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Impact of social context on human facial and gestural emotion expressions

Raphaela Heesen, Mark Andre Szenteczki, Yena Kim, Mariska E. Kret, Anthony P. Atkinson, Zoe Upton, Zanna Clay

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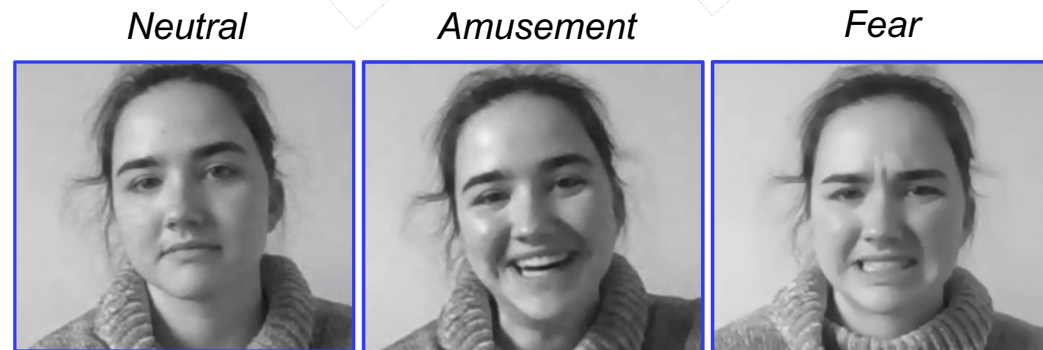
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Impact of social context on human emotion expressions

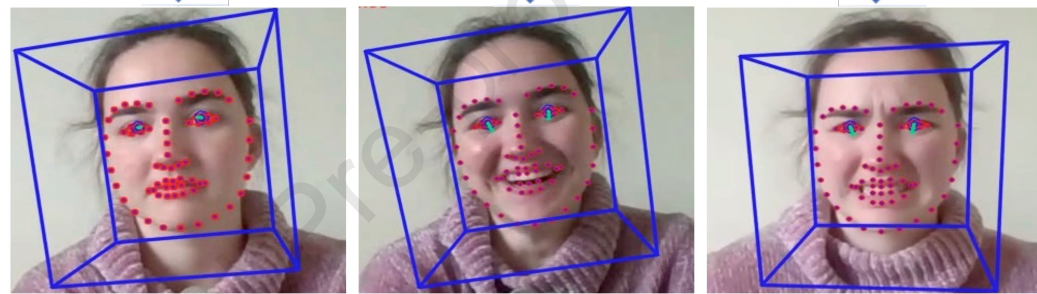
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Movie watched alone vs. Movie watched together

Experimental design



Measures/tools



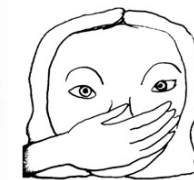
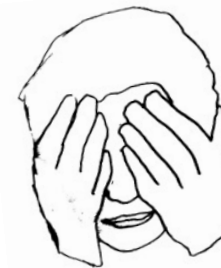
Facial expressions (automated tracking) + gestures (manual coding)

Results

Average of all facial movements

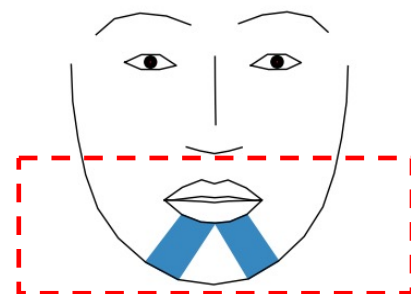
Hand gestures

Global expressivity analysis



Specific AU movements

Individual facial action unit (AU) analysis



Increased emotional expressivity when watching movies together vs. alone?

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3 **Impact of social context on human facial and gestural emotion expressions**

4 Raphaëla Heesen¹, Mark Andre Szenteczki², Yena Kim³, Mariska E. Kret³, Anthony P.
5 Atkinson¹, Zoe Upton¹, Zanna Clay¹

6 ¹ Department of Psychology, Durham University, UK

7 ² Laboratory of Functional Ecology, Institute of Biology, University of Neuchâtel,
8 Switzerland

9 ³ Institute of Psychology, Leiden University, Netherlands

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14 **Author Note**

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18 All anonymized facial expression data, associated metadata, and R and python scripts
19 used to get data from OpenFace, produce analyses, figures and heatmaps are available at
20 [https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-](https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements)
21 [Movements](https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements). Our study was pre-registered under <https://aspredicted.org/pi4ik.pdf>.

22 Correspondence concerning this article should be addressed to Raphaëla Heesen (Orcid ID:
23 0000-0002-8730-1660) and Zanna Clay, South Rd, DH1 3LE, Durham, UK

24 Emails: heesenr1@gmail.com; zanna.e.clay@durham.ac.uk

26 **Summary**

27 Humans flexibly adapt expressions of emotional messages in social contexts. However,
28 detailed information on how specific parts of the face and hands move in socio-emotional
29 contexts is missing. We identified individual gesture and facial movements (through
30 automated face tracking) of $N = 80$ participants in the UK, produced while watching
31 amusing, fearful or neutral movie scenes either alone or with a social partner. Amusing and
32 fearful scenes, more so than neutral scenes, led to an overall increase in facial and gesture
33 movements, confirming emotional responding. Furthermore, social context facilitated
34 movements in the *lower* instead of upper facial areas, as well as gesture use. These findings
35 highlight emotional signalling components that likely underwent selection for
36 communication, a result we discuss in comparison with the nonhuman primate literature. To
37 facilitate ecologically valid and cross-cultural comparisons on human emotion
38 communication, we additionally offer a new stimuli database of the recorded naturalistic
39 facial expressions.

40 *Keywords:* automated facial tracking, facial expressions, emotion database, nonverbal
41 communication, OpenFace

43 **Introduction**

44 According to the seminal work of Darwin, emotional expressions first evolved as
45 adaptive benefits to sensory requirements in relation to the physical world ^{1,2}. Viewed in this
46 light, emotional expressions initially were cues, or inadvertent “read-outs” of internal states,
47 which only informed others incidentally. Their primary functions presumably were related to
48 adaptive benefits, such as to avoid toxic substances by narrowing the eyes when disgusted, or
49 to increase vision by widening the eyes during fear; the shaping of these expressions through
50 cultural processes was assumed to have played an auxiliary role ^{1,2}.

51 However, these adaptive benefits are too minimal to account for evolutionary
52 stability, implying that certain emotional expressions must have undergone further selection
53 for signalling purposes (Dezecache et al., 2013). Darwin ² noted that inherited expressive
54 movements, once acquired, may be voluntarily and consciously employed as a means of
55 communication even though they were at first involuntarily produced. For an emotional
56 expression to have a communicative function (i.e., to be an emotional *signal* rather than a cue),
57 it should be designed to trigger a response in the receiver, whereby the response is equally
58 designed for the signal ^{see 3 for a review on the importance of receiver psychology}. A signal can usually be
59 distinguished from a cue as the former is subject to an *audience effect*, which means the signal
60 is socially facilitated by the presence of potential receivers ^{4,5}.

61 The presence of audience effects on emotional expressions suggests that these
62 expressions have undergone selection for signalling functions ^{4,6}. Emotional cues, by contrast,
63 lack the function to cause a reaction in the receiver, though they can still incidentally inform a
64 receiver witnessing the cues ⁴. Hence, emotional cues - opposite to signals - are not expected
65 to be facilitated by the presence of a social audience ⁴.

66 Audience effects have been evidenced in humans and nonhuman animals, notably by
67 looking at how signallers adapt emotional expressions in response to the presence, size or
68 composition of the audience ⁷⁻⁹. Human faces have especially evolved to enhance the
69 communicative salience and transmissibility of emotion expressions in social scenarios. They
70 have become increasingly accentuated and expressive, evidenced by a pronounced white eye
71 sclera ¹⁰, as well as pronounced mouth and brow coloration and shape, features which have
72 been shown to have communicative functions ¹¹. This collection of visible phenotypical
73 features allows for the expression of emotional states in different ways, varying in degree of
74 voluntary control ⁸. This variation warrants an examination of how *specific* facial regions may
75 contribute to conveying emotional messages.

76 Research with various human participant samples, including in the US and Japan, has
77 revealed that discrete facial expressions, like smiles and pain grimaces, are enhanced by the
78 presence of an audience^{7,12-17}, both in adults and in infants¹⁸. Audience effects also extend to
79 vocal expressions of emotion, such as interjections, which are variable across cultures¹⁹, and
80 even to the use of virtual emoticons²⁰. Although audience effects for specific facial
81 expressions, notably smiling¹⁷, have been demonstrated, empirical data on the *kinds* of facial
82 muscles that contribute more or less to emotion signalling is limited. Not all facial expressions
83 might be regulated with the same level of voluntary control; some facial movements appear to
84 be particularly involved in automatic and urgent survival responses, such as the widening of
85 the eyes during fear⁸, whereas others play a role in the strategic coordination of social action
86 and relationships, and thus have clear signalling functions, e.g., facial movements related to
87 smiling¹⁷.

88 The idea of a dual legacy of emotional expressions as cues and signals has rarely been
89 explored through empirical data. Preliminary evidence suggests that distinct facial muscles
90 exhibited during emotional expressions are differently affected by audience effects. For
91 instance, there seems to be less variation in the brow muscle regions (e.g., *corrugator supercili*)
92 across audience conditions compared to muscles related to cheek activity (e.g., *zygomatic*
93 *major*)²¹. This is confirmed by neurobiological evidence, which shows that muscles in the
94 upper face, who receive bilateral cortical input, are linked to more reflex-like reactions
95 compared to muscles in the lower facial areas²²⁻²⁴. Identifying the distinct patterns of audience
96 effects on different facial muscles will enhance our understanding of the communicative
97 function of specific facial movements, fostering knowledge on the kinds of emotional
98 expressions undergoing selection for communication^{4,8}. To address this question in the most
99 inclusive way, we applied a automated facial tracking algorithm to analyse audience effects on
100 18 visible facial muscle movements, i.e., “action units” (AUs), compared across valence types.

