

1 Experimental observation of a new attenuation mechanism in
2 *hcp*-metals that may operate in the Earth's Inner Core

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Abstract

Seismic observations show the Earth’s inner core has significant and unexplained variation in seismic attenuation with position, depth and direction. Interpreting these observations is difficult without knowledge of the visco- or anelastic dissipation processes active in *hcp*-iron in the inner core. Here, a previously unconsidered attenuation mechanism is observed in zinc, a low pressure analogue of *hcp*-iron, during small strain sinusoidal deformation experiments. The experiments were performed in a deformation-DIA combined with X-radiography, at seismic frequencies ($\sim 0.003\text{--}0.1$ Hz), high pressure and temperatures up to $\sim 80\%$ of melting temperature. Significant dissipation ($0.077 \leq Q^{-1}(\omega) \leq 0.488$) is observed along with frequency dependent softening of zinc’s Young’s modulus and an extremely small activation energy for creep (≤ 7 kJ mol $^{-1}$). In addition, during sinusoidal deformation the original microstructure is replaced by one with a reduced dislocation density and small, uniform, grain size. This combination of behaviour collectively reflects a mode of deformation called ‘internal stress superplasticity’; this deformation mechanism is unique to anisotropic materials and activated by cyclic loading generating large internal stresses. Here we observe a new form of internal stress superplasticity, which we name as ‘*elastic strain mismatch superplasticity*’. In it the large stresses are caused by the compressional anisotropy. If this mechanism is also active in *hcp*-iron and the Earth’s inner-core it will be a contributor to inner-core observed seismic attenuation and constrain the maximum inner-core grain-size to $\lesssim 10$ km.

Key points

- Zinc, a low pressure analogue for *hcp*-iron, deforms by internal stress superplasticity during small amplitude sinusoidal-strain deformation.
- Internal stress superplasticity due to mechanical oscillations has not been previously reported.
- Internal stress superplasticity is another attenuation mechanism that could be active in the Earth’s inner-core.

Plane Language Summary

The Earth’s inner-core is the most remote and inaccessible part of our planet. Knowledge of the inner-core’s structure comes from interpretation of the information held in seismic waves that have passed through the inner-core. These waves show measurable variation in wave speed and damping with depth. To investigate the wave damping in the inner-core we performed experiments that mimicked the passage of seismic waves through zinc. Zinc was used as a low-pressure analogue because it has the same crystallographic structure as the iron in the inner-core. In these experiments we observed new behaviour in the zinc samples that can only be explained by the behaviour of different directions within the zinc crystal lattice. These we named

55 “elastic strain mismatch superplasticity” and if the same phenomena occurs in the Earth’s inner-core it could
56 explain the seismic observations.

57 1 Introduction

58 The Earth’s solid inner core is the most remote and inaccessible part of our planet. Information encoded
59 in the structure and composition of the inner core during its early solidification could reveal the timing and
60 nature of the onset of Earth’s protective magnetic field, generated by convection in the liquid outer core, or
61 even of changes in the way the mantle convects and drives surface dynamics (e.g. [Aubert et al., 2008](#)).

62 The inner-core exhibits depth and azimuthal variation in both seismic wave speed ([Sumita and Bergman,](#)
63 [2015](#); [Deuss, 2014](#); [Woodhouse et al., 1986](#); [Lythgoe et al., 2014](#); [Irving and Deuss, 2011](#); [Niu and Wen, 2001](#))
64 and attenuation (e.g. [Yu and Wen, 2006](#)). The attenuation has both hemispherical ([Cao and Romanowicz,](#)
65 [2004](#)) and depth variations ([Suda and Fukao, 1990](#)). Attenuation is parametrised as the seismic quality
66 factor, Q , which can be thought of as the efficiency with which wave energy is transmitted. Using body
67 waves (typical frequency 0.5 - 1.5 Hz), Q has been estimated to be ~ 200 just below the inner core boundary
68 increasing to 1000–2000 at the center of the Earth ([Doornbos, 1974](#)). Significant regional variation in Q has
69 been found to exist by [Pejić et al. \(2019\)](#) and [Li and Cormier \(2002\)](#), with a global mean $Q_{1\text{ Hz}} \sim 300$. Using
70 normal modes (frequency < 10 mHz), [Mäkinen et al. \(2014\)](#) showed that attenuation in the inner core is
71 directionally dependent with the North-South direction being both seismically faster and more attenuating
72 than radial directions. The attenuation mechanism(s) in the inner-core is unknown. Postulated mechanisms
73 include: the flow of trapped fluids ([Singh, 2000](#); [Fearn et al., 1981](#)); diffusion-, dislocation- or elastically
74 accommodated grain-boundary sliding ([Jackson et al., 2000](#)); and Zener relaxation, in which Fe atoms
75 switch positions with vacancies and/or solute atoms as a result of the stress imparted by passing seismic
76 waves ([Mäkinen et al., 2014](#)).

77 The inner-core is very close to its melting temperature and the iron from which it is formed is widely
78 accepted to be the *hcp* structure stable above 10 GPa (e.g. [Tateno et al., 2010](#)), albeit diluted by light
79 elements ([Bazhanova et al., 2017](#); [Fei et al., 2016](#); [Antonangeli et al., 2018, 2010](#); [Fiquet, 2001](#); [Mao et al.,](#)
80 [2012](#); [Caracas, 2015](#); [Sakamaki et al., 2016](#); [Tagawa et al., 2016](#); [Tateno et al., 2012, 2015](#); [Prescher et al.,](#)
81 [2015](#); [Li et al., 2018](#)). However, the experimental data needed to distinguish between potential inner core
82 attenuation mechanisms does not exist because of the extreme conditions under which *hcp*-iron is stable.
83 Deformation experiments on *hcp*-iron are limited to 1000 K and 30 GPa ($T/T_m \sim 0.4$; where T is the
84 temperature and T_m is the melting temperature, both in Kelvins, [Merkel et al., 2004](#); [Nishihara et al., 2023](#)).
85 The most recent study of the anelasticity of iron ([Jackson et al., 2000](#)) is limited to low pressures where iron
86 adopts the body centred cubic (*bcc*) and face centred cubic (*fcc*) structures.

87 To account for the limitations of pressures and temperatures that can be replicated in experimental

88 settings, low-pressure *hcp* analogues including zinc, titanium, magnesium and cobalt have been utilised as
89 analogues for the inner core (Bergman et al., 2018; Kanitpanyacharoen et al., 2012). But even on analogues,
90 experiments at high-homologous temperatures are rare (e.g. Bergman et al., 2018) and most studies are
91 performed at low pressures and homologous temperatures (e.g. Jackson et al., 2000). Small amplitude,
92 mechanical oscillation experiments performed on *hcp* metals at ambient pressure are generally at much higher
93 frequencies than seismic waves (Wuttig et al., 1981; Aning et al., 1982; Takahashi, 1952), or infer dissipation
94 from large strain creep tests (Li and Wagoner, 2021). The few mechanical studies at seismic frequencies
95 attribute attenuation, at ambient pressure and low temperatures, in zinc to dislocation motion (Roberts and
96 Brown, 1962). In general though, seismological, experimental and computational studies investigating inner
97 core properties and chemistry, implicitly assume an absence of visco- or anelastic attenuation.

98 Both seismologically and experimentally, attenuation, Q^{-1} , is the inverse of the quality factor, Q , and
99 is characterised by the loss of amplitude and energy of a wave as it passes through an imperfectly elastic
100 medium. Under forced constant amplitude experiments Q^{-1} manifests as a phase lag between an applied
101 stress and the strain response. It is an inherent property of anelastic and viscoelastic materials and arises
102 due to the time dependent response to applied stress (Nowick and Berry, 1972). An undamped oscillator
103 with no attenuation or energy loss has $Q^{-1} = 0$ ($Q = \infty$) and indicates an elastic (i.e. instantaneous
104 and recoverable) response to stress. A finite Q indicates the operation of plastic strains, requiring time to
105 manifest, that are unrecoverable. Each viscoelastic attenuation mechanism has characteristic frequency and
106 amplitude dependent behaviours which are dependent on the temperature, pressure and microstructure of
107 the sample. The microstructure in turn reflects the deformation and crystallization history of the sample.
108 Comparison between a broad set of experimental results and seismic observations of dispersion (variation
109 of wave velocity with frequency) and intrinsic attenuation (reduction in wave amplitude with distance) is
110 therefore needed to understand attenuation in the Earth’s inner-core.

111 In this contribution, we show how attenuation and microstructural data from *hcp*-zinc give new insights
112 into inner core attenuation via a new mechanical model for grain scale behaviour. We measure the viscoelastic
113 response of zinc, to sinusoidal loading, at high pressure and T/T_m up to 0.8; measure the microstructures
114 of the recovered samples; interpret this data to understand the attenuation mechanisms active during small
115 strain deformation and discuss its potential implications for the inner-core.

