Investigating the intention of tourists to travel to the World Heritage Destination: The Mediating Role of Familiarity

Abstract

The study investigates the intention of tourists to travel to the Great Himalayan National Park (GHNP) in India - a conservation area of natural bio-diversity that was accorded World Heritage site status in 2014. The main constructs that have been used in the study are an image of the destination, homestay preference, destination familiarity, and intention to travel. The S-O-R framework has been further used to find the tourists intention to travel towards GHNP. A closed-ended questionnaire was administered to 1020 respondents in India. The results show that path coefficients for all constructs are statistically significant. Tourists' intention to travel is likely to be influenced by the destination image and the preference for local homestay, which is mediated by destination familiarity. The study is not longitudinal, and sheds light on respondents' perception for a specific time period. Policy makers must design policies that focus on developing campaigns that promote lesser-known destinations, thus ensuring a positive destination image and enhancing the destination familiarity by providing authentic information. Such a shift in tourism will foster employment in rural and less-known areas of natural beauty. Further, tourists' preference to stay in homestay arrangements allows them to experience local hospitality.

Keywords: World Heritage; Homestay Preferences; Intention to Travel; Familiarity; Tourism; Image of Destination; S-O-R framework

1. Introduction

Tourists' perceptions to travel and their intention to travel are affected by their travel experience and information gained from the media (Rishi & Chatterjee, 2023). The COVID pandemic, which led to lockdowns, movement restrictions, border closures, isolation, flight cancellations and closure of tourist destinations, dramatically changed the perception of tourists to travel (Miao et al., 2022; O'Regan et al., 2022; Rishi & Chatterjee, 2023). This paper examines how familiarity affects tourists' intention to travel. Earlier literature indicates that growth after any trauma rests on five domains: changing of priorities and appreciation of life at a deeper level, forging of closer social relationships, greater spiritual or existential growth, resilience and embracing and accepting new life possibilities (Tedeschi & Calhoun, 2004).

This study examines the travel intentions of tourists to the Great Himalayan National Park (GHNP) in India, which is a designated conservation area known for its rich biodiversity and was granted World Heritage site status in 2014. Wilson (1984) hypotheses that human beings have an innate liking for life, life like processes and natural environments. Later studies indicate that tourists' intention to visit national parks is largely influenced by "biophilia" (Siikamäki et al., 2015). Homestays are increasingly an important phenomenon in the tourism eco-system that are grounded in the uniqueness of each place that excel at product offering, authenticity and immersive experience to tourists (Dias et al., 2021). We assume that tourists' intention to visit GHNP and their homestay preference align with the changing demand pattern: selective, specific, and concerned about sustainability (Hall et al., 2020). Within this context the paper examines the role of homestays in influencing the intention to travel. We add to the growing body of knowledge on likely changes to tourism by examining the relationship between destination image, destination familiarity, homestay preference and the intention to travel. Researchers think that a place's image affects how happy people are with the place and how likely they are to go back. Studies show that a place's image affects how tourists spend their money there, affecting which place they choose (Pike, 2002). Further, literature suggests that an individual is more likely to opt for alternate accommodation if the intention to travel is to experience countryside, enjoy peaceful and clean environment, meet and interact with local people (Hall et al., 2020). The tourist's involvement with local people and experience increases knowledge about the destination and leads to destination familiarity (Kuhzady et al., 2020).

The paper constructs a contextual model based on Stimulus-Organism-Response (S-O-R) investigate the mediating role of destination familiarity for tourism revival, and comments on

the decisions and intentions to travel to local or nearby destinations. We adopt the popular framework of S-O-R (Mehrabian & Russel, 1974) where Stimulus (S) includes image of the destination and homestay preferences, Organism (O) includes destination familiarity and Response (R) contains intention to travel to assess whether destination image and preference for local homestay acts as antecedents of intention to travel and the relationship between the antecedent and dependent variables. The utilisation of the S-O-R (Stimulus-Organism-Response) theory by researchers is a common practise when investigating the behaviour of tourists towards specific destinations (Qiu et al., 2023), such as the GHNP. This theory is favoured due to its inclusive framework, which facilitates a deeper comprehension of the interconnections between environmental stimuli, individual characteristics (organism), and subsequent behavioural responses (Wang et al., 2024). Within the realm of tourist behaviour, the S-O-R theory provides a framework for researchers to examine the impact of external stimuli (Kim et al., 2020), such as the aesthetic appeal of the GHNP, cultural attractions, and recreational options, on the interior states or psychological processes of tourists (referred to as the organism). Individuals' internal states significantly influence the behavioural outcomes observed in visitors, including their levels of satisfaction, engagement, and likelihood of revisiting (Leri & Theodoridis, 2019). Applying the S-O-R theory to the GHNP allows researchers to examine the complex interaction of the distinctive environmental characteristics of the park, the psychological encounters of visitors, and the subsequent behaviours that arise (Ramkissoon et al., 2012).

In spite of the increasing amount of scholarly work dedicated to examining the connections among destination image, desire for homestay accommodations, familiarity with the location, and the intention to travel (Qiu et al., 2023; Wang et al., 2024), there is a significant vacuum in the existing research that necessitates more exploration. Although there have been separate investigations into the influence of destination image on travel intentions and the significance of homestay choices in driving tourist behaviour (Shi et al., 2019), there is a lack of comprehensive research that combines these aspects into a unified framework. The relationship between the perception of a destination's image and the inclination towards homestays, as well as the collective impact of these characteristics on destination familiarity and subsequent travel intentions, is a topic that has received limited attention in academic research. Furthermore, the intricate interaction among these components can exhibit variations in diverse cultural settings, geographical regions, and categories of destinations (Jovicic, 2016). Addressing this research gap would contribute to our theoretical comprehension of the intricate dynamics involved in

tourist decision-making and provide valuable practical knowledge for destination management and marketing strategies, particularly in light of changing travel preferences and the increasing popularity of alternative accommodation options. On this context the two research questions have come out:

RQ1. Which factors affect tourists' travel intentions towards the Great Himalayan National Park (GHNP) located in India?

RQ2. What is the mediating role of familiarity?

The examination of tourists' motivations to visit the GHNP in India has noteworthy significance for both scholarly inquiry and the practical aspects of tourism management. The study contributes to the existing literature on tourist behaviour and destination preferences by providing valuable insights into the determinants of persons' intentions to visit a particular location (Kastenholz et al., 2018), such as the GHNP. Exploring factors influencing individuals' inclination to visit this distinctive location contributes to the wider realm of sustainable tourism and ecotourism studies (Frost & Frost, 2022). Furthermore, the results of this study have the potential to provide valuable insights to policymakers and destination managers regarding the distinctive characteristics and attractions that attract travellers to the GHNP (Lee et al., 2009). This, in turn, can aid in the formulation of focused approaches for the promotion of tourism and conservation initiatives in the area. This work provides a vital contribution to the academic community by offering empirically based knowledge that can be utilised to improve the sustainability and appeal of ecotourism places, such as the GHNP.

We use a survey to obtain responses from 1020 respondents in India, which were analysed using SPSS and Analysis of Moment Structures (AMOS) to comment on hypotheses. The study is organized as follows: section two provides a review of the relevant literature, develops the theoretical backdrop, and formulates the hypotheses; section three provides an overview of the research methods & data analysis; section four describes discussion; section five and six describes practical and theoretical implications, section seven provides an explanation towards future scope and limitations; and section eight provides a conclusion. The discussion of the results can be found in section four; the practical contributions, limitations, and conclusions are all outlined in section five.

2. Review of the Literature and Theoretical Framework

2.1 Stimulus-Organism-Response (S-O-R) Framework

The study applies the Stimulus-Organism-Response (SOR) model (Mehrabian & Russel, 1974). The SOR model has been earlier used in the tourism studies to examine the role of mobile phone attachment in travel purchase decisions (Rodríguez-Torrico et al., 2020) or factors affecting sports enthusiasts to travel abroad (Heetae et al., 2021). In particular, researches have examined the influence of familiarity as a significant factor affecting travel intentions (Lho et al., 2022; Zheng et al., 2021). Scholars have endeavoured to investigate the cognitive and affective processes that individuals experience when making travel decisions by incorporating familiarity as a significant variable within the Stimulus-Organism-Response (SOR) framework (Lho et al., 2022; Zheng et al., 2021). These investigations have provided essential contributions to our understanding of the dynamics of decision-making connected to travel (Tan & Wu, 2016). They have helped illuminate the complex ways familiarity can influence and direct persons' intents to participate in travel activities (Chi et al., 2020). The use of the Stimulus-Organism-Response (SOR) model in these research investigations offers a holistic perspective for examining the various dimensions of travel intention, with a specific focus on the impact of familiarity on the decision-making process.

The present study extends the application of this model to understand the travel intention of the potential tourists. Studies indicate the growing preference for homestays is attributed to sanitation, environmental cleanliness and waste management which makes homestays an alternative to star-category properties (Dias et al., 2021; Karki et al., 2019). Studies report that tourists expectations have switched towards domestic travel and family holidays (Wang et al., 2022).

