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# Assessing trends in lower tropospheric heat content in the central United States using equivalent temperature

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32 **Assessing trends in lower tropospheric heat content in the Central USA using equivalent**  
33 **temperature**

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63 **Abstract**

64 Isobaric equivalent temperature ( $T_E$ ) is the temperature that an air parcel would have if all  
65 associated water vapor were condensed and the resulting latent heat used to increase the  
66 temperature of the parcel. It is therefore an ideal metric for assessing changes in (1) total near  
67 surface heat content associated with both temperature and moisture content and (2) the joint  
68 behavior of temperature and humidity, which is relevant to both lower atmospheric stability and  
69 human heat stress during extreme temperature events. We present results from an analysis of 50-  
70 years (1961-2010) of daily  $T_E$  and its temperature and moisture components at seven stations in  
71 the central USA. The annual means of daily  $T_{E_{max}}$  and  $T_{E_{min}}$  increased at all stations during the  
72 period of analysis with the largest changes occurring in  $T_{E_{min}}$ , largely as a result of increasing  
73 minimum air temperature. At western locations significant increases in the annual mean  $T_{E_{max}}$   
74 were also observed, resulting from a combination of increases in  $T_{max}$  and humidity. Despite  
75 small summer (JJA) trends in maximum air temperature, summer  $T_E$  trends were generally larger  
76 than their annual counterparts. The timing of the observed variations and the resulting spatial  
77 pattern are consistent with observed changes in meridional moisture flux associated with the  
78 Great Plains low-level jet. Heat waves in the region were found to be characterized by  
79 increasing  $T_{E_{min}}$ , primarily resulting from increases in minimum air temperature. At western  
80 stations, heat waves were also characterized by increasing  $T_{E_{max}}$  as a result of positive trends in  
81 humidity. In most cases, equivalent temperature provides a perspective on local environmental  
82 change that differs from what is provided by consideration of temperature alone.

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94 **1. Introduction**

95 Variations and trends in lower tropospheric heat content are usually assessed using near-  
96 surface air temperature data. However, this approach ignores variations in heat related to  
97 changes in moisture content and therefore provides an incomplete description of available energy  
98 near the surface (Pielke et al. 2004; Rogers et al. 2007). Pielke et al. (2004) recommend using  
99 moist static energy (H) for this purpose. Moist static energy (H) is given by:

100 
$$H = C_p T + L_v q \quad (1)$$

101 where  $C_p$  is the specific heat of air at constant pressure (1005 J/kg°C), T is the air temperature  
102 (°C),  $L_v$  is the latent heat of vaporization (J/kg) and q is the specific humidity (kg/kg). Division  
103 of H by  $C_p$  yields equivalent temperature ( $T_E$ ; °C), which quantifies near surface heat content  
104 with separate terms for the dry and moist contributions:

105 
$$T_E = \frac{H}{C_p} = T + \frac{L_v q}{C_p} \quad (2)$$

106 Globally, increases in humidity are well documented (e.g., Dai 2006) and further increases in  
107 lower-tropospheric water vapor are likely under future climate scenarios defined by increases in  
108 radiative forcing from greenhouse gases (Held and Soden 2006). This large scale response is  
109 likely to be regionally modified as a result of synoptic-scale moisture transport. For example,  
110 the Great Plains low-level jet (GPLLJ) – a feature characterized by strong lower tropospheric  
111 winds in the region between the Gulf of Mexico and the lee of the Rocky Mountains - is a key  
112 player in warm season hydroclimate variability in the central US (Weaver and Nigam 2011) and  
113 is an important factor in the moisture budget of the eastern US (Higgins et al. 1997). Locally,  
114 land cover is also likely to play an important role. Fall et al. (2010) found that trends in  $T_E$ , over  
115 the US, were larger than trends in T as a result of the moisture term (i.e., the 2<sup>nd</sup> term in Equation  
116 2) but with substantial influence from presence/absence of vegetation.

117 Since human heat stress is a function of both air temperature and atmospheric moisture  
118 content, there is also a need to assess changes in heat wave characteristics using metrics that  
119 account for changes in both temperature and humidity. The thermodynamic basis of equivalent  
120 temperature, as well as the clear separation of the dry and moist contributions to its magnitude,  
121 makes it an excellent choice for understanding such changes. In this study, we focus on a set of  
122 stations in the central United States (Figure 1) and use equivalent temperature to quantify several  
123 aspects of near surface equivalent temperature variability. The western part of the study region  
124 constitutes an area that has been referred to as “the warming hole” due to weak positive or near-

125 zero trends in summer air temperature in recent decades, particularly in daily maximum air  
126 temperatures (Pan et al. 2004; Kunkel et al. 2006; Liang et al. 2006). Pan et al. (2004) attributed  
127 these trends to increases in precipitation associated with changes in the GPLLJ. In addition,  
128 some areas in the southeast US exhibit negative trends in annual mean near-surface air  
129 temperature that originate from internal decadal variability associated with Pacific sea-surface  
130 temperatures (Meehl et al. 2012). Including these areas in the study region therefore provides an  
131 opportunity to investigate changes in total heat content in a region where warming has been  
132 modest or even absent. Our primary objectives are to (1) assess trends in  $T_E$  and its components  
133 and (2) determine the effect of these trends on the characteristics of regional heat waves.

134 The data used to address our objectives are described in Section 2, along with an assessment  
135 of data homogeneity. Section 3 includes a description of the methods employed in our analysis.  
136 The results are presented in Section 4, followed by a brief discussion in Section 5.

