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2 **SEASONAL VARIATIONS IN GROSS BIOCHEMICAL COMPOSITION,**  
3 **PERCENTAGE EDIBILITY AND CONDITION INDEX OF THE CLAM**  
4 ***RUDITAPES DECUSSATUS* CULTIVATED IN THE RIA FORMOSA (SOUTH**  
5 **PORTUGAL)**

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7 **Short running title:** Seasonal biochemical composition in *R decussatus*

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24 **ABSTRACT**

25 The grooved carpet shell clam, *Ruditapes decussatus* (L. 1758), is one of the most  
26 popular and profitable molluscs exploited in rearing plots in the Mediterranean.  
27 However, annual catch has been declining steadily since the early nineties. In order to  
28 understand the seasonality of its nutritional value, thus providing an improved basis for  
29 economical valuation of the resource, gross biochemical composition, percentage  
30 edibility and condition index were investigated during a year with monthly periodicity  
31 in a commercially exploited population of the clam *Ruditapes decussatus* in the Ria  
32 Formosa, a temperate mesotidal coastal lagoon located in the south of Portugal. Our  
33 results show that total and non-protein nitrogen co-varied during the year, resulting in a  
34 protein content that peaked in the warmest months. Although complementary in  
35 summer, carbohydrate and lipid contents showed irregular annual trends. The observed  
36 seasonality was comparable to that shown by studies elsewhere at similar latitudes, and  
37 are underpinned by the reproductive cycle of the species. Our results show the clams to  
38 be at their prime nutritional value at the beginning of summer, when protein content  
39 peaks.

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42 **KEY WORDS:** Biochemical composition, condition index, percentage edibility, Ria  
43 Formosa, *Ruditapes decussatus*, seasonal variations

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## INTRODUCTION

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48       The grooved carpet shell clam, *Ruditapes decussatus* (L. 1758), is one of the  
49 most popular and profitable molluscs of lagoon and coastal sites in the Mediterranean,  
50 having been used as a food source for centuries. Between 1996 and 2008, official  
51 statistics suggested an average pooled catch of 4 metric tons in Portugal, Spain, France,  
52 Ireland and Tunisia (FAO 2010). In Portugal, the harvesting of bivalves in particular *R.*  
53 *decussatus* is central to aquaculture revenue. In 2007, the national annual production  
54 reported for this species reached 2 metric tons – representing 27% of total seafood  
55 cultured in Portugal –, of which approximately 90% originate in the Ria Formosa (INE  
56 2007). Here, clams are grown (“farmed”) in plots exploited by clam farmers, locally  
57 known as “mariscadores”, usually organized in professional associations. Clam farming  
58 involves seeding juveniles collected from natural beds into plots maintained in tidal flats  
59 and harvesting commercial size animals (i.e. >20 mm). The culture of *R. decussatus* in  
60 the Ria Formosa is central to the local socioeconomic framework involving, directly or  
61 indirectly, more than 4500 people (INE 2007). In 1996, there were 1587 licensed clam  
62 farming plots within the intertidal area of the Ria Formosa, covering a total of  $0.47 \times 10^6$   
63  $\text{m}^2$  (Cachola 1996), approximately 1% of the total intertidal area of the lagoon. More  
64 recently, the ICNB (2004) confirmed the existence of 1290 plots in the Ria Formosa, a  
65 decrease in numbers but a ten-fold increase in the occupied intertidal area (about  
66  $4.76 \times 10^6 \text{ m}^2$ ). In addition to the official catch figures, widespread illegal and largely  
67 opportunistic fishing and harvesting by elements foreign to the local associative system  
68 most probably doubles the official production estimates (António Labóia, VIVMAR,  
69 2007, personal communication).

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71       Percentage edibility (i.e. meat content/yield), physiological condition and  
biochemical composition of bivalves vary seasonally with latitude and are strongly

72 related to water temperature, food availability and the gametogenic cycle (Beninger &  
73 Lucas 1984, Karakoltsidis et al. 1995, Okumus & Stirling 1998, Orban et al. 2002,  
74 Delgado et al. 2004, Ojea et al. 2004, Orban et al. 2006). Proteins, lipids, carbohydrates  
75 and minerals are major contributors to the nutritional value and organoleptic properties  
76 of clams (Orban et al. 2006), and justify the very high demand for this product in  
77 national and international markets. In *R. decussatus*, both stored and recently  
78 assimilated nutrients are used for gametogenesis (Pérez-Camacho et al. 2003),  
79 characteristic of an intermediate strategy between opportunistic and conservative  
80 lifestyles (Rodríguez-Moscoso & Arnaiz 1998). During the reproductive cycle of this  
81 species, gametogenesis extends from the end of winter and spring; spawning occurs all  
82 through the summer months and a resting period in autumn and early winter  
83 (Rodríguez-Moscoso & Arnaiz 1998).

