

# Quality of patient- and proxy-reported outcomes for children with impairment of the lower extremity: A systematic review using the COnsensus-based Standards for selection of health Measurement INstruments methodology

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## Abstract

**Background:** Patient-reported outcome measures have become crucial in the clinical evaluation of patients. Appropriate selection, in a young population, of the instrument is vital to providing evidence-based patient-centered healthcare. This systematic review applies the COnsensus-based Standards for selection of health Measurement INstruments methodology to provide a critically appraised overview of patient-reported outcome measures targeted at pediatric orthopedic patients with lower limb impairment.

**Method:** A systematic search of electronic databases was performed to identify original studies reporting the development and/or validation of patient-reported outcome measures evaluating children with impairment of the lower extremity. Data extraction, quality assessment, and risk of bias evaluation were performed following the COnsensus-based Standards for selection of health Measurement INstruments guidelines and Preferred Reporting Items for Systematic reviews and Meta-Analyses statement.

**Results:** A total of 6919 articles were screened. Thirty-three studies were included, reporting evidence on the measurement properties of 13 different patient-reported outcome measures and 20 translations. Four studies reported on content validity and patient-reported outcome measure development. The methodological quality of studies on structural validity, content validity, or patient-reported outcome measure development was mostly rated as “doubtful” or “very good.” The quality of evidence on measurement properties varied noticeably, with most studies needing to perform improve their methodological quality to justify their results.

**Conclusion:** This review provides an extensive overview of all available patient-reported outcome measures for patients with lower extremity impairment within pediatric orthopedics. We cautiously advise the use of four patient-reported outcome measures. However, the scarce availability of research on content validity and patient-reported outcome measure development highlights an area for future research endeavors to improve our knowledge on the currently available patient-reported outcome measures.

**Level of evidence:** Diagnostic level I

**Keywords:** COnsensus-based Standards for selection of health Measurement INstruments, pediatric orthopedics, lower extremity, measurement properties, review (publication type)

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## Introduction

A patient-reported outcome (PRO) is an informational statement coming directly from patients describing their mental and physical well-being over time without the clinicians' interpretation.<sup>1</sup> Measuring these outcomes accurately requires a validated patient-reported outcome measure (PROM).<sup>1</sup> Clinicians and researchers can, through PROMs, evaluate a patient's health status and track changes over time.<sup>2,3</sup> PROMs are specifically developed to evaluate the patient within a predefined study population and require validation studies to provide adequate scientific justification for proper usage. A recent study by Arguelles et al.<sup>4</sup> revealed improper use of the majority of PROMs in pediatric orthopedic research. These results describe the adverse effects of using PROMs without proper validation studies, consequently influencing the findings of researchers and clinicians using these pediatric orthopedic PROMs.

The selection of a PROM is vital to its effectiveness. Factors essential to the proper selection and application of a PROM are the study population and disease for which the PROM was developed and subsequently validated. Therefore, it is imperative that clinicians and researchers are provided with validated PROMs. Traumatic injuries/impairments of the extremities are among the most common pediatric diagnoses.<sup>5,6</sup> Meanwhile, clinical follow-up through survival-based outcomes has transitioned to clinical follow-up using PROMs.<sup>7,8</sup> The need for proper use of validated PROMs has become more apparent because of this transition and increased incidence of injury.

This study is part of a research collaboration that aims to provide a comprehensive overview of PROMs used in pediatric orthopedics, evaluate the methodological quality of the respective validation studies, and formulate a recommendation on proper PROMs selection. A comprehensive overview of PROMs used for evaluating upper extremity problems has been previously published as part of this joint effort.<sup>9</sup> This review will provide an extensive overview of PROMs used in orthopedic patients with a lower extremity impairment.

## Methods and materials

A detailed study protocol has been previously published.<sup>10</sup>

**Design:** This systematic review was performed in accordance with the 10-step procedure within the updated COnsensus-based Standards for selection of health Measurements INstruments (COSMIN) risk of bias guidelines.<sup>11–13</sup> This systematic review adhered to the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) statement when reporting the synthesized evidence and data.<sup>14</sup>

**Pre-registration:** This study was pre-registered in PROSPERO with registration number: CRD42021287323.

**Search strategy:** The electronic database of PubMed and Embase were systematically searched to identify all relevant and current studies between 1 January 2000 and 1 December 2022. A clinical librarian was consulted to design a search string for both search engines to improve sensitivity and ensure proper identification of all relevant studies. The search was restricted to English and/or Dutch studies using a language filter. The search strings for each database can be found in greater detail in Appendix 1. In addition, a validated pediatric study search filter (by Leclercq et al.<sup>15</sup>) and two validated data filters (by Terwee et al.<sup>16</sup>) were used to enhance sensitivity.

