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Inactivation of *Staphylococcus aureus* and *Salmonella enteritidis* in tryptic soy broth and caviar samples by high pressure processing

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## Abstract ▴

We studied the action of high pressure processing on the inactivation of two foodborne pathogens, *Staphylococcus aureus* ATCC 6538 and *Salmonella enteritidis* ATCC 13076, suspended in a culture medium and inoculated into caviar samples. The baroresistance of the two pathogens in a tryptic soy broth suspension at a concentration of  $10^8$ - $10^9$  colony-forming units/ml was tested for continuous and cycled pressurization in the 150- to 550-MPa range and for 15-min treatments at room temperature. The increase of cycle number permitted the reduction of the pressure level able to totally inactivate both microorganisms in the tryptic soy broth suspension, whereas the effect of different procedure times on complete inactivation of the microorganisms inoculated into caviar was similar.

**Key words:** High pressure processing, *Staphylococcus aureus*, *Salmonella enteritidis*, Tryptic soy broth, Caviar, Pressure cycles

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## Introduction ▴

The handling of fish products during the manufacturing process involves a risk of contamination with *Staphylococcus aureus*, a Gram-positive microorganism causing foodborne human intoxication (1). These bacteria are salt-tolerant and therefore can contaminate all cured preparations such as caviar and fish-based preserves.

*Salmonella enteritidis* is a Gram-negative microorganism inhabiting the intestinal tract of a wide range of animals that can be isolated close to the coast from animal and human waste-polluted waters. For this reason, fish is frequently contaminated with *Salmonella*. Generally fish products such as fish eggs are involved in a secondary contamination process. Recent studies have pointed out the increase in the detection of *Salmonella* in fish products (2) and the incidence of foodborne human diseases caused by *Salmonella* (3,4).

"Caviar" is the product obtained from fish eggs, separated from the connective tissue of ovaries and subjected to salting, to the addition of additives and sometimes to pasteurization for its preservation. Caviar is a foodstuff of high nutrient value because fish eggs are a rich source of vitamins and mineral nutrients and, on the basis of their amino acid profile, their protein quality is considerable (5). Generally fish eggs do not remain microbiologically sterile after the different procedures involved in caviar fabrication. Egg

screening is a critical step during processing which contributes to bacterial contamination due to the lack of proper hygiene often occurring in this case. Caviar can be contaminated with various species of spoilage bacteria, but also with pathogens (*S. aureus*, *Salmonella* sp, *Vibrio* sp, *Aeromonas* sp, *Clostridium botulinum*) (6). Thus, caviar can pose food safety risks if not properly handled.

Caviar can be pasteurized, but the changes in sensory properties of the thermally treated product are not appreciated by consumers (7). The salt concentration and storage temperature do not always represent preventive measures to preserve caviar. Therefore, it is necessary to add chemical preservatives such as borax because of their antimicrobial effect. New mild technologies are being evaluated for their effectiveness in making caviar safe for consumers and in extending its shelf life. High pressure is an interesting technique for the preservation of caviar, not only because it inactivates pathogens and spoilage bacteria, but also because it can avoid the use of chemical additives such as borax, although its potential risks have not been fully determined.

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## Material and Methods

### Material

*S. aureus* ATCC 6538 and *S. enteritidis* ATCC 13067 were obtained as freeze-dried pellet cultures in thermosealed vials from Institut Pasteur, Paris, France. These cultures were selected because they are well-defined typed strains which have been used in many previous investigations including high pressure processing (8-10). The vials were stored at freezing temperature until use.

Samples of "caviar d'Aquitaine" (eggs from Siberian sturgeon: *Acipenser baerii*), free from the additive borax, packaged into 2-part metal tins of 30 g, were obtained from S.C.E.A. Sturgeon, St. Fort sur Gironde, France. Samples of aquacultured trout caviar (eggs from rainbow trouts: *Onchorinchus mykiss*) in glass jars (about 30 g) were provided by Viviers de France, Sarrance (France). The samples were stored at 0-4°C until use.

