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Speech and language therapy for aphasia following stroke

[Review information](#)

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Dates**Assessed as Up-to-date:**25 November 2011**Date of Search:** 1 July 2011**Next Stage Expected:** 28 June 2014**Protocol First Published:** Issue 4 , 1997**Review First Published:** Issue 4 , 1999**Last Citation Issue:** Issue 5 , 2010**What's new**

Date	Event	Description
25 November 2011	Updated	The review has been comprehensively updated. The literature searches have been updated to July 2011. We have included nine new trials, bringing the total number of included studies to 39 involving 2518 participants.
25 November 2011	New citation: conclusions not changed	New first author. New co-author.

History

Date	Event	Description
15 December 2009	Updated	This is a major revision of the original review, which was first published in 1999, and involves the use of a new search strategy, amended objectives and refined inclusion criteria for studies, types of interventions and outcome measures of interest. Full details of the amendments are listed in the Background section of the review. We have included 20 new trials, bringing the total number of included studies to 30, involving 1840 participants.
12 December 2008	New citation: conclusions not changed	This update has been completed by a different team of authors.
24 July 2008	Amended	Converted to new review format.

Abstract

Background

Aphasia is an acquired language impairment following brain damage that affects some or all language modalities: expression and understanding of speech, reading and writing. Approximately one-third of people who have a stroke experience aphasia.

Objectives

To assess the effectiveness of speech and language therapy (SLT) for aphasia following stroke.

Search methods

We searched the Cochrane Stroke Group Trials Register (last searched June 2011), MEDLINE (1966 to July 2011) and CINAHL (1982 to July 2011). In an effort to identify further published, unpublished and ongoing trials we handsearched the *International Journal of Language and Communication Disorders* (1969 to 2005) and reference lists of relevant articles and contacted academic institutions and other researchers. There were no language restrictions.

Selection criteria

Randomised controlled trials (RCTs) comparing SLT (a formal intervention that aims to improve language and communication abilities, activity and participation) with (1) no SLT; (2) social support or stimulation (an intervention that provides social support and communication stimulation but does not include targeted therapeutic interventions); and (3) another SLT intervention (which differed in duration, intensity, frequency, intervention methodology or theoretical approach).

Data collection and analysis

We independently extracted the data and assessed the quality of included trials. We sought missing data from investigators.

Main results

We included 39 RCTs (51 randomised comparisons) involving 2518 participants in this review. Nineteen randomised comparisons (1414 participants) compared SLT with no SLT where SLT resulted in significant benefits to patients' functional communication (standardised mean difference (SMD) 0.30, 95% CI 0.08 to 0.52, $P = 0.008$), receptive and expressive language. Seven randomised comparisons (432 participants) compared SLT with social support and stimulation but found no evidence of a difference in functional communication. Twenty-five randomised comparisons (910 participants) compared two approaches to SLT. There was no indication of a difference in functional communication. Generally, the trials randomised small numbers of participants across a range of characteristics (age, time since stroke and severity profiles), interventions and outcomes. Suitable statistical data were unavailable for several measures.

Authors' conclusions

Our review provides some evidence of the effectiveness of SLT for people with aphasia following stroke in terms of improved functional communication, receptive and expressive language. However, some trials were poorly reported. The potential benefits of intensive SLT over conventional SLT were confounded by a significantly higher dropout from intensive SLT. More participants also withdrew from social support than SLT interventions. There was insufficient evidence to draw any conclusion regarding the effectiveness of any one specific SLT approach over another.

Plain language summary

Speech and language therapy for aphasia following stroke

Language problems following a stroke are called aphasia (or dysphasia). About one-third of all people who experience stroke develop aphasia, which can affect one or more areas of communication (speaking, understanding spoken words, reading and writing). Speech and language therapists are involved in the assessment, diagnosis and treatment of aphasia at all stages of recovery, and work closely with the person with aphasia and their carers. There is no universally accepted treatment that can be applied to every person with aphasia. We identified 39 trials involving 2518 randomised participants that were suitable for inclusion in this review. Overall, the review shows evidence from randomised trials to suggest there may be a benefit from speech and language therapy but there was insufficient evidence to indicate the best approach to delivering speech and language therapy.

Background

Description of the condition

The term aphasia (less commonly referred to as dysphasia) is used to describe an acquired loss or impairment of the language system following brain damage ([Benson 1996](#)). Usually associated specifically with language problems arising following a stroke, it excludes other communication difficulties attributed to sensory loss, confusion, dementia or speech difficulties due to muscular weakness or dysfunction such as dysarthria. The most common cause of aphasia is a stroke (or cerebrovascular accident), mainly to the left hemisphere, where the language function of the brain is usually situated for right-handed people. About one-third of all people who experience a stroke develop aphasia ([Engelster 2006](#); [Laska 2001](#)). The aphasic population is heterogeneous, with individual profiles of language impairment varying in terms of severity and degree of involvement across the modalities of language processing, including the expression and comprehension of speech, reading, writing and gesture ([Code 2003](#); [Parr 1997](#)). Variation in the severity of expressive impairments, for example, may range from the individual experiencing occasional word-finding difficulties to having no effective means of communication. The severity of aphasia can also change over time as one area of language difficulty may improve while

others remain impaired. The impact and the consequential implications of having aphasia for the individuals themselves, their families and society highlight the importance of the effective management and rehabilitation of language difficulties caused by aphasia.

Description of the intervention

The primary aim of speech and language therapy (SLT*) in aphasia management and rehabilitation is to maximise individuals' ability to communicate. Speech and language therapists are typically responsible for the assessment, diagnosis and, where appropriate, rehabilitation of aphasia arising as a result of stroke. The ability to successfully communicate a message via spoken, written or non-verbal modalities (or a combination of these) within day-to-day interactions is known as functional communication. Recent developments have seen speech and language therapists working closely with the person with aphasia, and in partnership with their families and carers, to maximise the individual's functional communication.

* For the purposes of clarity within this review we have reserved the abbreviation of SLT for speech and language therapy alone.

Why it is important to do this review

There is no universally accepted treatment that can be applied to every patient with aphasia and typically therapists select from a variety of methods to manage and facilitate rehabilitation including, for example, impairment-based therapy and social participation approaches. We undertook this review update to incorporate new evidence, new systematic review methodologies and to reflect recent developments in clinical practice. A summary of the differences between this version and the original 1999 review is presented below.

Amendments to the original 1999 review

Following close inspection of the original review ([Greener 1999](#)) and detailed discussion among this review team, we made adjustments to the review, many of which reflect changes in Cochrane procedures, review methodologies, and style and structure in the time since the publication of the original review. These amendments were ratified by the Cochrane Stroke Group Editorial Board on 23 November 2006.

Background

We updated the [Background](#) section to include a definition of SLT and aphasia, and to reflect current approaches and rationale to SLT interventions and outcomes.

Objectives

We amended the [Objectives](#) to a single statement according to the standard format of Cochrane reviews; that is, to examine the effectiveness of SLT interventions for aphasia following stroke.

Types of studies

It was unclear whether or not quasi-randomised controlled trials were included in the original review. We have excluded quasi-randomised trials.

Types of interventions

We compressed the [Types of interventions](#) into three broad categories: SLT versus no SLT intervention, SLT versus social support or stimulation, and SLT intervention A versus SLT intervention B (where A and B refer to two different types of therapeutic interventions or approaches).

Types of outcome measures

We refined the [Types of outcome measures](#) to a single primary outcome measure of functional communication. Secondary outcomes include other measures of communication (receptive or expressive language, or both), psychosocial outcomes, patient satisfaction with the intervention, number of participant dropouts for any reason, non-compliance with the allocated intervention, economic outcomes (such as cost to the patient, carers, families, health service and society) and carer or family satisfaction. Data relating to death, morbidity and cognitive skills were extracted in the original review but, on reflection, we did not consider these to be relevant indicators of the effectiveness of a SLT intervention and we therefore excluded them from this update. The original review reported overall functional status (e.g. Barthel Index) as one of a number of primary outcomes. As described above, we focused on a single primary outcome (in line with the current review methodology).

Data extraction tool

We could not obtain the original data extraction tool, therefore two of the review authors (HK and MB) created and piloted a new one before use.

Search methods for identification of studies

Re-running the original search strategy for the MEDLINE and CINAHL databases raised over 12.6 million references. Therefore, Brenda Thomas, the Cochrane Stroke Group Trials Search Co-ordinator, devised up-to-date search strategies. The *International Journal of Language and Communication Disorders* (previously named the *British Journal of Disorders of Communication*, the *European Journal of Disorders of Communication* and the *International Journal of Disorders of Communication*) was handsearched from 1969 to 2005. This journal has been indexed by MEDLINE since 2006 and was thus included in our electronic searches from this date.

Description of studies

The original 1999 review listed studies other than identified RCTs in the [Characteristics of excluded studies](#) table, including single case or case series studies. As there are a vast number of such studies, the updated table now only presents potentially relevant studies that appear to be randomised but which we excluded for other reasons (e.g. quasi-randomised or where aphasia-specific data could not be extracted).

Comparisons

Mid-trial outcome scores were included in the original review. We have focused our reporting on post-intervention and follow-up scores. We have not included analysis of the number of participants who deteriorated on particular outcome measures.

Other amendments

As we were unable to obtain the extraction sheets for the trials included in the original review, we cross-checked the data extracted for the original review with the available published and unpublished data. We made some amendments, including exclusion of some studies and categorising the methods of allocation concealment used in the included trials.

In this review update we took the decision to exclude quasi-randomised studies and so one study, included in the original review, has been excluded from this review update ([Hartman 1987](#)).

After reviewing the data from another trial ([Kinsey 1986](#)), we decided that the reported comparison was not a therapy intervention as such, but rather a comparison of task performance (computer-based or with a therapist). We thus excluded this trial from the review update.

The allocation concealment for one study ([MacKay 1988](#)) was considered 'inadequate' in the original review. We failed to get confirmation of the method of allocation from the authors and therefore we amended the allocation for this trial to 'unclear'.

The original review included a matched control group of no SLT intervention for one trial ([Prins 1989](#)). However, unlike the other groups in this trial, this group was not randomised, therefore we have excluded it from this update.

Another study ([Shewan 1984](#)) had been excluded from the original review on the grounds that it was not a RCT. Discussion with the trialists has since revealed that it was a RCT randomised controlled trial, and we have now included it in the review.

The original 1999 review included outcomes relating to the impact of SLT on the emotional well-being of family members ([Lincoln 1984a](#)). We do not feel that such outcomes directly relate to the aims of this review and so we have not included these measures.

Information added to the 1999 review

Following an extensive search up to April 2009, we identified an additional 20 trials as suitable for inclusion in the review. The 2010 review included data from 30 trials involving 1840 randomised participants ([Kelly 2010](#)).

Information added to the 2010 review

Following an extensive search from inception of the electronic databases up to July 2011 we identified an additional nine trials eligible for inclusion in the review. This 2011 review update now includes data from 39 trials involving 2518 randomised participants.

Objectives

To examine the effectiveness of SLT for aphasia after stroke and in particular if:

1. SLT is more effective than no SLT;
2. SLT is more effective than social support and stimulation;
3. one SLT intervention (SLT A) is more effective than another SLT intervention (SLT B).

SLT intervention A or B refers to variations in intervention that differ in duration, intensity, frequency, method or in the theoretical basis of the approach to the intervention (e.g. cognitive neurological- versus psychosocial-based interventions).

Methods

Criteria for considering studies for this review

Types of studies

RCTs that evaluated (one or more) interventions designed to improve language or communication. We included trials that recruited participants with mixed aetiologies or impairments provided it was possible to extract the data specific to individuals with post-stroke aphasia. We did not employ any language restriction.

Types of participants

Adults who had acquired aphasia as a result of a stroke.

Types of interventions

We compressed the groupings presented in the original review into three broad groups for this review update. We have included trials that reported a comparison between a group that received a SLT intervention designed to have an impact on communication and a group that received:

- no SLT intervention; or
- social support and stimulation; or
- an alternative SLT intervention.

SLT

We considered SLT interventions to be any form of targeted practice tasks or methodologies with the aim of improving language or communication abilities. These are typically delivered by speech and language therapists. In the UK, 'speech and language therapist' is a protected professional title and refers to individuals holding a professional qualification recognised by the Royal College of Speech and Language Therapists and registered with the Health Professions Council, UK. For the purposes of this review we have extended this definition to include therapists belonging to a body of similar professional standing elsewhere in the world.

We are aware that the SLT profession does not exist in many countries and so in trials conducted in such settings where other clinical staff (e.g. medical or nursing staff) led targeted interventions that aimed to improve participants' communicative functioning we have included these interventions within this review as SLT interventions. We planned a sensitivity analysis of the impact of professional SLT training on the provision of an intervention where data allowed.

We also recognise that current rehabilitation practice may include SLT interventions that aim to improve communicative functioning but are delivered by non-therapists (family members, SLT assistants, SLT students, voluntary support groups). Where those delivering the intervention have received training from a speech and language therapist and deliver an intervention designed by a speech and language therapist, we have described these as volunteer-facilitated SLT interventions.

Social support and stimulation

Social support and stimulation refers to an intervention that provides social support or stimulation but does not include targeted therapeutic interventions that aim to resolve participants' expressive or receptive speech and language impairments. Interventions in this category might include, for example, emotional, psychological or creative interventions (such as art, dance or music) as delivered by other healthcare professionals (e.g. art, physical or music therapists). Other social stimulation interventions, such as conversation or other informal, unstructured communicative interactions are also included in this category.

We did not include pharmacological interventions for aphasia as they are addressed within a separate review ([Greener 2001](#)). In this 2011 review update we also took a decision to exclude magnetic or electrical stimulation interventions (e.g. transcranial direct current stimulation (tDCS), transcranial magnetic stimulation or epidural cortical stimulation) as we considered these to be an adjunct to SLT rather than an SLT approach. The effectiveness of tDCS interventions for aphasia will soon be addressed within a separate review ([Elsner 2012](#)).

Types of outcome measures

Primary outcomes

The primary outcome chosen to indicate the effectiveness of an intervention that aims to improve communicative ability must reflect the ability to communicate in real world settings, that is functional communication. Providing a definition for the concept of functional communication is problematic and makes evaluation difficult. The ability to functionally communicate relates to language or communicational skills sufficient to permit the transmission of a message via spoken, written or non-verbal modalities, or a combination of these channels. Success is typically and naturalistically demonstrated through successful communication of the message - the speaker communicates their message and the listener understands the message communicated. Attempts to measure this communication success formally vary from analysis of discourse interaction in real life to sampling of specific discourse tasks. Other more formal tools might include the Communicative Abilities of Daily Living (CADL) ([Holland 1980](#)) or the Communicative Effectiveness Index (CETI) ([Lomas 1989](#)).

Secondary outcomes

Given the lack of a comprehensive, reliable, valid and globally accepted functional communication evaluation tool, surrogate outcome measures of communication ability include formal measures of receptive language (oral, written and gestural), expressive language (oral, written and gestural) or overall level of severity of aphasia where receptive and expressive language are measured using language batteries. Such tools might include, for example, the Western Aphasia Battery (WAB) ([Kertesz 1982](#)) or the Porch Index of Communicative Abilities (PICA) ([Porch 1967](#)). Other secondary outcomes of relevance to this review include psychosocial impact (i.e. impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (i.e. the number of participants dropping out at treatment or follow-up phases for any reason), compliance with allocated intervention (i.e. the number of participants voluntarily withdrawing from their allocated intervention), economic outcomes (such as costs to the patient, carers, families, health service and society), and carer and family satisfaction. Measures of overall functional status (e.g. Barthel) were extracted in the original review as one of a number of primary outcomes. We also extracted these data, where available, as an indicator of overall severity of stroke but this information is now presented as a patient descriptor within the [Characteristics of included studies](#) table. A full list of outcome measures included in the review and their references can be found in [Appendix 1](#).

Search methods for identification of studies

See the 'Specialized register' section in the [Cochrane Stroke Group](#) module. We did not impose any language restrictions.

Electronic searches

We searched the Cochrane Stroke Group Trials Register, which was last searched by the Managing Editor on 6th June 2011. In addition, we searched MEDLINE (1966 to July 2011) ([Appendix 2](#)) and CINAHL (1982 to July 2011) ([Appendix 3](#))

using comprehensive search strategies. For the original version of the review searches of MEDLINE (1966 to 1998) and CINAHL (1982 to 1998) were carried out using simple combinations of text words describing aphasia and SLT. We also searched major trials registers for ongoing trials including ClinicalTrials.gov (<http://www.clinicaltrials.gov/>), the Stroke Trials Registry (www.strokecenter.org/trials/) and Current Controlled Trials (www.controlled-trials.com).

Searching other resources

1. We handsearched the *International Journal of Language and Communication Disorders* (formerly the *International Journal of Disorders of Communication*, the *European Journal of Disorders of Communication* and the *British Journal of Disorders of Communication*) from 1969 to December 2005. Since 2006 this journal has been indexed in MEDLINE so our comprehensive electronic search identified any relevant trials published in the journal after that date.
2. We checked reference lists of all relevant articles to identify other potentially relevant randomised studies.
3. We contacted all British universities and colleges where SLTs are trained and all relevant 'Special Interest Groups' in the UK to enquire about any relevant published, unpublished or ongoing studies.
4. We approached colleagues and authors of relevant randomised trials to identify additional studies of relevance to this review.

Data collection and analysis

Selection of studies

Our selection criteria for inclusion in this review were:

1. the study participants included people with aphasia as a result of stroke;
2. the SLT intervention was designed to have an impact on communication; and
3. the methodological design was a randomised controlled trial.

One review author (MB) screened titles and abstracts of the records identified through the electronic searches described above and excluded obviously irrelevant studies. We obtained hard copies of all the remaining studies that fulfilled the listed inclusion criteria. Two review authors (MB and HK or PE) independently assessed the studies based on the inclusion criteria and decided whether to include or exclude studies. We resolved any disagreements through discussion. Studies judged ineligible for inclusion, together with reasons for their exclusion, are listed in the [Characteristics of excluded studies](#) table.

Data extraction and management

The data extraction form used in the original review was unavailable so we created and piloted another for use in this review update. Two review authors (MB and HK) independently confirmed the data for the trials as included in the original review and extracted the data for the additional trials included in the updates. We resolved any disagreements through discussion. We extracted the following data: number of sites, methods of randomisation, blinding, attrition from intervention, co-interventions, confounder details, number of participants, age, education, handedness, gender, native language, severity of aphasia, time post-onset, frequency and duration of therapy, details of intervention, outcome measures used and time points, evidence of an a priori sample size calculation, intention-to-treat (ITT) analysis and summary data. We attempted to contact investigators for any missing data (or data in a suitable format) for inclusion in the review.

Where we identified a cross-over trial, we based decisions relating to the suitability of the data (either up to or beyond the cross-over phase) on careful consideration in relation to a range of factors including the intervention(s) used, the timing of the intervention(s), the impact of any treatment carry over and whether data from relevant paired comparisons within the trial were available. Whenever possible, in such cases we sought individual patient data.

Assessment of risk of bias in included studies

We assessed the trials for methodological quality, paying attention to whether there was protection from the following types of bias: selection bias (i.e. true random sequencing and true concealment up to the time of allocation), performance bias (i.e. differences in other types of treatment (co-interventions) between the groups, attrition bias (i.e. withdrawal after trial entry) and detection bias (i.e. 'unmasked' assessment of outcome). We coded concealed allocation as 'low risk', 'unclear' or 'high risk' according to the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). In addition, we extracted information on whether power calculations and ITT analyses were employed. In some cases, for example where all participants were accounted for in the final results, this was not applicable.

Measures of treatment effect

We conducted the review using RevMan 5.1 (RevMan 2011) for statistical analysis. We have recorded descriptive information for each trial (characteristics of participants, interventions and outcomes) in the [Characteristics of included studies](#) table and issues relating to the methodological quality of the trial in the 'Risk of bias' tables. Where trials made a similar comparison and were judged sufficiently similar in respect of their descriptive information, we pooled the summary data (where available) using meta-analysis. We expressed continuous data as differences in means or standardised difference in means and dichotomised data as odds ratios (OR). We used 95% confidence intervals (CI) throughout the review.

The results of the trials in this review reported measures based on differences in final value scores (scores taken at the end of the intervention) and change-from-baseline scores (also known as change scores). Although the mean differences (MD) based on change-from-baseline scores in randomised trials can generally be assumed to address the same intervention effects as MD analysis based on final value scores, change-from-baseline scores are given higher weights in analysis than final value scores (Higgins 2011). For this reason, we have used final value scores within the meta-analyses wherever possible. We do not report change-from-baseline scores unless they were the only available values used to report trial

results ([Higgins 2011](#)).

Assessment of heterogeneity

We assessed heterogeneity using the I^2 statistic where any heterogeneity observed may be considered moderate (an I^2 value of 30% to 60%), substantial (50% to 90%) or considerable (75% to 100%) ([Higgins 2011](#)). Where we observed important heterogeneity (based of the I^2 value together with significant evidence of heterogeneity as per the Chi^2 test P value) we used a random-effects model ([Higgins 2011](#)).

Data synthesis

Where a single outcome measure was assessed and reported across trials using different measurement tools, we presented these data in a meta-analysis using a SMD summary statistic. In cases where the direction of measurement differed it was necessary to adjust the direction of some measures to ensure that all the scales operated in the same direction. For example, measures of comprehension ability generally increase with increasing ability, but in some cases (e.g. the Token Test) improving comprehension skills might be reflected by decreasing scores and so it was necessary to multiply the mean values by -1 to ensure that all the scales operated in the same direction. Standard deviation (SD) values were unaffected and we have presented these within the meta-analysis without the need for a directional change.

In cases where only partial summary data were reported, for example mean final value scores were available but SDs were unavailable ([Wertz 1981](#)), we attempted to calculate these values from available information. When this was not possible we imputed the SD to facilitate inclusion of the trial within the review by using a SD value from a similar participant group ([Higgins 2011](#)). We have reported details of where the imputed SD values have come from within the text. Where there was a choice of possible SD values, we took the approach of imputing the highest and lowest values to ensure that both methods provided a similar overall conclusion and then used the highest value in the presentation of the trial within the forest plot.

Where results in a particular comparison were only available in a mixture of final value and change-from-baseline scores, we presented these data graphically using SMDs but we were unable to pool these results in a meta-analysis.

Subgroup analysis and investigation of heterogeneity

We did not plan any subgroup analyses.

Sensitivity analysis

The original review did not include any planned sensitivity analyses. However, in this updated review we aimed to reflect developments in clinical practice including trials where SLT interventions were delivered or facilitated by non-speech and language therapists. We planned to conduct sensitivity analyses to evaluate any impact the inclusion of these groups of trials may have had on the results of the review and the impact of trial quality.

Results

Description of studies

The original 1999 review included 12 trials. We revisited the decision taken in the original review to include [Kinsey 1986](#) and [Hartman 1987](#). We have excluded quasi-randomised trials such as [Hartman 1987](#) from this review update, while [Kinsey 1986](#) reports a comparison of methods of providing therapy materials rather than a comparison of therapy interventions. Thus of the original 12 trials included in the 1999 review, 10 trials remained in the 2010 review update. We identified an additional 20 trials in the update search and we revised the decision to exclude one other trial ([Shewan 1984](#)) from the original review following communication with the trialists who confirmed that it was a RCTI. This review is based on data from a total of 39 included trials.

Results of the search

Our search strategy identified 1961 records within CINAHL database (1982 to July 2011) and 4450 records within the MEDLINE database (1966 to July 2011). Following our 2011 search we identified 15 ongoing studies ([CACTUS](#); [Crosson 2007](#); [FUATAC](#); [Godecke 2011](#); [IHCOP](#); [IMITATE](#); [Kukkonen 2007](#); [Maher 2008](#); [MIT Netherlands 1](#); [MIT Netherlands 2](#); [MIT USA](#); [RATS-3](#); [Raymer](#); [SP-I-RIT](#); [Varley 2005](#)); these are likely to be eligible for inclusion in the review at a later date. These studies are detailed in the [Characteristics of ongoing studies](#) table. In total we identified nine new trials for inclusion in this review update.

Included studies

We have included a total of 39 trials (which randomised 2518 participants) in this review. Of these, 30 were included in the 2010 review, four trials listed as ongoing in 2010 have since reported and there are five newly identified trials. Six trials randomised individuals across three or more groups (trial arms) but for the purposes of this review and the meta-analyses we have presented and pooled the data within paired comparisons indicated as i, ii or iii. For example, data from [Yao 2005](#) are presented across three 'trials' of (1) group SLT versus no SLT ([Yao 2005i](#)), (2) individual SLT versus no SLT ([Yao 2005ii](#)) and (3) group SLT versus individual SLT ([Yao 2005iii](#)). Other trials affected were [Katz 1997i](#), [Katz 1997ii](#), [Lincoln 1982i](#), [Lincoln 1982ii](#), [Lincoln 1982iii](#), [Shewan 1984i](#), [Shewan 1984ii](#), [Shewan 1984iii](#), [Smith 1981i](#), [Smith 1981ii](#), [Smith 1981iii](#), [Wertz 1986i](#), [Wertz 1986ii](#), [Wertz 1986iii](#), [Zhang 2007i](#), and [Zhang 2007ii](#). Further details can be found in the [Characteristics of included studies](#). In these trials there was a risk of including the same group of participants (usually the control group) twice in a single meta-analysis and so we split the number of participants in the control group across the two 'trials' that shared that comparison group ([Higgins 2011](#)). In the case of continuous data the mean and SD values remained the same. In the case of dichotomous data both the number of events and total number of patients were split across the relevant

number of arms. In keeping with previous reviews where this method has been used and for ease of reading, these paired randomised comparisons will be referred to as trials from this point onwards.

Nine trials employed a cross-over design ([Crerar 1996](#); [Elman 1999](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1982iii](#); [Lincoln 1984b](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wertz 1986iii](#)). We carefully considered the suitability of each cross-over trial for inclusion within the review. We considered factors including the suitability of the design, the intervention(s) used, the timing of the intervention(s), the impact of any treatment carry over and finally whether data from relevant paired comparisons from the cross-over data were available. For six trials we only extracted data up to the point of cross-over ([Crerar 1996](#); [Elman 1999](#); [Lincoln 1982iii](#); [Lincoln 1984b](#); [Wertz 1986i](#); [Wertz 1986ii](#)). In some cases though, the treatment that participants were allocated to receive following cross-over was 'no SLT'. In these cases, the 'no SLT' input after cross-over could be used as a follow-up period.

In contrast, [Lincoln 1982](#) was also a cross-over trial in design with participants randomly allocated to one of four groups with a sequence of interventions that included one active treatment or placebo either preceded by or followed by conventional SLT. We were able to access the unpublished individual patient data for this review. This access to the data, the design, nature and manner of SLT delivery within the trial and the clinical relevance of the comparisons made it possible to include two paired comparisons of those groups within the review:

- SLT + operant training versus SLT + social support ([Lincoln 1982i](#));
- operant training + SLT versus social support + SLT ([Lincoln 1982ii](#)).

In addition, by taking the individual data at the point of measurement prior to the cross-over it was also possible to extract and compare the data from those that had received conventional SLT and compare it to those participants that received a social support and stimulation intervention ([Lincoln 1982iii](#)).

We have presented data from 51 randomised comparisons as they relate to the effectiveness of SLT for aphasia following stroke, which compare: (1) SLT versus no SLT, (2) SLT versus social support and stimulation and (3) SLT A versus SLT B. We have presented details of data within each comparison below with further details on each trial available in the [Characteristics of included studies](#) table. Further participant details can be found in [Table 1](#), an overview of the SLT interventions can be found in [Appendix 4](#), while details of the assessment tools used can be found in [Appendix 1](#). A summary of all the findings of the results is available at the end of the results section.

1. SLT versus no SLT

We included 19 randomised comparisons in this section ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Lincoln 1984a](#); [Liu 2006](#); [Lyon 1997](#); [MacKay 1988](#); [Smania 2006](#); [Smith 1981i](#); [Smith 1981ii](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)) involving 1414 randomised participants. The SLT intervention was typically delivered by a speech and language therapist. In two trials therapy was facilitated by a therapist-trained volunteer ([MacKay 1988](#); [Wertz 1986ii](#)). In trials conducted in China the therapy intervention was delivered by a doctor or nurse in four trials ([Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhao 2000](#)), other therapists in the rehabilitation setting ([Zhang 2007i](#); [Zhang 2007ii](#)) and it was unclear who facilitated the SLT intervention in one further comparison ([Liu 2006](#)). Two additional trials ([Prins 1989](#); [Shewan 1984](#)) compared groups that did and did not receive SLT but the participants were not randomly assigned to these 'no SLT' groups and they were thus excluded from this review.

The trials in this section employed a range of SLT interventions, namely conventional SLT ([Lincoln 1984a](#); [Liu 2006](#); [Smania 2006](#); [Smith 1981ii](#); [Wertz 1986i](#); [Wu 2004](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)), intensive SLT ([Laska 2011](#); [Smith 1981i](#)), group SLT ([Yao 2005i](#)), volunteer-facilitated ([MacKay 1988](#); [Wertz 1986ii](#)), computer-mediated SLT ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#)) and functionally-based SLT involving a communicative partner ([Lyon 1997](#)). [Laska 2011](#) also further described their SLT intervention as early language enrichment therapy, delivered two to four days after stroke. An acupuncture co-intervention was delivered alongside the SLT intervention in two comparisons ([Liu 2006](#); [Zhang 2007ii](#)).

Most participants randomised to the 'no SLT' groups received no alternative treatment or support ([Doesborgh 2004](#); [Katz 1997i](#); [Laska 2011](#); [Lincoln 1984a](#); [Liu 2006](#); [Lyon 1997](#); [MacKay 1988](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#)). Only seven trials described an intervention within these 'no SLT' groups. In six cases we considered the control interventions to be similar to standard post-stroke care in the local region - participants were visited at home by a health visitor ([Smith 1981i](#); [Smith 1981ii](#)), received limb apraxia therapy ([Smania 2006](#)) or medication ([Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)). In addition, one control group received computer-based cognitive tasks ('arcade-style games') ([Katz 1997ii](#)) that had been specifically designed not to target language rehabilitation. In all seven cases we included these groups as 'no SLT' control groups in the review.

SLT interventions were delivered across a wide range of times after the onset of aphasia with timings difficult to summarise because of a lack of detailed reporting. Some trialists recruited participants in the early stages after the onset of stroke - within four days ([Laska 2011](#)), up to 45 days ([Liu 2006](#)), 10 weeks ([Lincoln 1984a](#)), three months ([Zhang 2007i](#); [Zhang 2007ii](#)) or six months ([Wertz 1986i](#); [Wertz 1986ii](#)) after the stroke. Other trials recruited participants longer after stroke, for example between two months and three years after stroke ([Smania 2006](#)). Other participants were recruited one year or more after their stroke - up to 17 months ([Doesborgh 2004](#)); two years ([MacKay 1988](#)) (61% of participants); 10 years (range 13 to 124 months) ([Lyon 1997](#)); 19 years ([Katz 1997i](#)) or up to 22 years ([Katz 1997ii](#)) after the onset of aphasia. Six trials failed to report the timing of the SLT intervention in relation to the onset of participants' aphasia ([Smith 1981i](#); [Smith 1981ii](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhao 2000](#)).

The frequency of SLT was reported as number of times daily or hours per day or per week. SLT was provided daily (duration unclear) within two trials ([Yao 2005i](#); [Yao 2005ii](#)). SLT was provided weekly for up to two hours ([Doesborgh 2004](#); [Lincoln 1984a](#); [Smith 1981ii](#)), three hours ([Katz 1997i](#); [Katz 1997ii](#); [Smania 2006](#)), four hours ([Laska 2011](#); [Smith 1981i](#)), six hours (

[MacKay 1988](#)), eight hours ([Lyon 1997](#)) or 10 hours ([Wertz 1986i](#); [Wertz 1986ii](#)). An additional five comparisons did not report the frequency of the SLT intervention ([Liu 2006](#); [Wu 2004](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)). Where specified, the duration of the SLT intervention varied from three weeks ([Laska 2011](#)); two months ([Zhao 2000](#)); up to three months ([Doesborgh 2004](#); [Smania 2006](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Yao 2005i](#); [Yao 2005ii](#)); between five and six months ([Katz 1997i](#); [Katz 1997ii](#); [Lincoln 1984a](#); [Lyon 1997](#); [Wu 2004](#)) or for up to one year ([MacKay 1988](#); [Smith 1981i](#); [Smith 1981ii](#)).

The 19 randomised comparisons in this section used a wide range of outcome measures including functional communication, receptive language, expressive language, severity of impairment, psychosocial impact and economic outcomes. One of the 14 trials did not report any outcome measures ([Wu 2004](#)). Seven trials carried out follow-up assessments at two months ([Smania 2006](#)), three months ([Wertz 1986i](#); [Wertz 1986ii](#); [Yao 2005i](#); [Yao 2005ii](#)), six months ([Laska 2011](#); [MacKay 1988](#)) and 12 months ([MacKay 1988](#)) after SLT.

2. SLT versus social support and stimulation

We included seven trials in this section ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#); [Lincoln 1982iii](#); [Rochon 2005](#); [Shewan 1984ii](#); [Shewan 1984iii](#)) with 432 randomised participants. A range of SLT approaches were reported including conventional SLT ([ACTNoW 2011](#); [David 1982](#); [Lincoln 1982iii](#); [Shewan 1984iii](#)), group SLT ([Elman 1999](#)), language-oriented SLT ([Shewan 1984ii](#)) and sentence mapping SLT ([Rochon 2005](#)). The social support and stimulation interventions were provided by volunteers not known to the participants with aphasia ([ACTNoW 2011](#); [David 1982](#)), nursing staff ([Shewan 1984ii](#); [Shewan 1984iii](#)), speech and language therapists ([Lincoln 1982iii](#)), a trained research assistant ([Rochon 2005](#)) or through other social group activities including movement classes, creative arts groups, church activities or support groups ([Elman 1999](#)). All visitors providing the [ACTNoW 2011](#) social support received training and a manual of non-therapeutic activities, suitable conversation topics and access to equipment. [David 1982](#) provided their volunteers with detailed information on their patient's communication problems and they were instructed to "encourage their patient to communicate as well as possible". Similarly, the nursing staff volunteers ([Shewan 1984ii](#); [Shewan 1984iii](#)) were given some information about aphasia and instructed to "stimulate communication to the best of their ability". In all four trials the volunteers were given no guidance or instruction in SLT techniques.

The duration of participants' aphasia varied between trials and was reported as: an average of 12 days ([ACTNoW 2011](#)), up to four weeks ([Shewan 1984ii](#); [Shewan 1984iii](#)), up to three years ([David 1982](#); [Lincoln 1982iii](#)), seven months to 28 years ([Elman 1999](#)) or between two and nine years ([Rochon 2005](#)). Interventions were provided weekly for up to two ([David 1982](#); [Lincoln 1982iii](#)), 2.5 ([ACTNoW 2011](#)), three ([ACTNoW 2011](#); [Shewan 1984ii](#); [Shewan 1984iii](#)) or five hours ([Elman 1999](#)) over the course one ([Lincoln 1982iii](#)), four ([ACTNoW 2011](#); [Elman 1999](#)), five ([David 1982](#)) or 12 months ([Shewan 1984ii](#); [Shewan 1984iii](#)).

Outcome measures used in this comparison included measures of functional communication, receptive language, expressive language and levels of severity of impairment. Two trials carried out follow-up measures at four weeks ([Rochon 2005](#)), three months and six months ([David 1982](#)) after the treatment period.

3. SLT A versus SLT B

We included 25 trials (910 randomised participants) in this section ([Bakheit 2007](#); [Crerar 1996](#); [Denes 1996](#); [Di Carlo 1980](#); [Drummond 1981](#); [Hinckley 2001](#); [Leal 1993](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Meikle 1979](#); [Meinzer 2007](#); [ORLA 2006](#); [ORLA 2010](#); [Prins 1989](#); [Pulvermuller 2001](#); [RATS](#); [RATS-2](#); [Shewan 1984i](#); [Smith 1981iii](#); [Van Steenbrugge 1981](#); [VERSE 2011](#); [Wertz 1981](#); [Wertz 1986iii](#); [Yao 2005iii](#)). Four trials ([Bakheit 2007](#); [ORLA 2006](#); [Prins 1989](#); [Shewan 1984i](#)) also reported additional groups but these participants were not adequately randomised to the groups and so they have been excluded from this review.

A wide range of SLT interventions were reported including functional SLT ([Hinckley 2001](#)), intensive SLT ([Bakheit 2007](#); [Denes 1996](#); [ORLA 2006](#); [Smith 1981iii](#); [VERSE 2011](#)), volunteer-facilitated SLT ([Meikle 1979](#); [Meinzer 2007](#); [Leal 1993](#); [Wertz 1986iii](#)), computer-facilitated SLT ([ORLA 2010](#)), group SLT ([Pulvermuller 2001](#); [Wertz 1981](#); [Yao 2005iii](#)) and task-specific SLT ([Drummond 1981](#); [Prins 1989](#); [Pulvermuller 2001](#); [Shewan 1984i](#); [Van Steenbrugge 1981](#)) compared with a more conventional SLT model. Other trials compared verb and preposition therapies ([Crerar 1996](#)), semantic and phonological therapies ([RATS](#)), cognitive-linguistic and communicative approaches ([RATS-2](#)), filmed programmed instructions with non-programmed activity ([Di Carlo 1980](#)) or programmed instruction with a placebo ([Lincoln 1984b](#)).

The duration of participants' aphasia ranged from less than one week ([VERSE 2011](#)) up to one month ([Leal 1993](#); [Shewan 1984i](#); [Smith 1981iii](#); [Wertz 1981](#)), two months ([Bakheit 2007](#); [RATS-2](#)), six months ([Denes 1996](#); [RATS](#); [Wertz 1986iii](#)), 10 months ([Lincoln 1982i](#)), one year ([Lincoln 1984b](#)), two years ([Drummond 1981](#)), three years ([Lincoln 1982ii](#)), five years ([Van Steenbrugge 1981](#); [Meikle 1979](#)), six years ([Di Carlo 1980](#); [Meinzer 2007](#)), eight years ([Hinckley 2001](#)), 11 years ([Crerar 1996](#)), 13 years ([ORLA 2006](#)), 17 years ([Prins 1989](#)), 19 years ([Pulvermuller 2001](#)) or 21 years ([ORLA 2010](#)) after the onset of aphasia. [Yao 2005iii](#) did not report the duration of their participants' aphasia.

Therapy was provided daily ([Yao 2005iii](#)) for up to two hours ([Crerar 1996](#)), three hours ([Meinzer 2007](#); [Pulvermuller 2001](#)) or weekly for up to 30 minutes ([Drummond 1981](#)), one hour ([Lincoln 1984b](#)), 1.5 hours ([Lincoln 1982i](#); [Smith 1981iii](#)), two hours ([Prins 1989](#); [Van Steenbrugge 1981](#)), three hours ([Di Carlo 1980](#); [RATS](#); [Leal 1993](#); [Shewan 1984i](#)), four hours ([Meikle 1979](#); [Smith 1981iii](#)), five hours ([Bakheit 2007](#); [Denes 1996](#); [RATS-2](#)), seven hours ([VERSE 2011](#)), eight hours ([Wertz 1981](#)), 10 hours ([ORLA 2006](#); [Wertz 1986iii](#)) or 20 hours ([Hinckley 2001](#)). The duration of therapy ranged from two weeks ([Drummond 1981](#); [Meinzer 2007](#)), three weeks ([Crerar 1996](#)), four weeks ([Lincoln 1984b](#); [VERSE 2011](#); [Yao 2005iii](#)), five weeks ([Hinckley 2001](#); [Pulvermuller 2001](#)), six weeks ([ORLA 2006](#)), eight weeks ([Lincoln 1982i](#); [Lincoln 1982ii](#)), nine weeks ([Van Steenbrugge 1981](#)), 12 weeks ([Bakheit 2007](#); [Wertz 1986iii](#)), 30 weeks ([Di Carlo 1980](#)), five months ([Prins 1989](#)), up to six months ([Denes 1996](#); [Leal 1993](#); [RATS-2](#)), nine months ([RATS](#)), 10 months ([Wertz 1981](#)), one year ([Shewan 1984i](#); [Smith](#)

1981iii) or two years (Meikle 1979). The therapy intervention varied across participants in ORLA 2010 with each receiving 24 hours of therapy over a mean treatment duration of 12.62 weeks (range 6 to 22 weeks).

There was a wide range of outcome measures used in this comparison including measures of functional communication, receptive language, expressive language, severity of impairment and psychosocial impact. Follow-up assessments were carried out at six weeks (Wertz 1986iii), three months (Bakheit 2007; Yao 2005iii) and six months (VERSE 2011) following treatment.

Excluded studies

We excluded 30 studies, which incorporates 14 new exclusions (Breitenfeld 2005; Cherney 2010; Gu 2003; Hagen 1973; Hinckley 2005; Holmqvist 1998; Kurt 2008; Liu 2006a; Luo 2008; Marshall 2001; Thompson 2010; Vines 2007; Weiduschat 2011; Zhang 2004). Reasons for exclusion were primarily due to inadequate randomisation and the unavailability of aphasia specific data (see details in the Characteristics of excluded studies table).

Risk of bias in included studies

Two review authors independently reviewed the methodological quality of the included studies and resolved disagreements through discussion. Details can be found in the 'Risk of bias' tables for each of the trials in the Characteristics of included studies table.

