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Responses to systemic therapy in metastatic pheochromocytoma/paraganglioma: a retrospective multicenter cohort study

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Abstract

Objective: The therapeutic options for metastatic pheochromocytomas/paragangliomas (mPPGLs) include chemotherapy with cyclophosphamide/vincristine/dacarbazine (CVD), temozolomide monotherapy, radionuclide therapies, and tyrosine kinase inhibitors such as sunitinib. The objective of this multicenter retrospective study was to evaluate and compare the responses of mPPGLs including those with pathogenic variants in succinate dehydrogenase subunit B (*SDHB*), to different systemic treatments.

Design: This is a retrospective analysis of treatment responses of mPPGL patients ($n = 74$) to systemic therapies.

Methods: Patients with mPPGLs treated at 6 specialized national centers were selected based on participation in the ENSAT registry. Survival until detected progression (SDP) and disease-control rates (DCRs) at 3 months were evaluated based on imaging reports.

Results: For the group of patients with progressive disease at baseline (83.8% of 74 patients), the DCR with first-line CVD chemotherapy was 75.0% ($n = 4$, SDP 11 months; *SDHB* [$n = 1$]: DCR 100%, SDP 30 months), with somatostatin peptide receptor-based radionuclide therapy (PPRT) 85.7% ($n = 21$, SDP 17 months; *SDHB* [$n = 10$]: DCR 100%, SDP 14 months), with ^{131}I -meta-iodobenzylguanidine (^{131}I -MIBG) 82.6% ($n = 23$, SDP 43 months; *SDHB* [$n = 4$]: DCR 100%, SDP 24 months), with sunitinib 100% ($n = 7$, SDP 18 months; *SDHB* [$n = 3$]: DCR 100%, SDP 18 months), and with somatostatin analogs 100% ($n = 4$, SDP not reached). The DCR with temozolomide as second-line therapy was 60.0% ($n = 5$, SDP 10 months; *SDHB* [$n = 4$]: DCR 75%, SDP 10 months).

Conclusions: We demonstrate in a real-life clinical setting that all current therapies show reasonable efficacy in preventing disease progression, and this is equally true for patients with germline *SDHB* mutations.

Keywords: metastatic pheochromocytoma, paraganglioma, PRRT, MIBG, CVD, *SDHB*, systemic therapy

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Significance

It is currently unclear which systemic therapies for metastatic pheochromocytomas/paragangliomas (mPPGLs) are effective. We present disease-control rates (DCRs) at 3 months and survival until detected progression for the most common systemic therapies in a multicenter cohort of 74 patients analyzed retrospectively, emphasizing the results in patients with progressive disease and succinate dehydrogenase subunit B (*SDHB*) mutations. The DCR at 3 months for patients progressive at baseline treated with cyclophosphamide/vincristine/dacarbazine (CVD) chemotherapy was 75.0% ($n=4$), with somatostatin peptide receptor-based radionuclide therapy (PRRT) 85.7% ($n=21$), with ^{131}I -meta-iodobenzylguanidine (^{131}I -MIBG) 82.6% ($n=23$), with sunitinib 100% ($n=7$), and with somatostatin analogs 100% ($n=4$). In conclusion, we show that all different systemic therapies for mPPGLs including those with pathogenic variants in *SDHB* are effective in the case of progressive disease, justifying their use in treatment programs.

Introduction

Pheochromocytomas (PHEOs) and paragangliomas (PGLs) (together, PPGs) are a group of relatively rare, clinically heterogeneous endocrine tumors.¹ Pheochromocytomas arise in the adrenal medulla and are metastatic in 10%-15% of cases.²⁻⁴ Paragangliomas are metastatic in 35%-40% of cases and occur either in the paraganglia of the sympathetic (thorax, abdomen, and pelvis) or parasympathetic (head and neck) nervous systems.²⁻⁴ Independent of their initial clinical presentation and histological features, all PPGs are considered to have metastatic potential. Therefore, the World Health Organization (WHO) defines malignant disease by the presence of metastasis at distant sites where chromaffin cells are physiologically absent.⁵ Pheochromocytomas and paragangliomas have a high degree of heritability with germline pathogenic variants detected in 30%-35% of patients and somatic pathogenic variants in a further 35%-40% of patients with PPGs.⁶⁻⁸ Different mutational landscapes are associated with specific clinical features, biochemical phenotypes, location, and long-term prognosis.^{3,9} Specifically, patients with succinate dehydrogenase subunit B (*SDHB*) pathogenic variants have a higher risk for metastatic disease.^{3,10,11} Succinate dehydrogenase subunit B-related PPGs not only metastasize more often, but they also have a more extensive vascular supply and locoregional invasive behavior and recurrence.¹²⁻¹⁴ Succinate dehydrogenase subunit B pathogenic variants are associated with higher somatostatin receptor 2 (SSTR2) expression.^{15,16}

Local or systemic therapies for patients presenting with metastatic PPG (mPPG) should be individualized, and, whenever possible, therapy regimens should be chosen based on multidisciplinary endocrine tumor board recommendations.^{3,5} Chemotherapy with cyclophosphamide, vincristine, and dacarbazine (CVD) may be used in patients with rapidly progressive mPPGs or a high visceral tumor burden where tumor shrinkage is required.^{3,17,18} In patients with slow-to-moderate progression and positive SSTR2 or positive meta-iodobenzylguanidine (MIBG) radionuclide imaging, somatostatin peptide receptor-based radionuclide therapy (PRRT), or (high or low specific activity) ^{131}I -MIBG are therapeutic options.^{3,5,11,19-22} Peptide receptor-based radionuclide therapy is already an officially approved and highly effective therapy option for patients with advanced midgut and pancreatic neuroendocrine tumors.²³ For slowly to moderately progressing PPGs that are not eligible for PRRT or MIBG or in the case of progression to first-line therapy, temozolomide (with or without capecitabine), or tyrosine kinase inhibitors (TKIs), such as sunitinib,³ may be employed.³ However, apart

from high specific activity MIBG in the United States, none of the systemic therapy options is officially Food and Drug Administration (FDA)-approved for the treatment of PPGs.

Several novel targeted therapies are currently being investigated for patients with metastatic or locally advanced PPGs.^{3,11,17} These include radionuclide therapy with SSTR2 antagonists (NCT 02592707), combination strategies with radiosensitizers, cold SSTR2 analogs (lanreotide; LAMPARA, NCT03946527), poly (ADP-ribose) polymerase (PARP) inhibitors plus temozolomide (NCT04394858, NCT5142241), HIF-2 α inhibitors (belzutifan [PT2977]; NCT04924075), immunotherapy (checkpoint inhibitors; NCT02721732), different TKIs (NCT00843037, NCT02302833, NCT03839498, NCT03008369, NCT04860700, NCT05133349), TKIs in combination with immunotherapy (NCT04400474), farnesyltransferase inhibitors (NCT04284774), and therapeutic vaccines (NCT04187404).^{3,17} Overall, because of the low patient numbers and diverse treatment options, comparative studies on treatment response are missing.

Therefore, the objective of this multicenter retrospective study was to evaluate and compare the responses of patients with mPPGLs including those with *SDHB* pathogenic variants to different systemic treatments.

Material and methods

Study population

This retrospective study included 74 patients with mPPGLs treated at 6 specialized endocrine tumor centers in Germany (Munich, 12 patients; Dresden, 6 patients; Lübeck, 1 patient; Würzburg, 32 patients), the Netherlands (Nijmegen, 19 patients), and Switzerland (Zurich, 4 patients). Inclusion criteria were the diagnosis of a mPPGL at first diagnosis or follow-up, participation in the “Prospective Monoamine-Producing Tumor study” (PMT study) for patients from Munich, Dresden, Lübeck, and Würzburg and/or in *European Network for the Study of Adrenal Tumors* (ENS@T) for patients from Nijmegen and Zurich, treatment with at least 1 line of systemic therapy, and metastatic disease. Metastatic PPG was defined by the presence of distant metastases at sites where chromaffin cells are physiologically absent.⁵ Further inclusion criteria were the availability of medical records with adequate follow-up data after treatment. The study was conducted in line with the principles of the Declaration of Helsinki and according to the law and regulations of the Ethics Commission of the Canton of Zurich under the reference number BASEC 2017-00771 as part of ENS@T. Written informed consent was obtained from each patient or parental consent in the case of children prior to participation.

Systemic treatments analyzed as part of this study were administered between January 1994 and January 2023.

Clinical data were extracted from medical records, and, when detailed reports were available, treatment responses were evaluated according to *Response Evaluation Criteria In Solid Tumors* (RECIST). When no radiologic reports were available, responses to treatment were used as described in "tumor board" recommendation letters.

The imaging modalities were heterogeneous and included computed tomography (CT) scans; positron emission tomography (PET)/CT scans including gallium-68-labeled-DOTA-somatostatin receptor analog ($[^{68}\text{Ga}]\text{-DOTA-SSA}$) PET/CT, $[^{18}\text{F}]\text{-fluoro-l-phenylalanine}$ ($[^{18}\text{F}]\text{-FDOPA}$) PET/CT, and fluorodeoxyglucose (FDG) PET/CT; iodine-123 MIBG scan; and magnetic resonance imaging (MRI).