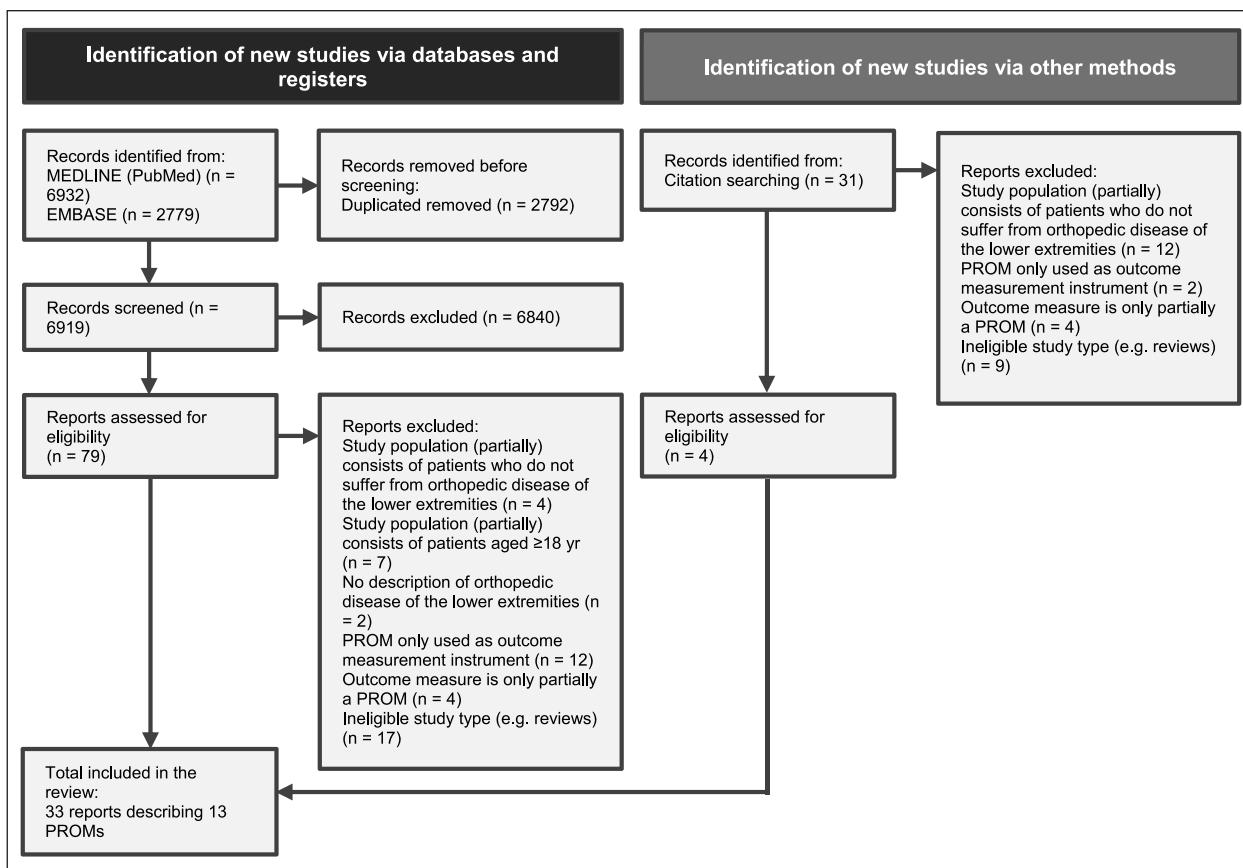
**Eligibility criteria:** Articles were considered eligible for inclusion if the following criteria were met: the full-text article of the original study was available and must describe the development and/or the evaluation of one or more measurement properties of a generic and/or disease-specific patient-reported and/or proxy-reported questionnaire of any language, in a population consisting of children (0–18 years old) with an impairment of the lower extremity. The exclusion criteria were as follows: a study using PROMs as an outcome measurement instrument or a PROM in a study population consisting of children with prosthetics.

**Study selection:** Study selection was split into two phases: a screening selection through title and abstract followed by a careful selection through full text. Two reviewers (T.F.S. and J.P.R.K.) independently identified eligible articles, and disagreements were resolved by a third reviewer (C.J.A.v.B.).

**Data extraction and appraisal:** The data of all included studies were extracted and underwent qualitative appraisal using the COSMIN methodology for qualitative evaluation of PROMs.<sup>11</sup> More detailed information on the taxonomy, guideline, and checklists can be found in studies by Mokkink et al.,<sup>17,18</sup> Terwee et al.,<sup>19</sup> and Prinsen et al.<sup>11</sup>

**Evaluation of the methodological quality:** The methodological quality of all included studies assessing the following measurement properties were rated with the COSMIN Risk of bias checklist;<sup>12</sup> validity (structural validity, hypotheses testing for construct validity and cross-cultural validity), reliability (internal consistency, reliability, and measurement error), and/or responsiveness of a PROM. To evaluate the overall methodological quality, the study was rated on a 4-point scale: "very good," "adequate," "doubtful," or "inadequate." After this "the worst score counts" principle was applied to determine the study's overall methodological quality on the PROM's psychometric properties.

**Data extraction:** The data on the patient characteristics of the included study populations, the characteristics of the included PROMs, and the evidence within each study on a psychometric property were extracted using the predefined tables within the COSMIN risk of bias checklist.<sup>11</sup>



**Figure 1.** PRISMA flowchart detailing the article selection process with the inclusion and exclusion criteria.

**Assessment of psychometric properties:** A set of pre-defined criteria<sup>11</sup> was constructed to standardize the rating of the studies on measurement properties. The results gathered from each individual study were rated as “sufficient (+),” “insufficient (−),” or “indeterminate (?)” accordingly.