The number of participants randomised across trials included in the review ranged from five to 327 participants. Four comparisons randomised 10 participants or fewer (Crerar 1996; Drummond 1981; Rochon 2005; Van Steenbrugge 1981), 11 randomised between 11 and 20 participants (Denes 1996; Di Carlo 1980; Doesborgh 2004; Hinckley 2001; Lincoln 1982i; Lincoln 1982ii; Lincoln 1982iii; Lincoln 1984b; Meinzer 2007; ORLA 2006; Pulvermuller 2001), 15 randomised up to 50 participants (Elman 1999; Katz 1997i; Katz 1997ii; Liu 2006; Lyon 1997; Meikle 1979; ORLA 2010; Prins 1989; Shewan 1984iii; Smania 2006; Smith 1981i; Smith 1981ii; Smith 1981iii; Zhang 2007i; Zhang 2007ii), 15 randomised between 51 and 100 participants (Bakheit 2007; Leal 1993; MacKay 1988; RATS; RATS-2; Shewan 1984i; Shewan 1984ii; VERSE 2011; Wertz 1981; Wertz 1986i; Wertz 1986ii; Wertz 1986iii; Yao 2005i; Yao 2005ii; Yao 2005iii), two randomised between 101 and 150 (Laska 2011; Zhao 2000) and four randomised more than 150 participants (ACTNoW 2011; David 1982; Lincoln 1984a; Wu 2004) (see Table 1).

Of the 51 randomised comparisons, only 25 listed both inclusion and exclusion criteria. Details of exclusion criteria were unavailable for an additional 23 trials (Crerar 1996; Denes 1996; Di Carlo 1980; Hinckley 2001; Katz 1997i; Katz 1997ii; Lincoln 1984b; Lyon 1997; MacKay 1988; Meikle 1979; ORLA 2006; Prins 1989; Rochon 2005; Van Steenbrugge 1981; Wertz 1981; Wertz 1986i; Wertz 1986ii; Wertz 1986iii; Yao 2005i; Yao 2005ii; Yao 2005iii; Zhang 2007i; Zhang 2007ii). Inclusion and exclusion criteria were unavailable for three trials (Drummond 1981; Wu 2004; Zhao 2000). For details, see the Characteristics of included studies table.

Suitable statistical data for communication outcomes were only available for 39 of the 51 trials. Appropriate statistical data for communication outcomes were not provided or could not be extracted in the remaining 13 trials (Drummond 1981; Elman 1999; Leal 1993; Lyon 1997; MacKay 1988; Shewan 1984i; Shewan 1984ii; Shewan 1984iii; Smania 2006; Smith 1981i; Smith 1981ii; Smith 1981iii; Wu 2004). All but one of these trials (Wu 2004) contributed data on the trial dropouts or withdrawals. Psychosocial data were available for two trials (ACTNoW 2011; Lincoln 1984a).

There was a wide range of variation in the descriptions of the SLT interventions. Most reported the use of a conventional SLT approach or described an intervention, which reflects clinical practice where the therapist was responsible for design and content of the treatment delivered. Other more prescriptive SLT interventions were also evaluated (including volunteer-facilitated therapy, intensive therapy, constraint-induced language therapy for example) and these will be detailed further in later sections.

Thirty-five trials reported similar groups at baseline (ACTNoW 2011; Bakheit 2007; Crerar 1996; Denes 1996; Di Carlo 1980; Doesborgh 2004; Drummond 1981; Elman 1999; Hinckley 2001; Katz 1997i; Katz 1997ii; Laska 2011; Leal 1993; Lincoln 1982i; Lincoln 1982ii; Lincoln 1982iii; Lincoln 1984a; Liu 2006; Meikle 1979; ORLA 2006; ORLA 2010; Rochon 2005; Shewan 1984i; Shewan 1984ii; Shewan 1984iii; Smania 2006; Smith 1981iii; Van Steenbrugge 1981; Wertz 1981; Wertz 1986i; Wertz 1986ii; Wertz 1986iii; Zhang 2007i; Zhang 2007ii; Zhao 2000). Comparison between the groups at baseline was unclear in seven trials (Lincoln 1984b; Lyon 1997; MacKay 1988; Wu 2004; Yao 2005i; Yao 2005ii; Yao 2005iii). For nine trials the groups differed despite randomisation in relation to their time post-onset (Pulvermuller 2001), the severity of their stroke (VERSE 2011), severity of their aphasia (Smith 1981i; Smith 1981ii), gender (RATS-2) and age (David 1982; RATS; Meinzer 2007; Prins 1989). In Meikle 1979 the participants that were allocated to SLT received more weeks of the intervention than the volunteer-facilitated group ($P = 0.01$).

Allocation (selection bias)

Details of the method of generating the randomisation sequence were only available for 17 of the 51 trials. Ten used random numbers tables (Bakheit 2007; David 1982; Katz 1997i; Katz 1997ii; Lincoln 1982i; Lincoln 1982ii; Lincoln 1982iii; Lincoln 1984a; Lincoln 1984b; Smania 2006), six were computer-generated (ACTNoW 2011; Doesborgh 2004; Pulvermuller 2001; RATS; RATS-2; VERSE 2011) and one drew lots (Crerar 1996). The remaining 34 trials stated that participants were randomly allocated but did not report any further details. Five trials described stratifying participants by type and severity of aphasia (ACTNoW 2011; Leal 1993; Shewan 1984i; Shewan 1984ii; Shewan 1984iii) and two stratified by recruitment site (ACTNoW 2011; RATS-2).

Details of the allocation concealment were available for 16 of the 51 trials. Nine used sequentially numbered sealed envelopes or similar methods of allocation and were considered to be adequately concealed (ACTNoW 2011; Bakheit 2007;

[David 1982](#); [Doesborgh 2004](#); [Laska 2011](#); [Lincoln 1984a](#); [RATS](#); [RATS-2](#); [VERSE 2011](#)). Four described using an allocation service that was external to the trial team ([ACTNoW 2011](#); [Laska 2011](#); [RATS-2](#); [VERSE 2011](#)). Two described a trialist-led allocation method that inadequately concealed allocation to the groups ([Crerar 1996](#); [Smania 2006](#)).

Blinding (performance bias and detection bias)

Due to the nature of SLT it is difficult to blind either the patient or person carrying out the intervention. However, blinding of the outcome assessor is possible and should be in place to avert detection bias. More than half of the included trials (33/51) reported blinding of outcome assessors ([ACTNoW 2011](#); [Bakheit 2007](#); [Crerar 1996](#); [Denes 1996](#); [RATS](#); [RATS-2](#); [Laska 2011](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1982iii](#); [Lincoln 1984a](#); [MacKay 1988](#); [Meinzer 2007](#); [ORLA 2010](#); [Pulvermuller 2001](#); [Shewan 1984i](#); [Shewan 1984ii](#); [Shewan 1984iii](#); [Smania 2006](#); [Smith 1981i](#); [Smith 1981ii](#); [Smith 1981iii](#); [VERSE 2011](#); [Wertz 1981](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wertz 1986iii](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Yao 2005iii](#); [Zhang 2007i](#); [Zhang 2007ii](#)). In other cases blinding was partially in place. The method of assessment ensured blinding in some of the outcome measures for three trials ([Crerar 1996](#); [Lincoln 1984b](#); ; [RATS-2](#)), while three additional trials ([Katz 1997i](#); [Katz 1997ii](#); [Rochon 2005](#)) ensured blinding of a second assessor who checked a proportion of measurements scores. Two trial reports ([ACTNoW 2011](#); [David 1982](#)) acknowledged the possibility that measures may have been confounded to some extent by indications from the participants being assessed as to which group they were attending. This is likely to have occurred across several trials. Blinding, however, was unclear for 11 trials ([Di Carlo 1980](#); [Doesborgh 2004](#); [Drummond 1981](#); [Hinckley 2001](#); [Leal 1993](#); [Liu 2006](#); [ORLA 2006](#); [Prins 1989](#); [Rochon 2005](#); [Van Steenbrugge 1981](#); [Zhao 2000](#)) and considered inadequate in seven trials ([Doesborgh 2004](#); [Elman 1999](#); [Lyon 1997](#); [Meikle 1979](#); [Smith 1981i](#); [Smith 1981ii](#); [Smith 1981iii](#)).

Incomplete outcome data (attrition bias)

Overall, 21% of the 2518 participants randomised across the 51 comparisons included in this review withdrew from the intervention or were lost to follow-up (437 participants plus 92 at follow-up). Of the 1414 participants in the SLT versus no SLT comparison, 226 (16%) withdrew from the treatment phase of the studies (114 from the SLT interventions and 112 from the 'no SLT' allocation). In addition, 52 participants were lost during the follow-up assessment phase (19 withdrawing from the SLT groups and 27 from the 'no SLT' groups). The trials that compared SLT with social support and stimulation randomised a total of 432 participants but 105 participants (24%) were lost during the treatment phase (40 from the SLT group and 65 from the social support groups). Twenty-five additional participants were not included in the follow-up ([David 1982](#); [Elman 1999](#)). The final comparison of SLT A versus SLT B involved 910 randomised participants. A total of 130 participants (14%) withdrew from these trials during the treatment phase with an additional six withdrawing from the follow-up phase. Across the review, five participants were reported to have withdrawn from a trial but it was unclear which group(s) those participants were allocated to ([Smith 1981i](#); [Smith 1981ii](#); [Smith 1981iii](#)). Participants in [Meikle 1979](#) remained in the trial until two successful estimations on an outcome measure showed no appreciable improvement, participants requested withdrawal or until the end of the trial, however no further details were given. Where available, details of dropouts are presented in [Table 2](#).

Selective reporting (reporting bias)

Recruitment and retention of stroke rehabilitation trial participants is known to be a challenge and the trials in this review were no exception. However, seven trials only reported data (including demographic data) from participants that remained in the trial at the end of treatment or at follow-up. [David 1982](#) reported data from 133 of 155 randomised participants, [Doesborgh 2004](#) reported 18 of 19 randomised participants, [Katz 1997i](#) reported 36 of 42 randomised participants, [Katz 1997ii](#) reported 40 of 42 randomised participants, [Lincoln 1984a](#) reported 191 of 327 randomised participants, [MacKay 1988](#) reported 95 of 96 randomised participants and [Smania 2006](#) reported 33 of 41 randomised participants. Six trials reported using ITT analysis ([ACTNoW 2011](#); [Bakheit 2007](#); [Laska 2011](#); [RATS](#); [RATS-2](#); [VERSE 2011](#)) but not all participants appeared to be included in the final analyses within two trials ([Bakheit 2007](#); [RATS](#)). In addition, 21 trials that reported participants that had dropped out did not report using ITT analysis ([David 1982](#); [Doesborgh 2004](#); [Elman 1999](#); [Katz 1997i](#); [Katz 1997ii](#); [Leal 1993](#); [Lincoln 1982i](#); [Lincoln 1984a](#); [MacKay 1988](#); [Meikle 1979](#); [Shewan 1984i](#); [Shewan 1984ii](#); [Shewan 1984iii](#); [Smania 2006](#); [Smith 1981i](#); [Smith 1981ii](#); [Smith 1981iii](#); [Wertz 1981](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wertz 1986iii](#)). All randomised participants were included in the final analyses for the remaining 24 trials.

Other potential sources of bias

Co-interventions were reported by some trialists that compared the effects of SLT with no SLT. Two groups that received SLT also received acupuncture ([Liu 2006](#); [Zhang 2007ii](#)). Some participants in [Doesborgh 2004](#) also received psychosocial group therapy and some (or all) of the participants reported in [Smith 1981i](#) may have benefited from other intensive treatment as part of the larger multidisciplinary stroke trial. In both cases the number and allocation of the participants and specific details of the co-intervention were unavailable. In other cases, not all participants received the planned number of treatment sessions ([Laska 2011](#); [Lincoln 1984a](#); [Smith 1981i](#); [Smith 1981ii](#)).

Similarly, seven trials that compared two different approaches with SLT provision reported that not all participants received the planned number of treatment sessions ([Bakheit 2007](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Meikle 1979](#); [RATS-2](#); [Smith 1981iii](#); [VERSE 2011](#)). [Meikle 1979](#) reported that five of the 16 participants receiving conventional SLT missed up to half of their possible treatment. Four trials comparing a high intensity SLT with a low intensity SLT also reported difficulties providing intensive SLT interventions as planned. [Bakheit 2007](#) reported that only 13 of the 51 participants received 80% or more of the planned intensive intervention. [Smith 1981iii](#) reported that participants allocated to intensive therapy only received an average of 21 hours of therapy compared to the planned minimum of 50 hours during the first three months. Such difficulties in maintaining a clear distinction between the two treatment groups has significant implications when evaluating the results and considering the clinical implications of such treatment regimens. Similarly, [VERSE 2011](#) found that six individuals did not

reach the intensive SLT intervention target of 2.5 hours but they also reported that resource limitations in the conventional acute care service meant that 23 individuals in the usual care group failed to receive the maximum once weekly therapy, as allocated. Difficulty maintaining a consistent intensity of treatment across two treatment arms was reported by [ORLA 2010](#) with some participants choosing to have more of the allocated 24 treatment sessions per week than others.

Though all the speech and language therapists in [Hinckley 2001](#) were trained in the characteristics of the two treatment approaches being compared, treatment review processes were in place to ensure any possible risk of overlap in therapy approach was minimised. [ACTNoW 2011](#) employed a similar monitoring approach to ensure fidelity to the planned interventions. Data from three randomised comparisons ([Smith 1981i](#); [Smith 1981ii](#); [Smith 1981iii](#)) were subgroups of participants with aphasia extracted from within a larger trial examining models of stroke care. Being part of a larger stroke trial may have affected their levels of fatigue and ability to participate fully in the SLT intervention. The main trial described the inclusion of 20 participants with mild dementia but it is unclear whether any of these individuals were included in the aphasia-specific data.

Effects of interventions

The results of this review are presented below within the three comparisons: (1) SLT versus no SLT, (2) SLT versus social support and stimulation, and (3) SLT A versus SLT B. Where data availability permitted, results from meta-analyses are also reported. As described in the [Measures of treatment effect](#) section, we extracted the final value scores for inclusion within this review whenever possible. Final value scores were available for 23 of the 51 trials and these have been included within the review. Only change-from-baseline data were available for an additional three trials ([Denes 1996](#); [Hinckley 2001](#); [RATS](#)). Where change-from-baseline data are used they are clearly marked and the data are not pooled within the meta-analyses with final value scores.

Comparison 1: SLT versus no SLT

A total of 1414 participants were randomised across 19 randomised comparisons that contrasted SLT with no SLT ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Lincoln 1984a](#); [Liu 2006](#); [Lyon 1997](#); [MacKay 1988](#); [Smania 2006](#); [Smith 1981i](#); [Smith 1981ii](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)). Reporting of age and other descriptions of the participants across trials varied, making it difficult to give an overview of the participants involved in this comparison. Only five trials reported age ranges, spanning 38 to 94 years of age ([Laska 2011](#); [Lincoln 1984a](#); [Lyon 1997](#); [Smania 2006](#); [Wu 2004](#)), while others reported participants' mean age or age bands. Details can be found in [Table 1](#). Thirteen trials gave an indication of the length of time since participants had experienced the onset of their aphasia: the widest range of time post-onset reported spanned two to 36 months ([Smania 2006](#)). The shortest mean length of time since the onset of participants' aphasia was three days (range two to four days) ([Laska 2011](#)). Severity of aphasia was reported by 11 trials ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Liu 2006](#); [Smith 1981i](#); [Smith 1981ii](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)), although two additional trials provided some indication of severity of impairment ([Lyon 1997](#); [Smania 2006](#)).

Among the SLT interventions compared to a 'no SLT' group were interventions considered to be conventional SLT ([Liu 2006](#); [Smania 2006](#); [Smith 1981i](#); [Wertz 1986i](#); [Wu 2004](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)), computer-mediated SLT ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#)), group SLT ([Yao 2005i](#)), functional SLT ([Lyon 1997](#)), intensive SLT ([Laska 2011](#); [Smith 1981i](#)), language enrichment therapy ([Laska 2011](#)), SLT plus operant training ([Lincoln 1984a](#)) and volunteer-facilitated SLT ([MacKay 1988](#); [Wertz 1986ii](#)). We planned to conduct a sensitivity analysis on trials that involved the provision of SLT by non-speech and language therapists ([Liu 2006](#); [MacKay 1988](#); [Wertz 1986ii](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)) but because of the present availability of data within each outcome it was not useful to undertake this analysis.

Appropriate summary data for communication outcomes (allowing inclusion in the meta-analyses) were available for 13 of the 19 trials ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Liu 2006](#); [Lincoln 1984a](#); [Smania 2006](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)). In addition, [Lincoln 1984a](#) also reported statistical data for psychosocial outcomes. Suitable summary data were not reported (or available on request) for the remaining five trials ([Lyon 1997](#); [MacKay 1988](#); [Smith 1981i](#); [Smith 1981ii](#); [Wu 2004](#)). Where data for this comparison were available they are presented below in relation to the following: (1) functional communication, (2) receptive language, (3) expressive language, (4) severity of impairment, (5) psychosocial, (6) number of dropouts, (7) compliance with allocated intervention and (8) economic outcomes.

1. Functional communication

Eleven trials compared participants that received SLT with those that did not, by measuring functional communication outcomes ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Lincoln 1984a](#); [Lyon 1997](#); [MacKay 1988](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)). Tools used included the spontaneous speech subtest of the Western Aphasia Battery (WAB) ([Katz 1997i](#); [Katz 1997ii](#)), the Amsterdam-Nijmegen Everyday Language Test (ANELT) ([Doesborgh 2004](#); [Laska 2011](#)), the Communication Activities of Daily Living (CADL) ([Wertz 1986i](#); [Wertz 1986ii](#)), the Functional Communication Profile (FCP) ([Lincoln 1984a](#); [Wertz 1986i](#); [Wertz 1986ii](#)) and the Chinese Functional Communication Profile ([Zhang 2007i](#); [Zhang 2007ii](#)). Eight trials provided suitable statistical data permitting inclusion within the meta-analyses ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)).

Spontaneous speech

Four trials evaluated the impact of SLT by contrasting the spontaneous speech of participants who received computer-mediated SLT ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#)) or language enrichment therapy ([Laska 2011](#)) with those who did not ([Doesborgh 2004](#); [Katz 1997i](#); [Laska 2011](#)) or received computer-mediated non-linguistic tasks ([Katz 1997ii](#)).

Comparisons were made using a subtest of the WAB ([Katz 1997i](#); [Katz 1997ii](#)) or the ANELT ([Doesborgh 2004](#); [Laska 2011](#)).

Communication Activities of Daily Living (CADL)

Four trials used the CADL to compare the functional communication skills of participants that received SLT (conventional SLT ([Wertz 1986i](#)), volunteer-facilitated SLT ([MacKay 1988](#); [Wertz 1986ii](#)) and functional SLT ([Lyon 1997](#))), and those that received no SLT intervention. Two trials provided statistical data that allowed inclusion within a meta-analysis ([Wertz 1986i](#); [Wertz 1986ii](#)). There was no evidence of a difference between the groups provided with SLT and those that were not ([Analysis 1.1](#)).

Functional Communication Profile (FCP)

Three trials ([Lincoln 1984a](#); [Wertz 1986i](#); [Wertz 1986ii](#)) compared the pragmatic provision of SLT (approach tailored to individual participants' needs) to a deferred SLT intervention using the FCP. Appropriate summary data for [Lincoln 1984a](#) on this outcome measure were not available. There was no evidence of a difference between the groups.

Chinese Functional Communication Profile (CFCP)

[Zhang 2007i](#) and [Zhang 2007ii](#) used the CFCP to compare groups that received SLT and no SLT. One SLT group also received an acupuncture co-intervention and were found to have better scores on the CFCP than those that had received no SLT ([Zhang 2007ii](#)).

The results of functional communication measures reported across the trials were pooled within a meta-analysis. Only one set of functional communication measures from [Wertz 1986i](#) and [Wertz 1986ii](#) could be included at a time. Both pooling approaches demonstrated that those participants that received SLT performed better on measures of functional communication than those that did not receive SLT (by including the CADL data $P = 0.02$, SMD 0.26, 95% CI 0.03 to 0.48; including FCP data $P = 0.008$, SMD 0.30, 95% CI 0.08 to 0.52). We have chosen to present the data from the FCP within the forest plot ([Analysis 1.1](#)).

2. Receptive language

Eight of the 19 trials measured participants' receptive language skills ([Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Smania 2006](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)) and all reported statistical data, which permitted inclusion in the meta-analyses. Auditory comprehension was measured using the Token Test and subtests of the WAB, the Norsk Grunntest for Afasi (NGA), the Aphasia Battery of Chinese (ABC) and the PICA. Reading comprehension was measured using the Reading Comprehension Battery for Aphasia (RCBA), the reading subtests of the PICA and the ABC. Gesture comprehension was measured using an unnamed assessment.

Auditory comprehension

Three trials used the Token Test to measure changes in participants' auditory comprehension ([Smania 2006](#); [Wertz 1986i](#); [Wertz 1986ii](#)). [Laska 2011](#) reported using the NGA to capture data on auditory comprehension. Two trials used the ABC auditory comprehension subtest ([Zhang 2007i](#); [Zhang 2007ii](#)). Two trials used both the WAB and PICA subtests to measure participants' auditory comprehension ([Katz 1997i](#); [Katz 1997ii](#)). As for the functional communication data above, both sets of data from [Katz 1997i](#) and [Katz 1997ii](#) could not be included in the same meta-analysis. On pooling the data within two separate meta-analyses, there was no evidence of a significant difference between the groups (by including the WAB data $P = 0.67$, SMD 0.05, 95% CI -0.17 to 0.26; by including the PICA data $P = 0.59$, SMD 0.06, 95% CI -0.15 to 0.27). We have chosen to present the PICA data within the forest plot ([Analysis 1.2](#)).

Reading comprehension

Reading comprehension was measured by six trials ([Katz 1997i](#); [Katz 1997ii](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)) that compared participants that received SLT and those that did not. Two trials used the RCBA to compare participants that received volunteer-facilitated SLT with those that received no SLT ([Wertz 1986i](#); [Wertz 1986ii](#)). Similarly, two trials used the PICA reading subtest to compare participants that received computer-mediated SLT to those that received no treatment ([Katz 1997i](#)) or computer-mediated non-linguistic tasks ([Katz 1997ii](#)). Lastly, two trials used the reading subtest of the ABC to compare those that received SLT with those that did not ([Zhang 2007i](#); [Zhang 2007ii](#)). The participants that received SLT in [Zhang 2007ii](#) also received an acupuncture co-intervention. On pooling of the data the participants that received SLT performed better on tests of reading comprehension than those that did not receive SLT ($P = 0.05$, SMD 0.29, 95% CI 0 to 0.58 ([Analysis 1.3](#))). Plotting these outcome measures against the estimated standard errors within a funnel plots we found that one of the trials based on the ABC fell out with the 95% CI ([Figure 1](#)). This issue will be considered further in the [Discussion](#) section.

Other comprehension

The PICA gestural subtest was used by four trials ([Katz 1997i](#); [Katz 1997ii](#); [Wertz 1986i](#); [Wertz 1986ii](#)) and measures gestural abilities alongside auditory and written comprehension skills. Following pooling, participants that received SLT had achieved higher scores on measures of gesture use than the groups that received no SLT ($P = 0.02$, MD 8.04, 95% CI 1.55 to 14.52) ([Analysis 1.4](#)).

Gesture comprehension

[Smania 2006](#) used an unnamed gesture comprehension assessment tool to compare a group that received conventional SLT and those that received limb apraxia therapy at two time points: after intervention and again two months later. There was no evidence of a difference between the two groups' comprehension of gestures at either time point ([Analysis 1.5](#)).

3. Expressive language

Eight trials ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#); [Wertz 1986i](#); [Wertz 1986ii](#); [Zhang 2007i](#); [Zhang 2007ii](#)) formally evaluated participants' expressive language skills using single word picture naming (Boston Naming Test (BNT), the WAB and NGA naming subtests), repetition (WAB and NGA repetition subtests) and other verbal expression (PICA and ABC sub tests) skills. Written language expressive skills were measured using the PICA copying and writing sub tests and the ABC writing subtest while the ability to communicate using gesture was measured using the PICA gesture subtest.

Expressive language: naming

Participants' naming abilities were measured by four trials ([Doesborgh 2004](#); [Katz 1997i](#); [Katz 1997ii](#); [Laska 2011](#)). [Doesborgh 2004](#) used the BNT to compare a group receiving computer-mediated SLT and a group that did not receive SLT. Similarly, [Katz 1997i](#) and [Katz 1997ii](#) employed the WAB naming subtest while [Laska 2011](#) used the NGA naming subtest. On pooling there was no evidence of a difference between the groups ([Analysis 1.6](#)).

Expressive language: general

Four trials used the PICA verbal subtest to compare the spoken language skills of patient groups that received SLT and those that did not ([Katz 1997i](#); [Katz 1997ii](#); [Wertz 1986i](#); [Wertz 1986ii](#)). Two additional trials captured participants' expressive language skills using a subtest of the ABC ([Zhang 2007i](#); [Zhang 2007ii](#)). On pooling the data using SMDs there was evidence of significant statistical heterogeneity between the groups ($P = 0.0009$, $I^2 = 76\%$) and so a random-effects model was used to pool the data. Those participants that had received SLT scored significantly better on general measures of expressive language skills ($P = 0.02$, SMD 0.77, 95% CI 0.14 to 1.39) ([Analysis 1.7](#)). Conducting a sensitivity analysis we found that when both [Zhang 2007i](#) and [Zhang 2007ii](#) were removed from the analysis the heterogeneity was removed ($I^2 = 0\%$) and the pooled results no longer demonstrated a significant difference between the groups. Plotting the outcome measures against the estimated standard errors within a funnel plot ([Figure 2](#)) we found that one of the trials based on the ABC fell out with the 95% CI. This issue will be considered further in the [Discussion](#) section.

Expressive language: written

Six trials reported used writing subtests of the PICA ([Katz 1997i](#); [Katz 1997ii](#)), the ABC ([Zhang 2007i](#); [Zhang 2007ii](#)) and the PICA graphic subtest ([Wertz 1986i](#); [Wertz 1986ii](#)) to compare a group receiving SLT with a group receiving no SLT. Following pooling those participants that had received SLT had performed better on the writing subtests than those that had not received SLT ($P = 0.002$, SMD 0.45, 95% CI 0.16 to 0.74) ([Analysis 1.8](#)). Plotting these outcome measures against the estimated standard errors within a funnel plot ([Figure 3](#)) we found that one of the trials based on the ABC fell out with the 95% CI. This issue will be considered further in the [Discussion](#) section.

Expressive language: copying text

Two trials compared a group receiving computer-mediated SLT with a group receiving no SLT ([Katz 1997i](#)) or a group receiving computer-mediated non-linguistic tasks ([Katz 1997ii](#)) using the PICA copying subtest. There was no evidence of a difference between the groups' copying skills ([Analysis 1.9](#)).

Expressive language: Repetition

Three trials compared participants that received SLT and those that did not by measuring their repetition skills on the WAB subtest ([Katz 1997i](#); [Katz 1997ii](#)) and the NGA subtest ([Laska 2011](#)). Following pooling of the available data there was no evidence of a difference in the participants' repetition skills ([Analysis 1.10](#)).

4. Severity of impairment

Fifteen trials compared a group that received SLT with one that did not receive any SLT by measuring the severity of the participants' aphasia impairment. Language assessment batteries included the PICA ([Katz 1997i](#); [Katz 1997ii](#); [Lincoln 1984a](#); [Wertz 1986i](#); [Wertz 1986ii](#)), the Boston Diagnostic Aphasia Examination (BDAE) ([Liu 2006](#); [Lyon 1997](#)), the Chinese Aphasia Measurement ([Zhao 2000](#)), WAB ([Katz 1997i](#); [Katz 1997ii](#)), the Minnesota Test for Differential Diagnosis of Aphasia (MTDDA) ([Smith 1981i](#); [Smith 1981ii](#)), NGA ([Laska 2011](#)), the Chinese Rehabilitation Research Centre Aphasia Examination (CRRCAE) ([Yao 2005i](#); [Yao 2005ii](#)) and the Aphasia Battery of Chinese (ABC) ([Zhang 2007i](#); [Zhang 2007ii](#)). Trials included compared the severity of participants' aphasia between groups that received group SLT ([Yao 2005i](#)), computer-mediated SLT ([Katz 1997i](#); [Katz 1997ii](#)), conventional SLT ([Liu 2006](#); [Wertz 1986i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)) and volunteer-facilitated SLT ([Wertz 1986ii](#)) with groups that received no SLT or a computer-mediated non-SLT intervention ([Katz 1997ii](#)). We were able to obtain statistical summary data suitable for inclusion within a meta-analysis from all but four trials ([Lincoln 1984a](#); [Lyon 1997](#); [Smith 1981i](#); [Smith 1981ii](#)).

Pooling the available data (selectively including the PICA data from [Katz 1997i](#); [Katz 1997ii](#)) using SMDs we observed significant heterogeneity ($I^2 = 93\%$, $P < 0.00001$). Thus, the data were pooled using a random-effects model. The heterogeneity remained. There was no evidence of a significant difference between the groups that received SLT and those that did not ([Analysis 1.11](#)). On conducting a sensitivity analysis to identify the source of the heterogeneity we observed that removing the [Zhao 2000](#) data from the meta-analysis removed the heterogeneity ($I^2 = 0\%$). The pooled data also demonstrated no significant difference between the aphasia severity ratings between the groups regardless of whether the PICA data from [Katz 1997i](#) and [Katz 1997ii](#) were included ($P = 0.08$, SMD 0.17, 95% CI -0.02 to 0.36). Conducting the same analysis but including the WAB data from [Katz 1997i](#) and [Katz 1997ii](#) resulted in no evidence of a significant difference between the groups ($P = 0.09$, SMD 0.15, 95% CI -0.04 to 0.34). We have chosen to present the PICA data ([Analysis 1.11](#)). The funnel plot of this [Analysis 1.11](#) ([Figure 4](#)) found that the outcome based on the Chinese Aphasia Measurement fell out with the 95% CI. This issue will be returned to within the [Discussion](#) section.

[Yao 2005i](#) and [Yao 2005ii](#) also repeated the comparison of participants who received group SLT and conventional SLT with those who had not received any SLT on measures of aphasia severity at a three-month follow-up. The group that received group SLT scored significantly higher than those that received no SLT but on pooling (using a random-effects model in the presence of significant statistical heterogeneity $P = 0.02$; $I^2 = 82\%$) there was no evidence of a difference between the groups ([Analysis 1.12](#)).

5. Psychosocial

Five trials compared the benefits of SLT intervention to no SLT by employing psychosocial measures including the Multiple Affect Adjective Checklist (MAACL), the General Health Questionnaire (GHQ), the Affect Balance Scale (ABS), the Psychological Wellbeing Index, the EuroQoL and the Nottingham Health Profile (NHP) ([Laska 2011](#); [Lincoln 1984a](#); [Lyon 1997](#); [Smith 1981i](#); [Smith 1981ii](#)).

[Lyon 1997](#) used the ABS and Psychological Wellbeing Index to compare a group of triads (person with aphasia, caregiver and communication partner) that received functional SLT that aimed to establish and maximise effective means of communication between communication partners and a group that received no SLT. The GHQ was used to compare groups that received either intensive SLT ([Smith 1981i](#)) or conventional SLT ([Smith 1981ii](#)) with a group that received no treatment while [Laska 2001](#) reported capturing data using the EuroQoL and the NHP. No suitable data were available from these trials. In contrast, [Lincoln 1984a](#) used the anxiety, depression and hostility scales of the MAACL to compare the psychosocial well-being of a group that received SLT (determined by the therapist) with a group that received no SLT. Comparison of the groups failed to show any evidence of a difference in the participants' anxiety, depression or hostility as measured on these scales ([Analysis 1.13](#)).

6. Number of dropouts

Information relating to the numbers of participant dropouts (where they occurred) was available for all 19 trials in this comparison. A total of 226 individuals withdrew during the treatment phase and an additional 46 were lost at the follow-up phase. No withdrawals were reported in eight trials ([Liu 2006](#); [Lyon 1997](#); [Wu 2004](#); [Yao 2005i](#); [Yao 2005ii](#); [Zhang 2007i](#); [Zhang 2007ii](#); [Zhao 2000](#)). An additional five participants withdrew from [Smith 1981i](#) and [Smith 1981ii](#) (group allocation is unclear but these withdrawals are included in the number above) and they failed to report the number of withdrawals from the 'no SLT' group. There was a range of reasons for the attrition of participants from the trials (see [Table 2](#) for details). On pooling of the available data relating to dropouts there was no evidence of a difference between the groups ([Analysis 1.14](#)).

7. Compliance with allocated intervention

Only three of the 11 trials reporting participant dropouts also described the reasons for the 54 participants' withdrawal ([Doesborgh 2004](#); [Laska 2011](#); [Smania 2006](#)). Of these, a total of 12 participants were described as withdrawing because they were unco-operative or they refused the allocated treatment (all from [Smania 2006](#)) with seven withdrawing from the conventional SLT group and five withdrawing from the 'no SLT' group. Four participants in [Laska 2011](#) refused testing (one from the SLT group; three from the no SLT group). Details can be found in [Table 2](#). On pooling there was no indication of a difference between compliance rates between the groups.

8. Economic outcomes

Only one of the 19 randomised comparisons described the measurement of economic outcomes using structured questionnaires ([MacKay 1988](#)) but neither the questionnaire nor the results were available for this review.

Comparison 2: SLT versus social support and stimulation

Seven trials compared the provision of SLT to the provision of informal social support and stimulation among a total of 279 participants ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#); [Lincoln 1982iii](#); [Rochon 2005](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). As described above, the description of participant groups within trials was variable and so it is difficult to give a precise overview of the participants included in this comparison. Most trials described the participants' age range, which spanned from 18 to 97 years ([ACTNoW 2011](#); [Elman 1999](#); [Lincoln 1982iii](#); [Rochon 2005](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). [David 1982](#) reported participants in the SLT and social support and stimulation groups had a mean age (\pm SD) of 70 (\pm 8.7) years and 65 (\pm 10.6) years, respectively, indicating a significant difference between the groups ($P = 0.003$). Details can be found in [Table 1](#). All seven trials detailed the length of time since the onset of participants' aphasia. Participants with the most acute aphasia were randomised by [ACTNoW 2011](#) with aphasia that had an interquartile range of nine to 16 days duration. Similarly, [Shewan 1984ii](#) and [Shewan 1984iii](#) recruited people who were two to four weeks post onset of aphasia. In contrast, [Lincoln 1982iii](#) recruited participants between one and 36 months' post-stroke while some of the other trials recruited participants much later following stroke with ranges from two to nine years ([Rochon 2005](#)) or seven months to 28 years ([Elman 1999](#)). Severity of aphasia was reported by all seven trials in varying degrees of detail. [Lincoln 1982iii](#) recruited participants with moderate degrees of aphasia. The remaining six trials described the recruitment of participants with a range of mild to severe aphasia ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#); [Rochon 2005](#); [Shewan 1984ii](#); [Shewan 1984iii](#)) (see [Table 1](#) for details).

There were a number of approaches to the provision of SLT interventions in the trials: four provided conventional SLT ([ACTNoW 2011](#); [David 1982](#); [Lincoln 1982iii](#); [Shewan 1984iii](#)) and the others provided group SLT ([Elman 1999](#)), sentence-mapping SLT ([Rochon 2005](#)) and language-orientated SLT ([Shewan 1984ii](#)). These SLT interventions were then compared to the provision of social support and stimulation, which also took a variety of formats. Unstructured support and communicative stimulation was provided by nurses ([Shewan 1984ii](#); [Shewan 1984iii](#)), a trained research assistant ([Rochon 2005](#)), a clinical psychologist ([Lincoln 1982iii](#)), other volunteers ([ACTNoW 2011](#); [David 1982](#)) or through attendance at an externally organised support group or class, for example dance classes or church groups ([Elman 1999](#)). Some volunteers had been given detailed information about their own participant's particular presentation of aphasia ([David 1982](#)) but were

not given any training in SLT techniques ([ACTNoW 2011](#); [David 1982](#); [Lincoln 1982iii](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). Two trials had a specific non-therapeutic intervention protocol for the people providing the social support and stimulation intervention, which detailed the role and suitable non-communication therapy activities ([ACTNoW 2011](#); [Lincoln 1982iii](#)). Intervention fidelity monitoring was described in four trials ([ACTNoW 2011](#); [David 1982](#) (partial); [Shewan 1984ii](#); [Shewan 1984iii](#)). The participants in these groups received social support for up to one hour ([ACTNoW 2011](#); [Rochon 2005](#)), two hours ([David 1982](#); [Lincoln 1982iii](#)) or three hours ([Elman 1999](#); [Shewan 1984ii](#); [Shewan 1984iii](#)), each week over a period of up to one month ([Lincoln 1982iii](#)), 2.5 months ([Rochon 2005](#)), four months ([ACTNoW 2011](#); [Elman 1999](#)), five months ([David 1982](#)) or one year ([Shewan 1984ii](#); [Shewan 1984iii](#)). Statistical data for communication outcomes were available for four of the included trials ([ACTNoW 2011](#); [David 1982](#); [Lincoln 1982iii](#); [Rochon 2005](#)). Suitable data allowing inclusion within the meta-analyses were unavailable for the remaining three trials ([Elman 1999](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). The comparisons made (with meta-analysis where possible) are reported below as they relate to measures of: (1) functional communication, (2) receptive language, (3) expressive language, (4) severity of impairment, (5) psychosocial, (6) number of dropouts, (7) compliance with allocated intervention and (8) economic outcomes.

1. Functional communication

Three trials measured functional communication ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#)) using the FCP, the CADL, the CETI and the Therapy Outcome Measures (TOMs).

Functional Communication Profile (FCP)

[David 1982](#) used the FCP to compare a group who received conventional SLT with a group that received communication treatment by volunteers. There was no evidence of a difference between the groups neither was there any evidence of a difference at three and six-month follow-up ([Analysis 2.1](#)).

Communication Abilities of Daily Living (CADL) and the Communicative Effectiveness Index (CETI)

[Elman 1999](#) used the CADL, the CETI and measures of connected speech to compare the functional communication skills of participants that received conventional SLT and those that did not but who attended social groups and activities instead. No suitable summary data were provided and so the data could not be included in the meta-analysis.

Therapy Outcome Measures (TOMs)

[ACTNoW 2011](#) used the TOMs to compare blinded ratings of video-recorded samples of participants' functional communication skills that had received conventional SLT and those that had received social support and stimulation from a volunteer.

On pooling the available data using SMDs ([ACTNoW 2011](#); [David 1982](#)) there was no evidence of a significant difference between the groups that had received SLT and those that had received informal social support ([Analysis 2.1](#)).

[David 1982](#) also reported data from a cohort that were assessed three and six months following intervention. There was no evidence of a difference at either time point between the group that received SLT and those that received social support ([Analysis 2.2](#)).

2. Receptive language

Four of the seven trials that compared participants that received SLT or a social support and stimulation intervention did so by comparing the groups' receptive language skills ([Lincoln 1982iii](#); [Rochon 2005](#); [Shewan 1984ii](#); [Shewan 1984iii](#)).

Measures used included the Philadelphia Comprehension Battery (PCB), the Auditory Comprehension Test for Sentences (ACTS), the Token Test and the PICA Gestural subtest.

Philadelphia Comprehension Battery (PCB)

[Rochon 2005](#) measured participants' receptive language skills on the PCB, which includes subtests for sentence comprehension and picture comprehension. There was no evidence of a difference between the receptive language skills of the participants that received sentence-mapping SLT and those that received unstructured social support and stimulation ([Analysis 2.3](#)).

Auditory Comprehension Test for Sentences (ACTS)

Two additional trials measured receptive language skills of a group that received either language-oriented therapy ([Shewan 1984ii](#)) or conventional SLT ([Shewan 1984iii](#)) and compared their auditory comprehension of sentences with participants that received an intervention that provided unstructured social support. Both trials used the ACTS to make this comparison but the manner in which the data are reported prevented inclusion within the meta-analysis.

Token Test

[Lincoln 1982iii](#) measured participants' receptive language skills using the Token Test. There was no evidence of a difference between the groups ([Analysis 2.3](#)).

Receptive language: other comprehension

Participants' auditory and written comprehension skills were measured using the PICA Gestural subtest by [Lincoln 1982iii](#) and those that had access to social support and stimulation performed significantly better on these measures than those that had access to SLT ($P = 0.04$, MD -0.87 , 95% CI -1.70 to -0.04) ([Analysis 2.4](#)).

3. Expressive language

Three of the seven trials that compared participants that received SLT or a social support and stimulation intervention did so

by comparing the groups' expressive language skills ([Elman 1999](#); [Lincoln 1982iii](#); [Rochon 2005](#)). Measures used included the Object Naming Test (ONT), Caplan and Hanna Sentence Production Test (CHSPT), the Picture Description with Structured Modeling (PDSM) and the PICA.

Expressive language: single words

[Lincoln 1982iii](#) measured participants' naming skills on the ONT and a word fluency test and found those participants that received social support and stimulation performed significantly better on these tests than those that had received conventional SLT ($P = 0.003$, MD -7.00, 95% CI -11.67 to -2.33, and $P < 0.0001$, MD -14.00, 95% CI -20.35 to -7.65 respectively) ([Analysis 2.5](#)).

Expressive language: sentences

[Rochon 2005](#) compared the participants who received sentence-mapping SLT and a group receiving unstructured social support and stimulation. Comparison of the two groups showed no evidence of a difference between the groups' performance on the CHSPT scores. Those that had received SLT did perform significantly better on treated items from the test ($P = 0.01$, MD 3, 95% CI 0.63 to 5.37) than the participants that received social support but there was no evidence of a difference between the groups on the untreated items ([Analysis 2.6](#)).