84 Percentage edibility or the condition index (CI) have long been used for  
85 biological and commercial purposes (Venkataraman & Chari 1951, Baird 1958). These  
86 are closely related to the gametogenic and nutrient reserve storage-consumption cycles,  
87 and thus to meat quality (Gabbott 1975). In industrial settings, CI has been adopted in  
88 international trade as a standard criterion to select the best product. It is also recognized  
89 as a useful biomarker reflecting the ability of bivalves to withstand adverse natural  
90 and/or anthropogenic stress (Mann 1978, Bressan & Marin 1985, Fernandez-Castro &  
91 de Vido de Mattio 1987). Hence, the CI may be considered a measure of “fatness” and  
92 “marketability” of a commercially exploited species and, together with proximate  
93 biochemical composition, is probably the most practical and simple method of  
94 monitoring gametogenic activity (Okumus & Stirling 1998).

95 In order to understand the seasonality of *R. decussatus* nutritional value, thus  
96 providing an improved basis for its economical valuation, this study aimed to

97 investigate the changes in grooved carpet shell clam gross biochemical composition in  
98 the Ria Formosa (southern Portugal). Moisture, ash, protein, total and non-protein  
99 nitrogen, carbohydrates and lipid contents, as well as the percentage edibility and  
100 condition index were assessed with monthly periodicity for one year.

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## MATERIALS AND METHODS

### *Environmental data, sampling and processing*

104 The study was carried out between January and December 2006. Monthly  
105 average air temperature and precipitation recorded at a meteorological station (Faro  
106 International Airport) in the Ria Formosa were used to assess seasonality in climatic  
107 conditions. Samples of *R. decussatus* clams (ca. 1 kg, about 140 individuals) were  
108 obtained directly from a farmer's plot belonging to VIVMAR association on a monthly  
109 basis. This assured that all tested biological material was of commercial value and was  
110 harvested from the same area of the Ria Formosa. Immediately after harvest, the  
111 samples were transported to the laboratory in a refrigerated box, washed and placed in  
112 pre-filtered (Whatman GF/C) sea water for 3 to 4 h in order to purge pseudo faeces and  
113 stomach content. Thirty individuals were then randomly selected for biometric  
114 measurements and for the determination of the percentage edibility and condition index.  
115 The remaining clams were stored at  $-20^{\circ}\text{C}$  for later biochemical composition analysis.

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### *Biometric parameters, percentage edibility and condition index*

119 Individual clams were weighted ( $\pm 0.1$  mg) and their maximum length measured  
120 using a precision caliper (to 0.05 mm). Clams were manually shucked by cutting the  
121 adductor muscle with a knife, and the meat was pressed with blotting paper to remove

122 excess moisture before weighting. The meat and shells were subsequently dried at 105  
123 °C for 24 h and weighted again.

124 Percentage edibility (PE) was calculated as  $PE = (MWW/TW) \times 100$ , where  
125 MWW is meat wet weight (g) and TW is the total clam weight including the shell (g)  
126 (Venkataraman & Chari 1951, Mohite et al. 2009). Condition index (CI) was calculated  
127 as  $CI = (MDW/SDW) \times 1000$ , where MDW is meat dry weight (g) and SDW is the  
128 shell dry weight (g), following Lucas and Beninger (1985) and Orban et al. (2006).

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### 130 *Biochemical analyses*

131 Moisture and ash contents of clams were determined for thirty individuals using  
132 the AOAC (2005) methods ref 950.46 and 938.08, respectively. Total nitrogen (bulk  
133 protein content) was determined by the Kjeldahl method (Ref 955.04, AOAC 2005).  
134 This was also used to determine non-protein nitrogen content after precipitation of  
135 proteins with 10% (w/v) trichloroacetic acid. Net protein content was calculated hence  
136 as the difference between total nitrogen and non-protein nitrogen multiplied by 6.25, the  
137 conversion factor used for meat and meat products (Pearson 1973). Carbohydrate and  
138 total lipids were determined according to Dubois et al. (1956) and Bligh and Dyer  
139 (1959), respectively. The biochemical analyses were carried out on individually on nine  
140 randomly selected individuals.

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### 142 *Statistics*

143 Initially, one-way analysis of covariance (ANCOVA) was used to test if putative  
144 seasonal variations (Month) in the biological traits (response variables) co-varied with  
145 individual size (length). Since no significant effects of length on biochemical  
146 composition were found (Table 1), one-way analysis of variance (ANOVA) and the

147 Tukey Honestly Significant Difference (HSD) test were carried out to uncover any  
148 significant seasonal changes in biochemical composition, condition or edibility. The  
149 lipid content values were log-transformed to correct for (severe) non-normality. In  
150 addition, relationships between monthly data on biochemical composition, condition  
151 and edibility were investigated using Spearman rank correlation analysis. All statistical  
152 procedures were carried out at the 0.05 level of significance using R (R Development  
153 Core Team 2007).

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## RESULTS

156 Monthly average air temperature and precipitation for the Ria Formosa are  
157 illustrated in Fig. 1. Higher temperatures were observed in summer (25 °C in July and  
158 August) and the lowest in winter (<9° C). Monthly precipitation records showed an  
159 extreme value in November with 252 mm, much higher than the range observed  
160 throughout the rest of the year (15 to 40 mm).