**Evidence synthesis:** The evaluation of the methodological quality and the assessment of the studies on psychometric properties were performed by two reviewers (T.F.F.S. and J.P.R.S.) independently. If consensus could not be reached, an additional reviewer (C.J.A.v.B. and/or I.N.S.) was consulted. To ensure an evaluation and assessment of high quality, both reviewers upheld the predefined criteria corresponding to the COSMIN risk of bias checklist. The inter-rater agreement was considered appropriate when reviewers reached >80% agreement, a value proposed by the COSMIN development group.<sup>20</sup>

## Results

**General characteristics of included studies and instruments:** After duplicate removal (n=2792), a total of 6919 original studies were identified. After careful selection using the predefined inclusion and exclusion criteria, 33 original studies were included. The PRISMA flow diagram

describing the selection process is shown in Figure 1. The inter-rater agreement was calculated to be 87.8%, which exceeded the predefined minimum of 80% and was therefore deemed appropriate.

The key characteristics of the included studies and their study populations are described in Table 1. The 33 studies reported evidence on 13 individual PROMs and 20 translations. The least evaluated psychometric property was the responsiveness of the instrument (n=1). The most evaluated psychometric property was the construct validity (n=26). The detailed characteristics of the included measurement instruments can be found in Table 2.

**Synthesized evidence:** The results of the methodological quality assessment of the included studies, according to the COSMIN guidelines, can be found in Table 3. In addition, a comprehensive summary of the pooled results per psychometric properties reported for each study on an original PROM, according to COSMIN guidelines and GRADE approach, can be found in Table 4.

**Content validity and PROM development:** Four studies described content validity and PROM development. To determine the methodological quality of PROM development, a study should report on the comprehensibility and comprehensiveness of the instrument. Two studies<sup>25,30</sup> reported on these parameters and were rated as “adequate.”

**Table I.** Characteristics of the included studies.

PROM	References	n	Age, mean (SD, range), years	Gender % female	Disease	Country	Language
ACL-QOL	Marien et al. <sup>21</sup>	294	16.2 (1.3, 10.9–17.9)	64	Anterior cruciate ligament injury	Canada	English
Barnhoff	Herrgren et al. <sup>22</sup>	61	No mean (8–15)	Not reported	Slipped capital femoral epiphysis	Sweden	Swedish
BPH2.0	Lafave et al. <sup>23</sup>	133	14.9 (1.9, 8–18)	72	Patellofemoral instability	The United States of America	English
DSI	Masrouha et al. <sup>24</sup>	91	8.8 (3.3)	23	Idiopathic talipes equinovarus	Canada	English
GOAL-LD	Dermott et al. <sup>25</sup>	25	13.7 (9.0–17.9)	60	Lower limb differences	Australia	English
Griffiths et al. <sup>26</sup>	137	12.5 (3.2)	50	Cerebral palsy	The Netherlands	English	
KOOS-Child	van der Velden et al. <sup>27</sup>	101	15.0 (1.85)	66	Acute and chronic knee injuries	Canada	Dutch
Rioux Trottier et al. <sup>28</sup>	99	Control group: 13.3 (8.1–16.4) Pain group: 14.1 (9.2–16.8)	Control group: 57 Pain group: 60	Various knee problems	Greece	French	
Moutzouri et al. <sup>29</sup>	60	11.0 (1.8)	50	Knee injuries	Sweden	Greek	
Örtqvist et al. <sup>30</sup>	34	No mean (10–16)	50	Knee injuries	Sweden	Swedish	
Örtqvist et al. <sup>31</sup>	115	13.0 (1.85)	56	Various knee problems	Sweden	and English	
Neuhaus et al. <sup>32</sup>	47	Conservative group: 13.4 (1.8) Intervention group: 15.3 (1.9)	Conservative group: 79 Intervention group: 78	Acute knee injuries	Germany	German	
Hansen et al. <sup>33</sup>	153	13.7 (10–15)	52	ACL deficiency	Denmark	Danish	
Chhina et al. <sup>34</sup>	17	13 (8–17)	41	Lower limb deficiency	Canada	English	
van der Velden et al. <sup>27</sup>	101	15.0 (1.85)	66	Acute and chronic knee injuries	The Netherlands	Dutch	
Boykin et al. <sup>35</sup>	135	15 (10.1–18.9)	41	Anterior cruciate ligament injuries	United States of America	English	
Macchiarola et al. <sup>36</sup>	89	12.6 (2.1)	48	Acute and chronic knee injuries	Italy	Italian	
Schafer et al. <sup>37</sup>	145	14 (7–17)	53	Knee pain	United States of America	English	
Kocher et al. <sup>38</sup>	589	14.6 (2.5)	51	Acute knee injuries	United States of America	English	
Jacobsen et al. <sup>39</sup>	99	14 (9–18)	49	Acute knee injuries	Denmark	Danish	
Schnitt et al. <sup>40</sup>	673	14.2	54	Various knee problems	United States of America	English	
Herrera Rodriguez et al. <sup>41</sup>	50	11.8 (8–15)	Not reported	Traumatic knee injuries	Colombia	Spanish	
Marot et al. <sup>42</sup>	44	13.8 (1.5)	36	Knee pain	France	French	
Kothari et al. <sup>43</sup>	95	Pediatric flat feet: 12.0 (2.0) Typical developing flat feet: 11.9 (2.3)	Pediatric flat feet: 60 Typical developing flat feet: 34	(Congenital) feet abnormalities	The United Kingdom	English	
PODCI	Lee et al. <sup>44</sup>	92	10.2 (3.7, 5.1–18)	34	Cerebral palsy	South Korea	Korean
PROMIS	Adjei et al. <sup>45</sup>	294	13.7 (2.1)	50	Lower extremity injuries	The United States of America	English
	Schafer et al. <sup>37</sup>	145	14 (7–17)	53	Knee pain	The United States of America	English
	Masrouha et al. <sup>24</sup>	91	8.8 (3.3)	23	Idiopathic club foot	The United States of America	English
OxAFQ-c	Burger et al. <sup>46</sup>	64	10.8 (3.4)	42	Congenital foot/ankle disease	The Netherlands	Dutch
	Morris et al. <sup>47</sup>	16	9.5 (5–15)	38	Congenital foot/ankle disease	The United Kingdom	English
	Hajebrahimi et al. <sup>48</sup>	49	8.8 (3.3, 6–18)	27	Congenital talipes equinovarus	Turkey	Turkish
	Kothari et al. <sup>43</sup>	95	Pediatric flat feet: 12.0 (2.0) Typical developing flat feet: 11.9 (2.3)	Pediatric flat feet: 60 Typical developing flat feet: 34	(Congenital) feet abnormalities	The United Kingdom	English
	Martinelli et al. <sup>49</sup>	61	10.9 (1.6)	46	Symptomatic flexible flatfeet	Italy	Italian
	Morris et al. <sup>50</sup>	80	12.2 (2.5)	48	Congenital foot/ankle disease	The United Kingdom	English
	Morris et al. <sup>51</sup>	158	11.1 (2.9)	Not reported	Congenital foot/ankle disease	The United Kingdom	English
	Cho et al. <sup>52</sup>	169	10.8 (3.3)	40	Congenital foot/ankle disease	South Korea	Korean
	Alotaibi et al. <sup>53</sup>	87	8.3 (2.9)	44	Congenital foot/ankle disease	Saudi Arabia	Arabic