Expressive language: picture description

Two trials elicited samples of participants' connected speech using picture description tasks ([Lincoln 1982iii](#); [Rochon 2005](#)). There was no evidence of a difference between the two groups. [Rochon 2005](#) also reported the two groups' scores on the treated and untreated items but there was no evidence of a between-group difference on the treated or untreated items ([Analysis 2.7](#)).

Expressive language: general

[Lincoln 1982iii](#) and [Elman 1999](#) compared the groups' performances on the PICA verbal subtest. Suitable statistical data were unavailable from [Elman 1999](#) and so it could not be included in the meta-analysis. Participants that had received social support and stimulation scored significantly better than those that received SLT ($P = 0.0007$, MD -1.56, 95% CI -2.46 to -0.66) ([Analysis 2.8](#)).

Expressive language: written

Similarly, [Lincoln 1982iii](#) compared the groups' performances on the PICA graphic subtests and found participants that received social support performed significantly better than those that had received SLT ($P = 0.01$, MD -1.39, 95% CI -2.49 to -0.29) ([Analysis 2.9](#)).

4. Severity of impairment

[Elman 1999](#), [Lincoln 1982iii](#), [Shewan 1984ii](#) and [Shewan 1984iii](#) compared groups that had access to SLT and those that received social support and stimulation by measuring participants' aphasia severity. The assessments used included the PICA and the Western Aphasia Battery-Aphasia Quotient (WABAQ).

PICA

Two trials used the Shortened PICA to compare participants that had received group SLT and those that had attended other social activities or groups that provided social support and stimulation ([Elman 1999](#); [Lincoln 1982iii](#)). Suitable statistical data were unavailable from [Elman 1999](#) and so it could not be included in the meta-analysis. [Lincoln 1982iii](#) found that participants provided with social support and stimulation were less impaired as a result of aphasia (as measured on the PICA) than those that received SLT ($P = 0.005$, MD -1.13, 95% CI -1.91 to -0.35). Suitable summary data were not available from [Elman 1999](#) to allow inclusion within the meta-analysis ([Analysis 2.10](#)).

WAB

Two additional trials ([Shewan 1984ii](#); [Shewan 1984iii](#)) compared groups based on the severity of participants' aphasia using the WAB. They compared participants who received language-oriented SLT ([Shewan 1984ii](#)) or conventional SLT ([Shewan 1984iii](#)) with a group who received psychological support and unstructured communication provided by trained nurses. Suitable summary data were unavailable and so it could not be included in the meta-analysis.

5. Psychosocial

[ACTNoW 2011](#) and [Elman 1999](#) compared participants that had received SLT and those that had received social support and stimulation using measures of psychosocial impact using the ABS and the Communication Outcomes After Stroke (COAST) scale from both the patients' and carers' perspectives.

Affect Balance Scale

[Elman 1999](#) compared participants that had received SLT and those that had received social support using the ABS but appropriate summary values were unavailable and so it could not be included in the meta-analysis.

COAST

Participants and carers completed separate versions of the COAST scale to indicate the impact of the participant's aphasia on their functional communication and quality of life ([ACTNoW 2011](#)). Measures were then used to compare the participants that had received SLT and those that had received social support. There was no evidence of a difference between the groups on this measure as reported by the participants or by the carers ([Analysis 2.11](#)).

6. Number of dropouts

Dropouts from the original participants randomised were reported by six of the seven trials in this section ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#); [Lincoln 1982iii](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). In the main [Lincoln 1982](#) trial (from which the randomised comparison [Lincoln 1982iii](#) has been extracted) 13 participants were excluded for failing to complete the full treatment intervention. It is unclear which intervention arms these participants were randomised to and so these dropouts cannot be included in this meta-analysis. In the remaining trials, a total of 52 participants were lost from the groups allocated to SLT (40 from treatment or post-treatment assessment and 12 at follow-up) while 78 were lost to the social support and stimulation interventions (65 during or at assessment following the intervention and 11 at follow-up). Fewer participants allocated to SLT were lost to the trial than those that were allocated to social support and stimulation ($P = 0.007$, OR 0.54 95% CI 0.34 to 0.87) ([Analysis 2.12](#)).

7. Compliance with allocated intervention

Five trials that experienced dropouts also described the reasons for the dropouts so that those who had voluntarily withdrawn from the allocated intervention could be identified. A total of 11 participants in the groups allocated to receive SLT and 45 participants allocated to receive social support and stimulation interventions did not adhere to the allocated intervention ([ACTNoW 2011](#); [David 1982](#); [Elman 1999](#); [Shewan 1984ii](#); [Shewan 1984iii](#)). In addition, [David 1982](#) also described the withdrawal of four more participants from the social support group because of 'volunteer problems' (details can be found in [Table 2](#)). Significantly more participants allocated to the social support and stimulation interventions voluntarily broke protocol and did not continue in the study ($P < 0.00001$, OR 0.18, 95% CI 0.09 to 0.37).

8. Economic outcomes

Only one of the seven trials measured economic outcomes ([ACTNoW 2011](#)). The cost favoured the provision of SLT ($P < 0.00001$, MD -3035.00, 95% CI -4342.44 to -1727.56) while the utility data favoured the social support intervention ($P = 0.02$, MD 0.06, 95% CI 0.01 to 0.11).

Comparisons: SLT A versus SLT B

A total of 910 participants were included in 25 randomised comparisons of one SLT intervention (SLT A) with another SLT intervention (SLT B) ([Bakheit 2007](#); [Crerar 1996](#); [Denes 1996](#); [Di Carlo 1980](#); [Drummond 1981](#); [Hinckley 2001](#); [Leal 1993](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Meikle 1979](#); [Meinzer 2007](#); [ORLA 2006](#); [ORLA 2010](#); [Prins 1989](#); [Pulvermuller 2001](#); [RATS](#); [RATS-2](#); [Shewan 1984i](#); [Smith 1981iii](#); [Van Steenbrugge 1981](#); [VERSE 2011](#); [Yao 2005iii](#); [Wertz 1981](#); [Wertz 1986iii](#)). As within other sections of this review, descriptions of the participants' age and other characteristics across trials varied. Participants' age ranges spanning 17 to 92 years were available for 13 trials while the remaining nine trials reported mean ages ([Denes 1996](#); [Drummond 1981](#); [Hinckley 2001](#); [Leal 1993](#); [RATS](#); [RATS-2](#); [Smith 1981iii](#); [VERSE 2011](#); [Wertz 1986iii](#)) or the number of participants within age bands ([Yao 2005iii](#)). See [Table 1](#) for details.

All but two trials ([Smith 1981iii](#); [Yao 2005iii](#)) reported the length of time since their participants had experienced the onset of aphasia, ranging from a few days ([VERSE 2011](#)) or within one month of stroke onset ([Bakheit 2007](#); [Leal 1993](#); [Shewan 1984i](#); [Wertz 1981](#)) up to one year or more after stroke ([Drummond 1981](#); [Hinckley 2001](#); [Meinzer 2007](#); [ORLA 2006](#); [ORLA 2010](#); [Pulvermuller 2001](#); [Prins 1989](#); [Van Steenbrugge 1981](#)). Similarly, almost all trials reported the severity of aphasia with only two failing to give an indication of how severe participants' aphasia was ([Drummond 1981](#); [Yao 2005iii](#)). In most cases trials reported the range of participants' aphasia severity as measured on a suitable assessment tool but in some cases this was reported in more general terms (details can be found in [Table 1](#)). Some trials focused specifically on participants with severe aphasia ([Denes 1996](#); [Di Carlo 1980](#); [Lincoln 1984b](#)) while others focused on moderate to severe presentations of aphasia ([Lincoln 1982i](#); [Leal 1993](#)).

Many of the trials included in this section compared an experimental SLT approach to the delivery of a more conventional SLT intervention where the two interventions differed in the theoretical underpinnings of the therapy delivered, the communication components targeted, the therapy regimen (duration, frequency, intensity), the nature of the interaction (one-to-one or group therapy) or manner of facilitation (volunteers or computers). In four cases the experimental SLT approaches were the standard SLT intervention plus an experimental adjunct of filmed programmed instruction ([Di Carlo 1980](#)), operant training ([Lincoln 1982i](#); [Lincoln 1982ii](#)) or operant training with programmed instruction ([Lincoln 1984b](#)). They each included a placebo adjunct to conventional SLT in the form of 'non-programmed activity' (viewing slides and bibliotherapy; [Di Carlo 1980](#)), an attention placebo ([Lincoln 1984b](#)), which in two cases was a social support and stimulation interaction ([Lincoln 1982i](#); [Lincoln 1982ii](#)). These comparisons are described further below. A total of 21 of the 25 trials reported suitable communication summary data that permitted inclusion in the meta-analyses ([Bakheit 2007](#); [Crerar 1996](#); [Denes 1996](#); [Di Carlo 1980](#); [Hinckley 2001](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Meikle 1979](#); [Meinzer 2007](#); [ORLA 2006](#); [ORLA 2010](#); [Prins 1989](#); [Pulvermuller 2001](#); [RATS](#); [RATS-2](#); [Van Steenbrugge 1981](#); [VERSE 2011](#); [Wertz 1981](#); [Wertz 1986iii](#); [Yao 2005iii](#)). Where data were available they are presented below within the comparisons: 3. Experimental SLT versus conventional SLT; 4. High-intensity SLT versus low-intensity SLT; 5. Volunteer-facilitated SLT versus conventional SLT; 6. Computer-facilitated SLT versus conventional SLT; 7. group SLT versus one-to-one SLT (note: for consistency with the analyses this list starts at number 3).

3. Experimental SLT (SLT A) versus conventional SLT (SLT B)

Eleven trials compared the use of an experimental approach to SLT with a more conventional SLT approach ([Denes 1996](#); [Di Carlo 1980](#); [Drummond 1981](#); [Hinckley 2001](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Prins 1989](#); [Pulvermuller 2001](#); [Shewan 1984i](#); [Van Steenbrugge 1981](#)). The experimental SLT interventions included a conversational 'ecological' approach ([Denes 1996](#)), AMERIND signs used as cues for word-finding impairment ([Drummond 1981](#)), functional SLT approach ([Hinckley 2001](#)), operant training ([Lincoln 1982i](#); [Lincoln 1982ii](#)), operant training with programmed instruction ([Lincoln 1984b](#)), Systematic Therapy for Auditory Comprehension Disorders in Aphasic Patients (STACDAP) ([Prins 1989](#)), constraint-

induced therapy ([Pulvermuller 2001](#)), language-oriented SLT ([Shewan 1984i](#)) and SLT for naming and constructing sentences ([Van Steenbrugge 1981](#)) or filmed programmed instruction intervention ([Di Carlo 1980](#)).

Within this comparison we have included data from [Lincoln 1982i](#), [Lincoln 1982ii](#) and [Lincoln 1984b](#), which has been extracted from two cross-over trials (described earlier). [Lincoln 1982i](#) and [Lincoln 1982ii](#) randomised participants across four groups that compared SLT including an operant training adjunct to SLT with a social support and stimulation adjunct. In both of these trials the means and SD have been extracted from the unpublished individual patient data and is inclusive of the treatment cross-over period. Given the complementary nature of the cross-over intervention (SLT plus operant training) or (SLT plus social support) and the clinically relevant nature of the cross-over treatments we felt it was appropriate to include these data within this section of the review. As recommended, we have also analysed and presented the cross-over inclusive data from these trials in a graphical format in separate meta-analyses for readers' information ([Analysis 13.1](#); [Analysis 13.2](#); [Analysis 13.3](#); [Analysis 13.4](#); [Analysis 13.5](#)).

All 11 trials evaluating the impact of these specialised SLT interventions did so by comparing them with a conventional SLT approach. However, in [Lincoln 1984b](#) the conventional SLT group also had a non-verbal tasks (matching, copying and recall of designs plus manual dexterity tasks) that acted as a control for the specialist intervention. Similarly, in [Lincoln 1982i](#) and [Lincoln 1982ii](#) the participants in the conventional SLT group also had access to additional structured social stimulation in the form of topic-led conversations with the therapist.

A range of outcome measures were used by these trials: (a) functional communication, (b) receptive language, (c) expressive language, (d) severity of impairment, (e) number of dropouts and (f) compliance with allocated intervention. They did not address participants' psychosocial or economic outcomes.

(a) Functional communication

Participants' functional communication skills were measured on the CADL, CETI and the Functional Expression Scale in order to compare the impact of a functional SLT approach and a conventional SLT approach.

CADL

[Hinckley 2001](#) only reported the participants' change-from-baseline scores on the CADL, which demonstrated that participants in the conventional SLT group performed significantly better on the CADL than those participants in the functional SLT group ($P = 0.001$, MD -9.30, 95% CI -15.01 to -3.59). As these were change-from-baseline scores they were not included within the meta-analysis.

CETI

The CETI was used by [Hinckley 2001](#) to compare the groups' functional communication skills as perceived by their carer. Final value scores were reported and are included in the meta-analysis.

Functional Expression Scale

Two trials reported functional communication skills of participants that had received STACDAP ([Prins 1989](#)) or SLT for naming and sentence construction ([Van Steenbrugge 1981](#)) as measured on the Functional Expression Scale ([Prins 1989](#); [Van Steenbrugge 1981](#)).

Communication Activity Log (CAL)

[Pulvermuller 2001](#) measured functional skills using the CAL but these data were unavailable for inclusion within the review. No individual trial results available for inclusion within the review demonstrated a significant difference between participants' functional communication skills. On pooling the data using SMD, there was no evidence of a difference between the groups ([Analysis 3.1](#)).

Functional communication: catalogue ordering

[Hinckley 2001](#) also developed a functional catalogue ordering task to compare the two groups' functional communication skills using change-from-baseline scores. Participants were required to order clothes from a catalogue by telephone (spoken modality) or in writing (written modality). In each modality participants were required to complete the tasks with or without a concurrent task. Participants that received functional SLT performed significantly better on the spoken telephone order task (no concurrent task $P = 0.0001$, MD 32.80, 95% CI 16.16 to 49.44; with concurrent task $P = 0.03$, MD 16.90, 95% CI 1.31 to 32.49) than the participants that received the conventional SLT intervention. There was no evidence of any difference between the groups' performance on the written order tasks ([Analysis 3.2](#)).

(b) Receptive language

Seven of the 11 trials considered participants' language comprehension skills across a range of comprehension complexities and modalities ([Di Carlo 1980](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Prins 1989](#); [Pulvermuller 2001](#); [Shewan 1984i](#)).

Receptive language: word comprehension

Two trials measured participants' ability to understand single words using the Word Naming BDAE subtest ([Lincoln 1984b](#); [Prins 1989](#)), the Body Part Identification BDAE subtest ([Prins 1989](#)) and the Peabody Picture Vocabulary Test ([Lincoln 1984b](#)). After pooling the results where appropriate, there was no indication of a difference between the groups ([Analysis 3.3](#)).

Receptive language: other auditory comprehension

Two trials measured participants' ability to comprehend sentences using Miscellaneous Commands ([Prins 1989](#)) and the Aphasia Comprehension Test for Sentences ([Shewan 1984i](#)). In addition, [Prins 1989](#) measured participants' comprehension

skills across a range of levels of complexity on the Amsterdam Aphasia Test (AmAT) Comprehension Subtest while [Pulvermuller 2001](#) tested participants' auditory comprehension skills on the AAT subtest. Appropriate statistical data from [Shewan 1984i](#) were unavailable and so could not be included in the meta-analysis.

Five trials evaluated comprehension skills using the Token Test ([Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Prins 1989](#); [Pulvermuller 2001](#)). On pooling of the available data there was no evidence of a difference between the participants' auditory comprehension skills based on whether they had received an experimental SLT intervention or a conventional SLT intervention ([Analysis 3.4](#)).

Receptive language: auditory comprehension of treated item

[Prins 1989](#) also reported separate results for components of word and sentence comprehension that had been targeted within the experimental STACDAP SLT intervention. Participants' ability to comprehend three tests of word or sentence comprehension that depended on phoneme recognition, lexicon and morphological skills were compared using the Visual Comprehension of Words and Sentences test. There was no evidence of a difference between the groups' performance on treated items during STADCAP SLT or conventional SLT ([Analysis 3.5](#)).

Receptive language: reading comprehension

Two trials measured participants' ability to comprehend written words using the Reading Recognition and Reading Comprehension Test ([Di Carlo 1980](#)) and the Visual Comprehension of Words and Sentences ([Prins 1989](#)). There was no evidence of a difference between the groups on either of these measures ([Analysis 3.6](#)).

Receptive language: other comprehension

Three trials measured 'gestural skills' on the PICA subtest, which incorporates subtests of auditory comprehension and reading abilities in addition to measures of gesture abilities ([Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#)). Following pooling of these data there was no evidence of a difference in the 'gestural' skills of participants that received SLT with operant training and those that received SLT with a placebo adjunct ([Analysis 3.7](#)).

(c) Expressive language

Participants' expressive language skills were considered by 10 trials ([Denes 1996](#); [Di Carlo 1980](#); [Drummond 1981](#); [Hinckley 2001](#); [Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#); [Prins 1989](#); [Pulvermuller 2001](#); [Van Steenbrugge 1981](#)) across a range of levels of complexity from object naming to sentence construction tasks, both oral and written modalities and a range of expressive skills including fluency and repetition.

Expressive language: spoken naming

Seven trials asked participants to name a variety of nouns using the ONT ([Lincoln 1982i](#); [Lincoln 1982ii](#)), the AmAT Naming Test ([Prins 1989](#); [Van Steenbrugge 1981](#)), 20 items from the Taylor Aphasia Therapy Kit ([Drummond 1981](#)), the AAT Naming Subtest ([Pulvermuller 2001](#)) and a vocabulary test constructed by [Di Carlo 1980](#) from the Thorndike-Lorge Word List ([Thorndike 1944](#)). We were unable to obtain suitable summary data from [Drummond 1981](#), which prevented inclusion of the data within the meta-analysis. On pooling, there was no evidence of a difference between the groups' naming skills ([Analysis 3.8](#)).

Both [Hinckley 2001](#) and [Denes 1996](#) reported change-from-baseline data on their participants' naming skills and this has been presented and pooled within a separate meta-analysis ([Analysis 3.9](#)). [Van Steenbrugge 1981](#) also compared participants' naming skills at a three-week follow up but again there was no evidence of a difference between the groups ([Analysis 3.10](#)).

Expressive language: spoken sentence construction

[Prins 1989](#) and [Van Steenbrugge 1981](#) compared participants' ability to construct sentences but there was no evidence of a difference between the groups neither was there any indication of a difference between the groups at three-week follow-up ([Van Steenbrugge 1981](#)) ([Analysis 3.11](#)).

Expressive language: spoken (treated items)

Participants' expressive language skills on items that had been treated within the specialist Naming and Sentence Construction SLT intervention were compared to participants' abilities following conventional SLT ([Van Steenbrugge 1981](#)). There was some trend towards better naming of treated items ($P = 0.06$) by those that had received task-specific SLT, with a similar trend observed at three-week follow-up but there was no evidence of a difference between the groups' sentence construction skills ([Analysis 3.12](#)).

Expressive language: connected discourse

[Lincoln 1982i](#), [Lincoln 1982ii](#) and [Lincoln 1984b](#) used the PICA Verbal subtest and a picture description task ([Lincoln 1982i](#); [Lincoln 1982ii](#)) to compare participants that received an operant training adjunct to SLT and conventional SLT interventions. On pooling of the data there was no evidence of a difference between the groups on these measures ([Analysis 3.13](#)).

Expressive language: word fluency

[Lincoln 1982i](#) and [Lincoln 1982ii](#) compared participants' expressive language skills using word fluency tasks and on pooling found those that received conventional SLT performed better than those that had received an operant training adjunct to SLT ($P = 0.005$, MD -8.19, 95% CI -13.90 to -2.47) ([Analysis 3.14](#)).

Expressive language: repetition

[Pulvermuller 2001](#) and [Denes 1996](#) compared participants' repetition skills following experimental or conventional SLT

interventions reporting final value ([Pulvermuller 2001](#)) and change-from-baseline scores ([Denes 1996](#)). The data could not be pooled but there was no evidence of a difference between the groups ([Analysis 3.15](#)).

Expressive language: written

Five trials measured participants' written language expressive skills on the PICA Graphic subtest ([Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#)), the Psycholinguistic Assessments of Language Processing in Aphasia (PALPA) Written Naming subtest ([Hinckley 2001](#)) and the AAT Written subtest ([Denes 1996](#)). On pooling the PICA data there was some indication of a trend towards better writing skills among the participants that received conventional SLT than those that had received the experimental SLT intervention ($P = 0.06$, SMD -0.66, 95% CI -1.35 to 0.03) ([Analysis 3.16](#)). Both [Hinckley 2001](#) and [Denes 1996](#) reported change-from-baseline data and while there was a significant difference between the groups in [Denes 1996](#) ($P = 0.03$, SMD 1.20, 95% CI 0.14 to 2.25) on pooling of the data with the [Hinckley 2001](#) data there was no evidence of a significant difference between the groups.

(d) Severity of impairment

Participants' overall severity of aphasia impairment was considered by six trials using the PICA ([Lincoln 1982i](#); [Lincoln 1982ii](#); [Lincoln 1984b](#)), the AAT ([Denes 1996](#); [Pulvermuller 2001](#)) and the WAB ([Shewan 1984i](#)). Suitable data from [Shewan 1984i](#) were unavailable while data from [Denes 1996](#) reported change-from-baseline scores and so this data could not be included in the meta-analysis. Following pooling of the data there was no evidence of a difference between the groups ([Analysis 3.17](#)). The change-from-baseline data from [Denes 1996](#) is presented separately in [Analysis 3.18](#).

(e) Number of dropouts

Only three trials reported a loss of participants during the study ([Lincoln 1982i](#); [Lincoln 1982ii](#); [Shewan 1984i](#)). No participants were lost from the other eight trials. Thirteen participants were lost across the four groups in [Lincoln 1982i](#) and [Lincoln 1982ii](#) but it is unclear which groups these participants had been randomised to. In contrast, [Shewan 1984i](#) reported that six participants dropped out from the language-orientated SLT intervention while only one dropped out of the conventional SLT group. There was no significant difference between the numbers of participants lost to each intervention ([Analysis 3.19](#)).

(f) Compliance with allocated intervention

As described above, only one trial provided details of the participants that dropped out of their trial ([Shewan 1984i](#)) with three withdrawing from the language-orientated SLT intervention and none voluntarily withdrawing from the conventional SLT group ([Analysis 3.20](#)).

4. High-intensity SLT (SLT A) versus low-intensity SLT (SLT B)

Six trials compared a high-intensity SLT intervention with a low-intensity SLT intervention ([Bakheit 2007](#); [Denes 1996](#); [ORLA 2006](#); [Pulvermuller 2001](#); [Smith 1981ii](#); [VERSE 2011](#)). The number of weekly hours in therapy for participants in the high-intensity SLT groups was 400 minutes ([VERSE 2011](#)), four hours ([Smith 1981ii](#)), five hours ([Bakheit 2007](#); [Denes 1996](#)), 10 hours ([ORLA 2006](#)), or up to 20 hours ([Pulvermuller 2001](#)) each week while the low-intensity SLT groups received one hour ([VERSE 2011](#)), 1.5 hours ([Smith 1981iii](#)), two hours ([Bakheit 2007](#)), three hours ([Denes 1996](#)), four hours ([ORLA 2006](#)) or 15 hours ([Pulvermuller 2001](#)) each week. Statistical data for communication outcomes were only available for five trials ([Bakheit 2007](#); [Denes 1996](#); [ORLA 2006](#); [Pulvermuller 2001](#); [VERSE 2011](#)) and comparisons were made by measuring participants' (a) functional communication, (b) receptive language, (c) expressive language, (d) severity of impairment, (e) psychosocial impact, (f) number of dropouts and (g) compliance with allocated intervention. Economic outcome measures were not reported.

(a) Functional communication

[VERSE 2011](#) measured participants' functional communication using the FCP and Discourse Analysis (DA) scores relating to informativeness and efficiency ([Nicholas 1995](#)) at acute hospital discharge and again at six months post onset. The group that received high-intensity SLT had better function communication as measured on the FCP ($P = 0.01$) and using DA ($P = 0.04$) than those that had SLT of low intensity ([Analysis 4.1](#)). These differences no longer remained at the six-month follow-up point though a trend towards improved FCP scores for the group that had undergone high-intensity SLT remained ($P = 0.06$).

(b) Receptive language

Measures of participants' receptive language skills were only available for [Denes 1996](#) and [Pulvermuller 2001](#). Both trials measured participants' auditory comprehension using the Aachen Aphasia Test (AAT) comprehension subtest and the Token Test. The final value scores reported by [Pulvermuller 2001](#) are presented separately ([Analysis 4.3](#)) from the change-from-baseline scores reported by [Denes 1996](#) ([Analysis 4.4](#)). There was no indication of a significant difference between the comprehension skills of those participants that had received high-intensity SLT and those that had received low-intensity SLT.

(c) Expressive language

Two trials compared the expressive language skills of participants that received a high-intensity SLT with those that received a low-intensity SLT intervention ([Denes 1996](#); [Pulvermuller 2001](#)) on naming, repetition and writing tests.

Expressive language: spoken

[Pulvermuller 2001](#) reported the findings from the AAT Naming and Repetition subtests. There was no indication of a difference between the groups ([Analysis 4.5](#)). Though [Denes 1996](#) also measured expressive language skills using the AAT

Naming and Repetition subtests only the groups' change-from-baseline scores were available and so they could not be pooled with the data from [Pulvermuller 2001](#) ([Analysis 4.6](#)). There was no evidence of a difference between the groups on either of these measures.

Expressive language: written

[Denes 1996](#) used the AAT Written subtest to compare changes-from-baseline in participants' written language (including reading aloud and writing subtests). The group that was given high-intensity SLT achieved significantly higher scores on this subtest than the group that received the low-intensity SLT intervention ($P = 0.01$, MD 8.9, 95% CI 1.81 to 15.99) ([Analysis 4.7](#)).

(d) Severity of impairment

Six trials ([Bakheit 2007](#); [Denes 1996](#); [ORLA 2006](#); [Pulvermuller 2001](#); [Smith 1981iii](#); [VERSE 2011](#)) compared participants' overall level of aphasia severity following interventions that varied in intensity by using the WAB and the AAT. [Smith 1981iii](#) used the MTDDA to measure participants' aphasia severity but suitable statistical data allowing inclusion in the meta-analysis were unavailable and so it could not be included within this comparison. The groups that received high-intensity SLT performed significantly better on measures of aphasia severity than those that received a low-intensity SLT intervention ($P = 0.03$, SMD 0.35, 95% CI 0.04 to 0.66) ([Analysis 4.8](#)).

[Denes 1996](#) provided change-from-baseline scores on the AAT and these could not be pooled with the final value scores reported above. There was no indication of a difference between the groups on this measure ([Analysis 4.9](#)).

On follow-up measures at three months there was no evidence of a difference between the groups within the [Bakheit 2007](#) trial but the participants that received the high-intensity SLT in the [VERSE 2011](#) trial continued to perform significantly better than the usual SLT group even at six-month follow-up ($P = 0.04$, MD 19.86, 95% CI 0.81 to 38.90) ([Analysis 4.10](#)).

(d) Psychosocial

[Smith 1981iii](#) used the GHQ to compare groups receiving high-intensity SLT and low-intensity SLT. Appropriate summary data for these groups were unavailable and so the results could not be presented here.

(e) Number of dropouts

Data relating to number of participants that dropped out of the trials were available for [Bakheit 2007](#), [Denes 1996](#), [ORLA 2006](#), [Pulvermuller 2001](#) and [VERSE 2011](#) and were partially available for [Smith 1981iii](#). No participants appear to have been lost from the treatment or follow-up time points in the [Denes 1996](#), [ORLA 2006](#) or [Pulvermuller 2001](#) studies. Five additional participants were excluded from the final analysis in [Smith 1981iii](#) (three were found not to have aphasia and two died) but their group allocation was unclear. These data were not included in this overview.

Across the trials significantly more participants (41 participants) were lost to the high-intensity SLT intervention groups in comparison to those lost to low-intensity SLT interventions (23 participants) ($P = 0.03$, OR 2.01, 95% CI 1.07 to 3.79). Of these, some were lost at follow-up (seven from high-intensity SLT and six from the low-intensity SLT group; [Bakheit 2007](#) and [VERSE 2011](#)) ([Analysis 4.11](#)).

(f) Compliance with allocated intervention

[Bakheit 2007](#) (in part) and [VERSE 2011](#) reported the reasons for loss of participants from within the study. Of these, five participants voluntarily withdrew from the high intensity SLT group during the treatment phase while one withdrew from the low intensity groups. There was no significant difference between the groups on this measure.

5. Group SLT (SLT A) versus one-to-one SLT (SLT B)

Three trials compared a group-based SLT intervention with conventional one-to-one SLT ([Pulvermuller 2001](#); [Wertz 1981](#); [Yao 2005iii](#)). Within the group SLT interventions, participants received SLT in groups of three plus a therapist ([Pulvermuller 2001](#)), between three to seven ([Wertz 1981](#)) or 10 patients ([Yao 2005iii](#)). Participants allocated to group SLT in [Pulvermuller 2001](#) received a constraint-induced language therapy approach to SLT (only verbal responses were allowed). In contrast, the group SLT intervention in [Wertz 1981](#) encouraged group discussion and recreational activities with a therapist while [Yao 2005iii](#) focused on 'collective language strengthening training'. In all cases the patients in the one-to-one SLT intervention received conventional SLT (stimulus-response treatment across all modalities). Between-intervention comparisons were made on a variety of measures: (a) functional communication, (b) receptive language, (c) expressive language, (d) severity of impairment, (e) number of dropouts and (f) compliance with allocated intervention. Psychosocial and economic measures were not compared.

(a) Functional communication

Two trials measured change in functional communication using the CAL ([Pulvermuller 2001](#)), the Conversational Rating Scale (CRS) ([Wertz 1981](#)) and the Informants Rating of Functional Language (adapted form of the FCP) ([Wertz 1981](#)). However, suitable statistical data were unavailable from these measures and so could not be included within the review. A later study took a subset of data from the [Wertz 1981](#) trial and evaluated their functional communication using the Pragmatic Protocol at one month, six months and 12 months after the intervention. There was no evidence of a difference between the groups' performance on this measure.

(b) Receptive language

Receptive language: auditory comprehension

Two trials measured participants' receptive language skills using the Token Test ([Pulvermuller 2001](#); [Wertz 1981](#)) and the language comprehension subtest of the AAT ([Pulvermuller 2001](#)). Mean values were reported for [Wertz 1981](#) but the SD values were unavailable. To facilitate inclusion of these data within the review, the SD value (13.93) has been imputed from

the [Lincoln 1982](#) Token Test summary data. The reason for choosing this value was both [Wertz 1981](#) and [Lincoln 1982](#) used the same form of the Token Test and used it to measure the language skills of similar participant groups. On pooling these data with the Token Test data from the [Pulvermuller 2001](#) comparison, there was no evidence of a difference between the groups' auditory comprehension skills, neither was there any indication of a difference between the groups on the AAT comprehension subtest ([Pulvermuller 2001](#)) ([Analysis 5.2](#)).

Receptive language: other

[Wertz 1981](#) used the PICA Gestural subtest to compare participants that had received group SLT and those that had received one-to-one SLT. Though the mean values were available to the review the SD values were unavailable. A SD value (25.67) was identified and imputed from [Wertz 1986](#) where the highest of three possible values in this trial from relevant clinical groups was chosen to facilitate inclusion of the study within the review. There was no evidence of a difference between the groups ([Analysis 5.3](#)).

(c) Expressive language

Expressive language: spoken

[Pulvermuller 2001](#) and [Wertz 1981](#) measured participants' expressive language skills using the naming subtest of the AAT, measures of word fluency, and the PICA verbal subtest. Using the AAT naming subtest [Pulvermuller 2001](#) found no evidence of a difference between the groups' expressive language skills. [Wertz 1981](#) used the verbal subtest of the PICA to measure participants' language comprehension skills. The mean scores of participants that received group SLT and those that received one-to-one SLT were available but SD data were not. A SD value (20.01) was identified and imputed from [Wertz 1986](#) where the highest of three possible values in this trial from relevant clinical groups was chosen to facilitate inclusion of the study within the review. There was no evidence of a difference between the groups ([Analysis 5.4](#)).

Expressive language: word fluency

Measures of word fluency were used by [Wertz 1981](#) to compare participants' word-finding skills. Mean values for the participants receiving group SLT and those receiving one-to-one SLT were reported but no SDs were available and so these data could not be included in this review.

Expressive language: repetition

Participants' repetition abilities were compared by [Pulvermuller 2001](#) using the AAT repetition subtest and no evidence of a difference between the groups was found ([Analysis 5.5](#)).

Expressive language: written

[Wertz 1981](#) used the Graphic subtest of the PICA to compare participants' written language skills. Mean values for those participants that received group SLT and those that received one-to-one SLT were reported but SDs were unavailable. As with the other PICA data from [Wertz 1981](#), a SD value (21.74) was identified and imputed from [Wertz 1986](#) where the highest of three possible values in this trial from relevant clinical groups was chosen to facilitate inclusion of the study within the review ([Analysis 5.6](#)). There was no evidence of a difference between the groups.

(d) Severity of impairment

Three trials measured the severity of participants' aphasia following one-to-one and group SLT interventions using the CRRCAE ([Yao 2005iii](#)), the PICA ([Wertz 1981](#)) and the AAT ([Pulvermuller 2001](#)). Summary data from [Yao 2005iii](#) and [Pulvermuller 2001](#) were available for inclusion within the meta-analysis. Though the mean values for [Wertz 1981](#) trial were available, the SD data were missing. We imputed a SD value (24.64) from [Wertz 1986](#) to facilitate inclusion of the data within the review. There was no evidence of a difference between the scores of participants that received group SLT and those that received one-to-one SLT on this measure ([Analysis 5.7](#)). On follow-up at three months the participants that had received group SLT performed significantly better on the CRRCAE than those that had received one-to-one SLT ($P < 0.0001$, MD 33.41, 95% CI 16.76 to 50.06) ([Analysis 5.8](#)).

(e) Number of dropouts

Information on the number of participants leaving during the trials were available for all three trials ([Pulvermuller 2001](#); [Wertz 1981](#); [Yao 2005iii](#)). Two trials experienced no dropouts ([Pulvermuller 2001](#); [Yao 2005iii](#)). In contrast, almost half of those randomised in [Wertz 1981](#) failed to remain in the study (33 dropouts) but there was no evidence of a difference in the numbers lost to each intervention ([Analysis 5.9](#)).

(f) Compliance with allocated intervention

Twenty-two participants in the [Wertz 1981](#) trial were reported to have returned home or declined to travel to receive the allocated treatment intervention (see [Table 2](#)) but further details on the exact number of participants declining the interventions or how these numbers are split across groups was unavailable.

6. Volunteer-facilitated SLT (SLT A) versus professional-facilitated SLT (SLT B)

Four trials compared participants that received volunteer-facilitated SLT and participants that received SLT provided directly by a professional therapist ([Leal 1993](#); [Meikle 1979](#); [Meinzer 2007](#); [Wertz 1986iii](#)). In most cases professional SLT was delivered by a speech and language therapist ([Leal 1993](#); [Meikle 1979](#); [Wertz 1986iii](#)) though delivery of the constraint-induced SLT intervention in [Meinzer 2007](#) was delivered by a specialist psychologist. We believed that this trial was suitable for inclusion in this comparison as it compared interventions delivered by a professional clinician with delivery facilitated by a trained volunteer.

Most volunteers were family members ([Leal 1993](#); [Meinzer 2007](#); [Wertz 1986iii](#)) although some trialists also engaged friends

([Wertz 1986iii](#)) or recruited volunteers unknown to the participants ([Meikle 1979](#); [Wertz 1986iii](#)). Volunteer groups across the trials all received SLT training, information on their patient's communication impairment, access to working materials or equipment, and ongoing support or supervision. Most studies indicated that the professional therapist was accountable for, or informed the design and content of, the volunteer-facilitated SLT ([Meikle 1979](#); [Meinzer 2007](#); [Wertz 1986iii](#)).

The professional therapists were based in a formal or clinical setting ([Leal 1993](#); [Meikle 1979](#); [Meinzer 2007](#); [Wertz 1986iii](#)). The duration of the professional SLT interventions varied from three hours daily for 10 consecutive days ([Meinzer 2007](#)) or up to three hours ([Leal 1993](#)), four hours ([Meikle 1979](#)) or 10 hours weekly for approximately three months ([Wertz 1986iii](#)), six months ([Leal 1993](#)) or an average of nine months (SD 22 weeks) ([Meikle 1979](#)). The duration of volunteer-facilitated SLT and professionally delivered SLT was the same for two trials ([Meinzer 2007](#); [Wertz 1986iii](#)). The volunteers in [Meikle 1979](#) visited participants four times weekly over a shorter period of time (average of five months (SD 13.5 weeks)) while the duration of the volunteer-facilitated SLT in [Leal 1993](#) is unclear. The four trials used a range of measures to compare volunteer-facilitated SLT with professional SLT delivery including (a) functional communication, (b) receptive language, (c) expressive language, (d) written language, (e) severity of impairment, (f) number of dropouts and (g) compliance with allocation. Psychosocial and economic measures were not compared.

(a) Functional communication

Only [Wertz 1986iii](#) formally measured the functional communication skills of the participants that received volunteer-facilitated SLT or professional SLT using the CADL and the FCP. There was no evidence of a difference between the groups ([Analysis 6.1](#)).

(b) Receptive language

Receptive language: auditory comprehension

Three trials evaluated participants' language comprehension abilities using the Token Test ([Leal 1993](#); [Meinzer 2007](#); [Wertz 1986iii](#)) but suitable statistical data were unavailable for [Leal 1993](#). [Meinzer 2007](#) and [Wertz 1986iii](#) used the Token Test to measure differences in the auditory comprehension of participants that received volunteer-facilitated SLT and those that received professional therapy input. There was no significant difference between the two groups' auditory comprehension ([Analysis 6.2](#)). The comprehension subtest of the AAT measures both auditory and reading comprehension and was used by [Meinzer 2007](#) to compare a group receiving volunteer-facilitated SLT or SLT delivered by experienced professionals. There was no evidence of a difference between the groups' comprehension on these measures ([Analysis 6.2](#)).

Receptive language: reading comprehension

[Wertz 1986iii](#) measured participants' reading comprehension using the RCBA. There was no evidence of a difference between the groups. Data from the AAT that [Meinzer 2007](#) used to measure both auditory and reading comprehension is also presented (but not pooled) in this section ([Analysis 6.3](#)).

Receptive language: other

[Wertz 1986iii](#) compared participants' receptive language skills using the PICA Gestural subtest. There was no evidence of a difference between the groups ([Analysis 6.4](#)).

(c) Expressive language

Expressive language: spoken

[Meinzer 2007](#) measured expressive language skills using the Naming subtest of the AAT while [Wertz 1986iii](#) used the PICA Verbal subtest to compare participants that received volunteer-facilitated SLT and those that received professional SLT. There was no evidence of a difference between the groups ([Analysis 6.5](#)).

Expressive language: repetition

The group that received the volunteer-facilitated SLT intervention in [Meinzer 2007](#) scored significantly higher on the Repetition subtest (AAT) than those that received SLT from a professional therapist ($P = 0.05$, MD 13.50, 95% CI 0.19 to 26.81) ([Analysis 6.6](#)).

Expressive language: written

The Written Language subtest of the AAT measures reading aloud and writing to dictation. [Meinzer 2007](#) compared the groups that received volunteer-facilitated SLT and those that received professionally delivered SLT using this measure. Similarly, [Wertz 1986iii](#) used the PICA Graphic subtest to compare the groups. They found no evidence of a difference ([Analysis 6.7](#)).

(d) Severity of impairment

Four trials compared the two groups using measures of overall severity of aphasia following either volunteer-facilitated SLT or professional SLT using the PICA ([Meikle 1979](#); [Wertz 1986iii](#)), an AQ ([Leal 1993](#)) and the AAT profile ([Meinzer 2007](#)). Summary data from the groups' performance was unavailable for [Leal 1993](#) preventing inclusion within the review. There was no evidence of a difference between the two groups following pooling of data from the PICA and AAT profile ([Analysis 6.8](#)).

(e) Number of dropouts

All four trials reported the number of participants that were lost to the trial following randomisation. Across three trials a total of 30 participants were lost from the groups that experienced volunteer-facilitated SLT while 22 participants were lost from the groups that received professional SLT interventions ([Leal 1993](#); [Meikle 1979](#); [Wertz 1986iii](#)). [Meinzer 2007](#) experienced no participant withdrawals. An additional participant that had received volunteer-facilitated SLT and two participants that had

received professional SLT were lost at follow-up ([Wertz 1986iii](#)). No participants were reported lost at follow-up from [Leal 1993](#). Overall, there was no evidence of a difference in the numbers of dropouts between the groups that received volunteer-facilitated SLT and those that had professionally delivered SLT ([Analysis 6.9](#)).

(f) Compliance with allocated intervention

Only two of the three trials provided details for participant withdrawals ([Leal 1993](#); [Meikle 1979](#)). Overall there was no difference between the groups. Five participants declined to continue participating in the volunteer-facilitated SLT groups while four declined in the professional SLT groups ([Analysis 6.10](#)).