116 2 Experimental Procedure

117 The response of zinc relative to an elastic standard under small-amplitude sinusoidal loading, was measured
118 using the experimental method of Li and Weidner (2007). Sinusoidal strains were applied to an experi-
119 mental column consisting of a zinc sample and corundum elastic standard, whilst simultaneously acquiring
120 X-radiographic images. Axial strains in the sample and elastic standard were determined by tracking dis-

Sample	Experiment	Methods and discussion corresponding to sample	Microstructure		
			grain-size (μm^2)	WBVI (μm^{-1})	neighbour vs. random pair
Drawn Wire	as supplied	main text	3695	0.0013	similar
Wire, compressed	cold compression	Supplementary C, main text	891	0.0108	different
Wire, annealed	high-pressure annealing	Supplementary C, main text	1690	0.0095	similar
Wire, sinusoidal	sinusoidal deformation	main text	78	0.0041	similar
Wire, deformed	constant strain-rate, step-wise deformation	Supplementary D, main text	2731	0.0134	different
Powder, compressed	cold compression	Supplementary C, main text	85	0.0130	different
Powder, sinusoidal	sinusoidal deformation	Supplementary B, main text	138	0.0073	similar
Powder, deformed	constant strain-rate, step-wise deformation	Supplementary D	400	0.0143	similar

Table 1: Summary of samples discussed in this study and their microstructures. The first column gives the names the samples are referred to in the text. The reported grain-sizes and WBVI values are the mean of the values plotted in Figures 6 and S6.

121 placement of marker foils in the X-radiographs. Strain in an elastic standard is used as a proxy for applied
122 stress, which combined with the sample strain and phase lag of the sample relative to that of the elastic
123 standard, is sufficient to determine the viscoelastic response of the sample. This has been quantified with a
124 mutli-parameter viscoelastic model and the recovered samples analysed for their microstructures to constrain
125 their grain-scale deformation mechanisms.

126 The main text discusses the sinusoidal deformation experiments on a zinc wire and powder. For brevity,
127 the microstructure figures in the main text are those for the wire sample and equivalent figures for the powder
128 are in the Supplementary Information. Further experiments exploring how sample history and experimental
129 conditions affect microstructure are discussed in the Supplementary Information and listed in Table 1.

130 2.1 Samples

131 The wire sample was taken from a 1 mm diameter high-purity zinc wire (99.9985% metal basis, Puratronic
132 from Alfa Aesar). Samples were prepared by polishing to $\sim 1\text{--}1.3$ mm lengths, with flat parallel ends.

133 Powder samples were made from fine-grained zinc powder (Sigma Aldrich, 99% metal basis, 75 μm particle
134 size, that had not been stored in an inert atmosphere). High-resolution X-ray diffraction of the zinc powder
135 shows it to contain trace amounts of two forms of ZnO (cubic and hexagonal) and at least one form of
136 Zn(OH)₂. The powder was pressed into ~ 1 mm long, 1 mm diameter pellets in a steel die with flat-ended
137 pins.

138 The elastic standards were 1 mm diameter solid rods of Alsint-23 corundum, from Alfa Aesar. Each piece
139 was polished to < 0.9 mm long with flat parallel ends. Two pieces were used on either end of the zinc samples
140 in the sinusoidal deformation experiments to keep the cell symmetrical. Disks of 25 μm thick platinum foil
141 were used as markers between the samples and corundum standards as well as at the outer ends of the
142 corundum standards.

2.2 Sinusoidal deformation experiments

The viscoelasticity experiments were performed in the D-DIA (Durham et al., 2002; Wang et al., 2003) on beamline X17B2 at the NSLS, Brookhaven National Laboratory, New York with a white X-ray beam. Diffraction measurements were acquired using a 10-element energy dispersive X-ray diffraction detector (Weidner et al., 2010) which was calibrated using a corundum standard.

The experimental assembly consisted of a 6.1 mm cube of pyrophyllite baked to 1000°C with a 3.0 mm hole drilled through it normal to one face. Into this was placed, a crushable alumina sleeve (3.0 mm outer, 2.36 mm inner diameter), a graphite furnace (2.36 mm outer, 2.10 mm inner diameter, 6.1 mm long), and a boron nitride sleeve (1.8 mm outer diameter, 1.0 mm inner diameter, 3.0 mm long). A sample stack, consisting of a zinc sample bracketed by two corundum pistons, was inserted into this boron nitride sleeve and the remaining space filled by crushable alumina. A C-type thermocouple inside a 0.8 mm diameter 4-bore alumina rod was inserted radially with its hot junction just inside the furnace but not touching the sample. A cross-section of the cell assembly is shown in Figure S2.

The experiment was pressurised to the desired end-load over ~ 2 hours. At pressure, diffraction patterns were acquired from both sample and standard. The zinc diffraction volume was in the centre of the sample and that of the corundum in the part closest to the zinc. The samples were then strained sinusoidally, with the smallest resolvable strains, at periods of 10, 30, 100 and 300 s by driving the D-DIA’s deformation pumps. During deformation, X-radiographs (e.g. Figure 1) were acquired using a yttrium aluminium garnet scintillator and a visible-light camera, for 10 nominal periods, at a rate of 20 or 40 images per period.

For all but the 300 s data, two full cycles were allowed to elapse before data collection was started allowing the system to reach a mechanical equilibrium. After all data had been acquired at each temperature, the temperature was changed and the cycle repeated. Data was acquired during both increasing and decreasing temperature steps, to confirm that the results are not affected by the thermal history of the sample. During sinusoidal deformation, the total end-load on the system was kept constant, minimising any changes in pressure applied to the sample. Experiments were ended by simultaneously stopping the sinusoidal deformation and quenching the temperature. After the experiment had cooled to room temperature, the end load was reduced over a few hours while the position of the deformation rams was held constant, to prevent further deformation of the samples.

2.3 Pressure Determination

The pressure ($P = \text{volume strain} \times \text{bulk modulus}$), in the sinusoidal deformation experiment was calculated from the energy dispersive corundum diffraction patterns. Although zinc is more compressible and should give more precise pressure estimates, above $\sim 200^\circ\text{C}$ its diffraction patterns ceased to reliably contain enough diffraction peaks to reliably determine volume strains. Any individual peaks would rapidly increase and

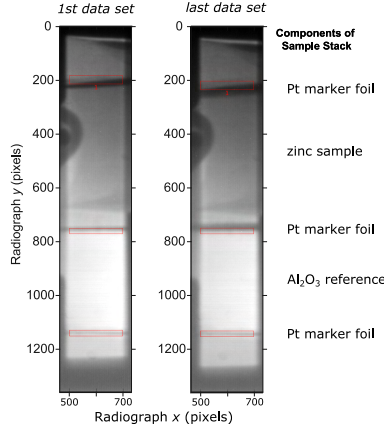


Figure 1: Example X-radiographs, from the (left) beginning and (right) end of the wire experiment. They were acquired at (left) 4.8 GPa and 25°C and (right) 3.3 GPa and 150°C. The radiographs show both the sample and corundum standard, as annotated on the right hand side. The red boxes are the positions of the regions of interest tracked between images. The dark stripes at either side of the images are the shadows of the tungsten carbide anvils. The scale of the image is 2 $\mu\text{m}/\text{pixel}$.

176 decrease in relative intensity, as the zinc underwent rapid recrystallisation. Therefore the distinguishable
 177 corundum diffraction peaks were fit using the software package ‘Plot85’ and an independent unit cell volumes
 178 calculated for each of the detector elements. Volume strains were calculated independently for each of the
 179 detector element using the corresponding open-press unit cell volume, the corundum thermal expansion
 180 coefficients of Fei (1995) and the temperature reported by the thermocouple.

181 Pressures were calculated, from the volume strain, assuming a bulk modulus of $K_0 = 254.28 \text{ GPa}$ along
 182 with pressure and temperature derivatives of $K' (= \partial K / \partial P) = 4.27$ and $\partial K / \partial T = -0.0173 \text{ GPa K}^{-1}$ re-
 183 spectively. The bulk modulus and the temperature derivative are a linear fit to the Voigt-Reuss-Hill bulk
 184 moduli calculated using MSAT (the Matlab Seismic Anisotropy Toolbox, Walker and Wookey, 2012) from
 185 the elastic stiffnesses (c_{ij}) of Goto et al. (1989). The pressure derivative was calculated from the pressure
 186 dependencies of the elastic stiffnesses of Gieske and Barsch (1968) in the same manner, assuming the de-
 187 rivatives are linear at pressures greater than 1 GPa. The pressure at each condition are the weighted mean
 188 and standard deviation of the values calculated from all the detector elements (Tables 2 and 3). Elastic
 189 stiffnesses were used, rather than an Equation of State, for internal consistency with subsequent Young’s
 190 moduli calculations (Section 2.5).

191 2.4 X-radiograph analysis

192 The X-radiographs were processed using the *FoilTrack* algorithm (Hunt, 2023), which was developed specially
 193 for this data set. It was developed because earlier algorithms used to process high strain (Dobson et al.,
 194 2012b; Hunt et al., 2010, 2009, 2019) and small-strain cyclic data (Dobson et al., 2008, 2010; Hunt et al.,

195 2012, 2011) were unable to provide sufficiently precise or coherent period, phase or amplitude values for
 196 the sample length changes. *FoilTrack* is a digital image correlation algorithm that treats complete series of
 197 images as a single, consistent sequence, while accounting for the known deformation applied to the sample.
 198 The period, phase and amplitude of the sinusoidal displacement for each region of interest are returned by
 199 the algorithm. These can subsequently be used to calculate the sinusoidal phase (Φ) and amplitude (A) of
 200 the length change in each sample and reference.

201 During the experiment, the foil shadows adjacent to the zinc sample became broader as the platinum
 202 marker foil diffused into the zinc (Figure 1). To minimise the effect of this on the measurements, the regions
 203 of interest were positioned automatically around the marker foils. The regions of interest adjacent to the
 204 zinc sample (Figure 1, middle boxes) were centred over the maximum gradient (as interpolated by a spline)
 205 on the side of the foil away from the sample. Those not adjacent to the zinc sample (Figure 1, top and
 206 bottom red boxes) were centred over the minimum in a spline interpolation of the intensity profile and the
 207 width and depth of these remained very similar throughout the experiment. The radiographs exhibit very
 208 little change through the experiment (Figure 1) and any inferred changes in samples length are small.

