

The relationship between visual acuity loss and GABAergic inhibition in amblyopia

Abbreviated title: GABA and visual acuity in amblyopia

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Abstract

1 Early childhood experience alters visual development, a process exemplified by amblyopia, a
2 common neurodevelopmental condition resulting in cortically reduced vision in one eye. Visual
3 deficits in amblyopia may be a consequence of abnormal suppressive interactions in the primary
4 visual cortex by inhibitory neurotransmitter γ -aminobutyric acid (GABA). We examined the
5 relationship between visual acuity loss and GABA⁺ in adult human participants with amblyopia.
6 Single voxel proton magnetic resonance spectroscopy (MRS) data were collected from the early
7 visual cortex (EVC) and posterior cingulate cortex (control region) of twenty-eight male and female
8 adults with current or past amblyopia while they viewed flashing checkerboards monocularly,
9 binocularly, or while they had their eyes closed. First, we compared GABA⁺ concentrations
10 between conditions to evaluate suppressive binocular interactions. Then, we correlated the degree
11 of visual acuity loss with GABA⁺ levels to test whether GABAergic inhibition could explain visual
12 acuity deficits. Visual cortex GABA⁺ was not modulated by viewing condition, and we found weak
13 evidence for a negative correlation between visual acuity deficits and GABA⁺. These findings
14 suggest that reduced vision in one eye due to amblyopia is not strongly linked to GABAergic
15 inhibition in the visual cortex. We advanced our understanding of early experience dependent
16 plasticity in the human brain by testing the association between visual acuity deficits and visual
17 cortex GABA in amblyopes of the most common subtypes. Our study shows that the relationship
18 was not as clear as expected and provides avenues for future investigation.

19

20 1. Introduction

21 Amblyopia is a neurodevelopmental visual disorder associated with lifelong loss of normal spatial
22 vision. At ~3% amblyopia remains the most common visual impairment in children and adults
23 (Birch, 2013; Fu et al., 2020) across geographical boundaries (Hu et al., 2022; Pan et al., 2009).
24 Amblyopia has been investigated in numerous species including cats (Hubel & Wiesel, 1965;
25 Wiesel & Hubel, 1963), non-human primates (Hallum et al., 2017; Kiorpes, 2019), and humans
26 (Barnes et al., 2001; Clavagnier et al., 2015; Joly & Franko, 2014), reviewed by (Mitchell &
27 Sengpiel, 2018). While these studies shed light on the structural and functional abnormalities in the
28 early and secondary visual cortex, no single neural correlate appears to account for the severity and
29 the diversity of deficits observed in amblyopia.

30 It has long been thought that intracortical inhibition plays a role in amblyopia (Burchfield
31 & Duffy, 1981; Sengpiel & Blakemore, 1996). The strongest evidence in support of this theory
32 comes from animal models. Notably, iontophoretic application of GABA_a antagonist bicuculline
33 diminished intracortical suppression in V1 of amblyopic (Burchfield & Duffy, 1981) and strabismic
34 cats (Sengpiel et al., 2006). Amblyopic eye responses in adult rats were also rescued by chronic
35 infusion of anti-depressant fluoxetine and abolished by GABA_a agonist diazepam (Maya
36 Vetencourt et al., 2008). Finally, a single dose of ketamine rapidly reduced parvalbumin interneuron
37 driven inhibition, rescuing vision in the amblyopic eye of adult mice (Grieco et al., 2020). These
38 findings raise the possibility of pharmacologically treating amblyopia beyond the critical period, a
39 period in early development where experience can alter brain function (Hensch & Quinlan, 2018).
40 However, attempts to replicate some of the effects from interventions developed in animals in
41 human amblyopes have produced mixed results (Huttunen et al., 2018; Lagas et al., 2019; Sharif et
42 al., 2019). Thus, preclinical findings from animals with less developed visual systems may not
43 directly translate to the complex visual system of primates (Mitchell & Sengpiel, 2018).

44 A handful of studies support a relationship between visual cortex GABA and eye dominance
45 in normally sighted people using binocular rivalry, a psychophysical proxy of cortical inhibition.
46 While these neuroimaging studies have reported different behavioural metrics, they all reported a
47 link to visual cortical GABA levels (Ip et al., 2021; Lunghi et al., 2015; Pitchaimuthu et al., 2017;
48 Robertson et al., 2016; van Loon et al., 2013). A similar neural mechanism may underlie
49 pathological eye dominance in the amblyopic visual system. Only a single study to our knowledge
50 has tested this possibility, however the study was limited to a small number of participants who
51 were either anisometric or mixed amblyopes (Mukerji et al., 2022), and did not include strabismic
52 amblyopes. It is well known that amblyopia is linked to various causes, the two main ones being
53 strabismus, misalignment of the optical axes, or differences in optic blur between eyes
54 (anisometropia). These risk factors may have different effects on the visual system.

55 Our study tested the link between GABAergic inhibition and visual acuity deficits in
56 twenty-eight participants with amblyopia, including amblyopia of anisometric, strabismic and
57 mixed aetiologies. We presented visual stimuli inside the MRI scanner and measured GABA⁺ in
58 the early visual cortex, expecting varying levels of visual suppression to be revealed depending on
59 monocular or binocular visual stimulation. Contrary to our hypothesis, we found no mean
60 differences in GABA⁺ across different viewing conditions. When we averaged across conditions
61 and correlated visual acuity deficits with GABA⁺, we found weak evidence for a negative
62 relationship suggesting the greater the visual acuity loss, the lower GABA⁺ levels in early visual

63 cortex. An exploration of the association between visual acuity deficits and GABA+ by subtype
64 suggested that the relationship can be influenced by amblyopic aetiology.

65

66 **2. Methods**

67 **2.1 Participants**

68 Twenty-eight adult amblyopic participants (14 females, age, $M = 30$, $SD = 8$ years) with a history
69 or presence of unilateral amblyopia and with no other ocular pathology or neurological condition
70 took part in the MRI study. Participants were identified from the general population by self-reported
71 history of amblyopia, eye-patching and/or corrective surgery for strabismus and/or a strongly
72 dominant eye and were then diagnosed with current or past unilateral amblyopia by a research
73 orthoptist prior to the MRI scan. Current amblyopia was formally diagnosed using the criterion of
74 ≥ 0.2 logarithm of the minimum angle of resolution (LogMAR) difference in visual acuity (VA)
75 between the amblyopic and fellow eye. Three out of 28 participants were former amblyopes, i.e.
76 ex-amblyopes, who were treated with occlusion therapy in childhood and had < 0.2 LogMAR
77 difference in visual acuity between eyes. Because their difference in visual acuity was less than the
78 diagnostic criterion for amblyopia, they are referred to as ‘ex-amblyopes’. The ex-amblyopes were
79 included to represent participants who experienced abnormal binocular vision in childhood and
80 whose amblyopia was successfully treated. Participants were representative of different aetiologies
81 of amblyopia: strabismic ($n = 13$) amblyopes had a history of previous strabismus with or without
82 surgery, anisometropes ($n = 10$) had optic blur in one eye, mixed ($n = 5$) amblyopes experienced
83 both strabismus and optic blur. For one participant (sub-017), the data involving visual stimulation
84 (MRS, fMRI) could not be used due to a visual display error, although the resting data (‘eyes
85 closed’) acquisition was collected successfully. On the day of the MRI scan, participants were
86 instructed to avoid consuming caffeine. A payment of £40 was made for the 2h MRI session. All
87 volunteers gave informed and written consent, as approved by the University of Oxford Research
88 Ethics Committee (Ethics Approval Reference: R75202/RE002, ‘Neurochemistry and the
89 amblyopic brain’). Exclusion criteria were previous neurological or psychiatric abnormality,
90 orthoptic abnormality other than lazy eye, pregnancy or breast-feeding, frequent cigarette use (more
91 than 1 cigarette per day in the past 3 months), alcohol consumption (more than 14 units of
92 alcohol/week, over 3 days or more) and migraine with aura.

93

94 **2.1.1 Sample size rationale**

95 We had no prior MR Spectroscopy data from amblyopic participants to use in an a priori sample
 96 size calculation, thus our sample size was based on resource constraints (Lakens, 2022). Using
 97 G*Power for a post-hoc sensitivity analysis, we calculated that a Pearson’s correlation coefficient
 98 with 28 participants would be sensitive to a minimum of $r = 0.32$ with 80% power ($\alpha = 0.05$,
 99 one-tailed). This means that our dataset would not be able to reliably detect correlations smaller
 100 than $r = 0.32$. For the exploratory subtype analysis, participants were separated into three groups
 101 according to their type of amblyopia (anisometric, strabismic, mixed anisometric and
 102 strabismic). Our study was not designed to evaluate sub-type specific effects, hence these subgroups
 103 were statistically underpowered and at risk of effect inflation (Button et al., 2013).

