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UMaine Institute of Medicine Lecture Series, Spring 2024

University of Maine Institute of Medicine

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UMaine Institute of Medicine



« All Events

Aging Well in the Pine Tree State: Lessons Learned from the Research

February 6 @ 4:00 pm - 5:00 pm **FREE**

February 6 at 4 p.m.
Black Bear Brewing taproom
— 19 Mill St., Orono —

PRESENTER:
Lenard Kaye,
Center on Aging

Aging Well in the Pine Tree State: Lessons Learned from the Research

Research conducted at the UMaine Center on Aging and elsewhere provides us with a proven road map for successfully addressing common age-related challenges. Ultimately, the key is making needed adaptations and that requires taking advantage of both the internal and external resources available to you.

In complying with the intent and spirit of applicable laws and pursuing its own goals of diversity, the University of Maine System does not discriminate on the grounds of race, color, religion, sex, sexual orientation, transgender status, gender identity or expression, ancestry, national origin, ethnicity, culture, limited English proficiency, age, disability, genetic information, or marital or family status in employment, education, and/or other programs and activities. The University strongly encourages and commends the use of affirmative action and diversity opportunities. The University further has been designated an affirmative action employer pursuant to Executive Order 11246, Section 101, and the University is an Equal Opportunity Employer. UMaine System, 500 South Main Street, Orono, ME 04469-5705, 207-581-1234, 174 The Maine State System.

Please join us for a conversation about aging and learn how research conducted at the [UMaine Center on Aging](#) and elsewhere provides us with a proven road map for successfully addressing common age-related challenges. Ultimately, the key is making needed adaptations and that requires taking advantage of both the internal and external resources available to you.

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DETAILS

Date:
February 6
Time:
4:00 pm - 5:00 pm

Cost:
Free

Event Categories:
[Center on Aging](#),
[Education](#), [Seminar Series](#)

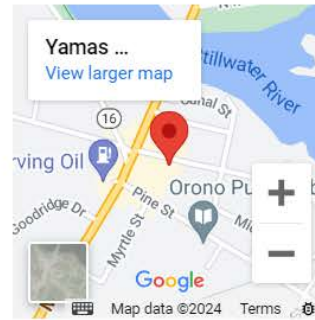
Website:
<https://umaine.edu/medicine/>

ORGANIZERS


[UMaine Institute of
Medicine](#)
[Center on Aging](#)

VENUE

[Black Bear Microbrewery](#)
19 Mill St
Orono, [ME](#) 04469 United
States + [Google Map](#)
Phone:
(207) 889-9123




Related Events




KELLY R. KLEIN, MD, M
EMERGENCY MEDICINE PHYS
EMMC

Panic: The Untold Truths
February 9 @ 12:00 pm - 1:00 pm



COLLEEN MARZILLI, PH.D.,
APRN, FNP-BC
GRADUATE PROGRAM COORDINATOR
OF NURSING
SCHOOL OF NURSING UNIVERSITY

Cultural Competence in Nursing
February 16 @ 12:00 pm - 1:00 pm



KELLEY STROUT, PH.D
DIRECTOR, ASSOCIATE PROFESSOR
SCHOOL OF NURSING
UNIVERSITY OF MAINE

*Thrive and Flourish: A Holistic
Nurturing Wellness and Resilience*

**Thrive and Flourish: A Holistic Approach to
Nurturing Wellness and Resilience in
Nursing Students through an Immersive
Bridge Week Experience**
February 23 @ 12:00 pm - 1:00 pm

Event Navigation

[« Population Descriptors and the study of Human Microbiomes: Implications for Appropriate Participant Categorization based on recommendations from the NASEM report](#)

[Panic: The Untold Truths »](#)

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York Village #6
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UMaine Institute of Medicine

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« All Events

Panic: The Untold Truths

February 9 @ 12:00 pm - 1:00 pm **FREE**

UMaine Institute of Medicine Seminar
February 9, 2024, 12:00 pm



KELLY R. KLEIN, MD, MPH, FACEP
EMERGENCY MEDICINE PHYSICIAN
EMMC

Panic: The Untold Truths

Speaker: Kelly R. Klein, MD, MPH, FACEP

About the seminar: Panic is frequently cited for a population's presumed bad behavior or a reason for marshal law to be enacted. Our discussion will unpack this notion and get a better back story to this myth and why it still is pervasive in disaster management, hospital preparedness, and news headlines.

