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## Bringing Stellar Evolution and Feedback Together

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# Bringing Stellar Evolution and Feedback Together: Summary of Proposals from the Lorentz Center Workshop

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## Abstract

Stars strongly impact their environment, and shape structures on all scales throughout the universe, in a process known as “feedback.” Due to the complexity of both stellar evolution and the physics of larger astrophysical structures, there remain many unanswered questions about how feedback operates and what we can learn about stars by studying their imprint on the wider universe. In this white paper, we summarize discussions from the Lorentz Center meeting “Bringing Stellar Evolution and Feedback Together” in 2022 April and identify key areas where further dialog can bring about radical changes in how we view the relationship between stars and the universe they live in.

*Unified Astronomy Thesaurus concepts:* [Stellar physics \(1621\)](#); [Stellar atmospheres \(1584\)](#); [Stellar evolution \(1599\)](#); [Stellar populations \(1622\)](#); [Nebulae \(1095\)](#); [Protostars \(1302\)](#); [Supernova remnants \(1667\)](#); [Stellar-interstellar interactions \(1576\)](#)



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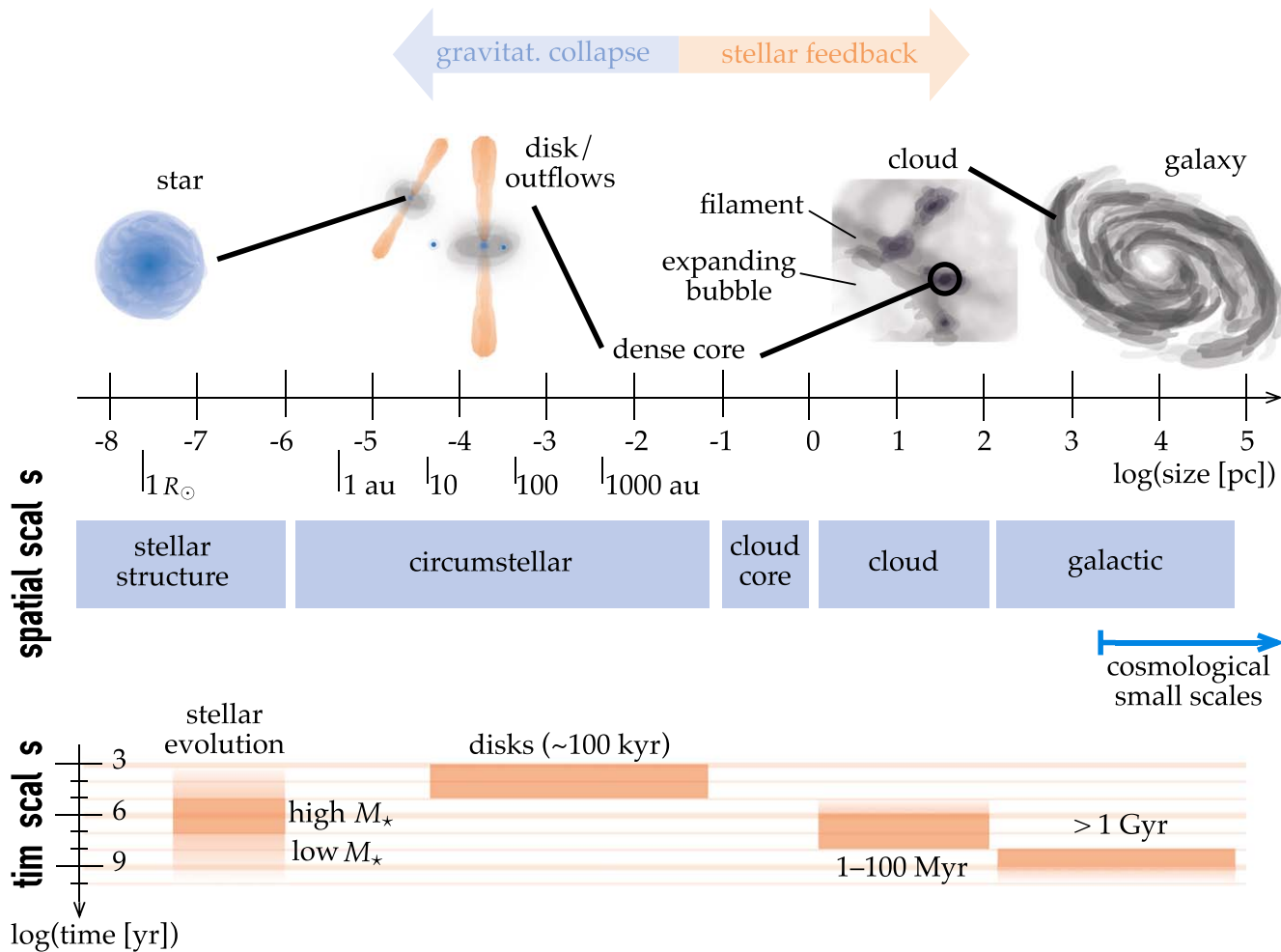


Figure 1. The different length scales of star formation in log parsec.

## 1. Introduction on Scales: From the Birth of Stars to the Wider Universe

Astrophysics spans many orders of magnitude in both physical distances and time. Researchers from different fields have varying definitions for what are considered “small” and “large” scales. Typically, “small” refers to processes smaller than those typically resolved in studies, whether observational or theoretical. Meanwhile, “large” typically refers to scales outside the boundaries of the problem domain. In Figure 1 we show a diagram depicting the range of relevant spatial and temporal scales, from stars to galaxies and beyond, in order to define and motivate discussions around the boundaries of domains of study considered in this work.

The galactic scale, i.e., the largest physical scale considered here below the “cosmological” scale, is about 1–100s of kpc. A spiral galaxy like our Milky Way contains many (giant) molecular clouds of length scale 10–100 pc, which from their

dense cores can form star clusters at scales of 0.1–10 pc. Within those dense cores, the gravitational collapse that results in the formation of individual stars takes place. Protostars are typically surrounded by accretion disks of sizes that range between 1 and 1000 au and outflows. On the smallest physical scales considered here, we can regard the (intra)stellar structure. Within the star itself, we have the nuclear burning in the core, convection zones, envelope, and stellar surface at 0.1–10  $R_{\odot}$ .

In numerical simulations, the connection between small and large scales is crucial because it is computationally expensive to set up and perform simulations that encompass the whole range of scales relevant to astrophysics within a reasonable amount of computing time. Despite this, an understanding of how the scales couple is important. Various physical processes connect the smallest and largest scales with flows moving to both smaller and larger scales, often driven by the action of stars, in a cycle of material termed “feedback.”

During the star formation process at stellar scales, the outflows launched by the disk and jet can influence the surrounding material. Ionizing radiation, stellar winds, and eventual supernovae (SNe) produced by the massive stars shape their natal molecular clouds and the interstellar medium (ISM), impacting subsequent generations of star formation. In this work, we focus primarily on processes from stars after their formation phase ends, although protostellar outflows can be important both in themselves (Federrath et al. 2014) and in concert with other feedback processes (Kuiper & Hosokawa 2018) as stars form in molecular clouds (Grudić et al. 2022; Verliat et al. 2022). Feedback processes often act in concert, e.g., in the case of SN feedback efficiency increasing if dense star-forming environments are dispersed by pre-SN feedback (Geen et al. 2015; Lucas et al. 2020).

Several techniques have been developed to bridge the different length scales. From larger to smaller scales, zoomed-in simulations are performed, such that the regions from larger-scale simulations are taken as initial conditions and the resolution of the regions is enhanced (e.g., Carlberg & Keating 2022; Dobbs et al. 2022; Rey & Starckenburg 2022). This allows the regions of interest to be followed and studied more closely.

For example, zoom-in simulations of dense cloud cores can be used to follow their gravitational collapse into individual stars. On the other hand, prescriptions are used to import the physics of smaller scales to larger scales (e.g., Gutcke et al. 2021). This is generally done using empirical relations, analytical solutions, or parametric tables. Some recent simulations employ multiple techniques to bridge the different scales (e.g., Rieder et al. 2022).

Critical tasks for the useful presentation and communication of the results of numerical simulations are the determination of reliable intervals where a given quantity is valid or expected (e.g., the densities or angular momentum content of dense cores expected from simulations at the cloud scales) and the expression, whenever possible, of results that impact neighboring scales using analytical formulae so that they can be used as prescriptions (e.g., evolutionary tracks for protostars that are used in larger-scale simulations).