209 Sample strain caused by the sinusoidal deformation is defined as:

$$\varepsilon = A/l \quad (1)$$

210 where l is the length of the sample in the reference image, corrected for the thickness of the platinum foils.

211 Assuming the corundum standard is elastic and isotropic, the frequency dependent, relaxed, Young's
 212 modulus of the zinc sample is:

$$E_{Zn}(\omega) = \frac{\varepsilon_{Al_2O_3}}{\varepsilon_{Zn}} E_{Al_2O_3} \quad (2)$$

213 where ε is the sinusoidal strain amplitude (Equation 1) in the sample and reference and $E_{Al_2O_3}$ is the elastic
 214 Young's modulus of corundum. For each measurement, the Young's modulus of corundum, $E_{Al_2O_3}$, is the
 215 Voigt-Reuss-Hill average of corundum's elastic stiffnesses (c_{ij}), at the temperature of the thermocouple and
 216 the pressure calculated from the diffraction (Section 2.3). These calculations were performed using MSAT
 217 (Walker and Wookey, 2012) and the same elastic stiffnesses used to determine the pressure (Gieske and
 218 Barsch, 1968; Goto et al., 1989).

219 The strain energy attenuation is (Cooper, 2002):

$$Q^{-1} = \tan(\delta) = \tan(\Phi_{Al_2O_3} - \Phi_{Zn}) \quad (3)$$

220 where δ is the loss angle and is equal to the difference in phase of the length changes in the corundum
 221 standard ($\Phi_{Al_2O_3}$) and zinc sample (Φ_{Zn}) respectively.

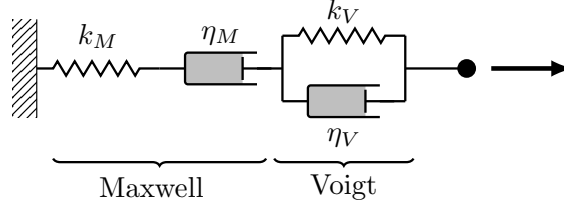


Figure 2: Schematic representations of Burgers models of viscoelasticity. Springs (labelled k) represent the elastic components of the model and dashpots (labelled η) the viscous components; under axial deformation $k_M \equiv E$, the Young’s modulus. The Burgers model is formed of Maxwell and Kelvin models in series.

2.5 Viscoelastic models

The time dependent, unrecoverable, response of viscoelastic media to cyclic deformation can be measured but to explain it a mathematical model is needed. The model must incorporate elasticity but also one or more plastic, dissipative, processes. Such models are constructed from combinations of springs and dashpots (e.g. Figure 2) which, depending on the model, may represent independently measurable properties. Each spring–dashpot model has different frequency-dependent behaviour that may also point to particular physical processes occurring in a sample (Lakes, 1999; Sundberg and Cooper, 2010; Nowick and Berry, 1972; Jackson et al., 2000; Faul and Jackson, 2015; Jackson, 2015; Banks et al., 2011; Gribb and Cooper, 1998). The models relate angular frequency, ω ($= 2\pi/\text{period}$), and stress, $\sigma(t) = \sigma_0 \exp(i\omega t)$, to the strain response, $\varepsilon(t) = \varepsilon_0 \exp(i\omega t - \delta)$, by a loss angle, δ . For each model, the strain response can be obtained by integrating its behaviour over the stress history to compute the dynamic compliance, $J^*(\omega)$ (Nowick and Berry, 1972; Jackson, 2015). There is no specific spring–dashpot model for internal stress superplasticity. Consequently, a number of viscoelastic models were investigated and the Burgers model was found to best describe the data with physically reasonable values for the parameters.

The Burgers model (Figure 2) is usually expressed in terms of: the unrelaxed compliance, $J_M (= 1/k_M)$; the viscoelastic relaxation of the compliance, $J_V (= 1/k_V)$; the Maxwell viscosity, η_M ; and the retardation time, τ_V . Where τ is:

$$\tau = \eta/k \quad (4)$$

The frequency dependent Young’s modulus, $E(\omega)$ (Equation 2) is the property measured under an axial shortening regime. Substituting the Young’s modulus for k , the complex compliance can be expressed in terms of the four independent model components, E_M, η_M, E_V and η_V (after Jackson, 2015):

$$J^*(\omega) = \frac{1}{E_M} + \frac{1}{E_V(1 + i\omega\eta_V/E_V)} - \frac{i}{\omega\eta_M}$$

Separating the real and imaginary components gives:

$$J_1(\omega) = \frac{1}{E_M} + \frac{1}{E_V(1 + \omega^2\eta_V^2/E_V^2)} \quad (5a)$$

$$J_2(\omega) = \frac{\omega\eta_V}{E_V^2(1 + \omega^2\eta_V^2/E_V^2)} - \frac{1}{\omega\eta_M} \quad (5b)$$

where E_M and E_V are the respective spring constants of the Maxwell and Voigt components of the Burgers model and η_M and η_V are the corresponding dashpot viscosities (Figure 2).

Using the expressions for J_1 and J_2 , the frequency dependent Young's modulus (equivalent to Equation 2) is (e.g. Jackson, 2015):

$$E(\omega) = \sqrt{J_1(\omega)^2 + J_2(\omega)^2} \quad (6)$$

and the strain energy dissipation (equivalent of Equation 3) is:

$$Q^{-1}(\omega) = \frac{J_2(\omega)}{J_1(\omega)}. \quad (7)$$

The Burgers model was fit to the experimental $E(\omega)$ and $Q^{-1}(\omega)$ data (Equations 2, 3) at each temperature by simultaneously minimising the unweighted normalised residuals for both $E(\omega)$ and $Q^{-1}(\omega)$ (Equations 6 and 7). The parameters solved for in the fitting were the period ($= 2\pi/\omega$) and the independent elastic (E) and viscous (η) components of the model (Equation 5). Standard errors on each parameter were returned by the least squares difference minimisation routine and have been propagated through the analysis as needed.

Equations 5-7 describes the change in sample response with frequency. By assuming negligible pressure derivatives and a functional form for each of the 4 Burger's model parameters, a single description of the data as a function of frequency and pressure can be made. of the Burgers model, it was possible to simultaneously fit all the data. A linear temperature dependency was assumed for E_M . The viscosities (η_M and η_V) were assumed to have Arrhenius temperature dependencies ($\ln \eta(T) = a + E_a/RT$) with an activation energy E_a . The temperature dependence of E_V was less clear; a number of possible functions were tested for E_V but an Arrhenius temperature dependence was eventually used because it both approximated the data and remained greater than zero. As with the temperature independent models, standard errors for each parameter of this model were returned by the minimisation routine.

2.6 Microstructural analysis

The experimental samples were mounted in epoxy resin and polished for analysis in the FEI Quanta 650 field emission gun (FEG) scanning electron microscope at the University of Leeds. The final finish was a 0.03 μm colloidal silica chemo-mechanical polish in an alkaline solution (Lloyd, 1987). Electron Back-Scatter Diffraction (EBSD) measurements were obtained using a 20 kV accelerating voltage, a spot size of 65 μm and

263 a working distance of 27 mm. The step size was $\sim 1 \mu\text{m}$ except for an as-purchased wire sample in which it
264 was $\sim 3.54 \mu\text{m}$. The Kikuchi patterns were automatically indexed using Oxford Instrument’s AZtec software
265 package. Zinc metal, ZnO, two forms of $\text{Zn}(\text{OH})_2$ and Al_2O_3 were listed as possible phases during indexing.

266 Grains were reconstructed in MTEX (v5.5.1, [Bachmann et al., 2010, 2011](#)) using a 10° misorientation-
267 angle for the grain-boundary threshold. Some of the samples retained significant surface scratching which
268 influences the grain reconstruction. To account for this, data within grains affected by scratches were removed
269 from the analysis and the grain-reconstruction rerun. The twin plane was identified from the annealed wire
270 sample by finding the most common grain-grain misorientation relationships. Twin boundaries were identified
271 in the samples and grains merged if the misorientation between adjacent grains was within 5° of the twin
272 plane.

273 Proxies for dislocation density and the relationship between neighbouring grains were calculated in the
274 form of the Weighted Burgers Vector (WBV, [Wheeler et al., 2009](#)) and neighbour-pair and random-pair
275 misorientation distributions ([Wheeler et al., 2001](#)) respectively in CrystalScape (v2.1, [Wheeler et al., 2009](#)).
276 High angle boundaries, without an organised geometrically necessary dislocation structure, were excluded
277 from WBV calculations using a misorientation threshold of 5° between pixels. Neighbour-pair misorient-
278 ation angles were calculated for adjacent pixels that are separated by grain-boundaries as defined by the
279 10° grain-boundary misorientation threshold. Random-pair distributions were calculated, as reference, for
280 misorientations between 10 and 80° ; the upper threshold was utilised to remove the effect of twinning on the
281 distribution comparison.

282 3 Results

283 A number of sinusoidal deformation experiments were performed for this study, at up to 4.8 GPa, 400°C and
284 $T/T_m < 0.8$; a full list of the complimentary experiments and samples is in [Table 1](#). For brevity, figures
285 in the main text show the results from wire experiment which exemplify the key results; equivalent figures
286 for the powder sample are included in the supplementary information (Section B) and are cross-referenced
287 in the main text.