137

## 138 **2. Data**

139 Hourly values of temperature ( $T$ ), dew point temperature ( $T_d$ ), and station pressure ( $P$ ) were  
140 extracted for eight stations (Figure 1) from the National Oceanic and Atmospheric  
141 Administration (NOAA) Integrated Surface Database (ISD) available from the National Climatic  
142 Data Center (NCDC) along with available station metadata for the period of 1961-2010. The  
143 consistency of reports in the ISD varies considerably over the period of record. Observations are  
144 often reported hourly, but not at the same time within the hour. In these cases, observations were  
145 assigned to the nearest hour using traditional rounding principles. Furthermore, during the  
146 period from 1966-1981, values were only reported every three hours. To ensure consistency  
147 over the period of analysis, we partitioned each day into eight 3-hour blocks. For the daily  $T_{E_{max}}$   
148 and  $T_{E_{min}}$  to be considered for further analysis, each 3-hour block had to have at least one hour  
149 with valid data.

150 Homogeneity of climate data is affected by factors ranging from station relocations and  
151 changes in instrumentation to changes in the surrounding environment, such as urbanization  
152 (Peterson et al. 1998; Changnon and Kunkel 2006), resulting in either discontinuities or gradual  
153 trends in the resulting time series (Easterling et al. 1996). Unfortunately, station location data for  
154 the early part of the record were kept with low precision making definitive distance calculations  
155 for station moves impossible. Nevertheless, the dates of station moves are available in the

156 station history files available from NCDC, so time series can be objectively evaluated for  
157 associated discontinuities. Impacts from changes in sensors, specifically those related to  
158 implementation (1980s) and modification (early 1990s) of the HO-83 hygrometer have  
159 been addressed in several previous studies (Gall et al. 1992; Jones and Young 1995; Karl et al.  
160 1995; Gaffen and Ross 1999; Robinson 2000). An additional change in dew point temperature  
161 measurement occurred with the installation of the Vaisala DTS1 dew point temperature sensor,  
162 which was installed at the stations considered here between 2003 and 2006.

163 Following Gaffen and Ross (1999) we conducted t-tests (with  $\alpha=0.01$ ) using four years of  
164 monthly anomalies of maximum and minimum air temperature ( $T_{\max}$ ,  $T_{\min}$ ) and dew point  
165 temperature ( $Td_{\max}$ ,  $Td_{\min}$ ) before and after each documented station move and for the  
166 instrumentation changes that occurred in 1964, 1985, the mid-1990s (ASOS installation) and in  
167 the early 2000s (DTS1 installation). The implementation of ASOS and the installation of DTS  
168 are associated with specific dates in the station histories. The changes in the mid-1960s and mid-  
169 1980s happened over a period of several years, so 1964 and 1985 are used as best estimates as in  
170 Gaffen and Ross (1999). In our examination of these differences, we considered whether any  
171 significant changes accompanied documented station changes, but also whether significant  
172 changes occurred simultaneously at neighboring stations where no changes in observation  
173 practices were noted.

174 During the 50-year period considered here, the seven stations in Figure 1 were moved a  
175 combined total of 20 times. Using the available location data as estimates, the station moves  
176 ranged from a few meters to 4.05 km, but only one move was larger than 2 km. The majority of  
177 the moves (13) were not associated with significant changes in any of the variables considered.  
178 Only one move (Moline, IL in 1992) was associated with a significant difference in temperature  
179 ( $T_{\max}$ ). However, a significant change in  $T_{\max}$  in 1992 was also found at several other stations,  
180 suggesting that the difference was due to a true climatic influence rather than a station move.  
181 Similarly, changes in dew point temperature associated with six of the documented station moves  
182 were also coincident with significant changes (same direction, with  $\alpha$  between 0.1 and 0.01) at  
183 nearby stations where moves were not documented. On the basis of this analysis, we concluded  
184 that documented station moves did not contribute to inhomogeneity in the station time series.  
185 The original time series were therefore subjected to further analyses corresponding to the dates  
186 of instrumentation changes.

187 The instrumentation changes that occurred around 1964 resulted in only one significant  
188 change between preceding and following 4-year periods ( $T_{\min}$  at Indianapolis). However, five of  
189 the six remaining stations also have a lower  $T_{\min}$  during the period from 1960-1963 relative to  
190 1965-1968 (also significant at St. Louis with  $\alpha=0.1$ ). The change to the HO-83  
191 hygrothermometer in the mid-1980s has been associated with a warm bias in some environments  
192 (see Gall et al. 1992) and possibly a moist bias as well (Robinson 2000). Using 1985 as an  
193 approximate date for this change resulted in no significant changes in  $T_{\max}$  or  $T_{\min}$  at the stations  
194 considered here. A single station (St. Louis, MO) exhibits a significant difference in both  
195 maximum and minimum dew point temperature in 4-year periods surrounding 1985. However,  
196 St. Louis exhibits a decrease in dew point temperatures associated with this change. This  
197 outcome is opposite in sign to what would be expected from documented effects of the change to  
198 the HO-83 sensor.