Disease burden at the start of systemic therapy and progression at baseline was defined as either indicated in the tumor board recommendation letters or in the imaging reports in the last imaging before start of the systemic therapy. Extensive metastatic disease was defined by more than 5 metastases in 1 organ or metastases in at least 2 organ systems; oligometastatic disease was defined by <5 metastases in 1 organ.

Progression under therapy was defined as progression described in the imaging report or in the tumor board recommendation letter based on imaging results.

The response to PRRT was evaluated at 3 and 6 months after treatment initiation. The response to all other systemic treatments was assessed 3 months after treatment initiation. The disease-control rate (DCR) at 3 months was calculated as the percentage of the sum of patients who achieved a complete response, partial response, or stable disease 3 months after the start of systemic therapy. Response evaluation was purely based on imaging, and a biochemical response was not considered for this calculation. When data on measurement of plasma or urine metanephrine, normetanephrine, or methoxytyramine were available, elevated values or values within the reference range were reported, and classification of catecholamine phenotype was performed as described by Eisenhofer *et al.*²⁴

Due to non-standardized follow-up imaging, "survival until detected progression" (abbreviated SDP) was calculated as time from start of the therapy until progression was detected by imaging or as described in the tumor board recommendation letter based on imaging results.

The data on PRRT and somatostatin analogs (SSA) have previously been published in part in Fischer *et al.* (JCEM, 2023).¹⁶ In the current study, we have additionally analyzed the data on PRRT and SSA specifically for the subgroup *SDHB*-related PPGs; we have included tumor burden and added new follow-up data.

Sequencing

Sequencing was performed by local centers or the Spanish National Cancer Research Center (CNIO) in Madrid, Spain, in germline or tumor DNA by next-generation sequencing (NGS), as previously described (Fischer *et al.*, JCEM 2023).¹⁶ When patients agreed to genetic sequencing, they first received genomic sequencing at local centers. Genes covered were *NF1*, *RET*, *SDHA*, *SDHAF2*, *SDHB*, *SDHC*, *SDHD*, *VHL*, *TP53*, *TMEM127*, *MAX*, *MET*, and *FH* in Würzburg, Lübeck, Munich, and Zurich. In Nijmegen,

patients received germline testing based on clinical evaluation with a NGS panel including *SDHA*, *SDHB*, *SDHC*, *SDHD*, *SDHAF2*, *TMEM127*, *MAX*, *VHL*, *FH*, *MDH2*, *RET*, and *NF1*. In patients from Dresden, genetic testing for germline pathogenic variants of *SDHx*, *VHL*, *FH*, *MDH2*, *EPAS1*, *TMEM127*, *MAX*, and *RET* was performed using NGS and/or Sanger sequencing as described before.⁸ In Dresden, testing of patients also included NGS directed primarily to test tumor tissue for somatic pathogenic variants of *VHL*, *RET*, *SDHB*, *SDHC*, *SDHD*, *MAX*, *TMEM127*, *NF1*, *HRAS*, and *HIF2a* genes. For *NF1*, the diagnosis was based mainly on genetic testing and on clinical manifestations according to established criteria.²⁵

Genes covered in the panel at CNIO to detect somatic variants were *VHL*, *RET*, *SDHA*, *SDHB*, *SDHC*, *SDHD*, *SDHAF2*, *SDHAF1*, *MAX*, *HIF1A* (exon 12), *HIF2A* (exon 12), *TMEM127*, *HRAS*, *KRAS*, *NF1*, *GOT2*, *FH*, *MDH2*, *SLC25A11*, *DNMT3A* (exon 8), *DLST* (exon 14), *MERTK* (exon 17), *IDH1*, *IDH2* (exon 4), *CSDE1*, *EGLN1*, *EGLN2*, *BRAF* (exon 15), *MET* (exons 14–21), *FGFR1* (exons 12 and 14), *KIF1B*, *CDKN1B*, *MEN1*, *PTEN*, *H3F3a*, *ATRX*, and the *TERT* promoter region. Pathogenic variants were also assessed in peripheral blood DNA samples when available and confirmed by Sanger sequencing. Multiplex Ligation-dependent Probe Amplification (MLPA) (MRC Holland) was performed for *VHL* and *SDHx* using blood DNA in those with clinical signs but negative NGS results. Classification of identified variants was performed according to standards and guidelines of the *American College of Medical Genetics and Genomics* and the *Association for Molecular Pathology* (ACMG-AMP).²⁶

Statistical analysis

The DCR at 3 months was calculated as the percentage of the sum of patients who achieved a complete response, partial response, or stable disease 3 months after the start of therapy. The DCR was calculated for all patients and, separately, for the subgroup of patients progressive at baseline and the subgroup of patients with *SDHB* pathogenic variants. The median time of SDP under therapy and median time between the first surgery and start of first systemic therapy was calculated with the Kaplan–Meier method for patient subgroups. Statistical analyses were performed using *Stata* Statistical Software, Release 16 (StataCorp LLC, College Station, Texas, USA).

Results

Patient characteristics

A total of 74 patients with metastatic PHEO (41 patients) or PGL (33 patients) were included in this study. Patient characteristics and pathogenic variants are summarized in Table 1. Of 74 patients, 47 were male (63.5%). Sequencing data (germline or somatic or both) were available in 64/74 (86.5%) of patients with 24 patients (32.4%) harboring *SDHB* pathogenic variants.

Surgery as first-line therapy before starting systemic therapy was performed in 68/74 (91.9%) patients. The median time from first surgery to start of first systemic therapy was 41 months (minimal 1 month to maximal 409 months) overall and 35 months for the subgroup of *SDHB*-related PPGs (minimal 1 month to maximal 409 months). In R0-resected

Table 1. Summary of patient characteristics.

	Metastatic PPGL patients with systemic treatment (n = 74)
Age at surgery	
Median (range)	48.1 (9–77)
Gender	
Female (%)	27 (36.5%)
Male (%)	47 (63.5%)
Entity at diagnosis	
Pheochromocytoma	41 (55.4%)
Paraganglioma	33 (44.6%)
Tumor diameter	
Mean (+/-SD) in mm	79.6 (+/- 44.0)
Sequencing performed	
Germline	58 (77.0%)
Somatic	2 (2.7%)
Germline and somatic	4 (5.4%)
None	10 (13.5%)
Mutation	
ATRX	1 (1.4%)
HRAS	3 (4.1%)
MAX	1 (1.4%)
RET	1 (1.4%)
SDHA	2 (2.7%)
SDHB	24 (32.4%)
SDHC	1 (1.4%)
SDHD	2 (2.7%)
VHL	2 (2.7%)
No pathogenic variant (germline and somatic)	2 (2.7%)
No pathogenic variant (only germline sequencing)	25 (33.8%)
No sequencing performed	10 (13.5%)

PPGLs without metastases and without pathogenic variants in the *SDHB* gene (n = 33), the median time from first surgery to first systemic therapy was 70 months compared with 102 months in *SDHB*-related PPGLs (n = 11). In metastatic PPGLs with R1/R0 resection of the primary tumor without pathogenic variants in the *SDHB* gene (n = 12), the median time from first surgery to first systemic therapy was 15 months compared with 5 months in *SDHB*-related PPGLs (n = 8). The difference between *SDHB* PPGLs and other PPGLs within the group of R0/non-metastatic and R1/metastatic tumors was not statistically significant (*log-rank test*). There were only 4 patients with R1 resection without metastases (n = 2 *SDHB* tumors; n = 2 non-*SDHB* tumors). The median time from first surgery to first systemic therapy was 9 months compared with 2 months in the *SDHB*-related PPGLs.

In total, 62/74 (83.8%) of patients were progressive at baseline when first-line systemic therapy was started. Of those, 39 (52.7%) had complete tumor resection (R0) without remaining metastases at first surgery. Resection status and time from surgery until start of systemic therapy for individual patients are shown in **Table 2** for first-line systemic treatment, in **Table 3** for second-line systemic therapy, and in **Table 4** for third-line systemic therapy.

Response to different systemic therapies

All 74 patients included in this study were treated with at least 1 line of systemic therapy. Second-line therapy was initiated in 29/74 (39.2%) patients who progressed after first-line systemic treatment. Third-line systemic treatment after progression to second-line therapy was administered in 14 patients

(18.9%). The DCR at 3 months for first-, second-, and third-line systemic therapy for patients progressive at baseline is presented in **Figure 1** (in detail in **Table S1**), while the median SDP under first-line therapy in months is presented in **Table 5** and under second-line therapy in **Table 6**. Clinical details on individual patients as well as information on subsequent treatment lines are presented in **Tables 2**, **3**, and **4**. Kaplan–Meier survival curves are shown in **Figure 2** for first-line systemic therapy and in **Figure 3** for second-line systemic therapy for patients progressive at baseline.

Iodine-131 meta-iodobenzylguanidine therapy

In 27 patients treated with first-line ¹³¹I-MIBG therapy (n = 26 with available information on response to therapy), the DCR at 3 months was 84.6% (*SDHB* [n = 4; all progressive at baseline]: DCR 100%). The DCR for patients with progressive disease at baseline (n = 23) was 82.6%. The median SDP with ¹³¹I-MIBG therapy was 43 months (SDP progressive at baseline: 43 months; *SDHB* [n = 4, all progressive at baseline]: SDP 24 months). One patient received second-line ¹³¹I-MIBG therapy, showing stable disease (SDP 14 months).