SD: standard deviation; ACL-QOL: Anterior Cruciate Ligament Quality of Life; ACL: anterior cruciate ligament; BPH2.0: Banff Patellofemoral Instability Instrument 2.0; DSI: disease-specific instrument; GOAL-LD: Gait Outcome Assessment List for Lower-limb Differences; KOOS: Knee Osteoarthritis Outcome Score; LIMB-QOL: lower Limb Quality of Life; PEDIKDC: Pediatric Evaluation of Disability Inventory Internal Knee Documentation Committee; PediSKY: Pediatric Simple Knee Value; PED-QL: PEDiatric Quality of Life inventory; PROMIS: Patient-Reported Outcomes Measurement Information System; PODCI: Pediatric Outcomes Data Collection Instrument; OxAFQ-c: Oxford Ankle Foot Questionnaire for children.

**Table 2.** Characteristics of the included PROMs.

PROM (reference to first article)	Construct(s)	Target population	Mode of administration	Recall period (Sub)scale(s) (number of items)	Response options	Range of scores/scoring	Original language	Available translations <sup>a</sup>
ACL-QOL <sup>21</sup>	Quality of life	Adolescent patients with ACL injury	Self-report	6, 12 and 24months (32 items)	Sliding scale	0–100	English	
Barnholt <sup>22</sup>	Manual ability	Children 8–15 years with hip disorder	Parent proxy	6 weeks			English	Swedish
BPII2.0 <sup>23</sup>		Adolescent patients with patellar instability	Self-report	2 weeks			English	
DSI <sup>24</sup>	Functional assessment	Children with idiopathic clubfoot		5 domains			English	English
GOAL-LD <sup>25</sup>	Lower extremity function	Children 5–18 years (with cerebral palsy)	Self-report and parent proxy	6 domains (45 items)	6 point Likert rating scale	0–5	English	
KOOS-Child <sup>30</sup>	Functional assessment	Children 10–18 years with knee injury	Self-report with parental help	5 domain (48 items)	Rating scale and 5 level Likert rating scale	0–100	Swedish	Dutch, French, Greek, English, German, Danish
LIMB-QOL <sup>34</sup>	Quality of life	Children 8–18 years with lower limb deformities	Self-report	11 scales (159 items)	5 point Likert rating scale	0–4	English	
PEDI IKDC <sup>54</sup>	Functional assessment	Children 9–18 years with knee injuries	Self-report and parent proxy	5 domains (18 items)	5 level Likert rating scale	0–100	English	Dutch, Italian, Danish, Spanish
Pedi-SVK <sup>42</sup>	Functional assessment	Pediatric patient with knee pain	Self-report	1 scale	Sliding scale	0–100	French	
PED-QL <sup>43</sup>	Perceived limitations	Children 2–18 years	Self-report and parent proxy	4 domains (23 items)	5 point Likert rating scale	0–4	English	
PODCI <sup>44</sup>	Perceived limitations	Children with cerebral palsy	Self-report				English	Korean
PROMIS <sup>45</sup>	Lower extremity function	Children 8–17 years with musculoskeletal disorder	Self-report and parent proxy	4 domains (15 items)	5 points Likert rating scale	0–4	English	Dutch, Italian, Danish, Turkish, Korean, Arabic
OxAFQ-c <sup>47</sup>	Functional assessment	Children 5–17 years with foot ankle problems	Self-report and parent proxy	4–6 months				

PROM: patient-reported outcome measurement; ACL-QOL: Anterior Cruciate Ligament Quality of Life; ACL: anterior cruciate ligament; BPII2.0: Banff Patellofemoral Instability Instrument 2.0; DSI: disease-specific instrument; GOAL-LD: Gait Outcome Assessment List for Lower-limb Differences; KOOS: Knee Osteoarthritis Outcome Score; LIMB-QOL: lower LIMB Quality of Life; PEDI-IKDC: Pediatric Evaluation of Disability Inventory Internal Knee Documentation Committee; PedISKY: Pediatric Simple Knee Value; PED-QL: PEDiatric Quality of Life Inventory; PROMIS: Patient-Reported Outcomes Measurement System; PODCI: Pediatric Outcomes Data Collection Instrument; OxAFQ-c: Oxford Ankle Foot Questionnaire for children.

