

1 Title: **Effect of Erica australis extract on CACO-2 cells, fibroblasts and selected**  
2 **pathogenic bacteria responsible for wound infection**

3

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25 **Abstract**

26 Plants from the genus *Erica* are used in many countries to treat several ailments. In this  
27 work we intend to evaluate the potential *in vivo* benefits of *Erica australis* L. by testing *in*  
28 *vitro* the effect induced by the plant extract when in contact with BJ fibroblasts (3 and 6  
29 hours) and Caco-2 cells (3, 6 and 24 hours). Effects on five pathogenic microorganisms  
30 (*Enterococcus faecalis*, *Bacillus cereus*, *Escherichia coli*, *Staphylococcus aureus* and  
31 *Listeria monocytogenes*) were also determined. It was found that the extracts enhanced  
32 fibroblast proliferation (maximum of 484% of control at 6 hour exposure) while Caco-2  
33 cells viability was reduced in a concentration and time dependent manner (minimum of  
34 22.3% of control at 24 hour exposure). Antimicrobial effects were also detected, with  
35 differences registered among the plant parts and solvent used, with the lowest minimum  
36 concentration for diffusion inhibition (MCDI) of 1 mg/mL. Results obtained with the  
37 fibroblasts and bacteria strongly show that this plant has potential to be used in wound  
38 healing as a stimulant of fibroblast growth and disinfection, as well as an antibiotic. Results  
39 obtained with Caco-2 cells indicate this plant also has some potential for and application as  
40 anticancer agent.

41

42 Keywords: *Erica australis* L., Fibroblasts, Caco-2, antiproliferative effect, wound healing  
43 stimulant, antibacterial

44

45 **1. Introduction**

46 Plant extracts have been used for a long time by traditional healers and are referenced in  
47 folk medicine to treat several ailments. This knowledge was somewhat lost due to the rise  
48 of allopathic medicine which replaced natural treatments with chemicals and drugs (Neves,

49 et al., 2009). This change, however, led to antibiotic resistant bacteria and a weakened  
50 immune system (Alanis, 2005). In addition, changes in lifestyle lead to a much larger  
51 exposure to oxidizing agents, which can cause problems that include degenerative diseases,  
52 heart problems and cancer (Ames, et al., 1995; Jemal, et al., 2008).

53 For this reason focus started to shift, turning the attention back to the study of plants and  
54 use of natural compounds for the treatment of diseases which led to extensive screenings  
55 for plants that could be used (Adetutu, et al., 2011b; Matkowski & Piotrowska, 2006;  
56 Neves, et al., 2009; Nunes, et al., 2012). One of the most common aspects studied in plants  
57 is their content in antioxidants, which can help in the prevention of cancer and degenerative  
58 diseases (Ames, et al., 1995). This antioxidant protection can be due to several actions,  
59 including the capture of Reactive Oxygen Species before they interact with lipids by direct  
60 scavenging of the radicals, the inhibition of enzymes such as cyclooxygenase and  
61 lipoxygenase or the stimulation of detoxifying enzymes such as indoles (Ames, et al.,  
62 1995). Some plants however, in addition to free radical scavenging properties, also possess  
63 compounds that evidence cytotoxic properties. This may not only allow them to help  
64 preventing cancer occurrence, but potentially eliminating it (González-Sarrías, et al., 2012).

65 The plants here studied belong to the *Ericaceae* family and are used in many countries to  
66 treat several ailments, including digestive and urinary disorders, as well as wound healing  
67 and disinfection (Akkol, et al., 2008; Harnafi, et al., 2007; Neves, et al., 2009). Aqueous  
68 extracts from two species of this plant, *Erica australis* L. and *Erica arborea* L., were  
69 previously studied by our group and were found to possess relatively high activities,  
70 especially concerning the 1,1-Diphenyl-2-picrylhydrazyl (DPPH) radical (IC<sub>50</sub> of 60  
71 µg/mL) (Nunes, et al., 2012). The sample with the best results was further studied and it  
72 was found that leaves contained almost 50 mg of amino acids per gram of dry weight, of