Peptide receptor-based radionuclide therapy

In 22 patients (95.5% progressive at baseline) treated with first-line PRRT (n = 21 ¹⁷⁷Lu-DOTATATE; n = 1 ⁹⁰Y-DOTATATE; median number of cycles = 4), the DCR at 3 and 6 months was 82.6% (*SDHB* [n = 11, n = 10 progressive at baseline]: DCR 100%; n = 1 *SDHD*, stable disease). The DCR for patients with progressive disease at baseline (n = 21) was 85.7%. Overall, the median SDP (n = 21) was 18 months (*SDHB* [n = 12]: SDP 15 months; *SDHD* [n = 1]: SDP 126 months). For patients progressive at baseline, SDP was 17 months (n = 20; *SDHB* [n = 10]: SDP 14 months).

Six patients received second-line PRRT (after MIBG [n = 3], after CVD [n = 2], after SSA [n = 1]) with a DCR of 83.3% (*SDHB* [n = 2]: DCR 50.0%). The median SDP for PRRT as second-line (n = 6) was 11 months (*SDHB* [n = 2]: SDP 3 months).

Somatostatin analogs

For 6 patients treated with first-line SSA (4/6, 66.7% progressive at baseline), the DCR at 3 months was 100% (*SDHA*, *SDHB*, *SDHD*-related 1 patient each) overall and for patients progressive at baseline; the median SDP, overall and for patients progressive at baseline, with SSA was not reached, with a cumulative survival of 75.0% at 23 months (n = 6, *SDHB* [n = 1]: SDP 14 months).

Chemotherapy with CVD

In 5 patients treated with first-line CVD chemotherapy, the DCR at 3 months was 80.0% (*SDHB* [n = 2]: DCR 100%), and in 4 patients with progressive disease at baseline, the DCR was 75% (*SDHB* [n = 1]: DCR 100%). Patients treated with first-line CVD (n = 5) showed a median SDP of 18 months (*SDHB* [n = 2]: SDP 18 months). The SDP for patients progressive at baseline (n = 4) was 11 months (*SDHB* [n = 1]: SDP 30 months). Cyclophosphamide, vincristine, and dacarbazine as second-line was employed in 6 patients with a DCR of 66.7% (*SDHB* [n = 2]: DCR 100%). The median SDP under second-line therapy was longest with CVD (n = 6), with 21 months (*SDHB* [n = 2]: SDP 21 months).

Table 2. Treatment response to first-line systemic therapies and individual patient characteristics.

Pat. #	Genetics diagnosis	Entity at R1)	Surgery (R0 vs start first-line systemic therapy (in months)	Disease burden before first-line systemic therapy	Progressive disease at baseline before systemic therapy	Catecholamines at baseline before systemic therapy	Response of catecholamines to therapy	DCR at 3 months	SD at 12 months (yes vs no)	Time in months until last therapy to progression (imaging modality)	Documented side effect/general remarks
First-line CVD											
2	Not tested	mPheo	No resection	—	EMD (LG, LN)	Yes	Elevated	No	PD	No	None
6	SDHB (germline)	mPGL	R1m	5	EMD (LG, BN)	Yes	Non-functional	—	SD	Yes	18 (CT) 30 (CT)
43	Negative (germline)	Pheo	R0	175	EMD (LN, LV>5)	Yes	Elevated (dopaminergic)	Decrease	PR	No	5 (FDG)
54	Negative for VHL, RET, SDHB/D	Pheo	R0 (2001), R1 (2003)	28 (LN)	Recurrence, OMD	Yes	Na	na	SD	Yes	na 20 (CT)
72	SDHB (germline)	mPheo	No surgery at diagnosis, neoadjuvant treatment	—	Local infiltration, EMD (LV, BN, LN)	na	Non-functional	—	SD	Yes	14 (FDG) 18 (FDG)
First-line TMZ											
39	SDHB (germline)	mPGL	No surgery	EMD (BN, LN, LV)	Start at first diagnosis	Elevated (dopaminergic)	na	PR	Yes	34 (FDG)	36 (FDG)
First-line other chemotherapy											
35	Negative HNPGL (germline)	R0	78/cisplatin etoposide	EMD (>5 LN)	Yes	Non-functional	—	na	na	na	na
70	Negative (germline)	Pheo	R0	18/streptozotocin and 5FU	EMD (LG [1], BN [2])	Yes	na	na	PD	No	—
27	SDHB (germline)	PGL	R0m (LG)	GOPH-MET scheme na	na	na	na	SD	Yes	174 (DOTA)	None
32	ARTX (somatic)	PGL	R0m (LN)	5/6 cycles carboplatin/ etoposide	EMD (>5 LN)	Yes	na	na	PD	No	—
First-line MBG											
1	VHL (germline)	Multiple PGL	R1m (2008), R1m (2009)	18	EMD (LN)	Yes	Elevated (noradrenergic)	Decrease by 2/3	SD	Yes	12 years (MRI) 10 years (DOTA) —
3	SDHB (germline)	PGL	R0	19 years	EMD (LN, BN)	Yes	Slightly elevated	No	SD	Yes	7 years (MBG 7 years (MBG scan) 16 scan) None
7	Negative (germline)	Pheo	R0 (98), recurrence R0 (03)	96	Recurrence, OMD (LG)	Yes	Elevated (noradrenergic)	na	SD	Yes	12 years (MRI) 10 years (DOTA) —
8	SDHC (germline)	PGL	R0	10	EMD (LN>5)	Yes	Elevated (noradrenergic)	Decrease	SD	Yes	16
11	Negative (germline)	Pheo	R0 (14), R1 (19)	82	Recurrence, OMD (LN)	Yes	Elevated (noradrenergic)	Decrease (50%)	SD	Yes	24 (CT) None
12	SDHA (germline)	mPheo	No surgery	na	na	na	na	SD	Yes	10	120 (CT)
14	Negative (germline)	PGL	R0	10 years	EMD (LN>5 abdominal)	Yes	Non-functional	—	PR	Yes	na 53 (CT)

(continued)

Only 2 cycles due to progress/high ECOG At progress restart CVD, stop due to bone marrow toxicity after 2 cycles

Next therapy line was started 2.5 years later, in between no records

Patient died 10 months later

Surgery (liver wedge resection, R1m) 1.5 months after start CVD

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Table 2. Continued

Pat. #	Genetics diagnosis	Entity at diagnosis	Surgery (R0 vs R1)	Time surgery to start first-line systemic therapy	Disease burden before first-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline to therapy	Response of catecholamines to therapy	SD at 3 months (yes vs no)	SD at 12 months (yes vs no)	Time in months until documented progression from start documented therapy to last imaging modality	Documented side effect/general remarks
17	Negative (germline)	Pheo	R0	29 years	EMD (LN, BN, LG)	Yes	Elevated (noradrenergic)	Decrease	SD	Biochemical progression, CT stable	12	Biochemical progression, CT stable
18	na	mPGL	R1m (BN, LN)	12	EMD (LN, BN, LG)	Yes	No clear pattern	—	SD	Yes	12 (MBG scan)	Limited bone marrow reserve, frailty no further MIBG, died 21 months after start treatment
19	Negative (germline)	mPheo	R0m, 1 remaining LV	29 years	EMD (LN, BN, LG, LV)	Yes	Elevated (adrenergic)	Progress	PD	—	—	No follow-up
40	Negative (somatic)	Pheo	R0	8	EMD (LG, BN)	Yes	na	na	PD	—	—	3 (MBG scan)
41	SDHB PGL (germline)	PGL	R0, 2 years later recurrence, and LV	43	OMD (LG)	Yes	Slightly elevated (noradrenergic)	No clear response	SD	Yes	—	2 (CT)
42	Negative (germline)	Pheo	R0	23	EMD LN (>5)	Yes	Elevated (adrenergic)	Decrease	PR	Yes	76 (FDG)	15 (CT)
44	Negative (germline)	mPheo	R0 incl. hemihepatectomy	1 month	Right after R0 surgery	No	na	na	SD	Yes	—	35 (CT)
45	Negative (germline)	Pheo	R0 (89), R0 (93)	60	EMD LN (>5)	Yes	na	na	SD	No	na	12 (FDG)
46	Negative (germline)	Pheo	R0	60	EMD (LG >2, BN, LN)	Yes	na	na	PD	—	None	3
47	MAX (germline)	Pheo	R0 (88), R1 (14), remaining PGLs, BN (2)	316	EMD BN	Yes	Elevated (noradrenergic)	Decrease	SD	Yes	28 (FDG)	37 (DOTA)
56	Negative (germline)	Pheo	R0 (08), R1 (13)	5 years after first, 1 month after last	Recurrence, OMD (LN)	Yes	Elevate (noradrenergic)	Decrease	PR	Yes	29	None
61	na	Pheo	R0 (07)	10 years	Recurrence, OMD (LN)	Yes	na	na	SD	Yes	12 (FDG)	Aplasia after second MIBG
63	na	Pheo	R0 (14), R1 (17)	48	EMD (BN, LV)	Yes	Non-functional	—	SD	Yes	42 (DOTA)	None
71	na	mPheo	R0m, LV (3-5 metastasis)	3	OMD (LN)	na	na	na	na	na	na	Start CVD 1.5 years later
22	HRAS (somatic)	Pheo	R0 (01), R0 (04), R1 (06)	70	EMD (LN >5)	No, right after surgery	Elevated (noradrenergic)	Decrease	SD	Yes	168 (DOTA)	None
23	na	mPGL	R0m (BN)	3	OMD (BN)	Yes	Elevated (dopaminergic)	Decrease	PR	Yes	37 (CT/MIBG scan)	37 (CT/MIBG scan)
24	SDHB (germline)	Pheo	R0 (96)	204	EMD (BN >5)	Yes	Elevated (noradrenergic)	Decrease	SD	Yes	104 (DOTA)	None
25	VHL (germline)	Pheo	R0 (93)	96	EMD (LG, LN)	Yes	Non-functional	—	SD	Yes	9 years (DOPA)	Received concurrent SSA for 9 years
26	SDHB (germline)	mPheo	R0	17	EMD (BN, LN)	Yes	Elevated (noradrenergic)	Decrease	SD	Yes	18 (CT)	24 (FDG)
28	na	Pheo	R0	188	EMD (LN)	Yes	Elevated	No response	PD	No	—	4 (DOTA)
First-line PRRT	4 SDHB (germline)	PGL	R0 (98), R0 (99), mR0 (17)	20 years	EMD (LV, BN, LN)	Yes	Elevate (noradrenergic)	Decrease	SD	Yes	6 (DOTA)	No
9	SDHB (germline)	mPGL	R0m, BN, LN	4	EMD (BN, LN)	Yes	Non-functional	—	SD	Yes	6 (DOTA)	2 cycles, then thrombopenia, death 18 months later

