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Centers for Mendelian Genomics: A decade of facilitating gene discovery

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Ethics Declaration

Informed consent was obtained by collaborators for all participants in studies across the Centers for Mendelian Genomics (CMGs), and individual-level data, including genomics and clinical data, were de-identified and coded by our collaborators before submission to the CMGs. The participants' samples used for this study were obtained from multiple institutions, and each CMG (Baylor-Hopkins, Baylor College of Medicine Institutional Review Board [IRB] and Johns Hopkins Medicine IRB; Broad Institute of MIT and Harvard, Mass General Brigham IRB; University of Washington, University of Washington IRB; Yale, Yale University IRB) was responsible for submitting to their own IRB to receive local approval. There was no central IRB for this consortium; however, the main IRB for this publication is Broad Institute of MIT and Harvard, Mass General Brigham IRB.

Conflict of Interest

Baylor College of Medicine and Miraca Holdings Inc have formed a joint venture with shared ownership and governance of Baylor Genetics, formerly the Baylor Miraca Genetics Laboratories, which performs clinical ES and chromosomal microarray analysis for genome-wide detection of copy number variants. J.R.L. serves on the Scientific Advisory Board of Baylor Genetics. J.R.L. has stock ownership in 23andMe, is a paid consultant for Regeneron Pharmaceuticals, and is a coinventor on multiple United States and European patents related to molecular diagnostics for inherited neuropathies, eye diseases, and bacterial genomic fingerprinting. H.L.R. receives funding from Illumina to support rare disease gene discovery and diagnosis. Consortium author conflicts of interest are listed in the Supplement. All other authors have no disclosures relevant to the manuscript.

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Abstract

Purpose: Mendelian disease genomic research has undergone a massive transformation over the past decade. With increasing availability of exome and genome sequencing, the role of Mendelian research has expanded beyond data collection, sequencing, and analysis to worldwide data sharing and collaboration.

Methods: Over the past 10 years, the National Institutes of Health–supported Centers for Mendelian Genomics (CMGs) have played a major role in this research and clinical evolution.

Results: We highlight the cumulative gene discoveries facilitated by the program, biomedical research leveraged by the approach, and the larger impact on the research community. Beyond generating a list of gene-phenotype relationships and participating in widespread data sharing, the CMGs have created resources, tools, and training for the larger community to foster understanding

of genes and genome variation. The CMGs have participated in a wide range of data sharing activities, including deposition of all eligible CMG data into the Analysis, Visualization, and Informatics Lab-space (AnVIL), sharing candidate genes through the Matchmaker Exchange and the CMG website, and sharing variants in Genotypes to Mendelian Phenotypes (Geno2MP) and VariantMatcher.

Conclusion: The work is far from complete; strengthening communication between research and clinical realms, continued development and sharing of knowledge and tools, and improving access to richly characterized data sets are all required to diagnose the remaining molecularly undiagnosed patients.

Keywords

Centers for Mendelian Genomics (CMG); Data sharing; Mendelian conditions; Novel gene-disease discovery; Rare disease tools

Introduction

The completion of the first human reference genome in 2001, complemented by the rapid development of next-generation sequencing (NGS), brought about a paradigm shift in the field of human genetics and Mendelian disease research. Candidate gene sequencing, positional cloning, and physical mapping of genes were rapidly replaced when NGS technologies enabled routine examination of all annotated human coding regions in the assayable genome, ie, the exome, in a single analysis. By 2010, it was clear that NGS methods, particularly exome sequencing (ES), offered a robust approach to identify candidate novel disease genes and molecular diagnoses.¹⁻⁵ With these advancements, it was now possible to study Mendelian conditions in a rapid and cost-effective manner. High-throughput sequencing approaches lent themselves to coordination through national programs, allowing for efficient generation of high-quality genomic data analyzed through rigorous sustainable pipelines. Effectively finding causes for the rarest of diseases requires expanding the reach of genomic research through training more clinicians and researchers in genomic analysis and a robust infrastructure that supports data sharing and interdisciplinary collaborative research.

With a focus on identifying the causative variants in the genes responsible for all Mendelian phenotypes, several national and international efforts were quickly developed and included collaborative efforts such as the FORGE Canada Consortium (now referred to as the Care4Rare Canada Consortium),⁶ Deciphering Developmental Disorders in the UK study,⁷ Undiagnosed Diseases Network in the United States,⁸ and the International Rare Diseases Research Consortium.⁹ In 2011, the National Human Genome Research Institute (NHGRI) within the United States National Institutes of Health (NIH) established the Centers for Mendelian Genomics (CMGs), with additional support from the National Heart, Lung, and Blood Institute and, later, the National Eye Institute. The need for common infrastructure, workflows, and methods development across all disease areas provided the rationale for a centralized CMG structure that could support national and international collaborative efforts with clinicians and researchers who might not otherwise have the necessary resources or environments to engage in genomic research, thus truly opening the door to the

study of all Mendelian conditions. The goal of the CMG program was to accelerate the identification of genetic variation underlying Mendelian conditions leveraging genome-wide NGS technologies and to disseminate discoveries, approaches, and technology broadly to drive discovery worldwide.¹⁰ The consortium initially consisted of 3 centers¹¹: Baylor-Hopkins CMG, University of Washington CMG, and Yale CMG. A fourth center, Broad Institute of MIT and Harvard CMG, was added during the second phase¹² of the consortium. Now in the final year of funding, we highlight our achievements through discoveries, data sharing, tools, and impact on the community as well as reflect on the remaining challenges and lessons learned from a decade of gene discovery. We have learned much from the CMGs, and although the CMG program has come to an end, a new NHGRI-funded program, the Genomics Research to Elucidate the Genetics of Rare Diseases Consortium (GREGoR), launched in 2021. GREGoR's mandate is to sequence, identify, and validate disease-contributing genes and variants in families for whom current approaches have failed to find a molecular diagnosis, essentially developing approaches to solve the unsolved Mendelian disease cases and families.

