Articles

The prevalence of gambling and problematic gambling: a systematic review and meta-analysis

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Summary

Background Gambling behaviours have become of increased public health interest, but data on prevalence remain scarce. In this study, we aimed to estimate for adults and adolescents the prevalence of any gambling activity, the prevalence of engaging in specific gambling activities, the prevalence of any risk gambling and problematic gambling, and the prevalence of any risk and problematic gambling by gambling activity.

Methods We performed a systematic review and meta-analysis. We systematically searched for peer-reviewed literature (on MEDLINE, Embase, and PsycInfo) and grey literature to identify papers published between Jan 1, 2010, and March 4, 2024. We searched for any gambling, including engagement with individual gambling activities, and problematic gambling data among adults and adolescents. We included papers that reported the prevalence or proportion of a gambling outcome of interest. We excluded papers of non-original data or based on a biased sample. Data were extracted into a bespoke Microsoft Access database, with the Joanna Briggs Institute Critical Appraisal Tool used to identify the risk of bias for each sample. Representative population survey estimates were firstly meta-analysed into country-level prevalence estimates, using metaprop, of any gambling, any risk gambling, problematic gambling, and specific gambling activity. This review is registered on PROSPERO (CRD42021251835).

Findings We screened 3692 reports, with 380 representative unique samples, in 68 countries and territories. Overall, the included samples consisted of slightly more men or male individuals, with a mean age of $29 \cdot 72$ years, and most samples identified were from high-income countries. Of these samples, 366 were included in the meta-analysis. Globally, $46 \cdot 2\%$ (95% CI $41 \cdot 7-50 \cdot 8$) of adults and $17 \cdot 9\%$ ($14 \cdot 8-21 \cdot 2$) of adolescents had gambled in the past 12 months. Rates of gambling were higher among men ($49 \cdot 1\%$; $45 \cdot 5-52 \cdot 6$) than women ($37 \cdot 4\%$; $32 \cdot 0-42 \cdot 5$). Among adults, $8 \cdot 7\%$ ($6 \cdot 6-11 \cdot 3$) were classified as engaging in any risk gambling, and $1 \cdot 41\%$ ($1 \cdot 06-1 \cdot 84$) were engaging in problematic gambling. Among adults, rates of problematic gambling were greatest among online casino or slots gambling ($15 \cdot 8\%$; $10 \cdot 7-21 \cdot 6$). There were few data reported on any risk and problematic gambling among adolescent samples.

Interpretation Existing evidence suggests that gambling is prevalent globally, that a substantial proportion of the population engage in problematic gambling, and that rates of problematic gambling are greatest among those gambling on online formats. Given the growth of the online gambling industry and the association between gambling and a range of public health harms, governments need to give greater attention to the strict regulation and monitoring of gambling globally.

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Introduction

The commercial gambling industry has seen a rapid expansion globally,¹ with estimates that the global gambling yield (the total amount of money lost by consumers to the gambling industry) will reach US\$531 billion by 2025.² Alongside this global expansion, there is an increasing recognition of gambling as a public health issue.³ This worldwide recognition was first shown through a definition of excessive gambling being introduced in the ICD in 1977,⁴ closely followed by the inclusion of diagnostic criteria for pathological gambling in the Diagnostic and Statistical

Manual of Mental Disorders, third edition (DSM-III).⁴ Current iterations of both the ICD and DSM define gambling disorder as a persistent pattern of gambling behaviours, despite experiencing substantial distress or impairment within areas of functioning.^{5,6} A range of harms have been identified as related to gambling, including adverse effects on an individual's financial situation, physical health, relationships, psychological health, employment, and education.⁷⁻¹⁰

Previous systematic reviews among adult populations have estimated the prevalence of problem gambling





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Research in context

Evidence before this study

A search on PubMed on Jan 4, 2024, using key words of "gambling" and "prevalence" for reviews and meta-analyses in any language on gambling prevalences published since 2012 yielded 119 results. From the identified papers, there were only two global reviews that meta-analysed problematic gambling, with no reviews of any gambling activity prevalences. A 2022 review of studies since 2016 (from 23 studies covering 14 countries) estimated an adult prevalence of problem or pathological gambling of 1.29%, and estimated that 2.43% of adults engaged in moderate risk or at-risk gambling. An earlier review published in 2012 focused on problem gambling prevalence. This review estimated that 2.3% of adults were engaged in problem gambling from 202 studies published between 1975 and 2012. No reviews were identified for the global prevalence for any gambling activity. Most other reviews identified for adults were either reviews with no meta-analysis conducted or were focused on a single country, which were mostly European countries.

One identified review of adolescent studies examined overall gambling behaviours. A 2017 review identified 44 adolescent studies examining problem gambling, although no metaanalysis was conducted. There were country-level variations, with studies finding that 0.2–12.2% of adolescents met the criteria for problem gambling.

Two reviews published in 2021 examined the prevalence of problem online gambling. Neither review conducted metaanalyses, although they both found wide variations across studies. Among adult representative studies, they reported that 2.7–11.1% of people who gambled online would be engaging in problematic gambling. 22.9–57.5% of adolescents who gambled online were engaged in some level of risky gambling behaviours. There were no reviews examining a wide range of individual gambling activities among the population of people who gambled.

Added value of this study

This review is a comprehensive update to previous systematic reviews of gambling prevalence, focusing on both overall and activity-specific gambling behaviours, including peer-reviewed and grey literature sources. Our review of studies published since 2010 identified many more studies than earlier reviews: 380 unique samples using representative population sampling, comprising 3 441720 individuals. We present global-level, regional-level, and country-level data on the prevalence of any risk, and of problem or disordered gambling behaviours; and the prevalence of different gambling activity use across people engaging in different levels of gambling, and rates of problematic gambling by activity.

Implications of all the available evidence

We identified representative studies reporting gambling data in 68 countries and territories, showing that among these jurisdictions, 46·2% of all adults and 17·9% of adolescents have gambled in the past 12 months. Given that 80% of global territories now legally permit some form of gambling, and that online gambling is also widely available in jurisdictions that do not permit gambling, there are many countries where the extent of gambling engagement and related harms are unknown and unmeasured. This gap is problematic given the rapid expansion in the global availability of gambling and the globalisation of the commercial gambling industry.

(panel) and note variations in national prevalence estimates,^{3,11,12} although which countries or regions were included in these searches have differed. A 2017 review found that among adolescents, problem gambling ranged from 0.2 to 12.3%.13 These previous studies have focused on problem or disordered gambling and not on the fuller spectrum of risk severity. The full spectrum ranges from people at the lower end of the spectrum, who might have some problems from gambling but with few or no negative consequences, to people at the higher end, who might have a range of negative consequences and gamble with a loss of control. Previous reviews have also not considered the overall prevalence of gambling, in any form and across different gambling activities. Nor have they considered differences in problem or disordered gambling across different gambling activities. Such differences matter: a recent review of risk factors for problem gambling found that different gambling activities had varying odds of problem gambling,14 with online gambling, electronic gambling machines (EGMs), and poker having the highest odds of problems.

previous reviews,³ through synthesising both adult and adolescent estimates of: (1) the prevalence of any gambling activity; (2) the prevalence of engaging in specific gambling activities; (3) the prevalence of any risk gambling and problematic gambling; and (4) the prevalence of any risk and problematic gambling by gambling activity.

The aim of our study was to update and expand on

Methods

Search strategy

We conducted a systematic review and meta-analysis with summary estimates. Searches were conducted initially on June 21, 2021, with updated searches on March 4, 2024. The peer-reviewed databases that were searched included MEDLINE (via PubMed), Embase (via Ovid), and PsycInfo (via ProQuest). Papers were identified using a broader search strategy developed for peer-reviewed literature, and outlined in the appendix (p 7). Two search term strategies for gambling (eg, "gambl*", "lottery", and "casino") were developed on the basis of previous reviews¹⁵ combined with terms

See Online for appendix

related to prevalence (eg, "prevalence", "incidence", and "epidemiology").

The grey literature sources were selected on the basis of a previous review¹⁵ and expert consultation, with the full list of websites searched provided in the appendix (pp 7-8). Because many gambling estimates are less likely to be published in peer-reviewed literature, grey literature sources were searched to ensure that the maximum number of relevant gambling reports and estimates were included.

Eligibility criteria

Quantitative studies, including those reported in theses and dissertations, were included if they were published in or after 2010, and reported at least one of the following: (1) an estimation of the prevalence of gambling, any risk gambling, or problematic gambling; (2) an estimation of the prevalence of any risk or problematic gambling among people who gambled in the past 12 months (any gambling and those gambling on specific activities; ie, conditional prevalence); and (3) the number or proportion of people who engaged in different gambling activities. Studies reported in languages other than English were included, with translations undertaken by a research team member or using Google Translate.

Studies that did not report original research, had nonhuman participants, were clinical trials, or used casecontrol or trial methods were excluded. Samples that had fewer than 40 participants or were recruited on the basis of gambling disorder or another clinical diagnosis (eg, participants were recruited on the basis of depression or Parkinson's disease diagnosis) or other potentially biased samples (eg, only male participants aged 18-25 years) were excluded. The reference lists of identified reviews were checked for any additional studies not identified through our searches.

Study selection process

The results of the peer-reviewed searches were deduplicated in Endnote 20, and then exported to Covidence for screening. Two team members screened each title and abstract (inter-rater agreement=75.2% and Cohen's $\kappa=0.50$) and full-text articles (inter-rater agreement=87.2%and Cohen's $\kappa=0.54$) for inclusion (LTT, SC-F, LD, and ML). All conflicts were resolved via a consensus. The grey literature reports were saved in EndNote and each paper was screened by two reviewers for inclusion (LTT, SC-F, LD, ML, HW, and VM). Figure 1 depicts a flowchart denoting the inclusion of studies.

Data extraction process

Studies were extracted into a bespoke Microsoft Access database (by LTT and SC-F). Extractions were doublechecked by a second, different team member (LTT, SC-F, ML, or ST), and conflicts were resolved between the extractor and double-checker by discussion. We extracted data on study year, time period, location, recruitment

Panel: Terms used to describe gambling behaviours

- Problem or problematic gambling: a commonly used term to describe individuals who qamble in a manner that it creates multiple problems that disrupt personal, family, financial, and employment circumstances
- Gambling disorder: a recognised disorder in the two major classifications of mental and behavioural disorders: the Diagnostic and Statistical Manual of Mental Disorders 5 and ICD-11. These classifications identify gambling disorder as a persistent pattern of gambling behaviours despite experiencing significant distress or impairment within areas of functioning
- Any risk gambling: this term is used to include those who meet the thresholds for problematic gambling or gambling disorder but also includes those who, at minimum, report sometimes or occasionally experiencing at least one behavioural symptom or adverse personal, social, or health-related consequence from gambling. This group represents the full spectrum of risk severity

strategies, study characteristics of total samples, gambling samples, any risk and problematic gambling, engagement in gambling activities, and related gambling behaviours. Summary estimates were sought. We only sought data for the entire cohort and by certain subgroups (eg, sex or gender, and adolescents vs adults, if applicable). If a paper reported disaggregated estimates by sex or gender, age groups, recruitment methods, location, or data collection year, we extracted each study separately where possible. A full list of the variables extracted is available in the appendix (pp 9–10).

Risk of bias assessment

Two researchers (ML and ST) independently assessed the risk of bias by using the critical appraisal checklist for prevalence studies from the Joanna Briggs Institute¹⁶ (appendix pp 11-12). Any disagreements were discussed and resolved by ML and ST. The items in the checklist identified risk on the basis of nine questions, with a higher number of yes responses linked to a lower risk of bias.

Our review did not conduct any publication bias testing or analysis because quantitative testing is not For the Covidence website see recommended for meta-analyses of proportional or prevalence estimates.¹⁷ Although we could identify 380 representative samples, only 366 were included in our analyses. Because some studies quantitatively examining gambling prevalences might not be publicly available, it should be noted that publication bias might be present.

Synthesis methods

Only data from studies with samples representative of the country or region's population (representative studies) and reporting past 12-month gambling behaviours were included in the pooled analyses reported in this paper (appendix p 13). Data from studies that reported on the prevalence of any gambling, any risk gambling, and problematic gambling were synthesised using STATA 18, with each sample only

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Figure 1: Flowchart of included studies

providing one data point (appendix pp 13–14). Random effects meta-analyses using the metaprop command were conducted to estimate the prevalence and 95% CIs of any, any risk, and problematic gambling by country. Global and regional estimates of the number of individuals related to each gambling type prevalence

estimate were calculated using the methods developed in previous global reviews conducted by our team.¹⁸⁻²⁰ The appendix (pp 13–14) details the full methods to estimate regional and global estimates.

Measures and scales that were included in the analyses, with commonly used scales being included, are shown in the appendix (pp 15–16). Any risk was defined as being classified as engaged in any level of gambling risk behaviours, which for most measures consisted of a score of at least 1. Problematic gambling, for our analyses, was an indicator for a substantial risk of experiencing harms associated with gambling. The minimum measure score or cutoff to classify problematic gambling differed between measures, and these definitions are shown in the appendix (pp 15–16). These cutoffs were established by examining each measure and previous research.²¹

Random effects meta-regressions, similar to simple regressions,²² were conducted to identify potential sources of heterogeneity within the overall prevalence of any, any risk, and problematic gambling within the past 12 months. The potential sources of study-based heterogeneity planned to be explored using meta-regressions were the percentage of women, mean age, percentage of people with alcohol use disorder, percentage of people with substance use disorder, year of data collection, country (other countries *vs* Australia, New Zealand, the UK, Canada, or the USA), and risk of bias score.

A similar analysis method was used to estimate the prevalence and 95% CI for individual gambling activities. Because studies varied in their reported categories of gambling activities, a guide was used to assist in activity categorisation for analyses (appendix pp 16-17). Random effects meta-analyses using the metaprop command estimated, for each individual gambling activity, the proportion among all respondents, people who gambled, and people engaged in problematic gambling in the past 12 months who self-reported engagement with the activity. Additionally, within each individual gambling activity, we estimated the proportion of problematic gambling among people who gambled using that activity in the past 12 months. To explore the potential effect of time on online gambling, we conducted a post-hoc stratification of online gambling prevalences among the general adult population by year of publication (before 2016, 2016–20, and after 2020).

Because of the differences between the availability of gambling avenues for adults and adolescents, we separately analysed studies on adolescents and studies on adults. Adolescent studies were defined as those conducted in primary or secondary schools or where all participants were younger than 18 years. Adult studies were defined as those with participants older than 18 years or did not report an age range. If a study included adolescents and adults but did not report the samples separately, the overall sample was included in the analyses reflecting the age classification of most participants. Any comparisons made between subgroups were descriptive, with the 95% CI also indicating where differences could be inferred between subgroups. This review is registered on PROSPERO (CRD42021251835).

Role of the funding source

The funder of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

Results

A total of 3692 papers published since 2010 were identified in our searches (figure 1). Of these, 580 identified reports met our inclusion criteria, of which 380 were unique representative samples covering 68 countries and territories and including 3441720 individuals (table 1; appendix pp 18-38). Overall, the included samples consisted of slightly more men or male individuals, with a mean age of 29.72 years (table 1). Most samples identified were from high-income countries. No estimates were identified in the Pacific Island states and territories, central Asia, and the Caribbean, with one sample available from the Middle East; nonetheless, the samples covered countries containing 43% of the global population (appendix pp 18–38). Adult samples were from 43 countries and territories, representing 41% of the global adult population. Adolescent samples covered 56 countries and territories and 50% of the global adolescent population.

Of these samples, 366 were included in the metaanalysis (figure 1), covering 67 countries and territories: 299 samples reported on any gambling activity, 209 samples on any risk gambling activity, and 166 samples on problematic gambling in the past 12 months. The full table denoting the studies available for each analysis can be found in the appendix (pp 38–39), with pooled country-level estimates in the appendix (pp 40–44). Across studies, numerous methods were used to measure any risk gambling and problematic gambling, with the most common being the Canadian Problem Gambling Index or Problem Gambling Severity Index, the DSM-IV or DSM-5 criteria, and South Oaks Gambling Screen (appendix pp 15–16).

First, we estimated the prevalence of any gambling, any risk, and problematic gambling. In total, 166 samples reported on any gambling activity in the past 12 months, with the highest number of studies from western Europe (k sample [number of studies]=69), followed by North America (k=38) and Australasia (k=33). Globally, 46·2% (95% CI 41·7–50·8) of adults were estimated to have engaged in a gambling activity in the past 12 months (table 2; figure 2); population estimates using 2021 UN population data are presented in table 3. This would translate to an equivalent of $2\cdot3$ billion adults (95% CI $2\cdot1-2\cdot6$).

Men (49·1%; 95% CI 45·5–52·6) had higher rates of gambling globally than women (37·4%; 32·0–42·5;

	k samples: representative studies (N=380)	Number of individuals (N=3 441720)
Sex or gender		
Women	222	1059592
Men	222	1388196
Study sample		
Adult study	214	2134763
Adolescent study	166	1305151
Mean age, SD	29.72	15.05
Study region		
Australasian	36	299126
East and southeast Asia	25	75081
South Asia	2	6503
Middle East	1	3244
Eastern Europe	65	216 6 4 1
Western Europe	180	2 393 837
Africa	7	11019
Latin America	5	66829
North America	59	369 440
Gambling scale used to assess any risk gambling		
Brief Biosocial Gambling Screen	1	2000
Canadian Problem Gambling Index or Problem Gambling Severity Index	105	872 086
DSM-IV or DSM-5	31	210198
Lie-Bet	9	132 021
National Opinion Research Centre DSM Screen for Gambling Problems or National Opinion Research Centre DSM Screen for Gambling Problems, Loss of Control and Lying, and Preoccupation Items	5	29053
Problem and Pathological Gambling Measure	8	45745
South Oaks Gambling Screen or South Oaks Gambling Screen, revised for adolescents	26	207585
Other	7	56075
Gambling scale used to assess problematic gambling		
Canadian Problem Gambling Index or Problem Gambling Severity Index	96	793177
DSM-IV or DSM-5	46	304 818
National Opinion Research Centre DSM Screen for Gambling Problems or National Opinion Research Centre DSM Screen for Gambling Problems, Loss of Control and Lying, and Preoccupation Items	5	21212
Problem and Pathological Gambling Measure	7	38 559
South Oaks Gambling Screen	30	174 883
Other	3	45 051
Note: the data in the table are based on all representative samples identified by and Statistical Manual.	systematic review. D	SM=Diagnostic

Table 1: Included study characteristics

appendix pp 45–47). Australasia had the highest estimated prevalence at 70.0% (63.5-75.8), with similar levels in North America (61.3%; 51.3-70.8). Latin America had the lowest estimated prevalence at 31.7% (28.0-35.4), although this was based on only two studies.

Among adult samples, $8 \cdot 7\%$ (95% CI $6 \cdot 6-11 \cdot 3$; women: $5 \cdot 5\%$; $2 \cdot 5-8 \cdot 5$, and men: $11 \cdot 9\%$; $8 \cdot 2-16 \cdot 5$) engaged in any risk gambling in the past 12 months. Western Europe (k=62), Australasia (k=29), and North

	Any gambling acti	ivity			Any risk gambling				Problematic gambl	ing		
	Adults		Adolescents		Adults		Adolescents		Adults		Adolescents	
	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence, % (95% CI)	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence, % (95% Cl)	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence% (95% CI)	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence, % (95% CI)	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence, % (95% CI)	k samples: number of studies reporting outcome (N)	Estimated gambling prevalence, % (95% CI)
Australasia	33 (288 082) ²³⁻⁵⁵	70.0% (63·5-75·8)	3 (17 936) ⁵⁶⁻⁵⁸	9.4% (8.9-10.0)	29 (264067) ^{23-26,} 28-335-4345-49,51,54,55,59	7.8% (6·3-9·5)	2 (11 559) ^{56,57}	2·7% (2·2–3·2)	27 (257092) ^{23-26,} 28-3336-43,45-51,54,55	0.7% (0.5-0.8)	1 (3746) ⁵⁶	0.7% (0.4-1.0)
East and southeast Asia	9 (18545) ⁶⁰⁻⁶⁹	49.0% (46·7–51·2)	3 (10 228) ⁷⁰⁻⁷²	10·9% (9·9–12·0)	3 (9745) ^{63 64/3}	5·9% (5·3-6·6)	1 (4734) ⁷⁰	:	7 (23 234) ^{6364.} ^{67-69,74,75}	1.5% (1.2–1.8)	1 (4734) ⁷⁰	:
Eastern Europe	14 (26 560) ^{%-88}	41·3% (36·7–46·3)	32 (87 386) ^{81,89-92}	21·9% (19·1-25·0)	9 (24 714) ^{76-80,85,}	6.0% (3·3–10·3)	4 (5888) ^{89,91,96}	5·5% (4·8–6·4)	7 (20596) ^{76-79,} 85,93.94	1.3% (1.0–1.7)	2 (2517) ^{89,91}	1.9% (1.2-2.9)
Western Europe	69 (559 398) ⁹⁷⁻³⁵⁶	49.0% (43.4–55.0)	77 (907579) ^{9092,} 118,18,139,13,137,176	26.6% (21.1–32.8)	62 (470 396) 98-100 102,103,105-105,1115-135,137-145, 148-153,155,177-184	7.0% (5.0–9.3)	27 (201 038) 96.118, 129,132,135,147,199-165,167 168,172,176,180,185-187	4.6% (2.9-6.9)	51 (381993) ^{97,} 100,102,103,106-111,114,117,119- 142,244,148-151,155,177,180- 182,184,188,189	1.3% (1.0–1.7)	15 (105748) ^{123,} 13.159-16,16,16,180	1.6% (1.1–2.1)
Middle East	1 (3244) ¹⁹⁰	45·4% (39·9–50·8)	:	:	1 (3244) ¹⁹⁰	10.3% (7·6–13·6)	:	:	:	:	:	:
Africa	:	:	1 (378) ¹⁹¹	18.9% (15.6–22.5)	1 (3000) ¹⁹²	10.7% (8·0–13·9)	1 (796) ¹⁹³	:	1 (3000) ¹⁹²	1.5% (1·1–2·0)	:	:
Latin America	2 (4307) ^{194,195}	31.7% (28·0-35·4)	:	:	:	:	:	:	1 (56877) ¹⁹⁶	1.1% (0.8–1.6)	:	:
North America	38 (293794) ¹⁹⁷⁻²³³	61·3% (51·3–70·8)	13 (33567) ²³⁴⁻²³⁸	33.7% (24·5-43·6)	26 (229 098) ^{198,201} 203204,206-208,211,212,219,219, 221-224,256,282,29,231,239,240	13.8% (9·1–19·4)	1 (2484) ²³⁶	27.8% (26.0–29.6)	26 (212 237) ^{198,201,} 203,306-208,211,212,215,216,218, 219,221-224,226,228,229,231,286, 239-242	1.6% (1.0–2.5)	1 (2484) ²³⁶	10.4% (9.2–11.6)
Global	166 (1 193 930)	46·2% (41·7–50·8)	129 (1 057 074)	17.9% (14.8–21.2)	131 (1 004 264)	8.7% (6.6–11.3)	36 (266 499)	:	121 (958 273)	1.4% (1.1–1.8)	20 (119 229)	:
If there were no	or few data reported in	a study, it result	ed in no estimate calcul;	ated. No data we	re available for the Pacific	c Island states and	d territories, central As	sia, south Asia, or	the Caribbean.			
Table 2: Estima	ated pooled regional	l population pre	evalence of adults an	d adolescents e	engaged in any gambli	ing activity, any	y risk gambling, an	d problematic g	jambling in the past	12 months		



Figure 2: Estimated prevalence of adults (A) and adolescents (B) engaged in any gambling activities in the past 12 months among representative studies

	Any gambling activity	Any risk gambling	Problematic gambling
Adults			
Australasia	13 669 500 (12 409 500–14 813 500)	1519000 (1222000–1864000)	128 000 (97 000–162 500)
Pacific Island states and territories	3 434 000 (3 011 000-3 854 500)*	768 000 (557 000-1021 500)*	105 500 (75 500–143 000)*
Central Asia	21569000 (18913500-141000)*	4824000 (3499000-6415500)*	664 000 (474 500-897 500)*
East and southeast Asia	791 573 500 (755 454 000-827 693 500)	93 811 500 (83 802 000-104 461 500)	23 748 500 (19 629 000–28 363 500)
South Asia	582364000 (510666500-653661500)*	130 251 500 (94 470 500–173 220 000)*	17 922 000 (12 817 000-24 238 000)*
Eastern Europe	87789000 (77928000-98369500)	12716000 (6949500-21887500)	2 840 500 (2 135 500-3 643 500)
Western Europe	138 917 500 (122 903 500-155 712 000)	20 129 500 (14 533 000-26 960 500)	3 618 000 (2 735 500-4 712 500)
Middle East	78 123 500 (68 735 500-87 459 500)†	17768 500 (13062 000-23 409 000)†	2 394 500 (1713 500-3 236 000)*
Africa	339 822 000 (297 985 000-381 426 000)*	80311000 (59951500-104661000)†	11 175 500 (8 115 500–14 928 500)†
Caribbean	12 483 000 (10 946 000-14 011 000)*	2792000 (2025000-3713000)*	384 000 (274 500-519 500)*
Latin America	130 076 500 (114 753 000-145 421 500)	41 504 500 (30 103 000-55 196 000)*	4775000 (3451000-6406500)†
North America	147 238 000 (123 285 000–170 106 500)	33 199 000 (21 743 000-46 626 500)	3 932 500 (2 301 500-6 040 000)
Global	2 347 059 500 (2 116 991 500–2 576 738 500)	439 594 500 (331 917 000-569 436 500)	71 688 000 (53 820 000-93 291 500)
Adolescents			
Australasia	245 500 (231 500-260 500)	70 000 (58 000-83 000)	17 500 (11 000-25 000)
Pacific Island states and territories	352 000 (289 000-420 000)*		
Central Asia	$1618000(1329000 - 1930000)^*$		
East and southeast Asia	23792000 (21591500-26087500)		
South Asia	47 694 000 (39 169 500–56 888 000)*		
Eastern Europe	5 233 000 (4 550 000-5 964 000)	1 322 000 (1 1 36 000–1 524 000)	460 500 (296 500-690 000)
Western Europe	8768500 (6965000-10803500)	1 524 500 (970 500–2 261 500)	528 500 (379 500-707 000)
Middle East	6299500 (5173500-7514000)*		
Africa	40 519 500 (33 354 000-48 234 500)*		
Caribbean	864500 (710000-1031000)*		
Latin America	12765000 (10483500-15225500)*		
North America	11 430 000 (8 314 000-14 764 500)	9 409 000 (8 818 000-10 011 500)	3 518 000 (3 121 500-3 935 500)
Global	159 581 000 (132 160 500-189 122 000)		
Data are n (95% Cl), and are estimate for these regions. † Where there are no estimate	rounded to the nearest 500. *No estimates were reported on only had one country estimate, so the estimates this was because of an absence of data	orted for analysis, so the calculated global preval ted number of individuals was mainly based on	ence estimate was used to calculate the the calculated global prevalence estimate.

Table 3: Estimated number of individuals engaged in any gambling activity, any risk gambling, and problematic gambling in the past 12 months by region

America (k=26) provided most of the 131 estimates of any risk gambling. The highest estimate was for North America (13.8%; 9.1-19.4). Other regional estimates ranged from 5.9% (5.3-6.6) in east and southeast Asia to 10.7% (8.0-13.9) in Africa.

The majority of the 121 samples reporting on adult prevalence of problematic gambling were from western Europe (k=51), Australasia (k=27), and North America (k=26). We estimated that $1\cdot4\%$ (95% CI $1\cdot1-1\cdot8$) of adults (women: $1\cdot0\%$; $0\cdot5-1\cdot8$; and men: $2\cdot2\%$; $0\cdot9-3\cdot9$; appendix pp 45–47) engaged in problematic gambling in the past 12 months, equating to 71·7 million (95% CI $53\cdot8-93\cdot3$ million) people. Regional estimates ranged from $0\cdot7\%$ ($0\cdot5-0\cdot8$) in Australasia to $1\cdot6\%$ ($1\cdot0-2\cdot5$) in North America.

Among adolescent samples with any gambling estimates (k=129; appendix pp 18–39), the majority were studies from western Europe (k=77) and eastern Europe

(k=32). An estimated 17·9% of adolescents had gambled in the past 12 months (95% CI 14·8–21·2; table 2; figure 2). Of the 44 samples reporting any gambling estimates by sex or gender, the estimated prevalence was again lower among girls (21·0%; 15·4–27·9) compared with boys (40·8%; 33·9–48·0; appendix pp 47–49). North America (k=13) had the highest regional estimate at 33·7% (24·5–43·6). Regional estimates otherwise ranged from 9·4% (8·9–10·0; k=3) for Australasia to 26·6% (21·1–32·8; k=77) for western Europe.

There were few data on adolescents for any risk and problematic gambling, resulting in an inability to establish a representative global estimate. 36 samples reported any risk gambling. Most of the data came from western European samples (k=27). North America (k=1) had a higher any risk gambling estimate at 27.8% (95% CI 26.0-29.6) compared with other regions, which ranged from 2.7% (2.2-3.2; k=2) for Australasia to 5.5%

($4 \cdot 8 - 6 \cdot 4$; k=4) for eastern Europe. Across regions (k=12), boys were estimated to engaged in any risk gambling at higher rates ($9 \cdot 3 - 38 \cdot 1\%$) than girls ($2 \cdot 5 - 25 \cdot 6\%$).

We found 20 samples estimating the prevalence of problematic gambling among adolescents, most from western Europe (k=15). North America (k=1) had a significantly higher estimate of 10.4% (95% CI 9.2-11.6) compared with other regional estimates ranging from 0.7% (0.4-1.0; k=1) in Australasia to 1.9% (1.2-2.9; k=2) in eastern Europe. Eight samples reported problematic gambling data by sex or gender, with higher rates of boys engaging in problematic gambling (4.7-14.5%) compared with girls (0.5-4.9%).

