### **Supplementary information**

#### <sup>1071</sup> SIR+ models: Accounting for interaction-dependent disease suscepti-<sup>1072</sup> bility in the planning of public health interventions

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#### 1074 Contents

| 1075 | 1 | Introduction  | 3  |
|------|---|---|----|
| 1076 | 2 | Model and Methods   | 4  |
| 1077 |   | 2.1 The SIR+ model  | 4  |
| 1078 |   | 2.2 Processes driving changes interaction-dependent health benefits                                       | 5  |
| 1079 |   | 2.2.1 Acquisition of interaction-dependent health benefits $\ldots \ldots \ldots \ldots$                  | 5  |
| 1080 |   | 2.2.2 Loss of interaction-dependent health benefits $\ldots \ldots \ldots \ldots \ldots \ldots$           | 7  |
| 1081 |   | 2.3 Processes determining infection transmission and disease severity                                     | 8  |
| 1082 |   | 2.3.1 Infection resistance and the $\alpha(H)$ function   | 8  |
| 1083 |   | 2.3.2 Disease tolerance and the $p(H)$ function $\ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots$ | 9  |
| 1084 |   | 2.4 The role of the contact rate $C$ and scenarios of interest  | 10 |
| 1085 | 3 | Results   | 11 |
| 1086 | 4 | Discussion  | 13 |
| 1087 | 5 | Concluding remarks  | 17 |
| 1088 | Α | Default parameters  | 32 |
| 1089 | В | Function $p(H)$   | 33 |
| 1090 | С | Acquisition and loss of interaction-dependent health benefits over time                                   | 33 |
| 1091 | D | Results obtained for linear $\alpha(H)$ and $p(H)$ , and for $\alpha_{min}, p_{min} = 0$                  | 36 |

| -<br>-<br>2    |   |                         |                    |
|----------------|---|-------------------------|--------------------|
| Symbol         | Description   | Unit                    | Default value      |
| S              | Proportion of susceptible population                                |                         |                    |
| Ι              | Proportion of infected population                                   |                         | I                  |
| R              | Proportion of recovered population                                  |                         | Ι                  |
| Н              | Average interaction-dependent health benefits of a population       | Health benefits         | I                  |
| C              | Contact rate  | Contact/time            | 0-30               |
| k              | Fractional contribution of each contact to an increase in $H$       |                         | 0.25, 0.5, 0.75, 1 |
| h              | Maximal interaction-dependent health benefits acquired from each    | Health benefits/contact | 0.1                |
|                | contact   |                         |                    |
| 7              | Recovery rate   | 1/time                  | 1/7                |
| $\mu$          | Recovery rate (severe cases)  | 1/time                  | 1/10               |
| δ              | Rate of loss of interaction-dependent benefit                       | 1/time                  | 0.1                |
| $\alpha_{max}$ | Probability of infection transmission given a contact (low H)       | 1/contact               | 0.04               |
| $\alpha_{min}$ | Probability of infection transmission given a contact (high H)      | 1/contact               | 0.02               |
| $p_{max}$      | Probability of severe illness from infection (low H)                |                         | blue $0.05$        |
| $p_{min}$      | Probability of severe illness from infection (high H)               |                         | 0.03               |
| dI             | Adjusted contribution of infected individuals to the acquisition of |                         | 0.6                |
|                | interaction-dependent health benefits                               |                         |                    |
| $p_R$          | Adjusted contribution of recovered individuals to the acquisition   |                         | 0.8                |
|                | of interaction-dependent health benefits                            |                         |                    |
| $H_{max}$      | Critical value of $H$ above which interaction-dependent health      | Health benefits         | 10                 |
|                | benefits can no longer be acquired through contact                  |                         |                    |
| $H_i^{lpha}$   | Critical value of $H$ determining a change in infection resistance  | Health benefits         | 5                  |
| $H_i^p$        | Critical value of $H$ determining a change of disease tolerance     | Health benefits         | IJ                 |

 Table A.1: Variables and default parameter values chosen for the simulations.

1092 A

Default parameters

#### 1093 **B** Function p(H)

Function p(H) represents the dependency on H of the probability p of experiencing severe illness from infection, and can be modelled equivalently to the probability of infection transmission  $\alpha(H)$  (see Eqs. 3 and Eqs. 4, in the main manuscript). When considering that passumes a sigmoid form, we write

$$p(H) = p_{min} + \frac{p_{max} - p_{min}}{2} [1 - \tanh((H - H_i^p))].$$
(6)

1099 Alternatively, the function p(H) may assume a linear form, as

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$$p(H) = \begin{cases} -\frac{(p_{max} - p_{min})}{2 H_i^p} H + p_{max} & \text{for } H \le 2 H_i^p, \\ p_{min} & \text{for } H > 2 H_i^p. \end{cases}$$
(7)

<sup>1101</sup> The graphical representation of Eqs. (6) and (7) is provided in Fig. 2(b).

# <sup>1102</sup> C Acquisition and loss of interaction-dependent health <sup>1103</sup> benefits over time

Consider changes in the average interaction-dependent health benefits H experienced by an initially susceptible population over time. From Eqs. (1) and (2), we know that:

$$\frac{dH}{dt} = \begin{cases} C k h - \delta H & \text{for} \quad \mathbf{H} \leq \mathbf{H}_{\max}, \\ -\delta H & \text{for} \quad \mathbf{H} > \mathbf{H}_{\max}. \end{cases}$$
(8)

Note that, for constant contact rate C and in a fully susceptible population (i.e., when S = 1 and I, R = 0), H reaches an equilibrium  $H^*$  which corresponds to

$$\lim_{t \to \infty} H(t) = H^* = \begin{cases} C k \frac{h}{\delta} & \text{for } C k \frac{h}{\delta} \le H_{max}, \\ H_{max} & \text{for } C k \frac{h}{\delta} > H_{max}. \end{cases}$$
(9)

As Eq. (8) is not continuous, in order to solve it numerically, we use a smooth version of the function dH/dt, for which  $\zeta(H)$  is given by

1112 
$$\zeta(H) = C k h \frac{1}{2} [1 - \tanh(3(H - H_{max}))]$$
(10)

and the differential equation dH/dt is given by

<sup>1114</sup> 
$$\frac{dH}{dt} = C k h \frac{1}{2} [1 - \tanh(3(H - H_{max}))] - \delta H.$$
(11)

A graphical representation of Eq. (10) is provided in Fig. C.1.