### Preparation of bacterial suspensions in tryptic soy broth solution

The cultures were rehydrated by the addition of 0.3 ml tryptic soy broth (TSB, Merck, Darmstadt, Germany) and stock cultures of both strains were then prepared on tryptic soy agar (Difco, Detroit, MI, USA), incubated at 37°C for 24 h and stored at 4°C. To revive the microorganisms, a single pellet of the cultures was resuspended in 5 ml TSB, followed by incubation at 37°C for 48 h. Further dilutions in TSB were necessary to achieve a concentration of approximately  $10^8$ - $10^9$  colony-forming units (CFU)/ml *S. aureus* ATCC 6538 and *S. enteritidis* ATCC 13076 at the beginning of high pressure processing. To determine that the microbial load was in the same range for each assay, absorbance at 600 nm was checked with a spectrophotometer. The cell suspensions (25 ml) were vacuum sealed in double sterile polyethylene pouches (PA/PE 20/70 µm) and subjected to the high-pressure treatments.

### Caviar inoculated with *Staphylococcus aureus* and *Salmonella enteritidis*

The assays were carried out separately for the broth culture of each strain. A 1-ml cell suspension was added to 25 g of caviar and the mixture was gently shaken by hand for 5 min. The inoculated samples were vacuum sealed in double sterile polyethylene pouches (PA/PE 20/70 µm) and subjected to high pressure processing. Each treatment was carried out in duplicate.

### High pressure processing

The equipment used for high pressure processing was a discontinuous isostatic press specifically used for applications in the food science field at IHP ("Interface Hautes Pressions") - ENSCPB ("Ecole Nationale Supérieure de Chimie et de Physique"), University Bordeaux I: Sciences and Technologies, France. The hyperbaric apparatus (NFM-Technologies, Le Creusot, France) and the Framatome device (Paris, France)

commercialized by Clextal (Firminy, France) are designed to attain a maximum pressure of 800 MPa. Pressure and temperature were constantly monitored and recorded during the process. Water was used as the pressurization fluid.

### **Objective of our study and parameters of high pressure processing**

The aim of the present investigation was to study the application of high-pressure treatments able to destroy a large load of pathogens potentially present in fish eggs, and to find the optimal pressure levels necessary to preserve the organoleptic characteristics of fresh caviar. Duplicate samples of *S. aureus* ATCC 6538 and *S. enteritidis* ATCC 13076 in TSB suspension were subjected to pressure treatments in the 150-550 MPa and 150-450 MPa range, respectively, at room temperature for different times (15 min, 5 min x 3 cycles, 3 min x 5 cycles, 2 min x 7 cycles). The pressure used for the treatment of caviar samples inoculated with *S. aureus* ATCC 6538 was 500 MPa at room temperature for 15 min and 450 MPa for 3 cycles of 5 min, whereas the caviar samples inoculated with *S. enteritidis* ATCC 13076 were pressurized at 400 MPa at room temperature for 15 min and at 350 MPa for 5 min for 3 cycles. For these experiments the choice of the pressure values was based on the analysis of preliminary results obtained for TSB suspensions subjected to only two pressurization times (15 min, 5 min x 3 cycles). Five hundred and 400 MPa were the pressures able to destroy *S. aureus* and *S. enteritidis*, respectively, after a treatment of 15 min, while 450 and 350 MPa were the lethal pressures for the treatment of 5 min for 3 cycles. All high-pressure treatments were tested twice. Control samples were held at atmospheric pressure. After processing, all samples were stored at refrigeration temperature until analysis.

### **Enumeration of viable cells by microbiological analysis of tryptic soy broth suspension samples**

Appropriate 10-fold serial dilutions ( $10^{-8}$ ) were made in sterile-buffered peptone-water (AES Laboratoire, Route de Dol, Combours, France). One milliliter of each dilution was plated onto plate count agar (AES Laboratoire) in duplicate. The plates were incubated at 37°C for 72 h and the average number of colonies from the duplicate plates was recorded for each sample. The number of survivors was reported as log CFU/ml.

### **Inoculated caviar samples**

Twenty-five grams of each sample and 225 ml of buffered peptone water were homogenized using a Stomacher<sup>®</sup>. Further 10-fold dilutions ( $10^{-8}$ ) were made in sterile- buffered peptone water (AES Laboratoire) and 0.1 ml of each dilution was plated in duplicate onto selective media: Baird-Parker (AES Laboratoire) for the enumeration of *S. aureus* ATCC 6538 and Rambach (from Merck) for the enumeration of *S. enteritidis* ATCC 13076. The plates were incubated at 37°C for 24-48 h. The average number of colonies on the duplicate plates was then recorded for each sample. The number of survivors is reported as log CFU/g.

