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“Growing Together”: Addressing the Support Needs of Caregivers Postpartum Through Occupational Therapy Intervention

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Recommended Citation

Bagdon, Garrett; Iwasaki, Stephanie; Kawamoto, Kelli; and Mahoney, Alexa, ““Growing Together”: Addressing the Support Needs of Caregivers Postpartum Through Occupational Therapy Intervention” (2023). *Occupational Therapy Evidence Projects*. 14.

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“Growing Together”: Addressing the Support Needs of Caregivers Postpartum Through
Occupational Therapy Intervention

May 11, 2023

This evidence project, submitted by
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has been approved and accepted
in partial fulfillment of the requirements for the degree(s) of
Master of Science in Occupational Therapy and Doctorate in Occupational Therapy
from the University of Puget Sound.

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Key words: postpartum, caregivers, occupational therapy intervention

Abstract

Through a collaboration with a practicing occupational therapist in Tacoma, Washington who is currently interested in opening a private practice focused on providing care to caregivers in the postpartum period, the researchers posed the question, “When treating caregivers with children under one year of age, what is the effectiveness of existing interventions within the scope of occupational therapy in improving occupational performance?” Through a critical appraisal of topic project, it was found that the existing evidence supports occupational therapy interventions in the form of brief motivational interviewing, behavioral treatments, self-regulation education, wrist stabilization techniques, and group treatments aimed at decreasing depressive and anxious symptoms.

After the critical appraisal of topic project was finalized, researchers completed a needs assessment for the potential future business in the form of a SWOT (strengths, weaknesses, opportunities, threats) analysis. This analysis was informed by a survey dispersed to healthcare professionals treating caregivers in the postpartum period and an interview with a certified nurse midwife in the Tacoma area. Information from the survey and interview indicated that healthcare professionals are unaware of occupational therapy’s role in serving caregivers postpartum but are interested in learning more. Future recommendations include further research on the lived experience of caregivers and how depressive symptoms and role change difficulties affect occupational performance.

Critically Appraised Topic

Focused Question

When treating caregivers with children under one year of age, what is the effectiveness of existing interventions within the scope of occupational therapy (OT) in improving occupational performance?

Prepared By

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Date Review Completed

November 3, 2022

Professional Practice Scenario

The practice scenario that this evidence would be applied to is a proposed private practice outpatient occupational and physical therapy clinic, focusing care on parents in the postpartum period and their infants. The collaborator is seeking to understand the feasibility of opening a clinic with this targeted focus. Treatment provided by the practitioner at this clinic would be provided in an outpatient setting. The intent would be to include group and individual sessions, depending on the needs of caregivers on a case-by-case basis, based on evidence-informed treatment approaches. The collaborator would like to be able to bill insurance for these services and is planning on using the evidence basis found in this project to justify services to insurance companies.

This critical appraisal of topic (CAT) is intended to provide, summarize, and analyze evidence that can be used in group and individual outpatient OT settings in order to improve performance and mental health in caregivers with a child under one year of age.

Method

Categories	Key Search Terms
Patient/Client Population	New caregivers, mothers, fathers, new parent, new parents, foster parents, foster families, birth parent, birth parents, adoptive parents, postpartum, infants
Intervention (Assessment)	treatment, occupational therapy, OT, care, therapy
Comparison	N/A
Outcomes	occupational performance, occupational participation, occupational engagement, ADLs, quality of life, QoL, satisfaction, role competence

Databases, Sites, and Sources Searched
American Journal of Occupational Therapy
Cumulative Index of Nursing and Allied Health Literature
National Library of Medicine's PubMed.gov
American Psychological Association PsychInfo
Health Source: Nursing/Academic Edition
Office of Women's Health Resource Pages at Womenshealth.gov
American College of Obstetricians and Gynecologists Resource List
Hand searching from selected articles, see "Literature Searching and Article Inclusion" under the "Results" section for more information.

Procedures for the selection and appraisal of articles**Inclusion Criteria**

- Studies focused on specific interventions within the scope of OT practice that can be used in an outpatient setting
 - Studies may be from nursing, midwifery, physical therapy, or psychology journal as long as interventions fall within the scope of OT
- Caregiver or caregiver and child-focused interventions or outcomes
- Studies with data involving the postpartum period as birth through the first year of life
- U.S and Non U.S.-based research, as long as the study was originally published in English

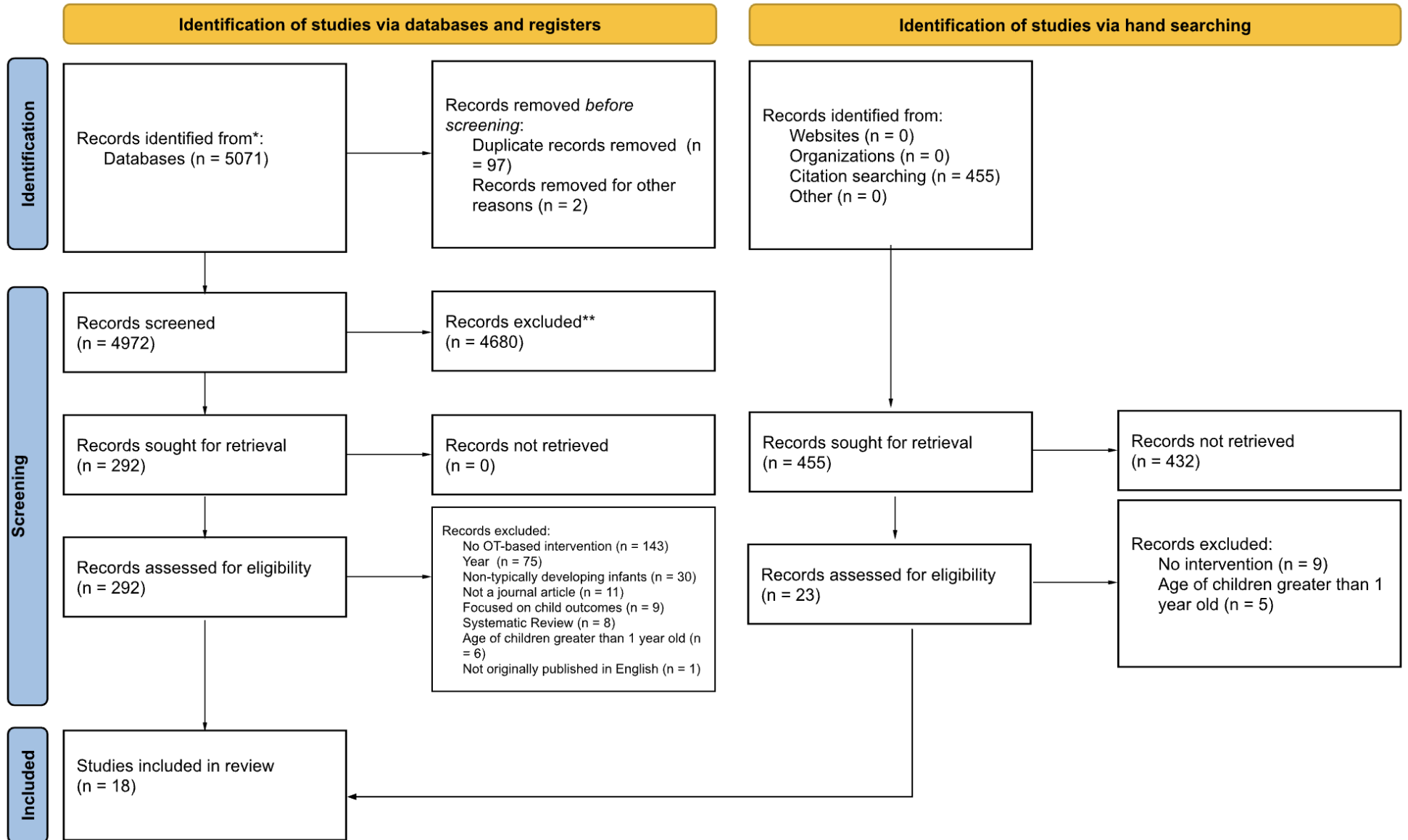
Exclusion Criteria

- Normative studies, opinion, and discussion articles
- Articles addressing just the needs of the child
- Articles originally published in a language other than English
- Articles published prior to 2012
- Non OT-based interventions
- Systematic Reviews with reference articles that did not meet our inclusion criteria

Search Outcomes/Quality Control/Review Process

To divide the labor, each researcher took four unique terms from the synonym/key search table and input them into the database detail on the "Database and Sites to Search " table over the course of the summer. Each group member was responsible for the thorough and complete analysis of the results related to each database. Zotero was used to keep retained articles updated to avoid any duplicates. After this process, there were 292 articles in the search tracking table. With the large number of articles retained, the chair and course mentor were consulted for advice on how to proceed in selecting a manageable number of articles to extract and analyze. With advice from these people, the decision was made to alter the original exclusion criteria from articles published in 1999 and prior to articles published in 2011 and prior. Additionally, it was also decided to exclude studies not done in the U.S. The decision to exclude studies not performed in the U.S. was later changed to include all international studies originally published in English. After this process was completed, work began to make decisions on the Maybe articles. Each Maybe article was discussed as a full group, and decisions were made with a consensus on whether or not to include.

Graphic Representation of the Research Process



Results

Literature Searching and Article Inclusion

From the previously mentioned databases, a total number of 5,071 records were identified, which were inputted into a search tracking table (see Appendix A). Prior to screening, 97 duplicate records and two other records were removed, which resulted in a total of 4,972 records being further screened. During the screening process, 4,680 records were excluded due to the initial exclusion criteria that were determined after the initial interview and meeting with the practitioner, which resulted in a total of 292 records, which were further sought for retrieval, assessed for eligibility, and inputted into a master citation table (see Appendix B).

Due to the extensive number of records, the exclusion criteria were revisited and the decision was made to exclude articles that were published more than 10 years ago (2011 and earlier), not published in the U.S., focused on caregivers' children who were not typically developing, and studies including non-occupation-based interventions. The researchers worked to find articles most in alignment with the prospective setting as described by the collaborator. The 292 records were evenly divided among researchers to sort through using our inclusion and exclusion criteria, ending up with 55 Yes records (included in the review), 18 Maybe records (possibly included in the review), and 219 No records (not included in the review). researchers then met to create themes among the general focus of the Yes and Maybe records to reduce our records to a more manageable amount for this review. Later, it was decided to exclude more articles throughout the process than expected as full-text reviews of some articles warranted exclusion. Researchers also went through eight systematic reviews to hand select articles that fit the inclusion and exclusion criteria, meeting several more times to cross-check each decision on the Yes records and Maybe records. After this process, 143 records that were not focused on

OT-based interventions were excluded, 75 records that were published prior to 2012, 30 records that were focused on caregivers with non-typically developing children, 11 records that were not journal articles, nine records that were focused on only child outcomes, eight records that were systematic reviews, six records that focused on children over one year of age, and one record that was not originally published in English. This resulted in a total number of nine Yes articles.

Since the number of articles that were firmly decided to be included in this review was lower than expected, the next steps consisted of going through the nine Yes articles to hand select articles that fit the inclusion and exclusion criteria, revisiting the inclusion criteria, and revising it to include studies that were done in the U.S., as well as in other countries. The group decided to reinclude studies not done in the U.S. to encompass the most complete scope of our topic as possible. In this process, at least two team members reviewed each article to cross-check and verify the decisions made.

From hand searching alone, 455 records were identified and sought to be retrieved. 432 records were not retrieved due to the finalized inclusion and exclusion criteria, which resulted in a total of 23 records assessed for eligibility. Nine records that were not focused on OT-based interventions and five records that were focused on caregivers with children over one year of age were excluded. Eight articles from this process were retained, yielding the final 18 articles to be extracted and synthesized.

EvidenceTable Summarizing *QUANTITATIVE* Evidence

Author Year Journal Country	Study Objectives	Study Design/ Level of Evidence/	Participants: Sample Size, Description Inclusion and Exclusion Criteria	Interventions & Outcome Measures	Summary of Results	Study Limitations
Franco-Antonio et al. 2020 Journal of Advanced Nursing Spain	Eval the effectiveness of BMI carried out in the immediate puerperium & explore its impact on GSE & BSE	RCT AOTA 1B Pyramid E2	N = 88 tx n = 44 ctrl n = 44 M age: 32.8 yrs In = given birth by vaginal delivery to healthy babies, had breastfed within 1 hr after birth Ex = mothers w/ newborns requiring admission to NICU, previous dx psychiatric disorder, neurological or cognitive damage, residence status that didn't allow for adequate follow-up, language & communication barriers	I = BMI, 20-30 min semi-structure d int by a midwife (exploration of motivations, ambivalences, barriers, & facilitators of development of breastfeeding & BSE). Phone booster for 15 min at 1,3, & 6 mo postpartum O = BSES-Short Form, GSE Scale	↓ risk of abandonment of EBF by 11 wks (p < .001) & breastfeeding by 10 wks (p < .05) sig + effect on BSE regulated by GSE, ↑ BSE score in tx group during post-tx follow-up (p < .05)	Only generalizable to women w/ an ideal initiation of breastfeeding & desire to breastfeed, doesn't consider sociocultural differences

<p>Franco-Antonio et al. 2022 Scientific Reports Spain</p>	<p>Eval the impact of a BMI on breastfeeding & PPD</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p>$N = 88$ tx $n = 44$ ctrl $n = 44$ <i>M</i> age: 27.8 yrs In = given birth by vaginal delivery to healthy newborns who started breastfeeding 1 hr after delivery Ex = mother-newborn separation due to admission to NICU, previous dx psychiatric disorder, neurological or cognitive damage, impossibility of follow-up, no adequate prenatal care & prepartum depression screening, communication barriers</p>	<p><i>I</i> = BMI, 20-30 min semi-structure d int by a midwife (exploration of motivations, ambivalences, barriers, & facilitators of development of breastfeeding & BSE). Phone booster for 15 min at 1 mo postpartum <i>O</i> = EPDS, BSES-Short Form</p>	<p>Breastfeeding duration longer in tx group by 11 wks ($p < .05$) BMI associated w/ \uparrow BSE & \downarrow EPDS score</p>	<p>Participants w/ no hx of psychiatric disorders, no baseline assessment of EPDS, not generalizable for women who gave birth by cesarean section or had pregnancy complications (PPD factors)</p>
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Grandisar et al. 2016 American Academy of Pediatrics USA	Eval the effects of bx tx on sleep/wakefulness of infants, parent and infant stress, later child emotional/bx problems, & parent-child attachment	RCT AOTA 1B Pyramid E2	$N = 43$ infants M age: 10.8 & parents, mothers M age: 33.3, fathers M age: 35.5 In = ≥ 1 parent id child had "sleep problem," typically dev infants Ex = sig PPD, indication of suicidality	$I =$ Graduated extinction ($n = 14$), bedtime fading ($n = 15$), or sleep education ctrl ($n = 14$) $O =$ Mothers' self-reported mood & stress	Sig interaction found for maternal stress ($p < 0.001$) moderate \downarrow in stress for all groups, but no differences in mood	Small sample size, acute stress not measured, only 2 tx studied
Howell et al. 2012 Obstetrics & Gynecology USA	Explores the effects of behavioral health & self regulation education on Black & Latina mothers maternal depressive sx's postpartum	RCT AOTA 1B Pyramid E2	$N = 540$ M age: 28 In = self identified black or Latina mothers ≥ 18 yrs of age & had infants w/ birth weights $\geq 2,500$ g & 5-min Apgar scores ≥ 7 Ex = self identified as a different race than black or Latina	$I =$ Two step CSM in-person then virtual behavioral health education $O =$ EPDS, PHQ-9 given at 4 intervals across 6 months	\downarrow positive depression screens at 3 wks for tx group ($p < .05$) \downarrow in Latina mother's positive depression screens in tx group over 6 months ($p < .05$)	Mothers enrolled had less depressive sx's than the average for similar populations, depression screen less reliable than actual MH professional diagnosis
Howell et al. 2014 Archives of Women's Mental Health USA	Explores the effects of behavioral health & self regulation education on maternal depressive sx's postpartum	RCT AOTA 1B Pyramid E2	$N = 540$ M age: 33 In = Mothers ≥ 18 yrs of age & had infants w/ birth weights $\geq 2,500$ g & 5-min Apgar scores ≥ 7 Ex = self identified black or Latina mothers	$I =$ Two step CSM in-person then virtual behavioral health education $O =$ EPDS, PHQ-9 given at 4 intervals across 6 months	No statistically sig difference between tx & ctrl group.	Mothers enrolled had less depressive sx's, only 12 mothers had depressive sx's at 3 wks and 6 months, depression screen less reliable than actual MH professional diagnosis

<p>Jaywant et al. 2022 Indian Journal of Occupational Therapy India</p>	<p>Explores the use PEO model during breastfeeding & childrearing education to address mother's barriers to occupation</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p>$N = 52$ Age range: 20-25 yrs In = Mothers w/ infants of gestational age 28 wks to 36 wks Ex = mothers w/ dx of psychosis or cardiovascular disease</p>	<p>$I =$ initial breastfeeding & child rearing education tx w/ occ analysis that address client-specific environmental barriers, follow up after 15 days O = EPDS, BSES, PSS:NICU</p>	<p>EPDS and PSS:NICU no statistical sig difference \uparrow BSES scores at post tx ($p < .05$)</p>	<p>Education & SES was not controlled in sample population, health literacy varied greatly at baseline</p>
<p>Jung et al. 2021 International Journal of Environmental Research and Public Health South Korea</p>	<p>Examine the effects of periodic wrist taping & stabilization tx on new mothers experiencing wrist pain</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p>$N = 45$ M age tx without taping: 31.47 M age tx w/ taping: 31.60 M age ctrl: 30.13 In = Mothers w/ infants born ≤ 1 year old, no prior hx of wrist pain before pregnancy, VAS wrist pain reported ≥ 33mm Ex = mother takes pain rx or seeking outside pain tx</p>	<p>$I = 2$ tx groups: one that completed 40 min wrist stabilization tx w/ Therabands & weights for 8 wks, taping applied post stabilization tx at flexor & extensor muscle sites. One that completed just wrist stabilization tx O =VAS, DASH, SF-36</p>	<p>sig \downarrow in VAS, DASH and \uparrow SF-36 scores in both tx when compared to & ctrl group ($p < .05$)</p>	<p>Small sample population, differences IADL & child rearing occupations among participants were not considered, short term (8 wks)</p>

<p>Perez-Blasco et al. 2012 Archive of Women's Mental Health Spain</p>	<p>Eval the effectiveness of a mindfulness-based intervention in breast-feeding mothers</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p>$N = 26$ tx $n = 13$ ctrl $n = 13$ In = breast feeding mother Ex = not reported</p>	<p>$I = 8$ week mindfulness program, 1 2hr session per week including check in, guided meditation, discussion of mindfulness themes, & assigning tasks for upcoming week Ctrl = no tx $O =$ Parental evaluation scale, FFMQ, self-compassion scale, DASS21, SWLS, subjective happiness scale</p>	<p>Parental evaluation scale: tx group had sig \uparrow maternal self efficacy ($p = 0.0004$) FFMQ: ix group showed sig \uparrow in observing, acting w/ awareness, judging of inner experience, non-reactivity, inner experience self-compassion scale: ix group showed sig \uparrow in self-kindness, mindfulness, and total score DASS21: stat sig differences in anxiety, stress, and distress between groups SWLS: no stat sig differences Subjective happiness scale: no stat sig differences</p>	<p>Small sample size, self-reported measures, attrition, all members were breastfeeding, may not apply to non-breastfeeding parents</p>
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<p>Salisbury 2012 Infant Mental Health Journal USA</p>	<p>Examined the effects on caregivers of a graduated rest-based psychosocial tx to ↓ infant colic</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p><i>N</i> = 61 <i>M</i> age: tx 31.29 ctrl: 29.80 In = mothers ≥ 17 yrs of age w/ a single birth born ≥ 37 wks gestation with child 4-8 wks old at start Ex = mother has no hx of psychosis, no CPS or opiate use</p>	<p><i>I</i> = Psychosocial tx, 3 tx sessions w/ care team consisting of pediatrician & infant MH professional focused on providing tx related to reducing caregiver & infant stress <i>O</i> = CSCL, I-GERQ, BDI, PSI, IBQ, Number of healthcare system contacts</p>	<p>Maternal contacts w/ healthcare system ↓ compared to ctrl Maternal depression ↓ in tx group (<i>p</i> < .05) No difference in CSCL, PSI, IBQ</p>	<p>Baseline crying levels different (human behavior infant crying), sample for single clinic (not as generalizable), service delivery & care varied among different clients; some required more health service use</p>
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<p>Stover 2015 Family Process USA</p>	<p>Initial evaluation of the effectiveness of an intervention aiming to ↓ IPV & allow fathers to stay in children’s lives</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p><i>N</i> = 21 <i>M</i> age: 30.91 yrs In = meet DSM criteria for substance use of alcohol, cocaine, or marijuana w/in 30 days of screening, physical violence in an intimate relationship w/in 90 days of screening, bio father of 1+ child 10 y.o. or less Ex = no physical violence in intimate relationship, violence in intimate relationship too severe</p>	<p><i>I</i> = “Fathers for Change”, 14 individual/dyadic sessions over 4 months & 3 phases. Uses attachment, family systems, & CBT. Coparents involved in second phase, child involved in final phase. <i>O</i> = Addiction Severity Index, TLFB-SV, TLFB-SA, Revised Conflict Tactics Scale, Coparenting Relationship Scale, Child Interactive Behavior Rating</p>	<p>Addiction Severity Index: no sig differences TLFB-SV: no sig differences TLFB-SA: no sig differences Revised Conflict Tactics Scale: no sig differences Coparenting Relationship Scale: no sig differences Child Interactive Behavior Rating: tx group showed ↑ father/child interactions Both groups showed ↓ IPV, w/ greater reductions in tx group</p>	<p>Initial pilot study, small sample size, did not look at substance dependant fathers</p>
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<p>Zlotnick et al. 2016 Journal of Affective Disorders USA</p>	<p>Examine the efficacy of tx to ↓ risk of PPD in pregnant women</p>	<p>RCT AOTA 1B Pyramid E2</p>	<p><i>N</i> = 205 tx <i>n</i> = 104 ctrl <i>n</i> = 101 <i>M</i> age: 22.7 yrs In = pregnant status, 18+ yrs, btwn 20-35 wks gestation, received public assistance, English-speaking, attended an urban, prenatal medical clinic, score of 27+ on CSQ Ex = currently receiving MH services, did not understand English, met criteria for current mood disorder, substance use disorder, anxiety disorder, or psychosis</p>	<p><i>I</i> = ROSE program (IPT-based tx), 4 90min group sessions over 4 wk period (managing role transition to motherhood, ↑ support system, ↑ effective communication skills to manage relationship conflicts, goal setting, psychosocial resources for new mothers), 50min individual booster session w/in 2 wks postpartum <i>O</i> = time to onset of a MDE</p>	<p>Time to onset MDE: At 6 mo postpartum, overall depression rate in tx group (16%) < ctrl group (31%), effect of tx (<i>p</i> < .05)</p>	<p>May not be generalizable to other women in different SES & cultural backgrounds, or marital status</p>
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<p>Geller et al. 2018 Journal of Behavioral Medicine USA</p>	<p>Present overview of Mother Baby Connections & present outcome data following the initial year of the Mother Baby Connections program</p>	<p>One group, pre-post AOTA IIIB Pyramid O4</p>	<p>$N = 47$ at enrollment, $N = 20$ at discharge In = pregnant or postpartum, participating in Mother Baby Connections program Ex = not reported</p>	<p><i>I</i> = Mother Baby Connections, an intensive outpatient program focusing on improving maternal MH through individual, mother-infant, couple, & group therapy sessions using a variety of approaches. Meets 2 days per wk for 4-6 therapeutic sessions, lasting for ~13 wks. O measures given at eval, 4 weeks post-eval, & discharge O = EPDS, BIMF, Postnatal stress scale, PSS, DERS, RDAS, City BiTS, CSQ-8</p>	<p>EPDS: depressive sx's ↓ significantly ($p < .001$, Cohen's $d = 2.00$) BIMF: maternal functioning ↑ significantly ($p < .001$) Postnatal stress scale: parenting stress ↓ significantly ($p < .001$) PSS: perceived stress ↓ significantly ($p < .001$) DERS: emotional regulation ↑ significantly ($p < .001$) RDAS: dyadic adjustment ↑ significantly ($p < .05$) City BiTS: birth trauma ↑ significantly ($p < .001$) CSQ-8 showed strong patient satisfaction</p>	<p>Small sample size, large amount of sample did not complete all three assessment sessions, research design does not allow for comparison, some parents had to leave treatment due to time demands</p>
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<p>McHale et al. 2015 Family Process USA</p>	<p>Examine the effects of a co parenting intervention for expectant unmarried African American mothers & fathers</p>	<p>One group, pre-post AOTA IIIB Pyramid O4</p>	<p><i>N</i> = 20 families (mother & father) age range: 14-40 yrs In = unmarried parents, 1st baby for both parents together, father's interest in involvement, no IPV Ex = not reported</p>	<p><i>I</i> = FIOC dyadic tx, 6 sessions + 1 booster session (↑ awareness of + co parenting, ↑ rapport & solidarity, communication & problem-solving skills) Outcome measures given at 3rd trimester & at 3 mo postpartum <i>O</i> = SCID - "revealed differences" conflict discussion (pre- vs post-tx)</p>	<p>SCID: ↓ verbal aggression, coerciveness, attempts to ctrl negativity & conflict ($p < .05$) ↑ in cumulative risk ≠ ↑ change fr tx</p>	<p>Small sample size, no ctrl group, all participants were ↓ income & half were not co-residential</p>
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<p>Raouna et al. 2021 PLoS One Britain</p>	<p>Examine the effectiveness of the Mellow Babies program</p>	<p>One group, pre-post AOTA IIIB Pyramid O4</p>	<p>$N = 91$ baby-parent dyads In = one child ≤ 18 mo. old, those w/ self-reported mh issues, isolation, unemployment, involvement w/CPS Ex = not reported</p>	<p>$I = 1x/$ week for 14 weeks group-based tx aimed to \uparrow social support, \uparrow attachment, & \downarrow depression & anxiety among parents $O =$ BSI-18, KPCS, Q-LES-Q-SF</p>	<p>Improvement in BSI-18: $t(68) = 2.59, p = 0.012, d = 0.31$ & KPCS: $t(68) = -3.776, p < 0.001, d = 0.46$ scores indicating \downarrow anxiety levels & \uparrow parenting self-efficacy skills. No sig. improvement w/ Q-LES-Q-SF scores</p>	<p>No ctrl group, unequal gender distribution between mothers & fathers, only measured short-term effects</p>
<p>Symon et al 2012 BMJ Open Australia</p>	<p>Eval the psychological well-being of mothers following participation in a bx modification programme previously shown to improve infant sleep</p>	<p>One group, pre-post AOTA IIIB Pyramid O4</p>	<p>$N = 99$, w/ attrition to 80 mothers In = child ages 6-12 months, parents first visit to clinic Ex = no other</p>	<p>$I = 45$ min consultation w/ GP on infant sleep $O =$ DASS21</p>	<p>nocturnal awakenings \downarrow at follow up DASS21: sig improvements in depression, anxiety, & overall score ($p < 0.001$)</p>	<p>Study design has no comparison, recruitment required mothers presenting for help, no definition for “sleep problem”, no ctrl for impacts on sleep outside of intervention, missing info fr nonrespondents</p>