The Importance of Collaboration in Mendelian Gene Discovery

The rarity and diversity of Mendelian diseases require that we cast a broad net across the human population to meet our goal of complete enumeration of Mendelian disease genes. Accordingly, the 4 CMGs collaborated directly with 2283 researchers during the last decade. Through extended collaborations and publications, the CMGs worked with 11,771 researchers across 2773 institutions in 90 countries. Building this vast collaborative network required global outreach efforts, including advertisements in journals, seminars at conferences, educational courses, boots on the ground-style recruitment, and word of mouth from collaborators. Collaborators brought DNA samples from deeply phenotyped, unsolved families affected by rare disease who consented for genomic studies and data sharing; CMGs provided sequencing, data processing, and data sharing, and analysis was done in collaboration through joint distributive research efforts. Although collaboration styles varied based on preferences of individual CMGs and collaborators, often CMGs would perform initial genomic analyses to prioritize a short list of high priority candidate variants for each proband/family that could be discussed in consultation with the collaborator. Collaborators typically pursued the variants of interest to gather additional cases, performed functional studies, synthesized the science, and wrote the findings, often with resources and support from CMGs.

Most successful discoveries required collaboration that extended beyond a single CMG and collaborator. In an analysis of the CMG's gene discovery publications, we found that >90% involved more than 1 institution contributing cases to the publication, highlighting the fundamental role of collaboration in solving Mendelian disease. These connections are often made via data-sharing platforms and activities, which have become a critical component to gene discovery.¹³

In 10 years, CMGs have contributed to 961 manuscripts by providing sequencing data, analysis, methods development, and training in genomic analysis. CMGs have generated 75,573 exomes, 3876 genomes, 714 transcriptomes through RNA sequencing (RNA-seq),

and 385 methylation arrays across 28,991 families (Figure 1). The general strategy was to sequence trios or probands that had prior gene panel testing to exclude known genetic causes of disease, although as exome prices fell over the course of the program, this became less pragmatic, particularly for samples from individuals with limited health care access.

Track record in discovering gene-disease relationships

Remarkably, the rate of CMG discovery has continued on a fairly constant trajectory over the decade of the program.^{11,12} The CMGs have contributed to the identification of 1637 new disease-gene relationships (172/year) and 2270 candidates (239/year) over the course of the program (Table 1). Details of each novel gene-disease relationship are provided in Supplemental Table 1. This continued rate of discovery tells us that there are still more Mendelian genes to be found and that ongoing sequencing efforts should continue to be fruitful.

There are intriguing observations and interesting trends in the success of gene-disease discovery efforts across organ systems, although we note the caveat that efforts have not been applied evenly. Much effort has focused on neuro-developmental conditions and syndromic disorders where there has been a continued high rate of gene-disease discovery (Figure 2). For cases where only a single system was impacted, disorders of blood and blood-forming tissues, metabolism/homeostasis, the immune system, integument, and the nervous system have the highest rates of novel findings. When multiple systems are involved, involvement of the skeletal system or connective tissue has the highest rate of findings (including known gene-disease relationships, novel gene-disease relationship discoveries, and candidates). Skeletal abnormalities or involvement of the immune system had the highest novel discovery rate. For ear, eye, kidney, connective tissue, and muscle phenotypes, some new genes have been identified, but many cases were solved with variants in genes that have known gene-phenotype relationships in OMIM. Solving many of these cases required additional data types, including RNA-seq or targeted splicing assays, long-read sequencing, and methylation analysis.^{14–17}

The CMGs have contributed to the discovery of 778 phenotypic expansions associated with previously established disease genes. Such discoveries represent an important contribution to both the research and clinical fields because the full phenotypic spectrum of a Mendelian disease, or the set of phenotypes associated with a genomic locus, may not be fully revealed at the time of the initial disease-gene discovery. Indeed, approximately 961 genes, or 24% of genes implicated in Mendelian disease, now have more than 1 phenotype associated with the gene.^{18,19} The rate of disease-gene discovery continues to outpace that of phenotype expansion, highlighting the continued need for dedicated research programs. Many of the CMG discoveries are also uncovering molecular and biological processes that can inform therapeutic intervention or management, ranging from existing medications known to impact a particular metabolic pathway or ion channel, to avoidance of certain medications, to novel molecular interventions.^{20–24}

Impact on the Rare Disease Community

To advance discovery of the underlying basis of Mendelian disease, interactions with clinical laboratories are important, both to relay discoveries more rapidly and efficiently than the peer review publication process allows and to access primary evidence from patient testing. However, navigating the clinical research boundaries can be challenging. Many genes discovered and published through traditional research still lack the evidence required to definitively establish a role in disease and enable the molecular diagnosis of patient symptomatology.^{25,26} Including genes with limited evidence on clinical testing panels increases the number of variants of uncertain significance on patient's test results without increasing yield, which has led many labs to set a threshold of evidence for genes to be included on clinical test reports. Giving patients uncertain results can distract them from pursuing other causes of disease yet, in other circumstances, empower them to engage in the research process. Thus, researchers, clinical labs, and patients must work together to share primary evidence, build the clinical genomic knowledgebase, and ensure rapid translation of discoveries to patient care.