101 Prior to this study, facial expressions have often been assessed either via manual
102 coding, for instance by using the well-established Facial Action Coding System “FACS”²⁵, or
103 using electromyography^{e.g., 15}. Only recently, novel tools and techniques for auto-classifying
104 and quantifying AU movements have emerged in emotion expression research^{e.g., FaceReader: 26}.
105 Here, we used ‘OpenFace’ (<https://github.com/TadasBaltrusaitis/OpenFace>), a free open-
106 source program capable of automatically detecting 18 AUs, eye gaze, and head pose from video
107 recordings²⁷. It permits a high accuracy in detecting AU activity and intensity²⁸, thereby
108 helping to replace manual coding methods, which usually are laborious and subject to coding
109 errors and subjective assessment. OpenFace utilizes a pre-trained convolutional neural
110 network, meaning that analyses can be efficiently carried out on a standard consumer PC
111 without the need for GPU acceleration²⁷. In addition to producing an overall AU expressivity
112 analysis, this algorithm allowed us to specifically identify *individual* AUs prone to be affected
113 by audience effects.

114 Moreover, our study goes *beyond* facial expressions only. In the past, the majority of
115 emotion studies focus on facial expressions, ignoring other modalities involved in the
116 communication of affective states²⁹, though advances have been made to determine the dual
117 impact of bodily and facial expressions on emotion recognition based on posed actor
118 expressions³⁰. Although vocalizations³¹, body postures^{32–35} and facial expressions³⁶ of
119 emotions are relatively well-studied, emotion communication via spontaneous *gestures*
120 remains an especially understudied field of research³⁷. This gulf of evidence is surprising,
121 especially since nonverbal body movements greatly contribute to the effective communication
122 of emotions^{8,29}. Notably, hand gestures promote a better understanding in both non-verbal and
123 verbal communication^{38–41} and appear to be deeply interconnected with emotion perception
124^{42–44}, this even more so when combined with facial expressions⁴⁵. Research has demonstrated
125 that spatially narrow gestures are considered as more emotionally intense than wide gestures;

126 however, the type of hand movements (i.e., iconic or non-iconic) appears to be irrelevant for
127 emotion processing³⁷. Despite the fact that human communication has evolved as a multimodal
128 system, with a significant role of visual signals especially in the early stages^{46,47}, the lack of
129 evidence on gesture production in relation to emotionality and audience effects warrants further
130 investigation.

131 The first goal of this study (part 1) was thus to identify audience effects on hand
132 gestures and facial expressions in response to different emotion-inducing stimuli. To this end,
133 we conducted an online experiment, in which we video-recorded participants based in the UK
134 via their own webcams while watching popular movie scenes of different valence types
135 (amusing, fearful or neutral) either alone (alone condition) or with another familiar person
136 (social condition) through an online platform. Assuming that emotional expressions have a
137 communicative function, our first prediction was that the presence of an audience will have a
138 facilitatory effect on facial and gestural expressions of emotion. We predicted that facial and
139 gestural movements contributing to emotional signalling will increase in frequency and
140 intensity as a function of audience presence, while those contributing to emotional cues remain
141 unaffected in this respect. This first, global analysis seeks to investigate an effect of social
142 audience on overall facial expressivity, insofar as we look at averages of AU activity and
143 intensity across all 18 AUs.

144 As a second step, we examined specific facial movements to assess audience effects at
145 the scale of individual AUs. Both types of analyses (audience effects on the whole face *and*
146 specific facial regions) are crucial because – in terms of emotion signalling- the face can be
147 perceived as a whole (all AUs), or attention can be directed at specific facial regions like the
148 mouth, nose, or eyes⁴⁸. This is often the case when people perceive dynamic facial expressions,
149 suggesting an information-seeking and functional process of gaze allocation and face
150 processing^{e.g., 49}. Importantly, some facial regions appear to be more diagnostic in terms of the

151 perception of particular emotions than others. While the eyes play a role in the decoding of
152 anger, regions in the lower part of the face such as the mouth, nose, and jaw appear to play a
153 role for emotions such as happiness, disgust, or surprise⁴⁸. Recognition of emotions is also
154 affected by viewing distance: expressions related to smiling and surprise, which appear to be
155 most accurately decoded based on attention to lower facial regions⁴⁸, are more successfully
156 transmitted at larger distances compared to expressions related to sadness⁵⁰. These studies –
157 as well as more recent ones⁵¹ - demonstrate that specific regions or features of facial
158 expressions can be perceived differently depending on various factors including viewing
159 distance, emotional category, as well as cultural background and perhaps social context,
160 altogether stressing the importance of considering multiple facial regions and social factors
161 when studying how faces move in socio-emotional situations.

162 In terms of individual facial movements during emotion expressions, we specifically
163 expected stronger audience effects on lower compared to upper facial regions: in emotional
164 settings, AUs in the lower facial areas may be enhanced in the social compared to the alone
165 condition, while AU movements around the eyes or brows may be less socially modulated.
166 This is based on neurobiological evidence suggesting that muscle movements in the lower part
167 of the face are associated with contralateral cortical representations, whereas muscle
168 movements in the upper part of the face have bilateral cortical representations²²⁻²⁴. This points
169 to greater volitional control associated with the lower part of the face compared to the upper
170 part²²⁻²⁴. Such a pattern could lead to differential activity in facial muscles dependent on the
171 emotional and social setting.

172 Distinct facial regions may thus have evolved to serve unique roles in emotion
173 communication, with a nuanced selection process tailored to the specific functions of each
174 facial area. This hypothesis is supported by research on emotion perception⁵⁰, but is less
175 explored based on spontaneous expressions of emotions in social interaction. Here, we

176 examined this hypothesis through new data on naturalistic facial expressions of expressions in
177 social and solitary situations. To verify that expressions correspond to emotional responding,
178 we further verified whether emotional expressions are more likely following emotional
179 compared to neutral movie scenes.

180 In terms of valence, former research revealed that people express emotions differently
181 depending on the valence of the expression as well as social context ⁵². For instance, Lee and
182 Wagner showed that participants exhibited more positive emotion expressions while talking
183 about positive personal experiences in social compared to solitary settings; by contrast, when
184 talking about negative experiences, they produced less negative emotion expressions in social
185 compared to solitary settings. The authors interpreted these patterns as evidence of social
186 display rules, implying that it is not appropriate to reveal negative emotions in front of others.
187 We inspected this hypothesis by looking at interaction effects between valence and audience
188 conditions on outcomes of AU movements and gesture use, with stronger evidence of social
189 facilitation for positively valenced stimuli (i.e., movie scenes targeting amusement) compared
190 to negatively valenced ones (i.e., movie scenes targeting fear).

191 Finally, to generate stimuli sets of spontaneous, naturalistic emotion expressions for
192 future studies, our secondary goal (part 2) was to produce a database based on the recorded
193 facial expressions. Integrated within a larger project on cross-cultural and cross-species
194 comparisons, we hope that the findings and stimuli from the current study will help facilitate
195 our understanding of how human emotion communication evolved, and to which extent
196 emotion expressions are affected by social processes and vary across cultures. A great bulk for
197 the former emotion perception research involves actor-posed emotion expressions ^{53,54,e.g., 55},
198 yielding a lack of authentic data based on naturalistic facial emotion expressions. Part 2 of our
199 study thus focussed on assembling the recorded facial expressions in an accessible database,

200 grouped by audience and valence conditions, in the effort to promote more ecologically valid
201 emotion research by deliverance of naturalistic stimuli.

202

203 **Results**

204 Descriptive summary statistics of all tested outcome variables are presented in Table 1.

205

206 *Table 1 here*

207

208 **Audience Effects on Facial Movements**

209 Although there was a tendency for AUs to be used more intensely in the social
210 compared to the alone condition, there was no robust audience effect on overall facial
211 expressivity (i.e., *all* AUs; $b = 0.55$, $SD = 0.46$, 95% CrI [-0.36, 1.47], $pd = 88.86\%$), see Figure
212 1a and Table S6. There was also no evidence of an interaction between conditions and valence
213 types (Figure 1a), and no effect of covariates (movie familiarity, ethnicity, gender), see Table
214 S6. Confirming emotional responding, AUs were generally more intensely displayed when
215 participants viewed emotional scenes compared to neutral ones (neutral vs. fear: $b = 0.65$, SD
216 $= 0.18$, 95% CrI [0.29, 1.01], $pd = 99.96\%$; neutral vs. amusement: $b = 0.33$, $SD = 0.18$, 95%
217 CrI [-0.02, 0.68], $pd = 96.63\%$), see Figure 1a and Table S6.

218 Next, we zoomed in on the face and examined variation in AU intensity for each
219 individual AU as a function of condition (Figures 2 and 3). The results mirror those for AU
220 activity (Table S8 and Figure S4): AUs in the lower part of the face including the mouth (AU10,
221 AU12, AU15, AU20, AU25) and the cheeks (AU6) were used more intensely in the social
222 compared to the alone condition, while AU intensity related to the eyes appears to be less
223 variable across conditions (e.g., AU1, AU2, AU4, AU5, AU7). For certain AUs related to the
224 eyes (AU45), there was more intense activation when participants were alone compared to

225 when with others. The remaining AUs had no significant variation across conditions (Figure
226 2). For further details regarding audience effects across valence types, see Supplementary Text
227 S3.

228 In terms of AU activity, results revealed the same patterns as for AU intensity, both at
229 the level of the whole face as well as individual AUs (see supplementary text S2, Tables S6-
230 S8, Figures S1, S3 and S4).

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231 *Figure 1 here*

232 *Figure 2 here*

233 *Figure 3 here*

234

235 **Audience Effects on Gestures**

236 Hand gestures (ethogram in Table S2) were substantially more likely used in emotional
237 scenes compared to neutral ones (neutral vs. amusement: $b = 2.75$, $SD = 0.96$, 95% CrI [0.92,
238 4.72], $pd = 99.69\%$; neutral vs. fear: $b = 3.00$, $SD = 0.96$, 95% CrI [1.15, 4.97], $pd = 99.86\%$),
239 see Figure 1b and Table S6. Most importantly, gestures were more likely deployed in the social
240 compared to the alone condition ($b = 1.66$, $SD = 0.87$, 95% CrI [0.00, 3.42], $pd = 97.37\%$),
241 suggesting audience effects on this rarely assessed emotional signalling component (Figure
242 1b). There was no evidence of an interaction between condition and valence types on gesture
243 use (Figure 1b) and no clear effects of covariates (movie familiarity, ethnicity, gender), see
244 Table S6.