7. Computer-facilitated SLT (SLT A) versus professional-facilitated SLT (SLT B)

One RCT evaluated the SLT delivered by a computer interface with SLT delivered by a professional therapist ([ORLA 2010](#)). All 25 participants received 24 one-hour sessions of an Oral Reading for Language in Aphasia (ORLA) treatment. The rate of delivery of therapy varied from one session per week up to four sessions per week for one participant with an overall mean of 12.26 weeks (range six to 22 weeks). There was no significant difference in the number of treatment weeks between the groups. All participants had aphasia for at least 12 months. The trial compared computer-facilitated SLT with professional SLT delivery across a range of measures including (a) functional communication, (b) receptive language, (c) expressive language, (d) severity of impairment and (f) number of dropouts. Psychosocial and economic measures were not captured.

(a) Functional communication

[ORLA 2010](#) reported two measures of discourse efficiency on picture description and narrative discourse tasks - words per minute and content information units per minute ([Nicholas 1995](#)). There was no indication of a difference between the two groups discourse efficiency on connected speech samples ([Analysis 7.1](#)).

(b) Receptive language

Participants' reading comprehension was compared using the WAB Reading Comprehension subtest. There was no indication of a difference between the reading skills of participants that had followed a computer-facilitated SLT intervention with those that had followed a professional therapist-facilitated SLT intervention ([Analysis 7.2](#)).

(c) Expressive language

The expressive language skills of the two groups were compared using the WAB Writing subtest. There was no evidence of a difference between the two groups ([Analysis 7.3](#)).

(d) Severity of impairment

The WABAQ demonstrated no significant difference between the participants that had followed the ORLA SLT via a computer interface and those that had accessed it via a professional therapist ([Analysis 7.4](#)).

(f) Number of dropouts

No participants randomised to the [ORLA 2010](#) were lost during the study.

8. Semantic SLT (SLT A) versus phonological SLT (SLT B)

[RATS](#) randomised 58 participants to receive either semantic SLT or phonological SLT. The semantic SLT approach focused on improving semantic processing by employing semantic decision tasks at word, sentence and text level while the phonological SLT approach focused on sound structure by targeting phonological input and output. Between-group comparisons were made on the basis of (a) functional communication, (b) receptive language, (c) expressive language, (d) number of dropouts and (e) compliance with allocated intervention. The psychosocial impact, severity of impairment and economic outcomes were not measured.

(a) Functional communication

[RATS](#) used the ANELT-A to compare groups that received semantic SLT to those that received phonological SLT. There was no evidence of a difference between the two groups' functional communication skills ([Analysis 8.1](#)).

(b) Receptive language

Receptive language: auditory comprehension

Participants' auditory comprehension skills were measured by [RATS](#) using the Semantic Association Test (SAT) and the Auditory Lexical Decision subtests of the PALPA. Using change-from-baseline values there was no evidence of a difference between the groups on the SAT but the group that received the phonological SLT improved significantly more on the Auditory Lexical Decision subtest than those that received semantic SLT ($P = 0.01$, MD -3.50, 95% CI -6.23 to -0.77) ([Analysis 8.2](#)).

Receptive language: reading

[RATS](#) also measured the two groups' synonym judgements using a subtest of the PALPA. This test required both synonym judgement and reading comprehension abilities. There was no evidence of a difference between the groups ([Analysis 8.3](#)).

(c) Expressive language: repetition

The only measure of expressive skill used by [RATS](#) was that of the PALPA Non-Word Repetition subtest. There was no evidence of a difference between the two groups ([Analysis 8.4](#)).

(d) Number of dropouts

[RATS](#) reported the loss from follow-up of a total of 12 participants. Equal numbers were lost from both the semantic SLT and the phonological SLT groups ([Analysis 8.5](#)).

(e) Compliance with allocated intervention

Reasons for the loss of 12 participants from the treatment phase were given by [RATS](#). Within the semantic SLT group four participants received less than 40 hours of the planned treatment intervention while in the phonological SLT group two participants received less than 40 hours of treatment and two participants declined to complete the final assessment. There was no evidence of a difference between the groups.

9. Cognitive-linguistic SLT (SLT A) versus communicative SLT (SLT B)

[RATS-2](#) randomised 80 participants to receive a cognitive-linguistic approach to SLT (SLT A) or a communicative approach to SLT. The cognitive-linguistic SLT approach focused on improving linguistic aspects of language impairment by employing semantic, phonological or syntax tasks while the communicative therapy focused on improving information exchange using compensation strategies and residual language skills. Between-group comparisons were made on the basis of (a) functional communication, (b) receptive language, (c) expressive language, (d) number of dropouts and (e) compliance with allocated intervention. The psychosocial impact, severity of impairment and economic outcomes were not measured.

(a) Functional communication

The ANELT-A was used to compare participants that received cognitive-linguistic SLT to those that received communicative SLT. There was no evidence of a difference between the two groups' functional communication skills at the end of treatment ([Analysis 9.1](#)).

(b) Receptive language

The participants' receptive language skills were compared on the Token Test, the SAT, the PALPA Semantic Association and the Auditory Lexical Decision subtests. There was no evidence of a difference between the groups on any of these measures ([Analysis 9.2](#)).

(c) Expressive language

[RATS-2](#) compared the word fluency (letters and semantic) and repetition skills of participants that had received a cognitive-linguistic SLT intervention and those that had received a communicative SLT intervention. There was no evidence of a significant difference between the groups on either of these measures ([Analysis 9.3](#); [Analysis 9.4](#)).

(d) Number of dropouts

A total of 10 individuals dropped out from the trial with fewer participants lost from the cognitive-linguistic SLT group (four participants) than the communicative SLT group (six participants). There was no significant difference between the numbers lost from each group ([Analysis 9.5](#)).

(e) Compliance with allocated intervention

Five individuals across the trial declined to continue therapy and all had been allocated to the communicative SLT group. One participant's therapist refused to provide the allocated cognitive-linguistic SLT intervention. This difference did not reach a level of statistical significance ([Analysis 9.6](#)).

10. Verb comprehension SLT (SLT A) versus preposition comprehension SLT (SLT B)

[Crerar 1996](#) compared a computer-mediated verb comprehension SLT with a computer-mediated preposition comprehension SLT. The trial was a cross-over design and only data collected prior to the point of cross-over have been included in the review. The participant group included people with acquired language impairment as a result of other neurological causes and some participants in the main trial were not truly randomly allocated to an intervention, undergoing a quasi-random allocation as a result of their language impairment profile, transport situation or geographical location. Only the data from participants with aphasia as a result of stroke that underwent an adequate randomisation procedure were extracted and included in the review. The comparisons between the group that received verb comprehension therapy (n = 3) and those that received preposition comprehension therapy (n = 5) were made on measures of (a) receptive language, (b) expressive language, (c) severity of impairment and (d) number of dropouts. Functional outcomes, psychosocial impact, severity of impairment and economic outcomes were not measured.

(a) Receptive language

Participants' receptive language skills were compared using the WAB Auditory Comprehension subtest and a range of reading comprehension tests based on treated and untreated verb and preposition items. There was no evidence of a significant difference between those individuals that had undergone verb comprehension SLT and those that had undergone preposition SLT on any of these measures ([Analysis 10.1](#); [Analysis 10.2](#)).

(b) Expressive language

The expressive language skills of participants were compared using the WAB Naming, Fluency and Repetition subtests. There was no evidence of a difference between the two groups' naming or fluency skills as measured on these subtests ([Analysis 10.3](#)).

(c) Severity of impairment

[Crerar 1996](#) used the WABAQ to compare participants overall aphasia severity following verb or preposition comprehension therapy. There was no evidence of a significant difference between the two groups on this measure ([Analysis 10.4](#)).

(d) Number of dropouts

No randomised participants were reported to have dropped out from [Crerar 1996](#).

11. Functional SLT (SLT A) versus conventional SLT (SLT B)

The randomised comparisons of a functional SLT intervention with a conventional SLT intervention are presented separately within the data and analysis tables ([Analysis 11.1](#) to [Analysis 11.4](#)) for information purposes.

12. Constraint-induced language therapy (SLT A) versus conventional SLT (SLT B)

The randomised comparisons of a constraint-induced language therapy SLT intervention with a conventional SLT intervention are presented separately within the data analysis tables ([Analysis 12.1](#) to [Analysis 12.4](#)) for information purposes.

13. Operant training SLT (SLT A) versus conventional SLT (SLT B)

The randomised comparisons taken from the cross-over trials which compared an operant training SLT intervention with a conventional SLT intervention plus an attention control are presented separately within the data and analysis tables ([Analysis 13.1](#) to [Analysis 13.5](#)) for information purposes.

Summary of results

1. SLT versus no SLT (19 trials)

- Functional communication: 11 trials (data from eight) five measures; functional communication favours SLT ($P = 0.008$).
- Receptive language: eight trials (data from eight); eight measures; reading comprehension favours SLT ($P = 0.05$); PICA gestural subtest favours SLT ($P = 0.02$).
- Expressive language: eight trials (data from eight) eleven measures; expressive language general subtest favours SLT ($P = 0.02$); expressive language written subtest favours SLT ($P = 0.002$).
- Severity of impairment: 15 trials (data from 11) eight measures; no evidence of a difference.
- Psychosocial impact: five trials (data from one); six measures; no evidence of a difference.
- Dropouts: 19 trials (data from 19); no evidence of a difference.
- Compliance: 11 trials (data from three); no evidence of a difference.
- Economic outcomes: one trial (no data).

2. SLT versus social support and stimulation (seven trials)

- Functional communication: three trials (data from two); four measures; no evidence of a difference.
- Receptive language: four trials (data from two); five measures; PICA subtest favours social support and stimulation group ($P = 0.04$); no other evidence of a difference.
- Expressive language: three trials (data from two); six measures; ONT and Word Fluency favours social support and stimulation group ($P = 0.003$ and $P < 0.0001$); CHSPT (treated items) favours SLT ($P = 0.01$); PICA Verbal and Graphic subtests favour social support and stimulation group ($P = 0.0007$ and $P = 0.01$).
- Severity: four trials (data from one); two measures; PICA favours social support and stimulation group ($P = 0.005$).
- Psychosocial impact: two trials (data from one); no evidence of a difference.
- Dropouts: seven trials (data from six); dropouts favour SLT ($P = 0.007$).
- Compliance: five trials (data from five); dropouts favour SLT ($P < 0.00001$).
- Economic outcomes: not measured.

3. SLT A versus SLT B (25 trials)

Experimental SLT versus conventional SLT (11 trials)

- Functional communication: four trials (data from three); six measures; telephone ordering favours functional SLT; no other evidence of a difference.
- Receptive language: seven trials (data from five); 12 measures; no evidence of a difference.
- Expressive language: 10 trials (data from nine); 16 measures; word fluency favours conventional SLT ($P = 0.005$); no other evidence of a difference.
- Severity of impairment: six trials (data from five); three measures; no evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: 11 trials (data from 9); no evidence of a difference.
- Compliance: one trial (data from one); no evidence of a difference.
- Economic outcomes: not measured.

Intensive versus conventional SLT (six trials)

- Functional communication: one trial (data from one) two measures; favours intensive SLT ($P = 0.01$ and $P = 0.04$).
- Receptive language: two trials (data from two); two measures; no evidence of a difference.
- Expressive language: two trials (data from two); three measures; written language favours intensive SLT ($P = 0.01$); no other evidence of a difference.
- Severity of impairment: six trials (data from five); three measures; favours intensive SLT ($P = 0.03$) and at six-month follow-up ($P = 0.04$).
- Psychosocial impact: one trial (no data).
- Dropouts: six trials (data from six); favours less intensive SLT ($P = 0.03$).
- Compliance: two trials (data from two); no evidence of a difference.
- Economic outcomes: not measured.

Group SLT versus conventional SLT (three trials)

- Functional communication: two trials (no data); four measures; no evidence of a difference.
- Receptive language: two trials (data from two); three measures; no evidence of a difference.
- Expressive language: two trials (data from two); five measures; no evidence of a difference.
- Severity of impairment: three trials (data from three); three measures; CRRCAE favoured group SLT at three-month follow-up ($P < 0.0001$); no other evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: three trials (data from three); no evidence of a difference.
- Compliance: one trial (no data).
- Economic outcomes: not measured.

Volunteer-facilitated SLT versus professional SLT (four trials)

- Functional communication: one trial (data from one); two measures; no evidence of a difference.
- Receptive language: three trials (data from two); four measures; no evidence of a difference.
- Expressive language: two trials (data from two); five measures; AAT Repetition subtest favoured volunteer-facilitated SLT ($P = 0.05$); no other evidence of a difference.
- Severity of impairment: four trials (data from three); three measures; no evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: four trials (data from four); no evidence of a difference.
- Compliance: three trials (data from two); no evidence of a difference.
- Economic outcomes: not measured.

Computer-mediated SLT versus professional SLT (one trial)

- Functional communication: one trial (data from one); two measures; no evidence of a difference.
- Receptive language: one trial (data from one); one measure; no evidence of a difference.
- Expressive language: one trial (data from one); one measure; no evidence of a difference.
- Severity of impairment: one trial (data from one); one measure; no evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: one trial (data from one); no evidence of a difference.
- Compliance: no evidence of a difference.
- Economic outcomes: not measured.

Semantic SLT versus phonological SLT (one trial)

- Functional communication: one trial (data from one); one measure; no evidence of a difference.
- Receptive language: one trial (data from one); three measures; Auditory Lexical Decision favoured phonological SLT ($P = 0.01$); no other evidence of a difference.
- Expressive language: one trial (data from one); one measure; no evidence of a difference.
- Severity of impairment: not measured.
- Psychosocial impact: not measured.
- Dropouts: one trial (data from one); no evidence of a difference.
- Compliance: one trial (data from one); no evidence of a difference.
- Economic outcomes: not measured.

Cognitive-linguistic SLT versus communicative SLT (one trial)

- Functional communication: one trial (data from one); one measure; no evidence of a difference.
- Receptive language: one trial (data from one); four measures; no evidence of a difference.
- Expressive language: one trial (data from one); three measures; no evidence of a difference.
- Severity of impairment: not measured.
- Psychosocial impact: not measured.
- Dropouts: one trial (data from one); no evidence of a difference.
- Compliance: one trial (data from one); no evidence of a difference.
- Economic outcomes: not measured.

Verb comprehension SLT versus preposition comprehension SLT (one trial)

- Functional communication: not measured
- Receptive language: one trial (data from one); 10 measures; no evidence of a difference.
- Expressive language: one trial (data from one); three measures; no evidence of a difference.
- Severity of impairment: one trial (data from one); one measure; no evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: one trial (no dropouts); no evidence of a difference.
- Compliance: one trial (no dropouts); no evidence of a difference.
- Economic outcomes: not measured.

Functional SLT versus conventional SLT (one trial)

- Functional communication: one trial (data from one); six measures; CADL change-from-baseline favours conventional SLT ($P = 0.001$); Telephone Ordering Task (with and without concurrent task) favours functional SLT ($P = 0.0001$ and $P = 0.03$).
- Receptive language: not measured.
- Expressive language: one trial (data from one); two measures; no evidence of a difference.

- Severity of impairment: not measured.
- Psychosocial impact: not measured.
- Dropouts: one trial (data from one); no dropouts.
- Compliance: not applicable.
- Economic outcomes: not measured.

Constraint-induced language therapy (SLT A) versus conventional SLT (one trial)

- Functional communication: not measured
- Receptive language: one trial (data from one); two measures; no evidence of a difference.
- Expressive language: one trial (data from one); two measures; no evidence of a difference.
- Severity of impairment: one trial (data from one); one measure; no evidence of a difference.
- Psychosocial impact: not measured.
- Dropouts: one trial (data from one); no dropouts.
- Compliance: one trial (no data).
- Economic outcomes: not measured

Operant training versus conventional SLT (three trials)

- Functional communication: not measured
- Receptive language: three trials (data from three); four measures; no evidence of a difference.
- Expressive language: three trials (data from three); five measures; word fluency and PICA Graphic subtest favours conventional SLT ($P = 0.02$ and $P = 0.05$); no other evidence of a difference.
- Severity of impairment: three trials (data from three); one measure; favours conventional SLT ($P = 0.05$).
- Psychosocial impact: not measured.
- Dropouts: two trials (no data).
- Compliance: two trials (no data).
- Economic outcomes: not measured.

Discussion

We updated this complex review of the effectiveness of SLT interventions for people with aphasia following stroke to reflect new evidence and developments in clinical practice. We assessed whether (1) SLT is more effective than no SLT, (2) SLT is more effective than social support and stimulation and (3) one SLT intervention is more effective than another. The data from nine additional trials were identified, synthesised and presented together with data from 30 trials included in the 2010 review.

Summary of main results

SLT versus no SLT

A total of 2518 participants were randomised across 51 randomised comparisons. Nineteen compared participants who received SLT with those who did not. Significant differences between the groups' scores were evident in measures of functional communication, receptive language and expressive language, all of which favoured the provision of SLT. However, significant differences were not evident across all measures, sample sizes remain small and there is some indication of one or two trials' highly significant findings impacting upon the meta-analyses.

We observed notable statistical heterogeneity among some of the SLT versus no SLT comparisons (e.g. expressive language: general $I^2 = 76\%$ and the severity of impairment comparison $I^2 = 93\%$). In addition, we also noted measures based on either the Aphasia Battery of Chinese or the Chinese Aphasia Measurement tools fell out with the associated funnel plots' 95% CI. While we might expect that a proportion (5%) of the results would be observed in this manner by chance, the frequency of the observation is above what we might expect to occur by chance alone.

There are a number of possible explanations for these observations and the *Cochrane Handbook for Systematic Reviews of Interventions* suggests consideration of several possible sources of heterogeneity and such asymmetry in funnel plots including selection bias, poor methodological quality, true heterogeneity, artefact or chance ([Higgins 2011](#)). [Zhang 2007i](#), [Zhang 2007ii](#) and [Zhao 2000](#) are based in China where SLT interventions are delivered by doctors and nurses rather than by professional therapists as might be observed within the other trials in this meta-analysis. Other aspects of stroke care may also have differed. We also have limited information on the study populations included within these trials, particularly from the [Zhao 2000](#) trial, which does not report time post onset, patient demographics or aphasia severity. Information on the methodological design is also very limited particularly in relation to the randomisation, concealment of allocation and blinding of outcome assessors.

Abstracts of these Chinese trials were published in English, which may have required the contribution of professional translators unfamiliar with some of the technical specifications of methodological terms used in health services research. Within the articles it is simply reported that the participants within these trials were randomised to the different interventions and thus they were eligible for inclusion within this review. Our attempts to access trial details similarly required translation of the trial reports, which may also have introduced some discrepancies between the original meaning of the trialists and our translations. The exact nature of the randomisation processes is unclear and if we look at the sample sizes of the groups within [Zhao 2000](#) there is considerable imbalance between the numbers that received SLT (98 participants) and those that did not (40 participants), which raises further questions regarding the randomisation process employed within this particular study.

Some of the tools (and subtests of these tools) used within these trials (such as the Aphasia Battery of Chinese or the

Chinese Aphasia Measurement) are unknown to us. Our pooling of data relating to 'verbal presentation' may not exactly capture the same aspects of verbal expression as other tools within our meta-analysis. Similarly issues relating to the tools' validity and reliability are unclear.

Despite our best efforts we have failed to communicate with the [Zhang 2007i](#), [Zhang 2007ii](#) or [Zhao 2000](#) trialists to confirm or obtain clarification on any of these issues. In the meantime the reader should be mindful of the inconsistencies observed within our meta-analyses when interpreting the findings from this section of the review. We look forward to the availability of some of the currently ongoing trials in the future, which will further inform this comparison.

SLT versus social support

Seven trials compared groups who received SLT with groups who received social support and stimulation. Though several significant differences were observed in the performance of the groups on various measures of language performance, which favoured the group that received social support over those that received SLT, most of these findings were derived from one small trial of 18 participants ([Lincoln 1982iii](#)). The more recent large, rigorously conducted ACTNoW trial found no evidence of a significant difference between the functional language skills of the two groups ([ACTNoW 2011](#)). Additional data are required to confirm whether social support and stimulation provides benefits to some aspects of participants' language skills and on measures of severity of aphasia impairment. Other significant differences observed and informed by five of the seven trials in this comparison are also important to note. We found that significantly more participants allocated to social support and stimulation interventions dropped out or did not adhere to the intervention when compared with the participants allocated to SLT interventions. While social support and stimulation may be beneficial to some aspects of participants' language performance we need additional evidence to support this. Where social support and stimulation interventions are being delivered clear explanation of the nature and purpose of the support should be provided to individuals to reduce any dissatisfaction that might be experienced and which may have resulted in the significantly higher dropout rates observed.

SLT A versus SLT B

Twenty-five trials compared two different types of SLT. In general, comparisons were based on a small number of trials involving few participants (typically less than 20) and we observed few differences between approaches. Additional data are required to further inform these comparisons. The effectiveness of popular SLT approaches such as functional SLT or constraint-induced language therapy were informed by few trials and did not demonstrate clear evidence of the effectiveness of these approaches over conventional SLT approaches. Some of the data from these trials were unavailable to this review and so could not be included in the meta-analyses and while we hope that this may become available in the future we also look forward to the availability of additional trials currently ongoing which will further inform these comparisons.

In contrast, high-intensity SLT was compared with low-intensity SLT by six trials. There was some indication of benefits to participants' functional and written language skills though these findings derived from one trial. Based on pooled data from five different trials improvements in severity of aphasia were also observed following high-intensity SLT; however, the number of participants dropping out from the high-intensity SLT groups was significantly higher than in the low-intensity SLT groups confounding the results and suggesting that high-intensity approaches to therapy (seven to 20 hours per week) may not be suited to all patients.

We observed little evidence of any difference between group SLT and one-to-one SLT or between computer-facilitated SLT versus professional SLT though both of these comparisons were based on very limited data. Differences in the data from participants that received volunteer-facilitated SLT and those that received professional SLT were also limited. This is unsurprising as the volunteers providing the SLT interventions were trained by the professional therapists, had been given access to the relevant therapy materials and the plan for therapeutic interventions was developed by (or under the direction of) the professional therapist.

Overall completeness and applicability of evidence

We identified a substantial number of trials of relevance to our review question and most were eligible for inclusion within the review. Across the included trials there was a lack of comprehensive data collection, a wide range of outcome tools employed and disappointingly inadequate reporting of outcome measures.

Within the review, just over half of the trials described measuring receptive ($n = 28$) and expressive language skills ($n = 28$) but not all reported suitable data in a published format that permitted inclusion within this review. Thanks to several trialists' generous contributions of unpublished data we were able to include approximately 86% and 93% of the receptive measures fully ($n = 24$) and expressive measures ($n = 26$) within the review. The severity of participants' aphasia impairment was evaluated by 36 trials but unfortunately we were only able to include suitable data from 26 trials. Similarly, while two trials reported measuring economic outcomes, only data from one were available. Few trials measured participants' functional and psychosocial outcomes, measures that are probably most closely aligned to the patients' sense of recovery and return to 'normal'. From the total of 51 randomised comparisons, less than half ($n = 23$) described measuring changes in functional communication and of these only 17 reported data that could be included within the review. Even fewer trials measured psychosocial outcomes ($n = 6$) and only two reported data suitable for inclusion within the review. It is of note that of the additional trial data available since the last update of this review, we were able to access suitable data for all of the measures of relevance to this review.

The degree to which the models of conventional SLT employed within the trials are reflective of therapists' current practice should be carefully considered across individual treatments in terms of the frequency, duration and the extent of therapeutic intervention. Participants came from across a wide age range and were experiencing a range of aphasia impairments. However, the length of time since participants' stroke raises questions of how clinically relevant some recruitment parameters were to a SLT clinical population.

A quarter of the included trials ($n = 13$) recruited participants within the first few weeks following their stroke (a participant group of high clinical relevance) of which two recruited participants just days after their stroke. Most recruited participants more than one month (in some cases many years) following their stroke ($n = 30$). Recruitment procedures involving participants up to 28 years after the onset of their aphasia are of limited application to either a clinical or treatment evaluation setting and raise the question of whether such inclusion criteria is likely to demonstrate effectiveness of a given SLT intervention. However, it is encouraging to note that of the newly completed trials included in this review update, eight recruited participants in the first weeks after their stroke.

Quality of the evidence

This update adds a significant amount of data and so, together with newly improved systematic review methodologies, we are in a better position to draw conclusions regarding the effectiveness of SLT for aphasia following stroke. This review included a total of 51 randomised comparisons involving data from 2518 individual patients.

Methods of random sequence generation and concealment of allocation were considered adequate in 18 and 10 trials, respectively ([Figure 5](#) and [Figure 6](#)). The randomisation methodology for all the remaining trials had been inadequately described and so it was not possible to judge the quality of randomisation. Similarly, information on allocation concealment for all but six trials was unreported. The lack of description and detail does not necessarily mean inadequate procedures were in place but rather a lack of reporting of this detail ([Soares 2004](#)). The prevalence of good methodology in relation to blinding of outcome assessors supports this interpretation. Blinding of the outcome assessors was more widely reported with more than half of the trials within the review ($n = 27$) describing adequate blinding procedures. Only eight were considered to have inadequately blinded assessors while 16 provided too little detail to make a judgement.

Almost 60% of the trials in this review ($n = 30$) were published before the CONSORT statement (Consolidated Standards of Reporting Trials) ([Altman 2001](#); [Moher 2001](#)). Disappointingly, of the 16 trials published since 2005 (and after the implementation of the CONSORT statement) only six reported the method of generating the randomisation sequence and the methods of concealing allocation. Of the 10 that failed to adhere to the CONSORT statement six were published in Chinese medicine or nursing journals. Of the trials reporting in 2011 ([ACTNoW 2011](#); [Laska 2011](#); [RATS-2](#); [VERSE 2011](#)) all reported adequate methods of randomisation and concealment of allocation and thus there is some indication of improvements in the quality of the trial methodologies employed or of their reporting emerging.

Five trials reported an a priori power size calculation ([ACTNoW 2011](#); [Doesborgh 2004](#); [Laska 2011](#); [RATS](#); [RATS-2](#)), which is reflected in the small numbers of randomised participants across the trials included in the review: four randomised 10 or fewer participants; 26 randomised up to 50 participants; 15 randomised between 50 and 100 participants; four randomised over 100 participants and only two over 200 individuals. The randomisation of such small numbers of participants reduces the power of the statistical analyses, raises questions of the reliability of findings and (given the complexity of various aphasia impairments) causes difficulties in ensuring the comparability of the groups at baseline. Nine of the included trials had groups that significantly differed at baseline and group comparability was unclear for another eight.

Despite these reporting and methodological limitations we have synthesised a large number of trials that address the effectiveness of SLT for aphasia following stroke across a number of outcome measures. Across these measures there is some emerging indication of the effectiveness of SLT for people with aphasia. While the consistency in the direction of results observed in the previous version of this review remains following the inclusion of additional trial data, most of the significant differences between pooled data from patients that received SLT and those that did not are reliant upon a single three-armed trial ([Zhang 2007i](#); [Zhang 2007ii](#)). Extreme caution is required in interpreting this evidence as the randomisation procedure, concealment of allocation, blinding and even details of the SLT intervention evaluated (contents, duration, frequency, intensity) are unclear.

With at least 15 additional trials of relevance to this review currently ongoing or about to report, the picture based on the current evidence for SLT for aphasia following stroke will develop further over time. We can be hopeful that with the availability of additional data the evidence will become more conclusive in relation to the effectiveness of SLT, social support and different approaches to SLT provision.

Twenty of the 51 trials in this review included all randomised participants in their final analyses. The remaining 26 trials lost participants during the treatment or follow-up phases but only four employed an ITT analysis. All four were published from 2011 onwards. In some cases large proportions of participants withdrew from some interventions and in some this appeared to be linked to the intervention itself, with significantly more participants withdrawing from both intensive SLT and social support interventions than from SLT interventions. There was a similar suggestion (and a consistency in direction) of less adherence to social support interventions or intensive SLTs though the latter did not reach significance. Unfortunately few trials gave detailed reasons for withdrawals and so it was not possible to explore these findings further.

Potential biases in the review process

Within this review we refined the original search strategy and conducted a comprehensive search for high-quality trials that evaluated the effectiveness of SLT for aphasia following stroke. While we are confident we have identified most published trials of relevance to the review it is possible, despite our efforts, that we may be unaware of additional unpublished work. Our search strategy and study selection criteria were agreed in advance and applied to all identified trials. Our data extraction processes were completed independently and then compared. Whenever possible we extracted all relevant data and sought missing data directly from the trialists for inclusion within the review. We considered it appropriate to include cross-over data within our review given the nature of the comparisons, the points at which the data were extracted and, in some cases, the availability of individual patient data.

This review has been informed by the availability of individual patient data ($n = 305$). In three trials the individual data were presented within the associated publications, while for the remaining nine trials we are very grateful to the trialists for the unpublished data thus allowing inclusion within the review. In addition, other trialists generously contributed the relevant summary values thus permitting (for the first time) the full inclusion of important trials from this field (e.g. [Wertz 1986i](#); [Wertz 1986ii](#); [Wertz 1986iii](#)) within a systematic review. However, there still remain a number of other relevant trials that could not be fully included.

Agreements and disagreements with other studies or reviews

One of the first reviews in this area was [Robey 1994](#) who reviewed 21 published studies (restricted to English language but not to RCTs). They identified at least 19 more studies that they were unable to include because of the manner in which the data had been reported. They concluded that the provision of SLT in the acute stages of aphasia following stroke was twice as effective as natural recovery patterns. Therapy started after that acute period had less of an impact but was still evident. They called for better reporting of data and the use of large sample sizes. This team later updated this review ([Robey 1998a](#)), employing the same methodologies and included 55 studies looking specifically at the amount and type of SLT intervention and the impact of the severity and type of aphasia. Again, they concluded that SLT was effective, particularly SLT in the acute stages following stroke and if two or more hours of therapy were provided each week. However, they again did not have access to all the relevant data and some key trials, such as [Wertz 1986](#), were excluded.

[Bhogal 2003](#) reviewed 10 English language publications of controlled trials from a MEDLINE search (1975 to 2002) and associated references. They found that intensive SLT delivered significant treatment effects (when at least nine hours per week were delivered) and that studies that failed to demonstrate a treatment effect had only provided about two hours of SLT per week. The total duration of SLT provision was also negatively correlated with language outcomes. [Cherney 2008](#) also reviewed 10 English language publications (1990 to 2006; 15 electronic databases; not all RCTs) and found modest evidence for intensive SLT and benefits of constraint-induced language therapy.

In contrast, [Moss 2006](#) reviewed 23 single patient reports involving the provision by a therapist on a one-to-one basis of SLT that targeted spoken output or auditory comprehension in 57 participants identified following a systematic search (1985 to 2003) of published or indexed work. They concluded that time since stroke (and aphasia onset) is not linked to the response to SLT though they indicate (based on their data) that response to SLT may decline eight years after stroke. However, the highly selected nature of participants in published single cases studies means that reviews based on such a population group are of questionable applicability to a general clinical population. Individuals (and their carers) within such reports are likely to be highly motivated, educated, dedicated and reliable therapy participants ([Moss 2006](#)).

Authors' conclusions

Implications for practice

The evidence within this review shows some indication of the benefits of SLT for people with aphasia following stroke in relation to functional communication, reading, comprehension, expressive language and writing. While there is an overall consistency in the nature of the findings across all trials included in these analyses most of the significant findings were dependent on the findings of a single trial where there was very limited information on the nature of the SLT intervention and the quality of the research undertaken. Thus we must exercise extreme caution in interpreting these results. It is also of note that the SLT provided in the trials could be considered to be at a high level of intensity over variable periods of time.

Based on a much smaller number of trials we also observed some indication of the benefits of intensive approaches to SLT in relation to functional communication, writing and severity of impairment. The intensity of the interventions varied as did the duration of therapy input but such highly intensive approaches to SLT may not have suited all participants as significantly more participants in the intensive groups dropped out from these trials than from the non-intensive groups.

Similarly, though one very small trial indicated that social support and stimulation may be beneficial to patients' language skills the findings are confounded by a significantly higher dropout from social support interventions than from SLT interventions.

There was insufficient evidence within this review to establish the effectiveness of other SLT approaches over one another with little indication of a difference between group SLT versus one-to-one SLT and computer-mediated SLT versus therapist-delivered SLT. Similarly, there was little indication of a difference in the effectiveness of SLT facilitated by a trained volunteer from SLT delivered by a therapist. This is probably unsurprising as the volunteers in these trials received specialist training, had access to therapy materials and in many cases were delivering therapy interventions designed and overseen by a professional therapist. This is a model of treatment often used in therapy in the UK.

Implications for research

A research implication arising from this review includes the need to update the findings of this review once the results of the ongoing trials become available. We also recognise that we need to continue to build upon and improve the quality of SLT trials conducted. Some of the limitations of our review findings reflect limitations in the reporting or availability of suitable data for inclusion within the review. Researchers, funders, reviewers and editors should be encouraged to publish findings from recently completed and future trials. The recommendations of the CONSORT statement ([Altman 2001](#); [Moher 2001](#)) should be adhered to, thus ensuring the quality of the trial is fully demonstrated. Similarly, trialists should provide full descriptions of the relevant statistical summary data (means and SDs of final value scores) thus allowing inclusion of their data within relevant meta-analyses. A priori sample size calculations should be employed thus ensuring SLT trials are adequately powered to demonstrate differences. The challenge for SLT researchers and clinicians will be to design, develop, conduct and support larger trials. It is essential for the success of these trials that the work is undertaken in a collaborative manner

between patients, clinicians and researchers. Standardised outcome measures should be employed to evaluate the impact of SLT on participants' functional communication, expressive and receptive language skills and the severity of their aphasia.

Future work might consider the more detailed examination of the effectiveness of SLT in relation to specific subgroups of patients differing in aphasia profile, the length of time since their stroke and other factors. It is possible that some SLT approaches may be more effective for some patient groups (and aphasia profiles) than others. We saw some indication within the review of the effectiveness of high-intensity SLT approaches when compared to low-intensity SLT. We need more data on other approaches to SLT (including volunteer-facilitated SLT, computer-mediated SLT, group SLT and functional SLT approaches) before we can be confident about drawing conclusions in relation to the effectiveness of these particular approaches. Thus, our overall aim should be to establish what is the optimum approach, frequency, duration of allocation and format of SLT provision for specific patient groups.

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Contributions of authors

MB designed the review, conducted the search, screened and retrieved references for inclusion and exclusion criteria, contacted relevant authors, obtained translations for non-English publications, obtained unpublished data, extracted data from included trials, evaluated methodological quality, entered and analysed the data, interpreted the findings and wrote the review.

HK conducted an early version of the search (1999 to 2009) and screened and retrieved references for inclusion and exclusion criteria, contacted relevant authors and academic institutions, obtained translations for non-English publications, obtained unpublished data, extracted data from included trials, evaluated methodological quality, entered and analysed data, interpreted the findings and contributed to the writing of the review.

JG provided statistical support for data extraction and analysis and commented on review drafts.

PE co-authored the original review, contributed to the evaluation of the methodological quality and interpretation of certain studies and commented on the updated review.

Declarations of interest

Marian Brady is a speech and language therapist, member of the Royal College of Speech and Language Therapists, and is registered with the Health Professions Council, UK.

Helen Kelly is a speech and language therapist and member of the Royal College of Speech and Language Therapists.

Pam Enderby has been involved in two studies included in this review. She did not contribute to the assessment or interpretation of either of these studies.

Differences between protocol and review

Published notes

Characteristics of studies

Characteristics of included studies

ACTNoW 2011

Methods	Parallel group RCT stratified by severity of communication impairment and recruiting site
Participants	<p>Inclusion criteria: communication impairment as a result of aphasia, therapist considers able to engage in therapy and likely to benefit, consent</p> <p>Exclusion criteria: subarachnoid haemorrhage, dementia, learning disabilities, non-English speaker, serious co-morbidity, unable to complete screening procedure within 3 attempts or 2 weeks, family or carer objection, therapist assessment required prior to trial screening</p> <p>Group 1: 76 participants</p> <p>Group 2: 77 participants</p>
Interventions	<p>1. SLT: up to 3 sessions per week for maximum of 16 weeks</p> <p>2. Social support and stimulation: similar level of contact with a 'visitor' (paid part-time staff) trained to deliver a manualised attention control</p> <p>SLT: direct remediation of speech and language, promoting alternative means of communication, support adjustment to communication impairment, improving communication environment and may include assessment, information provision, communication materials, carer contact, information on communication abilities shared with multidisciplinary team, 1-to-1 contact addressing impairment (hypothesis driven approach to rehabilitation of language skills), activity (compensatory strategies and conversational skills training) and participation (specific exercises) approaches</p> <p>Social support and stimulation: maximum of 60 minutes, participant-led but consisting of building rapport followed by sessions with general conversation and activities (reading to the participant, watching television, playing board games (e.g. chess), creative activities, gardening) followed by some sessions that prepared the participants for cessation of the visits at study end</p>
Outcomes	<p>Primary outcome: functional communication; expert blinded therapist rating of semi-structured conversation using TOMs</p> <p>Secondary outcome: participant and carers' own perception of functional communication and quality of life</p> <p>Costs of communication therapy compared to that of attention control</p>
Notes	<p>Additional participants with dysarthria (no aphasia) were also randomised to the 2 interventions but data from these individuals have not been included within this review</p> <p>Multicentre RCT</p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	External, independent, web-based, stratified by severity of communication impairment (TOM) and recruiting site
Allocation concealment (selection bias)	Low risk	External, independent, web-based
Blinding (performance bias and detection bias)	Low risk	Primary outcome rated by expert therapists blinded to allocation Other measures collected by research staff where all attempts to maintain blinding were taken
Incomplete outcome data (attrition bias)	Low risk	ITT employed
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	Low risk	Sample size calculation reported. Groups comparable at baseline

Bakheit 2007

Methods	RCT
Participants	Inclusion criteria: first stroke, below normal on WAB, native English speaker, medically stable, fit for participation Exclusion criteria: depression, Parkinson's disease, unlikely to survive, severe dysarthria, more than 15 miles from hospital Group 1: 51 participants Group 2: 46 participants Groups comparable at baseline
Interventions	1. Intensive SLT (1 hour therapy 5 times weekly for 12 weeks) 2. Conventional SLT (1 hour therapy 2 sessions weekly for 12 weeks) Intensive SLT and conventional SLT: tasks included picture-object selection, object naming, recognition and associations; expression of feelings and opinions; improving conversational skills; gestural and non-verbal communication (including communication aids and equipment)
Outcomes	WAB Assessed at baseline and weeks 4, 8, 12 and 24
Notes	UK A further 'NHS group' was not randomised (first 6 consecutive participants allocated to this group) and were therefore excluded from this review Dropouts: 31 participants (intensive 20; conventional 11)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	Low risk	Sequentially numbered sealed envelopes
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	Unclear risk	Sample size calculation not reported Only 13/51 participants in intensive SLT group received 80% or more of prescribed treatment

Crerar 1996

Methods	Cross-over RCT (only data prior to cross-over treatment included in this review)
Participants	<p>Inclusion criteria: aphasia, problems with comprehension of written sentences, comprehension of small vocabulary of individual context words used in therapy, can recognise graphical representations of objects and actions in therapy sentences; right-handed; could cope with computer interface</p> <p>Exclusion criteria: none listed - some initial referrals for participation could not take part: 5 transport and geographical location of home; 1 too much difficulty comprehending lexical items in isolation; 1 with emotional disturbance withdrew</p> <p>Group 1: 3 participants Group 2: 5 participants</p> <p>All males in group 2, only 1 female in group 1</p> <p>An additional 6 participants were included in the study but they have been excluded from this review - 4 were non-randomly allocated to the interventions based on geographic location and (for 1 participant) language profile, 2 additional participants were randomised but their language impairment was not as a result of a stroke</p> <p>Only the data from randomised participants who had aphasia as a result of a stroke have been included within this review</p> <p>Groups were comparable at baseline in relation to age, aphasia severity and time post stroke</p>
Interventions	<p>1. Verb SLT: 1 hour therapy twice weekly for 3 weeks</p> <p>2. Preposition SLT: 1 hour therapy twice weekly for 3 weeks</p> <p>Computer-mediated verb SLT and preposition SLT: tasks included picture building mode, picture creation to match written sentence, sentence building mode, sentence creation from available words to match a picture</p>
Outcomes	<p>Real World Test - Verbs and Prepositions (Treated and Untreated)</p> <p>Computer-mediated Assessment - Verbs and Prepositions (Treated and Untreated)</p> <p>Morphology</p>
Notes	<p>UK</p> <p>Randomisation details provided through personal communication with authors</p> <p>Dropouts: none prior to crossover</p> <p>Following 3 weeks of intervention and post-therapy assessment the participants crossed over to the other intervention arm and received the alternative SLT: these cross-over data were not included in this review</p>

[Risk of bias table](#)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Patient identification tags drawn from a hat
Allocation concealment (selection bias)	High risk	Trialists drew patient identification tags drawn from a hat
Blinding (performance bias and detection bias)	Low risk	Computer-based tests automatically recorded. Real World Tests were unblinded
Incomplete outcome data (attrition bias)	Low risk	All participants retained up to (and following) cross-over stage of RCT
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	Low risk	Sample size calculation not reported Participants equal across groups age, time post onset, aphasia severity Only male participants in group 2 (Preposition SLT), 2 females in group 1 (Verb SLT) 2 additional participants were randomised but they had not experienced a stroke Only the stroke-specific data have been included within this review

