



**Aalborg Universitet**

**AALBORG UNIVERSITY**  
DENMARK

**Collaborative Parent Counseling in Music Therapy (CPCiMT) for parents of children with ASD**

Gottfried, Tali

*Published in:*

EUROPEAN PERSPECTIVES ON MUSIC THERAPY FOR SPECIAL NEEDS AND GERIATRICS

*Publication date:*

2015

*Document Version*

Publisher's PDF, also known as Version of record

[Link to publication from Aalborg University](#)

*Citation for published version (APA):*

Gottfried, T. (2015). Collaborative Parent Counseling in Music Therapy (CPCiMT) for parents of children with ASD. In EUROPEAN PERSPECTIVES ON MUSIC THERAPY FOR SPECIAL NEEDS AND GERIATRICS

**General rights**

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- ? Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- ? You may not further distribute the material or use it for any profit-making activity or commercial gain
- ? You may freely distribute the URL identifying the publication in the public portal ?

**Take down policy**

If you believe that this document breaches copyright please contact us at [vbn@aub.aau.dk](mailto:vbn@aub.aau.dk) providing details, and we will remove access to the work immediately and investigate your claim.

# EUROPEAN PERSPECTIVES ON MUSIC THERAPY FOR SPECIAL NEEDS AND GERIATRICS

(Alle Vorträge in Englischer Sprache)  
EMTC-Symposium 2015, 15. Mai in Würzburg

## **Forward:**

Music therapy can make a significant contribution to the care and support of persons with special needs and dementia within a society in which people are living longer and in which the topic of inclusion has become very important.

The Federal Association of Music Therapy in Germany (Bundesarbeitsgemeinschaft Musiktherapie (BAG-MT)) is very happy to host the General Assembly of the European Music Therapy Confederation (EMTC) together with the University of Applied Sciences Wuerzburg-Schweinfurt and in cooperation with the University of Music Wuerzburg. The BAG-MT is the union of the professional associations of music therapy in Germany. Its aims are to secure and strengthen the development of music therapy within the health, social and education systems in Germany as well as to support, intensify and coordinate professional politics, professional developments and efforts for professional/legal recognition of music therapy.

Members of the Federal Association of Music Therapy are the Berufsverband Anthroposophischer Kunsttherapeuten (BVAKT), the Deutsche Musiktherapeutische Gesellschaft (DGmT), the Deutsche Musiktherapeutische Vereinigung zur Förderung des Konzeptes nach Schwabe (DMVS) and the Gesellschaft für Orff-Musiktherapie (GfOMT). Also participating are the committees for quality assurance of music therapy training: the Ständige Ausbildungsleiterkonferenz Musiktherapie (SAMT) for private training courses and the Arbeitskreis musiktherapeutischer Ausbildungen im Tertiärbereich (AMA) for university training courses.

To launch the General Assembly, the Symposium “European Perspectives on Music Therapy for Special Needs and Geriatrics” will be held on May 15, 2015 at the University of Music Wuerzburg. The Federal Association of Music Therapy would like very much to invite you to attend the Symposium.

The aim of this Symposium is to present research and practices of music therapy in different European countries. The description of the perspectives on music therapy for people with special needs and with dementia serves to draw attention to the importance of music therapy within these fields. The Federal Association of Music Therapy would like to give music therapists from Germany the opportunity to become acquainted with these European perspectives and to communicate with colleagues from Europe, exchanging experiences and ideas.

CPD-points are being applied for at the Psychotherapeutenkammer and the Associations organized within the Federal Association of Music Therapy.