104

105 2.2 Clinical measures

106 Participants underwent full orthoptic screening with visual correction, if any, at the Orthoptic
 107 Department, John Radcliffe Hospital, Oxford, UK. No further refractive correction was provided
 108 as part of the study. Outcome measures from the orthoptic report were the presence or absence of
 109 current amblyopia and the type of amblyopia. Monocular visual acuity using Snellen or EDTRS
 110 visual acuity was converted to LogMAR units by considering the additional letters that were read
 111 or missed (Tiew et al., 2020). As a supporting measure we also report pinhole-corrected visual
 112 acuity (PCVA). In cases where a pinhole measure was performed on the amblyopic eye but not the
 113 fellow eye, the non-pinhole fellow eye VA was used to calculate the difference in pinhole visual
 114 acuity (ph Δ VA). The orthoptic screening results are shown in **Table 1**. The absolute difference in
 115 visual acuity of the fellow eye minus the amblyopic eye ($\text{abs}(\text{FE-AE}) = \Delta\text{Visual Acuity}$) was the
 116 correlate for MRI measures.

117

Sub	Sex	Age	Occ	Years	Type	Rx	FE VA LogMAR	AE VA LogMAR	Δ VA LogMAR	ph Δ VA LogMAR	Stereo arcsec
sub-001	M	36	Yes	~7	Strab	RE: -0.5; LE: -1	-0.18	0.6	0.78	0.78	600
sub-002	M	34	No	~32	Aniso	N/A	-0.12	0.78	0.9	0.9	600
sub-003	M	37	Yes	4-5	Strab	RE: +3.00; LE: +3.75	-0.06	0.52	0.58	0.58	N/A
sub-004	F	41	Yes	3-4	Aniso	RE: +3.25; LE: N/A	-0.04	0.8	0.84	0.64	-ve
sub-005	F	36	Yes	4	Aniso	RE: -1; LE: +3	-0.18	0.1	0.28	0.28	85
sub-006*	M	28	Yes	8-9	Strab	RE: -8; LE: -8.5	-0.06	0	0.06	0.02	85
sub-007	F	24	Yes	6-7	Aniso	N/A	-0.16	1.04	1.2	1	600
sub-008*	F	20	Yes	4-5	Strab	RE: -0.25; LE: plano	-0.06	-0.04	0.02	0.02	85
sub-009*	M	19	Yes	~6-7	Mixed	RE: +6; LE: +7.5	-0.14	0	0.14	0.14	N/A
sub-010	M	20	Yes	4-5	Strab	N/A	-0.02	0.48	0.5	0.32	-ve
sub-011	F	24	Yes	4	Aniso	RE: +0.5; LE: +5	0.02	1	0.98	0.46	N/A

sub-012	M	40	Yes	~3	Strab	RE: -1.75; LE: -1.75	0.18	1	0.82	0.82	-ve
sub-013	F	43	Yes	3-4	Mixed	RE: 0; LE: +3.5	-0.14	0.18	0.32	0.32	300
sub-014	M	22	Yes	4	Mixed	RE: +2.5; LE: plano	-0.08	0.16	0.24	0.24	N/A
sub-015	M	38	Yes	5	Aniso	N/A	-0.14	0.6	0.74	0.74	N/A
sub-016	F	22	Yes	4	Aniso	RE: +3.25; LE: +1.25	0	0.36	0.36	0.32	110
sub-017	F	25	No	7-8	Aniso	RE: plano; LE: -0.5	-0.06	1	1.06	0.66	215
sub-018	M	27	Yes	4	Strab	N/A	-0.16	0.78	0.94	0.94	-ve
sub-019	M	27	Yes	8	Aniso	RE: +1; LE: +3.5	-0.14	0.18	0.32	0.32	85
sub-020	M	22	Yes	3-4	Mixed	RE: +2.25; LE: +3.25	-0.16	0.78	0.94	0.94	N/A
sub-021	F	28	Yes	5	Strab	RE: +6; LE: +6	0	0.78	0.78	0.78	N/A
sub-022	M	38	Yes	6	Strab	N/A	0.02	1.1	1.08	1.08	N/A
sub-023	F	37	Yes	3	Mixed	RE: -1.25; LE: -6.00	-0.08	1.22	1.3	1.3	N/A
sub-024	F	19	Yes	4	Strab	RE: +3; LE: +3	0.02	0.3	0.28	0.26	300
sub-025	F	32	Yes	5-6	Aniso	RE: +1.13; LE: +4.38	-0.18	0.8	0.98	0.98	600
sub-026	M	35	Yes	2-3	Strab	N/A	-0.18	1	1.18	1.18	N/A
sub-027	F	25	Yes	2-8	Strab	RE: -0.5; LE: 0	0.14	0.56	0.42	0.56	-ve
sub-028	F	40	No	11	Strab	N/A	-0.08	0.22	0.3	0.3	N/A

118

119 **Table 1.** Orthoptic assessment of amblyopic participants. Sub = subject; F = female, M = male; Occ = occlusion
120 therapy; Years = age detected; Aniso = anisometropic amblyopia, Strab = strabismic amblyopia, Mixed = mixed
121 anisometropic and strabismic amblyopia; AE = amblyopic eye; FE = fellow eye; Rx = visual correction in dioptres; RE
122 = right eye; LE = left eye; plano = balance lens; FE VA = fellow eye visual acuity in LogMAR; AE VA = amblyopic
123 eye visual acuity in LogMAR; Δ VA = visual acuity difference between amblyopic and fellow eye in LogMAR;
124 ph Δ VA = visual acuity difference using pinhole measure; Stereo = threshold on Frisby Stereopsis Test in arcsec; -ve
125 = negative. * = Former amblyopes with visual acuity loss <0.2 LogMAR.

126

127 2.3. Magnetic Resonance Imaging

128 Magnetic resonance images from all participants were collected using a 3T Siemens Prisma
129 (Siemens Healthineers AG, Erlangen, Germany), equipped with a 64-channel head and neck coil.
130 A 1-mm isotropic whole-head T1-weighted anatomical image (MPRAGE, TR=2000ms;
131 TE=2.03ms; field-of-view= 256x256mm; 208 slices; flip angle=8°) was collected for registration
132 purposes with a total acquisition time of 5 min 31s. A 2-mm isotropic multiband gradient echo
133 sequence was used for the fMRI-localizer experiment (MB4; TR=1355ms; TE=32.4ms; field-of-
134 view = 192x192; 72 slices; flip angle= 70°). In total, 144 volumes were collected, with a total scan
135 duration of 3 min 20s. MEGA-PRESS data (Mescher et al., 1998) was acquired with a locally
136 developed version of the sequence, derived from the CMRR spectroscopy package MEGA-PRESS
137 sequence. Acquisition parameters were as follows: MRS-voxel size: anterior to posterior = 20 mm,
138 left to right = 25 mm, head to foot = 25 mm; echo time (TE) = 68ms, repetition time (TR) = 1500ms;

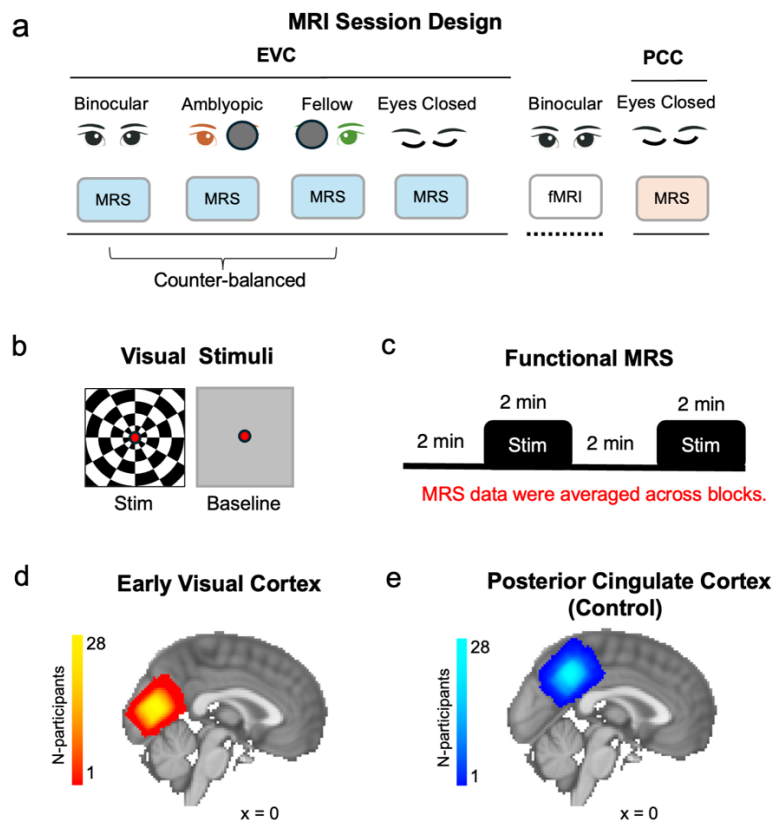
139 160 edit-on and 160 edit-off spectra per condition; VAPOR and dual-band editing pulse water
140 suppression; 22.3ms editing pulse using a 53 Hz bandwidth, which was centred at 1.9 ppm (edit-
141 on) and at 7.5 ppm (edit-off) in alternation; 16-step phase cycling; 8min 13s run time per condition.
142 For the EVC voxel placement, the region of interest was first centred to the occipital midline to
143 cover equivalent portions of the right and left visual cortex, then angled to be parallel to the
144 calcarine sulcus and moved as posterior as possible while avoiding contamination by the cerebellar
145 tentorium and the sagittal sinus. A control voxel was positioned at the midline in the posterior
146 cingulate cortex (PCC). The PCC is a suitable control location because it is non-overlapping with
147 the occipital lobe, and it has been used at 7T using non-edited sequences (Lunghi et al., 2015) and
148 at 3T with edited sequences (Rideaux, 2020) as a control voxel for data from the early visual cortex.
149 The PCC voxel data was acquired with identical acquisition parameters, voxel size and angle as the
150 EVC voxel.

