

In all adults, the sampling frequency of identifed pneumococcal serotypes ranged from  $n=1$  (0.01%) for serotype 14 to  $n=55$  (5.7%) for serogroup 15 or serotype 7A/B/C, with  $n=410$  (42.5%) of NVT with unknown serotype (uNVT), e.g. NVT not assigned a specifc serotype, being the largest samples. The overall serotype carriage dynamics without stratifying by HIV status showed that serotypes 3 (0.14%, 95% CI: 0.09–0.23) and 19F (0.16%, 95% CI: 0.10–0.26) among PCV13 serotypes, and serogroup 15 (0.18%, 95% CI: 0.12–0.27), serogroup 11



<span id="page-5-0"></span>**Fig. 1** Participant demographic and epidemiologic characteristics of follow-up samples stratifed by vaccine-serotype (VT) and non-VT (NVT) carriage and potential risk factors. **a** The prevalence of pneumococcal carriage in all samples at each sampling visit stratifed by serotype group and human immunodefciency virus (HIV) status, with an insert showing pneumococcal carriage prevalence of samples aggregated across all visits. **b** Distribution of pneumococcal carriage density in HIV- adults, adults living with HIV (ALWHIV) on antiretroviral therapy (ART) at most 3 months and at least 1 year. The share of all pneumococcal carriage stratifed by serotype group and HIV/ART status among **c** adults living with 1 child or at least 2 children<5y, **d** males or females, **e** 18–33 years or 34–44 years, **f** low or high social economic status, and **g** antibiotic use. **h** The map shows Blantyre district with circular points on the map indicating the residential location of the adults from whom the nasopharyngeal samples were collected during the study. The size of the circular point is proportion to the number of samples collected in adults from that location. Overall, the map indicates that samples were mostly collected within the high-density informal settlements of urban Blantyre

(0.18%, 95% CI: 0.12–0.28) and 23A/B (0.17%, 95% CI: 0.10–0.26) among non-PCV13 serotypes generally had high daily acquisition probability compared to other serotypes or serogroups. On the other hand, serotypes 19A (17.4 days, 95% CI: 7.3–43.1), 3 (13.3 days, 95% CI: 8.6– 20.5) and 6A (12.9 days, 95% CI: 5.3–30.5) among PCV13 serotypes, and 7A/B/C (17.8 days, 95% CI: 11.4–28.9), serogroup 15 (15.8 days, 95% CI: 9.6–25.7), and 17A/F (15.0 days, 95% CI: 8.7–26.8) among non-PCV13 serotype were carried the longest. Co-colonisation of pneumococcal serotypes or serogroup (colonisation chains) was more frequent among NVT (e.g. between NVT with known serotypes [kNVT] and uNVT) than between VT and NVT, with the highest colonisation chains estimated between uNVT and serogroup 15 or kNVT (Fig. [3](#page-8-0), Additional fle 1: Table S3).

#### **Discussion**

We have used multi-state Markov models to disentangle pneumococcal serotype carriage dynamics in ALWHIV and HIV- adults in a mature infant PCV13 programme in Malawi. We estimate substantial acquisitions of VT and NVT carriage in females and those living under low socioeconomic status. High VT acquisitions among adults living with at least two children<5y in the house and NVT acquisitions among ALWHIV on ART>1y are also estimated. On the other hand, prolonged durations of NVT carriage are estimated among ALWHIV on ART>1y. Residual PCV13 serotypes 19F and 3 are highly acquired, whereas 19A, 3, and 6A are prolongedly carried, although non-PCV13 serotypes remain dominant in circulation among adults. Our fndings unravel pneumococcal carriage dynamics among ALWHIV and provide baseline estimates for assessing future pneumococcal vaccine impact in ALWHIV. These results suggest that a PCV strategy in ALWHIV with expanded serotype



<span id="page-6-0"></span>Fig. 2 Pneumococcal carriage acquisition probability and duration by serotype group and human immunodeficiency virus (HIV) infection status among potential risk groups. Daily pneumococcal carriage acquisition probability for **a** overall carriage, and carriage stratifed by vaccine-serotype group and HIV status among **b** all participants, **c** females or males, **d** adults aged 18–33 or 34–44 years old (y), **e** adults living with 1 child or at least 2 children in the house, and **f** adults in low or high social economic status (SES). Pneumococcal carriage duration in days for **g** overall carriage, and carriage stratifed by vaccine-serotype group and HIV status among **h** all participants, **i** females or males, and **j** adults aged 18–33 or 34–44 years old (y)

coverage may be warranted to tackle the remaining preventable burden of pneumococcal carriage and subsequent disease in ALWHIV.

