## **Bryant University**

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**Campus Events** 

Spring 2024

## Yoga Flyer

Office of Counseling Services

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## YOGA

For your body and mind



At the Machtley Interfaith Center, Reflection Sanctuary with Noelle Harris, PhD., R.Y.T. Sponsored by the Office of Counseling Services

Thursdays, Spring Semester 2024 February 8th - May 2nd Time: 4:00 - 5:00 pm

(NOTE: Yoga will not be held on March 14th)

Come to one, or all sessions.
Yoga mats available.
Space limited, please **pre-register**with nharris@bryant.edu