2.2 Destination Image

Gunn (1972) defined destination image which represents an individual's subjective interpretations of the place and affects behaviour during a tourist's experience a priori, in loco, and in posteriori (Espelt & Benito, 2005). Destination image has also been conceptualised (Zhang et al., 2014) and defined as "an individual's varied cognitive and emotional associations with a location, particularly in relation to a destination" (Kock et al., 2019, p. 32). The idea of destination image is that it is a complex, multi-faceted thing with two parts: cognitive and affective (Stylidis, 2016). Some studies identify three components: cognitive, affective, and conative (Josiassen et al., 2016; Stepchenkova & Morrison, 2006).

The concept of destination image refers to individuals' overall perceptions and impressions on a specific travel destination (Afshardoost & Eshaghi, 2020). The concept under consideration is a complex and intricate phenomenon influenced by various elements, such as geographical features, cultural landmarks, historical importance, and the general framework supporting tourism activities (Kim et al., 2019). The perception of a destination image is shaped not only by advertising endeavours, but also by the interplay of word-of-mouth communication, media portrayals, and the personal experiences of past visitors (Josiassen et al., 2016). The importance of a favourable destination image cannot be overstated when it comes to enticing prospective tourists (Papadimitriou et al., 2015). This image serves to elicit a strong sense of desirability and establishes the anticipated quality of a fulfilling travel encounter. On the contrary, an unfavourable or erroneous portrayal can discourage potential tourists and impede tourism progress (Stylidis, 2016). Place managers and marketers intentionally nurture and enhance a favourable perception by highlighting a place's distinctive and attractive features, matching it with the interests and aspirations of the intended demographic (Stylos et al., 2017). The destination image plays a significant role in travellers' decision-making process, as it shapes their views and influences their intention to discover and engage with a specific destination.

2.2.1 Destination image and destination familiarity

The destination image is a cognitive construct that encompasses perceptions, representations, and mental associations (Stylidis et al., 2015). It functions as a cognitive lens through which individuals understand and engage with a particular area (Afshardoost & Eshaghi, 2020). This notion posits that the depiction and general perception of a place, whether influenced by promotional endeavours, media portrayals, or personal encounters, significantly impact the extent to which persons get acquainted with that destination (Kim et al., 2019). Positive and visually appealing location images are expected to enhance familiarity, as they generate a positive inclination and anticipation among prospective travellers (Josiassen et al., 2016). On the other hand, the presence of negative or distorted depictions of a location might impede the process of becoming acquainted with it, hence exerting an influence on individuals' choices regarding travel components (Papadimitriou et al., 2015). The correlation between destination image and familiarity is crucial for comprehending the cognitive and affective mechanisms that influence individuals' perceptions and decision-making in the context of travel (Yang et al., 2022). This relationship contributes to the wider discussion on destination marketing and consumer behaviour within the tourism sector. Destination familiarity has been associated with

knowledge about the destination and direct experiences linked with the destination (Stylidis et al., 2020; Yang et al., 2022). Accordingly, it is believed that familiarity with a destination should be construed in terms of knowledge gathered about the destination from different sources and associated actual experience, if any (Baloglu, 2001; Stylidis et al., 2020). Destination image has also been described as 'people's preconceived notions, emotions, and feelings regarding a particular location or vacation spot' (Baloglu & McCleary, 1999, p 131) formed on the basis of cognitive (informational) and affective (experiential) evaluations of a destination (Papadimitriou et al., 2015). While the cognitive component explains destination image in terms of knowledge, affective domain conjures the image of the destination in terms of the associated experience and feelings (Stylidis et al., 2020). Therefore, the following hypothesis is proposed:

H1 – The image of destination has a significant impact on destination familiarity.

2.2.2 Destination image and intention to travel

The decision of individuals to embark on a journey is strongly influenced by the destination image, which is formed through a combination of advertising efforts, media portrayals, and personal experiences (Ru et al., 2013). The potential of a positive and captivating destination image lies in its ability to elicit interest, desire, and aspiration, thereby stimulating the intention to engage in travel (Wu & Shimizu, 2020). The persuasive power of destination branding shapes perceptions and expectations, ultimately influencing an individual's inclination to allocate their time and resources towards visiting said place (Park et al., 2017). Conversely, an unfavourable or erroneous perception of a destination can discourage prospective travellers, negatively influencing their inclinations to go (Zhang et al., 2014). The comprehension of the intricate interplay between the perception of a location and the intention to travel is of utmost importance for marketers in the tourism sector (Chaulagain et al., 2019). This understanding offers valuable insights into the cognitive mechanisms that influence individuals' decisionmaking within the highly competitive global tourist market (Kim et al., 2012). Studies also elaborate the role of destination image on the intention to travel (Ryu et al., 2013; Wu & Shimizu, 2020). The image significantly impacts consumers' choices given "Images are more important than real resources, and consumers act or don't act based on how they see things, not how they really are." (Guthrie & Gale, 1991). This is why tourism research focuses on destination image, travel intentions and perceptions. A negative image of the destination can impact tourists' perception of the place and hence travel intentions (Ryu et al., 2013). Tourism

as a service industry offers 'experience' as a product. So, decisions regarding the choice of a destination are based on the image and perceptions rather than reality (Wu & Shimizu, 2020). In fact, the image of the destination is reported to be associated with travel intentions (Park et al., 2017), post visit evaluation and revisit intentions (Zhang et al., 2014). We therefore posit that:

H2 – The image of destination significantly impacts the intention to travel.

2.3 Homestay Preference

One prevalent category of homestays is characterised by traditional family arrangements, wherein visitors cohabit with a local household, facilitating intercultural interaction and providing an immersive encounter (Gunasekaran & Anandkumar, 2012). An alternative option could be community-based homestays, with a particular focus on fostering active involvement within the wider local community (Jamaludin et al., 2012). In addition, thematic homestays might be centered on certain areas of interest, such as culinary homestays or environmentally conscious lodging options (Gunasekaran & Anandkumar, 2012). The study establishes a foundation for a comprehensive examination of the potential effects of various homestay kinds on travellers' choices and their subsequent impact on destination familiarity by presenting these distinctions early in the theoretical part. Experience is central to tourism (Virabhakul & Huang, 2018) and the growing demand for personalised accommodation and experience of local culture and customs fuels the demand for homestays (Weismayer, 2017). A recent report by Noesis, India's leading hotel advisory investment firm, has indicated that India needs to add 2.5 billion rooms in the homestay segment to cater to the changing preferences of international as well as national tourists (Noesis, 2022). Studies suggest that homestays are often preferred because these offer authentic experience and are and affordable (Mahadevan, 2018; Tussyadiah & Pesonen, 2016). Tourists' desire to stay in home-share is partly fueled by their wish to interact with local people, enjoy authentic local hospitality (Tussyadiah & Pesonen, 2016) and accommodation styles. Others attribute this to space (Ye et al., 2018), savings (Tussyadiah & Pesonen, 2016), and desire to support home-sharing business (Mahadevan, 2018; Tussyadiah & Pesonen, 2016). Post pandemic it is expected that tourists' may prefer specific, and selective experiences with focus on sustainability (Hall et al., 2020).

2.3.1 Homestay preference and destination familiarity

Homestays, distinguished by their immersing nature within local communities, provide a distinctive chance for travellers to actively participate in and intimately connect with a

particular place's culture and way of life (Liu & Ma, 2017). If proven, this hypothesis suggests that the selection of homestay lodgings significantly influences the extent to which travellers become acquainted with the region (Barnes et al., 2014). In order to comprehend the ways in which preferences for homestays contribute to heightened familiarity, it is necessary to delve into the social, cultural, and experiential dimensions that are inherent in these types of lodgings (Kuhzady et al., 2020). The aforementioned relationship has significant implications for destination marketing and the promotion of community-based tourism. It underscores the need to customise accommodation options in accordance with travellers' desires for meaningful and authentic experiences (Tussyadiah & Pesonen, 2016). Doing so can cultivate a stronger bond and familiarity with the destination. Literature indicates that tourists desire unique, appealing, and memorable experience which is based on individual preferences, experiences, and their ability to cope with challenges (Barnes et al., 2014). Travel decision making is a complex process involving decisions related to when to go, where to go, how to go and where to stay (Liu & Ma, 2017). If the intention to travel is to experience tranquillity, enjoy nature and interact with local people, individuals are likely to opt for homestay arrangement. Travellers involvement with local people and experience increases their knowledge about the destination, leading to destination familiarity (Kuhzady et al., 2020). As reported higher participation in local activities and interaction with local people enhances the familiarity with destination (Tussyadiah & Pesonen, 2016). Thus, the following hypothesis is proposed:

H3 – The preference for homestay has a significant impact on destination familiarity.

2.3.2 Homestay preference and intention to travel

Homestays, characterised by their immersive and culturally stimulating nature, can be seen as more than mere accommodations; they symbolise a possible catalyst for cultivating individuals' aspirations to go on a transformative journey (Dey et al., 2020). If confirmed, this hypothesis suggests that a significant preference for homestay accommodations can operate as a motivating component in the decision-making process, leading individuals to actively organise and engage in trip experiences (Jamal et al., 2011). In order to comprehend the complexities surrounding the influence of the desire for homestay on travel intentions, it is imperative to conduct an analysis of the distinctive characteristics and attractions associated with this particular form of accommodation (Zhao et al., 2020). This observation is important for destination marketers and hospitality providers, highlighting the potential impact of carefully designed homestay experiences on moulding individuals' desire to explore and engage in travel

(Dey et al., 2020). Noesis, a leading hotel advisory investment firm based in India in one of their reports have indicated that traction for homestay kind of arrangement is increasing with international as well as domestic travelers (Noesis, 2022). The report cites this change in preference to tourists desire for an authentic local experience, flexibility, informal environment and value for money provided by the homestays (Noesis, 2022). Some of the earlier studies have indicated that homestays are better at ensuring sanitation, environmental cleanliness, and waste management (Karki et al., 2019) making them a preferred alternative stay arrangement. The following hypothesis is therefore framed:

H4 - The preference for homestay significantly impacts the intention to travel.