245

246 **Discussion**

247 The primary objective of this study was to examine variation in facial and gestural
248 emotion expressions as a function of audience presence and the valence of eliciting movie
249 stimuli. Although previous research investigated audience effects on discrete emotional facial
250 expressions, such as smiling^{17,52,56} and frowning¹², the communicative functions of *specific*
251 facial muscles as well as of gestures still remain underexplored. Such evidence is important for
252 at least two major reasons. First, neurobiological evidence shows that not all facial muscles
253 equally contribute to emotion signalling: humans appear to have greater voluntary control of
254 the lower compared to upper facial areas when expressing emotions²²⁻²⁴, suggesting that
255 distinct emotional facial movements can be linked to the production of emotion cues

256 (contributing inadvertent expressions) and signals (contributing to socially designed
257 expressions)⁴. Emotion expressions have been studied for centuries², but details about which
258 facial parts serve communicative purposes still need to be attested through careful empirical
259 investigation. Second, most previous studies have investigated facial expressions²⁹, while
260 knowledge on the communicative function of emotional body signals, notably hand *gestures*,
261 is still limited. To enhance knowledge on emotion communication, more data is required on
262 other signal components beyond facial expressions.

263 Here, we thus tested the hypothesis that the social audience facilitates the overall
264 expressivity of emotions via hands and face, and that specific facial areas are variably affected
265 by audience effects when emotional states are communicated. In line with neurobiological
266 evidence²²⁻²⁴, we expected audience effects especially in the lower compared to the upper part
267 of the face. A secondary goal of the study was to establish a database of naturalistic expressions
268 of emotion, a rare and much needed contribution in the emotion literature, which is heavily
269 biased by posed actors' emotion expressions often rated as unauthentic and non-genuine⁵⁷.

270 Counter to the primary prediction regarding audience effects on facial emotion
271 expressions, the results revealed no general increase of overall facial expressivity in social
272 versus alone settings (see Figure 4 for an overview of key predictions and results). However,
273 when zooming in on the face and looking at *individual* AUs, we found audience effects on AU
274 activity and intensity in the lower but not the upper facial parts (Figure 4). Likewise,
275 participants produced more hand gestures in the social compared to the alone condition,
276 revealing a hitherto undocumented audience effects on such forms of nonverbal emotion
277 expressions. Given that the literature has only recently started to investigate forms of non-
278 verbal emotion expressions like hand gestures³⁷, our result of audience effects on gestures
279 represents an important novel finding. It dovetails with former reports on emotion perception,
280 which emphasize that it is especially hand gestures (more so than arms) that play a crucial role

281 in emotion recognition ⁴⁴. Our interpretation that the observed facial and gestural movements
282 reflect emotional expressions is supported by the finding that these variables were enhanced
283 during emotionally charged movie scenes as compared to neutral ones, especially when
284 comparing fearful with neutral movie scenes.

285

286 ***Figure 4 here***

287

288 As noted, the lack of evidence of audience effects on the whole face was counter to our
289 prediction of the communicative function of emotion expressions. Research generally shows
290 that facial movements increase when people are surrounded by others ⁷, even when the
291 audience is imagined ^{21,56}. However, our follow-up analysis provided more nuances to the
292 formerly reported general audience effects. Corroborating neurobiological evidence, our
293 findings showed that people move *lower* parts of the face more often and more intensely when
294 emotional in *social* settings, suggesting variation of how distinct facial muscles contribute to
295 emotion signalling (i.e., nevertheless, overall intensity scores were low, see Figure S2). The
296 fact that AUs linked to the mouth, cheeks, and jaw were more intensely used in the social
297 compared to the alone condition, while other parts were equally deployed regardless of the
298 condition (i.e., AUs around the eyes and brows), suggests that emotion signals may be
299 predominantly generated by mouth, jaw, and cheek movements, while emotion cues are more
300 tied to eye regions. What could explain this pattern, and what are the implications for our
301 understanding of human emotion signalling, and even how it evolved?

302 According to influential theories, emotional expressions initially evolved as adaptive
303 benefits to sensory requirements in relation to the physical world ^{1,2}. Nevertheless, not all
304 expressions might be regulated with the same level of voluntary control, and some may have
305 been further selected for signalling purposes ⁴, evidenced by expressions being subject to

306 audience effects^{4,5}. Certain facial movements might be particularly involved in automatic and
307 urgent survival responses where a clear and unambiguous signal is needed, such as the
308 widening of the eyes during fear⁸, while others, such as smiling, play a role in the strategic
309 coordination of social action and relationships^{58,59}.

310 Our findings suggest greater social facilitation of mouth, cheek, and jaw movements on
311 the one hand, and less socially modulated movements of eye or brow movements on the other
312 when humans are communicating emotions. When applying the notion of signals and cues, it
313 could be possible that facial movements in the upper face contribute to genuine emotion cues
314 with relatively less voluntary control^{e.g., 60}, while facial movements in the lower face are more
315 likely to serve as voluntary emotion signals, or “tools” for social influence^{e.g., 6}, joint action
316 coordination⁶¹ and relationship management⁶². Our findings also match records of previous
317 studies, showing less variation in the brow muscle regions (e.g., *corrugator supercili*) across
318 audience conditions compared to muscles related to cheek activity (e.g., *zygomatic major*)²¹.
319 Moreover, evidence from neurobiology propose that muscle movements in the lower facial
320 areas correspond to contralateral cortical representations, whereas muscle movements in the
321 upper face are associated with bilateral cortical representations, implying a greater level of
322 voluntary control exerted over the lower compared to the upper face²²⁻²⁴. Emotion expressions
323 surrounding the mouth, cheeks and jaw thus possibly have undergone a different selection for
324 communication than other parts, a hypothesis that deserves further empirical assessment, for
325 instance through comparative research with our close primate relatives. It is important to note
326 however that, although we find this pattern of facial movements for emotional expressions, this
327 does not necessarily hold for communication per se; when compared to the evidence on facial
328 movements in natural conversation, eye blinks and brow movements appear to play a role, for
329 instance to clarify misunderstandings or to provide feedback of understanding⁶³⁻⁶⁶. The degree

330 to which specific parts of the face are used in conversation in affectively neutral versus
331 emotionally charged scenarios would be an interesting avenue for future research.

332 It is noteworthy though that our data does not allow us to illustrate the multi-purpose
333 and multi-modal impact of the studied expression organs. For instance, the mouth and eyes
334 obviously have multiple functions beyond communication. While being relevant in expressing
335 emotional messages to others in social settings, the mouth also is involved in eating, tasting,
336 manual manipulation of objects and removal of any potentially harmful/toxic substances. Apart
337 from any non-communicative roles, facial expressions (and gestures) can also be combined
338 with other movements (e.g., head tilting) to communicate emotional messages, something that
339 is worth being scrutinized further in future research. For instance, one could test whether
340 comprehension of facial movements changes depending on whether they are combined with
341 movements of other communication organs.

342 Interestingly, among many nonhuman primate species, notably our closest living ape
343 relatives – bonobos (*Pan paniscus*) and chimpanzees (*Pan troglodytes*) – the *mouth region*
344 appears to exhibit most flexibility in terms of emotional expressivity. The mouth is used to
345 communicate a variety of emotional states, including fear and nervousness e.g., the bared-teeth face:
346 .67,68, playfulness e.g., the play face: .69, aggression e.g., the threat face: .9, and affiliation e.g., the pout face: .9.
347 Viewed through an evolutionary lens, greater variation in primate facial movements around the
348 mouth may have been favoured as they are more conspicuous than eye movements, especially
349 as most primate sclerae are pigmented ⁷⁰, whereas gums are pink ⁸. Indeed, tufted capuchin
350 monkeys (*Sapajus apella*) discriminate “open-mouth threats” from neutral expressions more
351 accurately than “scalp lifts” (i.e., lifting of eyebrows) ⁷¹. The authors assumed that exposed
352 teeth in open-mouth threats are more easily recognizable than the lifting of eyebrows, due to
353 greater saliency ⁷¹. Research in chimpanzees also shows that visible AU changes are primarily
354 related to the mouth, e.g., AU12 and AU24, and less to the eye or brow region, e.g., AU1, AU2

355 and AU4⁷². While the eyes still contribute to emotional expressions^{e.g., lifting of eyebrows in capuchins:}
356⁷¹, eye movements nonetheless appear to remain relatively subtle (and relatively more static)
357 compared to the more salient and flexible movements of the mouth – a question worth
358 exploring through further comparative research.

359 In terms of valence, we further tested whether audience effects are more apparent in
360 humans when watching amusing vs. fearful scenes (i.e., when compared to neutral baseline
361 scenes). Former research showed that participants exhibit more positive emotion expressions
362 when talking about positive experiences in a social compared to solitary setting⁵². In turn,
363 when reporting about negative experiences, they produce *less* negative emotion expressions in
364 a social compared to solitary setting. The authors interpreted these patterns as evidence of
365 social display rules, where it is not appropriate to reveal negative emotions in front of others,
366 especially strangers. Our analysis however did not support this, as we found no interactions
367 between audience conditions and valence types for facial expressions. This could have to do
368 with the social relationships between our participants and their partners. Our participants were
369 always matched with a familiar/close person (i.e., friend, family member, partner) and never
370 with strangers. Lee and Wagner's⁵² participants were matched with strangers, thus display
371 rules may have been facilitated in their study but not in ours. Future studies may further explore
372 diverse audience effects by looking at emotional expressivity in participants matched with
373 close persons vs. strangers, or with a person of lower and higher societal status relative to
374 themselves. In addition to social display rules, the literature also demonstrated effects of
375 cultural background on emotion expressions^{73,74} and perception⁷⁵. There is evidence that the
376 processing of emotional facial expressions (e.g., intensity-wise and categorically) differs across
377 western and eastern cultural gradients^{e.g., 51}. In addition, collectivist cultures exhibit a more
378 holistic and contextual processing of emotional expressions compared to cultures characterized
379 by independence⁷⁶. In our study, cultural variation was not specifically investigated, although

380 we also found no effects of factors like ethnicity (or gender). One reason why we did not find
381 ethnicity effects in expressions of emotions could be that all our participants, even though
382 having different ethnicities, were living and studying in the UK. Although we do not know in
383 which country of origin they were originally raised, they now live in an international academic
384 environment with a shared western cultural background and access to the same social/media
385 culture.

