

1 **Mitral Annular Disjunction in Idiopathic Ventricular Fibrillation Patients: Just a**

2 **Bystander or a Potential Cause?**

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## 1 Abstract

2 **Aims:** Previously, we demonstrated that inferolateral mitral annular disjunction (MAD) is more  
3 prevalent in patients with idiopathic ventricular fibrillation (IVF) than in healthy controls. In the  
4 present study, we advanced the insights into the prevalence and ventricular arrhythmogenicity by  
5 inferolateral MAD in an even larger IVF cohort.

6 **Methods and results:** This retrospective multicentre study included 185 IVF patients (median  
7 age 39 [27, 52] years, 40% female). Cardiac magnetic resonance images were analysed for mitral  
8 valve and annular abnormalities and late gadolinium enhancement. Clinical characteristics were  
9 compared between patients with and without MAD. MAD in any of the 4 locations was present  
10 in 112 (61%) IVF patients and inferolateral MAD was identified in 24 (13%) IVF patients. Mitral  
11 valve prolapse (MVP) was found in 13 (7%) IVF patients. MVP was more prevalent in patients  
12 with inferolateral MAD compared with patients without inferolateral MAD (42% vs. 2%,  
13  $p < 0.001$ ). Proarrhythmic characteristics in terms of a high burden of premature ventricular  
14 complexes (PVC) and non-sustained ventricular tachycardia (VT) were more prevalent in patients  
15 with inferolateral MAD compared to patients without inferolateral MAD (67% vs. 23%,  $p < 0.001$   
16 and 63% vs 41%,  $p = 0.046$ , respectively). Appropriate implantable cardioverter defibrillator  
17 therapy during follow-up was comparable for IVF patients with or without inferolateral MAD  
18 (13% vs. 18%,  $p = 0.579$ ).

19 **Conclusion:** A high prevalence of inferolateral MAD and MVP is a consistent finding in this  
20 large IVF cohort. The presence of inferolateral MAD is associated with a higher PVC burden and  
21 non-sustained VTs. Further research is needed to explain this potential interplay.

22

1 **Keywords:** idiopathic ventricular fibrillation, cardiac magnetic resonance, mitral valve prolapse,  
2 mitral annular disjunction, ventricular arrhythmias

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#### 4 **Abbreviations**

5 **CMR:** cardiac magnetic resonance

6 **CT:** computed tomography

7 **ECG:** electrocardiogram

8 **ICD:** implantable cardioverter defibrillator

9 **IVF:** idiopathic ventricular fibrillation

10 **LGE:** late gadolinium enhancement

11 **LV:** left ventricle

12 **MAD:** mitral annular disjunction

13 **MVP:** mitral valve prolapse

14 **PVC:** premature ventricular complexes

15 **VF:** ventricular fibrillation

16 **VT:** ventricular tachycardia

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**2 Introduction**

3 Improvements in diagnostic techniques and increased knowledge on possible pathological  
4 conditions have led to the recognition of novel arrhythmia syndromes in the last decades, thus  
5 reducing the number of patients with ‘idiopathic’ ventricular fibrillation (IVF)<sup>1,2</sup>. Associations  
6 between structural abnormalities like mitral valve prolapse (MVP) and arrhythmogenesis have  
7 been revealed, resulting in the definition ‘arrhythmic mitral valve prolapse’<sup>3,4</sup>. Mitral annular  
8 disjunction (MAD) was previously considered a benign structural abnormality, but it is more  
9 common in patients with MVP<sup>5</sup>, and has been associated with an enhanced risk of ventricular  
10 arrhythmias, even without MVP<sup>6</sup>. Data on the prevalence of MAD in the general population were  
11 scarce until recently. Zugwitz *et al.* and Toh *et al.* investigated MAD in the general population  
12 using cardiac magnetic resonance (CMR) and computed tomography (CT)<sup>7,8</sup>. Both studies show  
13 that MAD is often found, corroborating its benign appearance. However, inferolateral MAD is  
14 uncommon (6.2% inferolateral MAD vs. 61.6% inferior MAD on CMR)<sup>7</sup>. A comparable  
15 prevalence of inferolateral MAD was described in the first autopsy paper from Hutchins *et al*<sup>9</sup>. In  
16 line with these findings, our research group previously showed an increased prevalence of  
17 inferolateral MAD and MVP in IVF patients compared with an age- and sex-matched control  
18 group<sup>10</sup>. Recently, the association of MVP with unexplained cardiac arrest was investigated by

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1 Alqarawi *et al*<sup>11</sup>. They compared the prevalence of MVP in IVF patients with that of patients  
2 with another diagnosis underlying sudden cardiac arrest, and found a prevalence of 6.6%<sup>11</sup>. There  
3 is, however, still uncertainty on the clinical relevance of MAD, especially in patients without  
4 overt MVP<sup>4</sup>. With these controversies surrounding MAD and MVP, this study focused on the  
5 question if inferolateral MAD should be seen as a possible risk marker for ventricular  
6 arrhythmias.