Pneumococcal carriage prevalence has previously been reported to be higher among ALWHIV on ART compared to those not on ART in rural Malawi [[8\]](#page-10-5). Our study shows a similar higher prevalence of pneumococcal carriage in ALWHIV on ART>1y than those on ART<3 m or HIV- adults. Follow-up studies are required to investigate the biological factors for the increased pneumococcal prevalence in individuals who have been on ART for an extended period compared to those who recently started treatment. We further show that this elevated carriage in ALWHIV on  $ART > 1y$  is likely influenced by frequent acquisitions and prolonged carriage duration of NVT serotypes.

Antibiotic use is sometimes associated with individual carriage reduction [[28\]](#page-10-23), but its role was not assessed in this study due to limited data points on antibiotic uptake. Nonetheless, the baseline and follow-up density of pneumococcal carriage remained comparable between HIV groups. Thus, it remains unclear whether the slow NVT clearance is linked to reported cotrimoxazole or penicillin-resistant pneumococci among ALWHIV in this setting [[29](#page-10-24)]. If indeed the reported drugs select for resistant NVT, it may suggest that colonisation of resistant NVT pneumococci in ALWHIV may be inefficiently cleared at

the mucosal level, leading to prolonged duration of pneumococcal carriage. However, causal links of prolonged pneumococcal carriage among ALWHIV need further investigation from laboratory measures.

Children<5y remain the major reservoir of pneumococcal carriage transmission in the era of PCV13 in this setting and elsewhere [[15](#page-10-25), [16,](#page-10-26) [25](#page-10-20), [30](#page-10-27)]. Since female adults are more likely to interact with younger children due to cultural and parental roles, social mixing is highly intensive between children and females compared to male adults in this setting [[31](#page-10-28)], likely resulting in higher carriage acquisition risk in females than males consistent with our fndings in this study. Furthermore, household spread of pneumococcus is usually infuenced by higher household density [\[25](#page-10-20), [32](#page-10-29), [33\]](#page-10-30), and having more younger children in the house who are a major reservoir of pneumococcal carriage transmission increases the risk of pneumococcal carriage acquisition [\[3](#page-10-0)]. Similarly, higher pneumococcal carriage acquisitions in low than high SES households, as shown here and in previous studies in this setting  $[3]$  $[3]$ , is likely related to poor living conditions, including poor ventilation and overcrowding. However, fne-scale household pneumococcal carriage dynamics, including quantifying the contribution of diferent household members to pneumococcal carriage transmission, remain a gap to be addressed in this setting.

<span id="page-7-0"></span>**Table 2** The effect of each considered risk factor on pneumococcal acquisition and clearance rates estimated from the Markov model using data from a longitudinal nasopharyngeal swabbing study conducted in Blantyre, Malawi, between September 2021 and December 2023



*SES* Social economic status is based on possession index, calculated as a sum of positive responses for household ownership of each of one of 15 diferent functioning items: watch, radio, bank account, iron (charcoal), sewing machine (electric), mobile phone, CD player, fan (electric), bednet, mattress, bed, bicycle, motorcycle, car, and television

<sup>a</sup> HR refers to hazard ratio of the incidence or clearance rates

<sup>b</sup> Statistically significant at 95% confidence intervals (95% CI)

Serotype-specifc pneumococcal carriage acquisition and clearance estimates reported in our study have implications for the choice of PCV strategy in ALWHIV in this setting. PCV13 serotypes still in circulation underscore inadequate herd immunity from the infant PCV13 programme [[15](#page-10-25), [16](#page-10-26)] and suggest that ALWHIV remains at high risk of preventable pneumococcal carriage and subsequent disease  $[17]$  $[17]$  $[17]$ . Thus, providing direct PCV protection to ALWHIV or indirect protection by switching to a new infant PCV schedule that substantially improves herd immunity among ALWHIV is urgently needed [[18\]](#page-10-13). The high presence of NVT implies that ALWHIV have the additional risk of pneumococcal disease that may not be prevented by PCV13, necessitating the need for assessing the impact of a newer infant or ALWHIV PCV products with expanded serotype coverage. Of note, serotypes 1 and 5 cause most pneumococcal invasive disease in children in this setting [[34\]](#page-10-31), yet were not isolated in adults in this study refecting that serotypes circulating in carriage do not usually match those in disease as reported by others [[35](#page-10-32)]. Moreover, the extent to which serotypes circulation in adults infuence those in children and vice versa remains to be quantified. Thus, the choice of a PCV strategy partly needs to account for the