With the advance of observational sites (e.g., Extremely Large Telescope, James Webb Space Telescope, Athena) with the higher angular resolution, we come closer to resolving astrophysical structures on large and small scales for regions in the Local Group and beyond. Many of these sites will be able to resolve individual stars (of lower masses) for which, before, we were only able to probe the large-scale structures. Observations and simulations of large and small scales in the (near) future will provide us with the essential knowledge to connect these scales.

## 2. Introduction to Feedback: The Physics Connecting the Scales

Once the protostellar phase has ended, stars impact their surroundings in a number of ways. We highlight some of the key processes by which stellar evolution processes drive feedback into the ISM and beyond.

### 2.1. Stellar Winds

Stellar winds refer to the ejection of matter from a star's surface driven by radiation pressure on the gas in the star's atmosphere. Stellar winds impact their surroundings through a mixture of the mass-loss rate  $\dot{M}$  and terminal velocity  $v_w$ , i.e., the velocity that the stellar wind reaches once it is fully accelerated by radiation pressure.

Observations by Groenewegen et al. (1989), Prinja et al. (1990), Crowther et al. (2016), and others confirm that these winds leave massive stars with terminal velocities that exceed  $1000 \text{ km s}^{-1}$ . This shocks the gas around the star to millions of degrees Kelvin, creating hot bubbles that drive strong flows into the ISM (Weaver et al. 1977).

The rate of deposition of kinetic energy of stellar winds,  $1/2\dot{M}v_w^2$ , is an important quantity in stellar feedback, where the energy in the wind bubble accumulates over time (Weaver et al. 1977). In the mode where stellar winds cool efficiently through thermal conduction or, more plausibly, turbulent mixing (e.g., Lancaster et al. 2021), the momentum deposition rate  $\dot{M}v_w$  becomes more important. This mode is considerably weaker at driving large-scale flows since stored energy is lost. We examine in further detail how stellar wind bubbles impact nearby star-forming regions in Section 5.

The properties of stars play a crucial role in setting  $\dot{M}$  and  $v_w$  (Puls et al. 2015). Factors such as metallicity (Vink et al. 2001), rotation (Cranmer & Owocki 1995), clumping (Puls et al. 2008), and magnetic fields (ud-Doula & Owocki 2002) are thought to play an important role in setting the precise wind properties. We return to these processes in detail later in the paper.

One of the most important stellar properties for determining  $\dot{M}$  and  $v_w$  is stellar mass. At solar metallicity, stars with masses larger than around  $25M_\odot$  do not make it to the cool red supergiant phase, but instead, lose a lot of mass in line-driven winds (Castor et al. 1975; Kudritzki & Puls 2000; Vink 2022). At lower metallicity, winds become significantly weaker due to the lack of metal lines to couple radiation to the gas and drive material from the stellar surface.

A significant impediment to a better understanding of stellar winds is the uncertainty in mass-loss rates. For stars below  $25M_\odot$ , mass-loss rates are uncertain by one to two orders of magnitude in the so-called “weak-wind regime” (Martins et al. 2005).

For those massive stars where mass loss starts to dominate the evolution (at about  $40M_\odot$ ), the uncertainties are about a

factor of 2–3 (e.g., Björklund et al. 2021). Such uncertainties were investigated in evolutionary models by Keszthelyi et al. (2017b), finding that the discrepancies may be resolved by studying the rotational velocities of B-type supergiants (Vink et al. 2010), given that mass loss leads to angular momentum removal and spin-down of the stellar surface (Langer 1998; Maeder & Meynet 2000).

Stars of order  $80\text{--}100M_{\odot}$  are in the transition region of Vink & Gräfener (2012), where mass-loss rates are known very accurately, but above this transition point, mass-loss rates included in most stellar evolution and population synthesis models are thought to be underestimated.

## 2.2. Ionizing Radiation

Stellar ionizing radiation can propagate and deposit energy on a large variety of scales, starting in the stars’ own atmospheres and extending to the intergalactic medium across the universe, where they “reionized” the universe after cosmic recombination. Pinpointing how much, and when, hard ionizing photons are released is thus a key input to model how stars affect their surroundings on all scales. We highlight here recent developments, open questions, and uncertainties in predicting the budget of ionizing photons from stellar evolution and their coupling to galactic and intergalactic scales.

Ionizing fluxes of stars strongly depend on the star’s temperature. Therefore, the fact that main-sequence stars are hotter at lower metallicities has a direct impact on the resulting ionizing photon budget. However, this effect could potentially be drastically or even totally altered by stellar evolution effects relating to rotation and binary interaction. Binary interaction can lead to mass exchange between the two stars, resulting in “envelope-stripped,” and thus even hotter, helium stars. Rapid rotation is also thought to efficiently mix massive stars that cannot spin down at low metallicity, leading to the creation of helium-enriched, finally pure helium, stars, referred to as chemically homogeneous stars (Yoon & Langer 2005a; Szécsi et al. 2015). When determining the feedback for a resolved population of stars, it is therefore crucial to not miss the “earliest” (i.e., hottest) stars of the population as they dominate the ionizing feedback (see, e.g., Ramachandran et al. 2018b, 2019 for recent examples). In addition, accreting compact objects are known to emit X-rays and ionizing radiation, which have been considered to aid the photoionization of interstellar or even intergalactic gas (Chen et al. 2015; Schaerer et al. 2019; Senchyna et al. 2020). Moreover, cluster winds and superbubbles have recently been suggested as a source of additional ionizing flux (Oskinova & Schaerer 2022). While most of their emitted photons are too energetic to efficiently ionize gas, a fraction of them can contribute to the total budget of hydrogen- and helium-ionizing photons in the universe.

While the effective temperatures of stars can give some clues to their spectrum and ionizing power, blackbodies only provide limited representations for the ionizing fluxes of hot stars. The absorption of radiation by recombination fronts inside the stellar wind can significantly reshape the spectral energy distribution, thereby considerably affecting the resulting quantities of ionizing photons emitted by the star. This is particularly striking for the He II-ionizing flux that is reduced by many orders of magnitude—effectively vanishing—if the stars manage to launch an optically thick (Wolf-Rayet type) wind (e.g., Sander & Vink 2020). This effect is not an issue for hydrogen-ionizing photons, even though part of their flux budget is still consumed to drive stellar winds.

Direct constraints of the ionizing flux of individual stars in the local universe would be invaluable to constrain uncertainties of the sources of photoionization of interstellar gas but is unfortunately limited by the unavailability of extreme UV (EUV) observational tools. Hence, other indirect methods are necessary, for example, (1) inferring the ionizing emission from nebular spectra using scaling relations for recombination line luminosities, and (2) using the ionizing emission from computed stellar atmosphere models that sufficiently reproduce the spectrum at other wavelengths (UV, optical, IR). Since the stellar He II-ionizing flux is considerably affected by winds from the star, UV observations remain an important tool to correctly determine the sources of these photons.

Radiative feedback plays a key role in regulating the lifecycle of star-forming regions and in providing an early mechanism to modify the phase and thermodynamics of gas in which massive stars then explode as SNe to drive galactic outflows. The coupling between ionizing radiation, other sources of feedback, and the surrounding gas, however, remains uncertain, due to the inherent challenges in modeling and observing these nonlinear physical processes occurring on multiple spatial and timescales. Quantifying the balance between feedback budgets within H II regions has now become possible (e.g., Lopez et al. 2014; McLeod et al. 2019, 2020, 2021; Olivier et al. 2021a; Barnes et al. 2020). However, uncertainties pointed out above in stellar evolution and synthesizing stellar population outputs propagate into these measurements, making their interpretation challenging. Furthermore, the interaction between radiative, wind, and SN feedback is a strongly nonlinear process, which can lead to positive reinforcement and strong galactic outflow driving (e.g., Lucas et al. 2020) or by contrast diminish the clustering of SN explosions and reduce their efficiency at expelling gas from a galaxy (e.g., Agertz et al. 2020; Smith et al. 2021; Fichtner et al. 2022). Pinpointing the sign and strength of these couplings, both observationally and theoretically, will be key to interpreting galaxies in observations, understanding how they regulate their star formation, how they enrich their surrounding environment in metals, and how radiation escapes from them to larger, cosmological scales.