## 8 **Methods**

### 9 *Study population*

10 The study population included patients from the Dutch Idiopathic VF registry and St. George's  
11 University of London. The Dutch Idiopathic VF registry is a large national multicentre cohort  
12 that enrolls patients initially diagnosed with IVF. Eligible patients were sudden cardiac arrest  
13 survivors, preferably with documented VF, after exclusion of cardiac, respiratory, metabolic, or  
14 toxicological causes, who received CMR imaging as part of the diagnostic work-up. Included  
15 patients in this study from the Dutch Idiopathic VF registry were evaluated in any of the  
16 participating centres between 2004 and 2022. Patients from St. George's University of London  
17 were IVF patients who presented after their cardiac arrest or were referred to St George's  
18 University Hospitals NHS Trust between 2011 and 2022 who agreed to be enrolled in research

1 studies as per locally approved ethics. Exclusion of specific explainable diagnoses for VF at  
2 baseline or during follow-up was based on accepted diagnostic criteria, as described previously<sup>12</sup>.  
3 Patients from the Dutch Idiopathic VF registry were also excluded if they carried the  
4 chromosome 7q36 risk haplotype, harbouring *DPP6*<sup>13</sup> and if their CMR was of insufficient  
5 quality to determine inferolateral MAD. Patients evaluated in our previous report<sup>10</sup> and additional  
6 IVF patients were pooled. Supplementary Figure 1 shows the inclusion flow-chart. This study  
7 was approved by local institutional ethics review boards and complies with the Declaration of  
8 Helsinki.

### 10 *Cardiac magnetic resonance*

11 CMR was performed on either a 1.5- or 3-T scanner using standardised cardiac protocols with  
12 electrocardiographic gating and a phased-array cardiac receiver coil. Acquisitions used a breath-  
13 hold balanced steady-state free-precession cine sequence (4-chamber long-axis view, 2- and 3-  
14 chamber long axis left ventricle [LV] views, and short-axis multislice full coverage of the  
15 LV). Voxel size of cine sequences depended on local scan protocols. Typical voxel size was  
16 1.5x1.5x5 to 8 mm<sup>3</sup>. Late gadolinium enhancement (LGE) imaging was performed in identical  
17 views,  $\geq 10$  minutes after administration of a gadolinium-based contrast agent.

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## 1 *Image analysis*

2 Image analysis was performed by a blinded cardiologist (M.G.) with a level 3 certification in  
3 CMR by the European Association for Cardiovascular Imaging and more than 8 years of  
4 experience in reporting CMR. CMR images of patients included from our previous study were  
5 analysed as described previously<sup>10</sup>. All images were analysed for the presence of MAD, MVP,  
6 and curling. MAD was defined as longitudinal displacement of  $\geq 1$  mm, measured at end-systole  
7 (Figure 1), as proposed by Zugwitz *et al*<sup>7</sup>. Anterolateral MAD was determined on the CMR 4-  
8 chamber view, anterior and inferior MAD on the 2-chamber view, inferolateral MAD on the 3-  
9 chamber view. To further explore the influence of MAD present at  $>1$  of the 4 locations, we  
10 calculated the total sum of MAD in mm for each patient by adding each measurement of  
11 anterolateral, anterior, inferior or inferolateral MAD when present. Then we stratified this sum  
12 based on the mean, median, 75<sup>th</sup>, 90<sup>th</sup> and 95<sup>th</sup> percentile of the total patient group. MVP was  
13 defined as abnormally thickened mitral valve leaflets and systolic displacement of the mitral  
14 valve leaflets  $\geq 2$ mm from the annular plane into the left atrium and determined on 3-chamber  
15 view (Figure 1)<sup>14</sup>. Curling was defined as an abnormal systolic motion of the inferior mitral  
16 annulus on the adjacent ventricular wall<sup>15</sup>. LGE images were re-evaluated for the presence of any  
17 fibrosis (including papillary muscle fibrosis). The pattern was differentiated between an ischemic  
18 or non-ischemic pattern. A non-ischemic pattern was further differentiated as junctional, patchy,



1 subepicardial or intramyocardial. The location was determined as a binary variable using the 17-  
2 segment AHA model<sup>16</sup>.