About the speaker: Dr. Klein originally hails from NYC and has lived in Maine, Michigan, Texas, England, and the Caribbean. Her career paths have taken her in many directions: sailing on traditional sailboats, teaching environmental and

experiential education, search and rescue, paramedic both ground and helicopter, and finally as an emergency medicine physician. She completed her residency in Emergency Medicine at Detroit Receiving Hospital in Michigan, which was followed by a two year CDC funded fellowship in WMD-Disaster Medicine and EMS with disaster course work concentrated on incident command, psychosocial characteristics of disasters, decontamination for hospitals, and emergencies involving radiation, chemical, biological, and explosives.

She is part of a federal disaster emergency team called a DMAT and is assigned as a supervisory physician with Michigan's team. This has allowed her real world experiences including Hurricane Katrina and two presidential inaugurations. She is an active instructor and author both nationally and internationally for the National Disaster Life Support Foundation series of courses and an energetic author and reviewer for peer review journals as well as a textbook section editor, and book chapter author.

Recent international speaking adventures have taken her to Israel, South Africa, Australia, and the Republic of Ireland. Her most recent accomplishment is finishing her Masters in Public Health from Johns Hopkins University.

At present, she works at Eastern Maine Medical Center wearing a few hats: Chair of the IRB, physician liaison to the hospital preparedness committee, and fulltime emergency medicine physician.

The event is free but registration is required. Please use this [registration link](#) to sign up for the Zoom event.

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DETAILS

Date:
[February 9](#)

Time:
12:00 pm - 1:00 pm

Cost:
Free

Event Category:
[Seminar Series](#)

VENUE

[Virtual](#)

ORGANIZER

[UMaine Institute of
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Related Events



February 6 at 4 p
k Bear Brewing tapr
- 19 Mill St., Orono -

PRESENTER:
Leonard Kaye

Aging Well in the Pine Tree State: Lessons Learned from the Research



**COLLEEN MARZILLI, PH.D.,
APRN, FNP-BC**

GRADUATE PROGRAM COORDINATOR
OF NURSING
SCHOOL OF NURSING UNIVERSITY

Cultural Competence in Nursing

February 16 @ 12:00 pm - 1:00 pm



KELLEY STROUT, PH.D.

DIRECTOR, ASSOCIATE PROFESSOR
SCHOOL OF NURSING
UNIVERSITY OF MAINE

*Thrive and Flourish: A Holistic
Nurturing Wellness and Resilience*

Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience in Nursing Students through an Immersive

February 6 @ 4:00 pm - 5:00 pm

Nursing Students through an immersive
Bridge Week Experience

February 23 @ 12:00 pm - 1:00 pm

Event Navigation

< « Aging Well in the Pine Tree State: Lessons Learned from the Research

Cultural Competence in Nursing » >

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UMaine Institute of Medicine



« All Events

Cultural Competence in Nursing

February 16 @ 12:00 pm - 1:00 pm **FREE**

UMaine Institute of Medicine Seminar
February 16, 2024, 12:00 pm



**COLLEEN MARZILLI, PH.D., DNP, MBA,
APRN, FNP-BC**

GRADUATE PROGRAM COORDINATOR, PROFESSOR
OF NURSING
SCHOOL OF NURSING UNIVERSITY OF MAINE

Cultural Competence in Nursing

Speaker: Colleen Marzilli, Ph.D., DNP, MBA, APRN, FNP-BC, NEA-BC, CNE, PHNA-BC, CCM, MedSurg-BC, FNAP

About the speaker: Dr. Marzilli is a passionate nurse educator and researcher. She is an alumna of The University of Texas at Tyler and The University of Tennessee Health Science Center at Memphis. She is a professor of nursing and the graduate program coordinator. She teaches and serves undergraduate and graduate nursing students while conducting research in cultural competence, health disparities, health systems issues, nursing issues, and leadership. She empowers students and promotes student success by serving students as a role model for professionalism and excellence, including cultural competence and implicit bias. She has numerous publications, book chapters, podium and poster presentations.

clinical competence and impact. She has numerous publications, book chapters, posters and poster presentations, grants, and has given lectures internationally. She serves the profession as a peer-reviewer for several research journals, grants, and conferences. She also serves the community as a family nurse practitioner providing care to those in need.