The H I reionization of the universe is mostly powered by stellar sources in low-mass star-forming galaxies (e.g., Robertson et al. 2015; Dayal et al. 2020; Yung et al. 2020; Trebitsch et al. 2021), so having a good handle on their ionizing production is crucial, while keeping in mind that other sources of uncertainties (e.g., how much of this ionizing radiation escapes the ISM) still needs to be addressed. Even prior to H I reionization, X-rays from the very early stellar populations in star-forming galaxies contribute to heating the IGM, but the rate of production of these X-rays is still uncertain. Most emission comes from X-ray binaries (e.g., Eide et al. 2018), whose populations are poorly constrained at the highest redshifts. The 21 cm all-sky measurements are starting to put limits on the beginning of this heating era (Bowman et al. 2018), although other experiments are needed to confirm this result (see, e.g., Singh et al. 2022). Next-generation facilities like the SKA will soon constrain the early heating of the universe, making the need for detailed models timely. In this context, a detailed understanding of the binary evolution of stars (and in particular massive stars) is required to assess properly the early heating of the IGM. While He II reionization, which happens at  $z \sim 3$  (e.g., Worsack et al. 2016), is thought to be mostly dominated by AGN sources (e.g., Puchwein et al. 2019; Faucher-Giguère 2020), the contribution from stellar populations remains mostly unconstrained. Notwithstanding the uncertainties on the escape fraction of He II-ionizing photons, the uncertainties in the stellar population models pointed out above will translate to the contribution of these stellar populations to the He II background. In particular, the presence of very massive stars or hydrogen-stripped stars (e.g., Götzberg et al. 2020) could strongly enhance the contribution of the overall stellar populations to He II reionization.

### 2.3. *Supernovae*

Feedback from SNe has long been considered a key ingredient in studies of interstellar gas (e.g., McKee & Ostriker 1977) and galaxy evolution (e.g., Larson 1974). SNe, especially core-collapse Type II SNe, release significant ( $\sim 10^{51}$  erg) energy in the initial blastwave: sufficient to destroy molecular clouds (White & Long 1991), drive turbulence in the ISM (McCray & Snow 1979), and power galactic winds and outflows (Mathews & Baker 1971). These explosions are also major sources of metals, producing (for example) the vast bulk of interstellar oxygen (Burbidge et al. 1957). Beyond core-collapse SNe, thermonuclear (Type Ia) SNe may also be a source of feedback energy and also contribute to the cosmic metal budget (Kawata 2001). From the cloud- and galaxy-scale feedback perspective, the key questions connecting stellar evolution to SN feedback are as follows. Which stars will end their lives as SNe? When will these stars detonate their SNe? What will be the energy, mass, and metal returns of these SN events (and which form will the energy take at larger scales—

kinetic or thermal)? Traditionally, very simple assumptions have been made about these questions: All stars above a certain mass ( $5\text{--}10 M_{\odot}$ ) detonate, with each core-collapse SN event depositing  $\sim 10^{51}$  erg of energy and  $\sim 7\text{--}100 M_{\odot}$  of mass into the surrounding ISM (e.g., Katz 1992). It has long been assumed that, at least on galactic scales, uncertainties in how this energy propagates through the ISM dominate over any uncertainties in stellar evolution models (Naab & Ostriker 2017; Rosdahl et al. 2017) and that questions relating to the details of core-collapse SN detonation are swamped by uncertainties in the cooling and mixing rates of SN remnants. However, recent studies (Keller & Kruijssen 2022) and higher-resolution simulations (Gutcke et al. 2021) have begun to reveal that the details of stellar evolution can detectably manifest themselves on galactic scales.

The temporal evolution of the stellar structure, subject to internal and surface physical processes described in Section 3, will lead to a stellar structure for which internal pressure gradients at some point will no longer be able to withstand the force of gravity. Understanding these processes will allow us to ultimately answer the three key questions identified above. Hydrodynamical models of SN detonation predict that the occurrence of underluminous (e.g., Lovegrove & Woosley 2013) and hyperluminous (e.g., Woosley & Heger 2006) SNe may occur for certain combinations of initial stellar mass, metallicity, and rotation. Adding to this is the strong theoretical predictions for “islands of explodability,” where SN progenitors will either produce very weak SNe or in some cases directly collapse to form black holes (BHs) with no significant energy return whatsoever (Smartt 2009; Horiuchi et al. 2014; Sukhbold & Adams 2020). Recent theoretical studies of binary star interactions have found that the significant changes induced in both the surface and core structure also will impact which stars detonate and the energy of the subsequent SN (Müller et al. 2019; Laplace et al. 2021; Vartanyan et al. 2021). Despite these theoretical uncertainties, it is highly likely that theoretical models of galaxy evolution have in general overestimated the SN energy budget, though this recently may be changing (Emerick et al. 2019; Gutcke et al. 2021). Better observational constraints are needed to begin pinning down the true budget of energy for SN feedback.

Observationally, determining the SNe budget for stars across the Initial Mass Function (IMF) is extremely challenging, owing to the difficult problem of connecting SN progenitors to individual SN events. Red supergiants (RSGs) constitute the most common SN-progenitor stage, during which the star may experience a type IIP/L explosion (Smartt 2009). However, the RSG phase may last  $\sim 2.5 \times 10^6\text{--}3 \times 10^5$  yr for stars ranging in initial mass between 9 and  $20 M_{\odot}$  (Meynet et al. 2015), more massive stars, at high metallicity at least, potentially suffering from such intense mass loss that the entire envelope is lost and the stars first become yellow or blue supergiants before experiencing core collapse (e.g., Gräfener & Vink 2016;

Kee et al. 2021). At lower metallicities, higher-mass supergiants may exist and explode as, e.g., pair-instability SNe ejecting a peculiar chemical yield (Martínez-González et al. 2022). The RSG Betelgeuse experienced an unprecedented dimming of its visual brightness from 2019 December until 2020 April, speculated to forewarn an imminent core collapse. Though it appears that this event likely reflected a combination of surface activity and dust formation in a previously ejected gas cloud positioned in the line of sight (Montargès et al. 2021), the need for a dedicated monitoring campaign of a population of RSG stars for unexpected variability is clearly opportune and may help to identify systems for which an explosion may happen within about a human lifetime. Alternatively, the collapse of such massive stars may lead to direct black hole formation with no or only little ejecta being expelled, consequently, with a very faint or undetectable SN. The most promising candidate for a disappearing star directly collapsing into a BH showed evidence for an estimated  $\sim 0.5 M_{\odot}$  of ejecta (Gerke et al. 2015; Sukhbold & Adams 2020; Basinger et al. 2021). Wolf–Rayet stars, evolved stars that have lost or have been stripped from their hydrogen-rich envelopes, are alternative candidates for an impending Ib/c (or gamma-ray-burst) SN explosion (e.g., Groh et al. 2013b). Within this group, Wolf–Rayet oxygen (WO) stars are thought to be particularly evolved and in a post-core-helium-burning phase of evolution where timescales until core collapse are down to a few times  $\sim 10^3$  or  $10^4$  yr (Meynet et al. 2015). So far, only nine WO stars are known, the one thought to be closest to ending its life being WR 102 with  $\sim 1500$  yr left. Other post-main-sequence objects have been suggested as potential SN progenitors, including luminous blue variable (LBV) stars (Kotak & Vink 2006; Groh et al. 2013a) and Wolf–Rayet nitrogen (WN) stars (Groh et al. 2013b). The former possibility is supported by evidence that the progenitor of SN 2005gl was possibly an LBV star (Gal-Yam & Leonard 2009).

#### 2.4. Chemical Enrichment

Nuclear-processed material may be ejected from the star/system and thus influence the chemical abundance of the surroundings, via at least three mechanisms: (i) stellar winds, (ii) SN ejecta (discussed in detail in Section 2.3), and (iii) (nonconservative) binary interaction (discussed further in Section 4). Consequently, whether nuclear-processed material ends up in the ISM after being created inside a star is a complex question. For example, elements that stay inside the star for a longer time (due to not being immediately ejected in the wind) may be able to undergo further nuclear processing. In the same way, elements may be “saved” by the wind from being processed further. This makes the topic of chemical evolution a highly complex area of research with a number of impediments to our understanding of it.