Conditional estimates were also calculated for the prevalence of any risk and problematic gambling among people who gambled in the past 12 months. An estimated 14.2% (95% CI 9.6–19.7; women: 10.9%; 9.5–12.6; and men: 17.9%; 16.2–19.9) of adults who gambled engaged in any risk gambling, of whom 2.8% (1.9–3.9; women: 1.2%; 0.8–1.7; and men: 2.8%; 2.2–3.6) were estimated to engage in problematic gambling (table 4; appendix pp 47–49). Eastern Europe (k=9; 21.9%; 14.8–30.2) and North America (k=22; 20.6%; 13.6–28.6) had the highest estimates of any risk gambling among those who gambled. The highest regional estimates of problematic gambling were North America (k=25; 4.7%; 3.1–6.6) and eastern Europe (k=6; 4.0%; 3.0–5.0).

Of adolescents who gambled, samples reporting on any risk gambling (k=25) and problematic gambling (k=18) were mostly from western Europe (k=19 and 13, respectively). Similar to adolescent population estimates, North America (k=1; 34.0%; 31.9–36.1) and Australasia

(k=3; 33.7%; 30.7–36.7) had higher estimates of any risk gambling compared with western Europe (k=19; 18.4%; 14.7–22.5). Australasia (k=1) had the highest conditional estimate for problematic gambling (12.8%; 8.4-17.8) with the lowest estimate for western Europe (k=13; 5.2%; 2.9-8.9).

Meta-regressions (appendix p 50) indicated that the country of study was the factor most consistently identified as being associated with variations in gambling estimates. Adult samples from Australia, New Zealand, the UK, Canada, and the USA were associated with higher estimates of any gambling activity in the past 12 months compared with all other countries (appendix p 50). For other population estimates, compared with other countries, USA and Canadian samples were found to have higher any risk gambling estimates. Among people who had gambled in the past 12 months, UK and Canadian samples had lower estimates of any risk gambling, and US studies had higher estimates of problematic gambling, compared with all other countries. Samples with higher proportions of women had higher conditional estimates of any risk gambling, but lower estimates of problematic gambling.

Meta-regressions of adolescent estimates found that samples with lower proportions of women and people from the USA were associated with higher estimates of any gambling activity in the past 12 months (appendix pp 50–51). However, Australian samples and later data collection years were associated with lower estimates of any gambling activity. Among population estimates, samples with lower proportions of women and samples from the USA, compared with samples from other

	Any risk gambling				Problematic gambling			
	Adults		Adolescents		Adults		Adolescents	
	k samples: number of studies reporting outcome (N)	Prevalence of gambling, % (95% Cl)	k samples: number of studies reporting outcome (N)	Prevalence of gambling, % (95% Cl)	k samples: number of studies reporting outcome (N)	Prevalence of gambling, % (95% Cl)	k samples: number of studies reporting outcome (N)	Prevalence of gambling, % (95% CI)
Australasia	29 (160 441) ^{23-26,28-33,35-43,} 45-49,51,53-55,59	14·1% (11·4–17·0)	3 (2436)56-58	33·7% (30·7–36·7)	26 (152 275) ^{23-33,36-43,45,} 47-49,52,54,55	1·2% (0·9–1·5)	1 (196)56	12·8% (8·4–17·8)
East and southeast Asia	2 (1949) ^{63,64}	4·5% (3·6–5·6)	1 (1324)70		8 (6889) ^{60,61,63-65,67-69}	1·4% (0·9–2·1)	2 (1982) ^{70,71}	11·6% (9·3-14·0)
Eastern Europe	9 (10 853) ^{76-80,85,93,95,243}	21·9% (14·8–30·2)	1 (453) ⁸⁹		6 (6642) ^{76-79,85,93}	4·0% (3·0–5·0)	1 (453) ⁸⁹	
Western Europe	59 (264 229) ^{99,102,103,105-108,} 111,114-135,137-146,148-155,179,181,243	17·0% (9·9–25·6)	19 (69794) ^{118,129,132,} 133,147,159-165,167,168,175,176,244	18·4% (14·7–22·5)	47 (216160) ^{101-104,106-108,111,} 117,119-142,144,146,148-151,155,166,180,181	2·6% (1·8–3·4)	13 (42 448) ^{129,133,} 159-164,167,168,175,176	5·2% (2·9–8·9)
Middle East	1 (1626)190	19·4% (13·1–26·8)			1 (1626)190	3·5% (2·4–4·8)		
Latin America	1 (2159) ²⁴⁵	20·3% (14·0–27·6)			1 (2159) ²⁴⁵	3·5% (2·4–4·8)		
North America	22 (126 148) ^{198,203,204,206-208,} 211,212,215-219,222-226,228,231	20·6% (13·6–28·6)	1 (2030) ²³⁶	34·0% (31·9–36·1)	25 (117 909) ^{198,202,203,206-208,} 211-214,216,218,219,221-226,228,231,246	4·7% (3·1–6·6)	1 (2030) ²³⁶	12·7% (11·3–14·2)
Global	123 (569 106)	14·2% (9·6–19·7)	25 (76 248)		114 (503 660)	2·8% (1·9–3·9)	18 (47 109)	
If there were no or few data	reported in a study, it resulted i	in no estimate cal	culated. No data were ava	ailable for the Pacif	fic Island states and territories, c	entral Asia, south /	Asia, Africa, or the Carib	bean.
Table 4: Estimated cond	tional prevalence of adults a	and adolescents	s engaged in any gamb	oling activity, an	y risk gambling, and probler	natic gambling i	n the past 12 month	15

	Among general p	opulation	Among people w the past 12 mont	ho gambled in hs	Among people w gambling	ith problematic	Among people er activity, prevaler gambling	ngaging in this ace of problematic
	Adults (k=131)	Adolescents (k=103)	Adults (k=130)	Adolescents (k=87)	Adults (k=39)	Adolescents (k=3)	Adults (k=36)	Adolescents (k=5)
Lottery or raffle tickets	44.7 (42.0-47.4)	11.0 (9.7–12.3)	74·5 (71·5–77·5)	44.5 (40.4–48.6)	70.7 (61.2–79.5)	53.6 (39.3–67.6)	2.0 (1.4–2.7)	11.2 (6.3–17.3)
Instant lottery or win	23.9 (21.6–26.3)	13·2 (8·1–19·2)	39·3 (35·3–43·5)	42.9 (29.8–56.5)	52.7 (43.8–61.5)	71.6 (45.3–92.0)*	2.6 (1.9–3.5)	9.6 (3.9–17.6)
Online gambling	7.8 (6.2–9.5)	10-3 (9-3–11-4)	13·3 (10·4–16·6)	48.7 (43.2–54.1)	43-2 (34-6-52-0)		8.6 (6.0–11.5)	10.9 (10.1–11.7)*
Online casino or slots gambling	2.7 (2.1–3.4)	3.9 (2.7–5.2)	4.4 (3.2–5.9)	13.6 (8.8–19.2)	19.4 (11.5–28.7)	28.6 (24.5–32.9)*	15.8 (10.7–21.6)	26.4 (22.3–30.7)
Electronic gambling machines	11.6 (9.8–13.5)	4.9 (3.9–6.0)	18.1 (15.6–20.7)	19.5 (16.0–23.2)	64.6 (56.1–72.7)	64.6 (34.4-89.9)	8.1 (5.5–11.1)	19.6 (2.7–46.6)*
Casino gambling	5.6 (4.8–6.5)	8-3 (7-1-9-5)	9.1 (7.9–10.4)	36.4 (31.5-41.6)	32.4 (26.2–39.0)	46.7 (21.7–72.4)*	10.0 (6.0–14.7)	28.6 (26.9-30.4)
Sports betting	6.9 (6.0–7.8)	9.1 (7.9–10.4)	11.5 (10.2–12.8)	38.8 (34.2–43.6)	34.3 (27.1–41.9)	65.1 (35.8–89.6)*	8.9 (5.2–13.5)	16·3 (5·9–30·5)*
Betting on races	8.4 (6.7–10.4)	1.4 (1.0–2.0)	12.7 (10.3–15.4)	6.5 (4.6-8.7)	37·2 (29·4–45·3)		5.9 (3.6–8.6)	29.1 (26.8–31.5)*
Private or non-commercial betting	6.6 (5.6–7.6)	10·2 (6·3–14·8)	10.8 (9.1–12.5)	48.5 (32.4-64.7)	23.7 (15.2–33.3)	78.6 (61.2-92.1)*	4-4 (2-9-6-1)	3.6 (2.2–5.2)*
Financial market gambling	1.9 (1.2–2.7)		3.2 (2.0-4.6)		9.7 (6.1–13.9)		8.6 (3.9–14.7)	
Bingo	5.4 (4.7-6.1)	6.7 (5.7–7.8)	9.6 (8.2–11.2)	20.8 (16.3–25.7)	20.8 (12.0–31.2)	46.7 (21.7–72.4)*	5.0 (2.3-8.7)	19.9 (18.7–21.1)*
Data are proportion (95% CI). k is the	e number of samples.	*Three or fewer sam	ples reported estimat	tes.				

countries, had higher estimates of problematic gambling. Australian studies were also found to have higher estimates of any risk gambling, and later data collection year studies had lower estimates of problematic gambling among people who gambled in the past 12 months.

We then looked at individual gambling activities. 131 adult samples reported estimates of individual gambling activities among the general population (table 5; appendix p 39). The most common form of gambling activity was lottery or raffle tickets (44.7%; 95% CI 42.0–47.4) and instant lottery or win games (23.9%; 21.6–26.3). A pooled estimate of 11.6% (9.8–13.5) of adults had engaged with EGMs and 8.4% (6.7–10.4) had placed a bet on races. 7.8% (6.2–9.5) reported gambling online.

Among adults who gambled in the past 12 months, most had used lottery or raffle tickets (74.5%; 95% CI 71.5–77.5), followed by instant lottery or win games (39.3%; 35.3–43.5). 11.5% (10.2–12.8) had engaged in sports betting, 13.3 (10.4–16.6) had engaged in online gambling, and 18.1% (15.6–20.7) had engaged in EGMs.

There was a variation in risk associated with problematic gambling among each of the gambling activities. The highest risk of problematic gambling was estimated for people who used online casino or slots (15.8%; 95% CI 10.7-21.6) and casino gambling (10.0%; 6.0-14.7). EGMs, sports betting, any online gambling, and financial marketing gambling had similar prevalences of problematic gambling among people using those activities to gamble, ranging from 8.1% (5.5-11.1) to 8.9%(5.2-13.5). The most common activities of lottery or raffle tickets (2.0%; 1.4-2.7) and instant lottery or win games (2.6%; 1.9-3.5) had the lowest prevalences of problematic gambling. For adolescents, in total, 103 adolescent samples assessed the prevalence of individual gambling activities (table 5; appendix p 39). The highest estimated prevalences were for instant lottery or win games $(13 \cdot 2\%; 95\% \text{ CI } 8 \cdot 1 - 19 \cdot 2)$, lottery $(11 \cdot 0\%; 9 \cdot 7 - 12 \cdot 3)$, any online-based gambling $(10 \cdot 3\%; 9 \cdot 3 - 11 \cdot 4)$, and private or non-commercial gambling $(10 \cdot 2\%; 6 \cdot 3 - 14 \cdot 8)$.

Four individual gambling activities were estimated to be used by 40–50% of adolescents who gambled in the past 12 months: instant lottery or win games (42.9%; 95% CI 29.8–56.5), lottery or raffle tickets (44.5%; 40.4–48.6), private or non-commercial gambling (48.5%; 32.4–64.7), and online-based gambling (48.7%; 43.2–54.1).

Only five samples reported on the prevalence of problematic gambling among adolescents engaging in each gambling activity (table 5). Online casino or slots gambling (26.4%; 22.3-30.7) had the highest rate of problematic gambling among adolescents compared with all other activities.

Considering online gambling, in studies conducted before 2016 (k=40), it was estimated that $5 \cdot 5\%$ (95% CI $3 \cdot 6-7 \cdot 7$) of adults engaged in online gambling in the past 12 months. This rate increased to $9 \cdot 4\%$ ($6 \cdot 7-12 \cdot 4$) among studies conducted between 2016 and 2020 (k=36) and $10 \cdot 0\%$ ($6 \cdot 3-14 \cdot 3$) for studies conducted after 2020 (k=22).

Regarding risk of bias, overall, representative studies varied from an overall risk score of 4 to 10 (appendix pp 52–70). The majority of adult (86%) and adolescent (73%) studies scored 7 or more, which would map onto an overall judgement of low to moderate risk of bias. When studies did not score a 10, they commonly did not report on participants and the setting in detail or provide an associated error measurement for the study's

prevalence. Meta-regressions using risk of bias found that a higher risk of bias score was associated with lower estimates of any risk gambling among adults who gambled in the past 12 months.

Discussion

This study provides a comprehensive assessment of what is known about gambling prevalence rates globally, for both adults and adolescents, based on representative surveys. We show that an estimated $46 \cdot 2\%$ of adults globally have gambled in the past 12 months, equating to $2 \cdot 3$ billion people worldwide. Our review also indicated that more than one in six adolescents ($17 \cdot 9\%$) had gambled in the past 12 months, including on commercial forms of gambling, which are largely age-restricted, equating to an estimated $159 \cdot 6$ million adolescents.

Lotteries were the predominant form of gambling, and an estimated 7.8% of adults and 10.3% of adolescents had gambled online in the past 12 months globally. Online gambling through rapid, ongoing digitalisation is driving industry growth. In Europe, where online gambling markets are mature, the bulk of revenue from gambling is derived from online products.247 Globally, revenues from online gambling are projected to increase to US\$205 billion by 2030.248 Our study reflects the increased prevalence of gambling in recent years, with pooled estimates of studies since 2016 being higher than those from studies produced between 2010 and 2016. A number of jurisdictions globally, including but not limited to the USA, are legalising online gambling for the first time.²⁴⁹ This legalisation is often accompanied by widescale advertising, marketing, and sponsorship campaigns to promote online gambling.250 In addition, growth in online gambling might be further influenced by the COVID-19 pandemic, with shifts to online gambling during this period.251 Among adolescents, our review showed that online gambling was already the second most prevalent form of gambling activity. Digitalisation and developments in the online market are therefore likely to also shape future gambling trends as this cohort ages.

To our knowledge, our study is the first to estimate global rates of any risk gambling, reflecting the full spectrum of risk severity. We estimated that 8.7% of adults engaged in any risk gambling in the past 12 months. This estimate equates to 439.6 million (95% CI 331.9-569.4) adults engaging with any risk gambling globally. We further estimated the population prevalence of problematic gambling at 1.41% among adults. This estimate is slightly higher than a previous population estimate of 1.29% by Gabellini and colleagues,¹¹ although the 95% CIs overlap (95% CI 0.63-1.51 in the study by Gabellini and colleagues). The difference is probably due to the wider inclusion of recent studies from a broader geographical area in our review.

The gambling industry is expanding rapidly into new markets, including the USA and many low-income and

middle-income countries. We found high regional estimates of problematic as well as any risk gambling in these areas, suggesting that the growth of gambling is translating into growth in associated problems and harms. There was an absence of the adolescent data needed to establish a global estimate. However, regional data estimates show that $2 \cdot 7 - 27 \cdot 8\%$ of adolescents are engaging with any risk gambling.

Population estimates of problem gambling can be misinterpreted (ie, the effect of gambling is small and those experiencing harms are a minority of the population).252 The Australian Productivity Commission highlights that a focus on population estimates is misleading for policy purposes, because the inclusion of non-gamblers or people who gamble very occasionally masks the true risk of harms associated with gambling and with specific gambling products.253 Individuals who are below the threshold for problematic or disordered gambling have been shown to bear the greatest burden of harm from gambling.²⁵⁴⁻²⁵⁶ Any risk gambling is likely to be a better measure of the full effect of gambling on individuals and societies and our review shows that a substantial number, approximately one in seven, of those who gamble globally experience some risk from gambling.

Assessing the variance in the prevalence of harms among people participating in specific gambling formats is also important. Our data confirm substantial variance by product: among adults engaging in gambling, the pooled estimated prevalence of problematic gambling among those using online casinos (15.8%), casino gambling (10.0%), online gambling (8.6%), and sports betting (8.9%) was substantially higher than for other forms. This finding supports other evidence connecting online gambling products with a higher prevalence of harms.^{14,257-260}

The increasing market share and global spread of online gambling products, particularly online EGMs, is likely to exacerbate gambling harms in the future. In terms of a public health response to preventing and limiting these harms, a stronger focus is needed on addressing developments in online environments and regulating harmful product characteristics, as well as limiting the widespread availability and marketing of these products in online environments.

Our study has some limitations. First, there are limitations in the available data. Most studies included in this review used surveys to collect data, through either self-completion or completed by an interviewer. Surveys rely on the individual responding in a truthful manner to questions regarding their gambling, and not engaging in social desirability bias, for a true representation of gambling prevalences and exposure to gambling harms. For a more comprehensive view of gambling behaviours and harms, studies with alternative methods are needed. Studies using more indirect measurement methods could allow for the better capturing of people who gamble, particularly those experiencing harms or feeling stigmatised by their gambling behaviour.²⁶¹ These methods could use multiple data sources, including prevalence studies as one source, which can provide more insight into groups of people that might not be captured through a single household survey.

Second, the included studies varied in sampling frames, methods, and gambling-related definitions, which might have contributed to heterogeneity across studies. Although all but four countries (Argentina, China, Kenya, and Malaysia) had at least one sample using a national sampling frame (appendix pp 18–38), studies varied in the number of regions and populations included in sampling frames. Studies also varied in the methods used to collect data. There has been an increasing push to online-based methods, which, when combined with studies being described as a gambling study, might result in increased estimated gambling prevalence rates.²⁶²

Another difference across studies was how individual gambling activities and gambling risk severity were defined. To maximise consistency, we used a guide to ensure that only comparable definitions were combined for each individual activity (appendix pp 16–17). Furthermore, numerous measures have been developed to identify gambling risk severity experienced by individuals (appendix pp 15–16), although most studies used either the Canadian Problem Gambling Index or Problem Gambling Severity Index, DSM-IV or DSM-5 criteria, or South Oaks Gambling Screen. These studylevel differences might have contributed to heterogeneity.

Our review revealed significant gaps in the knowledge of global gambling behaviours. Only 67 countries and territories reported a gambling estimate, resulting in some regions' estimated population numbers (table 3) relying on extrapolated data (in line with our methods; appendix pp 13–14). Commercial forms of gambling are available worldwide, and it is estimated that more than 80% of jurisdictions offer some form of legal gambling.²⁴⁹ However, only a minority of jurisdictions are producing data that monitor the effect of such legalisations. This issue represents a substantial gap in the understanding of global gambling trends and ability to identify emerging trends.

Finally, although we searched a range of databases and online websites, we might have missed some studies. Nonetheless, we reviewed all other systematic reviews to ensure no studies had been missed in our searches, reviewed reference lists of identified studies, and consulted with experts in the field of gambling epidemiology. We made efforts to minimise errors in the screening and extraction of data by having two people screen every report or paper, and all extractions were double-checked by another researcher. Additionally, our review did not account for country changes in legislation regarding restrictions or availability of gambling activities.

In conclusion, available data on engagement with any gambling activity and individual gambling activities have

shown that almost half of all people globally have recently engaged with gambling, and a notable proportion have engaged with any risk gambling. Our data show that one in seven adults who gamble globally engage with any risk gambling and that the prevalence of any risk or problem gambling is much higher for those engaging in specific gambling products—notably, online gambling formats. Given that online gambling is the greatest growth area for the industry, and the findings from our review show that a notable proportion of adolescents globally engage in online gambling, governments need to take actions to protect their populations from harms.

Contributors

LD, HW, MF, SC-F, and RV contributed to the conceptualisation and data curation. LIT, LD, HW, MF, VM, SC-F, and RV contributed to the literature searches with LTT, SC-F, ST, and ML contributing to the data extraction. LTT conducted the formal analyses. LTT led the writing of the manuscript. All authors commented on and contributed text to the manuscript. LTT, LD, HW, MF, and SC-F accessed and verified the data.

Declaration of interests

In the last 5 years, HW has received grant funding for gambling-related research from The Economic and Social Research Council National Institute for Health Research, Wellcome Trust, the Gambling Commission (including their regulatory settlement fund), Office of Health Disparities and Improvements and Public Health England, Greater London Authority, Greater Manchester Combined Authority, Blackburn with Darwen Local Authority, and the Department of Digital Culture Media and Sport; received funding from GambleAware in 2018–19 for a project on gambling and suicide; received consulting fees from the Institute of Public Health, Ireland, and the National Institute for Economic and Social Research; received payment for the delivery of seminars from McGill University, the University of Birmingham, Johns Hopkins University, and from the British Broadcasting Corporation; has been paid as an expert witness by Lambeth and Middlesbrough Borough Councils; has received travel costs paid by Gambling Regulators European Forum, the Turkish Green Crescent Society, Alberta Gambling Research Institute, the REITOX Academy (administered through the Austrian National Public Health Institute), and the University of Helsinki; served as the Deputy Chair of the Advisory Board for Safer Gambling between 2015 and 2020, remunerated by the Gambling Commission; is a member of the WHO panel on gambling (ongoing); provided unpaid advice on research to GamCare for their Safer Gambling Standard (until mid-2021); runs a research consultancy for public and third sector bodies only, but has not, and does not, provide consultancy services to gambling industry actors; in researching the gambling industry and their practices, has occasionally attended events where gambling industry actors are present (including industry-sponsored conferences); and as part of her work on the Gambling Survey for Great Britain, is required by the Gambling Commission (the funder) to participate in events disseminating research findings to their stakeholders, which includes the industry, but is independently funded and does not involve collaborations or partnerships with industry. VM has received grant funding for gambling-related projects from the Academy of Finland (project numbers 349589 and 31834), the Finnish Ministry of Social Affairs and Health, and the Finnish Ministry of Justice; as a member of the Gambling Harms Evaluation Committee (2021 onwards) and the Indicators for Gambling Harms work group (2019-21) under the Finnish Ministry of Social Affairs and Health, she interacts with the Finnish gambling monopoly to evaluate company products and practices and to analyse company data; has received a fee for delivering a webinar from Bochum University; did a paid peer review for Routledge; received funding for travel from the Finnish Foundation for Alcohol Studies, University of Bergen, and the Council of Europe; and provides consultation for public and third sector actors, but not the gambling industry. CB has received grant funding for gambling-related projects from The British Academy, The Economic and Social Research Council,

the National Institute of Health Research, Blackburn with Darwen Local Authority, and the Department for Culture, Media and Sport. RV has received grant funding for gambling-related projects from the Massachusetts Gaming Commission, the Connecticut Department of Mental Health & Addiction Services, the Evergreen Council for Problem Gambling, The University of Massachusetts Donahue Institute, Gambling Research Exchange Ontario, NORC Boston, North Dakota Department of Health & Human Services, British Gambling Commission, Public Health Agency of Sweden, Canadian Centre on Substance Abuse, and the Center for Gambling Studies, Rutgers University; has received consultancy fees for gambling-related research from the National Centre for Social Research UK, Gambling Research Exchange Ontario, and the Karolinska Institute; has received honorarium from McGill University for the delivery of a webinar, from the Evergreen Council on Problem Gambling, the Institut für Glücksspiel und Gesellschaft, and the New York State Council on Problem Gambling; and has received travel costs from the Alberta Gambling Research Institute in 2022 and 2023 and from the Nigerian National Lotteries Regulatory Commission in 2023. JR has received funding from various national and international public funding agencies (the Canadian Institutes of Health Research, US National Institutes of Health, the EU, and WHO); and funding for travel from WHO. In the past 5 years, LD and MF have received untied educational grant funding from Indivior and Seqirus for the study of new opioid medications in Australia. SS has been a senior advisor to the McKinsey Health Institute since 2023 for issues on mental health. All other authors declare no competing interests.

Data sharing

Researchers wishing to undertake additional analyses of the data are invited to contact the corresponding author (thi.b.tran@unsw.edu.au).

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Supplementary appendix

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to: Tran LT, Wardle H, Colledge-Frisby S, et al. The prevalence of gambling and problematic gambling: a systematic review and meta-analysis. *Lancet Public Health* 2024; published online July 15. https://doi.org/10.1016/S2468-2667(24)00126-9.

1	Appendix for "The prevalence of gambling and problematic gambling: a systematic
2	review and meta-analysis"
3	Appendix for "The prevalence of gambling and problematic gambling: a systematic review and meta-
4	analysis
5	PRISMA Reporting Checklist
6	Gather checklist
/	Appendix 1: Peer-reviewed literature search strategy
8	Appendix 2: Grey literature sources
9	Appendix 3: Variables Extracted
10	Appendix 4: Blank risk of bias tool
11	Appendix 5: Method of estimating regional and global prevalences and numbers
12	Appendix 5.1. Study identification and missing data rules
13	Appendix 5.2. Data synthesis methodology 13
14	Appendix 5.3. Visualisation tools used 14
15	Appendix 6: Definition guidelines used for analyses15
16 17	Table 6.1. Definitions of any risk gambling and problematic gambling for each included gambling measure scale/instrument. 15
18	Table 6.2. Included activities within each gambling activity classification.
19	Appendix 7: Table of included studies
20	Table 7.1. Brief summary of all included studies
21	Table 7.2. Studies available reporting adult gambling data by overall and sex/gender
22	Table 7.3. Studies available reporting adolescent gambling data by overall and sex/gender
23	Table 7.4. Studies available for individual gambling products/activities analysis
24 25	Appendix 8: Pooled country-level estimates for any gambling, any risk gambling and problematic gambling
26 27	Table 8.1: Pooled country-level adult population prevalence estimates for any gambling, any risk gambling and problematic gambling
28 29	Table 8.2: Pooled country-level adult conditional prevalence estimates for any gambling, any risk gambling and problematic gambling
30 31	Table 8.3: Pooled country-level adolescent population prevalence estimates for any gambling, any risk gambling and problematic gambling 42
32 33	Table 8.4: Pooled country-level adolescent conditional prevalence estimates for any gambling, any risk gambling and problematic gambling 44
34	Appendix 9: Estimated gambling prevalences and numbers by sex/gender
35	Table 9.1: Estimated gambling prevalences for women among adult representative cohorts
36	Table 9.2: Estimated gambling prevalences for men among adult representative cohorts
37	Table 9.3: Estimated gambling prevalences for females among adolescent representative cohorts
38	Table 9.4: Estimated gambling prevalences for males among adolescent representative cohorts

39	Appendix 10: Meta-regressions of any, any risk and problematic gambling estimates	49
40 41	Table 10.1: Meta-regressions for estimates of any, minimum low-risk, and problematic gambling among adult samples	. 49
42 43	Table 10.2: Meta-regressions for estimates of any, any risk, and problematic gambling among adolescent samples	. 49
44	Appendix 11: Complete risk of bias score for each included study	51

47 PRISMA Reporting Checklist

Section and Topic	Item #	Checklist item	Location where
	•		item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			_
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Introduction
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	Introduction
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how	Eligibility criteria
		studies were grouped for the syntheses.	
Information	6	Specify all databases, registers, websites, organisations, reference	Search strategy,
sources		lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted	Appendix 2
Search strategy	7	Present the full search strategies for all databases, registers and	Appendix 1, 2
Search strategy		websites, including any filters and limits used.	(ppendix 1) 2
Selection process	8	Specify the methods used to decide whether a study met the	Methods: Eligibility
		inclusion criteria of the review, including how many reviewers	criteria, study
		screened each record and each report retrieved, whether they	selection process
		worked independently, and if applicable, details of automation tools	
		used in the process.	
Data collection	9	Specify the methods used to collect data from reports, including how	Methods: Data
process		many reviewers collected data from each report, whether they	extraction process
		worked independently, any processes for obtaining or confirming	
		data from study investigators, and if applicable, details of automation	
	- 10	tools used in the process.	
Data items	10a	List and define all outcomes for which data were sought. Specify	Appendix 3
		in each study were cought (e.g. for all measures, time points	
		analyses) and if not the methods used to decide which results to	
		collect.	
	10b	List and define all other variables for which data were sought (e.g.	Appendix 3
		participant and intervention characteristics, funding sources).	
		Describe any assumptions made about any missing or unclear	
		information.	
Study risk of bias	11	Specify the methods used to assess risk of bias in the included	Methods: Risk of
assessment		studies, including details of the tool(s) used, how many reviewers	bias assessment,
		assessed each study and whether they worked independently, and if	Appendix 4
		applicable, details of automation tools used in the process.	
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean	Methods:
		difference) used in the synthesis or presentation of results.	Synthesis methods
Synthesis	13a	Describe the processes used to decide which studies were eligible for	Methods: Eligibility
methods		each synthesis (e.g. tabulating the study intervention characteristics	criteria, Synthesis
		and comparing against the planned groups for each synthesis (item	methods, Appendix
	126	#3)).	J Annondiy E
	130	Describe any methods required to prepare the data for presentation	Appendix 5
		conversions.	