David 1982

Methods	Parallel group RCT
Participants	Inclusion criteria: aphasia, less than 85% on FCP (x 2), English speaking, at least 3 weeks after stroke Exclusion criteria: previous SLT, deafness, blindness or confusion preventing participation Group 1: 65 participants Group 2: 68 participants Baseline between-group difference: the conventional SLT group were older
Interventions	1. Conventional SLT (30 hours therapy for up to 20 weeks) 2. Social support and stimulation (30 hours contact for up to 20 weeks) Conventional SLT: therapist-directed SLT Social support and stimulation: untrained volunteers received details about participant's aphasia, general support and within-treatment assessment scores. They were not given instruction in SLT techniques
Outcomes	FCP, Schuell Assessment Assessed twice at baseline and at 2, 4, 8, 12 weeks and post-treatment (3- and 6-month follow-up)
Notes	UK Randomisation details provided through personal communication with authors of original review Dropouts: 82 participants (conventional SLT 34; social support 48)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	Low risk	Adequate
Blinding (performance bias and detection bias)	Low risk	Outcome assessor not treating therapist
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	Unclear risk	Statistical data included in the review
Other bias	Unclear risk	Sample size calculation not reported Participants in the social support and stimulation group were younger (mean age 65 years; SD 10.6) than those in the conventional SLT group (mean age 70 years; SD 8.7)

Denes 1996

Methods	Parallel group RCT
Participants	Inclusion criteria: global aphasia, left CVA, within first year after stroke, right-handed, native Italian speakers, literate Exclusion criteria: none listed Group 1: 8 participants Group 2: 9 participants Groups comparable at baseline
Interventions	1. Intensive SLT (45- to 60-minute session approximately 5 times weekly for 6 months) 2. Conventional SLT (45- to 60-minute session approximately 3 times weekly for 6 months) Intensive SLT: 'conversational approach' more focus on comprehension (e.g. picture-matching to understanding complex scenes, short stories, engaging patient in conversation, retelling personally relevant stories) Conventional SLT: based on 'stimulation approach'
Outcomes	AAT Assessed at baseline and 6 months
Notes	Italy Data from an additional 4 non-randomised participants with global aphasia were also reported. They received no SLT intervention but were assessed at 6-monthly intervals and their scores were used to account for spontaneous recovery. They were not included in this review

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analysis
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	Unclear risk	Sample size calculation not reported Groups comparable at baseline

Di Carlo 1980

Methods	Parallel group RCT
Participants	Inclusion criteria: right-handed, left MCA stroke Exclusion criteria: none listed Group 1: 7 participants Group 2: 7 participants Groups comparable at baseline
Interventions	1. Conventional SLT with filmed programmed instruction (programme lasted at least 80 hours for between 5 to 22 months) 2. Conventional SLT with non-programmed activity (lasted at least 80 hours for between 6 to 9 months) Filmed programmed instruction: perceptual, thinking and language training films (designed for population with hearing impairment) based on linguistic learning theory; passing criterion of 80%, then progression to the next film Non-programme activity: viewing slides, bibliotherapy
Outcomes	Reading recognition, reading comprehension, visual closure, visual learning, vocabulary learning Assessed at baseline, mid-test and at end of treatment
Notes	USA

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analysis
Selective reporting (reporting bias)	Low risk	Individual patient data reported across all measures
Other bias	Unclear risk	Sample size calculation not reported Groups comparable at baseline

Doesborgh 2004

Methods	RCT
Participants	Inclusion criteria: age 20 to 86 years, native Dutch speaker, minimum 11 months after stroke with moderate-to-severe naming deficits Exclusion criteria: illiterate, global or rest aphasia, developmental dyslexia Group 1: 9 participants Group 2: 10 participants Groups similar at baseline
Interventions	1. Computer-mediated SLT (30 to 45 minutes 2 to 3 sessions weekly for 2 months) 2. No SLT (6 to 8 weeks) Computer-mediated SLT: improve naming using computer cueing programme
Outcomes	Assessed at baseline and end of treatment BNT, ANELT-A
Notes	The Netherlands Co-intervention: psychosocial group therapy aimed at coping with consequences of aphasia, unclear if all participated Patient confounder: executive function deficits Dropouts: 1 participant (computer-mediated SLT 1; no SLT 0) A priori sample size calculated

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated sequence
Allocation concealment (selection bias)	Low risk	Concealment in sequentially numbered opaque sealed envelopes
Blinding (performance bias and detection bias)	High risk	Trialists were the outcome assessors
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	Low risk	A priori sample size calculated Groups similar at baseline

Drummond 1981

Methods	Parallel group RCT
Participants	Inclusion criteria: none listed Exclusion criteria: none listed Group 1: 4 participants Group 2: 4 participants Groups similar at baseline
Interventions	1. Gesture Cueing SLT: 15 to 30 minutes daily for 2 weeks 2. Conventional SLT: 15 to 30 minutes daily for 2 weeks Gestural cueing (AMERIND): signs to facilitate word finding Conventional SLT: initial syllable and sentence completion cues to facilitate word finding
Outcomes	Picture naming test (20/30 items from the Aphasia Therapy Kit) (Taylor 1959), response times Assessed at baseline and at end of treatment
Notes	USA

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	-
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analysis
Selective reporting (reporting bias)	Unclear risk	Suitable statistical data permitting inclusion within the review unavailable
Other bias	Unclear risk	Inclusion criteria not listed Groups similar at baseline Sample size calculation not reported

Elman 1999

Methods	Cross-over group RCT (only data collected prior to cross-over treatment included in this review)
Participants	Inclusion criteria: > 6 months after stroke, completed SLT available via insurance, single left hemisphere stroke, 80 years or younger, pre-morbidly literate in English, no medical complications or history of alcoholism, 10th to 90th overall percentile on SPICA on entry, attend more than 80% of therapy Exclusion criteria: multiple brain lesions, diagnosed alcoholism Group 1: 12 participants Group 2: 12 participants Groups comparable at baseline (age, education level, aphasia severity)
Interventions	1. Conventional SLT: 2.5-hour session twice weekly for 4 months 2. Social support and stimulation: at least 3 hours weekly for 4 months Conventional SLT: improve ability to convey message using any verbal/non-verbal methods in group format, social breaks for communication practice, performance artist (1 hour weekly) to facilitate physical exercises, creative expression Social support and stimulation: participants attended social group activities of their choice, e.g. church groups
Outcomes	Shortened Porch Index of Communicative Ability, WABAQ, Communicative Activities in Daily Living Assessed at baseline, 2 and 4 months and 4 to 6 weeks from end of treatment. Qualitative 1-to-1 interviews with participants in SLT group (patients and carers) at 2 months, 4 months after therapy and at follow-up 4 to 6 weeks later.
Notes	USA Dropouts: 7 participants (conventional SLT 3; social support and stimulation 4)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessor inadequately blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	Unclear risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Groups comparable at baseline (age, education level, aphasia severity) Sample size calculation not reported

Hinckley 2001

Methods	Parallel group RCT
Participants	Inclusion criteria: single left hemisphere stroke, native English speaker, minimum 3 months after stroke, hearing and vision corrected to normal, minimum high school education, chronic non-fluent aphasia Exclusion criteria: none listed Group 1: 6 participants Group 2: 6 participants Groups comparable at baseline (age, time post-onset, aphasia severity, education, occupation)
Interventions	1. Functional SLT: 20 hours weekly for 5 weeks 2. Conventional SLT: 20 hours weekly for 5 weeks Functional SLT: disability based, context trained, role plays of functional tasks, establish compensatory strategies (practise ordering by telephone, self-generate individualised strategies) Conventional SLT: impairment based, skill trained, aimed at remediating deficit areas using cueing hierarchies
Outcomes	CADL-2, CETI (completed by primary carer), phone and written functional task developed for project (catalogue ordering quiet and tone), PALPA oral and written picture naming Assessed at baseline and end of treatment
Notes	USA 5 additional participants were non-randomly assigned to a 'baseline' group (both functional SLT and conventional SLT) but they were excluded from this review In the functional SLT group, therapy was discontinued when performance on training probes (50% trained items) reached a minimum of 90% accuracy for 3 consecutive sessions All SLTs were trained in 2 treatment approaches

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor not reported
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline (age, time post-onset, aphasia severity, education, occupation) Sample size calculation not reported

Katz 1997i

Methods	Parallel group RCT
Participants	Inclusion criteria: single left hemisphere stroke, maximum 85 years, minimum 1 year after stroke, PICA overall between 15th to 90th percentile, premorbidly right-handed, minimum education 8th grade, premorbidly literate in English, vision no worse than 20/100 corrected in better eye, hearing no worse than 40 dB unaided in better ear, no language treatment 3 months before entry to study, non-institutionalised living environment Exclusion criteria: premorbid psychiatric, reading or writing problems Group 1: 21 participants Group 2: 21 participants Groups were comparable at baseline
Interventions	1. Computer-mediated SLT: 3 hours weekly for 26 weeks 2. No SLT Computer-mediated SLT: computerised language tasks using visual matching and reading comprehension software No SLT: no computer-based reading intervention or stimulation
Outcomes	PICA, WABAQ Assessed at baseline, 13 and 26 weeks
Notes	USA Dropouts: 6 participants (computer-mediated SLT 0, no SLT 6) Across 6 hospitals, 2 community stroke groups across 5 cities

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding (performance bias and detection bias)	Low risk	Outcomes measured by 1 of 4 SLTs, 95% checked by second SLT with no knowledge of group allocation
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups were comparable at baseline Sample size calculation not reported

Katz 1997ii

Methods	Parallel group RCT
Participants	Inclusion criteria: single left hemisphere stroke, maximum 85 years, minimum 1 year after stroke, PICA overall between 15th to 90th percentile, premorbidly right-handed, minimum education 8th grade, premorbidly literate in English, vision no worse than 20/100 corrected, hearing no worse than 40 dB unaided, no language treatment 3 months before entry to study, non-institutionalised living environment Exclusion criteria: premorbid psychiatric, reading or writing problems Group 1: 21 participants Group 2: 21 participants Groups were comparable at baseline
Interventions	1. Computer-mediated SLT: 3 hours weekly for 26 weeks 2. Computer-based placebo: 3 hours weekly for 26 weeks Computer-mediated SLT: computerised language tasks using visual matching and reading comprehension software Computer-based placebo: computerised cognitive rehabilitation software and arcade-style games, no language stimulation
Outcomes	PICA, WABAQ Assessed at baseline, 13 and 26 weeks
Notes	USA Dropouts: 2 participants (computer-mediated SLT 0; no SLT/computer-based placebo 2) Across 6 hospitals, 2 community stroke groups across 5 cities

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding (performance bias and detection bias)	Low risk	Outcomes measured by 1 of 4 SLTs, 95% checked by 2nd SLT with no knowledge of group allocation
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups were comparable at baseline Sample size calculation not reported

Laska 2011

Methods	Parallel group RCT (stratified according to NIHSS result)
Participants	Consecutive admissions to stroke unit Inclusion criteria: first ischaemic stroke with aphasia, can start SLT within 2 days of stroke onset Exclusion criteria: rapid regression, dementia, drug abuse, severe illness, unable to participate in therapy Group 1: 62 participants Group 2: 61 participants
Interventions	1. SLT (Language Enrichment Therapy): 45 minutes per day for 16 working days 2. No SLT for 3 weeks SLT: intensive language enrichment therapy SLT delivered within 2 days of stroke
Outcomes	Primary outcome: ANELT at day 16 Secondary outcome: NGA at day 16 Other measures include NIHSS, ADL measured at baseline, 3 weeks and 6 months, NGA, ANELT, NHP, EQ-5D at 3 weeks and 6 months Relatives completed the CETI at 3 weeks and 6 months
Notes	Sweden Funded by the Stockholm County Council Foundation (Expo-95), Karolinska Institutet, Marianne and Marcus Wallenberg Foundation and AFA Insurances Dropouts: 8 participants (1 died, 4 severely ill, 3 declined) Follow-up: 21 participants (10 died, 9 severely ill, 1 declined, 1 missing)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Centrally randomised by independent statistician Method of sequence generation unclear
Allocation concealment (selection bias)	Low risk	Consecutively sealed envelopes
Blinding (performance bias and detection bias)	Low risk	3 therapists blinded to treatment allocation; a fourth also rated recordings blinded to treatment Outcome measures conducted and assessed by blinded speech and language therapists
Incomplete outcome data (attrition bias)	Low risk	ITT analysis was used
Selective reporting (reporting bias)	Low risk	All participants accounted for in report
Other bias	Unclear risk	SLT had a more frequent history of myocardial infarction than the non-SLT group Groups were otherwise comparable at baseline A-priori sample size was calculated

Leal 1993

Methods	Parallel group RCT (stratified by aphasia type)
Participants	Inclusion criteria: no history of neurological or psychiatric disease, first left stroke (single), first month after stroke, moderate-severe aphasia, good health, maximum 70 years, residing near hospital with flexible transport Exclusion criteria: mild aphasia (i.e. AQ above 80% on Test Battery for Aphasia) Group 1: 59 participants Group 2: 35 participants
Interventions	1. Conventional SLT: 3 sessions weekly for 6 months 2. Volunteer-facilitated SLT: unclear Conventional SLT: conventional hospital-based SLT rehabilitation programme Volunteer-facilitated SLT: speech and language therapist provided relatives with information and working material; they were encouraged to stimulate the patient as much as possible; monitored monthly by therapist
Outcomes	Test Battery for Aphasia created by trialists (reported to have good correlation with WAB) Assessed at baseline and 6 months post stroke
Notes	Portugal Drop outs: 34 participants (conventional SLT 21; volunteer-facilitated SLT 13)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor not therapist
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Statistical data reported in a manner unsuitable for inclusion within the review
Other bias	Unclear risk	Groups were comparable at baseline. Sample size calculation not reported

Lincoln 1982i

Methods	Cross-over RCT (data extracted after completion of cross-over treatment)
Participants	Inclusion criteria: moderate aphasia after stroke, no previous history of brain damage, to attend for a minimum of 8 weeks, PICA overall between 35th to 65th percentile Exclusion criteria: severely or mildly aphasic Group 1: 6 participants Group 2: 6 participants
Interventions	1. Conventional SLT followed by operant training SLT (30-minute session 4 times weekly for 4 weeks followed by another 4 weeks with cross-over intervention) 2. Conventional SLT followed by social support and stimulation (30-minute session 4 times weekly for 4 weeks followed by another 4 weeks with cross-over intervention) Social support and stimulation: predetermined topics of conversation, participant initiates as able, direct questioning/verbal encouragement given, no attempts to correct responses Conventional SLT: automatic and serial speech, picture-word/sentence matching, reading, writing, verbal encouragement Operant training: verbal conditioning procedure (reinforcement, tokens for correct responses, incorrect responses ignored)
Outcomes	PICA, Token Test (shortened), ONT, word fluency naming tasks, picture description, self-rating abilities Assessed at baseline and end of treatment
Notes	UK Some participants unable to complete full number of sessions (leaving slightly early, insufficient therapist time, holidays occurring during trial) Dropouts: 13 participants (group allocation unclear)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	High risk	Partial: participants recruited by speech and language therapists then assigned to intervention by trialist
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Low risk	Groups were comparable at baseline Sample size calculation not reported

Lincoln 1982ii

Methods	Cross-over RCT (data extracted after completion of cross-over treatment)
Participants	Inclusion criteria: moderate aphasia after stroke, no previous history of brain damage, to attend for a minimum of 8 weeks, PICA overall between 35th to 65th percentile Exclusion criteria: severely or mildly aphasic Group 1: 6 participants Group 2: 6 participants
Interventions	1. Operant training SLT followed by conventional SLT: 30-minute session 4 times weekly for 4 weeks followed by another 4 weeks with cross-over intervention 2. Social support and stimulation followed by conventional SLT: 30-minute session 4 times weekly for 4 weeks followed by another 4 weeks with cross-over intervention Social support and stimulation: predetermined topics of conversation, participant initiates as able, direct questioning/verbal encouragement given, no attempts to correct responses Conventional SLT: automatic and serial speech, picture-word/sentence matching, reading, writing, verbal encouragement Operant training: verbal conditioning procedure (reinforcement, tokens for correct responses, incorrect responses ignored)
Outcomes	PICA, Token Test (shortened), ONT, word fluency naming tasks, picture description, self-rating abilities Assessed at baseline and end of treatment
Notes	UK Some participants unable to complete full number of sessions (leaving slightly early, insufficient therapist time, holidays occurring during trial) Dropouts: 13 participants (group allocation unclear)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	High risk	Partial: participants recruited by speech and language therapists then assigned to intervention by trialist
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	Unclear risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups were comparable at baseline Sample size calculation not reported

Lincoln 1982iii

Methods	Cross-over RCT (data extracted up to point of cross-over)
Participants	Inclusion criteria: moderate aphasia after stroke, no previous history of brain damage, to attend for a minimum of 8 weeks, PICA overall between 35th to 65th percentile Exclusion criteria: severely or mildly aphasic Group 1: 12 participants Group 2: 6 participants
Interventions	1. Conventional SLT: 30-minute session 4 times weekly for 4 weeks (before cross-over) 2. Social support and stimulation: 30-minute session 4 times weekly for 4 weeks (before cross-over) Social support and stimulation: predetermined topics of conversation, participant initiates as able, direct questioning/verbal encouragement given, no attempts to correct responses Conventional SLT: automatic and serial speech, picture-word/sentence matching, reading, writing, verbal encouragement
Outcomes	PICA, Token Test (shortened), ONT, word fluency naming tasks, picture description, self-rating abilities Assessed at baseline and end of treatment
Notes	UK Some participants unable to complete full number of sessions (leaving slightly early, insufficient therapist time, holidays occurring during trial) Dropouts: 13 participants (group allocation unclear)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	High risk	Partial: participants recruited by speech and language therapists then assigned to intervention by trialist
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	Unclear risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups were comparable at baseline Sample size calculation not reported

Lincoln 1984a

Methods	Parallel group RCT
Participants	Inclusion criteria: acute stroke, admitted to Nottingham hospital Exclusion criteria: unable to tolerate full language testing at 10 weeks, very mild aphasia, severe dysarthria Group 1: 163 participants Group 2: 164 participants Data reported: 191 participants Groups comparable at baseline (age, gender, aphasia types)
Interventions	1. Conventional SLT: 1-hour session 2 times weekly for 24 weeks 2. No SLT (deferred SLT) Conventional SLT: as chosen by each SLT
Outcomes	PICA, FCP Secondary outcome: MAACL Assessed at baseline, 12 weeks and at end of treatment at 24 weeks
Notes	UK Method of randomisation and concealed allocation provided through personal communication with authors of original review Other hospital treatment given as normal Not all patients received planned number of sessions mainly due to recovery or withdrawal from treatment Dropouts: 166 participants (conventional SLT 76; no SLT 90)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	Low risk	Sequentially numbered sealed envelopes
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Groups were comparable at baseline Sample size calculation not reported

Lincoln 1984b

Methods	Cross-over RCT (only data collected prior to cross-over treatment included in this review)
Participants	Inclusion criteria: < 35th percentile of PICA, severe aphasia following stroke, spontaneous speech (few single words), writing limited to copying, poor auditory comprehension, less than average non-verbal intellectual functioning Exclusion criteria: none listed Group 1: 6 participants Group 2: 6 participants
Interventions	1. Programmed instruction with operant training plus conventional SLT: 30-minute session twice weekly for 4 weeks, followed by cross-over 2. Attention placebo plus conventional SLT: 30-minute session twice weekly for 4 weeks, followed by cross-over Programmed instruction with operant training: electric board graded language tasks, board lights in response to correct answer plus therapist provides verbal praise; for incorrect answers, there is no light response, the therapist shakes head and provides verbal feedback - 'no' Attention placebo: non-verbal tasks (matching, copying, recall of designs, performance scale of WAIS, manual dexterity tasks) Conventional SLT: as provided by qualified speech and language therapist
Outcomes	PICA, Token Test, Peabody PVT, ONT Assessed at baseline, 4 weeks then 8 weeks following cross-over
Notes	UK The same therapist provided conventional SLT to both groups Manner of reporting prevents inclusion of data within the meta-analyses Comparisons between group 1 and group 2 showed group 2 performed significantly better on PICA test (reading cards) and copying shapes than group 1

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	High risk	Partial: participants recruited by speech and language therapists then assigned to intervention by trialists
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinded for one measure only (PICA)
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline Sample size calculation not reported

Liu 2006

Methods	Parallel group RCT
Participants	<p>Inclusion criteria: first onset aphasia, diagnosis of stroke following a CT scan; impaired language expression or comprehension skills; fully conscious (capable of concentrating for a minimum of 30 minutes)</p> <p>Exclusion criteria: obvious visual and auditory disturbances prior to onset; emotional lability; dementia; severe hepatic or renal dysfunction</p> <p>Group 1: 19 participants</p> <p>Group 2: 17 participants</p> <p>Groups comparable for gender, age, time post stroke and lesion type</p>
Interventions	<p>1. SLT: (treatment regimen unclear)</p> <p>2. No SLT:</p> <p>SLT: speech therapy using the Schuell stimulation method, psychological care, acupuncture and routine neurological remedies</p> <p>No SLT: routine neurological remedies</p>
Outcomes	'BADE' (perhaps meaning BDAE?) and the CMA neurological branch scoring systems for the assessment of aphasia in Chinese
Notes	China

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details available
Allocation concealment (selection bias)	Unclear risk	No details available
Blinding (performance bias and detection bias)	Unclear risk	No details available
Incomplete outcome data (attrition bias)	Low risk	All participants appear to have remained the study
Selective reporting (reporting bias)	Low risk	All data appear to have been reported
Other bias	Unclear risk	<p>Acupuncture was delivered alongside SLT provision</p> <p>Details of therapy, duration and outcome measurement point(s) lacking</p> <p>Sample size calculation not reported</p>

Lyon 1997

Methods	Parallel group RCT
Participants	Inclusion criteria (patient): minimum 1 year after stroke, no bilateral brain damage, ability to ambulate short distances, function independently in primary ADL, English primary language, normal range of cognition, hearing and vision, weekly contact with primary carer, history free of psychosis Inclusion criteria (carer): normal cognitive, hearing and vision, no history of psychiatric problems Exclusion criteria: none reported Group 1: 18 participants (7 triads) Group 2: 9 participants (3 triads) Each triad comprised 1 person with aphasia, 1 carer, 1 communication partner. Comparability of groups at baseline unclear
Interventions	1. Functional SLT: Phase A: 1 to 1.5 hours twice weekly for 6 weeks; Phase B: 1- to 2-hour session (clinic) plus 2- to 4-hour session (community) once weekly for 14 weeks 2. No SLT intervention Functional SLT: Phase A: clinic-based, establishing effective means of communication between person with aphasia and communication partner, maximise pair's communication strategies; Phase B: home or community-based, activities chosen by person with aphasia
Outcomes	BDAE, CADL, ABS, Psychological Wellbeing Index, Communication Readiness and Use Index, informal subjective measures Assessed at baseline and post-treatment
Notes	USA

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessors inadequately blinded
Incomplete outcome data (attrition bias)	Unclear risk	All randomised participants appear to have been included in analyses but it is unclear
Selective reporting (reporting bias)	High risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Comparability of groups at baseline unclear. Sample size calculation not reported

Mackay 1988

Methods	Parallel group RCT
Participants	Inclusion criteria: minimum age 30 years, post-stroke aphasia, minimum 6 months post-onset, living within 50 mile radius of hospital/specified geographical area Exclusion criteria: none listed 96 participants in total: division between groups unclear Unclear whether groups were comparable at baseline
Interventions	1. Volunteer-facilitated SLT: 3 to 6 hours once weekly for 1 year 2. No SLT Volunteer-facilitated SLT: language and social stimulation
Outcomes	CADL, trialist assessment measuring social/interpersonal skills, structured questionnaires assessing economic, medical and demographic factors (completed by carers/family members) Assessed at baseline, 6, 12, 18 and 24 months
Notes	USA Participants continued individual medical/nursing care Dropouts: 1 (no SLT group 1)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	High risk	Data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Comparability of groups at baseline unclear Sample size calculation not reported

Meikle 1979

Methods	Parallel group RCT
Participants	Inclusion criteria: aphasia after stroke, minimum 3 weeks after stroke Exclusion criteria: none listed Group 1: 15 participants Group 2: 16 participants Group that received conventional SLT had more weeks in the trial than the volunteer-facilitated SLT group
Interventions	1. Volunteer-facilitated SLT: 4 home visits weekly plus group sessions for a mean of 20.8 (SD 13.5) (range 2 to 46) weeks 2. Conventional SLT: 45-minute session 3 to 5 times weekly plus group sessions for a mean of 37.13 (SD 21.89) (range 7 to 84) weeks Volunteer-facilitated SLT: volunteers given basic background to aphasia, standard items of SLT equipment, initial and ongoing support and advice, encouraged to use initiative and ingenuity in developing therapeutic techniques Conventional SLT: chosen by SLT (no details)
Outcomes	PICA Assessed at baseline and at 6-week intervals until end of trial Wolfson Test (unpublished) (comprehension, verbal expression, writing, spelling) Assessed at baseline, after 3 months and at end of treatment
Notes	UK In the conventional SLT group 5 participants missed up to half their possible treatments (illness, holidays, transport difficulties) Unclear whether volunteer supervisor was a speech and language therapist Participants remained in trial until 2 successful estimations on PICA showed no appreciable improvement, they requested withdrawal or until end of trial in December 1978 Participants who plateaued exited trial and counted as successes Dropouts: 2 (conventional SLT 0; volunteer-facilitated SLT 2)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessor not blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Group that received conventional SLT had more weeks in the trial than the volunteer-facilitated SLT group In the conventional SLT group 5 participants missed up to half their possible treatments (illness, holidays, transport difficulties) Sample size calculation not reported

Meinzer 2007

Methods	Parallel group RCT
Participants	Inclusion criteria: 1 or more participating relative, single left hemisphere stroke, aphasia, minimum 6 months post-onset, globally aphasic if residual expressive language, i.e. repeat short phrases Exclusion criteria: none listed Group 1: 10 participants (4 subgroups) Group 2: 10 participants (4 subgroups) Participants receiving constraint-induced SLT were younger than those in the volunteer-facilitated group
Interventions	1. Constraint-induced SLT: 3 hours daily for 10 consecutive working days 2. Volunteer-facilitated constraint-induced SLT: 3 hours daily for 10 consecutive working days Constraint-induced SLT: communicative language games, pairs of cards depicting objects, everyday situations or words; screens between the participants prevents seeing each others cards; participant must choose a card from their own set and ask for the identical card from another participant; can be adjusted to target different levels of language complexity Volunteer-facilitated constraint-induced SLT: relatives volunteered to receive 2-hour introduction to constraint-induced SLT; they were supervised during first 2 of 10 sessions by experienced therapist; following 8 sessions experts were available, further group training sessions at end of each daily training session; where 2 or more relatives were available they alternated each day
Outcomes	AAT (Token Test, repetition, written language, naming, comprehension) Assessed at baseline and immediately post-treatment
Notes	Germany 1 participant in each group had mild apraxia of speech

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Participants receiving constraint-induced SLT were younger than those in the trained volunteers group Sample size calculation not reported

ORLA 2006

Methods	RCT
Participants	Inclusion criteria: right-handed, non-fluent aphasia, single left ischaemic stroke at least 6 months post-onset Exclusion criteria: none listed Group 1: 6 participants Group 2: 7 participants Groups seem to be comparable
Interventions	1. Intensive SLT: 10 hours weekly for 6 weeks 2. Conventional SLT: 4 hours weekly for 6 weeks In both interventions patients used a computer programme which allows patient to practise reading sentences aloud together with a virtual therapist A non-randomised third group that acted as a control group was also included in the study report but was excluded from this review
Outcomes	WAB AQ
Notes	USA

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	-
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Groups seem to be comparable at baseline Sample size calculation not reported

ORLA 2010

Methods	RCT
Participants	Inclusion criteria: chronic aphasia (> 12 months), single left ischaemic stroke, non-fluent aphasia, right-handed, 12th grade education, visual acuity no worse than 20.100 corrected in the better eye, auditory acuity no worse than 30 dB HL at 500, 1000, 2000 Hz aided in the better ear Exclusion criteria: global aphasia Group 1: 11 participants Group 2: 14 participants Groups were comparable at baseline
Interventions	1. Computer-facilitated SLT: 1-hour sessions x 24 (mean 11.4 weeks, range 6 to 16 weeks) 2. Therapist-facilitated SLT: 1-hour sessions x 24 (mean 13.31 weeks, range 9 to 22 weeks) Computer-facilitated SLT: oral language reading for aphasia therapy delivered via computer Therapist-facilitated SLT: oral language reading for aphasia therapy delivered via therapist ORLA: "The person with aphasia systematically and repeatedly reads aloud sentences and paragraphs, first in unison with the clinician and then independently"
Outcomes	WABAQ, WAB-reading, WAB-writing, discourse content information units per minute, discourse words per minute
Notes	USA

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias)	Unclear risk	Not reported
Incomplete outcome data (attrition bias)	Unclear risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Sample size calculation not reported Groups were comparable at baseline by age, time post onset and aphasia severity

Prins 1989

Methods	Parallel group RCT
Participants	Inclusion criteria: unilateral left CVA, minimum 3 months post-onset, < 80% on auditory comprehension test, good prognosis for auditory comprehension per SLT, motivated and fit for participation Exclusion criteria: none listed Group 1: 10 participants Group 2: 11 participants
Interventions	1. STACDAP SLT: 2 sessions weekly for 5 months 2. Conventional SLT: 2 sessions weekly for 5 months STACDAP SLT: a series of 28 tasks; non-verbal, phonology, lexical-semantics and morphosyntax of increasing complexity Conventional SLT: conventional stimulation therapy
Outcomes	Word discrimination, body-part identification, Token Test, miscellaneous commands, reading comprehension, naming, sentence construction, spontaneous speech, STACDAP phonology, lexicon and morphosyntax Assessed at baseline and at the end of treatment
Notes	The Netherlands Participants in additional 'no treatment' group were not randomly allocated but matched to other groups, and were therefore excluded from the review

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding not reported
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	STACDAP SLT group were older than the conventional SLT group at baseline Sample size calculation not reported

Pulvermuller 2001

Methods	Parallel group RCT
Participants	Inclusion criteria: single left MCA stroke, monolingual, competent German speakers Exclusion criteria: severe cognitive or perceptual difficulties affecting participation, left-handed, additional neurological diseases, depression Group 1: 10 participants Group 2: 7 participants Constraint-induced SLT group were longer since stroke (mean 98.2 (SD 74.2) months) than conventional SLT group (mean 24 (SD 20.6) months)
Interventions	1. Constraint-induced SLT: 3 to 4 hours daily for 10 days 2. Conventional SLT: 2 to 3 hours daily for approximately 4 weeks Constraint-induced SLT: small groups (2 to 3 participants) with speech and language therapist involving barrier therapeutic games; all communication verbal, pointing or gestures not permitted Conventional SLT: syndrome-specific intervention, e.g. naming, repetition, sentence completion, following instructions, conversation topics of participants' own choice
Outcomes	AAT (Token Test, comprehension, repetition, naming), CAL Assessed at baseline and at end of treatment
Notes	Germany

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated
Allocation concealment (selection bias)	Low risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	High risk	Constraint-induced SLT group were longer after stroke (mean 98.2 (SD 74.2) months) than conventional SLT group (mean 24 (SD 20.6) months) at baseline Sample size calculation not reported

RATS

Methods	Parallel group RCT
Participants	Inclusion criteria: > 3 months after stroke, experiencing both semantic and phonological deficits, moderate/severe aphasia Exclusion criteria: illiterate, non-native speaker, dysarthria, global aphasia, developmental/severe acquired dyslexia, visual perceptual deficit, recovered/no aphasia Group 1: 29 participants Group 2: 29 participants Group 1 older than group 2
Interventions	1. Semantic treatment SLT (1.5 to 3 hours in 2 to 3 sessions weekly for up to 40 weeks) 2. Phonological treatment SLT (1.5 to 3 hours in 2 to 3 sessions weekly for up to 40 weeks) Semantic treatment SLT: aimed to enhance semantic processing (multiple choice, right/wrong format), several levels of difficulty Phonological treatment SLT: sound structure targeting phonological input and output routes, e.g. rhyming consonant clusters, stress patterns, compiling words, syllabification, phonetic similarity
Outcomes	ANELT-A, SAT, PALPA synonym judgement, PALPA repetition of non-words, PALPA auditory lexical decision Assessed at baseline and end of treatment
Notes	The Netherlands Co-morbidity: memory and executive function impairment Dropouts: 12 participants (semantic SLT 6; phonological SLT 6) A priori sample size calculated

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated
Allocation concealment (selection bias)	Low risk	Sequentially numbered sealed envelopes
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	Trialists reported ITT 3 participants not included (ANELT scores missing) On-treatment analysis used
Selective reporting (reporting bias)	Low risk	Statistical data included in the review
Other bias	High risk	Semantic SLT group older than phonological SLT group Sample size calculation reported

RATS-2

Methods	Parallel group RCT
Participants	<p>Inclusion criteria: aphasia after stroke (haemorrhagic or ischaemic stroke) less than 3 weeks previous, 18 to 85 years old, life expectancy of more than 6 months, verbal communication disorder (score < 44/50 on the ANELT-A) and a semantic disorder (SAT - verbal score of less than 26/30 or Semantic Association (PALPA) score < 12/15) or a phonological disorder (Nonword Repetition Test score < 20/24 or Auditory Lexical Decision score < 76/80)</p> <p>Exclusion criteria: severe dysarthria, developmental dyslexia, visual perceptual disorder, premorbid dementia or aphasia, recent psychiatric disorder</p> <p>Group 1: 41 participants</p> <p>Group 2: 44 participants</p>
Interventions	<p>1. Cognitive linguistic SLT: 2 to 5 hours weekly (individual and home-based practice) for 6 months (or shorter if fully recovered)</p> <p>2. Communicative SLT: 2 to 5 hours weekly (individual and home-based practice) for 6 months (or shorter if fully recovered)</p> <p>Cognitive linguistic SLT: (paper and computer) used BOX (lexical semantic treatment programme) or FIKS (phonological treatment programme) or a combination of the 2 depending on individual language disorders</p> <p>Communicative SLT: targeted verbal and non-verbal strategies to improve communication (e.g. PACE); role play and conversational coaching; no focus on semantics, phonology or syntax permitted</p>
Outcomes	<p>Primary outcome: ANELT-A</p> <p>Secondary outcome: Verbal SAT, semantic association of words with low image-ability (PALPA), non-words repetition (PALPA) and auditory lexical decision (PALPA), semantic word fluency and letter fluency</p>
Notes	<p>The Netherlands</p> <p>Dropouts: 10 (cognitive linguistic SLT 4; communicative SLT 6)</p> <p>Multicentred: 15 hospitals across the Netherlands and Belgium</p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation stratified by centre Computer-generated randomisation sequence per centre
Allocation concealment (selection bias)	Low risk	Uninvolved member of staff enclosed assignments in sealed sequentially numbered opaque envelopes stored in a drawer
Blinding (performance bias and detection bias)	Unclear risk	Assessment of primary outcome (ANELT-A) was rated by 2 independent therapists blinded to treatment allocation and time point of assessment Other assessments (58/158) were carried out by treating therapists
Incomplete outcome data (attrition bias)	Low risk	ITT was used (n = 80)
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Low risk	Sample size calculation reported Groups comparable at baseline except for gender More males in the control group

Methods	Parallel group RCT
Participants	Inclusion criteria: chronic Broca's aphasia (BDAE), produce sufficient speech for analyses, single left hemisphere stroke, native English speaker, normal hearing on screening Exclusion criteria: none listed Group 1: 3 participants Group 2: 2 participants Groups comparable at baseline
Interventions	1. Sentence mapping SLT: 1-hour session twice weekly for approximately 2.5 months 2. Social support and stimulation: 1-hour session twice weekly for approximately 2.5 months Sentence mapping SLT: 4 levels of treatment: active, subject cleft, passive, object cleft sentences Social support and stimulation: unstructured conversation about current events; participants were given a narrative retelling task on alternate sessions
Outcomes	Trained sentence structures: (1) active, (2) subject cleft, (3) passive, (4) object cleft; CHSPT; Picture Description and Structure Modeling Test; narrative task: (1) mean length of utterance, (2) percentage words in sentences, (3) percentage well-formed words, (4) sentence elaboration index; PCB (reversible sentences); Picture Comprehension Test Assessed at baseline, end of treatment and 4-week follow-up Social support and stimulation group also participated in between level probes
Notes	Canada Only 1 group 1 participant entered all 4 levels; 1 only entered levels 1 and 2 (did not need levels 3 to 4); 1 participant entered levels 1, 2 and 4

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessor blinding inadequate Primary examiner scored all outcome measures A fifth of measures were also scored by independent assessor Point-to-point agreement was 98%
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Sample size calculation not reported

Shewan 1984i

Methods	Parallel group RCT (stratified for type and severity of aphasia)
Participants	Inclusion criteria: unilateral first CVA, Global, Broca's, Wernicke's, anomic, conduction per WAB, occlusive/stable intracerebral haemorrhagic stroke, functional English speakers Exclusion criteria: non-stroke, symptoms lasting fewer than 5 days, language recovery within 2 to 4 weeks post-onset, unstable illness, arteriovenous malfunction, aneurysm rupture, subarachnoid haemorrhage, hearing or visual impairment, WABAQ at or above 93.8 Group 1: 28 participants Group 2: 24 participants Groups comparable at baseline
Interventions	1. Language-orientated SLT: 1-hour session 3 times weekly* for 1 year 2. Conventional SLT: 1-hour session 3 times weekly* for 1 year *(or 1.5 hours twice weekly) Language-orientated SLT: based on psycholinguistic principles provided by SLTs Conventional SLT: stimulation-facilitation therapy based on Schuell and Wepman's approaches provided by speech and language therapists
Outcomes	WAB, ACTS Assessed at baseline, 3, 6 and 12 months
Notes	Canada Participants refusing or unable to participate were allocated to a third no-treatment group. This group were not included in this review Dropouts: 7 participants (language-orientated SLT 6; conventional SLT 1)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding unclear
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Sample size calculation not reported Groups comparable at baseline

Shewan 1984ii

Methods	Parallel group RCT (stratified for type and severity of aphasia)
Participants	Inclusion criteria: unilateral first CVA, Global, Broca's, Wernicke's, anomic, conduction per WAB, occlusive/stable intracerebral haemorrhagic stroke, functional English speakers Exclusion criteria: non-stroke, symptoms lasting fewer than 5 days, language recovery within 2 to 4 weeks post-onset, unstable illness Group 1: 28 participants Group 2: 25 participants Groups comparable at baseline
Interventions	1. Language-orientated SLT: 1-hour session 3 times weekly* for 1 year 2. Social stimulation and support: 1-hour session 3 times weekly* for 1 year *(or 1.5 hours twice weekly) Language-orientated SLT: based on psycholinguistic principles provided by speech and language therapists Social stimulation and support: based on stimulation orientation, providing psychological support, communication in unstructured settings carried out by nurses
Outcomes	WAB, ACTS Assessed at baseline, 3, 6 and 12 months
Notes	Canada Participants refusing or unable to participate were allocated to a third no-treatment group but were not included in this review Dropouts: 12 participants (language-orientated SLT 6; social stimulation and support 6)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding unclear
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Sample size calculation not reported Groups comparable at baseline

Shewan 1984iii

Methods	Parallel group RCT (stratified for type and severity of aphasia)
Participants	Inclusion criteria: unilateral first stroke, Global, Broca's, Wernicke's, anomic, conduction as per WAB, occlusive or stable intracerebral haemorrhagic stroke, functional English speakers Exclusion criteria: non-stroke, symptoms lasting fewer than 5 days, language recovery within 2 to 4 weeks after stroke, unstable illness Group 1: 24 participants Group 2: 25 participants Groups comparable at baseline
Interventions	1. Conventional SLT: 1 hour 3 times weekly for 1 year (or 1.5 hours twice weekly) 2. Social stimulation and support: 1 hour 3 times weekly for 1 year (or 1.5 hours twice weekly) Conventional SLT: stimulation-facilitation therapy based on Schuell and Wepman's approaches provided by speech and language therapists Social stimulation and support: based on stimulation orientation, providing psychological support, communication in unstructured settings carried out by nurses
Outcomes	WAB, ACTS Assessed at baseline, 3, 6 and 12 months
Notes	Canada Participants refusing or unable to participate were allocated to a third no-treatment group but were not included in this review Dropouts: 7 participants (conventional SLT 1; social stimulation and support 6)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding unclear
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Data reported unsuitable for inclusion within the review
Other bias	Unclear risk	Sample size calculation not reported. Groups comparable at baseline

Smania 2006

Methods	Parallel group RCT
Participants	Inclusion criteria: left unilateral CVA, limb apraxia lasting a minimum of 2 months, aphasia Exclusion criteria: previous CVA or other neurological disorders, > 80 years of age, uncooperative, orthopaedic or other disabling disorders Group 1: 20 participants Group 2: 21 participants Groups comparable at baseline
Interventions	1. Conventional SLT: 50 minutes 3 times weekly for 10 weeks 2. No SLT: limb apraxia therapy over 10 weeks Conventional SLT: based on Basso et al 1979 approach No SLT: limb apraxia therapy only
Outcomes	Token Test, Gestural comprehension (not described) Assessed at baseline, end of treatment and 2-month follow-up
Notes	Italy All participants had apraxia Dropouts: 24 participants (conventional SLT 12; no SLT 12)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers table
Allocation concealment (selection bias)	High risk	Co-ordinating trialists allocated participants to groups
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	High risk	ITT was not used
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Sample size calculation not reported Groups comparable at baseline

