

### Texas Trauma Service Area (TSA) COVID-19 transmission estimates and healthcare projections: Oct. 20 Update

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# Texas Trauma Service Area (TSA) COVID-19 transmission estimates and healthcare projections

October 20, 2020

#### The University of Texas COVID-19 Modeling Consortium

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#### Overview

To support public health decision-making and healthcare planning, we developed a model that can provide real-time estimates of the prevalence and transmission rate of COVID-19 and project healthcare needs into the future for each of the 22 Trauma Service Areas (TSA) in Texas. These estimates are updated daily on our <u>Texas COVID-19 Healthcare Projections Dashboard</u><sup>1</sup>.

The model incorporates key epidemiological characteristics of the disease, demographic information for each TSA, and local mobility data from anonymized cell phone traces. It uses daily COVID-19 hospitalization data to estimate the changing transmission rate and prevalence of disease. The framework can be readily applied to provide pandemic situational awareness and short-term healthcare projections in other cities around the US.

In this report, we use COVID-19 hospitalization data for each TSA from April 11 to October 18, 2020 to estimate the state of the pandemic in mid October and project hospitalizations through mid November of 2020. The data were provided by Texas DSHS through daily and weekly reports as summarized in the <a href="Texas COVID-19">Texas COVID-19</a> Data Resource by Texas 2036 [1]. We note that the data are not available before April 11th and that the projections are based on multiple assumptions about the age-specific severity of COVID-19 and the role of asymptomatic infections in the transmission of the virus. These graphs below do not present the full range of uncertainty, but are intended to provide basic insight into the changing risks of COVID-19 transmission and healthcare surges in each TSA.

<sup>&</sup>lt;sup>1</sup> https://covid-19.tacc.utexas.edu/texas-projections/

Texas experienced a large summer pandemic wave that subsided in most regions by August. In mid-September, transmission and healthcare needs began rising in several parts of the state. Our estimates suggest that 15 out of the 22 regions have at least a 50% chance of increasing spread ( $R_{\rm e} > 1$ ). Only Lufkin, Victoria, Laredo, Corpus Christi, and the Lower Rio Grande Valley have less than a 40% that the pandemic is in a growth phase. EI Paso has the highest estimated risk of exceeding its healthcare capacity over the next three weeks, with an 85% probability of exceeding the estimated COVID-19 hospital capacity and 95% probability of exceeding the estimated COVID-19 ICU capacity. Six regions have at least a 25% chance of exceeding hospital capacity in the next three weeks and thirteen regions at least a 25% chance of exceeding ICU capacity, unless policies, behaviors, or healthcare capacities change.

We are posting these results prior to peer review to provide intuition for both policy makers and the public regarding both the immediate threat of COVID-19 and the extent to which continued social distancing, transmission-reducing precautions such as keeping physical distance, wearing cloth face coverings and staying isolated when symptomatic, can mitigate that threat.

#### COVID-19 Model for Texas Trauma Service Areas

The appendix below describes the model in detail. In short, we use mathematical equations to track the changing numbers of individuals who are susceptible (not yet infected), infected, hospitalized, recovered, and deceased. The model incorporates key features of the virus and uses iterated filtering [2] to estimate daily transmission rates in each TSA from a combination of local COVID-19 hospital admissions data as well as SafeGraph mobility trends (cell phone-based estimates of hours spent at home and daily trips to public points-of-interest such as grocery stores, restaurants, bars and parks [3]). We use the estimated transmission rates to project COVID-19 cases, hospitalizations, and ICU visits several weeks ahead. The model makes the following assumptions:

- Pandemic seeding: Projections begin on April 11. The numbers of infected people in each age group on that date are estimates from hospitalization data.
- Following infection, cases go through multiple stages of infection:
  - Stage 1: Pre-symptomatic and non-contagious for an average of 2.9 days
  - <u>Stage 2</u>: Pre-symptomatic and contagious for an average of 2.3 days (44% of transmission events occur during this period)

<u>Stage 3</u>: Symptomatic and contagious or asymptomatic and contagious for an average of 4 days. The model assumes that 57% of all infections become symptomatic (43% remain asymptomatic) and that asymptomatic cases are 67% as infectious as symptomatic cases.

- Cases may be hospitalized and released/die.
  - The overall infection hospitalization rate (IHR) is 4.2%.
  - The rate at which patients leave the hospital either as a result of death or release is set at 14.3%, based on data from the Austin MSA.

#### COVID-19 transmission through October 18, 2020

We track COVID-19 spread through a quantity called the effective reproduction number, R(t). This indicates the contagiousness of the virus at a given point time and roughly corresponds to the average number of people a typical case will infect. Measures to slow or prevent transmission, such as social distancing and mask wearing, can reduce the reproduction number. Immunity acquired either through past infection or vaccination can also reduce the reproduction number. If R(t) is greater than one, then an epidemic will continue to grow; if R(t) is less than one, it will begin to subside. By tracking R(t), we can detect whether policies and individual-level behaviors are having the desired impact and project cases, hospitalizations and deaths into the future.

In many TSA's, the effective reproduction number of COVID-19 rose in the early summer following the May reopening of Texas, decreased in July and Austin following the implementation of face mask and other COVID-19 orders, and have begun to rise again since early September. Table 1 provides the probability that the current epidemic wave is increasing for each TSA. The risks are heterogeneous across the state, although 15 of 22 regions are more likely to be increasing than not. In five regions, there is at least an 80% chance that the pandemic is in a growth phase: Dallas/Fort Worth, El Paso, Midland/Odessa, San Angelo, and Bryan/College Station. In contrast, five regions are likely in a stable or declining phase with less than a 40% chance that the epidemic is growing: Lufkin, Victoria, Laredo, Corpus Christi, and the Lower Rio Grande Valley. Aggregating across all 22 TSA's, the data suggest that there has been transmission is increasing across Texas.