	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	Appendix 5
-	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe	Methods: Synthesis methods,
		the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	Appendix 5
-	13e	Describe any methods used to explore possible causes of	Methods:
		heterogeneity among study results (e.g. subgroup analysis, meta-	Synthesis methods
		regression).	
-	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias	14	Describe any methods used to assess risk of bias due to missing	Methods: Risk of
assessment		results in a synthesis (arising from reporting biases).	bias assessment
Certainty	15	Describe any methods used to assess certainty (or confidence) in the	Methods:
assessment		body of evidence for an outcome.	Synthesis methods
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the	Figure 1
		number of records identified in the search to the number of studies	
		included in the review, ideally using a flow diagram.	
-	16b	Cite studies that might appear to meet the inclusion criteria, but	Figure 1
		which were excluded, and explain why they were excluded.	
Study	17	Cite each included study and present its characteristics.	Appendix 7
characteristics			
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Appendix 11
Results of	19	For all outcomes, present, for each study: (a) summary statistics for	Results, Table 2-4
individual studies		each group (where appropriate) and (b) an effect estimate and its	
		precision (e.g. confidence/credible interval), ideally using structured	
		tables or plots.	
Results of	20a	For each synthesis, briefly summarise the characteristics and risk of	Results, Appendix
syntheses		bias among contributing studies.	Tables 11
	20b	Present results of all statistical syntheses conducted. If meta-analysis	Results, Table 2-4
		was done, present for each the summary estimate and its precision	
		(e.g. confidence/credible interval) and measures of statistical	
		heterogeneity. If comparing groups, describe the direction of the effect	
-	20c	Present results of all investigations of possible causes of	Appendix 10
	200	heterogeneity among study results	Appendix 10
-	20d	Present results of all sensitivity analyses conducted to assess the	Ν/Δ
	200	robustness of the synthesized results.	
Reporting biases	21	Present assessments of risk of bias due to missing results (arising	Not reported
		from reporting biases) for each synthesis assessed.	
Certainty of	22	Present assessments of certainty (or confidence) in the body of	Tables 2-4
evidence		evidence for each outcome assessed.	
DISCUSSION		·	·
Discussion	23a	Provide a general interpretation of the results in the context of other	Discussion,
		evidence.	Research in context
-	23b	Discuss any limitations of the evidence included in the review.	Discussion:
			Limitations
-	23c	Discuss any limitations of the review processes used.	Discussion:
			Limitations
-	23d	Discuss implications of the results for practice, policy, and future	Discussion,
		research.	Conclusions

Registration and protocol 24a Provide registration information for the review, including register Methods protocol name and registration number, or state that the review was not registered. Methods 24b Indicate where the review protocol can be accessed, or state that a protocol was not prepared. Methods 24c Describe and explain any amendments to information provided at registration or in the protocol. Appendix 4 Support 25 Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review. and the role of the funders or sponsors in the review. Declaration of interests Competing 26 Declare any competing interests of review authors. Declaration of interests Availability of data, code and 27 Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from Availability of and materials	OTHER INFORMATIC	ON		
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registered. 24b Indicate where the review protocol can be accessed, or state that a protocol was not prepared. Methods 24c Describe and explain any amendments to information provided at registration or in the protocol. Appendix 4 Support 25 Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review. Abstract, Declaration of interests Competing interests 26 Declare any competing interests of review authors. Declaration of interests Availability of data, code and 27 Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from Availability of and materials	protocol		name and registration number, or state that the review was not	
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materials used in the review.			materials used in the review.	_

48 From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an

49 updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71

50 Gather checklist

Item #	Checklist item	Reported on page #					
Objectiv	es and funding						
1	Define the indicator(s), populations (including age, sex, and geographic entities), and time period(s) for which estimates were made	Methods: Eligibility criteria Study					
		selection process					
		Synthesis methods					
2	List the funding sources for the work.	, Abstract,					
		Declaration of					
		interests					
Data Inp	uts						
For all data inputs from multiple sources that are synthesized as part of the study:							
3	Describe how the data were identified and how the data were accessed.	Methods: Search					
		strategy, Appendix					
		1-2					
4	Specify the inclusion and exclusion criteria. Identify all ad-hoc exclusions.	Methods: Eligibility					
		criteria					
5	Provide information on all included data sources and their main characteristics. For	Methods: Search					
	each data source used, report reference information or contact name/institution,	strategy, Appendix 7					
	population represented, data collection method, year(s) of data collection, sex and						
	age range, diagnostic criteria or measurement method, and sample size, as						
	relevant.						
6	Identify and describe any categories of input data that have potentially important	Table 1, Appendix 7					
	biases (e.g., based on characteristics listed in item 5).						
For dat	For data inputs that contribute to the analysis but were not synthesized as part of the study:						
7	Describe and give sources for any other data inputs.	N/A					
For all	data inputs:						
8	Provide all data inputs in a file format from which data can be efficiently extracted	Availability of data					
	(e.g., a spreadsheet rather than a PDF), including all relevant meta-data listed in	and materials					
	item 5. For any data inputs that cannot be shared because of ethical or legal	statement					
	reasons, such as third-party ownership, provide a contact name or the name of the						
	institution that retains the right to the data.						
Data ana	alysis						

9	Provide a conceptual overview of the data analysis method. A diagram may be helpful.	Methods: Synthesis methods, Appendix 5
10	Provide a detailed description of all steps of the analysis, including mathematical formulae. This description should cover, as relevant, data cleaning, data pre-processing, data adjustments and weighting of data sources, and mathematical or statistical model(s).	Methods: Data extraction process, Synthesis methods, Appendix 5-6
11	Describe how candidate models were evaluated and how the final model(s) were selected.	Appendix 5
12	Provide the results of an evaluation of model performance, if done, as well as the results of any relevant sensitivity analysis.	N/A
13	Describe methods for calculating uncertainty of the estimates. State which sources of uncertainty were, and were not, accounted for in the uncertainty analysis.	Data synthesis, Appendix 5
14	State how analytic or statistical source code used to generate estimates can be accessed.	Appendix 5, Availability of data and materials statement
Results	and Discussion	• •
15	Provide published estimates in a file format from which data can be efficiently extracted.	Table 2-4, Appendix 8-9
16	Report a quantitative measure of the uncertainty of the estimates (e.g. uncertainty intervals).	Table 2-4, Appendix 8-9
17	Interpret results in light of existing evidence. If updating a previous set of estimates, describe the reasons for changes in estimates.	Discussion, Research in context
18	Discuss limitations of the estimates. Include a discussion of any modelling assumptions or data limitations that affect interpretation of the estimates.	Limitations

53	Appendix	1: Peer-r	reviewed	literature	search	strategy
----	----------	-----------	----------	------------	--------	----------

Database	atabase Search group Search terms	
MEDLINE Prevalence (gambl* NOT "low		(gambl* NOT "Iowa Gambling Task") AND prevalence[tiab]
		Filtered by 2010-Present
EMBASE	Prevalence	gambling/ or pathological gambling/ or gambl*.mp.
		(Iowa adj gambl*).tw,kw.
		1 not 2
		Gambling/
		virtual good.mp.
		(lottery or lotteries or lotto).mp.
		(scratchcard* or scratch card*).mp.
		in-game purchase.mp.
		game credit.mp.
		("loot box" or "loot crate").mp.
		slot machine.mp.
		fruit machine.mp.
		("video lottery" or VLT).mp.
		casino*.mp.
		amusement arcade.mp.
		microtransactions.mp.
		(bingo not gene).mp.
		((betting or bet or bets) and (horse* or racing or dog*)).mp.
		competitive game.mp.
		3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19
		exp epidemiologic studies/
		epidemiology.tw.
		exp prevalence/
		prevalence.mp.
		exp incidence/
		incidence.ti.
		21 or 22 or 23 or 24 or 25 or 26
		20 and 27
		limit 28 to (human and yr="2010")
PSYCINFO	Prevalence	((noft(gambl*) NOT noft("Iowa Gambling Task")) OR noft((lottery OR lotteries OR
		lotto) OR (scratchcard OR "scratch card") OR ("loot box" OR "loot crate") OR "slot
		machine" OR "fruit machine" OR ("video lottery" OR VLT) OR casino OR
		microtransactions OR (bingo NOT gene) OR ((bet OR bet OR bets) AND (horse* OR
		racing OR dog*)) OR "competitive game")) AND noft(prevalence OR incidence OR
		epidemiology)
		Limited to 01/01/2010 to 21/06/2021
Coorchosword	most receptly run	an 4 March 2024

54 Searches were most recently run on 4 March 2024.

55 The databases used for the search were selected to maximise the likelihood of identifying as many relevant

56 studies as possible. The Cochrane Handbook (Lefebvre et al., 2023; <u>www.training.cochrane.org/handbook</u>)

57 identifies that Medline (now PubMed) and Embase should be included for all reviews, where possible. We

58 included PsycInfo, a database for psychology and psychiatry, due to the identification of gambling disorder

- 59 in the DSM-5.
- 60

61 Appendix 2: Grey literature sources

11 7				
Grey literature sources:	Website:			
Gambling aware InfoHub				
Gambling Commission UK	https://www.gamblingcommission.gov.uk/news-action-and-statistics/Statistics-and-			
	research/Levels-of-participation-and-problem-gambling/Young-persons-survey.aspx			
GambLib (Gambling	https://www.gamblingresearch.org.au/publications			
Research Library)				
Gam Care	https://www.gamcare.org.uk/			

National Problem	https://www.cnwl.nhs.uk/services/mental-health-services/addictions-and-substance-			
Gambling Clinic	misuse/national-problem-gambling-clinic			
Gordon Moody	https://www.gordonmoody.org.uk/			
Association				
Gamblers Anonymous	https://gaaustralia.org.au/			
Open Grey	http://www.opengrey.eu/			
Gam-Anon	https://gaaustralia.org.au/gam-anon/			
Gambling Information				
Resource Office Research				
Library				
Advisory Board for Safer	https://www.rgsb.org.uk/Home.aspx			
Gambling				
Gambling Watch UK	https://www.gamblingwatchuk.org/			
Australian Gambling	https://aifs.gov.au/agrc/			
Research Centre				
Gambling Research	https://www.greo.ca/en/index.aspx			
Exchange Ontario				
Citizens Advice Bureau	https://www.cabwa.com.au/			
Be Gamble Aware	https://www.begambleaware.org/for-professionals/research-and-evaluation			
Problem Gambling, Wigan	https://www.wigan.gov.uk/index.aspx			
Council				
Gambling Compliance	https://vixio.com/gamblingcompliance/			
Child Family Community	https://aifs.gov.au/cfca/			
Australia				
International Centre for	http://www.youthgambling.com/			
Youth Gambling Problems				
and High-Risk Behaviours				
Gambling and Addictions	https://garc.aut.ac.nz/			
Research Centre				
Alberta Gambling	https://research.ucalgary.ca/alberta-gambling-research-institute			
Research Institute				
Responsible Gambling	https://www.pgf.nz/			
Foundation of New				
Zealand				
Ministry of Health, New	https://www.health.govt.nz/publications?f%5B0%5D=im_field_category%3A668&f%5B1%5D			
Zealand	=im field category%3A149&f%5B2%5D=im field category%3A3763#find-by-region			
Victorian Responsible	https://responsiblegambling.vic.gov.au/resources/publications/?q=&collection=10&publishe			
Gambling Foundation	d year 0=2009&published year 1=2018			
Responsible Gambling	https://www.responsiblegambling.nsw.gov.au/research2/research/nsw-youth-gambling-			
NSW	<u>study-2020</u>			
Gambling Commission	http://www.gamblingcommission.govt.nz/			
New Zealand				

64 Appendix 3: Variables Extracted

Domain	List of variables			
STUDY BACKGROUND	 Author, Publication year, Literature type, Study year, Country, Geographical region, Cohort name 			
COHORT	 Details on representativeness and its definition, if the study population consisted wholly of people who gamble, and the study definition of gambling Recruitment methodology and data collection including recruitment sites, limitations on the recruited sample and method of data collection (e.g., online, face-to-face), study recruitment notes Attrition and participation notes for cross-sectional studies including number of individuals eligible/contacted, respondents who were successfully contacted, those who declined/refused and those who completed the survey Sample size (N) and proportion (%) of women, males, non-binary/other, completed 			
CHARACTERISTICS	 high school, AUD, SUD, mean income, mean age, median age for: Total sample in group Recent gambling sample (including timeframe) Lifetime gambling sample Name of scale, timeframe associated with scale, category definition, cut-off score, number of sample in category, % of sample in category (among gambling sample), number of women in category, % of women in category (among women who gamble), number of men in category, % of men in category (among men who gamble) for: Risk category 1, 2, 3 Disordered gambling group 1 and 2 Estimated prevalence of gambling and disordered gambling including %, LCI, UCI and denominator (N) Cohort characteristics notes 			
ACTIVITIES	Gambling Products			
ACTIVITIES	 Timeframe of gambling product use Prevalence in population, N and % among total sample, N and % for among gambling sample, N and % for product users with disordered gambling, definition of product used for: Use of lottery/raffle tickets Use of online gambling (overall) Use of online gambling (overall) Use of other online gambling Use of cher online gambling Use of cher online gambling Use of cher online gambling Use of casino table games Use of frace betting (inc. horse and dog racing) Use of private/non-commercial betting/gambling (inc. card games, board games, etc.) Use of other types of gambling Use of other types of gambling Gambling products notes, number of types of gambling products participants engaged in (mean, median or overall) Gambling and Related Behaviours Help seeking: Time-period referred to for help-seeking behaviour(s), study definition of help-seeking behaviour(s), denominator for people who could have sought treatment, number who have sought help/treatment for their gambling, % who have sought help/treatment for their gambling. 			

	 Time-period referred to for frequency of gambling; average amount spent on gambling; average number of hours spent on gambling; number of times (events) participants gambled. Gambling and related behaviour notes.
65	
66	
67	
68	

Appendix 4: Blank risk of bias tool 69

IBL Critical Appraical Tool for Dravalance Studios				
The critical Appraisal Tool for Prevalence Studies				
Name of author(s):				
rear of publication:				
Risk of bias items	Clarification about item			
1. Was the sample frame appropriate to address the target population?	This question relies upon knowledge of the broader characteristics of the population of interest and the geographical area. If the study is of women with breast cancer, knowledge of at least the characteristics, demographics and medical history is needed. The term "target population" should not be taken to infer every individual from everywhere or with similar disease or exposure characteristics. Instead, give consideration to specific population characteristics in the study, including age range, gender, morbidities, medications, and other potentially influential factors. For example, a sample frame may not be appropriate to address the target population if a certain group has been used (such as those working for one organisation, or one profession) and the results then inferred to the target population (i.e. working adults). A sample frame may be appropriate when it includes almost all the members of the target population (i.e. a census, or a complete list of participants or complete registry data).			
2. Were study participants sampled in an appropriate way?	Studies may report random sampling from a population, and the methods section should report how sampling was performed. Random probabilistic sampling from a defined subset of the population (sample frame) should be employed in most cases, however, random probabilistic sampling is not needed when everyone in the sampling frame will be included/ analysed. For example, reporting on all the data from a good census is appropriate as a good census will identify everybody. When using cluster sampling, such as a random sample of villages within a region, the methods need to be clearly stated as the precision of the final prevalence estimate incorporates the clustering effect. Convenience samples, such as a street survey or interviewing lots of people at a public gatherings are not considered to provide a representative sample of the base population.			
3. Was the sample size adequate?	The larger the sample, the narrower will be the confidence interval around the prevalence estimate, making the results more precise. An adequate sample size is important to ensure good precision of the final estimate. Ideally we are looking for evidence that the authors conducted a sample size calculation to determine an adequate sample size. This will estimate how many subjects are needed to produce a reliable estimate of the measure(s) of interest. For conditions with a low prevalence, a larger sample size is needed. Also consider sample sizes for subgroup (or characteristics) analyses, and whether these are appropriate. Sometimes, the study will be large enough (as in large national surveys) whereby a sample size calculation is not required. In these cases, sample size can be considered adequate			
4. Were the study subjects and the setting described in detail?	Certain diseases or conditions vary in prevalence across different geographic regions and populations (e.g. Women vs. Men, sociodemographic variables between countries). The study sample should be described in sufficient detail so that other researchers can determine if it is comparable to the population of interest to them.			
5. Was the data analysis conducted with sufficient coverage of the identified sample?	Coverage bias can occur when not all subgroups of the identified sample respond at the same rate. For instance, you may have a very high response rate overall for your study, but the response rate for a certain subgroup (i.e. older adults) may be quite low.			

6. Were valid methods used for the identification of the condition?

7. Was the condition measured in a standard, reliable way for all participants?

8. Was there appropriate statistical analysis?

9. Was the response rate adequate, and if not, was the low response rate managed appropriately? Here we are looking for measurement or classification bias. Many health problems are not easily diagnosed or defined and some measures may not be capable of including or excluding appropriate levels or stages of the health problem. If the outcomes were assessed based on existing definitions or diagnostic criteria, then the answer to this question is likely to be yes. If the outcomes were assessed using observer reported, or self-reported scales, the risk of over- or under-reporting is increased, and objectivity is compromised. Importantly, determine if the measurement tools used were validated instruments as this has a significant impact on outcome assessment validity. For this review: if the study provides a clear and adequate definition of what gambling is, then take this as 'Yes' Considerable judgment is required to determine the presence of some health outcomes. Having established the validity of the outcome measurement instrument (see item 6 of this scale), it is important to establish how the measurement was conducted. Were those involved in collecting data trained or educated in the use of the instrument/s? If there was more than one data collector, were they similar in terms of level of education, clinical or research experience, or level of responsibility in the piece of research being appraised? When there was more than one observer or collector, was there comparison of results from across the observers? Was the condition measured in the same way for all participants? Importantly, the numerator and denominator should be clearly reported, and percentages should be given with confidence intervals. The methods section should be detailed enough for reviewers to identify the analytical technique used and how specific variables were measured. Additionally, it is also important to assess the appropriateness of the analytical strategy in terms of the assumptions associated with the approach as differing methods of analysis are based on differing assumptions about the data and how it will respond. For this review: this component was separated into two components - Item 8 was used to assess for the numerator, denominator and percentages, whilst Item 8a assessed confidence intervals of estimates.

A large number of dropouts, refusals or "not founds" amongst selected subjects may diminish a study's validity, as can a low response rates for survey studies. The authors should clearly discuss the response rate and any reasons for non-response and compare persons in the study to those not in the study, particularly with regards to their socio-demographic characteristics. If reasons for non-response appear to be unrelated to the outcome measured and the characteristics of non-responders are comparable to those who do respond in the study (addressed in question 5, coverage bias), the researchers may be able to justify a more modest response rate. For this review: if the response rate was at least 70%, this was judged to be an adequate response rate. Furthermore, if the data was weighted to ensure representativeness of population, this was judged to be an adequate response rates.

70

- 71 Note: In the protocol, we stated that we would be using Hoy et al., (2012) assessment tool. Prior to starting risk of bias
- assessment, it was decided to change to the Joanna Brigg Institute (JBI) critical appraisal tool. This change was made
- 73 due to the JBI tool being more widely available and updated.

74

76 Appendix 5: Method of estimating regional and global prevalences and numbers

77 Appendix 5.1. Study identification and missing data rules

After all studies were screened to be included in the review, we further excluded studies from analysis if
 one or more of the following were true:

- Predictor, trajectory or latent class analysis studies;
- A simulation of gambling prevalences or engagement in specific activities;
- Duplicate of another paper that presented the same data, with no additional data present;
- Gambling data was reported with two of the following missing: denominator, numerator or
 percentage for any gambling, any risk or problematic gambling, and individual gambling activity
 engagement;
- Data not applicable for current review (e.g., reporting on gambling behaviours in other timeframes
 other than 12 months, money spent on gambling, frequency of gambling and gambling-related
 help-seeking behaviours)
- 89 Review of existing data

90 Furthermore, across studies, country of recruitment, recruitment methodology and years of data collection

were compared to identify primary and secondary papers of the same sample of individuals. The paper with
 the most data presented was assigned to be the primary paper with all subsequent identified papers for

93 that sample considered as a secondary paper. Secondary papers were extracted to identify any additional

determente considered as a secondary paper. Secondary papers were extracted to identify any additional

data that could be used in one of the analyses. Each independent sample only had one estimate includedfor each analysis.

- 96 Studies whose inclusion criteria was people who gambled in the past 12 months were included if one of the
- 97 following were true, in addition to reporting data on any risk gambling, problematic gambling or
- 98 engagement in individual gambling activity:
- Initial recruitment was a random sample of the population which was then used to identify people
 who gambled;
- Sample included all or a random sample of people engaged in any gambling.
- Studies reporting on a sample of all or a random sample of people engaged in one or more gamblingactivity, was only included if they reported data on any risk or problematic gambling.
- 104 Studies that did not report any data for the specific analysis were excluded for that analysis. If a study only
- 105 reported percentages with a denominator or numerator, we then calculated the missing value using the
- 106 formula of: Percentage is equal to numerator (e.g., individuals who responded 'Yes' to gambling in the past
- 107 year) divided by denominator (e.g., all individuals who responded to the question).

108 Appendix 5.2. Data synthesis methodology

- 109 Using the following protocol, available country level data were extrapolated to derive regional and global
- estimates of the prevalences and numbers of people who gamble, engaged in any risk and problematic
- gambling in the population alongside estimates for any risk and problematic gambling among people who
- gamble, and to derive uncertainty bounds around these estimates. Our approach was developed and used
- in previous global reviews conducted by our team members^{1,2}.
- 114 For data synthesis, it was assumed that all countries had evidence of gambling.
- 115 First, country-level estimates were pooled using STATA 18 via metaprop with exact binomial method.
- 116 Estimates where the denominator was based on the number of total respondents contributed to
- 117 population estimates whereas if the denominator was based on the number of people who gambled in any
- activity contributed to conditional estimates. If the estimate was based on the number of people who
- 119 gambled using a specific activity, it only contributed to conditional estimates for that specific activity.

- 120 Where possible and appropriate, we calculated population estimates based on conditional estimates and
- 121 vice versa by calculating the appropriate denominator.

122 Regional estimates:

- 123 Estimated regional and global prevalence estimates for any, any risk and problematic gambling among the
- 124 population were then based on pooled available country-level estimates, within a region or globally
- respectively, weighted by estimated country population size. Adult population estimates were based on 15-
- 126 64 2021 UN population size with adolescent population estimates based on 12-18 2021 UN population size
- 127 as accessed through <u>https://population.un.org/wpp/</u>. Estimated regional and global prevalence estimates
- 128 for any risk and problematic gambling among people who gamble (conditional prevalences) were then
- based on pooled available country- level estimates, within a region or globally respectively, weighted by
- estimated country gambling population size. Estimated regional prevalence was used where there were
 two or more countries within a region for which estimates were available. Estimated global prevalence was
- also used for each country in regions where estimates were not available of any country. If a region only
- had one country estimate and that country's population was less than 50% of the total regional population,
- the estimated global prevalence was imputed for each of the countries with no data available.
- 135 If a single country contributed more than 50% of the total observed estimates population for an overall136 global estimate, we did not proceed forward with the calculation of a global estimate. As a result, any
- regions where only one country estimate was available and required the use of the global calculated
- 138 estimate to determine a regional estimate was also not calculated.
 - Uncertainty bounds were based on the lower and upper bounds of the pooled country estimates. If only
 one estimate was available for a country, the lower and upper bounds were estimated using the exact
 binomial method.
 - 142 For each regional population size estimate, the sum of all country estimates (both those reported and those
 - 143 derived as above) and their ranges, was made. The final global population size estimate comprised the sum
 - 144 of all regional estimates.
 - For each region, the sum of all country estimates (as derived above) and their ranges was made. The finalglobal estimate comprised the addition of all regional estimates.

147 Appendix 5.3. Visualisation tools used

Data tables were created in Microsoft Word or Excel, with global map visualisations created in TableauDesktop using pooled country-level estimates.

150 References

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162 Appendix 6: Definition guidelines used for analyses.

163 Table 6.1. Definitions of any risk gambling and problematic gambling for each included gambling

164 measure scale/instrument.

		Minimum score/classification to be identified as:		
Gambling measure/instrument	# studies	Any risk gambling	Problematic/disordered gambling	
Canadian Problem Gambling Index (CPGI)/ Problematic Gambling Severity Index (PGSI)	157	1	5	
Diagnostic and Statistical Manual (DSM)-based instrument	61	1	3	
South Oaks Gambling Screen (SOGS)	26	1	3	
South Oaks Gambling Screen Revised for Adolescents (SOGS-RA)	26	2	4	
Lie-Bet	17	1	N/A	
Problem and Pathological Gambling Measure (PPGM)	10	1 or At-risk	Problem or Pathological	
NORC DSM-IV Screen for gambling problems (NODS)/ NORC DSM-IV Screening for gambling problems – loss of Control, Lying and Preoccupation (NODS-CLiP)	8	1	3	
Brief Biosocial Gambling Screen (BBGS)	3	1	N/A	
Gambling Problem Severity Subscale of Canadian Adolescent Gambling Index (GPSS/CAGI)	3	Low to moderate severity	N/A	
Alcohol Use Disorder and Associated Disabilities Interview Schedule, Diagnostic and Statistical Manual of Mental Disorders, 4th edition (AUDADIS-IV)	4	0	3	
Gamblers Anonymous 20 questions (GA-20)	2	2	7	
Playscan classification	1	Orange or Red	Orange or Red	
Minnesota Impulsive Disorders Interview (MIDI)	1	1	4	
Clinical assessment	1	1	3	
Gambling disorder Screening Questionnaire-Persian (GDSQ-P).	1	Mild	N/A	
NORC Diagnostic Screen for gambling problems – Self Administered (NODS-SA)	1	1	3	
FocaL Adult Gambling Screen (FLAGS)	1	Early risk	N/A	
Consumption Screen for Problem Gambling	3	N/A	N/A	
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165 Note: If studies reported on more than one measure/instrument, the more commonly reported

166 measure/instrument across studies was included in the analysis. Any studies that reported a higher

threshold score for problematic gambling than the minimum score reported in the table (e.g., PGSI 8+

168 only), were still included in the relevant analyses.

169 Table 6.2. Included activities within each gambling activity classification.

Activity Classification	Definition with included items
Lottery	Can consist of numerous forms with defining feature being that the jackpot accumulates over time. People either choose or given numbers via tickets that may be drawn at a later time for the jackpot. Winning numbers are typically drawn weekly or bi-weekly. Lotteries typically allow for either a winning of a portion of the jackpot or the entirety of the jackpot. If a study reported a lottery engagement estimate including instant lottery activities with no estimate available for instant lottery only or lotteries activities excluding instant lottery activities, that estimate was only included for lottery analyses.
Instant lottery/win	Games where payouts are provided instantly. This category encompasses products such as scratch-cards and instant draw games. Differentiation between instant lottery and lottery is that winning with instant lottery is not dependent on a draw of numbers at a later date.
Online gambling	A generic term to encompass use of any gambling activity using the internet or a mobile device typically via apps. If a study does not separate different types of online gambling activities, then the study's data is included as a whole within this categorisation for analyses.
Online casino gambling	A generic term of any casino-type gambling formats using the internet or a mobile device typically via apps. These can include online electronic gambling machines and online table games.
Electronic gambling machines (EGMs)	Though can encompass different types of machines, they are virtual games based on random numbers generators. People typically win by getting a certain combination of numbers or patterns on a virtual reel. Other names can include fixed odds betting terminals in the UK and pokies in Australia. Virtual or electronic gambling machines in any venue were included in this categorisation for analyses provided the data was not combined with any other group of gambling activities.
Casino games	Games that are played within the venue of a casino, with this category aiming to capture table games such as blackjack, craps, roulette, poker or baccarat. Casino games are provided through a dealer, either a human overseeing the table, or an electronic dealer visualised through a screen. If a study only reports a general casino gambling category, the data was only included for analyses related to casino games. However, if a study reports other forms of gambling in a casino venue (e.g., sports betting, betting on races), these estimates were excluded from specific gambling analyses unless classes of gambling activity within the casino venue were separately reported.
Sports betting	Placing a wager on at least one sporting event. The wager or bet can be placed on any component of the sporting event.
Betting on races	Placing bets on the outcome of an animal-based race. The most common are horse races.
Private/non-commercial betting	A generic term of any gambling activity that takes place in a private location or is only conducted within a specific social network. These can include card games in a private residence or betting pools among friends or family or colleagues.
Financial market gambling	Purchasing and selling of stocks or cryptocurrency at a high frequency (e.g., day trading).
Bingo	A game whereby players are given random numbers on a number card. Numbers are drawn and called out randomly with a player winning once a pattern of their numbers have been called.

170 *Note:* It was assumed that all activities took place in land-based venues unless otherwise specified (e.g., online or

171 apps). If a study reported activity data whereby multiple data points could have been included in an activity

- 172 classification for analyses but the data points could not be combined, the data point with the highest reported
- 173 prevalence was included.