(continued)

Table 2. Continued

Pat. #	Genetics diagnosis	Entity at R1)	Surgery (R0 vs systemic therapy (in months)	Time surgery to start first-line systemic therapy	Disease burden before first-line systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	SD at 3 months (yes vs no)	SD at 12 months (yes vs no)	Time in months until documented side effect/general remarks
13	SDHB (germline)	mPGL	R1m	6	EMD (BN >5)	Yes	Elevated (noradrenergic)	No response	SD	No
33	SDHD (germline)	HNPGl	R0	6	EMD (BN, LN)	Yes	Elevate (dopaminergic)	Slight reduction	SD	Yes
36	Negative (germline)	Pheo	R0	17	EMD (BN, LV)	Yes	Elevated (adrenergic)	na	SD	Yes
37	SDHB (germline)	PGL	R0m	5	EMD (BN >5)	No	na	SD	Yes	33 (DOTA) 41 (DOTA)
										Initially 2 cycles of PRRT, after progression again 2 cycles of PRRT (stable for now)
38	SDHB (germline)	PGL	R1	32	EMD (BN, LG, LN)	Yes	Elevated (dopaminergic)	No response	SD	Yes
48	Negative (somatic)	mPheo	R0	11	OMD (LN)	Yes	na	na	PD	No
49	Negative (somatic)	HNPGl	R0	18 years	OMD (BN <5)	Yes	na	na	PD	na
51	SDHB (germline)	PGL	RO (14), R1m (16)	41	EMD (BN)	Yes	Elevated	Slight reduction	SD	Yes
52	SDHB (germline)	mPGL	R1 (debulking)	2	EMD (BN, LN)	Yes	Elevate (noradrenergic)	Slight reduction	SD	na
55	SDHB (germline)	PGL	RO (94), recurrence RO (06), R1m (2010)	6 years after first, 3 months after last surgery	EMD (BN, LN)	Yes	Non-functional	Not elevated	SD	Yes
57	na	Pheo	RO (99), RO (06), R0m (07)	12 years	Recurrence, EMD (LN)	Yes	Elevated (noradrenergic)	Decrease	SD	Yes
62	SDHB (germline)	mPheo	No surgery	ED as metastatic disease (LV >5, LN, BN [2])	Start therapy at diagnosis	Elevated (noradrenergic)	—	—	—	—
										Start TMZ 1 month after PRRT because not enough tracer in the post scan
64	Negative (germline)	mPheo	R0m	15	OMD (BN)	Yes	Elevated (noradrenergic)	No response	SD	Yes
65	SDHB (germline)	PGL	R0	8 years	EMD (BN, LN, LV)	Yes	Elevated (noradrenergic)	Slight reduction	SD	na
66	Negative (germline)	Pheo	R0	6 years	OMD (LN)	Yes	na	SD	Yes	na
68	RET (germline)	mPheo	R0m	4	EMD (LN, LG, LV)	Yes	na	SD	PD	No
29	Negative (germline)	PGL	RO (93), 3× RO recurrence resection	26 years	EMD LN (>5), LV	Yes	Elevate (noradrenergic)	Decrease	PR	Yes
30	Negative (germline)	mHNPGl	R0m	17	EMD (LG, LN, BN)	Yes	slightly elevated (dopaminergic)	No response	SD	Yes
20	SDHB (germline)	mPGL	R1m	4	OMD (BN)	Yes	slightly elevated (noradrenergic)	Decrease	SD	Yes
74	SDHB (germline)	mPGL	R0m	5	EMD (BN, LN)	Yes	Elevated (noradrenergic)	No response	SD	No
73	HRAS (somatic)	PGL	R0	45	EMD (LN >5)	Yes	—	—	SD	No
										9 (DOTA) 3 (DOTA) 1 cycle
First-line SSA	SDHD (germline)	HNPGl	R0	29 years	Recurrence HNPGl, OMD (BN)	Yes	Non-functional	—	SD	Yes
10										36 (DOTA) None
										SSA stopped after 2 years due to diarrhea (continued)

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Table 2. Continued

Pat. #	Genetics diagnosis	Entity at diagnosis	Surgery (R0 vs R1)	Time surgery to start first-line systemic therapy (in months)	Disease burden before first-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	DCR at 3 months	SD at 12 months (yes vs no)	Time in months until documented progression last	Time in months from start documented therapy to progression	Documented side effect/general remarks
15	Negative (germline)	HNPGl	R1	9	EMD (LG, LN, LV, BN)	Yes	Non-functional	—	SD	Yes	35 (DOTA)	None	
16	Negative (germline)	HNPGl	No surgery	—	EMD (LN, LG, BN)	Yes	Non-functional	—	SD	Yes	18 (DOTA)	None	
34	HRAS (somatic)	Pheo	R0	43	OMD (LN)	No	Non-functional	—	SD	Yes	11 years	None	
50	SDHA (germline)	HNPGl	R0	83	EMD (BN)	Yes	na	na	SD	Yes	20 (DOTA)	New LV and LG under SSA, regressed under continued SSA, since stable	
58	SDHB (germline)	PGL	R0	39	OMD (BN)	No	na	na	SD	Yes	na	14	
First-line sunitinib			mPGL (germline)	R0, remaining BN metastasis	65	EMD (BN, LN)	Yes	Elevated (noradrenergic)	No	SD	Yes	15 (FDG)	
53	na	mPheo											
59	Negative (germline)	mPheo	R0 (14), R1m (15) debulking LG, LN (>5)	32	Right after surgery	EMD (BN, LV)	No, right after surgery	Elevated (noradrenergic)	—	—	—	—	
60	No germline mutations in VHL, RET, SDHx	mPheo	R0m (LN >10)	23	EMD (LN)	Yes	Elevated (noradrenergic)	Decrease	SD	Yes	15 (FDG)	Mucositis, diarrhea, weight loss	
67	SDHB (germline)	Pheo	R0	35	EMD (LN, BN, LG)	Yes	Elevated	Slight reduction, no normalization	SD	Yes	21 (FDG)	AE grade III, stop after 28 months, patient died afterwards	
69	SDHB (germline)	Pheo	R0 (87), R0 (04), R1 HNPGLs 07, 15, 20	34 years after first, 12 after last	Recurrence, OMD (BN)	Yes	Elevated (noradrenergic)	No response	SD	No	6 (FDG)	None	
31	Negative (germline)	Pheo	R1	29	EMD (LG, disseminated), LV (1)	yes	Non-functional	—	SD	No	5 (CT)	7 (CT)	
21	na	mPheo	R0m, LG	16	EMD (LN, LG)	Yes	Elevated (noradrenergic)	Decrease	SD	No	3 (CT)	5 (CT)	
												Dose reduction due to dyspnea and thrombocytopenia (grade II)	

Abbreviations: AE, adverse event; BN, bone metastasis; Ctx, chemotherapy; CTx, cyclophosphamide, vincristine, and dacarbazine; CT, computed tomography; DOPA, ¹⁸F-fluoro-L-phenylalanine PET/CT; DOTA, gallium-68-labeled-DOTA-somatostatin receptor analog PET/CT; EMD, extensive metastatic disease (at least 5 metastases in 1 organ or metastases in at least 2 organs); FDG, fluorodeoxyglucose PET/CT; LG, lung metastasis; LN, lymph node metastasis; OMD, oligometastatic disease (<5 metastasis in 1 organ); MIBG, ¹³I-MIBG therapy; MIBG scan, iodine-123 meta-iodobenzylguanidine (MIBG) scan; MRI, magnetic resonance imaging; na, not available; PR, progressive disease; RI, partial response; PRRT, somatostatin peptide receptor-based radionuclide therapy; R0m, R0 surgery with remaining metastases; R1m, R1 surgery with remaining metastases; SD, stable disease; SSA, somatostatin analogs; TMZ, temozolomide; TKI, tyrosine kinase inhibitor.