161 Biochemical composition (Fig. 2), percentage edibility and condition index (Fig.  
162 3) varied with the season (Table 2). Average monthly moisture contents were  
163 significantly higher ( $p<0.05$ ) during autumn and winter (85.9% in March and 86.9% in  
164 November) than in June (82.6%). On the other hand, ash, which indicates the inorganic  
165 compounds content, was significantly higher ( $p<0.05$ ) during January and February (3.4  
166 and 3.6%) when compared to the rest of the year. Between March and August a second  
167 period of intermediate values (ca. 3.1%) was observed. From August to November, the  
168 clams had the lowest values of ash content (about 2.8%).

169 The carbohydrate content varied widely from 0.4% in January and July to to  
170 2.6% in September. Average log-transformed lipid content showed no significant  
171 seasonal variation in spite of the large variability on a monthly basis. The lowest lipid

172 content was measured in April (0.07%) and the lowest total nitrogen content was  
173 measured between October and November (ca. 1.2%). In contrast, total nitrogen content  
174 was significantly higher in June, August and September (ca. 1.5%). In spite of null  
175 values of non-protein nitrogen found in May and July, the total and non-protein nitrogen  
176 contents evidenced complementary seasonal trends. The resultant protein content was  
177 significantly higher ( $p<0.05$ ) during early summer, averaging 8.5% from May to July, in  
178 contrast to winter values ranging from 5.9% in December to 6.7% in January.

179 Percentage edibility of clams was significantly lower ( $p<0.05$ ) in January and  
180 February (~24%) when compared to the April/June or October/December trimesters  
181 (30-32%). On the other hand, the condition index of the clams was significantly higher  
182 ( $p<0.05$ ) from April to June (98.6 to 107.2) than from July to December, when  
183 intermediate values of 83.4 – 88.2 were recorded. Clams showed the lowest condition  
184 indices (<77.2) in January and March.

185 Few pair wise correlation coefficients (Table 3) were judged to be significant  
186 ( $p<0.05$ ). Temperature and/or precipitation were associated with ash, total nitrogen  
187 and/or protein content and condition index. Moreover, condition index and percentage  
188 edibility were intercorrelated and associated with protein content and non-protein  
189 nitrogen contents.

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## DISCUSSION

193 Temperature and food availability have been considered the main factors  
194 conditioning the growth and hence production in bivalves. The effect of these variables  
195 is complex and depends on species-specific acquisition and expenditure of energy in the  
196 natural environment (Bayne & Newell 1983). In temperate tidal lagoons with



197 considerable open-sea water exchanges and high primary production (*e.g.* Sufa Lagoon  
198 in Turkey or the Ria Formosa in Portugal), the food supply is not considered a limiting  
199 factor for growth and reproduction of bivalves (Serdar & Lök 2009), which feed mainly  
200 on microalgae (Delgado & Pérez-Camacho 2005). Consequently, temperature is the key  
201 factor controlling the reproductive cycle of *R. decussatus* (Urrutia et al. 1999, Delgado  
202 & Pérez-Camacho 2007, Matias et al. 2009), influencing seasonal biochemical  
203 composition and nutritional conditions (Gözler & Tarkan 2000, Pérez-Camacho et al.  
204 2003, Fernández-Reiriz et al. 2007).

205         Seasonal biochemical composition followed the changes in percentage edibility  
206 and condition index, which indirectly reflect *R. decussatus*' reproductive phases (Gözler  
207 & Tarkan 2000, Mohite et al. 2009). From January until June, the rising temperatures  
208 induce gametogenesis (Delgado & Pérez-Camacho 2007) resulting in an increase in  
209 percentage edibility and condition index. During this period, *R. decussatus* accumulated  
210 and used carbohydrates, lipids, proteins and minerals presumably for gonad  
211 development. The sudden decrease in all these parameters occurred between June and  
212 July most probably coincided with spawning and the phase may have lasted until  
213 September, when the species entered the resting phase.

214         Our results compare well with studies on the seasonality of clam physiology at  
215 other latitudes, including the Galician Rias in NW Spain (Ojea et al. 2004), the Lagoon  
216 of Venice in Italy (Marin et al. 2003), Sufa and Çardak lagoons in Turkey (Gözler &  
217 Tarkan 2000, Serdar & Lök 2009) and Atlantic coast of Morocco (Shafee & Daoudi  
218 1991), despite the differences in methodology. Overall, carbohydrates and lipids show  
219 complementary trends, with carbohydrates (and moisture levels) reaching minima in  
220 summer when lipid and protein content peaked. In addition, all previously mentioned  
221 study sites sustain similar seasonal trends of condition indices, with small latitudinal

222 changes. The southernmost the location, the sooner gametogenesis, ripping and  
223 spawning occurs (Meneghetti et al. 2004), with spawning starting in August in NW  
224 Spain (Pérez-Camacho et al. 2003), in June-July in south Portugal and in May in  
225 Morocco (Shafee & Daoudi 1991).