Thus far, the CMGs have contributed to 419 publications describing novel gene-disease discoveries and candidate gene-disease relationships, whereas another 163 articles have added to the understanding of known gene-disease relationships. To date, 23.2% (379) of the 1637 novel gene-disease discoveries have been published in peer-reviewed journals. Many of the CMG discoveries and candidates are still in the process of gathering cases and functional data or going through the peer review publication process.

Although the primary goal of CMGs was gene discovery, their impact on the genetic community goes beyond establishing or clarifying gene-disease relationships. Through community outreach, training, and data sharing, the CMGs provided students, clinician-scientists, and investigators with the training and tools to discover new Mendelian disease genes. The CMGs provided educational and networking opportunities by hosting in-person courses attended by over 300 analysts and researchers, including the Mendelian Data Analysis Workshop (University of Washington), Interpreting Genomes for Rare Disease (Broad), and McKusick Short Course in Human and Mammalian Genetics (Baylor-Hopkins). The CMGs have enabled researchers and clinicians investigating rare Mendelian diseases around the world to access gene discovery techniques, including those in countries where access to research opportunities is limited, such as the Democratic Republic of the Congo,²⁷ South Africa, Kenya, Egypt,^{28,29} Iraq,³⁰ Chile,^{31,32} Turkey,^{33–35} and Lithuania. For some, this has involved training opportunities within a CMG-affiliated laboratory, whereas for others, learning happened through collaborative meetings to discuss analysis results on teleconferences.

To better understand the impact of the CMG program, we surveyed CMG collaborators in early 2021. A total of 206 responses were collected, including collaborators from basic research (37%), clinical research (33%), clinical practice (24%), and diagnostic laboratories (6%). Most were senior investigators with >10 years of experience (63%), although junior faculty with <5 years (9%) and 5–10 years of experience (20%) were also well represented, whereas some were not in faculty positions (8%). Overall, 70% reported starting new

collaborations because of their work with a CMG, and 76% were more likely to share data after working with CMGs. Most collaborators (69%) clinically confirm and return results identified through the CMG to the rare disease families, but several groups were unable to because of insufficient resources.

Sharing Data to Improve Rare Disease Diagnosis

Given the genetic heterogeneity and rarity of Mendelian disease and the diversity of our species, rapid and international data sharing is critical to build sufficient evidence to unambiguously identify novel gene-disease relationships. Many of the discoveries made by the CMGs were only possible because of collaborations, which were necessary for obtaining enough samples to convincingly associate a gene with a given phenotype. Data sharing is another key element in helping researchers with related cases find each other and work together.

Approaches that share only the results or top candidates from sequencing studies are inadequate to maximize discovery rates, because not all pathogenic variants are equally recognizable. Mendelian disease investigators therefore should design the infrastructure of each study in such a way that enables easy sharing of both the genomic data and accompanying phenotype and other metadata.

The CMGs have committed to rapid and extensive data sharing (Table 2), developing new platforms accessible to the global community and requiring participation by all CMG collaborators to the benefit of other researchers and patients with rare diseases. The CMGs share data using a variety of tools that support 1 of 3 primary modes of sharing: connecting 2 parties that each have a predefined candidate gene regardless of whether the variants in those genes are the same or different (two-sided matching); allowing one party to query another party's primary data for any variant or certain types of variants (predicted loss-of-function variants, biallelic rare variants, etc.) in a particular candidate gene (one-sided matching); or allowing credentialed researchers who apply for access to the data to directly analyze cohorts of read-level sequence data (shared via CRAM files) and detailed metadata in structured files to make discoveries in the absence of any identified gene candidates (zero-sided matching). By participating in multiple types of data sharing, CMG-sequenced data is made accessible to the broadest possible range of researchers and use-cases across the rare disease community.

Sharing for two-sided matching (both parties have gene candidates for their cases)

Two-sided matching historically occurred through parties listing and/or searching for genes of interest on websites, using search engines such as Google as the matcher, or emailing inquiries to colleagues. This method can be error prone and time consuming and lead to either overly inclusive or limited results. However, websites such as ClinVar or mendelian.org allow for data to be shared quickly and openly to anyone with internet access. More recently, informatics have been used to create genomics match-making tools

that allow matching based on gene and/or phenotype. The CMGs have contributed to both website-based and informatics-enabled matching.

CMG website

The coordinating center of the NHGRI Genome Sequencing Program has created a website to disseminate information arising from the CMG program (<http://mendelian.org/>). This site hosts a searchable list of phenotypes under investigation, including novel gene-phenotype relationships (<http://mendelian.org/phenotypes-genes>), and a list of all publications that acknowledge CMG support.