<p>Thomas et al. 2014 Archives of Women's Mental Health Australia</p>	<p>Examine the effectiveness of prenatal group tx designed to ↓ depression & anxiety sxs & ↑ maternal attachment</p>	<p>One group, pre-post AOTA IIIB Pyramid O4</p>	<p><i>N</i> = 37 mothers, <i>M</i> = 26 weeks gestation In = current dx or at risk for prenatal depression or anxiety, second or third trimester Ex = limited English proficiency, currently on illicit drugs, current psychotic sxs, at acute risk for suicide</p>	<p><i>I</i> = six 2-hr group sessions every 2 weeks. Tx focused on bx self-care strategies, psychoeducation, interpersonal therapy, & parent-infant relationship <i>O</i> = CES-D, EPDS, STAI, Measured at pre tx (T1), post tx (T2). EPDS also measured at 2 mo. postpartum (T3)</p>	<p>CES-D (T2): sig ↓ in depression ($p < 0.001$, $d = 0.8$) EPDS (T1): sig ↓ in depression ($p < 0.001$, $d = 1.1$) EPDS (T3): sig ↓ in depression ($p < 0.001$, $d = 1.7$) STAI (T2) = sig ↓ in anxiety ($p < 0.001$, $d = 0.7$)</p>	<p>Only included women who could speak English which ↓ generalizability</p>
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Table Summarizing *MIXED-METHODS* Evidence

Author, Year, Journal Abbrev, Country	Study Objectives	Study Design, Level of Evidence (AOTA, Res Pyr)	Participants: Number and selection, Description, Inclusion & Exclusion Criteria	Methods for Enhancing Rigor / Interventions & Outcome Measures	Themes and Conclusions / Summary of Results	Study Limitations
<p>Graybill et al. 2016 Early Childhood Education Journal USA</p>	<p>Eval parent/guardian outcomes among historically underserved populations after receiving the Milestone Moments booklet</p>	<p>mixed-methods RCT <i>Qual</i> AOTA n/a Pyramid Q3 <i>Quant</i> RCT AOTA 1B Pyramid E2</p>	<p><i>N</i> = 108 at baseline, 78 at followup 90% female sample mean age = 30.6 <i>In</i> = parent of a child ≤ 5 y.o., child enrolled at childcare center involved in study, family qualifies for federal assistance on income, child scores “at-risk” or “typical” on ASQ <i>Ex</i> = child has known developmental delay</p>	<p><i>Qual</i> Established inter-rater reliability of .90 Regular reliability checks to prevent drift <i>Quant</i> 4 groups Ctrl: reading materials on parenting Childcare: received MM at childcare center, discussed booklet w/ member of research team Brief home visit: received MM at home, discussed book w/ researcher Six-Session Home Visit: met w/ SafeCare trainer 1x per week for 6 wks, received MM booklet & discussed w/ researcher <i>O</i> = Rates of identification of developmental concerns</p>	<p><i>Qual</i> Parents were surprised to learn about variability in development Booklet reassured parents that their child is not behind Booklet empowered parents to seek more care if necessary <i>Quant</i> brief home visit group showed most parental knowledge for parents of 0, 1, & 2 y.o.s parents had less developmental concerns at end of study ($p < .01$)</p>	<p>Did not examine children that had already received early intervention, high attrition rate, lacking in rigor-enhancement for qualitative section</p>

<p>Sponseller et al. 2021 AJOT USA</p>	<p>Examine impact of occupation-based programming by OTs for postpartum breastfeeding mothers.</p>	<p>Concurrent triangulation mixed-methods design Qual Group study w/ more rigor AOTA N/A Pyramid Q2 Quant One group, pre-post AOTA IIIB Pyramid O4</p>	<p><i>N</i> = 14, age range: 25-39 yrs In: women breastfeeding an infant for < 6 mo, not currently weaning, met w/ a lactation consultant at least once Ex: Not reported</p>	<p>Qual Triangulation: OP, GAS outcomes, & int themes Code-recode: 2 researchers coded int data & compared data; didn't conduct int Audit trail Quant <i>I</i> = 10 wk, 1 hr OT group session (body mech, babywearing, infant dev, stress mgmt, work-life balance, tummy time, bedtime routine & infant massage, community integration, role transition) <i>O</i> = GAS scoring of adequate sleep, going out on reg date nights w/partner, exercise, & return to work (pre- vs post-tx)</p>	<p>Qual Themes of OT impact: mother's ability to persevere w/breastfeeding, feelings of competence about motherhood role, & degree to which she valued herself & baby OTs have a role in helping new mothers achieve greater personal health & well-being while breastfeeding (in collab w/ lactation consultants) Quant Most goals were reached by participants (<i>M</i> pre-tx GAS score 50.00 < <i>M</i> post-tx GAS score 56.50)</p>	<p>Small sample size, no ctrl group, convenience sampling, participants were fr suburbs of a large east coast U.S. city, limited to mothers breastfeeding for only < 6 mo, limited to mothers who were married.</p>
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Abbreviation List:

Abbreviation	Description
↑	increase
↓	lower
+	positive
-	negative
≠	no association to
&	and
AASP	Adolescent/Adult Sensory Profile
AJOT	<i>American Journal of Occupational Therapy</i>
AOTA	American Occupational Therapy Association Evidence Hierarchy Levels
ASQ	Ages and Stages Questionnaire
BDI	Beck Depression Inventory
BIMF	Barkin Index of Maternal Functioning
BiTS	Birth Trauma Scale
BMI	Brief Motivational Intervention
BMJ Open	<i>British Medical Journal Open</i>
BSES	Breastfeeding Self-Efficacy Scale
BSI-18	Brief Symptom Inventory-18
bx	behavior
CBT	cognitive behavioral therapy
CES-D	Centre of Epidemiological Studies Depression Scale
CI	confidence interval
cor	correlation
CPS	Child Protective Services
CSCL	Colic Symptom Checklist
CSM	Common-Sense Model
CSQ	Cooper Survey Questionnaire
ctrl	control
DASH	Disabilities of the Arm, Shoulder and Hand questionnaire
DASS21	Depression, Anxiety, Stress Scale-21
DERS	Difficulties in Emotional Regulation Scale
dev	development
DSM	Diagnostic and Statistical Manual
EBF	exclusive breastfeeding
EPDS	Edinburgh Postnatal Depression Scale

eval	evaluate
ex	exclusion criteria
FFMQ	Five Facet Mindfulness Questionnaire
FIOC	Figuring It Out for the Child
fr	from
fx	function
GAS	Goal Attainment Scale
GSE	General Self-Efficacy
hx	history
I	intervention
IBQ	Infant Behavior Questionnaire
I-GERQ	Infant Gastroesophageal Reflux Questionnaire
In	inclusion criteria
int	interview
IPT	interpersonal therapy
IPV	intimate partner violence
KPCS	Karitane Parenting Confidence Scale
LIFE	Longitudinal Interval Follow-up Examination
M	mean
MDE	major depressive episode
mech	mechanics
mgmt	management
MH	mental health
MM	Milestone Moments
mo(s)	month(s)
N	sample size
<i>n</i>	number of individuals in subgroup
NICU	neonatal intensive care unit
O	outcomes
occ	occupational
OP	occupational profile
OT	occupational therapy
<i>p</i>	probability
PHQ-9	Patient Health Questionnaire-9

PLoS One	<i>The Public Library of Science one</i>
PPD	postpartum depression
PSI	Parenting Stress Index
PSS	Parental Stress Scale
PSS:NICU	Parental Stress Scale: Neonatal Intensive Care Unit
pt(s)	patient(s)
pyramid	Research Pyramid levels
Q-LES-Q-SF	Quality of Life, Enjoyment, and Satisfaction Questionnaire
qual	qualitative
quant	quantitative
<i>r</i>	correlation coefficient
RCT	randomized control trial
RDAS	Revised Dyadic Adjustment Scale
ROSE	Reach Out, Stay Strong, Essentials
rx	prescription medication
SCID	System for Coding Interactions in Dyads
SES	socioeconomic status
SF-36	Short Form 36 Quality of Life Questionnaire
sig	statistically significant
STAI	State-Trait Anxiety Inventory
SWLS	Subjective Well Being Scale
sx(s)	symptom(s)
TLFB-SA	Timeline Followback - Substance Abuse
TLFB-SV	Timeline Followback - Spousal Violence
tx	intervention
USA	United States of America
VAS	Visual Analogue Scale
w/	with
w/in	within
wk(s)	week(s)
y.o.	year(s) old
yr(s)	year(s)

Summary of Key Findings

Summary of Experimental Studies

The available research points to a few key areas of OT interventions to support the maximization of occupational performance in child rearing, ADLs, health management, and IADLs for caregivers. Twelve experimental studies, with an AOTA level of 1B, met our inclusion criteria and were selected for critical appraisal. Two articles identified breastfeeding duration utilizing brief motivational interviews supporting the psychosocial and physical barriers for caregivers (Franco-Antonio, et al., 2022; Franco-Antonio, et al., 2020), four articles addressed behavioral interventions supporting psychosocial barriers for caregivers (Grandisar et al., 2016; Howell et al., 2014; Howell et al., 2012; Salisbury et al., 2012), one article used education interventions on child development to improve self-efficacy supporting psychosocial barriers for caregivers (Graybill et al., 2016), one article addressed breastfeeding self-efficacy through a person-environment-occupation model intervention supporting psychosocial and physical barriers for caregivers (Jaywant et al., 2022), one article studied wrist stabilization techniques to increase quality of life supporting psychosocial barriers for caregivers (Jung et al., 2021), and three articles identified group interventions supporting the psychosocial barriers for caregivers (Perez-Blasco et al., 2012; Stover, 2015; Zlotnick et al., 2016). Overall, there is strong evidence in experimental research interventions that address physical and psychosocial barriers, with a stronger emphasis on psychosocial barriers, in and around a caregiver's occupational performance. While child rearing is the main occupation cited in all experimental studies, basic improvements to caregiver quality of life and well-being were also found to be strong outcomes throughout all experimental studies.

Summary of Outcome Studies

A total of six outcome studies, with an AOTA level of IIIB, were extracted for critical appraisal. Many of the outcome studies that were represented analyzed the symptoms of stress and depression in caregivers and parents before and after participating in regularly meeting group therapy programs that fall within the scope of OT (Geller et al, 2018; McHale et al, 2015; Raouna et al, 2021; Sponseller et al, 2021; Thomas et al, 2014). These studies found moderate evidence that group therapy programs decrease the symptoms of stress and depression in caregivers. Additionally, the outcome studies that were extracted found moderate evidence that group intervention programs increase parental/partner role competency in caregivers and decreased verbal aggression and conflict in parental dyads. The outcome study that did not focus on stress or depressive symptoms in caregivers looked at how education impacts the quality of life of caregivers and parents (Symon et al, 2012). This study examined the quality of life of caregivers before and after receiving education in an individual format on infant sleep and discovered that this education decreases symptoms of depression and anxiety in caregivers.

Summary of Qualitative Studies

There were two studies extracted that included qualitative data. The first of these studies focused on parental experiences of receiving education on expected developmental milestones for their infants (Graybill et al, 2016). The study design for this research involved fewer methods for enhancing rigor but included regular checks of inter-rater reliability. This study found that parents were reassured to find that there is variation and ranges for developmental milestones, and the educational materials they received empowered them to seek out more care when appropriate. The second study reporting

qualitative data was focusing on a group OT intervention for postpartum breastfeeding parents (Sponseller et al, 2021). This research design included a higher level of rigor, including triangulation, code-recode, and creating an audit trail. This study found that parents felt more competent and more able to continue breastfeeding after the intervention.

Implications for Practice

Implications for Consumers

Targeted consumers are caregivers with children under one year of age who are experiencing difficulties in areas of occupation surrounding the postpartum period.

Becoming a caregiver is marked by a drastic shift in habits, roles, and routines. These significant changes can cause disruptions in previous valued occupations while adding on a plethora of new occupations to be competent in. The transition to becoming a caregiver, therefore, can cause high levels of stress. The current research suggests that caregiver stress can be ameliorated by OT interventions which can support caregivers in adapting to their roles. Caregivers can then advocate for their needs by staying in contact with their primary care providers (PCP) and seeking out support groups.

Based on the evidence, consumers would benefit from OT services to support both physical and psychosocial performance skills postpartum. This method is through group sessions focusing on education around parenting and regulation of depressive and anxious symptoms. The current literature shows that parental self-efficacy, confidence, and length of persistence in breastfeeding all increase when caregivers participate in group interventions with OTs. At the same time, there is also a decrease in depressive symptoms, stress, and anxiety. Consumers should know that if they are struggling in the postpartum period, one

avenue for assistance, which can be found through a referral from a PCP, is group interventions led by an OT.

Implications for Practitioners

This research is relevant not just to OTs, but to other health practitioners who work with caregivers welcoming an infant to their family. The findings indicate that there is a need for more support for caregivers in the postpartum period with regard to role competence and mental health. These two major areas that are currently lacking care are within the scope of OT practice. It is therefore important for health practitioners to understand the needed value that OT services can bring to their clients in the postpartum period. Furthermore, it is crucial that OTs advocate for their role in postpartum care by educating their clients and informing other practitioners of the health benefits that OT intervention can offer. They can start doing this by connecting with obstetrics and gynecologists (OB/GYNs), psychiatrists, certified nurse midwives, nurse practitioners, professional birth consultants, counselors, and licensed clinical social workers (LCSW) and providing postpartum information and screening tools for these offices.

The evidence indicates that there are existing individual and group interventions available that increase role competence and improve psychosocial outcomes for caregivers. The research then supports the collaborator's interest in a potential outpatient clinic designed to support caregivers during the postpartum period. OT interventions should focus on caregiver education and training to increase role competency in child rearing as well as group interventions to increase caregiver peer support and decrease symptoms of depression and anxiety. Additional interventions would focus on preventative measures to decrease biomechanical strain on caregivers to increase their quality of life.

Implications for Researchers

While there is a lot of research that already exists regarding caregivers and the experiences of caregivers, the majority of what currently exists is descriptive and does not provide the best information possible to be translated into practice. Moving forward, researchers should look to design more experimental studies examining the effects of existing interventions. This will provide a stronger basis for justifying OT services to caregivers. Additionally, there is currently limited literature examining the effects of interventions on an individual basis. Much of the interventions provided by OTs are child-centered, so OT practice could be better informed if there is more research conducted on the effectiveness of OT interventions for caregivers within the first year postpartum on an individual basis.

Bottom Line for Occupational Therapy Practice/ Recommendations for Best Practice

Current evidence shows that OT intervention in the form of group sessions focusing on psychosocial symptoms and education can provide benefits to caregivers with a child under the age of one year. This form of intervention supports caregivers by reducing symptoms of stress, anxiety, and depression, as well as increasing confidence in their childrearing abilities. Further research with higher levels of internal validity is needed to further justify skilled OT services, and more research on the effects of OT on an individual basis is needed to better inform care.

Involvement Plan

Researchers met with the collaborator to provide a brief summary of the research process, present the current understanding of evidence, and discuss opportunities and possibilities for the knowledge translation effort. At this meeting, the collaborator was presented with the following recommendation for the knowledge translation effort: a needs assessment in the form of a strategic planning and management technique, known as the SWOT (strengths, weaknesses, opportunities, threats) analysis, on the potential clinic that the collaborator is looking to open within the next two to three years.

Additional information was needed on the contributing factors impacting opening and running a private practice of this nature in order to inform decision-making for this potential business. During this meeting, the collaborator expressed the need to learn more about existing opportunities and needs in her community in Tacoma and communicated that she imagines this setting to operate largely off of referrals from other healthcare professionals. These health professionals would include midwives, nurse practitioners, doulas, and OB/GYNs, who have been with the client throughout pregnancy and postpartum periods.

Needs Assessment

The literature provides evidence for the effectiveness of OT services in the treatment of postpartum caregivers, yet such services are not currently accessible in the Tacoma area. The collaborator has recognized this gap in services and identified a need for postpartum care, specifically for caregivers in Tacoma. Drawing upon her OT background, she aims to introduce and provide potential OT services to this community. However, it is necessary to gather further information about the specific and unique needs of this community to effectively address them.

According to the collaborator, resources supporting caregivers in postpartum are limited to a few clinics that provide services by midwives, nurse practitioners, doulas, and OB/GYNs. As found in a brief online search, these health professionals offer breastfeeding training, emotional and physical recovery from birth, caregiver-baby bonding, infant soothing, and education and training on basic newborn care through home visits, in-clinic visits, virtual visits, and support groups (All About Birth Midwifery, n.d.; Fern Lactation, n.d.; Off The Grid Midwifery, n.d.; Revolutionary Intentions, n.d.; The Birth Collective, n.d.). Services currently available lack the mental health and breastfeeding support that the literature shows OTs can be effective in providing. Furthermore, as shown by the lack of currently available occupational therapy services for postpartum caregivers, it also appears that there may be a lack of knowledge of the possible services OTs could provide to caregivers, as well as a lack of knowledge of the inter-professional collaborative opportunities OTs could provide services in the realm of postpartum care among these healthcare providers.

There is strong evidence for OT's role in varying areas of postpartum care that increase occupational performance. However, there is currently no readily accessible way for caregivers to receive OT services from practitioners specializing in the treatment of those transitioning into the caregiver role in the Tacoma area. Therefore, it was decided to devise and implement a plan to analyze the current postpartum population's needs and barriers in this area.

Knowledge Translation Activity

The intent of the needs assessment was to analyze the current state of postpartum care within the Tacoma/Pierce County community. The project was specific to the Tacoma area and involved researching the current opportunities for care for caregivers pre- and postpartum, current gaps in care, and finding current practitioners from other health fields that may serve as

referring practitioners. The researchers analyzed the data gained from the needs assessment and organized the information in a meaningful way, in the form of the SWOT analysis, for the collaborator. Work was also done to provide the collaborator with potential networking opportunities via discussion with current healthcare practitioners.

Contextual Factors

This project was largely initiated by the collaborator's personal factors, surrounding her experiences with postpartum care. The collaborator's experience, including her education as a breastfeeding counselor as well as extensive professional experience within the OT field, would allow her to realize the full benefits and potential of the needs assessment. Her current OT network is small; it is just her and a business partner who would benefit from the initial knowledge translation. This in turn increases the likelihood that the information presented in the analysis and subsequent knowledge translation will make it into actual professional practice within her organization.

The practice environment of the collaborator's proposed business is emergent and new. Since the business and organization currently do not exist, liberties on the part of researchers were taken to design a knowledge translation project that would still support the collaborator. For the knowledge translation process, this included allowing for different types of possible business designs including group and individual therapy as well as third-party payer support and out-of-pocket (fee for services) funding as options during the research process. In a cursory search prior to the collaborator meeting, only three similar businesses with licensed OTs being the primary therapist/client of point-of-contact were found in the country which provided narrow and focused outpatient services specific to the postpartum caregiver population (Cohen, n.d.; Postpartum Living, n.d.; Root to Raise, n.d.). The lack of awareness of OT's roles in postpartum

care in the wider United States environment served the potential to pose an initial barrier to the knowledge translation process as many referral sources, including the practitioners within the Tacoma community, may not be familiar with the unique value OT provides during the postpartum period. Care was taken while designing and delivering the survey in order to educate the health practitioners who choose to participate. To ensure the SWOT analysis reflected the specific needs of the postpartum practitioner community in the Tacoma area, the information was garnered in the survey to inform the content of the SWOT analysis.

Knowledge Translation Effort

Demographics

Process

The research process was initiated by accessing data from the online dashboard of the Washington State Department of Health. The dashboard presented demographic information specific to maternal health within Pierce County, including historical data on monitoring infant mortalities, total pregnancies, general fertility, and preterm births. These data sources were carefully curated and collated into a comprehensive and structured format using a Google Sheet. This approach enabled systematic analysis and interpretation of the data, facilitating a comprehensive understanding of the demographic trends and patterns in Pierce County. The utilization of a data-driven approach was essential in generating reliable and valid conclusions about community needs. By utilizing these data sources, a more nuanced understanding of the underlying factors that impact health outcomes was gained.

Outcomes

Utilizing data from the Washington State Department of Health (2021), information on postpartum-related demographics in Pierce County was collected. From 2017 to 2020, the infant

mortality rate per 1,000 live births increased from 4.25 to 4.44. Additionally, the total pregnancies per 1,000 women ages 15-44 decreased from 83.31 to 76.93, the general fertility rate (or live births per 1,000 women) decreased from 66.87 to 62.31, the total “very preterm” birth rate was 1.36% of live births, and the “total preterm” birth rate increased from 8.83% to 9.53% of live births. These figures align with the national targets set by the Office of Disease Prevention and Health Promotion (2020), which aim for an infant mortality rate of no more than 6.0 deaths per 1,000 live births, a total “very preterm” birth rate of 1.8% of live births, and a “total preterm” birth rate of 11.4% of live births. To monitor the additional demographic data, another Google Sheet was created, including data organized into infant mortalities, total pregnancies, general fertility, and preterm births.

Survey of Practitioners

Process

The researchers developed a practitioner survey targeting midwives, nurse practitioners, and OB/GYNS in order to extract the following information: practitioner identification, familiarity with OT, clientele questions regarding common postpartum-related experiences and concerns, interest in OT interprofessional collaboration, and an option to be contacted for a brief 30-minute interview (see Appendix C). Excluding the practitioner identification question, the questions were presented in the form of a Likert scale. A pilot survey was emailed to a healthcare practitioner familiar with postpartum care services and to the project chair to gain insight and feedback on the validity of the actual survey to be sent out to community-based healthcare practitioners specializing in postpartum care. Some revisions that were made as a result of the pilot survey included shortening the survey and consolidating the clientele questions to create a sense of convenience for the user. The Likert scale questions were also changed from numbers to

descriptions to simplify their use for the user and to specify and increase the accuracy of the results obtained.

Once the revisions were made, all researchers explored potential community-based healthcare practitioners specializing in postpartum care to contact to send the survey. This included midwives, nurse practitioners, doulas, and OB/GYNs. Among the 44 potential contacts found, 19 practitioners were contacted through email or a website contact form to receive the survey.

Outcomes

Among the 19 practitioners that were contacted, eight practitioners completed the survey. The demographics of the respondents are represented in Figure 1. A Google Sheet was created to organize the recorded practitioner responses from the Google survey. Six respondents were familiar with OT, one respondent only knew a little bit about OT, and one respondent knew all about OT. Five respondents had never worked with an OT in providing postpartum care and three respondents worked with an OT in providing postpartum care several times. All respondents were at least “slightly interested” in inter-collaboration with OT to provide postpartum care services. The frequency of common client postpartum-related experiences and concerns reported (see Figures 2-5) were with breastfeeding, psychosocial issues, and adjusting to caregiver roles. In order to monitor the outcomes of the survey, a shared group folder was created so that all researchers had access to all of the information and data gathered from the knowledge translation activities. Six respondents indicated that they were interested in participating in a follow-up interview.