288 3.1 Sinusoidal deformation experiments

289 The frequency-dependent Young’s moduli, $E(\omega)$, decreases with oscillation period (Figures [3a](#), [S3a](#)) and
290 dissipation, $Q^{-1}(\omega)$, increases in a manner consistent with a dissipation peak over a broad background
291 (Figures [3b](#), [S3b](#)). With decreasing period, data shows less attenuation ($Q^{-1}(\omega) \rightarrow 0$ as $\omega \rightarrow \infty$) and
292 the frequency dependent elastic modulus approaches the elastic, infinite frequency, modulus ($E(\omega) \rightarrow E$ as
293 $\omega \rightarrow \infty$). Data collected before and after the maximum temperature do not show significant offsets (open vs.

294 filled symbols, Figures 3, S3), implying sample history has negligible effect on the measurements. There is
 295 no resolvable change in the sinusoidal strain magnitude within any of the sinusoidal measurements. Typical
 296 strain amplitudes for both the sample and standard are $\sim 6 \times 10^{-4}$ and $\sim 1 \times 10^{-4}$ respectively (Tables
 297 2, S1). Strain amplitudes in the corundum standard indicates axial stress amplitudes, in the wire sample,
 298 ranging from 22 to 84 MPa, with a mean of 54 MPa.

299 The absolute $Q^{-1}(\omega)$ values in this study ($0.49 > Q^{-1}(\omega) > 0.05$) are within the range of values reported
 300 in other studies of viscoelasticity and are slightly larger than those measured in iron and steel at similar
 301 homologous temperatures ($0.33 > Q^{-1}(\omega) > 0.001$; Jackson et al., 2000) but larger than Q^{-1} values determ-
 302 ined for the Earth’s inner core ($Q^{-1} \lesssim 0.005$, e.g. Doornbos, 1974; Pejić et al., 2019; Li and Cormier, 2002).
 303 The range of $Q^{-1}(\omega)$ values here (< 1 log unit) though are smaller than in previous studies which typically
 304 range over more than 1.5 log units.

305 The $E(\omega)$ data fall between the maximum and minimum possible elastic Young’s moduli (dashed black
 306 lines in Figures 3a, S3a) and are predominantly smaller than the isotropic average elastic Young’s moduli
 307 (solid black lines in Figures 3a, S3b). The elastic moduli were calculated in MSAT (Walker and Wookey,
 308 2012) for the mean pressure of the experiment from the ambient condition and temperature dependencies
 309 of the elastic stiffnesses (c_{ij}) of Alers and Neighbours (1958) and the pressure derivatives of Srinivasan and
 310 Rao (1971), as compiled by Ledbetter (1977).

311 3.2 Viscoelastic modelling

312 The Burgers’ model was fit to the $E(\omega)$ and $Q^{-1}(\omega)$ data, at each temperature separately (Table 3, symbols
 313 in Figure 4). By assuming temperature dependencies for each Burgers model parameter, the entire data set
 314 could be fit with a single model (lines in Figures 3, S3 and 4). The $E(\omega)$ and $Q^{-1}(\omega)$ data, both at individual
 315 temperatures and as a whole, are well described by the Burgers model (Figures 3, S3), which reproduces the
 316 dispersion peak or plateaux in $Q^{-1}(\omega)$ and changes in $E(\omega)$ in temperature and period. The fits though,
 317 may systemically overestimate the size of the dissipation peak near 30 s in the wire sample (Figure 3) and
 318 underestimate it in the powder sample (Figure S3). This is interpreted as a reflection of differing trade offs in
 319 the fitting. The Maxwell relaxation times are all within the experimental periods, while the Voigt retardation
 320 times are all smaller than the smallest experimental period (Table 3), consistent with the observed softening
 321 behaviour. The coefficients from the single model with the assumed temperature dependencies match those
 322 calculated independently at each separate temperature (Figure 4).

323 The parameters returned by the independent fits at each temperature have physically reasonable values
 324 (Table 3) and vary systematically with temperature (Figure 4). Alternative viscoelastic models do not
 325 replicate the features of the data, or do so with physically unreasonable parameters. Two component models
 326 of viscoelasticity (i.e. Maxwell or Voigt models, Figure 2) are unable to reproduce gradient changes in $Q^{-1}(\omega)$

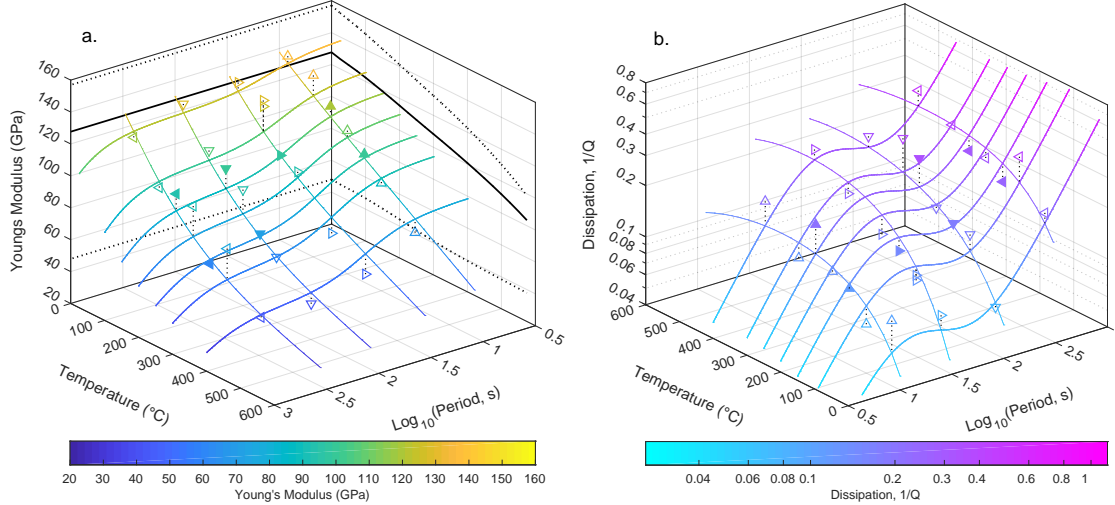


Figure 3: (a) Frequency dependent Young's modulus, $E(\omega)$ (b) dissipation, $Q^{-1}(\omega)$, from the wire sinusoidal deformation experiment; the equivalent plots for the wire sample are in Figure S3. The open symbols are the data collected before the maximum temperature of the experiment and the filled symbols after; for the order of the data collection see Table 2. Dotted lines connect the data to the corresponding point in the fitted plane. Error bars have been excluded for clarity; the mean errors in $E(\omega)$ and $Q^{-1}(\omega)$ are 13.9 GPa and 0.03 respectively. The solid lines are the Burgers model fit to all the data and is plotted at the nominal periods and temperatures of the measurements. In (a) the heavy black lines in the back planes are the elastic Young's modulus calculated from a Voigt-Reuss-Hill average of the zinc c_{ij} and the dashed lines are the maximum and minimum possible elastic Young's moduli from the c_{ij} . All lines of constant period terminate at the melting temperature. Note that the directions of the temperature and period axes are reversed between parts (a) and (b).

327 data (Faul and Jackson, 2015) and require frequency dependent viscosities. The Andrade model (Cooper,
 328 2002; Sundberg and Cooper, 2010) produces physically unreasonable parameters; the model's 'micro-creep
 329 coefficient' returned fitted values > 200 . Much greater than the accepted value of $\sim 1/3$, which has been
 330 observed both in zinc (Cottrell and Aytikin, 1947) and other materials (Sundberg and Cooper, 2010). The
 331 limited number of periods prevented fitting more models with more parameters, e.g. Extended Burgers'
 332 model (Jackson, 2015).

333 Over both experiments there is a substantial reduction in pressure (Tables 2, S1) but there is no significant
 334 offset between the $E(\omega)$ and $Q^{-1}(\omega)$ values, from before and after the maximum temperature in each
 335 experiment (open vs. filled symbols in Figures 3, S3). Nor is there any robust difference in Burgers' model
 336 parameters (Figure 4). Sample history and the relatively large pressure change over the experiment do not
 337 therefore exert meaningful influence on the measured values.

338 For both the wire and the powder, the predicted E_M show very good agreement with those expected
 339 for a random orientation (Figure 4a). The calculated $\partial E_M/\partial T$ values are within 1.5 standard errors of
 340 each other and within two standard errors of previous elastic measurements' temperature derivatives (Figure