<span id="page-8-0"></span>Fig. 3 Pneumococcal serotype-specific carriage dynamics in considered serotypes with relative high sampling frequency. a Prevalence of each serotype in all samples, with 'uNVT' representing unknown non-PCV13 serotypes because they were not included in the serotyping assay which could only identify up to 23 serotypes including all VT. Insert in **a** is the carriage prevalence of each serotype or serogroup with a relatively high sample frequency, where 'kVT' represents known PCV13 serotypes with very low sample frequency (1, 4, 9 V, 14, 18C, and 23F), and 'kNVT' represents non-PCV13 serotypes with known serotypes with very low sample frequency (22A/F, serogroup 33 and 18, 12A/B/F, 19B/C, 8, and 6D). **b** Network diagram showing the acquisition of a serotype replacing a specifc serotype in a colonisation chain. The size of the edges refects the pairs of serotype transition events in the colonisation chain that occur more likely than expected, and the node represents the serotype or serotype group or vaccine-serotype group. **c** Daily pneumococcal carriage acquisition probability under a log scale and **d** daily average pneumococcal serotype carriage duration

complex interaction between at risk age groups, PCV serotype coverage, and the distribution in serotype carriage and disease in this setting [\[36\]](#page-10-33).

Our study did not explicitly account for simultaneous carriage of multiple serotypes because latex agglutination was used for serotyping a single bacterial colony [[29](#page-10-24)]. Absence of multiple serotype detection may have biased downward on acquisition rates by missing acquisition events of new serotype while detecting resident serotype and carriage duration by failing to detect serotype when another dominant serotype is present [[2\]](#page-9-1). Another limitation of this study is the lack of serotyping data for all the NVT serotypes. Follow-up studies should use molecular assays or whole-genome sequencing approaches to reliably detect the carriage of multiple serotypes within an individual [[37\]](#page-10-34). Insuffcient data points propelled us to combine the carriage

of some serotypes targeted or not targeted by PCV13 to estimate serotype dynamics. Although the baseline samples for PCV13 and non-PCV13 serotypes were relatively small, carriage dynamics at baseline were informed by stable rates estimated during the study follow-up where samples were relatively large. The distribution of serotypes in healthy carriers is needed to evaluate PCV impact on invasive disease [\[19](#page-10-14)], and our study provides baseline estimates of serotype distribution, acquisition, and clearance at vaccine-serotype group and serotype-specifc levels, for assessing future PCV impact in ALWHIV.

# **Conclusions**

The disproportionately high pneumococcal carriage prevalence in ALWHIV on ART>1y is mostly due to high acquisition and prolonged duration of NVT. Our study provides baseline estimates of pneumococcal serotype dynamics for comparison when new PCV strategies are implemented directly in ALWHIV or indirectly in infants.

#### **Abbreviations**



#### **Supplementary Information**

The online version contains supplementary material available at [https://doi.](https://doi.org/10.1186/s12916-024-03631-5) [org/10.1186/s12916-024-03631-5](https://doi.org/10.1186/s12916-024-03631-5).

Additional fle 1: Fig. S1 Susceptible-infected-susceptible (SIS) Markov model of pneumococcal carriage dynamics among Malawian adults living with and without human immunodefciency virus (HIV) between 2021 and 2023. Table S1 Daily acquisition probability of vaccine-serotype (VT) and non-vaccine-serotype (NVT) pneumococcal carriage among adults living with and without HIV estimated from a Markov model. Table S2 Pneumococcal carriage duration (days) of vaccine-serotype (VT) and non-vaccine-serotype (NVT) among adults living with and without HIV estimated from a Markov model. Table S3 Daily pneumococcal serotype carriage acquisition probability and duration (days) of carriage of each serotype among ALWHIV and adult without HIV estimated from a Markov model.

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#### **Authors' contributions**

Conceptualization; JP, LS, DT, KCJ Data curation; LS, LM, DT Formal analysis; DT Funding acquisition; KCJ Investigation; LS, LM, DT, KCJ Methodology; JP, CG, LS, DT, KCJ Project administration; JP, KCJ Resources; KCJ Software; DT Supervision; LS, JP, KCJ Validation; KCJ Visualization; DT Writing—original draft; JP, LS, DT, KCJ Writing—review & editing; JP, LS, LM, NM, AK, MK, TK, EL, PK, KM, CC, DMF, DT, KCJ.

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#### **Availability of data and materials**

An R script that was used to analyse the datasets is available in the GitHub repository [https://github.com/deusthindwa/markov.model.pneumococcus.](https://github.com/deusthindwa/markov.model.pneumococcus.hiv.malawi) [hiv.malawi](https://github.com/deusthindwa/markov.model.pneumococcus.hiv.malawi).

#### **Declarations**

#### **Ethics approval and consent to participate**

Nasomune study nasopharyngeal (NP) samples were obtained from each Malawian adult through written consent. Study ethics approval was granted by the Malawi National Health Sciences Research Ethics Committee (NHSRC) (21/24/2680) and the Liverpool School of Tropical Medicine Research Ethics (21–035) in accordance with the Declaration of Helsinki. Written informed consent to participate was obtained from all of the participants in the study.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

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