73 which 20 mg are of essential amino acids. They also possess a total of 16 phenolic  
74 compounds, including the strong antioxidant caffeic acid (500 µg/g) (Nunes & Carvalho).  
75 Now, continuing and extending the study of this plant, we intended to evaluate potential  
76 health benefits derived from the consumption/direct application of extracts from this plant,  
77 by analyzing the extract effect on fibroblasts (responsible for tissue regeneration), Caco-2  
78 cells (intestinal cancer cells) and pathogenic bacteria commonly found in wounds. The  
79 selected bacteria were *Enterococcus faecalis*, *Bacillus cereus*, *Escherichia coli*,  
80 *Staphylococcus aureus* and *Listeria monocytogenes*. *E. faecalis* is a pathogenic  
81 microorganism responsible for 90% of the infections caused by the *Enterococcus* genus  
82 (F.D.A., 2012). These bacteria are amongst the most common bacteria isolated from  
83 infected surgical sites (Munaff, 2012). Pathogenic *E. coli* species can be fatal and also  
84 commonly found in infected wounds (F.D.A., 2012; Senthil Kumar, et al., 2006). *B. cereus*  
85 can in some cases enable further contamination by other bacteria and is high prevalent in  
86 post-operative and post-traumatic wounds (F.D.A., 2012). *S. aureus* are also highly  
87 prevalent in infected wounds. Deaths are rare and only occur in people with compromised  
88 immune system (F.D.A., 2012). *L. monocytogenes* can provoke a severe form of infection  
89 with death rate between 15 and 30%, although if it triggers meningitis it can reach 70%  
90 (F.D.A., 2012).

91

## 92 **2. Material and methods**

### 93 2.1. Plant material

94 Samples were identified by a botanist and randomly selected and collected during the  
95 blooming period at the end of spring, beginning of summer of 2010 from the Algarve  
96 region (37.187596,-8.695455). A voucher specimen was deposited in the Herbarium from

97 University of Algarve with the number 10945. After collection, plant materials were stored  
98 on a dry place, protected from sunlight and naturally air dried (ambient temperature of  
99 approximately 20 °C) for about one week. Leaves and flowers were manually separated and  
100 stored on plastic vials at -20 °C until extraction.

101

## 102 2.2. Biological material

103 Cell lines BJ (human fibroblasts) – ATCC CRL-2522(Rockville, USA) and Caco-2  
104 (human colon adenocarcinoma) – ATCC HTB-37, bacteria strains: *Enterococcus faecalis* –  
105 DSMZ 20478, *Bacillus cereus* – ATCC 11778, *Escherichia coli* – ATCC 8739,  
106 *Staphylococcus aureus* – ATCC 6538, *Listeria monocytogenes* – DSMZ 7644. Bacteria  
107 strains were gently provided by Stress by Antibiotics and Virulence of Enterococci  
108 laboratory from IBET.

109

## 110 2.3. Chemicals

111 Phosphate buffer saline (PBS) tablets pH 7.4, Dulbecco's modified Eagle's medium  
112 (DMEM), penicillin/streptomycin at +10,000 units/mL/+10,000µg/mL, nonessential amino  
113 acids (N.E.A.A.), L-glutamine 200 mM, trypsin–EDTA (ethylenediaminetetraacetic acid)  
114 solution (2.5 g/l trypsin, 0.5 g/l EDTA), trypan blue solution (0.4%), thiazolyl blue  
115 tetrazolium bromide (MTT) and sodium dodecyl sulphate (SDS) were purchased from  
116 Sigma Chemicals, Germany. Dimethyl sulfoxide (DMSO), chloramphenicol blue, Tris-  
117 acetate-EDTA (TAE) buffer ampicillin, plate count agar, RINGER tablets and cetrimide  
118 agar were purchased from Merk, Germany. Methanol was purchased from VWR,  
119 Pennsylvania, USA. Luria broth was purchased from Sigma-Aldrich Co. Ltd, Poole, UK.  
120 Ethanol was purchased from Merck, Nottingham, UK. Discs for minimum concentration

121 for diffusion inhibition (MCDI) assay were purchased from Whatman, Maidstone, UK.  
122 FBS was purchased from Gibco, Invitrogen, USA. All reagents were of analytical grade.

123

#### 124 2.4. Extraction procedure

125 The extraction was carried in a Soxhlet device with Electrothermal heating mantles  
126 (Electrothermal, Essex, UK), using 0.4 g of plant material and 60 mL of water or methanol.  
127 When the extraction was finished, the methanol was evaporated (Nahita serie 503, Navarra,  
128 Spain) and the material was re-suspended in water. Extracts were transferred to Eppendorfs  
129 and stored at -20 °C until next day. On the day of analysis, extracts were put on ice and in  
130 the dark until unfrozen.