#### 4 *Clinical characteristics*

5 Medical history, medication use, physical examination, 12-lead electrocardiogram (ECG), Holter  
6 monitoring, laboratory testing, echocardiography, coronary imaging, exercise treadmill testing,  
7 sodium channel blocker provocation and genetic testing were collected for all patients. T-wave  
8 abnormalities on ECGs were defined as T-wave inversion of  $\geq 1$  mm or biphasic T-waves.  
9 Inferior T-wave abnormalities were present when T-wave inversion or biphasic T-waves were  
10 identified in any of the three inferior leads (II, III, aVF). Available ECGs, Holter/telemetry  
11 documentation and exercise treadmill testing ECGs were evaluated to determine premature  
12 ventricular complex (PVC) burden and PVC morphology. Patients with either  $>1000$  PVCs per  
13 24 hours on Holter monitoring,  $>20$  PVCs during exercise treadmill test, or bigeminy or  
14 trigeminy on ECG/exercise treadmill test/telemetry/Holter were considered as patients with a  
15 high PVC burden. Non-sustained ventricular tachycardia (VT) was defined as  $\geq 3$  ventricular  
16 beats with a duration of  $\leq 30$  seconds<sup>12</sup>. Outcome was defined as appropriate implantable  
17 cardioverter defibrillator (ICD) therapy (anti-tachycardia pacing or shock) for VT or VF.

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1 *Statistical analysis*

2 Data were analysed with SPSS version 27.0. Categorical variables were analysed using chi-  
3 square or Fisher's exact tests, as appropriate. The Shapiro-Wilk test was used to determine if  
4 continuous variables were normally distributed. Continuous variables were analysed using  
5 student's *t* test or Mann-Whitney *U* test, as appropriate. P values <0.05 were considered  
6 significant.

7  
8 **Results**

9 Study population

10 The total study population included 185 IVF patients, with 51 patients included from our  
11 previous report and the additional 134 patients entered from 9 collaborating centres  
12 (Supplementary Figure S1). Patients experienced their index event at a median age of 39 [27, 52]  
13 years and 40% of the patients were female (Table 1). The minority of patients experienced  
14 arrhythmia symptoms (palpitations or syncope) before their event. Median follow-up duration  
15 was 5 [2, 8] years. During follow-up, 18% received appropriate ICD therapy.

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17 CMR analysis

1 Table 2 shows the results from CMR analysis of the 185 IVF patients. MAD in any of the 4  
2 locations was present in 61% IVF patients, and inferolateral MAD was identified in 24 (13%)  
3 IVF patients. Median inferolateral MAD length was 3.8 [2.8, 5.8] mm. The median of the total  
4 sum of MAD was 3 [0, 6] mm. MVP was present in 13 (7%) IVF patients, Curling was visual in  
5 11 (6%) IVF patients.

#### 8 IVF patients with or without inferolateral MAD

9 Clinical characteristics stratified between patients with or without inferolateral MAD are depicted  
10 in Table 3. Patients with inferolateral MAD more often had a high PVC burden (67% vs 23%,  $p$   
11  $<0.001$ ) and non-sustained VTs (63% vs 41%,  $p = 0.046$ ) at baseline or during follow-up.  
12 Appropriate ICD therapy during follow-up was comparable between groups. Additional mitral  
13 valve abnormalities were more common in patients with inferolateral MAD than in other IVF  
14 patients. MVP was present in 42% of patients with inferolateral MAD, compared with 2% in  
15 patients without inferolateral MAD ( $p<0.001$ ). Patients with inferolateral MAD more often had  
16 MAD in multiple areas (83% vs. 21%,  $p<0.001$ ). LGE of non-specific pathogenesis was  
17 identified in 13 IVF patients. Papillary muscle LGE was not identified. A detailed description of

1 LGE patterns can be found in Supplementary Table S1. The presence of LGE in any segment did  
2 not differ between patients with or without inferolateral MAD (9% vs. 8%,  $p=0.693$ ).