Figure 1

Practitioner Demographics

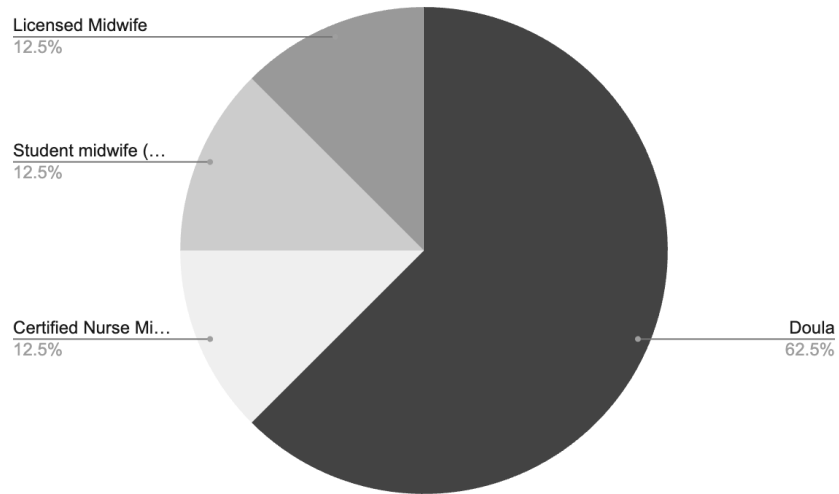


Figure 2

Percentage of clientele that experiences breastfeeding difficulties

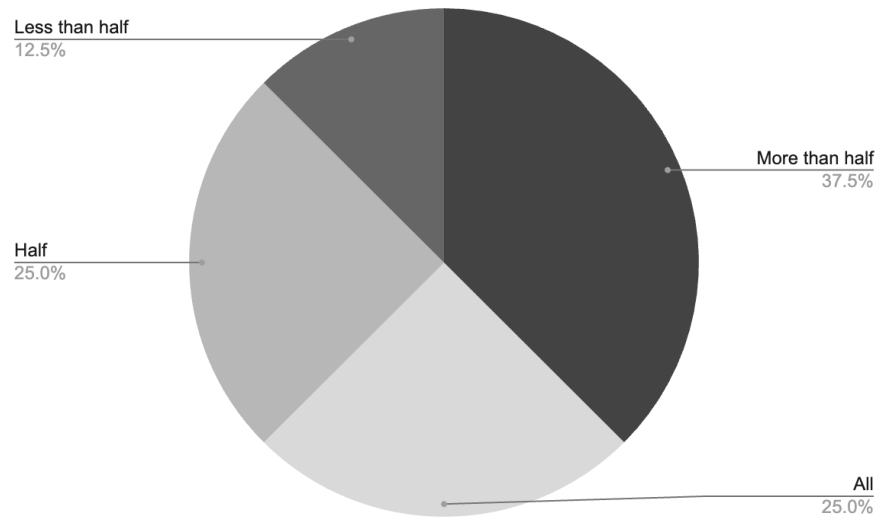


Figure 3

Percentage of clientele that experiences wrist pain

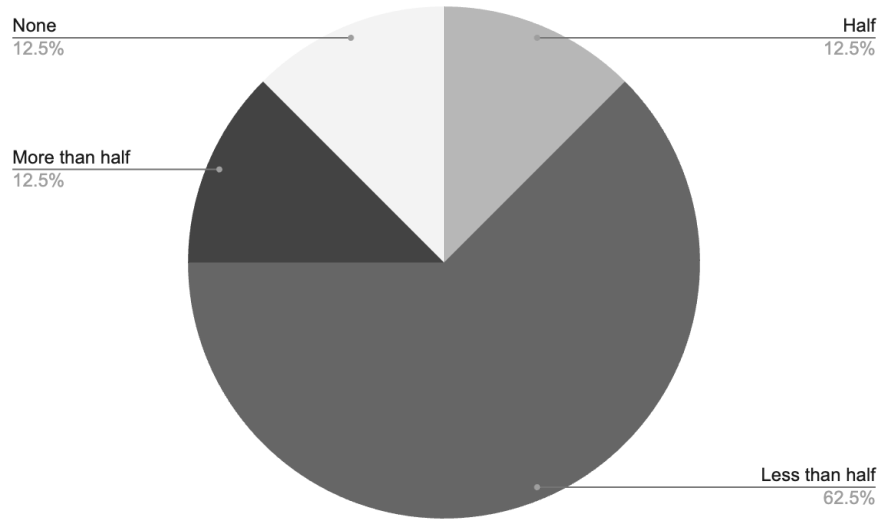


Figure 4

Percentage of clientele that experiences depression or anxiety

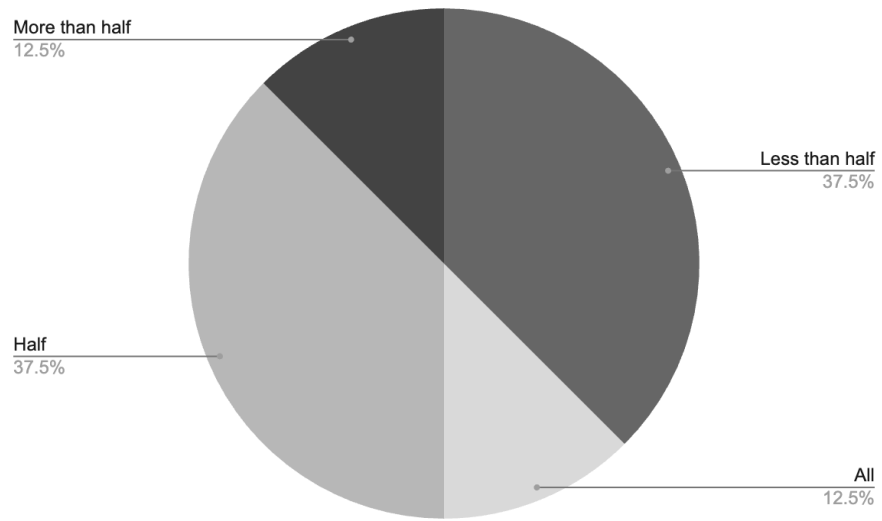
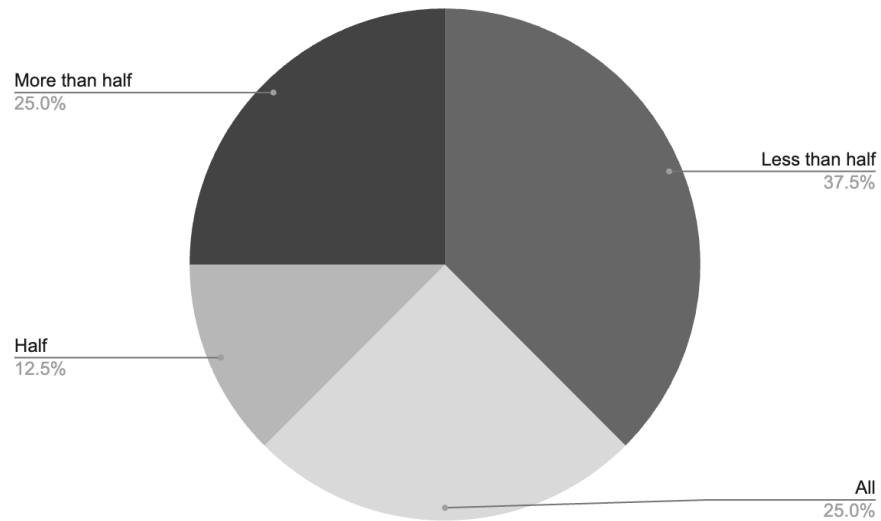


Figure 5

Percentage of clientele that experiences difficulties adjusting to the role of being a role/caregiver

**Practitioner Interview*****Process***

The intention of the practitioner interview portion of the knowledge translation effort was to gain further insight into the practitioner's experiences in treating caregivers and the areas of occupation they think their clients need the most assistance in. From the survey results, six respondents provided their contact information to be contacted to participate in a brief 30-minute interview over Zoom. Four respondents were contacted for an interview. Two respondents were available to schedule an interview during a time provided by the group members, with one being conducted within the timeframe of this report.

In order to monitor responses from the practitioner interview, a separate Google Doc with questions for the researchers to follow and take notes on was created. These interview questions were piloted by the project chair and edited before any interviews occurred. During these interviews, one researcher was in charge of guiding the interview using these questions, while another researcher took notes and recorded the practitioner's responses on the same Google Doc.

Outcomes

The information gained from this interview included knowledge of their practice setting, clientele population, referral sources, and role in postpartum care and services, as well as an expressed interest in working with OT students and OTs specializing in postpartum services (see Appendix D). The practitioner that was interviewed is a certified nurse midwife who has been practicing for over 28 years and is currently working as a solo practitioner and owner of a private practice in Tacoma. She receives referrals from word of mouth, social media, and from other practitioners who may be unable to satisfy clientele needs that are most closely aligned with midwifery services. Her client population consists of clients experiencing advanced maternal pregnancies and she commonly sees clientele issues regarding wrist pain, mid-back pain, and postpartum mood disorders. She also expressed that there has been an increased need for breastfeeding classes in the Tacoma area, as well as education and training in car seat positioning and transportation safety for newborns and their caregivers.

Evaluation of Outcomes

Demographics

The demographic data gathered from reputable sources provided a comprehensive overview of postpartum care needs in Pierce County. It is essential to consider these demographic factors in the context of the collaborator's postpartum care business. The rising

infant mortality rate suggests that there may be an increased need for postpartum care services in the Tacoma area to address these trends. Despite current numbers of preterm and very preterm births falling within the guidelines as developed by the Office of Disease Prevention and Health Promotion, the current year-to-year increase in infant mortality rates indicates an area for concern for infants and caregivers alike. By analyzing this demographic data, the collaborator can better understand the postpartum community's care needs and design their services to meet them effectively.

Survey of Practitioners

The Google survey received a higher response rate than previously anticipated, with practitioners providing detailed and informative responses. Data from the survey indicated that practitioners are seeing a need for increased services to meet the demand for breastfeeding, psychosocial, and role competence issues. When combined with the knowledge gained from the CAT project, this serves to support the participation of OT practitioners in postpartum care. Furthermore, the majority of practitioners were interested in collaborating with OT to provide postpartum care, which demonstrates an opportunity for future networking.

Practitioner Interview

The semi-structured interview of a currently practicing professional provided valuable insights into the specific challenges faced by practitioners in postpartum care, as well as potential solutions to address these challenges. This interview yielded significant insights which contributed to the knowledge translation process because the information gained further validated demographic and translational research. The interview provided information about the specific breastfeeding needs that the practitioner experiences within her setting, as well as

insights into how OT can provide a unique preventative approach. The semi-structured interview also resulted in a potential networking partner for the collaborator's future business.

Development of SWOT Analysis

From the information gained from the knowledge translation activities, a SWOT analysis was formulated (See Appendix E). Through a process of iterative analysis conducted over a prolonged period, the researchers were able to develop and identify key sustaining elements that contributed to the enhancement of the later knowledge translation process. These sustaining elements, in turn, facilitated a more expedited approach to subsequent analysis.

Resources informing the strengths and opportunities aspects of the SWOT include the CAT project, results from the practitioner survey and interview, demographic research, and information gathered from discussions with the collaborator herself. These aspects of the knowledge translation effort showed a growing need for OT services in this area, the effectiveness of OT interventions designed to assist postpartum caregivers, and a desire from the collaborator to help bridge the gap between needs and possibilities. Additionally, it was found that current healthcare practitioners in the area are open to potential collaboration, allowing for future opportunities to provide more holistic support.

Resources informing the weaknesses and threats aspects of the SWOT also include the CAT project, results from the practitioner survey and interview, and discussion with the collaborator herself. Through these efforts, it was found that there is a current dearth of research describing the effectiveness of interventions, with most papers describing current issues instead. This contributes to the current lack of understanding among the general population and healthcare practitioners specifically regarding the role of OT in postpartum care. Additionally, the collaborator's current business plan is vague, leading to difficulties in future planning.

Recommendations

Collating findings in the knowledge translation and moving forward the collaborator's future business, will need to address some of the realities of caregiving postpartum in the Tacoma area as evidenced by the SWOT analysis (see Appendix E). The certified nurse midwife, who was interviewed for the knowledge translation, saw a colloquial rise in home births in recent years, while at the same time, Pierce County saw a rise in infant mortality (Washington State Department of Health, 2021). As a result, there may be an increased need for postpartum care services in the Tacoma area to address these trends. In the SWOT analysis, the collaborator's business model will be well-positioned to take advantage of the community's need for postpartum services that exist outside the typical hospital environment. During the practitioner interview, the practitioner stated that implementing personalized, close-to-home services saw an increased quality in the therapeutic relationship and later client service reports.

The SWOT analysis did highlight the important need to market services and create a professional network for referrals. Leveraging professional doulas, midwives, certified nurse midwives, and OB/GYNs to connect with caregivers and their families when the need is highest for services will be imperative for the collaborator in order to sustain her business. While the collaborator's practice will be in a multi-disciplinary format, information garnered during the knowledge translation and practitioner interview showed that there may be a continued need for one-on-one services surrounding ergonomics and pain management, specifically around wrist strength and personalized recommendations for lower back pain. Utilizing the recommendations from the SWOT analysis, it will be key to offer group therapy as well as à la carte, one-on-one service offerings to best serve the community needs of postpartum caregivers. Overall, multiple findings in the CAT, survey, and practitioner interview found that there is a need for

breastfeeding instruction and intervention, whether it is through a group or one-on-one, any postpartum caregiver business must address this key occupational area.

Demographic data and the initial research revealed statistics and studies routinely focused on infant-focused outcomes including mortality, behaviors, and key health predictors for later-in-life child health instead of caregiver health. Overall, more family units, family studies, and psychosocial research on the impacts of not receiving caregiver-centric support during the postpartum period are needed to support more healthcare professionals working with this population. Additionally, more quantitative studies examining how common caregiver issues like depression and role adjustment impact occupational performance are vital. OT-specific research detailing the lived experience of caregivers may also be beneficial to supporting future practitioners' work with this population.

Limitations of Knowledge Translation Effort

The practitioners that were not contacted only provided phone numbers as part of their contact information, and to maintain the privacy and protection of the researchers, it was required to use the on-site teaching clinic and OT department campus phone. This posed a barrier to contacting those with phone numbers due to its inconvenience and unpredictability when it comes to answering a phone call on the receiving end. Therefore, no OB/GYNs were contacted because their contact information only provided the general contact number for their practice or organization.

Ideally, it would have been beneficial to contact a broader range of postpartum care providers to gain a wider perspective of the postpartum care needs in the Tacoma area. Since only doulas and midwives were contacted, data from the survey can only reflect the perspectives of practitioners in these fields and does not represent the opinions of all healthcare practitioners

who practice in the realm of postpartum care. Furthermore, the only semi-structured interview conducted was done with a certified nurse midwife, therefore, information gained from this activity only reflects the unique perspective of one practitioner.

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Appendix A: Search Tracking Table

Search Terms or Strategies (note Limits, MeSH, etc.)	Modifiers	Date Searched	Resource Used (database, search engine)	# Hits	# Excluded	# Kept	Citations (This column is optional, but can be a good place to keep track of your
Mothers AND breastfeeding AM		6/14/22	AJOT	23	19	4	https://doi.org/10.5014/ajot.2021.041269 https://doi.org/10.5014/ajot.2019.73S1-PO6017 https://doi.org/10.5014/ajot.2020.039545 https://doi.org/10.5014/ajot.2020.034827
“New parent” and “satisfaction” KK		6/14/22	PubMed	11	8	3	https://pubmed.ncbi.nlm.nih.gov/27400021/ https://pubmed.ncbi.nlm.nih.gov/34672654/ https://pubmed.ncbi.nlm.nih.gov/7741947/
“Postpartum” AND “Occupational performance” GB		6/14/22	PubMed	2	1	1	https://doi-org.ezproxy.ups.edu:2443/10.1177%2F1539449220970881
“foster parent*” and “role competence” SI		6/15/22	PubMed	1	1	0	
“Postpartum” AND “Occupational performance” GB		6/15/22	CINHAL	4	1	1	https://doi-org.ezproxy.ups.edu:2443/10.1177%2F1539449220970881
“New caregiver” and “occupational therapy or ot” KK		6/20/22	CINHAL	8	6	2	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2019.032235 10.5014/ajot.2021.041962
“New caregiver” and “occupational therapy” KK		6/20/22	AJOT	2	2	0	

“New caregiver” and “occupational therapy or ot” KK		6/20/22	Pubmed	1	1	0	
“New caregiver” and “occupational therapy” KK		6/20/22	PsychInfo	2	2	0	
“New caregiver” and “occupational therapy or ot” KK		6/20/22	Health Source: Nursing /Academic Edition	1	1	0	
“New caregiver” and “occupational therapy” KK		6/20/22	OASH	0	0	0	
“New caregiver” and “occupational therapy” KK		6/20/22	ACOG	1	1	0	
“New parent” and “occupational therapy or ot” KK		6/20/22	CINHAL	9	7	2	10.5014/ajot.2021.041269 10.2522/ptj.20110360
“New parent” and “occupational therapy” KK		6/20/22	AJOT	4	3	1	https://doi-org.ezproxy.ups.edu: 2443/10.5014/ajot.2020.039768
“New parent” and “occupational therapy or ot” KK		6/20/22	Pubmed	3	3	0	
“New parent” and “occupational therapy” KK		6/20/22	PsychInfo	2	2	0	
“New parent” and “occupational therapy or ot” KK		6/20/22	Health Source: Nursing /Academic Edition	8	7	1	10.2522/ptj.20110360
“New parent” and “occupational therapy” KK		6/20/22	OASH	0	0	0	
“New parent” and “occupational therapy” KK		6/20/22	ACOG	0	0	0	
“New parents and “role competence” KK		6/20/22	CINHAL	0	0	0	

<p>“New parents” and “role competence” KK</p>		6/20/22	AJOT	0	0	0	
<p>“New parents” and “role competence” KK</p>		6/20/22	Pubmed	0	0	0	
<p>“foster parent*” and “occupational therapy” SI</p>		6/21/22	AJOT	3	3	0	
<p>“adoptive parent*” and “occupational therapy” SI</p>		6/21/22	AJOT	2	2	0	
<p>“foster parent*” and “occupational therapy” SI</p>	<p>Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)</p>	6/21/22	PubMed	0	0	0	
<p>“foster parent*” and “quality of life” SI</p>	<p>Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age:infancy (2-23 mo), neonatal</p>	6/21/22	PubMed	3	3	0	

	(birth-1 mo)						
“foster parent*” and “satisfaction” SI	Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age: infancy (2-23 mo), neonatal (birth-1 mo)	6/21/22	PubMed	8	8	0	
“foster parent*” and “therapy” SI	Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age: infancy (2-23 mo), neonatal (birth-1 mo)	6/21/22	PubMed	11	9	2	https://pubmed.ncbi.nlm.nih.gov/15612419/ https://pubmed.ncbi.nlm.nih.gov/15487595/
“foster parent*” and “treatment” or “care” SI	Publish date: 01/01/2000 - 06/30/2022 , Source Types:	6/30/22	PubMed	1	1	0	

	Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)						
“foster parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI	Publish date: 01/01/2000 - 06/30/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	6/30/22	PubMed	0	0	0	
“foster parent*” and “ADLs” SI	Publish date: 01/01/2000 - 06/30/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	6/30/22	PubMed	0	0	0	
“foster famil*” and “therapy” SI	Publish date: 01/01/2000	6/30/22	PubMed	2	1	1	https://pubmed.ncbi.nlm.nih.gov/29159486/

	- 06/30/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)						
“foster famil*” and “care” SI	Publish date: 01/01/2000 - 06/30/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	6/30/22	PubMed	20	15	5	https://pubmed.ncbi.nlm.nih.gov/29159486/ https://pubmed.ncbi.nlm.nih.gov/15612419/ https://pubmed.ncbi.nlm.nih.gov/20565011/ https://pubmed.ncbi.nlm.nih.gov/18281644/ https://pubmed.ncbi.nlm.nih.gov/18689535/
“foster famil*” and “occupational performance” or “occupational participation” or “occupational engagement” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo),	7/1/22	PubMed	0	0	0	

	neonatal (birth-1 mo)						
“foster famil*” and “satisfaction” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	7/1/22	PubMed	1	1	1	https://pubmed.ncbi.nlm.nih.gov/20565011/
“foster famil*” and “quality of life” or “QoL” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	7/1/22	PubMed	0	0	0	
“foster famil*” and “role competence” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types:	7/1/22	PubMed	0	0	0	

	Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)						
“adoptive parent*” and “occupational therapy” SI	Publish date: 01/01/2000 - 07/01/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	6/21/22	PubMed	0	0	0	
“adoptive parent*” and “therapy” SI	Publish date: 01/01/2000 - 07/01/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	6/21/22	PubMed	15	13	2	https://pubmed.ncbi.nlm.nih.gov/28852992/ https://pubmed.ncbi.nlm.nih.gov/28401831/
“adoptive parent*” and “care” SI	Publish date: 01/01/2000	6/30/22	PubMed	30	28	2	https://pubmed.ncbi.nlm.nih.gov/30649970/

	- 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)						https://pubmed.ncbi.nlm.nih.gov/21067077/
“adoptive parent*” and “treatment” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	6/30/22	PubMed	10	9	1	https://pubmed.ncbi.nlm.nih.gov/31424099/
“adoptive parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI	Publish date: 01/01/2000 - 07/01/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo),	7/1/22	PubMed	0	0	0	

	neonatal (birth-1 mo)						
“foster parent*” and “therapy” SI	Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	6/21/22	PsychInfo	11	10	1	http://dx.doi.org.ezproxy.ups.edu/10.1016/j.chiabu.2021.105065
“foster parent*” and “satisfaction” SI	Publish date: 01/01/2000 - 06/21/2022 , Source Types: Academic Journals Age:infanc y (2-23 mo), neonatal (birth-1 mo)	6/21/22	PsychInfo	4	2	2	http://dx.doi.org.ezproxy.ups.edu/10.1111/fare.12483 http://dx.doi.org.ezproxy.ups.edu/10.1093/bjsw/bct008
“adoptive parent*” and “satisfaction” SI	Publish date: 01/01/2000 - 06/21/2022 , Source Types:	6/21/22	PsychInfo	4	2	2	http://dx.doi.org.ezproxy.ups.edu/10.1300/J145v07n01_04 http://dx.doi.org.ezproxy.ups.edu/10.1375/twin.10.1.84

	Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)						
“adoptive parent*” and “therapy” or “treatment” SI	Publish date: 01/01/2000 - 07/01/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	7/1/22	PsychInfo	9	8	1	https://pubmed.ncbi.nlm.nih.gov/28852992/
“foster famil*” and “therapy” SI	Publish date: 01/01/2000 - 07/01/2022 Source Types: Academic Journals Age:infancy (2-23 mo), neonatal (birth-1 mo)	7/1/22	CINAHL	12	10	2	https://link-springer-com.ezproxy.ups.edu:2443/article/10.1007/s10591-017-9417-y https://pubmed.ncbi.nlm.nih.gov/29159486/
“adoptive parent*” and “therapy” or “treatment” SI	Publish date: 01/01/2000	7/1/22	CINAHL	12	9	3	https://www-doi-org.ezproxy.ups.edu:2443/10.1097/ans.0b013e318244553e

	07/01/2022 Source Types: Academic Journals Age: infancy (2-23 mo), neonatal (birth-1 mo)						https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/10.1177/146801730333003 https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142219302252?via%3Dihub
"postpartum" and "occupational therapy" GB		6/22/22	PubMed	43	37	6	https://doi.org/10.3390/ijerph18073564 https://doi.org/10.1186/s12884-016-0908-x https://doi.org/10.1111/jan.14274 https://onlinelibrary-wiley-com.ezproxy.ups.edu:2443/doi/full/10.1111/jan.13917 https://pubmed.ncbi.nlm.nih.gov/33176560/ https://doi.org/10.1186/s40814-022-01024-0
"postpartum" and "occupational therapy" GB		6/22/22	CINHAL	10	8	2	https://www.ijotonweb.org/printarticle.asp?issn=0445-7706;year=2020;volume=52;issue=1;spage=24;epage=29;aulast=Jaywant https://www-doi-org.ezproxy.ups.edu:2443/10.1177/1539449220970881
"postpartum" and "occupational therapy" GB		6/22/22	AJOT	10	9	1	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.60.5.494

"Mothers" and "occupational therapy" AM		6/22/22	CINHAL	18	15	3	https://www-doi-org.ezproxy.ups.edu:2443/10.1007/s11195-015-9413-9 https://doi.org/10.3233/WORK-141954 https://www-doi-org.ezproxy.ups.edu:2443/10.1002/oti.180
"Fathers" and "occupational therapy" AM		6/22/22	CINHAL	7	6	1	https://www-doi-org.ezproxy.ups.edu:2443/10.1002/oti.180
Birth parent and "occupational therapy" AM		6/22/22	CINHAL	10	10	0	
Maternal and "occupational therapy" AM		6/22/22	CINHAL	6	5	1	https://www-doi-org.ezproxy.ups.edu:2443/10.1007/s10995-009-0478-x
"Maternal" and "satisfaction" AM		6/22/22	AJOT	35	31	4	https://doi.org/10.5014/ajot.2021.75S2-PO112 https://doi.org/10.5014/ajot.2017.71S1-PO1126 https://doi.org/10.5014/ajot.2017.71S1-PO5142 https://doi.org/10.5014/ajot.2013.004648
"Birth parent" and "satisfaction" AM		6/22/22	AJOT	1	1	0	
"postpartum" and "occupational therapy" GB		6/27/22	PsychInfo	16	13	3	http://dx.doi.org.ezproxy.ups.edu/10.1111/jan.14274 http://dx.doi.org.ezproxy.ups.edu/10.12740/PP/24984 http://dx.doi.org.ezproxy.ups.edu/10.1111/jan.13917
"postpartum" and "occupational therapy" GB		6/27/22	Health Source: Nursing/Academic Edition	4	2	2	"DOI: 10.1111/jan.13917, Link: https://login.ezproxy.ups.edu:2443/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=hch&AN

							=135516450&site=ehost-live&scope=site” “DOI:10.1111/jan.14274, Link: https://login.ezproxy.ups.edu:2443/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=hch&AN=141676896&site=ehost-live&scope=site”
"postpartum" and "occupational therapy" GB		6/27/22	Office of Women’s Health Resource Pages at Womenshealth.gov	0	0	0	
"postpartum" and "occupational therapy" GB		6/27/22	American College of Obstetricians and Gynecologists Resource List	0	0	0	
“Mothers” and “occupational therapy” AM		6/27/22	Health Source: Nursing/Academic Edition	135	123	12	10.1002/oti.318 10.1007/s10803-021-04956-3 10.1007/s10803-020-04826-4 10.1007/s10995-020-03034-x 10.1002/oti.180 10.1007/s10803-018-3486-0 10.1080/07481187.2018.1458762 10.1080/11038128.2018.1449888 10.1002/oti.104 10.1080/11038120310016779 10.1111/j.1365-2788.2011.01407.x

							10.1002/oti.180
“New caregiver” and “occupational performance” or “occupational participation” or “occupational engagement” KK		7/6/22	CINHAL	3	2	1	http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2021.041962
“New parents” and “occupational performance” or “occupational participation” or “occupational engagement” KK		7/6/22	CINHAL	3	2	1	10.1080/01942630902784795
“New caregiver” and “quality of life” or QoL” KK		7/6/22	CINHAL	81	81	0	
“New parents” and “quality of life” or QoL” KK		7/6/22	CINHAL	59	57	2	10.2196/23659 10.1177/00048674221083874
“Postpartum” AND “Occupational performance” GB		7/7/2022	AJOT	18	16	2	https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2021.041269 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.60.5.494
“Postpartum” AND “Occupational performance” GB		7/7/2022	Health Source: Nursing/Academic Edition	0	0	0	
“Postpartum” AND “Occupational performance” GB		7/7/2022	PsychInfo	0	0	0	
“Birth parents” GB		7/9/2022	AJOT	3	0	0	
“New caregiver” and “occupational performance” or “occupational participation” or		7/12/22	Pubmed	315	313	2	https://journals-sagepub-com.ezproxy.ups.edu/2443/doi/full/10.1177/1539449217714236