131

#### 132 2.5. Cell lines culture

133 The Caco-2 (HTB 37) and BJ (CRL-2522) cells were used between passages 65-80 and  
134 20-30, respectively. Both cells were grown in flasks in a humidified 5% CO<sub>2</sub>/95%  
135 atmospheric air incubator at 37 °C. The cell culture medium for Caco-2 cells was DMEM  
136 supplemented with 10% FBS, 1% L-glutamine, 1% non-essential amino acids and 1% of  
137 penicillin/streptomycin. Medium was exchanged every 2-3 days and cells were sub cultured  
138 weekly. BJ cells were cultured in DMEM supplemented with 10% FBS and 1%  
139 penicillin/streptomycin and cells were sub cultured 3 times a week.

140

#### 141 2.6. Bacterial strains culture

142 Prior to the assay, an overnight culture of each microorganism was initiated in 5 mL Luria  
143 Broth and incubated at 37 °C for 24 hours. After the 24 hours, a streak was made in a petri  
144 dish with 20 mL of dry plate count agar medium, and grown at 37 °C for 24 hours.

145

## 146 2.7. MTT assay

147 Taking into consideration the optimal confluence of culture and sufficient medium  
148 nutrients, cells were seeded in 96 well plates i) at a density of  $2.5 \times 10^4$  cells/well in 200  $\mu$ l  
149 of medium for BJ cells and ii) at a density of  $1 \times 10^4$  cells/well in 100  $\mu$ l of medium for  
150 Caco-2 cells. Cells were then incubated overnight until the assay.

151 For the BJ cells, the medium was replaced by fresh medium after the overnight incubation,  
152 containing additionally MTT (5 mg/mL in PBS, pH 7.4). Dry methanol leaf extracts were  
153 previously added to the MTT to test the extract influence. Following incubation (3 and 6  
154 hours), medium was removed and DMSO was added to each well to dissolve MTT  
155 formazan generated during incubation. The absorbance was measured at 540 nm (reference  
156 wavelength was 690 nm) using a microplate reader (Multiscan GO, Thermo Scientific)  
157 USA (Carmichael, 1987). Cells incubated in cell culture medium were considered as a  
158 control for 100% cell viability.

159 The assay was performed on three occasions with six replicates at each concentration of test  
160 substance in each instance. All results are, therefore, means from triplicates and are  
161 presented as % of cell viability  $\pm$  SD.

162 For the Caco-2 cells, the medium was also removed after incubation and replaced by 100  
163  $\mu$ L of aqueous leaf or flower extracts diluted in complete DMEM without FBS  
164 (concentrations of 0.1, 0.5, 1.0 and 2.0 mg/mL). After incubation with the extracts for 3, 6  
165 or 24 hours, MTT was added and incubated for 3 hours. After that time, DMSO was used to  
166 dissolve formazan crystals and the absorbance was measured using a microplate reader  
167 (Tecan, Infinite M200, Austria) as referenced above. Due to the strong color of the extracts,

168 an intermediate step of washing with PBS prior to MTT addition was introduced. Cells  
169 incubated with cell culture medium were considered as the control for 100% cell viability.  
170 The assay was performed on three occasions with six replicates at each concentration of test  
171 substance in each instance. All results are means from triplicates and are presented as % of  
172 cell viability  $\pm$  SD.

173

#### 174 2.8. Disc diffusion assay

175 For the determination of minimum concentration for diffusion inhibition (MCDI) a method  
176 similar to that used in antibiotic susceptibility testing was used, but with plant extracts  
177 instead (Gaudreau & Gilbert, 1997). Briefly, a grown microorganism colony was collected  
178 and suspended in a flask with Ringer solution. An aliquot of 50  $\mu$ L was spread on a petri  
179 dish containing plate count agar. After dried, discs were put in the petri dish and 10  $\mu$ L of  
180 extract (10 mg/mL) were added to each one. Ampicillin (10 mg/mL) was used as control.  
181 This procedure was repeated for every strain. After 48 hour incubation, the inhibition  
182 diameter was measured. After assessing which strains were inhibited by the extract, several  
183 concentrations were tested to find the MCDI. All results are means from two measurements  
184 of each disc, three discs per plate triplicates  $\pm$  SD.