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## **Results and Discussion**

### **Effect of high pressure on *Staphylococcus aureus* ATCC 6538 in tryptic soy broth suspension**

In order to study the effect of high pressure on *S. aureus* ATCC 6538 and *Salmonella enteritidis* ATCC 13076 suspended in TSB solution and to evaluate their inactivation rate, the number of viable cells in the untreated suspensions ( $N_0$ ) and the number of viable cells in the pressurized suspensions ( $N$ ) were defined during every experiment, corresponding to the average of the values obtained for duplicate samples. The destructive effectiveness (DE) of high pressure in inactivating the pathogen strains is expressed by  $(DE) = -\log(N/N_0) = \log N_0 - \log N$ .

The rate of microorganisms able to survive the treatment is reported by the  $N/N_0$  ratio which in our study ranged from 1 to  $10^9$ . The DE of high-pressure treatment is shown in the graphs in [Figures 1](#) and [2](#) and is correlated with pressure and with treatment times. For *S. aureus* ATCC 6538 the inactivation rates after

treatment for 15 min at 150, 350, 450, and 500 MPa were 0.7, 1.9, 1.7, and 8.9 log<sub>10</sub>, respectively. We observed a destruction threshold value of 500 MPa, with no significant destruction occurring up to this pressure. In the 150-450 MPa range, only some threshold values of weak *S. aureus* inactivation resulted. These results indicate the high baroresistance of *S. aureus* ATCC 6538. Some studies have also shown the high resistance to continuous pressure of other strains of *S. aureus*. Patterson et al. (11) applied 700 MPa for 15 min at 20°C to *S. aureus* NCTC 10652 in phosphate buffer and obtained an inactivation of more than 5 log<sub>10</sub>. O'Reilly et al. (8) had to use a pressure of 600 MPa at room temperature for 20 min in order to achieve a 4-log<sub>10</sub> reduction in counts of *S. aureus* ATCC 6538. On the basis of the results concerning the continuous pressure treatments, in a second step of our study we carried out different treatments in cycles in order to identify the one that combined the features of high DE and the ability to preserve the organoleptic qualities of fresh caviar. The reduction rates for *S. aureus* ATCC 6538 are reported in [1](#). The loss of viability in counts performed after 3 pressure cycles of 5 min (20°C) was 1, 2.2, and 8.85 log<sub>10</sub>, respectively, at 150, 350, and 450 MPa. For 5 pressure cycles of 3 min (20°C) the inactivation rates increased only at 350 MPa and resulted in 4.15 log<sub>10</sub>. When the number of cycles was increased further, the inactivation rate of *S. aureus* was greater also at lower pressures. In fact, after 7 cycles of 2 min the inactivation rates were 3.1 and 8.85 log<sub>10</sub>, respectively, at 250 and 350 MPa. The inactivation rates of *S. aureus* for continuous and cycling pressure treatments are illustrated in [1](#). The data agree with the results reported by Rigaldie (9), who showed that 3 cycles of 10 min at 500 MPa and at room temperature were sufficient to obtain a 6.6-log<sub>10</sub> reduction, while 6 cycles of 5 min completely destroyed *S. aureus* (8.6 log<sub>10</sub>). Under the same conditions of pressure and temperature, for a continuous treatment of 30 min the loss of microorganism viability was only 1.42 log<sub>10</sub>. After electron microscopy analysis of the changes occurring in cells after pressurization, the author observed irreversible modifications of the intracellular material and also a perturbation in cell division concerning the septum and the cell membrane (9). These phenomena can explain the lethal effect of pressure cycles on the microorganisms. Processing conditions (pressure, temperature, time), microorganism strain, and the kind of substrate (composition, pH, Aw) obviously influence the inactivation caused by pressure treatment. In general, the sensitivity of microorganisms to pressure is lower in foods than in buffer suspensions (11) and can depend on the food type (12,13).