Group	Temperature	Pressure	Period	Strain amplitude, ε		Phase Lag	$E_{\text{Al}_2\text{O}_3}$	$E(\omega)$	$Q^{-1}(\omega)$
	($^{\circ}\text{C}$)	(GPa)	(s)	Zinc $\varepsilon \times 10^6$	Al_2O_3 $\varepsilon \times 10^6$	Zinc-Ref (degrees)	(GPa)	(GPa)	
1	25	4.8(8)	300.010(62)	687(5)	188(7)	12.4(28)	425.4	116(15)	0.22(5)
			100.437(1)	658(4)	198(5)	4.3(5)		128(12)	0.08(1)
			29.961(3)	545(2)	168(2)	4.8(12)		131(7)	0.08(2)
2	100	4.8(8)	10.020(2)	261(2)	84(2)	5.5(18)	422.5	138(10)	0.10(3)
			299.453(49)	783(5)	172(6)	21.6(25)		93(14)	0.40(5)
			100.003(1)	693(6)	175(7)	9.6(8)		107(16)	0.17(1)
			30.200(5)	554(3)	167(3)	6.5(13)		128(7)	0.11(2)
			30.122(2)	558(2)	164(2)	7.0(9)		124(5)	0.12(2)
3	200	4.2(4)	9.995(2)	264(2)	84(2)	4.4(17)	414.7	134(9)	0.08(3)
			299.801(37)	870(4)	193(4)	17.2(17)		92(9)	0.31(3)
			100.064(1)	820(3)	183(3)	11.0(3)		93(7)	0.19(1)
			29.891(4)	645(3)	145(3)	9.6(16)		93(9)	0.17(3)
4	300	4.2(4)	9.977(2)	300(2)	79(2)	7.2(20)	409.4	110(11)	0.13(4)
			300.021(105)	883(12)	164(11)	21.1(54)		76(28)	0.39(10)
			100.922(2)	840(4)	125(9)	21.5(17)		61(29)	0.39(3)
			29.913(3)	675(2)	108(4)	13.1(21)		65(14)	0.23(4)
			9.983(2)	308(1)	66(3)	6.9(28)		87(17)	0.12(5)
5	400	4.1(6)	299.907(65)	922(6)	99(12)	26.0(76)	403.5	43(48)	0.49(14)
			99.372(1)	875(5)	92(8)	17.9(18)		42(35)	0.32(3)
			29.960(3)	712(2)	89(4)	18.7(25)		51(16)	0.34(5)
			10.039(2)	331(2)	55(3)	11.6(32)		67(20)	0.21(6)
6	250	3.4(6)	300.868(57)	852(7)	127(9)	16.9(48)	408.2	61(30)	0.30(9)
			99.911(1)	823(4)	142(5)	18.6(7)		70(14)	0.34(1)
			9.994(2)	307(2)	75(3)	11.9(23)		100(14)	0.21(4)
7	150	3.3(9)	300.170(245)	802(29)	183(33)	14.1(126)	412.8	94(75)	0.25(23)
			100.343(1)	764(10)	186(10)	10.0(9)		101(22)	0.18(2)
			30.036(4)	638(4)	152(4)	8.6(17)		98(11)	0.15(3)
			9.967(2)	308(3)	89(3)	6.4(21)		120(12)	0.11(4)

Table 2: Experimental conditions and strain data from the wire sample in this study; for the powder sample the equivalent values are in Table S1. The data are presented in the order in which they were collected. The values of $E_{\text{Al}_2\text{O}_3}$ are those used in the calculations and were calculated as described in the text. Numbers in parentheses are the standard error in the last significant figure.

4. Table 4). The value of $\partial E_M/\partial T$ from the wire is greater than that expected from the previous elastic measurements, this is likely due to the minor geometrical imperfection of the sample.

The creep viscosities, η_M , for the wire and powder agree with each other but poorly with values from previous deformation studies (Figure 4b). They are significantly less temperature dependent than previous dislocation creep experiments (Figure 4, Murthy and Sastry, 1982; Tegart and Sherby, 1958) but are always much greater than the superplastic viscosity of zinc ($\eta < 2700$ GPa s above 200 K, Wu et al., 1987; Kitazono et al., 2001).

The activation energy for creep (E_{a,η_M}) in the wire is 6.8 ± 1.1 kJ/mol and in the powder is 4.2 ± 2.0 kJ/mol. These values are within 1.2 standard errors of each other and are significantly smaller than the activation energies for creep by dislocation climb or basal slip in zinc (88 and 159 kJ/mol respectively, Tegart and Sherby, 1958), self-diffusion (91.3 - 101.7 kJ/mol, Chabildas and Gilder, 1972; Shirm et al., 1953), grain boundary diffusion (60.7 kJ/mol, Wajda, 1954), twinning (29.7 ± 10 kJ/mol, Cooper and Washburn, 1967) or grain boundary sliding (40 - 100 kJ/mol, Watanabe et al., 1984). Instead they are closer to consistency with the low activation energy for creep observed by Matsunaga et al. (2010) and Roth et al. (1974) and models of internal stress superplastic creep (Kitazono et al., 1999a,b, 2001; Wu et al., 1987). The studies referenced here were made with temperatures ranges of 100–300 $^{\circ}\text{C}$ and mostly with a maximum temperature below

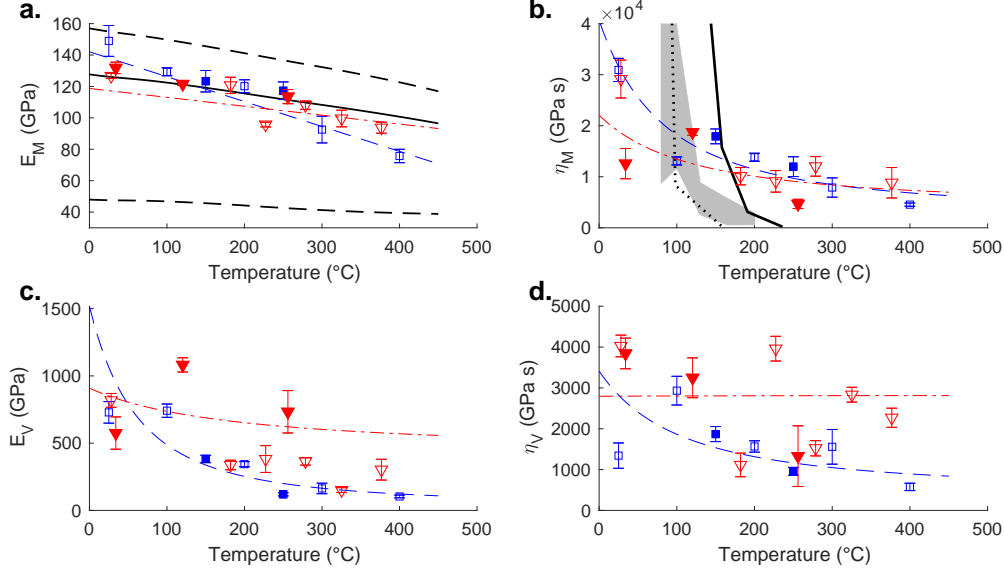


Figure 4: Burgers model parameters plotted against temperature for the wire (blue squares) and powder (red triangles) samples: a. Maxwell Young’s modulus, E_M ; b. Maxwell viscosity, η_M ; c. Voigt elastic modulus, E_V ; and the Voigt viscosity, η_V (see Equation 5, Figure 2). The symbols are the Burgers fit to the data at each temperature only; the open symbols are the data collected before the maximum temperature of the experiment and the filled symbols after. Lines are from the fit to all the data assuming the temperature derivatives listed in Table 4; they are not fits to the symbols. In a.: the solid black line is the isotropic elastic Young’s modulus of zinc at the average pressure of the wire experiment (4.1 GPa) and the dashed lines are the maximum and minimum possible elastic Young’s moduli calculated in MSAT (Walker and Wookey, 2012). In b.: the solid black line, dashed black line and grey area are viscosities ($\eta = \sigma/\dot{\epsilon}$) derived from the experiments in dislocation-controlled creep regimes by Tegart and Sherby (1958), Thompson (1955) and Murthy and Sastry (1982) respectively. There are no comparable previous measurements for parts c. and d.

357 350 °C. The temperature range in this study is more than 25 % larger and our maximum temperature is
 358 higher, reinforcing the robustness and unusualness of our activation energies.

359 The functional forms of the Voigt elements of the model (Figure 4c,d) are less clear than those of the
 360 Maxwell elements, due to greater scatter of the Burgers model parameters. Although the values from each
 361 sample overlap, the agreement between these is not as good as those of the Maxwell components and this
 362 may be due to subtle differences between the samples. The physical processes behind E_V and η_V are not
 363 clear and any interpretation requires assumptions about or knowledge of the dissipation mechanism. This
 364 prevents any comparison with previous measurements.

365 3.3 Experimental Microstructures

366 The Burgers model does not of itself identify the dissipation mechanism active in the experiments. Un-
 367 derstanding the viscoelastic dissipation mechanism therefore requires understanding any microstructural
 368 differences between the sinusoidally deformed samples and the other deformation states produced during our

Group	Temperature (°C)	Pressure (GPa)	Burgers' model parameters				Relaxation time τ_M (s)	Retardation time τ_V (s)
			E_M (GPa)	η_M (10^3 GPa s)	E_V (GPa)	η_V (GPa s)		
Wire sample								
1	25	4.8 ± 0.8	149 ± 10	30.9 ± 2.3	729 ± 80	1342 ± 310	208 ± 16	1.8 ± 0.4
2	100	4.8 ± 0.8	129 ± 3	13.1 ± 0.8	741 ± 49	2933 ± 351	101 ± 6	4.0 ± 0.5
3	200	4.2 ± 0.4	120 ± 4	13.8 ± 0.8	344 ± 19	1566 ± 139	115 ± 7	4.6 ± 0.4
4	300	4.2 ± 0.4	93 ± 9	7.9 ± 1.9	163 ± 39	1557 ± 425	85 ± 21	9.5 ± 2.6
5	400	4.1 ± 0.6	76 ± 4	4.5 ± 0.3	104 ± 10	575 ± 90	60 ± 5	5.5 ± 0.9
6	250	3.4 ± 0.6	117 ± 6	12.0 ± 1.9	119 ± 12	956 ± 98	102 ± 17	8.0 ± 0.9
7	150	3.3 ± 0.9	123 ± 7	17.9 ± 1.5	382 ± 27	1869 ± 185	145 ± 12	4.9 ± 0.5
Powder sample								
1	28	2.6 ± 0.6	127 ± 2	29.1 ± 3.7	818 ± 51	4026 ± 266	230 ± 29	4.9 ± 0.3
2	182	3.7 ± 0.7	121 ± 5	10.1 ± 1.7	338 ± 35	1113 ± 289	84 ± 14	3.3 ± 0.9
3	227	3.6 ± 1.5	96 ± 1	9.1 ± 2.1	382 ± 100	3961 ± 302	95 ± 22	10.4 ± 0.8
4	279	3.7 ± 0.5	108 ± 3	12.0 ± 1.9	364 ± 28	1521 ± 186	111 ± 18	4.2 ± 0.5
5	325	3.5 ± 0.7	100 ± 5	$3.7 \times 10^8 \pm 0.0$	151 ± 18	2833 ± 181	$3.7 \times 10^9 \pm 8.5 \times 10^7$	18.8 ± 1.3
6	377	3.4 ± 0.4	94 ± 3	8.8 ± 3.0	303 ± 77	2269 ± 234	94 ± 32	7.5 ± 0.8
7	34	2.5 ± 0.6	132 ± 4	12.6 ± 3.0	575 ± 120	3844 ± 375	95 ± 23	6.7 ± 0.7
8	256	2.7 ± 3.6	114 ± 5	4.7 ± 0.9	733 ± 158	1329 ± 743	41 ± 8	1.8 ± 1.0
9	120	2.9 ± 0.8	122 ± 1	18.7 ± 0.6	1082 ± 53	3248 ± 488	154 ± 5	3.0 ± 0.5

Table 3: Burgers model fits to the data for each temperature condition. The values are plotted in Figure 4. The errors on the values are those reported by the minimisation algorithm used for the fitting. The relaxation and retardation times were calculated using equation 4.