199 Installation of the Automated Surface Observation System (ASOS) occurred in 1995 (3  
200 stations), 1996 (3 stations) and 1999 (1 station) and included an upgrade to the HO-83  
201 hygrothermometer designed to reduce warm bias. None of the stations exhibit a significant  
202 change in  $T_{\max}$  or  $T_{\min}$  associated with ASOS installation. A single station (St. Louis, MO),  
203 exhibited a significant change in both maximum and minimum dew point temperature.  
204 However, this change was also observed at several other stations and therefore was unlikely to  
205 have resulted from the implementation of ASOS instrumentation. The installation of the DTS1  
206 dew point temperature sensor was similarly associated with a significant change in maximum  
207 and minimum dew point temperature at St. Louis, MO, but again with similar changes at two  
208 other stations (Indianapolis, IN and Nashville, TN) that had no documented changes in  
209 instrumentation.

210 The analyses conducted using known and estimated changes in location and instrumentation  
211 did not identify any clear inhomogeneities in the station data, so no changes were made to the  
212 time series. However, non-climatic influences may also result from changes occurring in the  
213 environment around the stations, such as urbanization, changes in land use, or changes in  
214 agricultural practices. Existing station histories and ancillary data are inadequate to assess such  
215 changes. Without long-term records from reference stations, the first-order stations considered  
216 here provide the best long-term coincident temperature and dew-point temperature data  
217 available.



218

### 219 3. Methodology

220 As shown in Eq. 2, computation of equivalent temperature requires specific humidity data.  
221 For each available station observation, the empirical relation of Bolton (1980) was first used to  
222 derive vapor pressure ( $e$ ) from the measured dew point temperature ( $T_d$ ; °C):

$$223 \quad e = 6.112 \exp\left(\frac{17.67T_d}{T_d + 243.5}\right) \quad (3)$$

224 The vapor pressure and observed station pressure were then used to compute specific humidity  
225 ( $q$ ; kg/kg):

$$226 \quad q = \frac{0.622e}{P - 0.378e} \quad (4)$$

227 Latent heat of vaporization ( $L_v$ , J/kg), which also appears in Eq. 2, was computed as a function  
228 of temperature ( $T$ , °C) following the Priestley-Taylor method as in Fall et al. (2010):

$$229 \quad L_v = 2.5 - 0.0022T \quad (5)$$

230 Using these quantities, estimates of daily maximum and minimum equivalent temperature ( $T_{E_{\max}}$   
231 and  $T_{E_{\min}}$ ) were computed.

232 Our analysis of changes in equivalent temperature and its components focused on two  
233 primary analyses. First a trend analysis was conducted to assess changes in equivalent  
234 temperature and its components at the stations in Figure 1. Trend analyses were conducted using  
235 *median of pairwise slopes regression* (MPWS; Lanzante 1996). MPWS is considered a robust  
236 regression technique and was used to minimize the impact of any unidentified inhomogeneities.  
237 In addition to annual and summer (JJA) trends, we conducted time-varying percentile trend  
238 analyses, similar to those of  $T_{\max}$  and  $T_{\min}$  conducted by Robeson (2004). In this approach,  
239 trends are computed for each calendar month and for the 5<sup>th</sup> to 95<sup>th</sup> percentiles leading to  
240 improved assessment of changes across the probability distributions.

241 A second analysis focuses on heat waves, defined here as multi-day periods in which  $T_{\max}$   
242 exceeds its station-specific summer (JJA) 90<sup>th</sup> percentile value. For each year, days associated  
243 with this criterion are identified and averaged to compute annual values of daily  $T_{E_{\max}}$ ,  $T_{E_{\min}}$ ,  
244  $T_{\max}$ ,  $T_{\min}$ ,  $L_v q / C_{P_{\max}}$ , and  $L_v q / C_{P_{\min}}$  associated with heat waves. The resulting averages are then  
245 subjected to a trend analysis to assess changes in the nature of heat waves in the context of  
246 equivalent temperature and its components.

247

## 248 4. Results

### 249 4.1. Annual and summer (JJA) trends

250 Linear trends in the annual means of daily maximum and minimum air temperature ( $T_{\max}$ ,  
251  $T_{\min}$ ) are positive at each of the seven stations considered in this study (Table 1), consistent with  
252 the large-scale warming that occurred over the period considered (1961-2010). Trends in  $T_{\min}$   
253 are highly significant (99% level) at all stations and are generally larger than the trends in  $T_{\max}$  at  
254 the same station. A similar decrease in diurnal temperature range has also been observed at  
255 larger-scales (Karl et al. 1993; Easterling et al. 1997; Vose et al. 2005). Trends in  $T_{\max}$  are also  
256 significant at six of the seven stations. Annual values of the moisture component ( $L_vq/C_{P_{\max}}$ ,  
257  $L_vq/C_{P_{\min}}$ ) exhibit positive trends at all stations except Nashville, although the trends are  
258 statistically significant at only a few stations (Table 1). These trends in temperature and  
259 atmospheric moisture are manifest as highly significant trends in the annual mean daily  
260 minimum equivalent temperature ( $T_{E_{\min}}$ ) at all stations. While all stations exhibit positive trends  
261 in both  $T_{E_{\min}}$  and  $T_{E_{\max}}$ , the significance of  $T_{E_{\max}}$  trends is limited to stations with positive trends  
262 in both  $T_{\max}$  and  $L_vq/C_{P_{\max}}$ .