226         In the Ria Formosa, total nitrogen, non-protein nitrogen and thus protein  
227 contents show that the nitrogen metabolism in *R. decussatus* varies on a monthly basis.  
228 However, the lower non-protein nitrogen registered in the summer, suggests that the  
229 majority of the clam nitrogen metabolism is being channelled to the spawning process  
230 during that period (Marin et al. 2003). Although the glycogen content is the parameter  
231 most often linked to the seasonal variation in clam carbohydrate levels, direct  
232 determination of total carbohydrates not only allows the evaluation of the same type of  
233 seasonal changes, but also adds all the other types of mono- and polysaccharides  
234 involved in the clam's life cycle, thus becoming a more integrative parameter. In fact,  
235 the seasonal variation of glycogen and carbohydrates is strongly correlated, with the  
236 former being responsible for approximately 50% of the variance of the latter (Robert et  
237 al. 1993, Serdar & Lök 2009). In autumn and early winter, *R. decussatus* accumulates  
238 glycogen prior to gametogenesis, before it is used as an energy source for gonad  
239 development, in anticipation of the spawning period taking place in summer (Ojea et al.  
240 2004).

241         Lipids are the biomolecules that are more influenced by the clams annual  
242 reproductive cycle because of their relationship with gonad maturation. The large  
243 variability of lipid content evidenced by the standard deviations may be related to the  
244 differential gender-related sexual dynamics of this species (Pérez-Camacho et al. 2003).  
245 The link between the lipid and carbohydrate contents may be thus rooted on the  
246 assumption that many lipids accumulated by clams are sourced from glycogen reserves

247 (Marin et al. 2003). This metabolic relationship underpins the opposite trends observed  
248 between the seasonal variations of these two parameters observed in this study. This  
249 was particularly evident in July and August. During the remainder of the year, the clams  
250 attempt to accumulate lipidic reserves through food ingestion in preparation for the next  
251 reproductive cycle (Marin et al. 2003).

252         Seasonal variations on the nutritional value can also be accessed, in a more  
253 global approach, using meat yield related indices. In the Ria Formosa, the physiological  
254 condition of *R. decussatus* is higher between April and June, and lower during the rest  
255 of the year. Taking into account the physiological condition of the species and its  
256 nutritional value, in terms of protein content, the best period of the year to consume *R.*  
257 *decussatus* would be summer. However, this same period is understood to be the worst  
258 to do so from a toxicological point of view, because of the increased risk of poisoning  
259 by shellfish toxins (Vale & Sampayo 2002). In summer, consumers should exercise  
260 particular care when buying these bivalves, always making sure to acquire depurated  
261 and certified products (Vale et al. 2008). On the other hand, the demand for *R.*  
262 *decussatus* and consequently its market value are also very high during Christmas  
263 season. The product's "health threat" is not an issue at that time of the year (Vale &  
264 Sampayo 2003) but its physiological condition is at its worst leading to a discrepancy  
265 between the nutritional value and the demand for this product, similarly to the case of *R.*  
266 *philippinarum* in the Lagoon of Venice in Italy (Marin et al. 2003).

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## CONCLUSIONS

269         The clam *R. decussatus* is an important natural resource and food product in the  
270 Ria Formosa and its exploitation sustains a significant part of the local economy. The  
271 analysis of *R. decussatus* percentage edibility and condition indices allowed inference of

272 its reproductive cycle: gametogenesis started in January; spawning took place from June  
273 to September, and the resting stage occurred between October and December. The high  
274 seasonal variability observed in the biochemical composition of this species was most  
275 probably due to the reproductive cycle and showed typical features of the life history of  
276 bivalve molluscs at temperate latitudes. Similarly to mariculture populations in Galicia  
277 (Spain), Lagoon of Venice (Italy), Turkey and Morocco, the peak in nutritional value is  
278 observed during the summer, whilst the slump occurs during winter. Curiously, these  
279 two periods coincide with the peaks of major commercial demand.