386 Regarding gestures, there was evidence that hand gestures like covering the mouth/eyes
387 or touching a part of the face were used more frequently when viewing emotional compared to
388 neutral scenes and subject to audience effects (Table S2). This finding suggests that participants
389 are somewhat conscious about their emotional expressions, which they attempt to either
390 attenuate or make more conspicuous in social settings by using their hands to touch, cover, or
391 otherwise animate the respective facial expressions. Although we cannot clarify the precise
392 function of hand gestures in this study, future research could investigate whether gestures are
393 used as means to suppress or exaggerate emotional expressions in specific social contexts, thus
394 to provide additional contextual information and redundancy. It is noteworthy that our
395 definition of gestures follows that by Novack et al.,^{p. 339 77}, being defined as “movement that
396 represents action, but does not literally act on objects in the world”. We thus excluded gestures
397 that served practical purposes. In several studies looking at audience effects on hand
398 movements⁷⁸⁻⁸¹ the focus is on the effect of social context on hand movements *with purpose*,
399 e.g., the “reaching-to-grasp” an object^{78,80,82}. This does not represent communication in the
400 definition we followed here^{4,77}. Other studies^{e.g., 83} investigated the *perception* of emotions
401 from bodily cues, yet not spontaneous production. Hence, while there is research on perception
402 of bodily emotion cues^{e.g., 35,55}, or speech-accompanying gestures⁴⁷, there is a major lack of
403 evidence on the *variety and form of spontaneous affective gestures*, something we tackled in
404 this study and which has rarely been investigated before^{but see 37}. Our findings expand the

405 growing literature on how emotional states are equally, if not more clearly, communicated by
406 bodily behaviours^{55,84-88}, calling for more multimodal research in a field heavily biased by
407 findings on facial expressions²⁹. Complementing other research, our work emphasizes the role
408 of both the face and hands in transmitting emotional messages to others. We hope emotion
409 research will continue to maintain an integrative look and focus on multimodal analyses of
410 emotional expressions.

411

412 **Limitations of Study**

413 First and foremost, although our sample included ethnicities and gender as covariates,
414 the majority of our sample included white women (92.5 %) who studied in the UK. Our sample
415 was not restricted to women, as there was no goal of testing a specific gender, but by chance
416 mostly women had signed up to participate. Thus, our results are mainly representative for
417 younger academic women from a Western, Educated, Industrialized, Rich and Democratic
418 “WEIRD”⁸⁹ population. To attest the universality of our findings, future research shall apply our
419 methodology beyond minority-world populations to promote socio-economic and gender
420 diversity as well as cross-cultural data; until this question is solved, we can only draw
421 conclusions on a restricted human sample from the UK; more data from other cultures is
422 necessary to verify whether the patterns found reflect an evolved trait unique to emotion
423 signalling in humans, or a culturally varied form of emotion communication.

424 One could further argue that any communicative expressions of the mouth regions are
425 affected by speech acts. Yet, as outlined in our methods supplementary text S1, we can safely
426 exclude such an effect on facial expressivity. Additionally, as stated in the manual of the Facial
427 Action Coding System “FACS”^{p. 357 90}, AUs 17, 23, and 28 – which represent AUs around the
428 mouth - are related to facial expressions of emotions as well as speech acts, which means one
429 would have expected these to be more intensely used during the social compared to alone

430 condition, especially as they serve language use. However, our data shows that this was not the
431 case (see Figure 2). Our data also shows that some AUs around the mouth were detected to be
432 more active during the social (compared to alone) condition, but these are not involved in
433 normal speech acts as stated by Ekman et al (e.g., AU15 and AU12). These lines of evidence
434 suggest that our findings have not been affected by speech acts.

435 Moreover, as a limitation of our study, we note that participants sat next to one another
436 rather than facing each other. One may argue that “true” audience effects comprise the element
437 of being watched by another person, not just their presence ⁹¹. This could have affected the
438 way people express their emotions and thus could have produced variation in AU movements.
439 Additionally, one may argue that the audience effects observed especially around lower facial
440 areas could have been facilitated by the fact that participants had a peripheral vision of their
441 partner’s expressions; we cannot exclude the possibility that a face-to-face setup would have
442 led to a reduced saliency of these reported effects. However, it is important to note that
443 participants directly gazed at their partner in on average 15% of all trials in the social condition
444 ($N = 480$ trials). Although it certainly was an important factor, peripheral vision per se could
445 thus not have explained all our results. In natural conversation, especially in group settings,
446 peripheral and frontal vision of expressions likewise naturally interchanges, and we presume
447 that expression saliency may be constantly adapted as a function of perceptual variation. In
448 terms of audience effects generally, the sheer opportunity to be looked at during the trial was
449 likely sufficient to induce the feeling of “being seen” or for signals to be received. Audience
450 effects on facial expressions have been shown to still happen even when people are not directly
451 facing others, and at the extreme level, even when they *feel* observed by imagining another
452 person ^{7,21}. To determine the generalizability of our findings regarding audience effects on
453 emotional facial expressions and gestures, future research may expand this study by adding
454 different body configurations, comparing for instance face-to-face with side-by-side setups.

455 Lastly, one may argue that our facial analyses are limited as OpenFace is limited in its
456 detection of 18 AUs. To what extent do these 18 AUs account for all facial movements in the
457 participants' faces? Our study represents a more inclusive analysis of AUs in comparison to
458 previous studies looking at specific expressions such as smiling ^{17,21} or fear grimaces, often
459 without systematic AU analyses ¹². The 18 AUs examined in this study correspond to those
460 AUs relevant for facial expressions during amusement, fear and/or pain-related experiences,
461 including notably AU 1, 4, 6, 7, 9, 10, 12, 15, 20, 25, and 26 ⁹². Specifically, our AU range
462 comprises all relevant AUs active during fearful expressions (AU 1, 2, 5, 20, 25) and the
463 majority of AUs active during positive affect/laughter (AU 6, 12, 10, 20, 25, 26), see for review
464 ⁸. The only exceptions are specific AUs often combined with others, which could not be
465 detected by OpenFace, including AU 19 (tongue show), AU 27 (mouth stretch) or AU 16
466 (lower lip depressor) ⁹⁰. It is noteworthy however that AU 27 often co-occurs with AU 25 and
467 AU 26, which are both encoded by our software ⁹⁰. Additionally, AU 16 often co-occurs with
468 AU 25 ⁹⁰, the latter being likewise detected by OpenFace. AU 19 is an exceptional AU, which
469 Ekman and colleagues refer to in « miscellaneous actions and supplementary materials » ^{Chapter}
470 ^{8 90}, and is among with others (e.g., neck tightener (AU 21), nostril dilator (AU 38)) rarely
471 studied in facial emotion expression research. Therefore, we find that our analysis captures the
472 most important facial movements related to the attested valence types of amusement and fear
473 ⁸. Nonetheless, we acknowledge that a comprehensive analysis including *all* possible AUs (and
474 how they are affected by social presence) cannot be provided here, something which we hope
475 will be facilitated in the future through improvements in automated detection systems like
476 OpenFace.

477

478 **Conclusion and Outlook**

479 Our data, based on a UK-based sample, have shown that human facial and gestural
480 emotion expressions are subject to audience effects, but that this pattern is more nuanced than
481 expected for facial expressions, insofar as not all parts of the face are equally affected by
482 audience conditions. Corroborating evidence from neurobiology²⁴ and the primate
483 communication literature, our findings suggest that emotional expressions in lower parts of the
484 face, more so than the upper parts, appear to have undergone stronger selection for
485 communication at least in the great ape lineage. This idea provides relevant future avenues for
486 empirical testing, insofar as studies may explore the evolutionary origins of emotional
487 “signals” and “cues” through comparative research with humans and our closest living ape
488 relatives. A more nuanced pattern on how faces move during emotional communication
489 provides knowledge of which kind of facial areas are linked to social signalling, thus possibly
490 involving more cognitive control. This, as a consequence, can provide important insights into
491 how hominin emotion expressions evolved, especially via comparisons with great apes.
492 Identifying which expressions are more socially driven by voluntary flexible control can inform
493 on the evolution of intentional communication, which plays a crucial role in coordinating joint
494 actions. Our contribution thus ultimately leverages knowledge on the specific communication
495 organs/areas that contribute most to the emotion communication of emotions in humans, and
496 when compared to other primates, the degree to which these patterns may (or may not) be
497 uniquely human.

498 Although our study highlights that social presence can be used as an experimental variable
499 to probe facial movement responses and thus to infer which are signals vs cues, there are still
500 many unanswered questions regarding audience effects on emotional expressions. For instance,
501 future studies could look into variation in facial and gestural emotion expressions as a function
502 of audience size and composition e.g.,⁷. Additionally, one may inspect in greater detail how
503 presumed emotion “signals” and “cues” – and audience effects on facial regions and gesture

504 types generally - vary across cultures, especially since most research, including ours, focuses
505 on WEIRD populations. Human data from various cultures may further be compared with
506 respective evidence from the primate literature ^{9,93} to inform on evolved versus culturally
507 acquired features of emotion communication in humans.

508 Given the attested impact of gestures in emotion signalling, our study further stresses
509 the importance of multimodal emotion research, specifically to investigate more expression
510 organs than just the face ^{8,29}. Going beyond expression analyses, we have provided a
511 naturalistic facial expression database which we hope can be used in future research to produce
512 cross-cultural comparisons as well as to examine the *perception* of emotional “cues” versus
513 “signals”.

514 Moreover, we hope that our automated facial tracking method will serve as a guidance
515 to identify facial behaviour from video recordings of fast-paced, natural interactions. Drawing
516 on the OpenFace algorithm, our study provides a guide for systematic analyses on spontaneous
517 facial movements (*vs. a priori* determined basic emotion expressions) in humans, something
518 that is urgently needed as most other programs are highly costly and/or rely on unknown
519 algorithms that in some cases cannot be verified ²⁷.