#### 3 4 Influence of inferolateral MAD on proarrhythmic parameters and MVP

5 The length of inferolateral MAD (in mm) did not influence proarrhythmic characteristics in terms  
6 of high PVC burden, non-sustained VT, and appropriate ICD therapy. IVF patients with MVP  
7 demonstrated significantly more annular displacement than those without MVP (Supplementary  
8 Figure S2). Patients with multiple mitral valve abnormalities more often had a high PVC burden  
9 and non-sustained VTs (Supplementary Table S2). Appropriate ICD therapy during follow-up  
10 remained comparable. Patients with or without MVP showed similar results when comparing  
11 proarrhythmic characteristics (Supplementary Table S3), and proarrhythmic characteristics were  
12 more often found when MAD sum increased (Supplementary Table S4). None of the patients  
13 with MVP had moderate or severe mitral regurgitation. The presence of mild mitral regurgitation,  
14 bileaflet prolapse, and flail in patients with MVP is described in Supplementary Table S5.

#### 15 16 Inferolateral MAD patients

17 Table 4 provides a detailed overview of all patients with inferolateral MAD. Among patients with  
18 a high PVC burden, multiform PVCs were abundant (9/15, 60%). The morphology and most

1 likely origin are depicted in Table 4. When compared with patients without inferolateral MAD  
2 with a high PVC burden, the prevalence of multiform PVCs did not differ (Table 3). Many  
3 patients with inferolateral MAD received pharmaceutical therapy, primarily beta blockers.  
4 Compared to patients without inferolateral MAD, patients with inferolateral MAD more often  
5 received pharmaceutical treatment (Supplementary Table S6). Two patients underwent  
6 radiofrequency ablation of dominant PVCs. Genetic test results of patients with inferolateral  
7 MAD can be found in Supplementary Table S7.

## 9 **Discussion**

10 With this study we expanded our previous report on the presence of MAD in patients with IVF<sup>10</sup>.  
11 This study demonstrates that a high prevalence of inferolateral MAD is a consistent finding in  
12 this population. Furthermore, our focus on the pro-arrhythmogenicity of MAD in IVF provided  
13 several interesting findings. First, we show that a high PVC burden and non-sustained VTs are  
14 more frequently found in IVF patients with inferolateral MAD than in those without. Secondly,  
15 these proarrhythmic characteristics were more prevalent when additional mitral valve  
16 abnormalities (MVP or MAD in multiple areas) were present. Last, multiform PVCs were  
17 abundant in IVF patients with inferolateral MAD. These findings suggest that arrhythmias in

1 these patients might be caused by abnormalities affecting the whole continuum of the mitral  
2 valve annulus.

#### 3 4 Prevalence of MAD

5 The first descriptions of MAD date back to before 1990<sup>9,17,18</sup>. MAD has recently regained much  
6 interest, which has led to several cohort studies, review articles, and a consensus statement<sup>4,6,10,19–</sup>  
7 <sup>22</sup>. Zugwitz *et al.* shed important light on the prevalence of MAD in the general population, and  
8 suggests an importance for the location of MAD<sup>7,23</sup>. Consistent with our previous findings,  
9 anterior and inferior MAD are frequently found, both in IVF patients and in healthy controls<sup>10</sup>.  
10 Inferolateral MAD was however uncommon in a healthy population, and, was more frequently  
11 found in IVF patients (6.2% in healthy controls vs. 13% in our IVF cohort)<sup>7,10</sup>. Furthermore,  
12 MVP was also found more often in IVF patients (7.1% in IVF patients, compared with 3.4% in  
13 the healthy controls)<sup>7,11</sup>. When comparing our results with the large control group described by  
14 Zugwitz *et al.*, the high prevalence of inferolateral MAD in IVF patients appears to be a  
15 consistent finding.

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1 Arrhythmogenesis and myocardial fibrosis

2 One of the first reports on the mitral annular disjunction arrhythmic syndrome by Deigaard *et al.*  
3 showed that severe arrhythmias in MAD patients were associated with the presence of papillary  
4 muscle fibrosis<sup>6</sup>. Myocardial fibrosis is also an important predictor for adverse arrhythmic  
5 outcomes in MVP patients<sup>24</sup>. We did not identify any papillary muscle fibrosis in IVF patients.  
6 However, we acknowledge that identifying fibrosis on papillary muscles with CMR is  
7 challenging due to the small structures and the relatively low spatial resolution of CMR. In  
8 addition, evident pathological LGE patterns fitting a specific diagnosis would have prevented the  
9 diagnosis IVF. The presence of any LGE in the LV did not differ between patients with or  
10 without inferolateral MAD. T1-mapping has been suggested to be of importance in MVP patients  
11 with or without MAD<sup>25,26</sup>. As shown by Pavon *et al.*, an increased synthetic myocardial  
12 extracellular volume can be present even in the absence of LGE<sup>26</sup>. Implementing T1-mapping  
13 and CMR feature tracking could reveal subclinical abnormalities in IVF patients with  
14 inferolateral MAD that might correlate with arrhythmias<sup>25,27</sup>.