151

152 **2.3.1 Stimulation paradigm inside the MRI scanner**

153 Visual stimuli were displayed using Matlab (v.2021b) and PsychToolbox-3 (v.3.0.11). Stimuli were
154 presented using an MR-compatible gamma-linearized LCD screen (BOLDscreen 32, Cambridge
155 Research Systems, Cambridge, UK) positioned at the back of the 3T scanner bore. The screen had
156 a pixel resolution of 1920 x 1200, an aspect ratio of 8:5, and a refresh rate of 60 Hz. The screen
157 was positioned at a viewing distance of 127.5 cm. Participants viewed stimuli presented at the back
158 of the bore through a first-silvered mirror that was fixed to the head coil at a 45° angle. The study
159 extended a previously developed functional MRS paradigm at 7T (Ip et al., 2021; Lunghi et al.,
160 2015), designed to test if stimuli seen through either the strong eye, the weak eye or seen binocularly
161 could reveal differences in GABAergic inhibition during visual processing in the early visual
162 cortex. An eyes closed ‘rest’ condition was collected as a baseline to contrast with general effects
163 of visual stimulation (Kurcys et al., 2018). The MRI session consisted of four early visual cortex
164 (EVC) MRS runs: three visual stimulation runs (fellow eye, FE, amblyopic eye, AE, binocular, BE)
165 counterbalanced for order effects, followed by an “eyes closed” scan (**Fig 1a**). During monocular
166 conditions, a black eye patch occluded the non-viewing eye (Clavagnier et al., 2015). Visual
167 stimulation consisted of full-field flashing checkerboards, contrast reversing at 8 Hz with a white
168 fixation dot in the centre and a mid-grey baseline (**Fig 1b**). Each block was 128s in duration, with
169 baseline and stimulation blocks alternating twice in each run (**Fig 1c**). A central fixation task was
170 performed throughout the experimental run to stabilize eye position and control for attentional
171 allocation. Participants’ MRI-safe prescription goggles were matched to their spherical refractive
172 corrections from the orthoptic screening as closely as possible. Prior to scanning, strabismic and

173 mixed amblyopes underwent a prism cover test at a viewing distance of stimuli displayed inside
 174 the MRI scanner (127.5cm) to correct for squint. Glass prisms were used to re-align the fixation
 175 position of the deviating amblyopic eye during binocular viewing and removed during monocular
 176 viewing. A fMRI localizer scan (16s stimulus - 16s baseline, 6 cycles) was collected with the same
 177 visual stimulus and under binocular viewing after the MRS scans, to confirm the overlap of the
 178 EVC voxel (**Fig 1d**) with visual regions and the non-overlap with the voxel placed in the posterior
 179 cingulate cortex control region (**Fig 1e, PCC**). The corrective prism was not used during the fMRI
 180 localizer scan.



181
 182 **Figure 1. Diagram of the experimental design and the group MRS voxel positions.**
 183 (a) The MRI session started with three runs where participants viewed visual stimuli with both eyes, or with the
 184 amblyopic or fellow eye while MRS data was measured in the early visual cortex (EVC). After the visual stimulation
 185 runs, data were acquired from the EVC while participants had their eyes closed. This was followed by a short fMRI
 186 localizer, presenting flashing checkerboards. Finally, MRS data were acquired from the posterior cingulate cortex
 187 (PCC) while participants had their eyes closed. (b) Visual stimulation consisted of 100% contrast checkerboard stimuli,
 188 contrast reversing at 8 Hz. The baseline consisted of a blank, mid-grey screen. A fixation dot was always present, and
 189 a simple fixation task was performed throughout each visual stimulation run. (c) Each functional MRS run consisted
 190 of two alternations of 128s grey screen followed by 128s flashing checkerboards. MRS data were averaged across
 191 stimulus and baseline blocks. (d) The EVC voxel was placed in the bilateral posterior occipital cortex, as shown by the
 192 MRS group voxel (heat map) composed of the summed voxel position across participants. (e) The control voxel (cool

193 *map) was placed in bilateral posterior cingulate cortex. The group MRS voxels were displayed on a sagittal slice (x =*
194 *0 mm) of the MNI-152 2 mm standard brain template.*

195

196 **2.3.2. MRS analysis**

197 MRS data were analyzed using FSL-MRS v.2.1.19 (Clarke et al., 2021), part of the open-source FSL
198 toolbox. First, MRS data were converted from TWIX to NIFTI format using spec2nii v.0.7.4 (Clarke
199 et al., 2022). Then, data were pre-processed using `fsl_mrs_preproc_edit` for edited MRS data. It
200 included the following steps: coil-combination, windowed averaging of phase and frequency
201 alignment between repeats, eddy current correction, truncation of the FID to remove three time-
202 domain points before the echo centre, removal of residual water peak using Hankel Lanczos
203 singular value decomposition (HLSVD) over 4.5 – 4.8 ppm, phase and frequency alignment
204 between averaged edit-on and edit-off spectra using spectral registration on the 2.5 to 3.5 ppm
205 range. The processing also outputs a phase corrected non-water suppressed reference acquired
206 immediately before the water suppressed data. The model fitting of the SVS data was implemented
207 using a Linear Combination model as described in (Clarke, Stagg et al. 2021). In essence, basis
208 spectra are fitted to the complex-valued spectrum in the frequency domain by scaling, shifting, and
209 broadening them. Basis spectra were grouped into two metabolite groups, with macromolecular
210 peaks allowed to broaden and shift independently of other metabolites. The model fitting was
211 achieved using the truncated Newton algorithm as implemented in Scipy. A complex polynomial
212 baseline was also concurrently fitted (order=0). To model metabolites in the edit-on minus edit-off
213 difference spectrum, we used a simulated basis set containing the model spectra for N-
214 acetylaspartate (NAA), N-acetylaspartateglutamate (NAAG), γ -amino-butyric acid (GABA),
215 glutamine (Gln), glutamate (Glu), glutathione (GSH), macromolecules (MM) and combined
216 NAA+NAAG, Glu+Gln+GSH, GABA+sysMM, with internal reference limits between 1.8 – 2.2
217 ppm (<https://git.fmrib.ox.ac.uk/wclarke/win-mrs-basis-sets>). Because the GABA signal at 3.0 ppm
218 contains co-edited macromolecule signals, as well as homocarnosine (Rothman et al., 1997), the
219 signal is referred to as GABA+ macromolecules (GABA+). Metabolite units are reported in
220 absolute concentration in millimole per kilogram (mMol/kg), corrected for tissue fraction and tissue
221 relaxation. For a control analysis, GABA+ relative to unsuppressed water (GABA+/water) and
222 GABA+ relative to Creatine+Phosphocreatine (GABA+/tCr) were reported to evaluate the
223 influence of metabolite ratio on the association between variables. GABA+/tCr was calculated by
224 dividing the raw GABA+ values from the difference spectrum by the raw tCr values from the edit-
225 off spectrum. The MRS voxel positions were reconstructed using FSL FAST called within FSL-
226 MRS. FAST divides the high-resolution anatomical image into white matter, grey matter, and

227 cerebrospinal fluid, and calculates tissue fractions within EVC and PCC voxels. The Minimum
 228 Reporting Standards Checklist for MRS is reported in the Supplementary Materials.