263 Human health impacts of elevated temperature and humidity are most likely to occur during  
264 the summer months, so trends were also computed for summer (JJA) averages of daily  $T_{E_{\max}}$ ,  
265  $T_{E_{\min}}$ ,  $T_{\max}$ ,  $T_{\min}$ ,  $L_vq/C_{P_{\max}}$ , and  $L_vq/C_{P_{\min}}$  (Table 2). While the annual trends were characterized  
266 by warming in both  $T_{\max}$  and  $T_{\min}$ , the JJA trends exhibit a notable lack of warming in  $T_{\max}$  at  
267 most stations, consistent with the “warming hole” described in section 1. Summer trends in  $T_{\min}$   
268 are similar in magnitude and significance to their annual counterparts. With the exception of  
269 Nashville, all of the stations have positive trends in JJA averages of daily  $L_vq/C_{P_{\max}}$ , and  
270  $L_vq/C_{P_{\min}}$ . These trends are significant at stations in the west/northwest part of the study region  
271 (Table 2). Trends in JJA average daily  $T_{E_{\min}}$  are significant at the 95% level or higher and larger  
272 in magnitude than their annual counterparts at all stations. The three stations exhibiting  
273 significant trends in annual daily  $T_{E_{\max}}$  also exhibit significant trends in JJA daily  $T_{E_{\max}}$ .

274

### 275 4.2. Percentile trends

276 Trends in annual and JJA mean values of equivalent temperature and its components provide  
277 a broad perspective on changes in temperature and humidity in the study region. However,  
278 focusing on change in the mean has the potential to mask important changes in other parts of the

279 probability distribution. To investigate the nature of the changes presented in Tables 1 and 2, we  
280 computed trends for the monthly 5<sup>th</sup> to 95<sup>th</sup> percentiles of daily  $T_{E_{max}}$ ,  $T_{E_{min}}$ ,  $T_{max}$ ,  $T_{min}$ ,  
281  $L_vq/C_{P_{max}}$ , and  $L_vq/C_{P_{min}}$ . Examples of the resulting trends are presented for Des Moines, IA  
282 (Figure 2) and Indianapolis, IN (Figure 3), which are broadly reflective of the nature of the  
283 changes observed at the other stations in the western (Springfield, St. Louis, and Moline) and  
284 eastern (Memphis and Nashville) parts of the study region, respectively.

285 The trends in annual and JJA averages of daily  $T_{max}$  and  $T_{min}$  are positive at all of the stations  
286 considered here (Table 1, Table 2). While the overall magnitude of warming varies among the  
287 stations, several common features emerge from the analysis of percentile trends. At all of the  
288 stations, the largest positive temperature trends have occurred in the lowest percentiles of  $T_{max}$   
289 and especially  $T_{min}$  in the late winter and early spring (January-March). Each of the stations also  
290 exhibits trends of at least 2°C per 50 years in the lowest percentiles of  $T_{min}$  during the summer  
291 months. At the northernmost stations (Des Moines and Moline, and to a lesser extent  
292 Indianapolis), increases in  $T_{max}$  have occurred across the distribution during the spring months.  
293 Stations in the west and northwest exhibit small decreases in  $T_{max}$ , and in the upper percentiles of  
294  $T_{min}$ , during the autumn months (SON), as well as decreases in the upper percentile values of  
295  $T_{max}$  during the summer.

296 The four westernmost stations (Des Moines, Springfield, Moline, and St. Louis) exhibit large  
297 trends ( $>2^\circ\text{C}$  per 50 years) in both the maximum and minimum values of the equivalent  
298 temperature moisture term ( $L_vq/C_P$ ) during August, followed by a decrease during the autumn  
299 months (Figure 2). At the eastern stations (Indianapolis, Memphis, and Nashville), summer  
300 increases in  $L_vq/C_P$  are smaller or absent, and fall decreases in  $L_vq/C_P$  are larger. The relative  
301 spatial coherence of the patterns in  $L_vq/C_P$  suggests that changes in large-scale circulation are  
302 involved. To investigate this possibility, we computed the average and trend in monthly 925 mb  
303 meridional moisture transport ( $qv$ ;  $\text{gkg}^{-1} \text{ms}^{-1}$ ) in the NCEP-NCAR reanalysis over the same  
304 period used to compute the trends presented above. The 925 mb level is used to capture moisture  
305 transport associated with the GPLLJ. The results, presented in Figure 4, indicate that July and  
306 August trends in moisture transport have been positive over the western stations, but that  
307 September trends are negative over the same region. These changes in large-scale moisture  
308 transport are consistent with the trends in  $L_vq/C_P$  observed at the stations.

309 The percentile trends in temperature ( $T_{\max}$ ,  $T_{\min}$ ) and moisture ( $L_vq/C_{P\max}$ ,  $L_vq/C_{P\min}$ )  
310 ultimately govern the percentile trends in equivalent temperature ( $T_{E\max}$ ,  $T_{E\min}$ ). The largest  
311 trends in  $T_E$  therefore occur when the sign of the trends in the temperature and moisture terms  
312 agree. The contribution from the moisture term sometimes leads to trends in  $T_E$  that are opposite  
313 in sign to the temperature trend at the same station. As an example, the large positive trend in  
314  $L_vq/C_{P\max}$  during summer in Des Moines, IA leads to a positive trend in  $T_{E\max}$ , despite small  
315 negative or small positive trends in  $T_{\max}$  (Figure 2). At stations where  $T_{E\max}$  increases during the  
316 summer, the change is largely due to changes in moisture. Changes in summer  $T_{E\min}$  tend to be  
317 larger because they result from changes in both the temperature and moisture terms. While the  
318 trends in both the temperature and moisture terms are positive during the winter, changes in  $T_E$   
319 are driven primarily by changes in air temperature.