She has led in many capacities including on the board of UT Health East Texas; Sigma, the International Honor Society for Nursing; Texas Nurses Association; and the Global Education Development Institute. She is an alumna of Leadership Women Texas 2018, Leadership Women Pipeline, and Leadership Tyler Class 32.

The event is free but registration is required. Please use this [registration link](#) to sign up for the Zoom event.

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DETAILS

Date:
[February 16](#)

Time:
12:00 pm - 1:00 pm

Cost:
Free

Event Category:
[Seminar Series](#)

VENUE

[Virtual](#)

ORGANIZER

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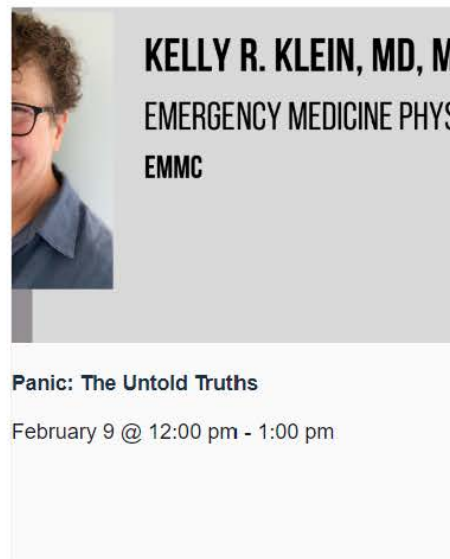


February 6 at 4 p
k Bear Brewing tapr
- 19 Mill St., Orono -

PRESENTER:
Leonard Kaye

Aging Well in the Pine Tree State: Lessons Learned from the Research

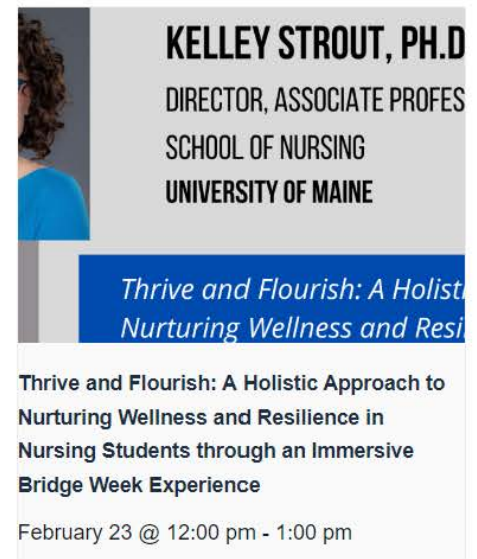
February 6 @ 4:00 pm - 5:00 pm



KELLY R. KLEIN, MD, MEd, EMMC
EMERGENCY MEDICINE PHYSICIAN

Panic: The Untold Truths

February 9 @ 12:00 pm - 1:00 pm



KELLEY STROUT, PH.D.
DIRECTOR, ASSOCIATE PROFESSOR
SCHOOL OF NURSING
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Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience

Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience in Nursing Students through an Immersive Bridge Week Experience

February 23 @ 12:00 pm - 1:00 pm

Event Navigation

« « Panic: The Untold Truths

Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience in Nursing Students through an Immersive Bridge Week Experience » »

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Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience in Nursing Students through an Immersive Bridge Week Experience

February 23 @ 12:00 pm - 1:00 pm **FREE**

UMaine Institute of Medicine Seminar
February 23, 2024, 12:00 pm



KELLEY STROUT, PH.D., RN

DIRECTOR, ASSOCIATE PROFESSOR
SCHOOL OF NURSING
UNIVERSITY OF MAINE

Thrive and Flourish: A Holistic Approach to Nurturing Wellness and Resilience in Nursing Students through an Immersive Bridge Week Experience