229

230 2.3.3. MRS spectral quality

231 The quality of the MRS shim was measured with the full-width-half-maximum (FWHM) of the
 232 inverted NAA singlet in the difference spectrum, where broader linewidth indicates poorer shim
 233 quality (Zollner et al., 2021). The NAA signal-to-noise ratio was obtained from the edit-off
 234 spectrum by obtaining the ratio of the peak height of the NAA basis function over the standard
 235 deviation of a pure noise region after applying a matched filter to both (Clarke et al., 2021). We
 236 compared MRS quality measures of the mean early visual cortex data across conditions (EVC) and
 237 the posterior cingulate cortex (PCC). The comparison revealed narrower linewidth in the PCC
 238 compared to the EVC ($t(25) = 7.34, p < 0.001$). This suggests that shimming was better for the PCC
 239 compared to the EVC voxel. However, SNR was higher in the EVC than the PCC (Wilcoxon signed
 240 rank test, $Z = 2.47, p = 0.013$), suggesting that more signal was available in the EVC voxel.
 241 Pearson’s correlations were computed to assess the relationship between MRS quality measures
 242 and GABA+ concentrations pooled across voxel locations. These showed that neither FWHM ($r =$
 243 $-0.162, p = 0.241, BF_{10} = 0.33$) nor SNR ($r = 0.12, p = 0.38, BF_{10} = 0.246$) correlated with GABA+.
 244 Overall, our results show that MRS spectral quality differed between voxel locations, and that the
 245 interindividual variability across voxels in these measures did not correlate with GABA+.

Conditions	Shim quality NAA line width (Hz)	Signal-to-noise NAA SNR
Both Eyes (n=27)	5.5±0.6	155.0±30.5
Fellow Eye (n=27)	5.5±0.4	152.5±29.1
Amblyopic Eye (n=25)	5.6±0.6	154.6±28.6
Rest (n=28)	5.6±0.5	150.3±28.7
Mean EVC (n=28)	5.6±0.4	152±27.7
PCC rest (n=26)	4.7±0.6	136.4±19.2
EVC vs PCC p-value	< 0.001	0.013

246 **Table 2.** Metrics for MRS spectral quality. NAA = N-acetylaspartate; Hz = Hertz; SNR = signal-
 247 to-noise; EVC = early visual cortex; PCC = posterior cingulate cortex.

248

249 2.3.4. Functional MRI analysis

250 Functional MRI data analysis used FEAT (fMRI Expert Analysis Tool) v.6.00, part of the FSL
 251 software distribution (FMRIB’s Software Library, www.fmrib.ox.ac.uk/fsl). Pre-processing was

252 done using motion correction MCFLIRT (Jenkinson et al., 2002); non-brain tissue extraction
253 (Smith, 2002); spatial smoothing using Gaussian kernel of FWHM = 5 mm, grand-mean intensity
254 normalization and high pass temporal filtering using a cut-off of 48s. Registration of functional
255 images to the 1 mm isotropic T1-weighted structural image used boundary-based registration
256 (BBR) in FLIRT (Jenkinson et al., 2002; Jenkinson & Smith, 2001). The group activation to visual
257 stimuli was quantified using FLAME stage 1 (FMRIB's Local Analysis of Mixed Effects). Z
258 (Gaussianised T/F) statistic images were thresholded using clusters determined by $Z > 3.1$ and a
259 (corrected) cluster significance threshold of $P = 0.05$ (Worsley, 2001). Featquery was used to
260 measure the percentage BOLD-signal change to binocular viewing of 6 cycles of 16s on-16s
261 onblocks of the flashing checkerboard localizer. The BOLD signal change was measured in the
262 bilateral EVC MRS-voxel and a bilateral probabilistic primary visual cortex mask corresponding
263 to the region defined as Brodmann's area 17 in ten cyto-architectonically mapped post-mortem
264 brains (Amunts et al., 2000). The mask was available as part of the Jülich histological atlas (Amunts
265 et al., 2020) in the FSLeyes viewer application. The overall size of the V1 mask was thresholded
266 to 50% to represent regions where there was reasonable overlap between participants.

267

268 **2.3.5. Eye movement recording inside the MRI scanner**

269 We monitored monocular eye position using an MR-compatible eye tracker (EyeLink 1000, SR
270 Research Limited, Ontario, Canada) during MRS scans. Eye-tracking calibration procedures were
271 performed prior to each functional MRS condition, and eye-tracking was performed except when
272 equipment failure or failure to get a clear view of the eye due to the visual correction frames or
273 head position inside the head coil prevented eye-tracking. During monocular scans, the viewing eye
274 was monitored. During binocular scans, the amblyopic eye was monitored when possible, and if
275 not, tracking was attempted for the fellow eye. When eye-tracking was not possible, fixation
276 stability was monitored by experimenters through the EyeLink interface. A trained researcher
277 ensured that all participants maintained good fixation and kept their eyes open during visual
278 stimulation runs.

279

280 **2.4 Statistical Analysis**

281 Statistical packages: Data analysis and visualisation scripts were written in Python (v.3.8.13)
282 (McKinney, 2010) using the Jupyter Notebook user interface. Data analysis was performed using
283 the pandas software library (v.2.0.3), and pingouin (v.0.5.3) (Vallat, 2018).

284 Outlier analysis: The Inter Quartile Range (IQR) was calculated for GABA⁺ and the glutamate and
285 glutamine complex (Glx) to identify univariate outliers that lie outside of the middle 50% range of

286 the data distribution. ± 1.5 IQR was used as the threshold of exclusion in our study which is
287 equivalent to ± 2.7 standard deviations. The number of data points excluded were EVC GABA+:
288 amblyopic: 1; EVC Glx: both eyes: 2; fellow: 1. PCC GABA+: 2. MRS data from participants
289 would have been excluded if more than one EVC condition was labelled as an outlier in the GABA+
290 analysis, but this did not occur in any case.

291 Statistical analyses: Data analysis was performed using RStudio (RStudio Version 2023.06.0+421).
292 We applied a linear mixed model (lme4) to estimate the fixed effects of ‘viewing condition’ (‘AE’,
293 ‘FE’, ‘Both’, ‘Closed’) and ‘type’ (‘strabismic’, ‘anisometric’, ‘mixed’) while including ‘sex’
294 and ‘age’ as fixed effect variables to test for differences in the main outcome variables with sex and
295 age, and while controlling for participant ID as random effects to account for repeated measures
296 within observers. We used the anova function to obtain p values. The interaction term was dropped
297 when no significant interactions between fixed effects were observed. The full model syntax with
298 interaction term was `lmer(GABA+ ~ viewing condition * type * sex * age + (1|participant), data =`
299 `df)`. The full model syntax without interaction term was `lmer(GABA+ ~ viewing condition + type`
300 `+ sex + age + (1|participant), data = df)`. We used the Type II Analysis of Variance Table with
301 Kenward-Roger's method when no interactions were present. Type III was used when interactions
302 were present.

303 Pearson's linear correlations were used for all correlation analyses (pinguin.corr) to evaluate the
304 linear association between two variables and to obtain the Bayes Factor. Bayes Factors give the
305 strength of evidence for or against the alternative hypothesis using standard interpretations, for
306 example a Bayes Factor of 1 gives no evidence, 1 - 3 provides weak evidence, 3 - 10 provides
307 moderate evidence, 10 - 30 strong evidence, and 30 - 100 very strong evidence for H_1 (Nuzzo,
308 2017). Two-tailed hypotheses were tested unless otherwise indicated in the text. Two-tailed
309 Fisher's r -to- z -transform tests (<http://vassarstats.net/rdiff.html>) were used to evaluate the
310 significance of the difference in correlation coefficients. Uncorrected p values as well as
311 Bonferroni-adjusted p values were reported for the confirmatory correlation analyses. Uncorrected
312 p values were reported for exploratory analyses.