320

#### 321 *4.3. Analysis of heat waves*

322 Previous work has linked the human health impacts of extreme heat to multi-day events (e.g.,  
323 Anderson and Bell 2011). While the annual, summer, and monthly percentile-specific trends  
324 provide insight into the distribution of equivalent temperature and its components individually,  
325 we are also interested in the interactions between temperature and humidity within the context of  
326 multi-day events. Here we focus on events of at least 2-days duration for which  $T_{\max}$  exceeds its  
327 station-specific summer (JJA) 90<sup>th</sup> percentile value on each day. We then consider how the  
328 components of equivalent temperature have changed during such events over the period of  
329 analysis (1961-2010).

330 Our focus on multi-day events exceeding the 90<sup>th</sup> percentile summer  $T_{\max}$  value results in  
331 varying numbers of events identified for each station, ranging from an average of 1.9 events per  
332 year (Springfield) to 3.1 events per year (Indianapolis). Similarly, the number of total days  
333 meeting the heat-wave threshold varies from 354 days (1.9%) at Springfield to 518 days (2.8%)  
334 at Indianapolis (Table 3). Changes in  $T_{\max}$  during heat waves are small and are not statistically  
335 significant. All of the stations have experienced increases in  $T_{\min}$  during heat waves during the  
336 period of analysis, with the largest changes in Springfield, MO and St. Louis, MO (Table 3).  
337 These changes in  $T_{\max}$  and  $T_{\min}$  are broadly consistent with the summer trends observed at most  
338 stations (Fig. 2, Fig. 3, Table 2). Changes in moisture content associated with heat waves  
339 appears to be closely related to the trends in meridional moisture flux presented in Section 4.2,

340 with increasing moisture content at western stations and decreasing moisture content at eastern  
341 stations. The four westernmost stations are characterized by significant increases in  $L_vq/C_{Pmax}$   
342 during heat waves. Des Moines, IA and Moline, IL are also characterized by significant  
343 increases in  $L_vq/C_{Pmin}$ , while Nashville, TN is characterized by a significant decrease in  
344  $L_vq/C_{Pmin}$ . Changes in equivalent temperature during heat waves are dependent on changes in  
345 both temperature and moisture. Two stations, Des Moines, IA and Moline, IL, exhibit  
346 significant increases in maximum equivalent temperature during heat waves as a result of  
347 increasing moisture content. The four westernmost stations have experienced significant  
348 changes in minimum equivalent temperature during heat waves, largely resulting from the  
349 combined effects of increases in  $T_{min}$  and  $L_vq/C_{Pmin}$ . None of the stations exhibit significant  
350 decreases in equivalent temperature during heat waves.

351

## 352 **5. Summary and discussion**

353 We have presented an analysis of changes in equivalent temperature and its components at  
354 seven stations in the Midwest USA for the period 1961-2010. Our results indicate that the  
355 annual mean of daily equivalent temperature has increased at all stations during this period, with  
356 the largest changes occurring (1) in minimum equivalent temperature at all stations and (2) in  
357 both maximum and minimum equivalent temperature at the westernmost stations. The former  
358 changes result from differential trends in  $T_{min}$  and  $T_{max}$ , while the latter correspond with  
359 concurrent increases in temperature and atmospheric moisture content. During the summer  
360 (JJA), trends in  $T_{max}$  are small (relative to their annual counterparts), but higher moisture content  
361 results in summer equivalent temperature trends that are generally larger than the annual trends,  
362 and statistically significant at the same stations.

363 Analysis of monthly percentile trends led to identification of several commonalities among  
364 the stations, including increases in the lowest percentiles of  $T_{min}$  during the late winter and  
365 summer months, as well as a trend toward late-summer moistening followed by early fall drying.  
366 The latter situation appears to be related to changes in the meridional moisture flux associated  
367 with the GPLLJ. Recent studies have linked changes in GPLLJ intensity to several large-scale  
368 features, including the North Atlantic Oscillation (NAO) and North Atlantic subtropical high  
369 (Ruiz-Barradas and Nigam 2005; Patricola and Cook 2013), but also to variability related to the  
370 Pacific sector (Weaver and Nigam 2008; Patricola et al. 2013). Increases in mean maximum

371 equivalent temperature during with winter months tend to be associated primarily with increases  
372 in the temperature term, while those in the summer months tend to be associated primarily with  
373 increases in the moisture term. Increases in mean minimum equivalent temperature result  
374 primarily from increases in minimum air temperature that are strongest in the lowest percentiles  
375 in the winter and summer. Increases in moisture during the summer at the westernmost stations  
376 lead to large trends in minimum equivalent temperature.

377 Minimum temperatures during heat waves have increased at all of the stations. At all but the  
378 two easternmost stations (Indianapolis and Nashville), heat waves are also characterized by  
379 higher moisture content and therefore higher equivalent temperatures, especially at western  
380 locations where the positive trend in the moisture term has been the largest. Changes in  $T_{\max}$   
381 have had little effect on heat wave conditions in the study area.