Matchmaker Exchange

Matchmaker Exchange (MME)¹³ plays a critical role in facilitating the aggregation of individual cases with variants in a given candidate gene. MME is a federated network designed to connect databases of gene candidates and phenotypic data via a common application programming interface. It allows for computational ranking of matches by phenotype and enables collaborators to connect for follow-up and more detailed manual comparisons of phenotypes.³⁶ In addition to committing to sharing candidate genes to MME, the CMGs have also contributed to this platform by building 3 of the 8 current nodes (Gene-Matcher,³⁷ MyGene2,³⁸ and *seqr*³⁹; Table 3).

ClinVar

In addition to facilitating novel gene-disease relationships and increasing solve rates, data generated by the CMGs can be valuable for many other clinical and research uses, including clinical molecular diagnosis, characterizing the natural history of disease, and providing the foundational data to catalyze interventional and disease mitigation therapeutic strategies. To support these efforts, the CMGs have committed to sharing all published variants and supporting evidence to ClinVar, an open-source database that collects and reports variant and phenotype relationships. Since the inception of the program, the CMGs have together submitted over 4200 variants, along with supporting evidence summaries, to ClinVar. The center-specific names and pages can be found in Supplemental Table 2.

Sharing for one-sided matching (only one party has a gene candidate and wishes to query other primary data sets to find a match that was not previously recognized by the other party)

Although two-sided matching is helpful when both parties share a gene or phenotype of interest, many researchers have cases that do not yet have an identified candidate gene. In addition to these unsolved cases, there remain many candidate genes without matches, highlighting the need to search databases of patients with rare diseases for additional copies of specific candidate variants or other similar potentially deleterious variants within the candidate genes. The CMGs have created 2 databases to support one-sided variant matching. These databases also help to exclude candidates, because the variant of interest may be found in unaffected relatives or well-phenotyped individuals with unrelated phenotypes with

documented absence of the phenotype in question. Nevertheless, caution must be exercised in exclusion based on possible nonpenetrance.

The Genotypes to Mendelian Phenotypes (Geno2MP) browser was created by the University of Washington CMG to facilitate new gene discovery efforts and prioritization of candidate variants. It contains aggregate genotype data from >19,000 samples (>15 million rare variants with <2.5% frequency in gnomAD) sequenced by the University of Washington, Broad, and Yale CMGs (<https://geno2mp.gs.washington.edu/>).⁴⁰ Each rare variant is linked to de-identified phenotypic information about the affected individuals and unaffected relatives who carry the variant. Genotypes to Mendelian Phenotypes users may contact original submitters of the samples through the website and provide details about their own cases to pursue potential gene discovery matches.

VariantMatcher, created by the Baylor-Hopkins CMG, allows users to query rare (<1% allele frequency), non-synonymous variants from over 6151 samples sequenced by the Baylor-Hopkins CMG for specific variants of interest. Users of the site must register and be approved by site administrators. If phenotypic features are submitted in combination with the variant in the query, the phenotype from the matched entry will be shared in a simultaneous email to the submitter and the matching investigator. If a match is not made, the queried coordinates with submitted phenotypes can be stored for future matching.

Sharing for zero-sided matching (querying larger, combined data sets to identify novel gene-disease candidates in the absence of any prior identified gene candidate)

Novel methods and aggregation of larger data sets will be needed to solve cases that remain unsolved after thorough analysis by the CMGs. In the initial years of the program, CRAM files from the CMGs were shared through dbGaP (NIH Database of Genotypes and Phenotypes), but access for analysis required download and storage. The center-specific study accession numbers can be found in Supplemental Table 2. As genomic data grows in scale, the community needs better solutions.

NHGRI's Genomic Data Science Analysis, Visualization, and Informatics Lab-space (AnVIL) is a cloud-based environment where both data and tools can coexist, thereby improving logistics for the wider community to be able to share and access them together. AnVIL is assembling the most commonly used tools and pipelines to support genomic analysis and make them available on the AnVIL platform. In addition, investigators can add their own tools to the platform. There are currently a number of workflows important in rare disease analysis set up in AnVIL, including germline variant calling with GATK, RNA-seq processing, and mitochondrial variant calling. The *seqr* analysis platform is on AnVIL, and any researcher can request that a jointly called vcf located within an AnVIL workspace be loaded in *seqr*. By creating an environment to share tools and pipelines, the application of analysis methods to data sets will be facilitated, allowing for comparison of the performance of approaches to each other to help develop best practices. The introduction of novel tools and methods will be immediately leveraged and readily testable. This will ultimately allow

authorized researchers anywhere in the world to explore their own hypotheses using CMG data and a constantly evolving set of analysis tools.

CMG data sharing has transitioned to AnVIL, where >60 terabytes of data are available alongside other common and rare disease data sets. As of this publication, the CMGs have deposited over 15,025 exomes and 707 genomes to 39 AnVIL workspaces (<https://anvilproject.org/data>). In addition to the raw sequencing data, the CMGs have uploaded accompanying metadata for each sample, including sample-, subject-, family-, discovery-, and sequence-level information (see Supplemental Table 3 for file formats and data dictionary).

Although the tools and workflows are open access for anyone logging into the interface, AnVIL data sets have 3 types of data access: open access, controlled access, and consortium access. To learn more about the types of AnVIL access and examples, see Supplemental Table 4. All CMG data sets are controlled access, meaning researchers must request access through dbGaP and obtain permission for use, consistent with the subjects' informed consent (eg, General Research Use, disease-specific research and clinical care). Access is regulated in accordance with NIH policy and full details can be found at <https://anvilproject.org/data/requesting-data-access>.