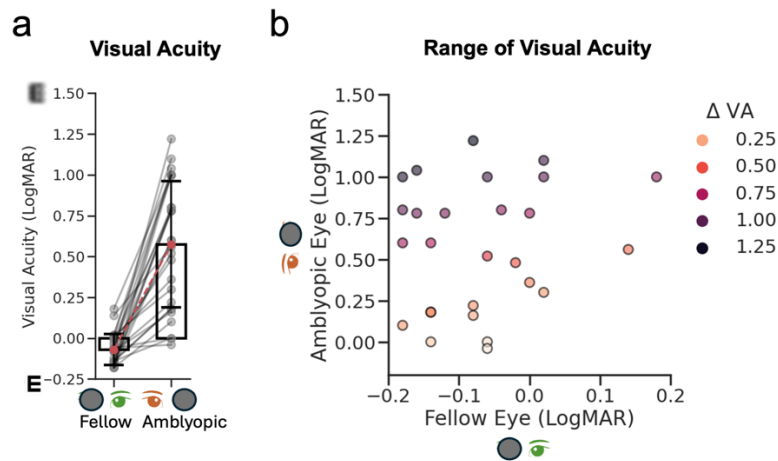
313

314 **3. Results**

315 **3.1 Orthoptic assessment results**

316 The cohort consisted of 28 adult participants, including three with a history of monocular patching
317 and amblyopia (**Table 1**). A Wilcoxon signed-rank test confirmed that the fellow eye's visual acuity
318 was better than the amblyopic eye ($Z = 6.02$, $p < 0.001$) (**Fig. 2a**). The difference in visual acuity

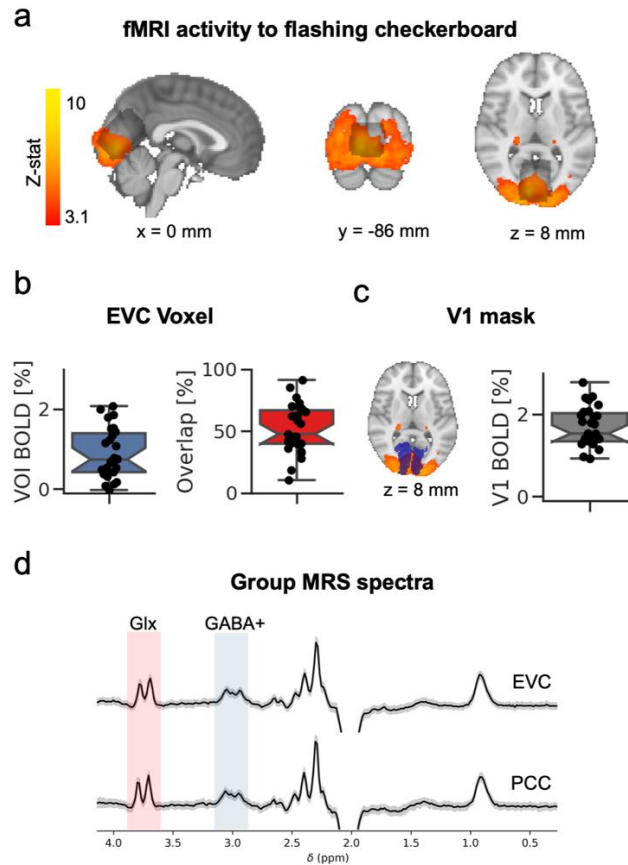
319 (ΔVA), calculated by subtracting the LogMAR visual acuity of the amblyopic from the fellow eye,
 320 was used for correlation analyses with MRI measures. ΔVA ranged from 0.02 to 1.30 LogMAR (M
 321 $= 0.66$, $SD = 0.38$ LogMAR, **Fig. 2b**).



322
 323 **Figure 2. Monocular visual acuity in adult amblyopes.** (a) Bar plots show the mean of the fellow eye (fellow, FE) and
 324 amblyopic eye (amblyopic, AE) visual acuity in LogMAR units. Error bars show ± 1 standard deviation. (b) AE plotted
 325 against FE visual acuity, with the colour hue representing the severity of visual acuity loss (darker, more loss). Dots
 326 are individual participants. Note the different scales on the amblyopic and fellow eye axes.

327 3.2 Visual cortex MRS location corresponds to visually stimulated regions

329 We evaluated whether the EVC MRS voxel (**Fig. 3a**) targeted the correct region of the cortex. Due
 330 to the MRS voxel size and avoidance of non-brain tissue, the EVC voxel could not be placed too
 331 close to the posterior edge of the brain, however, a positive BOLD signal was found within the
 332 voxel (**Fig. 3b**, $M = 0.89$, $SD = 0.62$ %BOLD-change). Across participants, half of the voxel's area
 333 overlapped with the fMRI map ($M = 51.83$, $SD = 19.92\%$). In a supporting analysis, we showed
 334 that the flashing checkerboard stimulus modulated the primary visual cortex activity, demonstrating
 335 the expected visual response in all participants (**Fig. 3c**, $M = 1.70$, $SD = 0.48\%$). Across EVC and
 336 PCC voxel's rest condition, MRS spectra were similar in appearance, with discernible GABA+ and
 337 Glx peaks (**Fig. 3d**).



338

339 **Figure 3. MRS validation and comparison of early visual cortex GABA+ levels across conditions.**

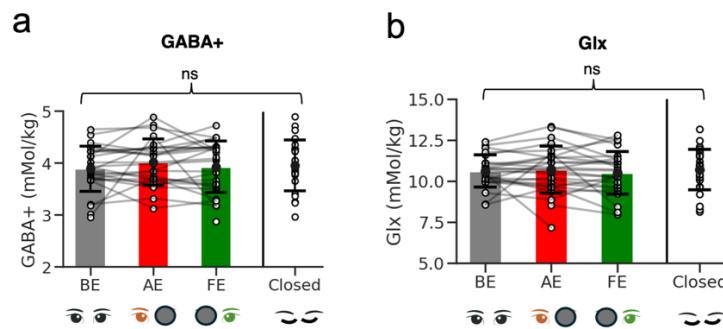
340 (a) Brain responses to flashing checkerboards measured with fMRI (heat map) and group early visual cortex (EVC)
 341 MRS voxel (grey map) presented on the MNI-152 2mm standard brain (x,y,z in mm). Box-and-whisker plots show Q1
 342 to Q3 quartile values, with a line at the median Q2 for %BOLD-signal change to flashing checkerboard compared to
 343 a blank screen inside the MRS voxel (b, left), for the percentage overlap between the MRS voxel (b, right) and the
 344 activation maps, and %BOLD-signal change inside a V1 mask (c). Whiskers show 1.5 IQR. Dots show individual
 345 participants. (d) Group EVC and PCC MRS spectra for the eyes closed rest condition (grey area = standard deviation,
 346 black line = mean) showing the most easily visually resolved signal peaks of Glx (3.75 ppm, red area) and GABA+
 347 (3.02 ppm, blue area) peaks on the chemical shift axis. The signal is scaled to arbitrary units.

348

349 3.3 No effect of viewing condition on GABA+

350 We tested our main prediction that viewing condition modulated visual cortex GABA+ in adult
 351 amblyopes (i.e. whether the stimulus was presented to the AE, FE, both ‘BE’, or ‘Closed’) using a
 352 linear mixed model analysis. A significant model fit for viewing condition would have meant that
 353 the specific eye or eyes used for viewing affected the neurochemical response. However, no
 354 significant model fit was found (Fig. 4a, LMM, $F_{3,76.517} = 0.70$, $p = 0.55$). We also analysed the
 355 glutamate + glutamine signal (Glx), as a proxy for excitatory neurotransmission and metabolism,
 356 to evaluate whether this negative result extended beyond the inhibitory neurotransmitter. There

357 were no significant effects of viewing condition on Glx either (**Fig. 4b**, LMM, $F_{3,74.6} = 0.97$, $p =$
 358 0.41). We also did not find any significant effects of ‘subtype’ on metabolite levels for GABA+ (p
 359 = 0.38) or Glx ($p = 0.37$). We found a significant effect of ‘age’ on metabolite levels (GABA+, $p =$
 360 0.04), hence ‘age’ was controlled for in the main regression analysis of visual acuity loss with
 361 GABA+. Since there was no effect of viewing condition on metabolite concentrations across
 362 conditions, data were averaged across conditions to create a single GABA+ or Glx measure per
 363 person.



364
 365 **Figure 4. GABA+ and Glx in the visual cortex of amblyopes across conditions.** (a) Bar plots show comparisons of
 366 average metabolite levels across visually stimulated conditions and the control condition (eyes closed) for early visual
 367 cortex (EVC) GABA+ and (b) Glx. Error bars show +/- 1 standard deviation. Individual dots show participants.