174 Appendix 7: Table of included studies

175 Table 7.1. Brief summary of all included studies

Author, Year	Country	Study yrs	N	Study description (recruitment method, inclusion, method of survey)	% female	Mean age	% AUD	% SUD	Gambling scales used
Representative cohorts	I					-		I	
Australasia									
ACIL, 2017 ³	Australia	2017	5000	Random Digit Dial landline, pre-screened Random Digit Dial mobile sample and listed mobile phone numbers were used to recruit adults aged 18 years or older living in Tasmania.	51		24		CPGI/PGSI
ACIL, 2014 ⁴	Australia	2013	5000	Dual frame survey design, Random Digit Dialling of both landline and mobile numbers was used to recruit adults aged 18 years or older living in Tasmania.	51				CPGI/PGSI
The Allen Consulting Group, 2011 ⁵	Australia	2011	4303	Random Digit Dialling from the Social Research Centre's proprietary enhanced RDD database was used to recruit adults aged 18 years or older living in Tasmania.	39				CPGI/PGSI
Christensen, 2015 ⁶	Australia	2011	4303	8 Tasmanian LGAs were selected based on SEIFA scores and EGM density using a landline database. Rest of state sample selected from Tasmanian regions outside LGAs using a Sampleworx database of telephone exchanges containing landline telephone numbers.					CPGI/PGSI
Armstrong, 2017 ⁷	Australia	2015-2016	15245	The HILDA Survey recruited a national sample.	49				CPGI/PGSI
Tajin, 2021 ⁸	Australia	2015	3602	The HILDA survey - Wave 15 recruited individuals aged 18 and over from selected Victorian households.	53				CPGI/PGSI
Billi, 2014 ⁹	Australia	2008-2012	15000	Sampling was stratified to reflect the relative proportions of the populations within the eight Victorian local government areas for individuals aged 18 years and over.					CPGI/PGSI
Billi, 2012 ¹⁰	Australia	2008-2011	7148	Participants were a part of a large representative Victorian cohort, consisting of a longitudinal subset of participants who agreed to be called up for Wave 2.					CPGI/PGSI
Browne, 2022 ¹¹	Australia	2020-2021	2603	Recruited Australian respondents aged 18 and above who had gambled in the past 12 months through a commercial panel provider, where participants were invited by email. Victoria was not sampled due to COVID-19 lockdowns.	42.6				CPGI/PGSI, Short Gambling Harms Screen
Browne, 2019 ¹²	Australia	2018-2019	10012	The NSW Gambling Survey recruited individuals 18 years and over living in NSW using Random Digit Dialling.	49				CPGI/PGSI
Delfabbro, 2014 ¹³	Australia	2005-2009	256	Original survey based on probability sampling from residential addresses. Addresses in South Australia were selected at random from a current telephone directory to recruit 16-19 years old for wave 1.	50				DSM-based instrument (DSM- IV-J)
Department Justice and Attorney-General, 2012 ¹⁴	Australia	2011-2012	15088	The sample was selected from a household-based frame (list) of individuals aged 18 years or older who were usually residents in private dwellings, which included both Queensland landline and mobile telephone numbers.	56				CPGI/PGSI
Davidson, 2015 ¹⁵	Australia	2014-2015	6995	ACT residents sampled from random digit dialling of telephone numbers from a list of numbers linked to their postcode. The adult with the last birthday was invited to participate	55.5				CPGI/PGSI
Davidson, 2010 ¹⁶	Australia	2009	5462	ACT residents sampled from random digit dialling incorporating all landline numbers, incl. listed and unlisted numbers. Chosen member of household was either youngest adult male in the first week or youngest adult following first week.					CPGI/PGSI
Dowling, 2016 ¹⁷	Australia	2013	2000	Dual-frame sampling using Random Digit Dialling (RDD) was used to nationally recruit individuals aged 18 years and over. A 50% mobile and 50% landline frame was used.					CPGI/PGSI
Dowling, 2010 ¹⁸	Australia		3953	Targeted Random Digit Dialling was used to recruit a national sample of adult respondents. Incremental sampling with quota allocation was used to ensure adequate numbers in target groups.	51				CPGI/PGSI
Freund, 2022 ¹⁹	Australia	2017	6377	A random sample of schools, stratified by education sector (Government, Catholic and Independent), was developed for each participating state (Queensland and Victoria) to reflect state wide distributions. Classes of students in Years 7-12 were randomly selected to participate.	56				DSM-based instrument (DSM- IV-[MR]-J)
Freund, 2023 ²⁰	Australia	2017	6377	A random sample of schools, stratified by education sector (Government, Catholic and Independent), was developed for each participating state (Queensland and Victoria) to reflect state wide distributions. Classes of students in Years 7-12 were randomly selected to participate.	56				DSM-based instrument (DSM- IV-[MR]-J)
Freund, 2019 ²¹	Australia	2017	3746	Stratified two-stage probability sample was used to recruit students in years 7 to 12 in Victorian secondary schools.	58				DSM-based instrument (DSM- IV-[MR]-J)
Hare, 2015 ²²	Australia	2014	13554	Victorians aged 18 years or older were recruited from a dual frame sample (mobile and landline), Random Digit Dialling methodology.	62				CPGI/PGSI
Haw, 2013 ²³	Australia	2010	620	Recruitment of individuals 18 years or over who gambled 26 times (~weekly) in the past year was conducted via Random Digit Dialling and administered by a market research company with experience in problem gambling surveys.	43	54			CPGI/PGSI

Uin - 2024 ²⁴	Austualia	2010	15000	Free she die 000 menone danse frame all Australian installistican and die and australian installistican				1	
Hing, 2021 ²⁺	Australia	2019	15000	Exactly 15,000 respondents from all Australian Jurisdictions, aged 18 and over were recruited via random digit dial sampling for the National Telephone Survey, and completed a computer-assisted telephone interview.					CPGI/PGSI
Hing, 2014 ²⁵	Australia	2011	15006	A national sample of individuals aged 18 years or older in Australia were drawn from the White Pages using Random Digit Dialling.					CPGI/PGSI
Gainsbury, 2014 ²⁶	Australia	2011	15006	Random Digit Dialling was used to recruit individuals 18 years and over in Australia. Participants were randomly selected by requesting the interview be conducted with the person aged 18 or older who was having the next birthday.	53				CPGI/PGSI
Gainsbury, 2015 ²⁷	Australia	2011	2011	Used a national Random Digit Dial telephone survey. A household interviewee was randomly selected by requesting the interview be conducted with the person aged 18 or older who was having the next birthday. Only participants who gambled in the last 12 months were included in this analysis.	44				
Howe, 2018 ²⁸	Australia	2016	3361	Recruited by the Online Research Unit (ORU), who maintain a panel of individuals who have agreed to participate in surveys sent to them, including individuals aged 18 and over in Victoria.	52	47			
NSW Health, 2010 ²⁹	Australia	2008-2009	9349	Eligible geo-coded numbers of NSW households were randomly sorted with households contacted using random digit dialling. One person from the household was randomly selected for inclusion in study.					CPGI/PGSI
Office of Regulatory Policy, 2018 ³⁰	Australia	2016-2017	15009	Participants were randomly chosen from a household-based frame (list) including landline and mobile telephone numbers of individuals aged 18 and over residing in private dwellings in Queensland.	54				CPGI/PGSI
O'Neil, 2021 ³¹	Australia	2020	5009	Sample sourced from Integrated Public Number Database to recruit Adults aged 18 years or older living in Tasmania.	52		41		CPGI/PGSI
Paterson, 2019 ³²	Australia	2019	10000	ACT residents selected using dual-frame sampling method with in 70:30 ratio mobile/landline. Listed numbers were selected at random. Landline households recruited person with latest birthday if multiple eligible individuals.	53.4				CPGI/PGSI
Purdie, 2011 ³³	Australia	2009	5685	A school-based sampling approach was used for young kids, and telephone-based sampling approach for the older group to recruit youth between 10-24 years. This was supplemented by an on-line surveying of panels of young people.	50				DSM-based instrument
Queensland Government, 2010 ³⁴	Australia	2008-2009	14962	Queensland private dwellings phone numbers were randomly chosen (Random Digit Dialling), with one random adult chosen from each household.	57				CPGI/PGSI
Rockloff, 2020 ³⁵	Australia	2018	10638	Victorians aged 18 years and over were recruited using a dual frame random sample design split evenly between landline and mobile numbers.	54		49		CPGI/PGSI
Sproston, 2012 ³⁶	Australia	2011	10000	Randomly generated telephone numbers of adults aged 18 and over living in NSW.	50				CPGI/PGSI
Stevens, 2017 ³⁷	Australia	2015	4945	NT residents were selected using dual frame sampling with numbers randomly selected from landline telephone frame and 3 mobile phone lists. For landline, household member with most recent birthday was selected.	47.7				
Stevens, 2021 ³⁸	Australia	2018	5000	Dual frame telephone sampling approach.	48.8				CPGI/PGSI
The Social Research Group, 2013 ³⁹	Australia	2012	9246	SA residents were selected using dual-frame sampling method with respondents selected from randomly generated landline sample or list-based mobile phone sample. For landline sample, household member with most recent birthday selected.	51.4				
Woods, 2018 ⁴⁰	Australia	2018	20017	South Australian phone numbers were randomly chosen (Random Digit Dialling) for landline numbers and the phone database (SamplePages) was used for mobile numbers, to recruit residents aged 18 years and over.	56				CPGI/PGSI
Abbott, 2014 ⁴¹	New Zealand	2012	6251	Nationally, mesh blocks (small areas) were selected, then dwellings were selected within each mesh block, and finally an eligible respondent aged 18 years or over was selected for an interview within each dwelling.			38.8		CPGI/PGSI, SOGS
Abbott, 2014 ⁴²	New Zealand	2012	6251	Nationally, mesh blocks (small areas) were selected, then dwellings were selected within each mesh block, and finally an eligible respondent aged 18 years or over was selected for an interview within each dwelling.	58				
Abbott, 2018 ⁴³	New Zealand	2015	6251	Nationally, mesh blocks (small areas) were selected, then dwellings were selected within each mesh block, and finally an eligible respondent aged 18 years or over was selected for an interview within each dwelling.	58				CPGI/PGSI
Abbott, 2017 ⁴⁴	New Zealand	2012	6252	The sample design was a stratified three stage cluster design with the strata being 21 District Health Board regions and 1000 Census 2006 mesh blocks across New Zealand. Up to seven calls were made to each private dwelling household to contact the eligible respondent aged 18 and older.					SOGS
Bellringer, 2020 ⁴⁵	New Zealand	2012-2015	2770	The New Zealand National Gambling Study recruited participants nationally.	57			1	CPGI/PGSI

Kruse, 2016 ⁴⁶	New Zealand	2012-2014	2672	The survey uses a multistage, stratified, clustered and random probability sampling methodology to recruit individuals 15 years and over living in New Zealand.	57				CPGI/PGSI
Rossen, 201647	New Zealand	2012	7813	Adolescent students from randomly selected secondary schools in New Zealand were sampled.	56				Unhealthy gambling indicators
Rossen, 2015 ⁴⁸	New Zealand	2011-2012	12596	Interviews with residents of New Zealand were carried out in participant's home. This population includes adults living in permanent dwellings, student accommodation, and aged-care facilities, but excludes people living in long-term hospital care, prisons, homeless, short-term visitors, and tourists.	51ª		4.8		CPGI/PGSI
Walker, 2012 ⁴⁹	New Zealand		1973	Nationwide, multistage, random probability sampling was carried out for a youth sample aged 15- 17 years and an adult sample aged 18 years and over.					
North America		•	1				•		
Afifi, 2019 ⁵⁰	Canada	2013-2014	30150	Random, multistage, stratified, cluster design to select private dwelling Canadian residents aged 12 years and older in the 10 provinces and 3 territories. The present study included data from Manitoba, Saskatchewan, and British Columbia.					CPGI/PGSI
Afifi, 2010 ⁵¹	Canada	2002	36984	Used a random, multistage stratified cluster design to select private dwelling Canadian residents aged 15 and over from 10 provinces in Canada.	53ª				CPGI/PGSI
Afifi, 2010 ⁵²	Canada	2002	10056	Used a random, multistage stratified cluster design to select private dwelling Canadian women residents aged 15 and over from 10 provinces in Canada.	100		2 ^a	0.4ª	CPGI/PGSI
Afifi, 2010 ⁵³	Canada	2002	36984	Used a random, multistage stratified cluster design to select private dwelling Canadian women residents aged 15 and over from 10 provinces in Canada.	100ª				CPGI/PGSI
Afifi, 2010 ⁵⁴	Canada	2002	10056	A random, multistage stratified cluster design to select women residents aged 15 and over in private dwellings.	100				CPGI/PGSI
Currie, 2011 ⁵⁵	Canada	2002	3511	Households in Alberta were selected using telephone numbers generated using Random Digit <u>D</u> ialling, to recruit individuals 18 years and over. People living in group quarters and First Nations communities were excluded.	54				CPGI/PGSI
El-Guebaly, 2015 ⁵⁶	Canada	2006-2011	1372	Recruited using Random Digit Dialling in Alberta (Edmonton, Calgary, Lethbridge area, and Grand Prairie) for 18–65-year-olds. There were 4 supplemental recruitments techniques at Wave 1: media release, posters in gambling venues, local newspaper advertisements, snowball email sent to individuals who had already participated asking them to tell their friends.	56	38			CPGI/PGSI
Currie, 2017 ⁵⁷	Canada	2006-2011	809	Participants were recruited from the Alberta general population through random-digit dialling, as well as a proportion of individuals who were likely to develop gambling problems during longitudinal follow-up. Additional media recruitment to recruit 'at-risk'. Note: this study was only included within analyses for non-probabilistic studies	57	40			CPGI/PGSI
Currie, 2021 ⁵⁸	Canada	2006-2011	780	Recruited using Random Digit Dialling for adolescents and adults in Alberta from general population. It oversampled individuals who were likely to develop gambling problems and consists of adults who reported gambling at time 1.	57	40			
Currie, 2012 ⁵⁹	Canada	2006-2008	809	Recruited using Random Digit Dialling for adults in Alberta. Study was restricted to participants who had completed time 2 assessment.	50	40			DSM-based instrument
Faregh, 2013 ⁶⁰	Canada	2007-2008	7819	A multistage stratified cluster design was used to sample households of residents aged 12 years and older in Saskatchewan.					
Gill, 2016 ⁶¹	Canada		506	In each participating Cree community in Quebec a random sample was collected using housing lists, stratified by age and gender.	57	44	23	36	CPGI/PGSI
Giroux, 2012 ⁶²	Canada	2009	1014	A letter and an information sheet describing the study were sent to households with a valid address in the Gaspésie-Îles-de-la-Madeleine region. Telephone numbers were randomly selected and stratified according to the six regional county municipalities. Chose 1 adult aged 18 and over that spoke French or English. If there were multiple adults, a kish grid used.					CPGI/PGSI
Kairouz, 2015 ⁶³	Canada	2009	11888	Private households in Quebec were selected by Random Digit Dialling, and one adult per household was selected randomly. Sample was stratified accordingly to the 16 health regions comparable with the Ministry of Health planning areas.	68ª				CPGI/PGSI
Kairouz, 2015 ⁶³	Canada	2012	12008	Private households in Quebec were selected by Random Digit Dialling, and one adult per household was selected randomly. Stratification performed by drawing samples from seven district regions according to Statistics Canadas classifications.					CPGI/PGSI
Costes, 2018 ⁶⁴	Canada	2009-2012	23896	Two staged, stratified, and non-proportional sampling. Private households in Quebec were selected by Random Digit Dialling, and one French speaking adult per household was selected randomly.	50°		13ª		CPGI/PGSI
Kairouz, 2016 ⁶⁵	Canada	2009	8117	Random sample of non-institutionalised population aged 18 years and over, French, or English speaking in Quebec.	49				CPGI/PGSI
Luce, 2016 ⁶⁶	Canada	2009-2011	11888	The survey sample was selected using a two-stage random stratified design covering regions and private households in Quebec. 1 individual who spoke French or English from eligible households was interviewed.					CPGI/PGSI

Martins, 2010 ⁶⁷	Canada		11531	Recruited a sample from Alberta, British Columbia, Newfoundland, Ontario using Random Digit Dialling.	51				CPGI/PGSI
Snaychuk, 2023 ⁶⁸	Canada	2018	10199	Participants who gambled at least once a month in the past year were recruited via Leger Opinion as part of the Alberta Gambling Research Institute's National Project (ANP) online panel survey.	53.2	52.2			CPGI/PGSI
Hodgins, 2022 ⁶⁹	Canada	2018	10054	A sample of regular gamblers were recruited from a pool of online panellists associated with the firm Leger 360. Repeated email notifications were sent out until at least 1400 completed surveys were obtained from each province or region.					CPGI/PGSI
Leonard, 2021 ⁷⁰	Canada	2018-2019	10199	Recruited individuals 18 years and over who gambled at least once per month from Leger Opinion's registered pool of online panellists. The panel pool was designed to be geographically and demographically representative of the adult population.	53				PPGM
Mackey-Simpkin, 2022 ⁷¹	Canada	2018	10199	Recruited adult online panellists from across Canada who were members of Leger Opinion, which is demographically representative of Canada. Eligibility was restricted to people who indicated on the initial screening question that they usually participated in some type of gambling at least once a month.					PPGM
Stark, 2012 ⁷²	Canada	2005	3604	The survey used Random Digit Dialling of people aged 18 years and over in Ontario.	48				CPGI/PGSI
Stark, 2012 ⁷²	Canada	2007-2007	27757	Participants aged 12 years and over were recruited from Ontario. The study excluded those living on Indian Reserves and Crown Lands, institutional residents, full-time members of the Canadian Forces and residents of certain remote regions.	54				CPGI/PGSI
Bhatti, 2019 ⁷³	Canada	2007-2008	30652	Recruited individuals aged 18 and over in Ontario. Using the healthcare administrative databases, residence in Ontario was confirmed during the follow-up period based on the last contact of the healthcare system.	55		11		CPGI/PGSI
Kim, 2016 ⁷⁴	Canada	2007-2008	43958	The CCHS uses 3 sampling frames to select households in Ontario: 49% of the sampled households comes from an area frame, 50% comes from a list frame of telephone numbers and 1% comes from Random Digit Dialling. All members of household aged 12 and over are listed and 1 is selected.					
van der Maas, 2018 ⁷⁵	Canada		2187	Randomly selected landline telephone numbers of people aged 55 years and over in Ontario. Regular gamblers were oversampled, followed by weighting of player status.	54				CPGI/PGSI
Vitaro, 2018 ⁷⁶	Canada	1995-2015	766	Participants were recruited from the Quebec Newborn Twin Registry, which identified all twin births occurring in the Province of Quebec between 1995 and 1998. Twin adolescents were asked about gambling behaviour at ages 14 and 17.	52	14			
Vitaro, 2015 ⁷⁷	Canada		662	The participants were drawn from the Quebec Newborn Twin Study, an ongoing longitudinal study.	52	13			
Williams, 2020 ⁷⁸	Canada	2018	23952	Introductory letters explaining the purpose of the survey were first sent to selected households in Canada, each province divided into clusters. Adults 18 and over were randomly selected from each household.					CPGI/PGSI
Williams, 2023 ⁷⁹	Canada	2018	23952	Each province was divided into geographic areas/clusters. Households were sampled within each cluster and an individual was then randomly selected from each household, with ages 18-35 and 65+ being given a higher probability of selection. The study excludes full-time members of the Canadian Forces, youth aged 12 to 17 living in foster homes, the institutionalized population, and people living on First Nation reserves.					PGSI
Williams, 2015 ⁸⁰	Canada	2006	3065	Random Digit Dialling of telephone numbers from a pool of numbers with area codes and prefixes estimated to be within 70 kilometres of the city of Belleville to recruit individuals aged 18 years or older.	53				PPGM
Currie, 2021 ⁵⁸	Canada	2006-2011	3432	Random Digit Dialling recruited adult participants from Quinte region, Ontario. The current study comprised 3054 adults who gambled at time point 1.	54	46			
Currie, 2017 ⁵⁷	Canada	2006-2011	3054	Random-digit dialling (RDD) recruited participants from Quinte region in Ontario. Participants were adults who reported gambling at time 1, participated in the time 2 data collection and had valid data for gambling-related harms.	53	46			CPGI/PGSI
Leonard, 2016 ⁸¹	Canada	2006-2011	4121	Recruited from the general adult population of Ontario via Random Digit Telephone Dialling.	55				PPGM
Afifi, 2010 ⁸²	United States	2001-2003	3334	Multistage clustered sampling design was used to recruit individuals 18 years and over.	60				DSM-based instrument (DSM- IV)
Richmond-Rakerd, 2013 ⁸³	United States	2001-2003	3419	Respondents were drawn by probability sampling within a national multistage clustered area probability sample of households; one English speaking adult was randomly selected from each household was sampled.	60				
Barry, 2011 ⁸⁴	United States		31830	Multi-stage cluster sampling was used to identify respondents 18 years and over: national census sampling units, households, and then household members were sequentially sampled.	52	47	9	2	AUDADIS-IV
Barry, 2011 ⁸⁵	United States		7888	Multistage cluster sampling was used to identify respondents 18 years and over: national census sampling units, households, and then household members were sequentially sampled. Subsample of African Americans analysed.	63		6	2	AUDADIS-IV

Barry, 2011 ⁸⁵	United States		32316	Multistage cluster sampling was used to identify respondents 18 years and over: national census sampling units, households, and then household members were sequentially sampled. Oversample African American and Hispanic households, as well as 18-24 year olds. For the purpose of this study, sample was restricted.	58	48	8	2	AUDADIS-IV
Moghaddam, 2015 ⁸⁶	United States	2001-2002	13578	Nationally recruited individuals aged 18 and over. One individual per housing unit (non- institutionalised civilian public) was chosen at random.	66				DSM-based instrument (DSM- IV)
Nower, 2013 ⁸⁷	United States	2001-2002	43093	The NESARC study nationally recruited individuals aged 18 and over. Young adults, Hispanics, and African Americans were oversampled, and rates were weighted to the 2000 decennial census in terms of age, race, sex, and ethnicity and were further weighted to adjust for sampling probabilities.					DSM-based instrument (DSM- IV)
Parhami, 2014 ⁸⁸	United States	2001-2005	39959	The NESARC study nationally recruited individuals aged 18 and over.	56	45		8	DSM-based instrument (DSM- IV)
Pilver, 2013 ⁸⁹	United States	2001-2005	10231	Participants were selected nationally through a multistage, clustered sampling strategy. Recruited individuals 55 years and over without lifetime history of cardiovascular conditions, living in households, dormitories, group homes, and shelters.	60				DSM-based instrument (DSM- IV)
Pilver, 2013 ⁹⁰	United States	2001-2005	10231	Households were selected nationally based on multi-stage stratified sampling design. The current study included individuals aged 55+ years, excluding individuals with lifetime history of the disorders of interest at wave 1.	60	67		9	AUDADIS
Roberts, 2018 ⁹¹	United States	2000-2005	25631	Households selected based on multi-stage stratified sampling design, to nationally recruit non- institutionalised 18-year-olds. In the current study only participants who responded to intimate partner violence questions at Wave 2 comprised the sample.					
Barnes, 2011 ⁹²	United States	1999-2007	4905	Combined dataset of two national household surveys. Telephone samples were purchased from Survey Sampling, Inc. The first survey sampled 18 years and older and the second survey sampled 14 to 21 years of age.	51				
Barnes, 2010 ⁹³	United States	2005-2007	1000	A national sample was selected through Random Digit Dialling telephone sampling. The present sample includes 18-21 year olds.	52				SOGS-RA
Black, 2012 ⁹⁴	United States	2006-2008	356	Sampled adults from randomly selected households in Iowa.					SOGS
Carliner, 2022 ⁹⁵	United States	2021	2029	Randomly selected residents were eligible to complete the survey if they were 18 years or older, a current resident of Illinois with a telephone, and spoke English or Spanish.	52				PPGM
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶	United States	2022	4088	Recruited participants from 5 th , 8 th and 11 th grade public school students in Delaware, completed in 18 of the 19 school districts. This sample only includes 5 th grade students.					
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶	United States	2022	3544	Recruited participants from 5 th , 8 th and 11 th grade public school students in Delaware, completed in 18 of the 19 school districts. This sample only includes 8 th grade students.					
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶	United States	2022	2936	Recruited participants from 5 th , 8 th and 11 th grade public school students in Delaware, completed in 18 of the 19 school districts. This sample only includes 11 th grade students.					
Department for Aging and Disability Services, 2013 ⁹⁷	United States	2012	1600	Respondents were randomly selected from landline and cell phone numbers located across the state of Kansas, divided into 4 zones: northeast, south central, southwest regions and the fourth being a balance of the state.	57				Combined NODS and PGSI
Gemini Research, 202498	United States	2023	5259	A mailed solicitation was sent to a random sample of addresses from the listing of Connecticut residential addresses provided by the U.S. Postal Service.					PPGM, NODS-CLIP
Gemini Research, 2024 ⁹⁸	United States	2023	8106	The random sample of addresses from the listing of Connecticut residential addresses provided by the U.S. Postal Service was combined with a sample recruited by sending an email to all members of the Centiment panel who resided in Connecticut inviting them to participate in an online survey.					
Grubbs, 2022 ⁹⁹	United States	2022	2806	US adults matched and weighted for US norms for age, gender, education, census, region, and race and ethnicity as of the 2019 American Community Survey were recruited via YouGov.	51.4	48.9			PGSI
Hochul, 2020 ¹⁰⁰	United States	2020	3823	The New York Problem Gambling Prevalence Survey was conducted among non-institutionalised adult New Yorkers (ages 18 and older).					PPGM
Jun, 2023 ¹⁰¹	United States	2022	854	The address-based sampling (ABS) frame was built using the United States Postal Service (USPS). Addresses were selected using proportionate stratified random sampling. Adults 18+ with the most recent birthday were sampled from households. The target population was the non- institutionalised, civilian adult household population in Indiana.	52.2				CPGI/PGSI, DSM-based instrument (DSM-5), NODS-CLIP
Kim, 2012 ¹⁰²	United States	1998-1999	2213	A stratified probabilistic sampling technique recruited individuals aged 18-65 years living in San Francisco and Honolulu, of Filipino descent.	61		2		
Krebill-Prather, 2021 ¹⁰³	United States	2021	9249	A simple random sample of 52,000 residential postal addresses from the US Postal Service Computerized Delivery Sequence File recruited adult residents living in Washington state for longer than one year. Used random sampling of adults within households with the most recent birthday asked.	49.4				PGSI

Massatti, 2016 ¹⁰⁴	United States	2012	3495	A Multistage sampling strategy used Random Digital Dialling to recruit individuals aged 18 and over from five regions in Ohio.	63		6ª		CPGI/PGSI
Mills, 2023 ¹⁰⁵	United States	2022	3259	The NGAGE Study recruited a representative sample of adults from Missouri using a non- probabilistic sampling procedure.					DSM-based instrument (DSM-5)
Mills, 2022 ¹⁰⁶	United States	2022	4035	Current residents of Oklahoma state aged 18 and above were randomly chosen by postal code then invited to complete the questionnaire. Four sources of recruitment: address-based online survey, CATI phone interview, partner panel participants and social media advertisting.	50.5				DSM-based instrument (DSM-5)
Nower, 2023 ¹⁰⁷	United States	2020-2021	3512	The survey included telephone numbers obtained from a Random Digit Dialling sample, as well as cell phone numbers in the pool of eligible numbers. Online survey was sent to a random sample of panellist from New Jersey by Leger, with sample quotas.					CPGI/PGSI
Stanmyre, 2023 ¹⁰⁸	United States	2020-2021	3414	Dual sampling frame: (1) CATI survey to random sample from a random digit dialling pool (landlines and mobile phone; n=1502) and (2) online survey to random sample of online panellists (n=2010)	51.5	48.2			
Nower, 2017 ¹⁰⁹	United States	2015	3634	A random sample of New Jersey adults aged 18 and over was recruited. The sampling frame included telephone numbers obtained from Random Digit Dialling sample as well as cell phone numbers. An online survey link was also sent to random sample of New Jersey panellists.	51				CPGI/PGSI
Park, 2019 ¹¹⁰	United States	2018-2019	1761	The 2018 Survey of Public Gambling Attitudes and Behaviors Toward Gambling recruited non- institutionalised adults in Iowa using a dual-frame (land and cell) random digit dial (DF-RRD) telephone sampling method.					CPGI/PGSI
Patterson-Silver, 2015 ¹¹¹	United States	2011-2013	3340	Survey of Gambling in the US (SOGUS2) and The Survey of Native American Gambling (SONAG), which nationally recruited individuals aged 18 and older using Random Digit Dialling.					CPGI, SOGS-R, DIS-IV
Welte, 2015 ¹¹²	United States	2011-2013	2963	National landline and mobile telephone samples were purchased from Survey Sampling, Inc and each participant aged 18 years and over was recruited randomly by selecting the potential respondent with the next birthday.					DSM-based instrument (DSM- IV), SOGS-R
Petry, 2013 ¹¹³	United States		2417	Randomly selected US households participating in a nationally based epidemiological survey of gambling participation and problems, the national Gambling Impact and Behavior Study (GIBS).	52				DSM-based instrument (DSM- IV)
Petry, 2013 ¹¹³	United States		450	A subsample of the Gambling Impact and Behaviour study analysed gambling patrons.	42				DSM-based instrument (DSM- IV)
Ramowski, 2012 ¹¹⁴	United States	2009	5348	All Oregon public secondary schools were part of the sampling frame, where school districts were randomly sampled. Participants were 8th graders aged 12-15 years.	48				
Russell, 2023 ¹¹⁵	United States	2020-2021	1147	Participants from Pennsylvania were recruited using a Dual Frame Random Digital Dial method from a sample of 15000 landlines and 15000 cellular. Sample allocated proportionally across all Pennsylvania stratas. All frames were represented with equal probability across counties.	50.2	54			BPGS
Stefanovics, 2023 ¹¹⁶	United States	2019	1807	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	49				
Stefanovics, 2023 ¹¹⁶	United States	2017	2153	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	49				
Stefanovics, 2023 ¹¹⁶	United States	2015	2044	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	50				
Stefanovics, 2023 ¹¹⁶	United States	2013	2226	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	50				
Stefanovics, 2023 ¹¹⁶	United States	2011	1920	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	50				
Stefanovics, 2023 ¹¹⁶	United States	2009	2285	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	50				
Sterner, 2022 ¹¹⁷	United States	2021-2022	2003	A dual frame random digit dial (DFRDD) including a combination of 50% landline and 50% cellular RDD samples, was used to represent adults aged 18 years or older across Pennsylvania who have access to either a landline or cellular telephone.	50.3	49.7			
Streich, 2020 ¹¹⁸	United States	2019	8512	The survey was administered to a stratified random sample of 35,000 households across Minnesota.	49			3.7	PPGM
The Learning Tree Institute at Greenbush Research and Evaluation Department, 2017 ¹¹⁹	United States	2017	1755	The 2017 Kansas Gambling Survey recruited a random sample representative of the state and four gambling regions.		46			DSM-based instrument (DSM-5)