Table 1 also provides estimates for COVID-19 prevalence in each TSA and statewide. As of October 18th, the estimated statewide current prevalence of COVID-19 is 5.1 (95% CrI: 4.5-5.9) infections per 1,000 people. Five regions have current COVID-19 prevalence estimated to exceed 1%: Amarillo, Lubbock, Wichita Falls, El Paso, and Midland/Odessa. The estimated cumulative proportion of the state population that has already been infected is 14.1% (95%CrI: 14.0%-14.4%). The Lower Rio Grande Valley has the highest cumulative incidence in the state, with an estimated 32.7% (95% CrI: 31.6%-33.9%) of residents having already been infected. Three more regions are estimated to have cumulative incidence over 20%: Victoria with 27.3% (95% CrI: 25.4%-29.1%), Laredo with 27.0% (95% CrI: 25.3%-28.8%), and El Paso with 21.2% (95% CrI: 19.1%-24.0%). Given that roughly 85% of people in Texas have not yet been infected and uncertainty regarding the longevity of immunity following infection, the state remains highly vulnerable to pandemic spread.

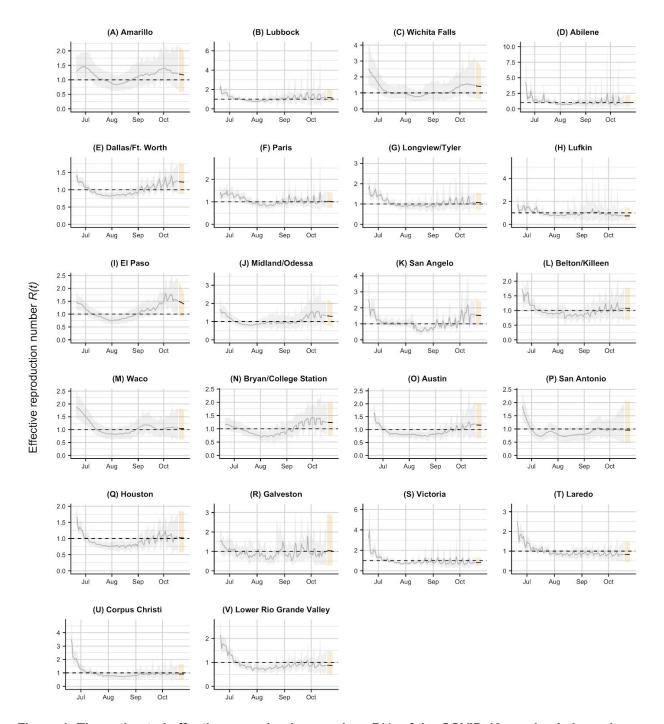


Figure 1: The estimated effective reproduction number, R(t), of the COVID-19 pandemic in each TSA over the 120 days preceding October 18th, 2020. R(t) is an epidemiological quantity used to describe the contagiousness of a disease. An epidemic is expected to continue if R(t) is greater than one and to end if R(t) is less than one. This *epidemic threshold* of R(t) = 1 is indicated by a horizontal dashed line. R(t) can be interpreted as the average number of people that an infected case will infect. The value of R(t) depends on the basic infectiousness of the disease, the number of people that are susceptible to infection, and the impact of social distancing, mask wearing and other measures to slow transmission. The solid lines give the mean daily estimates and the shaded ribbons indicate the 95% credible intervals.

**Table 1:** COVID-19 estimates for Texas TSA's as of October 18, 2020. Numbers in parentheses are 95% credible intervals.

TSA	Region	Reproduction number (R <sub>t</sub> )	Probability that the pandemic is in an increasing phase (R <sub>t</sub> >1)	Current prevalence (infections per 1,000)	Cumulative incidence
Α	Amarillo	1.24 (0.6-2.14)	69%	15.7 (8.8-26.6)	15.0% (13.4%-17.4%)
В	Lubbock	1.22 (0.67-2.04)	71%	17.4 (10.5-27.9)	17.0% (15.4%-19.0%)
С	Wichita Falls	1.56 (0.63-3.05)	78%	13 (5.4-26.9)	9.8% (7.9%-12.8%)
D	Abilene	1.07 (0.41-2.18)	50%	4.1 (1.6-8.4)	6.3% (5.5%-7.3%)
Е	Dallas/Ft. Worth	1.26 (0.88-1.78)	87%	5.6 (4-7.8)	11.8% (11.4%-12.3%)
F	Paris	1.04 (0.74-1.45)	54%	8.4 (5-13.2)	17.2% (15.9%-18.8%)
G	Longview/Tyler	1.1 (0.72-1.56)	65%	6.3 (4.1-9.3)	11.5% (10.8%-12.3%)
Н	Lufkin	0.79 (0.35-1.46)	21%	3.2 (1.5-5.9)	12.9% (11.9%-13.9%)
I	El Paso	1.51 (0.91-2.24)	94%	26.2 (16.5-39)	21.2% (19.1%-24.0%)
J	Midland/Odessa	1.37 (0.77-2.19)	85%	11.9 (6.5-20.4)	12.7% (11.4%-14.4%)
K	San Angelo	1.61 (0.93-2.56)	95%	7.9 (3.2-16.2)	10.9% (9.3%-12.7%)
L	Belton/Killeen	1.11 (0.67-1.78)	62%	2.4 (1.2-4.2)	7.3% (6.7%-8.0%)
М	Waco	1.09 (0.62-1.82)	57%	5.2 (2.5-9.5)	8.3% (7.4%-9.3%)
N	Bryan/College Station	1.27 (0.75-2.02)	82%	4.3 (2.2-7.8)	8.4% (7.5%-9.5%)
0	Austin	1.25 (0.66-2.02)	69%	1.7 (0.8-3.2)	7.9% (7.4%-8.4%)
Р	San Antonio	1.03 (0.46-2.07)	46%	2.3 (1.2-4)	14.0% (13.4%-14.6%)
Q	Houston	1.07 (0.58-1.85)	55%	2.7 (1.7-4)	15.1% (14.6%-15.5%)
R	Galveston	1.25 (0.27-2.91)	52%	2.8 (1.2-4.4)	13.3% (12.6%-13.7%)
S	Victoria	0.83 (0.47-1.3)	17%	3.8 (1.8-6.9)	27.3% (25.4%-29.1%)
Т	Laredo	0.87 (0.46-1.48)	25%	4.8 (2.4-8)	27.0% (25.3%-28.8%)
U	Corpus Christi	0.95 (0.46-1.66)	38%	3.4 (1.7-6)	19.1% (18.1%-20.2%)
V	Lower Rio Grande Valley	0.91 (0.49-1.49)	32%	4.5 (2.7-7.3)	32.7% (31.6%-33.9%)
Z	Statewide	NA	94%	5.1 (4.5-5.9)	14.1% (14.0%-14.4%)