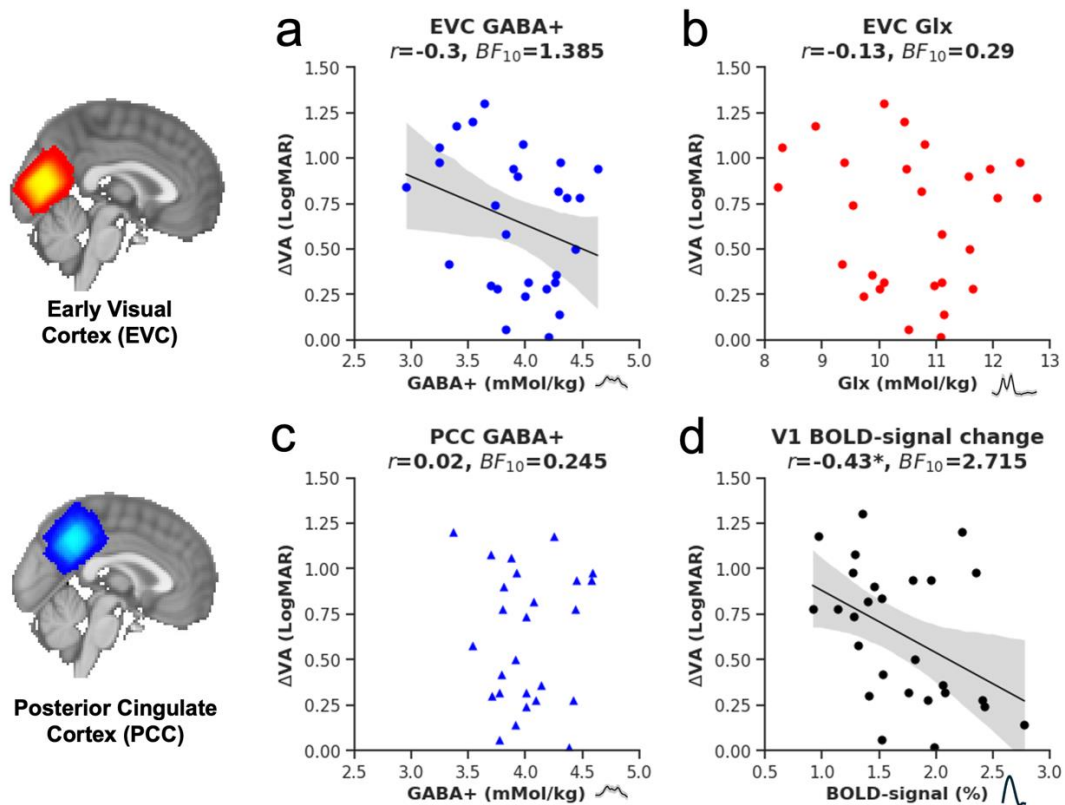
368

369 3.4 Weak evidence for a relationship between amblyopic visual acuity loss and visual cortex 370 GABA+

371 A previous study with fourteen participants found a strong negative correlation between visual
 372 acuity deficits and GABA+ (Mukerji et al., 2022). We sought to replicate this relationship in a
 373 larger sample. We found weak evidence for a negative relationship between ΔVA and EVC
 374 GABA+ (**Fig. 5a**, one-tailed Pearson’s correlation, $r = -0.3$, uncorrected $p = 0.060$, Bonferroni-
 375 adjusted $p = 0.165$, $BF_{10} = 1.385$). Controlling for age reduced the correlation ($r = -0.22$,
 376 uncorrected $p = 0.138$), suggesting that age contributed to the negative association. We also related
 377 GABA+/tCr to ΔVA . The measure did not show a strong negative correlation (GABA+/tCr, $r = -$
 378 0.16, uncorrected $p = 0.202$, $BF_{10} = 0.516$). No relationship with ΔVA was found for Glx (**Fig. 5b**,
 379 Pearson’s correlation, $r = -0.13$, uncorrected $p = 0.505$, Bonferroni-adjusted $p = 1$, $BF_{10} = 0.29$), or
 380 for GABA+ from the PCC voxel (**Fig. 5c**, one-tailed Pearson’s correlation, $n = 26$, $r = -0.02$,
 381 uncorrected $p = 0.916$, Bonferroni-adjusted $p = 1$, $BF_{10} = 0.245$). None of the correlations were
 382 statistically significant after correcting for multiple comparisons.

383

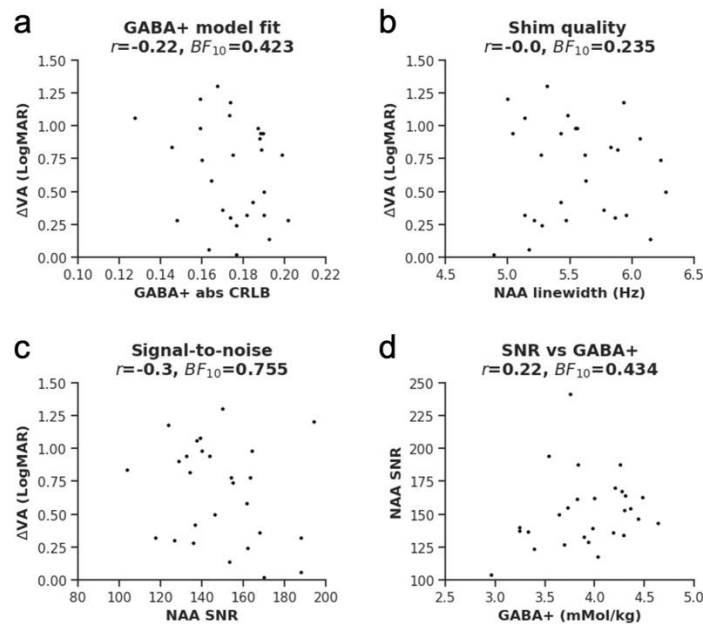
384 We also explored the relationship between amblyopic visual acuity loss and haemodynamic
 385 responses to checkerboard stimuli in the primary visual cortex. Data were obtained from the fMRI
 386 localizer experiment and the responses were quantified within a bilateral probabilistic V1 mask
 387 from the Jülich histological atlas (Amunts et al., 2020). **Fig. 5d** shows that visual acuity loss
 388 correlated negatively with %BOLD-signal in V1 ($r = -0.43$, $p = 0.024$, $BF_{10} = 2.715$). In other
 389 words, people with greater visual acuity loss due to amblyopia had lower visually-driven
 390 haemodynamic responses in V1.



391
 392 **Figure 5.** The relationship between visual acuity (VA) loss and GABA+, Glx and BOLD-signal change in the early
 393 visual cortex. Visual acuity loss is represented by subtracting the LogMAR visual acuity of the amblyopic from the
 394 fellow eye (ΔVA). The plot shows ΔVA plotted against GABA+ (a), or against Glx (b) in the early visual cortex (EVC).
 395 Additionally, we investigated the relationship between visual acuity loss and GABA+ in the posterior cingulate cortex
 396 (c) and haemodynamic changes in the primary visual cortex (V1) to flashing checkerboard stimuli (d). $r =$ Pearson's
 397 correlation coefficient, $*$ = < 0.05 uncorrected p value, $BF_{10} =$ Bayes Factor. The linear regression fit and 95%
 398 confidence interval of the linear regression line to the data were plotted where the p value was < 0.1 . Figure insets
 399 show the position of the MRS voxel.

400
 401 To evaluate the influence of data quality on the results, we assessed the relationship between visual
 402 acuity loss and three common MRS quality measures. We found no relationship with quality of
 403 GABA+ model fit (**Fig. 6a**, abs CRLB, $r = -0.22$, uncorrected $p = 0.27$, $BF_{10} = 0.423$), shim quality
 404 (**Fig. 6b**, NAA FWHM, $r = 0.0$, uncorrected $p = 0.988$, $BF_{10} = 0.235$) and signal-to-noise ratio (**Fig.**

405 **6c**, NAA SNR, $r = -0.30$, $p = 0.117$, $BF_{10} = 0.755$). We also assessed the relationship between NAA
 406 SNR and GABA+ and found none (**Fig. 6d**, $r = 0.22$, $p = 0.256$, $BF_{10} = 0.434$).



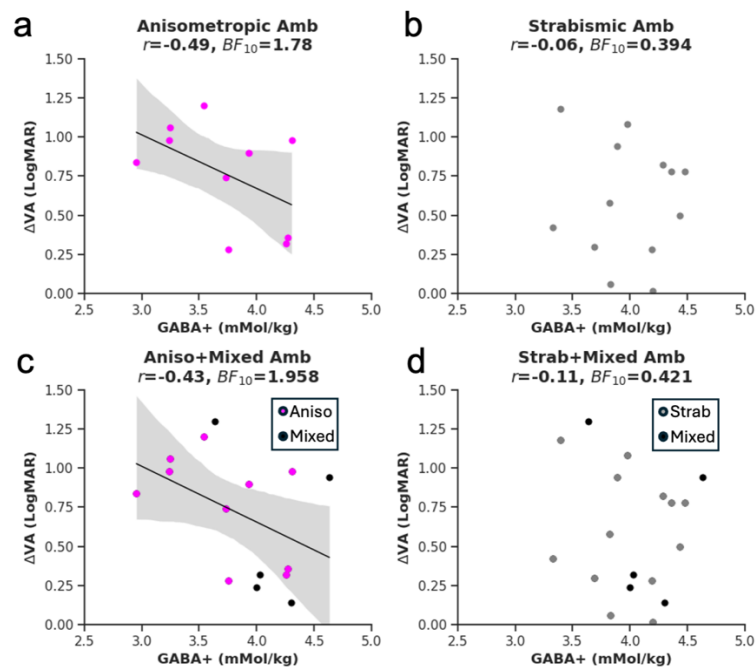
407
 408 **Figure 6. Data quality measures from the early visual cortex.** GABA+ model fit (a), shim quality (b) and NAA SNR
 409 (c) were correlated with visual acuity differences. Also plotted is the correlation between SNR and GABA+
 410 concentrations (d). EVC = early visual cortex. r = Pearson's correlation coefficient, BF_{10} = Bayes Factor.
 411

412 Overall, these results show that the association between amblyopic visual acuity loss and visual
 413 cortex GABA+ is weak and influenced by participant age. The absence of a strong correlation was
 414 not due to the metabolite quantification method and was unlikely to have been directly influenced
 415 by MRS quality.