Speaker: Kelley Strout, Ph.D., RN

About the speaker: Kelley Strout earned her PhD in Nursing at Northeastern University in Boston, MA.. She is currently serving as the Director of the School of Nursing where she is responsible for developing, implementing, and evaluating the short and long-term academic and research goals to carry out the mission of the school. In addition, she currently serves as the Principal Scientific Investigator for two federal grants from the Health Resources Services Administration to a) diversify the nursing workforce and transform nursing education to include evidence-based inclusive, and equitable teaching and learning practices and b) promote resilience and reduce burnout among nursing students, faculty, and staff. Over the past three years, she has secured over 4 million dollars in federal funding for UMaine Nursing. Under her leadership, UMaine Nursing was ranked by U.S. News and Reports in the top 11% of baccalaureate of science in nursing programs nationwide. She serves on the Board of Directors at Penobscot Community Health Care, Maine's largest Federally Qualified Healthcare Center. In 2022, she received the Presidential Award for Public Engagement at UMaine. She is passionate about improving the health and well-being of nurses and the populations they serve. She lives in Bangor with her husband, James, their two sons, Cameron and Maxwell, and their dog, Lottie.

About the seminar: The U.S. grapples with a nursing shortage fueled by a burnout crisis among nurses and nursing students. The "How to Thrive as a Nursing Student" intervention preemptively addresses burnout by offering evidence-based interventions during a week-long immersive bridge program followed by a 1-credit course for first-year nursing students. The 25-hour curriculum involves mindfulness, yoga, intuitive eating, and fitness programming. The study involves 90 BSN students. Various valid and reliable emotional and physical health measures are used, including FitBit data. The intervention has the potential for replication across other academic majors.

The event is free but registration is required. Please use this [registration link](#) to sign up for the Zoom event.

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DETAILS

Date:
[February 23](#)

Time:
12:00 pm - 1:00 pm

Cost:
Free

Event Category:
[Seminar Series](#)

Website:
<https://maine.zoom.us/j/91234567890>

VENUE

[Virtual](#)

ORGANIZER

[UMaine Institute of Medicine](#)

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Related Events

February 6 at 4 p
Black Bear Brewing tapr

**KELLY R. KLEIN, MD, M**
EMERGENCY MEDICINE PHYS

**COLLEEN MARZILLI, PH.D.,**
APRN, FNP-BC

19 Mill St., Orono

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Aging Well in the Pine Tree State: Lessons Learned from the Research
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EMMC

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**GRADUATE PROGRAM COORDINATOR
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SCHOOL OF NURSING UNIVERSITY**

Cultural Competence in Nursing
February 16 @ 12:00 pm - 1:00 pm

Event Navigation

< « Cultural Competence in Nursing

TBD » >

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Precision Microbiome for Health

February 23 @ 12:00 pm - 2:00 pm **FREE**

Speaker: Professor Jack A Gilbert earned his Ph.D. from Unilever and Nottingham University, UK in 2002, and received his postdoctoral training at Queens University, Canada. From 2005-2010 he was a senior scientist at Plymouth Marine Laboratory, UK; and from 2010-2018 he was Group Leader for Microbial Ecology at Argonne National Laboratory, a Professor of Surgery, and Director of The Microbiome Center at University of Chicago. In 2019 he moved to University of California San Diego, where he is a Professor in Pediatrics and the Scripps Institution of Oceanography, Associate Vice Chancellor for Marine Science, and Director of both the Microbiome and Metagenomics Center and the Microbiome Core Facility. Dr. Gilbert uses molecular analysis to test fundamental hypotheses in microbial ecology.

[Link to page with more info on the speakers.](#)

[Register for this session](#)

 [Add to calendar](#) ▾

DETAILS

Date:
[February 23](#)

Time:
12:00 pm - 2:00 pm

Cost:
Free

Event Category:
[Microbes and Social Equity speaker series](#)

Website:
<https://sueishaqlab.org/microbes-and-social-equity-working-group/mse-speaker-series-2024/>