## Program

8:30 – 9:45	Registration
10:00 – 10:05	Musical prelude
10:05 – 10:45	Greetings
10:45 – 11:15	<b>Annemiek Vink</b> The effect of Music Therapy for people with dementia
11:15 – 11:45	<b>Esa Ala-Ruona</b> Possibilities of Active Music Therapy in Post-Stroke Rehabilitation
11:45 – 12:15	Coffee break
12:15 – 12:45	<b>Melissa Mercatal-Brotons</b> Contributions of music therapy to the dementia context
12:45 – 13:15	<b>Marketa Gerlichova</b> Music Therapy in Neurorehabilitation – Practice and Research
13:15 – 14:00	Mittagessen
14:00 – 14:45	Poster presentations
14:45 – 15:15	<b>Tali Gottfried</b> Collaborative Parent Counseling in Music Therapy (CPCiMT) for parents of children with ASD
15:15 – 15:45	<b>Ingeborg Nebelung</b> See me – hear me. The child with special needs in a school setting: How can music therapy promote experiences of acknowledgement, control and participation?
15:45 – 16:15	Coffee Break
16:15 – 16:45	<b>Elide Scarlata</b> The significant influence of Music Therapy on self- expression, communication, socialization and self-esteem in young adults with visual impairment and total blindness
16:45 – 17:15	<b>Tessa Watson</b> Facing the damage together: thoughts about working in music therapy with people with severe intellectual disabilities
17:15 – 18:00	<b>Panel</b> Training music therapists for working with people with special needs or dementia
18:00	<b>End of the symposium</b>

**Dr. Annemiek Vink** (The Netherlands)

### **The effect of Music Therapy in the Treatment of People with Dementia**

Music therapy is known to have many positive effects for people with dementia. In this presentation the effects of music therapy will be described for people with dementia, based on a Cochrane review and RCT study in which the effects of music therapy were compared with general recreational day activities in reducing agitation and other neuropsychiatric symptoms in people with dementia, residing in nursing home facilities

Psychologist, lecturer in theory of music therapy at the ArtEZ School of Music in Enschede, The Netherlands; core team member and lecturer on the Master of Arts Therapies Course (Zuyd University) and a researcher at KenVaK, the joint knowledge network of Zuyd University; expertise is the effect of music therapy on people with dementia and music psychology; board member of Stichting Muziektherapie; publications about music psychology, EBP and the effects of music therapy on people with dementia.

**Dr. Esa Ala-Ruona** (Finland)

### **„Possibilities of Active Music Therapy in Post-Stroke Rehabilitation“**

Active music therapy can be focused broadly to cover several different areas of functioning. The active music therapy model developed in University of Jyväskylä aims to improve the recovery of a client on the areas of cognitive, motor and emotional functioning and performance. The model combines different structured and non-structured approaches and methods of music therapy, and is developed based on interdisciplinary and multi-professional collaboration with neuropsychologists, neurologists, physiotherapists, and music therapy specialists. The presentation of the clinical model and the research design will be illustrated with authentic video excerpts. Some preliminary results of the study will be presented. The research project is funded by the Academy of Finland and the Social Insurance Institution of Finland. It is conducted in the Finnish Centre for Interdisciplinary Music Research at University of Jyväskylä, in collaboration with specialized health care (Central Hospital of Central Finland and Helsinki University Central Hospital).

Music therapist and psychotherapist; associate professor and university researcher at the Music Therapy Clinic for Research and Training, University of Jyväskylä, Finland; Lecturer in the Master's Program at Wuerzburg; clinical teacher, supervisor, coordinator of the international master's programme of Music Therapy; over 20 years of professional experience within psychiatry and neurology; member of Finnish Centre for Interdisciplinary Music Research. Research areas: musical interaction and clinical processes in improvisational psychodynamic music therapy, and the progress of rehabilitation of stroke patients in active music therapy. Co-founder of the first extensive Vibroacoustic/Physioacoustic (VAT/PA) -training in Finland; development of and research about the possibilities of VAT/PA in specialized health care. Past chair of the Finnish Society for Music Therapy, past chair for the Association of Professional Music Therapists in Finland; editor-in-chief of the Finnish Journal of Music Therapy. Country Representative of Finland to the EMTC.

**Melissa Mercadal-Brotos, PhD, MT-BC, REMTA** (Spain)

### **Contributions of music therapy to the dementia context**

The application of music therapy with people with dementia has a long history and is well documented in the scientific literature. This presentation will illustrate specific applications of music, scientifically based, with people in different phases of dementia to address a variety of therapeutic objectives from the different functional areas: physical, cognitive, emotional and social.