382 Our findings are subject to several caveats. First, existing station metadata are sufficient to  
383 conduct initial assessments of data homogeneity as we have done here, but insufficient to  
384 guarantee that the station time series are free of any non-climatic influences. Nevertheless, the  
385 data used here represent the best available data for addressing concurrent long-term trends in  
386 equivalent temperature and its components, and have also been used in other studies focused on  
387 assessing humidity trends (e.g., Gaffen and Ross 1999; Dai 2006). Furthermore, the general  
388 spatial coherence of the results suggests that the trends identified represent true climatic signals  
389 rather than non-climatic artifacts of urbanization or other changes within the station  
390 environment. Second, at large-scales humidity is largely a function of temperature. The  
391 breakdown of that relationship in the context of changing climate (i.e., the trends considered in  
392 this study), suggests that local humidity variations are also sensitive to processes occurring at  
393 smaller scales, such as regional moisture transport or even antecedent soil moisture conditions.  
394 Previous studies (e.g., Sandstrom et al. 2013) have described an association between increasing  
395 crop acreage and dew point temperatures. Future work will focus on assessing the relative roles  
396 of local processes and large-scale circulation changes in equivalent temperature variations in a  
397 larger station network.

398 Our findings suggest that reliance on temperature alone provides a misleading portrait of  
399 changes in near-surface energy content of air. A particularly noteworthy example is the increase  
400 in equivalent temperature during the summer months, and during heat waves, despite small  
401 changes or even decreases, in daily maximum air temperature. In this case, the lack of warming

402 in  $T_{\max}$  masks changes in heat wave characteristics, such as increasing minimum temperature and  
403 increasing humidity, which are important in the context of human health (e.g., Gaffen and Ross  
404 1998). Recent work by Fischer and Knutti (2012) found that the uncertainty in CMIP5  
405 projections of metrics combining temperature and humidity are smaller than they would be for  
406 independent variables. We recommend that climate projection work focus on such combined  
407 metrics for assessment of changes in near surface energy content and human health impacts of  
408 rising temperatures.

409

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522 **Table 1.** Trends in annual averages of daily  $T_{E_{max}}$ ,  $T_{E_{min}}$ ,  $T_{max}$ ,  $T_{min}$ ,  $L_vq/C_{P_{max}}$ , and  $L_vq/C_{P_{min}}$ .  
 523 All values are expressed in units of °C per 50 years. Significance of trends is shown for 90% \*,  
 524 95% \*\* and 99% \*\*\*.

Station	$T_{E_{max}}$	$T_{E_{min}}$	$T_{max}$	$T_{min}$	$L_vq/C_{P_{max}}$	$L_vq/C_{P_{min}}$
Des Moines	2.5***	2.8***	1.3***	1.4***	1.4**	0.6*
Moline	1.6**	1.9**	1.3***	1.1***	1.0*	0.4
Indianapolis	0.8	2.6***	1.0**	1.5***	0.4	0.2
Springfield	1.3	2.5***	0.3	1.0***	0.9	0.7*
St. Louis	2.0***	3.7***	1.3***	2.3***	1.0*	0.7
Memphis	1.3	2.7***	1.2***	1.6***	0.5	0.0
Nashville	0.0	1.5***	0.6**	1.2***	-0.6	-0.6

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544 **Table 2.** Trends in summer (JJA) averages of daily  $T_{E_{max}}$ ,  $T_{E_{min}}$ ,  $T_{max}$ ,  $T_{min}$ ,  $L_{vq}/C_{P_{max}}$ , and  
 545  $L_{vq}/C_{P_{min}}$ . All values are expressed in units of °C per 50 years. Significance of trends is shown  
 546 for 90% \*, 95% \*\* and 99% \*\*\*.

Station	$T_{E_{max}}$	$T_{E_{min}}$	$T_{max}$	$T_{min}$	$L_{vq}/C_{P_{max}}$	$L_{vq}/C_{P_{min}}$
Des Moines	2.8*	3.8***	0.1	1.2**	2.8***	1.9**
Moline	1.7*	2.9***	0.0	0.9*	1.8**	1.2
Indianapolis	0.2	3.3***	0.2	1.3***	0.4	0.7
Springfield	1.3	4.7***	0.4	1.6***	1.9*	2.0**
St. Louis	2.8**	5.1***	1.0*	2.5***	1.9*	1.6
Memphis	0.9	3.0***	1.6***	1.6***	0.7	0.0
Nashville	-0.5	2.2**	0.9	1.5***	-0.3	-0.5

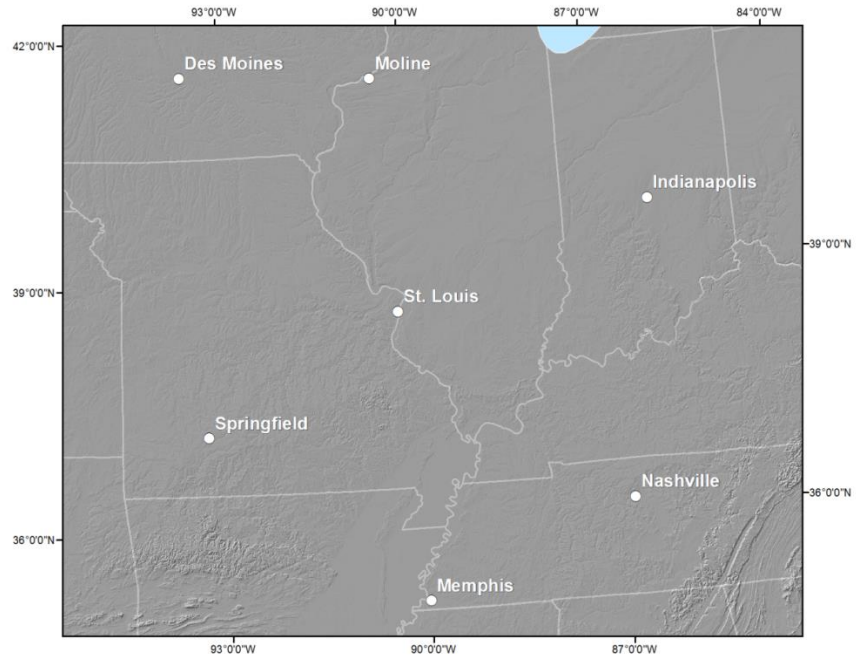
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567 **Table 3.** Trends in annual average values of daily  $T_{E_{max}}$ ,  $T_{E_{min}}$ ,  $T_{max}$ ,  $T_{min}$ ,  $L_vq/C_{P_{max}}$ , and  
568  $L_vq/C_{P_{min}}$  associated with warm events, defined as multi-day periods with  $T_{max}$  greater than the  
569 station-specific 90<sup>th</sup> percentile value. All values are expressed in units of °C per 50 years.  
570 Significance of trends is shown for 90% \*, 95% \*\* and 99% \*\*\*. Also shown are the numerical  
571 values of the 90<sup>th</sup> percentile of  $T_{max}$ , number of number of warm events meeting this threshold  
572 ( $N_H$ ) and the total number of days associated with those events ( $N_{Hday}$ ).