Fig. C.1: Function  $\zeta(H)$  of Eq. (10), with  $H_{max} = 10$ , C = 10, h = 0.1 and k = 0.5.

In Fig. C.2, the solution H(t) of Eq. 11 is plot as a function of time for different contact 1116 rates (parameter C) and for different fractional contribution of each contact to H (parameter 1117 k). As given in Eq. (9), the solution H(t) tends to the equilibrium value  $H^* = Ckh/\delta$ 1118 for  $H \leq H_{max}$ . When  $H > H_c^m$ , the value of H(t) would decrease and stabilize around 1119  $H^* = H_{max}$ . Note that, for constant ratio  $h/\delta$ , the equilibrium value  $H^*$  is reached much 1120 faster for a higher contact rates C and when a higher fraction of contacts contributes to 112 the acquisition of health benefits (parameter k). Increasing the ratio  $h/\delta$  will also cause the 1122 equilibrium value to be reached faster. 1123

In Figs. C.3 and C.4 we show how interaction-dependent health benefits (H), the probability of infection transmission given a contact  $(\alpha(H))$  and the probability of experiencing severe disease (p(H)) vary as a function of the contact rate C, in an initially fully susceptible population.



Fig. C.2: The average interaction-dependent health benefits H experienced by a population as a function of time, for different contact rates (from the thicker to thinner lines: C = 3, 5, 8, 15, 30, for (a) k = 0.25, and (b) k = 0.75. For the simulations, dH/dt is modeled according to Eq. 11, with  $H_{max} = 10$ 

. Other default parameter values are provided in Table A.1.



Fig. C.3: Left vertical axis: Probability of infection transmission given a contact (i.e., function  $\alpha(H)$ , Eq. (4)), as a function of the contact rate C. An equivalent plot can be obtained when considering disease tolerance, and the probability of experiencing severe illness from infection (i.e., function p(H), see Fig. C.4). Right vertical axis: Average interaction-dependent health benefits H experienced by a population at equilibrium ( $H^*$ , Eq. (9)), as a function of the contact rate C. Both functions are represented for k = 0.25, 0.5, 0.75, 1, with k = 1 indicating that all contacts contribute to an increase in H, and k = 0.25 indicating that only 1/4 of the contacts contribute to an increase in H. Note that  $H^* = Ckh/\delta$  for  $Ckh/\delta \leq H_{max}$ , and  $H^* = H_{max}$  for  $Ckh/\delta > H_{max}$  (see Eq. 9). The parameter range of C for which  $H^* \to Ckh/\delta$  (i.e.,  $C = [0, H_{max}\delta/(hk)]$ ) for different values of k is indicated in blue at the bottom of the figure. The probability of infection given a contact  $\alpha(H)$  decreases with increasing  $H^*$ , and thus with increasing C, where  $\alpha(H)$  tends to its minimal value  $\alpha_{min}$  when  $H > H_i^{\alpha}$ . The range  $C > H_i^{\alpha} \delta/k$  for which  $\alpha(H) \to \alpha_{min}$  is indicated for different values of k in orange at the bottom of the figure. Default parameter values chosen for the simulations are provided in Table A.1.



**Fig. C.4:** Left vertical axis: Plot of disease tolerance, expressed as the probability of experiencing severe illness from infection (i.e., function p(H), Eq. 6), as a function of the contact rate C. Right vertical axis: Average interaction-dependent benefits H experienced by a population at equilibrium (i.e.,  $H^*$ , Eq. (9)), as a function of the contact rate C. Both functions are represented for k = 0.25, 0.5, 0.75, 1. See Fig. C.3 for a more detailed explanation of the figure.

## <sup>1128</sup> **D** Results obtained for linear $\alpha(H)$ and p(H), and for

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 $\alpha_{min}, p_{min} = 0$ 

<sup>1130</sup> We would like to explore how the scenarios described in Fig. 3 may change when considering <sup>1131</sup> linear  $\alpha(H)$  and p(H) functions (Eqs. (3) and (7)), instead of a sigmoid function (Eqs. (4) <sup>1132</sup> and (6)). Additionally, we investigate the impact of setting parameters  $\alpha_{min}$  and  $p_{min}$  to zero <sup>1133</sup> on the dynamics. Results are shown in Figs. D.1 and D.2.



**Fig. D.1:** Plot equivalent to Fig. 3, but considering that (a,b) the probability of infection transmission given a contact  $(\alpha(H))$ , and (c) the probability of experiencing severe illness (p(H)), decrease linearly with increasing interaction-dependent health benefits (see Eqs. (3) and (7)).



Fig. D.2: Plot equivalent to Fig. 3, but considering that (a,b) the probability of infection transmission given a contact  $\alpha_{min}$  and (c) the probability of experiencing severe illness  $p_{min}$  reduce to zero when interaction-dependent health benefits are high. Note that in this case (b) an epidemic outbreak, or (c) severe disease occurs only if physical distancing is in place.