Tracy, 2017 ¹²⁰	United States	2017	3763	Survey units attempted to contact 119,284 Maryland residents/households during the study period (August to October, 2017) using a dual frame random sample methodology - landline and mobile phones.	53.4		NODS-CLIP
Volberg, 2023 ¹²¹	United States	2021-2022	6293	The Follow-up General Population Survey (FGPS) obtained a probability sample of all Massachusetts households. Sample included targets for Asian, Hispanic, and Black populations, and adults aged 18-29, as these groups are less likely to participate in surveys than other groups in the population.	52.4		PPGM
Volberg, 2017 ¹²²	United States	2013-2014	9578	Address Based Sampling (ABS) was used to ensure that all Massachusetts households had a positive probability of selection into the sample regardless of telephone ownership (landline, cell phone, or no telephone). Within each sampled dwelling unit, the adult with the most recent birthday was selected as the survey respondent.	60		PPGM, CPGI/PGSI
Welte, 2015 ¹¹²	United States	1999-2000	2631	National landline telephone samples were purchased from Survey Sampling, Inc and each participant was recruited randomly by selecting the potential respondent aged 18 and over and with the next birthday.			DSM-based instrument (DSM- IV), SOGS-R
Welte, 2011 ¹²³	United States	1999-2007	4905	National telephone samples purchased from Survey Sampling. Recruited by selecting randomly from among the residents in each household. The adults survey recruited individuals ages 18 and over and the youth survey recruited 14-21 year olds.	51		DSM-based instrument
Yip, 2011 ¹²⁴	United States	2006-2007	2484	All public 4-year and nonvocational or special education high schools in the state of Connecticut were invited to participate in this study via letters of invitation and follow-up calls to the school principals, to recruit students in grades 9-12.	43		DSM-based instrument
Kong, 2013 ¹²⁵	United States		1780	All public 4-year high schools in Connecticut were invited to participate to recruit Asian-American and Caucasian students in Grades 9-12.	42		DSM-based instrument (DSM- IV)
Stefanovics, 2023 ¹¹⁶	United States	2007	1966	High schools in Connecticut were selected using random start with probability proportional to enrolment sizes in grades 9 to 12 (aged 12-18). Classes were then selected by a systematic equal probability sampling procedure.	50		
Western Europe			•				
Molinaro, 2018 ¹²⁶	Albania	2015	2553	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	13ª	16	
ESPAD Group, 2020 ¹²⁷	Austria	2019	4334	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-bet, CSPG
Molinaro, 2018 ¹²⁶	Austria	2015	3684	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	9ª	16	
Strizek, 2021 ¹²⁸	Austria	2020	5964	Survey participants aged 15 and above from all nine federal states were selected by simple random selection from a pool of 30,000 people from an online panel, recruited offline	51		DSM-based instrument (DSM-5)
Ekholm, 2014 ¹²⁹	Denmark	2005	5448	Recruited individuals aged 16 and above using a regional stratified random sample of Denmark.	53		Lie-Bet
Ekholm, 2014 ¹²⁹	Denmark	2010	14225	Recruited a national random sample of individuals aged 16 and above.	54		Lie-Bet
Algren, 2015 ¹³⁰	Denmark	2005-2010	19673	Data from two studies was included: Danish Health and Morbidity Survey 2005 region-stratified random sample. Danish Health and Morbidity Survey 2010: recruited participants via post. Recruited participants 16 years and over.	54		Lie-Bet
Laursen, 2016 ¹³¹	Denmark	2005-2010	5233	Individuals from Denmark, aged 20 years or over were recruited as part of the Danish Health and Morbidity Surveys.			Lie-Bet
ESPAD Group, 2020 ¹²⁷	Denmark	2019	2487	The ESPAD 2019 survey used stratified random sampling with schools being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-bet, CSPG
Fridberg, 2016 ¹³²	Denmark	2015-2016	6274	Sample of 18–74-year-olds recruited through the CPR register of Denmark.	51		CPGI/PGSI, NODS/NODS-CLIP
Fridberg, 2016 ¹³²	Denmark	2005	704	Recruited a national sample of 18–74-year-olds.	19		NODS/NODS-CLIP
Kragelund, 2022 ¹³³	Denmark	2017	14022	Individuals aged 16 and above were drawn at random from the Danish adult population using the Danish Civil Registration System, as part of the Danish Health and Morbidity Survey.	54.2		Lie-Bet
Kragelund, 2022 ¹³³	Denmark	2013	14265	Individuals aged 16 and above were drawn at random from the Danish adult population using the Danish Civil Registration System, as part of the Danish Health and Morbidity Survey	54.8		Lie-Bet
Kristiansen, 2014 ¹³⁴	Denmark	2008	2223	All Danish municipalities were stratified by the three main Danish regions (Jutland, Sealand and Funen), and within each stratum, municipalities were randomly selected. From selected municipalities, schools were randomly selected, to recruit students aged 11-17 years.	50		SOGS-RA
Molinaro, 2018 ¹²⁶	Denmark	2015	1670	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999	12ª	16	
Spångberg, 2020 ¹³⁵	Denmark	2015	1654	National sample of 15-16 year old were recruited.	52	16	Lie-Bet
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Ramboll Management Consulting, 2022 ¹³⁶	Denmark	2021		Participants aged 18-79 were randomly selected by Statistics Denmark				CPGI/PGSI
Ramboll Management Consulting, 2022 ¹³⁶	Denmark	2021		Participants aged 12-17 were randomly selected by Statistics Denmark				CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Faroe Islands	2019	511	The ESPAD 2019 survey recruited students from all schools. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Faroe Islands	2015	511	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	10 ^a	16		
Castren, 2013 ¹³⁷	Finland	2010	2826	National Finnish Population register was used to sample individuals aged 15-64.	56	43	15	CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Finland	2019	4541	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected. Aland Islands was not covered by the sampling frame.				Lie-Bet, CSPG
Castren, 2022 ¹³⁸	Finland	2019	4160	Used a two stage systematic probability-proportional-to-size sampling method, using NUTS 2 as strata and schools as clusters. Only included individuals who turned sixteen in the calendar year of the survey and spoke Finnish or Swedish, and excluded special schools for students with learning disorders or severe physical disabilities.	51.3			CSPG
Halme, 2011 ¹³⁹	Finland	2007	5008	Random sampling of individuals aged 15 years and over living in mainland Finland.	51	46		SOGS-R
Salonen, 2015 ¹⁴⁰	Finland	2007	4722	Random sample of people aged 15-74 years or older, speaking Finnish or Swedish and residing in mainland Finland were selected from Finnish Population Register.	50	44		SOGS
Latvala, 2023 ¹⁴¹	Finland	2019	89294	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	50.3			
Latvala, 2023 ¹⁴¹	Finland	2017	74544	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	50.2			
Latvala, 2023 ¹⁴¹	Finland	2015	50404	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	50.1			
Latvala, 2023 ¹⁴¹	Finland	2013	99478	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	49.5			
Latvala, 2023 ¹⁴¹	Finland	2010-2011	102545	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	49.9			
Latvala, 2023 ¹⁴¹	Finland	2008-2009	108649	The School Health Promotion Study (SHPS) recruited eighth and ninth graders aged 14-16 years old across all of Finland and was included as part of the school's normal activities.	49.9			
Latvala, 2021 ¹⁴²	Finland	2017	7186	Randomly selected residents of Uusimaa, Pirkanmaa and Kumenlaakso aged 18 years and above from the population register. Institutionalized persons (prisoners, infirmed, etc.) were excluded.	52.3	50.5		PPGM
Molinaro, 2018 ¹²⁶	Finland	2015	4049	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	16ª	16		
Spångberg, 2020 ¹³⁵	Finland	2015-2015	3992	Students aged 15 and 16 years were recruited as part of the EPSAD study in Finland.	51	16		
Nordmyr, 2014 ¹⁴³	Finland	2011	4642	Randomly sampled 15-80 year-olds in Western Finland from the Population Information System by the Finnish Population Register Centre.	52ª	49ª	25ª	Lie-Bet
Nordmyr, 2016 ¹⁴⁴	Finland	2011-2011	4624	Participants were recruited from Western Finland and aged 15 to 80 years old as part of the Western Finland Mental Health Survey.	57			Lie-Bet
Raisamo, 2020 ¹⁴⁵	Finland	2011	3443	Participants included individuals aged 12-16 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	57			Number of harms experienced
Raisamo, 2015 ¹⁴⁶	Finland	2011-2012	4484	A sample of individuals aged 15–74 was randomly selected from the National Population Register.	53	48		CPGI/PGSI
Edgren, 2016 ¹⁴⁷	Finland	2011-2012	822	Finnish Gambling survey initially sampled 15-74 year-olds who spoke Finnish or Swedish and resided in mainland Finland; this is subsample of 15-28-year-olds.	49			CPGI/PGSI
Raisamo, 2020 ¹⁴⁵	Finland	2013	2599	Participants included individuals aged 12-16 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	57			
Raisamo, 2020 ¹⁴⁵	Finland	2015	5080	Participants included individuals aged 12-16 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	56			
Raisamo, 2020 ¹⁴⁵	Finland	2017	3054	Participants included individuals aged 12-16 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	57			Number of harms experienced
Raisamo, 2020 ¹⁴⁵	Finland	2011	1083	Participants included individuals aged 18 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	64			Number of harms experienced
Raisamo, 2013 ¹⁴⁸	Finland	2011	4526	Participants included individuals aged 12-18 years recruited from the Finnish Population Register Centre on the basis of particular dates of birth.	58			

Raisamo, 2020 ¹⁴⁵	Finland	2013	908	Participants included individuals aged 18 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	69			
Raisamo, 2020 ¹⁴⁵	Finland	2015	1545	Participants included individuals aged 18 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	62			
Raisamo, 2020 ¹⁴⁵	Finland	2017	964	Participants included individuals aged 18 years recruited from the Finnish Population Register Centre, selecting all those born on certain days in June, July or August.	62			Number of harms experienced
Salonen, 2020 ¹⁴⁹	Finland	2019	3994	Secondary analysis of a study using systematic random sampling from the National Population Register Centre's sampling frame to recruit individuals aged 15-74 years.	49			CPGI/PGSI
Salonen, 2015 ¹⁴⁰	Finland	2011	4484	Random sample of people aged 15-74 years or older, speaking Finnish or Swedish and residing in mainland Finland were selected from Finnish Population Register.	53	44		SOGS
Vuorinen, 2022 ¹⁵⁰	Finland	2021	1530	18-75 year old Finnish panel volunteers contacted randomly via email and the provider's mobile application.	49.4	46.7		PGSI
Oksanen, 2022 ¹⁵¹	Finland	2021	1530	Participants were drawn from Norstat's Web-based panel, of which the gender distribution and age was almost identical to the population aged 18 to 75 years according to statistics provided by statistics Finland. The study only recruited individuals who spoke Finnish.	49.4	46.7		PGSI
Costes, 2023 ¹⁵²	France	2017	22750	The E-GAMES study sample was randomly recruited from a large panel of Internet users, proportional to the distribution of Internet use in the general population, based on sex and age.	50			CPGI/PGSI
Costes, 2020 ¹⁵³	France	2019	9611	The sample is selected from a database of telephone numbers generated randomly and corresponding to households that have a landline or mobile phone. Eligible participants were aged 18-85 years	54			CPGI/PGSI
Costes, 2018 ⁶⁴	France	2013-2014	15635	Two-stage random sampling design: a selection of households using random digit dialling covering all metropolitan French regions, and a random selection of one member of the household aged 15-75 years. Sampled using landline and cell-phone numbers.	49ª		8.7ª	CPGI/PGSI
Costes, 2013 ¹⁵⁴	France	2010	24291	The sample is selected from a database of telephone numbers generated randomly and corresponding to households that have a landline or mobile phone. Eligible participants were aged 18-75 years, French speaking and residing in metropolitan France in private households.	48ª		3	CPGI/PGSI
Kairouz, 2016 ⁶⁵	France	2009-2010	25034	A national random sample of 15–85-year-olds were contacted through landline and mobile numbers.	48ª			CPGI/PGSI
Molinaro, 2018 ¹²⁶	France	2015	2714	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	11ª	16		
OFDT, 2023 ¹⁵⁵	France	2022	7532	The survey protocol, which is based on a random sample, guarantees the representativeness of the entire French adolescent population aged 17.		17.4		CPGI/PGSI
Andrie, 2019 ¹⁵⁶	Germany	2011-2012	2354	A random clustered probability sample of adolescents attending school in the 9 th and 10 th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.				SOGS-RA
Banz, 2019 ¹⁵⁷	Germany	2019	11503	Participants aged 16-70 were randomly recruited via a multi-stage methodology based on ADM telephone sample system and mobile network.	50			SOGS
Brosowski, 2020 ¹⁵⁸	Germany		1905	Schools in Hamburg, Bremen, and Lübeck were stratified by socioeconomic status and type of school and randomly selected to recruit students aged 12-17 years.		14		
Buth, 2024 ¹⁵⁹	Germany	2023	12308	German speaking people living in private households, aged between 16-70 were recruited through a random selection of landline and mobile phone numbers, as well as quota-based random selection of online panellists.	50.2			DSM-based instrument (DSM- 5), CPGI/PGSI
Buth, 2022 ¹⁶⁰	Germany	2021	12303	Recruited people aged 16-70 based on either a random selection of all numbers assigned with German area codes or from a strictly quoted random selection of online panellists.	50			DSM-based instrument
Buth, 2022 ¹⁶⁰	Germany	2021	280	Recruited people aged 16-17 based on either a random selection of all numbers assigned with German area codes or from a strictly quoted random selection of online panellists.				DSM-based instrument (DSM- IV-MR-J)
Costes, 2023 ¹⁵²	Germany	2018	46136	A representative panel of 82,985 German Internet users aged 18 years or more were invited to take part in the survey.				CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Germany	2019	1459	The ESPAD 2019 survey used systematic random sampling to recruit students in the Federal state of Bavaria, with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Giralt, 2018 ¹⁶¹	Germany	2011-2012	3795	Recruited students aged 12-18 years in Rhineland-Palatinate using random probability sample selection with a stratification regarding school type and regional population density.	51	15		DSM-based instrument (DSM- IV-MR-J)
Giralt, 2018 ¹⁶¹	Germany	2011-2012	5514	Recruited students aged 12-18 years in North Rhine-Westphalia using random probability sample selection with a stratification regarding school type and regional population density.	50	15		DSM-based instrument (DSM- IV-MR-J)
Sleczka, 2020 ¹⁶²	Germany	2014	2584	Randomly chose males aged 18-25 years from the population registry of Munich, Bavaria.	0	22		DSM-based instrument (DSM- IV)

Turowski, 2022 ¹⁶³	Germany	2010-2011	15023	A landline sample with stratified and clustered sampling design and a mobile-only sample.	49.4			DSM-based instrument
Turowski, 2022 ¹⁶³	Germany	2010-2011	947	A landline sample with stratified and clustered sampling design and a mobile-only sample of participants aged 14-17 years.				DSM-based instrument
Kastirke, 2018 ¹⁶⁴	Germany		14723	A random sample of landline and mobile phone numbers was chosen of individuals 14-64 years old living in Germany. Landline sample was generated using a stratified and multi-stage drawing process. The mobile sample includes respondents who could be reached via a mobile phone but did not have a landline	55			DSM-based instrument (DSM- IV)
Kastirke, 2015 ¹⁶⁵	Germany	2010-2011	15023	Random Digit Dialling procedure was used for landline telephone numbers and mobile-phone numbers of individuals aged 14-64 years. Followed a stratified and clustered sampling design.				DSM-based instrument (DSM- IV-L)
Meyer, 2015 ¹⁶⁶	Germany	2010-2011	15023	Individuals aged 14-64 years were chosen at random from a nationwide telephone sample (landline and mobile) in Germany.	44.8			DSM-based instrument
Wejbera, 2021 ¹⁶⁷	Germany	2012-2017	11875	Randomly selected participants aged 40-80 years from the registry office of Mainz city and its surrounding Mainz-Bingen district.	49	52		Lie-Bet
Alphassimina, 2021 ¹⁶⁸	Greece		339	A random sample of public schools was selected from the pertinent list of the Ministry of Education. In each school unit, a random sample of classrooms with students aged 16-19 years old was chosen.	58.4			DSM-based instrument (DSM- IV-MR-J)
Andrie, 2019 ¹⁵⁶	Greece	2011-2012	1967	A random clustered probability sample of adolescents attending school in the 9 th and 10 th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.				SOGS-RA
Economou, 2019 ¹⁶⁹	Greece	2014	4764	Recruited adult participants from two sites: 1. Household Telephone survey from the national phone-number databank. 2. OPAP retail points in random selected cities.	51			CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Greece	2019	5988	The ESPAD 2019 survey used stratified clustered random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Greece	2015	3202	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	31ª	16		
Larsen, 2013 ¹⁷⁰	Greenland	2006-2010	2189	A national random sample of Greenland Inuit individuals aged 18 years and over was drawn from the central population register to obtain around 300 participants from included towns.	55			Lie-Bet
Andrie, 2019 ¹⁵⁶	Iceland	2011-2012	1926	A random clustered probability sample of adolescents attending school in the 9 th and 10 th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.				SOGS-RA
ESPAD Group, 2020 ¹²⁷	Iceland	2019	2534	The ESPAD 2019 survey recruited students from all schools. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Olason, 2017 ¹⁷¹	Iceland	2007-2011	1531	18-70 year-olds were drawn randomly from the National Registry. This sample consists of people who participated in a follow-up study (not full original sample).	55			CPGI/PGSI
Spångberg, 2020 ¹³⁵	Iceland	2015	2613	The EPSAD survey recruited a national sample of 15- and 16-year-old students.	51	16		
Molinaro, 2018 ¹²⁶	Iceland	2015	2663	Used national samples of randomly selected schools/classes in which the cohort of students were born in 1999 (16-year-old students).	15ª			
ESPAD Group, 2020 ¹²⁷	Ireland	2019	1940	The ESPAD 2019 survey used stratified systematic random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Reynolds, 2023 ¹⁷²	Ireland	2019	1949	Used nationally representative data from the Irish cohort of the 2019 ESPAD wave of students aged 15-16 years.	51.5			CSPG
Molinaro, 2018 ¹²⁶	Ireland	2015	1470	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	12ª	16		
Mongan, 2022 ¹⁷³	Ireland	2019-2020	5762	Recruited adults aged 15 years and above using stratified and multistage area probability sampling methods in a three stage process. First, the population was stratified into 10 areas, followed by electoral divisions selected as primary sampling units. Finally, addresses from the primary sampling units and one person in each household were randomly chosen. Participants were required to be living in a private household in the Republic of Ireland.				CPGI/PGSI
Barbaranelli, 2013 ¹⁷⁴	Italy	2010	1979	Participants aged 18-74 years were recruited using a quota sample, balanced by geographical area (four areas), city size (five groups), and age by gender (12 groups).	46	45		CPGI/PGSI, SOGS
Bastiani, 2013 ¹⁷⁵	Italy	2007-2008	1241	The IPSAD-Italia survey recruited a national sample of young adults aged 15-24.	44		31	CPGI/PGSI
Bastiani, 2013 ¹⁷⁵	Italy	2007-2008	3253	The IPSAD-Italia survey recruited a national sample of adults aged 25-64.	46		17	CPGI/PGSI
Buja, 2022 ¹⁷⁶	Italy	2014	29988	Sampled using a two-stage procedure, first a set of secondary schools were selected stratified by region and type of school. Then a set of students attending those schools were selected using a clustering method.	50.4			SOGS-RA
				clustering method.				

Buja, 2017 ¹⁷⁷	Italy	2013	34745	Two-stage procedure: first selected a set of secondary schools from a national sample, and then a set of students aged 15-19 years attending the schools selected.	50	17	SOGS-RA
Canale, 2017 ¹⁷⁸	Italy	2013-2014	20791	Health Behaviour in School-aged Children" (HBSC) Survey recruited a national sample of students aged 15 years, in Grade 10, from Abruzzo, Aosta Valley, Basilicata, Calabria, Campania, Emilia- Romagna, Friuli Venezia Giulia, Latium, Liguria, Lombardy, Marches, Molise, Piedmont, Puglia, Sicily, Sardinia, Trentino, Tuscany, Umbria and Veneto.	50		SOGS-RA
Canale, 2017 ¹⁷⁹	Italy	2013-2014	20791	Students aged 15 years, in Grade 10, were invited to participate from Abruzzo, Aosta Valley, Basilicata, Calabria, Campania, Emilia-Romagna, Friuli Venezia Giulia, Latium, Liguria, Lombardy, Marches, Molise, Piedmont, Puglia, Sicily, Sardinia, Trentino, Tuscany, Umbria and Veneto.	50		SOGS-RA
Costes, 2023 ¹⁵²	Italy		6500	Sample was randomly recruited from a large access panel of Internet users using quotas to represent the Italian Internet users' population structure according to age and sex, based on the Istat (Instituto Nazionale di Statistica) database. The included sample all gambled online in the past year.			CPGI/PGSI
De Luigi, 2018 ¹⁸⁰	Italy	2013-2014	10959	Schools were randomly selected among public high schools from a national sample. At least one class was randomly selected for every grade.	46	16	SOGS-RA
ESPAD Group, 2020 ¹²⁷	Italy	2019	2542	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Gori, 2015 ¹⁸¹	Italy	2011	14910	The ESPAD-Italia survey nationally recruited high school students aged 15-19 years.	38a		SOGS-RA
Koumantakis, 2023 ¹⁸²	Italy	2018	18794	A national survey was carried out in Italy on a representative sample of adolescents aged 15 years from all regions.	50.3		SOGS-RA
Lastrucci, 2022 ¹⁸³	Italy	2018	6824	The EDIT study adopts a stratified sampling method according to the administrative areas of the Tuscan Health System and the type of secondary school. Participants included students aged 14-19 years old attending the upper secondary schools of the Tuscany Region.	48.2		Lie-Bet
Lastrucci, 2022 ¹⁸³	Italy	2015	5077	The EDIT study adopts a stratified sampling method according to the administrative areas of the Tuscan Health System and the type of secondary school. Participants included students aged 14-19 years old attending the upper secondary schools of the Tuscany Region.	48.3		Lie-Bet
Lastrucci, 2022 ¹⁸³	Italy	2011	4829	The EDIT study adopts a stratified sampling method according to the administrative areas of the Tuscan Health System and the type of secondary school. Participants included students aged 14-19 years old attending the upper secondary schools of the Tuscany Region.	48.4		Lie-Bet
Lastrucci, 2022 ¹⁸³	Italy	2008	5213	The EDIT study adopts a stratified sampling method according to the administrative areas of the Tuscan Health System and the type of secondary school. Participants included students aged 14-19 years old attending the upper secondary schools of the Tuscany Region.	48.4		Lie-Bet
Lugo, 2021 ¹⁸⁴	Italy	2020	6003	Participants aged 18-74 years were recruited from panellists of the DOXA online panel for the LOckdown and lifeSTyles IN ITALY (Lost in Italy) study. Quota sampling method by age, sex and region used to randomly select participants. Included an over sample of subjects coming from Lombardy region.	50.7		
Molinaro, 2018 ¹²⁶	Italy	2015	4059	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	16ª	16	
Pacifici, 2019 ¹⁸⁵	Italy	2017-2018	12007	Sampling methodology follows a two-stage Probability Proportional to Size (PPS) model. First-stage units represented by municipalities and the second-stage units represented by households. Households selected with constant sampling fraction in strata	52	47.4	CPGI/PGSI
Pacifici, 2019 ¹⁸⁵	Italy		15602	A three-stage Probability Proportional to Size (PPS) model was used to recruit students aged 14-17. First stage units represented by municipalities, second stage units represented by schools and third stage units represented by classes, with all students belonging to the sample classes included.	51		SOGS-RA
Molinaro, 2018 ¹²⁶	Liechtenstein	2015	316	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	11ª	16	
ESPAD Group, 2020 ¹²⁷	Malta	2019	3043	The ESPAD 2019 survey recruited students from all schools. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Malta	2015	3326	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	8ª	16	
ESPAD Group, 2020 ¹²⁷	Monaco	2019	428	The ESPAD 2019 survey recruited students from all schools. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
ESPAD Group, 2020 ¹²⁷	Montenegro	2019	5700	The ESPAD 2019 survey recruited students from all schools. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG

Molinaro, 2018 ¹²⁶	Montenegro	2015	3844	844National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.16			
Andrie, 2019 ¹⁵⁶	Netherlands	2011-2012	1249	A random clustered probability sample of adolescents attending school in the 9th and 10th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.			SOGS-RA
ESPAD Group, 2020 ¹²⁷	Netherlands	2019	1288	The ESPAD 2019 survey used multistage random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Kruize, 2021 ¹⁸⁶	Netherlands	2021	5876	Participants aged 16 and above was recruited using Kantar's online panel, whose composition is in line with the population composition as stated in the MOA Gold Standard.			CPGI/PGSI
Molinaro, 2018 ¹²⁶	Netherlands	2015	1684	National samples of randomly selected schools/classes of 16-year-old students were chosen, in 8 ^a 1 which the cohort of students born in 1999. 1		16	
ESPAD Group, 2020 ¹²⁷	North Macedonia	2019	2930	ESPAD 2019 survey used systematic random sampling with classes being the sampling units. Ients who reached the age of 16 years in the calendar year of the survey and who were present In classroom on the day of the survey were selected.		Lie-Bet, CSPG	
Molinaro, 2018 ¹²⁶	North Macedonia	2015	2428	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	17ª	16	
ESPAD Group, 2020 ¹²⁷	Norway	2019		The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Hanss, 2015 ¹⁸⁷	Norway		2045	17-year-olds were drawn randomly from the Norwegian National Registry and informed about the study via a pre-notification letter.	53		CPGI/PGSI
Sagoe, 2017 ¹⁸⁸	Norway	2012-2014	2055	Randomly selected 17-year-olds from the Norwegian National Population Registry and sent postal invitations.	53		CPGI/PGSI
Pallesen, 2016 ¹⁸⁹	Norway		2059	Randomly selected 17.5-year-olds from the Norwegian National Registry.			
Pallesen, 2023 ¹⁹⁰	Norway	2022-2023	7386	Randomly selected 16–74-year-olds from the National Population Registry of Norway.	49	43.9	CPGI/PGSI
Pallesen, 2021 ¹⁹¹	Norway	2019	9248	Individuals aged 16-74 years were randomly selected from the Norwegian Population Registry.			CPGI/PGSI
Pallesen, 2021 ¹⁹¹	Norway	2015	5485	Individuals aged 16-74 years were randomly selected from the Norwegian Population Registry.			CPGI/PGSI
Pallesen, 2021 ¹⁹¹	Norway	2013	10081	Individuals aged 16-74 years were randomly selected from the Norwegian Population Registry.			CPGI/PGSI
Brunborg, 2016 ¹⁹²	Norway	2013	10052	Random sample of 16–74-year-olds were drawn from the Norwegian Population Registry.	52	47	CPGI/PGSI
Molde, 2019 ¹⁹³	Norway	2013-2015	4601	Participants aged 16-74 were randomly selected from the National Population Registry of Norway and invited to participate in postal survey. Participants included in the current study had played video games in previous 6 months and/or had participated in gambling activities in the past year.	53	48	
Pallesen, 2020 ¹⁹⁴	Norway	2019	9248	Randomly selected 16–74-year-olds from the National Population Registry of Norway. Invitation sent in the mail.	50	43	CPGI/PGSI
Spångberg, 2020 ¹³⁵	Norway	2015	2451	The EPSAD survey recruited a national sample of 15- and 16-year-old students.	48	16	
Molinaro, 2018 ¹²⁶	Norway	2015	2584	Used national samples of randomly selected schools/classes in which the cohort of students born in 1999 (16-year-old students).	14ª		
Balsa, 2023 ¹⁹⁵	Portugal	2022	12000	Sampling design based on polyetapic drawing system, stratified by conglomerates with primary and subsection units selected in a proportional random manner. Individuals selected through systematic draw using tables of random numbers			SOGS
Balsa, 2018 ¹⁹⁶	Portugal	2016-2017	12023	Participants aged 15-74 were selected using primary and secondary units in a proportional random manner. Selection of final observation units carried out by systematic draw in household elections and tables of random numbers for selection of individual	52		CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Portugal	2019	4365	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Portugal	2015	3456	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	20ª	16	
ESPAD Group, 2020 ¹²⁷	Serbia	2019	3529	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Kilibarda, 2018 ¹⁹⁷	Serbia	2018	2000	Quota non-probability sampling - stratum determined via type of settlement and region. Households were chosen randomly with respect to the defined quotas. Kosovo and Metohija were not included in the sampling.	52.8		CPGI/PGSI

Terzic-Supic, 2019 ¹⁹⁸	Serbia	2014	5385	Small territorial units were selected, randomly. The national household register was used as a sampling frame for random selection of the households within each unit, to recruit individuals aged 18-64 years. Incarcerated individuals, patients in hospitals or therapeutic communities, homeless individuals and individuals in elderly homes or homes for children, as well as individuals living in illegal settlements, were excluded.	were selected, randomly. The national household register was used as a ndom selection of the households within each unit, to recruit individuals aged ated individuals, patients in hospitals or therapeutic communities, homeless duals in elderly homes or homes for children, as well as individuals living in ere excluded.			
ESPAD Group, 2020 ¹²⁷	Slovenia	2019	3413	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Slovenia	2015	3484	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	10ª	16		
Andrie, 2019 ¹⁵⁶	Spain	2011-2012	1980	A random clustered probability sample of adolescents attending school in the 9th and 10th grades vas drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.		SOGS-RA		
Botella-Guijarro, 2020 ¹⁹⁹	Spain		2716	Educational centres in Alicante were randomly selected, with a ratio of two centres per town, and within each centre, all classes from each educational were selected. Students from third- and fourth-year compulsory secondary education and 1st year baccalaureate were recruited.	50	15		
Chóliz, 2019 ²⁰⁰	Spain		6816	A representative sample of the Spanish population aged 18-95 years was selected using stratified random sampling based on a national census conducted by the Spanish Department of the Interior with consideration given to age, sex, and residence.	52			NODS/NODS-CLiP (NODS)
ESPAD Group, 2020 ¹²⁷	Spain	2019	3557	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.				Lie-Bet, CSPG
Gonzalez-Roz, 2017 ²⁰¹	Spain	2015	1267	Participants aged 14-18 years were recruited from a total of 16 Spanish secondary schools in Asturias region. Schools were selected following a random stratified and incidental procedure.	45	15		SOGS-RA
Martinez-Loredo, 2023{Martinez- Loredo, 2023 #496	Spain		1547	Participants included individuals aged 14-17 selected from 22 Spanish secondary schools following random stratified and convenience procedures. The study excludes individuals having any sensory impairment or intellectual disability, or not fluent in Spanish.	48.2	15.2		SOGS-RA
Ministerio de Consumo, 2023 ²⁰²	Spain	2022-2023	18711	The 3030estudio de prevalencia de juego used three-stage sampling with stratification in the first stage units. The first stage units were census areas, the second stage units were family homes and in the third stage a person over 14 was selected in each home.	51.4			DSM-based instrument (DSM-5)
Observatorio Español de las Drogas y las Adicciones, 2022 ²⁰³	Spain	2022	26344	The AGES (EDADES) 2022 survey used three-stage cluster sampling without substitution. The first stage units were census sections. Second stage units were family dwellings and in the third stage, one individual was selected from each household.				DSM-based instrument
Pérez-Albéniz, 2022 ²⁰⁴	Spain		1790	Recruited students aged 14-19 years from the autonomous community of La Rioja using random stratified cluster sampling at the classroom level. Strata was created according to the type of school, the academic stage and different socio-economic levels, where probability of extraction from the classroom was determined by number of students.	53.7	15.7		
Rey-Brandariz, 2021 ²⁰⁵	Spain	2017	7841	Stratified random sampling was carried out using the health insurance card database as a sampling frame; this includes both landlines and mobile phones of all Galicians aged 16 and over who have had some contact with the health system.	50			SOGS
Tristán, 2022 ²⁰⁶	Spain	2020	17899	People aged 15-64 were recruited using a three-stage cluster sampling without substitution. First stage is census sections, second stage are family dwellings/households, third stage involved individual selected within each household.			4.2	DSM-based instrument
Tristán, 2022 ²⁰⁶	Spain	2018	21249	People aged 15-64 were recruited using a three-stage cluster sampling without substitution. First stage is census sections, second stage are family dwellings/households, third stage involved individual selected within each household.			5.1	
Tristán, 2022 ²⁰⁶	Spain	2015-2016	22541	People aged 15-64 were recruited using a three-stage cluster sampling without substitution. First stage is census sections, second stage are family dwellings/households, third stage involved individual selected within each household.				
Tristán, 2022 ²⁰⁶	Spain	2021	22321	Students from 14 to 18 years of age who are enrolled in Secondary Education in Spain were recruited using a two-stage cluster sampling. First cluster was educational centres with second stage being classrooms where all students present given questionnaire				Lie-Bet
Tristán, 2022 ²⁰⁶	Spain	2019	38010	Students from 14 to 18 years of age who are enrolled in Secondary Education in Spain were recruited using a two-stage cluster sampling. First cluster was educational centres with second stage being classrooms where all students present given questionnaire				Lie-Bet
Moñino-García, 2022 ²⁰⁷	Spain	2019	2240	Students from 14 to 18 years of age were recruited using a two-stage cluster sampling method. A random sample of 52 public and private schools was selected from all the centres of secondary, vocational and high schools in the Region of Murcia.	49.4			Lie-Bet