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Table 3. Treatment response to second-line systemic therapies and individual patient characteristics.

Pat. #	Genetics	Entity at diagnosis	Previous treatment	Time start last treatment to start new treatment (in months)	Disease burden before second-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	DCR at SD at 12 months (yes vs no)	Time in months from start therapy to last imaging showing stable disease (imaging modality)	Documented side effect/general remarks
Second-line CVD											
39	SDHB (germline)	mPGL	No surgery, TMZ	45	EMD (BN, LN, Yes LV [2]) progress tumor bulk	Elevated (dopaminergic)	No	SD	na	3 (FDG)	na
45	Negative (germline)	mPheo	MIBG	12	EMD (LN > 5) Yes	na	SD	Yes	na	24 (FDG)	
68	RET (germline)	mPheo	1 cycle PRRT	3	EMD (LG, LV, Yes BN)	na	PD	No	—	3 (FDG)	Cytopenia
71	na	mPheo	MIBG	18	na	na	PD	—	—	3	
26	SDHB (germline)	mPheo	MIBG	36	EMD (BN, LN Yes abdominal) EMD (LG > 5, Yes fast progress)	Elevated (noradrenergic)	PR	Yes	15 (FDG)	21 (FDG)	12 cycles CVD afterwards TMZ
21	na	mPheo	SUN	5	EMD (LG > 5, Yes fast progress)	Elevate (noradrenergic)	Decrease	PR	Yes	60 (CT)	CVD stop after 12 cycles (SD), 5 years later chemotherapy for pancreatic cancer
Second-line TMZ											
4	SDHB(germline)	PGL	PRRT	237	EMD (LV, BN, Yes LN) EMD (LN)	Elevated (noradrenergic)	Decrease	SD	No	5 (CT)	10 (CT)
74	SDHB (germline)	mPGL	PRRT	12	EMD (LN)	Elevated	Reduction, no normalization	PD	No	—	3 (DOTA)
13	SDHB (germline)	mPGL	PRRT	20	EMD (BN > 5) Yes	Elevated (noradrenergic)	Decrease	PR	Yes	6 (DOTA)	14
62	SDHB (germline)	mPheo	No surgery, 1 cycle PRRT	1	EMD (LV, LN, Yes BN [2]) EMD (LN, LV, Yes BN)	Elevated (noradrenergic)	Decrease	SD	Yes	24 (FDG)	None
66	Negative (germline)	mPheo	PRRT	36	EMD (BN > 5) Yes	Elevated (noradrenergic)	No response	PD	No	—	3 (FDG)
Second-line MIBG											
35	Negative (germline)	HNPG	Chemotherapy	30	EMD (BN > 5) Yes	Non-functional	—	SD	Yes	na	14
Second-line PRRT											
44	Negative (germline)	mPheo	MIBG	35	EMD (BN > 5), yes LN, multiple LV)	Elevated (noradrenergic)	Decrease	SD	na	6 (DOTA)	18 (DOTA)
54	Negative for VHL, RET, SDHB/D	mPheo	CVD, 1 × Yttrium 90	12	EMD (LN, LV) Yes	na	SD	No	na	11 (DOTA)	
58	SDHB (germline)	M PGL	SSA	20	EMD (BN, LG) Yes (BN < 5)	na	PD	No	—	3 (CT)	Only 1 cycle

(continued)

Table 3. Continued

Pat. #	Genetics	Entity at diagnosis	Previous treatment	Time start last treatment to start new treatment (in months)	Disease burden before second-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	DCR at SD at 12 months (yes vs no)	Time in months from start therapy to last imaging showing stable disease (imaging modality)	Documented side effect/general remarks
28	na	Pheo	MIBG (1 cycle)	4	EMD (LN) EMD (LV, LN, Yes BN)	Elevated na	Slight reduction na	SD SD	Yes Yes	83 (DOTA) 17 (FDG)	95 (DOTA) 20 (FDG)
72	SDHB (germline)	mPheo	Neoadjuvant CVD, R1 surgery	18	EMD (BN [>5]) Yes	Elevated (noradrenergic)	Decrease	SD	No	3	8 (DOTA)
47	MAX (germline)	Pheo	MIBG	316	EMD (LN, BN) Yes (minor)	Elevated (noradrenergic)	Slight reduction	SD	No	3 (DOTA)	7 (DOTA)
Second-line SSA											
29	Negative (germline)	PGL	PRRT	27	EMD (BN, LN) Yes (minor)	Elevated (noradrenergic)	Slight reduction	SD	No	—	3 (MRI)
Second-line sunitinib											
6	SDHB (germline)	mPGL	CVD	30	EMD (BN, LN), Yes growing primarius	Non-functional	—	PD	No	—	3 (MRI)
12	SDHA (germline)	mPheo	MIBG	120	EMD (BN, LN) Yes	Elevated (noradrenergic)	Initially no, then slight reduction	SD	Yes	6 (CT)	16 (CT)
46	Negative (germline)	mPheo	MIBG	26	Recurrence, EMD (BN, LN)	Yes	Slightly elevated (adrenergic)	SD	Yes	84 (FDG)	None
48	Negative (germline and somatic)	mPheo	PRRT	10	EMD (LN)	na	na	PD	—	—	3 (FDG)
55	SDHB (germline)	mPGL	PRRT	78	EMD (BN, LN) Yes	Not elevated	—	PR	Yes	25	31 (DOTA)
30	Negative (germline)	mHNPG	PRRT	24	EMD (LG, LN, Yes BN)	Elevated (dopaminergic)	First reduction, then fast rise	PD	No	—	3 (FDG)
73	HRAS (somatic)	mPGL	PRRT	9	EMD (LN)	—	—	PD	No	—	3 (DOTA)
Second-line TKI											
51	SDHB (germline)	mPGL	PRRT	Cabozantinib; 19 EMD (BN > 5)	Elevated	No response	PD	—	—	3 (DOTA)	11
59	Negative (germline)	mPheo	Sunitinib	Cabozantinib; 28 EMD (LN > 5)	Elevate (noradrenergic)	No response	SD	No	—	8	

(continued)

Table 3. Continued

Pat. #	Genetics	Entity at diagnosis	Previous treatment	Time start last treatment to start new treatment (in months)	Disease burden before second-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	DCR at SD at 3 months (yes vs no)	Time in months from start therapy to last imaging showing stable disease	Time in months until documented progression (imaging modality)	Documented side effect/general remarks
25	VHL (germline)	mPheo	MIBG and SSA	Sorafenib, 132	EMD (LG, LV, Yes LN)	Non-functional	—	SD	Yes	4 (CT)	15 (CT)	Dose reduction due to fatigue, painful hands/scalp, diarrhea, stop after 6 months due to side effects, continued Sandostatin, after progression now stable under SSA

Abbreviations: BN, bone metastasis; Cx, chemotherapy; CT, computed tomography; CVD, cyclophosphamide, vincristine, and dacarbazine; DOTA, gallium-68-labeled-DOTA-somatostatin receptor analog PET/CT; ECOG, Eastern Cooperative Oncology Group; EMD, extensive metastatic disease (at least 5 metastases in 1 organ or metastases in at least 2 organ systems); FDG, fluorodeoxyglucose PET/CT; LG, lung metastasis; LN, lymph node metastasis; LV, liver metastasis; MIBG, ¹³¹I-MIBG therapy; MRI, magnetic resonance imaging; na, not available; OMD, oligometastatic disease (<5 metastasis in 1 organ); PD, progressive disease; PRRT, partial response; R0m, R0 surgery with remaining metastases; R1m, R1 surgery with remaining metastases; SD, stable disease; SSA, somatostatin analogs; SU, sunitinib; TKI, tyrosine kinase inhibitor; TMZ, temozolomide.

Table 4. Treatment response to thirdline systemic therapies and individual patient characteristics.