#### COVID-19 healthcare projections

Based on data through October 18, we project the numbers of COVID-19 hospitalizations and ICU patients through November 8th (Figures 2 and 3). These trends are driven by the underlying transmission rates estimated in Figure 1 and Table 1. The *spaghetti lines* in each figure indicate uncertainty in our projections. Some trend upwards while others trend downwards. Each line represents an equally likely future path. The bold line in each graph indicates the median across the different trends.

For each TSA, we calculated both the hospital and ICU-specific bed capacities by summing DSHS estimates for COVID-19 bed usage and available beds on October 18, 2020. Note that these estimates do not account for additional surge capacity not included in the DSHS numbers. Figure 2 suggests many regions are likely to have sufficient hospital bed capacity for the projected demand through November 8th, although more than half of the regions are at some risk that healthcare resources will be strained over the next three weeks (Table 2).

The EI Paso region has the most threatening projections, with an estimated 85% probability that COVID-19 cases will exceed local hospital capacity by November 8th, 2020. Five other regions have at least a 25% chance that COVID-19 will overwhelm hospital capacity within three weeks (Table 2): Amarillo (28%), Lubbock (29%), Wichita Falls (30%), San Angelo (29%), and Galveston (33%). Figure 3 suggests that COVID-19 cases are likely to exceed ICU capacities before they exceed total hospital capacities. Thirteen regions have at least a 25% chance that COVID-19 will overwhelm ICU capacity: Amarillo (73%), Lubbock (64%), Wichita Falls (74%), Abilene (52%), Dallas (57%), Longview/Tyler (50%), El Paso (96%), Midland/Odessa (66.80%), San Angelo (45%), Waco (42%), Bryan/College Station (34%), Austin (31%), and Galveston (46%).

**Table 2:** COVID-19 healthcare projections for Texas Trauma Service Areas as of October 18, 2020. Less than one "< 1" is used to indicate probabilities close to zero. Numbers in parentheses are 95% credible intervals.

TSA	Region	Probability exceed hospital capacity within 3 weeks	Projected COVID-19 hospital census on 11/8/2020	Probability exceed ICU capacity within 3 weeks	Projected COVID-19 ICU census on 11/8/2020
Α	Amarillo	28%	342 (86-1700)	73%	130 (33-647)
В	Lubbock	29%	400 (116-1715)	64%	110 (32-471)
С	Wichita Falls	30%	223 (27-1875)	74%	59 (7-495)
D	Abilene	6%	46 (7-447)	52%	14 (2-137)
Е	Dallas/Ft. Worth	23%	2306 (983-6822)	57%	716 (305-2119)
F	Paris	<1%	97 (37-296)	21%	27 (10-81)
G	Longview/Tyler	1%	292 (103-838)	50%	95 (34-272)
Н	Lufkin	1%	23 (5-120)	4%	5 (1-24)
ı	El Paso	85%	1641 (456-4690)	96%	448 (124-1279)
J	Midland/Odessa	12%	316 (83-1492)	67%	112 (30-529)
К	San Angelo	29%	118 (21-752)	45%	18 (3-114)
L	Belton/Killeen	<1%	46 (10-214)	4%	11 (2-51)
М	Waco	9%	75 (21-407)	42%	23 (6-125)
N	Bryan/College Station	10%	78 (18-394)	34%	13 (3-66)
0	Austin	9%	166 (35-1069)	31%	67 (14-429)
Р	San Antonio	3%	216 (51-1753)	11%	78 (18-634)
Q	Houston	3%	625 (201-3055)	14%	185 (59-902)
R	Galveston	33%	139 (20-1697)	46%	29 (4-350)
S	Victoria	<1%	20 (4-69)	1%	8 (2-26)
Т	Laredo	5%	36 (10-158)	12%	19 (5-83)
U	Corpus Christi	<1%	66 (16-357)	4%	19 (5-101)
V	Lower Rio Grande Valley	1%	165 (57-710)	14%	74 (26-317)