“occupational engagement” KK							https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/full/10.1177/15394492221082051
“New parents” and “occupational performance” or “occupational participation” or “occupational engagement” KK	child-preschool child birth-5 years old	7/12/22	Pubmed	47	45	2	https://research.ajot.org/ajot/article/75/5/7505205110/14129/Exploring-the-Role-of-Occupational-Therapy-With https://research.ajot.org/ajot/article/74/2/7402205030p1/6667/Parents-Perspectives-An-Expanded-View-of
“New caregivers” and “quality of life” or “QoL” KK	child-preschool child birth-5 years old, meta-analysis, systematic review, randomized control trial	7/13/22	Pubmed	958	958	0	
“New parents” and “quality of life” or “QoL” KK	child-preschool child birth-5 years old, meta-analysis, systematic review, randomized control trial	7/13/22	Pubmed	970	970	0	
“Infants” GB	Tag: infant	7/15/22	AJOT	53	42	11	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-RP182 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.54.3.290 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-PO112 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2019.73S1-PO5026

							https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2019.73S1-PO1014 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2019.034025 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.63.3.273 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.60.5.494 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.58.5.509 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2020.039768 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2013.004564
“Infants” GB	Tag: caregivers	7/15/22	AJOT	22	18	4	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-PO92 https://research-aota-org.ezproxy.ups.edu:2443/ajot/article/74/2/7402180010p1/6665/Interventions-Within-the-Scope-of-Occupational?searchresult=1 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-RP372 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2022.049143

<p>infants AND ((“occupational therapy” OR (OT)) AND (((“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”)))</p> <p>GB</p>	<p>Publish date: 01/01/2000 - 07/15/2022</p>	<p>7/15/22</p>	<p>Health Source: Nursing/Academic Edition</p>	<p>7</p>	<p>7</p>	<p>0</p>	
<p>infants AND ((“occupational therapy” OR (OT)) AND (((“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”)))</p> <p>GB</p>	<p>Publish date: 01/01/2000 - 07/15/2022</p> <p>Source Types: Academic Journals</p> <p>Age:infancy (2-23 mo), neonatal (birth-1 mo)</p>	<p>7/15/22</p>	<p>PsychInfo</p>	<p>17</p>	<p>16</p>	<p>1</p>	<p>https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.54.1.52</p>
<p>infants AND ((“occupational therapy” OR (OT)) AND (((“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR</p>	<p>Publish date: 01/01/2000 - 07/15/2022</p> <p>Article type: Clinical</p>	<p>7/15/22</p>	<p>PubMed</p>	<p>17</p>	<p>15</p>	<p>2</p>	<p>https://doi.org/10.1177/0884533611430231</p> <p>https://doi.org/10.5014/ajot.2020.039545</p>

(satisfaction) OR (“role competence”))) GB	Trial, Meta-Analysis, Randomized Controlled Trial, Review, Systematic Review						
“New parents” KK	Publish date: 01/01/2000 - 07/19/2022 Article type: Research article Tags: Child, occupational therapists	7/19/22	AJOT	20	17	3	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.041269 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2018.028365 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2020.743001
“New caregiver” and “occupational performance” or “occupational participation” or “occupational engagement” KK		7/19/22	PsychInfo	2	2	0	
“New caregiver” and “quality of life or qol” KK	Publish date: 2000-2021 Source types: Academic journals	7/19/22	PsychInfo	46	46	0	
“New parents” and “occupational performance” or “occupational		7/19/22	PsychInfo	3	3	0	

participation” or “occupational engagement” KK							
“New parents” and “quality of life” or “qol” KK	Publish date: 2000-2021 Source types: Academic journals	7/19/22	PsychInfo	52	50	2	https://doi-org.ezproxy.ups.edu/2443/10.1177/1074840720940674 http://dx.doi.org.ezproxy.ups.edu/10.1007/s10643-014-0680-3
“New caregiver” and “occupational performance” or “occupational participation” or “occupational engagement” KK		7/19/22	Health Source: Nursing /Academic Edition	0	0	0	
“New caregiver” and “quality of life or qol” KK		7/19/22	Health Source: Nursing /Academic Edition	10	0	0	
“New parents” and “occupational performance” or “occupational participation” or “occupational engagement” KK		7/19/22	Health Source: Nursing /Academic Edition	0	0	0	
“New parents” and “quality of life” or “qol” KK		7/19/22	Health Source: Nursing /Academic Edition	15	14	1	10.1177/00048674221083874
“foster parent*” and “treatment” SI	Article Type: Research article Tag: Infant Published: 1/1/2000 - 7/23/2022	7/23/22	AJOT	0	0	0	

“foster parent*” and “care” OR “therapy” SI		7/23/22	AJOT	0	0	0	
“foster parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	AJOT	1	1	0	
“Foster parent*” and “ADLs” SI		7/23/22	AJOT	1	1	0	
“Foster parent*” and “quality of life” or “QoL” SI		7/23/22	AJOT	1	1	0	
“Foster parent*” and “satisfaction” SI		7/23/22	AJOT	0	0	0	
“Foster parent*” and “role competence” SI		7/23/22	AJOT	1	1	0	
“Foster famil*” and “occupational therapy” or “OT” SI		7/23/22	AJOT	0	0	0	
“Foster famil*” and “treatment” or “care” or “therapy” SI		7/23/22	AJOT	0	0	0	
“Foster famil*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	AJOT	0	0	0	
“Foster famil*” and “ADLs” SI		7/23/22	AJOT	0	0	0	
“Foster famil*” and “quality of life” or “QoL” SI		7/23/22	AJOT	0	0	0	
“Foster famil*” and “satisfaction” SI		7/23/22	AJOT	0	0	0	

“Foster famil*” and “role competence” SI		7/23/22	AJOT	0	0	0	
“Adoptive parent*” and “treatment” or “care” or “therapy” SI		7/23/22	AJOT	0	0	0	
“Adoptive parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	AJOT	0	0	0	
“Adoptive parent*” and “ADLs” SI		7/23/22	AJOT	0	0	0	
“Adoptive parent*” and “quality of life” or “QoL” SI		7/23/22	AJOT	0	0	0	
“Adoptive parent*” and “satisfaction” or “role competence” SI		7/23/22	AJOT	0	0	0	
“Foster parent*” and “treatment” or “care” or “therapy” SI	Publish date: 01/01/2000 - 07/23/2022 Article type: Clinical Trial, Meta-Analysis, Randomized Controlled Trial, Review, Systematic Review Age: Infant: birth -	7/23/22	PubMed	7	5	2	https://pubmed.ncbi.nlm.nih.gov/27196390/ https://pubmed.ncbi.nlm.nih.gov/15612419/

	23mo						
“Foster parent*” and “role competence” SI		7/23/22	PubMed	0	0	0	
“Foster famil*” and “treatment” SI		7/23/22	PubMed	7	5	2	https://pubmed.ncbi.nlm.nih.gov/27196390/ https://pubmed.ncbi.nlm.nih.gov/15612419/
“Foster famil*” and “ADLs” SI		7/23/22	PubMed	0	0	0	
“Foster famil*” and “occupational therapy” or “OT” SI		7/23/22	PubMed	0	0	0	
“Adoptive parent*” and “ADLs” SI		7/23/22	PubMed	0	0	0	
“Adoptive parent*” and “quality of life” or “QoL” SI		7/23/22	PubMed	0	0	0	
“Adoptive parent*” and “satisfaction” SI		7/23/22	PubMed	0	0	0	
“Adoptive parent*” and “role competence” SI		7/23/22	PubMed	0	0	0	
“Foster parent*” and “occupational therapy” or “OT” SI	Publication date: 2000-2022 Source type: Academic journals Age: All infant Geography: USA	7/23/22	CINAHL	0	0	0	
“Foster parent*” and “treatment” or “care” or “therapy” SI		7/23/22	CINAHL	0	0	0	

“foster parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	CINAHL	0	0	0	
“Foster parent*” and “ADLs” SI		7/23/22	CINAHL	5	5	0	
“Foster parent*” and “quality of life” or “QoL” SI		7/23/22	CINAHL	6	6	0	
“Foster parent*” and “satisfaction” SI		7/23/22	CINAHL	9	6	3	https://link-springer-com.ezproxy.ups.edu:2443/article/10.1007/s10560-015-0388-2 https://www-proquest-com.ezproxy.ups.edu:2443/docview/734689491?accountid=1627 https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142216300427?via%3Dihub
“Foster parent*” and “role competence” SI		7/23/22	CINAHL	1	1	0	
“Foster famil*” and “occupational therapy” or “OT” SI		7/23/22	CINAHL	5	5	0	
“Foster famil*” and “care” or “treatment” SI		7/23/22	CINAHL	23	17	6	https://link-springer-com.ezproxy.ups.edu:2443/article/10.1007/s10567-017-0247-0 https://www-proquest-com.ezproxy.ups.edu:2443/docview/734689491?accountid=1627 https://connect.springerpub.com/content/sgrnn/23/6/33 https://linkinghub-elsevier-com.ezproxy.ups.edu:2443/re

							trieve/pii/S0190740915300736 https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/pdf/10.1177/1049732308321741 https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/10.1177/1074840707313337
“Foster famil*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	CINAHL	4	4	0	
“Foster famil*” and “ADLs” SI		7/23/22	CINAHL	1	1	0	
“Foster famil*” and “quality of life” or “QoL” SI		7/23/22	CINAHL	1	1	0	
“Foster famil*” and “satisfaction” SI		7/23/22	CINAHL	1	0	1	https://www-proquest-com.ezproxy.ups.edu:2443/docview/734689491?accountid=1627
“Foster famil*” and “role competence” SI		7/23/22	CINAHL	0	0	0	
“Adoptive parent*” and “occupational therapy” or “OT” SI		7/23/22	CINAHL	1	1	0	
“Adoptive parent*” and “care” SI		7/23/22	CINAHL	34	28	6	https://www-proquest-com.ezproxy.ups.edu:2443/docview/758659143?accountid=1627 https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/10.1177/0890334410371210

							https://www-tandfonline-com.ezproxy.ups.edu:2443/doi/abs/10.1300/J160v01n04_05?needAccess=true&journalCode=wswp20 https://psycnet.apa.org/doiLanding?doi=10.1037%2Fa0017009 https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142216300427?via%3Dihub https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142219302252?via%3Dihub
“Adoptive parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/23/22	CINAHL	2	2	0	
“Adoptive parent*” and “ADLs” SI		7/23/22	CINAHL	1	1	0	
“Adoptive parent*” and “quality of life” or “QoL” SI		7/23/22	CINAHL	7	6	1	https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142219302252?via%3Dihub
“Adoptive parent*” and “satisfaction” SI		7/23/22	CINAHL	5	2	3	https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/pii/S089142219302252?via%3Dihub https://link-springer-com.ezproxy.ups.edu:2443/article/10.1007/s00737-011-0227-1 https://journals-lww-com.ezproxy.ups.edu:2443/advance-sinnursingscience/Abstract/2

							012/01000/Rates and Predictors of Depression in Adoptive.6.aspx
“Adoptive parent*” and “role competence” SI		7/23/22	CINAHL	0	0	0	
“Foster parent*” and “occupational therapy” or “OT” SI	Publication date: 2000-2022 Source type: Academic journals	7/25/22	PsychInfo	0	0	0	
“Foster parent*” and “care” or “treatment” SI	Publication date: 2000-2022 Source type: Academic journals Subject: caregiving Age: All infant Language: English	7/25/22	PsychInfo	15	12	3	https://onlinelibrary-wiley-com.ezproxy.ups.edu:2443/doi/10.1002/imhj.21373 http://dx.doi.org.ezproxy.ups.edu/10.1037/ort0000162 https://srcd-onlinelibrary-wiley-com.ezproxy.ups.edu:2443/doi/10.1111/cdev.12008
“Foster parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI	Publication date: 2000-2022 Source type: Academic journals	7/25/22	PsychInfo	0	0	0	
“Foster parent*” and “ADLs” SI		7/25/22	PsychInfo	0	0	0	
“Foster parent*” and “quality of life” or “QoL” SI		7/25/22	PsychInfo	0	0	0	
“Foster parent*” and “role competence” SI		7/25/22	PsychInfo	3	3	0	

"Foster famil*" and "occupational therapy" or "OT" SI		7/25/22	PsychInfo	0	0	0	
"Foster famil*" and "care" or "treatment" or "therapy" SI	Publication year: 2000-2022 Source type: Academic journals Age: All infant Language: English	7/25/22	PsychInfo	7	5	2	https://www-sciencedirect-com.ezproxy.ups.edu:2443/science/article/abs/pii/S0190740915300736 https://psycnet.apa.org/doiLanding?doi=10.1037%2Fort0000162
"Foster famil*" and "occupational performance" or "occupational participation" or "occupational engagement" SI	Publication date: 2000-2022 Source type: Academic journals	7/25/22	PsychInfo	0	0	0	
"Foster famil*" and "ADLs" SI		7/25/22	PsychInfo	0	0	0	
"Foster famil*" and "quality of life" or "QoL" SI		7/25/22	PsychInfo	0	0	0	
"Foster famil*" and "satisfaction" SI	Publication date: 2000-2022 Source type: Academic journals Language: English Age: Childhood (birth-12yrs)	7/25/22	PsychInfo	5	4	1	https://www-proquest-com.ezproxy.ups.edu:2443/docview/734689491?accountid=1627

“Foster famil*” and “role competence” SI	Publication year: 2000-2022 Source type: Academic journals	7/25/22	PsychInfo	0	0	0	
“Adoptive parent*” and “occupational therapy” or “OT” SI		7/25/22	PsychInfo	0	0	0	
“Adoptive parent*” and “care” SI	Publication year: 2000-2022 Source type: Academic journals Age: All infant Language: English Subject: Adoptive parents	7/25/22	PsychInfo	12	8	4	https://www-tandfonline-com.ezproxy.ups.edu:2443/doi/full/10.1080/15374416.2018.1547972 https://www-journals-uchicago-edu.ezproxy.ups.edu:2443/doi/10.5243/jsswr.2013.2 https://www-tandfonline-com.ezproxy.ups.edu:2443/doi/abs/10.1300/J160v01n04_05 https://www-proquest-com.ezproxy.ups.edu:2443/docview/225534307?accountid=1627
“Adoptive parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/25/22	PsychInfo	0	0	0	
“Adoptive parent*” and “ADLs” SI		7/25/22	PsychInfo	0	0	0	
“Adoptive parent*” and “quality of life” or “QoL” SI		7/25/22	PsychInfo	7	7	0	
“Adoptive parent*” and “role competence” SI		7/25/22	PsychInfo	0	0	0	

“Foster parent*” and “occupational therapy” or “OT” SI	Publication year: 2000-2022 Source type: Academic journals	7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster parent*” and “treatment” or “care” or “therapy” SI		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster parent*” and “ADLs” SI		7/25/22	Health Source: Nursing/Academic Edition	1	1	0	
“Foster parent*” and “quality of life” or “QoL” SI		7/25/22	Health Source: Nursing/Academic Edition	3	3	0	
“Foster parent*” and “satisfaction” SI		7/25/22	Health Source: Nursing/Academic Edition	20	18	2	https://onlinelibrary-wiley-com.ezproxy.ups.edu:2443/doi/full/10.1111/cfs.12334 https://journals-sagepub-com.ezproxy.ups.edu:2443/doi/full/10.1177/1359104518778327
“Foster parent*” and “role competence” SI		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster famil*” and “occupational therapy” or “OT” SI		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster famil*” and “care” or “treatment” or “therapy” SI		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
“Foster famil*” and “occupational performance” or		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	

“occupational participation” or “occupational engagement” SI							
“Foster famil*” and “ADLs” SI		7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Foster famil*” and “quality of life” or “QoL” SI		7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Foster famil*” and “satisfaction” SI		7/25/22	Health Source: Nursing/Academi c Edition	24	23	1	https://www-proquest-com.ezproxy.ups.edu:2443/docview/734689491?accountid=1627
“Foster famil*” and “role competence” SI		7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Adoptive parent*” and “occupational therapy” or “OT” SI		7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Adoptive parent*” and “treatment” or “care” or “therapy” SI	Publication year: 2000-2022 Source type: Academic journals Subject: USA	7/25/22	Health Source: Nursing/Academi c Edition	25	24	1	https://www-proquest-com.ezproxy.ups.edu:2443/docview/1978212288?accountid=1627
“Adoptive parent*” and “occupational performance” or “occupational participation” or “occupational engagement” SI	Publication year: 2000-2022 Source type: Academic journals	7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Adoptive parent*” and “ADLs” SI		7/25/22	Health Source: Nursing/Academi c Edition	0	0	0	
“Adoptive parent*” and “quality of life” or “QoL” SI		7/25/22	Health Source: Nursing/Academi c Edition	2	2	0	

<p>“Adoptive parent*” and “satisfaction” SI</p>		7/25/22	Health Source: Nursing/Academic Edition	11	10	1	https://journals-sagepub-com.ezproxy.ups.edu/2443/doi/full/10.1177/0265407512462681
<p>“Adoptive parent*” and “role competence” SI</p>		7/25/22	Health Source: Nursing/Academic Edition	0	0	0	
<p>Birth parents AND (“occupational therapy” OR (OT)) AND (“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”)) GB</p>	<p>Publication year: 2000-2022</p>	7/26/2022	CINHAL	0	0	0	
<p>Birth parents AND (“occupational therapy” OR (OT)) AND (“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”)) GB</p>		7/26/2022	PubMed	1	0	0	
<p>Birth parents AND (“occupational therapy” OR (OT)) AND (“occupational participation”) OR (“occupational</p>		7/26/2022	PsychInfo	1	0	0	

engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”))) GB							
Birth parents AND ((“occupational therapy”) OR (OT)) AND (((“occupational participation”) OR (“occupational engagement”) OR (ADLs) OR (“quality of life”) or (QoL) OR (satisfaction) OR (“role competence”))) GB		7/26/2022	Health Source: Nursing/Academic Edition	0	0	0	
“Mothers” and “occupational therapy” AM	Article type: research article Tags: adult Dates: 1/1/2000 - 7/27/2022	7/27/22	AJOT	56	55	1	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2018.026310
“Fathers” and “occupational therapy” AM	Article type: research article Dates: 1/1/2000 - 7/27/2022	7/27/22	AJOT	69	65	4	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2020.034827 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.58.5.509 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2015.013375 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.64.1.142

<p>“Maternal” and “occupational therapy” AM</p>	<p>Article type: research article Dates: 1/1/2000 - 7/27/2022</p>	<p>7/27/22</p>	<p>AJOT</p>	<p>63</p>	<p>53</p>	<p>10</p>	<p>https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.60.5.494 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.54.3.290 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2016.017012 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2019.029397 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.59.1.57 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2015.013375 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2020.034827 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.2022.049131 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.58.5.509 https://doi-org.ezproxy.ups.edu/2443/10.5014/ajot.64.1.142</p>
<p>“Birth parent” and “occupational therapy” AM</p>		<p>7/27/2022</p>	<p>AJOT</p>	<p>3</p>	<p>3</p>	<p>0</p>	
<p>“Birth parent” and “breastfeeding” AM</p>		<p>7/27/2022</p>	<p>AJOT</p>	<p>0</p>	<p>0</p>	<p>0</p>	

<p>“Fathers” and “satisfaction” AM</p>	<p>Article type: research article Date: 01/01/2000 - 7/27/2022</p>	<p>7/27/2022</p>	<p>AJOT</p>	<p>22</p>	<p>22</p>	<p>0</p>	
<p>“Mothers” and “occupational therapy” AM</p>	<p>Publication year: 2000-2022 Source types: academic journals</p>	<p>7/27/2022</p>	<p>APA PsychInfo</p>	<p>253</p>	<p>230</p>	<p>23</p>	<p>http://dx.doi.org.ezproxy.ups.edu/10.3389/fpsyg.2014.00597 http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2012.724379 http://dx.doi.org.ezproxy.ups.edu/10.1002/oti.104 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2010.08160 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.60.5.494 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2021.041269 http://dx.doi.org.ezproxy.ups.edu/10.2182/cjot.2011.78.35 http://dx.doi.org.ezproxy.ups.edu/10.1177/030802260106400702 http://dx.doi.org.ezproxy.ups.edu/10.4276/030802212X13496921049626 http://dx.doi.org.ezproxy.ups.edu/10.1177/1539449217714236</p>

						<p>http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2020.1845226</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2019.031336</p> <p>https://web-p-ebSCOhost-com.ezproxy.ups.edu:2443/ehost/detail/detail?vid=0&sid=4d2e0cc1-46d8-4bce-9dbf-9c104387a694%40redis&bdata=JnNpdGU9ZWhvc3QtbG12ZSZzY29wZT1zaXRl#AN=2018-51578-019&db=psych</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1177/0308022619835399</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2019.034025</p> <p>https://web-p-ebSCOhost-com.ezproxy.ups.edu:2443/ehost/detail/detail?vid=0&sid=320b33bb-c168-4ce9-a67c-76c28e42d6f0%40redis&bdata=JnNpdGU9ZWhvc3QtbG12ZSZzY29wZT1zaXRl#db=psych&AN=2012-11238-005</p> <p>https://web-p-ebSCOhost-com.ezproxy.ups.edu:2443/ehost/detail/detail?vid=0&sid=daad6b7b-71a2-4035-8ad5-7e3cce123fcc%40redis&bdata=JnNpdGU9ZWhvc3QtbG12ZSZzY29wZT1zaXRl#AN=2015-14260-014&db=psych</p> <p>https://web-p-ebSCOhost-com.ezproxy.ups.edu:2443/ehost/detail/detail?vid=0&sid=4280db2f-d163-4d17-a3cc-50</p>
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<p>“Mothers” and “breastfeeding”</p> <p>AM</p>	<p>Publication year: 2000-2022</p> <p>Source Types: academic journals</p> <p>Language: english</p> <p>Subject: breastfeeding</p>	7/27/2022	APA PsychInfo	94	74	20	http://dx.doi.org.ezproxy.ups.edu/10.1023/A:1015698817387 http://dx.doi.org.ezproxy.ups.edu/10.1007/s10995-016-2085-y http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2020.1815567 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jad.2020.12.101

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						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.psychres.2020.112769
						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.earlhumdev.2013.12.006
						http://dx.doi.org.ezproxy.ups.edu/10.1007/s10995-014-1557-1
						http://dx.doi.org.ezproxy.ups.edu/10.1097/ANS.0b013e3182626167
						http://dx.doi.org.ezproxy.ups.edu/10.1080/0300443032000153606
						http://dx.doi.org.ezproxy.ups.edu/10.1111/j.1552-6909.2008.00287_1.x
						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.appet.2020.105084
						http://dx.doi.org.ezproxy.ups.edu/10.1111/scs.12656
						http://dx.doi.org.ezproxy.ups.edu/10.1111/jocn.14837
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<p>“Fathers” and “occupational therapy” AM</p>	<p>Publication years: 2000-2022</p> <p>Source types: academic journals</p>	7/27/2022	APA PsychInfo	48	36	12	http://dx.doi.org.ezproxy.ups.edu/10.1177/1539449217714236 http://dx.doi.org.ezproxy.ups.edu/10.1177/0192513X19832939 http://dx.doi.org.ezproxy.ups.edu/10.1111/j.1525-1446.2008.00727.x https://doi.org/10.1080/14427591.2014.914459 http://dx.doi.org.ezproxy.ups.edu/10.1002/oti.180 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jnn.2014.09.007 <p>10.3149/fth.0501.42</p> http://dx.doi.org.ezproxy.ups.edu/10.1002/nur.21809 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.ridd.2014.02.015

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<p>“Maternal” and “satisfaction”</p> <p>AM</p>	<p>Linked full text</p> <p>Publication years: 2000-2022</p> <p>Language: english</p> <p>Subject: mothers</p>	7/27/2022	APA PsychInfo	68	51	17	<p>http://dx.doi.org.ezproxy.ups.edu/10.1037/fam0000468</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1037/a0035996</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1207/s15327922par0304_2</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1111/famp.12456</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1007/s00737-013-0337-z</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1080/02646838.2018.1437896</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1037/cdp0000277</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1111/cch.12829</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1037/per0000442</p> <p>http://dx.doi.org.ezproxy.ups.edu/10.1007/s12144-018-0014-5</p>

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<p>“Fathers” and “satisfaction”</p> <p>AM</p>	<p>Publication years: 2000-2022</p> <p>Source type: academic journals</p> <p>Subject: fathers</p> <p>Language: english</p>	7/27/2022	APA PsychInfo	158	134	24	http://dx.doi.org.ezproxy.ups.edu/10.1111/j.1552-6909.2009.01024.x http://dx.doi.org.ezproxy.ups.edu/10.1111/j.1365-2702.2009.02971.x <p>10.3389/fpsyg.2016.01856</p> http://dx.doi.org.ezproxy.ups.edu/10.1080/17405629.2013.876402 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jad.2021.12.079 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jad.2021.10.110

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						http://dx.doi.org.ezproxy.ups.edu/10.1037/fam0000753
						http://dx.doi.org.ezproxy.ups.edu/10.1371/journal.pone.0245226
						http://dx.doi.org.ezproxy.ups.edu/10.1111/cch.12445
						http://dx.doi.org.ezproxy.ups.edu/10.1111/cch.12829
						http://dx.doi.org.ezproxy.ups.edu/10.1111/famp.12136
						http://dx.doi.org.ezproxy.ups.edu/10.1371/journal.pone.0210388
						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jad.2015.10.033
						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.infbeh.2009.12.002
						http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jad.2013.01.048
						http://dx.doi.org.ezproxy.ups.edu/10.1037/fam0000590
						http://dx.doi.org.ezproxy.ups.edu/10.1080/01460860390183065

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"Fathers" and "satisfaction" AM	Publication years: 2000-2022 Source types: academic journals Subject: fathers	7/27/2022	Health Source	76	63	13	10.1111/scs.12900 10.1177/0193945920914593 10.1093/sleep/zsz015 10.1111/j.1365-2788.2006.00932.x 10.1300/J013v40n04_02 10.1111/cch.12829 10.1177/1039856220924324 10.1111/jan.13848 10.12968/bjom.2019.27.4.235 10.1097/NNR.0000000000000445 10.1038/jp.2012.32 10.1111/j.1552-6909.2006.00015.x 10.1016/j.jogn.2017.06.006