Constant	Temperature dependency ($T, ^\circ\text{C}$)	Wire		Powder	
		Intercept (p_0)	Slope (p')	Intercept (p_0)	Slope (p')
E_M	$= p_0 + p' \cdot T$	142.1 ± 12.8 GPa	-0.159 ± 0.038 GPa K ⁻¹	118.7 ± 19.7 GPa	-0.057 ± 0.076 GPa K ⁻¹
η_M	$= \exp(p_0 + p'/R(T + 273))$	7.6 ± 0.3	6803 ± 1052 J mol ⁻¹ K ⁻¹	8.1 ± 0.6	4206 ± 1954 J mol ⁻¹ K ⁻¹
E_V	$= \exp(p_0 + p'/R(T + 273))$	3.1 ± 0.2	1158 ± 104 J mol ⁻¹ K ⁻¹	6.0 ± 0.6	215 ± 252 J mol ⁻¹ K ⁻¹
η_V	$= \exp(p_0 + p'/R(T + 273))$	5.9 ± 0.2	5117 ± 974 J mol ⁻¹ K ⁻¹	7.9 ± 0.5	-23 ± 1849 J mol ⁻¹ K ⁻¹

Table 4: Temperature dependent Burgers model parameters fit to $E(\omega)$ and $Q^{-1}(\omega)$ derived from the measurements in Table 2. The models are plotted in Figures 3, S3 and compared to the independent temperature fits in Figure 4.

369 experiments (Table 1).

370 Significant changes between the initial and sinusoidal microstructures occur in both the wire (Figures
371 5, 6, S1) and powder samples (Section B, Figures S4, S5, S6). Sinusoidal deformation of the wire sample
372 results in a microstructure which has a median grain-size an order of magnitude smaller than the initial,
373 compressed, annealed or deformed samples (Figures 5di, 6a, Table 1). Sinusoidal deformation of the powder
374 sample results in a significant increase in grain-size (Figures S4, S6) and a final microstructure that is
375 remarkably similar to that of the wire. The sinusoidally deformed samples also have weaker crystallographic
376 preferred orientation than all other states of deformation (Figures 5dii, S4dii). There is a close correlation
377 between the nearest-neighbour and random-pair misorientation distributions in both sinusoidally deformed
378 samples (Figures 6c, S6c) which is indicative of little or no retained crystallographic relationship between
379 neighbouring grains. This and the significant changes in grain-size indicate that the majority, if not all, of
380 both samples has recrystallised. Extensive recrystallisation in the samples is further supported by diffraction
381 from the zinc, which above 200 °C is rapid (Sections 2.3, D). The recovered sinusoidal grain-size is also more

382 homogeneous, with fewer large or small grains, than in the other samples. There are a small number of
383 quadruple-grain junctions between the approximately equant grains which is consistent with grain boundary
384 sliding. The weighted Burger’s vector length (WBVL) in this sample is unevenly distributed; some grains have
385 uniformly low WBVL, whilst others have distinctly higher WBVL (Figures S1d, S5d). These microstructures
386 contain all the features commonly observed in super-plastically deformed alloys, namely: equitaxial grains;
387 a low occurrence of low-angle grain boundaries; evidence of grain-boundary sliding (e.g. quadruple-grain
388 junctions) and large fraction of recrystallised grains (Myshlyayev et al., 2022; Liu et al., 2012; Nuttall and
389 Nicholson, 1968; Zou et al., 2024).

390 This contrasts with the microstructures of the compression, annealed and deformed samples (Figures
391 5, 6, S4, S6). The grain-size of these samples is highly variable and they contain higher WBVL values that
392 form distinct planar regions within grains indicative of subgrain boundaries (Figure S1). The compressed
393 and deformed samples also have excess low angle neighbour-pair misorientations consistent with dislocations
394 accumulating into sub-grain walls and ultimately, high-angle grain-boundaries. In addition, distinct twins
395 were recognised with the grains and the twin plane identified as $\{10\bar{1}2\}$, consistent with previous observa-
396 tions (e.g. Kanitpanyacharoen et al., 2012; Liu et al., 2020). Overall our deformed samples’ microstructure
397 (Table 1) is consistent with other constant strain-rate deformation experiments (e.g. Bergman et al., 2018)
398 and dislocation creep plus ‘*continuous dynamic recrystallisation*’ as the dominant deformation mechanism
399 (Gourdet and Montheillet, 2003; Montheillet and Jonas, 2003).

400 The microstructures (Figures 5) themselves contain no evidence on the speed of their reconstruction. A
401 rapid transformation of the microstructure is implied by (a) the absence of a transient in amplitude during
402 the sinusoidal deformation and (b) the rapid changes in microstructure following increases in strain-rate or
403 temperature during the stepped strain-rate experiment (Section D). The rapid response of the microstructure
404 to applied conditions coupled with the comparable microstructures in the wire and powder sinusoidal samples
405 implies the formation of a quasi-equilibrium grain-size and an important role for grain-boundary sliding in
406 the dissipation mechanism.

407 4 Discussion

408 This study has measured the response of zinc wire and zinc powder samples to small amplitude, axial,
409 sinusoidal deformation. Although sinusoidal compression experiments are not able to observe superplasticity
410 in the normal sense (i.e. hyper-extension of the sample before failure) the observations are all consistent
411 with a superplastic deformation mechanism and a steady-state grain-size during sinusoidal deformation. In
412 the absence of sinusoidal deformation the samples deform by dislocation creep.

413 The strains in the sample and standard (typically $\sim 6 \times 10^{-4}$ and $\sim 1 \times 10^{-4}$ respectively) were kept
414 as small as possible while still being resolvable with the available experimental setup. The maximum axial