185

#### 186 2.9. Statistical methods

187 Statistical analysis of fibroblast cell and Caco-2 cells culture cytotoxicity experiments was  
188 performed by ANOVA followed by Duncan's post hoc test.

189

### 190 **3. Results**

#### 191 3.1 Caco- 2 cells viability



192 The influence of aqueous extract exposure in Caco-2 cells was analyzed. Two different  
193 plant parts (leaves and flowers) and three different time points (3, 6 and 24 hours) were  
194 tested at 0.1, 0.5, 1.0 mg/mL for the 3 and 6 hour points and 0.5, 1.0 and 2.0 mg/mL for the  
195 24 hour point (Figure 1).

196 After incubating the cells with the extract, the amount of MTT formazan generated by the  
197 tricarboxylic acid cycle decarboxylases in mitochondria of viable, biochemically active  
198 cells, was analyzed. This reflects metabolic activity of the cells and, as such, their viability.

199 As shown in Figure 1, at 3 hours there was an increase in the metabolic activity of cells  
200 upon contact with the extracts of both parts of the plant, an effect that increased in a  
201 concentration dependent manner. Upon 6 hours of continuous exposure there was still an  
202 increase for both plant parts, but of lower intensity (data not shown), suggesting that a more  
203 prolonged contact could result in a different effect. For this reason a time point of 24 hours  
204 was tested. This exposure induced a major decrease in metabolic activity, which resulted in  
205 a major decrease in cell viability, compared to that of the control. This decrease led to  
206 values 50% below that of the control, for a minimum concentration of 1 mg/mL and  
207 confirmed the previous suggestion of a time-dependent behavior. In general, the response  
208 between both parts of the plant was similar in all conditions ( $p < 0.05$ ) with a decrease in  
209 metabolic activity when the concentration increased. There was however an exception,  
210 registered when the cells were exposed for 24 hours to the leaves aqueous extract at a  
211 concentration of 2 mg/mL. In that case, the metabolic activity of cells increased when  
212 compared to a concentration of 1.0 mg/mL ( $p < 0.05$ ). Additionally, the result was  
213 statistically different comparing with the flower aqueous extract ( $p < 0.05$ ), which  
214 continued to decrease. The highest cytotoxic effect (22% metabolic activity comparing with  
215 the control) was registered for the flower extract at a concentration of 2 mg/mL, followed

216 by the leaves extract at 1 mg/mL (34% metabolic activity comparing with control), showing  
217 a very strong effect.

218

### 219 3.2 Fibroblasts proliferation

220 The influence of dry methanolic leaf extracts of *Erica australis* L. on fibroblasts  
221 proliferation was studied, testing different extract concentrations (Figure 2). The obtained  
222 results evidence, at first, that the tested extracts were not toxic to BJ fibroblasts, as cell  
223 viability was in all cases above 100%. In fact, upon both 3 hours and 6 hours incubation  
224 there was a significant increase in the metabolic activity, as evidenced by an increase in  
225 absorbance, which demonstrates the stimulation effect of the extract. This effect was  
226 observed for the range of concentrations between 0.5 and 2.0 mg/mL (3 hours exposure) ( $p$   
227  $< 0.05$ ), and 0.5 and 1.5 mg/mL (6 hours exposure) ( $p < 0.05$ ). At this time point (6 hours)  
228 the metabolic activity remained constant when a higher concentration of the extract (2  
229 mg/mL) was used, suggesting that the stimulation reached the plateau at 1.5 mg/mL. The  
230 effect on the metabolic activity after 6 hours of incubation was significantly higher than  
231 after 3 hours ( $p < 0.05$ ), unlike the observed for Caco-2 cells, where the extract started  
232 showing a different trend after 6 hours of exposure.