Development of Tools and Improved Methods

The CMGs have developed the open-source analysis tools PhenoDB and *seqr* (Pais L, Snow H, Weisburd B, et al. *seqr*: a web-based analysis and collaboration tool for rare disease genomics. <https://doi.org/10.1101/2021.10.27.21265326>) for filtering and prioritizing variants in individuals or families with Mendelian disease.⁴¹ These platforms enable streamlined analysis of exome or genome sequence data through incorporation of *in silico* predictions and population and disease databases, as well as integration with other external databases to facilitate review of novel candidates (eg, GeneCards, Mouse Genome Informatics). Clinical data as structured Human Phenotype Ontology (HPO) terms and pedigree data can also be recorded, enabling coupling of genetic and phenotypic data. These web-based tools facilitate collaboration by providing a platform for researchers from disparate locations to work as a team on analyses. PhenoDB and *seqr* continue to be periodically updated and are available for free download and implementation, thereby providing broadly useful resources for Mendelian disease research.

The CMGs have also developed or contributed to methods to reanalyze exome data from unsolved cases using semiautomated pipelines and updated annotations. This yielded confirmed or potential genetic diagnoses in up to one third of unsolved cases, mostly within disease genes published after initial analysis.^{42,43} Although the pace of disease-gene discovery emphasizes the importance of periodic reanalysis, it is the automation of these processes that will meet the challenge of a continued accrual of unsolved cases. CMG investigators have also developed and applied gene-centric analyses to identify candidate disease genes in exome-negative cohorts, such as burden tests, to identify genes enriched in deleterious rare variants across cases with the same phenotype^{44,45} and a phenotype-agnostic method that prioritizes genes most likely to underlie Mendelian disease.⁴⁶ Reanalysis

methods for more complicated patterns of inheritance led to the development of a two-locus genome-wide test that enables detection of digenic inheritance in exome data.⁴⁷

CMG investigators have successfully applied sequencing approaches beyond the exome to identify or validate causal variant(s), including genome, RNA, bisulfite DNA methylation sequencing, and long-read genome sequencing, showing their utility in cases where ES fails to find a molecular diagnosis. Examples include utilizing genome sequencing to identify pathogenic structural variants missed by exome, such as the homozygous inversion in *QDPR* detected in a patient with dihydropteridine reductase deficiency;⁴⁸ applying RNA-seq to identify genes with aberrant expression and/or splicing, including an intronic variant in *trans* with a missense in muscle disease gene *DES* that resulted in a pseudoexon insertion and allelic imbalance⁴⁹; using bisulfite sequencing to identify gene silencing epivariation, such as the characterization of aberrant hypermethylation associated with a pathogenic repeat expansion in the *XYLT1* promoter region¹⁷; and the application of long-read genome sequencing to characterize a complex genomic rearrangement involving an inverted triplication flanked by duplications in a proband with Temple syndrome.⁵⁰

Data Sharing Empowers and Expedites Solving Rare Disease

There are a number of unsolved syndromes that have perplexed the clinical genetics community for decades.⁵¹ Although collectively the CMGs have sequenced over 28,991 families, each individual CMG often has only a handful of cases of a given phenotype. We formed the CMG Data Analysis working group to share cohorts across the CMGs to increase power to solving these challenging phenotypes. For our pilot project focusing on Dubowitz syndrome, we built a cohort of 20 individuals from 16 clinically diagnosed families. It would have been very challenging to collect this many families with a rare condition without access to an international network of researchers and clinicians. On analysis, no two cases shared the same genetic diagnosis and no specific pathways were identified. A collaboration was then established with the Canadian Care4Rare Program, which had been building a similar cohort. Only after combining the CMG and Care4Rare cohorts (31 individuals from 27 families) was the group able to recognize that the diagnosis of Dubowitz syndrome was not pointing to a single disorder but a collection of disorders with overlapping phenotypic features, highlighting the benefit of data aggregation for these studies. Overall, we found that the Dubowitz syndrome phenotype has extensive locus heterogeneity rather than a single gene etiology. Diagnoses were made for a number of recently molecularly defined and phenotypically similar conditions with growth restriction, microcephaly, and developmental delay, with a molecular diagnosis made in 13 of 27 families (48%) or strong candidate variants in known and candidate disease genes identified in an additional 7 of 27 families (26%).⁵² This experience highlights the need to continue to work across national and international rare disease programs to build larger cohorts for rare conditions, both to discover unifying genetic causes and, as in the case of Dubowitz syndrome, to provide evidence refuting that a cluster of features represents a single syndrome.

Model organism data are an important component of gene discovery. Even when multiple families with overlapping phenotypes have had a variant identified in the same gene,

establishing a causal gene-disease relationship can be difficult. As part of the effort to clarify these relationships, the CMGs formed a collaboration with the Knock-Out Mouse Project to help prioritize genes that may be important for human disease (<https://www.komp.org>). We shared candidate genes after a short embargo period, and results were shared through the International Mouse Phenotype Consortium database. Several gene discoveries, including *TONSL* for skeletal dysplasia and *FAM92A* for limb and digit anomalies, were supported by this collaborative mechanism.^{53,54}

Future Goals of Mendelian Rare Disease Genomics

As the CMG program comes to a close, additional work is still needed to identify the genetic basis of Mendelian disease for many families. Hundreds of novel gene-disease candidates were identified, but many still lack sufficient data to confirm or refute the relationship. Over half of the families sequenced remain unsolved despite having phenotypes that are strongly suggestive of a Mendelian cause. There are also thousands of genes predicted by human or model organism data to result in a human phenotype when disrupted that have not yet been linked to a human phenotype.^{55,56} The mission started by the CMGs remains far from finished, but the data and tools developed will continue to support the ongoing research efforts in this area.