Pat. #	Genetics	Entity at diagnosis	Previous treatment	Time start last treatment to start new treatment (in months)	Disease burden before systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy	DCR at 3 months (yes vs no)	SD at 12 months (yes vs no)	Time in months from start therapy to last imaging showing stable disease (imaging modality)	Documented side effect/general remarks		
Third-line CVD 58	SDHB (germline)	M PGL	SSA, PRRT	6	EMD (BN, LG, LN)	Yes	na	na	SD	Yes	—	17 (CT)	Dose reduction CKD	
Third-line TMZ 48	Negative (germline and somatic)	mpheo	PRRT, sunitinib	4	EMD (LN<10)	Yes	na	na	SD	No	3 (FDG)	6 (FDG)	Afterwards again 2 × PRRT as fourth-line (PD)	
72	SDHB (germline)	mpheo	Noadjuvant CVD, R1 surgery, PRRT	23	EMD (BN, LV, LN)	Yes	na	na	SD	No	6 (FDG)	8 (FDG)	Afterwards 6 cycles of PRRT, PD after 28 months (imaging and biochemistry), then sunitinib PD in imaging after 8 months	
29	Negative (germline)	PGL	PRRT, SSA	8	EMD (LN, LV)	Yes	Elevated	Decrease	PR	na	6 (DOTA)	—	Thrombopenia grade 3	
47	MAX(germline)	Pheo	MBIG, PRRT	8	EMD (BN, LG, LN)	Yes	Elevated (noradrenergic)	Decrease	SD	na	6	—	—	
Third-line PRRT 59	Negative (germline)	mpheo	Sunitinib, cabozantinib	11	EMD (LN, LG)	Yes	Elevated (noradrenergic)	No response	SD	No	6 (DOTA)	Afterwards SSA, everolimus, CVF, pazilax and docetaxel for <3 months each with PD	—	
73	HRAS (somatic)	mpGGL	PRRT, sunitinib	5	EMD (LN)	Yes	—	—	SD	No	6 (DOTA)	Second time PRRT here Patient died of another cause	—	
35	Negative (germline)	HNPGL	Chemotherapy, MBIG	4 years	EMD (massive burden of BN)	Yes	Non-functional	—	SD	Yes	180 (DOTA)	No	—	
Third-line sunitinib 13	SDHB (germline)	mpGGL	PRRT, TMZ	16	EMD (BN>5)	Yes	Elevated (noradrenergic)	No response	PD	—	3 (CT)	Dose reduction due to elevated CRP and extreme fatigue, died 9 months after start SUN	—	
45	Negative (germline)	mpheo	MBIG, CVD	24	EMD (LN, LV)	Yes	Not elevated	—	PD	—	—	3 (FDG)	Afterwards 1 cycle MIBG with mixed response	—
66	Negative (germline)	mpheo	PRRT, TMZ	4	EMD (LV, LN, BN)	Yes	Elevated (noradrenergic)	Slight reduction	PD	No	No	3 (FDG)	Afterwards the patient received pembrolizumab, PD and death within 3 months	(continued)

Table 4. Continued

Pat. #	Genetics	Entity at diagnosis	Previous treatment	Time start last treatment to start new treatment (in months)	Disease burden before third-line systemic therapy	Progressive disease before systemic therapy	Catecholamines at baseline	Response of catecholamines to therapy (yes/no)	DCR at SD at 12 months	Time in months from start therapy to last imaging (yes vs no)	Time in months until documented progression	Documented side effect/general remarks
Third-line TKI/other chemotherapy												
54	Negative for <i>VHL</i> , mPheo RET, SDHB/D	CVD, 1 × yttrium Sorafenib + capcitabine	90, PRRT	EMD (LG, BN) after 12	EMD (LG, LV, BN)	Yes	na	na	SD	na	9 (FDG)	None
68	RET (germline)	mPheo	1 cycle PRRT, CVD	Selpercatinib	EMD (LG, BN)	na	na	na	na	na	na	na
71	na	mPheo	MBG, CVD	Gemcitabine	na	na	na	na	na	na	na	na

Abbreviations: BN, bone metastasis; Cx, chemotherapy; CT, computed tomography; CRP, C-reactive protein; CVD, cyclophosphamide, vincristine, and dacarbazine; DOTA, gallium-68-labeled-DOTA-somatostatin receptor analog PET/CT; EMD, extensive metastatic disease (at least 5 metastases in 1 organ or metastases in at least 2 organ systems); FDG, fluorodeoxyglucose PET/CT; I.G, lung metastasis; LV, liver metastasis; LN, lymph node metastasis; MBG, ¹³¹I-MIBG therapy; MRI, magnetic resonance imaging; na, not available; OMD, oligometastatic disease (<5 metastasis in 1 organ); PD, progressive disease; PR, partial response; PRRT, somatostatin peptide receptor-based radionuclide therapy; R0m, R0 surgery with remaining metastases; R1m, R1 surgery with remaining metastases; SD, stable disease; SSA, somatostatin analogs; SUN, sunitinib; TKI, tyrosine kinase inhibitor; TMZ, temozolomide.

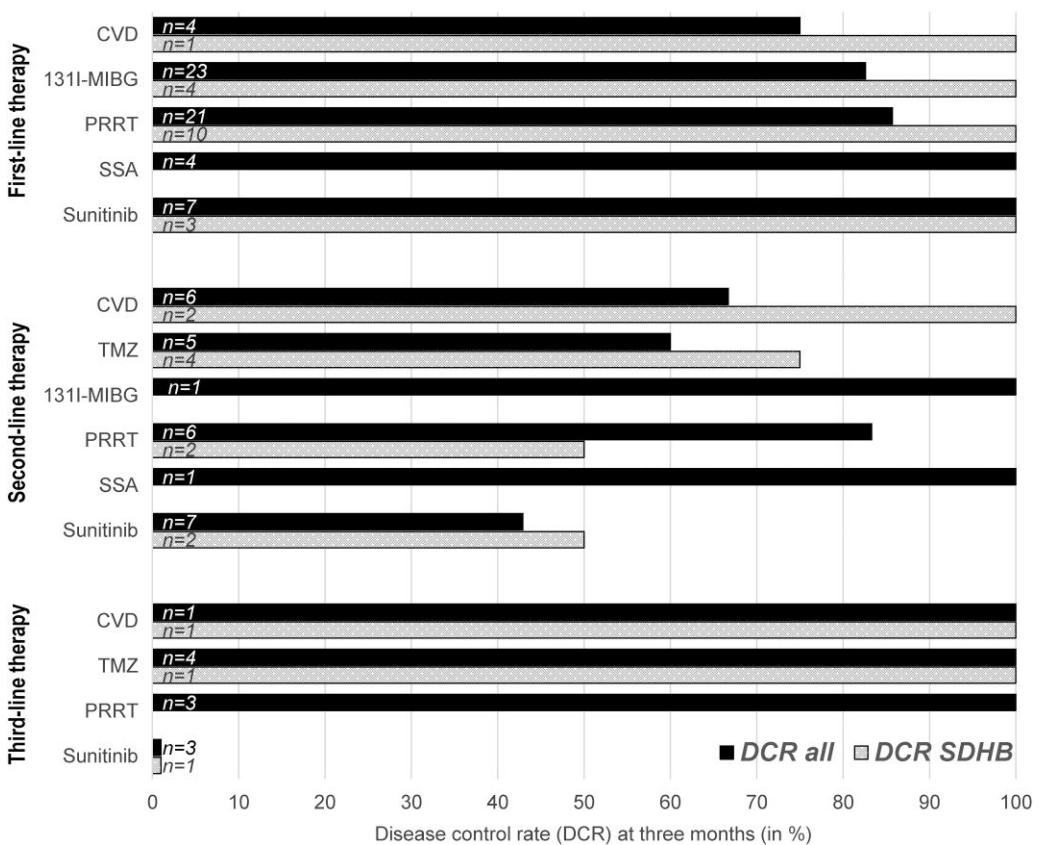


Figure 1. Disease-control rate (DCR) 3 months after start of systemic therapies in mPPGL patients with disease progression at baseline and separately for the subgroup of patients with pathogenic variations in the *SDHB* gene. Abbreviations: CVD, cyclophosphamide, vincristine, and dacarbazine; TMZ, temozolomide; MIBG, ^{131}I -MIBG therapy; PRRT, somatostatin peptide receptor-based radionuclide therapy; SSA, somatostatin analogs.

Table 5. Median survival until detected progression after first-line systemic therapy in mPPGL.

First-line therapy	Median survival until detected progression			Lower limit in months		Upper limit in months		Median survival until detected progression for patients progressive at baseline		
	All	SDHB	SDHA/C/D	All	SDHB	All	SDHB	All	SDHB	SDHA/C/D
CVD	18 (n = 5)	18 (n = 2)	—	3	18	30	30	11 (n = 4)	30 (n = 1)	—
TMZ	36 (n = 1)	36 (n = 1)	—	36	36	36	36	—	—	—
Other Ctx	3 (n = 3)	NR ^a (n = 1)	—	3	—	—	—	3 (n = 2)	—	—
^{131}I - MIBG	43 (n = 26)	24 (n = 4)	70 (n = 2)	3	15	168	124	43 (n = 23)	24 (n = 4)	70 (n = 2)
PRRT	18 (n = 21)	15 (n = 12)	126 (n = 1)	3	9	126	109	17 (n = 20)	14 (n = 10)	—
SSA	NR ^b (n = 6)	14 (n = 1)	30 (n = 2)	14	14	131	14	NR ^b (n = 4)	—	30 (n = 2)
Sunitinib	18 (n = 7)	18 (n = 3)	—	5	11	34	34	18 (n = 7)	18 (n = 3)	—
Overall	23 (n = 69)	18 (n = 24)	—	3	9	168	124	20 (n = 60)	17 (n = 19)	—

Abbreviations: Ctx, chemotherapy; CVD, cyclophosphamide, vincristine, and dacarbazine; MIBG, ^{131}I -MIBG therapy; NR, not reached; PRRT, somatostatin peptide receptor-based radionuclide therapy; SSA, somatostatin analogs; TMZ, temozolomide.