Station	$T_{max}$ $P_{90}$	$N_H$	$N_{Hday}$	$T_{E_{max}}$	$T_{E_{min}}$	$T_{max}$	$T_{min}$	$L_vq/C_{p_{max}}$	$L_vq/C_{p_{min}}$
<b>Des Moines</b>	33.3	143	476	6.5**	6.3***	-0.2	1.4**	6.7***	3.7**
<b>Moline</b>	33.3	140	459	6.5**	6.1***	0.2	0.8	6.4**	4.4*
<b>Indianapolis</b>	32.2	157	518	-1.0	2.6	0.3	0.8	-0.9	-0.2
<b>Springfield</b>	35.0	95	354	3.7	7.7***	-0.1	1.8***	5.1**	2.3
<b>St. Louis</b>	35.0	138	432	3.7	4.3**	-0.1	1.5***	3.7*	2.8
<b>Memphis</b>	35.6	111	415	-0.1	3.0	0.3	0.7	1.3	-1.4
<b>Nashville</b>	34.4	122	433	-2.6	0.9	-0.4	1.0*	-1.4	-4.1***

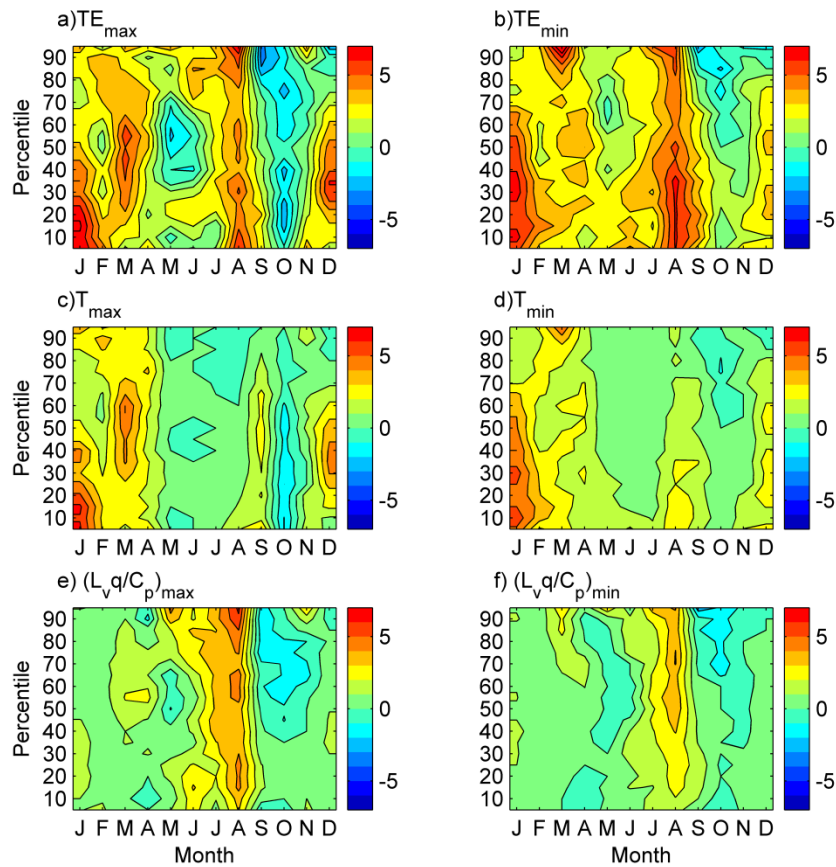
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589 **Figure 1.** Map of study area, showing the locations of the seven stations used in the analysis.