<sup>a</sup>PROM translations that have been cross-cultural adapted and/or validated in the population of interest of this review.

**Table 3.** Methodological quality and ratings of measurements properties of the included PROMs.

(Continued)

**Table 3.** (Continued)

PROM	References	Measurement property	Methodological quality	Rating
LIMB-Q PEDI IKDC	Chhina et al. <sup>34</sup> Van der Velden et al. <sup>27</sup>	PROMs development quality of pilot study Reliability Measurement error Hypothesis testing for construct validity: convergent validity Responsiveness: construct approach (hypothesis testing) Internal consistency Hypothesis testing for construct validity: convergent validity Internal consistency Reliability Measurement error Hypothesis testing for construct validity: convergent validity Responsiveness: construct approach (hypothesis testing) before and after intervention Hypothesis testing for construct validity: convergent validity Internal consistency Reliability Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) before and after intervention Internal consistency Reliability Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) before and after intervention Internal consistency Reliability Measurement error Responsiveness: construct approach (hypothesis testing) before and after intervention Internal consistency Hypothesis testing for construct validity: convergent validity Internal consistency Reliability Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) before and after intervention Hypothesis testing for construct validity: convergent validity Structural validity Internal consistency Reliability Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: convergent validity	Very good Adequate Adequate Adequate Inadequate Inadequate Adequate Adequate Very good Very good Very good Very good Doubtful Adequate Very good Doubtful Adequate Adequate Doubtful Doubtful Very good Doubtful Doubtful Doubtful Very good Doubtful Doubtful Doubtful Very good Adequate Doubtful Doubtful Very good Doubtful Doubtful Doubtful Very good Adequate Doubtful Doubtful Very good Adequate Adequate Very good Very good Very good	+
Boykin et al. <sup>35</sup>			6+/- 3+/- -	?
Macchiarola et al. <sup>36</sup>			7+/- ?	?
Schafer et al. <sup>37</sup> Kocher et al. <sup>38</sup>			1+/- ?	?
Jacobsen et al. <sup>39</sup>			+	?
Schmitt et al. <sup>40</sup>			1+ 1+ 1+ ?	?
Herrera et al. <sup>41</sup>			3+ ?	?
Pedi-SVK	Marot et al. <sup>42</sup>		- 1+ 1+ ?	?
PED-QL	Kothari et al. <sup>43</sup>		6+/- 7+/- ?	?
PODCI PROMs	Min Lee et al. <sup>44</sup> Adjei et al. <sup>45</sup> Schafer et al. <sup>37</sup>		2+ ?	?

(Continued)

Table 3. (Continued)

PROM: patient-reported outcome measurement; ACL-QOL: Anterior Cruciate Ligament Quality of Life; ACL: anterior cruciate ligament; BPII.0: Banff Patellofemoral Instability Instrument 2.0, DSI: disease-specific instrument; GOAL-ID: Gait Outcome Assessment List for Lower-limb Differences; KOOS: Knee Osteoarthritis Outcome Score; LIMB-QOL: lower LIMB Quality of Life; PDI-I-KDC: Pediatric Evaluation of Disability Inventory Internal Knee Documentation Committee; PediSKY: Pediatric Simple Knee Values; PED-QL: PEdiatric Quality of Life inventory; PROMIS: Patient-Reported Outcomes Measurement System; PODCI: Pediatric Outcomes Data Collection instrument; Q-AFOC: Q-Factor Ankle Foot Orthosis Questionnaire for children