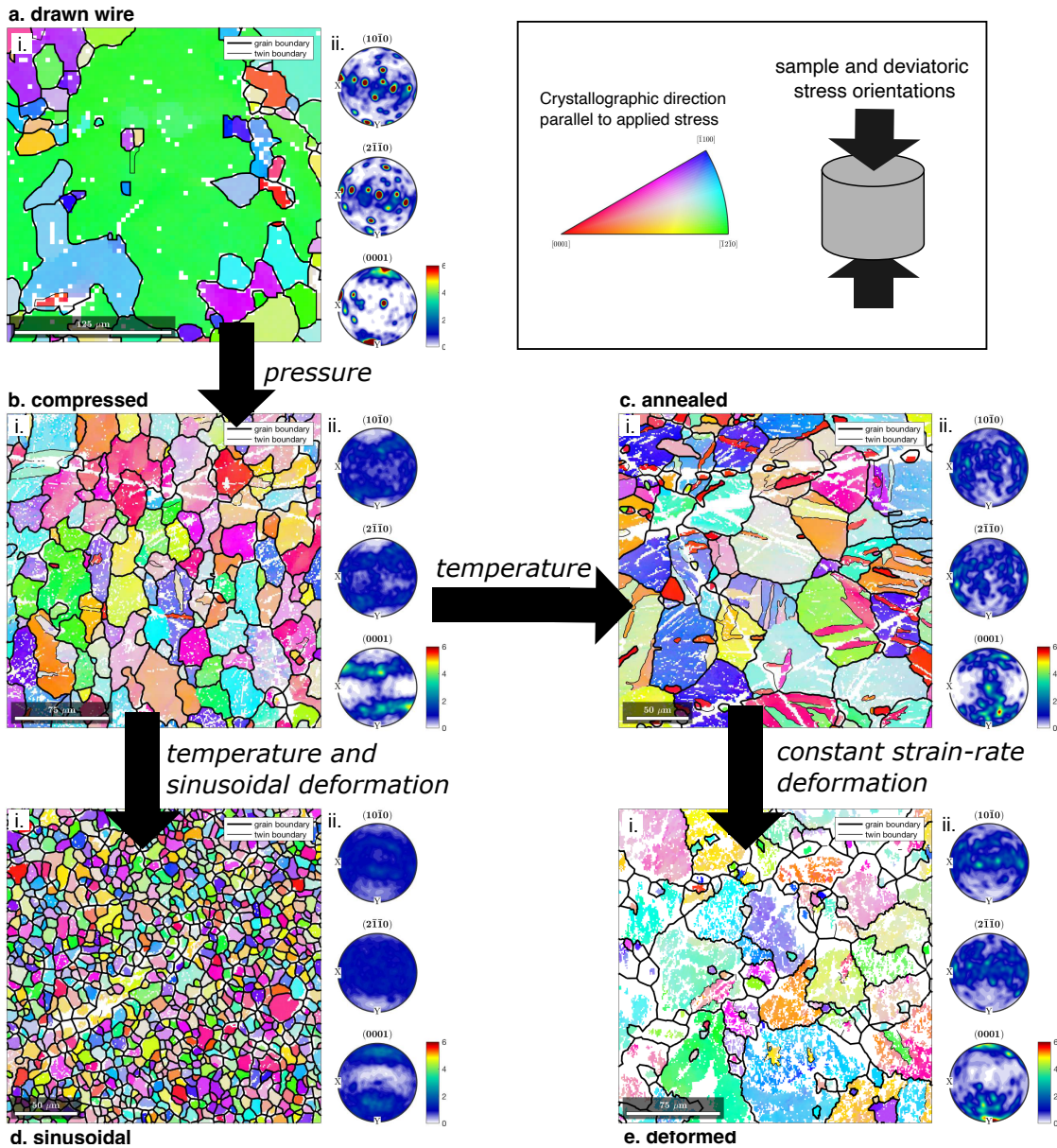


Figure 5: EBSD analysis of the samples, showing the grain and fabric evolution in the wire samples; the equivalent plots for the powder samples are in Figure S4. Part a. drawn wire, b. after compression, c. after annealing, d. after sinusoidal deformation at elevated temperatures and after deformation. Parts i. are EBSD maps coloured by orientation and parts ii. are 1-point per pixel, antipodal pole figures all plotted on the same multiples of uniform distribution colour scale. White areas in the EBSD maps are where the sample was not indexed or data removed from the analysis; the linear white features in b and c are scratches. The sample cylinder axis and applied strain are vertical in the figure (d.-e.). For details of the compression, annealing and deformation experiments see Supplementary Sections C and D.

415 strain under which the response of zinc to sinusoidal strain is linear has not been measured here but under
416 pure shear is approximately 5×10^{-5} (Burdett and Wendler, 1976). The strains here are also large compared
417 to the strains used in previous low-pressure anelastic measurements ($2 \times 10^{-6} - 2 \times 10^{-5}$, e.g. Jackson et al.,
418 2000). Axial stresses inferred from the corundum strain (22 to 84 MPa) are significantly larger than the
419 0.3 MPa maximum shear stress of Jackson et al. (2000). It is therefore possible that the samples are not in
420 the linear anelastic regime, and would have an amplitude dependent response to strain.

421 It is generally assumed that for viscoelastic models (e.g. Burgers model) to be physically meaningful the
422 microstructure must be constant. Instead, here the sinusoidal deformation completely reforms the micro-
423 structures (Figures 5, 6, S4, S6), which transform from initial diversity to a superplastic-style microstructure
424 (e.g. Myshlyaev et al., 2022; Liu et al., 2012; Nuttall and Nicholson, 1968; Zou et al., 2024). This is in con-
425 trast to the non-sinusoidal samples and other studies (e.g. Bergman et al., 2018) in which the samples retain
426 elements of their original microstructure. The recovered microstructures and lack of well resolved differences
427 in the Burgers models points towards the sample histories (i.e. wire vs. powder) not having substantial
428 effects on the dissipation. Instead, under sinusoidal deformation, the microstructure is dominated by the
429 experimental conditions and overwrites the preceding history.

430 The change in microstructure does not though preclude the validity of the Burgers model. The strong
431 correspondence between the values of E_M and previous elastic measurements (Figure 4) supports the reas-
432 onableness of the Burgers model. The creep activation energy (η_M , 6.8 ± 1.1 and 4.2 ± 2.0 kJ/mol for the wire
433 and powder respectively) is significantly smaller than previously measured values for steady-state creep.
434 However, these values can be explained by a combination of ‘*internal stress superplasticity*’, grain-boundary
435 sliding and a temperature dependent steady-state grain-size.

436 4.1 Internal stress superplasticity

437 Superplasticity is a phenomenon in which metals and ceramics undergo hyper-extension in tensile tests
438 (Sherby and Wadsworth, 1985). ‘*Internal stress superplasticity*’ is a particular form of superplasticity in
439 which composites and *hcp*-metals with sufficient anisotropy exhibit superplasticity in response to thermal
440 cycling (~ 50 K amplitude; Pickard and Derby, 1991; Kitazono et al., 1999a, 2001; Lobb et al., 1972; Wu
441 et al., 1987; Roth et al., 1974; Schuh and Dunand, 2002). Internal stress superplasticity is further subclass-
442 sified according to the origin of the internal stresses: *transformational superplasticity* is caused by phase
443 transitions; *Coefficient of Thermal Expansion (CTE)-mismatch superplasticity* by anisotropic thermal ex-
444 pansion of a single phase and *Composite CTE-mismatch superplasticity* by differential thermal expansion
445 of multi-phase assemblages (Kitazono et al., 1999b). Models of internal stress superplasticity postulate a
446 “diffusion-controlled dislocation-creep deformation mechanism” that incorporates the effects of anisotropic
447 internal stress on the motion of dislocations: promoting dislocation movement in some grains/directions and

448 inhibiting it in others (Wu and Sherby, 1984). The effects of internal stress superplasticity in the deform-
449 ation mechanism are reduced but not eliminated when the grain-size is a significant fraction of the sample
450 volume (Pickard and Derby, 1991). Overall though, internal stress superplasticity is not well understood,
451 the literature is not extensive and the theory is incomplete.

452 Nevertheless, consistent with the observations here, internal stress superplasticity has a lower activation
453 energy for creep (Schuh and Dunand, 2002). This is explained in conceptual models by the activation energy
454 containing a factor of $1/n$, where n is the stress exponent for dislocation creep. In zinc, $n \geq 4$ which will
455 reduce the activation energies from those for dislocation-mitigated creep mechanisms but this factor alone
456 is not enough to match our activation energy with previous measurements.

457 However, here we also observe reformation of the microstructure which points to additional factors that
458 can also reduce the measured activation energy. The uniform and converged grain-sizes in the sinusoidal
459 samples (Figures 5, S4) and the rapid-grain growth in the annealed and deformed samples combine to imply
460 that the sinusoidal deformation prevents grain-growth above a critical size and that sliding along grain-
461 boundaries is an important part of the dissipation mechanism. Grains that are larger than this critical size
462 experience increases in internal stress that are sufficient to trigger grain-size reduction. Grain-size reduction
463 occurs by dislocations accumulating into sub-grain boundaries and then into new grains, consistent with
464 theories of internal stress superplasticity. Grain-boundary sliding reorganises these new grains, removing
465 any excess low-angle misorientation pairs; just as is observed here in the sinusoidal microstructures (Figures
466 6c and S6c). Interface energy provides an opposite driving force to increase average grain size, by the
467 elimination of small grains. Thus, competition between internal-stresses and interface energy, coupled with
468 grain-boundary sliding, results in a uniform, steady-state grain-size that is determined by the relative strength
469 of driving forces. The relative strength of the driving forces is determined by the temperature and the
470 amplitude of the applied sinusoidal strain. Changes in either of these will alter the balance of force and
471 therefore the steady-state grain-size. Higher temperatures increase the relative interface energy and therefore
472 the steady-state grain-size.

473 Larger grain-sizes have slower deformation rates when deforming by grain-boundary sliding (e.g. Korla
474 and Chokshi, 2014) and/or diffusion creep (Raj and Ashby, 1971). Deformation at higher temperatures,
475 with a larger grain-size, is therefore slower than would be expected for a constant grain-size. An increase in
476 grain-size with temperature therefore results in a smaller apparent activation energy. Here the temperature
477 dependent steady-state grain-size that therefore results in an activation energy that is smaller than the
478 activation energy for the physical processes active in the sample (Table 4). We therefore conclude that
479 a combination of internal stress superplasticity, grain-boundary sliding and a steady-state grain-size are
480 responsible for the very low activation energies of η_M .

481 Moreover, the small range of $Q^{-1}(\omega)$ in both the wire and the powder samples (Table 3) is consistent with

482 a varying grain-size which focuses the dissipation peak in the parameter space of the data. This agrees with
483 previous studies that showed superplastic metals have enhanced dissipation relative to their non-superplastic
484 form (Martínez-Flores et al., 2009; Park et al., 2002).

485 These conclusions are only valid though if internal stress superplasticity is activated within the zinc
486 samples. Internal stress superplastic is activated when the internally generated stresses are larger than the
487 externally applied stress but it has not previously been reported in mechanically oscillating conditions. The
488 magnitude of anisotropy is a crucial factor in the development of internal stresses. Coefficient of Thermal
489 Expansion-mismatch superplasticity has previously been observed in zinc (Wu et al., 1987; Roth et al.,
490 1974) and depends on significant anisotropy of thermal expansion to generate internal stress. In zinc, the
491 thermal expansion is ~ 5.0 times larger in the $\langle 11\bar{2}0 \rangle$ (or a) than the $[0001]$ (or c) crystallographic direction
492 (Nuss et al., 2010). In the thermal cycling regime (± 50 K), the expected axial strains are $\varepsilon_a \sim 0.0012$ and
493 $\varepsilon_c \sim 0.0062$. For mechanical strain, the axial compressibilities are the equivalent physical property; the ratio
494 of which in zinc is ~ 3.2 . Under the conditions of these experiments ($\pm \sim 54$ MPa) strains of $\varepsilon_a \sim 0.0007$,
495 $\varepsilon_c \sim 0.0022$ are expected. The equivalence of thermal expansion and compressibility are further supported
496 by observations of significant internal stresses generated during both compression (Gelles, 1966; Davidson
497 et al., 1965) and cooling of zinc (Leineweber et al., 2009).