New bioinformatic methods and resources are needed to help address the limitations of current analytical approaches and variant detection, and interpreting rare variation in the genome is a major barrier for achieving genetic diagnoses. Telomere-to-telomere genome assembly and the use of a pan-genome human reference sequence representing diverse ancestries will improve variant interpretation⁵⁷ (Nurk S, Koren S, Rhie A, et al. The complete sequence of a human genome. <https://doi.org/10.1101/2021.05.26.445798>); however, it will also require new analytical pipelines (Kaminow B, Ballouz S, Gillis J, Dobin A. Virtue as the mean: panhuman consensus genome significantly improves the accuracy of RNA-seq analyses. <https://doi.org/10.1101/2020.12.22.423111>), including support for graph-based representation typically used for pan-genome data.⁵⁸ Improved annotation of enhancers and promoter regions, which benefit by leveraging data from the Encyclopedia of DNA Elements project, can further facilitate variant interpretation, particularly for genome analyses.^{59,60}

Efforts to resolve variants of uncertain significance, particularly missense variant alleles, are needed. With progress in recent years for deep mutational scanning, there is now an international focus through the Atlas of Variant Effect Alliance, which aims to systematically determine the impact of variants in functionally important genomic regions.⁶¹ The application of artificial intelligence methods for predicting the functional effect of variants also offers an avenue for improving *in silico* predictions of pathogenicity.^{62,63} Much of our knowledge about gene and transcript expression patterns relies on adult tissue; the Developmental Genotype-Tissue Expression (dGTEx) and Pediatric Cell Atlas initiatives will facilitate interpretation for developmental disorders.⁶⁴

Population data sets and analytical tools that aid the interpretation of long-read sequencing and methylation data in patients with rare diseases will be needed to help realize

the diagnostic utility of these technologies. Furthermore, the integration of methylation, structural, and RNA-seq data into variant analytical tools will ultimately be required to streamline analysis for cases remaining unsolved after ES, particularly for compound heterozygotes where only one of the variants will be detected and prioritized by exome or genome.

Although CMGs strived to include collaborators and cases from around the world (Figure 1B), there is still progress to be made on the diversity of both the participating researchers we collaborate with and the genetic ancestry of the cases sequenced. A total of 73% of collaborators reported their ancestry to be White/European, and the majority (58%) were male. Additionally, 67% percent of the cases sequenced were also White/European. To make good on the promise of genomics, a much greater fraction of the world's populations must be involved. Research programs must push to expand the diversity of the research workforce as well as the families and individuals studied.

Debate continues regarding models for funding rare disease research, either distributing funds to individual rare disease investigators working in their own fields or centralizing funding for centers that can build infrastructure used by many investigators. The success of the CMG collaborators in discoveries, publications, data sharing, and subsequent research funding highlights the power of centralized funding for centers. The CMG structure has allowed for sequencing and analysis of invaluable samples to be performed in centers of excellence by teams of experts, and more than that, it has facilitated investigators of the same rare disease around the world to connect and collaborate. This approach offers cost efficiency by distributing shared infrastructure across large numbers of investigators and enabling better data sharing and cohort aggregation for increased statistical power. There are also limitations. Participants were not directly recruited by the CMGs, which can make collecting detailed phenotypes more challenging; recontact/reconsent for follow-up studies was typically not feasible; and reviewing the data-sharing language in the hundreds of submitting collaborator consent forms required substantial overhead. Additionally, because the CMG data set consisted of a highly heterogeneous set of phenotypes, large-scale analyses such as enrichment analyses were not practical. In this decade of gene discovery by the CMGs, there has been substantial progress made, but much remains to be done. As routine genomic analysis becomes more successful, and approaching a 40% diagnosis rate in clinical diagnostic labs becomes more attainable,⁶⁵ the cases that remain unsolved are increasingly challenging. Undiscovered diseases are ultra rare, the functional impact of variation is difficult to determine, and causality is hard to prove, particularly for variants with incomplete penetrance and complex genetic architectures. Gene discovery rates remain steady, highlighting the continued need for national and international programs in rare disease genomic analysis, including the recently funded GREGoR Consortium (<https://gregorconsortium.org>).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Data Availability

Candidate genes identified by the Centers for Mendelian Genomics (CMGs) have been submitted to Matchmaker Exchange (<https://www.matchmakerexchange.org/>). Variant classifications have been submitted to ClinVar. Deidentified and coded genomic and phenotype data have been shared on the National Human Genome Research Institute Analysis, Visualization, and Informatics Lab-space platform. Data access requests can be made per instructions here: <https://anvilproject.org/learn/accessing-data/requesting-data-access#accessing-controlled-access-data>. ClinVar submissions for each CMG can be found at Baylor-Hopkins CMG, Lupski Lab, <https://www.ncbi.nlm.nih.gov/clinvar/submitters/505572>; Baylor-Hopkins CMG (Johns Hopkins University), <https://www.ncbi.nlm.nih.gov/clinvar/submitters/505755>; Broad Institute Rare Disease Group (Broad Institute), <https://www.ncbi.nlm.nih.gov/clinvar/submitters/506627>; University of Washington Center for Mendelian Genomics (University of Washington), <https://www.ncbi.nlm.nih.gov/clinvar/submitters/505516>; and Yale CMG (Yale University) <https://www.ncbi.nlm.nih.gov/clinvar/submitters/506150>.