416
 417 **3.6 The association between visual acuity loss and GABA+ within amblyopia subtypes**

418 Our study included amblyopes of different subtypes. Ten had anisometropia, thirteen were
 419 strabismic and five had mixed anisometropia and strabismus. In the following section, we
 420 characterize trends within amblyopia subtype using exploratory analyses. When characterising the
 421 association by subtype, we found weak evidence for a negative relationship between ΔVA and EVC
 422 GABA+ for ten anisometropic amblyopes (**Fig. 7a**: one-tailed Pearson's correlation, $r = -0.49$, $p =$
 423 0.074 , $BF_{10} = 1.78$) and weak evidence for no association in thirteen strabismic amblyopes (**Fig.**
 424 **7b**: one-tailed Pearson's correlation, $r = -0.06$, $p = 0.43$, $BF_{10} = 0.394$). A Fisher's r -to- z
 425 transformation showed no significant difference between the two correlation coefficients ($z = -0.97$,
 426 $p = 0.332$), indicating that the two subgroups could not be dissociated from each other. Because

427 mixed amblyopes can be grouped with either anisometropic or strabismic amblyopes, we pooled
 428 them with each group separately. We found weak evidence for a negative association for
 429 aniso+mixed amblyopes (**Fig. 7c**, one-tailed Pearson's correlation for $n = 15$, $r = -0.45$, $p = 0.054$,
 430 $BF_{10} = 1.958$), broadly consistent with a prior study (Mukerji et al., 2022) but with reduced
 431 correlation strength. When mixed amblyopes were grouped with strabismic amblyopes, we found
 432 again weak evidence for the null hypothesis (**Fig. 7d**, one-tailed Pearson's correlation for $n = 18$, r
 433 $= -0.11$, $p = 0.33$, $BF_{10} = 0.421$). The correlation coefficients between the two analyses did not differ
 434 ($z = -0.97$, $p = 0.33$). No evidence supporting the alternative hypothesis was found for the PCC
 435 voxel, irrespective of the grouping.



436
 437 **Figure 7. The relationship between visual acuity (VA) and GABA+ concentration in amblyopia subtypes.** Visual
 438 acuity is represented by subtracting the LogMAR visual acuity of the fellow from the amblyopic eye (ΔVA). Correlation
 439 of ΔVA with EVC GABA+ in anisometropic amblyopes (**a**) or strabismic amblyopes (**b**). Mixed amblyopes (black dots)
 440 were grouped either with anisometropic (**c**), or with strabismic amblyopes (**d**). $r =$ Pearson's correlation coefficient, *
 441 $= < 0.05$ uncorrected p value, $BF_{10} =$ Bayes Factor. The linear regression fit and 95% confidence interval of the linear
 442 regression line to the data were plotted where the p value was < 0.1 .

443
 444 In summary, this section characterized the association between visual acuity deficits and
 445 GABA+ within amblyopia subtypes. Results show a difference in the strength of the relationship
 446 which was not statistically significant. These results suggest that the association between vision
 447 and neurochemistry may be influenced by the type of amblyopia.

448

449 **4. Discussion**

450 **4.1 Summary**

451 We evaluated the relationship between amblyopia and GABAergic inhibition in the adult human
452 visual cortex. Our paradigm targeted the early visual cortex, where inputs from each eye arrive and
453 are combined for binocular vision. Interocular suppression by the strong eye at this early stage is
454 thought to drive visual abnormalities in amblyopia. Our study included the most common types of
455 amblyopia, anisometric and strabismic amblyopia. Contrary to our expectation, our paradigm did
456 not reveal any interocular suppression via GABA⁺ in the visual cortex. When we related visual
457 acuity deficits to GABA⁺, we found a weak negative association. In summary, our study which
458 includes the largest cohort of amblyopes in an MRS study to our knowledge, provides limited
459 evidence for a relationship between GABAergic inhibition and visual acuity loss in human
460 amblyopia.

461

462 **4.2 The weak negative association between GABA⁺ with amblyopic visual acuity loss**

463 We have previously shown in a small number of people ($n = 14$) with normal vision in both eyes,
464 that greater eye dominance relates to lower GABA levels in the early visual cortex (Ip et al., 2021).
465 Unlike normally sighted participants, amblyopes see primarily with their strong eye. Here we find
466 weak evidence for a negative association between GABA⁺ in the early visual cortex and visual
467 acuity difference in amblyopes, with deeper amblyopia relating to lower GABA levels in the early
468 visual cortex. The direction of the association suggests that failure of the amblyopic eye to inhibit
469 the fellow eye disturbs the balance between eyes. This finding is consistent with psychophysical
470 evidence showing that suppression from the amblyopic eye is abnormally weak, whereas inhibition
471 from the fellow eye is comparable to normally sighted (Gong et al., 2020; Zhou et al., 2018). While
472 we replicated the general direction of the negative association reported by a prior study (Mukerji et
473 al., 2022) our correlation was not as strong. It is possible that the quantification method for the
474 metabolites could explain the difference.

475

476 Our study reported GABA⁺ in absolute concentrations (Jansen et al., 2006), corrected for tissue-
477 fraction while Mukerji et al. reported GABA⁺ relative to total creatine. Total creatine (creatine and
478 phosphocreatine) is a widely used internal reference (de Graaf, 2007) which assumes that tCr is
479 stable (Jansen et al., 2006). While this holds true in many cases, it also introduces ambiguity, as
480 individual variability can either be driven by the metabolite or by tCr (Buonocore & Maddock,
481 2015; Li et al., 2003). In addition, while tCr provides an internal control for experimental

482 conditions, it does not account for voxel tissue fraction. Controlling for tissue-composition is
483 important (Harris et al., 2015), as GABA is known to be more abundant in grey than in white matter
484 (Choi et al., 2006). Indeed, 3T measured GABA+ positively correlates with grey matter fraction
485 (Craven et al., 2022). Without tissue-fraction correction, grey matter fraction can influence GABA+
486 estimation. However, our control analysis using GABA+/tCr suggests that no strong association is
487 present irrespective of the metabolite quantification method. It is unlikely that the metabolite
488 quantification method explains the difference between the two studies.

489

490 Our cohorts differed in size and in composition. With twenty-eight participants, we had double the
491 sample size of their study. While this increased our statistical power, our cohort also included
492 strabismic amblyopes. Anisometropia and strabismus are the leading causes of amblyopia, each
493 accounting for roughly 40% of cases reported (Harrington et al., 2019). Several studies provide
494 information on differences between anisometropic and strabismic amblyopes or even directly
495 compared them (Kiorpes et al., 1998; McKee et al., 2003; Wang et al., 2023). Strabismus may
496 involve loss of long-range excitatory connections in the early visual cortex (Sengpiel & Blakemore,
497 1996). Supporting a difference, a recent SSVEP study found that while the response of
498 anisometropic amblyopes to dichoptically presented gratings was comparable to controls,
499 strabismic amblyopes had reduced responses, indicating reduced binocular interactions (Hou et al.,
500 2021). It is possible that the strabismic amblyopes weakened the association in the present study.
501 Indeed, we found that GABA+ in strabismic amblyopes was not associated with visual acuity
502 deficits. Hence, it is possible that including participants with strabismic amblyopia accounted for
503 the discrepancy between our and the previous study (Mukerji et al., 2022). While the finding was
504 unexpected, the possibility of a subtype specific association with GABA merits further
505 investigation.