498 Although the strains here are smaller than in the thermal cycling experiments, the reformed microstruc-
499 ture together with the small activation energy, strongly indicates that (athermal) small strain sinusoidal
500 deformation has activated internal stress superplastic deformation in our samples. This previously unrecog-
501 nised form of internal stress superplasticity generates internal stress due to the anisotropic compressibility
502 of a single phase which we name here as ‘*elastic strain mismatch superplasticity*’. Thus it is comparable
503 to, but distinct from, the preceding three types of internal stress superplasticity, namely: transformational-,
504 Coefficient of Thermal Expansion mismatch- and Composite CTE-mismatch-superplasticity (Kitazono et al.,
505 1999b).

506 4.2 Inner Core dissipation

507 This study and *Elastic strain mismatch superplasticity* have consequences for our understanding of the
508 Earth’s inner-core. The observations here contrast with previous arguments that *hcp* metals are “*quite*
509 *elastic*” (e.g. Belonoshko et al., 2019). Instead, the results show that *hcp*-zinc samples exhibit significant
510 deviations from purely elastic behaviour and have similar magnitude of dissipation to that observed in *bcc*
511 and *fcc*-iron (Jackson et al., 2000).

512 Most *hcp*-metals, including *hcp*-iron, are though less anisotropic than zinc (e.g. Takemura, 2019; Tro-
513 mans, 2011) and it is not known how ubiquitous internal stress superplasticity is in *hcp*-metals. But at the
514 homologous temperatures of the inner-core ($T/T_m \lesssim 1$) dynamic recrystallisation will be extremely rapid.

515 The inner-core will therefore respond quickly to even small changes in stress, making internal stress super-
516 plasticity in the inner-core conceivable. When it does occur, the magnitude of any superplastic response will
517 depend on the anisotropy and how quickly the material recrystallises in response to stress.

518 Assuming that this phenomena does occur in *hcp*-iron and the Earth’s inner-core, even the smallest estim-
519 ates of inner-core grain-size (e.g. Bergman, 1998) are significantly larger than is present in our experiments.
520 However, Pickard and Derby (1991) showed that the effects of internal stress superplasticity are reduced but
521 not eliminated when the grain-size approaches that of the sample volume; this reduction will also decrease,
522 but not eliminate, the associated dissipation. Therefore as long as the grain-size is less than the wave length
523 of the seismic waves (c. 1–10 km) internal stress superplasticity could act to dissipate the seismic waves.
524 Changes in inner core Q^{-1} (Doornbos, 1974; Suda and Fukao, 1990; Pejić et al., 2019; Li and Cormier, 2002)
525 could therefore reflect the spatial variability of grain-size and/or grain-orientation, which will control the
526 impact of internal stress superplasticity mechanisms on seismic attenuation.

527 5 Conclusions

528 The high-pressure response of zinc wire to sinusoidal stress at seismic frequencies and up to $T/T_m \sim 0.8$
529 have been measured and show that the *hcp* metal zinc has significant dissipation at seismic frequencies.
530 The experiments show that significant dissipation occurs without the need for a fluid phase or significant
531 impurities; instead the strain is accommodated by *elastic strain mismatch superplasticity*. This is a form of
532 internal stress superplasticity controlled by anisotropic compressibility in the sample.

533 The micromechanical data are best reproduced by a simple Burgers model (Equation 5). The elastic
534 components of the model (E_M) show a good correspondence to previous studies (Figure 4). The activation
535 energy for creep (E_{a,η_M}) is much lower than previous studies have found but is consistent with an activation
536 energy for internal stress superplasticity combined with a varying grain-size. The values of E_V and η_V are
537 less well constrained and do not simply correspond to a distinct physical process. It is therefore probable
538 that the Burgers model is too simplistic to properly describe the dissipative processes active in the sample
539 but there is not sufficient data to warrant the use of more complex models. Nevertheless, the experiments
540 here show that significant viscoelastic softening occurs at high pressure and temperature in zinc.

541 The grain size is inferred to change throughout the experiments in response to the temperature and
542 mechanical cycling conditions, which overwrites the initial fabric leading to the convergence of grain size and
543 WBVI in initially very different samples. This contrasts with complimentary constant strain-rate deformation
544 experiments under similar conditions which deform by dislocation creep and in which the samples retain hall
545 marks of the original microstructure. The switch in deformation mechanism is consistent with thermal
546 cycling experiments in which the constantly varying stress induces a change in deformation mechanism from
547 dislocation creep to ‘Coefficient of thermal expansion-mismatch superplasticity’.

548 With internal stress superplasticity, the internal stresses are large compared to the applied stress. It
549 is active under cyclic conditions and changes the deformation mechanisms even when the grain size is a
550 substantial fraction of the gauge volume (Pickard and Derby, 1991). Anisotropic compressibility is a feature
551 of *hcp* metals and it is therefore possible that *hcp*-Fe will also exhibit internal stress superplasticity under
552 sinusoidal straining. Where active in the inner-core, internal stress superplasticity limits the maximum
553 possible grain-size to $< 1\text{--}10$ km and may explain regional variations in Q^{-1} by changes in grain-size. More
554 work is needed in order to fully understand this deformation mechanism and its application to the inner-core,
555 but it should be considered when interpreting the inner core's seismic velocity structure.

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568 Data Availability Statement

569 The data collected in the course of this study are available from [https://www.bgs.ac.uk/discoverymetadata/](https://www.bgs.ac.uk/discoverymetadata/13607352.html)
570 [13607352.html](https://www.bgs.ac.uk/discoverymetadata/13607352.html).

571 Supplementary references

572 Additional references used in the supplementary materials and not in the main text are: Bramble et al.
573 (2015); Dobson et al. (2012a,b); Drakopoulos et al. (2015); He (2018); Hunt and Dobson (2017); Moser
574 (1991); Rodriguez-Navarro et al. (2006); Walker et al. (1990).

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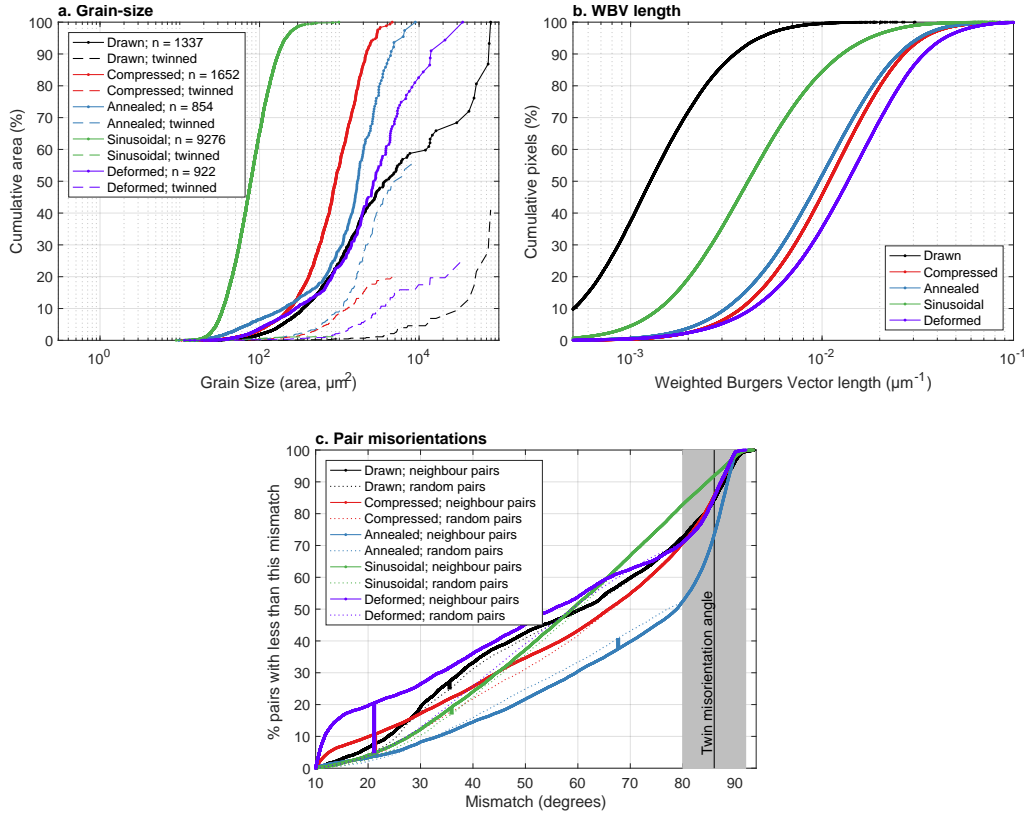


Figure 6: Cumulative distributions of wire sample microstructure: (a) Grain size, (b) weighted Burgers vector length and (c) neighbour-pair misorientation distributions; the equivalent plots for the powder samples are in Figure S6. In each figure the points correspond to individual observations, where these lines appear thick the data density obscures the individual points. The dashed lines in a, are the area of the sample that contains twinned grains. The dashed lines in c. are the random pair misorientation distributions for the data, the thick bars show the position and size of the largest deviation of the neighbour-pair distribution from that of the random-pair distribution. The solid black lines in c. show zinc's twin misorientation angle and the grey bar highlights the region influenced by twinning. A summary of the data here is presented in Table 1. For details of the compression, annealing and deformation experiments see Supplementary Sections C and D.