15  
16 Pro-arrhythmogenicity and electrocardiogram abnormalities

17 A prominent proarrhythmic profile, with a higher burden of PVCs and non-sustained VTs,  
18 dominates in patients with inferolateral MAD. Studies focusing on patients with MVP and MAD

1 show both similarities and differences<sup>5,6</sup>. Essayagh *et al.* showed that in patients with MVP,  
2 MAD was associated with arrhythmic events, without influence on mortality<sup>5,28</sup>. The evaluation  
3 of 12-lead ECGs with PVCs and non-sustained VTs appeared as polymorphic complexes in 60%  
4 of our patients with inferolateral MAD, in line with previous reports showing that polymorphic  
5 ectopy can be found in patients with MAD<sup>21,29</sup>. The finding supports the hypothesis that an  
6 abnormal mechanical motion resulting in conduction abnormalities could be the substrate for  
7 arrhythmias in MAD<sup>29</sup>. The increased proarrhythmic profile when additional mitral valve  
8 abnormalities are present further corroborates this hypothesis. However, this is in contrast with  
9 the previous report from Dejgaard *et al.* showing that patients with MAD without MVP had more  
10 severe arrhythmic events<sup>6</sup>. Furthermore, our proarrhythmic characteristics do not reflect on  
11 sustained ventricular arrhythmias since appropriate ICD therapy during follow-up did not differ.  
12 More research is needed to fully clarify the proarrhythmic substrate in MAD with and without  
13 additional mitral valve abnormalities.

#### 15 Clinical consequences and future directions

16 In our previous report on the prevalence of MAD in IVF patients, we advocated that examination  
17 of the mitral valve deserves attention during the clinical evaluation of patients after an  
18 unexplained sudden cardiac arrest. This study further supports this recommendation.



1 Interestingly, IVF patients with inferolateral MAD more often received pharmaceutical therapy,  
2 primarily beta blockers, during follow-up. Pharmaceutical therapy is not generally indicated for  
3 patients with IVF. This might have lowered the PVC burden during follow-up and may also  
4 influenced sustained ventricular arrhythmias. Recent studies focused on the indication for  
5 flecainide treatment in arrhythmic mitral valve prolapse syndrome, which could also provide  
6 interesting findings for MAD patients<sup>30</sup>. We did not observe a significant difference in  
7 proarrhythmic characteristics when stratified by inferolateral MAD length. Previous studies did  
8 show an increased risk for arrhythmias with larger MAD length<sup>21,29</sup>. More insights into ‘normal’  
9 or ‘benign’ MAD length could lead to a better understanding of the pathogenic mechanisms  
10 underlying MAD.

## 12 Limitations

13 The retrospective aspects of this study had limitations. First, we needed to re-evaluate performed  
14 CMR images, in which a uniform CMR protocol was not initiated. Artefacts or the absence of  
15 LGE sequences might have resulted in missing data. In addition, as T1-mapping was not  
16 performed in most patients, analysis for subtle fibrosis was not possible. Because this is a  
17 multicentre study, field strength and vendor-related differences between centres complicates the  
18 comparison of T1-mapping results. Secondly, determining the cut-off value of MAD is debatable.

1 In our previous report we used  $\geq 2$ mm, however, to enable comparison with the study from  
2 Zugwitz *et al.* we now used  $\geq 1$ mm. This definition was based on the consensus statement of  
3 CMR<sup>31</sup>. Third, information regarding arrhythmia characteristics and pharmaceutical treatment  
4 were also retrospectively collected, and registrations of PVCs or non-sustained VT were not  
5 uniform across different centres. Furthermore, we were unable to retrieve the specific indication  
6 for initiating pharmaceutical treatment in many patients. Due to the lack of uniformity in  
7 reporting several variables, information might have been missed that could have influenced our  
8 conclusion. Finally, even though our cohort consists of one of the largest number of IVF patients,  
9 we were unable to prove causality and can only conclude on a possible association. Future  
10 prospective studies should focus on proving causality in this high-risk population.

11

## 12 **Conclusion**

13 This study revealed a significant prevalence of inferolateral MAD and MVP among IVF patients.  
14 Notably, we observed distinct proarrhythmic characteristics in patients with inferolateral MAD  
15 compared with those without.

