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**Psychology Presentations** 

Psychology Department

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### Understanding Developmental Processes Underlying Mother-Child Conversations about Emotions

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Understanding Developmental Origins: Quality of Attachment Relationship

- □ Theoretically:
  - Secure mother-child attachment relationships promote emotion communication that is open, elaborative and fluent (Bowlby, 1969; Bretherton, 1990)
  - Children in secure attachment relationships expected to receive warm, sensitive, and consistent caregiving (Ainsworth, 1969)

Understanding Developmental Origins: Quality of Attachment Relationship

- □ Empirically:
  - Discourse between securely attached children and mothers more emotionally open, coherent, elaborative, and result of collaborative effort (Fivush & Vasudeva, 2002; Laible & Thompson, 2000; Oppenheim, Koren-Karie, & Sagi-Schwartz, 2007)

Understanding Developmental Origins: Examining Maternal Attachment Representation

- Why are some mothers better able than others to foster a more open, collaborative, and coherent discussion with their children about previous emotional experiences?
- Researchers have called on need to examine influence of mothers' attachment representation on her scaffolding ability of child's personal narratives
  - Evidence currently mixed

- Purpose 1: Examine the link between maternal attachment status and quality of mother-child emotion dialogues
- Purpose 2: Examine mechanisms by which maternal representations influence quality of mother-child emotion dialogues
  - Maternal sensitivity as moderating link between maternal attachment and mother-child coconstruction

- Participants
  - 50 mother-child dyads (26 girls; 24 boys) from middle-class families
- □ Procedure
  - Time 1: 3 mths infant age Maternal attachment representation
  - Time 2: 10 mths infant age Maternal sensitivity
  - Time 3: 3.5 yr child age Mother-child emotion dialogue

- Measures
  - Maternal attachment representation
    - Adult Attachment Interview (AAI; George, Kaplan, & Main, 1996)
    - Mothers assigned primary classification for their state of mind with regards to attachment
      - Autonomous (F)
      - Dismissing (Ds)
      - Preoccupied (E)

Measures

- Maternal sensitivity
  - Maternal Behaviour Q Sort (MBQS; Pederson & Moran, 1995) 25 item home mini version
- Mother-child emotion dialogue
  - Autobiographical Emotional Events Dialogue (AEED; Koren-Karie et al., 2000)
    - 7 mother scales and 7 parallel child scales; 2 narrative scales
    - Classifications:
      - Emotionally matched (EM)
      - Non-emotionally matched (Non-EM)

### Results: Control Variables

- Control variables
  - Child gender
  - Child age
  - Mother education
  - Mother vocabulary
  - Child vocabulary
- Not associated with related variables, thus no controls included in subsequent analyses

# Results: Associations Between AAI and AEED Classifications

	AEED Binary Classification		
AAI 3-way Classification	Non-EM	EM	Total
Dismissing (Ds)	8 (4.6, 2.6)	0 (3.4, -2.6)	8
Autonomous (F)	13 (19.1, -3.7)	20 (13.9, 3.7)	33
Preoccupied (E)	8 (5.2, 2.1)	1 (3.8, -2.1)	9
Total	29	21	50

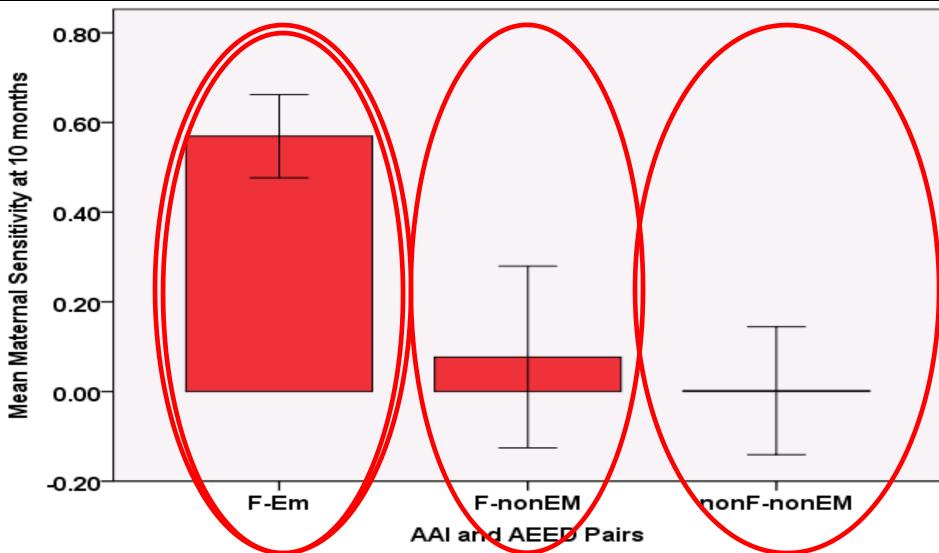
Note: Numbers in parentheses refer to the expected value (first number, italicized), and adjusted standardized residual (second number). LR = 17.499, df = 2, p < .001

### Results: Maternal Sensitivity as a Moderator

- AAI-AEED classification concordant and discordant pairs:
  - F-EM (N=20)
  - NonF EW (N = 1)
  - F-NonEM (N = 13)
  - NonF-NonEM (N = 16)

### Results: Maternal Sensitivity as Moderating Link

Between AAI and AEED Classifications



Summary: Contributions of Maternal Attachment to Mother-Child Emotion Dialogues

 Autonomous mothers who reflect on their own childhood experiences in an open and coherent manner provide sensitive guidance during conversations about children's past emotional experiences

### Summary: Moderating Role of Maternal Sensitivity

- 2. There is evidence supporting early sensitivity as moderating this link insofar as :
  - Levels of early maternal sensitivity seem to facilitate transmission of positive impact of Autonomous state of mind on later mother-child emotion dialogues as in the case of concordant dyads (F-EM and NonF-NonEM, mean sensitivity = .57 and .00, respectively)
  - Low levels of early maternal sensitivity may attenuate the positive impacts of an Autonomous state of mind on later mother-child dialogues as shown in significant difference between F-EM (.57) and F-NonEM dyads (.08)

### Conclusion

- 1. Mothers' state of mind with regards to attachment is an important precursor to the manner in which mothers shape discussions with their children surrounding their emotional past
- 2. There is some evidence indicating that early maternal sensitivity moderates the impact of maternal attachment representations on later mother-child emotion communication

## Thank You!!