233

### 234 3.3 Antibacterial effect

235 To ascertain if the extracts had antimicrobial properties the disc diffusion method was used,  
236 which is commonly applied to evaluate microorganism susceptibility to antibiotics. The  
237 extract at different concentrations is put in a porous paper disc. The exposure of the bacteria  
238 to the extract is accomplished via diffusion. It is verified if there is bacterial growth around  
239 the disc (Figure 3). The minimum concentration of extract needed to prevent the growth of

240 the bacteria in these conditions can then be determined (Table I). Two plant parts (leaves  
241 and flowers) and two extract types (aqueous and methanolic later evaporated and  
242 resuspended in water) were tested using a panel of foodborne 5 microorganisms, 3 of which  
243 are commonly found in wound infections, but all of them can contaminate wounds and  
244 cause an infection. It was found that the microorganisms responded differently, according  
245 to plant part and extract type used, which indicates the compounds with antimicrobial  
246 activity differ from plant part to plant part. Aqueous leaves extract was the one showing  
247 better results, evidencing some activity against all the tested microorganisms. It was  
248 followed by the aqueous flower extract, which had effect in 3 out of 5 microorganisms and  
249 finally both methanolic extracts, which had effect in only 2 out of the 5 microorganisms.  
250 Not only the leaves extract was the one that had effect on more microorganisms, it also  
251 provided the strongest effects.

252

#### 253 **4. Discussion**

254 One common *in vitro* assay to determine the cytotoxicity of plant extracts involves Caco-2  
255 cells (Grey, et al., 2010; Russo, et al., 2005). These cells belong to a cell line derived from  
256 human colon tissue and were used in this study to evaluate the effects of the plant extract in  
257 human colon cancer cells (Grey, et al., 2010; Ren, et al., 2003; Russo, et al., 2005). The  
258 observed effect evolved in a time dependent manner, mostly dependent on the  
259 concentration of the extract used. This is a common behavior that is observed for the  
260 majority of conditions. Except at the concentration of 2.0 mg/mL after 24 hours exposition,  
261 all results were similar in both leaves and flowers, which means both plant parts can be  
262 used when attempting to extract compounds with potential cytotoxic effect, with similar  
263 results up to a concentration of 1.0 mg/mL. At a concentration of 2 mg/mL, however, the

264 flowers showed better cytotoxic ability than leaves, which can be due to some synergetic  
265 effect that manifests itself when the concentration of the extract is increased. Leaves on the  
266 other hand follow an opposite behavior, with a reduction of the cytotoxic effect at 2  
267 mg/mL, perhaps due to an antagonistic effect caused by some compound present on the  
268 extract. The results obtained in this study for 24 hour exposure to the extract are higher than  
269 those obtained with wheat upon 24 and 96 hours exposure (Okarter, 2011) and with two  
270 types of cabbage at 24 and 48 hour exposure (Zarzour, 2011), but lower than those obtained  
271 with *T. gallica* upon 72 hour exposure (Boulaaba, et al., 2013). Although the obtained  
272 results show the potential of *Erica australis* as a cytotoxic agent, it has to be pointed out that  
273 in a normal ingestion of this plant infusion, the individual will not benefit from these  
274 properties, as according to the obtained results it takes over 6 hours of contact with the  
275 extract for the effect observation. After this time however, the effects can lead to a high  
276 reduction of the metabolic activity, so the use of this plant should not be discarded, but  
277 rather improved.

278 A wound occurs when the epithelial integrity is broken, which can affect the structure of  
279 the adjacent tissues. Quick wound healing depends on factors such as the proliferation of  
280 fibroblast cells and the prevention of an infection (Enoch & Leaper D., 2005). Infections  
281 occur when microorganisms contaminate and grow in the wound (Senthil Kumar, et al.,  
282 2006), an effect that hampers the healing process (Enoch & Leaper D., 2005; Senthil  
283 Kumar, et al., 2006; Shrivastava, 2011). For this reason it is important that not only the  
284 regeneration of the tissue is pursued, but also that this tissue is maintained free of  
285 infections. This has potentiated the research on the study of the application of plant extracts  
286 as antimicrobial agents (Adetutu, et al., 2011b; Raja, et al., 2011; Steenkamp, et al., 2004),  
287 an event of increased importance nowadays that bacteria resistance to antibiotics is a matter

288 of concern. Finding suitable therapeutic alternatives has become a major priority. In this  
289 work, we evaluated the ability of plant extracts to enhance fibroblast activity in order to  
290 determine the *in vitro* wound healing potential. The extract effect on 5 microorganism  
291 strains commonly found in wound infections was further determined to assess the *in vitro*  
292 disinfection capacity and potential application in a wound treating product.