"Birth parent" and "breastfeeding" AM	Published date: 2000-2022	7/27/2022	Health Source	1	0	1	10.1111/jan.15128
"Birth parent" and "satisfaction" AM	Published date: 2000-2022	7/27/2022	Health Source	5	5	0	
"Birth parent" and "occupational therapy" AM	Published date: 2000-2022	7/27/2022	Health Source	0	0	0	
"Maternal" and "occupational therapy" AM	Published date: 2000-2022	7/27/2022	Health Source	59	55	4	10.1177/0192513X03024005005 10.1111/apa.15700 10.1038/jp.2011.144 10.1111/1440-1630.12225
"Fathers" and "occupational therapy" AM	Published date: 2000-2022	7/27/2022	Health Source	25	19	6	10.3109/11038128.2015.1057223 10.1111/1440-1630.12778 10.1177/0192513X19832939 10.1111/j.1365-2648.2006.03896.x 10.1111/j.1525-1446.2008.00727.x 10.3109/09638288.2016.1161838
"Maternal" and "satisfaction" and "occupation" AM	Published date: 2000-2022	7/28/2022	Health Source	4	4	0	
mothers or mother or motherhood or maternal and breastfeeding or breast-feeding or infant	Published date: 2000-2022	7/28/2022	Health Source	37	31	6	10.1007/s10995-005-0058-7 10.12968/bjom.2017.25.7.442

feeding or lactation or lactating and occupation AM						10.1177/003335490612100111 https://doi.org/10.1093/eurpub/ckab165.549 10.1542/peds.2015-3883 10.1111/j.1365-2648.2009.05156.x
Birth parent and breastfeeding AM	Source types: academic journals	7/28/2022	PsychInfo	53	35	18 http://dx.doi.org.ezproxy.ups.edu/10.1093/jpepsy/jsaa032 http://dx.doi.org.ezproxy.ups.edu/10.1002/imhj.21832 http://dx.doi.org.ezproxy.ups.edu/10.1111/apa.15797 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.pedhc.2006.04.006 http://dx.doi.org.ezproxy.ups.edu/10.1089/bfm.2006.1.146 http://dx.doi.org.ezproxy.ups.edu/10.1080/14753634.2013.778489 http://dx.doi.org.ezproxy.ups.edu/10.1542/peds.2010-0771 http://dx.doi.org.ezproxy.ups.edu/10.1097/01.JPN.0000285809.36398.1b http://dx.doi.org.ezproxy.ups.edu/10.1111/jsr.13238 http://dx.doi.org.ezproxy.ups.edu/10.1111/apa.15857 http://dx.doi.org.ezproxy.ups.edu/10.1111/apa.15185

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<p>Birth parent and “satisfaction” and “occupation”</p> <p>AM</p>	<p>Publication years: 2000-2022</p> <p>Source Types: Academic journals</p>	7/28/2022	PsychInfo	9	6	3	http://dx.doi.org.ezproxy.ups.edu/10.1016/j.jneb.2009.01.007 http://dx.doi.org.ezproxy.ups.edu/10.1016/j.ssresearch.2003.11.005 http://dx.doi.org.ezproxy.ups.edu/10.1007/s10834-008-9113-z
<p>“Birth parent” and “occupational therapy”</p> <p>AM</p>	<p>Publication date: 2000-2022</p> <p>Source types: academic journals</p>	7/28/2022	PsychInfo	94	88	6	http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2009.9686660 http://dx.doi.org.ezproxy.ups.edu/10.1037/cfp0000180 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.58.5.531

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<p>“Maternal” and “occupational therapy” AM</p>	<p>Publication date: 2000-2022</p> <p>Source types: academic journals</p> <p>Language: english</p>	7/28/2022	PsychInfo	126	112	14	http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2021.041269 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2019.034025 http://dx.doi.org.ezproxy.ups.edu/10.1080/07481187.2018.1458762 http://dx.doi.org.ezproxy.ups.edu/10.1007/s10826-021-02151-7 http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2020.1815567 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.63.3.273 http://dx.doi.org.ezproxy.ups.edu/10.1080/14427591.2012.724379 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2010.08160 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.2019.029397 http://dx.doi.org.ezproxy.ups.edu/10.5014/ajot.60.5.494

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Fathers or dads or paternal and “satisfaction” and “occupation” AM	Published date: 2000-2022	7/28/2022	CINAHL	21	18	3	https://www-doi-org.ezproxy.ups.edu:2443/10.1037/cdp0000285 https://www-doi-org.ezproxy.ups.edu:2443/10.1037/a0020414 https://www-doi-org.ezproxy.ups.edu:2443/10.1080/08964280209596045
Birth parent and breastfeeding and occupation AM	Published date: 2000-2022	7/28/2022	CINAHL	1	1	0	
Birth parent and satisfaction and occupation AM	Published date: 2000-2022	7/28/2022	CINAHL	18	14	4	https://www-doi-org.ezproxy.ups.edu:2443/10.1080/08964280209596045 https://www-doi-org.ezproxy.ups.edu:2443/10.4276/030802214X13968769798791 https://www-doi-org.ezproxy.ups.edu:2443/10.1037/a0020414 https://www-doi-org.ezproxy.ups.edu:2443/10.1037/cdp0000285

<p>Maternal and satisfaction and occupation AM</p>	<p>Published date: 2000-2022</p>	<p>7/28/2022</p>	<p>CINAHL</p>	<p>26</p>	<p>22</p>	<p>4</p>	<p>https://www-doi-org.ezproxy.ups.edu:2443/10.1007/s10826-021-02151-7 https://www-doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2016.70S1-PO1089 https://www-doi-org.ezproxy.ups.edu:2443/10.1037/ocp0000016 https://www-doi-org.ezproxy.ups.edu:2443/10.1300/j013v33n01_05</p>
<p>“Mothers” and “breastfeeding” and “occupation” AM</p>	<p>Published date: 2000-2022 Language: english Source types: academic journals</p>	<p>7/28/2022</p>	<p>CINAHL</p>	<p>119</p>	<p>91</p>	<p>28</p>	<p>https://www-doi-org.ezproxy.ups.edu:2443/10.1186/s12884-016-0965-1 https://www-doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.041269 https://www-doi-org.ezproxy.ups.edu:2443/10.9789/2175-5361.rpcfo.v13.10614 https://www-doi-org.ezproxy.ups.edu:2443/10.4103/ijot.h.ijoth_1_20 https://www-doi-org.ezproxy.ups.edu:2443/10.1111/mcn.12872 https://www-doi-org.ezproxy.ups.edu:2443/10.1016/j.jhealeco.2008.02.006 https://www-doi-org.ezproxy.ups.edu:2443/10.1080/03630240802092357 https://www-doi-org.ezproxy.ups.edu:2443/10.1016/j.socscimed.2004.10.002</p>

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Infants GB	Published date: 2000-2022	7/29/2022	AJOT	19	18	1	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-PO94

	Tag: Pediatrics						
Infants GB	Published date: 2000-2022 Tag: Early intervention	7/29/2022	AJOT	23	19	4	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2022.76S1-PO154 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2013.006171 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2021.75S2-RP262 https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.56.4.411
Hand searched from Piller et. al (2021). GB		7/29/2022	Piller, A., Torrez, E., Keenportz, M., Maki, K., Rudkoski, T., & Hawk, K. (2021). Pediatric Sleep Difficulties: How OTs Address Sleep as an Occupation. The American Journal of Occupational Therapy https://doi.org/10.5014/ajot.2021.75S2-PO94	4	3	1	https://doi-org.ezproxy.ups.edu:2443/10.5014/ajot.2015.015891
Hand searched from Balbierz, A., et. al (2015). KK		9/20/22	Balbierz, A., Bodnar-Deren, S., Wang, J. J., & Howell, E. A. (2015). Maternal Depressive Symptoms and Parenting Practices 3-Months Postpartum. <i>Maternal and Child Health Journal</i> , 19(6), 1212–1219. https://doi.org/10.1007/s10995-014-1625-6	38	36	2	10.1097/AOG.0b013e318250ba48 10.1007/s00737-013-0381-8

<p>Hand searched from Kingsley et. al (2020)</p> <p>GB</p>		9/20/22	<p>Kingsley, K., Sagester, G., & Weaver, L. L. (2020). Interventions supporting mental health and positive behavior in children ages birth–5 yr: A systematic review. <i>American Journal of Occupational Therapy</i>, 74, 7402180050. https://doi.org/10.5014/ajot.2020.039768</p>	46	45	1	<p>https://doi.org/10.1542/peds.2015-1486</p>
<p>Hand searched from Gronski & Doherty (2012)</p> <p>KK</p>		9/21/22	<p>Gronski, M., & Doherty, M. (2020). Interventions Within the Scope of Occupational Therapy Practice to Improve Activities of Daily Living, Rest, and Sleep for Children Ages 0–5 Years and Their Families: A Systematic Review. <i>The American Journal of Occupational Therapy</i>, 74(2), 7402180010p1-7402180010p33. https://doi.org/10.5014/ajot.2020.039545</p>	47	46	1	<p>https://doi.org/10.1002/imhj.20340</p>

<p>Hand searched from Graybill et. al (2016)</p> <p>GB</p>		9/22/22	<p>Graybill, E., Self-Brown, S., Lai, B., Vinoski, E., McGill, T., & Crimmins, D. (2016). Addressing disparities in parent education: Examining the effects of learn the signs/act early parent education materials on parent outcomes. Early Childhood Education Journal, 44(1), 31–38. https://doi.org/10.1007/s10643-014-0680-3</p>	13	13	0	
<p>Hand searched from Jarvis et. al (2019)</p> <p>GB</p>		9/22/22	<p>Jarvis, J. M., Gurga, A., Greif, A., Lim, H., Anaby, D., Teplicky, R., & Khetani, M. A. (2019). Usability of the participation and environment measure plus (PEM+) for client-centered and participation-focused care planning. The American Journal of Occupational Therapy, 73(4), 7304205130p1-7304205130p8. https://doi.org/10.5014/ajot.2019.032235</p>	33	33	0	

Hand searched from Geller et. al, (2018) KK		9/22/22	Geller, P. A., Posmontier, B., Horowitz, J. A., Bonacquisti, A., & Chiarello, L. A. (2018). Introducing mother baby connections: A model of intensive perinatal mental health outpatient programming. Journal of Behavioral Medicine, 41(5), 600–613. https://doi.org/10.1007/s10865-018-9974-z	41	40	1	https://doi.org/10.1007/s00737-017-0735-8
Hand searched from Stover (2015) article KK		9/22/22	Stover, C. S. (2015). Fathers for change for substance use and intimate partner violence: Initial community pilot. Family Process, 54(4), 600–609. https://doi.org/10.1111/famp.12136	36	35	1	https://doi.org/10.1111/famp.12147
Hand searched from Sponseller et al. (2021) article SI		9/22/22	Sponseller, L., Silverman, F., & Roberts, P. (2021). Exploring the role of occupational therapy with mothers who breastfeed. The American Journal of Occupational Therapy, 75(5), 7505205110. https://doi.org/10.5014/ajot.2021.041269	19	17	2	https://doi.org/10.4172/2376-127X.1000274 https://doi.org/10.1016/j.jad.2015.09.059

Hand searched from Botha et al. (2019) article SI		9/27/22	Botha, E., Joronen, K., & Kaunonen, M. (2019). The consequences of having an excessively crying infant in the family: An integrative literature review. <i>Scandinavian Journal of Caring Sciences</i> , 33(4), 779–790. https://doi.org/10.1111/scs.12702	64	63	1	https://doi.org/10.1136/bmjopen-2012-001662
Hand searched from Lim et al. (2022) article GB		9/28/22	Lim, Y. Z. G., Honey, A., & McGrath, M. (2022). The parenting occupations and purposes conceptual framework: A scoping review of “doing” parenting. <i>Australian Occupational Therapy Journal</i> , 69(1), 98–111. https://doi.org/10.1111/1440-1630.12778	65	65	0	
Hand searched from Shorey et. al (2019) GB		9/28/22	Shorey, S., & Ang, L. (2019). Experiences, needs, and perceptions of paternal involvement during the first year after their infants’ birth: A meta-synthesis. <i>PLOS ONE</i> , 14(1), e0210388. https://doi.org/10.1371/journal.pone.0210388	53	53	0	

Appendix B: Master Citation Table

Citation	Include (from abstract)	Maybe (Explain) (from abstract)	Final decision Y/N (from paper)	If No, reason to exclude	Reviewer
Alexander, C. P., Zhu, J., Paul, I. M., & Kjerulff, K. H. (2017). Fathers, make a difference: Positive relationships with mother and baby in relation to infant colic: Social support and infant colic. <i>Child: Care, Health and Development</i> , 43(5), 687–696. https://doi.org/10.1111/cch.12445	Y				GB
Altenburger, L. E., & Schoppe-Sullivan, S. J. (2020). New fathers' parenting quality: Personal, contextual, and child precursors. <i>Journal of Family Psychology</i> , 34(7), 857–866. https://doi.org/10.1037/fam0000753	Y				GB
Arcain Nass, E. M., Silva Marcon, S., Ferraz Teston, E., Vicentine Coutinho Monteschio, L., dos Reis, P., & de Lima Vieira, V. C. (2021). Maternal factors and early weaning from exclusive breastfeeding. <i>Revista de Pesquisa: Cuidado e Fundamental</i> , 13(1), 1698–1703. https://doi.org/10.9789/2175-5361.rpcfo.v13.10614	N			Location	GB
Ateah, C. A., & Hamelin, K. J. (2008). On bed sharing. <i>Journal of Obstetric, Gynecologic & Neonatal Nursing</i> , 37(6), 621. https://doi.org/10.1111/j.1552-6909.2008.00287_1.x	N			Year	GB
Aubuchon–Endsley, N. L., Thomas, D. G., Kennedy, T. S., Grant, S. L., & Valtr, T. (2012). Interactive relations among maternal depressive symptomatology, nutrition, and parenting. <i>Women & Health</i> , 52(3), 197–213. https://doi.org/10.1080/03630242.2012.662933	N			No specific occupational focus, hemoglobin/iron measures used as context for study; blood tests can't easily be operationalized by collaborating practitioner	
Axelin, A., Feeley, N., Campbell-Yeo, M., Silnes Tandberg, B., Szczapa, T., Wielenga, J., Weis, J., Pavicic Bosnjak, A., Jonsdottir, R. B., George, K., Blomqvist, Y. T., Bohlin, K., & Lehtonen, L. (2022). Symptoms of depression in parents after discharge from NICU associated with family-centred care. <i>Journal</i>	N			Location	GB

<i>of Advanced Nursing</i> , 78(6), 1676–1687. https://doi.org/10.1111/jan.15128					
Bai, D., Fong, D., & Tarrant, M. (2015). Factors associated with breastfeeding duration and exclusivity in mothers returning to paid employment postpartum. <i>Maternal & Child Health Journal</i> , 19(5), 990–999. https://doi.org/10.1007/s10995-014-1596-7	N			Location	GB
Baker M, Milligan K, Baker, M., & Milligan, K. (2008). Maternal employment, breastfeeding, and health: Evidence from maternity leave mandates. <i>Journal of Health Economics</i> , 27(4), 871–887. https://doi.org/10.1016/j.jhealeco.2008.02.006	N			Year	GB
Balasundaram, M., Porter, M., Miller, S., Sivakumar, D., Fleming, A., & McCallie, K. (2022). Increasing parent satisfaction with discharge planning: An improvement project using technology in a Level 3 NICU. <i>Advances in Neonatal Care</i> , 22(2), 108–118. https://doi.org/10.1097/ANC.0000000000000841	N			No specific occupational focus, just a single event: discharge from the NICU. Sample not typically developing infants.	GB
Balbierz, A., Bodnar-Deren, S., Wang, J. J., & Howell, E. A. (2015). Maternal depressive symptoms and parenting practices 3-months postpartum. <i>Maternal and Child Health Journal</i> , 19(6), 1212–1219. https://doi.org/10.1007/s10995-014-1625-6	Y				GB
Ball, H. L. (2002). Reasons to bed-share: Why parents sleep with their infants. <i>Journal of Reproductive and Infant Psychology</i> , 20(4), 207–221. https://doi.org/10.1080/0264683021000033147	N			Year	GB
Barnett, E. R., Jankowski, M. K., Butcher, R. L., Meister, C., Parton, R. R., & Drake, R. E. (2018). Foster and adoptive parent perspectives on needs and services: A mixed methods study. <i>The Journal of Behavioral Health Services & Research</i> , 45(1), 74–89. https://doi.org/10.1007/s11414-017-9569-4	N			No specific occupational focus just general communication between governmental entities and foster families	GB
Barooj-Kiakalae, O., Hosseini, S.-H., Mohammadpour-Tahmtan, R.-A., Hosseini-Tabaghdehi, M., Jahanfar, S., Esmaeili-Douki, Z., & Shahhosseini, Z. (2022). Paternal postpartum depression's	N			Location	GB

relationship to maternal pre and postpartum depression, and father-mother dyads marital satisfaction: A structural equation model analysis of a longitudinal study. <i>Journal of Affective Disorders</i> , 297, 375–380. https://doi.org/10.1016/j.jad.2021.10.110					
Bart, O., Rosenfeld, M., Morag, I., Strauss, T., & Avrech Bar, M. (2021). Do occupational performance and social support predict health and well-being among mothers of preterm infants? <i>Journal of Child and Family Studies</i> . https://doi.org/10.1007/s10826-021-02151-7	Y				GB
Battersby, S. (2010). Understanding the social and cultural influences on breast-feeding today. <i>Journal of Family Health Care</i> , 20(4), 128–131.	N			Year	GB
Ben-Zion, H., Volkovich, E., Meiri, G., & Tikotzky, L. (2020). Mother–infant sleep and maternal emotional distress in solo-mother and two-parent families. <i>Journal of Pediatric Psychology</i> , 45(2), 181–193. https://doi.org/10.1093/jpepsy/jsz097	N			Location	GB
Benzies, K., Magill-Evans, J., Harrison, M. J., MacPhail, S., & Kimak, C. (2008). Strengthening new fathers’ skills in interaction with their 5-month-old infants: Who benefits from a brief intervention? <i>Public Health Nursing</i> , 25(5), 431–439. https://doi.org/10.1111/j.1525-1446.2008.00727.x	N			Year	GB
Bhojti, A. (2017). Promoting the occupations of parents of children with disability in early childhood intervention services—Building stronger families and communities. <i>Australian Occupational Therapy Journal</i> , 64(5), 419–422. https://doi.org/10.1111/1440-1630.12297	N			Location	GB
Bick, J., & Dozier, M. (2013). The Effectiveness of an attachment-based intervention in promoting foster mothers’ sensitivity toward foster infants. <i>Infant Mental Health Journal</i> , 34(2), 95–103. https://doi.org/10.1002/imhj.21373	Y				GB
Bick, J., Dozier, M., Bernard, K., Grasso, D., & Simons, R. (2013). Foster mother–infant bonding: Associations between foster mothers’ oxytocin production, electrophysiological brain activity, feelings of commitment, and caregiving quality. <i>Child</i>	N			Not occupation focused: measurements based just on brief moment-to-moment interactions, difficult	GB

<i>Development</i> , 84(3), 826–840. https://doi.org/10.1111/cdev.12008				for collaborating practitioner to operationalize in projected setting	
Bobbitt, S. A., Baugh, L. A., Andrew, G. H., Cook, J. L., Green, C. R., Pei, J. R., & Rasmussen, C. R. (2016). Caregiver needs and stress in caring for individuals with fetal alcohol spectrum disorder. <i>Research in Developmental Disabilities</i> , 55, 100–113. https://doi.org/10.1016/j.ridd.2016.03.002	N			Not typically developing infants (sample)	GB
Bonin, E.-M., Beecham, J., Dance, C., & Farmer, E. (2014). Support for adoption placements: The first six months. <i>British Journal of Social Work</i> , 44(6), 1508–1525. https://doi.org/10.1093/bjsw/bct008	N			Location	GB
Bonsall, A. (2014). “This is what we do”: Constructing postmodern families through occupations. <i>Journal of Occupational Science</i> , 21(3), 296–308. https://doi.org/10.1080/14427591.2014.914459	N			Location	GB
Bonsall, A. (2015). Scenes of fathering: The automobile as a place of occupation. <i>Scandinavian Journal of Occupational Therapy</i> , 22(6), 462–469. https://doi.org/10.3109/11038128.2015.1057223	N			Location	GB
Bornstein, M. H., Hendricks, C., Hahn, C.-S., Haynes, O. M., Painter, K. M., & Tamis-LeMonda, C. S. (2003). Contributors to self-perceived competence, satisfaction, investment, and role balance in maternal parenting: A multivariate ecological analysis. <i>Parenting: Science and Practice</i> , 3(4), 285–326. https://doi.org/10.1207/s15327922par0304_2	N			Year	GB
Botha, E., Joronen, K., & Kaunonen, M. (2019). The consequences of having an excessively crying infant in the family: An integrative literature review. <i>Scandinavian Journal of Caring Sciences</i> , 33(4), 779–790. https://doi.org/10.1111/scs.12702	N			Location	GB
Bourke-Taylor, H. M., & Jane, F. M. (2018). Mothers’ experiences of a women’s health and empowerment program for mothers of a child with a disability. <i>Journal of Autism and Developmental Disorders</i> , 48(6), 2174–2186. https://doi.org/10.1007/s10803-018-3486-0	N			Not typically developing children (sample)	GB

Bourke-Taylor, H. M., Joyce, K. S., Grzegorzczyn, S., & Tirlea, L. (2022). Mental health and health behaviour changes for mothers of children with a disability: Effectiveness of a health and wellbeing workshop . <i>Journal of Autism and Developmental Disorders</i> , 52(2), 508–521. https://doi.org/10.1007/s10803-021-04956-3	N			Not typically developing children (sample)	GB
Bourke-Taylor, H. M., Lee, D.-C. A., Tirlea, L., Joyce, K., Morgan, P., & Haines, T. P. (2021). Interventions to improve the mental health of mothers of children with a disability: Systematic review, meta-analysis and description of interventions. <i>Journal of Autism and Developmental Disorders</i> , 51(10), 3690–3706. https://doi.org/10.1007/s10803-020-04826-4	N			Not typically developing children (sample)	GB
Bourke-Taylor, H., Howie, L., & Law, M. (2011). Barriers to maternal workforce participation and relationship between paid work and health: Paid work and mothers health-related QoL. <i>Journal of Intellectual Disability Research</i> , 55(5), 511–520. https://doi.org/10.1111/j.1365-2788.2011.01407.x	N			Year, Not typically developing children (sample)	GB
Bowden, K., & Goodman, D. (2015). Barriers to employment for drug dependent postpartum women. <i>Work</i> , 50(3), 425–432. https://doi.org/10.3233/WOR-141951	Y				GB
Breivold, K., Hjaelmhult, E., Sjöström-Strand, A., & Hallström, I. K. (2019). Mothers' experiences after coming home from the hospital with a moderately to late preterm infant – a qualitative study. <i>Scandinavian Journal of Caring Sciences</i> , 33(3), 632–640. https://doi.org/10.1111/scs.12656	N			Location	GB
Burkhart, R., Couchman, K., Crowell, K., Jeffries, S., Monvillers, S., & Vilensky, J. (2021). Pelvic floor dysfunction after childbirth: Occupational impact and awareness of available treatment. <i>OTJR: Occupation, Participation and Health</i> , 41(2), 108–115. https://doi.org/10.1177/1539449220970881	Y				GB
Burney, R. V., & Leerkes, E. M. (2010). Links between mothers' and fathers' perceptions of infant temperament and coparenting. <i>Infant Behavior and Development</i> , 33(2), 125–135. https://doi.org/10.1016/j.infbeh.2009.12.002	N			Year	GB

Burry CL & Noble LS. (2001). The STAFF project: Support and training for adoptive and foster families of infants with prenatal substance exposure. <i>Journal of Social Work Practice in the Addictions</i> , 1(4), 71–82. https://doi.org/10.1300/j160v01n04_05	N			Year	GB
Buswell, S. D., & Spatz, D. L. (2007). Parent-infant co-sleeping and its relationship to breastfeeding. <i>Journal of Pediatric Health Care</i> , 21(1), 22–28. https://doi.org/10.1016/j.pedhc.2006.04.006	N			Year	GB
Caldwell, A. R., Skidmore, E. R., Raina, K. D., Rogers, J. C., Terhorst, L., Danford, C. A., & Bendixen, R. M. (2018). Behavioral activation approach to parent training: Feasibility of promoting routines of exploration and play during mealtime (mealtime prep). <i>The American Journal of Occupational Therapy</i> , 72(6), 7206205030p1-7206205030p8. https://doi.org/10.5014/ajot.2018.028365	N			Not typically developing children (sample)	GB
Cameron, A. J., Hesketh, K., Ball, K., Crawford, D., & Campbell, K. J. (2010). Influence of peers on breastfeeding discontinuation among new parents: The Melbourne InFANT program. <i>Pediatrics</i> , 126(3), e601–e607. https://doi.org/10.1542/peds.2010-0771	N			Year, Location	GB
Cappuccini, G., & Cochrane, R. (2000). Life with the first baby: Women's satisfaction with the division of roles. <i>Journal of Reproductive and Infant Psychology</i> , 18(3), 189–202. https://doi.org/10.1080/713683037	N			Year	GB
Cardin, A. D. (2020). Parents' perspectives: An expanded view of occupational and co-occupational performance in the neonatal intensive care unit. <i>The American Journal of Occupational Therapy</i> , 74(2), 7402205030p1-7402205030p12. https://doi.org/10.5014/ajot.2020.034827	N			Not typically developing children (sample)	GB
Chung, G., Ansong, D., Brevard, K. C., & Chen, D.-G. (2021). Identifying treatment moderators of a trauma-informed parenting intervention with children in foster care: Using model-based recursive partitioning. <i>Child Abuse & Neglect</i> , 117. https://doi.org/10.1016/j.chiabu.2021.105065	Y				GB