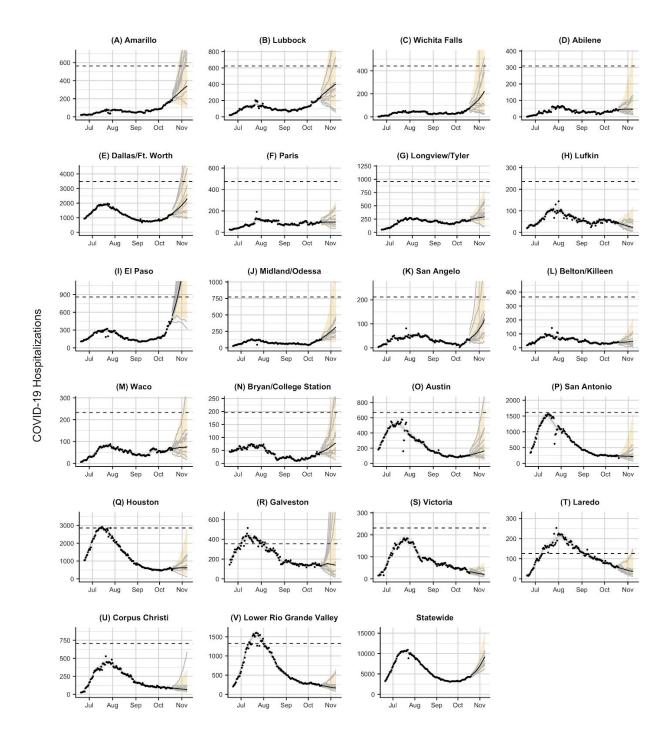


Figure 2: Projected COVID-19 hospitalizations through November 8th, 2020 by TSA. Black points represent the reported daily COVID-19 hospital census provided by DSHS. Grey "spaghetti" lines represent equally likely projections and the black lines indicate the median trend based on the range of transmission rates estimated as of October 18th, 2020 (Figure 1). Differences between lines are caused by uncertainty in the model inputs as well as variation in individual behavior and disease progression. Horizontal dashed lines indicate the estimated TSA-specific hospitalization bed capacity (obtained by summing used COVID-19 beds and available hospital beds).

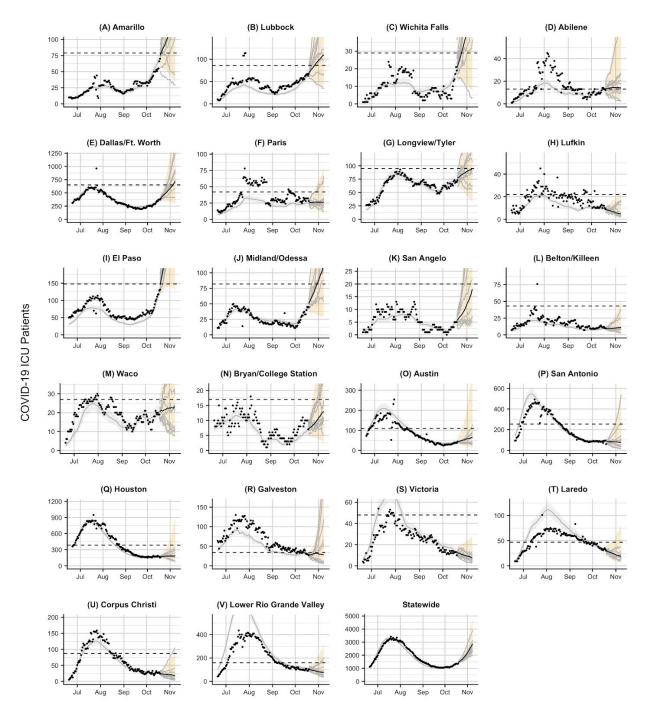


Figure 3: Projected COVID-19 ICU patients through November 8th, 2020 by TSA. Black points represent the reported daily COVID-19 ICU census provided by DSHS. Grey "spaghetti" lines represent equally likely projections and the black line indicates the median trend based on the range of transmission rates estimated as of October 18, 2020 (Table 1). Differences between lines are caused by uncertainty in the model inputs as well as variation in individual behavior and disease progression. These projections assume a TSA-specific ratio of ICU bed usage to hospital bed usage based on ratios calculated on October 18th, 2020. Horizontal dashed lines indicate the estimated TSA-specific ICU bed capacity (obtained by summing used COVID-19 ICU beds and available ICU beds).

#### **Appendix**

#### COVID-19 Epidemic Model Structure and Parameters

The model structure is diagrammed in Figure A1 and described in the equations below. For each age and risk group, we build a separate set of compartments to model the transitions between the states: susceptible (S), exposed (E), pre-symptomatic infectious ( $P^Y$ ), pre-asymptomatic infectious ( $P^A$ ), symptomatic infectious ( $P^A$ ), asymptomatic infectious ( $P^A$ ), symptomatic infectious ( $P^A$ ), and recovered (R). The symbols S, E,  $P^Y$ ,  $P^A$ ,  $P^A$ ,  $P^A$ ,  $P^A$ ,  $P^A$ ,  $P^A$ , and R denote the number of people in that state in the given age/risk group and the total size of the age/risk group is

$$N = S + E + P^{Y} + P^{A} + I^{Y} + I^{A} + I^{H} + R$$

The deterministic model for individuals in age group a and risk group r is given by:

$$\begin{split} \frac{dS_{a,r}}{dt} &= -S_{a,r} \cdot \sum_{i \in A} \sum_{j \in K} (I_{i,j}^{Y} \omega^{Y} + I_{i,j}^{A} \omega^{A} + P_{i,j}^{Y} \omega^{PY} + P_{i,j}^{A} \omega^{PA}) \beta(t) \phi_{a,i} / N_{i} \\ \frac{dE_{a,r}}{dt} &= S_{a,r} \cdot \sum_{i \in A} \sum_{j \in K} (I_{i,j}^{Y} \omega^{Y} + I_{i,j}^{A} \omega^{A} + P_{i,j}^{Y} \omega^{PY} + P_{i,j}^{A} \omega^{PA}) \beta(t) \phi_{a,i} / N_{i} - \sigma E_{a,r} \\ \frac{dP_{a,r}^{A}}{dt} &= (1 - \tau) \sigma E_{a,r} - \rho^{A} P_{a,r}^{A} \\ \frac{dI_{a,r}^{A}}{dt} &= \tau \sigma E_{a,r} - \rho^{Y} P_{a,r}^{Y} \\ \frac{dI_{a,r}^{A}}{dt} &= \rho^{A} P_{a,r}^{A} - \gamma^{A} I_{a,r}^{A} \\ \frac{dI_{a,r}^{A}}{dt} &= \rho^{Y} P_{a,r}^{Y} - (1 - \pi) \gamma^{Y} I_{a,r}^{Y} - \pi \eta I_{a,r}^{Y} \\ \frac{dI_{a,r}^{A}}{dt} &= \pi \eta I_{a,r}^{Y} - \gamma^{H}(t) I_{a,r}^{H} \\ \frac{dR_{a,r}}{dt} &= \gamma^{A} I_{a,r}^{A} + (1 - \pi) \gamma^{Y} I_{a,r}^{Y} + \gamma^{H}(t) I_{a,r}^{H} \end{split}$$