Tristán, 2022 ²⁰⁶	Spain	2016-2017	35369	Students from 14 to 18 years of age who are enrolled in Secondary Education in Spain were recruited using a two-stage cluster sampling. First cluster was educational centres with second stage being classrooms where all students present given questionnaire formula 14 to 18 years of age who are enrolled in Secondary Education in Spain were					
Tristán, 2022 ²⁰⁶	Spain	2014-2015	37486	Students from 14 to 18 years of age who are enrolled in Secondary Education in Spain were recruited using a two-stage cluster sampling. First cluster was educational centres with second stage being classrooms where all students present given questionnaire					DSM-based instrument
Weidberg, 2018 ²⁰⁸	Spain	2015-2016	1810	Students aged 14-17 years were recruited from secondary schools in Asturias and Alicante. Schools were selected following a random stratified and incidental procedure.	45	15			SOGS-RA
Abbott, 2014 ²⁰⁹	Sweden	1997-1998	7037	Participants aged 16-74 years were drawn from the national registers and contacted by post and phone.	86ª				SOGS-R
Svensson, 2011 ²¹⁰	Sweden	1997-1998	6674	Nationally recruited participants aged 17-74 years from the Population register. Only included participants who completed the problem gambling questions.					SOGS-R
Balem, 2023 ²¹¹	Sweden	2020	616227	All people who gambled at least once in the study period using Svenska Spel (a state-owned gambling operator)'s subdivision of Sports & Casino.	19				
Claesdotter-Knutsson, 2022 ²¹²	Sweden	2016	17006	The survey was distributed in all 33 municipalities in Skåne, a region in southern Sweden, with a response rate of 77% (9143/11,868) in ninth grade and 73.4% (7949/10,832) in second grade. Included participants were pupils in ninth grade in primary school and second grade of secondary	49.7				Lie-Bet
ESPAD Group, 2020 ¹²⁷	Sweden	2019	2546	school. The ESPAD 2019 survey used multistage random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present					Lie-Bet, CSPG
Folkhälsomyndigheten 2022 ²¹³	Sweden	2021	3213	in the classroom on the day of the survey were selected. The LISUE 2021 survey recruited a random population sample of 10 000 young people aged 16-19	54				CPGI/PGSI
Folkhälsomyndigheten, 2022 ²¹³	Sweden	2021	1844	The USUF 2021 survey recruited a random population sample of 10,000 young people aged 16-19. This sample only includes 16-17 years old	52.9				CPGI/PGSI
Public Health Authority, 2023 ²¹⁴	Sweden	2021	7434	Participants were recruited from Registry of Total Population.	49				CPGI/PGSI
Public Health Authority, 2021 ²¹⁵	Sweden	2015-2019	10629	Participants were recruited from National Register of the Total Population in 2015 and then followed up in 2018 with the addition of 1209 new 16–18-year-old participants.					CPGI/PGSI
Sleczka, 2021 ²¹⁶	Sweden	2008-2014	8165	Participants included individuals aged 16-84 years from the Population Registry of Sweden.	try of Sweden. 48 35			CPGI/PGSI	
Abbott, 2014 ²⁰⁹	Sweden	2008-2009	7530	Participants included individuals aged 16-84 years, recruited through the Population Registry of Sweden.	69ª				SOGS
Svensson, 2011 ²¹⁰	Sweden	2008-2009	7617	Participants included individuals aged 16-84 years, recruited through the Population Registry of Sweden.	50				SOGS
Froberg, 2015 ²¹⁷	Sweden	2008-2010	6060	Participants included individuals aged 16-84 years, recruited through the Population Registry of Sweden. The paper focused on participants aged 16-44 years (n=4364).					CPGI/PGSI
Froberg, 2015 ²¹⁸	Sweden	2008-2009	3592	A stratified random sample was selected including individuals aged 16 84-years from (the Population Registry of) Sweden.					
Spångberg, 2020 ¹³⁵	Sweden	2015	2462	The EPSAD survey recruited a national sample of 15- and 16-year-old students.	50	16			
Molinaro, 2018 ¹²⁶	Sweden	2015	2551	Used national samples of randomly selected schools/classes in which the cohort of students born in 1999 (16-year-old students).	14ª				
Svensson, 2023 ²¹⁹	Sweden	2021	9703	Based on a random sample of 27,000 individuals registered in the national register in Sweden who were drawn from the National Personal Address Register (SPAR). Included people who in 2021 turned between 17 and 84 years old.	49.4				CPGI/PGSI
Svensson, 2019 ²²⁰	Sweden	2014	4763	A national sample of Swedish students in Grade 9 (15-year-olds) were recruited through classrooms whereby classes were selected and all students in the class had to fill out the questionnaire.	48				
Svensson, 2019 ²²⁰	Sweden	2014	3720	A national sample of Swedish students in Grade 11 (17-year-olds) were recruited through classrooms whereby classes were selected and all students in the class have to fill out the questionnaire	50		4	4	
Costes, 2023 ¹⁵²	Switzerland		1666	The E-GAMES sample was randomly recruited from a large access panel of Internet users (> 26.8 130,000) using quotas to represent the Swiss Internet users' population structure according to age 26.8 and sex_included sample all gambled online and/or played in PayToWin in the past year 26.8			CPGI/PGSI		
Dey, 2019 ²²¹	Switzerland	2017	16899	The target population of the 2017 Swiss Health Survey (SGB) was all people aged 15 and over who live in private households (including people with foreign citizenship).	urvey (SGB) was all people aged 15 and over who foreign citizenship).			Combined Lie-Bet and NODS- CLIP, Lie-Bet, NODS-CLIP	
Luder, 2010 ²²²	Switzerland	2007	1116	16 The study sample was chosen through a stratified random sampling of a database of all private 48 19 Swiss households with a land-line telephone, to recruit individuals aged 15-24 years. 48 19					
Barnfield-Tubb, 2021 ²²³	United Kingdom	2020	4007	Random Digit Dialling of landline and mobile numbers was used to recruit a national sample of individuals aged 16 and over.	52				CPGI/PGSI (PGSI mini-screen)

Conolly, 2018 ²²⁴	United Kingdom	2016	14277	HSE, SHeS, and the 2016 Wales Omnibus survey recruited adults aged 16 years and older, living in private households in Great Britain.	56				CPGI/PGSI, DSM-based instrument
Conolly, 2018 ²²⁴	Scotland	2016	3886	SHeS survey recruited adults aged 16 years and older, living in private households in Scotland.					
Conolly, 2017 ²²⁵	United Kingdom	2015	15503	HSE, SHeS, and the 2015 Wales Omnibus survey recruited adults aged 16 years and older, living in private households in Great Britain.	50.9				CPGI/PGSI, DSM-based instrument
LaPlante, 2011 ²²⁶	United Kingdom	2006-2007	8968	Individuals aged 16 and over were recruited nationally, with 32 households from each of 317 geographic primary sampling units. Researchers visited dwellings a minimum of five times to recruit eligible residents to participate.	52				DSM-based instrument
Griffiths, 2011 ²²⁷	United Kingdom	2006-2007	9903	Using the Postcode Address File as the sampling frame, private addresses were randomly selected within 317 postcode sectors stratified by region occupational status and proportion of non-white residents. Eligible participants were those 16 years and over.				DSM-based instrument (DSM- IV)	
Lepper, 2013 ²²⁸	United Kingdom	2008-2009	8958	School classes in England, Scotland & Wales were randomly selected using a Kish Grid and no more than two classes per school were involved. Students aged 11-15 were recruited.	50				DSM-based instrument (DSM- IV-MR-J), NLCLiP
Forrest, 2012 ²²⁹	United Kingdom	2008-2009	8958	Randomly selected students aged 11-15 years from a list of English, Welsh, and Scottish schools with provision for year 8 and year 10.	13ª				DSM-based instrument (DSM- IV-MR-J)
MacGregor, 2020 ²³⁰	United Kingdom	2019	1091	Households were invited to participate in a survey, respondents were drawn from those who had partaken in Scottish Household Survey and Family Resources Survey aged 11-24 years old.	54				DSM-based instrument (DSM- IV-MR-J)
Motha, 2020 ²³¹	United Kingdom	2020	1645	Sample of schools are selected from DfE's database in England and Scotland. The frame stratified by Government Office Region and schools selected proportional to the number of pupils attending the school. One- or two-year groups were selected at random, selecting pupils in curriculum years 7 to 11.	52				DSM-based instrument (DSM- IV-MR-J2)
Wardle, 2019 ²³²	United Kingdom	2017	2760	Recruited students aged 11-16 from secondary schools that were randomly chosen from the Edubase list in England & Wales and from a listing provided by the Scottish Government.	48				DSM-based instrument (DSM- IV-MR-J)
Wardle, 2014 ²³³	United Kingdom	2012	11774	The Health Survey for England recruited a random sample of 9,024 addresses selected in 564 postcode sectors. The Scottish Health Survey recruited a random sample of 4,459 addresses selected from the small user postcode address file. Both surveys recruited participants 16 years and over living in private households.	56ª				CPGI/PGSI
Gambling Commission, 2016 ²³⁴	United Kingdom	2012	10817	Recruited individuals from England and Scotland aged 15 years and older living in private dwellings in a household survey.	51				DSM-based instrument
Wardle, 2010 ²³⁵	United Kingdom	2009-2010	7750	A random sample of 9,775 addresses from England, Scotland and Wales was selected from the Postcode Address File (PAF), to recruit individuals aged 16 and over.	54				CPGI/PGSI, DSM-based instrument (DSM-IV)
Canale, 2016 ²³⁶	United Kingdom	2009-2010	7756	A national sample was drawn at random from the Postcode Address File and stratified according to age, occupational status, and ethnic group, recruiting individuals aged 16 and over.	51	46			CPGI/PGSI, DSM-based instrument (DSM-IV)
Gambling Commission, 2016 ²³⁴	United Kingdom	2010	7756	British Gambling Prevalence Survey recruited a sample from England and Scotland.	51				DSM-based instrument
Orford, 2013 ²³⁷	United Kingdom	2009-2010	7756	Using the Postcode Address File as the sampling frame to recruit individuals aged 16 and over. Addresses were randomly selected from postcode sectors in England, Scotland, Wales.					
Wardle, 2011 ²³⁸	United Kingdom	2009-2010	7756	A national sample aged 16 and over was drawn at random from the Postcode Address File.	49ª				DSM-based instrument (DSM- IV)
Gambling Commission, 2018 ²³⁹	England	2016	8011	The Health Survey England recruited individuals 16 and over, using small user Postcode Address File (PAF). Excludes homeless people and other people living in homes not on the PAF (e.g. those in care homes)	51ª				CPGI/PGSI
John, 2019 ²⁴⁰	England	2006-2007	6948	Multistage stratified probability sampling design was used. Sampled national addresses to recruit individuals aged 16 years or older living in private households.	51		24	9	DSM-based instrument
Carrà, 2017 ²⁴¹	England	2007	7328	Randomly recruited individuals aged 16 and over living in private households identified from the small user Postcode Address File (PAF), which covers all post office delivery points receiving fewer than 50 items of mail each day in the UK.	57	51	5	7	DSM-based instrument (DSM- IV)
Dighton, 2018 ²⁴²	England	2007	257	Recruited veterans aged 16 and over, using a multistage, stratified probability design based on geographical region and socioeconomic status.	18				DSM-based instrument (DSM- IV)
Dighton, 2018 ²⁴²	England	2007	514	Recruited non-veterans aged 16 and over, using a multistage, stratified probability design based on geographical region and socioeconomic status.	18				DSM-based instrument (DSM- IV)
Jacob, 2018 ²⁴³	England	2006-2007	7403	Used a multistage-stratified probability sampling design where the sampling frame consisted of the small user postcode address file, while the primary sampling units were postcode sectors. Recruited a national sample of individuals 16 years and over living in private households.	51	1 6		DSM-based instrument	
Jacob, 2021 ²⁴⁴	England	2006-2007	6941	A multistage stratified probability sampling design was used with the sampling frame consisting of the small user postcode address file and the primary sampling units corresponding to postcode sectors. Recruited a national sample of individuals 16 years and over.	51	46	8		DSM-based instrument (DSM- IV)

Rai, 2014 ²⁴⁵	England	2006-2007	6827	A multistage stratified probability sampling design was used. The Royal Mail's Small User Postcode Address File (PAF) was used to recruit a national sample individuals 16 years and over, from private households.			6	4	DSM-based instrument (DSM- IV)
Wardle, 2019 ²⁴⁶	England	2006-2007	7403	A stratified random probability sampling design was used: sampling Primary Sampling Units (PSUs); England addresses within selected PSUs; and households and individuals within selected addresses. One adult aged 16 and over was selected using the Kish grid method.	51				DSM-based instrument
National Centre for Social	England	2021	3652	Multi-stage stratified probability random sampling design of primary sampling units based on	51				CPGI/PGSI, DSM-based
Research, 2023-4	England	2019 2010	7104	postcode sectors. Then a random sample of postal addresses was drawn.	50.7				Instrument (DSIVI-IV)
Population Health Team, 2019-10	England	2018-2019	/104	user Postcode Address File (PAF).	er Postcode Address File (PAF).			instrument	
Deakin, 2022 ²⁴⁹	Scotland	otland 2021-2022 3356 Random sample of national addresses were selected from the Postcode Address File using a two-				CPGI/PGSI			
Gampling Commission 2018 ²⁵⁰	Scotland	2017	3697	Random sample of national addresses were selected from the Postcode Address File using a two-	60ª				
	Scotland	2017	5057	staged clustered sample design, recruiting adults aged 16 and over.	00				
Karikoski, 2018 ²⁵¹	Scotland	2013	4411	Random sample of national addresses were selected from the Postcode Address File using a two- staged clustered sample design, recruiting adults aged 16 and over	52.7				CPGI/PGSI, DSM-based
Scottish Government 2017 ²⁵²	Scotland	2016	3866	Random sample of national addresses were selected from the Postcode Address File using a two-	51.8				CPGI/PGSL DSM-based
	Scotland	2010	5000	staged clustered sample design, recruiting adults aged 16 and over.	51.0				instrument
Scottish Government, 2016 ²⁵³	Scotland	2015	4487	Random sample of national addresses were selected from the Postcode Address File using a two-	52.2				CPGI/PGSI, DSM-based
Coattich Courses and 2015 ²⁵⁴	Cootland	2014	41.02	staged clustered sample design, recruiting adults aged 16 and over.	F2 4				
Scottish Government, 2015-54	Scotland	2014	4163	staged clustered sample design, recruiting adults aged 16 and over	52.4				CPGI/PGSI, DSM-based
Conolly, 2018 ²²⁴	Wales	2016	4023	The 2016 Wales Omnibus survey recruited adults aged 16 years and older, who live in private					
Wales Covernment, 2020 ²⁵⁵	Malaa	2018	4024	households in Wales.	F 7				
wales Government, 2020-55	wales	2018	4034	The Omnibus sample recruited a national sample of participants aged 16 years and over.	57				instrument (DSM-IV)
Eastern Europe			1			1	I		
ESPAD Group, 2020 ¹²⁷	Bulgaria	2019	2864	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling					Lie-Bet, CSPG
				units. Students who reached the age of 16 years in the calendar year of the survey and who were					
				present in the classroom on the day of the survey were selected.					
Molinaro, 2018 ¹²⁶	Bulgaria	2015	2922	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	21ª	16			
ESPAD Group, 2020 ¹²⁷	Croatia	2019	2772	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units.					Lie-Bet, CSPG
				Students who reached the age of 16 years in the calendar year of the survey and who were present					
Molinaro 2018 ¹²⁶	Croatia	2015	2558	National samples of randomly selected schools/classes of 16-year-old students were chosen in	10 ^a	16			
	Croatia	2015	2550	which the cohort of students born in 1999.	10	10			
Baxter, 2023 ²⁵⁶	Cyprus	2022	2949	Participants were randomly selected through numbers from telephone directories.	53				CPGI/PGSI
Cakici, 2021 ²⁵⁷	Cyprus	2018	799	Random multi-staged stratified sampling quota of every third household was used to recruit Turkish					SOGS
				speaking 18-65 year olds. Was used to be representative of last national statistics and demographic survey for Northern Cyprus.					
Cakici, 2019 ²⁵⁸	Cyprus	2014	1040	Multi-step stratified random sampling method was used to recruit Turkish speaking 18-65 year olds					SOGS
				in Northern Cyprus. One out of every three houses were included in the study and one person was					
Cakici 2016 ²⁵⁹	Cyprus	2012	966	Random multi-staged stratified sampling quota of every third household was used to recruit Turkish					SOGS
	Cyprus	2012	500	speaking 18-65 year olds. Was used to be representative of last national statistics and demographic					
				survey for Northern Cyprus.					
Cakici, 2012-00	Cyprus	2007	929	A random multi-staged, stratified sampling quota was used as the method for sampling. Household					SUGS
				and aged 18-65 years.					
ESPAD Group. 2020 ¹²⁷	Cyprus	2019		The ESPAD 2019 survey used multistage random sampling with schools being the sampling units.					Lie-Bet, CSPG
	-77-30			Students in government-controlled areas who reached the age of 16 years in the calendar year of					,
				the survey and who were present in the classroom on the day of the survey were selected.					
Molinaro, 2018 ¹²⁶	Cyprus	2015	2098	National samples of randomly selected schools/classes of 16-year-old students were chosen, in	18 ^a	16			
				which the cohort of students born in 1999.					

Neophytou, 2021 ²⁶¹	Cyprus	2019-2020	2118	Participants 18 years and above were recruited from phone numbers that were either selected randomly from phone directories (of mainly stationary numbers) or were randomly generated numbers of mobile phones.	41.4	48			DSM-based instrument (DSM-5 based questions)
Chomynová, 2023 ²⁶²	Czech Republic	2022	1784	Respondents were selected by quota sampling so as to represent the population of the Czech Republic with regard to age, gender and region.	51.1				Lie-Bet
Chomynová, 2023 ²⁶²	Czech Republic	2022	1000	Online participants were selected to represent the population with regard to age, gender, education, region and size of place of residence.	51.2				
Chomynová, 2023 ²⁶²	Czech Republic	2021-2022	1920	School students aged 15-19 years were recruited from 22 randomly selected secondary schools participated from 11 regions of the Czech Republic.					Lie-Bet
Chomynová, 2023 ²⁶²	Czech Republic	2019	2778	Students aged 16 years and older were recruited from 255 selected primary and secondary schools throughout Czechia.					Lie-Bet, Consumption Screen for Problem Gambling
ESPAD Group, 2020 ¹²⁷	Czech Republic	2019	2778	he ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling hits. Students who reached the age of 16 years in the calendar year of the survey and who were resent in the classroom on the day of the survey were selected.					Lie-Bet, CSPG
Chomynova, 2021 ²⁶³	Czech Republic	2020	3542	ticipants aged 15 and above were recruited either online or face-to-face. Online respondents 51 re selected via internet panel by combination of random and quota sampling to be resentation. Face-to-face respondents were selected from randomly selected households bugh 4 stage stratified selection.			9.9	14.9	CPGI/PGSI, Lie-Bet
Molinaro, 2018 ¹²⁶	Czech Republic	2015	2738	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	13ª	16			
Petrenko, 2023 ²⁶⁴	Czech Republic	2022	13286	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2021	9793	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2020	8724	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2019	9278	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2018	8482	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2017	8644	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
Petrenko, 2023 ²⁶⁴	Czech Republic	2016	18580	Respondents aged 11 to 21 from Prague primary schools, secondary schools and grammar schools were recruited. All schools in Prague were contacted to be included in the survey.					
ESPAD Group, 2020 ¹²⁷	Estonia	2019	2520	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.					Lie-Bet, CSPG
Kantar Emor, 2021 ²⁶⁵	Estonia	2021	2892	Participants aged 15-74 were recruited via a random extract from database of pre-recruits of AS Emor using a proportional population model.					CPGI/PGSI
Molinaro, 2018 ¹²⁶	Estonia	2015	2452	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	16ª	16			
ESPAD Group, 2020 ¹²⁷	Georgia	2019	3092	The ESPAD 2019 survey used multistage random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected. The occupied territories of Abkhazia and South Ossetia were not covered by the sampling frame.					Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Georgia	2015	1966	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	11ª	16			
Demetrovics, 2022 ²⁶⁶	Hungary		2710	The sampling frame for the National Survey on Addiction Problems in Hungary (NSAPH) consisted of the whole resident population with a valid address according to the register of the Hungarian Central Office for Administrative and Electronic Public Services.	Survey on Addiction Problems in Hungary (NSAPH) consisted of a valid address according to the register of the Hungarian d Electronic Public Services.			SOGS	
ESPAD Group, 2020 ¹²⁷	Hungary	2019	2355	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.	th classes being the sampling units. ear of the survey and who were present		Lie-Bet, CSPG		
Gyollai, 2011 ²⁶⁷	Hungary	2007	2710	The National Household Survey on Addiction Problems recruited participants aged 18-64 years with a valid home address.	diction Problems recruited participants aged 18-64 years with 51		SOGS-HU		
Molinaro, 2018 ¹²⁶	Hungary	2015	2735	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	12ª	16			

Paksi, 2021 ²⁶⁸	Hungary	2019	1385	The sampling frame for the National Population Survey on Addiction Problems (OLAAP) 2019 was adult residents aged 18-64 years with valid address. The rural subsample, sampled settlements and individuals were selected using a stratified random sampling procedure. Budapest subsample, was recruited using one-stage stratified random sampling.			
ESPAD Group, 2020 ¹²⁷	Kosovo	2019	1756	The ESPAD 2019 survey used multistage random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected. 4 % of the target population enrolled in schools in Northern Kosovo and/or functioning under the parallel structures of the Ministry of Education of Serbia within the other Serbian municipalities were not covered by the sampling frame.			Lie-Bet, CSPG
ESPAD Group, 2020 ¹²⁷	Latvia	2019	2743	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Latvia	2015	1119	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	19 ^a	16	
Putnina, 2019 ²⁶⁹	Latvia	2018	4192	The sample was formed within 64 strata, with 862,305 household records throughout the territory of Latvia. Addresses were then randomly sampled, with one respondent aged 15-64 years interviewed per household.	63.8		CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Lithuania	2019	2393	The ESPAD 2019 survey used simple random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Lithuania	2015	2573	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	10 ^a	16	
Vilmorus, 2023 ²⁷⁰	Lithuania	2023	1000	Lithuanian residents aged 18 and above were recruited using probabilistic sampling, while maintaining proportions according to age, sex, place of residence.	54		
Vilmorus, 2022 ²⁷¹	Lithuania	2022	1000	Lithuanian residents aged 18 and above were recruited using probabilistic sampling, while maintaining proportions according to age, sex, place of residence.	54		
Vilmorus, 2021 ²⁷²	Lithuania	2021	1000	Participants aged 18 and above were recruited using probabilistic sampling, while maintaining proportions according to age, gender and place of residence.	54		
Vilmorus, 2020 ²⁷³	Lithuania	2020	1001	Lithuanian residents aged 18 and above were recruited using multi-stage probabilistic sampling.	54		
Vilmorus, 2019 ²⁷⁴	Lithuania	2019	1001	Participants aged 18 and above were recruited using multi-stage, probabilistic sampling. The selection of respondents was prepared in a way that every Lithuanian resident would have an equal chance of being interviewed.	55		
Molinaro, 2018 ¹²⁶	Moldova	2015	2586	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	2ª	16	
Andrie, 2019 ¹⁵⁶	Poland	2011-2012	1978	A random clustered probability sample of adolescents attending school in the 9th and 10th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.			SOGS-RA
Costes, 2023 ¹⁵²	Poland		8511	The IMAS Internet panel invited panel users to participate in the research.	50.1		CPGI/PGSI
ESPAD Group, 2020 ¹²⁷	Poland	2019	2372	The ESPAD 2019 survey used stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Lelonek-Kuleta, 2020 ²⁷⁵	Poland		2000	The national sample randomly selected residents 18 years and older on the basis of Personal Identification Number.	52	46	BBGS
Molinaro, 2018 ¹²⁶	Poland	2015	11822	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	16ª	16	
Moskalewicz, 2019 ²⁷⁶	Poland	2018-2019	4025	Participants aged 15 and above were selected in a multi-stage manner from the Universal Electronic System of Population Records (PESEL). The first involved drawing a random number in localities, then drawing 15 people from each strata.	53		CPGI/PGSI
Niewiadomska, 2020 ²⁷⁷	Poland		923	Schools in the Lublin Province were randomly selected for the study, for individuals aged 17–21.	52	18	SOGS-RA
Pisarka, 2020 ²⁷⁸	Poland		511	Participants included individuals 16-18 years, classrooms were randomly selected from public/non- public general, technical high schools and basic vocational schools in Warsaw.	43		SOGS-RA
Wojtkowska, 2024 ²⁷⁹	Poland	2022	936	Recruited students aged 7-14 from 12 primary schools in the provinces of West Pomeranian, Lubuskie and Lower Silesia. To obtain a representative and fully random study group, a list of all primary schools was prepared and divided by location size, which created the sampling frame. The automatic number generator drew the schools.	51.6	11.1	

Andrie, 2019 ¹⁵⁶	Romania	2011-2012	1830	A random clustered probability sample of adolescents attending school in the 9th and 10th grades was drawn. Official national lists were used as sampling frames, stratified according to region and population density. 100 classes were drawn.			SOGS-RA
ESPAD Group, 2020 ¹²⁷	Romania	2019	3764	The ESPAD 2019 survey used multistage random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Lupu, 2018 ²⁸⁰	Romania		2006	Pupils aged 11-19 years were chosen from schools in Romania (North-West, North-East, South-East, South-West, South, Centre and Bucharest regions) based on a randomized sample.	52	15	SOGS-RA, 20 GA-RA
Molinaro, 2018 ¹²⁶	Romania	2015	3500	National samples of randomly selected schools/classes of 16-year-old students were chosen, in which the cohort of students born in 1999.	15ª	16	
ESPAD Group, 2020 ¹²⁷	Slovakia	2019	2258	The ESPAD 2019 survey used stratified random sampling with schools being the sampling units and classes being randomly selected by assistants in the last step of school selection. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected.			Lie-Bet, CSPG
Ipsos, 2023 ²⁸¹	Slovakia	2023	1025	Slovak population aged 15 and above representative by gender, age, region, VMB, education.	50		
Molinaro, 2018 ¹²⁶	Slovak Republic	2015	2208	National samples of randomly selected schools/classes of 16 year old students were chosen, in which the cohort of students born in 1999.	10 ^a	16	
ESPAD Group, 2020 ¹²⁷	Ukraine	2019	2731	The ESPAD 2019 survey used multistage stratified random sampling with classes being the sampling units. Students who reached the age of 16 years in the calendar year of the survey and who were present in the classroom on the day of the survey were selected. Autonomous Republic of Crimea was not included in the survey, nor were the territories of Donetsk and Luhansk, which are not controlled by the Ukrainian government.			Lie-Bet, CSPG
Molinaro, 2018 ¹²⁶	Ukraine	2015	2350	National samples of randomly selected schools/classes of 16 year old students were chosen, in which the cohort of students born in 1999.	11ª	16	
East and Southeast Asia							
Chen, 2016 ²⁸²	China	2009-2010	1774	A single grade (grades 7 through 9) of each selected Zhuhai school was randomly selected, and all classes of the selected grade were invited to participate.	46	14	
Chen, 2016 ²⁸²	China	2009-2010	3381	A single grade (grades 7 through 9) of each selected Wuhan school was randomly selected, and all classes of the selected grade were invited to participate.	46	14	
Zhu, 2019 ²⁸³	China	2009-2010	3232	The sampling frame was the high school population aged 15-17 years old in Xi'an. Firstly, randomly selected three administrative districts from all units. Then randomly selected six schools in each district and randomly selected students from all classes.	52.3	15.8	
Chen, 2016 ²⁸²	Hong Kong SAR	2009-2010	6466	A single grade (grades 7 through 9) of each selected Hong Kong school was randomly selected, and all classes of the selected grade were invited to participate.	49	13	
Cheung, 2016 ²⁸⁴	Hong Kong SAR	2007-2010	4734	Used a national cross-sectional survey of high school students aged 12-23 years. The first stage drew a random sample of high schools with the probability proportional to financing mode. Students were then randomly selected based on their birthday month (March).	49	16	DSM-based instrument (DSM- IV-J)
Cheung, 2014 ²⁸⁵	Hong Kong SAR	2007-2010	4734	Participants were Chinese adolescents aged 12–23 recruited in schools. Schools were randomly selected according to the proportion of publicly funded (82%) and privately funded (18%) schools in Hong Kong. Students were selected based on their birthday month (March).	49	16	DSM-based instrument (DSM- IV-J)
Higuchi, 2017 ²⁸⁶	Japan	2016-2017	4685	Randomly selected from the basic resident register nationwide.			SOGS
Higuchi, 2017 ²⁸⁶	Japan	2015-2016	993	Randomly selected from the basic resident registers of 11 cities (Sapparo City, Sendai City, Saitama City, Chiba City, Tokyo 23 wards, Kawasaki city, Yokohama city, Sagamihara city, Nagoya city, Osaka city, Fukoka city).			SOGS
Nitta, 2023 ²⁸⁷	Japan	2020	8223	Participants were randomly sampled based on the Basic Resident Register.	51.9		
So, 2019 ²⁸⁸	Japan	2017	5365	Participants included individuals aged 20–75 years from 300 different sites in Japan, who were chosen from a basic resident register using stratified random sampling.			SOGS
Chen, 2018 ²⁸⁹	Macau SAR	2016	1000	A random sampling telephone survey using the Macao 2015 residential phonebook was used to recruit Chinese Macau residents aged 18 years or above (up to 97 years). Two step stratified random sampling: selected eligible participants then selected household member based on birthdays.	56	40	DSM-based instrument (DSM-5)
Chen, 2016 ²⁸²	Macau SAR	2009-2010	547	A single grade (grades 7 through 9) of each selected Macau school was randomly selected, and all classes of the selected grade were invited to participate.	38	13	
Tong, 2018 ²⁹⁰	Macau SAR		1020	For study 1, telephone numbers were randomly generated from a local national residential telephone directory and an adult was sampled within a household following the last birthday rule.	55	44	DSM-based instrument (DSM-5)
Wu, 2015 ²⁹¹	Macau SAR	2011	952	Randomly selected a sample of telephone numbers from the Macau telephone directory, to recruit a national community sample aged 18 or older.	58	43	DSM-based instrument