Citter, O., & Ghanouni, P. (2021). Becoming a mother in the neonatal intensive care unit: A narrative review. <i>Journal of Occupational Science</i> , 28(3), 363–373. https://doi.org/10.1080/14427591.2020.1815567	N			Not typically developing children (sample)	GB
Clark, G. F., & Kingsley, K. L. (2020). Occupational therapy practice guidelines for early childhood: Birth–5 years. <i>The American Journal of Occupational Therapy</i> , 74(3), 7403397010p1-7403397010p42. https://doi.org/10.5014/ajot.2020.743001	Y				GB
Corkin, M. T., Dando, E., Peterson, E. R., Andrejic, N., Waldie, K. E., Reese, E., & Morton, S. M. B. (2021). “The way she smiles brightens me up”: Highlights of parenting an infant in a large nationally diverse cohort. <i>Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues</i> , 40(2), 919–938. https://doi.org/10.1007/s12144-018-0014-5	N			Location	GB
Crowe, T. K., VanLeit, B., & Berghmans, K. K. (2000). Mothers’ perceptions of child care assistance: The impact of a child’s disability. <i>The American Journal of Occupational Therapy</i> , 54(1), 52–58. https://doi.org/10.5014/ajot.54.1.52	N			Year	GB
Da Silva Reis, M. C., Carvalho, A. C. A., Tavares, C. S. S., Santos, V. S., Santos, H. P. Jr., & Martins-Filho, P. R. S. (2020). Changes in occupational roles and common mental disorders in mothers of children with congenital Zika syndrome. <i>American Journal of Occupational Therapy</i> , 74(1), 1–6.	N			Not typically developing children (sample)	GB
Dagher, R. K., McGovern, P. M., Schold, J. D., & Randall, X. J. (2016). Determinants of breastfeeding initiation and cessation among employed mothers: A prospective cohort study. <i>BMC Pregnancy & Childbirth</i> , 16, 1–11. https://doi.org/10.1186/s12884-016-0965-1	Y				GB
Dahdah, D. F., Rego, F., Joaquim, R. H. V. T., Bombarda, T. B., & Nunes, R. (2019). Daily life and maternal mourning: A pilot study. <i>Death Studies</i> , 43(5), 292–300. https://doi.org/10.1080/07481187.2018.1458762	N			Location	GB

Daneau, C., Marchand, A.-A., Bussi�eres, A., O'Shaughnessy, J., Ruchat, S.-M., & Descarreaux, M. (2022). Effects of a motor control exercise program on lumbopelvic pain recurrences and intensity in pregnant women with a history of lumbopelvic pain: A study protocol for a randomized controlled feasibility trial. <i>Pilot and Feasibility Studies</i> , 8(1), 65. https://doi.org/10.1186/s40814-022-01024-0		Sample size is women during pregnancy but occupational relevance warrants inclusion	Y		GB
de Montigny, F., Girard, M.-E., Lacharit�e, C., Dubeau, D., & Devault, A. (2013). Psychosocial factors associated with paternal postnatal depression. <i>Journal of Affective Disorders</i> , 150(1), 44–49. https://doi.org/10.1016/j.jad.2013.01.048	N			Location	GB
de Montigny, F., Lacharit�e, C., & Devault, A. (2012). Transition to fatherhood: Modeling the experience of fathers of breastfed infants. <i>Advances in Nursing Science</i> , 35(3), E11–E22. https://doi.org/10.1097/ANS.0b013e3182626167	N			Location	GB
Devine, C. M., Farrell, T. J., Blake, C. E., Jastran, M., Wethington, E., & Bisogni, C. A. (2009). Work conditions and the food choice coping strategies of employed parents. <i>Journal of Nutrition Education and Behavior</i> , 41(5), 365–370. https://doi.org/10.1016/j.jneb.2009.01.007	N			Year	GB
Doan, T., Gardiner, A., Gay, C. L., & Lee, K. A. (2007). Breast-feeding increases sleep duration of new parents. <i>The Journal of Perinatal & Neonatal Nursing</i> , 21(3), 200–206. https://doi.org/10.1097/01.JPN.0000285809.36398.1b	N			Year	GB
Dong, S., Dong, Q., & Chen, H. (2022). Mothers' parenting stress, depression, marital conflict, and marital satisfaction: The moderating effect of fathers' empathy tendency. <i>Journal of Affective Disorders</i> , 299, 682–690. https://doi.org/10.1016/j.jad.2021.12.079	N			Location	

Dudek-Shriber, L. (2004). Parent Stress in the Neonatal Intensive Care Unit and the Influence of Parent and Infant Characteristics. <i>The American Journal of Occupational Therapy</i> , 58(5), 509–520. https://doi.org/10.5014/ajot.58.5.509	N			Year	GB
Dusing, S. C., Van Drew, C. M., & Brown, S. E. (2012). Instituting Parent Education Practices in the Neonatal Intensive Care Unit: An Administrative Case Report of Practice Evaluation and Statewide Action. <i>Physical Therapy</i> , 92(7), 967–975. https://doi.org/10.2522/ptj.20110360	N			Not typically developing child, not collaborating practitioner practice environment	GB
Dykes F. (2005). “Supply” and “demand”: Breastfeeding as labour. <i>Social Science & Medicine</i> , 60(10), 2283–2293. https://doi.org/10.1016/j.socscimed.2004.10.002	N			Year	GB
Elek, S. M., Hudson, D. B., & Bouffard, C. (2003). Marital and parenting satisfaction and infant care self-efficacy during the transition to parenthood: the effect of infant sex. <i>Issues in Comprehensive Pediatric Nursing</i> , 26(1), 45–57. https://doi.org/10.1080/01460860390183065	N			Year	GB
Escoffery, C., Kegler, M. C., Bundy, L., Yembra, D., Owolabi, S., Kelley, D., & Mabry, D. (2014). Evaluation of Smoke-free Foster Care Education for Foster and Adoptive Caregivers. <i>Child Welfare</i> , 93(5), 105–116.	N			Not occupationally relevant article focuses less on education on more on how a specific education program supports existing governmental systems	GB
Esdaile SA & Greenwood KM. (2003). A comparison of mothers’ and fathers’ experience of parenting stress and attributions for parent-child interaction outcomes. <i>Occupational Therapy International</i> , 10(2), 115–126. https://doi.org/10.1002/oti.180	N			Year, Location	GB
Evans, K. L., Millsteed, J., Richmond, J. E., Falkmer, M., Falkmer, T., & Girdler, S. J. (2019). The impact of within and between role experiences on role balance outcomes for working Sandwich Generation Women. <i>Scandinavian Journal of Occupational Therapy</i> , 26(3), 184–193.	N			Location	GB

https://doi.org/10.1080/11038128.2018.1449888					
Fabrizi, S. E., Ito, M. A., & Winston, K. (2016). Effect of Occupational Therapy–Led Playgroups in Early Intervention on Child Playfulness and Caregiver Responsiveness: A Repeated-Measures Design. <i>The American Journal of Occupational Therapy</i> , 70(2), 700220020p1-700220020p9. https://doi.org/10.5014/ajot.2016.017012	N			Not typically developing child	GB
Farber, R. S., Tyszka, A., Kern, M., & Brusilovskiy, E. (2017). Positive Factors Contributing to Greater Role Participation and Satisfaction With Maternal Participation for Mothers With Multiple Sclerosis. <i>The American Journal of Occupational Therapy</i> , 71(4_Supplement_1), 7111520278p1. https://doi.org/10.5014/ajot.2017.71S1-PO1126	Y				GB
Fein SB, Mandal B, & Roe BE. (2008). Success of strategies for combining employment and breastfeeding. <i>Pediatrics</i> , 122, S56-62. https://doi.org/10.1542/peds.2008-1315g	N			Year	GB
Feldman, R. (2000). Parents' convergence on sharing and marital satisfaction, father involvement, and parent-child relationship at the transition to parenthood. <i>Infant Mental Health Journal</i> , 21(3), 176–191. https://doi.org/10.1002/1097-0355(200007)21:3	N			Year	GB
Fernandes, J. G. (2018). Occupational Therapists' Role in Perinatal Care: A Health Promotion Approach. <i>The American Journal of Occupational Therapy</i> , 72(5), 7205347010p1-7205347010p4. https://doi.org/10.5014/ajot.2018.028126	Y				GB
Fingerhut, P. E. (2009). Measuring Outcomes of Family-Centered Intervention: Development of the Life Participation for Parents (LPP). <i>Physical & Occupational Therapy In Pediatrics</i> , 29(2), 113–128. https://doi.org/10.1080/01942630902784795	N			Year	GB
Fink, E., Browne, W. V., Kirk, I., & Hughes, C. (2020). Couple relationship quality and the infant home language environment: Gender-specific findings. <i>Journal of Family Psychology</i> , 34(2), 155–164. https://doi.org/10.1037/fam0000590	Y				SI

Foli, K. J., South, S. C., & Lim, E. (2012). Rates and predictors of depression in adoptive mothers: Moving toward theory. <i>Advances in Nursing Science</i> , 35(1), 51–63. https://doi.org/10.1097/ANS.0b013e318244553e		Abstract does not explicitly state ages of adopted children, but it addresses occupations.	Y		SI
Forbes, H., & Dziegielewski, S. F. (2003). Issues facing adoptive mothers of children with special needs. <i>Journal of Social Work</i> , 3(3), 301–320. https://doi.org/10.1177/146801730333003	N			Year and not typically developing children	SI
Forhan, M. (2010). Doing, being, and becoming: A family's journey through perinatal loss. <i>The American Journal of Occupational Therapy</i> , 64(1), 142–151. https://doi.org/10.5014/ajot.64.1.142	N			Year	SI
Franco-Antonio, C., Santano-Mogena, E., Chimento-Díaz, S., Sánchez-García, P., & Cordovilla-Guardia, S. (2022). A randomised controlled trial evaluating the effect of a brief motivational intervention to promote breastfeeding in postpartum depression. <i>Scientific Reports</i> , 12(1), 373. https://doi.org/10.1038/s41598-021-04338-w	N			Location	SI
Franco-Antonio, C., Calderón-García, J. F., Santano-Mogena, E., Rico-Martín, S., & Cordovilla-Guardia, S. (2020). Effectiveness of a brief motivational intervention to increase the breastfeeding duration in the first 6 months postpartum: Randomized controlled trial. <i>Journal of Advanced Nursing</i> , 76(3), 888–902. https://doi.org/10.1111/jan.14274	N			Location	SI
Froehlich, J., Donovan, A., Ravlin, E., Fortier, A., North, J., & Bloch, M. K. S. (2015). Daily routines of breastfeeding mothers. <i>Work</i> , 50(3), 433–442. https://doi.org/10.3233/WOR-141954	Y				SI
Froehlich, J., & Morgan, P. (2015). The significant work of parenting. <i>Work: Journal of Prevention, Assessment & Rehabilitation</i> , 50(3), 411–412.	Y				SI
Fuhrmans, F., von der Lippe, H., & Fuhrer, U. (2014). Couples' evaluations of fatherhood in different stages of the family life cycle. <i>European Journal of Developmental Psychology</i> , 11(2), 242–258. https://doi.org/10.1080/17405629.2013.876402	N			Location	SI
Garten, L., Nazary, L., Metze, B., & Bührer, C. (2013). Pilot study of experiences and needs of 111 fathers of very low birth weight infants in a neonatal intensive care unit. <i>Journal of Perinatology</i> , 33(1), 65–69. https://doi.org/10.1038/jp.2012.32	N			Location	SI

Gatrell CJ. (2007). Secrets and lies: Breastfeeding and professional paid work. <i>Social Science & Medicine</i> , 65(2), 393–404. https://doi.org/10.1016/j.socscimed.2007.03.017	N			Year	SI
Gee, B. M., & Abuchon-Endsley, N. (2021). Relationship among caregiver mental health, infant and toddler sensory-processing profiles, and occupations. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512505092p1. https://doi.org/10.5014/ajot.2021.75S2-PO92	Y				SI
Gee, B. M., Abuchon-Endsley, N., & Prow, A. (2021). Profiles of sensory processing of infants and toddlers in a medically underserved area: A cohort study. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512505182p1. https://doi.org/10.5014/ajot.2021.75S2-RP182	N			Does not focus on caregiver outcomes.	SI
Geller, P. A., Posmontier, B., Horowitz, J. A., Bonacquisti, A., & Chiarello, L. A. (2018). Introducing mother baby connections: A model of intensive perinatal mental health outpatient programming. <i>Journal of Behavioral Medicine</i> , 41(5), 600–613. https://doi.org/10.1007/s10865-018-9974-z	Y				SI
Gjerdingen DK & Center B. (2002). A randomized controlled trial testing the impact of a support/work-planning intervention on first-time parents' health, partner relationship, and work responsibilities. <i>Behavioral Medicine</i> , 28(3), 84–84. https://doi.org/10.1080/08964280209596045	N			Year	SI
Gjerdingen, D. K., & Center, B. A. (2005). First-time parents' postpartum changes in employment, childcare, and housework responsibilities. <i>Social Science Research</i> , 34(1), 103–116. https://doi.org/10.1016/j.ssresearch.2003.11.005	N			Year	SI
Gjerdingen, D. K., & Center, B. A. (2005). The relationship of postpartum partner satisfaction to parents' work, health, and social characteristics. <i>Women & Health</i> , 40(4), 25–39. https://doi.org/10.1300/J013v40n04_02	N			Year	SI
Goldberg AE, Smith JZ, Goldberg, A. E., & Smith, J. Z. (2009). Perceived parenting skill across the transition to adoptive parenthood among lesbian, gay, and heterosexual couples. <i>Journal of Family Psychology</i> , 23(6), 861–870. https://doi.org/10.1037/a0017009	N			Year	SI

Goncalves, A. V. (2017). What influences women to bottle-feed from birth and to discontinue breastfeeding early? <i>British Journal of Midwifery</i> , 25(7), 442–450. https://doi.org/10.12968/bjom.2017.25.7.442	N			Location	SI
Graham, F., Rodger, S., & Ziviani, J. (2013). Effectiveness of Occupational performance coaching in improving children's and mothers' performance and mothers' self-competence. <i>The American Journal of Occupational Therapy</i> , 67(1), 10–18. https://doi.org/10.5014/ajot.2013.004648	N			Age of participants' children were 5-12 years.	SI
Graham, F., Rodger, S., & Ziviani, J. (2014). Mothers' experiences of engaging in occupational performance coaching. <i>British Journal of Occupational Therapy</i> , 77(4), 189–197. https://doi.org/10.4276/030802214X13968769798791	N			Location	SI
Grant, M. (2001). Mothers with arthritis, child care and occupational therapy: Insight through case studies. <i>British Journal of Occupational Therapy</i> , 64(7), 322–329. https://doi.org/10.1177/030802260106400702	N			Year, Location	SI
Graybill, E., Self-Brown, S., Lai, B., Vinoski, E., McGill, T., & Crimmins, D. (2016). Addressing disparities in parent education: Examining the effects of learn the signs/act early parent education materials on parent outcomes. <i>Early Childhood Education Journal</i> , 44(1), 31–38. https://doi.org/10.1007/s10643-014-0680-3		Age of children not specified	Y		SI
Green, K. E., Groves, M. M., & Tegano, D. W. (2004). Parenting practices that limit transitional object use: An illustration. <i>Early Child Development and Care</i> , 174(5), 427–436. https://doi.org/10.1080/0300443032000153606	N			Year	SI
Greene, M. M., Patra, K., Czyzewski, P., Gonring, K., & Breitenstein, S. (2020). Adaptation and acceptability of a digitally delivered intervention for parents of very low birth weight infants. <i>Nursing Research</i> , 69, S47–S56. https://doi.org/10.1097/NNR.0000000000000445	N			Not typically developing infants.	SI
Griffin, S. D., & Price, V. J. (2000). Living with lifting: Mothers' perceptions of lifting and back strain in childcare. <i>Occupational Therapy International</i> , 7(1), 1–20. https://doi.org/10.1002/oti.104	N			Year	SI
Gronski, M., & Doherty, M. (2020). Interventions within the scope of occupational therapy practice to improve activities of daily living, rest, and sleep for children ages 0–5 years and their families: A systematic review. <i>The</i>	Y				SI

<i>American Journal of Occupational Therapy</i> , 74(2), 7402180010p1-7402180010p33. https://doi.org/10.5014/ajot.2020.039545					
Grzywacz JG, Tucker J, Clinch CR, & Arcury TA. (2010). Individual and job-related variation in infant feeding practices among working mothers. <i>American Journal of Health Behavior</i> , 34(2), 186–196. https://doi.org/10.5993/ajhb.34.2.6	N			Year	SI
Guendelman S, Kosa JL, Pearl M, Graham S, Goodman J, & Kharrazi M. (2009). Juggling work and breastfeeding: Effects of maternity leave and occupational characteristics. <i>Pediatrics</i> , 123(1), e38-46. https://doi.org/10.1542/peds.2008-2244	N			Year	SI
Guendelman, S., & Siega-Riz, A. M. (2002). Infant feeding practices and maternal dietary intake among Latino immigrants in California. <i>Journal of Immigrant Health</i> , 4(3), 137–146. https://doi.org/10.1023/A:1015698817387	N			Year	SI
Gutke, A., Betten, C., Degerskär, K., Pousette, S., & Fagevik Olsén, M. (2015). Treatments for pregnancy-related lumbopelvic pain: A systematic review of physiotherapy modalities. <i>Acta Obstetrica et Gynecologica Scandinavica</i> , 94(11), 1156–1167. https://doi.org/10.1111/aogs.12681	N 76			Location	SI
Hames, J. L., Gasteiger, C., McKenzie, M. R., Rowley, S., Serlachius, A. S., Juth, V., & Petrie, K. J. (2021). Predictors of parental stress from admission to discharge in the neonatal special care unit. <i>Child: Care, Health and Development</i> , 47(2), 243–251. https://doi.org/10.1111/cch.12829	N			Not typically developing infants (sample)	SI
Hanish, K. K., Margulies, I., & Cogan, A. M. (2019). Evaluation of an occupation-based retreat for women after pregnancy or infant loss. <i>The American Journal of Occupational Therapy</i> , 73(5), 7305345030p1-7305345030p6. https://doi.org/10.5014/ajot.2019.034025	Y				SI
Hannah, B., & Woolgar, M. (2018). Secondary trauma and compassion fatigue in foster carers. <i>Clinical Child Psychology and Psychiatry</i> , 23(4), 629–643. https://doi.org/10.1177/1359104518778327	N			Location	SI
Harding, L., Murray, K., Shakespeare-Finch, J., & Frey, R. (2020). Understanding the parental stress scale with a foster carer cohort. <i>Family Relations: An Interdisciplinary Journal of Applied Family Studies</i> , 69(4), 865–879. https://doi.org/10.1111/fare.12483	N			Location	SI
Hayes, M. J., Geiger, J. M., & Lietz, C. A. (2015). Navigating a complicated system of care: Foster parent satisfaction with behavioral and medical health services. <i>Child and Adolescent</i>		Age of children ranged from 0-18 years	Y		SI

<i>Social Work Journal</i> , 32(6), 493–505. https://doi.org/10.1007/s10560-015-0388-2					
Heck, K. E., Braveman, P., Cubbin, C., Chávez, G. F., & Kiely, J. L. (2006). Socioeconomic status and breastfeeding initiation among california mothers. <i>Public Health Reports</i> , 121(1), 51–59. https://doi.org/10.1177/003335490612100111	N			Year	SI
Heiny, E., Wolf, S., Collins, M., Durant Kellner, P., & Pineda, R. (2021). Factors related to enrolment in early therapy services following neonatal intensive care unit discharge. <i>Acta Paediatrica</i> , 110(5), 1468–1474. https://doi.org/10.1111/apa.15700	N			Not typically developing infants	SI
Hendriks, M. J., & Abraham, A. (2017). End-of-life decision making for parents of extremely preterm infants. <i>JOGNN: Journal of Obstetric, Gynecologic & Neonatal Nursing</i> , 46(5), 727–736. https://doi.org/10.1016/j.jogn.2017.06.006	N			Not typically developing infants (sample)	SI
Hildingsson, I., Thomas, J., Olofsson, R. E., & Nystedt, A. (2009). Still behind the glass wall? Swedish fathers' satisfaction with postnatal care. <i>Journal of Obstetric, Gynecologic, & Neonatal Nursing: Clinical Scholarship for the Care of Women, Childbearing Families, & Newborns</i> , 38(3), 280–289. https://doi.org/10.1111/j.1552-6909.2009.01024.x	N			Year, Location	SI
Hollenstein, T., Leve, L. D., Scaramella, L. V., Milfort, R., & Neiderhiser, J. M. (2003). Openness in adoption, knowledge of birthparent information, and adoptive family adjustment. <i>Adoption Quarterly</i> , 7(1), 43–52. https://doi.org/10.1300/J145v07n01_04	N			Year	SI
Hooghe, A., Claeys, A., Thompson, B., Neimeyer, R. A., & Rober, P. (2021). Grieving the loss of a child in times of COVID-19. <i>Couple and Family Psychology: Research and Practice</i> , 10(4), 313–325. https://doi.org/10.1037/cfp0000180	N			Location	SI
Howard, C. R., Lanphear, N., Lanphear, B. P., Eberly, S., & Lawrence, R. A. (2006). Parental responses to infant crying and colic: The effect on breastfeeding duration. <i>Breastfeeding Medicine</i> , 1(3), 146–155. https://doi.org/10.1089/bfm.2006.1.146	N			Year	SI
Howarth, A. M., & Swain, N. R. (2020). Predictors of postpartum depression in first-time fathers. <i>Australasian Psychiatry</i> , 28(5), 552–554. https://doi.org/10.1177/1039856220924324	N			Location	SI

Howe, T.-H., Hinojosa, J., & Sheu, C.-F. (2019). Latino-american mothers' perspectives on feeding their young children: A qualitative study. <i>The American Journal of Occupational Therapy</i> , 73(3), 7303205110p1-7303205110p11. https://doi.org/10.5014/ajot.2019.031336		Age of participants' children not specified in abstract	Y		SI
Howe, T.-H., Sheu, C.-F., Wang, T.-N., & Hsu, Y.-W. (2014). Parenting stress in families with very low birth weight preterm infants in early infancy. <i>Research in Developmental Disabilities</i> , 35(7), 1748–1756. https://doi.org/10.1016/j.ridd.2014.02.015	N			Not typically developing infants (sample)	SI
Howe, T.-H., Sheu, C.-F., & Wang, T.-N. (2019). Feeding patterns and parental perceptions of feeding issues of preterm infants in the first 2 years of life. <i>The American Journal of Occupational Therapy</i> , 73(2), 7302205030p1-7302205030p10. https://doi.org/10.5014/ajot.2019.029397	N			Not typically developing infants (sample)	SI
Howe, T.-H., & Wang, T.-N. (2013). Systematic review of interventions used in or relevant to occupational therapy for children with feeding difficulties ages birth–5 years. <i>The American Journal of Occupational Therapy</i> , 67(4), 405–412. https://doi.org/10.5014/ajot.2013.004564	Y				SI
Hoyt, C. R., Erickson, J., Luo, L., Housten, A., & King, A. (2022). Parent and provider perspectives on a developmental screening and therapy referral program for children 0-3 years with sickle cell disease. <i>The American Journal of Occupational Therapy</i> , 76(Supplement_1), 7610510154p1. https://doi.org/10.5014/ajot.2022.76S1-PO154	N			Not typically developing infants (sample)	SI
Huang, Y., Stober, A. L., Popoviciu, E., Nieves, G., & Norton, M. (2021). Predictors of mothers' satisfaction, resilience, and maternal–infant attachment after NICU discharge. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512505112p1. https://doi.org/10.5014/ajot.2021.75S2-PO112	Y				SI
Hubbard, K. (2016). A longitudinal study of the occupational effects in mothers of preterm infants with disabilities in an urban setting. <i>American Journal of Occupational Therapy</i> , 70, 1–1. https://doi.org/10.5014/ajot.2016.70S1-PO1089	N 90			Not typically developing infants (sample)	SI

Irvin, D. W., Bard, A., Wallisch, A., & Little, L. M. (2018). Measuring social communication in the community: Novel tools for advancing family participation. <i>The American Journal of Occupational Therapy</i> , 72(6), 7206205060p1-7206205060p7. https://doi.org/10.5014/ajot.2018.026310	Y				SI
Irwin, J. L., Beeghly, M., Rosenblum, K. L., & Muzik, M. (2016). Positive predictors of quality of life for postpartum mothers with a history of childhood maltreatment. <i>Archives of Women's Mental Health</i> , 19(6), 1041–1050. https://doi.org/10.1007/s00737-016-0653-1	Y				SI
Jackowitz A. (2008). The role of workplace characteristics in breastfeeding practices. <i>Women & Health</i> , 47(2), 87–111. https://doi.org/10.1080/03630240802092357	N			Year	SI
Jarvis, J. M., Gurga, A., Greif, A., Lim, H., Anaby, D., Teplicky, R., & Khetani, M. A. (2019). Usability of the participation and environment measure plus (PEM+) for client-centered and participation-focused care planning. <i>The American Journal of Occupational Therapy</i> , 73(4), 7304205130p1-7304205130p8. https://doi.org/10.5014/ajot.2019.032235	Y				SI
Jaywant, S. S., Patil, S. S., & Shrivastav, D. S. (2020). To Analyze the effect of person-environment-occupation intervention model on stress and breast-feeding efficacy on mothers of preterm neonates: A randomized controlled study. <i>The Indian Journal of Occupational Therapy</i> , 52(1), 24. https://doi.org/10.4103/ijoth.ijoth_1_20	N			Location	SI
Johnson, A. M., Kirk, R., Rooks, A. J., & Muzik, M. (2016). Enhancing breastfeeding through healthcare support: Results from a focus group study of African American mothers. <i>Maternal and Child Health Journal</i> , 20(Suppl 1), 92–102. https://doi.org/10.1007/s10995-016-2085-y	Y				SI
Jones, C. L., Culpin, I., Evans, J., & Pearson, R. M. (2020). Relative effects of breastfeeding intention and practice on maternal responsiveness. <i>Infant Mental Health Journal</i> , 41(1), 82–93. https://doi.org/10.1002/imhj.21832	N			Location	SI
Jones, C., Wadephul, F., & Jomeen, J. (2019). Maternal and paternal expectations of antenatal education across the transition to parenthood. <i>British Journal of Midwifery</i> , 27(4), 235–241. https://doi.org/10.12968/biom.2019.27.4.235	N			Location	SI