Smith 1981i

Methods	Parallel group RCT (subgroup within larger trial)
Participants	Inclusion criteria: hospital catchment area, measurable residual neurological deficit, no life threatening concurrent illness, fit for intensive therapy, independent prior to stroke, inpatient for not more than 2 months after stroke Exclusion criteria: too old or frail to travel to hospital, some non-described reasons Group 1: 16 participants Group 2: 17 participants Group 1 (intensive SLT) had higher mean percentage error scores on MTDDA than group 2 (no SLT)
Interventions	1. Intensive SLT: 1 hour 4 times weekly for up to 12 months 2. No SLT Intensive SLT: not described No SLT: participants were visited at home by health visitor but frequency is unclear
Outcomes	MTDDA, GHQ Assessed at baseline, 3, 6 and 12 months after trial admission
Notes	UK Difficult to maintain intensive SLT input after first 3 months Participants were also receiving physiotherapy and occupational therapy No restrictions on other treatments prescribed by hospital staff or GP Dropouts: 10 plus ? (5 participants withdrawn prior to final analyses (3 with dysarthria but no aphasia; 2 died before first re-assessment but grouping not advised) plus intensive SLT 10; no SLT: none reported

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessors not blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	20 patients in main trial had mild dementia, unclear whether any were participants with aphasia Group 1 (intensive SLT) had lower mean percentage error scores on MTDDA than group 2 (no SLT); it is unclear whether this was a significant difference Sample size calculation not reported

Smith 1981ii

Methods	Parallel group RCT (subgroup within larger trial)
Participants	Inclusion criteria: lives in hospital catchment area, measurable residual neurological deficit, no life-threatening concurrent illness, fit for intensive therapy if assigned, independent prior to stroke, inpatient for not more than 2 months post-onset Exclusion criteria: too old or frail to travel to hospital, some non-described reasons Group 1: 14 participants Group 2: 17 participants Group 1 (conventional SLT) had higher mean percentage error scores on MTDDA than group 2 (no SLT)
Interventions	1. Conventional SLT: 40 minutes twice weekly for up to 12 months 2. No SLT Conventional SLT: not described No SLT: participants were visited at home by health visitor but frequency is unclear
Outcomes	MTDDA, GHQ Assessed at baseline, 3, 6 and 12 months after trial admission
Notes	UK Participants also receiving physiotherapy and occupational therapy No restrictions of other treatments prescribed by the hospital or GP Dropouts: 5 participants withdrawn prior to final analyses (3 with dysarthria but no aphasia; 2 died before first re-assessment but grouping not advised) plus 6 participants (conventional SLT 6; no SLT: none reported)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessors not blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	20 patients in main trial had mild dementia, unclear whether any were participants with aphasia Group 1 (conventional SLT) had higher mean percentage error scores on MTDDA than group 2 (no SLT) Sample size calculation not reported

Smith 1981iii

Methods	Parallel group RCT (subgroup within larger trial)
Participants	Inclusion criteria: lives in hospital catchment area, measurable residual neurological deficit, no life-threatening concurrent illness, fit for intensive therapy if assigned, independent prior to stroke, inpatient for not more than 2 months post-onset Exclusion criteria: too old or frail to travel to hospital, some non-described reasons Group 1: 16 participants Group 2: 14 participants Groups comparable at baseline
Interventions	1. Intensive SLT: 1 hour 4 times weekly for up to 12 months 2. Conventional SLT: 40 minutes twice weekly for up to 12 months Intensive SLT: not described Conventional SLT: not described
Outcomes	MTDDA, GHQ Assessed at baseline, 3, 6 and 12 months after trial admission
Notes	UK Distinction between intensive and conventional became impossible to maintain after first 3 months as individual patterns of therapy attendance emerged; in first 3 months mean 21/50 hours intended Conventional SLT group received additional group treatment; also received physiotherapy and occupational therapy No restrictions of other treatments prescribed by the hospital or GP Dropouts: 5 participants withdrawn prior to final analyses (3 with dysarthria but no aphasia; 2 died before first re-assessment but grouping not advised) plus 16 participants (intensive SLT 10; conventional SLT 6)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	High risk	Outcome assessors not blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Statistical data reported unsuitable for inclusion within the review
Other bias	Unclear risk	20 patients in main trial had mild dementia, unclear whether any were participants with aphasia Sample size calculation not reported

Van Steenbrugge 1981

Methods	Parallel group RCT
Participants	Inclusion criteria: neurologically stable, > 3 months after stroke, aphasia, motivated, clear but 'not too severe' naming difficulties Exclusion criteria: none listed Group 1: 5 participants Group 2: 5 participants Groups comparable at baseline
Interventions	1. Task-specific SLT: 1 hour twice weekly for 6 weeks (followed by 3 weeks 'free therapy' from patients' own therapists) 2. Conventional SLT: unclear but continued for 9 weeks Task-specific SLT: for naming and constructing sentences: Phase 1 delivered by research speech and language therapists, Phase 2 delivered by participant's own therapist Conventional SLT: expressive tasks (no details)
Outcomes	FE-Scale (expression), naming (test not specified), sentence construction (not described) Assessed at baseline and 6 months and follow-up at 9 weeks
Notes	The Netherlands Translated by Mrs Christine Versluis (Netherlands)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Unclear risk	Outcome assessor blinding unclear
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline (age, time post-stroke) Sample size calculation not reported

VERSE 2011

Methods	RCT
Participants	<p>Inclusion criteria: acute stroke admission within 5 days of stroke symptoms, CT or MRI confirmed diagnosis of stroke within 24 hours after admission, aphasia as identified using the FAST, conscious, medically stable, can maintain a wakeful and alert state for at least 30 minutes, WAB AQ < 93.8</p> <p>Exclusion criteria: previous history of aphasia, mental illness, dementia, subarachnoid or subdural haemorrhage or neurosurgical intervention, non-English speaking background, uncorrected hearing or vision impairment</p> <p>Group 1: 32 participants Group 2: 27 participants</p>
Interventions	<p>1. Intensive SLT: 30 to 80 minutes 5 days per week up to 4 weeks or 20 sessions 2. Conventional SLT: 1 session per week up to 4 weeks or 20 sessions</p> <p>Intensive SLT: daily Conventional SLT: weekly</p> <p>SLT: 3 therapy types used - Lexical-semantic (BOX) therapy; Mapping Therapy; Semantic Feature Analysis. All participants had a SLT programme individually tailored to suit their needs and therapists were instructed to provide treatment from the above therapy types, according to the participant's needs. The therapist could use only these therapy approaches (1 or more). Picture description task: all participants receiving SLT attempted a picture description task at each session during the acute hospital stay</p>
Outcomes	<p>Primary outcome measures: AQ and FCP at acute hospital discharge Secondary outcome measures: AQ, FCP and DA scores at 6 months post stroke 4 weeks then follow-up at 6 months' post stroke</p>
Notes	<p>Australia 3 acute-care hospitals</p> <p>Groups comparable at baseline in relation to age, gender, previous stroke, stroke type and stroke classification</p> <p>Dropouts: 8 (intensive SLT 7; conventional SLT 1); loss to follow-up: 6 (intensive SLT 4; conventional SLT 2)</p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number generator
Allocation concealment (selection bias)	Low risk	Sealed envelopes
Blinding (performance bias and detection bias)	Low risk	Assessors blinded (3 SLTs and 3 final year SLT students)
Incomplete outcome data (attrition bias)	Low risk	ITT was employed
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Low risk	Some indication that the 2 groups' severity of stroke and severity of aphasia differed at baseline (P = 0.057) but this was adjusted for in the analysis

Wertz 1981

Methods	Parallel group RCT
Participants	Inclusion criteria: male veteran, aged 40 to 80 years, premorbidly literate in English, first thromboembolic left CVA, no co-existing major medical complications, hearing no worse than 40 dB in poorer ear, corrected vision no worse than 20/100 in poorer eye, adequate sensory/motor ability in 1 hand to write/gesture, 4 weeks post-onset, language severity 15th to 75th overall percentile on PICA Exclusion criteria: none listed Group 1: 32 participants Group 2: 35 participants Groups comparable at baseline
Interventions	1. Group SLT: 4 hours in group with therapist plus 4 hours of group activities weekly for up to 44 weeks 2. Conventional SLT: 4 hours with therapist plus 4 hours machine-assisted treatment and SLT drills weekly for up to 44 weeks Group SLT: each week, 4 hours direct SLT contact in groups of 3 to 7 participants designed to stimulate language through social interaction; no direct manipulation of deficits; encouraged group discussion on current events and topics; no direct attempts to improve or correct incorrect responses; in addition, 4 hours of group recreational activities weekly Conventional SLT: direct, stimulus-response manipulation of speech and language deficits plus 4 hours of machine-assisted treatment and SLT drill
Outcomes	PICA, Token Test, word fluency measure, Conversational Rating, Informants ratings of functional language use Assessed at baseline and every 11 weeks until end of 44-week treatment or withdrawal of participant
Notes	USA over 5 sites Dropouts: 33 participants (group SLT 16; conventional SLT 17)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Some statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline Sample size calculation not reported

Wertz 1986i

Methods	Cross-over group RCT (only data collected prior to cross-over treatment included in this review)
Participants	Inclusion criteria: male veteran, maximum 75 years old, 2 to 24 weeks post-onset, single left thromboembolic CVA, no previous or co-existing neurological, serious medical or psychological disorder, no worse than 20/100 corrected vision in better eye, hearing no worse than 40 dB unaided in better ear, sensory/motor ability in 1 upper limb to gesture or write, premorbidly literate in English, maximum 2 weeks between onset and trial entry, language severity 10th to 80th PICA overall, non-institutionalised living environment, outside assistant volunteer available Exclusion: none listed Group 1: 38 participants Group 2: 40 participants Groups comparable at baseline
Interventions	1. Conventional SLT: 8 to 10 hours weekly for 12 weeks 2. No SLT: deferred SLT for 12 weeks Conventional SLT: delivered by therapist in clinic; stimulus-response (auditory comprehension, reading, oral-expressive language and writing); aphasia-specific techniques; followed by 12 weeks of no SLT
Outcomes	PICA, CADL, RCBA, Token Test Assessed at baseline, 6 and 12 weeks with follow-up at 18 and 24 weeks
Notes	USA over 5 sites Estimated sample size Dropouts: 20 participants (conventional SLT 9; no SLT 11)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Low risk	Groups comparable at baseline

Wertz 1986ii

Methods	Cross-over group RCT (only data collected prior to cross-over treatment included in this review)
Participants	Inclusion criteria: male veteran, maximum 75 years old, 2 to 24 weeks post-onset, single left thromboembolic CVA, no previous neurological involvement/co-existing serious medical or psychological disorder, no worse than 20/100 corrected vision in better eye, hearing no worse than 40 dB unaided in better ear, sensory/motor ability in 1 upper limb to gesture/write, premorbidly literate in English, maximum 2 weeks between onset and trial entry, language severity 10th to 80th PICA overall, non-institutionalised living environment, outside assistant volunteer available Exclusion: none listed Group 1: 43 participants Group 2: 40 participants Groups comparable at baseline
Interventions	1. Volunteer-facilitated SLT: 8 to 10 hours weekly for 12 weeks 2. No SLT: deferred conventional SLT Volunteer-facilitated SLT: planned and directed by SLT, administered at home by trained volunteer (family member/friend) with no previous healthcare experience, followed by 12 weeks of no SLT Volunteers received 6 to 10 hours training, information about aphasia, observation of treatment on videotapes, demonstration and practise with techniques; weekly face-to-face and telephone contact with SLT for advice and support; every 2 weeks volunteers videotaped a session to be reviewed with SLT and adjustments suggested
Outcomes	PICA, CADL, RCBA, Token Test Assessed at baseline, 6 and 12 weeks with follow-up at 18 and 24 weeks
Notes	USA over 5 sites Estimated sample size Dropouts: 18 participants (trained volunteer SLT 7; no SLT 11)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis was not used
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline

Wertz 1986iii

Methods	Cross-over group RCT (only data collected prior to cross-over treatment included in this review)
Participants	Inclusion criteria: male veteran, maximum 75 years old, 2 to 24 weeks after single left thromboembolic stroke, no previous neurological involvement/co-existing serious medical or psychological disorder, at least 20/100 corrected vision, hearing at least 40 dB unaided, sensory/motor ability in 1 upper limb to gesture or write, premorbidly literate in English, maximum 2 weeks between onset and trial entry, language severity 10th to 80th percentile on PICA, non-institutionalised living, volunteer available Exclusion: none listed Group 1: 43 participants Group 2: 38 participants Groups comparable at baseline
Interventions	1. Volunteer-facilitated SLT: 8 to 10 hours weekly for 12 weeks 2. Conventional SLT: 8 to 10 hours weekly for 12 weeks Volunteer-facilitated SLT: prepared by SLT; administered at home by trained volunteer (family member/friend) with no previous healthcare experience; followed by 12 weeks of no SLT Volunteers received 6 to 10 hours training, information about aphasia, observation of treatment on videotapes, demonstration and practise with techniques; weekly face-to-face and telephone contact with SLT for advice and support; every 2 weeks volunteers videotaped a session to be reviewed with SLT and adjustments suggested Conventional SLT: delivered by therapist in clinic; stimulus-response (auditory comprehension, reading, oral-expressive language and writing); aphasia-specific techniques; followed by 12 weeks of no SLT
Outcomes	PICA, CADL, RCBA, Token Test Assessed at baseline, 6 and 12 weeks with follow-up at 18 and 24 weeks
Notes	USA over 5 sites Estimated sample size Dropouts: 16 participants (Volunteer-facilitated SLT 9; conventional SLT 7)

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessors blinded
Incomplete outcome data (attrition bias)	High risk	ITT analysis not used
Selective reporting (reporting bias)	Unclear risk	Statistical data included within the review
Other bias	Unclear risk	Groups comparable at baseline

Wu 2004

Methods	Parallel group RCT
Participants	Inclusion criteria: none described Exclusion criteria: none described Group 1: 120 participants Group 2: 116 participants Unclear whether groups were comparable at baseline
Interventions	1. Conventional SLT: frequency of therapy unclear; for 6 months 2. No SLT Conventional SLT: 2-part intervention including visual stimulation, gesture and 'word pattern' for comprehension, pronunciation, reading single words and 'entertainments' (not described); Part 1: inpatient intervention (doctors); Part 2: outpatient intervention (family members trained by doctors)
Outcomes	None available
Notes	China Translated by Chinese Cochrane Centre

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	High risk	Statistical data not reported
Other bias	Unclear risk	Unclear whether groups were comparable at baseline Sample size calculation not reported

Yao 2005i

Methods	Parallel group RCT
Participants	Inclusion criteria: post-stroke aphasia Exclusion criteria: none listed Group 1: 30 participants Group 2: 30 participants Comparability of groups at baseline unclear
Interventions	1. Group SLT: daily for 28 days 2. No SLT Group SLT: participants talk with a doctor/nurse in small groups (10 participants) Participants encouraged to communicate with each other
Outcomes	CRRCAE Assessed at baseline, 28 days and 3-month follow-up
Notes	China Translated by Chinese Cochrane Centre

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Comparability of groups at baseline unclear Limited inclusion criteria listed and no exclusion criteria Sample size calculation not reported

Yao 2005ii

Methods	Parallel group RCT
Participants	Inclusion criteria: post-stroke aphasia Exclusion criteria: none listed Group 1: 24 participants Group 2: 30 participants Comparability of groups at baseline unclear
Interventions	1. Conventional SLT: daily for 28 days 2. No SLT Conventional SLT: 1-to-1 rehabilitative training, i.e. 1 nurse talked with 1 participant
Outcomes	CRRCAE Assessed at baseline, 28 days and 3-month follow-up
Notes	China Translated by Chinese Cochrane Centre

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Comparability of groups at baseline unclear Limited inclusion criteria listed and no exclusion criteria Sample size calculation not reported

Yao 2005iii

Methods	Parallel group RCT
Participants	Inclusion criteria: aphasia following stroke Exclusion criteria: none listed Group 1: 30 participants Group 2: 24 participants Comparability of groups at baseline unclear
Interventions	1. Group SLT: daily for 28 days 2. Conventional SLT: daily for 28 days Group SLT: participants talk with a doctor/nurse in small groups (10 participants) Participants encouraged to communicate with each other Conventional SLT: 1-to-1 rehabilitative training, i.e. 1 nurse talked with 1 participant
Outcomes	CRRCAE Assessed at baseline, 28 days and 3-month follow-up
Notes	China Translated by Chinese Cochrane Centre

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	-
Allocation concealment (selection bias)	Unclear risk	-
Blinding (performance bias and detection bias)	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants included in analyses
Selective reporting (reporting bias)	Low risk	Statistical data included within the review
Other bias	Unclear risk	Comparability of groups at baseline unclear Limited inclusion criteria listed and no exclusion criteria Sample size calculation not reported

Zhang 2007i

Methods	Parallel group RCT
Participants	Inclusion criteria: outpatients with 'apoplectic aphemia' Exclusion criteria: none available Group 1: 19 participants Group 2: 17 participants Groups comparable at baseline
Interventions	1. SLT: dosage unclear 2. No SLT: SLT: rehabilitation, visual-listening, articulation, speech training No SLT: medication, manicol/beronald, Ca ²⁺ antagonist, citicoline etc.
Outcomes	Aphasia Battery of Chinese (verbal expression, comprehension, reading, writing), CFCP, BDAE Assessed before and after therapy
Notes	People's Republic of China Dropouts: none

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Details unclear
Allocation concealment (selection bias)	Unclear risk	Details unclear
Blinding (performance bias and detection bias)	Low risk	Assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants appear to have been included within the analyses
Selective reporting (reporting bias)	Unclear risk	Details unclear
Other bias	Unclear risk	Details unclear

Zhang 2007ii

Methods	Parallel group RCT
Participants	Inclusion criteria: outpatients with 'apoplectic aphemia' Exclusion criteria: none available Group 1: 20 participants Group 2: 17 participants Groups comparable at baseline
Interventions	1. SLT: dosage unclear 2. No SLT: SLT: rehabilitation, visual-listening, articulation, speech training and acupuncture No SLT: medication, manicol/beronald, Ca ²⁺ antagonist, citicoline etc.
Outcomes	Aphasia Battery of Chinese, CFCP, BDAE Assessed before and after therapy
Notes	People's Republic of China Dropouts: none

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Details unclear
Allocation concealment (selection bias)	Unclear risk	Details unclear
Blinding (performance bias and detection bias)	Low risk	Assessor blinded
Incomplete outcome data (attrition bias)	Low risk	All randomised participants appear to have been included within the analyses
Selective reporting (reporting bias)	Unclear risk	Details unclear
Other bias	Unclear risk	Details unclear

Zhao 2000

Methods	Parallel group RCT
Participants	Inclusion criteria: people with aphasia from 'ischaemic apoplexy' Exclusion criteria: none available Group 1: 98 participants Group 2: 40 participants No statistically significant differences reported between the groups at baseline
Interventions	SLT: 'combined method' - medicine, acupuncture, speech training (administered by nursing staff) over 2 months No SLT: routine medicine over 2 months
Outcomes	ABC Assessed after treatment
Notes	People's Republic of China Dropouts: none

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Details unclear
Allocation concealment (selection bias)	Unclear risk	Details unclear
Blinding (performance bias and detection bias)	Unclear risk	Details unclear
Incomplete outcome data (attrition bias)	Low risk	All randomised participants appear to have been included within the analyses
Selective reporting (reporting bias)	Unclear risk	Details unclear
Other bias	Unclear risk	Details unclear

Footnotes

AAT: Aachen Aphasia Test

ACTS: Auditory Comprehension Test for Sentences

ADL: activities of daily living

AMERIND:

ANELT: Amsterdam-Nijmegen Everyday Language Test

AQ: Aphasia Quotient

BDAE: Boston Diagnostic Aphasia Examination

CADL: Communication Abilities of Daily Living

CETI: Communicative Effectiveness Index

CFCP: Chinese Functional Communication Profile

CHSPT: Caplan and Hanna Sentence Production Test

CMA: Canadian Medical Association

CRRCAE: Chinese Rehabilitation Research Centre Aphasia Examination

CT: computerised tomography

CVA: cerebrovascular accident

DA: discourse analysis

dB: decibels

FAST: Frenchay Aphasia Screening Test

FCP: Functional Communication Profile

FE-scale: Functional-Expression scale

GP: general practitioner

ITT: intention-to-treat
 MAACL: Multiple Adjective Affect Check-List
 MCA: middle cerebral artery
 MRI: magnetic resonance imaging
 MTDDA: Minnesota Test for the Differential Diagnosis of Aphasia
 NGA: Norsk Grunntest for Afasi
 NHP: Nottingham Health Profile
 NHS: National Health Service (UK)
 NIHSS: National Institutes of Health Stroke Scale
 ONT: Object Naming Test
 ORLA: Oral Reading for Language in Aphasia
 PACE: Promoting Aphasics' Communicative Effectiveness
 PALPA: Psycholinguistic Assessments of Language Processing in Aphasia
 Peabody PVT: Peabody Picture Vocabulary Test
 PICA: Porch Index of Communicative Abilities
 RCBA: Reading Comprehension Battery for Aphasia
 RCT: randomised controlled trial
 SAT: Semantic Association Test
 SD: standard deviation
 SLT: speech and language therapy/therapist
 SPICA: Shortened Porch Index of Communicative Abilities
 STACDAP: Systematic Therapy for Auditory Comprehension Disorders in Aphasic Patients
 TOMs: Therapy Outcomes Measures
 WAB: Western Aphasia Battery
 WAIS: Wechsler Adult Intelligence Scale

Characteristics of excluded studies

Breitenfeld 2005

Reason for exclusion	Non-SLT intervention (music therapy)
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Cherney 2007

Reason for exclusion	Experimental and control groups had same SLT intervention with experimental group also receiving cortical stimulation
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Cherney 2010

Reason for exclusion	Non-SLT intervention (epidural cortical stimulation)
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Cohen 1992

Reason for exclusion	Included conditions other than stroke Unable to obtain aphasia-specific data
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Cohen 1993

Reason for exclusion	Included conditions other than stroke Unable to obtain aphasia-specific data
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Gu 2003

Reason for exclusion	Unable to obtain aphasia-specific data
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Hagen 1973

Reason for exclusion	Quasi-randomised trial
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Hartman 1987

Reason for exclusion	Quasi-randomised trial
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Hinckley 2005

Reason for exclusion	Non-RCT
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Holmqvist 1998

Reason for exclusion	Unable to obtain aphasia-specific data
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Jungblut 2004

Reason for exclusion	Randomisation to groups inadequate; group allocation could be predicted
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Kagan 2001

Reason for exclusion	Quasi-randomised trial
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Kalra 1993

Reason for exclusion	Not all participants had aphasia Unable to obtain aphasia-specific data
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Kinsey 1986

Reason for exclusion	Randomisation dictated order of task presentation Aimed to establish impact of task delivery on performance Not a therapeutic intervention
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Kurt 2008

Reason for exclusion	Quasi-randomised trial
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Liu 2006a

Reason for exclusion	Stroke specific data unavailable
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Luo 2008

Reason for exclusion	Non-SLT comparison (SLT + acupuncture versus SLT)
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Marshall 2001

Reason for exclusion	Intervention did not aim to improve communication skills but learning of non-words
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Meinzer 2005

Reason for exclusion	Randomisation to groups inadequate; group allocation could be predicted
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Quinteros 1984

Reason for exclusion	Quasi-randomised trial
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Rudd 1997

Reason for exclusion	Unable to obtain aphasia-specific data
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Stoicheff 1960

Reason for exclusion	Included conditions other than stroke Unable to obtain aphasia-specific data
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Thompson 2010

Reason for exclusion	Quasi-randomised trial
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Van Lancker 1997

Reason for exclusion	Study was not completed
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Vines 2007

Reason for exclusion	Non-SLT intervention (transcranial direct current stimulation)
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Wang 2004

Reason for exclusion	Not all participants had aphasia Unable to obtain aphasia-specific data
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Weiduschat 2011

Reason for exclusion	Non-SLT intervention (transcranial magnetic stimulation)
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Wolfe 2000

Reason for exclusion	Unable to obtain aphasia-specific data
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Wood-Dauphinee 1984

Reason for exclusion	Included conditions other than stroke Unable to obtain aphasia-specific data
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Zhang 2004

Reason for exclusion	Unable to obtain aphasic-specific data
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Footnotes

SLT: speech and language therapy

Characteristics of studies awaiting classification*E-VIC 1990*

0001 Speech and language therapy for aphasia following stroke

Methods	"An experimental group and a control group of subjects, with patients assigned randomly to one or other treatment."
Participants	40 Inclusion criteria: within 6 weeks of stroke, severe global aphasia Exclusion criteria: none
Interventions	20 sessions over 3 to 5 weeks 1. E-VIC delivered by therapist 2. Conventional SLT delivered by therapist
Outcomes	Unclear 'primary goal of the project is to determine whether training with the experimental intervention has an effect on rate and level of recovery of language function'
Notes	

Stachowiak 1994

Methods	Randomised stratified trial with involvement from Biometrical Center Aachen
Participants	156 Inclusion criteria: aphasia, at least 4 months post onset Exclusion criteria: 75 years or older, bilateral lesions, retro and anterograde amnesia, progressive disease (e.g. dementia), inability to complete first part of Token Test, failure to pass screening test for computer use Group 1: 77.9% had aphasia following stroke Group 2: 77.2% had aphasia following stroke
Interventions	1. Conventional SLT (as below) augmented by computer-facilitated SLT (additional 30 hours) 2. Conventional SLT - 5 hours weekly for 6 weeks
Outcomes	AAT (and subtests Token Test, repetition, written language, naming, language comprehension)
Notes	Funded by the German Ministry for Research and Technology (BMFT)

Footnotes

AAT: Aachen Aphasia Test

SLT: speech and language therapy

Characteristics of ongoing studies

CACTUS

Study name	Cost effectiveness of Aphasia Computer Treatment versus Usual Stimulation
Methods	Pragmatic prospective parallel-group RCT (stratified by severity and time post onset) Pilot study
Participants	34 Inclusion criteria: diagnosis of stroke and aphasia with word-finding difficulties as a predominant feature (Comprehensive Aphasia Test) (Swinburn 2004), no longer receiving SLT, no pre-stroke speech or language problems (as reported by family or friends) Exclusion criteria: severe visual or cognitive difficulties (as per ability to participate in Step-by-Step test game)
Interventions	1. Step-by-Step software over 5-month period. Range of exercises (13,000) with speech feedback to target single word auditory processing, single word production, reading and writing. Screening test will inform exercise selection. Computer exercises will be accessible for 5 months as often as the participant wishes (recommended minimum 20 to 30 minutes per day). Word finding treatment. Access to a volunteer for support 2. Usual SLT received in long-term post-stroke
Outcomes	Primary: feasibility (recruitment rate, effect size and variability) Secondary: changes in word retrieval abilities (subtests from the Object and Action Naming Battery) (Druks 2000), TOMs (Enderby 2007), resource use data, EQ-5D scores Carers: CarerQol (Brouwer 2006) Data collection: baseline, 5 and 8 months Interviews regarding acceptability with participants with aphasia and with carers separately Interviews and focus group with volunteers
Starting date	June 2009
Contact information	Dr Rebecca Palmer, Sheffield Teaching Hospitals and University of Sheffield, UK
Notes	Expected completion: May 2012 ISRCTN91534629

Crosson 2007

Study name	Treating intention in aphasia: neuroplastic substrates
Methods	RCT
Participants	14 Inclusion criteria: non-fluent aphasia caused by stroke, moderate-to-severe word-finding problems, at least 6 months after stroke, right-handed prior to stroke, left hemisphere stroke, native English speaker, capable of following verbal directions Exclusion criteria: severe impairment of word comprehension, brain injury or disease in addition to stroke, history of drug or alcohol abuse in last 6 months, history of psychiatric disorder that required hospitalisation, history of learning disability, claustrophobia, cardiac pacemaker, ferrous metal implants unattached to bone or metal fragments in body, profound hearing loss
Interventions	1. Word finding with intention manipulation. Word-finding trials (picture naming) with intention manipulation (initiating word-finding trials with a complex left-hand movement). 8 (or more) baseline sessions over 4 days followed by 30 treatment sessions (2 sessions/day, 5 days/week for 3 weeks) 2. Word finding with no intention manipulation. Word-finding trials with no intention manipulation. 8 (or more) baseline sessions in 4 days followed by 30 treatment sessions (2 sessions/day, 5 days/week for 3 weeks)
Outcomes	Primary outcome: lateralisation of frontal lobe activity during word production Secondary outcomes: word-finding ability (picture naming and category member generation accuracy) Data collection: pretreatment, post-treatment, 3-month follow-up
Starting date	March 2007
Contact information	Dr Bruce Crosson, University of Florida, Gainesville, Florida, USA nossorc1@phhp.ufl.edu
Notes	ClinicalTrials.gov ID: NCT00567242 Expected completion: September 2009

FUATAC

0001 Speech and language therapy for aphasia following stroke

Study name	Forced Use Aphasia Therapy in the ACute phase (FUATAC)
Methods	RCT
Participants	52 Inclusion criteria: left hemisphere cerebrovascular accident less than 3 months prior; aphasia (as per clinical diagnosis and screening test); monolingual German speaker Exclusion criteria: aphasia primarily automatisms; severe jargon; severe apraxia of speech; severe neuropsychological disorders, psychiatric disorders or both
Interventions	1. Forced-use aphasia therapy (a) group therapy; (b) 3 to 4 hours therapy per day; (c) therapy focused on communicative aspects 2. Control: conventional therapy (a) individual therapy; (b) therapy once per day (c) therapy focused on language/linguistic skills
Outcomes	Unclear
Starting date	2006
Contact information	j.kuest@godeshoehe.de
Notes	ISRCTN26390986

Godecke 2011

Study name	Aphasia therapy in early stroke recovery
Methods	Prospective, randomised, single-blinded trial A random number generator was used and allocation was concealed using sealed envelopes
Participants	Mild-to-severe aphasia
Interventions	1. Group therapy: 1-hour session 20 times over 4 weeks 2. Individual therapy: 1-hour session 20 times over 4 weeks
Outcomes	Primary: WAB
Starting date	Ongoing 2011
Contact information	Dr Erin Godecke e.godecke@ecu.edu.au
Notes	

IHCOP

Study name	The effects of phoneme discrimination and semantic therapies for speech perception deficits in aphasia
Methods	-
Participants	20
Interventions	1. Phoneme discrimination therapy, e.g. discrimination tasks or matching spoken to written words 2. Semantic therapy, e.g. word to picture matching with provided semantic context
Outcomes	Minimal pair discrimination with pictures Lexical decision Synonym judgement Telephone message task Control task: written sentence to picture matching Treated versus untreated words using a cross-modal priming task
Starting date	February 2006
Contact information	Dr Celia Woolf
Notes	Expected completion: 2009

IMITATE

Study name	IMITATE: an intensive computer-based treatment for aphasia based on action observation and imitation
Methods	57 participants with aphasia randomised into 2 groups
Participants	Inclusion criteria: single ischaemic infarction in the MCA territory involving the cerebral cortex, aphasia, visual attention and language comprehension sufficient to perform imitation fMRI tasks, right-handed prior to stroke Exclusion criteria: cardiac pacemakers, claustrophobia, neurosurgical clips, significant cognitive impairment likely to impair co-operation on cognitive tasks
Interventions	1. IMITATE: home-based, 30 minutes 3 times daily 6 days weekly (total of 9 hours weekly) for 6 weeks' observation of audio-visual presentations of words and phrases followed by oral repetition of the stimuli 2. Control: unclear
Outcomes	Primary outcome: WAB Secondary outcome measures: subtests from the Apraxia Battery for Adults, the BNT, the 'cookie theft' picture description task from the BDAE, the SAQoL
Starting date	August 2007
Contact information	Professor Steven Small small@uchicago.edu
Notes	Expected completion: 2013 NCT00713050

Kukkonen 2007

0001 Speech and language therapy for aphasia following stroke

Study name	-
Methods	40 participants with aphasia randomised into 4 groups that vary in the intensity of SLT allocated and in the onset of therapy Participants have also been stratified by age: younger group (50 to 65 years) and older group (66 to 80 years) SLT was provided over a 1-year period with periods of therapy sessions and family counselling
Participants	Inclusion criteria: aged 50 to 80 years old, first CVA in the left hemisphere, living locally, diagnosis in university hospital, diagnosis confirmed by CT/MRI, availability of a relative; 4 weeks after onset
Interventions	1. High-intensity SLT group: 45 minutes 2 times per day, 5 days per week for 6 weeks 2. Moderate-intensity SLT group: 45 minutes 2 times per day, 2 days per week for 6 weeks 3. Conventional SLT: 45 minutes twice a week for 6 weeks 4. Control group: no individual SLT Spouses or carers received support and information from the SLTs 3 times
Outcomes	Speech comprehension (Token Test, Pizzamigglio Sentence Test, subtests from the BDAE) Speech production (BDAE and BNT), story telling from cartoon frames Functional communicative skills (CETI) Functional Independence Measurement and 15D Pizzamigglio Sentence Test Quick Aphasia Screening Test Montgomery & Åberg Depression scale and with Beck's Depression scale Assessments were administered at 1 , 4, 10, 14, 20, 32 and 52 weeks post-stroke Each participants had a 1.5 year follow-up
Starting date	October 2002 - May 2007 (data collection completed)
Contact information	Tarja Kukkonen, Speech and language Therapist Ph, MEsc, MSc Lecturer in Logopedics, Department of Speech, Communication and Voice Research, 33014 University of Tampere, Finland Tel. +358 3 35514086 Tarja.Kukkonen@uta.fi
Notes	No dropouts from study

Maher 2008

0001 Speech and language therapy for aphasia following stroke

Study name	An investigation of constraint-induced language therapy for aphasia
Methods	2 different intensities of therapy
Participants	48 participants collected at 3 sites (Houston, Gainesville and Tampa VAMCs) Inclusion criteria: moderate - moderately severe, non-fluent aphasia, unilateral left CVA, right-handed, English as first language, adequate hearing and vision to participate in therapy Exclusion criteria: multiple strokes, history of other neurological impairment, non-English speaking, inadequate auditory comprehension, severe speech apraxia
Interventions	1. Intensive CILT 2. Intensive PACE therapy 3. Distributed CILT 4. Distributed PACE therapy
Outcomes	Language assessment, discourse sample, daily probe measures and qualitative interviews will be used to measure treatment effects 1-month follow-up
Starting date	August 2002
Contact information	Lynn M Maher, Department of Communication Sciences and Disorders, University of Houston Immaher@uh.edu
Notes	Completion date: June 2006

MIT Netherlands 1

Study name	The efficacy of Melodic Intonation Therapy in aphasia rehabilitation
Methods	RCT Active control parallel
Participants	40 participants post acute (2 months post stroke) Inclusion criteria: aphasia after left hemisphere stroke, 2 to 3 months post-stroke onset, native speaker of Dutch, candidate for MIT, non-fluent (< 50 words per minutes), severe restriction of repetition (AAT repetition subtest score < 100, AAT repetition of sentences subtest score < 11), articulation problems (AAT spontaneous speech subtest score < 3); good-to-moderate auditory comprehension (functional comprehension > 5; AAT auditory comprehension subtest score > 32); 18 to 80 years of age; right-handed Exclusion criteria: severe hearing deficit, prestroke dementia diagnosis, recent psychiatric history, MIT for 3 or more weeks prior to study
Interventions	1. MIT: language production therapy in which melodic aspects of language (rhythm, intonation) are used to improve language production. Therapy involves singing (and in later stages speaking) sentences, 5 hours per week for 6 weeks 2. No-MIT: targeted at comprehension and production of written language. Minimum of 5 hours per week for 6 weeks
Outcomes	Primary outcome: (1) number of CIUs that are adequate, comprehensible, relevant and informative in relation to the target story - Sabadel task Secondary outcomes: (1) repetition of trained and untrained items, AAT (interview, repetition and picture description subtests), ANELT (measure of communication in daily life)
Starting date	October 2009
Contact information	Dr AC van der Meulen, Rijndam Rehabilitation Centre Afasieteam Westersingel 300, 3015 LJ, Rotterdam, the Netherlands Telephone: +31 (0)10-2412412 Fax: +31 (0)10-2412431 ivandermeulen@rijndam.nl
Notes	Nederlands Trial Register ID: NTR1961 Expected completion: September 2012

MIT Netherlands 2

Study name	The efficacy of Melodic Intonation Therapy in aphasia rehabilitation
Methods	RCT Active control parallel
Participants	40 participants (chronic aphasia) > 1 year after stroke Inclusion criteria: aphasia after left hemisphere stroke, at least 1 year post-onset, native Dutch speaker, candidate for MIT, non-fluent (< 50 words per minutes), severe restriction of repetition (AAT repetition subtest score < 100, AAT repetition of sentences subtest score < 11), articulation problems (AAT spontaneous speech subtest score < 3), good-to-moderate auditory comprehension (functional comprehension > 5, AAT auditory comprehension subtest score > 32), 18 to 80 years of age, right-handed Exclusion criteria: severe hearing deficit, prestroke dementia diagnosis, recent psychiatric history, MIT for 3 or more weeks prior to study
Interventions	1. MIT: language production therapy in which melodic aspects of language (rhythm, intonation) are used to improve language production. Therapy involves singing (and in later stages speaking) sentences. 5 hours per week for 6 weeks 2. No therapy: no individual treatment for 6 weeks. Participation in group treatment once a week permitted
Outcomes	Primary outcome: (1) number of CIUs that are adequate, comprehensible, relevant and informative in relation to the target story - Sabadel task Secondary outcomes: (1) repetition of training and untrained items, AAT (interview, repetition and picture description subtests), ANELT (measure of communication in daily life)
Starting date	October 2009
Contact information	Dr AC van der Meulen, Rijndam Rehabilitation Centre Afasieteam Westersingel 300, 3015 LJ, Rotterdam, The Netherlands Telephone: +31 (0)10-2412412 Fax: +31 (0)10-2412431 ivandermeulen@rijndam.nl
Notes	Nederlands Trial Register ID: NTR1961 Expected completion: September 2012

MIT USA

Study name	Melodic Intonation Therapy USA
Methods	Interventional, randomised, active control, efficacy study, parallel assignment, single blind (outcomes assessor) treatment
Participants	Inclusion criteria: first ischaemic left-hemisphere stroke, minimum of 12 months post-onset, right-handed prior to stroke, diagnosis of non-fluent or dysfluent aphasia Exclusion criteria: > 80 years of age; > 1 stroke; presence of metal, metallic or electronic devices (cannot be exposed to MRI environment); terminal health condition; history of major neurological or psychiatric disease (e.g. epilepsy, meningitis, encephalitis); use of psychoactive drugs/medications (e.g. antidepressants, antipsychotic, stimulants); active participation in other stroke recovery trials testing experimental interventions
Interventions	1. 75 sessions of MIT (approximately 16 weeks) 2. 75 sessions of speech repetition therapy (developed for this study - verbal treatment method of equal intensity) (approximately 16 weeks) 3. No therapy (16 weeks)
Outcomes	Primary outcome: number of correct information units per minute produced during spontaneous speech Secondary outcomes: standard picture naming test, timed automatic speech, linguistically based measures of phrase and sentence analysis, functional and structural imaging measures Data collection at baseline (x 2), midpoint of therapy, end of therapy, 4 weeks after end of therapy
Starting date	2008
Contact information	Gottfried Schlaug (PI): gschlaug@bidmc.harvard.edu Andrea Norton, Music and Neuroimaging Laboratory, Stroke Recovery Laboratory, Beth Israel Deconess Medical Centre and Harvard Medical School, 330 Brookline Avenue_palmer 127, Boston MA 02215 Tel: +1 617 6328926 nossorc1@php.ufl.edu www.muscianbrain.com
Notes	ClinicalTrials.gov ID: NCT00903266 Expected completion: 2012

RATS-3

0001 Speech and language therapy for aphasia following stroke

Study name	The efficacy of cognitive linguistic therapy in the acute stage of aphasia: a RCT
Methods	Parallel group RCT Cognitive linguistic SLT versus no SLT Massed practice: 2 weeks post-onset up to 2 months post-onset
Participants	150 participants with aphasia following stroke, acute stroke of less than 2 weeks duration
Interventions	1. Cognitive linguistic therapy: BOX (semantic therapy) or/and FIKS (phonological therapy) for 7 hours per week for 4 weeks (at least 2 hours each week is 1-to-1 SLT with the therapist) 2. No SLT: (deferred)
Outcomes	Primary outcome: ANELT-A Secondary outcomes: Verbal SAT, semantic word fluency, non-words repetition (PALPA), Auditory Lexical Decision (PALPA), Letter Fluency Data collection: 4 weeks (end of therapy), 3 months after randomisation, 6 months after randomisation
Starting date	January 2011
Contact information	EG Visch-Brink e.visch-brink@erasmusmc.nl M de Jong-Hagelstein m.hagelstein@erasmusmc.nl
Notes	Expected completion: July 2014