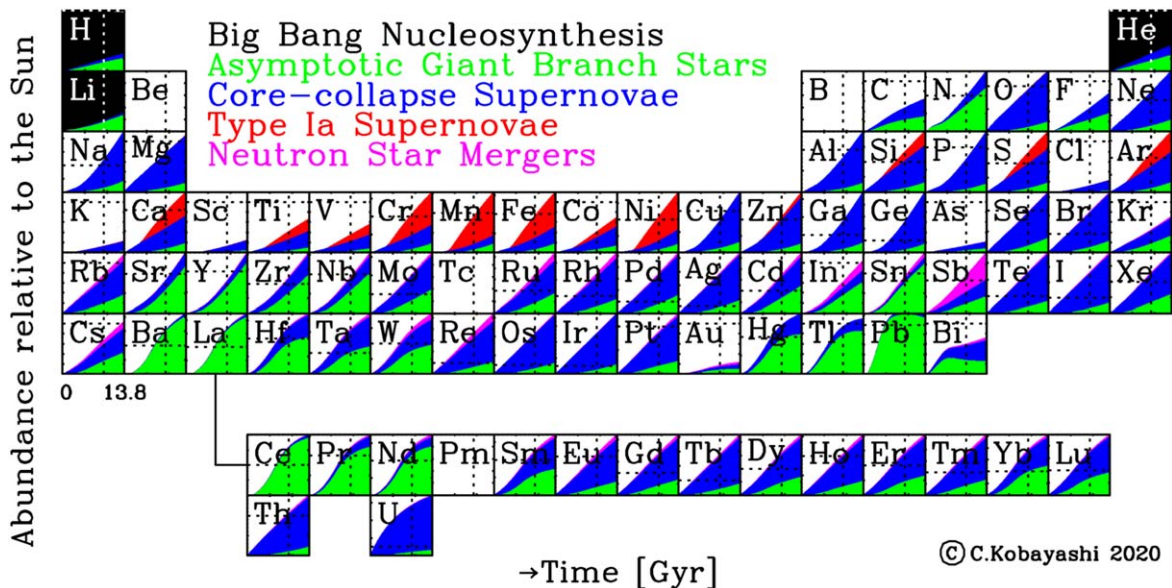
A deeper understanding of how and on which timescale elements are released in the ISM is of great importance for modern stellar feedback simulations. Elements being ejected during the entire lifetime of a massive star could determine a different chemical evolution in the surrounding gas compared to the case in which they are “instantaneously” ejected in the SN explosion. If we had a clearer view of these processes, we could also model more accurately how this enriched material spreads to larger scales, meaning the ISM and the rest of the galaxy, because of turbulence and other mixing processes.

Another important aspect in this regard is the comparison of the timescale in which the mixing of the newly enriched material occurs in the gas with that of star formation. Will the mixing be fast enough to make the metallicity of the medium almost uniform, before a second generation of massive stars is born? As stars inherit their initial metallicity from the gas they have formed in, understanding how the timescales for chemical evolution and mixing relate to the time needed to form a new generation of stars would help to better understand their future evolution. Moreover, all these processes could be very different in low-metallicity environments, for which further analysis is recommended (see Section 5).

The efficiency of mass loss through stellar winds is highly dependent on the mass of the star (Section 2.1). The higher the mass, the higher the core temperature, leading to the activation of specific nuclear reactions. Massive and intermediate-mass stars are known to have strong enough winds to eject nuclear-processed material. In particular, asymptotic giant branch stars (AGBs) are important contributors to carbon and nitrogen via the convective dredge-up of nuclear products from the stellar core (Romano et al. 2010).

For the stellar wind (or interactions with a companion star) to be able to remove nuclear-burning products, these products—originally created in deep, hot burning regions—need to already be found at the stellar surface. This can happen in two ways. Either the mixing between the deep layers and the surface needs to be strong (see Section 3.1), or the layers from the top need to be first removed so the deeper layers are uncovered (see Section 2.1). In particular, mixing induced by rotation (or rotational mixing) has been shown to lead to extremely well-mixed stars, which evolve (quasi-)chemically homogeneously (Maeder 1987). But in less extreme cases, mixing (not only by rotation) can help bring deeper layers upwards, to be lost in the wind eventually. The decay of some isotopes serves as a counter to this process. This can be seen in the case of  $^{26}\text{Al}$ , which decays rather quickly (around 6 s) into  $^{26}\text{Mg}$  (see Finlay et al. 2012).

Figure 2 shows the elements in the periodic table together with their cosmic origin (Kobayashi et al. 2020). While the figure shows the state of the art of our current knowledge, other possible avenues for the generation of elements are thought to exist. For example, gold has been proposed to form in kilonovae (Kasen et al. 2017).



**Figure 2.** Abundances relative to the solar value plotted over time (in Gyr) for all the elements in the periodic table. This enables the reader to follow the different ways for the evolution of the elements to take place via various processes. These processes include Big Bang nucleosynthesis, AGB stars, core-collapse SNe, Type Ia SNe, and neutron star mergers. Observations are depicted as dotted lines. From Kobayashi et al. (2020), reproduced with permission.

Subsequent generations of stars have enriched interstellar gas with nuclear-processed elements. However, chemical enhancement is not only a time-dependent process but can be spatially traced as well. For example, the Milky Way displays a metallicity gradient (Peimbert et al. 1978; Afferbach et al. 1997) that decreases outwards, but other galaxies show other trends.

Another source of uncertainty is the discrepancy between the yields found at the scale of stellar evolution modeling and those calculated at larger scales. To connect these two quantities, investigations are required with a varying degree of resolution as well as an understanding of the uncertainties involved in both calculations. Uncertainties include mixing and convection for single stars, tidal effects for binaries, and in general the handling of the Eddington limit. As one can see, for example, in Agrawal et al. (2022), different approaches with multiple codes can lead to different predictions. Tracers such as CNO abundances may help resolve these discrepancies.

### 3. Internal Stellar Processes

Stars are places where the four fundamental forces in physics interact (viz., gravitational, electromagnetic, strong, and weak nuclear forces). Most global properties of stars can be inferred from the stellar structure equations, with the assumption of hydrostatic equilibrium. However, there are several key quantities, e.g., nuclear reaction rates and opacity measurements (especially iron or Fe), and internal processes in stars, e.g., convection and overshooting, that remain highly uncertain in modeling stars, especially massive stars. Moreover, building

accurate stellar models requires including the contribution of hydro- and magnetohydrodynamical processes in the stellar interior such as stellar pulsations, stellar rotation, and magnetic fields. These processes are not so well understood and remain highly approximated in stellar models.

Despite the recent progress in these areas in the last decade, several challenges remain in stellar physics. These include the treatment of convection and the determination of the sizes of the convective zones, a proper account of all the processes that can induce mass loss at the different phases of evolution, the instabilities triggered in radiative zones that can transport angular momentum and chemical species (some of them likely triggered by rotation), and the impact of the magnetic field in stellar interior and at the surface. Each of these uncertainties can severely impact stellar outputs and alter the feedback they inject into the ISM. Below we discuss two significant internal processes.

#### 3.1. Internal Mixing

The energy produced in stars due to nuclear burning and other processes needs to be transported away to the outer layers. The three main mechanisms responsible for this process are convection, conduction, and radiation. In most stellar evolution codes, convection is modeled using a simple but successful formalism called mixing length theory (MLT; Böhm-Vitense 1958). If energy is carried through convection, then owing to the actual movement of particles in the star, angular momentum and chemical species are also transported within the star. This can change the stellar structure and radius,



which in turn affects the ionization, mass-loss rates, and pre-SN structure of the star (Dessart et al. 2013; Kaiser et al. 2020).

Convective boundary mixing (CBM) dictates the extension of the convective core- and shell-burning regions. There are multiple methods for implementing CBM with various mixing profiles such as core overshooting via step, exponential, or convective entrainment (Scott et al. 2021). The extension of the convective core via overshooting during core H burning has various consequences, leading to stars evolving at higher luminosities with increased mass loss over the integrated main-sequence lifetime. Together, convection and associated mixing mechanisms contribute to the internal mixing in stars.

Mixing processes can alter the energy transport and hydrogen content in the envelope, driving the evolution of massive stars toward red and blue supergiant phases and thus dictating the red-to-blue supergiant ratios (Schootemeijer et al. 2019). On the main sequence, the effects of internal mixing and mass loss dominate the evolutionary pathways that govern the fates of massive stars toward forming black holes and neutron stars. In the mass range  $\sim 8\text{--}30 M_{\odot}$  interior mixing processes dominate the lives of massive stars, and in the mass range  $\sim 30\text{--}60 M_{\odot}$  stellar winds drive the evolution toward Wolf-Rayet (WR) stripped helium stars. The indirect effect of mass loss on interior mixing also plays a role in the switch of the evolutionary path during core He burning (Higgins & Vink 2020; Sabhahit et al. 2021). The switch in evolutionary channels in post-main-sequence evolution is key for predicting SN progenitor populations.