520 Finally, we have produced a naturalistic emotion expression database, which we hope
521 could provide stimuli for emotion studies based on spontaneous rather than posed expressions.
522 Such an advance is urgently needed in the field of emotion research and will leverage important
523 knowledge of emotion expressions and recognition across cultures ⁹⁴. We hope this advance
524 could benefit the emotion expression and perception literature, insofar as it offers a more
525 authentic analysis of how faces move in social situations, as well as how such processes are
526 perceived by recipients.

527 In sum, our paper brings about three novel advances, which we hope will enrich future
528 research on emotion expressions in human social interaction: a naturalistic database, appliance

529 of a novel automated tracking technique for the study of naturalistic facial behaviour, and more
530 nuanced empirical findings on how faces and hands move in socio-emotional scenarios.

531

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534 preparing the stimuli for the naturalistic emotion database. We thank Ludovico Formenti for
535 sharing his idea to visualize facial expressions using anonymous avatar heatmaps. This
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538

539 **Author Contributions**

540 RH was responsible for conceptualization, data curation, formal analysis, investigation,
541 methodology, project administration, supervision, visualization, writing of the original draft
542 and review & editing; MAS for formal analysis, methodology, software, visualization, writing
543 of the original draft and review & editing; YK for conceptualization, methodology, validation,
544 and review & editing; MEK for conceptualization, funding acquisition and review & editing;
545 APA for conceptualization, funding acquisition, and review & editing; ZU for investigation
546 and methodology; ZC for conceptualization, data curation, funding acquisition, project
547 administration, supervision and review & editing.

548

549 **Declaration of Interests**

550 The authors declare no competing interests.

551

552 **Main figure titles and legends**

553 **Figure 1.** Model estimates for au intensity (a) and gestures (b).

554 *Note**. Uncertainty intervals from MCMC draws with all chains merged for model 2 (AU
555 intensity, a) and model 3 (gestures, b). Points denote posterior means, inner bands correspond
556 to the 80% credible intervals (*CrIs*), and the outer fine-lined bands correspond to the 95% *CrIs*.
557 Plots only depict variables relevant for prediction testing; see Table S6 for results on covariates.
558 Results on AU activity can be found in supplementary Figure S3.

559

560 **Figure 2.** Summary of results on individual AU use (AU activity and intensity combined)
561 across audience conditions, drawn from Table S8.

562 *Note**. Shows which AUs have been more actively and/or intensely used in the social or alone
563 condition, and for which AUs there were no differences in activity and/or intensity across
564 conditions (“no difference”).

565

566 **Figure 3.** Heatmap of facial expressivity as per au intensity grouped by condition and valence
567 type.

568 *Note**. Boxplots with intensity ranges for each AU can be found in Figure S2. Average facial
569 expressions, as well as the intensity of facial muscle activity (darker tones) are shown above.
570 Includes AUs used in model 2, except AU45, which could not be visualized in Py-Feat. To aid
571 visualization, the most prominently used AUs are tagged in the small, encircled window on the
572 right side of the plot.

573

574 **Figure 4.** Findings in relation to key predictions on audience effects.

575

576 **Main tables and legends**

577 **Table 1.** Descriptive summary statistics of dependent variables.

Dependent variable	Neutral		Amusement				Fear					
	Social		Alone		Social		Alone		Social		Alone	
	<i>mean</i>	<i>SD</i>	<i>mean</i>	<i>SD</i>	<i>mean</i>	<i>SD</i>	<i>mean</i>	<i>SD</i>	<i>mean</i>	<i>SD</i>	<i>mean</i>	<i>SD</i>
AU intensity (score 1-5)	0.20	0.19	0.18	0.19	0.30	0.22	0.27	0.22	0.25	0.20	0.22	0.24
Gesture use (binary)	0.10	0.30	0.03	0.16	0.29	0.45	0.17	0.38	0.35	0.48	0.19	0.39

578

579 *Note.* AU scores are summarized from Tables S5 (see “output” folder on our GitHub page);

580 gestures are summarized from alone.txt and social.txt (see “input” folder on our GitHub page).

581 Results on AU activity can be found in Table S7.

582

583 STAR Methods**584 Resource Availability***585 Lead contact*

586 Requests for further information, resources and materials should be directed to and
587 will be fulfilled by the lead contact, Dr Raphaela Heesen (raphaela.m.heesen@durham.ac.uk
588 or heesenr1@gmail.com).

589 Materials availability

590 Images of facial emotion expressions can be shared upon request by sending a formal
591 email request including a filled out form (Data S1) to the lead contact of the study.

592 Data and code availability

- 593 • All data (.txt) supporting this article have been deposited at GitHub and are publicly
594 available as of the date of publication. DOIs can be found in the key resource table.
- 595 • All original code to recreate the analyses and plots supporting this article have been
596 deposited at GitHub and are publicly available as of the date of publication. DOIs is
597 indicated in key resource table.
- 598 • Any additional information required to reanalyse the data and/or to understand the steps
599 of the analyses reported in this paper is available from the lead contacts upon request.

600

601 Experimental Model and Study Participant Details*602 Institutional permission*

603 The study received full ethical approval from the Ethics Committee of the Department
604 of Psychology, Durham University (PSYCH-2019-12-25T10:28:49-fncw88). All participants
605 provided full informed consent to take part in the experiment and for their expressions to be
606 recorded and analysed. At the end of the experiment, participants were provided with a
607 secondary information sheet and consent form, in which they could decide whether to provide

608 consent for us to unlimitedly retain images and videos of their facial expressions on an emotion
609 database, accessible to the academic community solely for the purpose of research and upon
610 verification of the researchers' academic affiliations and signatures.

611 *Participants*

612 $N = 80$ undergraduate students from Durham University took part in the online
613 experiment. The number of participants was set to be similar compared to previous studies
614 using a comparable design and showing audience effects (i.e., comparing the effect of non-
615 social vs social conditions on expressions) ^{7,21,95}. Our study included 40 participants in the
616 alone condition (36 women, age $mean = 19y$, $SD = 0.9y$, self-reported ethnicity: 67.5% White,
617 22.5% Asian/Asian British, 7.5% Black/African/Caribbean, 2.5% Mixed/multiple ethnicities,
618 0% Arab) and 40 participants in the social condition (38 women, age $mean = 19.1y$, $SD = 3.1y$,
619 self-reported ethnicity: 80% White, 12.5% Asian/Asian British, 2.5%
620 Black/African/Caribbean, 2.5% Mixed/multiple ethnicities, 2.5% Arab).

621 Criteria for inclusion were (1) abstinence from consumption or prior intake of alcohol at
622 least 12h before trial; (2) participant age of or above 18 years; (3) absence of clinically
623 diagnosed hearing problems; (4) normal or corrected vision (only contact lenses), and (5)
624 absence of history of clinically diagnosed psychiatric conditions (e.g., clinical depression
625 psychosis) or conditions affecting facial or bodily function (e.g., Bell's Palsy, Cerebral Palsy).

626 Seventeen additional participants (i.e., three in the *social* and 14 in the *alone* condition)
627 participated in the experiment but were excluded due to limited visibility of the face (52.9%),
628 internet issues during the experiment (17.6%), wearing of glasses obstructing the face (11.8%),
629 errors in video recordings (5.9%), missing trials (5.9%) and disturbances by third parties
630 (5.9%). We only analysed expressions of participants from whom we obtained consent and
631 who had signed up as main participants. In the social condition, partners who were visible in

632 the video were later cropped out prior to analyses and are no longer visible on any of the
633 analysed materials nor in the emotion database.

634

635 **Method Details**

636 *Design*

637 We deployed a fully randomized 2 (*alone* and *social condition*) x 3 (*amusement, fear*
638 and *neutral valence type*) design, with valence type as within-subjects factor and condition as
639 the between-subjects factor, to avoid habituation effects in watching the same movies twice. In
640 a researcher-moderated online setting, participants watched on their computer monitors 12
641 short movie scenes (duration *mean* = 2 min, *SD* = 1 min, see Table S1), consisting in four each
642 of amusing, fearful and neutral scenes (details in section “stimuli”), either while being with
643 another social partner (*social condition*), or on their own (*alone condition*). In the social
644 condition, participants were asked to invite another familiar person (e.g., friend/roommate,
645 family member, partner) to watch the movie with them. Importantly, the participants in the
646 social condition were physically present in the same room and watched the movies together
647 while sitting next to each other in proximity (<60cm). This meant that any emotional reaction
648 of the participant could be perceived live by the partner and either through direct looking at the
649 partner or peripheral vision (i.e., participants interacted in real-life and not virtually). In the
650 alone condition, participants were asked to stay alone and ensure no other person was present
651 in the room. Further details on the involvement of the experimenter, the conditions and
652 procedure can be found in “procedure”.

653 *Stimuli*

654 The stimuli were selected based on a previously validated set of emotion-eliciting movie
655 scenes⁹⁶. They contained standardized emotional scenes of differing emotional valence and
656 were previously rated by participants as per emotional category, valence, and intensity⁹⁶. The

657 clips are freely available under <https://sites.uclouvain.be/ipsp/FilmStim/> and display short
658 scenes of popular Hollywood movies (e.g., Benny & Joon). We selected four scenes per
659 valence category (i.e., amusement, fear and neutral) based on the highest rankings in terms of
660 strength to elicit the respective emotional states, see Table S1 for details on movie scene
661 contents.

662 *Procedure*

663 The experiment was designed using the online research platform gorilla (gorilla.sc),
664 which was an adaptation from a live to an online experiment due to taking place during the
665 COVID pandemic (June 2020 – November 2020). Participant recruitment was done using the
666 SONA Systems webpage of Durham University (durham-psych.sona-systems.com).