Raymer

0001 Speech and language therapy for aphasia following stroke

Study name	Communication outcomes for naming treatments in aphasia
Methods	RCT
Participants	16 Inclusion criteria: left hemisphere stroke, at least 4 months post-stroke onset, aphasia with word retrieval impairment, at least 21 years of age, right-handed, English preferred language of speaking, at least 6th grade education Exclusion criteria: history of developmental learning difficulties or neurological illnesses, chronic medical illnesses that restrict participation in SLT, alcohol or drug dependence, severe uncorrected visual or hearing impairment
Interventions	1. Errorless Naming Treatment: up to 90 minutes 2 to 3 times per week. 2 phases of SLT will take place lasting up to 20 sessions per phase 2. Verbal and Gestural Facilitation: up to 90 minutes 2 to 3 times per week. 2 phases of SLT will take place lasting up to 20 sessions per phase
Outcomes	Primary outcome: Probe Picture Naming (daily pretreatment to 1 month post-treatment) Secondary outcomes: WAB, BNT, Discourse Sample, CETI, Functional Outcomes Questionnaire for Aphasia - all pre- and post-treatment Data collection: baseline, post-treatment phase 1, post-treatment phase 2, follow-up 1 month post-study completion
Starting date	August 2008
Contact information	Dr Anastasia M Raymer, Old Dominion University Speech and Hearing Clinic, Norfolk, Virginia, USA sraymer@odu.edu
Notes	Expected completion: July 2011 ClinicalTrials.gov ID: NCT00764400

SP-I-RiT

0001 Speech and language therapy for aphasia following stroke

Study name	SPeech Intensive Rehabilitation Therapy
Methods	-
Participants	120
Interventions	To evaluate the efficacy of intensive speech therapy in aphasic stroke patients
Outcomes	Primary outcome: increase of the AQ of at least 15% at the end of therapy Secondary outcome: differences in AQ defined by Lisbon Aphasia Battery FCP Sustained improvement in the intensive speech therapy group between 10th and 50th week Costs of therapy, per therapeutic group Number of missed therapeutic sessions and non-attendances in each group Patient satisfaction as measured by PGI scale
Starting date	September 2004
Contact information	Dr Martin Lauterbach email: mlauterbach@fm.ul.pt http://www.imm.ul.pt
Notes	Expected completion: 2008

Varley 2005

Study name	-
Methods	Self-administered intervention for word production impairments following stroke
Participants	50 participants with apraxia of speech, 20 participants with non-apraxic word production impairments
Interventions	Both interventions self-administered via software programs loaded onto laptop computer 1. Speech program is based around SWORD, a word-level intervention for apraxia of speech 2. Placebo intervention: does not target speech but trains visual attention and memory
Outcomes	Word production measured across sets of treated, untreated phonetically matched, and untreated phonetically unmatched words immediately post-treatment and at 8 weeks post-treatment Word production evaluated for functional adequacy and acoustic measures of speech cohesion Generalisation to spontaneous speech measured via narrative production Untreated control behaviours (word reading and spoken sentence comprehension) evaluated Study also includes health economic assessment
Starting date	June 2008
Contact information	Professor Rosemary Varley, Human Communication Sciences, University of Sheffield
Notes	Funded by The BUPA Foundation Expected completion: October 2010

Footnotes

ABC: Aphasia Battery in Chinese
 ADL: activities of daily living
 ANELT: Amsterdam-Nijmegen Everyday Language Test
 AQ: Aphasia Quotient
 BDAE: Boston Diagnostic Aphasia Examination
 BNT: Boston Naming Test
 CETI: Communicative Effectiveness Index
 CILT: constraint-induced language therapy
 CIU: correct information unit
 CT: computerised tomography
 CVA: cerebrovascular accident
 FCP: Functional Communication Profile
 fMRI: functional magnetic resonance imaging
 NHS: National Health Service (UK)
 MCA: middle cerebral artery
 MIT: melodic intonation therapy
 MRI: magnetic resonance imaging
 PALPA: Psycholinguistic Assessments of Language Processing in Aphasia
 PACE: Promoting Aphasics' Communicative Effectiveness therapy
 PGI: Patient Global Impression
 RCT: randomised controlled trial
 SAQoL: Stroke and Aphasia Quality of Life Scale
 SAT: Semantic Association Test
 SLT: speech and language therapy/therapist
 TOMs: Therapy Outcome Measures
 WAB: Western Aphasia Battery

Summary of findings tables**Additional tables****1 Characteristics of participants in included studies**

Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
ACTNoW 2011	153	SLT: 40/36 Social support: 42/35	SLT: 71 (range 32 to 97) Social support: 70 (range 40 to 92)	Admission to randomisation median 12 (interquartile range 9 to 16) days	TOMs SLT: 1.9 (1.2) (severe n = 47) Social support: 1.9 (1.1) (severe n = 51)
Bakheit 2007	97	Intensive: 26/25 Conventional: 21/25	Intensive: 71.2 (14.9) (range 26 to 92) Conventional: 69.7 (15) (range 17 to 91)	Intensive: 34.2 (19.1) days Conventional: 28.1 (14.9) days	WABAQ Intensive: 44.2 (30.2) Conventional: 37.9 (27.2)
Crerar 1996	8	Verb SLT: 2/1 Preposition SLT: 5/0	Verb SLT: 50.3 (8.5) (range 44 to 60) Preposition SLT: 48.8 (13.77) (range 27 to 64)	Verb SLT: 87.33 (40.61) (range 60 to 134) months Preposition SLT: 66.4 (20.96) (range 39 to 86)	WABAQ Verb SLT: 76.2 (9.81) Preposition SLT: 69.3 (16.58)
David 1982	133 (of 155 randomised)	Conventional: 35/30 Social support: 42/26	Conventional: 70 (8.7) Social support: 65 (10.6)	Conventional: median 4 (range 4 to 266) weeks Social support: median 5 (range 4 to 432) weeks	Baseline FCP scores for n = 98 retained until post-therapy test Conventional: 42.4 (20.8) Social support: 46.1 (20.1)

0001 Speech and language therapy for aphasia following stroke

Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
Denes 1996	17	Intensive: 5/3 Conventional: 3/6	Intensive: 58.1 (11.8) Conventional: 62.1 (8.7)	Intensive: 3.2 (1.8) months Conventional: 3 (1.6) months	AAT Intensive: severe Conventional: severe
Di Carlo 1980	14	Programmed instruction: 7/0 Non-programmed instruction: 7/0	Programmed instruction: 57.6 (9.2) (range 44 to 69) Non-programmed instruction: 55.3 (13) (range 32 to 70)	Programmed instruction: 24.7 (23.6) (range 0 to 66) months Non-programmed instruction: 16.3 (16.9) (range 1 to 38) months	Programmed instruction: severe Non-programmed instruction: severe
Doesborgh 2004	18 (of 19 randomised)	Computer-mediated: 4/4 No SLT: 5/5	Computer-mediated: 62 (9.0) No SLT: 65 (12.0)	Computer-mediated: 13 (range 11 to 16) months No SLT: 13 (range 11 to 17) months	Computer-mediated: ANELT- A 34 (9); BNT 63 (37) No SLT: ANELT-A 29 (12); BNT 74 (35)
Drummond 1981	8	Not reported	Gesture cue: 52.9 (6.0) Conventional: 50.04 (4.5)	Gesture cue: 15.3 (4.1) (range 10 to 20) months Conventional: 17.8 (7.1) (range 9 to 24) months	Not reported
Elman 1999	24	Conventional: 7/5 Social support: 6/6	Conventional: 58.3 (11.4) (range 38 to 79) Social support: 60.7 (10.6) (range 47 to 80)	Conventional: 32.5 (28.7) (range 7 to 103) months Social support: 71.7 (94.2) (range 7 to 336) months	Conventional: SPICA 7 mild to moderate, 7 moderate to severe Social support: SPICA 7 mild to moderate, 7 moderate to severe
Hinckley 2001	12	Functional SLT: 5/1 Conventional SLT: 6/0	Functional: 51.6 (15) Conventional: 50.3 (13.6)	Functional: 26.8 (20.1) (range 6 to 58) months Conventional: 26.8 (37.6) (range 4 to 102) months	BDAE Severity Rating Functional: 2.5 (0.8) Conventional: 1.83 (0.9)
Yao 2005i	60	Group SLT: unclear No SLT: unclear (Yao 2005 : 50/34)	Group SLT: unclear No SLT: unclear (Yao 2005 : < 40 years = 3; 40s = 23; 50s = 23; 60s = 25; 70s = 8; > 80 years = 2)	Not reported	Not reported
Yao 2005ii	54	Group SLT: unclear No SLT: unclear (Yao 2005 : 50/34)	Group SLT: unclear No SLT: unclear (Yao 2005 : < 40 years = 3; 40s = 23; 50s = 23; 60s = 25; 70s = 8; > 80 years = 2)	Not reported	Not reported
Yao 2005iii	54	Group SLT: unclear No SLT: unclear (Yao 2005 : 50/34)	Group SLT: unclear No SLT: unclear (Yao 2005 : < 40 years = 3; 40s = 23; 50s = 23; 60s = 25; 70s = 8; > 80 years = 2)	Not reported	Not reported
Katz 1997i	42 (reported data on 36)	Computer-mediated: unclear No SLT: unclear (Katz 1997: 44/11)	Computer-mediated: 61.6 (10) No SLT: 62.8 (5.1)	Computer-mediated: 6.2 (5.2) years No SLT: 8.5 (5.4) years	PICA overall percentile; WABAQ Computer-mediated: 57.3 (17.9); 68.9 (24.3). No SLT: 59.5 (16.2); 72.2 (24.8)

0001 Speech and language therapy for aphasia following stroke

Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
Katz 1997ii	40 (of 42 randomised)	Computer-mediated: unclear Computer placebo: unclear (Katz 1997: 44/11)	Computer-mediated: 61.6 (10) Computer placebo: 66.4 (6)	Computer-mediated: 6.2 (5.2) years Computer placebo: 5.4 (4.6) years	PICA overall percentile; WABAQ Computer-mediated: 57.3 (17.9); 68.9 (24.3) Computer-placebo: 51.9 (20.3); 61.9 (29.5)
Laska 2011	123	SLT: 33/29 No SLT: 23/38	SLT: 76 (range 38 to 94) No SLT: 79 (range 39 to 94)	SLT: 3 (25th-75th; 2 to 4) days No SLT: 3 (25th-75th; 2 to 4) days	ANELT-A median (25th to 75th) SLT: 1 (0 to 1.4) No SLT: 1 (0 to 1.4)
Leal 1993	94	Conventional: 38/21 Volunteer-facilitated: 22/13	Conventional: 56 (17) Volunteer-facilitated: 59 (13)	Within first month after stroke	Conventional: moderate-severe Volunteer-facilitated: moderate-severe
Lincoln 1982i	12	SLT/operant train: 3/3 SLT/Social support: 4/2	SLT/operant train: 54.33 (6.68) (range 45 to 63) SLT/social support: 51.33 (7.97) (range 39 to 63)	SLT/operant train: 3.17 (1.60) (range 1 to 5) months SLT/social support: 5.17 (3.43) (range 1 to 10) months	SLT/operant train: moderate SLT/social support: moderate
Lincoln 1982ii	12	Operant train/SLT: 5/1 Social support/SLT: 5/1	Operant train/SLT: 57.67 (5.72) (range 51 to 64) Social support/SLT: 42.33 (16.91) (range 28 to 60)	Operant train/SLT: 2.33 (1.55) (range 1 to 5) months Social support/SLT: 8.83 (13.59) (range 1 to 36) months	Operant train/SLT: moderate Social support/SLT: moderate
Lincoln 1982iii	18	Conventional SLT: 7/5 Social support: 5/1	Conventional SLT: 52.83 (7.18) (range 39 to 63) Social support: 42.33 (16.91) (range 28 to 60)	Conventional SLT: 4.17 (2.76) (range 1 to 10) months Social support: 8.83 (13.59) (range 1 to 36) months	Conventional SLT: moderate Social support: moderate
Lincoln 1984a (data for 58% of randomised participants)	191 (of 327 randomised)	Conventional: unclear No SLT: unclear (Lincoln 1984a : 109/82)	Conventional: unclear No SLT: unclear Lincoln 1984a : 68.2 (10.2) (range 38 to 92)	Conventional: 10 weeks No SLT: 10 weeks	Not reported
Lincoln 1984b	12	Operant train: 4/2 Placebo: 5/1	Operant train: 52.33 (11.50) (range 32 to 64) Placebo: 52.5 (14.9) (range 26 to 66)	Operant train: 5.5 (4.89) (range 1 to 12) months Placebo: 2.83 (2.32) (range 1 to 7) months	Operant train: severe Placebo: severe
Liu 2006	36	SLT: 9/10 No SLT: 10/7	SLT: 7 = 40 to 65 years; 12 = 65 to 80 years No SLT: 8 = 40 to 65 years; 9 = 65 to 80 years	SLT: 8 = 7 to 20 days; 11 = 20 to 45 days No SLT: 7 = 7 to 20 days; 10 = 20 to 45 days	BDAE SLT: 60.48 (11.83) No SLT: 58.22 (5.06)

0001 Speech and language therapy for aphasia following stroke

Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
Lyon 1997	30	Functional: unclear No SLT: unclear (Lyon 1997 : person with aphasia: 8/2; carer: 4/6; communication partner: 1/9)	Functional: unclear No SLT: unclear (Lyon 1997 : person with aphasia: 68.6 (12.1) (range 54 to 86); carer 60.2 (14.9) (range 28 to 84); communication partner: 44.9 (17.5) (range 25 to 74))	Functional: unclear No SLT: unclear (Lyon 1997 : 43.5 (32.2) months)	Functional: unclear No SLT: unclear (Lyon 1997 : receptive = mild; expressive = moderate)
MacKay 1988	95 (of 96 randomised)	MacKay 1988 : 46/49	MacKay 1988 : median 75	MacKay 1988 : mean 30 months	Not reported
Meikle 1979	31	Volunteer-facilitated: 12/3 Conventional: 10/6	Volunteer-facilitated: 67.2 (8.6) Conventional: 64.8 (7.9)	Volunteer-facilitated: 30.9 (29.5) (range 4 to 115) weeks Conventional: 39.8 (69.4) (range 4 to 268) weeks	PICA percentile volunteer-facilitated: 53.9 (23.5) Conventional: 55.8 (19.78)
Meinzer 2007	20	Constraint-induced: 7/3 Volunteer-facilitated: 9/1	Constraint-induced: 50.2 (10.13) Volunteer-facilitated: 62 (8.9)	Constraint-induced: 30.7 (18.9) (range 6 to 72) months Volunteer-facilitated: 46.5 (17.2) (range 24 to 79) months	AAT profile score Constraint-induced: 5 mild, 3 moderate, 2 severe Volunteer-facilitated: 3 mild, 6 moderate, 1 severe
ORLA 2006	13	Intensive SLT: 6 Conventional SLT: 7	Intensive SLT: 61.4 (9.72) (range 48.44 to 74.5) Conventional SLT: 53.1 (18.1) (range 31.34 to 77.98).	Intensive SLT: 36.2 (28.2) (range 8.6 to 69.8) months Conventional SLT: 43.6 (51.1) (range 7.3 to 154) months	WABAQ Intensive SLT: 51.1 (17.8) (range 28.0 to 69.4) Conventional SLT: 55.1 (18) (range 34.1 to 77.1)
ORLA 2010	25	Computer: 8/3 Therapist: 8/6	Computer: 56.6 (9.2) (range 41.7 to 68) Therapist: 61.1 (14.8) (range 35.2 to 81.7)	Computer: 66.7 (71.5) (range 13.8 to 253.2) months Therapist: 41.3 (45.7) (range 12.2 to 166) months	WABAQ Computer: 62.0 (19.9) Therapist: 47.3 (27.9)
Prins 1989	21	STACDAP: 5/5 Conventional: 5/6	STACDAP: 70.3 (range 58 to 83) Conventional: 66 (range 45 to 78)	STACDAP: 15.2 (range 3 to 35) months Conventional: 15.2 (range 3 to 36) months	STACDAP: FE-scale 2.6 (0 to 6), oral comp (BDAE and Token Test) 26.4 (0 to 46) Conventional: FE-scale 2.7 (0 to 9), oral comp (BDAE and Token Test) 29.6 (2 to 48)
Pulvermuller 2001	17	Constraint-induced: 6/4 Conventional: 6/1	Constraint-induced: 55.4 (10.9) Conventional: 53.9 (7.4)	Constraint-induced: 98.2 (74.2) months Conventional: 24 (20.6) months	Constraint-induced: 2 mild, 5 moderate, 3 severe Conventional: 2 mild, 4 moderate, 1 severe
RATS	58	Semantic: 18/11 Phonological: 15/14	Semantic: 66 (10) Phonological: 58 (14)	Semantic: mean 4 (range 3 to 5) months Phonological: mean 4 (range 3 to 5) months	ANELT-A score Semantic: 24.8 (11) Phonological: 23.3 (8)

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Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
RATS-2	80	Cognitive linguistic: 14/24 Communicative: 24/18	Cognitive linguistic: 68 (13) Communicative: 67 (15)	Cognitive linguistic: 22 (range 11 to 37) days Communicative: 23 (9 to 49) days	ANELT-A score Cognitive linguistic: 21.4 (11.0) Communicative: 21.0 (11.1)
Rochon 2005	5	Sentence mapping: 0/3 Social support: 0/2	Sentence mapping: range 31 to 74 Social support: range 32 to 82	Sentence mapping: range 2 to 9 years Social support: range 2 to 4 years	Sentence mapping: BDAE 1 to 2, phrase length 2.5 to 4 Social support: BDAE 1 to 2, phrase length 4
Shewan 1984i	52	Language-orientated: 18/10 Conventional: 14/10	Language-orientated: 62.18 (range 29 to 82) Conventional: 65.63 (range 48 to 85)	Language-orientated: range 2 to 4 weeks Conventional: range 2 to 4 weeks	Language-orientated: 9 mild, 6 moderate, 13 severe Conventional: 8 mild, 3 moderate, 13 severe
Shewan 1984ii	53	Language-orientated: 18/10 Social support: 14/11	Language-orientated: 62.18 (range 29 to 82) Social support: 66.12 (range 39 to 82)	Language-orientated: range 2 to 4 weeks Social support: range 2 to 4 weeks	Language-orientated: 9 mild, 6 moderate, 13 severe Social support: 7 mild, 5 moderate, 13 severe
Shewan 1984iii	49	Conventional: 14/10 Social support: 14/11	Conventional: 65.63 (range 48 to 85) Social support: 66.12 (range 39 to 82)	Conventional: range 2 to 4 weeks Social support: range 2 to 4 weeks	Conventional: 8 mild, 3 moderate, 13 severe Social support: 7 mild, 5 moderate, 13 severe
Smania 2006	33 (of 41 randomised)	Conventional: 11/4 No SLT: 12/6	Conventional: 65.73 (8.78) (range 48 to 77) No SLT: 65.67 (9.83) (range 41 to 77)	Conventional: 17.4 (24.07) (range 2 to 36) months No SLT: 10.39 (7.96) (range 3 to 32) months	Aphasia severity: unclear Neurological severity: Conventional: 6.07 (4.3) (range 0 to 16) No SLT: 6.94 (5.83) (range 0 to 15)
Smith 1981i	33	Intensive: 12/4 No SLT: 10/7	Intensive: 62 No SLT: 65	Not reported	MTDDA (mean error score percentage) Intensive: 39 No SLT: 26
Smith 1981ii	31	Conventional: 10/4 No SLT: 10/7	Conventional: 63 No SLT: 65	Not reported	MTDDA (mean error score percentage) Conventional: 44 No SLT: 26
Smith 1981iii	30	Intensive: 12/4 Conventional: 10/4	Intensive: 62 Conventional: 63	Not reported	MTDDA (mean error score percentage) Intensive: 39 Conventional: 44
Van Steenbrugge 1981	10	Task-specific: 0/5 Conventional: 2/3	Task-specific: 61.8 (17.05) (range 40 to 77) Conventional: 63.6 (10.9) (range 48 to 77)	Task-specific: 21 (22.4) (range 5 to 60) months Conventional: 20.6 (23.7) (range 5 to 60) months	FE-scale and M-S Comprehension Test Task-specific: 4 (1.9) Conventional: 6 (2.9)

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Study ID	Number	Male/female	Age in years mean (standard deviation)	Post-onset mean (standard deviation) (range)	Aphasia severity mean (standard deviation)
VERSE 2011	59	Intensive SLT: 14/18 Conventional SLT: 15/12	Intensive SLT: 70.3 (12.8) Conventional SLT: 67.7 (15.4)	Intensive SLT: 3.2 (2.2) days Conventional SLT: 3.4 (2.2) days	WABAQ median (IQR) Intensive SLT: 31.0 (47) Conventional SLT: 9.0 (34.1)
Wertz 1981	67	Not reported	(15 weeks after stroke) Group SLT: 60.24 (range 40 to 79) Conventional: 57.07 (range 41 to 79)	Group SLT: 4 weeks Conventional: 4 weeks	(15 weeks after stroke) PICA overall percentile Group SLT: 45.21 (range 15 to 74) Conventional: 45.62 (range 16 to 74)
Wertz 1986i	78	Conventional: unclear No SLT: unclear	Conventional: 59.2 (6.7) No SLT: 57.2 (6.8)	Conventional: 6.6 (4.8) weeks No SLT: 7.8 (6.6) weeks	PICA overall percentile Conventional: 46.59 (16.05) No SLT: 49.18 (19.46)
Wertz 1986ii	83	Volunteer-facilitated: 37/6 No SLT: unclear	Volunteer-facilitated: 60.2 (6.7) No SLT: 57.2 (6.8)	Volunteer-facilitated: 7.1 (5.8) weeks No SLT: 7.8 (6.6) weeks	PICA overall percentile Volunteer-facilitated: 49.97 (22.77) No SLT: 49.18 (19.46)
Wertz 1986iii	81	Volunteer-facilitated: 37/6 Conventional: unclear	Volunteer-facilitated: 60.2 (6.7) Conventional: 59.2 (6.7)	Volunteer-facilitated: 7.1 (5.8) weeks Conventional: 6.6 (4.8) weeks	PICA overall percentile Volunteer-facilitated: 49.97 (22.77) Conventional: 46.59 (16.05)
Wu 2004	236	Conventional: unclear No SLT: unclear (Wu 2004 : 159/ 77)	Conventional: (range 39 to 81) No SLT: (range 40 to 78)	Not reported	Not reported
Zhang 2007i	36	SLT: 10/9 No SLT: 11/6	SLT: 63.40 (7.82) No SLT: 59.36 (7.69)	SLT: 29.45 (10.63) days No SLT: 27.80 (9.79) days	ABC AQ SLT: 48.70 (33.49) No SLT: 49.87 (26.83)
Zhang 2007ii	37	SLT: 11/9 No SLT: 11/6	SLT: 60.80 (8.13) No SLT: 59.36 (7.69)	SLT: 28.10 (9.15) days No SLT: 27.80 (9.79) days	ABC AQ SLT: 48.43 (29.18) No SLT: 49.87 (26.83)
Zhao 2000	138	Not reported	Not reported	Not reported	Not reported

Footnotes

AAT: Aachen Aphasia Test
ABC: Aphasia Battery of Chinese
ANELT: Amsterdam-Nijmegen Everyday Language Test
AQ: Aphasia Quotient
BDAE: Boston Diagnostic Aphasia Examination
BNT: Boston Naming Test
FCP: Functional Communication Profile
FE-scale: Functional-Expression scale
IQR: interquartile range
MTDDA: Minnesota Test for the Differential Diagnosis of Aphasia
M-S Comprehension Test: Morpho-Syntactic Comprehension Test

PICA: Porch Index of Communicative Abilities

SLT: Speech and Language therapy/therapist

SPICA: Shortened Porch Index of Communicative Abilities

STACDAP: Systematic Therapy for Auditory Comprehension Disorders in Aphasic Patients

TOMs: Therapy Outcome Measures

WAB: Western Aphasia Battery

WABAQ: Western Aphasia Battery Aphasia Quotient

2 Details of dropouts

Study ID	Dropouts by intervention	Reasons	Follow-up	Reasons
ACTNoW 2011	Conventional: 8 Social support: 20	Conventional: 4 died, 3 declined, 1 post-randomisation exclusion, 2 non-study SLT Social support: 7 died, 12 declined, 1 post-randomisation exclusion, 18 non-study SLT	No follow-up	N/A
Bakheit 2007	Intensive: 16 Conventional: 8	Intensive: 2 died, 14 withdrew Conventional: 8 withdrew (Across trial: 13 withdrew, 4 died, 4 illness, 3 not tolerating therapy, 2 relocation, 1 further stroke, 1 diagnosis revised)	Intensive: 4 Conventional: 3	Not reported
David 1982	Conventional: 23 Social support: 36	Conventional: 4 died, 5 new stroke, 2 self discharge, 5 illness, 3 moved, 4 other Social support: 6 died, 5 new stroke, 5 transport, 6 self-discharge, 3 illness, 4 volunteer issues, 2 relocated, 5 other undescribed	Conventional: 11 Social support: 12	Not reported
Doesborgh 2004	Computer-mediated: 1 No SLT: 0	Computer-mediated: 1 illness No SLT: 0	No follow-up	N/A
Elman 1999	Conventional: 2 Social support: 3	Conventional: 1 transport, 1 time constraints, Social support: 2 time constraints, 1 medical complications	Conventional: 0 Social support: 0	
Katz 1997i	Computer-mediated: 0 No SLT: 6	Prolonged illness, new stroke, death	Computer-mediated: 0 No SLT: 0	
Katz 1997ii	Computer-mediated: 0 No SLT (computer placebo): 2	Prolonged illness, new stroke, death	Computer-mediated: 0 No SLT (computer placebo): 0	
Laska 2011	SLT: 3 No SLT: 6	SLT: 1 death, 2 illness No SLT: 3 declined, 3 illness	At 6 months SLT: 9 No SLT: 6	SLT: 4 death, 2 declined, 3 illness No SLT: 6 death
Leal 1993	Conventional: 21 Volunteer-facilitated: 13	Conventional: 2 death, 3 new stroke, 3 transport, 4 declined, 2 moved, 5 illness, 2 transfer Volunteer-facilitated: 1 death, 1 new stroke, 3 transport, 4 declined, 2 moved, 0 illness, 2 transfer	Conventional: 0 Volunteer-facilitated: 0	
Lincoln 1982i	Social support: ? Operant training: ? (13: groups unclear)	Homesickness, illness	No follow-up	N/A
Lincoln 1982ii	Social support: ? Operant training: ? (13: groups unclear)	Homesickness, illness	No follow-up	N/A

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Study ID	Dropouts by intervention	Reasons	Follow-up	Reasons
Lincoln 1982iii	Social support: ? Operant training: ? (13: groups unclear)	Homesickness, illness	No follow-up	N/A
Lincoln 1984a	Conventional: 78 No SLT: 79	Death, refused, illness, recovered, unsuitable, relocated	No follow-up	N/A
MacKay 1988	Volunteer-facilitated: 0 No SLT: 1	Not reported	No follow-up	N/A
Meikle 1979	Conventional: 0 Volunteer-facilitated: 2	Conventional: 0 Volunteer-facilitated: 1 declined, 1 moved	No follow-up	N/A
RATS	Semantic: 6 Phonological: 6	Semantic: 4 received < 40 hours treatment, 2 severe neurological illness Phonological: 2 received < 40 hours treatment, 1 severe neurological illness, 3 ANELT score missing (2 declined, 1 missing)	No follow-up	N/A
RATS-2	Cognitive linguistic: 4 Communicative: 6	Cognitive linguistic: 3 illness, 1 refusal by therapist Communicative: 1 illness, 5 declined	No follow-up	N/A
Shewan 1984i	Language orientated: 6 Conventional: 1	Language orientated: 1 death, 2 relocation, 3 withdrew Conventional: 1 death	No follow-up	N/A
Shewan 1984ii	Language orientated: 6 Social support: 6	Language orientated: 1 death, 2 relocation, 3 withdrew Social support: 1 death, 2 illness, 1 relocation, 2 withdrew	No follow-up	N/A
Shewan 1984iii	Conventional: 1 Social support: 6	Conventional: 1 death Social support: 1 death, 2 illness, 1 relocation, 2 withdrew	No follow-up	N/A
Smania 2006	Conventional: 5 No SLT: 3	Conventional: 3 uncooperative, 2 illness No SLT: 1 uncooperative, 2 illness	Conventional: 7 No SLT: 9	Conventional: 3 illness, 4 refused No SLT: 1 death, 2 illness, 4 refused, 2 relocations
Smith 1981i	Intensive: 6 No SLT: not reported	Reasons not detailed Additional 5 withdrawn but not advised of groupings	Intensive: 4 No SLT: not reported	Not reported
Smith 1981ii	Conventional: 2 No SLT: not reported	Reasons not detailed Additional 5 withdrawn but not advised of groupings	Conventional: 4 No SLT: not reported	Not reported
Smith 1981iii	Intensive: 6 Conventional: 2	Reasons not detailed Additional 5 withdrawn but not advised of groupings	Intensive: 4 Conventional: 4	Not reported
VERSE 2011	Intensive: 7 Conventional: 1	Intensive: 4 declined, 2 discharged early, 1 died. Conventional: 1 declined	Intensive: 4 Conventional: 2	Intensive: 4 refused Conventional: 1 refused, 1 death
Wertz 1981	Group: 17 Conventional: 16	22 self-discharged (return home or declined to travel), 4 illness, 2 stroke, 3 died, 2 returned to work	No follow-up	N/A
Wertz 1986i	Conventional: 7 No SLT: 5	Illness, new stroke	Conventional: 2 No SLT: 6	Illness, new stroke

Study ID	Dropouts by intervention	Reasons	Follow-up	Reasons
Wertz 1986ii	Volunteer-facilitated: 6 No SLT: 5	Illness, new stroke	Volunteer-facilitated: 1 No SLT: 6	Illness, new stroke
Wertz 1986iii	Conventional: 7 Volunteer-facilitated: 6	Illness, new stroke	Conventional: 2 Volunteer-facilitated: 1	Illness, new stroke

Footnotes

ANELT: Amsterdam-Nijmegen Everyday Language Test

SLT: speech and language therapy

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Data and analyses

1 SLT versus no SLT

1 SLT versus no SLT

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Functional communication	8	346	Std. Mean Difference(IV, Fixed, 95% CI)	0.30[0.08, 0.52]
1.1.1 WAB (Spontaneous Speech)	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.14[-0.40, 0.69]
1.1.2 ANELT-A	1	18	Std. Mean Difference(IV, Fixed, 95% CI)	0.88[-0.10, 1.87]
1.1.3 ANELT	1	114	Std. Mean Difference(IV, Fixed, 95% CI)	0.15[-0.22, 0.52]
1.1.4 Functional Communication Profile	2	103	Std. Mean Difference(IV, Fixed, 95% CI)	0.25[-0.16, 0.66]
1.1.5 Chinese Functional Communication Examination	2	56	Std. Mean Difference(IV, Fixed, 95% CI)	0.77[0.18, 1.37]
1.2 Receptive language: auditory comprehension	8	361	Std. Mean Difference(IV, Fixed, 95% CI)	0.06[-0.15, 0.27]
1.2.1 PICA subtest	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.15[-0.40, 0.69]
1.2.2 Token Test	3	136	Std. Mean Difference(IV, Fixed, 95% CI)	0.08[-0.27, 0.43]
1.2.3 Aphasia Battery of Chinese	2	56	Std. Mean Difference(IV, Fixed, 95% CI)	0.08[-0.49, 0.65]
1.2.4 Norsk Grunntest for Afasi	1	114	Std. Mean Difference(IV, Fixed, 95% CI)	-0.01[-0.38, 0.36]
1.3 Receptive language: reading comprehension	6	214	Std. Mean Difference(IV, Fixed, 95% CI)	0.29[0.00, 0.58]
1.3.1 Reading Comprehension Battery for Aphasia	2	103	Std. Mean Difference(IV, Fixed, 95% CI)	0.11[-0.30, 0.52]
1.3.2 PICA reading subtest	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.12[-0.42, 0.67]
1.3.3 Aphasia Battery of Chinese	2	56	Std. Mean Difference(IV, Fixed, 95% CI)	0.88[0.28, 1.48]
1.4 Receptive language: other	4		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
1.4.1 PICA Gestural subtest	4	158	Mean Difference(IV, Fixed, 95% CI)	8.04[1.55, 14.52]
1.5 Receptive language: gesture comprehension (unnamed)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.5.1 Gesture (unnamed)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.5.2 Gesture (unnamed) 2-month follow-up	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.6 Expressive language: naming	4	187	Std. Mean Difference(IV, Fixed, 95% CI)	0.09[-0.20, 0.38]
1.6.1 Boston Naming Test	1	18	Std. Mean Difference(IV, Fixed, 95% CI)	-0.00[-0.93, 0.93]
1.6.2 WAB Naming subtest	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.27[-0.27, 0.82]
1.6.3 Norsk Grunntest for Afasi	1	114	Std. Mean Difference(IV, Fixed, 95% CI)	0.02[-0.35, 0.39]
1.7 Expressive language: general	6	214	Std. Mean Difference(IV, Random, 95% CI)	0.77[0.14, 1.39]
1.7.1 PICA Verbal subtest	4	158	Std. Mean Difference(IV, Random, 95% CI)	0.26[-0.07, 0.59]
1.7.2 Aphasia Battery of Chinese (verbal presentation)	2	56	Std. Mean Difference(IV, Random, 95% CI)	1.99[1.03, 2.95]

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1.8 Expressive language: written	6	214	Std. Mean Difference(IV, Fixed, 95% CI)	0.45[0.16, 0.74]
1.8.1 PICA Writing subtest	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.34[-0.21, 0.89]
1.8.2 PICA Graphic	2	103	Std. Mean Difference(IV, Fixed, 95% CI)	0.25[-0.16, 0.66]
1.8.3 Aphasia Battery of Chinese (Writing)	2	56	Std. Mean Difference(IV, Fixed, 95% CI)	1.02[0.41, 1.63]
1.9 Expressive language: written copying	2		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
1.9.1 PICA Copying subtest	2	55	Mean Difference(IV, Fixed, 95% CI)	3.88[-5.75, 13.50]
1.10 Expressive language: repetition	3	169	Std. Mean Difference(IV, Fixed, 95% CI)	0.06[-0.24, 0.37]
1.10.1 WAB Repetition subtest	2	55	Std. Mean Difference(IV, Fixed, 95% CI)	0.28[-0.27, 0.82]
1.10.2 Norsk Grunntest for Afasi	1	114	Std. Mean Difference(IV, Fixed, 95% CI)	-0.04[-0.40, 0.33]
1.11 Severity of impairment: Aphasia Battery Score (+ PICA)	11	593	Std. Mean Difference(IV, Random, 95% CI)	0.55[-0.14, 1.25]
1.11.1 Aphasia Quotient (CRRCAE)	2	84	Std. Mean Difference(IV, Random, 95% CI)	0.02[-0.43, 0.47]
1.11.2 Porch Index of Communicative Ability	4	165	Std. Mean Difference(IV, Random, 95% CI)	0.26[-0.07, 0.58]
1.11.3 BDAE (Chinese)	1	36	Std. Mean Difference(IV, Random, 95% CI)	0.52[-0.15, 1.18]
1.11.4 Aphasia Battery of Chinese (ABC)	2	56	Std. Mean Difference(IV, Random, 95% CI)	0.23[-0.34, 0.80]
1.11.5 Norsk Grunntest for Afasi (Coefficient)	1	114	Std. Mean Difference(IV, Random, 95% CI)	0.03[-0.34, 0.40]
1.11.6 Chinese Aphasia Measurement	1	138	Std. Mean Difference(IV, Random, 95% CI)	3.84[3.25, 4.43]
1.12 Severity of impairment: Aphasia Battery Score (3-month follow-up)	2		Mean Difference(IV, Random, 95% CI)	Subtotals only
1.12.1 Aphasia Quotient (CRRCAE) 3-month follow-up	2	84	Mean Difference(IV, Random, 95% CI)	20.74[-12.01, 53.48]
1.13 Psychosocial: MAACL	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.13.1 Anxiety Scale (MAACL)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.13.2 Depression Scale (MAACL)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.13.3 Hostility Scale (MAACL)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
1.14 Number of dropouts (any reason)	11	837	Odds Ratio(M-H, Fixed, 95% CI)	0.82[0.60, 1.12]
1.15 Compliance with Allocated Intervention	2	164	Odds Ratio(M-H, Fixed, 95% CI)	1.04[0.34, 3.15]

2 SLT versus social support and stimulation

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
2.1 Functional communication	2	232	Std. Mean Difference(IV, Fixed, 95% CI)	0.04[-0.22, 0.29]
2.1.1 Functional Communication Profile	1	96	Std. Mean Difference(IV, Fixed, 95% CI)	-0.10[-0.50, 0.30]
2.1.2 TOMs	1	136	Std. Mean Difference(IV, Fixed, 95% CI)	0.13[-0.20, 0.47]
2.2 Functional communication - follow-up measures	1		Mean Difference(IV, Random, 95% CI)	No totals
2.2.1 FCP (3-month follow-up)	1		Mean Difference(IV, Random, 95% CI)	No totals
2.2.2 FCP (6-month follow-up)	1		Mean Difference(IV, Random, 95% CI)	No totals

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2.3 Receptive language: auditory comprehension	2		Mean Difference(IV, Fixed, 95% CI)	No totals
2.3.1 PCB (Sentence Comprehension)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.3.2 PCB (Picture Comprehension)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.3.3 Token Test	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.4 Receptive language: other	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.4.1 PICA Gestural subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.5 Expressive language: single words	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.5.1 Object Naming Test (ONT)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.5.2 Word fluency	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.6 Expressive language: sentences	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.6.1 Caplan & Hanna Test: total	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.6.2 Caplan & Hanna Test: treated	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.6.3 Caplan & Hanna Test: untreated	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.7 Expressive language: picture description	2		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
2.7.1 Picture description	2	23	Std. Mean Difference(IV, Fixed, 95% CI)	0.26[-0.62, 1.15]
2.7.2 Picture description with structure modelling: treated items	1	5	Std. Mean Difference(IV, Fixed, 95% CI)	0.45[-1.44, 2.33]
2.7.3 Picture description with structure modelling: untreated items	1	5	Std. Mean Difference(IV, Fixed, 95% CI)	0.41[-1.46, 2.28]
2.8 Expressive language: overall spoken	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.8.1 PICA verbal subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.9 Expressive language: written	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.9.1 PICA graphic subtests	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.10 Severity of impairment: Aphasia Battery Score	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.10.1 PICA	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.11 Psychosocial	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
2.11.1 COAST	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
2.11.2 Carer COAST	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
2.12 Number of dropouts for any reason	5	413	Odds Ratio(M-H, Fixed, 95% CI)	0.54[0.34, 0.85]
2.13 Compliance with Allocated Intervention	5	409	Odds Ratio(M-H, Fixed, 95% CI)	0.18[0.09, 0.37]
2.14 Economic outcomes	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.14.1 Cost Data	1		Mean Difference(IV, Fixed, 95% CI)	No totals
2.14.2 Utility Data	1		Mean Difference(IV, Fixed, 95% CI)	No totals

3 Experimental SLT (SLT A) versus conventional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
3.1 Functional communication	3	43	Std. Mean Difference(IV, Fixed, 95% CI)	-0.41[-1.02, 0.21]
3.1.1 CETI	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	-0.86[-2.06, 0.35]
3.1.2 Functional expression	2	31	Std. Mean Difference(IV, Fixed, 95% CI)	-0.25[-0.96, 0.46]

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3.2 Functional communication: catalogue ordering	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.2.1 Telephone order (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.2.2 Telephone order (+ concurrent task) (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.2.3 Written order (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.2.4 Written order (+ concurrent task) (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.3 Receptive language: word comprehension	2		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.3.1 Word comprehension (BDAE subtest)	2	33	Std. Mean Difference(IV, Fixed, 95% CI)	-0.02[-0.70, 0.67]
3.3.2 Identify body part (BDAE subtest)	1	21	Std. Mean Difference(IV, Fixed, 95% CI)	-0.22[-1.08, 0.64]
3.3.3 Peabody PVT	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	0.13[-1.01, 1.26]
3.4 Receptive language: other auditory comprehension	5		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.4.1 Sentence comprehension	1	21	Std. Mean Difference(IV, Fixed, 95% CI)	-0.51[-1.39, 0.36]
3.4.2 AAT comprehension subtest	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.47[-0.51, 1.45]
3.4.3 Token Test	5	74	Std. Mean Difference(IV, Fixed, 95% CI)	-0.00[-0.46, 0.46]
3.5 Receptive language: auditory comprehension (treated items)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.5.1 Word comprehension (phonology)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.5.2 Word comprehension (lexicon)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.5.3 Sentence comprehension (morphosyntax)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.6 Receptive language: reading comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.6.1 Reading comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.7 Receptive language: other comprehension	3	36	Mean Difference(IV, Fixed, 95% CI)	-0.29[-0.97, 0.39]
3.7.1 PICA gestural subtest	3	36	Mean Difference(IV, Fixed, 95% CI)	-0.29[-0.97, 0.39]
3.8 Expressive language: naming	7	98	Std. Mean Difference(IV, Fixed, 95% CI)	0.09[-0.31, 0.50]
3.8.1 Object Naming Test (ONT)	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.25[-0.92, 0.41]
3.8.2 AmAT naming test	2	31	Std. Mean Difference(IV, Fixed, 95% CI)	0.30[-0.41, 1.01]
3.8.3 Thorndike-Lorge Word List	1	14	Std. Mean Difference(IV, Fixed, 95% CI)	0.23[-0.83, 1.28]
3.8.4 AAT naming subtest	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.34[-0.64, 1.31]
3.9 Expressive language: naming (change from baseline)	2	29	Std. Mean Difference(IV, Fixed, 95% CI)	0.61[-0.15, 1.36]
3.9.1 Oral naming: PALPA (change from baseline)	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	0.44[-0.71, 1.59]
3.9.2 Naming subtest (AAT) (change from baseline)	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.73[-0.26, 1.72]
3.10 Expressive language: naming (follow-up)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.10.1 Naming (3-week follow-up)	1		Mean Difference(IV, Fixed, 95% CI)	No totals