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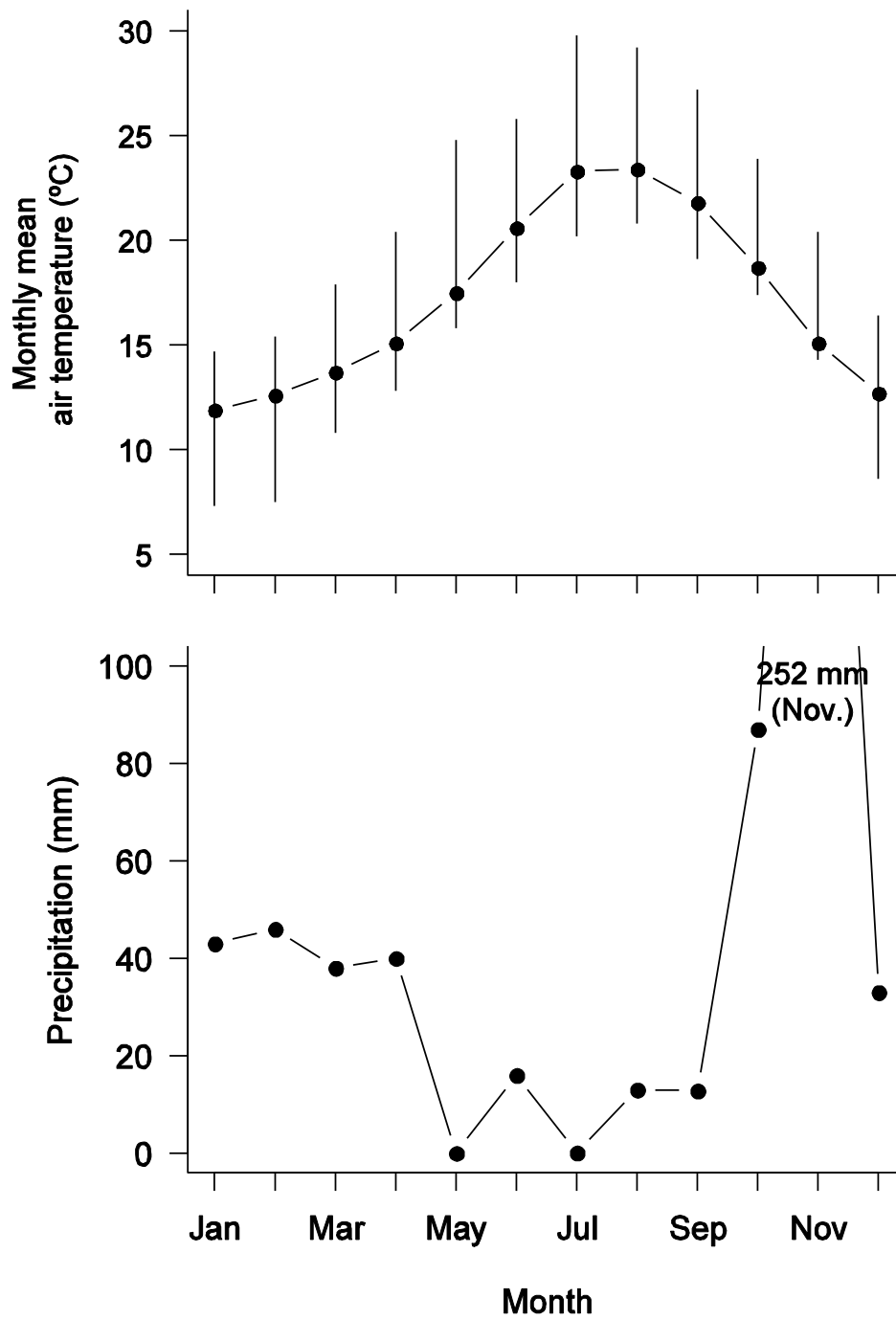
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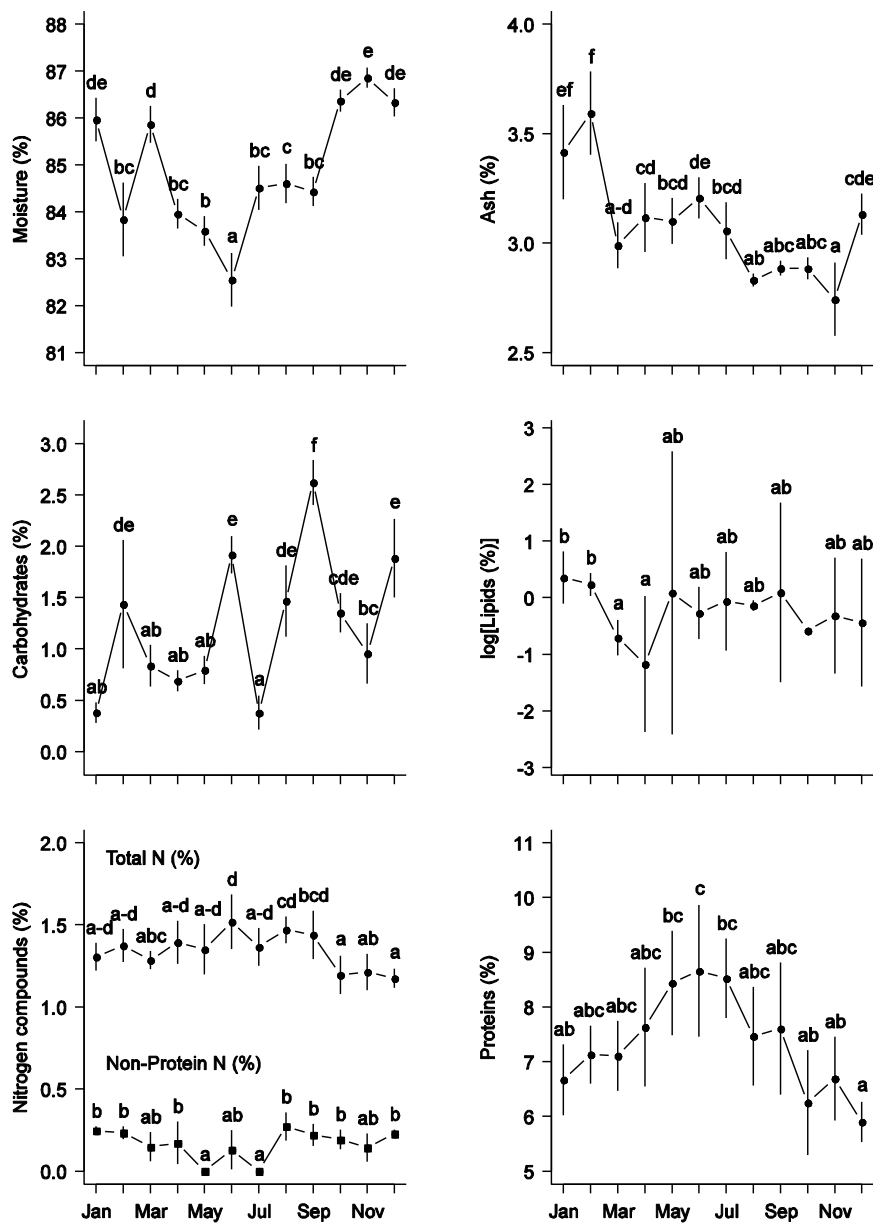
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449 **Figure 1. Average monthly air temperature (left) and monthly precipitation**  
 450 **recorded at a meteorological station in the Ria Formosa (Faro International**  
 451 **Airport) (right).**