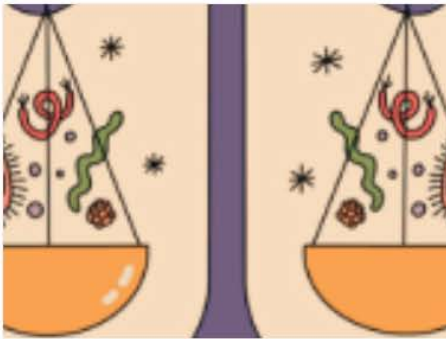
VENUE

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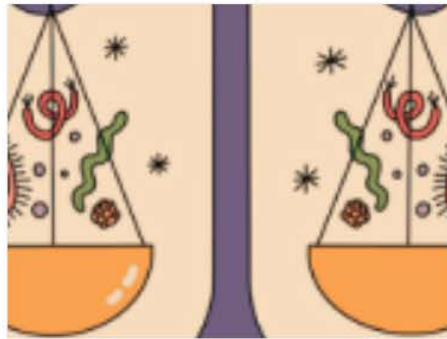
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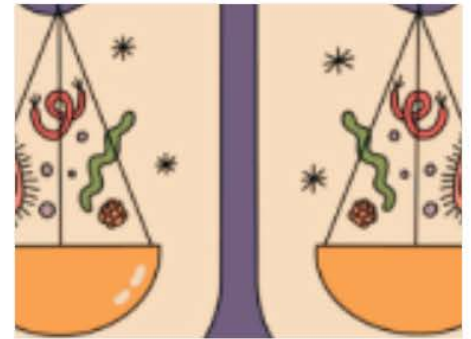
TBD

March 29 @ 12:00 pm - 2:00 pm



TBD

April 26 @ 12:00 pm - 2:00 pm



**The human microbiome and cancer risk:
Opportunities for prospective studies**

May 31 @ 12:00 pm - 2:00 pm

Event Navigation

< « Cultural Competence in Nursing

TBD » >

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The human microbiome and cancer risk: Opportunities for prospective studies

May 31 @ 12:00 pm - 2:00 pm **FREE**



Speaker: [Dr. Emily Vogtmann](#) is an Earl Stadtman Investigator in the Metabolic Epidemiology Branch of the Division of Cancer Epidemiology & Genetics in the National Cancer Institute. She received her B.S. in biochemistry and molecular biology and B.A. in Spanish from Michigan State University, M.P.H. in international health epidemiology from the University of Michigan, and Ph.D. in epidemiology in 2013 from the University of Alabama at Birmingham.

[Link to page with more info on the speakers.](#)

[Register for this session](#)

 [Add to calendar](#) ▾

DETAILS

Date:
[May 31](#)

Time:
12:00 pm - 2:00 pm

Cost:
Free

Event Category:
[Microbes and Social Equity speaker series](#)

Website:
<https://sueishaqlab.org/microbes-and-social-equity-working-group/mse-speaker-series-2024/>

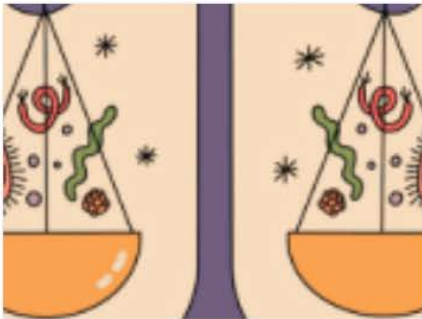
VENUE

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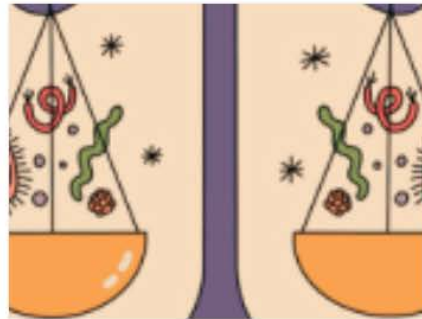
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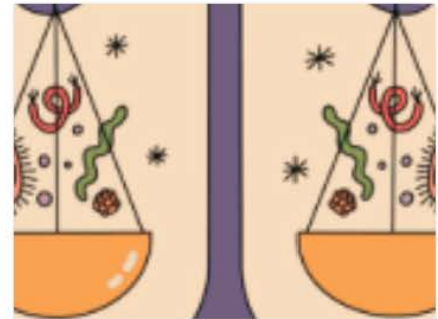
Precision Microbiome for Health

February 23 @ 12:00 pm - 2:00 pm



TBD

March 29 @ 12:00 pm - 2:00 pm



TBD

April 26 @ 12:00 pm - 2:00 pm

Event Navigation

[«](#) [TBD](#)