667 The experiment then began on Zoom (version 5.12.9), where the experimenter (either
668 author RH or ZU) first instructed the participant with the same standard text to open the link
669 to the experiment on gorilla.sc, to fill out the demographic questionnaire, and to read and sign
670 the consent forms as well as the privacy note/ information sheet before proceeding. Critically,
671 the experimenter informed the participant that they will be filmed during the experiment; the
672 experimenter waited until consent was provided, and only if so, they started the screen
673 recording, which captured participants faces and neck/shoulder areas. The experimenter asked
674 the participant to remove the small camera window to avoid them seeing their own expressions
675 during the experiment. Participants were further instructed to stay seated and in the same
676 position throughout the experiment, to not talk to one another - though not to refrain from
677 expressing their emotional state non-verbally - and to stay focused on the screen. Participants
678 were discouraged from eating and drinking while watching the movie scenes. To avoid
679 unwanted audience effects as of the experimenter's own presence, the experimenter explained
680 to the participant that they will not be monitored during the trial and that, in case they had any
681 questions or issues with the internet or online system, they should contact the experimenter via

682 message in the Zoom chat; this meant that the experimenter was muted and kept her video shut
683 off throughout the whole trial (i.e., at the end of the experiment, participants were instructed to
684 leave the meeting without further contact with the experimenter). Following this introductory
685 phase, as well as a detailed participant information sheet and verbal as well as written consent,
686 the experiment started, and participants continued through an automatic online process.

687 Before the start of the experiment, the participants indicated their overall mood on an
688 affective circumplex ⁹⁷. They were further asked to indicate their age, the relationship to their
689 partner (social condition only), their ethnicity (i.e., with an option “prefer not to say”) and
690 gender (i.e., with “other” option to specify). Once all the information were taken, the
691 participants proceeded to the test, which implied watching the twelve randomized popular
692 Hollywood movie scenes (i.e., four of each valence type). To provide back-up records of
693 participants’ self-reported emotional experiences, participants were asked after each movie
694 scene how they perceived the video valence (pleasant/unpleasant/neutral), their self-reported
695 arousal level (scale of five ranging from “not at all intense” to “extremely intense”) and their
696 feelings towards the video (i.e., what emotion they felt during the clip expressed in their own
697 words). Next, participants were asked to indicate their familiarity with the scene: “yes,
698 remember it well”, “yes, but can barely remember it”, “no, have never seen the scene of this
699 movie before”. After each movie scene and inter-trial questions, participants always watched
700 a 15 sec relaxing beach scene before the start of the next scene. All movie scenes were played
701 in the same session unless participants had internet issues, in which case the experiment had to
702 be stopped and resumed on another day. Such an interruption only happened in two out of 80
703 participants.

704 At the end of the experiment, participants were debriefed and compensated with course
705 credit. Additionally, they were asked to engage with a secondary consent form for part 2 of this
706 study. This entailed questions about whether they would agree for us to retain their videos and

707 images unlimitedly on an emotion stimulus database and to share these with other researchers;
708 they could proceed to the end of the experiment regardless of whether they agreed or disagreed.
709 Their decision had no impact on whether the experiment was finalized (i.e., even if consent for
710 the database was not provided, the course credits were awarded). Participant videos were
711 immediately saved on an encrypted hard drive and later uploaded on a secure University server.
712 The entire experiment session lasted about 65 min, including ~10 min information/consent,
713 ~45 min testing time, and ~10 min debriefing.

714

715 **Quantification and Statistical Analysis**

716 Before processing any facial expressions using OpenFace, we cropped all videos to
717 keep only the main participant's head and upper body in the frame, and then down-sampled
718 the resulting output files to 15 frames per second using *mpv-webm*
719 (<https://github.com/ekisu/mpv-webm>). This eliminated the possibility of erroneous face
720 detections (e.g., from the partner's face in the social condition) and produced a consistent input
721 file for analysis with OpenFace v2.2.0²⁷. Then, we used the *FeatureExtraction* function of
722 OpenFace to extract AU data from each frame of the pre-processed input videos (i.e., 15
723 measurements per second). The AU activity variable indicates whether an AU is visibly active
724 in the face as a binary value, while the AU intensity indicates how intensely an AU is being
725 used on a five-point scale. A detailed walk-through of the command-line tools and scripts is
726 available on our GitHub repository ([https://github.com/Szenteczki/Audience-Effects-on-](https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements)
727 [Human-Emotional-Face-and-Hand-Movements](https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements)). An example of how the software works on
728 facial expressions across the three valence types can be found in Figure 5.

729

730 *Figure 5 here*

731 To verify whether speech acts could have driven any results related to facial
732 expressivity, several measures were in place. First, before the trials started, participants were
733 explicitly requested not to talk with their partners in the social condition. If they were
734 nonetheless observed to be talking in the social condition, the experimenter (although not
735 visible) immediately came off mute to remind them to remain silent (see supplementary text
736 S1). Although this happened very rarely, we nonetheless examined any errors related to rapid
737 speech acts. We found that participant speech acts were very rare (1%) compared to non-verbal
738 facial expressions (19%), thus were unlikely to have affected any of our results (see
739 supplementary text S1).

740 Since the head of the participants was consistently visible in the webcams, we were
741 also able to identify hand gestures surrounding the face and head. To facilitate replicability, we
742 collated all hand gestures we observed in an ethogram (see Table S2). As Table S2 shows,
743 gestures were used to cover the mouth, eyes, or touching a part of the face. A gesture was
744 identified as “movement that *represents* action, but does not literally act on objects in the
745 world”⁷⁷. For this reason, we excluded any hand movements serving a practical purpose, e.g.,
746 to eliminate an itch or wipe a running nose. We counted gestures as separate events if the
747 participants’ hand left their face evidently, but not if they just moved their hands to another
748 area of their face without the hand leaving their face. To assess coding reliability, we ran a
749 Cohen’s kappa test between the main coder (ZU) and an independent coder who was blind to
750 the hypotheses on the presence/absence of gestures in 90 out of 960 videos (9.4% of the
751 dataset). The test revealed substantial agreement (95.6%; Cohen’s $k = 0.79$).

752 *Statistical Analyses of Audience Effects (Part 1)*. Quantitative data for all available AUs
753 from OpenFace processing were imported into R, including AU1, 2, 4, 5, 6, 7, 9, 10, 12, 14,
754 15, 17, 20, 23, 25, 26, 28, and 45. Definitions of AUs are provided in Table S3 and descriptive
755 statistics of AU intensity and activity across conditions and valence types can be found in

756 Tables S4-S5. We pre-filtered these data using the ‘confidence’ score generated by OpenFace,
757 to remove measurements with a potentially inaccurate face detection; all frames with
758 confidence scores < 95% were filtered out. OpenFace produces AU measurement in both
759 quantitative (i.e., “intensity”: 0-5) and binary (i.e., “activity”: 0 or 1) measures; we calculated
760 the mean values of both formats per video (i.e., as one stimulus shown to one individual,
761 representing one trial), to produce average AU intensity and activity values for each trial. AU
762 intensity means were calculated using all of the quantitative AU scores, while AU activity
763 means were calculated using the binary presence/absence measurements. Average values for
764 AU intensity and AU activity were used for all subsequent analyses (i.e., one row in the dataset
765 representing one trial).

766 To assess general audience effects on facial expressivity, we first conducted a global
767 expressivity analysis using all 18 AUs, in which all AUs are being averaged across the face.
768 We investigated whether AU movements (i.e., AU intensity and activity) and gesture use were
769 influenced by audience conditions, i.e., whether participants’ emotional expressivity was
770 enhanced in the social condition compared to the alone one. For AU activity and intensity, we
771 used an overall expressivity outcome (i.e., a mean of all AUs together, for each trial) as the
772 input variables in our modelling analyses. The reason for including both measures (AU
773 intensity and activity) was to be more precise, and to include as many parameters as possible
774 to represent facial movements. AU intensity provides a more precise measure as AU activity,
775 as it indicates a scale rather than binary output. Moreover, the AU intensity and presence neural
776 networks were trained separately and on slightly different datasets
777 (<https://github.com/TadasBaltrusaitis/OpenFace/wiki/Action-Units>). Since AU intensity is a
778 more detailed measure, we present results related to AU intensity in our main paper, and results
779 related to AU activity in the supplementary materials.

780 We fitted Bayesian generalized and linear mixed models using the Stan computational
781 framework (<http://mc-stan.org/>), using the brms R package ⁹⁸. Dependent variables were
782 average values across all AUs, including AU activity (model 1, fitted with a zero-one inflated
783 beta distribution), AU intensity (model 2, fitted with a Weibull distribution), and gestures (aka
784 “face touching”) (model 3, fitted with a Bernoulli distribution). All models included as
785 independent variables an interaction between condition (alone, social) and valence type
786 (neutral, amusement, fear), and the variables gender (women, men), ethnicity (Arab, Asian,
787 Black/African/Caribbean, White, mixed ethnicities), and video familiarity (no, yes). We fitted
788 random intercepts of participant and stimulus ID to account for additional variation. Each
789 model included four Markov chain Monte Carlo (MCMC) chains, with 10,000 iterations per
790 chain, of which we specified 2,000 iterations as warm-up to ensure sampling calibration. The
791 model diagnostics revealed an accurate reflection of the original response values by the
792 posterior distributions, as R-hat statistics were <1.05 , the numbers of effective samples >100 ,
793 and MCMC chains had no divergent transitions; these parameters were inspected using
794 diagnostic and summary functions within the brms package. We used default priors (flat priors)
795 as part of the brms package, see Table S6. We characterized uncertainty by two-sided credible
796 intervals (95% CrI), denoting the range of probable values in which the true value could fall.
797 Evidence for an effect in a certain direction (positive or negative) was present if posterior
798 distributions shifted away from - as opposed to overlapping with - zero.

799 For inference, we checked whether zero was included in the 95% *CrI* of the
800 corresponding posterior distribution. As an additional index of certainty in effect existence, we
801 computed the probability of direction (*pd*) ranging from 50% to 100% via the R package
802 *bayestestR* ⁹⁹, where values above 97.5% correspond to a two-sided *p*-value of 0.05, and values
803 smaller than 50% reflect high credibility of 0
804 (https://easystats.github.io/bayestestR/reference/p_direction.html). To indicate associations

805 between predictors and dependent variables, we additionally state the estimated mean
806 (parameter estimate b) and standard deviation/estimated error (SD) of posterior distributions.
807 To examine model quality, we visually inspected if the posterior predictive distributions fitted
808 the empirical response variables using the function `pp_check()` on 1,000 draws. We verified
809 whether any outliers affected our results by preparing a secondary analysis round, in which we
810 excluded any outliers (i.e., we z-scored the data and excluded any data points > 2) and reran
811 model 1 and 2 (AU activity and intensity); as the results showed the estimates and CrI in the
812 same direction, we report the full data including all data points in our main results.