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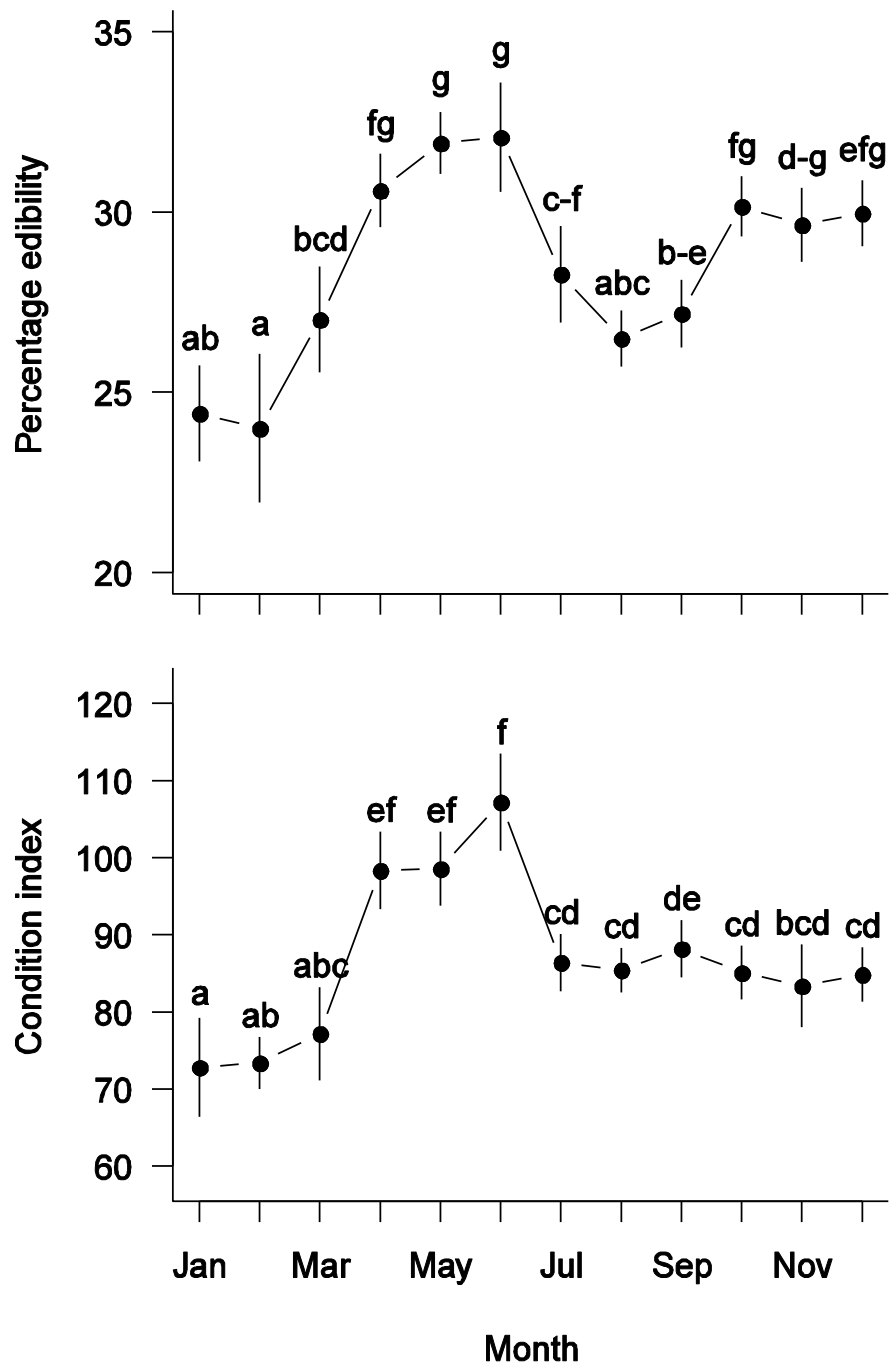
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456 **Figure 2.** Monthly variations (means  $\pm$  95% confidence intervals) of moisture (%),  
 457 ash content (%), carbohydrates content (%), log(lipids content) (%), nitrogen  
 458 compounds' content (%) and protein content (%) in *R. decussatus* from the Ria  
 459 Formosa. Values not sharing the same superscript(s) are significantly different  
 460 ( $p < 0.05$ ).