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#### 12 13 **Data availability statement**

14 Data is available upon reasonable request to the corresponding author.

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9  
 10 **Text Tables**

11 **Table 1.** Clinical characteristics of IVF patients.

	IVF patients (n = 185)
Age at event, years	39 [27, 52]
Female, n (%)	74 (40%)
Event during exercise, n (%)	38/182 (21%)
History of palpitations, n (%)	21/167 (11%)



History of syncope, n (%)	19/167 (10%)
Family history of SCD*, n (%)	22/170 (12%)
ICD implantation, n (%)	182 (99%)
Follow-up duration, years	5 [2, 8]
Appropriate ICD-therapy, n (%)	32/182 (18%)
Death, n (%)	3 (2%)

- 1
- 2 \* Family history of SCD is defined as a first-degree family member with SCD < 50 years or multiple
- 3 second-degree family members with SCD. Abbreviations: IVF; idiopathic ventricular fibrillation, SCD;
- 4 sudden cardiac death, ICD; implantable cardioverter defibrillator.

5 **Table 2. Cardiac magnetic resonance findings in IVF patients.**

	IVF patients (n = 185)
BSA, kg/m <sup>2</sup>	1.94 (±0.22)
LVEDV, ml	171 (±40)
LVEDVi, ml/m <sup>2</sup>	88 (±16)
LVEF, %	57 (±7)

Mitral valve prolapse	
Any MVP, n (%)	13/182 (7%)
Posterior leaflet, n (%)	7 (4%)
Bileaflet, n (%)	5 (3%)
Prolapse, mm	4.2 ( $\pm$ 2.4)
Mitral annular disjunction	
Any MAD, n (%)	112 (61%)
Anterolateral, n (%)	32/182 (18%)
Anterolateral, mm	3 [2, 5]
Anterior, n (%)	50/174 (29%)
Anterior, mm	3.8 [2, 4]
Inferior, n (%)	86/180 (47%)
Inferior, mm	3.6 [3, 5]
Inferolateral, n (%)	24 (13%)
Inferolateral, mm	3.8 [2.8, 5.8]

Total MAD sum, mm	3 [0, 6]
Curling sign, n (%)	11/181 (6%)

1 Abbreviations: BSA: body surface area, LVEDV; left ventricular end diastolic volume, LVEDVi; indexed  
2 left ventricular end diastolic volume, LVEF; left ventricular ejection fraction, MAD; mitral annular  
3 disjunction, MVP; mitral valve prolapse, IVF; idiopathic ventricular fibrillation.

4

5 **Table 3. Comparison of 185 IVF patients with and without inferolateral MAD.**

	IVF patients with inferolateral MAD (n = 24)	IVF patients without inferolateral MAD (n = 161)	P-value
Age, years*	29 [22, 49]	39 [28, 53]	0.140
Female, n(%)	10 (42%)	64 (40%)	0.858
History of syncope, n(%)	3/18 (17%)	16/149 (11%)	0.436
History of palpitations, n(%)	3/18 (17%)	18/149 (12%)	0.704
Family history of	2/20 (10%)	20/150 (13%)	1.000

SCD**, n(%)			
Arrhythmia characteristics			
Inverted/biphasic T-waves inferior, n(%)	9 (38%)	25/159 (16%)	0.021
High PVC burden, n(%)	16 (67%)	36 (23%)	<0.001
- Multiform PVCs	9/15 (60%)	12/31 (39%)	0.174
Non-sustained VT, n(%)	15 (63%)	62/152 (41%)	0.046
Appropriate ICD therapy, n(%)	3 (13%)	29 (18%)	0.579
Death, n(%)	0 (0%)	3 (2%)	1.000
CMR characteristics			
LVEF, %***	55 (±7)	58 (±8)	0.108
Mitral valve prolapse, n(%)	10 (42%)	3 (2%)	<0.001
MAD present in	20 (83%)	33 (21%)	<0.001

multiple areas, n(%)			
LGE present, n(%)	2/23 (9%)	11/145 (8%)	0.693

1 \*Values are presented as median [interquartile range]. \*\* Definition as used in Table 1. \*\*Values are  
2 presented as mean (standard deviation). Abbreviations: CMR; cardiac magnetic resonance, IVF; idiopathic  
3 ventricular fibrillation, ICD; implantable cardioverter defibrillation, LGE; late gadolinium enhancement,  
4 LVEF: left ventricular ejection fraction, MAD; mitral annular disjunction, SCD; sudden cardiac death,  
5 PVC; premature ventricular complexes, VT; ventricular tachycardia.