Internal mixing mechanisms are one of the largest uncertainties in stellar physics. For example, the extent of core overshooting, which determines the length of the main sequence may itself be mass dependent (Castro et al. 2014), which will also influence the post-main-sequence evolutionary channels that form black holes. In fact, maintaining a sufficiently low core mass at the highest mass range can be critical in forming BHs and avoiding the pair-instability SN regime (Vink et al. 2021). Similarly, radiative envelopes with subsurface convective layers can drive clumps in the wind, altering the mass-loss rates and having a large impact on SN progenitors (Davies et al. 2007; Cantiello et al. 2009; Jiang et al. 2015), although there remain large uncertainties in these predictions.

Convection, as given by MLT, becomes highly inefficient in energy transport within the radiation-dominated, low-density envelopes of massive stars with  $M_{\text{init}} > 40M_{\odot}$ , whose luminosities approach the Eddington limit (e.g., Langer 1997; Maeder 2009), and only worsens for cooler supergiants owing to the hydrogen opacity bump at  $T_{\text{eff}} \sim 10^4$  K. Such a situation can cause stellar evolution codes to either crash or become stuck in very small time steps (Paxton et al. 2013). What happens in reality in such conditions, e.g., whether stars in close proximity to the Eddington limit inflate (Gräfener et al. 2012) or not remains yet another unresolved problem. However

stellar evolution models can predict widely different post-main-sequence evolution when treating these highly inflated layers (Agrawal et al. 2022), which can have far-reaching consequences in predicting the feedback properties of massive stars. Perhaps 2D or 3D simulations, or observational constraints such as the Humphreys–Davidson limit, might shed light on what happens in such inflated, low-density envelopes.

Asteroseismology may provide calibrations for the efficiencies of internal mixing processes, but main-sequence stars are usually fast rotators, and this can blur the period spacing. Low-mass, slower rotators are more accessible for providing constraints with asteroseismology (Bowman 2021; Pedersen et al. 2021). Rotation and rotational mixing play a major role in the enrichment of massive stars. The chemical enrichment of massive stars is dominated by rotational mixing instabilities, particularly whether the angular momentum is maintained via solid-body rotation, which is also important for determining neutron star spin.

### 3.2. Stellar Magnetic Fields

Stars form in a magnetized medium, and recent simulations have demonstrated the large impact that magnetic fields play in the formation process (A. Oliva & R. Kuiper, in preparation). However, the acquisition of stellar magnetic fields is largely unconstrained. There are two different kinds of magnetic fields that can be harbored by massive stars. One possible branch is dynamos, either in the convective core driven by the  $\alpha\text{--}\Omega$  cycle (similar to the surface of the Sun) or in the radiative layers driven by differential rotation (e.g., the mechanism proposed by Spruit 2002). Such dynamos are small scale and vary on a short Alfvén timescale. In evolutionary models of massive stars, dynamo-generated magnetic fields in the radiative zones are commonly invoked (Maeder & Meynet 2003, 2004, 2005; Heger et al. 2005; Potter et al. 2012; Fuller et al. 2019; Takahashi & Langer 2021).

Another branch of possibilities is relaxed, equilibrium fossil magnetic fields in the stellar radiative envelopes (e.g., Braithwaite & Spruit 2004; Braithwaite & Nordlund 2006), which are large-scale and stable over the long-term evolution (ohmic timescale). Such fields are now routinely observed via spectropolarimetry (exploiting the Zeeman effect) in a fraction of Galactic massive stars. Although no detections outside of the Galaxy have been made yet, largely due to the limitations of current instrumentation capabilities.

The impact of fossil magnetic fields is far-reaching. These fields form a magnetosphere around the star, which channels the stellar outflow (ud-Doula & Owocki 2002; Owocki 2004). The presence of magnetic fields can lead to two other important effects on mass loss: magnetic mass-loss quenching (reducing the mass-loss rate of the star by up to an order of magnitude for a field of  $\sim$ kG strength) and magnetic braking (removing

angular momentum from the star and hence leading to an observable decrease of its surface rotation). Mass-loss quenching is a powerful mechanism that, independent of the metallicity, allows the star to retain most of its mass (Georgy et al. 2017; Keszthelyi et al. 2017a, 2019, 2020, 2021; Petit et al. 2017). The implementation of these processes in stellar evolution models has shown that magnetic braking very efficiently spins down the stellar surface and, depending on the internal coupling, may also produce observable surface nitrogen enrichment (Meynet et al. 2011; Keszthelyi et al. 2019, 2021), with a grid of stellar structure and evolution models available that take into account these processes (Keszthelyi et al. 2022).

Magnetic fields are thus a key component of stars. These are either built internally through internal dynamos or else retained as fossil fields from the time of the star’s formation. While determining their presence and effect is difficult, recent advances can help us to better constrain and understand this problem.

#### 4. External Stellar Processes: Binaries

Similar to internal processes, external processes specific to the evolution of stars in multiple systems like tidal interactions, mass exchange, common-envelope phases, and stellar mergers can also impact the evolution and feedback of stars. It is now established that binaries play a major role in the evolution of stellar populations (Eldridge & Stanway 2020, 2022). The majority of stars are born in binary or multiple systems, and the binary fraction increases with stellar mass (Moe & Di Stefano 2017). In addition, we now know that a significant fraction of these binaries will interact during their lifetime and initiate mass transfer, which has a significant impact on their structure and evolution (Sana et al. 2012). As a result of mass transfer, primaries can be stripped of their hydrogen envelope, which is accreted onto the secondary, spinning it up, or the system may merge. Consequently, their lifetimes and core properties change, affecting the final fate and stellar remnant.

The picture is further complicated by the fact that both internal and external stellar processes, which are by themselves complex to properly model, can hardly be studied in isolation, as they all interact. For example, stellar rotation, which can affect the evolution of stars, is strongly affected by tidal interactions in close binary systems. Indeed, tides can set up exchanges between two reservoirs of angular momentum, the orbital one and the rotational one, causing the star to spin up or spin down depending on the circumstances and thus modifying the whole evolution of the two components by changing the rotation rates of the star and the radius of their orbits. Great diversity in evolutionary histories and stellar structures, for example at the time of core collapse, can be obtained through binary evolution. Likely some of the stellar pathways made possible by binary evolution are still to be discovered. Binary

evolution impacts stellar feedback in three main ways: winds, ionizing radiation, and SN rates.

##### 4.1. Impact on Stellar Winds

The ISM continuously receives mechanical energy and chemical feedback from the stellar winds of massive stars. Mass transfer in a close binary system will modify the nature of the wind from both components. The stripped primary (helium star) will likely possess a faster, lower-density wind than its evolved (red supergiant) isolated counterpart, boosting the mechanical feedback. In addition, the mass-gaining secondary will usually produce a stronger wind as a result of its increased luminosity.

Helium stars (WR stars at high mass) contribute considerable energy to the total energy budget of a population (Fichtner et al. 2022). By way of example, in the SMC, the collective wind of one multiple system (HD 5980) dominates over hundreds of OB stars in NGC 346. Stellar populations consisting of rotating stars in a binary system give raise to strong feedback processes specifically in low-metallicity environments.

##### 4.2. Impact on the Ionizing Radiation

It is well established that the ionizing radiation from a population of exclusively single (nonrotating) stars declines rapidly once the highest mass stars evolve off the main sequence, with a secondary (high-energy) peak coinciding with the Wolf–Rayet phase (Schmutz et al. 1992; Smith et al. 2002). Since close binary evolution is capable of stripping the primary component of its hydrogen envelope, the effect of binary evolution on the ionizing budget of young stellar populations is dramatic (Götberg et al. 2019), especially at high energies (helium-ionizing photons) and at low metallicities, for which only exceptionally massive single stars are capable of producing WR stars, whereas binary evolution leads to a prominent population of hot, stripped stars.

Rosdahl et al. (2018) found that, on average, binaries lead to escape fractions of  $\sim 7\%$ – $10\%$  in the early universe, about three times higher than that produced by single stars only. With such a difference in ionizing escape fractions, their simulation of binary systems gives a cosmic reionization epoch before  $z \sim 7$ , while the single-star escape fractions are not able to reionize their simulation volumes by  $z \sim 6$ . Observationally, these findings have major implications for linking stellar evolution to cosmological-scale feedback.