2.4 Destination Familiarity and the Intention to Travel

The level of familiarity with a destination, which is influenced by prior information, experiences, and perceptions of a particular region, significantly impacts an individual's inclination to select that destination for their upcoming trip (Murphy et al., 2007). An increased level of familiarity with a destination has the potential to enhance one's confidence, mitigate uncertainties, and cultivate a more positive attitude about travelling to that specific location (Dey et al., 2020). The correlation between familiarity with a destination and the intention to travel is of utmost importance in comprehending the cognitive mechanisms that influence individuals in their choice to venture into unfamiliar territories (Zhao et al., 2020). Destination marketers and experts in the tourism industry can utilise this knowledge by prioritising tactics that improve destination familiarity through efficient promotional efforts, favourable storytelling, and immersive encounters (Chen & Tsai, 2007). These endeavours will ultimately cultivate a stronger desire to visit the specific destinations being targeted. Studies highlight significant differences in the perceptions of destination familiarity between visitors and nonvisitors, and the destination image is more positive among visitors compared to non-visitors (Tasci, 2006). On several occasions, the intention to travel is driven by an urge to explore an unfamiliar destination but having this tourists prefer to visit familiar destinations perceive novel yet less risky (Lepp & Gibson, 2003). Studies indicate that destination familiarity does play an important role in determining the intention to travel (Baloglu, 2001). Destination familiarity fosters long-term relationships with the destination and also strengthens revisit intentions (Chen & Tsai, 2007). Despite tourists deciding to visit an unknown destination, not all familiarise themselves with the location before the trip (Murphy et al., 2007). Therefore, we propose:

H5 - Destination familiarity has a significant impact on the intention to travel.

2.5 Destination Familiarity as a Mediator

A sense of safety and security is associated with a familiar destination as this minimizes risk (Sharifpour et al., 2013). The feeling of comfort from destination familiarity often leads to an emotional connection with the location (Yang et al., 2009). In addition, familiarity supports tourists in visualising the environment resulting in person-place image congruence (Hammitt et al., 2006). Thus destination familiarity, as a result of distinctive closeness between host and guest culture, plays a significant role in the choice of tourism destination (Park et al., 2017) and tourists from the same region are likely to perceive low risk due to cultural affinity (Morakabati, 2013).

Destination image has been defined as tourist's mental perception of knowledge of a particular destination (Gunasekaran & Anandkumar, 2012). This is conceptualized as comprising of three components namely cognitive beliefs and opinions that a tourist may have about a destination; affective, i.e. emotional and attitudinal response towards a destination; and cognitive i.e. the intention to visit which depends on the cognitive and affective components (Prayag & Ryan, 2012). Earlier studies point out that cognitive perceptions about a product directly affect familiarity (Ochsner, 2000). Literature highlights the presence of relationship between affective perception and familiarity, and that affective assessment determines the extent of familiarity of an individual (Treese et al., 2011).

The review of literature suggests that the demand for 'alternate accommodation' associated with homestays, hostels, guest houses, service apartments, villas, bed and breakfast facility providers is rapidly increasing (Gunasekaran & Anandkumar, 2012). Homestays refer to alternate accommodation type that provides an opportunity to visitors to stay with a local family and experience daily lives and culture of their hosts (Jamaludin et al., 2012).

Within the confines of this theoretical framework, it is seen that the destination image, which encompasses various perceptions and representations, exerts impact not alone on the direct desire to go, but also functions indirectly by means of the mediating component of destination familiarity (Gunasekaran & Anandkumar, 2012). A favourable and captivating destination image can enhance familiarity, impacting the individual's inclination to engage in travel (Treese et al., 2011). Similarly, it may be argued that the correlation between individuals' choice for homestay lodgings and their desire to travel is mediated by their familiarity with the

location (Morakabati, 2013). This suggests that the inclination towards homestay accommodations impacts travel intentions by influencing individuals' familiarity with the selected destination (Sharifpour et al., 2013). Within this particular framework, the inclinations towards homestay accommodations could potentially enhance the individual's feelings of attachment and ease with the chosen destination, so exerting an influence on their overall motivation to undertake a voyage (Gunasekaran & Anandkumar, 2012). Comprehending these intermediary functions holds significant value for destination marketers and hospitality providers, as it underscores the significance of cultivating favourable destination perceptions and addressing preferences for certain lodging encounters in order to eventually influence travellers' intents (Sharifpour et al., 2013).

It is, therefore, logical to assume that destination familiarity acts as a mediator between destination image, homestay preference and intention to visit as these are influenced by destination image and homestay preference, which impacts the intentions. Hence, we posit:

H6 - Destination familiarity mediates relationship between destination image and the intention to travel.

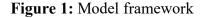
H7 - Destination familiarity mediates the relationship between homestay preference and intention to travel.

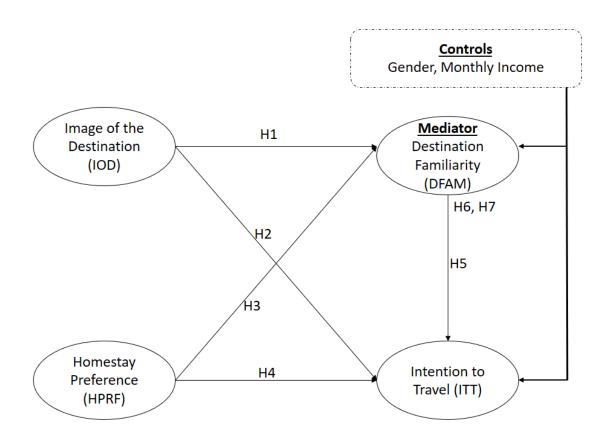
2.6 Demographics as Control Variables:

The incorporation of gender and monthly income as covariates in the investigation of travel intention enhances the level of complexity in the research conducted in this study. Including demographic factors as control variables minimises potential confounding effects and isolates the distinct impact of other variables, such as destination familiarity, homestay preference, or destination image, on the desire to visit (Aziz et al., 2018). Gender disparities might influence unique travel behaviours or preferences, whereas individuals' monthly income can play a crucial role in determining the financial viability and extent of trip arrangements (Li & Zhang, 2023; Qasim et al., 2019). The study seeks to determine whether the observed differences in the intention to travel may be more accurately attributed to the focal variables of interest by controlling for these variables (Cheng & Huang, 2022). This approach improves the study's internal validity, facilitating a more comprehensive comprehension of the intricate associations between the primary variables being examined, namely travel intentions (Akinci & Aksoy, 2019). Additionally, this approach takes into consideration the potential influence of gender

and wealth as covariates. According to previous research, demographic characteristics, such as gender (Yang et al., 2022) and monthly income, are likely to be associated with the intention to travel and can influence how individuals make decisions (Qasim et al., 2019). Consequently, we evaluate the proposed hypothesis using demographic data as control variables.

The model developed for this paper is in Figure 1.





3. Method

This form of research is known as "cross-sectional." Using Exploratory Factor Analysis (EFA), several elements were combined to form distinct factors. CFA is used to evaluate the model and establish the reliability and validity of the sample, as well as the model's fit and regression weights for the various variables. SEM examines the conceptual model with mediation and provides an explanation of the results.

3.1 Survey Instrument and Respondents' Profile

The items selected to conduct the study have been taken from different sources. Convenience sampling was used to collect the sample throughout India. The response was gathered through a closed-ended questionnaire. The questionnaire had two parts: Part A was about the demographic information of the people who filled it out, and Part B was about other information for the analysis. The research is set in GHNP, a UNESCO World heritage site for outstanding conservation of natural bio-diversity. The responses have been collected from March 2021 to July 2022. To collect the responses, the researchers have set two screening question:

- 1) Have you visited the GHNP in last 8 years physically?
- 2) If you have not visited the GHNP physically, have you visited the GHNP website (www.greathimalayannationalpark.org)?

If any of the above questions' responses are "yes," then only the respondents can fill out the questionnaire.

The researchers first tried to filter the responses who visited the GHNP. For those respondents who had not visited GHNP the questionnaire required them to visit the official website of GHNP (www.greathimalayannationalpark.org) to familiarize with the destination. The sample size determination formula for unknown population is:

$$n = z^2 * [p*q]/d^2$$

[The sample size, denoted as n, is a parameter used in statistical analysis. The estimated proportion of the research variable or construct, represented by p, is derived from previous studies or pilot studies and is set at 50%. The complementary proportion, q, is equal to 1 minus p, also set at 50%. Lastly, the margin of error, denoted as d, is established at 5%. Based on the given formula, the minimum required sample size is determined to be 384]

A 5-point Likert scale was used to measure the items chosen for the study (Table 3). The researchers conducted a pilot to make sure the questions were clear to respondents. Table 3 includes the final set of questions. Though, the minimum required sample size according to the formula is 384, hence we have reached to 2674 Indian respondents using social media, namely WhatsApp and email, and 1020 final responses were collected (which is more than the threshold of 384). Table 1 shows the demographics of the respondents.

