

Vital Shift in Focus Needed in **Mental Institutions**

Abstract

Objective

Mental Illnesses and Disorders are at an all time high in American history with little being done to try and aid such an epidemic. Mental Institutions that focus solely on the short term solution need to shift their focus to long term care to prevent issues such as:

- Mental and emotional tolls felt by individuals and families struggling from the effects of mental illness.
- Intense financial stress on the family or individual felt from caring for struggling patient.

Methods

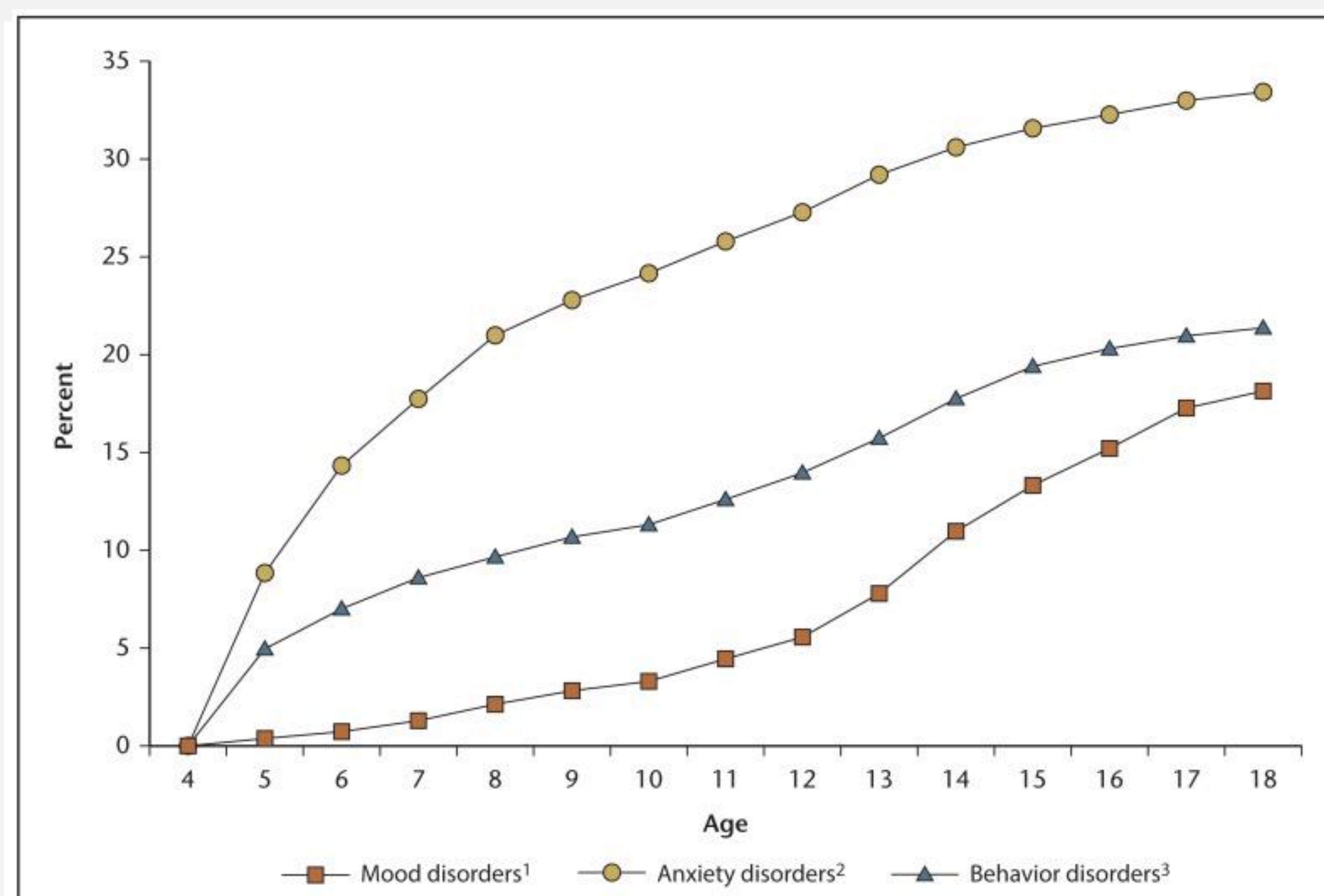
To conduct my research, I used library and internet resources to gather primary and secondary sources all focused on mental illness and mental institutions. I used sources by underrepresented scholars concerning different first hand experiences with the mental health care system.

Results

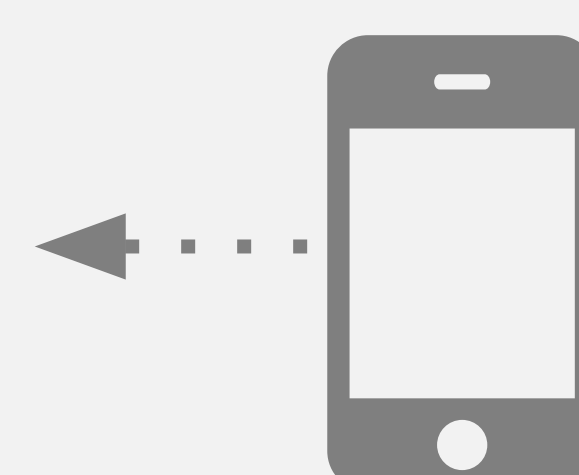
After analyzing my research and data, I found better budgeting for more rigorous outpatient resources would provide long term aid in the form of more frequent therapy sessions and more reliable outlets to find working medications.



Pictured above is the University of Utah psychiatric hospital that is being expanded in the Salt Lake City area.



The graph to the left shows the progression of different common mental illnesses throughout an individual's life.



Take a picture to download the full paper