where A and K are all possible age and risk groups,  $^A$ ,  $^Y$ ,  $^{PA}$ ,  $\omega^{PY}$  are the relative infectiousness of the  $I^A$ ,  $I^Y$ ,  $I^{PA}$ ,  $I^{PY}$  compartments, respectively,  $\beta$  is transmission rate,  $_{a,i}$  is the mixing rate between age group  $a, i \in A$ , and  $\gamma^A, \gamma^Y, \gamma^H(t)$  are the recovery rates for the  $I^A$ ,  $I^Y$ ,  $I^H$  compartments, respectively,  $\sigma$  is the exposed rate,  $\rho^A, \rho^Y$  are the pre-(a)symptomatic rates,  $\tau$  is the symptomatic ratio, and  $\pi$  is the proportion of symptomatic individuals requiring hospitalization.

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We simulate the model using a stochastic implementation of the deterministic equations. Transitions between compartments are governed using the  $\tau$ -leap method [4,5] with key parameters given in Table A1-2. We simulate the model according to the following equations:

$$S_{a,r}(t+1) - S_{a,r}(t) = -P_1$$

$$E_{a,r}(t+1) - E_{a,r}(t) = P_1 - P_2$$

$$P_{a,r}^A(t+1) - P_{a,r}^A(t) = (1-\tau)P_2 - P_3$$

$$P_{a,r}^Y(t+1) - P_{a,r}^Y(t) = \tau P_2 - P_4$$

$$I_{a,r}^A(t+1) - I_{a,r}^A(t) = P_3 - P_5$$

$$I_{a,r}^Y(t+1) - I_{a,r}^Y(t) = P_4 - P_6 - P_7$$

$$I_{a,r}^H(t+1) - I_{a,r}^H(t) = P_7 - P_8$$

$$R_{a,r}(t+1) - R_{a,r}(t) = P_5 + P_6 + P_8$$
with
$$P_1 \sim B(n = S_{a,r}(t), p = 1 - e^{-(F_{a,r}(t)) \cdot dt})$$

$$P_2 \sim B(n = E_{a,r}(t), p = 1 - e^{-(\sigma) \cdot dt})$$

$$P_3 \sim B(n = P_{a,r}^A(t), p = 1 - e^{-(\rho^A) \cdot dt})$$

$$P_4 \sim B(n = P_{a,r}^Y(t), p = 1 - e^{-(\rho^A) \cdot dt})$$

$$P_5 \sim B(n = I_{a,r}^A(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt})$$

$$P_6 \sim B(n = I_{a,r}^Y(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt})$$

$$P_7 \sim B(n = I_{a,r}^Y(t), p = 1 - e^{-(\pi\eta) \cdot dt})$$

$$P_8 \sim B(n = I_a^H, p = 1 - e^{-\gamma^H \cdot dt})$$

where B(n,p) denotes a binomial distribution with n trials each with probability of success p.  $F_{a,r}$  denotes the force of infection for individuals in age group a and risk group r and is given by

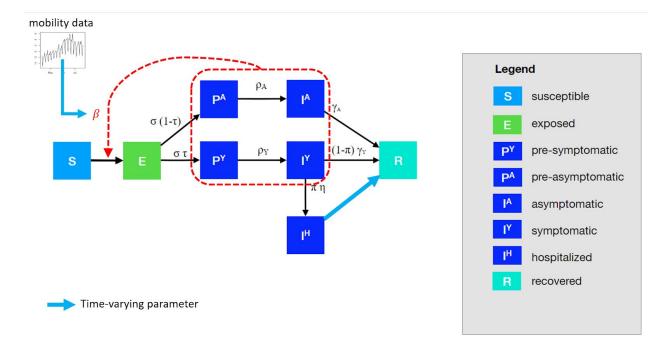
$$F_{a,r}(t) = \sum_{i \in A} \sum_{j \in K} (I_{i,r}^{Y}(t)\omega^{Y} + I_{i,r}^{A}(t)\omega^{A} + P_{i,j}^{Y}(t)\omega^{PY} + P_{i,j}^{A}(t)\omega^{PA})\beta(t)\phi_{a,i}/N_{i}$$

with

$$\beta(t) = \beta(0)e^{b_1(t) \cdot PC1 + b_2(t) \cdot PC2 + b_3(t) \cdot PC3 + Z(t)}$$
$$b_1(t) \sim N(b_1(t-1), \sigma_{b_1})$$
$$Z(t) \sim N(0.97 \cdot Z(t-1), \sigma_{Z}), Z(0) = 0.$$

where PC1, PC2, PC3 describe the first three principal components from our mobility data as described below.

We estimate  $\beta(t)$ , k,  $\sigma_Z$ ,  $b_1(t)$ ,  $\sigma_{b_1}$ ,  $\psi_{\mu}$ ,  $\sigma_{\mu}$ , and  $\sigma_{\gamma}$  as described in the model fitting section below.



**Figure A1. Compartmental model of COVID-19 transmission.** Each subgroup (defined by age and risk) is modeled with a separate set of compartments. Upon infection, susceptible individuals (S) progress to exposed (E) and then to either pre-symptomatic infectious ( $P^Y$ ) or pre-asymptomatic infectious ( $P^A$ ) from which they move to symptomatic infectious ( $P^A$ ) and asymptomatic cases eventually progress to a recovered class where they remain protected from future infection ( $P^A$ ); symptomatic cases are either hospitalized ( $P^A$ ) or recover.

#### Mobility trends

We used mobility trends data for each TSA to inform the transmission rate in our model. Specifically, we ran a principal component analysis (PCA) on eight independent mobility variables provided by SafeGraph, including home dwell time and visits to universities, bars, grocery stores, museums and parks, medical facilities, schools, and restaurants [3]. We regressed the transmission rate on the first two principal components from the mobility data as described in the modeling equations for  $\beta(t)$ .