[Antimicrobial chemicals, antimicrobial resistance, and the indoor microbiome](#) [»](#) [>](#)

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UMaine Institute of Medicine

« All Events

Antimicrobial chemicals, antimicrobial resistance, and the indoor microbiome

June 28 @ 12:00 pm - 2:00 pm **FREE**



Speaker: Dr. Erica Hartmann, PhD., Associate Professor at Northwestern University. Dr. Erica Marie Hartmann is an environmental microbiologist interested in the interaction between anthropogenic chemicals and microorganisms, as well as bio-inspired mechanisms for controlling microbial communities.

[Link to page with more info on the speakers.](#)

[Register for this session](#)

[Add to calendar](#)

DETAILS

Date:
June 28

Time:
12:00 pm - 2:00 pm

Cost:
Free

Event Category:
Microbes and Social
Equity speaker series

Website:
<https://sueishaqlab.org/microbes-and-social-equity-working-group/mse-speaker-series-2024/>

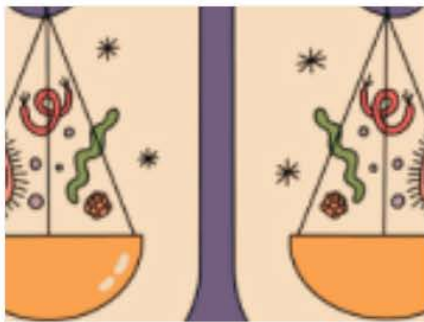
VENUE

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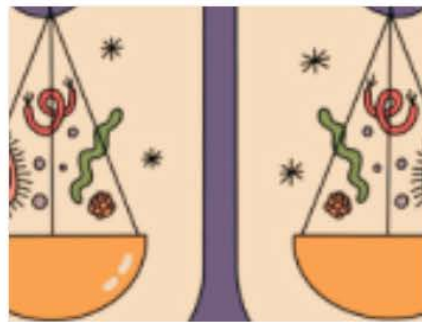
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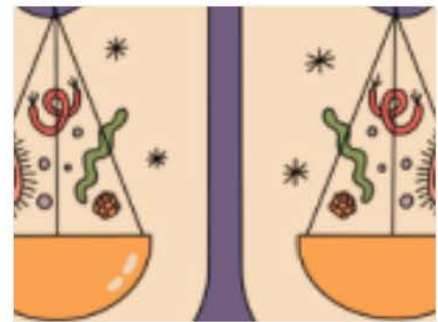
Precision Microbiome for Health

February 23 @ 12:00 pm - 2:00 pm



TBD

March 29 @ 12:00 pm - 2:00 pm



TBD

April 26 @ 12:00 pm - 2:00 pm

Event Navigation

< « The human microbiome and cancer risk: Opportunities for prospective studies TBD, PATHOME Study/One Health » >

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UMaine Institute of Medicine



« All Events

TBD, PATHOME Study/One Health

July 26 @ 12:00 pm - 2:00 pm **FREE**



Speaker: Dr. Kelly Baker, PhD., Associate Professor at the University of Iowa. [Faculty page here](#); “Dr. Baker is a microbiologist and epidemiologist whose research aims to generate evidence on household- and community-level environmental causes of enteric pathogen transmission between humans, animals, and the environment to improve the prioritization of interventions and policies that can reduce global enteric disease burden.”

[Link to page with more info on the speakers.](#)

[Register for this session](#)

Add to calendar

DETAILS

Date:
July 26
Time:
12:00 pm - 2:00 pm

FORMAT

Virtual

ORGANIZERS

The Ishaq Lab
UMaine Institute of
Medicine

Cost:
Free

Event Category:
Microbes and Social
Equity speaker series

Website:
<https://sueishaqlab.org/microbes-and-social-equity-working-group/mse-speaker-series-2024/>

Related Events



Precision Microbiome for Health
February 23 @ 12:00 pm - 2:00 pm



TBD
March 29 @ 12:00 pm - 2:00 pm



TBD
April 26 @ 12:00 pm - 2:00 pm

Event Navigation

< « Antimicrobial chemicals, antimicrobial resistance, and the indoor microbiome

TBD » >

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