Category		No of respondents	Percentage
Gender	Male	579	56.76
	Female	441	43.24

Table 1: Respondents Profile

Age	18-30 years	194	19.02
	31-40 years	313	30.67
	41-50 years	261	25.59
	More than 50 years	252	24.71
Monthly Income	INR 25000-45000	91	8.92
	INR 45001-65000	329	32.25
	INR 65001-80000	253	24.8
	INR 80001-100000	234	22.94
	INR 100000 and above	113	11.08
Educational	Higher Secondary and	92	9.02
Qualification	Below		
	Graduate	413	40.49
	Post Graduate	351	34.41
	Doctoral	164	16.08
Occupation	Government Service	309	30.29
	Private Sector	388	38.04
	Self-employment	196	19.22
	Retired	127	12.45

[Note: The current exchange rate between the Indian Rupee (INR) and the United States Dollar (USD) is around 1 USD to 82.99 INR, which is based on the prevailing international market rates. India's per capita purchasing power, which stands at \$9,183 yearly, is indicative of the economic position of the Indian Rupee (INR) in the world market.]

3.2 Data Analysis

3.2.1 Normality

The skewness and kurtosis test results indicate that the data range is within the acceptable threshold value. The variation inflation factor (VIF) exhibited a value below 3. Consequently, measures have been taken to assure the normality of the data for the purpose of analysis. Table 2 presents the descriptive statistics and correlation coefficients for the variables.

Constructs	Mean	SD	Skewness	Kurtosis	DFAM	ITT	IOD	HPRF
DFAM	3.3144	1.28718	-0.328	-1.279	1			
ITT	3.3415	1.16973	-0.536	-0.888	.612**	1		
IOD	3.4678	0.99223	-0.813	-0.076	.499**	.517**	1	
HPRF	3.3182	0.96047	-0.509	-0.774	.492**	.478**	.431**	1

 Table 2: Descriptive Statistics & Correlation Values

DFAM: Destination Familiarity; IOD: Image of the destination; ITT: Intention to travel to GHNP; HPRF: Homestay Preference. * p < 0.050; ** p < 0.010; *** p < 0.001

3.2.2 Common method bias

The Harman's single factor test was conducted to assess potential bias in the data set. The finding indicates that a single factor may account for 45.8 percent of the variance in the difference. The observed value of this figure falls below the established threshold of 50 percent, as determined by Podsakoff et al. (2012). This finding suggests that a prevalent technique bias does not affect the present investigation.

3.2.3 Validity and reliability analysis

The CFA assesses the reliability and validity of the variables. Both Cronbach's alpha and composite reliability metrics above the minimum threshold of 0.7, as established by Fornell and Larcker (1981). According to Hair et al. (2010), the factor loadings obtained via exploratory factor analysis (EFA), confirmatory factor analysis (CFA), and structural equation modelling (SEM) all above the threshold of 0.7. However, it is worth noting that the established threshold values for factor loadings are typically set at 0.4. The experimental outcomes are presented in Table 3.

Factors	Scale Items		Relevant Literature	EFA	CFA	SEM	Cronbac h's Alpha
Image of the destinatio n (IOD)	I would like to visit a place having pollution free and pristine environment (like GHNP)	IOD3	Beerli & Martín, 2004; Chen & Tsai, 2007; Lin et al., 2007; San Martín &	0.833	0.857	0.857	
	I would like to visit a place which is naturally beautiful and attractive for children (like GHNP)	IOD5	Rodríguez del Bosque, 2008	0.799	0.838	0.838	-
	I would like to visit a place that permits nature friendly enjoyment (GHNP offers excellent opportunities for high altitude trekking)	IOD2		0.782	0.863	0.863	0.924
	I would like to visit a place that has serene environment	IOD4		0.764	0.801	0.801	
	I would like to visit a place that offers value for money	IOD1		0.763	0.852	0.852	

Table 3: Factor Loadings & Cronbach's Alpha

	I will prefer to stay in a homestay kind of arrangement as they provide authentic local homemade cuisines (GHNP has Homestays/eateries).	HPRF 1	Beerli & Martín, 2004; Chen & Tsai, 2007; Lin et al., 2007; San Martín & Rodríguez del	0.804	0.886	0.886	
Homestay Preferenc e (HPRF)	I will prefer to stay in a homestay kind of arrangement as they provide authentic local hospitality.	HPRF 3	Bosque, 2008;Wang & Hsu, 2010; Bokyeong & Cho, 2016;	0.797	0.811	0.811	0.886
e (III KF)	Staying in a homestay is value for money	HPRF 4	Möhlmann, 2015; Tussyadiah &	0.721	0.749	0.749	
	Homestays provide a sense of homeliness	HPRF 2	Pesonen, 2016;	0.695	0.728	0.728	
	I will prefer to stay in a homestay kind of arrangement as they are better at sanitation, environmental cleanliness and waste management	HPRF 5	Mahadevan, 2018; Tussyadiah & Pesonen, 2016; Karki et al., 2019; Walter et al., 2018	0.643	0.721	0.721	
	Information about others' experiences will influence my decision to travel (reading books/blogs/travel	DFA M3	Baloglu, 2001; Chaulagain et al., 2019;Hammit	0.84	0.916	0.916	
Destinatio n Familiarit y (DFAM)	Decision to travel will depend upon the awareness about the general geography of the region around GHNP	DFA M2	t et al., 2006; Simon Wong & Gladys Liu, 2011; Tan & Wu, 2016	0.839	0.934	0.934	0.945
	Decision to travel will depend upon the knowledge about the route to the destination (GHNP)	DFA M1		0.761	0.919	0.919	
Intention to travel	I intend to travel to GHNP	ITT1	Chaulagain et al., 2019;	0.849	0.941	0.941	
to GHNP (Post	I will travel to GHNP	ITT2	Zhang et al., 2014	0.813	0.92	0.92	0.925
(Post Covid 19) (ITT)	I predict that I should travel to GHNP	ITT3	2014	0.704	0.834	0.834	

Table 4 presents a comprehensive summary of the measuring model. Both convergent and discriminant validity are assessed in this study. The average variance values above the

threshold of 0.5, while the composite reliability values surpass the AVE values. Consequently, the criteria for establishing convergent validity have been met. Table 4 presents the interconstruct correlation values, which are observed to be lower than the square root of the mean variance. This finding proves that the discriminant validity is authentic (Fornell & Larcker, 1981).

	CR	AVE	MSV	MaxR(H)	IOD	DFAM	HPRF	ITT
IOD	0.924	0.710	0.307	0.926	0.843			
DFAM	0.945	0.852	0.416	0.946	0.535***	0.923		
HPRF	0.886	0.611	0.296	0.901	0.481***	0.544***	0.781	
ITT	0.927	0.809	0.416	0.939	0.554***	0.645***	0.521***	0.900

Table 4: Validity Analysis

CR: Composite Reliability; AVE: Average Variance Extracted; MSV: Maximum Shared Variance; MaxR(H): Maximum Reliability

DFAM: Destination Familiarity; IOD: Image of the destination; ITT: Intention to travel to GHNP; HPRF: Homestay Preference.

* p < 0.050; ** p < 0.010; *** p < 0.001

Table 5 presents the HTMT Analysis. The HTMT Analysis is conducted to assess the presence of discriminant validity, revealing that it is indeed present as the correlations between the constructs are below the threshold value of 0.85 (Henseler et al., 2014).

	IOD	DFAM	HPRF	ITT
IOD				
DFAM	0.534			
HPRF	0.475	0.537		
ITT	0.558	0.655	0.527	

Table 5: HTMT Analysis

Ultimately, an assessment is conducted on the fit values of the model, revealing that each value falls well within the permitted range (Hair et al., 2010). The model fit values for the confirmatory factor analysis (CFA) are CMIN/DF=2.664, TLI=.967, CFI=.973, and

RMSEA=.05. The observed values exhibit a significant discrepancy from the threshold value established for the model fit, as reported by Hair et al. (2010) and Tabachnick & Fiddel (2007).

3.2.4 Hypothesis testing

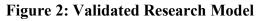
The results of the route analysis indicate that the model is well-fitted, as all values are below the established cut-off threshold (Hair et al., 2010). The structural equation modelling (SEM) exhibits model fit parameters, including a CMIN/DF ratio of 2.664, a Tucker-Lewis Index (TLI) value of 0.967, a Comparative Fit Index (CFI) value of 0.973, and a Root Mean Square Error of Approximation (RMSEA) value of 0.05. The observed values fall far below the suggested thresholds as shown by previous studies (Hair et al., 2010; Tabachnick & Fiddel, 2007). The structural model provides support for all of the hypotheses, as seen in Table 6.