### **Effect of high pressure on *Salmonella enteritidis* ATCC 13076 in tryptic soy broth suspension**

The effect of high pressure in a continuous 15-min treatment on *S. enteritidis* ATCC 13076 in TSB suspension was obtained in the 150-450 MPa range. The choice of this range was based on literature data (14,15) showing that *S. enteritidis* is less baroresistant than *S. aureus*. Based on these preliminary results, the study was carried out in the same way as in the experiments on *S. aureus*, with the application of various pressure cycles. [2](#) and [2](#) present the inactivation rates of *S. enteritidis* after continuous and cycling pressure treatments. The total destruction of *S. enteritidis* was obtained for 3, 5, and 7 cycles, respectively, at 350, 300, and 250 MPa. The increase of cycle numbers permitted us to reduce the pressure level needed to destroy *S. enteritidis*. The effectiveness of the pressure cycles is evident when compared to continuous pressure under the same treatment conditions. Few studies have been done about the effect of high pressure processing on *S. enteritidis*, which is the main food poisoning *Salmonella* serotype. Ponce et al. (16) tested various behaviors of *S. enteritidis* inoculated into egg-based medium at different pressure (350 and 450 MPa), temperature and time levels. The best results for the process were observed at 50°C. Two or three cycles of 5 min achieved higher destruction than continuous treatment of the same total duration. Pressure cycles enhanced *S. enteritidis* sensitivity to pressure. Yuste et al. (17) found a reduction in *S. enteritidis* counts between 7.2 and 7.7 log<sub>10</sub> in poultry sausages processed at 500 MPa by combining different times (10-30 min) and temperatures (50-70°C). Patterson et al. (11) treated *S. enteritidis* FDA at 450 MPa for 15 min (20°C) in phosphate-buffered saline suspension and obtained a 5-log<sub>10</sub> reduction in counts.

The results of the present study underline the higher baroresistance of *S. aureus* ATCC 6538 compared to *S. enteritidis* ATCC 13076 and the effectiveness of pressure cycles in the destruction of both pathogens at weak pressure levels. Using several cycles it was possible to reduce the pressure able to inactivate high loads of *S. aureus* and *S. enteritidis* (10<sup>8</sup>-10<sup>9</sup> CFU/ml). In fact, after 7 pressure cycles of 2 min at room temperature the total destruction of the pathogens in TSB suspension was obtained at 350 and 250 MPa, respectively. The destruction threshold value was high especially in the case of *S. aureus* ATCC 6538 for the continuous treatment, while for *S. enteritidis* ATCC 13076 this phenomenon did not occur. The different features of the two microorganisms could explain our results.

## Destruction by high pressure of *Staphylococcus aureus* and *Salmonella enteritidis* inoculated into caviar

Based on the analysis of preliminary results of the TSB models, the pressurization of caviar samples inoculated with *S. aureus* ATCC 6538 and *S. enteritidis* ATCC 13076 was carried out at the threshold values obtained for the suspensions for the 15-min treatment and for 3 pressure cycles of 5 min at room temperature. The effect of high-pressure treatments on the strains inoculated into caviar is shown in [Tables 3](#) and [4](#). For the samples inoculated with *S. aureus* ATCC 6538, both pressure treatments (450 MPa/5 min x 3 cycles and 500 MPa/15 min) significantly reduced the counts.

Also the number of *S. enteritidis* ATCC 13076 inoculated into caviar samples, obtained after pressurization, were  $<2$  log CFU/g for the continuous treatments (400 MPa/15 min) and for the treatments in cycles (350 MPa/5 min x 3 cycles). Thus, at the pressure levels used for the experiments no difference was found between the continuous and cycling treatments. In addition, the substrate did not affect the effect of high pressure processing on the microorganisms.

The present results confirm that treatments in cycles improve the effect of pressure on *S. aureus* and *Salmonella enteritidis*. Also, the application of cycles permitted us to reduce the pressure level necessary to preserve the sensory properties of caviar. Therefore, high pressure processing represents an interesting procedure for microbial stabilization in fish products because it can eliminate pathogens or spoilage bacteria, potentially present in the product, and can also reduce the use of chemical preservatives which have potential and still undetermined risks.

### Perspectives

Our study of the inactivation of *S. aureus* ATCC 6538 and *S. enteritidis* ATCC 13076 in caviar samples has raised different problems involving both basic science and food processing. In order to obtain an explanation about the pressure behavior in caviar an investigation will be conducted on the proteins. In addition, the role of cycling pressure compared to continuous pressure must be investigated. In parallel, regarding food processing conditions, it would be necessary to reduce the pressure level and consequently improve the efficiency of cycling processes.

