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#### **Publication Details**

Michel, C. M. (2008). Implementing a Forensic Educational Package for Registered Nurses in Two Emergency Departments in Western Australia (Doctor of Philosophy (PhD)). University of Notre Dame Australia. http://researchonline.nd.edu.au/theses/28

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# Implementing a Forensic Educational Package for Registered Nurses in Two Emergency Departments in Western Australia

A thesis submitted in fulfilment of the requirements for the degree of Doctor of Philosophy

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### ABSTRACT

The results of violence are a major public health problem that infiltrates hospital emergency departments (ED) daily. Often, ED nurses are the first healthcare professionals to see patients, speak with family members, handle personal property and collect laboratory specimens. Such actions can be of extreme importance to the 27 different categories of forensic patients. To adequately address forensic patient issues, ED nurses need exposure to forensic education.

The aim of this research was to develop and evaluate the effectiveness of a clinical forensic education package on ED nurses' perceptions, knowledge and care of forensic patients. To accomplish this aim, this descriptive research study employed a multiple triangulation methodology design. Additionally, theoretical guidance was sought from Bandura's (1977) Social Cognitive Theory, Malcolm Knowles (1980) Adult Learning Principles and Lynch's (1990) forensic nursing integrated practice model. Forty nine treatment and control group nursing participants were recruited from two metropolitan Western Australian hospitals. In addition, 22 forensic and hospital stakeholders from 10 specialty areas were interviewed to explore and identify key forensic issues that confront Western Australian healthcare and forensic professionals.

Data was obtained from qualitative and quantitative means which included; semistructured interviews, policy manual reviews, audits of nursing documentation, pre and post-test questionnaires, focus group interviews, and the researcher's observations. Data analysis indicated that the forensic educational package significantly increased participant's forensic nursing knowledge by 23.8%. In addition, data indicated that treatment group participants altered their documentation and clinical practices as a result of attending the forensic intervention workshops.

The study results suggest that a nurse focused approach can be an effective strategy to address the complex issues violence brings into the healthcare system by improving forensic knowledge, influencing nursing practice, and altering participant perceptions regarding forensic patient care. Moreover, this study identified gaps in the amount and variety of available forensic educational material for nurses. As a result, a clinical forensic nursing self directed learning package was developed which aimed at fulfilling general forensic educational needs for all Registered Nurses across Australia and International settings.

### **DECLARATION OF AUTHORSHIP**

This doctoral thesis is the candidate's own work and contains no material which has been accepted for the award of any degree or diploma in any other institution.

To the best of the candidate's knowledge, the doctoral thesis contains no material previously published or written by another person, except where due reference is made in the text of the thesis.

Christine Marie Michel

December 12, 2007

### ACKNOWLEDGEMENTS

There were many factors that initiated this study. During the process of investigating, developing, implementing and completing this study, I have had the support of many wonderful people to whom I am very grateful.

Firstly, to my husband Garry, whose love, support, eternal patience, and computer savvy allowed me to complete this study with an intact laptop and all my data. Thank you for giving me the space and helping me find the time I needed to finish writing this thesis.

Thank you to those extraordinary people I am blessed to have in my life; especially Uncle Bob, Ursula, Shirley, Graham, Trudy, Jim, Donna, Ron, and Becky. You have always supported and encouraged me, been there when I was in need, and provided me with a soft place to fall. Without all of you I would not be who and where I am today. I am eternally grateful for your guidance, faith in me, and belief that I could do anything.

Thank you to my supervisor, Professor Selma Alliex. You provided me with countless amounts of positive feedback, expert advice and calmness during my periodic melt down episodes. Your guidance, powerful vocabulary and inquiring nature were invaluable and much appreciated. Without you, my amazing journey would have been much more difficult and far less rewarding.

Thank you to Virginia Lynch and Georgia Pasqualone, my mentors, colleagues and friends. You both epitomize what forensic nursing is about. You have encouraged and supported my career from the start and have shown the leadership qualities that are required to initiate change. Your endless enthusiasm is both inspirational and infectious.

I would like to express my gratitude to all of the nurses who participated in this study and to all of the medical record staff who gathered the thousands of medical records I requested. You all made this study possible. Lastly, thank you to all of the forensic and healthcare experts who provided me with their time and expert opinions necessary to develop such an educational package. I hope this is just the beginning of a long and prosperous collaborative approach towards forensic patient care in Western Australia. I will pass through this world but once. Any good therefore that I can do, or any kindness which I can show to any human being, let me do it now. Let me not defer it or neglect it for I shall not pass this way again.

Pledge of Etienne de Greliet (1773 – 1855)