Bachelor in psychology (University of Barcelona) and music (*Conservatori Superior de Música de Barcelona*) in Barcelona; Master in Music Therapy (Florida State University); Doctorate in Music Education-Music Therapy (University of Oregon). Clinical experience and area of reasearch: geriatrics and dementia with many publications. Lecturer at Willamette University (Salem, Oregon) from 1988 to 1998; currently director of the Music Therapy Master Program (idEC-UPF) and Coordinator of Research and Master Programs at the *Escola Superior de Música de Catalunya* (ESMUC); Chair of the World Federation for Music Therapy (WFMT) Publications-Commission. Country Representative for Spain to the EMTC.

**M.A. Marketa Gerlichova, PhD** (Czech Republic)

### **Music Therapy in Neurorehabilitation – Practice and Research**

The field of neurorehabilitation draws on the principle of brain plasticity. This phenomenon can be used in music therapy with acquired brain injury (ABI) patients. The paper presents the conclusions of the author's PhD thesis focused on the importance of music therapy for people with ABI within the quality of their life. At the same time, music therapy practice at the Department of Rehabilitation at the 1st Faculty of Medicine, Charles University, and at the General University Hospital in Prague is introduced and shown on video.

Music therapist, physiotherapist, special educator and professor at the 1st Faculty of Medicine at Charles University in Prague (Department of Rehabilitation Medicine), and at the General University Hospital in Prague; vice-president of the Music Therapy Association of the Czech Republic (CZMTA). Over 17 years of clinical experience, focusing on neurorehabilitation with acquired brain injury patients (adults, children and adolescents). Country Representative for the Czech Republic to EMTC

**Tali Gottfried, Registered Music Therapist** (Israel)

### **Collaborative Parent Counseling in Music Therapy (CPCiMT) for parents of children with ASD**

Collaborative Parent Counseling in Music Therapy (CPCiMT) for parents of children with Autism is a clinical approach now being investigated in my PhD research as a part of the international TIME-A project. In this approach the music therapist works in two parallel paths that influence each other: the path parent counseling sessions at regular intervals and the path of MT sessions for the child. The Music Therapy point of view and developmental theories form the basis for this clinical approach.

Israeli Registered Music Therapist; PhD candidate at the Doctoral Program for Music Therapy at Aalborg University, Denmark (Supervisors: Prof. Christian Gold, Dr. Cochavit Elefant). Owner of the Private Practice for Music Therapy for children and youth; Focus of clinical work: children with special needs and their families. Lecturer at the Music Therapy training program at Bar-Ilan University (the Jerusalem Branch); supervision of young music therapists. Country Representative of Israel to the EMTC.

**Ingeborg Nebelung (MA)** (Norwegen)

### **See me – hear me. The child with special needs in a school setting: How can music therapy promote experiences of acknowledgement, control and participation?**

Through photos and small video clips, the audience will meet Ida, an eight year old multihandicapped girl. The clips will show how musical interaction with the music therapist can give Ida support in the process of taking control of her own emotions. This musical support through the music therapist's voice, seems to give Ida the feeling of participating in the world, and being acknowledged as a person.

Teacher and a music therapist (MA); 17 years of clinical experience with children and youths with special needs in kindergardens and schools; at present, work in 8 different schools in Sandefjord. Country Representative for Norway to the EMTC

**Elide Scarlata** (Italy)

**The significant influence of music therapy on self-expression, communication, socialization and self-esteem in young adults with visual impairment and total blindness**

The Italian Union of the Blind and Partially Sighted offers support for education and recreational activities as well as psychological services for children and young adults with visual impairments, also for those with multiple handicaps. Young adults with visual impairments and total blindness received music therapy within this framework with the aim of improving the security and mobility of the clients while reducing stereotyped rocking behaviour where present and increasing autonomy of action. The methodological basis of the treatment was formed through the use of Juliette Alvin's model of "Free Improvisation Therapy", the Psychophonie method according to Marie-Louise Aucher and Songwriting. The project and its results will be discussed in this paper.

Degree in voice at the Conservatory Vincenzo Bellini in Palermo; post-graduate in the Humanities at the University of Palermo; Master of Arts in Music Therapy at the University of West England (Bristol, UK); qualifications in Psychophonie and GIM; lecturer in Music Therapy. Clinical work: since 2006 in psychiatry and forensics (youth); four years of experience with persons on the autistic spectrum; since 2012 work with persons with visual impairments. Core Board Member of the Italian Association of professional music therapists (AIM). Country Representative of Italy to the EMTC since 2013.