^aMedian survival not reached after 174 months.

^bMedian survival not reached, cumulative survival of 75%: 23 months.

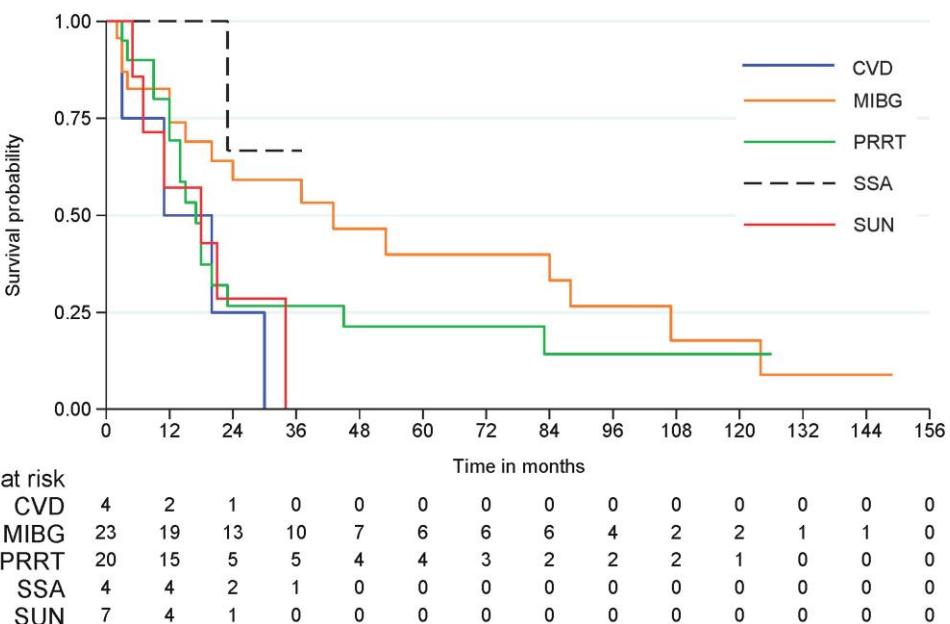


Figure 2. Kaplan–Meier curves for patients with progressive disease at baseline receiving first-line systemic therapies. Abbreviations: CVD, cyclophosphamide, vincristine, and dacarbazine; MIBG, ^{131}I -MIBG therapy; PRRT, somatostatin peptide receptor-based radionuclide therapy; SSA, somatostatin analogs; SUN, sunitinib.

Table 6. Median survival until detected progression after second-line systemic therapy in mPPGL.

Second-line therapy	Median survival until detected progression		Lower limit in months		Upper limit in months	
	All	SDHB	All	SDHB	All	SDHB
CVD	21 (<i>n</i> = 6)	21 (<i>n</i> = 2)	3	3	61	21
TMZ	10 (<i>n</i> = 5)	10 (<i>n</i> = 4)	3	3	24	24
MIBG	14 (<i>n</i> = 1)	—	14	—	14	—
PRRT	11 (<i>n</i> = 6)	3 (<i>n</i> = 2)	3	3	95	20
SSA	7 (<i>n</i> = 1)	—	7	—	7	—
Other TKI	11 (<i>n</i> = 3)	3 (<i>n</i> = 1)	3	3	15	3
Sunitinib	3 (<i>n</i> = 7)	3 (<i>n</i> = 2)	3	3	84	31
Overall	11 (<i>n</i> = 29)	11 (<i>n</i> = 11)	3	3	95	31

Other TKIs were cabozantinib (*n* = 2) and sorafenib (*n* = 1).

Abbreviations: CVD, cyclophosphamide, vincristine, and dacarbazine; MIBG, ^{131}I -MIBG therapy; PRRT, somatostatin peptide receptor-based radionuclide therapy; SSA, somatostatin analogs; TKI, tyrosine kinase inhibitor; TMZ, temozolomide.

Temozolomide

One patient with an SDHB mPPGL (not progressive at baseline) received first-line temozolomide and showed a partial response with a SDP of 36 months (cumulative 38 therapy cycles).

Temozolomide as second-line was used to treat 5 patients (all progressive at baseline) with a DCR of 60.0% (SDHB [*n* = 4]: DCR 75.0%). The median SDP with temozolomide as second-line (*n* = 5) was 10 months (SDHB [*n* = 4]: SDP 10 months).

Other chemotherapies

Other first-line chemotherapies administered included vincristine/ifosfamide/adriamycin/carboplatin according to the GPOH-MET-97 protocol (*n* = 1, SDHB, stable disease), carboplatin/etoposide (*n* = 1, progression), streptozotocin/5-fluorouracil (*n* = 1, progression), and cisplatin/etoposide

(*n* = 1, response not available). The median time until detected progression was short (3 months).

Tyrosine kinase inhibitors

In 8 patients (*n* = 7 evaluable, all progressive at baseline) treated with first-line sunitinib, the DCR at 3 months was 100% (SDHB [*n* = 3]: DCR 100%). The median time until detected progression with sunitinib (*n* = 7) was 18 months (SDHB [*n* = 3]: SDP 18 months).

Sunitinib as second-line was given to 7 patients with a DCR of 42.9% (SDHB [*n* = 2]: DCR 50%). The median SDP under second-line was shortest with sunitinib (*n* = 7: SDP 3 months; SDHB [*n* = 2]: SDP 3 months).

Three patients received TKIs other than sunitinib as second-line (*n* = 1 sorafenib, stable disease, SDP 15 months; *n* = 2 cabozantinib: *n* = 1 stable disease, SDP 11 months, SDHB [*n* = 1], progressive disease, SDP 3 months).

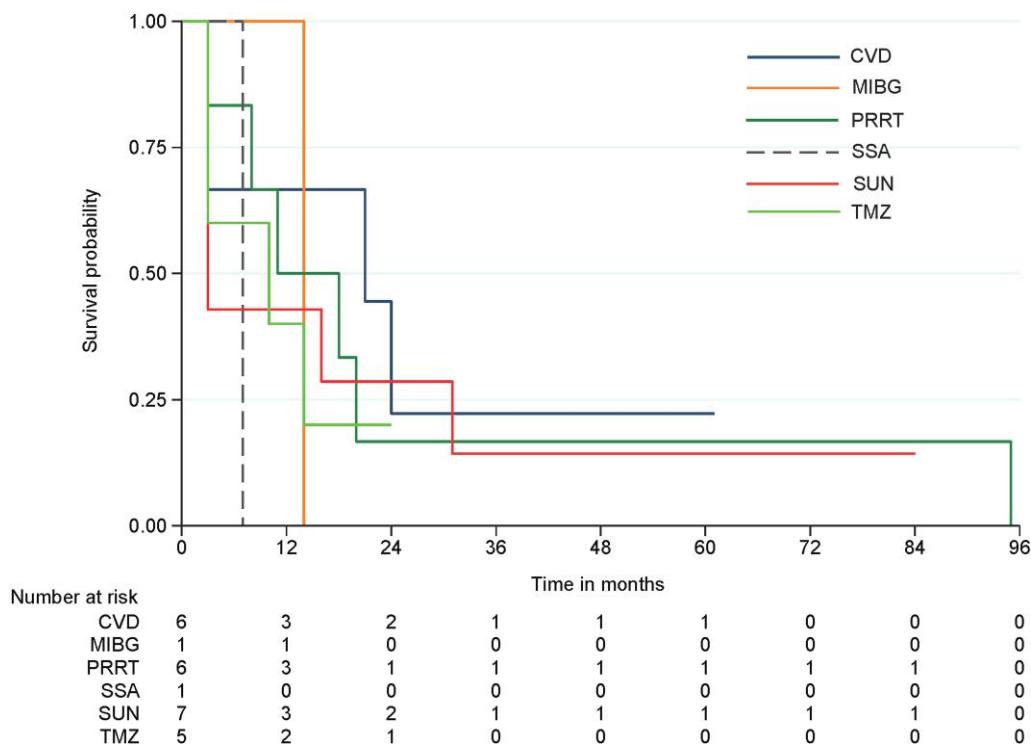


Figure 3. Kaplan–Meier curves for patients with progressive disease at baseline receiving second-line systemic therapies. Abbreviations: CVD, cyclophosphamide, vincristine, and dacarbazine; MIBG, ^{131}I -MIBG therapy; TMZ, temozolomide; PRRT, somatostatin peptide receptor-based radionuclide therapy; SSA, somatostatin analogs; SUN, sunitinib.

Pembrolizumab

One patient with no germline mutation received pembrolizumab as fourth-line systemic therapy and showed disease progression.

