

**Cláudia Sofia Ferreira Correia Minderico**

**WEIGHT-LOSS IN OVERWEIGHT AND  
OBESE WOMEN: MODELS AND  
METHODS TO ASSESS BODY  
COMPOSITION CHANGES**

**Preliminary Document**

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**Adviser: Professor Doutor Luís Fernando Cordeiro  
Bettencourt Sardinha**



**Technical University of Lisbon  
Faculty of Human Movement  
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*To my family,  
to my husband and children,  
friends and colleagues*

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# ABBREVIATIONS

**BMI**– Body mass index  
**DXA** – Dual energy x-ray absorptiometry  
**ADP** - Air displacement plethysmography  
**BIA** - Bioelectrical impedance analysis  
**V<sub>TG</sub>** - Thoracic gas volume  
**AT** - Adipose tissue  
**BCM**- Body cell mass  
**BM** - Body mass  
**ECF** - Extracellular fluid  
**ECS** - Extracellular solids  
**FFM** - Fat-free mass  
**LST** – Lean-soft tissue  
**FM** - Fat mass  
**%FM** – Percent fat mass  
**SM** - Skeletal muscle  
**TBPro** - Total body protein  
**BW** - Body weight  
**R** – Residues  
**ECW** – Extracelular water  
**ICW** – Intracellular water  
**TBW** – Total body water  
**TBK** – Total-body Potassium  
**M** – Total-body mineral  
**Mo** – Bone mineral  
**Ms** – Soft-tissue minerals  
**BMC** – Bone mineral content  
**BMD** – Bone mineral density  
**BV** – Body volume  
**L** – Lipid  
**Le** – Essential lipids  
**G** – Glycogen  
**CV** – Coefficient of variation  
**TEM** – Technical error of measurement  
**SEE** – Standard error of measurement  
**PE** - Pure error  
**SD** – Standard deviation