293 The results obtained in the study strongly indicate that *E. australis* might be a potential  
294 candidate for dermal wound healing, because of its proliferative effect on fibroblast cells  
295 and the antibacterial activity.

296 An explanation for such positive effect in fibroblasts can be the high and diverse  
297 composition of antioxidants evidenced by *E. australis* L., as preliminary studies have  
298 revealed (Nunes, et al., 2012). It is known that various plant extracts abounding in  
299 antioxidants are useful in prevention or treatment of skin disorders, especially those  
300 mediated by UV irradiation. Reactive oxygen can cause harmful effects in keratinocytes  
301 and fibroblasts if antioxidative defense mechanisms are exhausted (Adetutu, et al., 2011a).  
302 Many different compounds have been tested alone or in combination (betacarotene,  
303 ascorbic acid, tocopherol, selenium and polyphenols) for prevention of sunburn,  
304 photodermatoses and photocarcinogenesis with divergent results (Tebbe, 2001). Different  
305 plant products are considered potential agents for wound healing and this kind of natural  
306 therapy is largely preferred because of the widespread availability, non-toxicity on skin  
307 cells, ease of administration and effectiveness even as crude preparations. In addition,  
308 because of the high concentration of caffeic acid in the investigated plant material, which is  
309 well known as a protector of human skin against UVB-induced erythema, *E. australis* has  
310 the potential to be used as a main compound on photoprotective cosmetics (Nunes, et al.,  
311 2012; Svobodová, et al., 2003).

312 The only extract that had effect on *E. faecalis* and *E. coli* was the leaves aqueous extract,  
313 with a MCDI of 6 mg/mL in both cases. This relatively high MCDI and resistance to  
314 extracts was expected because these microorganisms are known to be resistant to a wide  
315 range of antibiotics (Munaff, 2012). The fact that only the aqueous extract had an inhibitory  
316 effect shows that the compound(s) responsible for the effect are only present in leaves and  
317 can be extracted with water but not with methanol. This hints at their polarity and is  
318 important information if compound extraction and isolation is to be pursued to achieve a  
319 more concentrated solution with higher activity. It is possible that the compounds  
320 responsible for the activity against *E. faecalis* and *E. coli* are the same, which might be  
321 explained by the presence of both bacteria in the digestive system, as inhabitants, although  
322 one is Gram<sup>-</sup> while the other is Gram<sup>+</sup>.

323 The growth of *B. cereus* and *S. aureus* was inhibited by all the tested extracts. Of these two,  
324 *B. cereus* was more susceptible than *S. aureus*, and more so to aqueous extract of leaves;  
325 the other extracts showing no difference among them. In the case of *S. aureus* a difference  
326 was seen according to the solvent used and not to the plant part in study. These results  
327 show that both plant parts being tested possess compounds responsible for preventing the  
328 growth of these bacteria and they can be extracted with water or methanol, meaning the  
329 extraction of compounds for a possible use does not need to be selective. This can be due to  
330 an intermediate polarity of the compounds or presence of some compounds that can be  
331 extracted with water and some with methanol. They also show that the compounds  
332 responsible for the inhibition are different or, at least, there are more compounds with that  
333 effect in the extract, when comparing to those that have antimicrobial activity against *E.*  
334 *faecalis* and *E. coli*.

335 *L. monocytogenes* growth was inhibited by both aqueous extracts but not by the methanolic  
336 extracts and more so by the leaves. These results show that while both leaves and flowers  
337 possess compounds capable of preventing this microorganism growth, it is not possible to  
338 extract them with methanol, indicating the polarity of the compounds. A similar trend was  
339 observed with *E. faecalis* and *E. coli*, where although leaves had compounds with  
340 antimicrobial activity, only water was able to extract them.

341 Overall, the results show that both plant parts and solvent used had influence on the  
342 antimicrobial activity. The combinations that yield a stronger antimicrobial activity are  
343 leaves extracted with water followed by flowers extracted with water. Methanolic extracts  
344 had a much lower activity, with the exception of when put into contact with *Bacillus cereus*  
345 where they performed similarly to flower aqueous extract. According to Fabry et al (1998),  
346 crude solvent extracts of plants are considered potentially useful in therapeutics if they have  
347 concentrations of inhibition values  $< 8\text{mg/mL}$ , which means all tested extracts are  
348 potentially useful. This is especially true for leaves extract and especially against *B. cereus*  
349 and *S. aureus*. Much lower MCDIs can be obtained if the particular compound that has the  
350 inhibitory effect can be isolated, which may be worthwhile to pursue considering the effects  
351 of some of the analyzed bacteria. Another important aspect relates to wounds. It was  
352 previously found that the extracts have potential to be used to treat wounds given the  
353 enhanced proliferation of fibroblasts. In addition to that, the fact that the extracts have some  
354 inhibitory effects against microorganisms found commonly in infected wounds, increases  
355 the potential use of this plant in treating wounds and preventing their infection. It also  
356 supports the traditional use of this plant as a wound treating agent.