**Tessa Watson** (United Kingdom)

**Facing the damage together: thoughts about working in music therapy with people with severe intellectual disabilities**

Discussing and re-working ideas about approach and theoretical underpinning is a continuing part of the development of music therapy in the UK. The context for our work – the modern health and care landscape - is continually changing (Department of Health 2013). Music Therapists are required to engage with and educate different partners and with this responsibility comes opportunities to reflect further on the discourse we use to describe our work.

This paper will consider a psychodynamically informed way of working in music therapy with people with severe and profound intellectual disabilities with particular focus on the concepts of containment and attachment. The paper will consider the importance of engaging with and supporting staff in order to help maintain reflective, creative practice.

UK Music Therapist and trainer; over 20 years of experience in various clinical settings; currently course leader of the MA in Music Therapy at the University of Roehampton; holder of a clinical post in the National Health Service in a community team for people with learning disabilities. Active member of the British Association for Music Therapy; one of the Editors of the British Journal of Music Therapy; partner for the Health and Care Professions Council. Publications: music therapy with adults with learning disabilities and integrated team working. Country Representative for the United Kingdom to the EMTC.

## WÜRZBURG

Würzburg is a city with a long and great history. It was mentioned for the first time in the year 704 A.D. First settlements have been proven to exist since 1000 A.D. Würzburg's Julius-Maximilians-Universität was founded in 1402, and fourteen winners of Nobel Prizes have come from this university. The most well-known was Wilhelm Conrad Röntgen, who discovered the X-Rays in 1895 (in German, named after him "Röntgenstrahlen") and who received the Nobel Prize for Physics for this discovery in 1901. Today, the laboratory in which this discovery was made is a museum room and belongs to the University of Applied Sciences Würzburg-Schweinfurt. We can find other very important researchers who came from the area near Würzburg. The house in which Alois Alzheimer was born is located in Marktbreit, only thirty kilometres from Würzburg.

This gives us a special historical background for the special Master in Music Therapy in Würzburg. This course of study began in 2010 and offers a specialization in music therapy for persons with special needs and dementia.

The University Hospital Würzburg is very present in the city with many areas of excellence for research and development. It is the largest employer in the city and is extremely important for medical treatment in different special medical areas for Germany, but also worldwide.

Art has never been neglected in Würzburg. The Würzburger Residenz is a World Heritage – cultural site, and unique ceiling paintings and other precious art works can be found there.

Tillmann Riemenschneider lived in Würzburg, and Walther von der Vogelweide lived here at the end of his life. Today, the Würzburg Forum of Music Research, a group of thirty-five musicologists from the Institute for Music Research of the University of Würzburg, the University of Music Würzburg and the music therapy studies of the University of Applied Sciences Würzburg, is probably the largest of its type.

The pleasant atmosphere of the city as a "small big city" is a result of its 125,000 inhabitants and of its very long tradition as an area in which wine is grown and produced, with much to be explored in this field. Würzburg is also a lively university city with ca. 33,000 Students.

## **Registration for the Symposium:**

Send your Registration by 28 February 2015 (early bird price) or 25 April 2015 (normal price) to:

[thomas.wosch@fhws.de](mailto:thomas.wosch@fhws.de)

Re: EMTC 2015

Please state your name and address. Students please scan proof of your student status and send this as an attachment to your registration.

## **Symposium Fees:**

Early bird price: € 95 / Students € 55

Normal price: € 110 / Students € 70

## **The Symposium Fee is to be paid by bank transfer to:**

Ulrike Haffa-Schmidt/BAG-Musiktherapie

IBAN: DE47 4306 0967 8224 1085 00

BIC: GENODEM1GLS

Intended Purpose/Use: EMTC2015 and Name of Participant

## **How to find us:**

From Würzburg Central Station:

- Tram Number 1, 3 or 5 to Würzburg "Dom"
- Bus number 14, 26, 28, 114, 214 to "Mainfranken Theater"

Ca. 7 minutes on foot to the venue at Bibrastrasse (University of Music Würzburg)