#### **Epidemic starting conditions**

The epidemic starting condition are governed by two fitted parameters,  $E_0$ , and  $H_0$ , and initial ratios of all compartments taken from early epidemic ratios of the Austin model.  $E_0$  scales the compartments outside the hospital, and  $H_0$  in the hospital. Each compartment is initialized by using the Poisson distribution. Thus the initial state of the E compartment will be

$$E_{a,r}(0) \sim \text{Poisson}(E_0 r_{E,a,r})$$

And the H compartment will be

$$H_{a,r}(0) \sim \text{Poisson}(H_0 r_{H,a,r})$$

#### Model likelihood

We obtained daily hospital admit  $(H_A(t))$ , and total hospitalizations (H(t)) for each of the Texas TSAs. In this model we estimated  $E_0$ ,  $H_0$ ,  $\beta_0$ ,  $b_1(t)$ ,  $b_2(t)$ ,  $b_3(t)$ ,  $\sigma_{b_1}$ ,  $\sigma_{b_2}$ ,  $\sigma_{b_3}$ , r,  $r_A$ , Z(t),  $\sigma_Z$  and fixed the remaining parameters as described in Table A1-2. We assumed all sources of data were negative binomially distributed around their predicted values from the SEIR stochastic model, and chose informative, but relatively dispersed priors for certain parameters for stability in parameter estimation and to prevent the model from overfitting data through large perturbations to time-dependent variables.

Following all of these considerations, the likelihood for our stochastic model was:

$$p(Y(t), b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k | \theta) = p(Y(t) | \theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) \cdot p(\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k)$$

where Y(t) refers to the two types of data from hospitals,  $\theta$  contains all parameters from Table A1 not explicitly listed, and where

$$p(Y(t)|\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) = p(H_A(t)|\hat{H}_A(t))p(H(t)|\hat{H}(t))$$
  
$$p(\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) = p(b_1(0)) \cdot p(\sigma_{b_1}) \cdot p(b_2(0)) \cdot p(\sigma_{b_2}) \cdot p(k)$$

with

$$p(H_A(t)|\hat{H}_A(t)) = \frac{\Gamma(r_A + H_A(t))}{H_A(t)! \cdot \Gamma(r)} \left(\frac{r_A}{r_A + \hat{H}_A(t)}\right)^{r_A} \left(\frac{\hat{H}_A(t)}{r_A + \hat{H}_A(t)}\right)^{H_A(t)}$$
$$p(H(t)|\hat{H}(t)) = \frac{\Gamma(r + H(t))}{H(t)! \cdot \Gamma(r)} \left(\frac{r}{r + \hat{H}(t)}\right)^r \left(\frac{\hat{H}(t)}{r + \hat{H}(t)}\right)^{H(t)}$$

I.e. negative binomials with means  $\hat{H}(t)$  and  $\hat{H}_A(t)$ , and dispersion parameters r .

$$p(b_{1}(0)) \cdot t_{d} = \frac{1}{\sqrt{2}} e^{-\frac{1}{2}(\hat{b}_{1}(0))^{2}}$$

$$p(\sigma_{b_{1}}) \cdot t_{d} = \frac{1}{\Gamma(1.1) \cdot \frac{1}{1.1}} \sigma_{b_{1}}^{1.1-1} e^{-1.1 \cdot \sigma_{b_{1}}}$$

$$p(\sigma_{b_{2}}) \cdot t_{d} = \frac{1}{\Gamma(1.1) \cdot \frac{1}{1.1}} \sigma_{b_{2}}^{1.1-1} e^{-1.1 \cdot \sigma_{b_{2}}}$$

$$p(\sigma_{b_{3}}) \cdot t_{d} = \frac{1}{\Gamma(1.1) \cdot \frac{1}{1.1}} \sigma_{b_{3}}^{1.1-1} e^{-1.1 \cdot \sigma_{b_{3}}}$$

$$p(r) \cdot t_{d} = e^{r}$$

$$p(r_{A}) \cdot t_{d} = e^{r_{A}}$$

and  $t_d$  is the number of days in the fitting time period. For missing data points no likelihood was calculated, and total likelihood was left unchanged.

#### Fitting method

In this model we estimated  $E_0$ ,  $H_0$ ,  $\beta_0$ ,  $b_1(t)$ ,  $b_2(t)$ ,  $b_3(t)$ ,  $\sigma_{b_1}$ ,  $\sigma_{b_2}$ ,  $\sigma_{b_3}$ , r,  $r_A$ , Z(t),  $\sigma_Z$  and fixed the remaining parameters as described in Table A1. Fitting was carried out using the iterated filtering algorithm made available through the mif2 function in the pomp package in R [6,7]. This algorithm is a stochastic optimization procedure; it performs maximum likelihood estimation using a particle filter to provide a noisy estimate of the likelihood for a given combination of the parameters. For each parameter combination we ran 50 bouts of 300 iterations of iterated filtering, each with 3,500 particles and chose the best of 50 in terms of likelihood. We calculated smoothed posterior estimates for all of the states within the model through time (including  $\beta(t)$  and other time-dependent parameters which are technically state variables in our model formulation, as it changes through time according to a stochastic process). We calculated these smoothed posteriors as follows:

- 1. We ran 10,000 independent particle filters at the MLE, each with 2,500 particles. For each run, l, of particle filtering, we kept track of the complete trajectory of each particle, as well as the filtered estimate of the likelihood,  $L_l$ .
- 2. For each of the 10,000 particle filtering runs, we randomly sampled a single complete particle trajectory, giving us 10,000 separate trajectories for all state variables.
- 3. We resampled from these 10,000 trajectories 500 trajectories with probabilities proportional to  $L_l$  to give a distribution of state trajectories

The result can be thought of as an empirical-Bayes posterior distribution: that is, a set of 500 smoothed posterior draws from all state variables, conditional on the maximum likelihood estimates for the model's free parameters. This smoothed posterior distribution is how we calculate means and credible intervals for  $\beta(t)$  in addition to all other time-varying state variables.