6

7 **Table 4. Overview of patients with inferolateral MAD.**

ID	Sex	Age	High PVC Burden	PVC morpholog y	PVC location	ICD Ther apy	Current medication use	Ablation
1	F	19	Yes	RBBB, sup and inf axis	Distal/ post. LV	Yes	Atenolol	
2	M	58	No			No	Carvedilol	
3	M	54	Yes	Multiform	Basal	No	Bisoprolol	
4	M	49	Yes	Multiform	RV	No	Metoprolol	

					apex/ lateral LV/ LV apex			
5	M	63	Yes	Multiform	LV	Yes		
6	M	27	Yes	LBBB, inf axis	Basal RV	No	Metoprolol	
7	M	15	No			Yes		
8	M	53	No			No	Metoprolol	
9	F	20	Yes	RBBB, sup axis	LV apex	No	Carvedilol	Yes <sup>1</sup>
10	F	18	Yes	Multiform	LV apex	No	Flecainide	
11	F	17	No			No		
12	M	29	No			No		
13	M	47	No			No	Metoprolol	
14	F	29	Yes	Multiform	LVOT	No	Flecainide, bisoprolol	
15	F	44	Yes	Multiform	LV apex	No	Metoprolol	

16	M	25	Yes	LBBB, inf axis	RVOT	No		Yes <sup>2</sup>
17	F	21	Yes	Multiform	LV basal	No	Metoprolol	
18	F	26	Yes	Multiform	RVOT	No	Metoprolol	
19	M	73	No			No	Metoprolol	
20	M	29	Yes	Multiform	RV basal	No		
21	F	36	Yes	LBBB, inf axis	RVOT	No	Bisoprolol	
22	M	43	Yes	Unknown		No	Propranolol	
23	F	33	Yes	RBBB, inf axis	LVOT	No	Bisoprolol	
24	M	28	No			No	Bisoprolol	

- 1 Abbreviations: ICD: implantable cardioverter therapy, inf; inferior, LBBB; left bundle branch
- 2 block, LV; left ventricle, LVOT: left ventricular outflow tract, PVC: premature ventricular
- 3 complexes, RBBB; right bundle branch block, RV: right ventricle, RVOT: right ventricular
- 4 outflow tract, sup; superior.

1 <sup>1</sup>RF ablation dominant PVC inferolateral LV, <sup>2</sup> RF ablation monomorphic PVCs in anteroseptal  
2 RVOT.

3

#### 4 **Legends**

5 **Graphical abstract.** Mitral annular disjunction in patients with idiopathic ventricular fibrillation.

6 Abbreviations: ICD; implantable cardioverter defibrillator, .ilMAD; inferolateral mitral annular  
7 disjunction. PVC; premature ventricular complex, NSVT: non-sustained ventricular tachycardia.

8

9 **Figure 1.** Measurement of MAD and MVP on a 3-chamber view. Red arrow represent the  
10 measurement of MAD, white arrows represent the measurement of MVP. Abbreviations; MAD:  
11 mitral annular disjunction, MVP; mitral valve prolapse.