506

507 **4.3. No effects of viewing condition on GABA+ and Glx**

508 Amblyopes grow up with unequal vision, viewing the world through their strong eye while their
509 amblyopic eye is suppressed. We tested whether presenting monocular and binocular viewing
510 conditions could reveal this powerful intracortical suppression, manifested as viewing-dependent
511 differences in GABA+. Contrary to our expectations, we found no difference in GABA+ between
512 viewing conditions. We thus replicated the result by Mukerji et al. (Mukerji et al., 2022), extending
513 it by including a larger number of participants and by investigating Glx concentrations. Our results
514 that show no change in GABA+ when comparing stimulated to the rest condition in amblyopes also
515 agree with studies in normally sighted (Bednarik et al., 2015; Mangia et al., 2007). However, our

516 results are inconsistent with studies showing that GABA decreases with functional stimulation
517 (Pasanta et al., 2023) and with time (Rideaux, 2020). It is possible that more perceptual conflict, or
518 ongoing visual plasticity, is required to reveal viewing dependent GABAergic inhibition, a
519 possibility that future studies can explore.

520

521 The lack of any effect of visual stimulation on Glx was surprising, and inconsistent with studies
522 showing that glutamate and Glx increases with visual stimulation (Pasanta et al., 2023). A critical
523 difference between our and previous studies was that we averaged across stimulus on and off
524 periods within the same viewing condition, whereas other studies contrasted on and off periods
525 within the same viewing condition. Using a comparable paradigm, however, Kurcyus et al., found
526 significant increases in Glx/tCr between eyes closed and visually stimulated conditions (Kurcyus
527 et al., 2018). Different amounts of visual attention may explain our negative and their positive
528 results. The present study used 120s blocks of on and off within condition while participants
529 performed a fixation task, whereas Kurcyus et al. used 30s blocks and subjects were instructed to
530 pay attention to the stimulus or the fixation cross. It is possible that visual attention directed to the
531 full-field checkerboards increased excitation in the visual stimulation conditions, as a previous
532 study using PRESS at 3T has found that directed attention can modulate cortical Glx/tCr levels
533 (Frank et al., 2021). In addition, using ‘eyes closed’ as comparison may have paradoxically
534 increased Glx in the baseline condition. A prior study found that prolonged darkness increased
535 visual cortex Glx/tCr levels in sixteen participants using MEGA-PRESS at 3T (Min et al., 2023),
536 and another study using a large cohort found a slow but steady rise in Glx/tCr over the acquisition
537 time period, also using MEGA-PRESS at 3T (Rideaux, 2020). Future analysis of metabolite levels
538 within stimulus on and off blocks may reveal if there are any changes in Glx within viewing
539 conditions. Until then, the lack of any effect of visual stimulation on Glx adds to the heterogeneity
540 of functional MRS findings (Pasanta et al., 2023).

541

542 **4.4 The relationship between amblyopic visual acuity loss and the BOLD-signal in the** 543 **primary visual cortex**

544 Visual acuity loss in amblyopes was negatively associated with the %BOLD-change in the primary
545 visual cortex during binocular viewing of flashing checkerboards in 27 adults with amblyopia. This
546 means that participants with greater visual acuity loss had lower responses to visual stimuli. This
547 finding is consistent with previous work comparing the amblyopic visual cortex hemodynamic
548 response to that of normally sighted control participants (Baker et al., 2007; Clavagnier et al., 2015;
549 Conner et al., 2007; Farivar et al., 2011; Goodyear et al., 2000; Hess et al., 2010; Lygo et al., 2021).

550 Our preliminary results suggest that the haemodynamic response in the primary visual cortex during
551 visual stimulation scales with visual acuity loss.

552

553 **4.5 Limitations**

554 We measured GABA+ from a control voxel in the posterior cingulate cortex. This allowed us to
555 assess the regional specificity of our findings to the early visual cortex. Our quality control
556 analysis showed that data quality differed between voxel locations: NAA signal-to-noise was
557 better in the EVC, but shim quality was better in the PCC. MRS quality is known to vary between
558 voxel locations, both in metabolite SNR and linewidth (Rideaux, 2020; Sanaei Nezhad et al.,
559 2020). This means that neurochemistry measured from different locations may not be directly
560 comparable.

561

562 The organisation of the early visual cortex is such that the foveal representation is at the occipital
563 pole. The visual cortex voxel was therefore placed as posterior as possible to optimize the inclusion
564 of the foveal representation. Nonetheless, given the volume of the EVC voxel, it included more
565 peripheral than central representation of V1. Similar EVC voxel position and size have been used
566 to demonstrate associations between GABAergic inhibition in the early visual cortex and binocular
567 rivalry dynamics in normally sighted participants (Ip et al., 2021; Lunghi et al., 2015; Robertson et
568 al., 2016; van Loon et al., 2013) and visual acuity in amblyopes (Mukerji et al., 2022). The
569 overrepresentation of the periphery would have been problematic if amblyopia affected only central
570 vision, but this is not the case. Amblyopic impairments are more pronounced in the centre but
571 extend throughout the periphery. Peripheral deficits have been shown in visual field thresholds
572 (Donahue et al., 1999; Greenstein et al., 2008), grating acuity (Mioche & Perenin, 1986), contrast
573 sensitivity (Katz et al., 1984), spatial precision (Hussain & McGraw, 2022), stereovision (Verghese,
574 2023) and importantly interocular suppression (Babu et al., 2017; Babu et al., 2013; Sireteanu et
575 al., 1981; Wiecek et al., 2024). Hence, central and peripheral V1 are meaningful to study. More
576 central V1 placements can be achieved with smaller voxels that fit into the occipital pole, this would
577 come at the expense of acquisition time to maintain signal-to-noise comparable to prior studies.
578 Greater overlap with central vision may evidence a stronger association between GABA and visual
579 acuity differences.

580

581 Our study focuses on interocular visual acuity difference, the primary diagnostic measure for
582 amblyopia in the clinic. We did not include a normally sighted cohort for the study, so we cannot
583 comment on any group-level differences in GABAergic signalling between those whose vision

584 developed normally and those who grew up amblyopic. However, normally sighted participants
585 would have had normal visual acuity in both eyes, leading to minimal variability in the primary
586 outcome measure of interocular difference in visual acuity. Other behavioural measures have been
587 used to study visual impairments in amblyopia, and their relationship to GABAergic inhibition is
588 largely unknown. Measures like binocular combination (Ding et al., 2013; Huang et al., 2009),
589 dichoptic noise masking (Liu & Zhang, 2018, 2019) and residual stereopsis (Verghese, 2023) have
590 been used previously to characterize amblyopic vision and could also provide a continuous measure
591 within a control population.

592

593 **5. Conclusion**

594 In conclusion, this is the first study to examine the relationship between visual acuity loss and adult
595 amblyopia in a cohort composed of the main three types of amblyopic subtypes: anisometric,
596 strabismic and mixed amblyopia. Contrary to our expectations, we found only weak evidence for
597 a negative association between visual cortex GABA⁺ and depth of amblyopia, as measured by the
598 difference in visual acuity between the fellow and amblyopic eye in our cohort of twenty-eight
599 amblyopes. Our preliminary findings suggest that the type of amblyopia can influence the
600 association, meaning that different composition of cohorts may reflect differential relationships
601 between vision and the brain. Future studies with a greater number of participants in each subgroup
602 can establish if the relationship to GABA is dissociable by the aetiology of amblyopia.

Declaration of Competing Interest

None.

Data and Code Availability Statement

The data for MRI imaging are on zenodo and will be made publicly available at

<https://zenodo.org/records/10425329>.

The MRS analysis code is available as part of the FSL-MRS distribution (version 2.1.19) at

https://git.fmrib.ox.ac.uk/fsl/fsl_mrs/.

MRS basis set is available at <https://git.fmrib.ox.ac.uk/wclarke/win-mrs-basis-sets>.

Orthoptic data in Table 1 is available from <https://git.fmrib.ox.ac.uk/betinaip/fmrs-amblyopia>.

Author contributions

IBI: Conceptualization, Methodology, Formal analysis, Investigation, Writing – Original Draft, Writing – Review & Editing, Visualization, Supervision, Project administration, Funding acquisition;

WTC: Methodology, Software, Resources, Writing – Review & Editing;

AW: Project administration, Resources, Writing – Review & Editing;

KT: Methodology, Writing – Review & Editing;

JM: Methodology, Writing – Review & Editing;

SJ: Methodology, Writing – Review & Editing;

LS: Resources, Writing – Review & Editing;

ST: Resources, Writing – Review & Editing;

HW: Resources, Writing – Review & Editing;

LB: Investigation, Resources, Writing – Review & Editing;

AJP: Conceptualization, Supervision, Project administration, Funding acquisition, Writing – Review & Editing;

HB: Conceptualization, Supervision, Project administration, Funding acquisition, Writing – Review & Editing.

Supplementary Materials

Supplementary materials are available with the online version.

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