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Additional Information

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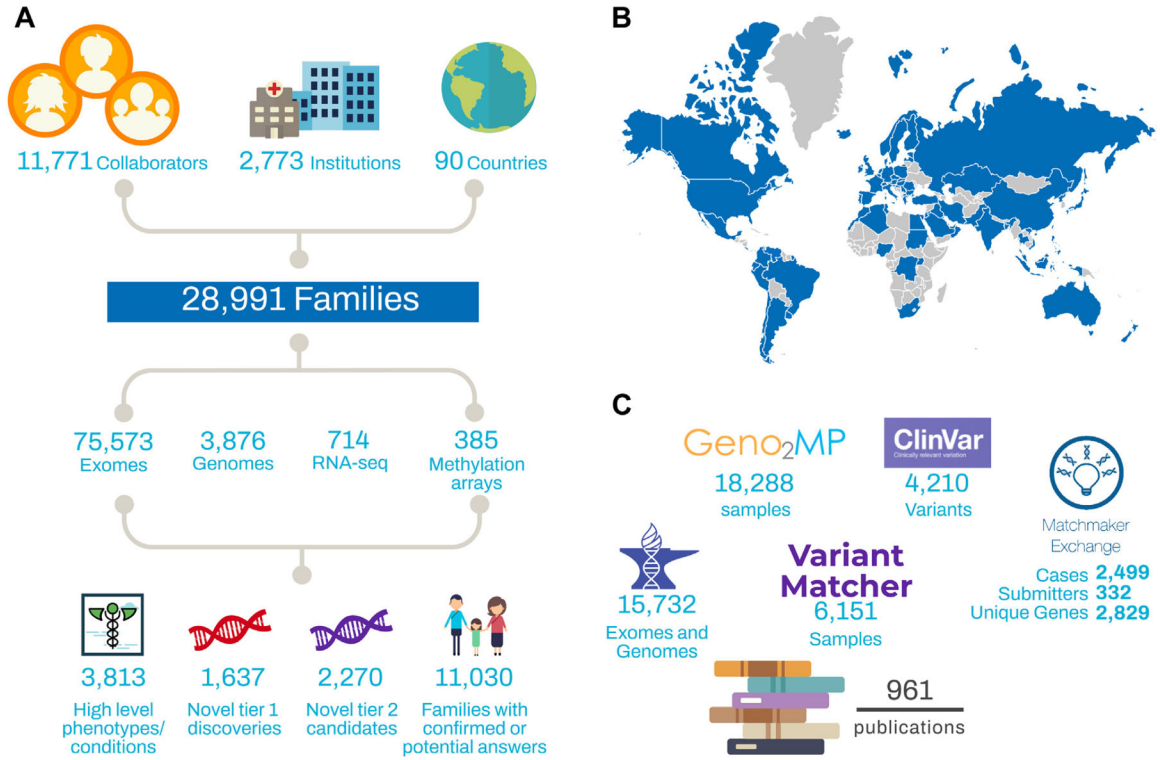


Figure 1. Overview of the Centers for Mendelian Genomics (CMGs) by numbers. (A) A high-level summary of activities performed by the CMGs, including the number of collaborators, number of kindreds, volume of testing performed, and discovery rates. (B) Map of CMG collaborators. Blue indicates that the CMGs collaborated with at least 1 researcher in that country (based on country listing in PubMed affiliations). (C) Data-sharing metrics for the CMGs.