Wu, 2014 ²⁹²	Macau SAR	2013	1018	Randomly sampled household telephone numbers from the 2012 Macau household phonebook, to recruit Chinese speaking Macau residents aged 18 and above. If multiple people were eligible, then the one with the nearest birthday was recruited.	55	42			DSM-based instrument (DSM-5)
Sheela, 2016 ²⁹³	Malaysia	2010	2262	Participants aged 12-17 years were randomly selected from secondary schools in Seremban.	58	14			SOGS
Chen, 2016 ²⁸²	Taiwan	2009-2010	1782	A single grade (grades 7 through 9) of each selected Taipei school was randomly selected, and all classes of the selected grade were invited to participate.	50	14			
Assanangkornchai, 2016 ²⁹⁴	Thailand	2013	4727	Used a stratified multistage probability sampling technique: Thai population was stratified into Bangkok metropolitan area and four other regions, then an individual living in each selected household was randomly selected using the Kish selection table. Eligible participants were Thai speaking permanent residents of non-institutionalized civilian households aged 18 years or older.	64				DSM-based instrument (DSM- IV-TR)
Wichaidit, 2022 ²⁹⁵	Thailand	2021	1555	Two stage sampling was employed by dividing Thailand into five regions, with study provinces within each region chosen using systematic sampling. Mobile phone numbers were sampled from the list of users in the selected provinces using cumulative systematic sampling. Study population included Thai people aged 18 years and over in 15 provinces, who had a cell phone number.	51.7	41.3			
National Council on Problem Gambling, 2021 ²⁹⁶	Singapore	2020	3000	A probability disproportionate stratified sampling method was used. From a sampling frame of residents' addresses, a randomly selected sample of 3,000 Singapore residents was interviewed using a structured questionnaire between February 2020 and December 2020.					DSM-based instrument (DSM-5)
National Council on Problem Gambling, 2018 ²⁹⁷	Singapore	2017	3000	A probability disproportionate stratified sampling method was used. From a sampling frame of residents' addresses, a randomly selected sample of 3,000 Singapore residents was interviewed using a structured questionnaire.					DSM-based instrument (DSM-5)
National Council on Problem Gambling, 2015 ²⁹⁸	Singapore	2014	3000	A probability disproportionate stratified sampling method was used. From a sampling frame of residents' addresses, a randomly selected sample of 3,000 Singapore residents was interviewed using a structured questionnaire.					DSM-based instrument (DSM- IV)
Subramaniam, 2016 ²⁹⁹	Singapore	2009-2010	2252	The Singapore Mental Health Study (SMHS) nationally recruited individuals aged 18 years and over. This analysis looked at participants who had gambled at least once in their lifetime only.			8		SOGS
Subramaniam, 2015 ³⁰⁰	Singapore	2009-2010	6616	The Singapore Mental Health Study (SMHS) randomly selected individuals aged 18 and over from a database obtained from a national registry.					SOGS
Subramaniam, 2015 ³⁰¹	Singapore	2009-2010	2252	The Singapore Mental Health Study (SMHS) used a probability sample to randomly select individuals aged 18 and over, using a disproportionate stratified sampling design of entire population. Survey data was weighted to the 2007 resident population.					SOGS
Tse, 2013 ³⁰²	Singapore	2010-2011	3010	Randomly selected individuals aged 55 years and over from a national sampling frame of residents' addresses provided by one of Singapore ministries.	53				CPGI/PGSI
Park, 2010 ³⁰³	South Korea	2006-2007	5333	A Stratified, multi-stage, cluster sample design was used, based on the population census of South Korea conducted in 2005, for individuals 18-64 years.	50		9	21	K-DIS-IV
Sohn, 2024 ³⁰⁴	South Korea	2020	780	The 2020 National Survey on Youth Gambling Problems (2020 NSYGP) used stratified cluster sampling to recruit 13-18 year olds. Employed stratified variables, including the region and school level to assess adolescents attending middle and high schools. The sample all gambled online at least once in the last 3 months.	42.5	16.5			Gambling Problems Severity Scale (GPSS) from Canadian Adolescents Gambling Inventory (CAGI)
Williams, 2013 ³⁰⁵	South Korea	2011	4000	Random Digit Dialling of the universe of possible cell phone numbers and stratified sampling was used to ensure age and gender constituted at least 50% of their 'true' prevalence as determined by the 2010 South Korean census. Recruited a national sample aged 19 and over.	50		0.05		CPGI/PGSI
Middle East									
Gavriel-Fried, 2023 ³⁰⁶	Israel	2022	3244	Israeli Jews aged 18 and over were randomly selected from the population registry database followed by location of their phone number. Households of Israeli Arabs aged 18 and over were randomly selected out of the household database.					CPGI/PGSI
Africa									
Glozah, 2019 ³⁰⁷	Ghana		770	Four schools were selected randomly from the register of all 21 senior high schools in the Accra Metropolitan Assembly based on strata – single sex and mixed sex schools. Three classes from each school randomly selected.	34.5	16.9			
Kyei-Gyamfi, 2022 ³⁰⁸	Ghana	2018	5024	Used a systematic sampling procedure with 20% districts in each region of Ghana selected based on child protection issues and general wellbeing. Then 15 enumeration areas were selected with individual children aged 8-17 years old chosen via probability proportional to size sample from each district.	48.9	12.9			
Okoti, 2019 ³⁰⁹	Kenya		378	Stratified random sampling was used to obtain 2 (out of 5) schools from sub-urban category and 5 (out of 17) schools from rural category.					

Abayomi, 2016 ³¹⁰	Nigeria	2013	146	In total, 19 gambling locations were identified from 5 randomly selected wards in Ogbomoso local government area for participant recruitment. All persons aged 18 years and above found to be patrons of gambling centres at the time of the study were invited to participate.	10.3	27.5			
Chinawa, 2023 ³¹¹	Nigeria	2021	796	Recruited private and public secondary school adolescents using a three stage sampling technique. Firstly, LGAs were stratified into urban and rural LGAs and selected using a simple random sampling technique of balloting. Then schools were chosen using the same technique of balloting. The first respondent from the classes was then selected using a simple random sampling technique of balloting after which the sampling interval was applied.	51.8	15.6			CPGI/PGSI
Sharp, 2015 ³¹²	South Africa	2010	3000	Participants aged 18 years and over were recruited from Enumeration Areas (EAs) (including the Cape Town, Durban, Johannesburg and Tshwane metropoles), defined according to the 2001 national census.	49	39		5	CPGI/PGSI
Kincaid, 2013 ³¹³	South Africa	2008	3000	Participants were randomly drawn from the census of households including from Johannesburg, Tshwane, Cape Town and eThekweni (Durban).					CPGI/PGSI
Anyanwu, 2023 ³¹⁴	Uganda		921	Multi-stage cluster sampling with two secondary schools randomly selected from each of the six divisions in Mbarara Municipality. At least 60 students were randomly selected from each school.	46.2	16.9			DSM-based instrument (DSM- IV-MR-J)
Latin America									
Departmento of Juego Responsible, 2022 ³¹⁵	Argentina	2022	1300	Prevalence study in the province of Entre Ríos.					
Tavares, 2010 ³¹⁶	Brazil	2005-2006	3007	Nationally recruited using a three-stage stratified probabilistic sampling method. Chosen households were approached at least three times at different times of the day on two different days. The interview surveyed all Portuguese speaking members of the household aged 14 years or older.	50				DSM-based instrument (DSM- IV)
Spritzer, 2011 ³¹⁷	Brazil	2005-2006	661	Multistage probabilistic stratified sampling method: 143 cities selected, 2 census sectors within each city except for big cities (325 census sectors in total); 8 households within each sector by simple random sampling. Recruited a national sample of adolescents aged 14-17 years, choosing participants based on the closest future birthday approach.	49				DSM-based instrument (DSM- IV-J-MR), Lie-Bet
Velázquez, 2018 ³¹⁸	Mexico	2016	56877	Used a probabilistic, multistage, and stratified design. National random sampling of 1 teenager (12- 17 years) and 1 adult (18-65 years) was selected from each household visited.	58				DSM-based instrument (DSM-5)
Saldivia, 2022 ³¹⁹	Chile	2021	2159	The sample was taken from the Concepción Lottery user registry in force at the time of the survey. Used stratified probabilistic sampling with proportional allocation, based on the variables sex, age and region. Stratified random sample were sent email for participation.	41.3	42.8	3.7		NODS-CLIP (NODS questionnaire)
Zapata, 2011 ³²⁰	Colombia		3486	High school students aged 10-19 years old were randomly selected from all educational institutions in Medellin.	57				SOGS
South Asia								•	
Bhatia, 2019 ³²¹	India	2012-2014	1514	A population-based sample of urban and rural communities of North Goa were selected based on electoral rolls, and participants were selected at random from randomly selected eligible households. This study only sampled male participants.	0	40			
Jaisoorya, 2017 ³²²	India		4989	Schools were selected by cluster random sampling from the total pool of 168 high and higher secondary schools in the district of Ernakulam, Kerala, South India. Participants were students in years 10 and 12 (15-19 years).	49	16			NODS/NODS-CLIP

176

177 Table 7.2. Studies available reporting adult gambling data by overall and sex/gender

	Any gam	bling activity	Engaged in any risk	gambling activity	Engaged in problema	tic gambling acti
	Overall	Sex/gender data	Overall	Sex/gender data	Overall	Sex/gen
Australasia	3-5,7,9-12,14-18,22-25,28-	3-5,7,11,12,14,22,30-37,40,48	3-7,9,11,12,14,15,17,18,22-25,29-37,39-	3-7,11,12,14-16,22,30-36,40,43,48	3-5,7,9,10,12,14-18,22-25,29-41,48,323-338	3-5,7,12,14,22,30-37,
	41,46,48,49,323-337		41,46,48,323-327,331-338			
East and Southeast Asia	289-292,295-298,302,305,339-343	289-291,305	292,294,302,305,339-341	294,305	286,287,289-292,294,296-298,302,305,339-341	289,305
South Asia	-	321	-	-	-	
Eastern Europe	256,261-263,269-277,281	256,262,263,276	152,256,261,263,266,267,269,275-277	261,266,267,276	256,258,263,266,267,269,276,277	266,267
Western Europe	64,128,132,137,139,142-146,149,	128,137,139,145,146,149,153,157,159,	64,128,129,132,133,136,137,142,143,145,146,14	56,137,142,144-	128,132,136,137,139,140,146,149,150,152-	137,146,154,157,159
-	153,154,157,159,160,162,163,166,16	160,163,169,171,184,185,190,194,196,	9,150,152,153,157,159,160,162,166,169,171,173	146,149,157,190,197,202,205,215,219,223	154,157,159,160,162,166,169,173,174,185,186,1	,215,219,240,247,249
	9-171,173,175,184-186,190-192,194-	202,205,214,215,219,222-	-175,185,190-192,194-197,202,203,205,206,214-	,225,233,235,248,249,252-255	90-192,194-197,200,203,205,206,209,214-	
	196,202,203,205,206,209,214-216,	226,230,233-235,247,248,252,255	216,219,221,223-225,230,233,235,239,240,242,		216,224-226,233,235,239-242,247-250,252-	
	219,221-225,233,235,239,240,247-		247-255,344,346,349,350,353,354,356,358,359,		255,346,348-350,352-354,356,358-363,365,367-	
	255,344-371		361,363,365,367-377		371,376,378	
Middle East	306		306		306	

tivity
nder data
7,39,40
-
9,190,192,197,200,205
49,255

Africa	-		312		312	
Latin America	315,316	316	319	319	318,319,379	319
North America	50,51,55,56,61-	56,67,72,75,88,92,101,109,118,120,12	50,56,62,63,67,70,72,75,78,80,84,85,95,97,98,	67,72,88,101,106,109,118,122	50,56,61,62,66,67,70,72,78,80,84,85,95,98,100-	56,67,72,84,85,101,10
	63,67,70,72,75,78,80,88,92,95,97,98,	2,123	100,101,104-106,109,110,118-122,381,383,		102,104-106,109,110,112,113,118,119,121-	
	100-102,104-107,109-112,115,117-		384,389-392,394,395,397-401		123,381,383,384,388,389,391,392,394-	
	123,380-399				396,398,399,401	

178

179 Table 7.3. Studies available reporting adolescent gambling data by overall and sex/gender

	Any gambli	ng activity	Engaged in any risk	gambling activity	Engaged in problematic gambling act			
	Overall	Sex/gender data	Overall	Sex/gender data	Overall	Sex/gen		
Australasia	19,21,47	19,21,47	19,21,47,402-404	47	13,21,402,404			
Central Asia	-	-	-	-	-	-		
East and Southeast Asia	283,284,293,405,406	284,285,293	284,405	284	284,293	284		
South Asia	-	-	-	-	-	-		
Eastern Europe	126,127,262,278,280,407,408	280	156,262,278,280		278,280,408	280		
Western Europe	126,127,134,141,145,155,158,160,161,	141,145,161,176,185,187,199,204,	134,136,145,155,156,160,161,163,168,176-178,	134,145,161,176,178,181,182,187,213,231	134,136,155,160,161,177,180,181,185,187,201,	134,161,181,187,213,		
	163,177,180,181,185,187,199,201,204,	208,213,220,231,232	180-183,185,187,201,206,207,212,213,228,231,		213,226,228,231,409,410,412,414			
	206,208,213,215,220,226,228,231,232,		409,410,412-414					
	409-413							
Middle East	-	-	-	-	-	-		
Africa	308,309,314	-	311,314	311	314	-		
Latin America	-	-	-	-	-	-		
North America	76,114,124,415-419	114,116,124	124,416	124	124,417,418	124		

180

181Table 7.4. Studies available for individual gambling products/activities analysis

Analysis Group	Adults	Adolescents
Among general population	3-5,12,14-18,22,23,25,27,30-37,39-41,48-50,53,56,61,63,64,67,72,75,78,92,93,95,102,112,122,132,137,139,143,	19,47,96,124,126,127,134,135,155,158,160,163,180,185,201,204,206,208,213,226,262,264,278,279,284,293,304,307,308,421
	149,153,157,160,170,171,174,185,186,190,196,200,205,206,209,214,215,224,225,233,235,239,248-251,256,263,	
	275-277,291,292,302,305,321,420,16511,24,38,97-99,101,103,105-107,109,110,115,117-121,151,152,159,163,	
	173,184,191,195,197,202,203,211,221,247,261,262,269-274,281,286,296-298,306	
Among people who gambled in the	3-5,12,14-18,22,23,25,30-37,39-41,48-50,53,56,61,63,64,67,72,75,78,92,93,95,102,112,122,132,137,139,143,149,	19,47,96,124,126,127,134,155,158,160,163,180,185,201,204,206,208,213,226,262,278,284,293
past 12 months	153,157,160,170,171,174,185,186,190,196,200,205,206,209,214,215,224,225,233,235,239,248-251,256,263,275-	
	277,291,292,302,305,321,420,165,11,24,38,68,97,98,101,105-107,109,110,115,117-121,159,163,173,184,191,195,	
	202,203,221,247,261,262,269-274,281,296-298,306,310,319	
Among people engaged in	3-5,15,16,31,32,35,37,39,56,137,149,157,160,185,186,224,225,235,248,256,16524,38,105,109,119-121,159,319	134,185,201,206,226
problematic gambling in the past 12		
months		
Problematic gambling among	3-5,15,16,31,32,35,37,39,41,56,137,149,157,160,185,186,224,225,235,248,256,16524,38,105,109,119-121,159,319	134,185,201,226
people who gambled in a specific		
gambling product/activity		

6,107,118,122,123
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der data
231

Appendix 8: Pooled country-level estimates for any gambling, any risk gambling and problematic gambling

Heterogeneity statistic (I²) is reported for pooled estimates based off 4 or more study estimates.

Country		Any gambling	activity			Any ris	sk		Problematic gambling			
	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²
Australasia												
Australia	65.191	69.586	73.809	99.83	6.945	8.177	9.500	99.26	0.523	0.693	0.885	96.47
New Zealand	54.532	71.888	86.404	99.85	2.572	5.620	9.750		0.355	0.446	0.547	
East and South East Asia												
Japan									1.675	1.949	2.244	
Macau SAR, China	20.967	25.507	30.330	91.67	7.260	8.939	10.773		1.271	2.063	3.036	
Republic of Korea	40.275	41.800	43.333		1.410	1.800	2.237		0.342	0.550	0.805	
Singapore	41.463	46.660	51.893						0.661	0.922	1.225	
Thailand	52.311	54.791	57.259		8.111	8.906	9.735					
Eastern Europe												
Cyprus	75.886	77.055	78.203		9.217	10.07	10.955		2.371	3.007	3.716	
Czech Republic	19.858	39.657	61.413		3.805	4.461	5.166		0.950	1.299	1.700	
Hungary					9.945	10.756	11.596		0.929	1.328	1.797	
Latvia	24.873	26.193	27.535		5.672	6.393	7.154		0.968	1.288	1.653	
Lithuania	6.423	7.122	7.853	0.00								
Poland	39.572	40.939	42.314		1.126	5.045	11.518		0.995	1.295	1.633	
Slovak Republic	74.751	77.366	79.878									
Western Europe												
Austria	45.482	46.747	48.015		4.109	4.628	5.176		1.457	1.777	2.129	
Denmark	61.807	63.006	64.197		0.943	2.441	4.612	99.51	0.529	0.681	0.852	
Finland	58.123	68.360	77.770	99.73	6.997	11.655	17.305	99.41	1.338	2.321	3.563	96.75
France	44.543	50.347	56.147		7.828	8.162	8.503		0.595	0.760	0.944	
Germany	33.991	38.961	44.049	99.44	4.060	6.262	8.900	99.39	0.654	1.341	2.266	98.76
Greece	62.738	64.106	65.462		14.294	15.302	16.339		1.977	2.393	2.847	
Greenland	78.288	79.991	81.641									
Iceland	66.433	68.779	71.077		4.871	6.009	7.257					
Ireland (Republic)	47.703	48.993	50.285		3.046	3.506	3.997		0.170	0.295	0.454	
Italy	15.019	27.511	42.124	99.88	7.519	14.127	22.386	99.61	2.831	3.113	3.408	
Netherlands	62.414	63.649	64.874						1.187	1.481	1.806	
Norway	59.769	61.369	62.957	91.24	11.620	12.112	12.613		0.376	0.805	1.392	
Portugal	51.219	51.851	52.483		2.798	3.011	3.231		0.406	0.491	0.584	
Serbia					3.093	3.900	4.795		0.163	0.400	0.732	
Spain	53.175	58.069	62.885	99.56	1.483	2.919	4.818		0.364	0.484	0.619	77.67
Sweden	45.069	61.832	77.259	99.92	4.090	5.470	7.038	97.36	0.215	0.675	1.385	97.62

Table 8.1: Pooled country-level adult population prevalence estimates for any gambling, any risk gambling and problematic gambling

Switzerland	53.858	54.586	55.312		2.459	2.698	2.948					
United Kingdom	57.784	61.336	64.828	99.41	3.733	4.252	4.802	94.34	0.555	0.660	0.773	72.84
Middle East												
Israel	48.403	50.123	51.844		15.652	16.924	18.234		0.985	1.356	1.785	
Africa												
South Africa					19.723	21.167	22.647		2.629	3.233	3.898	
Latin America												
Argentina	22.757	25.077	27.471									
Brazil	10.581	11.706	12.880									
Mexico									0.257	0.301	0.347	
North America												
Canada	58.104	66.006	73.484	99.91	6.908	11.390	16.814	99.88	0.523	1.741	3.642	99.73
United States	50.564	60.781	70.543	99.92	9.305	14.110	19.722	99.79	1.009	1.626	2.385	98.52

Note: LCI – lower 95% confidence interval; UCI – upper 95% confidence interval

Table 8.2: Pooled country-level adult conditional prevalence estimates for any gambling, any risk gambling and problematic gambling

Country		Any ri	sk	Problematic gambling					
	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²	
Australasia									
Australia	12.609	15.246	18.084	98.30	0.922	1.237	1.597	96.95	
New Zealand	5.459	8.266	11.591		0.606	0.756	0.923		
East and South East Asia									
Japan									
Macau SAR, China	27.028	32.384	37.980		5.787	8.000	10.526	49.03	
Republic of Korea	3.391	4.317	5.347		0.822	1.319	1.928		
Singapore					1.372	1.981	2.697		
Thailand									
Eastern Europe									
Cyprus	11.174	12.214	13.294		3.655	4.627	5.706		
Czech Republic	18.195	21.039	24.030		4.514	6.125	7.960		
Hungary	22.805	25.284	27.847		2.209	3.150	4.247		
Latvia									
Lithuania									
Poland	12.075	21.868	33.577		2.792	3.561	4.419		
Slovak Republic									
Western Europe									
Austria	8.818	9.900	11.037		0.312	3.802	4.545		
Denmark	6.042	6.802	7.603		0.777	1.075	1.420		
Finland	16.624	22.695	29.399	98.97	0.967	1.460	2.050		
France	9.342	23.442	41.521		1.989	2.319	2.673		
Germany	13.274	26.411	42.147	99.86	1.830	4.199	7.476	98.90	

Greece	35.194	37.327	39.485		4.839	5.837	6.922	
Greenland								
Iceland	7.110	8.745	10.531					
Ireland (Republic)								
Italy	16.787	32.210	49.947	99.82	6.069	6.670	7.296	
Netherlands					1.866	2.326	2.835	
Norway	17.615	19.189	20.813	90.72	1.058	1.546	2.123	91.74
Portugal	5.320	5.721	6.136		0.783	0.947	1.125	
Serbia								
Spain	2.221	4.201	6.772	99.21	0.641	0.797	0.969	63.43
Sweden	6.878	8.763	10.851	96.39	0.476	0.640	0.828	60.72
Switzerland								
United Kingdom	6.118	7.015	7.968	94.84	0.921	1.059	1.206	66.76
Middle East								
Israel	31.484	33.764	36.082		1.969	2.706	3.555	
Africa								
South Africa	35.046	37.331	39.644					
Latin America								
Argentina								
Brazil								
Chile	46.480	48.587	50.697		3.197	3.983	4.851	
Mexico								
North America								-
Canada	6.574	10.015	14.084	99.72	0.833	2.703	5.568	99.72
United States	14.437	21.915	30.453	99.67	3.389	4.940	6.756	98.42

Note: LCI – lower 95% confidence interval; UCI – upper 95% confidence interval

Table 8.3: Pooled country-level adolescent population prevalence estimates for any gambling, any risk gambling and problematic gambling

Country		Any gambling	, activity			Any ris	sk		Problematic gambling			
	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²
Australasia												
Australia	5.826	6.291	6.773		1.983	2.456	2.977		0.429	0.667	0.956	
New Zealand	23.247	24.190	25.146		3.328	3.737	4.170					
East and South East Asia												
China	9.278	10.303	11.375									
Hong Kong SAR, China	26.698	27.968	29.256		3.001	3.507	4.050		0.082	1.098	1.417	
Malaysia	27.235	29.089	30.979									
Eastern Europe												
Bulgaria	27.936	29.099	30.277									

Cyprus	30.093	31.667	33.263									
Czech Republic	18.653	22.013	25.569	95.74								
Estonia	18.263	19.349	20.460									
Georgia	15.261	16.266	17.296									
Hungary	22.024	23.174	24.343									
Kosovo	9.569	10.991	12.498									
Latvia	21.950	23.270	24.617									
Lithuania	17.475	18.544	19.638									
Republic of Moldova	5.506	6.419	7.397									
Poland	19.290	26.348	34.076		2.407	3.091	3.856		0.166	0.783	1.774	
Romania	22.728	24.763	26.855		9.092	10.047	11.044		3.218	4.038	4.946	
Slovak Republic	17.346	18.472	19.624									
Ukraine	17.326	18.380	19.457									
Western Europe												
Albania	20.694	22.288	23.923									
Austria	13.872	14.638	15.420									
Croatia	22.990	24.130	25.288									
Denmark	4.449	32.748	71.328		5.252	5.982	6.755		0.695	0.987	1.327	
Faroe Islands	20.527	23.063	25.700									
Finland	20.621	30.394	41.155	99.98	2.602	3.004	3.434					
France	24.531	25.370	26.217									
North Macedonia	27.230	28.430	29.646									
Germany	17.880	26.786	36.756	99.31	1.837	3.262	5.069	95.50	1.451	1.825	2.239	
Greece	36.557	37.544	38.537		5.633	6.678	7.802		2.018	3.835	6.174	
Iceland	17.258	18.298	19.361		1.500	2.119	2.841					
Ireland (Republic)	21.348	22.740	24.163									
Italy	32.643	38.610	44.754	99.76	2.164	5.882	11.265	99.91	2.774	3.505	4.317	96.88
Liechtenstein	13.411	17.405	21.794									
Malta	12.234	13.050	13.889									
Monaco	22.991	27.103	31.420									
Montenegro	30.983	31.915	32.854									
Netherlands	15.067	16.377	17.731		2.108	3.041	4.135					
Norway	19.658	20.816	21.998		4.889	5.868	6.930		0.068	0.244	0.515	
Portugal	21.169	22.081	23.008									
Serbia	23.578	24.993	26.435									
Slovenia	17.529	18.435	19.360									
Spain	22.445	26.844	31.484	99.58	2.400	5.140	8.832	98.42	0.653	1.184	1.863	
Sweden	15.703	20.363	25.459	98.21	4.829	5.857	6.977		0.531	0.922	1.415	
United Kingdom	13.671	23.216	34.399		4.140	4.528	4.933		1.390	1.623	1.874	
Middle East							1					
Israel	48.403	50.123	51.844						0.985	1.356	1.785	

Africa												
Nigeria					60.191	63.568	66.879		2.629	3.233	3.898	
North America												
Canada	18.946	21.802	24.798									
United States	25.064	34.850	45.329	99.74	26.033	27.778	29.557		9.216	10.386	11.618	

Note: LCI – lower 95% confidence interval; UCI – upper 95% confidence interval

Table 8.4: Pooled country-level adolescent conditional prevalence estimates for any gambling, any risk gambling and problematic gambling

Country		Any ris	sk		Problematic gambling				
	LCI	Estimate	UCI	²	LCI	Estimate	UCI	²	
Australasia	Australasia								
Australia	44.167	48.211	52.266		8.417	12.755	17.820		
New Zealand	14.165	15.792	17.491						
East and South East Asia									
Hong Kong SAR, China	10.807	12.538	14.378		2.943	3.927	5.045		
Malaysia					9.904	12.310	14.936		
Eastern Europe									
Poland	2.565	5.213	8.676						
Romania	44.626	49.227	53.836		14.482	17.881	21.552		
Western Europe									
Denmark	6.901	8.216	9.633		0.031	0.644	1.086		
Germany	8.863	11.787	15.043	80.64	2.468	4.582	7.207		
Italy	10.673	18.080	26.926	99.80	6.569	8.535	10.732	97.59	
Norway	18.954	22.388	26.019		0.261	0.933	1.959		
Spain	2.221	4.201	6.772		1.677	3.024	4.735		
United Kingdom	21.493	23.311	25.180		0.208	4.388	13.323		
North America									
United States	31.945	33.990	36.066		11.295	12.709	14.195		

Note: LCI – lower 95% confidence interval; UCI – upper 95% confidence interval

Appendix 9: Estimated gambling prevalences and numbers by sex/gender

	Population prevalence						
	Any gambling activity (k=84)		A	Any risk gambling (k=59)	Pro	blematic gambling (k=43)	
	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)	
Australasia	63.5 (57.9-68.9)	6,386,500 (5,823,500-6,925,000)	6.1 (5.0-7.1)	608,500 (507,500-719,000)	0.37 (0.27-0.48)	36,500 (27,000-48,000)	
Pacific Islands States and Territories	-	1,714,500 (1,429,000-1,978,000) ^a	-	273,500 (130,500-447,000) ^a	-	41,500 (19,000-73,000) ^a	
Central Asia	-	10,369,500 (8,642,500-74,500) ^a	-	1,653,500 (789,000-2,704,000) ^a	-	251,000 (114,000-441,000) ^a	
East and Southeast Asia	27.9 (25.8-30.0)	217,626,000 (201,717,000-234,035,500)	2.9 (0.3-3.5)	22,439,000 (2,136,000-26,985,500)	1.00 (0.45-1.76)	7,788,000 (3,535,000-13,712,500)	
South Asia	-	270,603,000 (225,528,500-312,234,000)	-	43,148,000 (20,594,000-70,566,000) ^a	-	6,549,000 (2,979,500-11,512,000) ^a	
Eastern Europe	31.2 (25.8-37.3)	33,440,500 (27,633,000-39,988,500)	6.4 (5.4-7.4)	6,824,500 (5,762,000-7,971,500)	1.00 (0.46-1.76)	1,077,000 (491,000-1,891,000) ^b	
Western Europe	41.3 (38.4-44.1)	58,338,000 (54,331,500-62,375,000)	4.5 (3.6-5.5)	6,357,500 (5,055,000-7,819,500)	0.45 (0.15-0.92)	639,500 (210,000-1,298,500)	
Middle East	-	33,848,500 (28,210,000-39,055,500) ^a	-	5,397,000 (2,576,000-8,827,000) ^a	-	819,000 (372,500-1,440,000) ^a	
Africa	-	165,162,000 (137,651,000-190,571,500) ^a	-	26,335,500 (12,569,500-43,070,000) ^a	-	3,997,000 (1,818,500-7,026,000) ^a	
Caribbean	-	5,994,000 (4,995,500-6,916,500) ^a	-	956,000 (456,000-1,563,000) ^a	-	145,000 (66,000-255,000) ^a	
Latin America	29.4 (24.5-34.0)	61,463,500 (51,175,000-71,121,000) ^b	-	14,030,500 (6,696,500-22,946,500) ^a	-	2,129,500 (969,000-3,743,500) ^a	
North America	66.8 (50.9-81.0)	80,286,000 (61,086,500-97,337,500)	10.0 (4.0-18.3)	11,974,500 (4,759,500-21,954,000)	1.54 (0.73-2.64)	1,854,000 (881,500-3,166,500)	
Global	37.4 (32.0-42.5)	945,233,000 (808,223,000-1,074,502,000)	5.5 (2.5-8.5)	139,998,000 (62,032,500-215,573,000)	1.00 (0.45-1.76)	25,327,500 (11,483,000-44,607,000)	

	Conditional prevalence					
		Any risk gambling (k=47)	Pro	Problematic gambling (k=35)		
	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)		
Australasia	12.5 (10.2-14.9)	797,500 (653,000-954,000)	0.74 (0.47-1.07)	47,500 (30,000-68,500)		
Pacific Islands States and Territories	-	183,000 (160,000-211,000) ^a	-	24,000 (17,500-32,000) ^a		
Central Asia	-	1,108,000 (966,500-1,275,000) ^a	-	145,000 (105,500-193,000) ^a		
East and Southeast Asia	10.5 (9.1-12.1)	22,765,000 (19,835,500-26,246,500) ^b	0.40 (0.01-1.18)	874,000 (24,500-2,569,000)		
South Asia	-	28,909,500 (25,226,000-33,274,000) a	-	3,779,500 (2,752,500-5,036,000) ^a		
Eastern Europe	19.3 (16.3-22.4)	6,489,000 (5,489,500-7,551,000)	1.39 (1.00-1.88)	469,000 (337,000-632,500) ^b		
Western Europe	9.3 (7.9-10.9)	5,438,500 (4,628,000-6,351,000)	0.85 (0.51-1.28)	495,500 (296,000-746,500)		
Middle East	-	3,616,000 (3,155,500-4,162,000) ^a	-	473,000 (344,500-630,000) ^a		
Africa	-	17,645,000 (15,397,000-20,309,000) a	-	2,307,000 (1,680,000-3,073,500) ^a		
Caribbean	-	640,500 (559,000-737,000) ^a	-	83,500 (61,000-111,500) ^a		
Latin America	12.3 (10.9-14.0)	7,586,500 (6,696,000-8,624,500) ^b	-	901,500 (650,000-1,208,000) ^b		
North America	10.0 (8.9-11.5)	8,061,500 (7,124,000-9,233,000)	1.73 (1.35-2.17)	1,390,000 (1,087,000-1,740,000)		
Global	10.9 (9.5-12.6)	103,240,000 (89,889,500-118,928,000)	1.16 (0.78-1.70)	10,989,000 (7,385,000-16,040,500)		

Note: - No samples reported data for analysis; ^a No estimates were reported for analysis, so calculated global prevalence estimate used to calculate; ^b Region only had 1 country estimate so estimated number of individuals mainly based on calculated global prevalence estimate.