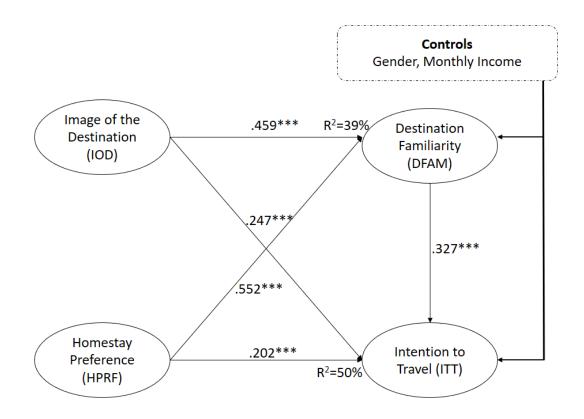
Hypothesis	Hypothesize	ed Relationship		ypothesized Relationship		Estimate	Significant/ Insignificant	Accepted/ Rejected
H1	IOD	\rightarrow	DFAM	.459***	Significant	Accepted		
H2	IOD	\rightarrow	ITT	.247***	Significant	Accepted		
H3	HPRF	\rightarrow	DFAM	.552***	Significant	Accepted		
H4	HPRF	\rightarrow	ITT	.202***	Significant	Accepted		
H5	DFAM	\rightarrow	ITT	.327***	Significant	Accepted		

Table 6: Hypothesis Results

The results of the study revealed a significant and strong association between the visual representation of the travel location and the level of familiarity with that location. Therefore, the first hypothesis (H1) is supported, with a beta coefficient of 0.459 and a p-value less than 0.001. The results of the study indicate a statistically significant and positive relationship between the perception of the destination and the intention to travel. Therefore, Hypothesis 2 is confirmed, with a beta coefficient of 0.247 and a p-value of less than 0.001. A positive correlation exists between prior familiarity with the place, a specific trip objective, and a preference for lodging in a homestay accommodation. Consequently, it can be concluded that hypotheses H3 ($\beta = 0.552$, p < 0.001) and H4 ($\beta = 0.202$, p < 0.001) have been validated. The findings of this study support the hypothesis (H5: $\beta = 0.327$, p < 0.001) that a substantial and positive relationship exists between familiarity with the location and the intention to visit. In summary, the findings of this study demonstrate the validity of each hypothesis, ranging from H1 to H5, as evidenced by the data presented in Table 7 and Figure 2. The subsequent

elucidation pertains to the observed variability in the dependent variables. According to Figure 2, a notable proportion of respondents, specifically 39 percent, exhibit familiarity with the place under consideration. Additionally, a significant percentage of respondents, namely 50 percent, express their intention to engage in travel activities.





3.2.5 Mediation analysis

This study uses AMOS to evaluate the mediating effect of familiarity on various relationships for the constructs. The mediation analysis has been used to see the effects of Destination Familiarity towards image of destination and intention to travel to GHNP (H6) and homestay preference and intention to travel to GHNP (H7). Destination familiarity partially mediated the relationship between the image of destination and intention to travel to GHNP as well as homestay preference and intention to travel to Travel to GHNP. Hence, the H6 and H7 are supported. The results are presented in Table 7.

Hypothesis	Hypothesized Relationship	Direct	Indirect	Result	Accepted/
		effect	effect		Rejected

H6	IOD→DFAM→ITT	.247***	.150**	Partial	Accepted
H7	HEPF→DFAM→ITT	.202***	.180**	Partial	Accepted

DFAM: Destination Familiarity; IOD: Image of the destination; ITT: Intention to travel to GHNP; HPRF: Homestay Preference. * p < 0.050; *** p < 0.010; *** p < 0.001

3.2.6 Control variables

The results suggest that demographic factors like gender and monthly income do not affect the relationship between destination familiarity (DFAM) and intention to travel (ITT). Gender does not affect destination familiarity ($\beta = -0.030$, p > 0.05) & intention to travel ($\beta = -0.017$, p > 0.05), and monthly income has no effect on destination familiarity ($\beta = -0.013$, p > 0.05) & intention to travel ($\beta = 0.016$, p > 0.05).

4. Discussion of results

The construct "image of the destination" suggests that the GHNP, because of its topography and flora and fauna is likely to conjure an image of serene, pristine and pollution free habitat in the minds of tourists. It therefore, apparent that potential tourists are attracted by a destination that offers them a sense of calmness. Further, the findings from the study that destination familiarity mediates the relationship between destination image and intention to travel indicates that positive image of the destination encourages them to establish a deeper connect with destination. In the sense that their association with the destination is not superficial and limited to visiting places where normally tourists visit but rather they soak in the peace and natural beauty of the surroundings. Studies in the past have linked intention of people to travel is influenced by the image of the destination (Chaulagain et al., 2019; Prayag & Ryan, 2012; Stylos et al., 2017).

The construct of "image of the destination" comprised of items like 'GHNP has pollution free and pristine environment', 'GHNP has serene environment ', 'Site with natural beauty (GHNP) are attractive for children', and 'visiting GHNP is value for money'. The findings from this study that image of the destination has a significant positive association with destination familiarity and intention to travel suggests that in the near future, tourists may prefer less crowded, pristine environment that provide value for money.

The preference of the tourists to travel to destinations that are familiar and their preference towards homestays – that provides them with an opportunity to know local people personally and intimately - may provide them with a sense of safety and security. The study's findings

indicate that in the near future, tourists may avoid visiting and staying in unknown places and prefer a 'personalised' stay with restricted occupants, having proper sanitation and maintaining proper hygiene. Therefore, integrating homestays into the tourism mainstream is necessary and should be addressed on priority basis. It may be prudent for tour-operators not to promote group tours to exotic destinations less known to travellers, and instead focus on destinations that offer 'tranquillity', 'clean and green environment', 'value for money', and stay arrangements that provide 'authentic local hospitality and cuisines', 'personalised treatment', and offer 'proper sanitisation'. Tour operators must take into account the concern for safety and image of the destination together with destination familiarity which plays an important role in tourists decision-making.

The significance of destination images in influencing both destination familiarity and travel intention is a critical area of study within the field of tourism research. The depiction of a place, whether presented in promotional materials, social media platforms, or through word-of-mouth, holds significant influence in forming the perceptions of prospective tourists (Kim et al., 2019). The presence of an appealing and optimistic portrayal of a location increases the level of recognition and has a substantial impact on the inclination to engage in travel. The exposure of individuals to visually captivating depictions of a particular destination engenders the formation of mental images, hence facilitating the cultivation of a sense of familiarity (Tan et al., 2016). Establishing familiarity engenders a feeling of ease and reliance, diminishing the perceived hazards linked to travelling. Furthermore, a favourable perception of a destination can elicit a strong inclination to personally encounter the portrayed attractions, hence exerting an impact on the intention to travel to that particular location (Chaulagain et al., 2019).

The preferences for homestay accommodations have a notable impact on both the level of familiarity with a place and the intention to go, so contributing to a distinct dynamic within the field of tourism. Opting for homestay lodgings as opposed to conventional alternatives such as hotels or resorts frequently entails a more intimate and genuine encounter, enabling travellers to deeply engage with the local culture and community (Dey et al., 2020). The inclination towards homestays can enhance tourists' familiarity with the area by directly linking them to the local community's lifestyle, traditions, and everyday routines. Residing in a residential dwelling within the local community facilitates a heightened sense of cultural integration, thereby providing an authentic and individualised experience of the visited locale (Meng & Cui, 2020). Consequently, this heightened level of familiarity amplifies the destination's overall attractiveness and positively influences the intention to engage in travel. Individuals who

indicate a preference for homestays throughout their travels are often motivated by a need for more than just pleasant accommodations (Dey et al., 2020; Meng & Cui, 2020). They seek a more profound and genuine travel experience, which in turn influences their inclination and dedication to visit the particular area.

The findings indicate a significant and positive relationship between home stay preference and destination familiarity in line with earlier results (Chaulagain et al., 2019; Dey et al., 2020: Meng & Cui, 2020). Tourists' preference to stay in homestay kind of arrangement provides them with an opportunity to experience local hospitality and thus experience the destination in a more intimate manner. This is in line with earlier studies that indicate tourists involvement with the local people and experience increases their knowledge about the destination and generates destination familiarity (Kuhzady et al., 2020; Buhalis, 2020).

5. Practical Implications

Firstly, the study finds that people will prefer to travel to nearby uncrowded destinations and stay in a simple homestay arrangement where they are assured personalized treatment. This changed preference of tourists is likely to boost the region's local economy as these homestays, compared to large corporations, run their business more sustainably, source locally, create local jobs and conserve local environment and traditions. The onus to cash in on the changed tourists' preference to stay at places where they can get clean, sanitised, and personalised treatment, and also, where they can enjoy authentic local hospitality and cuisines lies with the homestay owners. They need to ensure that their staff is properly trained and educated to maintain high standards of cleanliness, hygiene and safety.

Secondly, the findings have certain important implications for policy makers. They need to think about designing programmes and policies focusing on rural infrastructure development, develop and execute well-planned campaigns promoting these lesser known destinations, thus not only ensuring a positive destination image but also enhancing the destination familiarity by providing authentic information. Also, a shift in focus from designing and executing training programmes for staff working in large hotels to equipping the staff working in homestays with adequate skills to cater to the changing preferences of tourists.

Thirdly, destination managers for GHNP may enhance their promotional strategies by comprehending the influence of destination image on travel intentions and recognising the significance of homestay preferences in creating the visitor experience. This understanding enables them to customise their promotional endeavours to emphasise the distinctive attributes that align with the interests of prospective tourists. The enhancement of destination familiarity and the favourable influence on travel intentions can be achieved through the promotion of the park's natural beauty, cultural attractions, and the availability of homestay accommodations. Moreover, acknowledging the attractiveness of homestays presents a prospect for local communities to actively engage in the advancement of tourism.