Jones, J. D., Beijers, R., Fraley, R. C., Gross, J. T., Cassidy, J., & de Weerth, C. (2020). Mothers' attachment style as a predictor of breastfeeding and room-sharing practices. <i>Journal of Pediatric Psychology, 45</i> (6), 654–662. https://doi.org/10.1093/jpepsy/jsaa032	N			Location	SI
Jung, K.-S., Jung, J.-H., Shin, H.-S., Park, J.-Y., In, T.-S., & Cho, H.-Y. (2021). The effects of taping combined with wrist stabilization exercise on pain, disability, and quality of life in postpartum women with wrist pain: A randomized controlled pilot study. <i>International Journal of Environmental Research and Public Health, 18</i> (7), 3564. https://doi.org/10.3390/ijerph18073564	N			Location	SI
Kadlec, M. B., Coster, W., Tickle-Degnen, L., & Beeghly, M. (2005). Qualities of caregiver–child interaction during daily activities of children born very low birth weight with and without white matter disorder. <i>The American Journal of Occupational Therapy, 59</i> (1), 57–66. https://doi.org/10.5014/ajot.59.1.57	N			Year, Not typically developing infants (sample)	SI
Kaelin, V. C., Bosak, D. L., Villegas, V. C., Imms, C., & Khetani, M. A. (2020). Participation-focused strategy use among caregivers of children receiving early intervention. <i>The American Journal of Occupational Therapy, 75</i> (1), 7501205090p1-7501205090p11. https://doi.org/10.5014/ajot.2021.041962	Y				SI
Kane, A., Dusing, S., Marcinowski, E., & Hsu, L.-Y. (2019). Parent-provided cognitive opportunities and infant mobility during play for children with motor impairments. <i>The American Journal of Occupational Therapy, 73</i> (4_Supplement_1), 7311515358p1. https://doi.org/10.5014/ajot.2019.73S1-PO5026		Abstract focuses on children with mild, moderate, and severe motor impairments.	N	Does not focus on occupation-based interventions for caregiver outcomes.	SI
Kaur, R., & Kaur, N. (2021). An exploratory study to assess knowledge regarding complementary feeding among postnatal mothers. <i>International Journal of Nursing Education, 13</i> (1), 118–122. https://doi.org/10.37506/ijone.v13i1.13327	N			Location	SI
Kavanagh, D. J., Connolly, J., Fisher, J., Halford, W. K., Hamilton, K., Hides, L., Milgrom, J., Rowe, H., Scuffham, P. A., White, K. M., Wittkowski, A., Appleton, S., & Sanders, D. (2021). The baby steps web program for the well-being of new parents: Randomized controlled trial. <i>Journal of Medical Internet Research, 23</i> (11), 1-N.PAG. https://doi.org/10.2196/23659	N			Location	SI

Keizer R, Dykstra PA, & Poortman AR. (2010). The transition to parenthood and well-being: The impact of partner status and work hour transitions. <i>Journal of Family Psychology</i> , 24(4), 429–438. https://doi.org/10.1037/a0020414	N 100			Year	SI
Kemmis-Riggs, J., Dickes, A., & McAloon, J. (2018). Program components of psychosocial interventions in foster and kinship care: A systematic review. <i>Clinical Child and Family Psychology Review</i> , 21(1), 13–40. https://doi.org/10.1007/s10567-017-0247-0		Child age-range not specified, but provides relevant information that warrants inclusion			KK
Kenny, S., Burdayron, R., Lannes, É. E. M., Dubois-Comtois, K., Béliveau, M., & Pennestri, M. (2021). Mothers' and fathers' sleep: Is there a difference between first-time and experienced parents of 6-month-olds? <i>Journal of Sleep Research</i> , 30(4). https://doi.org/10.1111/jsr.13238	N			Does not provide occupation-based outcomes or interventions	KK
Killien MG, Habermann B, & Jarrett M. (2001). Influence of employment characteristics on postpartum mothers' health. <i>Women & Health</i> , 33(1/2), 63–81. https://doi.org/10.1300/j013v33n01_05	N			Does not provide occupation-based outcomes or interventions	KK
Kimbro, R. (2006). On-the-job moms: Work and breastfeeding initiation and duration for a sample of low-income women. <i>Maternal & Child Health Journal</i> , 10(1), 19–26. https://doi.org/10.1007/s10995-005-0058-7	N			Year	KK
Kingsley, K., & Mailloux, Z. (2013). Evidence for the effectiveness of different service delivery models in early intervention services. <i>The American Journal of Occupational Therapy</i> , 67(4), 431–436. https://doi.org/10.5014/ajot.2013.006171		Subjects included children from birth to age 5			KK
Kingsley, K., Sagester, G., & Weaver, L. L. (2020). Interventions supporting mental health and positive behavior in children ages birth–5 yr: A systematic review. <i>The American Journal of Occupational Therapy</i> , 74(2), https://doi.org/10.5014/ajot.2020.039768		Subjects included children from birth to age 5			KK
Kowalska, J., Olszowa, D., Markowska, D., Teplik, M., & Rymaszewska, J. (2014). Physical activity and childbirth classes during a pregnancy and the level of perceived stress and depressive symptoms in women after childbirth. <i>Psychiatria Polska</i> , 48(5), 889–900. https://doi.org/10.12740/PP/24984		Provides statistical correlation between exercise and depressive symptoms, but does not examine specific occupation-based interventions			KK

Lauver, L. S. (2008). Parenting foster children with chronic illness and complex medical needs. <i>Journal of Family Nursing</i> , 14(1), 74–96. https://doi.org/10.1177/1074840707313337	N			Year	KK
Lauzon-Guillain, B., Thierry, X., Bois, C., Bournez, M., Davaisse-Paturet, C., Dufourg, M., Kersuzan, C., Ksiazek, E., Nicklaus, S., Vicaire, H., Wagner, S., Lioret, S., & Charles, M. A. (2019). Maternity or parental leave and breastfeeding duration: Results from the ELFE cohort. <i>Maternal & Child Nutrition</i> , 15(4), N.PAG-N.PAG. https://doi.org/10.1111/mcn.12872	N			Location	KK
Lawoko, S., & Soares, J. J. F. (2003). Social support among parents of children with congenital heart disease, parents of children with other diseases and parents of healthy children. <i>Scandinavian Journal of Occupational Therapy</i> , 10(4), 177–187. https://doi.org/10.1080/11038120310016779	N			Year	KK
Leve, L. D., Neiderhiser, J. M., Ge, X., Scaramella, L. V., Conger, R. D., Reid, J. B., Shaw, D. S., & Reiss, D. (2007). The early growth and development study: A prospective adoption design. <i>Twin Research and Human Genetics</i> , 10(1), 84–95. https://doi.org/10.1375/twin.10.1.84	N			Year	KK
Lim, I. Newman-Morris, V., Hill, R., Hoehn, E., Kowalenko, N., Matacz, R., Paul, C., Powrie, R., Priddis, L., Raykar, V., Wright, T., Newman, L., & Sundram, S. (2022). You can't have one without the other: The case for integrated perinatal and infant mental health services. <i>Australian & New Zealand Journal of Psychiatry</i> , 56(6). https://doi.org/10.1177/00048674221083874	N			Location	KK
Lim, Y. Z. G., Honey, A., & McGrath, M. (2022). The parenting occupations and purposes conceptual framework: A scoping review of “doing” parenting. <i>Australian Occupational Therapy Journal</i> , 69(1), 98–111. https://doi.org/10.1111/1440-1630.12778	N			Location	KK
Liszka, L., Heiny, E., Smith, J., Schlaggar, B. L., Mathur, A., & Pineda, R. (2020). Auditory exposure of high-risk infants discharged from the NICU and the impact of social factors. <i>Acta Paediatrica</i> , 109(10), 2049–2056. https://doi.org/10.1111/apa.15209	N			Does not provide occupation-based outcomes or interventions	KK
Llewellyn, G., Mayes, R., & McConnell, D. (2008). Towards acceptance and inclusion of people with intellectual disability as parents. <i>Journal of Applied Research in Intellectual Disabilities</i> , 21(4), 293–295. https://doi.org/10.1111/j.1468-3148.2008.00443.x	N			Year	KK

Lynch, S. (2016). Breastfeeding and the workplace. <i>Community Practitioner</i> , 89(6), 29–31.	N			Location	KK
Magill-Evans, J., Harrison, M. J., Benzies, K., Gierl, M., & Kimak, C. (2007). Effects of parenting education on first-time fathers' skills in interactions with their infants. <i>Fathering: A Journal of Theory, Research, and Practice about Men as Fathers</i> , 5(1), 42–57. https://doi.org/10.3149/fth.0501.42	N			Year	KK
Magill-Evans, J., Harrison, M. J., Rempel, G., & Slater, L. (2006). Interventions with fathers of young children: Systematic literature review. <i>Journal of Advanced Nursing (Wiley-Blackwell)</i> , 55(2), 248–264. https://doi.org/10.1111/j.1365-2648.2006.03896.x	N			Year	KK
Mahon, P., Albersheim, S., & Holsti, L. (2015). The fathers' support scale: Neonatal intensive care unit (FSS:NICU): Development and initial content validation. <i>Journal of Neonatal Nursing</i> , 21(2), 63–71. https://doi.org/10.1016/j.jnn.2014.09.007	N			Does not provide occupation-focused interventions or outcomes	KK
Malkawi, S. H., Almhdawi, K., Jaber, A. F., & Alqatameh, N. S. (2021). COVID-19 Quarantine-related mental health symptoms and their correlates among mothers: A cross sectional study. <i>Maternal and Child Health Journal</i> , 25(5), 695–705. https://doi.org/10.1007/s10995-020-03034-x	N			Location	KK
Mallette, J. K., Futris, T. G., Oshri, A., & Brown, G. L. (2020). Paternal support and involvement in unmarried fragile families: Impacts on long-term maternal mental health. <i>Family Process</i> , 59(2), 789–806. https://doi.org/10.1111/famp.12456	Y				KK
Mandal B, Roe BE, & Fein SB. (2010). The differential effects of full-time and part-time work status on breastfeeding. <i>Health Policy</i> , 97(1), 79–86. https://doi.org/10.1016/j.healthpol.2010.03.006	N			Year	KK
Marcellus, L. (2004). Foster families who care for infants with prenatal drug exposure: Support during the transition from NICU to home. <i>Neonatal Network: NN</i> , 23(6), 33–41. https://doi.org/10.1891/0730-0832.23.6.33	N			Year	KK
Marcellus, L. (2008). (Ad)ministering love: Providing family foster care to infants with prenatal substance exposure. <i>Qualitative Health Research</i> , 18(9), 1220–1230. https://doi.org/10.1177/1049732308321741	N			Year	KK
Marcellus, L. (2010). Supporting resilience in foster families: A model for program design that supports recruitment, retention, and satisfaction of foster families who care for	N			Year	KK

infants with prenatal substance exposure. <i>Child Welfare</i> , 89(1), 7–29.					
Martin, L. M., Smith, M., Rogers, J., Wallen, T., & Boisvert, R. (2011). Mothers in recovery: An occupational perspective: mothers in recovery. <i>Occupational Therapy International</i> , 18(3), 152–161. https://doi.org/10.1002/oti.318	N			Year	KK
Mayer, M. L., White, B. P., Ward, J. D., & Barnaby, E. M. (2002). Therapists' perceptions about making a difference in parent–child relationships in early intervention occupational therapy services. <i>The American Journal of Occupational Therapy</i> , 56(4), 411–421. https://doi.org/10.5014/ajot.56.4.411	N			Year	KK
Mayopoulos, G. A., Ein-Dor, T., Dishy, G. A., Nandru, R., Chan, S. J., Hanley, L. E., Kaimal, A. J., & Dekel, S. (2021). COVID-19 is associated with traumatic childbirth and subsequent mother-infant bonding problems. <i>Journal of Affective Disorders</i> , 282, 122–125. https://doi.org/10.1016/j.jad.2020.12.101	N			Does not provide occupation-focused interventions or outcomes	KK
McGovern, P. (2006). Postpartum health of employed mothers 5 weeks after childbirth. <i>The Annals of Family Medicine</i> , 4(2), 159–167. https://doi.org/10.1370/afm.519	N			Year	KK
McMichael, S. (2013). Good breast/bad breast: The psychodynamics of antenatal breastfeeding classes. <i>Psychodynamic Practice: Individuals, Groups and Organisations</i> , 19(2), 191–198. https://doi.org/10.1080/14753634.2013.778489	N			Not a research article	KK
Mehall, K. G., Spinrad, T. L., Eisenberg, N., & Gaertner, B. M. (2009). Examining the relations of infant temperament and couples' marital satisfaction to mother and father involvement: A longitudinal study. <i>Fathering: A Journal of Theory, Research, and Practice about Men as Fathers</i> , 7(1), 23–48. https://doi.org/10.3149/fth.0701.23	N			Year	KK
Meredith, P., & Noller, P. (2003). Attachment and infant difficulty in postnatal depression. <i>Journal of Family Issues</i> , 24(5), 668–686. https://doi.org/10.1177/0192513X03024005005	N			Year	KK
Mirza, M., Krischer, A., Stolley, M., Magaña, S., & Martin, M. (2018). Review of parental activation interventions for parents of children with special health care needs. <i>Child: Care, Health and Development</i> , 44(3), 401–426. https://doi.org/10.1111/cch.12554	N			Not focused on typically developing children (population)	KK

Mitchell, A. E., Whittingham, K., Steindl, S., & Kirby, J. (2018). Feasibility and acceptability of a brief online self-compassion intervention for mothers of infants. <i>Archives of Women's Mental Health, 21</i> (5), 553–561. https://doi.org/10.1007/s00737-018-0829-y	Y				KK
Molano, C., Sadowski, H., Wenos, J., & Peachey, A. (2017). The effect of parent–infant swim classes on maternal parenting competence, emotional availability, and aquatic handling. <i>The American Journal of Occupational Therapy, 71</i> (4 Supplement 1), 7111515256p1-7111515256p. https://doi.org/10.5014/ajot.2017.71S1-PO5142	Y				KK
Molinari, D. L., & Freeborn, D. (2006). Social support needs of families adopting special needs children. <i>Journal of Psychosocial Nursing & Mental Health Services, 44</i> (4), 28–34. 10.1080/11038120310016779	N			Year	KK
Montgomery, J. E. (2020). Culturally Competent parenting: A test of web-based training for transracial foster and adoptive Parents. <i>Journal of Marital and Family Therapy, 46</i> (3), 442–454. https://doi.org/10.1111/jmft.12401		Unsure if intervention can be relevant to research question			KK
Mott, S. L., Schiller, C. E., Richards, J. G., O'Hara, M. W., & Stuart, S. (2011). Depression and anxiety among postpartum and adoptive mothers. <i>Archives of Women's Mental Health, 14</i> (4), 335. https://doi.org/10.1007/s00737-011-0227-1	N			Year	KK
Mughal, M. K., Ginn, C. S., Magill-Evans, J., & Benzie, K. M. (2017). Parenting stress and development of late preterm infants at 4 months corrected age. <i>Research in Nursing & Health, 40</i> (5), 414–423. https://doi.org/10.1002/nur.21809	N			Does not focus on occupation-based interventions or outcomes	KK
Nakamura, W. M., Stewart, K. B., & Tatarka, M. E. (2000). Assessing father–infant interactions using the NCAST Teaching Scale: A pilot study. <i>American Journal of Occupational Therapy, 54</i> (1), 44–51. https://doi.org/10.5014/ajot.54.1.44	N			Year	KK
Nan Zhou, & Buehler, C. (2016). Family, employment, and individual resource-based antecedents of maternal work-family enrichment from infancy through middle childhood. <i>Journal of Occupational Health Psychology, 21</i> (3), 309–321. https://doi.org/10.1037/ocp0000016		Does not provide specific child age range. Some occupations mentioned may not be relevant to research question.			KK

Nes, R. B., Røysamb, E., Hauge, L. J., Kornstad, T., Landolt, M. A., Irgens, L. M., Eskedal, L., Kristensen, P., & Vollrath, M. E. (2014). Adaptation to the birth of a child with a congenital anomaly: A prospective longitudinal study of maternal well-being and psychological distress. <i>Developmental Psychology, 50</i> (6), 1827–1839. https://doi.org/10.1037/a0035996	N			Focus on non-typical developing infants	KK
Ning Xiang, Zadoroznyj, M., Tomaszewski, W., & Martin, B. (2016). Timing of return to work and breastfeeding in Australia. <i>Pediatrics, 137</i> (6), 29–29. https://doi.org/10.1542/peds.2015-3883	N			Location	KK
Okonya, J. N., Nabimba, R., Richard, M., & Ombe, E. A. (2017). Perceptions of breast milk expression practices among working mothers. <i>African Journal of Midwifery & Women's Health, 11</i> (4), 169–175. https://doi.org/10.12968/ajmw.2017.11.4.169	Y				KK
Osberg, S., Kalstad, T. G., & Stray-Pedersen, A. (2021). Norwegian parents avoid placing infants in prone sleeping positions but frequently share beds in hazardous ways. <i>Acta Paediatrica, 110</i> (7), 2119–2125. https://doi.org/10.1111/apa.15797	N			Location	KK
Owen, C., Ziebell, L., Lessard, C., Churcher, E., Bourget, V., & Villeneuve, H. (2012). Interprofessional group intervention for parents of children age 3 and younger with feeding difficulties: Pilot program evaluation. <i>Nutrition in Clinical Practice: Official Publication of the American Society for Parenteral and Enteral Nutrition, 27</i> (1), 129–135. https://doi.org/10.1177/0884533611430231	Y				KK
Oyetunji, A., & Chandra, P. (2020). Postpartum stress and infant outcome: A review of current literature. <i>Psychiatry Research, 284</i> . https://doi.org/10.1016/j.psychres.2020.112762	Y				KK
Pagliuca, L. M. F., Uchoa, R. S., & Machado, M. M. T. (2009). Blind parents: Their experience in care for their children. <i>Revista Latino-Americana de Enfermagem, 17</i> (2), 271–274. https://doi.org/10.1590/S0104-11692009000200021	N			Year	KK
Park, H., Barth, R. P., & Harrington, D. (2013). Factor Structure of Adoptive parent-child relationship items from the national study of adoptive parents. <i>Journal of the Society for Social Work and Research, 4</i> (1), 20–30. https://doi.org/10.5243/jsswr.2013.2		Population includes adopted children from 6 months-17 years of age			KK

Parush, S., & Clark, F. (1988). The reliability and validity of a sensory developmental expectation questionnaire for mothers of newborns. <i>The American Journal of Occupational Therapy</i> , 42(1), 11–16. https://doi.org/10.5014/ajot.42.1.11	N	Does not focus on an intervention, however, the questionnaire may be a useful tool that can be used in practice		Year	KK
Payne, D., & Nicholls, D. A. (2010). Managing breastfeeding and work: A Foucauldian secondary analysis. <i>Journal of Advanced Nursing (John Wiley & Sons, Inc.)</i> , 66(8), 1810–1818. https://doi.org/10.1111/j.1365-2648.2009.05156.x	N			Year	KK
Paynter, M. J., Drake, E. K., Cassidy, C., & Snelgrove-Clarke, E. (2019). Maternal health outcomes for incarcerated women: A scoping review. <i>Journal of Clinical Nursing</i> , 28(11–12), 2046–2060. https://doi.org/10.1111/jocn.14837		Population is specific to incarcerated women			
Perez Juarez, M., Villegas Dominguez, J. E., López Santiago, N., Martínez Solorzano, J., & Márquez Celedonio, F. G. (2021). Factors associated with the level of knowledge about breastfeeding. <i>European Journal of Public Health</i> , 31, iii546–iii547.	N			Location	KK
Perez-Blasco, J., Viguer, P., & Rodrigo, M. F. (2013). Effects of a mindfulness-based intervention on psychological distress, well-being, and maternal self-efficacy in breast-feeding mothers: Results of a pilot study. <i>Archives of Women's Mental Health</i> , 16(3), 227–236. https://doi.org/10.1007/s00737-013-0337-z	Y				KK
Pierce, D. (2000). Maternal Management of the home as a developmental play space for infants and toddlers. <i>The American Journal of Occupational Therapy</i> , 54(3), 290–299. https://doi.org/10.5014/ajot.54.3.290	N 140			Year	KK
Pierce, D., Munier, V., & Myers, C. T. (2009). Informing early intervention through an occupational science description of infant–toddler interactions with home space. <i>The American Journal of Occupational Therapy</i> , 63(3), 273–287. https://doi.org/10.5014/ajot.63.3.273	N			Year	KK
Piller, A., Torrez, E., Keenportz, M., Maki, K., Rudkoski, T., & Hawk, K. (2021). Pediatric sleep difficulties: How OTs address sleep as an occupation. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512505094p1. https://doi.org/10.5014/ajot.2021.75S2-PO94	N			Focus is on occupational therapists (population)	KK

Pineda, R. G., Stransky, K. E., Rogers, C., Duncan, M. H., Smith, G. C., Neil, J., & Inder, T. (2012). The single-patient room in the NICU: Maternal and family effects. <i>Journal of Perinatology</i> , 32(7), 545–551. https://doi.org/10.1038/jp.2011.144	Y				KK
Pizur-Barnekow, K. (2006). Maternal Attitudes and self-definition as related to perceptions of infant temperament. <i>The American Journal of Occupational Therapy</i> , 60(5), 494–499. https://doi.org/10.5014/ajot.60.5.494	N			Year	KK
Pizur-Barnekow, K. (2010). Maternal health after the birth of a medically complex infant: Setting the context for evaluation of co-occupational performance. <i>American Journal of Occupational Therapy</i> , 64(4), 642–649. https://doi.org/10.5014/ajot.2010.08160	N			Year	KK
Pizur-Barnekow, K., Doering, J., Cashin, S., Patrick, T., & Rhyner, P. (2010). Functional health literacy and mental health in urban and rural mothers of children enrolled in early intervention programs. <i>Infants & Young Children</i> , 23(1), 42–51. https://doi.org/10.1097/IYC.0b013e3181c97633	N			Year	KK
Pizur-Barnekow, K., Kamp, K., & Cashin, S. (2014). An investigation of maternal play styles during the co-occupation of maternal-infant play. <i>Journal of Occupational Science</i> , 21(2), 202–209. https://doi.org/10.1080/14427591.2012.724379	Y				KK
Pizur-Barnekow, K., Pate, D., Lazar, K., Paul, N., Pritchard, K., & Morris, G. (2017). African American fathers' occupational participation: "Keeping the mothers in a positive vibe." <i>OTJR: Occupation, Participation and Health</i> , 37(4), 237–244. https://doi.org/10.1177/1539449217714236	Y				KK
Pizur-Barnekow K, Rhyner PM, & Lund S. (2010). The pipeline training program in maternal and child health: Interdisciplinary preparation of undergraduate students from underrepresented groups. <i>Maternal & Child Health Journal</i> , 14(3), 422–429. https://doi.org/10.1007/s10995-009-0478-x	N				KK
Poole, J. L., Haygood, D., & Mendelson, C. (2018). "I'm still dad": The impact of scleroderma on being a father. <i>Occupational Therapy In Health Care</i> , 32(1), 1–13. https://doi.org/10.1080/07380577.2017.1422087	N			Does not focus on specific-occupation focused interventions or outcomes	KK

Poole, J. L., Willer, K., & Mendelson, C. (2009). Occupation of motherhood: Challenges for mothers with scleroderma. <i>The American Journal of Occupational Therapy</i> , 63(2), 214–219. https://doi.org/10.5014/ajot.63.2.214	N			Year	KK
Popova, E. S., O'Brien, J. C., & Taylor, R. R. (2022). Communicating with intention: Therapist and parent perspectives on family-centered care in early intervention. <i>The American Journal of Occupational Therapy</i> , 76(5), 7605205130. https://doi.org/10.5014/ajot.2022.049131	Y				AM
Pousada García, T., Madrid Martínez, P., Pereira Loureiro, J., Groba González, B., & Díaz Martínez, E. (2015). Influence of disability on maternal care. <i>Sexuality & Disability</i> , 33(4), 469–481. https://doi.org/10.1007/s11195-015-9413-9	Y				AM
Powell, D. N., & Karraker, K. (2019). Expectations, experiences, and desires: Mothers' perceptions of the division of caregiving and their postnatal adaptation. <i>Journal of Family Psychology</i> , 33(4), 401–411. https://doi.org/10.1037/fam0000526	Y				AM
Price, P., & Miner Stephenson, S. (2009). Learning to promote occupational development through co-occupation. <i>Journal of Occupational Science</i> , 16(3), 180–186. https://doi.org/10.1080/14427591.2009.9686660	N			year	AM
Pruner, M., Jirikowic, T., Yorkston, K. M., & Olson, H. C. (2020). The best possible start: A qualitative study on the experiences of parents of young children with or at risk for fetal alcohol spectrum disorders. <i>Research in Developmental Disabilities</i> , 97, 103558. https://doi.org/10.1016/j.ridd.2019.103558	N 150			Not typically developing	AM
Ramsauer, B., Lotzin, A., Mühlhan, C., Romer, G., Nolte, T., Fonagy, P., & Powell, B. (2014). A randomized controlled trial comparing Circle of Security Intervention and treatment as usual as interventions to increase attachment security in infants of mentally ill mothers: Study Protocol. <i>BMC Psychiatry</i> , 14. https://doi.org/10.1186/1471-244X-14-24	N			Outcomes only looking at children	AM

Randle, M., Ernst, D., Leisch, F., & Dolnicar, S. (2017). What makes foster carers think about quitting? Recommendations for improved retention of foster carers. <i>Child & Family Social Work</i> , 22(3), 1175–1186. https://doi.org/10.1111/cfs.12334	Y				AM
Raouna, A., Malcolm, R., Ibrahim, R., & MacBeth, A. (2021). Promoting sensitive parenting in ‘at-risk’ mothers and fathers: A UK outcome study of Mellow Babies, a group-based early intervention program for parents and their babies. <i>PLOS ONE</i> , 16(2), e0245226. https://doi.org/10.1371/journal.pone.0245226	N			Not US based	AM
Reid, D. T., & Chiu, T. M. L. (2011). Research lessons learned: occupational therapy with culturally diverse mothers of premature infants. <i>Canadian Journal of Occupational Therapy</i> , 78(3), 173–179. https://doi.org/10.2182/cjot.2011.78.3.5	N			Not US based	AM
Richter, D., Krämer, M. D., Tang, N. K. Y., Montgomery-Downs, H. E., & Lemola, S. (2019). Long-term effects of pregnancy and childbirth on sleep satisfaction and duration of first-time and experienced mothers and fathers. <i>Sleep</i> , 42(4), N.PAG-N.PAG. https://doi.org/10.1093/sleep/zsz015	N			Not US based	AM
Richter, M., Smith, J., & Pineda, R. (2022). Health care professional perceptions about a proposed NICU intervention: the importance of community and aligning with everyday occupations. <i>OTJR: Occupation, Participation and Health</i> , 42(3), 238–247. https://doi.org/10.1177/15394492221082051	M	All intervention is occurring in the NICU - does this apply to Julie?			AM
Rossmann, B., Greene, M. M., & Meier, P. P. (2015). The role of peer support in the development of maternal identity for “NICU Moms.” <i>Journal of Obstetric, Gynecologic & Neonatal Nursing</i> , 44(1), 3–16. https://doi.org/10.1111/1552-6909.12527	M	NICU only			AM
Ruppen, J., Waldvogel, P., & Ehlert, U. (2016). Implicit motives and men’s perceived constraint in fatherhood. <i>Frontiers in Psychology</i> , 7.	N			Not US based	AM
Saligheh, M., McNamara, B., & Rooney, R. (2016). Perceived barriers and enablers of physical activity in postpartum women: A qualitative approach. <i>BMC Pregnancy and Childbirth</i> ,	Y				AM