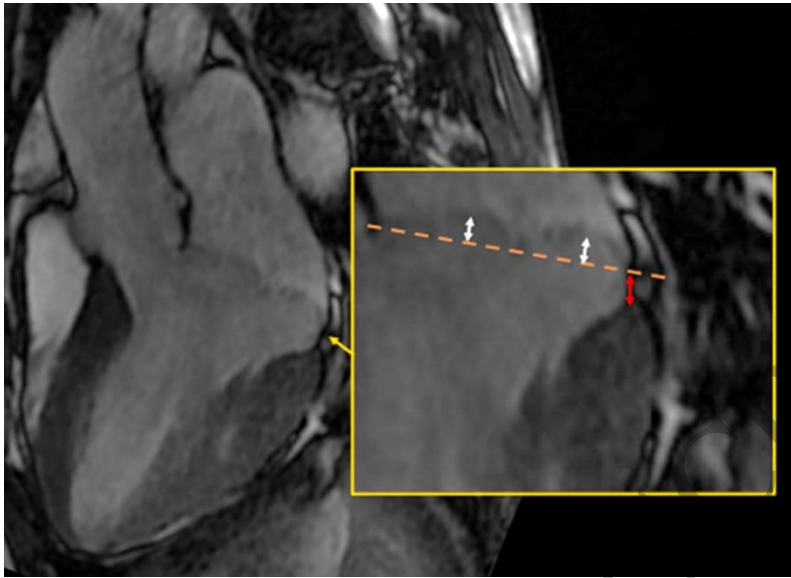
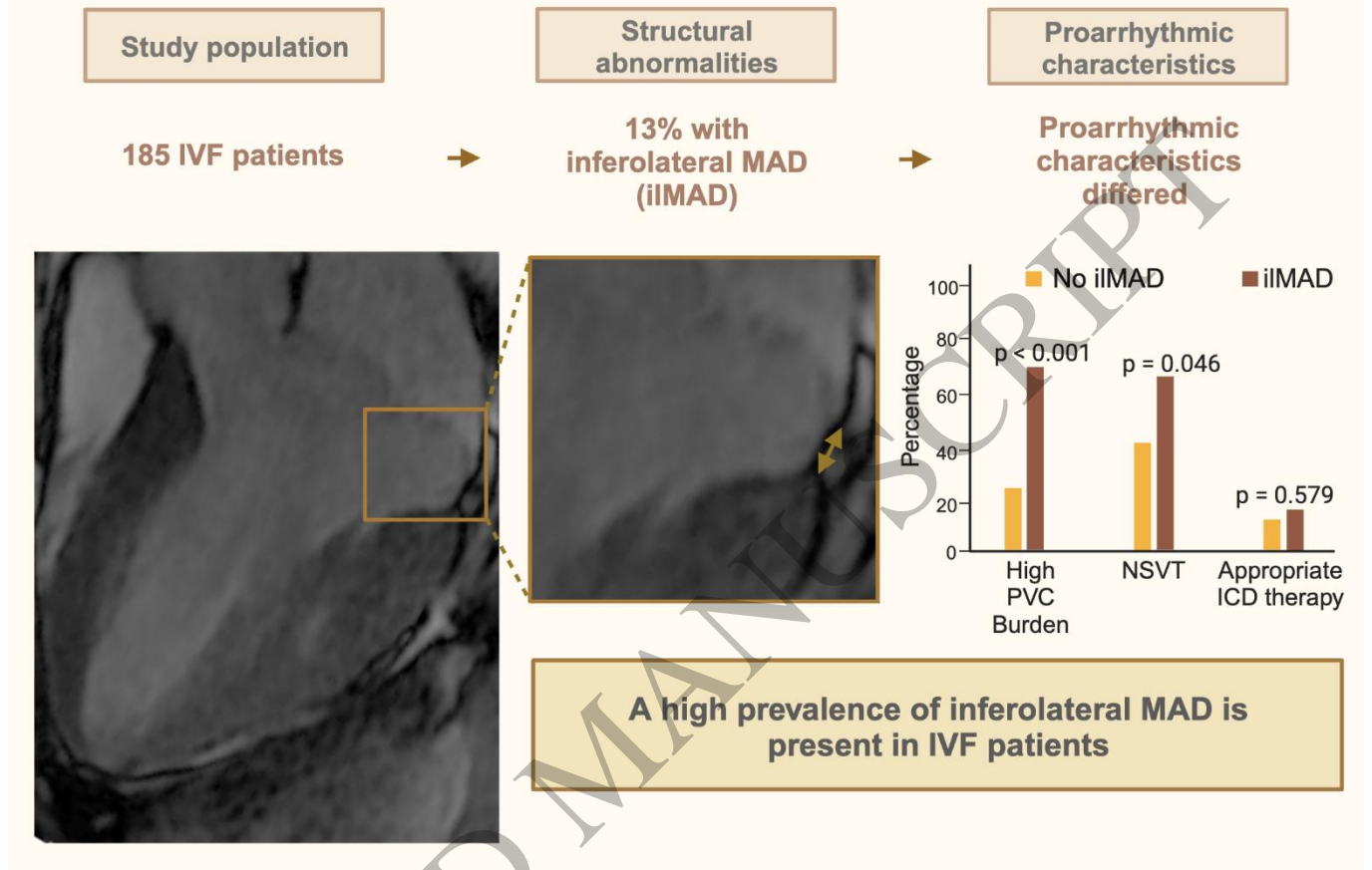


Figure 1  
105x76 mm (x DPI)

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ACCEPTED MANUSCRIPT

# Mitral Annular Disjunction in Patients with Idiopathic Ventricular Fibrillation



1  
2  
3

Graphical Abstract  
180x125 mm (x DPI)