Fourthly, the establishment of partnerships between destination managers and homestay providers has the potential to foster the development of genuine and environmentally responsible tourism encounters, thereby generating economic advantages and cultural enrichment for the local populace.

Fifthly, the findings derived from this research can provide valuable guidance for the formulation of focused marketing strategies that highlight the picturesque allure of the GHNP and underscore the individualised and engaging encounters facilitated by homestay lodgings. The study's practical implications encompass promoting sustainable tourism practises, facilitating community engagement, and strategically positioning GHNP as an attractive and distinctive destination.

Finally, tourists' intention to travel seems driven by pursuit of eudemonic happiness. As opposed to the hedonic view of happiness, which is based on the mere pursuit of pleasurable experiences, the eudemonic view indicates that a happy life results from "doing what is right and virtuous, pursuing self-concordant goals" (Fisher, 2010, p 385). The findings from this study that intentions to travel are influenced by tourists' preference for homestay kind of arrangement at lesser known destinations signals a shift in the tourist behavior from mere superficial connect with the destination to a deeper involvement. Besides travel to uncrowded and lesser known destinations like GHNP gives tourists' an opportunity to contribute to local economy and also gives them an opportunity to develop closer social ties and experience life at a deeper level, a shift from hedonism to eudemonia is apparent.

6. Theoretical Implications

The utilisation of the S-O-R (Stimulus-Organism-Response) paradigm in the examination of the intention to visit the GHNP in India carries several theoretical implications. Within this particular context, the S-O-R paradigm functions as a beneficial perspective through which one can comprehend the complex interconnections among various constructs within the realm of tourism.

Firstly, the framework facilitates researchers in identifying and analysing diverse stimuli that could impact tourists' intentions to visit the GHNP. The stimuli in question may include the

aesthetic appeal of the park's natural environment, cultural landmarks and attractions, various adventurous activities, and the general quality of the tourism infrastructure. The comprehension of the particular stimuli that elicit the attention and interest of prospective tourists is crucial for effectively managing and implementing destination marketing initiatives.

Secondly, the S-O-R framework serves as a valuable tool for examining individuals' internal states or psychological processes (organism) in relation to the detected stimuli. This study entails an analysis of the manner in which tourists perceive and understand the distinctive characteristics of the GHNP. The cognitive and affective components of the tourist experience can be better understood through the examination of factors such as emotional responses, attitudes, and motivations.

Thirdly, the paradigm facilitates the analysis of behavioural responses, namely the intention to travel, resulting from the interplay between external cues and the internal states of visitors. Destination management organisations can build focused interventions to increase positive outcomes and decrease potential barriers by comprehending the role of environmental stimuli and human characteristics in the establishment of travel intentions.

Finally, the S-O-R framework offers a systematic methodology for thoroughly examining the underlying factors influencing the inclination to engage in travel to the GHNP. This methodology enables researchers to analyse the intricate dynamics among external stimuli, internal processes, and behavioural responses, thereby providing valuable insights for the purposes of destination planning, marketing strategies, and sustainable tourism development within the specific context of this distinctive natural and cultural heritage site.

7. Future Scopes & Limitations

The results indicate that destination image mediated by destination familiarity significantly impacts the intention to travel. So, while the promotion of these destinations will enhance familiarity, information regarding status of safety, cleanliness and hygiene will create a favourable image. The study also establishes the significant role that destination familiarity plays in the decision-making process with regards to the intention to travel.

Future research in special interest tourism should aim to expand the utilisation of the S-O-R (Stimulus-Organism-Response) framework to forecast travel intention within this specific niche sector. Special interest tourism, which is distinguished by its concentration on particular activities or topics, provides a distinctive setting in which the S-O-R framework might enhance our comprehension of the elements that influence travel motives and behaviours. The predictive

capacity of the framework can be improved by researchers that investigate the identification of specific stimuli that align with niche interests, such as wildlife observation, adventure sports, or cultural immersion. In addition, it is important to customise the "Organism" aspect of the framework to cover the unique attributes of individuals attracted to special interest tourism. This entails examining how personality traits, lifestyle considerations, and psychological variables impact their intents to engage in travel. When examining behavioural reactions, it is imperative for researchers to extend their analysis beyond the mere measurement of travel intentions. Instead, they should delve into more intricate outcomes such as engagement, satisfaction, and loyalty that are specifically related to the niche activity. Moreover, including external elements, such as destination marketing tactics and the influence of new trends on special interest tourism, would contribute to a more holistic comprehension of the S-O-R framework within this domain. Longitudinal studies that monitor the evolution of stimuli perception, internal states, and behavioural responses over time will enhance our understanding of how the S-O-R framework develops within the domain of special interest tourism. This knowledge will ultimately provide valuable insights for the development of targeted marketing strategies and more effective destination management approaches for niche travel experiences.

This study found that tourists may prefer uncrowded, lesser-known areas that are familiar to them, have a positive image, and offer safe and hygienic homestays. Descriptive studies reflect respondents' perceptions of a certain moment. A longitudinal investigation will provide further insight into this preference shift's longevity. A sample size of 1020 is sufficient to research tourists' plans to visit a single destination, while a higher sample size including many destinations may provide more generalised insights. It will be fascinating to see if visitors prefer longer stays at these sites.

8. Concluding Remarks

In summary, the research examining the relationship between the perception of the destination, preferences for homestay accommodations, familiarity with the destination, and the intention to visit the GHNP in India highlights the complex factors influencing visitor behaviour. The results of the study emphasise the significant impact of destination image on travel intentions, underscoring the importance of implementing smart destination marketing strategies that promote the distinctive natural and cultural characteristics of the GHNP. Moreover, the research highlights the importance of homestay preferences in augmenting destination familiarity, thereby providing a means for sustainable tourism growth through the promotion

of genuine, community-driven encounters. The practical ramifications of this study extend beyond its theoretical insights, indicating that destination managers and local stakeholders can utilise these findings to develop customised promotional tactics. By strategically leveraging the appeal of homestays and effectively highlighting the unique characteristics of GHNP, there exists a potential avenue to not only attract tourists but also make a positive impact on the local economy and the preservation of cultural heritage. This study provides essential guidance for stakeholders who aim to enhance their strategies in promoting sustainable tourism practises and creating meaningful tourist experiences in the pristine Himalayan environment of GHNP, which is increasingly becoming a popular destination.

References

- Afshardoost, M., & Eshaghi, M. S. (2020). Destination image and tourist behavioural intentions: A meta-analysis. *Tourism Management*, 81, 104154.
- Akinci, S., & Aksoy, S. (2019). The impact of service recovery evaluation on word-of-mouth intention: A moderated mediation model of overall satisfaction, household income and gender. *Tourism Management Perspectives*, 31, 184-194.
- Aziz, Y. A., Hussin, S. R., Nezakati, H., Raja Yusof, R. N., & Hashim, H. (2018). The effect of socio-demographic variables and travel characteristics on motivation of Muslim family tourists in Malaysia. *Journal of Islamic Marketing*, 9(2), 222-239.
- Baloglu, S. (2001). Image variations of Turkey by familiarity index: informational and experiential dimensions. *Tourism Management*, *22*(2), 127–133. https://doi.org/10.1016/s0261-5177(00)00049-2
- Barnes, S. J., Mattsson, J., & Sørensen, F. (2014). Destination brand experience and visitor behavior: Testing a scale in the tourism context. *Annals of Tourism Research*, 48, 121– 139. https://doi.org/10.1016/j.annals.2014.06.002
- Buhalis, D. (2020). Technology in tourism-from information communication technologies to eTourism and smart tourism towards ambient intelligence tourism: a perspective article. *Tourism Review*, 75(1), 267-272. <u>https://doi.org/10.1108/TR-06-2019-0258</u>
- Chaulagain, S., Wiitala, J., & Fu, X. (2019). The impact of country image and destination image on US tourists' travel intention. *Journal of Destination Marketing and Management*, 12(October 2018), 1–11. https://doi.org/10.1016/j.jdmm.2019.01.005
- Chen, C. C., Chung, J. Y., Gao, J., & Lin, Y. H. (2017). Destination familiarity and favorability in a country-image context: examining Taiwanese travelers' perceptions of China. *Journal of Travel and Tourism Marketing*, 34(9), 1211–1223. https://doi.org/10.1080/10548408.2017.1330172
- Chen, C. F., & Tsai, D. C. (2007). How destination image and evaluative factors affect behavioral intentions? *Tourism Management*, 28(4), 1115–1122. https://doi.org/10.1016/j.tourman.2006.07.007
- Cheng, L. K., & Huang, H. L. (2022). Virtual tourism atmospheres: The effects of pleasure, arousal, and dominance on the acceptance of virtual tourism. *Journal of Hospitality and Tourism Management*, *53*, 143-152.
- Chi, H. K., Huang, K. C., & Nguyen, H. M. (2020). Elements of destination brand equity and destination familiarity regarding travel intention. *Journal of Retailing and Consumer*

Services, 52, 101728.