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462 **Figure 3. Seasonal variations (means ± 95% confidence intervals) in the percentage**  
 463 **edibility and condition index of *R. decussatus* from the Ria Formosa. Values not**  
 464 **sharing the same superscript(s) are significantly different ( $p < 0.05$ ).**

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**TABLE 1.**  
**Results of Analyses of covariance (ANCOVAs) per parameter studied in *R. decussates* from the Ria Formosa (south Portugal).**

Parameter		df	SS	MS	F	p-value
Moisture	Month	11	558.61	50.78	42.91	<10 <sup>-6</sup>
	Length	1	0.18	0.18	0.15	0.6945
	Month x Length	11	16.74	1.52	1.29	0.2308
	Residuals	335	396.44	1.18		
Ash	Month	11	19.70	1.79	15.11	<10 <sup>-6</sup>
	Length	1	0.07	0.07	0.57	0.4526
	Month x Length	11	1.05	0.10	0.81	0.6317
	Residuals	336	39.82	0.12		
Carbohydrates	Month	11	45.98	4.18	30.14	<10 <sup>-6</sup>
	Length	1	0.25	0.25	1.78	0.1857
	Month x Length	11	0.93	0.09	0.61	0.8153
	Residuals	83	11.51	0.14		
log <sub>10</sub> (Lipids)	Month	11	10.88	0.99	4.31	0.0010
	Length	1	0.47	0.47	2.06	0.1625
	Month x Length	10	2.33	0.23	1.01	0.4569
	Residuals	27	6.20	0.23		
Total N	Month	11	1.18	0.11	5.20	<10 <sup>-5</sup>
	Length	1	0.00	0.00	0.15	0.7021
	Month x Length	11	0.34	0.03	1.51	0.1435
	Residuals	81	1.67	0.02		
Non-protein N	Month	11	0.77	0.07	8.04	<10 <sup>-6</sup>
	Length	1	0.00	0.00	0.03	0.8742
	Month x Length	11	0.15	0.01	1.57	0.1234
	Residuals	82	0.72	0.01		
Proteins	Month	11	76.64	6.97	5.76	<10 <sup>-6</sup>
	Length	1	0.30	0.30	0.25	0.6211
	Month x Length	11	16.44	1.49	1.24	0.2777
	Residuals	80	96.73	1.21		
Condition index	Month	11	35064	3188	19.88	<10 <sup>-6</sup>
	Length	1	19	19	0.12	0.7284
	Month x Length	11	1562	142	0.89	0.5549
	Residuals	335	53717	160		
Percentage edibility	Month	11	2451.8	222.9	20.96	<10 <sup>-6</sup>
	Length	1	24.7	24.7	2.32	0.1285
	Month x Length	11	102.9	9.4	0.88	0.5605
	Residuals	335	3563.1	10.6		

471 df – degrees of freedom; SS – sum of squares; MS – mean squares.

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**TABLE 2.**  
**Biochemical composition, condition index and percentage edibility of *R. decussatus* from Ria Formosa: seasonal variation (mean  $\pm$  standard deviation) for monthly samples of n individuals. Parameters are in % except condition index.**

