

Boise State University
ScholarWorks

The Idea of Nature Public Lecture Series

Interdisciplinary Explorations

3-15-2012

Henry David Thoreau and Health in Nature (Flyer)

James Engell
Harvard University



Thomas Cole (1801-1848). View from Mount Holyoke, Northampton, Massachusetts, after a Thunderstorm - The Oxbow. 1836. Oil on canvas, 51 1/2 x 76 in. (130.8 x 193 cm). Gift of Mrs. Russell Sage, 1908 (08.228). The Metropolitan Museum of Art, New York, NY, U.S.A. Photo Credit: Image copyright © The Metropolitan Museum of Art. Image source: Art Resource, NY



Interdisciplinary
Explorations

The Idea of Nature

PUBLIC LECTURE SERIES
SPRING 2012

Thursday, March 15, 2012 • 6-7 PM

FREE and Open to Public • Boise State Student Union Building, Simplot Ballroom A-B
Reception following with cash bar and appetizers

Tickets for the receptions are limited: please contact Dr. Harvey at samanthaharvey@boisestate.edu or go to www.boisestate.edu/research/ahi for more information.



Henry David Thoreau and Health in Nature

James Engell

Gurney Professor of English, Harvard University

As if he had always been looking to the future, Thoreau's idea of health remains astonishingly relevant. He senses the danger of environmentally-linked and environmentally-caused illness. He promotes wellness of body, mind, and spirit together, which achieves harmony with nature through diet, exercise, sensory contact, and ethical self-reflection. The idea of human health in relation to nature informs all that he wrote and appears repeatedly for two decades throughout his Journal. Yet, he doesn't devote a whole book, single chapter, or complete essay to it exclusively, perhaps because health and nature connect to so many other concerns. Instead, health linked to nature permeates his entire experience as a form of personal ecology.

SPONSORED BY:

BOISE STATE
UNIVERSITY
Arts and Humanities Institute

Extended Studies
College of Arts and Sciences
Department of English
Hemingway Western Studies Center
Environmental Studies Program

IDAHO
Humanities
COUNCIL
THE COLLEGE
of IDAHO