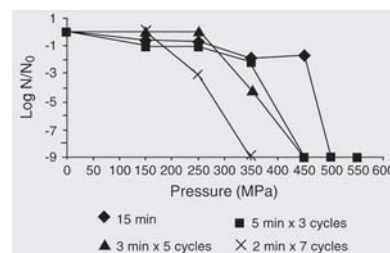


Figure 1. Inactivation of *Staphylococcus aureus* ATCC 6538 inoculated into tryptic soy broth at different pressures and treatment times.

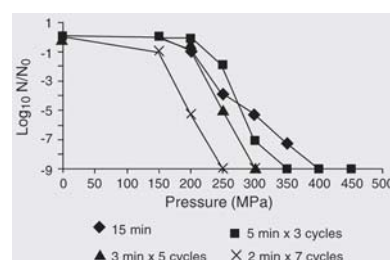


Figure 2. Inactivation of *Salmonella enteritidis* ATCC 13076 inoculated into tryptic soy broth at different pressures and treatment times.

Table 1. High pressure inactivation of *Staphylococcus aureus* ATCC 6538 in tryptic soy broth at 20°C at different pressures and for different times.

Pressure (MPa)	Duration (min x number of cycles)	Reduction rate (log <sub>10</sub> CFU/ml)
150	15 x 1	0.7
	5 x 3	1.0
	3 x 5	0.0
350	2 x 7	3.1
	15 x 1	1.9
	5 x 3	2.2
450	3 x 5	4.15
	2 x 7	ND
	15 x 1	1.7
500	5 x 3	ND
	3 x 5	ND
	2 x 7	ND
550	15 x 1	ND
	5 x 3	ND
	3 x 5	ND
	2 x 7	ND

CFU = colony-forming unit; ND = non-detected.

Table 2. High pressure inactivation of *Salmonella enteritidis* ATCC 13076 in tryptic soy broth at 20°C at different pressures and for different times.

Pressure (MPa)	Duration (min x number of cycles)	Reduction rate (log <sub>10</sub> CFU/ml)
150	15 x 1	0.00
	5 x 3	0.00
	3 x 5	1.00
	2 x 7	1.00
200	15 x 1	0.94
	5 x 3	0.15
	3 x 5	0.70
	2 x 7	5.30
250	15 x 1	3.94
	5 x 3	1.95
	3 x 5	5.00
	2 x 7	ND
300	15 x 1	5.36
	5 x 3	7.07
	3 x 5	ND
	2 x 7	ND
350	15 x 1	7.28
	5 x 3	ND
	3 x 5	ND
	2 x 7	ND
400	15 x 1	ND
	5 x 3	ND
	3 x 5	ND
	2 x 7	ND
450	15 x 1	ND
	5 x 3	ND
	3 x 5	ND
	2 x 7	ND

CFU = colony-forming unit; ND = non-detected.

Table 3. Behavior of *Staphylococcus aureus* ATCC 6538 inoculated into caviar samples after high-pressure treatments.

Sample	MPa/min	CFU/g	log <sub>10</sub> CFU/g
Sturgeon caviar			
Control	0	30.5 10 <sup>3</sup>	4.50
Treated	500/15	<10	<1
Treated	450/5 x 3 cycles	<10	<1
Trout caviar			
Control	0	46 10 <sup>3</sup>	4.66
Treated	500/15	<10	<1
Treated	450/5 x 3 cycles	<10	<1

CFU = colony-forming unit.

Table 4. Behavior of *Salmonella enteritidis* ATCC 13076 inoculated into caviar samples after high-pressure treatments.

Sample	MPa/min	CFU/g	log <sub>10</sub> CFU/g
Sturgeon caviar			
Control	0	13.5 10 <sup>5</sup>	6.10
Treated	400/15	<100	<2
Treated	350/5 x 3 cycles	<100	<2
Trout caviar			
Control	0	56 10 <sup>3</sup>	4.74
Treated	400/15	<100	<2
Treated	350/5 x 3 cycles	<100	<2

CFU = colony-forming unit.

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