To estimate future trajectories, we took each of the sampled 500 smoothed posterior draws, and continued the trajectory into the future starting from the states at the end of the trajectory. The time-varying parameters were fixed in each of these trajectories to their fitted value at the most recent date of data.

Table A1. Model parameters<sup>a</sup>

Parameters	Value	Source	
Start date	April 11, 2020	Start of data	
Initial infections	fitted		
eta(t): daily transmission rate	N/A	Estimated	
$\gamma^A$ : recovery rate on asymptomatic compartment	Equal to $\gamma^Y$	Assumption	
$\gamma^Y$ : recovery rate on symptomatic non-treated compartment	0.25	He et al. [8]	
au : symptomatic proportion (%)	57	Fox et al. [9]	
$\sigma$ : exposed rate	1/2.9	Zhang et al. [10]; He et al. [8]	
$\rho^A$ : pre-asymptomatic rate	Equal to $\rho^{Y}$		
$\rho^{Y}$ : pre-symptomatic rate	$\frac{1}{2.3}$	He et al. [8]	
P: proportion of pre-symptomatic transmission	44%	He et al. [8]	
$\omega^P$ : relative infectiousness of pre-symptomatic individuals	$\omega^{P} = \frac{P}{1-P} \frac{\tau \omega^{Y} [YHR/\eta + (1-YHR)/\gamma^{Y}] + (1-\tau)\omega^{A}/\gamma^{A}}{\tau \omega^{Y}/\rho^{Y} + (1-\tau)\omega^{A}/\rho^{A}}$ $\omega^{PY} = \omega^{P} \omega^{Y}, \omega^{PA} = \omega^{P} \omega^{A}$		
$\omega^A$ : relative infectiousness of infectious individuals in compartment ${\rm I}^{\rm A}$	$\frac{2}{3}$	He et al. [11]	
h: high-risk proportion, age specific (%)	[8.2825, 14.1121, 16.5298, 32.9912, 47.0568]	Estimated using 2015-2016 Behavioral Risk Factor Surveillance System (BRFSS) data with multilevel regression and poststratification using CDC's list of conditions that may increase the risk of serious complications from influenza [12–14]	

<sup>&</sup>lt;sup>a</sup>Values given as five-element vectors are age-stratified with values corresponding to 0-4, 5-17, 18-49, 50-64, 65+ year age groups, respectively.

#### **Table A2 Hospitalization parameters**

Parameters	Value	Source	
$\gamma^H$ : recovery rate in hospitalized compartment	0.143	Estimated using Austin MSA daily hospital admit, live release and death data.	
Low risk: [ 0.04021, 0.03091, 1.903, 4.114, 4.879]  High risk: [ 0.4021, 0.03091, 1.903, 4.114, 4.879]		Age adjusted from Verity et al. [15]	
$\pi$ : rate of symptomatic individuals go to hospital, age-specific	$\pi = \frac{\gamma^Y * YHR}{\eta + (\gamma^Y - \eta)YHR}$		
η: rate from symptom 0.1695 onset to hospitalized		5.9 day average from symptom onset to hospital admission Tindale et al. [16]	
ICU: proportion hospitalized people in ICU	Varies for each TSA based on calculated percent on July 21, 2020	Estimated from DSHS COVID-19 hospitalization data	

Table A3 Contact matrix. Daily number contacts by age group on an average day.

	0-4y	5-17y	18-49y	50-64y	65y+
0-4y	1.88	2.02	4.01	0.79	0.28
5-17y	0.55	7.06	5.02	0.70	0.22
18-49y	0.37	2.19	8.72	1.45	0.21
50-64y	0.33	1.62	5.79	2.79	0.50
65y+	0.19	0.88	2.36	1.19	1.22

## Estimation of age-stratified proportion of population at high-risk for COVID-10 complications

We estimate age-specific proportions of the population at high risk of complications from COVID-19 based on data for cities of the largest MSA in each of the TSA, from the the CDC's 500 cities project (Figure A2) [17], or on the Texas average when no MSA is in the TSA. We assume that high risk conditions for COVID-19 are the same as those specified for influenza by the CDC [12]. The CDC's 500 cities project provides city-specific estimates of prevalence for several of these conditions among adults [18]. The estimates were obtained from the 2015-2016

Behavioral Risk Factor Surveillance System (BRFSS) data using a small-area estimation methodology called multi-level regression and poststratification [13,14]. It links geocoded health surveys to high spatial resolution population demographic and socioeconomic data [14].

**Estimating high-risk proportions for adults.** To estimate the proportion of adults at high risk for complications, we use the CDC's 500 cities data, as well as data on the prevalence of HIV/AIDS, obesity and pregnancy among adults (Table A6).

The CDC 500 cities dataset includes the prevalence of each condition on its own, rather than the prevalence of multiple conditions (e.g., dyads or triads). Thus, we use separate co-morbidity estimates to determine overlap. Reference about chronic conditions [19] gives US estimates for the proportion of the adult population with 0, 1 or 2+ chronic conditions, per age group. Using this and the 500 cities data we can estimate the proportion of the population  $p_{HR}$  in each age group in each city with at least one chronic condition listed in the CDC 500 cities data (Table A6) putting them at high-risk for flu complications.

<u>HIV</u>: We use the data from table 20a in CDC HIV surveillance report [20] to estimate the population in each risk group living with HIV in the US (last column, 2015 data). Assuming independence between HIV and other chronic conditions, we increase the proportion of the population at high-risk for influenza to account for individuals with HIV but no other underlying conditions.