##### 4.3. Impact on Core-collapse Supernovae

Binary evolution affects SNe in three main ways: their energy budget, timing (location), and chemical yields. Zapartas et al. (2017) found that the inclusion of binaries in massive stellar systems substantially increases the number of SNe expected among a stellar population, largely because of “late”

events originating from intermediate-mass ( $4\text{--}8 M_{\odot}$ ) stars, which would have otherwise evolved to white dwarfs and whose binary interactions uniquely create the conditions for SNe. The possibility of late events affects the delay-time distribution of SNe: The maximum time expected for a single star to go SN is 50 Myr, but late events occur on scales of 50–200 Myr after birth. This stands in contrast with current prescriptions of SNe timing in feedback simulations, which often assume an instantaneous explosion within 50 Myr for massive stars.

Similarly, more massive stars that might otherwise be expected to collapse into BHs instead may experience mass stripping and common-envelope interactions that create SN conditions on the high-mass end as well. The widened range of initial masses that can experience SNe from binary interactions will change the range of energetics expected and the properties of the SN progenitors (e.g., Podsiadlowski et al. 1992). Moreover, mass transfer affects the structure and chemical composition of stars (e.g., Laplace et al. 2021), ultimately changing their chemical yields. For example, Farmer et al. (2021) showed recently that at solar metallicity, binary-stripped stars can eject twice as much carbon into their surroundings than single stars. In addition, binary systems can be the progenitors of gravitational-wave sources, which are responsible for enriching stars in r-process elements (Kasen et al. 2017; see also Section 2.4). The SN kick imparted at the moment of explosion of one binary component can result in a population of runaway and walkaway stars that explode in a location different from their birth environment (e.g., Renzo et al. 2019).

#### 4.4. Impact of Larger Scales on Binary Formation

Feedback processes in galaxies are thought to affect the formation of binaries and stellar multiples, through perturbations of gas clouds, feedback from stars, and magnetic fields. Turbulence injected into molecular clouds through feedback from jets, winds, and ionizing radiation may affect when and how stellar multiples are formed. The quantity of angular momentum in protostar formation plays an important role in the mass of the protostellar disk, with more rotation leading to a more massive disk that fragments earlier. By contrast, if more mass is concentrated at the center of the disk, a single massive star and/or a less-massive companion will form. UV radiation and the propagation of heavy elements can also shape the formation of protostars as well as protoplanets.

Magnetic fields are important both in star-forming regions and also in stars (see Section 3.2) and can play a role in coupling cloud scales to stellar scales. For example, a sufficiently strong magnetic field will diminish fragmentation, which then prevents but does not fully suppress binary formation. However, due to difficulties in resolution on a cloud scale and the cost of small-scale simulations of protostar

formation, simulations have not yet converged on the role that magnetic fields play in shaping in situ binary formation.

Currently, most simulations do not generally take binary evolution into account in their feedback yields; however, this is slowly changing in fields such as reionization studies (Rosdahl et al. 2018) at  $z > 6$ , but recently in lower-redshift galaxies such as in Fichtner et al. (2022) for a sub- $L^*$  galaxy at  $z = 3$ .

## 5. Varying Metallicity in Our Local Group: The Effect of $Z$

The Local Group is a complex environment with average present-day metallicities varying from  $\sim 0.2 Z_{\odot}$  in SagDIG (Saviane et al. 2002) to  $\sim 2 Z_{\odot}$  in the Milky Way’s Galactic Center (e.g., Nogueras-Lara et al. 2018). Additionally, significant metallicity gradients exist within galaxies (Searle 1971; Vila-Costas & Edmunds 1992; Henry & Worthey 1999), including the Milky Way (e.g., Lemasle et al. 2018)—by metallicity of a galaxy, we typically refer to a radially averaged quantity. Stellar evolution and small-scale feedback models usually adopt the averaged values for a given galaxy when referencing their metallicities.

Within the Local Group, there are also large differences in densities and pressures, and star-forming mechanisms and rates. For example, the Large Magellanic Cloud hosts a million-solar-mass starburst region in 30 Doradus (e.g., Doran et al. 2013), while Sextans A and the SMC appear to host isolated OB stars (Garcia et al. 2019; Lorenzo et al. 2022).

Our local universe thus presents a useful testbed for studying how stellar feedback operates in a variety of conditions. The role of metallicity applies to both the behavior of stars themselves and the conditions in the gas in galaxies and hence shapes the interplay between the two (V. Brugaletta et al. 2023, in preparation).

In general, we assume that massive stars form with roughly the same metallicity as their local environment. Their surface abundances over their lifetime are shaped by chemical evolution as well as mixing and other processes such as envelope self-stripping, which drastically change the feedback properties of these stars.

### 5.1. Impact on Stellar Evolution and Feedback

As discussed earlier, decreasing metallicity generally decreases the impact of stellar winds on an environment (Vink et al. 2001), since winds are driven by metal lines in the stellar atmosphere. This is largely a consequence of processes inside the star rather than the physics of interstellar gas. Conversely, due to reduced photon absorption in the atmosphere, the ionizing photon emission rates are typically higher at lower stellar metallicity (Martins et al. 2005).

The effect on the gas around stars at lower metallicity is twofold. The efficiency of mechanical and photoionization feedback is further enhanced by the fact that metal-line cooling

in photoionized gas (Ferland 2003) and collisionally ionized gas (Sutherland & Dopita 1993) is less efficient at low metallicity. However, lower dust fractions mean that the strength of radiation pressure decreases (Ali 2021).

The consequence of this on feedback depends on how these feedback processes couple, and if and when any given process dominates. Winds and SNe create hot X-ray-emitting bubbles ( $10^6$ – $10^8$  K), while photoionized regions are heated to  $\sim 10^4$  K. These regions coexist within nebulae (Guedel et al. 2008), and their relative position and impact within feedback-driven nebulae remain a subject of active study. Analysis of observations in the Galactic Center and compact H II regions shows that dust-processed radiation pressure dominates over other processes (Barnes et al. 2020; Olivier et al. 2021b), while in the LMC/SMC/nearby galaxies, thermal pressure from photoionized gas dominates (Lopez et al. 2014; McLeod et al. 2019, 2021). However, in addition to metallicity, these analyses are also affected by other environmental factors such as filling factors, ambient densities, and pressures. Similarly, thermal losses are generally believed to have an important impact on wind bubbles in order to explain the missing energy in observed hot plasmas (Townsend et al. 2003; Lopez et al. 2014). These thermal losses may be more affected by turbulent mixing with cold gas in the environment of the wind bubble than by metal-line cooling in the wind bubbles themselves (Rosen et al. 2014; Lancaster et al. 2021).

### 5.2. Low Metallicity

There remain many unknowns concerning stellar evolution in extremely low-metallicity environments due to the current limited observational capabilities and uncertain numerical ingredients, even in the case of single-star models. Depending on their metallicity, stars follow different evolutionary paths, resulting in different spectral subtypes dominating the mechanical and radiative yields. Between  $\sim 1/10 Z_\odot$  and  $Z_\odot$ , the mechanical luminosity during stellar evolution is both theoretically and observationally expected to be dominated by Wolf–Rayet stars, despite their relatively short lifetimes and rarity (Ramachandran et al. 2018a; Fichtner et al. 2022). Instead, the more abundant stars with initial masses in the range  $\sim 10$ – $30 M_\odot$  are expected to end their lives as SNe and hence dominate the mechanical luminosity after  $\sim 10^7$  yr, i.e., at timescales comparable with the freefall timescale of a young stellar cluster (Krumholz & Burkhardt 2016). At even lower metallicities, single-star evolution and wind models are not expected to lead to the appearance of the WR phenomenon, with the evolutionary channel leading to H-depleted stars being dominated by binary interaction (Shenar et al. 2020).

Their lower metal content may also lead to different evolutionary pathways that are not predicted at higher metallicities. Evolutionary models (Brott et al. 2011) predict that, at metallicities lower than  $1/10 Z_\odot$ , fast-rotating massive

stars may evolve chemically homogeneously. In this evolutionary pathway, they can achieve temperatures hotter than the zero-age main sequence (Yoon & Langer 2005b) and generally produce  $\sim 5$ – $10$  times more ionizing energy than their normally evolving counterparts (Szécsi et al. 2015).