	Population prevalence						
	Any gambling activity (k=85)			Any risk gambling (k=59)	Problematic gambling (k=43)		
	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)	
Australasia	67.7 (61.1-73.7)	6,757,000 (6,107,000-7,364,500)	9.1 (7.5-10.8)	910,500 (754,000-1,080,500)	0.77 (0.55-1.02)	77,500 (55,500-102,500)	
Pacific Islands States and Territories	-	1,985,500 (1,808,000-2,154,500) ^a	-	558,000 (341,000-831,500) ^a	-	90,500 (38,500-165,500) ^a	
Central Asia	-	11,164,000 (10,165,500-70,500) ^a	-	3,136,500 (1,917,000-4,675,000) ^a	-	509,500 (216,500-931,500) ^a	
East and Southeast Asia	55.3 (53.1-57.5)	450,789,500 (432,902,500-468,597,000)	9.1 (7.9-10.4)	74,316,000 (64,303,500-85,019,000)	2.19 (0.94-4.00)	17,111,500 (7,304,500-31,212,000)	
South Asia	44.3 (41.4-47.2)	299,116,500 (279,243,500-318,697,500) ^b	-	88,297,500 (53,960,000-131,610,000) ^a	-	14,348,000 (6,097,000-26,226,000) ^a	
Eastern Europe	42.6 (36.6-48.8)	43,730,500 (37,595,000-50,054,500)	14.8 (13.3-16.4)	15,894,500 (14,292,000-17,566,000)	2.13 (0.93-3.85)	2,187,000 (954,000-3,956,500) ^b	
Western Europe	51.7 (48.7-54.6)	73,465,500 (69,228,000-77,685,500)	9.6 (7.9-11.5)	13,593,500 (11,159,500-16,276,500)	1.54 (0.89-2.36)	2,173,000 (1,264,500-3,336,500)	
Middle East	-	43,708,500 (39,799,000-47,427,500) ^a	-	12,279,500 (7,504,500-18,303,000) ^a	-	1,995,500 (848,000-3,647,000) ^a	
Africa	-	181,223,000 (165,015,000-196,644,000) ^a	-	50,913,500 (31,114,000-75,888,000) ^a	-	8,273,500 (3,515,500-15,122,000) ^a	
Caribbean	-	6,580,000 (5,991,500-7,140,000) ª	-	1,848,500 (1,129,500-2,755,500) ^a	-	300,500 (127,500-549,000) ^a	
Latin America	35.6 (32.3-38.8)	72,624,500 (65,859,500-79,191,000) ^b	-	26,683,500 (16,306,500-39,772,500) ^a	-	4,336,000 (1,842,500-7,925,500) ^a	
North America	69.7 (56.3-81.7)	84,449,500 (68,144,000-98,913,500)	16.7 (7.4-28.8)	20,262,500 (8,975,500-34,885,500)	2.69 (0.94-5.29)	3,259,500 (1,138,500-6,409,000)	
Global	49.1 (45.5-52.6)	1,275,594,000 (1,181,858,500-1,365,984,500)	11.9 (8.2-16.5)	308,694,500 (211,757,000-428,663,500)	2.16 (0.93-3.94)	54,661,500 (23,403,500-99,583,500)	

Table 9.2: Estimated gambling prevalences for men among adult representative cohorts

	Conditional prevalence						
		Any risk gambling (k=47)	Pr	roblematic gambling (k=35)			
	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)			
Australasia	17.5 (14.6-20.7)	1,185,500 (985,000-1,400,000)	1.82 (1.24-2.50)	116,000 (79,000-159,500)			
Pacific Islands	-	336,500 (303,000-373,500) ^a	-	66,500 (55,000-80,000) ^a			
States and							
Territories							
Central Asia	-	1,891,000 (1,704,000-2,100,500) ^a	-	375,000 (308,500-450,500) ^a			
East and Southeast	16.7 (15.0-18.6)	75,252,500 (67,730,500-83,683,000) ^b	3.88 (2.35-5.76)	8,434,000 (5,111,500-12,538,500)			
Asia							
South Asia	-	50,659,000 (45,653,500-56,277,000) ^a	-	10,048,000 (8,269,000-12,067,000) ^a			
Eastern Europe	60.8 (55.0-66.6)	20,442,500 (18,510,500-22,418,000)	3.40 (2.78-4.11)	1,497,000 (1,222,500-1,810,000) ^b			
Western Europe	24.6 (22.3-27.0)	14,360,500 (13,014,500-15,775,000)	3.20 (2.50-3.99)	1,869,000 (1,461,000-2,326,000)			
Middle East	-	7,402,500 (6,671,000-8,223,500) ^a	-	1,468,000 (1,208,500-1,763,500) ^a			
Africa	-	30,692,000 (27,660,000-34,096,000) ^a	-	6,087,500 (5,010,000-7,311,000) ^a			
Caribbean	-	1,114,500 (1,004,500-1,238,000) ^a	-	221,000 (182,000-265,500) ^a			
Latin America	18.4 (16.6-20.3)	24,671,500 (22,361,000-27,245,500) ^b	3.42 (2.80-4.12)	2,485,000 (2,037,000-2,993,500) ^b			
North America	14.0 (12.6-15.7)	11,816,500 (10,637,500-13,240,000)	4.14 (3.55-4.80)	3,498,500 (3,002,000-4,055,500)			
Global	17.9 (16.2-19.9)	239,824,000 (216,234,500-266,070,500)	2.83 (2.19-3.59)	36,166,000 (27,946,000-45,820,500)			

Note: - No samples reported data for analysis; ^a No estimates were reported for analysis, so calculated global prevalence estimate used to calculate; ^b Region only had 1 country estimate so estimated number of individuals mainly based on calculated global prevalence estimate.

	1.15			and the second	
Table 9 3. Estimated	gampling preva	lences for temai	es among adole	escent representative con	Orts
Tuble 5.5. Estimated	Samoning preva	ichices for remain	es annong adoit		101 05

	Population prevalence					
	Any gambling activity (k=39)		4	Any risk gambling (k=12)		olematic gambling (k=8)
	% (95% CI)	# people (95% Cl)	% (95% CI)	# people (95% Cl)	% (95% CI)	# people (95% CI)
Australasia	7.9 (7.2-8.6)	100,000 (92,000-109,000)	25.6 (23.1-28.1)	325,500 (294,000-357,000)	-	-
Pacific Islands States and Territories	-	189,500 (128,500-265,000) ^a	-	-	-	-
Central Asia	-	887,500 (600,500-1,240,000) ^a	-	-	-	-
East and Southeast Asia	22.0 (19.9-24.2)	21,565,000 (19,484,500-23,723,500)	-	-	-	-
South Asia	-	25,731,500 (17,409,000-35,953,000) ^a	-	-	-	-
Eastern Europe	20.1 (13.7-28.0)	2,337,500 (1,594,000-3,248,000) ^b	-	-	-	-
Western Europe	23.4 (20.0-27.6)	3,756,500 (3,211,500-4,423,000)	2.5 (1.9-3.1)	393,500 (306,000-498,000)	0.48 (0.22-0.88)	76,500 (34,500-141,000)
Middle East	-	3,461,500 (2,342,000-4,836,500) a	-	-	-	-
Africa	-	21,962,000 (14,858,500-30,686,000) ^a	-	-	-	-
Caribbean	-	478,000 (323,500-668,000) ^a	-	-	-	-
Latin America	-	7,045,500 (4,766,500-9,844,000) ^a	-	-	-	-
North America	20.3 (10.2-32.9)	3,364,500 (1,684,500-5,442,500)	14.2 (12.2-16.4)	201,000 (172,000-231,500)	4.87 (3.66-6.25)	68,500 (51,500-88,000)
Global	21.0 (15.4-27.9)	90,879,500 (66,495,500-120,438,000)	,000) No global estimate calculated			e calculated

		Any risk gambling (k=11)	Pr	oblematic gambling (k=8)		
	% (95% CI)	# people (95% Cl)	% (95% CI)	# people (95% CI)		
Australasia	12.7 (10.6-14.9)	12,500 (10,500-15,000)	-	-		
Pacific Islands States and Territories	-	-	-	-		
Central Asia	-	-	-	-		
East and Southeast Asia	-	-	-	-		
South Asia	-	-	-	-		
Eastern Europe	-	-	-	-		
Western Europe	6.6 (5.1-8.4)	248,000 (190,500-314,000)	1.91 (1.18-2.91)	71,500 (44,500-109,500)		
Middle East	-	-	-	-		
Africa	-	-	-	-		
Caribbean	-	-	-	-		
Latin America	-	-	-	-		
North America	19.4 (16.7-22.2)	652,500 (561,500-748,000)	6.63 (4.99-8.49)	223,000 (168,000-285,500)		

Note: - No samples reported data for analysis; ^a No estimates were reported for analysis, so calculated global prevalence estimate used to calculate; ^b Region only had 1 country estimate so estimated number of individuals mainly based on calculated global prevalence estimate a regional or global estimate

	Population prevalence					
	A	Any gambling activity (k=39)		Any risk gambling (k=12)		lematic gambling (k=8)
	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)	% (95% CI)	# people (95% CI)
Australasia	11.2 (10.3-12.1)	150,000 (137,500-162,500)	37.8 (35.0-40.5)	506,000 (469,000-542,000)	-	-
Pacific Islands States		407,500 (325,500-492,000)				
and Territories	-		-	-	-	-
Central Asia	-	1,842,000 (1,473,000-2,226,500)	-	-	-	-
East and Southeast	39.6 (36.6-42.6)	43,407,000 (40,175,500-46,678,000)				
Asia			-	-	-	-
South Asia	-	55,155,000 (44,097,500-66,658,500)	-	-	-	-
Eastern Europe	40.6 (32.7-48.8)	4,968,000 (4,002,000-5,972,500) ^b	-	-	-	-
Western Europe	46.0 (43.2-48.8)	7,796,000 (7,331,500-8,272,000)	9.3 (8.2-10.5)	1,580,000 (1,389,000-1,789,000)	4.72 (3.96-5.63)	800,000 (670,500-954,000)
Middle East	-	7,160,500 (5,725,000-8,654,000)	-	-	-	-
Africa	-	44,341,000 (35,451,000-53,589,000)	-	-	-	-
Caribbean	-	976,500 (781,000-1,180,000)	-	-	-	-
Latin America	-	14,448,000 (11,551,500-17,461,500)	-	-	-	-
North America	42.4 (29.3-56.1)	7,345,000 (5,079,000-9,709,000)	38.1 (35.5-40.7)	6,594,500 (6,154,500-7,040,500)	14.45 (12.65-16.35)	2,503,000 (2,190,000-2,832,500)
Global	40.8 (33.9-48.0)	187,996,500 (156,129,500-221,055,500)	No global estimate ca	alculated	No global estimate calculated	

		Conditional prevalence					
		Any risk gambling (k=11)	Problematic gambling (k=8)				
	% (95% CI)	# people (95% Cl)	% (95% CI)	# people (95% CI)			
Australasia	29.0 (26.4-31.6)	43,500 (39,500-47,500)	-	-			
Pacific Islands States and Territories	-	-	-	-			
Central Asia	-	-	-	-			
East and Southeast Asia	-	-	-	-			
South Asia	-	-	-	-			
Eastern Europe	-	-	-	-			
Western Europe	27.2 (24.1-30.6)	2,124,000 (1,879,000-2,384,500)	10.95 (8.93-13.28)	854,000 (696,000-1,035,500)			
Middle East	-	-	-	-			
Africa	-	-	-	-			
Caribbean	-	-	-	-			
Latin America	-	-	-	-			
North America	43.3 (40.5-46.1)	268,000 (251,000-285,500)	16.42 (14.39-18.56)	102,000 (89,000-115,000)			

Note: - No samples reported data for analysis; ^a No estimates were reported for analysis, so calculated global prevalence estimate used to calculate; ^b Region only had 1 country estimate so estimated number of individuals mainly based on calculated global prevalence estimate a regional or global estimat

Appendix 10: Meta-regressions of any, any risk and problematic gambling estimates

Table 10.1: Meta-regressions for estimates of any, minimum low-risk, and problematic gambling among adult samples

	Any gam	bling activ	vity	Any risk	gamblin	g	Problematic gambling			
	β	SE	р	β	SE	р	β	SE	р	
Population estimates									·	
% women	002	.003	.594	.001	.001	.520	<001	<.001	.993	
Mean age	.005	.006	.407	<.001	.005	.997	<001	.001	.724	
% with AUD	.004	.003	.310	001	.002	.496	<.001	<.001	.848	
% with SUD	.002	.009	.825	009	.009	.356	.001	.001	.642	
Other countries (Ref)										
Australia	.198	.040	<.001	.004	.019	.837	005	.004	.226	
New Zealand	.228	.094	.016	022	.049	.645	007	.011	.509	
UK	.128	.047	.007	038	.022	.090	006	.005	.279	
Canada	.170	.053	.002	.057	.026	.031	.011	.006	.053	
USA	.127	.043	.004	.070	.025	.005	.005	.005	.344	
Year data collection	008	.003	.003	001	.002	.612	<.001	<.001	.269	
started										
Risk of bias score	.011	.010	.300	007	.005	.198	001	.001	.408	
Conditional estimates				I					1	
% women				.001	.001	.564	001	<.001	.021	
Mean age				-	-	-	-	-	-	
% with AUD				001	.001	.549	<001	<.001	.818	
% with SUD				-	-	-	-	-	-	
Other countries (Ref)										
Australia				049	.030	.105	011	.006	.093	
New Zealand				126	.075	.098	017	.017	.328	
UK				138	.037	<.001	014	.008	.076	
Canada				102	.042	.016	.006	.009	.507	
USA				.022	.042	.600	.019	.008	.028	
Year data collection started				.004	.002	.094	.001	.001	.062	
Risk of Bias score				025	.008	.004	<001	.002	.949	

Table 10.2: Meta-regressions for	estimates of any	, any risk, an	d problematic g	gambling among	adolescent
samples					

	Any gambling activity			Any risk	gambling		Problematic gambling		
	β	SE	р	β	SE	р	β	SE	р
Population estimates									
% female	022	.006	.001	003	.006	.643	004	.001	.005
Mean age	.009	.029	.762	002	.095	.981	.004	.008	.609
Other countries (Ref)									
Australia	193	.085	.025	050	.107	.644	022	.017	.202
New Zealand	013	.119	.911	037	.106	.730	-	-	-
UK	019	.070	.791	018	0.77	.717	013	.010	.238
Canada	037	.124	.764	-	-	-	-	-	-
USA	.098	.036	.008	.203	.107	.068	.075	.020	.002

Year data collection	009	.003	.002	.004	.005	.429	002	.002	.193
started									
Risk of Bias score	016	.009	.064	005	.013	.722	<.001	.003	.933
Conditional estimates									
% female				003	.004	.537	<.001	.002	.907
Mean age									
Other countries (Ref)									
Australia				.264	.116	.034	.061	.082	.470
New Zealand				058	.149	.701	-	-	-
UK				008	.110	.945	.014	.034	.680
Canada				-	-	-	-	-	-
USA				.124	.148	.414	.060	.039	.146
Year data collection				.002	.008	.767	004	.002	.028
started									
Risk of Bias score				035	.021	.117	.007	.007	.311

Note: insufficient data to conduct meta-regressions for % with AUD or % with SUD

1 Appendix 11: Complete risk of bias score for each included study

Author, Year	Item 1	ltem 2	Item 3	ltem 4	ltem 5	ltem 6	ltem 7	ltem 8	ltem 8a	ltem 9
Representative cohorts										
Australasia										
ACIL, 2017 ³										
ACIL, 2014 ⁴										
The Allen Consulting Group, 2011 ⁵										
Christensen, 2015 ⁶										
Armstrong, 2017 ⁷										
Tajin, 2021 ⁸										
Billi, 2014 ⁹										
Billi, 2012 ¹⁰										
Browne, 2019 ¹²										
Browne, 2022 ¹¹										
Davidson, 2015 ¹⁵										
Davidson, 2010 ¹⁶										
Delfabbro, 2014 ¹³										
Department Justice and Attorney-General, 2012 ¹⁴										
Dowling, 2016 ¹⁷										
Dowling, 2010 ¹⁸										
Freund, 2022 ¹⁹										
Freund, 2023 ²⁰										
Freund, 2019 ²¹										
Hare, 2015 ²²										
Haw, 2013 ²³										
Hing, 2021 ²⁴										
Hing, 2014 ²⁵										
Gainsbury, 2014 ²⁶										
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Gainsbury, 2015 ²⁷										
Howe, 2018 ²⁸										
NSW Health, 2010										
Office of Regulatory Policy, 2018 ³⁰										
O'Neil, 2021 ³¹										
Paterson, 2019 ³²										
Purdie, 2011 ³³										
Queensland Government, 2010 ³⁴										
Rockloff, 2020 ³⁵										
Sproston, 2012 ³⁶										
Stevens, 2017 ³⁷										
Stevens, 2021 ³⁸										
The Social Research Group, 2013 ³⁹										
Woods, 2018 ⁴⁰										
Abbott, 2014 ⁴¹										
Abbott, 2014 ⁴²										
Abbott, 2018 ⁴³										
Abbott, 2017 ⁴⁴										
Bellringer, 2020 ⁴⁵										
Kruse, 2016 ⁴⁶										
Rossen, 2016 ⁴⁷										
Rossen, 2015 ⁴⁸										
Walker, 201249										
North America										
Afifi, 2019 ⁵⁰										
Afifi, 2010 ⁵¹										

Afifi, 2010 ⁵²					
Afifi, 2010 ⁵³					
Afifi, 2010 ⁵⁴					
Currie, 2011 ⁵⁵					
El-Guebaly, 2015 ⁵⁶					
Currie, 2017 ⁵⁷					
Currie, 2021 ⁵⁸					
Currie, 2012 ⁵⁹					
Faregh, 2013 ⁶⁰					
Gill, 2016 ⁶¹					
Giroux, 2012 ⁶²					
Kairouz, 2015 ⁶³					
Kairouz, 2015 ⁶³					
Costes, 2018 ⁶⁴					
Kairouz, 2016 ⁶⁵					
Luce, 2016 ⁶⁶					
Martins, 201067					
Snaychuk, 2023 ⁶⁸					
Hodgins, 2022 ⁶⁹					
Leonard, 2021 ⁷⁰					
Mackey-Simpkin, 2022 ⁷¹					
Stark, 2012 ⁷²					
Stark, 2012 ⁷²					
Bhatti, 2019 ⁷³					
Kim, 2016 ⁷⁴					
van der Maas, 2018 ⁷⁵					
Vitaro, 2018 ⁷⁶					

Vitaro, 2015 ⁷⁷					
Williams, 202078					
Williams, 2022 ⁷⁹					
Williams, 2015 ⁸⁰					
Currie, 2021 ⁵⁸					
Currie, 2017 ⁵⁷					
Leonard, 2016 ⁸¹					
Afifi, 2010 ⁸²					
Richmond-Rakerd, 2013 ⁸³					
Barry, 2011 ⁸⁴					
Barry, 2011 ⁸⁵					
Barry, 2011 ⁸⁵					
Moghaddam, 2015 ⁸⁶					
Nower, 2013 ⁸⁷					
Parhami, 2014 ⁸⁸					
Pilver, 2013 ⁸⁹					
Pilver, 2013 ⁹⁰					
Roberts, 2018 ⁹¹					
Barnes, 2011 ⁹²					
Barnes, 2010 ⁹³					
Black, 2012 ⁹⁴					
Carliner, 2022 ⁹⁵					
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶					
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶					
Delaware State Epidemiological Outcomes Workgroup, 2023 ⁹⁶					

Department for Aging and Disability Services, 2013 ⁹⁷					
Gemini Research, 202498					
Grubbs, 2022 ⁹⁹					
Hochul, 2020 ¹⁰⁰					
Jun, 2023 ¹⁰¹					
Kim, 2012 ¹⁰²					
Krebill-Prather, 2021 ¹⁰³					
Massatti, 2016 ¹⁰⁴					
Mills, 2023 ¹⁰⁵					
Mills, 2022 ¹⁰⁶					
Nower, 2023 ¹⁰⁷					
Stanmyre, 2023 ¹⁰⁸					
Nower, 2017 ¹⁰⁹					
Park, 2019 ¹¹⁰					
Patterson-Silver, 2015 ¹¹¹					
Welte, 2015 ¹¹²					
Petry, 2013 ¹¹³					
Petry, 2013 ¹¹³					
Ramowski, 2012					
Russell, 2023 ¹¹⁵					
Stefanovics, 2023 ¹¹⁶					
Stefanovics, 2023 ¹¹⁶					
Stefanovics, 2023 ¹¹⁶					
Stefanovics, 2023 ¹¹⁶					
Stefanovics, 2023 ¹¹⁶					
Stefanovics, 2023 ¹¹⁶					
Sterner, 2022 ¹¹⁷					

Streich, 2020 ¹¹⁸					
The Learning Tree Institute at Greenbush Research and Evaluation Department, 2017 ¹¹⁹					
Tracy, 2017 ¹²⁰					
Volberg, 2023 ¹²¹					
Volberg, 2017 ¹²²					
Welte, 2015 ¹¹²					
Welte, 2011 ¹²³					
Yip, 2011 ¹²⁴					
Kong, 2013 ¹²⁵					
Stefanovics, 2023 ¹¹⁶					
Western Europe					
Molinaro, 2018 ¹²⁶					
ESPAD Group, 2020 ¹²⁷					
Molinaro, 2018 ¹²⁶					
Strizek, 2021 ¹²⁸					
Ekholm, 2014 ¹²⁹					
Ekholm, 2014 ¹²⁹					
Algren, 2015 ¹³⁰					
Laursen, 2016 ¹³¹					
ESPAD Group, 2020 ¹²⁷					
Fridberg, 2016 ¹³²					
Fridberg, 2016 ¹³²					
Kragelund, 2022 ¹³³					
Kragelund, 2022 ¹³³					
Kristiansen, 2014 ¹³⁴					
Molinaro, 2018 ¹²⁶					
Spångberg, 2020 ¹³⁵					

Ramboll Management Consulting, 2022 ¹³⁶					
Ramboll Management Consulting, 2022 ¹³⁶					
ESPAD Group, 2020 ¹²⁷					
Molinaro, 2018 ¹²⁶					
Castren, 2013 ¹³⁷					
ESPAD Group, 2020 ¹²⁷					
Castren, 2022 ¹³⁸					
Halme, 2011 ¹³⁹					
Salonen, 2015 ¹⁴⁰					
Latvala, 2023 ¹⁴¹					
Latvala, 2023 ¹⁴¹					
Latvala, 2023 ¹⁴¹					
Latvala, 2023 ¹⁴¹					
Latvala, 2023 ¹⁴¹					
Latvala, 2023 ¹⁴¹					
Latvala, 2021 ¹⁴²					
Molinaro, 2018 ¹²⁶					
Spångberg, 2020 ¹³⁵					
Nordmyr, 2014 ¹⁴³					
Nordmyr, 2016 ¹⁴⁴					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2015 ¹⁴⁶					
Edgren, 2016 ¹⁴⁷					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2013 ¹⁴⁸					

Raisamo, 2020 ¹⁴⁵					
Raisamo, 2020 ¹⁴⁵					
Raisamo, 2020 ¹⁴⁵					
Salonen, 2020 ¹⁴⁹					
Salonen, 2015 ¹⁴⁰					
Vuorinen, 2022 ¹⁵⁰					
Oksanen, 2022 ¹⁵¹					
Costes, 2023 ¹⁵²					
Costes, 2020 ¹⁵³					
Costes, 2018 ⁶⁴					
Costes, 2013 ¹⁵⁴					
Kairouz, 2016 ⁶⁵					
Molinaro, 2018 ¹²⁶					
OFDT, 2023 ¹⁵⁵					
Andrie, 2019 ¹⁵⁶					
Banz, 2019 ¹⁵⁷					
Brosowski, 2020 ¹⁵⁸					
Buth, 2024 ¹⁵⁹					
Buth, 2022 ¹⁶⁰					
Buth, 2022 ¹⁶⁰					
Costes, 2023 ¹⁵²					
ESPAD Group, 2020 ¹²⁷					
Giralt, 2018 ¹⁶¹					
Giralt, 2018 ¹⁶¹					
Sleczka, 2020 ¹⁶²					
Turowski, 2023 ¹⁶³					
Turowski, 2023 ¹⁶³					
Kastirke, 2018 ¹⁶⁴					

Kastirke, 2015 ¹⁶⁵					
Meyer, 2015 ¹⁶⁶					
Wejbera, 2021 ¹⁶⁷					
Andrie, 2019 ¹⁵⁶					
Economou, 2019 ¹⁶⁹					
ESPAD Group, 2020 ¹²⁷					
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Reynolds, 2023 ¹⁷²					
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Costes, 2023 ¹⁵²					
De Luigi, 2018 ¹⁸⁰					
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Botella-Guijarro, 2020 ¹⁹⁹					
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ESPAD Group, 2020 ¹²⁷					
Martinez-Loredo, 2023 ⁴¹³					
Ministerio de Consumo, 2023 ²⁰²					
Observatorio Español de las Drogas y las Adicciones, 2022 ²⁰³					
Pérez-Albéniz, 2022 ²⁰⁴					
Gonzalez-Roz, 2017 ²⁰¹					
Rey-Brandariz, 2021 ²⁰⁵					
Tristán, 2022 ²⁰⁶					

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Moñino-García, 2022 ²⁰⁷					
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Weidberg, 2018 ²⁰⁸					
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Public Health Authority, 2023 ²¹⁴					
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Sleczka, 2021 ²¹⁶					
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National Centre for Social Research, 2023 ²⁴⁷					
Population Health Team, 2019 ²⁴⁸					
Deakin, 2022 ²⁴⁹					
Gambling Commission, 2018 ²⁵⁰					
Karikoski, 2018 ²⁵¹					
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Middle East											
Gavriel-Fried, 2023 ³⁰⁶											
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Chinawa, 2023 ³¹¹											
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2 Note: Green cells denote low risk; yellow cells denote unclear or no information given; red cells denote high risk for that specific criteria of the critical appraisal

3 tool. For a description of each item, please see Appendix 4

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