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3.11 Expressive language: spoken sentence	2		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.11.1 Sentence construction (AmAT)	2	31	Mean Difference(IV, Fixed, 95% CI)	-0.15[-3.26, 2.95]
3.11.2 Sentence construction (AmAT) 3-week follow-up	1	10	Mean Difference(IV, Fixed, 95% CI)	-0.60[-3.27, 2.07]
3.12 Expressive language: treated items	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.12.1 Naming (treated)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.12.2 Sentence construction (treated)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.12.3 Naming (treated: 3-week follow-up)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.12.4 Sentence construction (treated: 3-week follow-up)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.13 Expressive language: connected discourse	3		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.13.1 Picture description	2	24	Std. Mean Difference(IV, Fixed, 95% CI)	-0.20[-1.04, 0.64]
3.13.2 PICA verbal subtest	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.31[-0.99, 0.37]
3.14 Expressive language: fluency	2		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.14.1 Word fluency	2	24	Mean Difference(IV, Fixed, 95% CI)	-8.19[-13.90, -2.47]
3.15 Expressive language: repetition	2		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.15.1 AAT repetition subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.15.2 AAT repetition subtest (change from baseline)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
3.16 Expressive language: written	5		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
3.16.1 PICA graphic subtest	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.66[-1.35, 0.03]
3.16.2 Written naming: PALPA (change from baseline)	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	-0.25[-1.39, 0.88]
3.16.3 Written subtest (AAT) (change from baseline)	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	1.20[0.14, 2.25]
3.17 Severity of impairment: Aphasia Battery Score	4	53	Std. Mean Difference(IV, Fixed, 95% CI)	-0.24[-0.80, 0.32]
3.17.1 PICA overall	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.47[-1.15, 0.22]
3.17.2 AAT overall	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.23[-0.74, 1.20]
3.18 Severity of impairment: change from baseline	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.18.1 AAT overall (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
3.19 Number of dropouts for any reason	1		Odds Ratio(M-H, Random, 95% CI)	No totals
3.20 Compliance with Allocated Intervention	1		Odds Ratio(M-H, Fixed, 95% CI)	No totals

4 Intensive SLT (SLT A) versus conventional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
4.1 Functional communication	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.1.1 Functional Communication Profile	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.1.2 Discourse Analysis	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals

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4.2 Functional communication (follow-up)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.2.1 Functional Communication Profile (6-month follow-up)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.2.2 Discourse Analysis (6-month follow-up)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.3 Receptive language: auditory comprehension	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.3.1 AAT comprehension subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.3.2 Token Test	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.4 Receptive language: auditory comprehension (change from baseline)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.4.1 AAT Comprehension subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.4.2 Token Test	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
4.5 Expressive language: spoken	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.5.1 AAT naming subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.5.2 AAT repetition subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.6 Expressive language: spoken (change from baseline scores)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.6.1 AAT naming subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.6.2 AAT repetition subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.7 Expressive language: written (change from baseline scores)	1	17	Mean Difference(IV, Fixed, 95% CI)	8.90[1.81, 15.99]
4.7.1 AAT written subtest	1	17	Mean Difference(IV, Fixed, 95% CI)	8.90[1.81, 15.99]
4.8 Severity of impairment: Aphasia Battery Score	4	162	Std. Mean Difference(IV, Fixed, 95% CI)	0.35[0.04, 0.66]
4.8.1 Aphasia Quotient (WAB)	3	145	Std. Mean Difference(IV, Fixed, 95% CI)	0.36[0.03, 0.70]
4.8.2 AAT overall	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.23[-0.74, 1.20]
4.9 Severity of impairment: Aphasia Battery Score (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.9.1 AAT profile (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.10 Severity of impairment: Aphasia Battery Score (follow-up)	2		Mean Difference(IV, Fixed, 95% CI)	No totals
4.10.1 Aphasia Quotient (WAB) 3-month follow-up	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.10.2 Aphasia Quotient (WAB) 6-month follow-up	1		Mean Difference(IV, Fixed, 95% CI)	No totals
4.11 Number of dropouts for any reason	3	186	Odds Ratio(M-H, Fixed, 95% CI)	2.01[1.07, 3.79]
4.12 Compliance with Allocated Intervention	2	166	Odds Ratio(M-H, Fixed, 95% CI)	5.13[0.84, 31.18]

5 Group SLT (SLT A) versus one-to-one SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
5.1 Functional communication	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.1.1 Pragmatic Protocol - 1 month	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.1.2 Pragmatic Protocol - 6 months	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.1.3 Pragmatic Protocol - 12 months	1		Mean Difference(IV, Fixed, 95% CI)	No totals

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5.2 Receptive language: auditory comprehension	2		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
5.2.1 Token Test	2	51	Std. Mean Difference(IV, Fixed, 95% CI)	0.25[-0.30, 0.81]
5.2.2 AAT comprehension subtest	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.47[-0.51, 1.45]
5.3 Receptive language: other	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.3.1 PICA gestural subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.4 Expressive language: spoken	2		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
5.4.1 AAT naming subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
5.4.2 PICA verbal subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
5.5 Expressive language: repetition	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.5.1 AAT repetition subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.6 Expressive language: written	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.6.1 PICA graphic	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.7 Severity of impairment: Aphasia Battery Score	3	105	Std. Mean Difference(IV, Fixed, 95% CI)	0.17[-0.22, 0.56]
5.7.1 Aphasia Quotient CRRCAE	1	54	Std. Mean Difference(IV, Fixed, 95% CI)	0.30[-0.24, 0.84]
5.7.2 PICA overall	1	34	Std. Mean Difference(IV, Fixed, 95% CI)	-0.06[-0.73, 0.61]
5.7.3 AAT overall	1	17	Std. Mean Difference(IV, Fixed, 95% CI)	0.23[-0.74, 1.20]
5.8 Severity of impairment: Aphasia Battery Score (3-month follow-up)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.8.1 Aphasia Quotient CRRCAE (3-month follow-up)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
5.9 Number of dropouts for any reason	1		Odds Ratio(M-H, Fixed, 95% CI)	No totals

6 Volunteer-facilitated SLT (SLT A) versus professional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
6.1 Functional communication	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.1.1 CADL	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.1.2 Functional Communication Profile	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.2 Receptive language: auditory comprehension	2		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
6.2.1 Token Test	2	88	Std. Mean Difference(IV, Fixed, 95% CI)	0.06[-0.36, 0.47]
6.2.2 AAT subtest	1	20	Std. Mean Difference(IV, Fixed, 95% CI)	-0.37[-1.25, 0.52]
6.3 Receptive language: reading comprehension	2		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.3.1 Reading Comprehension Battery for Aphasia	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.3.2 AAT subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.4 Receptive language: other	1		Mean Difference(IV, Fixed, 95% CI)	No totals
6.4.1 PICA gestural subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals

6.5 Expressive language: spoken	2		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.5.1 AAT naming subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.5.2 PICA verbal subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.6 Expressive language: repetition	1		Mean Difference(IV, Fixed, 95% CI)	No totals
6.6.1 AAT Repetition subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
6.7 Expressive language: written	2		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.7.1 AAT written language subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.7.2 PICA graphic subtests	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
6.8 Severity of impairment: Aphasia Battery Score	3	126	Std. Mean Difference(IV, Fixed, 95% CI)	-0.12[-0.47, 0.23]
6.8.1 PICA	2	106	Std. Mean Difference(IV, Fixed, 95% CI)	-0.06[-0.44, 0.32]
6.8.2 AAT	1	20	Std. Mean Difference(IV, Fixed, 95% CI)	-0.45[-1.34, 0.44]
6.9 Number of dropouts for any reason	3	206	Odds Ratio(M-H, Random, 95% CI)	0.95[0.49, 1.85]
6.10 Compliance with allocated intervention	2	125	Odds Ratio(M-H, Random, 95% CI)	1.98[0.52, 7.46]

7 Computer-mediated SLT (SLT A) versus professional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
7.1 Functional communication	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.1.1 Discourse (words per minute)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.1.2 Discourse (content information units per minute)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.2 Receptive language: reading comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.2.1 WAB (Reading comprehension)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.3 Expressive language: written	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.3.1 WAB (Writing)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.4 Severity of impairment: Aphasia Battery Score	1		Mean Difference(IV, Fixed, 95% CI)	No totals
7.4.1 WAB AQ	1		Mean Difference(IV, Fixed, 95% CI)	No totals

8 Semantic SLT (SLT A) versus phonological SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
8.1 Functional communication	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.1.1 ANELT-A	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.2 Receptive language: auditory	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.2.1 Semantic Association Test: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.2.2 Auditory lexical decision: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.3 Receptive language: reading	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.3.1 Synonym judgement: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.4 Expressive language: repetition	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.4.1 Non-words: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
8.5 Number of dropouts for any reason	1		Odds Ratio(M-H, Fixed, 95% CI)	No totals

9 Cognitive-linguistic SLT (SLT A) versus communicative SLT (SLT B)

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Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
9.1 Functional communication	1		Mean Difference(IV, Fixed, 95% CI)	No totals
9.1.1 ANELT-A	1		Mean Difference(IV, Fixed, 95% CI)	No totals
9.2 Receptive language: other comprehension	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.2.1 Token Test	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.2.2 Semantic Association Test (Verbal)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.2.3 Semantic Association (PALPA)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.2.4 Auditory Lexical Decision (PALPA)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.3 Expressive language: fluency	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.3.1 Word fluency (letters)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.3.2 Word fluency (semantic)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
9.4 Expressive language: repetition	1		Mean Difference(IV, Fixed, 95% CI)	No totals
9.4.1 Non-word repetition (PALPA)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
9.5 Number of dropouts for any reason	1		Odds Ratio(M-H, Fixed, 95% CI)	No totals
9.6 Compliance with Allocated Intervention	1		Odds Ratio(M-H, Fixed, 95% CI)	No totals

10 Verb comprehension SLT (SLT A) versus preposition comprehension SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
10.1 Receptive language: auditory comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
10.1.1 WAB Auditory Comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
10.2 Receptive language: reading	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.1 Computer-Based Verb Test (treated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.2 Computer-Based Verb Test (untreated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.3 Real World Verb Test (treated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.4 Real World Verb Test (untreated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.5 Computer-Based Preposition Test (treated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.6 Computer-Based Preposition Test (untreated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.7 Real World Preposition Test (treated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.8 Real World Preposition Test (untreated items)	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.2.9 Morphology	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.3 Expressive language	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.3.1 WAB Naming subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.3.2 WAB Fluency subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals
10.3.3 WAB Repetition subtest	1		Std. Mean Difference(IV, Fixed, 95% CI)	No totals

10.4 Severity of impairment: Aphasia Battery Score	1		Mean Difference(IV, Fixed, 95% CI)	No totals
10.4.1 WAB AQ	1		Mean Difference(IV, Fixed, 95% CI)	No totals

11 Functional SLT (SLT A) versus conventional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
11.1 Functional communication	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.1.1 CADL (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.1.2 CETI	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.2 Functional communication: catalogue ordering	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.2.1 Telephone order (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.2.2 Telephone order (+ concurrent task) (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.2.3 Written order (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.2.4 Written order (+ concurrent task) (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.3 Expressive language: spoken	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.3.1 Oral naming: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.4 Expressive language: written	1		Mean Difference(IV, Fixed, 95% CI)	No totals
11.4.1 Written naming: PALPA (change from baseline)	1		Mean Difference(IV, Fixed, 95% CI)	No totals

12 Constraint-Induced Language Therapy (SLT A) versus conventional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
12.1 Receptive language: auditory comprehension	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.1.1 Token Test	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.1.2 AAT comprehension subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.2 Expressive language: spoken	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.2.1 AAT naming subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.3 Expressive language: repetition	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.3.1 AAT repetition subtest	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.4 Severity of impairment: Aphasia Battery Score	1		Mean Difference(IV, Fixed, 95% CI)	No totals
12.4.1 AAT overall	1		Mean Difference(IV, Fixed, 95% CI)	No totals

13 Operant training SLT (SLT A) versus conventional SLT (SLT B)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
13.1 Receptive language: auditory comprehension	3		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
13.1.1 Word comprehension (BDAE subtest)	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	0.13[-1.01, 1.26]
13.1.2 Peabody PVT	1	12	Std. Mean Difference(IV, Fixed, 95% CI)	0.13[-1.01, 1.26]
13.1.3 Token Test	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	0.23[-0.43, 0.89]
13.2 Receptive language: other	3		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
13.2.1 PICA gestural subtest	3	36	Mean Difference(IV, Fixed, 95% CI)	-0.29[-0.97, 0.39]

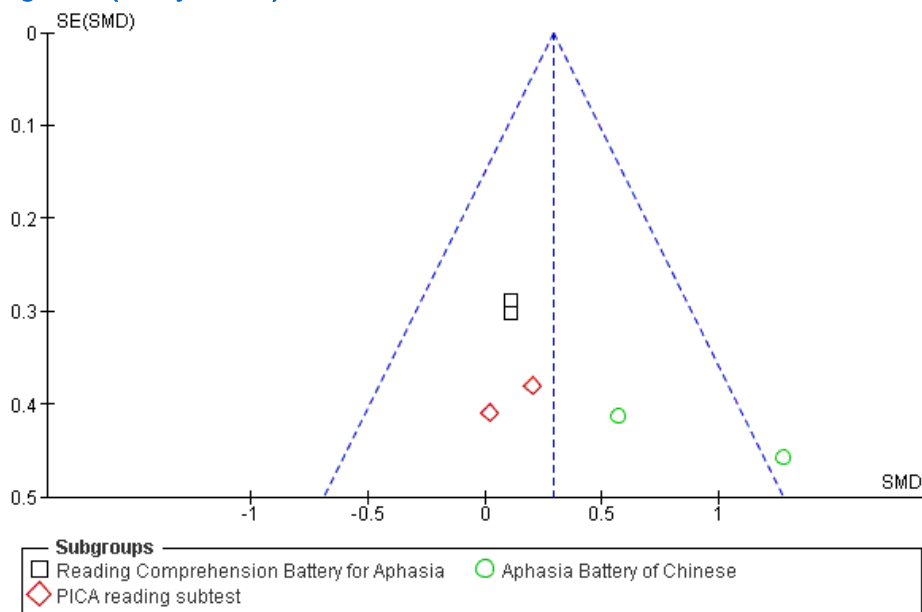
13.3 Expressive language: spoken	3		Std. Mean Difference(IV, Fixed, 95% CI)	Subtotals only
13.3.1 Naming	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.25[-0.92, 0.41]
13.3.2 Word fluency	2	24	Std. Mean Difference(IV, Fixed, 95% CI)	-1.05[-1.93, -0.17]
13.3.3 Picture description	2	24	Std. Mean Difference(IV, Fixed, 95% CI)	-0.20[-1.04, 0.64]
13.3.4 PICA verbal subtest	3	36	Std. Mean Difference(IV, Fixed, 95% CI)	-0.31[-0.99, 0.37]
13.4 Expressive language: written	3		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
13.4.1 PICA graphic subtest	3	36	Mean Difference(IV, Fixed, 95% CI)	-0.85[-1.69, -0.01]
13.5 Severity of impairment	3		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
13.5.1 PICA overall	3	36	Mean Difference(IV, Fixed, 95% CI)	-0.74[-1.50, 0.01]

14 SLT versus no SLT (6-month follow-up)

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
14.1 Functional communication	1	99	Mean Difference(IV, Fixed, 95% CI)	-0.32[-1.03, 0.39]
14.1.1 ANELT	1	99	Mean Difference(IV, Fixed, 95% CI)	-0.32[-1.03, 0.39]
14.2 Receptive language: auditory comprehension	1	99	Mean Difference(IV, Fixed, 95% CI)	0.12[-3.25, 3.49]
14.2.1 Norsk Grunntest for Afasi	1	99	Mean Difference(IV, Fixed, 95% CI)	0.12[-3.25, 3.49]
14.3 Expressive language: naming	1	99	Mean Difference(IV, Fixed, 95% CI)	-0.38[-2.87, 2.11]
14.3.1 Norsk Grunntest for Afasi	1	99	Mean Difference(IV, Fixed, 95% CI)	-0.38[-2.87, 2.11]
14.4 Expressive language: repetition	1	98	Mean Difference(IV, Fixed, 95% CI)	-0.40[-2.73, 1.93]
14.4.1 Norsk Grunntest for Afasi	1	98	Mean Difference(IV, Fixed, 95% CI)	-0.40[-2.73, 1.93]
14.5 Severity of impairment: Aphasia Battery Score (6-month follow-up)	1		Mean Difference(IV, Fixed, 95% CI)	Subtotals only
14.5.1 Norsk Grunntest for Afasi	1	99	Mean Difference(IV, Fixed, 95% CI)	-0.50[-8.23, 7.23]

Figures

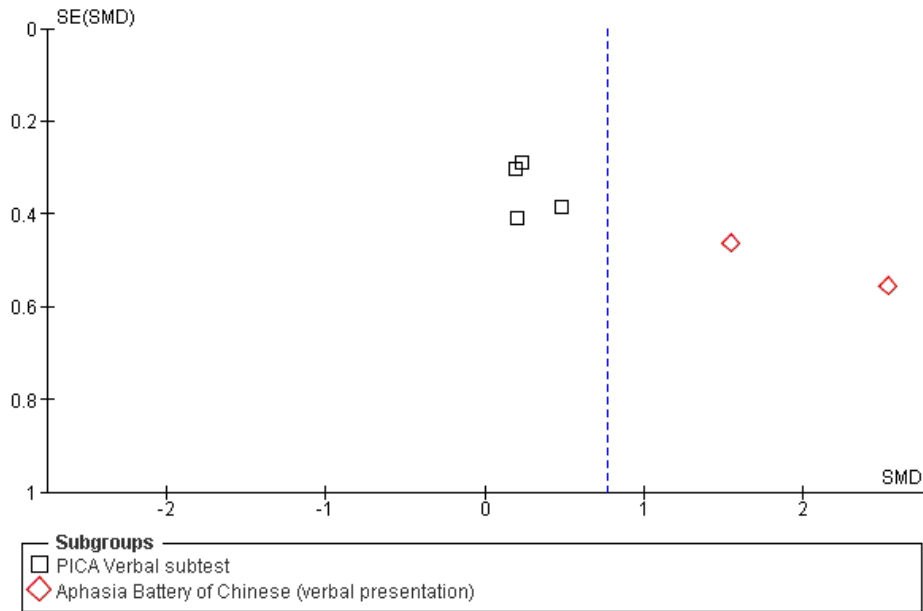
Figure 1 (Analysis 1.3)



Caption

Funnel plot of comparison: 1 SLT versus no SLT, outcome: 1.3 Receptive language: reading comprehension.

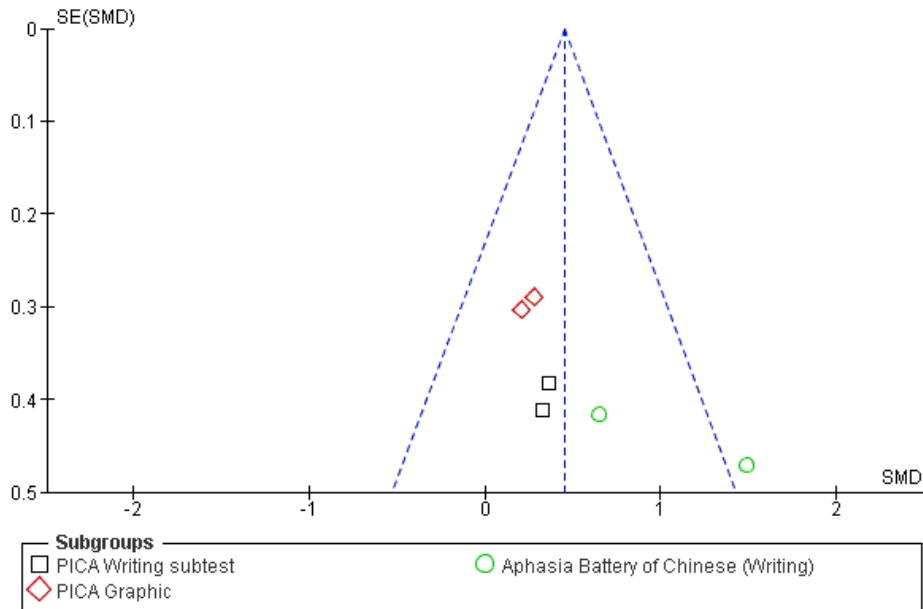
Figure 2 (Analysis 1.7)



Caption

Funnel plot of comparison: 1 SLT versus no SLT, outcome: 1.7 Expressive language: general.

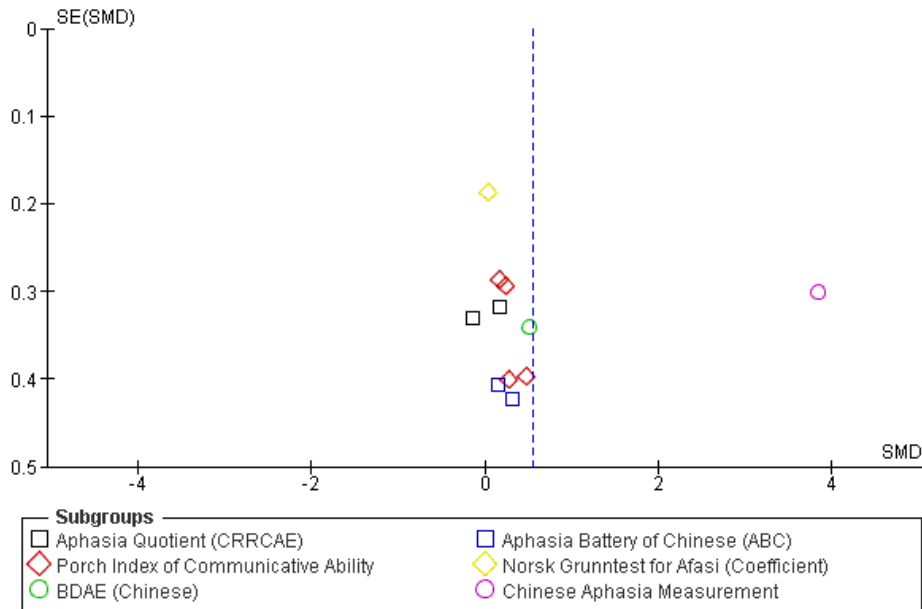
Figure 3 (Analysis 1.8)



Caption

Funnel plot of comparison: 1 SLT versus no SLT, outcome: 1.8 Expressive language: written.

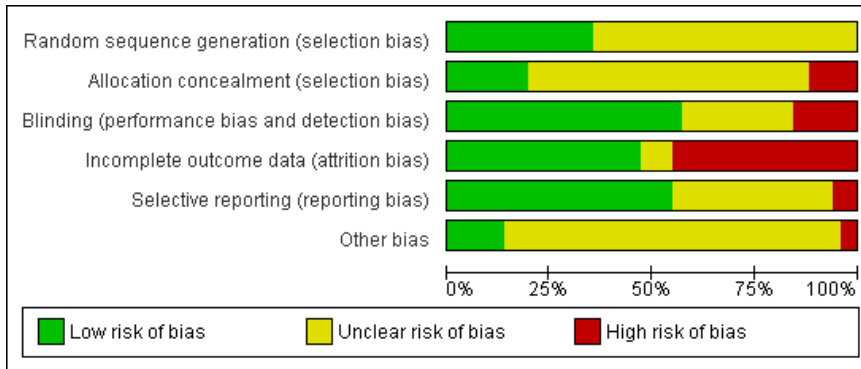
Figure 4 (Analysis 1.11)



Caption

Funnel plot of comparison: 1 SLT versus no SLT, outcome: 1.11 Severity of impairment: Aphasia Battery Score (+ PICA).

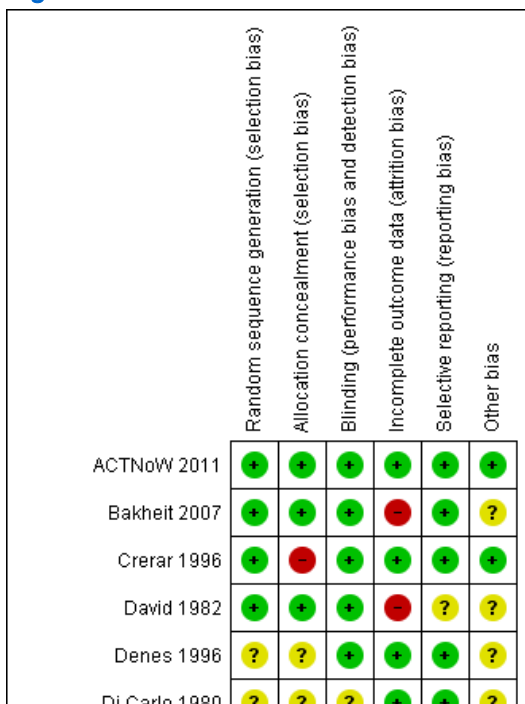
Figure 5



Caption

'Risk of bias' graph: review authors' judgements about each 'Risk of bias' item presented as percentages across all included studies.

Figure 6



0001 Speech and language therapy for aphasia following stroke

Erkano 1999	+	+	+	+	+	+
Doesborgh 2004	+	+	-	-	+	+
Drummond 1981	?	?	?	+	?	?
Elman 1999	?	?	-	-	?	?
Hinckley 2001	?	?	?	+	+	?
Katz 1997i	+	?	+	-	+	?
Katz 1997ii	+	?	+	-	+	?
Laska 2011	+	+	+	+	+	?
Leal 1993	?	?	+	-	?	?
Lincoln 1982i	+	-	+	-	+	+
Lincoln 1982ii	+	-	+	?	+	?
Lincoln 1982iii	+	-	+	?	+	?
Lincoln 1984a	+	+	+	-	+	?
Lincoln 1984b	+	-	?	+	+	?
Liu 2006	?	?	?	+	+	?
Lyon 1997	?	?	-	?	-	?
MacKay 1988	?	?	+	-	-	?
Meikle 1979	?	?	-	-	+	?
Meinzer 2007	?	?	+	+	+	?
ORLA 2006	?	?	?	+	+	?
ORLA 2010	?	?	?	?	?	?
Prins 1989	?	?	?	+	+	?
Pulvermuller 2001	+	+	+	+	+	-
RATS	+	+	+	-	+	-
RATS-2	+	+	?	+	+	+
Rochon 2005	?	?	-	+	?	?
Shewan 1984i	?	?	?	-	?	?
Shewan 1984ii	?	?	?	-	?	?
Shewan 1984iii	?	?	?	-	?	?
Smania 2006	+	-	+	-	?	?
Smith 1981i	?	?	-	-	?	?
Smith 1981ii	?	?	-	-	?	?
Smith 1981iii	?	?	-	-	?	?
Van Steenbrugge 1981	?	?	?	+	?	?
VERSE 2011	+	+	+	+	+	+
Wertz 1981	?	?	+	-	?	?
Wertz 1986i	?	?	+	-	+	+
Wertz 1986ii	?	?	+	-	?	?
Wertz 1986iii	?	?	+	-	?	?
Wu 2004	?	?	+	+	-	?
Yao 2005i	?	?	+	+	+	?
Yao 2005ii	?	?	+	+	+	?
Yao 2005iii	?	?	+	+	+	?

	?	?	+	+	?	?
Zhang 2007i	?	?	+	+	?	?
Zhang 2007ii	?	?	+	+	?	?
Zhao 2000	?	?	+	+	?	?

Caption

'Risk of bias' summary: review authors' judgements about each 'Risk of bias' item for each included study.

Sources of support

Internal sources

- Nursing, Midwifery and Allied Health Professions Research Unit, UK
- Queen Margaret University, Edinburgh, UK

External sources

- Chief Scientist Office Scotland, UK

Feedback

Appendices

1 Assessments

Name of assessment	Abbreviation	Reference
Aachen Aphasia Test	AAT	Huber 1984
Affect Balance Scale	ABS	Bradburn 1969
Aphasia Battery in Chinese	ABC	Reference unavailable
Amsterdam Aphasia Test	AmAT	Prins 1980 ; Vermeulen 1979
Amsterdam-Nijmegen Everyday Language Test	ANELT	Blomert 1994
Amsterdam-Nijmegen Everyday Language Test-A (subscale)	ANELT-A	Blomert 1994
Auditory Comprehension Test for Sentences	ACTS	Shewan 1979
Boston Diagnostic Aphasia Examination	BDAE	Goodglass 1972 and Goodglass 1983
Boston Naming Test	BNT	Kaplan 1983
Caplan and Hanna Sentence Production Test	CHSPT	Caplan 1998
Chinese Functional Communication Profile	CFCP	Reference unavailable
Chinese Rehabilitation Research Centre Aphasia Examination	CRRCAE	Reference unavailable
Carer Communication Outcome After STroke scale	Carer COAST	Long 2009
Communication Abilities of Daily Living	CADL	Holland 1980 ; Holland 1998
Communicative Activity Log	CAL	Pulvermuller 2001
Communicative Effectiveness Index	CETI	Lomas 1989
Communication Outcome After STroke scale	COAST	Long 2008
Communicative Readiness and Use Scale and Psychological Wellbeing Index	-	Lyon 1997
Conversational Rating Scale	CRS	Wertz 1981
Discourse Analysis (words per minute; content information units per minute)	DA	Nicholas 1995
EQ-5D	EQ-5D	Brooks 1996
Functional Communication Profile	FCP	Sarno 1969
Functional-Expression scale	FE Scale	Prins 1980
General Health Questionnaire	GHQ	Goldberg 1972
Leal 1993 Aphasia Quotient	AQ	Castro-Caldas 1979

Name of assessment	Abbreviation	Reference
Minnesota Test for Differential Diagnosis of Aphasia	MTDDA	Schuell 1965
Multiple Adjective Affect Check-List	MAACL	Zuckerman 1965
National Institutes of Health Stroke Scale	NIHSS	Brott 1989
Nottingham Health Profile	NHP	Ebrahim 1986
Norsk Grunntest for Afasi	NGA	Reinvang 1985
Object Naming Test	ONT	Oldfield 1965
Philadelphia Comprehension Battery	PCB	Saffran 1988
Picture Description with Structured Modeling	PDSM	Fink 1994
Porch Index of Communicative Abilities	PICA	Porch 1967 ; Porch 1971 ; Porch 1981
Psycholinguistic Assessments of Language Processing in Aphasia	PALPA	Kay 1992 ; Bastiaanse 1995
Reading Comprehension Battery for Aphasia	RCBA	LaPointe 1979
Semantic Association Test	SAT	Visch-Brink 1996
Stroke and Aphasia Quality of Life Scale	SAQoL	Hilari 2003
Token Test (shortened and standard versions)	TT	DeRenzi 1962 ; Spreen 1969 ; Lincoln 1979
Therapy Outcome Measures	TOMs	Enderby 2007
Western Aphasia Battery	WAB	Kertesz 1982
Western Aphasia Battery Aphasia Quotient	WABAQ	Kertesz 1982
Word Fluency	-	Borkowski 1967

2 MEDLINE search strategy

1. exp aphasia/
2. language disorders/ or anomia/
3. (aphasi\$ or dysphasi\$ or anomia or anomic).tw.
4. ((language or linguistic) adj5 (disorder\$ or impair\$ or problem\$ or dysfunction)).tw.
5. 1 or 2 or 3 or 4
6. language therapy/ or speech therapy/
7. Speech-Language Pathology/
8. ((speech or language or aphasia or dysphasia) adj5 (therap\$ or train\$ or rehabilitat\$ or treat\$ or remediates\$ or pathol\$)).tw.
9. remedial therap\$.tw.
10. 6 or 7 or 8 or 9
11. 5 and 10
12. exp aphasia/rh, th or language disorders/rh, th or anomia/rh, th
13. 11 or 12
14. Randomized Controlled Trials/
15. random allocation/
16. Controlled Clinical Trials/
17. control groups/
18. clinical trials/
19. double-blind method/
20. single-blind method/
21. Multicenter Studies/
22. Therapies, Investigational/
23. Research Design/
24. Program Evaluation/
25. evaluation studies/
26. randomized controlled trial.pt.
27. controlled clinical trial.pt.
28. clinical trial.pt.
29. multicenter study.pt.
30. evaluation studies.pt.
31. random\$.tw.
32. (controlled adj5 (trial\$ or stud\$)).tw.
33. (clinical\$ adj5 trial\$).tw.
34. ((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.

35. (quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
36. ((multicenter or multicentre or therapeutic) adj5 (trial\$ or stud\$)).tw.
37. ((control or experiment\$ or conservative) adj5 (treatment or therapy or procedure or manage\$)).tw.
38. ((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
39. (coin adj5 (flip or flipped or toss\$)).tw.
40. latin square.tw.
41. versus.tw.
42. (assign\$ or alternate or allocat\$ or counterbalance\$ or multiple baseline).tw.
43. controls.tw.
44. or/14-43
45. 13 and 44
46. child\$.ti.
47. 45 not 46

3 CINAHL search strategy

EBSCO Search Strategy

- S44 S42 not S43
 S43 TI child*
 S42 S18 and S41
 S41 S19 or S20 or S21 or S22 or S23 or S24 or S25 or S26 or S27 or S28 or S29 or S32 or S33 or S36 or S37 or S40
 S40 S38 and S39
 S39 TI (group* or subject* or patient*) or AB (group* or subject* or patient*)
 S38 TI (control or treatment or experiment* or intervention) or AB (control or treatment or experiment* or intervention)
 S37 TI (assign* or alternate or allocat* or counterbalance* or multiple baseline* or ABAB design*) or AB (assign* or alternate or allocat* or counterbalance* or multiple baseline* or ABAB design*)
 S36 S34 and S35
 S35 TI trial* or AB trial*
 S34 TI (clin* or intervention* or compar* or experiment* or therapeutic) or AB (clin* or intervention* or compar* or experiment* or therapeutic)
 S33 TI (cross?over or control* or factorial or sham) or AB (cross?over or control* or factorial or sham)
 S32 S30 and S31
 S31 TI (blind* or mask*) or AB (blind* or mask*)
 S30 TI (singl* or doubl* or tripl* or trebl*) or AB (singl* or doubl* or tripl* or trebl*)
 S29 TI random* or AB random*
 S28 PT clinical trial
 S27 (MH "Clinical Research") OR (MH "Clinical Nursing Research")
 S26 (MH "Nonrandomized Trials") OR (MH "Study Design") OR (MH "Community Trials") OR (MH "One-Shot Case Study") OR (MH "Experimental Studies") OR (MH "Pretest-Posttest Design") OR (MH "Solomon Four-Group Design") OR (MH "Static Group Comparison")
 S25 (MH "Quasi-Experimental Studies")
 S24 (MH "Factorial Design")
 S23 (MH "Control (Research)") OR (MH "Control Group")
 S22 (MH "Comparative Studies")
 S21 (MH "Clinical Trials+")
 S20 (MH "Crossover Design")
 S19 (MH "Random Sample") OR (MH "Random Assignment")
 S18 S16 or S17
 S17 (MH "Language Disorders/RH/TH") OR (MH "Aphasia/RH/TH") OR (MH "Aphasia, Broca/RH/TH") OR (MH "Aphasia, Wernicke/RH/TH")
 S16 S7 and S15
 S15 S8 or S9 or S10 or S11 or S14
 S14 S12 and S13
 S13 TI (therap* or train* or rehabilitat* or treat* or pathol*) or AB (therap* or train* or rehabilitat* or treat* or pathol*)
 S12 TI (speech or language or aphasia or dysphasia) or AB (speech or language or aphasia or dysphasia)
 S11 (MH "Speech-Language Pathologists")
 S10 (MH "Communication Skills Training")
 S9 (MH "Speech-Language Pathology")
 S8 (MH "Rehabilitation, Speech and Language") OR (MH "Alternative and Augmentative Communication") OR (MH "Language Therapy") OR (MH "Speech, Alaryngeal+") OR (MH "Speech Therapy")
 S7 S1 or S2 or S3 or S6
 S6 S4 and S5
 S5 TI (disorder* or impair* or problem* or dysfunction) or AB (disorder* or impair* or problem* or dysfunction)
 S4 TI (language or linguistic) or AB (language or linguistic)
 S3 TI (aphasi* or dysphasi* or anomia or anomic) or AB (aphasi* or dysphasi* or anomia or anomic)
 S2 (MH "Language Disorders")
 S1 (MH "Aphasia") OR (MH "Aphasia, Broca") OR (MH "Aphasia, Wernicke")

4 Speech and language therapy approaches

Type of SLT	Speech and language therapy	Study ID
Conventional	Any form of targeted practice tasks or methodologies that aim to maximise the understanding and production of language and communication abilities across spoken and written modalities. Generally conducted on a 1-to-1 patient-therapist basis and using stimulation-facilitation approaches	ACTNoW 2011 ; Bakheit 2007 ; David 1982 ; Denes 1996 ; Di Carlo 1980 ; Drummond 1981 ; Elman 1999 ; Hinckley 2001 ; Leal 1993 ; Lincoln 1982i ; Lincoln 1984a ; Lincoln 1984b ; Meikle 1979 ; Prins 1989 ; Pulvermuller 2001 ; Shewan 1984i ; Shewan 1984iii ; Smania 2006 ; Smith 1981i ; Smith 1981ii ; Smith 1981iii ; Van Steenbrugge 1981 ; VERSE 2011 ; Wertz 1981 ; Wertz 1986i ; Wertz 1986iii ; Wu 2004 ; Yao 2005ii ; Yao 2005iii
Computer-mediated	Targeted practice tasks or methodologies that aim to improve a patient's language or communication abilities but that are accessed via a computer program	Crerar 1996 ; Doesborgh 2004 ; Katz 1997i ; Katz 1997ii ; ORLA 2006 ; ORLA 2010
Cognitive-linguistic	Employs lexical semantic treatment and phonological treatment programme components as required	RATS-2
Communicative	Verbal and non-verbal strategies to communicate information. No focus on semantic, phonological or syntax components	RATS-2
Constraint-induced	Participants required to use spoken communication alone Other communicative methods such as gesture are not encouraged or permitted	Meinzer 2007 ; Pulvermuller 2001
Functional	Targets improvement in communication tasks considered to be useful in day-to-day functioning	Denes 1996 ; Elman 1999 ; Hinckley 2001 ; Lyon 1997
Gestural cueing	Use of gesture as a cue to facilitate word-finding	Drummond 1981 (AMERIND)
Group	An SLT intervention involving 2 or more participants with aphasia	Elman 1999 ; Wertz 1981 ; Yao 2005i ; Yao 2005iii
Intensive	4 or more hours of therapeutic intervention each week	Bakheit 2007 ; Denes 1996 ; Elman 1999 ; Hinckley 2001 ; Laska 2011 ; Lyon 1997 ; MacKay 1988 ; ORLA 2006 ; RATS-2 (some); Smith 1981i ; Smith 1981iii ; VERSE 2011 (some); Wertz 1981 ; Wertz 1986i ; Wertz 1986ii
Language-orientated	Follows psycholinguistic principles	Shewan 1984i ; Shewan 1984ii
Language Enrichment Therapy [LET]	Hierarchically organised programme of comprehension and naming activity Salonen 1980 . Common Scandinavian SLT approach.	Laska 2011
Operant training	Not a widely practiced approach to SLT but it is a verbal conditioning procedure with the purpose (in the examples included in this review) of improving communication skills	Lincoln 1984a ; Lincoln 1982i ; Lincoln 1982ii
Oral Language Reading for Aphasia [ORLA]	"The person with aphasia systematically and repeatedly reads aloud sentences and paragraphs, first in unison with the clinicians and then independently"	ORLA 2006 ; ORLA 2010
Phonological treatment	Focuses on improving the sound structure of language. Therapy is directed at the phonological input and output routes.	RATS ; VERSE 2011
Semantic treatment	Focuses on interpretation of language with the aim of improving semantic processing	RATS ; VERSE 2011
Sentence mapping	Targets the mapping between the meaning and syntactic structure of sentences	Rochon 2005

0001 Speech and language therapy for aphasia following stroke

Type of SLT	Speech and language therapy	Study ID
Task-specific	Therapy focused on specific areas of communication impairment	Crerar 1996 (Verb and Preposition therapy); Drummond 1981 (word finding); Meinzer 2007 ; Prins 1989 (STACDAP); Pulvermuller 2001 (constraint-induced therapy); Rochon 2005 (Sentence Mapping Therapy); Van Steenbrugge 1981 (naming and sentence construction)
Volunteer-facilitated (trained)	Targeted practice tasks or methodologies that aim to improve a patient's language or communication abilities but delivered by a volunteer Training, material and intervention plans are usually provided to support the volunteer	Leal 1993 ; MacKay 1988 ; Meikle 1979 ; Meinzer 2007 ; Wertz 1986ii ; Wertz 1986iii
Social support and stimulation	An intervention which provides social support or stimulation but does not include targeted interventions that aim to resolve participants' expressive/receptive speech and language impairments	ACTNoW 2011 ; Elman 1999 ; David 1982 ; Lincoln 1982iii ; Rochon 2005 ; Shewan 1984ii ; Shewan 1984iii
Programmed instruction	Behavioural intervention that employs a book or film to present materials for learning. Participants can progress through the tasks at their own pace, using queries to test their new learning. Progression to the next stage only occurs once they have been successful at an earlier stage	Di Carlo 1980
Placebo	An intervention that mimics the experimental intervention in nature but does not have components that aim to resolve or improve participants' expressive/receptive speech and language skills	ACTNoW 2011 ; Di Carlo 1980 (non-programmed activity); Katz 1997ii ('arcade-style games': non-language computer based); Lincoln 1982i (attention non-specific); Lincoln 1984b (non-specific placebo)