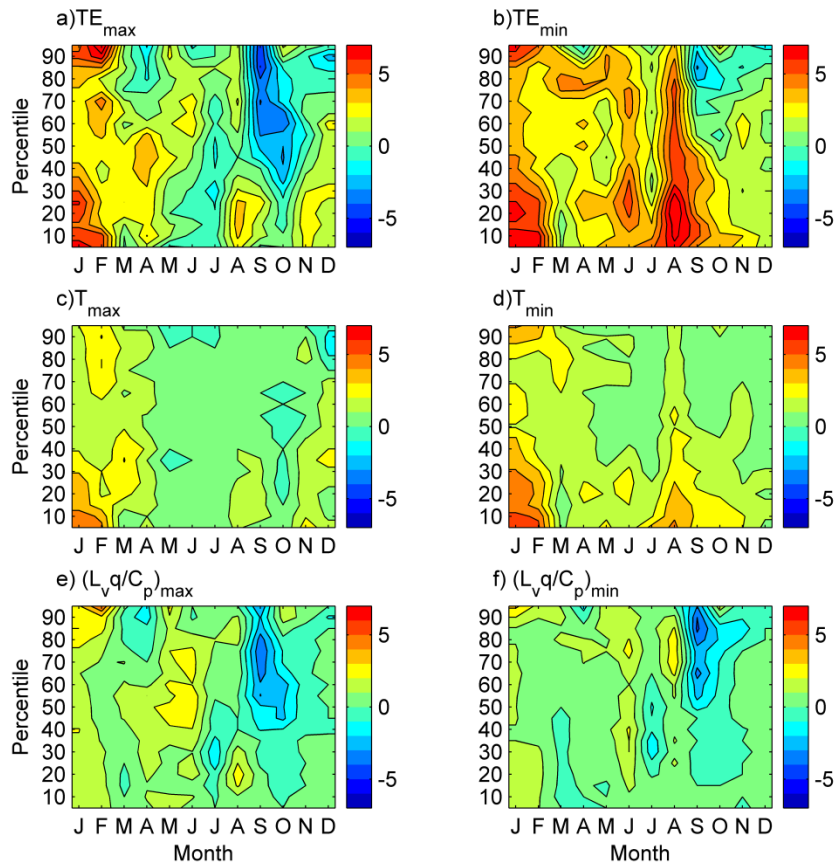
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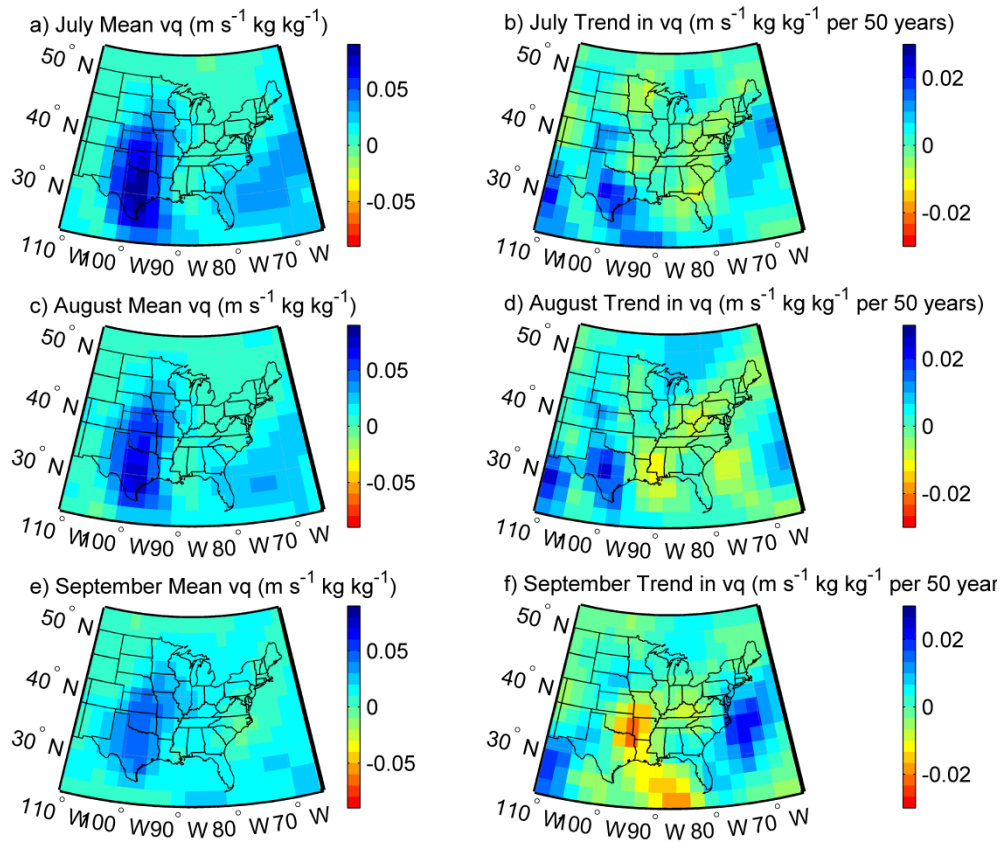
594 **Figure 2.** Monthly percentile trends for daily a)  $T_{E_{max}}$ , b)  $T_{E_{min}}$ , c)  $T_{max}$ , d)  $T_{min}$ , e)  $L_vq/C_{p_{max}}$ ,  
 595 and f)  $L_vq/C_{p_{min}}$  for Des Moines, IA. All values are expressed in units of  $^{\circ}\text{C}$  per 50 years. The  
 596 trends presented for Des Moines are also broadly representative of changes at Springfield, MO, St.  
 597 Louis, MO and Moline, IL.



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599 **Figure 3.** As in Figure 2, but for Indianapolis, IN. The trends presented for Indianapolis are also  
 600 broadly representative of changes at Memphis, TN and Nashville, TN.





601

602 **Figure 4.** Average (left) and linear trend (right) in meridional moisture flux ( $vq$ ) at 925 mb ( $m s^{-1}$

603  $kg kg^{-1}$ ) for July (a,b), August (c,d), and September (e,f).