**Table 4.** Synthesized evidence.

PROM (reference)	Measurement property	Summarized results	Overall rating	Quality of evidence
ACL-QoL <sup>21</sup>	Internal consistency	Cronbach's alpha = 0.93–0.97	?	Moderate
Barnhoff <sup>22</sup>	Reliability	ICC = 0.997	+	Low
	Measurement error	SEM = 0.75	?	Low
	Responsiveness	4 out of 4 hypothesis confirmed. Cohen d = 0.56	+	Low
	Structural validity	No results were reported	?	Low
BPH12.0 <sup>23</sup>	Reliability	Weighted kappa = 0.88–1.00	Moderate	Low
	Construct validity	1 out of 2 hypothesis confirmed	+	Low
	Internal consistency	Cronbach's alpha = 0.95	+	Moderate
DSI <sup>24</sup>	Reliability	ICC = 0.94	?	?
	Construct validity	No hypothesis defined	+	?
	Construct validity	No hypothesis defined	?	?
KOOS-Child (original Swedish) <sup>30,31</sup>	Internal consistency	Cronbach's alpha = 0.85–0.94	High	High
	Reliability	ICC = 0.85	+	High
	Construct validity	4 out of 4 hypothesis confirmed.	+	High
KOOS-Child (Dutch version) <sup>27</sup>	Internal consistency	Cronbach's alpha = 0.8–0.9	Moderate	Moderate
	Reliability	ICC = 0.78–0.91	Moderate	Moderate
KOOS-Child (French version) <sup>28</sup>	Measurement error	SEM = 5.3–8.1, SDCind = 14.6–22.6, SDCcgr = 1.7–2.7	?	?
	Construct validity	7 out of 7 hypothesis confirmed	+	?
	Responsiveness	5 out of 5 hypothesis confirmed	+	?
KOOS-Child (Greek version) <sup>29</sup>	Reliability	ICC = 0.7–1.0	Very low	?
	Measurement error	SEM = 8.9–16.9, SDC = 24.7–46.9	?	?
	Construct validity	13 out of 20 hypothesis confirmed	+	?
	Responsiveness	14 out of 20 hypothesis confirmed	+	?
	Internal consistency	Cronbach's alpha = 0.622–0.959	?	?
	Construct validity	11 out of 15 hypothesis confirmed	+	?
	Structural validity	Model fit not described	–	?
	Internal consistency	Cronbach's alpha = 0.81–0.96	–	?
	Reliability	ICC/Kappa not reported	–	?
	Construct validity	No hypothesis defined	–	?
	Responsiveness	AUC = 0.99–1.00	–	?
KOOS-Child (German version) <sup>32</sup>	Internal consistency	Cronbach's alpha = 0.77–0.90	Low	Low
	Reliability	Spearman's correlation = 0.85–0.94	Low	Low
KOOS-Child (Danish version) <sup>33</sup>	Responsiveness	No hypothesis defined	High	Moderate
	Structural validity	For all subscales, the unidimensional CFA model did not fit the data.	?	Low
	Measurement invariance	No important DIF for group factors	?	Low
	Reliability	ICC or weighted kappa not reported	?	Low
Pedi-IKDC <sup>35,38,40</sup>	Responsiveness	No hypothesis defined	Moderate	?
	Internal consistency	Cronbach's alpha = 0.765–0.91	+	?
	Reliability	ICC = 0.86–0.95	+	?
	Construct validity	22 out of 27 hypothesis confirmed	+	?
	Responsiveness	1 out of 1 hypothesis confirmed	+	?
Pedi-IKDC (Dutch version) <sup>27</sup>	Reliability	ICC = 0.8–0.9	+	?
	Measurement error	SEM = 8.6, SDC = 23.8	+	?
	Construct validity	6 out of 8 hypothesis confirmed	+	?
	Responsiveness	3 out of 4 hypothesis confirmed	+	?
Pedi-IKDC (Italian version) <sup>36</sup>	Internal consistency	Cronbach's alpha = 0.92	+	?
	Reliability	ICC = 0.86	+	?
	Measurement error	SEM = 4.4, SDC = 12.3	+	?

(Continued)

**Table 4.** (Continued)

PROM (reference)	Measurement property	Summarized results	Overall rating	Quality of evidence
Pedi-IKDC (Danish version) <sup>39</sup>	Construct validity	1 out of 2 hypothesis confirmed	+ ?	Very low
	Responsiveness	No hypothesis defined	?	
	Internal consistency	Cronbach's alpha = 0.90	+	Moderate
	Reliability	ICC = 0.90	?	
	Measurement error	SEM = 4.1, SDC = 11.3	+	Low
	Responsiveness	ROC = 0.7	?	
	Internal consistency	Cronbach's alpha = 0.824	+	Low
	Reliability	ICC = 0.649	?	Moderate
Pedi-SYK <sup>42</sup>	Construct validity	2 out of 2 hypothesis confirmed	+	Low
	Responsiveness	No hypothesis defined	?	
	Internal consistency	Cronbach's alpha = 0.911	+	Low
	Construct validity	16 out of 19 hypothesis confirmed	+	Very low
	Structural validity	2 of 12 items did not fit into unidimensionality scale ( $t \geq 1.96$ )	+	
	Internal consistency	No Cronbach's alpha reported	+	
	Reliability	No weighted kappa reported	+	
	Measurement error	No standard measurement error reported	+	
	Construct validity	2 out of 2 hypothesis confirmed	+	
	Structural validity	No model fit reported.	+	
	Internal consistency	Cronbach's alpha = 0.78–0.92	+	Moderate
PODCI <sup>44</sup>	Reliability	ICC = 0.76–0.95	+	Low
PROMIS <sup>43,47,50,51,55</sup>	Construct validity	MDC = 6–8	+	Moderate
	Responsiveness	15 out of 18 hypothesis confirmed	+	Very low
	Internal consistency	4 out of 4 hypothesis confirmed	+	Moderate
OxAFQ-c (original version) <sup>43,47,50,51,55</sup>	Reliability	Cronbach's alpha = 0.602–0.826	+	Low
OxAFQ-c (Dutch version) <sup>46</sup>	Construct validity	ICC = 0.538–0.884	+	Moderate
	Responsiveness	6 out of 7 hypothesis	+	Very low
	Internal consistency	No hypothesis defined	+	Moderate
OxAFQ-c (Turkish version) <sup>48</sup>	Reliability	Cronbach's alpha = 0.92–0.96	+	Low
OxAFQ-c (Italian version) <sup>49</sup>	Construct validity	ICC = 0.93–0.96	+	Moderate
	Internal consistency	4 out of 6 hypothesis confirmed	+	Low
	Reliability	Cronbach's alpha in all domain $\geq 0.7$	+	Very low
OxAFQ-c (Korean version) <sup>52</sup>	Construct validity	ICC = 0.87–0.99	+	Moderate
	Internal consistency	SDD = 7.0–17.0	+	Low
OxAFQ-c (Arabic version) <sup>53</sup>	Construct validity	2 out of 2 hypothesis confirmed	+	Moderate
	Reliability	8 out of 8 hypothesis confirmed	+	Very low
	Construct validity	No model fit reported	+	Moderate
	Internal consistency	Cronbach's alpha = 0.765–0.901	+	Low
	Reliability	6 out of 6 hypothesis confirmed	+	Very low
	Measurement error	Cronbach's alpha = 0.80–0.89	+	Moderate
	Construct validity	ICC = 0.87–0.94	+	Low
	Reliability	SEM = 6.1–10.2, MDC = 16.9–28.2	+	Low
	Construct validity	7 out of 7 hypothesis confirmed	+	Low