813 As a second step, we disentangled individual facial areas affected by audience effects,
814 we investigated whether single AUs were differentially expressed among audience conditions
815 and valence types. We used Wilcoxon rank-sum tests, which are robust against deviations from
816 normality - inspected using QQ plots in R - to make pairwise comparisons between AU
817 intensity/activity in the alone and social conditions. We visualized variation in our quantitative
818 AU dataset using boxplots and heatmaps created using Py-Feat (v 0.5.1) ¹⁰⁰ using a custom
819 Python3 script ([https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-
820 and-Hand-Movements](https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements)). We then used the average quantitative expressions of all Py-Feat
821 compatible AUs (AU1, 2, 4, 5, 6, 7, 9, 10, 12, 14, 15, 17, 20, 23, 25, 26, and 28) to produce
822 AU heatmaps grouped by condition and valence, separately for AU activity and intensity.

823 *Creation of the Naturalistic Emotion Database (Part 2).* A secondary objective of this
824 project was to create a naturalistic database of spontaneous emotional facial expressions
825 accessible to the wider academic community. The database includes videos and static images
826 of video-recorded naturalistic facial expressions from participants who have watched amusing,
827 fearful and neutral videos either alone (32 participants, 29 women, age mean = 19.0y, SD =
828 0.9y, self-reported ethnicity: 71.9% White, 21.9% Asian/Asian British, 6.3%
829 Black/African/Caribbean, 0.0% Mixed/Multiple ethnicities, 0.0% Arab) or with another

830 familiar person (39 participants, 37 women, age mean = 19.2y, SD = 3.1y, self-reported
831 ethnicity: 79.5% White, 12.8% Asian/Asian British, 2.6% Black/African/Caribbean, 2.6%
832 Mixed/Multiple ethnicities, 2.6% Arab). The videos and images are stored on a secure server
833 of Durham University and can be shared by the corresponding author upon email contact and
834 a signed pdf version of the form enclosed with the supplementary materials (Data S1). The
835 form entails a formal confirmation by the researcher that the stimuli will be kept confidential
836 and only used for research purposes. Criteria for access include evidence of affiliation to an
837 academic institution and short statement of how the stimuli will be used.

838

839 **Main figure titles and legends' STAR Methods Text**

840

841 **Figure 5.** Image excerpts across valence types of a participant during our online experiment
842 with examples of applied OpenFace tracking. The participant provided consent for their
843 image to be used.

844

845 **Main reference list**

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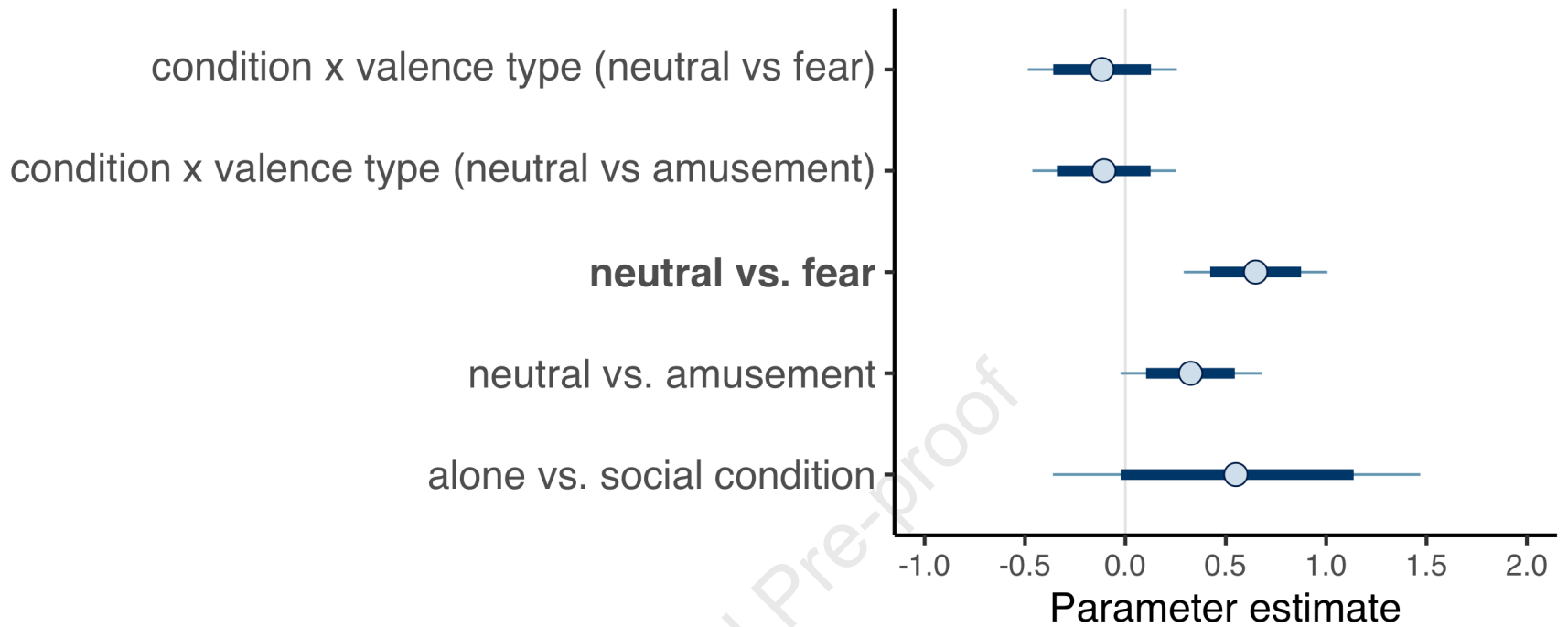
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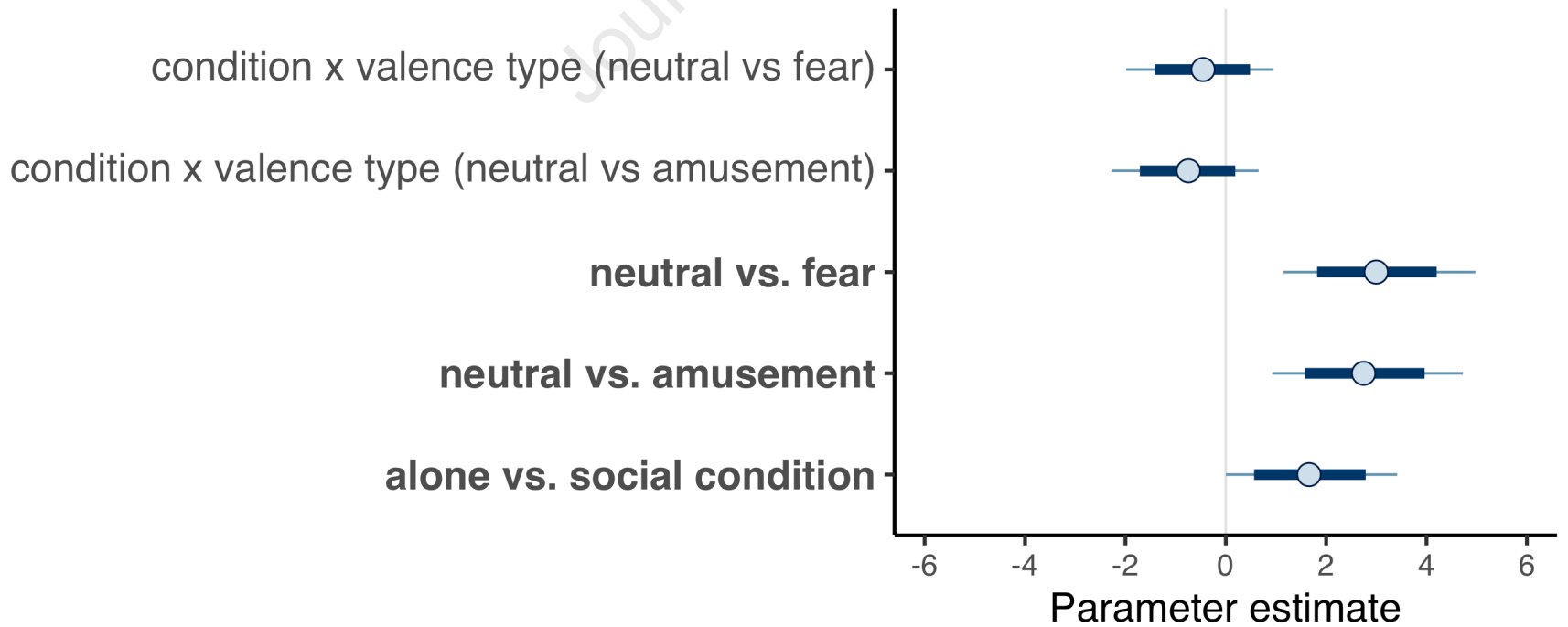
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- 1129