	n	Month (2006)											
		January	February	March	April	May	June	July	August	September	October	November	December
Moisture	30	85.96 $\pm 0.25$ (de)	83.84 $\pm 2.10$ (bc)	85.87 $\pm 1.05$ (d)	83.96 $\pm 0.84$ (bc)	83.59 $\pm 0.85$ (b)	82.55 $\pm 1.54$ (a)	84.51 $\pm 1.26$ (bc)	84.61 $\pm 1.21$ (bc)	84.43 $\pm 0.83$ (bc)	86.37 $\pm 0.64$ (de)	86.85 $\pm 0.57$ (c)	86.33 $\pm 0.81$ (de)
Ash	30	3.42 $\pm 0.58$ (ef)	3.59 $\pm 0.51$ (f)	2.99 $\pm 0.28$ (a-d)	3.11 $\pm 0.42$ (cd)	3.10 $\pm 0.28$ (bcd)	3.21 $\pm 0.25$ (de)	3.05 $\pm 0.35$ (bcd)	2.83 $\pm 0.08$ (ab)	2.89 $\pm 0.09$ (abc)	2.88 $\pm 0.13$ (abc)	2.74 $\pm 0.45$ (a)	3.13 $\pm 0.25$ (cde)
Carbo- Hydrates	9	0.38 $\pm 0.13$ (ab)	1.44 $\pm 0.81$ (de)	0.84 $\pm 0.26$ (ab)	0.69 $\pm 0.13$ (ab)	0.79 $\pm 0.18$ (ab)	1.91 $\pm 0.24$ (e)	0.38 $\pm 0.21$ (a)	1.47 $\pm 0.42$ (de)	2.62 $\pm 0.28$ (f)	1.35 $\pm 0.25$ (cde)	0.96 $\pm 0.38$ (bc)	1.88 $\pm 0.50$ (e)
Lipids (1)	3	2.25 $\pm 3.57$ (b)	1.71 $\pm 1.84$ (b)	0.20 $\pm 2.38$ (a)	0.07 $\pm 5.71$ (a)	1.22 $\pm 10.13$ (ab)	0.53 $\pm 1.53$ (ab)	0.87 $\pm 2.25$ (ab)	0.72 $\pm 1.09$ (ab)	1.23 $\pm 4.36$ (ab)	0.26 (2) (ab)	0.48 $\pm 1.30$ (ab)	0.36 $\pm 2.85$ (ab)
Total N	9	1.31 $\pm 0.11$ (a-d)	1.37 $\pm 0.12$ (a-d)	1.28 $\pm 0.07$ (abc)	1.39 $\pm 0.17$ (a-d)	1.35 $\pm 0.20$ (a-d)	1.52 $\pm 0.22$ (d)	1.37 $\pm 0.14$ (a-d)	1.47 $\pm 0.11$ (cd)	1.44 $\pm 0.18$ (bcd)	1.19 $\pm 0.15$ (a)	1.21 $\pm 0.14$ (ab)	1.17 $\pm 0.08$ (a)
Non-protein N	9	0.25 $\pm 0.03$ (b)	0.23 $\pm 0.05$ (b)	0.15 $\pm 0.12$ (ab)	0.17 $\pm 0.17$ (b)	0.00 $\pm 0.00$ (a)	0.13 $\pm 0.15$ (ab)	0.00 $\pm 0.00$ (a)	0.27 $\pm 0.11$ (b)	0.22 $\pm 0.09$ (b)	0.19 $\pm 0.08$ (b)	0.14 $\pm 0.11$ (ab)	0.23 $\pm 0.03$ (b)
Proteins	9	6.67 $\pm 0.77$ (ab)	7.13 $\pm 0.64$ (abc)	7.11 $\pm 0.83$ (abc)	7.63 $\pm 1.41$ (abc)	8.48 $\pm 1.24$ (bc)	8.66 $\pm 1.56$ (c)	8.52 $\pm 0.87$ (bc)	7.47 $\pm 1.17$ (abc)	7.60 $\pm 1.44$ (abc)	6.25 $\pm 1.25$ (a)	6.69 $\pm 1.00$ (ab)	5.90 $\pm 0.48$ (c)
Condition index	30	72.80 $\pm 17.24$ (de)	73.37 $\pm 8.98$ (bc)	77.17 $\pm 16.13$ (d)	98.34 $\pm 13.52$ (bc)	98.56 $\pm 12.83$ (b)	107.21 $\pm 16.89$ (a)	86.40 $\pm 9.92$ (bc)	85.43 $\pm 7.70$ (c)	88.19 $\pm 9.98$ (bc)	85.08 $\pm 9.30$ (de)	83.37 $\pm 14.31$ (e)	84.84 $\pm 9.36$ (de)
Percentage edibility	30	24.4 $\pm 3.6$ (g)	24.0 $\pm 5.5$ (fg)	27.0 $\pm 3.9$ (abc)	30.6 $\pm 2.7$ (ab)	31.9 $\pm 2.3$ (b-e)	32.1 $\pm 4.0$ (c-f)	28.3 $\pm 3.6$ (g)	26.5 $\pm 2.1$ (a)	27.2 $\pm 2.5$ (efg)	30.2 $\pm 2.2$ (d-g)	29.6 $\pm 2.7$ (fg)	30.0 $\pm 2.5$ (bcd)

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(1) These values are back-calculated from the log-transformed values used in the analysis. The body mass of at least three individuals had to be pooled to obtain each replicate. (2) Only one replicate available. Within a row, values not sharing the same superscript(s) are significantly different ( $p < 0.05$ ).



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TABLE 3.

Matrix of Spearman correlation coefficients (*R*) and respective p-values for pair wise correlation analysis (n=12) of monthly mean air temperature and precipitation and biochemical composition, condition index and percentage edibility of *R. decussatus* from Ria Formosa.

<i>Spearman R and p-value</i>	Temperature	Precipitation	Moisture	Ash	Carbohydrates	Log(Lipids)	Total N	Non-Protein N	Protein	Condition index
Precipitation	-0.57 0.0543									
Moisture	-0.19 0.5486	0.55 0.0625								
Ash	<b>-0.59</b> 0.0441	-0.01 0.9828	-0.50 0.1006							
Carbohydrates	0.21 0.5121	-0.06 0.8629	-0.11 0.7292	-0.09 0.7787						
Log(Lipids)	-0.03 0.9225	-0.26 0.4168	-0.29 0.3541	0.35 0.2652	0.01 0.9656					
Total N	0.48 0.1114	-0.45 0.1446	<b>-0.76</b> 0.0040	0.14 0.6646	0.27 0.4038	0.29 0.3541				
Non-Protein N	-0.32 0.3033	0.32 0.3126	0.28 0.3777	0.13 0.6881	0.32 0.3126	0.25 0.4357	0.03 0.9225			
Protein	0.57 0.0543	<b>-0.65</b> 0.0220	<b>-0.83</b> 0.0008	0.11 0.7292	-0.08 0.8122	0.16 0.6175	<b>0.78</b> 0.0026	-0.56 0.0562		
Condition index	<b>0.66</b> 0.0190	<b>-0.64</b> 0.0261	<b>-0.62</b> 0.0332	-0.10 0.7456	0.19 0.5567	-0.17 0.5868	0.55 0.0666	-0.54 0.0682	<b>0.76</b> 0.0040	
Percentage edibility	0.28 0.3839	-0.21 0.5128	-0.24 0.4433	-0.06 0.8629	0.06 0.8459	-0.49 0.1063	-0.01 0.9828	<b>-0.66</b> 0.0190	0.35 0.2652	<b>0.77</b> 0.0034

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