The implications arising from the evidence that the majority of massive stars are in binary systems, and the lower angular momentum losses in low-metallicity stellar models, are largely unconstrained. These effects are expected to attenuate the otherwise steeper decrease in kinetic energy feedback in the early phases of cluster formation at low metallicities (Fichtner et al. 2022). However, the different evolutionary pathways do not only affect the yields estimated directly from evolutionary models. Stellar feedback, in fact, couples with the hydrodynamic evolution of the circumstellar gas. The slow and dense stellar outflows characteristic of cool supergiants are outside the line-driven regime and are only empirically constrained for stars in the Galactic neighborhood. It is likely that such slow gas can lead to thermal dissipation at subparsec scales, with a growing impact at low metallicities. Stars close to their Eddington limit during a luminous blue variable phase (LBV) are known to lose a significant fraction of their H-rich envelope during phases of high variability (Humphreys & Davidson 1994; Vink & Gräfener 2012). Given the metallicity independence of the HD limit (Davies et al. 2018; McDonald et al. 2022) and the higher expected number of redward-evolving stars at low metallicities, one can expect that a larger fraction of the energy yield is dissipated well before reaching the cluster scales (Geen et al. 2015; Mackey et al. 2015; Lancaster et al. 2021). Any systematic estimate must overcome our inability to convincingly model important stellar evolution phases such as the LBV phase (however, see Grassitelli et al. 2021) and nonconservative mass-transfer phases in binary systems.

## 6. Stars over Cosmic Time: The Effect of $z$

In this section, we summarize discussions concerning how stellar evolution and feedback evolve over redshift. We focus our discussion here on redshifts up to  $z \sim 2$ , the peak of cosmological star formation. There are likely to be significant differences between  $z \sim 2$  and very high redshift, in particular the role of the first (Population III) stars in the very early universe. As discussed earlier, aspects of stellar evolution such as binary evolution are likely to have a strong impact on cosmological processes such as reionization around  $z \sim 6$ – $11$ .

Typical  $z \sim 2$  galaxies are moderately massive, deficient in iron-peak elements, albeit  $\alpha$ /Fe enhanced (Steidel et al. 2016). Their nebular properties are relatively hard, and individual star-forming knots (from lensing studies) indicate high star formation intensities—of order  $\sim 0.1 M_\odot \text{ yr}^{-1}$  within a region of a few hundred parsecs (Jones et al. 2010; Livermore et al. 2015). Within the Local Group, only 30 Doradus

(Tarantula Nebula) in the LMC displays such properties, albeit with a higher metallicity of  $\sim 0.5Z_{\odot}$  (Crowther 2019).

### 6.1. Star Formation at Low Redshift ( $z \sim 0-0.3$ )

Within the Local Group, where individual massive stars can generally be spatially well resolved, there are only a small number of actively star-forming galaxies whose current metallicity is  $\leq 0.2Z_{\odot}$ , including the SMC, NGC 3109, IC 1613, Sextans A, and WLM. Of these, the SMC has the highest star formation rate (Kennicutt Robert et al. 2008), so is host to several hundred O stars, albeit with only a few dozen above  $40 M_{\odot}$  (Schootemeijer et al. 2021). Sextans A has an even lower metallicity (Van Zee & Haynes 2006) though also a lower star formation rate. In the context of star-forming knots at high redshift, these are modest, since such a region will host thousands of O stars, hundreds of which are expected to exceed  $40-50 M_{\odot}$ . The SMC and Sextans A therefore provide our only direct route to studying the evolution of massive stars at  $0.1-0.2 Z_{\odot}$ , except at the highest masses, which are poorly sampled due to stochasticity. Subgrid models employed in galaxy simulations (IMF, stellar models) are mainly constrained by local observations and then applied to simulations at high  $z$ , or rely on theoretical predictions for low-metallicity stars.

Metal-poor massive stellar populations beyond the Local Group have been studied via integrated stellar populations, with the supergiant H II region Mrk 71 within NGC 2366 at 3 Mpc a striking example since it hosts massive super star clusters and has a metallicity of  $\sim 0.15 Z_{\odot}$  (Gonzalez-Delgado et al. 1994; Micheva et al. 2017). This allows very massive metal-poor stars to be observed at low metallicity, albeit in an integrated stellar population. In particular, UV spectroscopy of the very young super star cluster Mrk 71-A with the Hubble Space Telescope reveals strong He II 1640 emission, providing a direct indicator of the presence of very massive stars. Mrk 71 is also notable in having evidence of leaking Lyman continuum photons (Micheva et al. 2017).

A sizeable population of Green Pea (GP) galaxies has been identified from SDSS observations whose properties overlap with high-redshift galaxies, i.e., both are metal poor, possess high specific star formation rates plus hard nebular conditions in the BPT diagram (Cardamone et al. 2009), plus direct evidence for Lyman continuum leakage in some instances (Izotov et al. 2016) and an excess soft X-ray emission (Franeck et al. 2022). In addition, there are examples of very metal-poor star-forming galaxies locally with metallicities of only a few percent of the solar neighborhood (IZw 18, SBS 0335; Lequeux et al. 1979; Izotov et al. 1990), which are potential analogs of star-forming galaxies in the very early universe. Madau & Dickinson (2014) present the evolution of the average metal content of the universe through its history (their Figure 14). For

example, the metallicity of Sextans A ( $1/10 Z_{\odot}$ ) equates to  $\sim 4$  Gyr after the Big Bang.

### 6.2. Star Formation at $z \sim 2$

Overall, while there are some commonalities between metal-poor star-forming regions locally and those at high redshift, some key differences remain, including composition (Fe-poor,  $\alpha$ -enhanced, Steidel et al. 2016), higher specific star formation intensities potentially impacting the IMF and close binary fraction, plus even if the mass and metallicity of a galaxy are the same at high and low  $z$ , the environment, gas accretion and merger rate, and AGN activity will be different. It is speculated that old galactic globular clusters (GCs) in particular are born as Young Massive Clusters (YMCs; Portegies Zwart et al. 2010) from an  $\alpha$ -enhanced composition, with a first generation of metal-poor massive and intermediate-mass stars present (Bastian & Lardo 2018), which could have contributed to the present-day chemical composition of the clusters (de Mink et al. 2009; Szécsi et al. 2018; Szécsi & Wünsch 2019).

Regarding future prospects, efforts have recently been made to build extensive spectroscopic catalogs of massive stars in Local Group dwarf galaxies with sub-SMC metallicities (Lorenzo et al. 2022). These catalogs will yield a proper characterization of the physical parameters of metal-poor massive stars and will correct stellar evolutionary models. By introducing their physical properties as inputs of photoionization codes (CLOUDY; Ferland et al. 1998), we will be able to study the conditions of their surrounding ISM and understand the stellar feedback of these metal-poor massive stars. Studying this interplay between individual massive stars and their surrounding ISM in metal-poor environments can help us interpret the observations of high- $z$  galaxies and even estimate the amount of ionizing photons that dwarf galaxies contributed to the reionization of the universe.

## 7. From Star-by-star Studies to IMF Averages and Population Synthesis

The sources of feedback energy from massive stars—their ionizing photon flux, the momentum carried by their stellar winds, and their ultimate fate as SNe—all depend strongly on the detailed physics of stellar evolution. Without a clear understanding of the physical processes involved in the lives and deaths of massive stars, we cannot understand the ultimate impact of stellar feedback on galaxies. Despite the urgency of this question, many theoretical studies of galaxy evolution make use of heavily simplified assumptions of how massive stars evolve. How can we translate the best current understanding of stellar evolution into a better foundation for theoretical models of galaxy formation?

Stellar feedback in galaxies has been invoked as a mechanism to control the galactic star formation rate, the growth of spheroids, and the baryon and metal content of

galaxy disks, among other galaxy-scale properties. Energy and momentum injected by massive stars can destroy star-forming clouds before they can convert the bulk of their gas into stars and ultimately drive powerful galactic winds that remove baryons from the disk. Capturing these processes, either in semianalytic models or hydrodynamic simulations, must begin with a robust budget (and timeline) for the relevant energy sources.

### 7.1. What Matters at the Scale of Galaxies?

Broadly speaking, the primary physical process that makes galaxies “care” about the stellar populations they contain is feedback. Galaxy-scale feedback is generally considered to be negative, with stellar feedback limiting galactic star formation by injecting turbulence (e.g., Padoan et al. 2016), driving galactic outflows (e.g., Larson 1974), or destroying star-forming molecular clouds (e.g., Chevance et al. 2022). In addition to the energy and momentum that stellar populations inject into their surroundings, the mass loss of stars can also pollute the ISM with metals produced in those stars, increasing the cooling rate of this gas and acting as a form of positive feedback (Hirschmann et al. 2013). Thus, the stellar physics that determines the energy and momentum of stellar winds, SN explosions, and UV radiation all act to change the impact of stellar feedback on the scale of galaxies.