a



b



Social condition

Journal Pre-proof



AU6



AU10



AU12



AU14



AU15



AU20



AU25



AU26

No difference



AU1



AU2



AU4



AU5



AU7



AU9



AU17



AU23



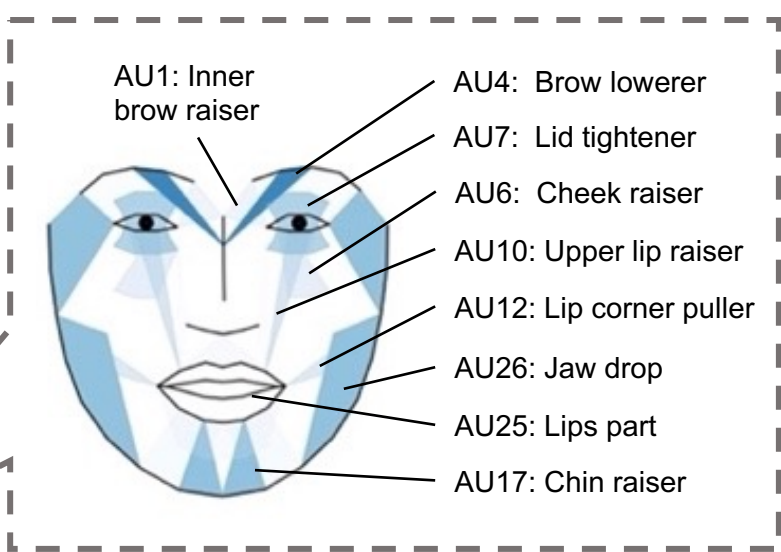
AU28

Alone condition



AU45

Alone condition



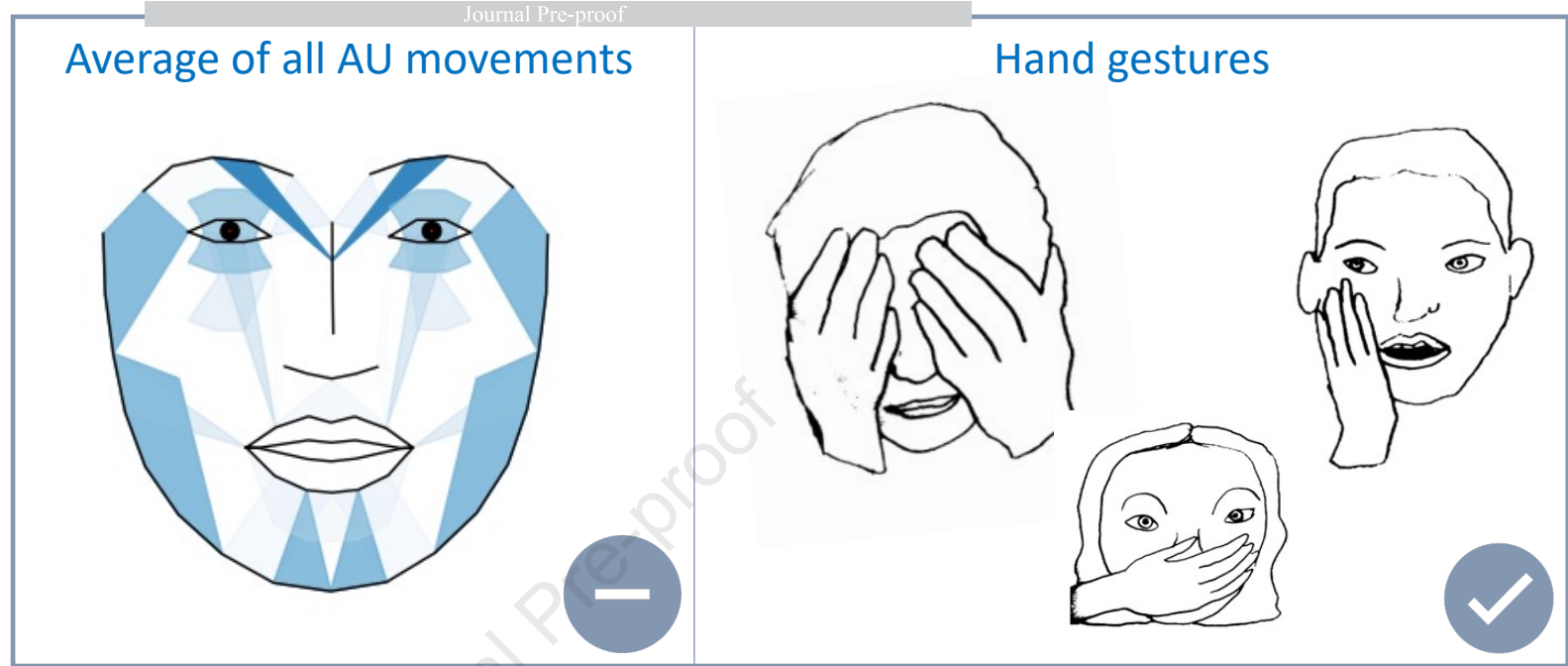
Social condition

*Neutral**Amusement**Fear*

Key predictions

Global expressivity analysis:

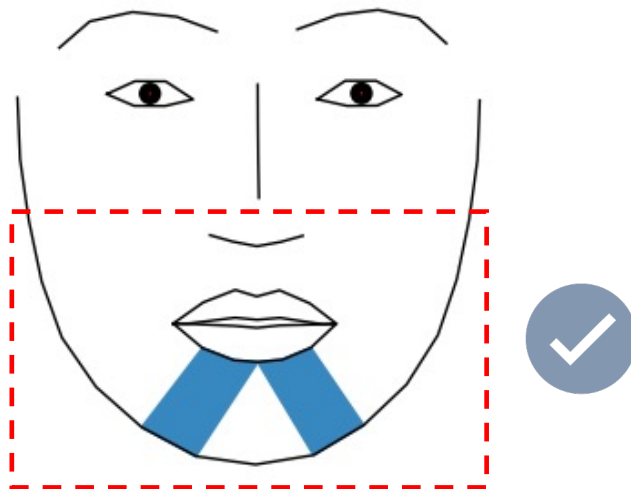
Audience effects lead to an increased use of emotional facial and gestural movements.



Individual AU analysis:

Audience effects are more evident in lower parts of the face, compared to the upper part.

Specific AU movements



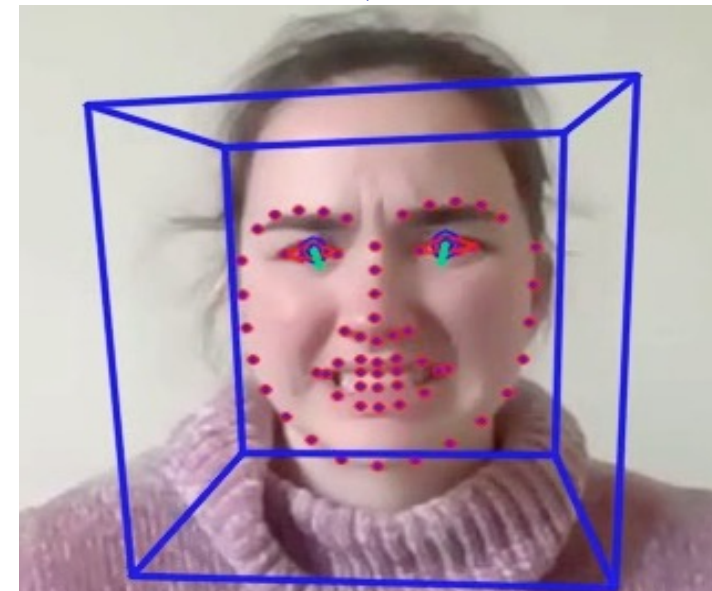
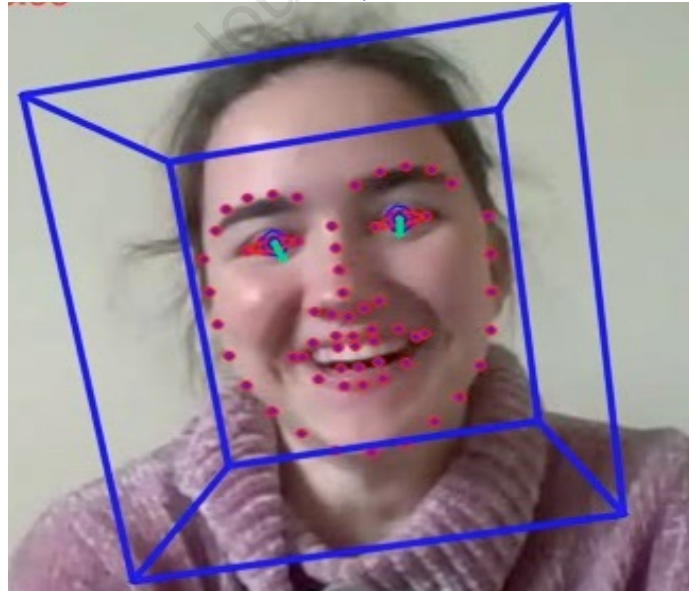
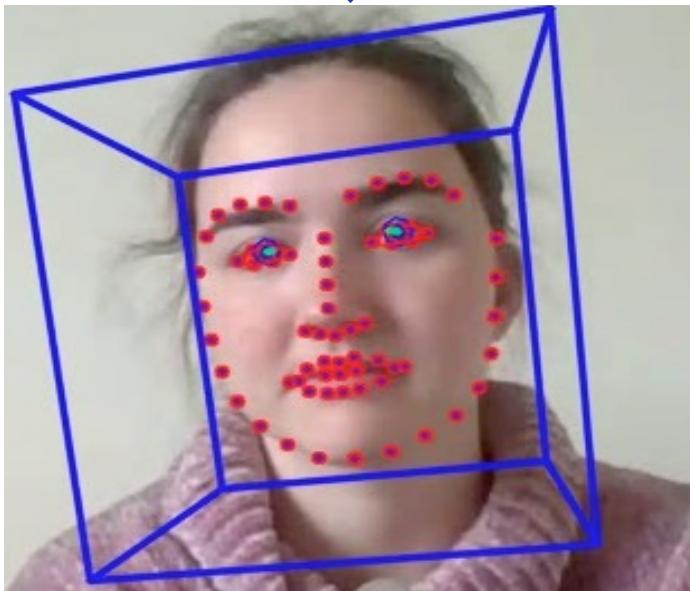
Neutral



Amusement



Fear



Highlights

- We used a new automated facial tracking tool to identify facial emotion movements
- We found nuanced audience effects on facial and gestural emotion expressions
- Some facial movements seem more likely than others to have evolved for communication
- We provide a novel open-access database of naturalistic facial expressions

Key resources table

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Bacterial and virus strains		
Biological samples		
Chemicals, peptides, and recombinant proteins		
Critical commercial assays		
Deposited data		
Data	This paper (repository)	https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements
Experimental models: Cell lines		

Experimental models: Organisms/strains		
Oligonucleotides		
Recombinant DNA		
Software and algorithms		
Openface	6	https://github.com/TadasBaltrusaitis/OpenFace
Code	This paper (repository)	https://github.com/Szenteczki/Audience-Effects-on-Human-Emotional-Face-and-Hand-Movements
Other		