Morbid obesity: A BMI over 40kg/m² indicates morbid obesity, and is considered high risk for influenza. The 500 Cities Project reports the prevalence of obese people in each city with BMI over 30kg/m² (not necessarily morbid obesity). We use the data from table 1 in Sturm and Hattori [21] to estimate the proportion of people with BMI>30 that actually have BMI>40 (across the US); we then apply this to the 500 Cities obesity data to estimate the proportion of people who are morbidly obese in each city. Table 1 of Morgan et al. [22] suggests that 51.2% of morbidly obese adults have at least one other high risk chronic condition, and update our high-risk population estimates accordingly to account for overlap.

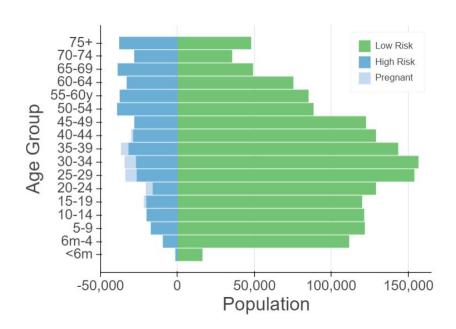
<u>Pregnancy</u>: We separately estimate the number of pregnant women in each age group and each city, following the methodology in CDC reproductive health report [23]. We assume independence between any of the high-risk factors and pregnancy, and further assume that half the population are women.

**Estimating high-risk proportions for children.** Since the 500 Cities Project only reports data for adults 18 years and older, we take a different approach to estimating the proportion of children at high risk for severe influenza. The two most prevalent risk factors for children are asthma and obesity; we also account for childhood diabetes, HIV and cancer. From Miller et al. [24], we obtain national estimates of chronic conditions in children. For asthma, we assume that variation among cities will be similar for children and adults. Thus, we use the relative prevalences of asthma in adults to scale our estimates for children in each city.

The prevalence of HIV and cancer in children are taken from CDC HIV surveillance report [20] and cancer research report [25], respectively.

We first estimate the proportion of children having either asthma, diabetes, cancer or HIV (assuming no overlap in these conditions). We estimate city-level morbid obesity in children using the estimated morbid obesity in adults multiplied by a national constant ratio for each age group estimated from Hales et al. [26], this ratio represents the prevalence in morbid obesity in children given the one observed in adults. From Morgan et al. [22], we estimate that 25% of morbidly obese children have another high-risk condition and adjust our final estimates accordingly.

**Resulting estimates.** We compare our estimates for the Austin-Round Rock Metropolitan Area to published national-level estimates [27] of the proportion of each age group with underlying high risk conditions (Table A6). The biggest difference is observed in older adults, with Austin having a lower proportion at risk for complications for COVID-19 than the national average; for 25-39 year olds the high risk proportion is slightly higher than the national average.



**Figure A2. Demographic and risk composition of the Austin-Round Rock MSA.** Bars indicate age-specific population sizes, separated by low risk, high risk, and pregnant. High risk is defined as individuals with cancer, chronic kidney disease, COPD, heart disease, stroke, asthma, diabetes, HIV/AIDS, and morbid obesity, as estimated from the CDC 500 Cities Project [17], reported HIV prevalence [20] and reported morbid obesity prevalence [21,22], corrected for multiple conditions. The population of pregnant women is derived using the CDC's method combining fertility, abortion and fetal loss rates [28–30].

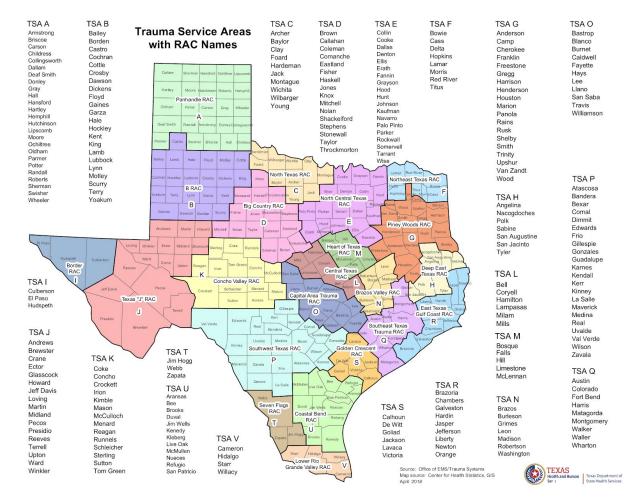
Table A4. High-risk conditions for influenza and data sources for prevalence estimation

Condition	Data source
Cancer (except skin), chronic kidney disease, COPD, coronary heart disease, stroke, asthma, diabetes	CDC 500 cities [17]
HIV/AIDS	CDC HIV Surveillance report [20]
Obesity	CDC 500 cities [17], Sturm and Hattori [21], Morgan et al. [22]
Pregnancy National Vital Statistics Reports [28] and abortion date	

Table A5. Comparison between published national estimates and Austin-Round Rock MSA estimates of the percent of the population at high-risk of influenza/COVID-19 complications.

Age Group	National estimates [26]	Austin-Round Rock (excluding pregnancy)	Pregnant women (proportion of age group)
0 to 6 months	NA	8.1	-
6 months to 4 years	6.8	9.0	-
5 to 9 years	11.7	14.6	-
10 to 14 years	11.7	16.7	-
15 to 19 years	11.8	17.0	3.2
20 to 24 years	12.4	13.2	10.6
25 to 34 years	15.7	17.4	9.6
35 to 39 years	15.7	22.1	3.7
40 to 44 years	15.7	22.5	0.6
45 to 49 years	15.7	22.7	-
50 to 54 years	30.6	37.5	-
55 to 60 years	30.6	37.4	-
60 to 64 years	30.6	37.3	-
65 to 69 years	47.0	53.2	-
70 to 74 years	47.0	53.2	-
75 years and older	47.0	53.2	-

#### Trauma Service Areas in Texas



**Figure A3.** Map of Trauma Service Areas with RAC Names obtained from DSHS: <a href="https://www.dshs.texas.gov/emstraumasystems/etrarac.shtm">https://www.dshs.texas.gov/emstraumasystems/etrarac.shtm</a>.

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