PROM: patient-reported outcome measurement; ACL-QoL: Anterior Cruciate Ligament Quality of Life; ICC: intraclass correlation coefficient; SEM: standard error of measurement; BP12.0: Banff Patellofemoral Instability Instrument 2.0; DS1: disease-specific instrument; GOAL-LD: Gait Outcome Assessment List for Lower-limb Differences; KOOS: Knee Osteoarthritis Outcome Score; SDClnd: smallest detectable change index group; SDCgr: smallest detectable change control group; SDC: smallest detectable change; AUC: area under curve; CFA: confirmatory factor analysis; DIF: differential item functioning; PEDI-IKDC: Pediatric Evaluation of Disability Inventory Internal Knee Document Committee; PedISKV: Pediatric Simple Knee Value; PED-QoL: Pediatric Quality of Life inventory; PODCI: Pediatric Outcomes Data Collection Instrument; PROMIS: Patient-Reported Outcomes Measurement Information System; OxAFQ-c: Oxford Ankle Foot Questionnaire for children; SDD: smallest detectable difference; MDC: minimal detectable change.

Two studies<sup>34,47</sup> reported on these parameters and were rated as “very good.”

**Structural validity:** The structural validity was evaluated for six PROMs.<sup>22,29,33,44,51,52</sup> Three studies reported on the structural validity of a cultural adaption of the original PROMs.<sup>29,44,52</sup> All studies<sup>22,29,33,44,51,52</sup> failed to report on the important aspects of the item-related theory or Rasch analyses and did not describe the model fit. The results of the PROMs did not meet the COSMIN criteria for good measurement properties.

**Internal consistency:** To provide a correct analysis on the quality of the internal consistency within a PROM, the instrument must show at least low-quality evidence of its structural validity. Accordingly, the results of the analyses on internal consistency for 19 PROMs were reported as “indeterminate” due to insufficient evidence on the structural validity studies of these PROMs. The original version of the KOOS-Child questionnaire<sup>30</sup> and the original version of the OxAFQ-c<sup>47</sup> were the only two studies that both showed an adequate quality of evidence for structural validity and were therefore rated.

**Reliability:** Twenty-one studies<sup>21–23,26,27,29,31–33,36,38,39,41,45,46,48,49–51,53</sup> reported on the test-retest reliability of the instrument. Four studies reported no intraclass correlation coefficient (ICC) values or ICC values ranging below <0.7, thus demonstrating insufficient evidence on the quality of the test-retest reliability of the instrument.<sup>29,41,45,46</sup>

**Measurement error:** Eleven studies reported the measurement error of their respective PROM.<sup>21,27,31,33,36,39,45,49,50,53</sup> None of the PROMs included in these analyses had previously published information on the minimal important change. Therefore, all included data on measurement error were rated as “indeterminate.”

## Discussion

This is the first systematic review to provide an extensive overview of the available evidence on the psychometric properties of PROMs used to evaluate pediatric patients with an impairment of the lower extremity. This systematic review is a continuation of the joined effort to provide a comprehensive overview of the evidence on the psychometric properties of PROMs used for both upper and lower extremities.<sup>9,10</sup> With the use of the updated COSMIN methodology, to ensure a high-quality assessment, a total of 6919 publications were screened, resulting in 13 PROMs reporting a total of 112 psychometric properties. The results of this study increase the knowledge on proper use of PROMs through an evidence-based review and extensive recommendations.

Given the data currently available and our corresponding analyses for both upper and lower extremities, which together constitute the current evidence on psychometric properties of pediatric orthopedic PROMs, a

lack of sufficient quality evidence becomes unmistakable. Consequently, our extensive overview demonstrates that the use of the instruments included in this review and currently used in pediatric orthopedics for evaluating lower extremity impairment is not sufficiently supported. At least a low-quality evidence on content validity and internal consistency, combined with at least adequate methodological quality of the study itself, is essential to justify proper usage of a PROM in current clinical practice and for research purposes.<sup>11</sup> Therefore, more studies should have provided sufficient evidence to support the structural validity of the instruments and have provided more evidence on content validity and internal consistency.

The most commonly researched PROMs, and commonly used in current practice, are the KOOS-Child, OxAFQ-c, and Pedi-IKDC. Other PROMs (ACL-QoL, Barnhoft, BPII 2.0, DSI, Pedi-SVK, Ped-QoL, PODCI, PROMIS) have shown at least adequate evidence on methodological quality of their studied psychometric properties; however, these PROMs have no evidence on the quality of content validity and PROM development. During our analyses, four PROMs were supported with evidence on PROM development and/or content validity. The OxAFQ-c, LIMB-Q, and GOAL-LD<sup>25,34,47</sup> provided adequate quality of evidence on content validity, the most important psychometric property when determining whether or not the instrument has the ability to detect how well an instrument covers all relevant parts of the construct it aims to measure. The KOOS-Child provided very good evidence on the respective PROM development but no evidence concerning content validity. Our analyses showed none of the PROMs were tested for the same population and disease in two different individual studies. Because of the strengths of the studies on the KOOS-Child, OxAFQ-c, and GOAL-LD, we could formulate a very cautious positive advice on the use of these PROM. The PEDI-IKCD has no supportive evidence on the development of the PROM; however, studies provided quality evidence on the psychometric properties, we could also cautiously advice using the PEDI-IKCD.