16(1), 131. https://doi.org/10.1186/s12884-016-0908-x					
Saligheh, M., Rooney, R. M., McNamara, B., & Kane, R. T. (2014). The relationship between postnatal depression, sociodemographic factors, levels of partner support, and levels of physical activity. <i>Frontiers in Psychology</i> , 5, 597. https://doi.org/10.3389/fpsyg.2014.00597	N			Not US based	AM
Salonen, A. H., Kaunonen, M., Åstedt-Kurki, P., Järvenpää, A.-L., Isoaho, H., & Tarkka, M.-T. (2010). Parenting satisfaction during the immediate postpartum period: Factors contributing to mothers' and fathers' perceptions. <i>Journal of Clinical Nursing</i> , 19(11–12), 1716–1728. https://doi.org/10.1111/j.1365-2702.2009.02971.x	N			Year	AM
Salonen, A. H., Kaunonen, M., Åstedt-Kurki, P., Järvenpää, A.-L., & Tarkka, M.-T. (2008). Development of an internet-based intervention for parents of infants. <i>Journal of Advanced Nursing</i> , 64(1), 60–72. https://doi.org/10.1111/j.1365-2648.2008.04759.x	N			Year	AM
Samra, H. A., McGrath, J. M., Fischer, S., Schumacher, B., Dutcher, J., & Hansen, J. (2015). The NICU parent risk evaluation and engagement model and instrument (PREEMI) for neonates in intensive care units. <i>Journal of Obstetric, Gynecologic, & Neonatal Nursing: Clinical Scholarship for the Care of Women, Childbearing Families, & Newborns</i> , 44(1), 114–126. https://doi.org/10.1111/1552-6909.12535	Y				AM
Saxbe, D. E., Schetter, C. D., Guardino, C. M., Ramey, S. L., Shalowitz, M. U., Thorp, J., & Vance, M. (2016). Sleep quality predicts persistence of parental postpartum depressive symptoms and transmission of depressive symptoms from mothers to fathers. <i>Annals of Behavioral Medicine</i> , 50(6), 862–875. https://doi.org/10.1007/s12160-016-9815-7	Y				AM
Schmöker, A., Flacking, R., Udo, C., Eriksson, M., Hellström-Westas, L., & Ericson, J. (2020). Longitudinal cohort study reveals different patterns of stress in parents of preterm infants during the first year after birth. <i>Acta</i>	N			Not US based	AM

<i>Paediatrica</i> , 109(9), 1778–1786. https://doi.org/10.1111/apa.15185					
Schultz-Krohn, W. (2004). The meaning of family routines in a homeless shelter. <i>American Journal of Occupational Therapy</i> , 58(5), 531–542. https://doi.org/10.5014/ajot.58.5.531	N 160			Year	AM
Seimyr, L., Edhborg, M., Lundh, W., & Sjögren, B. (2004). In the shadow of maternal depressed mood: Experiences of parenthood during the first year after childbirth. <i>Journal of Psychosomatic Obstetrics & Gynecology</i> , 25(1), 23–34. https://doi.org/10.1080/01674820410001737414	N			Year	AM
Séjourné, N., Sanchez-Rodriguez, R., Leboullenger, A., & Callahan, S. (2018). Maternal burn-out: An exploratory study. <i>Journal of Reproductive and Infant Psychology</i> , 35(3), 276–288. https://doi.org/10.1080/02646838.2018.1437896	N			Not US based	AM
Seruya, F. M., Celio, M., Feit, E., Ottomanelli, D., & Tirado, A. (2021). Caregiver Coaching in early intervention: A scoping review. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512510262p1. https://doi.org/10.5014/ajot.2021.75S2-RP262	N			Only child based outcomes	AM
Seruya, F. M., Feit, E., Tirado, A., Ottomanelli, D., & Celio, M. (2022). Caregiver coaching in early intervention: A scoping review. <i>The American Journal of Occupational Therapy</i> , 76(4), 7604205070. https://doi.org/10.5014/ajot.2022.049143	N			Only child based outcomes	AM
Shorey, S., & Ang, L. (2019). Experiences, needs, and perceptions of paternal involvement during the first year after their infants' birth: A meta-synthesis. <i>PLOS ONE</i> , 14(1), e0210388. https://doi.org/10.1371/journal.pone.0210388	N			Not US based	AM
Shorey, S., Ang, L., Goh, E. C. L., & Gandhi, M. (2019). Factors influencing paternal involvement during infancy: A prospective longitudinal study. <i>Journal of Advanced Nursing (John Wiley & Sons, Inc.)</i> , 75(2), 357–367. https://doi.org/10.1111/jan.13848	N			Not US based	AM

Shorey, S., Ying, L., & Yobas, P. (2021). Parenting outcomes and predictors of parenting satisfaction in the early postpartum period. <i>Western Journal of Nursing Research</i> , 43(1), 13–24. https://doi.org/10.1177/0193945920914593	N			Not US based	AM
Skafida V, & Skafida, V. (2009). The relative importance of social class and maternal education for breast-feeding initiation. <i>Public Health Nutrition</i> , 12(12), 2285–2292. https://doi.org/10.1017/S1368980009004947	N			Year	AM
Slootjes, H., McKinstry, C., & Kenny, A. (2016). Maternal role transition: Why new mothers need occupational therapists. <i>Australian Occupational Therapy Journal</i> , 63(2), 130–133. https://doi.org/10.1111/1440-1630.12225	N			Not US based, not research	AM
Smit EM. (2010). International adoption families: A unique health care journey. <i>Pediatric Nursing</i> , 36(5), 253–258.	N 170			Year	AM
Smith, A., Karpf, M., Jow, M., Jardon, M., Yu, T., & Hutchins, B. (2019). Mothers' experiences with infant co-occupations after NICU discharge. <i>The American Journal of Occupational Therapy</i> , 73(4_Supplement_1), 7311505075p1. https://doi.org/10.5014/ajot.2019.73S1-PO1014	Y				AM
Smith, A., Kastelz, E., Moini, A., Strutner, E., Ingersoll, E., & Le, J. (2019). Breastfeeding in the Neonatal Intensive Care Unit (NICU): Surveying OT practices. <i>The American Journal of Occupational Therapy</i> , 73(4_Supplement_1), 7311505168p1. https://doi.org/10.5014/ajot.2019.73S1-PO6017	M			NICU only	AM
Snyder, K., Hulse, E., Dingman, H., Cantrell, A., Hanson, C., & Dinkel, D. (2021). Examining supports and barriers to breastfeeding through a socio-ecological lens: A qualitative study. <i>International Breastfeeding Journal</i> , 16(1), 1–8. https://doi.org/10.1186/s13006-021-00401-4	Y				AM
South, S. C., Foli, K. J., & Lim, E. (2013). Predictors of relationship satisfaction in adoptive mothers. <i>Journal of Social and Personal Relationships</i> , 30(5), 545–563. https://doi.org/10.1177/0265407512462681	Y				AM

Sponseller, L., Silverman, F., & Roberts, P. (2021). Exploring the role of occupational therapy with mothers who breastfeed. <i>The American Journal of Occupational Therapy</i> , 75(5), 7505205110. https://doi.org/10.5014/ajot.2021.041269	Y				AM
Stewart, K. B., & Meyer, L. (2004). Parent-child interactions and everyday routines in young children with failure to thrive. <i>The American Journal of Occupational Therapy</i> , 58(3), 342-346. https://doi.org/10.5014/ajot.58.3.342	N			Year	AM
Stewart-Glenn, J. (2014). "I've accomplished something here" The lived experience of employed breastfeeding mothers: A phenomenological analysis. <i>Journal of Pediatric Healthcare</i> , 28(6), e52-3. https://doi.org/10.1016/j.pedhc.2014.08.008	Y				AM
STOVALL-McCLOUGH, K. C., & Dozier, M. (2004). Forming attachments in foster care: Infant attachment behaviors during the first 2 months of placement. <i>Development and Psychopathology</i> , 16(2), 253-271. https://doi.org/10.1017/S0954579404044505	N			Year	AM
Stover, C. S. (2015). Fathers for change for substance use and intimate partner violence: Initial community pilot. <i>Family Process</i> , 54(4), 600-609. https://doi.org/10.1111/famp.12136	M			Unsure if intervention is relevant to OT	AM
Strauss, Z., Avrech Bar, M., & Stanger, V. (2019). Fatherhood of a premature infant: "A rough roller-coaster ride." <i>Journal of Family Issues</i> , 40(8), 982-1000. https://doi.org/10.1177/0192513X19832939	N			Not US based	AM
Sun, X., McHale, S. M., & Crouter, A. C. (2020). Perceived underemployment and couple relationships among African American parents: A dyadic approach. <i>Cultural Diversity & Ethnic Minority Psychology</i> , 26(1), 82-91. https://doi.org/10.1037/cdp0000285	N			Children too old	AM
Svavarsdottir, E. K., Kamban, S. W., Konradsdottir, E., & Sigurdardottir, A. O. (2020). The impact of family strengths oriented therapeutic conversations on parents of children with a new chronic illness diagnosis. <i>Journal of Family Nursing</i> , 26(3), 269-281. https://doi.org/10.1177/1074840720940674	N			Not US based	AM

Szucs, K. A., Axline, S. E., & Rosenman, M. B. (2010). Induced lactation and exclusive breast milk feeding of adopted premature twins. <i>Journal of Human Lactation</i> , 26(3), 309–313. https://doi.org/10.1177/0890334410371210	N			Not OT intervention	AM
Talmon, A., Finzi-Dottan, R., & Ginzburg, K. (2021). 'I will love you (me) forever'—A longitudinal study of narcissism and emotional adjustment during the transition to motherhood. <i>Personality Disorders: Theory, Research, and Treatment</i> , 12(6), 534–545. https://doi.org/10.1037/per0000442	N			Not US based	AM
Taubman - Ben-Ari, O., Ben-Yaakov, O., & Chasson, M. (2021). Parenting stress among new parents before and during the COVID-19 pandemic. <i>Child Abuse & Neglect</i> , 117. https://doi.org/10.1016/j.chiabu.2021.105080	Y				AM
Thomas, N., Komiti, A., & Judd, F. (2014). Pilot early intervention antenatal group program for pregnant women with anxiety and depression. <i>Archives of Women's Mental Health</i> , 17(6), 503–509. https://doi.org/10.1007/s00737-014-0447-2	N			Not US based	AM
Thompson, A. L., Wasser, H., Nulty, A., & Bentley, M. E. (2021). Feeding style profiles are associated with maternal and infant characteristics and infant feeding practices and weight outcomes in African American mothers and infants. <i>Appetite</i> , 160, 105084. https://doi.org/10.1016/j.appet.2020.105084	N			Outcomes only focused on children	AM
Thomson, A., Glasson, E., Roberts, P., & Bittles, A. (2017). "Over time it just becomes easier...": Parents of people with Angelman syndrome and Prader–Willi syndrome speak about their carer role. <i>Disability & Rehabilitation</i> , 39(9), 763–770. https://doi.org/10.3109/09638288.2016.1161838	N 180			Not US based	AM
Tombeau Cost, K., Jonas, W., Unternaehrer, E., Dudin, A., Szatmari, P., Gaudreau, H., Kennedy, J., Atkinson, L., Steiner, M., Meaney, M., & Fleming, A. (2018). Maternal perceptions of paternal investment are associated with relationship satisfaction and breastfeeding duration in humans. <i>Journal of Family Psychology</i> , 32(8), 1025–1035. https://doi.org/10.1037/fam0000468	N			Not US based	AM

Turner, K. A., Cohn, E. S., & Koomar, J. (2012). Mothering when mothers and children both have sensory processing challenges. <i>British Journal of Occupational Therapy</i> , 75(10), 449–455. https://doi.org/10.4276/030802212X13496921049626	Y				AM
Tzu-Ying Lee, Miles, M. S., & Holditch-Davis, D. (2006). Fathers' support to mothers of medically fragile infants. <i>JOGNN: Journal of Obstetric, Gynecologic & Neonatal Nursing</i> , 35(1), 46–55. https://doi.org/10.1111/j.1552-6909.2006.00015.x	N			Year	AM
Valizadeh, S., Hosseinzadeh, M., Mohammadi, E., Hassankhani, H., M. Fooladi, M., & Schmied, V. (2017). Addressing barriers to health: Experiences of breastfeeding mothers after returning to work. <i>Nursing & Health Sciences</i> , 19(1), 105–111. https://doi.org/10.1111/nhs.12324	N			Not US based	AM
Van Acker, F., Bakker, E., & Van, F. (2012). A functional assessment of the impact of advantages and disadvantages on breastfeeding attitude. <i>Psicologica</i> , 33.	N			Not US based	AM
Van Andel, H., Post, W., Jansen, L., Van der Gaag, R. J., Knorth, E., & Grietens, H. (2016). Optimizing foster family placement for infants and toddlers: A randomized controlled trial on the effect of the foster family intervention. <i>The American Journal of Orthopsychiatry</i> , 86(3), 332–344. https://doi.org/10.1037/ort0000162	N			Child ages	AM
Van Andel, H. w. h., Post, W. j., Jansen, L. m. c., Kamphuis, J. s., Van der Gaag, R. j., Knorth, E. j., & Grietens, H. (2015). The developing relationship between recently placed foster infants and toddlers and their foster carers: Do demographic factors, placement characteristics and biological stress markers matter? <i>Children & Youth Services Review</i> , 58, 219–226. https://doi.org/10.1016/j.childyouth.2015.10.003	Y				AM

VanLeit, B., & Crowe, T. K. (2002). Outcomes of an occupational therapy program for mothers of children with disabilities: Impact on satisfaction with time use and occupational performance. <i>The American Journal of Occupational Therapy</i> , 56(4), 402–410. https://doi.org/10.5014/ajot.56.4.402	N			Children ages	AM
Varney Whitney, R. (2021). Understanding the role of adverse childhood experiences (ACEs) on family quality of life: A descriptive case study using the occupational profile. <i>The American Journal of Occupational Therapy</i> , 75(Supplement_2), 7512515372p1. https://doi.org/10.5014/ajot.2021.75S2-RP372	Y				AM
Vasak, M., Williamson, J., Garden, J., & Zwicker, J. G. (2015). Sensory processing and sleep in typically developing infants and toddlers. <i>The American Journal of Occupational Therapy</i> , 69(4), 6904220040p1-6904220040p8. https://doi.org/10.5014/ajot.2015.015891	N			Only child outcomes	AM
Veenendaal, N. R., Deierl, A., Bacchini, F., O'Brien, K., & Franck, L. S. (2021). Supporting parents as essential care partners in neonatal units during the SARS-COV-2 pandemic. <i>Acta Paediatrica</i> , 110(7), 2008–2022. https://doi.org/10.1111/apa.15857	M			NICU specific	AM
Verma, V., Barnabas, S., & Victor, B. (2015). Assessment of the general breastfeeding practices of postnatal mothers. <i>International Journal of Caring Sciences</i> , 8(3), 641–646.	N			Not US based	AM
Visser, M., Nel, M., la Cock, T., Labuschagne, N., Lindeque, W., Malan, A., & Viljoen, C. (2016). Breastfeeding among mothers in the public health sector: The role of the occupational therapist. <i>South African Journal of Occupational Therapy</i> , 46(2), 65–72. https://doi.org/10.17159/2310-3833/2016/v46n2a11	N			Not US based	AM
Wada, M., Backman, C. L., & Forwell, S. J. (2015). Men's discursive constructions of balance in everyday life. <i>Community, Work & Family</i> , 18(1), 117–133. https://doi.org/10.1080/13668803.2014.965662	N 190			Not US based	AM

Waldman-Levi, A., Finzi-Dottan, R., & Cope, A. (2020). Mother-child joint play: The role of maternal caregiving and reflective function. <i>Journal of Child and Family Studies</i> , 29(1), 94–104. https://doi.org/10.1007/s10826-019-01638-8	N			Children ages	AM
Waldman-Levi, A., & Weintraub, N. (2014). Efficacy of a crisis intervention in improving mother-child interaction and children's play functioning. <i>The American Journal of Occupational Therapy</i> , 69(1), 6901220020p1-6901220020p11. https://doi.org/10.5014/ajot.2015.013375	N			Not US based	AM
Wallace, J. E. (2008). Parenthood and commitment to the legal profession: Are mothers less committed than fathers? <i>Journal of Family and Economic Issues</i> , 29(3), 478–495. https://doi.org/10.1007/s10834-008-9113-z	N			Year	AM
Wang, D., Li, Y.-L., Qiu, D., & Xiao, S.-Y. (2021). Factors influencing paternal postpartum depression: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 293, 51–63. https://doi.org/10.1016/j.jad.2021.05.088	Y				AM
Wang, M., Summers, J. A., Little, T., Turnbull, A., Poston, D., & Mannan, H. (2006). Perspectives of fathers and mothers of children in early intervention programmes in assessing family quality of life. <i>Journal of Intellectual Disability Research</i> , 50(12), 977–988. https://doi.org/10.1111/j.1365-2788.2006.00932.x	N			Year	AM
Ward, T. C. S. (2015). Reasons for mother-infant bed-sharing: A systematic narrative synthesis of the literature and implications for future research. <i>Maternal and Child Health Journal</i> , 19(3), 675–690. https://doi.org/10.1007/s10995-014-1557-1	Y				AM
Wee, K. Y., Skouteris, H., Pier, C., Richardson, B., & Milgrom, J. (2011). Correlates of ante- and postnatal depression in fathers: A systematic review. <i>Journal of Affective Disorders</i> , 130(3), 358–377. https://doi.org/10.1016/j.jad.2010.06.019	N			Year	AM

Wells, M. B., Kerstis, B., & Andersson, E. (2021). Impacted family equality, self-confidence and loneliness: A cross-sectional study of first-time and multi-time fathers' satisfaction with prenatal and postnatal father groups in Sweden. <i>Scandinavian Journal of Caring Sciences</i> , 35(3), 844–852. https://doi.org/10.1111/scs.12900	N			Not US based	AM
Williams, B., & Chard, G. (2019). The usefulness of the Evaluation of Social Interaction in a mother and baby mental health unit. <i>British Journal of Occupational Therapy</i> , 82(9), 582–587. https://doi.org/10.1177/0308022619835399	N			Not US based	AM
Wilson, K. L., Glebova, T., Davis, S., & Seshadri, G. (2017). Adolescent mothers in foster care: Relational ethics, depressive symptoms and health problems through a contextual therapy lens. <i>Contemporary Family Therapy</i> , 39(3), 150–161. https://doi.org/10.1007/s10591-017-9417-y	N			Not OT intervention	AM
Yarger, H. A., Bernard, K., Caron, E. B., Wallin, A., & Dozier, M. (2020). Enhancing parenting quality for young children adopted internationally: Results of a randomized controlled trial. <i>Journal of Clinical Child and Adolescent Psychology: The Official Journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53</i> , 49(3), 378–390. https://doi.org/10.1080/15374416.2018.1547972	Y				AM
Yu, K., & Perez, M. (2020). The association between maternal criticism and body dissatisfaction on disordered eating pathology across racial and ethnic groups. <i>Cultural Diversity and Ethnic Minority Psychology</i> , 26(1), 61–70. https://doi.org/10.1037/cdp0000277	N			Children ages	AM
Zanardo, V., Straface, G., Benevento, B., Gambina, I., Cavallin, F., & Trevisanuto, D. (2014). Symptoms of eating disorders and feeding practices in obese mothers. <i>Early Human Development</i> , 90(2), 93–96. https://doi.org/10.1016/j.earlhumdev.2013.12.006	N			Not OT intervention	AM

Zilanawala, A. (2017). Maternal nonstandard work schedules and breastfeeding behaviors. <i>Maternal & Child Health Journal</i> , 21(6), 1308–1317. https://doi.org/10.1007/s10995-016-2233-4	N 201			Not US based	AM
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Appendix C: Postpartum Care Survey Questions

Postpartum Care For Parents/Caregivers Survey

The purpose of this survey is to develop a needs assessment for a Tacoma-based occupational therapist who is interested in determining occupational therapy service opportunities for postpartum parents and caregivers here in Pierce County. The literature suggests there may be opportunities for occupational therapy services in areas such as handling/positioning, breastfeeding, social-emotional support, and role identification.

Please complete the following survey to help us identify the current community needs.

Thank you for taking the time and consideration to answer our questions!

Which of these best describes you? *

- OB/GYN
- Doula
- Certified Professional Midwife (CPM)
- Certified Nurse Midwife (CNM)
- Other: _____

How familiar are you with occupational therapy (OT)? *

	have no idea	know a little bit	am familiar	know all about OT
I...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Have you ever worked with an occupational therapist in providing postpartum care before? *

- Yes, several times
- Yes, once
- Never

Please answer the following questions to the best of your ability: *

What portion of your clientele...

	None	Less than half	Half	More than half	All
Express concerns regarding their breastfeeding abilities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experiences wrist pain?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experiences depression or anxiety?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experiences difficulty in adjusting to the role of being a parent/caregiver?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How interested would you be in working with an occupational therapist to provide care for your clients during the postpartum period? *

	not interested	slightly interested	quite a bit interested	very much interested
I am...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

We are exploring the possibility of providing occupational therapy services for new parents/caregivers including increasing quality of life and increasing postpartum service availability.

If you are interested being contacted to participate in a *brief 30 minute* interview in person or over Zoom, please leave your **name** and **preferred email** or **phone number** below:

Your answer _____

Appendix D: Postpartum Care Interview Questions

1. What is your practice setting?
2. Tell us a little bit about your typical client population
3. How many clients do you see on a weekly basis?
4. Do you receive referrals? Where do they usually come from?
5. Do you interact with many clients postpartum - how far into the 4th trimester? [Tell me about your role in postpartum care...]
6. What are the biggest issues you see in your clients?
 - a. Do your clients express difficulty with role changes, e.g. becoming a new mother?
 - b. Wrist pain?
 - c. Breastfeeding?
 - d. Depression and Anxiety?
7. What is your role in addressing these issues? [I'm guessing this will come a little more naturally based on what you hear from the previous question - and might be more tailored to their interviewee's response. "Tell me more about what resources you see available to your clients who experience challenges... Any gaps in the resources?"
 - a. How do you go about addressing each of these?
 - b. What resources do you currently provide to postpartum parents?
8. What (if any) gaps (or opportunities) in care do you see?
9. What other healthcare professions do you work with regularly?
 - a. Have you ever worked with an occupational therapist as part of a postpartum care team? If so, can you share an example of how that collaboration was beneficial (or detrimental) for your client?
10. What do you think are the key factors that need to be considered when designing a postpartum care plan that includes doula and OT services?
11. Are there any specific challenges or limitations that you have encountered when supporting clients in their postpartum recovery that you think an OT could help address?

Appendix E: SWOT Analysis



Appendix F: Workflow Table

Knowledge Translation Project Tasks and Due Dates

Task/product	Deadline Date	Steps to complete task/product	Date(s) of completion
Disperse survey to healthcare practitioners	February 17, 2023	<ol style="list-style-type: none"> 1) Design the survey by January 30, 2023 2) Send out pilot survey to a practitioner for feedback on readability by February 10, 2023 3) Gather practitioner contact information by February 15, 2023 4) Make revisions to survey and send out final survey form by February 17, 2023 	<ol style="list-style-type: none"> 1) January 30, 2023 2) February 10, 2023 3) February 15, 2023 4) February 17, 2023
Conduct 30 minute semi-structured interviews with interested practitioners from the survey	March 24, 2023	<ol style="list-style-type: none"> 1) Send out email with a scheduling link for the semi-structured interview to interested practitioners by March 3, 2023 2) Create questions to ask during the semi-structured interview by March 3, 2023 3) Conduct semi-structured interview 1 by March 24, 2023 4) Conduct semi-structured interview 2 by March 24, 2023 	<ol style="list-style-type: none"> 1) March 3, 2023 2) March 3, 2023 3) In progress 4) March 21, 2023
SWOT Analysis	April 2, 2023	<ol style="list-style-type: none"> 1) Complete additional demographic research to supplement information gained from CAT, survey results, and interviews by March 8, 2023 2) Formulate SWOT analysis on Canva by March 21, 2023 3) Send SWOT analysis to chair for review by March 26, 2023 4) Send completed and revised final SWOT analysis to collaborator 	<ol style="list-style-type: none"> 1) March 21, 2023 2) March 21, 2023 3) March 21, 2023 4) In progress

Acknowledgments

The researchers would like to thank Aimee Sidhu, OTD, OTR/L and Maggie Hayes, OTD, OTR/L for their guidance and countless edits over the course of this research project. Additionally, we would like to thank Julie Schaefer, MSOT, OTR/L for her initial interest in this topic and for acknowledging the need for this research. We are also grateful to our eight survey respondents, the healthcare practitioners specializing in postpartum care in the Tacoma area, for taking the consideration to fill out our postpartum care survey and especially to Kay Jackson, CNM for taking the time to schedule an interview with us to share her knowledge and experience of being a certified nurse midwife. We could not have completed this project without any of the aforementioned individuals.

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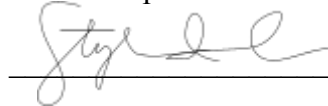
Date: 3/29/23



Signature of MSOT/OTD Student

Name: Stephanie Iwasaki

Date: 3/29/23



Signature of MSOT/OTD Student

Name: Kelli Kawamoto

Date: 3/29/23



Signature of MSOT/OTD Student

Name: Alexa Mahoney

Date: 3/29/23



Signature of MSOT/OTD Student