For all but the smallest galaxies, the stellar populations driving feedback comprise tens of thousands or more stars. In addition, simulations of galaxies typically cannot resolve individual stars except in the smallest, most isolated systems. Thus, the primary questions that galactic astrophysicists must have for stellar astrophysicists come down to integrated or population-averaged quantities. Simulations of galaxies may include SNe, stellar winds, or UV feedback (or any combination of these). What is needed are mass loss, energy and momentum injection, and UV photon production rates as a function of time (in other words, the yields of each of these quantities). A detailed study of an individual star will not alone suffice for this: What is needed is an understanding of a fully sampled IMF. As the small-scale environment of individual stars is unknown and unresolved in these simulations, the only dependency of these quantities that can be probed is ones that are again population averaged, such as the birth metallicity (Badenes et al. 2018) or ISM density (Chabrier et al. 2014). The tool typically used to determine the population-averaged yields needed for galaxy simulations is population synthesis.

### 7.2. Population Synthesis and Simple Stellar Populations

No matter whether galaxies are modeled using analytic approximations, semianalytic models, or full hydrodynamic simulations, the phenomena occurring inside and around individual stars necessarily must be averaged across large numbers ( $10^3$ – $10^7$ ) of stars. Historically, this has been done

through the use of population synthesis of simple/single stellar populations (SSPs). SSPs are groups of stars, sampled from a given IMF (e.g., Leitherer et al. 1999), which are assumed to have been born at a fixed time, with identical chemical properties. Population synthesis models allow simulation codes to determine, as a function of time, the yields of mass, metals, and energy produced by the individual star particles within those simulations (or from an assumed population in an analytic or semianalytic model). Typically, this is done via either tabulated outputs from a population synthesis code (e.g., Leitherer et al. 1999; da Silva et al. 2012) or through analytic functions fit to these yields. While this hides much of the stellar physics involved in producing these yields “under the hood” of the population synthesis model, it does offer us the opportunity to more easily incorporate a sophisticated model of stellar evolution without significant work required to redesign galaxy simulation codes.

## 8. Connecting Theory and Observations

Theoretical approaches such as simulations are essential in astrophysics since laboratory experiments of most astronomical phenomena are impossible. Using theoretical results to inform observational results requires the creation of “synthetic” observations, or mock observational results generated using simulated inputs. This can take the form of simulated stellar spectra, multiwavelength gas emission maps, mock galaxy catalogs, and more. This process is important both for observers, who may wish to understand the systems they observe with full 3D and time information, and theorists who wish to better constrain their models.

Creating mock observations is a complex process with many steps that must be treated properly to produce accurate results. This is a subject that has been widely discussed on various scales, from the regions around stars (see review by Haworth et al. 2018) to cosmological galaxy formation (e.g., Guidi et al. 2015).

There are various hurdles relevant to stellar evolution and feedback that must be overcome if we are to close the gap between observed systems and theoretical predictions for how they behave. One key issue is ensuring that the physical structure of the observed system is realistic. This is highly affected by stellar feedback on all scales, which in turn is affected by the details of (massive) stellar evolution, as discussed in previous Sections. Conversely, with accurate theoretical models, it may be possible to use observations of feedback-driven structures as archaeological tools to inform studies of how stars evolve.

The motion of interstellar gas is chaotic since it requires solutions to the coupled nonlinear equations for (radiative magneto) hydrodynamics and  $N$ -body gravitation. This means that small perturbations to the early state of the cloud, such as initial seed turbulence or differences in stellar output, can have

large cumulative effects on the later evolution of astrophysical systems. The variance from differences in stellar input and initial gas properties have been explored in star-forming regions (Geen et al. 2018) and galaxies (Keller & Kruijssen 2022). Some linear responses and mitigation of sampling errors are recoverable using statistical analysis and comparisons of large catalogs of both simulations and observations (Eadie et al. 2018). However, the physical divergence of solutions to sets of nonlinear equations over time remains a serious concern in reproducing astronomical phenomena using simulations.

Simulations will often necessarily simplify or omit certain details of real-world physics for the sake of producing computationally feasible or reducible results. Some models assume 1D or 2D geometries with symmetry in other dimensions or ignore effects such as (non)ideal magnetohydrodynamics, gas chemistry, thermal conduction, etc. Choices concerning simulated system size and resolution must also be made. Many of these assumptions may be reasonable and lead to minimal impact on the end result (e.g., through convergence in simulation resolution), but it is often hard to determine whether this is true without access to more expensive, physically complete simulations.

Finally, the emission and absorption properties of stars and interstellar gas are complex but are nonetheless required to be reproduced in detail if we wish to create accurate synthetic observations. This may be relatively simple for low-opacity systems with well-understood stellar populations but becomes complex in other more general cases. Efforts have begun to connect the actions of stars to the emission properties of interstellar nebulae (see, e.g., Pellegrini et al. 2020). However, the problem remains a difficult and costly one. A solution requires a good understanding of stellar evolution, feedback physics, and gas microphysics and chemistry, all operating together over the lifetime of a system.

One mitigation for these problems may be found in posing questions in a way that reduces the impact of some of the uncertainties given above. Rather than producing a 1:1 comparison of individual objects, we may instead seek an interval of validity—that is to say, a set of possibilities informed by simulations that constrain certain parameters. Public data availability through standard databases would assist in this by allowing simulators and observers to access large quantities of relevant information, provided the limitations of the simulations and observations within the databases (e.g., resolution limits, systemic errors, or important physical choices) are properly understood by the user. To ensure that the interval of validity and limitations are properly understood, increased collaborations between observers and simulators in the near future will be helpful.

## 9. Conclusions

The interplay between stars and their environment (termed “stellar feedback”) is a long-standing problem that nonetheless is still the subject of active study. These questions remain open for numerous reasons, relating to the complexity of large-scale astrophysical gas dynamics and of the evolution of stars, individually and in multiple stellar systems.

The outcome of the workshop was to identify a wide-ranging set of points of interaction between massive stars and the gas in galaxies, from the scale of protostellar disks to cosmological scales. In addition, the workshop highlighted the need for detailed discussions between researchers working on different aspects of both stellar evolution and feedback. For example, bridging the scales of molecular clouds and galaxies is important in tracking how the impact of massive stellar evolution is felt on (cosmological) galaxy scales.

Much of this work is concerned with providing an inventory of the variables and unknowns affecting each field and how they relate to each other. For example, metallicity plays an important role in both the wind and radiation outputs from massive stars and the impact these processes have on the gas in galaxies through radiative cooling efficiencies. We provide a detailed discussion of both the theoretical and observed behavior of stars and gas at different metallicities, using our local galactic environment and higher-redshift galaxies as observational examples of this. Meanwhile, there remain strong uncertainties in the budget of mass, energy, and chemical enrichment from winds, radiation, and SNe at different metallicities, including whether certain stars become SNe at all (“islands of explodability”).

We discuss the effects governing stellar evolution, including both internal effects such as mixing and magnetic fields, and external effects such as interaction with companion stars and how this shapes feedback. Determining the internal structure of stars remains difficult, although there are promising techniques for doing so using asteroseismology and comparison with theory, which in turn offers the ability to constrain a new generation of theoretical stellar evolution models. Multiple stellar evolutions greatly complicates the evolutionary path of massive stars. Nonetheless, understanding stellar multiples remains crucial not only because a large fraction, or even the majority, of massive stars are in binaries, but also because interacting binaries drastically change the feedback properties from massive stars, both before and after the stars go SN. This in turn can even influence how cosmological processes such as reionization occur.

We note that it is important to understand not just the action of individual stars or binary systems, but how feedback from stars combines as populations in galaxies. This in turn is important for determining what we know about individual stars when observing distant galaxies where individual stars cannot be resolved.

Finally, we discuss efforts to compare theory and observations in detail. This remains a difficult task, since modeling the spectral emission from atmospheres of stars, as well as (photo- and collisionally) ionized gas, is nontrivial, although more recently software tools are now able to perform this task. More worryingly, as (astrophysical) fluids evolve nonlinearly and precise information about the initial state of an observed system is often difficult to obtain, direct one-to-one comparison is often challenging or impossible, and we must often rely on statistical comparisons.

Overall, we believe that this is an exciting time to begin widening discussions between workers in the fields of stellar evolution and feedback, with advances in theory and observations in both fields allowing great improvements in our understanding of astrophysics, both from the point of view of the birth and evolution of stars in a galactic context and also an inventory of how energy propagates from stars to shape local star formation, whole galaxies, and the wider universe.

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