For clinicians and researchers using the instrument, it is imperative to know whether the instrument is fitted to test the study population at hand. The use of each instrument should therefore be validated for a specific patient population and it should be clearly stated for what disease or disability the PROM has been validated. The patient and disease-specific characteristics of the included study populations were, in general, not described in extensive detail; the severity of the disease was mostly left out. The applicability of an instrument to be tested on a specific population is therefore lessened, especially combined with the overall very low quality of provided evidence for the suspected population in which the instrument is tested in the original study.

**Table 5.** Summary of the PROMs which have shown enough evidence to be used in daily clinical practice and for research purposes.

PROM (reference to first article)	Testable construct(s)	Target population	Mode of administration	Original language (and translations)	Summary of all measurement properties found within this review per PROM
GOAL-LD <sup>25</sup>	Lower extremity function	Children 5–18 years (with cerebral palsy)	Self-report and parent proxy	English	Reliability Internal consistency PROM development quality of pilot study Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Reliability Responsiveness Structural validity Measurement error Internal consistency
KOOS-Child <sup>30</sup>	Functional assessment	Children 10–18 years with knee injury	Self-report with parental help	Swedish (Dutch, French, Greek, English, German, Danish)	PROMS development quality of pilot study Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) before and after intervention Responsiveness: construct approach (hypothesis testing) comparison between subgroups
PEDI IKDC <sup>54</sup>	Functional assessment	Children 9–18 years with knee injuries	Self-report and parent proxy	English (Dutch, Italian, Danish, Spanish)	Reliability Internal consistency Measurement Error Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) before and after intervention
OxAFQ-c <sup>47</sup>	Functional assessment	Children 5–17 years with foot ankle problems	Self-report and parent proxy	English (Dutch, Italian, Danish, Turkish, Korean, Arabic)	Reliability Structural validity Internal consistency Measurement error PROMS development quality of elicitation study Hypothesis testing for construct validity: convergent validity Hypothesis testing for construct validity: discriminative validity Responsiveness: construct approach (hypothesis testing) comparison between subgroups Responsiveness: construct approach (hypothesis testing) before and after intervention

PROM: patient-reported outcome measures; GOAL-LD: Gait Outcome Assessment List for Lower-limb Differences; PEDi: Pediatric Evaluation of Disability Inventory Internal Knee Documentation Committee.

The COSMIN methodology makes a review on psychometric properties of PROMs a standardized process. This systematic approach strengthens the objective results gathered. However, using the COSMIN checklist requires subjective input and judgment by the reviewer. To address this potential source of selection and information bias, two (and sometimes three) reviewers independently extracted, gathered, and evaluated the data according to the COSMIN guidelines after which these results were shared, pooled, and discussed. Throughout the evaluation on the methodological quality of the studies, the “worst score counts” principles was applied in multiple instances. The incidental subjective input from the reviewers combined with a “worst score counts” principles could lead to an underestimate of the true quality and quantity of the evidence available. This is especially important in pediatric orthopedic PROMs, where research is scarce and not widely known or available.

In conclusion, a comprehensive overview was given of PROMs for pediatric patients with lower extremity impairment. We cautiously advice on the use of the KOOS-Child, OxAFQ-c, and GOAL-LD PROM because of their relevant evidence on PROMs development and content validity with supportive evidence on the psychometric properties. The Pedi-IKCD could also, cautiously, be used in practice due to good quality of evidence on the psychometric properties; however, no studies support the content validity or PROM development of this PROM. Noticeably, the absence of content validity—“only” studies on the PROMs accentuates the knowledge gap in proper PROMs usage, as no study has provided any evidence that the PROMs reflect the construct they intend to measure. These results are similar for PROMs used for pediatric patients with upper extremity impairments. Future efforts must be made to develop high-quality and well-validated patient-reported outcomes measurement questionnaire for the pediatric orthopedic patient. A summarized overview of the PROMs which can, cautiously, be used in daily clinical practice and research can be found in Table 5.

### Authors' note

All listed authors have contributed to the design and analysis of the decision rule, commented on the drafts, and approved the final manuscript and agree with being accountable for all of its aspects and with its submission to *Journal of Children's Orthopaedics* all in accordance with the ICMJE guidelines.

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### Author contributions

In the process of creating the manuscript, the five authors fulfilled the following roles and tasks:

1. TFFS Main author and first reviewer; design of the review, constructing and executing the search strategy, screening publications, analysis and interpretation of data, conception, and writing of the manuscript.
2. JPRK Second reviewer; constructing and executing the search strategy, screening publications, analysis, and interpretation of data.
3. INS Second supervisor; providing critical revisions and help with interpretation of data.
4. DE Third supervisor; provided orthopedic and scientific expertise and critical revisions to the study protocol.
5. C.J.A.v.B. First supervisor; conception and design of the review, provided orthopedic and scientific expertise and critical revisions to the study protocol.

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### Availability of data and materials

All data analyzed during this study are included in this article and its supplementary files.

### Supplemental material

Supplemental material for this article is available online.

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