357

## 358 **5. Conclusion**

359 With this study we can conclude that the use of *Erica australis* in traditional medicine with  
360 the aim of wound healing is somewhat supported, since this plant extracts potentiated the  
361 proliferation of fibroblast cells. In addition, the plant shows antimicrobial activity against  
362 microorganisms commonly found in wound infections, and as such can serve a dual  
363 purpose in wound treatment. This activity was in some cases solvent and plant part  
364 dependent. While this plant displayed a cytotoxic effect in Caco-2 cells, this took over 6  
365 hours to be evident, which makes challenging its use in the ambit of cancer therapy.  
366 However, the effects should not be underestimated since after 24 hours of exposition the  
367 cell metabolic activity was greatly diminished.

368

## 369 **6. Acknowledgments**

370 We thank Neuza Teixeira and Fátima Lopes (IBET/ITQB) for supplying the  
371 microorganisms used in this work. We also thank Teresa Cavaco for the help provided in  
372 the disc diffusion assay. Funding from FCT through projects PTDC/SAU-  
373 FCF/100291/2008 and Pest-OE/EQB/LA0023/2013 is acknowledged.

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454 Figure Captions

455 Figure 1. Metabolic activity (as % of control) of Caco-2 cells upon exposure to the samples  
456 for 3 hours and 24 hours exposure (mean  $\pm$  SD, n = 3). Differences between plant parts (p<  
457 0.05) are marked with \*.

458

459 Figure 2. Fibroblast BJ cells metabolic activity (as % of control) with 3 hours and 6 hours  
460 exposure (mean  $\pm$  SD, n = 3). Differences between times (p< 0.05) are marked with \*.

461

462 Figure 3. Inhibition of *B. cereus* by 4 plant extracts at 10 mg/mL (1- Aqueous leaf; 2-  
463 Aqueous flower; 3- Methanolic leaf and 4- Methanolic flower) and by Ampicilin (A)

Table I. Microorganism inhibition by plant extract (mean  $\pm$  SD, n = 3)

Extract	Parameter	<i>Microorganism</i>				
		<i>E. faecalis</i>	<i>B. cereus</i>	<i>E. coli</i>	<i>S. aureus</i>	<i>L. monocytogenes</i>
Aqueous leaf	Inhibition (mm) at 10 mg/mL	8.0 $\pm$ 0.0	9.0 $\pm$ 1.0	8.0 $\pm$ 0.0	8.0 $\pm$ 0.0	10.0 $\pm$ 0.0
	MCDI (mg/mL)	6.0	1.0	6.0	2.0	5.0
Aqueous flower	Inhibition (mm) at 10 mg/mL	n.i.	8.0 $\pm$ 0.0	n.i.	7.0 $\pm$ 0.0	9.3 $\pm$ 0.6
	MCDI (mg/mL)	n.i.	2.0	n.i.	2.0	8.0
Methanolic leaf	Inhibition (mm) at 10 mg/mL	n.i.	10.0 $\pm$ 0.0	n.i.	8.3 $\pm$ 0.6	n.i.
	MCDI (mg/mL)	n.i.	2.0	n.i.	4.0	n.i.
Methanolic flower	Inhibition (mm) at 10 mg/mL	n.i.	10.0 $\pm$ 0.0	n.i.	9.3 $\pm$ 0.6	n.i.
	MCDI (mg/mL)	n.i.	2.0	n.i.	4.0	n.i.
Ampicillin	Inhibition (mm) at 10 mg/mL	20.0 $\pm$ 0.0	18.0 $\pm$ 0.0	32.0 $\pm$ 0.0	50.0 $\pm$ 1.0	42.0 $\pm$ 1.0

n.i. – no inhibition