



Pharmacogenetics and the treatment of asthma

Heterogeneity defines both the natural history of asthma as well as patient's response to treatment. Pharmacogenomics contribute to understand the genetic basis of drug response and thus to define new therapeutic targets or molecular biomarkers to evaluate treatment effectiveness. This review is initially focused on different genes so far involved in the pharmacological response to asthma treatment. Specific considerations regarding allergic asthma, the pharmacogenetics aspects of polypharmacy and the application of pharmacogenomics in new drugs in asthma will also be addressed. Finally, future perspectives related to epigenetic regulatory elements and the potential impact of systems biology in pharmacogenetics of asthma will be considered.

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Heterogeneity characterizes both the natural history of complex diseases as well as patient's response to treatment. The objective of personalized medicine (PM) is to understand the mechanisms underlying this variability in order to find the most adequate treatment for each individual patient. Asthma is a complex disease, caused by the interaction of multiple genetic and environmental factors [1,2]. There is increasing evidence of asthma heterogeneity based on molecular phenotyping, cluster analysis studies and biomarker studies. There are two major reasons that justify the pharmacogenetics research in asthma: there are interindividual differences in response to commonly used asthma medications and there is a subgroup of patients that does not respond to these drugs and, there is also a small subgroup who have shown an increased risk of rare, severe adverse events during long-acting β -agonists (LABA) treatment [3].

Phenotypes reflect the multifaceted interaction between genetic and environmental factors, resulting in different expressions of

the disease [4]. In recent years, great efforts have been made to characterize phenotypes in asthma [5], using different omics and molecular phenotype techniques [6]. The phenotypic characterization of asthma has revealed different subgroups of patients who share common clinical-biological features, with the final goal of selecting the best treatment for each patient [7]. However, an appropriate phenotypic classification of patients does not seem sufficient to find the best treatment, therefore other factors such as the genetic background should be taken into account.

Pharmacogenomics contributes to understanding the genetic basis of therapy responsiveness and thus, to defining therapeutic targets or molecular markers; these could be used in the evaluation of the effectiveness of new drugs. Its main objective is to find genetic variations that could affect drug responsiveness, increasing efficacy and safety of treatments [8,9]. Currently, there are different methods for studying

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