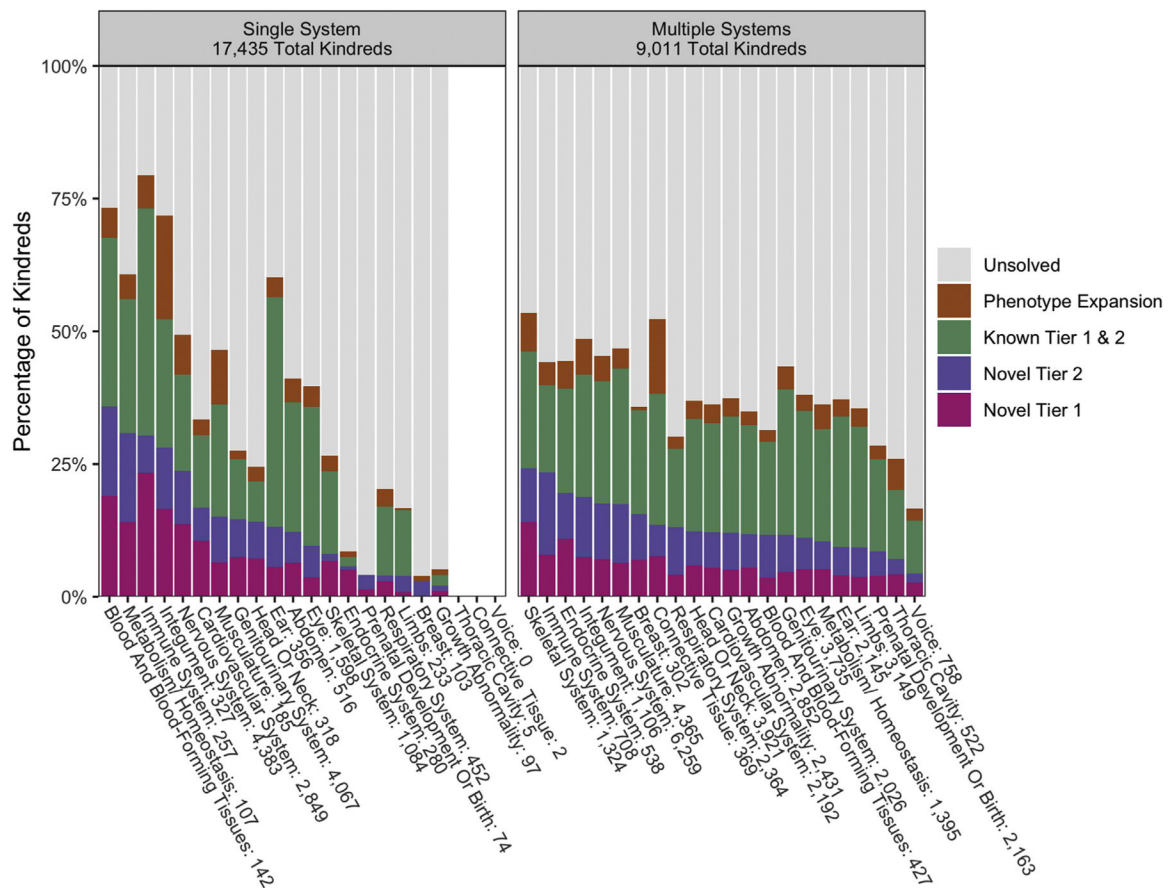


Figure 2. Solve and discovery rates by high-level Human Phenotype Ontology (HPO) category. Kindreds were categorized as having phenotypes in 1 HPO high-level system or multiple high-level systems. From there, the solve and discovery types were analyzed for each system. There were 494 kindreds in our Center for Mendelian Genomics (CMG) cohort with no HPO terms available, and therefore they were not able to be included in this analysis. Systems with fewer than 10 kindreds were noted but excluded.

Table 1

Breakdown of CMG findings by category

Category of Findings	Gene-Disease Entities, <i>n</i>	Families, <i>n</i>	Unique Genes, <i>n</i>	Publications
Novel gene-disease discoveries (tier 1)	1637	3387	1286	379
Novel gene-disease candidates (tier 2)	2270	2505	1936	75
Known gene-disease relationships	2584	5138	1598	163
Total	6089	10,349	3846 ^a	533 ^a

Tier 1 discoveries are defined as multiple affected kindreds identified for a gene-disease relationship or very strong functional data supporting the relationship. Tier 2 candidates are strong enough to enter the gene in the Matchmaker Exchange, often having some data in the literature implicating the gene for the phenotype, but further data are needed, such as additional unrelated probands with an overlapping phenotype, model organism, or other functional studies. Known gene-disease relationships are distinguished from novel phenotypes using OMIM's Phenotype MIM IDs.

CMG, Center for Mendelian Genomics.

^aTotal for unique genes and publications is not equal to the sum of the rows above because genes can have multiple disease associations, with varying certainty of associations, and publications can be duplicated across categories.

Table 2

CMG Data Sharing

Type of Data Shared	CMG Website	Matchmaker Exchange	ClinVar	Geno2MP	Variant Matcher	AnVIL
Type of data sharing (2-sided, 1-sided, 0-sided)	2	2	2	1	1	0
BAM/CRAM files						✓
Gene name	✓	✓	✓	✓	✓	✓
Variant information		Optional	✓	✓	✓	✓
High-level phenotype	✓	✓	✓			✓
HPO terms		Optional		✓	✓	✓
Other			Variant classification and supporting evidence			See Supplemental Table 3

A breakdown for the various data-sharing activities in which the CMGs participated. Each column is a different data-sharing platform, and the rows are the types of data that the CMGs could share.

AnVIL, Analysis, Visualization, and Informatics Lab-space; *CMG*, Center for Mendelian Genomics; *HPO*, Human Phenotype Ontology.

✓ The CMGs submitted that file or data type to the platform.

CMG gene candidate sharing through MME

Table 3

MME Node	CMG Developer	CMG Submitter	Cases in MME		Submitters		Unique Genes	
			CMG	Non-CMG	CMG	Non-CMG	CMG	Non-CMG
GeneMatcher	BH	BH	343	55,210	99	11,790	817	12,964
		Yale	270	0	36	0	276	0
MyGene2	UW	UW	871	599	119	125	635	563
<i>seqr</i>	Broad	Broad	1015	70	78	13	1101	81

This is a summary of the data submitted to MME through CMG-developed nodes. The number of cases, submitters, and unique genes that were contributed to MME are broken down into CMG and non-CMG cases because non-CMG participants are still able to use the CMG-developed nodes to share on MME.

BH, Baylor-Hopkins; *CMG*, Center for Mendelian Genomics; *MME*, Matchmaker Exchange; *UW*, University of Washington.