Discussion

Prospective or retrospective clinical trials comparing the most commonly applied therapeutic regimens in mPPGLs are very rare. In spite of its retrospective nature, this is the only study that presents data on the DCR and SDP for a variety of systemic treatments, for example, CVD, temozolomide, sunitinib, and “cold” SSTR2 analogs, as well as for radionuclide therapy with ^{131}I -MIBG and PRRT, in a relatively large cohort of mPPGLs, considering the rarity of this tumor entity. Furthermore, we separately present data for the subgroup of *SDHB* tumors and the subgroup of patients progressive at baseline. Interestingly, in a real-life clinical setting, we see a good DCR with all systemic regimens and an especially good DCR in PPGLs with *SDHB* pathogenic variants. Most of the previous studies that included *SDHB* PPGLs did not present data on DCR and SDP for this subgroup separately. A small number of studies have separately reported the response to treatment in *SDHB* tumors for CVD,²⁷ temozolomide,^{28,29} PRRT^{30–33}, ^{131}I -MIBG therapy,^{34,35} TKIs,^{36,37} and pembrolizumab.³⁸

Radionuclide therapy

Radionuclide therapy with ^{131}I -MIBG or PRRT is a potential first-line therapeutic option for slowly to moderately growing mPPGLs with moderate-to-high tumor burden^{3,5,39} ^{131}I -MIBG therapy, including the novel high-specific-activity

^{131}I -MIBG,³⁵ has shown a DCR of 63%–92% (progression-free survival [PFS] 20.6–28.5 months) in previous studies,^{35,40–44} with *SDHB*-related PPGLs being more likely to achieve complete or partial response in 1 study.³⁵ The DCR was comparable in our study (DCR overall 84.6%, DCR progressive at baseline 82.6%) with a longer median SDP (overall and progressive at baseline 43 months) and an exceptionally high DCR (100%, median SDP 24 months) in the small subgroup of *SDHB*-related mPPGLs.

The DCR with PRRT was ≥80% in most previous studies (PFS 17–39 months).^{20,22,31,45–48} In a retrospective study, the DCR after PRRT was longer in *SDHB/SDHD* ($n = 20$) vs wild-type ($n = 16$) mPPGLs (95% vs. 93.8%) with a significantly longer median PFS of the *SDHB/SDHD* group (not reached vs. 51.5 months, $P = .030$).⁴⁹ The DCR evaluated at 3 and 6 months after the first cycle of PRRT (DCR overall 82.6%, DCR progressive at baseline 85.7%, *SDHB* 100%) was comparable in our study. However, median SDP (overall 18 months, progressive at baseline 17 months, *SDHB* progressive at baseline 14 months) with PRRT was shorter in our study than in most previous studies. The shorter SDP for PRRT, as compared with ^{131}I -MIBG therapy in our study, might be due to the follow-up with the more sensitive [^{68}Ga]-DOTA-SSA PET/CT in patients treated with PRRT as compared with less sensitive ^{123}I -MIBG imaging. [^{68}Ga]-DOTA-SSA PET/CT was shown to have higher sensitivity to detect tumor growth and new metastases compared with ^{123}I -MIBG imaging, especially in *SDHx* PPGLs.^{50,51} In our cohort, 1 patient with an *SDHB* PPGL received standard follow-up imaging with MIBG and was then switched to [^{68}Ga]-DOTA-SSA PET/CT follow-up, where progress of disease was detected. Several prospective clinical trials on PRRT

and ^{131}I -MIBG therapy are currently recruiting (PRRT: NCT03206060, NCT04276597, NCT04711135, NCT04029428; MIBG: NCT00107289, NCT01850888, NCT04770831, NCT00874614 [HSA ^{131}I -MIBG]).

Somatostatin analogs

Data from studies investigating SSA in PPGLs are lacking. However, based on the mechanism of action, PPGLs with high SSTR2 expression (such as *SDHB* PPGLs) might respond well, as previously discussed in Fischer *et al.*¹⁶ and shown in this study, albeit in a small number of patients. A prospective clinical trial (LAMPARA) investigating lanreotide in mPPGL is now recruiting (NCT03946527).

Chemotherapy with CVD and temozolomide

Cyclophosphamide, vincristine, and dacarbazine are frequently applied in rapidly progressive disease with high visceral tumor burden.^{5,52} Mostly retrospective studies report a DCR of 48%-100% (PFS 20-40 months) with CVD.⁵³⁻⁵⁶ Cyclophosphamide, vincristine, and dacarbazine have been shown to be specifically effective in the subgroup of PPGLs with *SDHB* pathogenic variants²⁷ (DCR 100%, PFS 31.2 months). We report a high overall DCR (80.0%, DCR progressive at baseline 75%, *SDHB* 100%). Due to the retrospective nature of our study and missing data, the velocity of progression was not always available. The shorter SDP (overall 18 months, progressive at baseline 11 months, *SDHB* 18 months) in our cohort might be attributed to higher tumor load and progressive disease at baseline.

Temozolomide is an oral alternative to dacarbazine and first- or second-line therapy option for slowly to moderately progressing mPPGLs.^{3,52} In a retrospective study, the DCR with temozolomide was 80% (overall PFS 13.3 months, 19.7 months vs 2.9 months in *SDHB* vs non-*SDHB*).²⁸ Consistent with this, in our study, 1 patient with *SDHB*-related mPPGLs showed a partial response to first-line temozolomide (median SDP 36 months) and in 4 patients with *SDHB*-related disease (all progressive at baseline), the DCR with second-line temozolomide was 75% (median SDP 10 months). Recruiting studies investigating temozolomide vs temozolomide plus olaparib (PARP inhibitor) in mPPGL (NCT04394858) and temozolomide plus talazoparib (another PARP inhibitor) (NCT05142241) are ongoing.

Tyrosine kinase inhibitor

In our study, the TKI sunitinib was mostly used as part of the prospective randomized placebo-controlled FIRST-MAPP study⁵⁷; all other TKIs were used as second- or higher treatment line. According to the results presented at the ESMO Congress 2021 of the FIRST-MAPP trial investigating sunitinib in progressive PPGLs, the median PFS in the sunitinib group was 8.9 months (33% *SDHB* patients) compared with 3.6 months in the placebo group (23% *SDHB* patients).⁵⁷ In another prospective study (SNIPP trial), the DCR with sunitinib was 83% over 3 months (DCR 61% over 6 months) with *SDHx* pathogenic variants showing a DCR of 100% (overall PFS 13.4 months).³⁷

A retrospective study reported a DCR of 57% with sunitinib over 6 months (PFS 4.1 months).³⁶ In our study, the DCR with first-line sunitinib (all patients progressive at baseline) was similar to the prospective study (100% over 3 months, median SDP 18 months, *SDHB* [$n=3$]: DCR over 3 months

100%, median SDP 18 months). Accordingly, in *in vitro* drug testing in human PPGL primary cultures, sunitinib showed best efficacy in *SDHB* tumors.⁵⁸ Prospective studies with sunitinib (NCT00843037), cabozantinib (NCT02302833), axitinib (NCT03839498), lenvatinib (NCT03008369), and anlotinib (NCT04860700, NCT05133349) are ongoing.

In order to choose the most appropriate treatment for the patient, not only efficacy but also safety information is important. In Table S2, the most frequent side effects of sunitinib, temozolamide monotherapy, CVD chemotherapy, and SSA are listed. Table S3 presents the side effects observed in the NETTER-1 trial²³ after treatment with PRRT in patients with neuroendocrine tumors and the side effects observed in the study by Pryma *et al.* (2019) evaluating the efficacy and safety of high-specific-activity ^{131}I -MIBG therapy in patients with advanced PHEO or PGL.¹⁹

Our study has a number of limitations, especially due to its retrospective nature.

The major drawback of our study is the limited number of patients. This makes it difficult to draw general conclusions on the efficacy of the different treatments. One should, however, consider that we investigated treatment modalities in a very rare tumor entity that rarely metastasize and thus require systemic therapy. Due to the scarcity of the tumor entity investigated, prospective trials are extremely hard to conduct and take considerable time to complete. Therefore, multinational retrospective studies, such as ours, are in most cases the only available resource to better understand and assess the different treatment modalities applied in a real-world setting.

However, there are variations in terms of treatment response analysis and follow-up between the centers from 3 different countries, as well as site-to-site variations in choice of first-line treatment based on the experience/availability of certain treatment modalities. Meta-iodobenzylguanidine therapy and PRRT are not strictly comparable as different follow-up protocols were used. Follow-up protocols in published studies on PRRT are also not consistent,^{31,32,45,47} which makes comparison of DCR especially difficult. Due to the retrospective nature of this study, several patients were lost to follow-up, some data were incomplete, and newer treatment options such as PRRT or TKIs were not in use at the time of treatment start for some of the patients.

The data based on a limited number of patients do not allow the identification of any single systemic therapy as superior to another for treatment of mPPGLs, including metastatic disease due to *SDHB* pathogenic variants. Furthermore, recommendations on possible treatment sequences are not possible with our data. Our cohort did not include sufficient number of patients with pathogenic variants other than *SDHB* to allow for subgroup analysis. For systemic treatment suggestions for PPGLs harboring germline *SDHD* pathogenic variants, we refer to the recent published guidelines by Taieb and colleagues.⁵⁹

In conclusion, we show in a real-life clinical setting that all currently applied systemic therapies seem to be effective in the case of progressive disease and also in patients with *SDHB* tumors. However, the optimal sequencing of treatments for these patients remains unclear.

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Supplementary material

Supplementary material is available at *European Journal of Endocrinology* online.

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Conflict of interest: None declared.

Data availability

Some or all data sets generated during and/or analyzed during the current study are not publicly available but are available from the corresponding author on reasonable request.

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