- Dey, B., Mathew, J., & Chee-Hua, C. (2020). Influence of destination attractiveness factors and travel motivations on rural homestay choice: the moderating role of need for uniqueness. *International Journal of Culture, Tourism and Hospitality Research*, 14(4), 639-666. <u>https://doi.org/10.1108/IJCTHR-08-2019-0138</u>
- Dias, Á. L., Patuleia, M., & Del Rosario González-Rodríguez, M. (2021). Post-pandemic recovery strategies: revitalizing lifestyle entrepreneurship Supplier Selection View project Top Management Team View project. *Article in Journal of Policy Research in Tourism Leisure and Events*. https://doi.org/10.1080/19407963.2021.1892124
- Dias, Á., Silva, G. M., Patuleia, M., & González-Rodríguez, M. R. (2021). Transforming local knowledge into lifestyle entrepreneur's innovativeness: exploring the linear and quadratic relationships. *Current Issues in Tourism*, 24(22), 3222–3238. https://doi.org/10.1080/13683500.2020.1865288
- Emerick, R. E., & Emerick, C. A. (1994). Profiling American Bed and Breakfast Accommodations. *Journal of Travel Research*, *32*(4), 20–25. https://doi.org/10.1177/004728759403200404
- Fisher, C. D. (2010). Happiness at Work. *International Journal of Management Reviews*, 12(4), 384–412. https://doi.org/10.1111/j.1468-2370.2009.00270.x
- Frost, J., & Frost, W. (2022). Exploring prosocial and environmental motivations of frontier tourists: implications for sustainable space tourism. *Journal of Sustainable Tourism*, 30(9), 2254-2270.
- Gunasekaran, N., & Anandkumar, V. (2012). Factors of Influence in Choosing Alternative Accommodation: A Study with Reference to Pondicherry, A Coastal Heritage Town. *Procedia - Social and Behavioral Sciences*, 62, 1127–1132. https://doi.org/10.1016/j.sbspro.2012.09.193
- Guthrie, J., & Gale, P. (1991). Positioning ski areas. New Horizons Conference Proceedings, 551–569.
- Hall, C. M., Scott, D., & Gössling, S. (2020). Pandemics, transformations and tourism: be careful what you wish for. *Tourism Geographies*, *22*(3), 577–598. https://doi.org/10.1080/14616688.2020.1759131
- Hammitt, W. E., Backlund, E., & Bixler, R. (2006). Place bonding for recreation places: Conceptual and empirical development. *Leisure Studies*, *25*(1), 17–41. https://doi.org/10.1080/02614360500098100
- Heetae, C., Weisheng, C., & Xiaofang, D. T. (2021). Travel overseas for a game: the effect of nostalgia on satellite fans' psychological commitment, subjective well-being, and travel intention. *Current Issues in Tourism*, 24(10), 1418–1434.
- Jamal, S. A., Othman, N. A., & Muhammad, N. M. N. (2011). The moderating influence of psychographics in homestay tourism in Malaysia. *Journal of Travel & Tourism Marketing*, 28(1), 48-61.
- Jamaludin, M., Othman, N., & Awang, A. R. (2012). Community Based Homestay Programme: A Personal Experience. *Proceedia - Social and Behavioral Sciences*, 42, 451–459. https://doi.org/10.1016/j.sbspro.2012.04.210
- Jovicic, D. Z. (2016). Key issues in the conceptualization of tourism destinations. *Tourism Geographies*, *18*(4), 445-457.
- Karki, K., Chhetri, B. B. K., Chaudhary, B., & Khanal, G. (2019). Assessment of Socioeconomic and Environmental Outcomes of the Homestay Program at Amaltari Village of Nawalparasi, Nepal. *Journal of Forest and Natural Resource Management*, 1(1), 77– 87. https://doi.org/10.3126/jfnrm.v1i1.22655
- Kastenholz, E., Eusébio, C., & Carneiro, M. J. (2018). Segmenting the rural tourist market by sustainable travel behaviour: Insights from village visitors in Portugal. *Journal of*

Destination Marketing & Management, 10, 132-142.

- Kim, K., Hallab, Z., & Kim, J. N. (2012). The moderating effect of travel experience in a destination on the relationship between the destination image and the intention to revisit. *Journal of Hospitality Marketing & Management*, 21(5), 486-505.
- Kim, M. J., Lee, C. K., & Jung, T. (2020). Exploring consumer behavior in virtual reality tourism using an extended stimulus-organism-response model. *Journal of travel research*, 59(1), 69-89.
- Kim, J. H., & Ritchie, J. R. B. (2014). Cross-Cultural Validation of a Memorable Tourism Experience Scale (MTES). *Journal of Travel Research*, 53(3), 323–335. https://doi.org/10.1177/0047287513496468
- Kim, S., Lehto, X., & Kandampully, J. (2019). The role of familiarity in consumer destination image formation. *Tourism Review*, 74(4), 885-901.
- Kock, F., Josiassen, A., & Assaf, A. G. (2019). The xenophobic tourist. *Annals of Tourism Research*, 74(November 2018), 155–166. https://doi.org/10.1016/j.annals.2018.11.005
- Kuhzady, S., Çakici, C., Olya, H., Mohajer, B., & Han, H. (2020). Couchsurfing involvement in non-profit peer-to-peer accommodations and its impact on destination image, familiarity, and behavioral intentions. *Journal of Hospitality and Tourism Management*, 44, 131–142. https://doi.org/10.1016/j.jhtm.2020.05.002
- Lee, C. F., Ou, W. M., & Huang, H. I. (2009). A study of destination attractiveness through domestic visitors' perspectives: The case of Taiwan's hot springs tourism sector. *Asia Pacific Journal of Tourism Research*, 14(1), 17-38.
- Lepp, A., & Gibson, H. (2003). Tourist roles, perceived risk and international tourism. *Annals of Tourism Research*, 30(3), 606–624. https://doi.org/10.1016/S0160-7383(03)00024-0
- Leri, I., & Theodoridis, P. (2019). The effects of the winery visitor experience on emotions, satisfaction and on post-visit behaviour intentions. *Tourism Review*, 74(3), 480-502.
- Li, L., & Zhang, Y. (2023). An extended theory of planned behavior to explain the intention to use carsharing: a multi-group analysis of different sociodemographic characteristics. *Transportation*, 50(1), 143-181.
- Lho, L. H., Quan, W., Yu, J., & Han, H. (2022). The sharing economy in the hospitality sector: The role of social interaction, social presence, and reciprocity in eliciting satisfaction and continuance behavior. *Humanities and Social Sciences Communications*, 9(1), 1-12. https://doi.org/10.1057/s41599-022-01379-y
- Lin, H.-Y., Wang, M.-H., & Wu, M.-J. (2017). A study of Airbnb use behavior in the sharing economy. *International Journal of Organizational Innovation*, *10*(1), 38–47. https://doi.org/10.1016/j.coms.2017.06.004
- Liu, J., & Ma, Y. (2017). The Perceptual Differences among Stakeholders in the Tourism Supply of Xi'an City, China. *Sustainability*, 9(2), 214. https://doi.org/10.3390/su9020214
- Mahadevan, R. (2018). Examination of motivations and attitudes of peer-to-peer users in the accommodation sharing economy. *Journal of Hospitality Marketing and Management*, 27(6), 679–692. https://doi.org/10.1080/19368623.2018.1431994
- Mehrabian, A., & Russel, J. A. (1974). *An approach to environmental psychology. Cambridge*. Massachusetts Institute of Technology.
- Meng, B., & Cui, M. (2020). The role of co-creation experience in forming tourists' revisit intention to home-based accommodation: Extending the theory of planned behavior. *Tourism Management Perspectives*, 33, 100581. https://doi.org/10.1016/j.tmp.2019.100581
- Miao, L., Im, J., So, K. K. F., & Cao, Y. (2022). Post-pandemic and post-traumatic tourism behavior. *Annals of Tourism Research*, *95*, 103410.

https://doi.org/10.1016/j.annals.2022.103410

- Michael, N., James, R., & Michael, I. (2018). Australia's cognitive, affective and conative destination image: an Emirati tourist perspective. *Journal of Islamic Marketing*, 9(1), 36–59. https://doi.org/10.1108/JIMA-06-2016-0056
- Möhlmann, M. (2015). Collaborative consumption: determinants of satisfaction and the likelihood of using a sharing economy option again. *Journal of Consumer Behaviour*, *14*(3), 193–207.
- Morakabati, Y. (2013). Tourism in the Middle East: Conflicts, Crises and Economic Diversification, Some Critical Issues. *International Journal of Tourism Research*, 15(4), 375–387. https://doi.org/10.1002/jtr.1882
- Murphy, L., Benckendorff, P., & Moscardo, G. (2007). Destination brand personality: Visitor perceptions of a regional tourism destination. *Tourism Analysis*, *12*(5–6), 419–432. https://doi.org/10.3727/108354207783227948
- Noesis. (2022). *Home away from home: Trend and opportunity in luxury rental and boutique homestay.*
- Ochsner, K. N. (2000). Are affective events richly recollected or simply familiar? The experience and process of recognizing feelings past. *Journal of Experimental Psychology: General*, 129(2), 242–261. https://doi.org/10.1037/0096-3445.129.2.242
- O'Regan, M., Salazar, N. B., Choe, J., & Buhalis, D. (2022). Unpacking overtourism as a discursive formation through interdiscursivity. *Tourism Review*, 77(1), 54-71. <u>https://doi.org/10.1108/TR-12-2020-0594</u>
- Papadimitriou, D., Apostolopoulou, A., & Kaplanidou, K. (Kiki). (2015). Destination Personality, Affective Image, and Behavioral Intentions in Domestic Urban Tourism. *Journal of Travel Research*, 54(3), 302–315. https://doi.org/10.1177/0047287513516389
- Park, S. H., Hsieh, C. M., & Lee, C. K. (2017). Examining Chinese College Students' Intention to Travel to Japan Using the Extended Theory of Planned Behavior: Testing Destination Image and the Mediating Role of Travel Constraints. *Journal of Travel and Tourism Marketing*, 34(1), 113–131. https://doi.org/10.1080/10548408.2016.1141154
- Prayag, G., & Ryan, C. (2012). Antecedents of Tourists' Loyalty to Mauritius. *Journal of Travel Research*, 51(3), 342–356. https://doi.org/10.1177/0047287511410321
- Promsivapallop, P., & Kannaovakun, P. (2017). A comparative assessment of destination image, travel risk perceptions and travel intention by young travellers across three ASEAN countries: a study of German students. *Asia Pacific Journal of Tourism Research*, 22(6), 634–650. https://doi.org/10.1080/10941665.2017.1308391
- Qiu, H., Wang, X., Wu, M. Y., Wei, W., Morrison, A. M., & Kelly, C. (2023). The effect of destination source credibility on tourist environmentally responsible behavior: An application of stimulus-organism-response theory. *Journal of Sustainable Tourism*, 31(8), 1797-1817.
- Ramkissoon, H., Weiler, B., & Smith, L. D. G. (2012). Place attachment and proenvironmental behaviour in national parks: The development of a conceptual framework. *Journal of Sustainable tourism*, 20(2), 257-276.
- Rishi, B., & Chatterjee, T. K. (2023). Typology of Indian Domestic Tourists: Clustering Based on Motives to Visit. *FIIB Business Review*. <u>https://doi.org/10.1177/231971452311513</u>.
- Rodríguez-Torrico, P., Prodanova, J., San-Martin, S., & Jimenez, N. (2020). The ideal companion: the role of mobile phone attachment in travel purchase intention. *Current Issues in Tourism*, 23(13), 1659–1672.
- Ryu, K., Bordelon, B. M., & Pearlman, D. M. (2013). Destination-Image Recovery Process and Visit Intentions: Lessons Learned from Hurricane Katrina. *Journal of Hospitality Marketing and Management*, 22(2), 183–203.

https://doi.org/10.1080/19368623.2011.647264

- Sharifpour, M., Walters, G., & Ritchie, B. (2013). Investigating the Role of Prior Knowledge in Tourist Decision Making: A Structural Equation Model of Risk Perceptions and Information Search. *Journal of Travel Research*, 53(3), 307–322.
- Shi, S., Gursoy, D., & Chen, L. (2019). Conceptualizing home-sharing lodging experience and its impact on destination image perception: A mixed method approach. *Tourism management*, 75, 245-256.
- Siikamäki, P., Kangas, K., Paasivaara, A., & Schroderus, S. (2015). Biodiversity attracts visitors to national parks. *Biodiversity and Conservation*, *24*(10), 2521–2534. https://doi.org/10.1007/S10531-015-0941-5
- Simon Wong, C. K., & Gladys Liu, F. C. (2011). A study of pre-trip use of travel guidebooks by leisure travelers. *Tourism Management*, 32(3), 616–628. https://doi.org/10.1016/j.tourman.2010.05.013
- Sipe, L. J., & Testa, M. R. (2018). From Satisfied to Memorable: An Empirical Study of Service and Experience Dimensions on Guest Outcomes in the Hospitality Industry. *Journal of Hospitality Marketing and Management*, 27(2), 178–195. https://doi.org/10.1080/19368623.2017.1306820
- Stepchenkova, S., & Morrison, A. M. (2006). The destination image of Russia: From the online induced perspective. *Tourism Management*, 27(5), 943–956. https://doi.org/10.1016/j.tourman.2005.10.021
- Stylidis, D. (2016). The Role of Place Image Dimensions in Residents' Support for Tourism Development. *International Journal of Tourism Research*, 18(2), 129–139. https://doi.org/10.1002/jtr.2039
- Stylidis, D., Woosnam, K. M., & Ivkov, M. (2020). Tourists' emotional solidarity with residents: A segmentation analysis and its links to destination image and loyalty. *Journal of Destination Marketing and Management*, 17. https://doi.org/10.1016/J.JDMM.2020.100458
- Stylidis, D., Woosnam, K. M., Ivkov, M., & Kim, S. S. (2020). Destination loyalty explained through place attachment, destination familiarity and destination image. *International Journal of Tourism Research*, 22(5), 604–616. https://doi.org/10.1002/JTR.2359
- Stylos, N., Bellou, V., Andronikidis, A., & Vassiliadis, C. A. (2017). Linking the dots among destination images, place attachment, and revisit intentions: A study among British and Russian tourists. *Tourism Management*, 60, 15–29. https://doi.org/10.1016/j.tourman.2016.11.006
- Tan, W. K., & Wu, C. E. (2016). An investigation of the relationships among destination familiarity, destination image and future visit intention. *Journal of destination marketing* & management, 5(3), 214-226.
- Tasci, A. D. A. (2006). Visit impact on destination image. *Tourism Analysis*, 11(5), 297–309. https://doi.org/10.3727/108354206779277381
- Tedeschi, R. G., & Calhoun, L. G. (2004). Posttraumatic Growth: Conceptual Foundations and Empirical Evidence. *Psychological Inquiry*, *15*(1), 1–18. https://doi.org/10.1207/S15327965PLI1501_01
- Treese, A. C., Johansson, M., & Lindgren, M. (2011). Oh, it's you again: Memory interference from irrelevant emotional and neutral faces. *Cognition and Emotion*, 25(5), 907–915. https://doi.org/10.1080/02699931.2010.508608
- Tussyadiah, I. P., & Pesonen, J. (2016). Impacts of Peer-to-Peer Accommodation Use on Travel Patterns. *Journal of Travel Research*, 55(8), 1022–1040. https://doi.org/10.1177/0047287515608505
- Virabhakul, V., & Huang, C. H. (2018). Effects of Service Experience on Behavioral intentions: Serial Multiple Mediation Model. *Journal of Hospitality Marketing and*

Management, 27(8), 997-1016. https://doi.org/10.1080/19368623.2018.1482251

- Wang, S., Berbekova, A., Uysal, M., & Wang, J. (2024). Emotional solidarity and co-creation of experience as determinants of environmentally responsible behavior: A stimulusorganism-response theory perspective. *Journal of Travel Research*, 63(1), 115-135.
- Wang, C. Y., & Hsu, M. K. (2010). The relationships of destination image, satisfaction, and behavioral intentions: An integrated model. *Journal of Travel and Tourism Marketing*, 27(8), 829–843. https://doi.org/10.1080/10548408.2010.527249
- Wang, X., Pei, T., Li, K., Cen, Y., Shi, M., Zhuo, X., & Mao, T. (2022). Analysis of changes in population's cross-city travel patterns in the pre- and post-pandemic era: A case study of China. *Cities*, 122, 103472. https://doi.org/10.1016/J.CITIES.2021.103472
- Weismayer, C. (2017). Information and Communication Technologies in Tourism 2017. Information and Communication Technologies in Tourism 2017, June. https://doi.org/10.1007/978-3-319-51168-9
- Wu, L., & Shimizu, T. (2020). Analyzing dynamic change of tourism destination image under the occurrence of a natural disaster: evidence from Japan. *Current Issues in Tourism*, 23(16), 2042–2058. https://doi.org/10.1080/13683500.2020.1747993
- Yang, J., Yuan, B., & Hu, P. (2009). Tourism destination image and visit intention: Examining the role of familiarity. *Journal of China Tourism Research*, 5(2), 174–187. https://doi.org/10.1080/19388160902910557
- Yang, S., Isa, S. M., Ramayah, T., Wen, J., & Goh, E. (2022). Developing an extended model of self-congruity to predict Chinese tourists' revisit intentions to New Zealand: the moderating role of gender. *Asia Pacific Journal of Marketing and Logistics*, 34(7), 1459-1481. <u>https://doi.org/10.1108/APJML-05-2021-0346</u>
- Ye, S., Xiao, H., & Zhou, L. (2018). Commodification and perceived authenticity in commercial homes. *Annals of Tourism Research*, 71(November 2017), 39–53. https://doi.org/10.1016/j.annals.2018.05.003
- Zhang, H., Fu, X., Cai, L. A., & Lu, L. (2014). Destination image and tourist loyalty: A metaanalysis. *Tourism Management*, 40, 213–223. https://doi.org/10.1016/j.tourman.2013.06.006
- Zhao, Y., Chau, K. Y., Shen, H., Duan, X., & Huang, S. (2020). The influence of tourists' perceived value and demographic characteristics on the homestay industry: A study based on social stratification theory. *Journal of Hospitality and Tourism Management*, 45, 479-485.
- Zheng, M. Y., Chen, C. C., Lin, H. H., Tseng, C. H., & Hsu, C. H. (2021). Research on the impact of popular tourism program involvement on rural tourism image, familiarity, motivation and willingness. *Sustainability*, 13(9), 4906. https://doi.org/10.3390/su13094906