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Old and new applications of non-anticoagulant heparin

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ABSTRACT

The aim of this chapter is to provide an overview of non-anticoagulant effects of heparins and their potential use in new therapeutic applications. Heparin and heparin derivatives have been tested in inflammatory, pulmonary and reproductive diseases, in cardiovascular, nephro- and neuro-tissue protection and repair, but also as agents against angiogenesis, atheroschlerosis, metastasis, protozoa and viruses. Targeting and inhibition of specific mediators involved in the inflammatory process, promoting some of the above mentioned pathologies, are reported along with recent studies of heparin conjugates and oral delivery systems. Some reports from the institute of the authors, such as those devoted to glycol-split heparins are also included. Among the members and derivatives of this class, several are undergoing clinical trials as antimetastatic and antimalarial agents and for the treatment of labour pain and severe hereditary anaemia. Other heparins, whose therapeutic targets are non-anticoagulant such as nephropathies, retinopathies and cystic fibrosis are also under investigation.

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1. Introduction

This chapter is an overview of the subject starting from the early landmark achievements, and includes papers, extended articles, reviews and books. Heparin and LMWHs are widely used for the prevention and treatment of thrombotic events by inhibiting antithrombin III (AT) and factor Xa through a specific oligosaccharide binding sequence (ATBR) present in only one third of unfractionated heparin chains as has been well-documented in two recent reviews [1,2]. Heparin, the most negatively charged biopolymer has an average of four negative charges for each disaccharide unit, can interact with a wide range of proteins, with interactions that exhibit a range of specificities [3] and induce several associated biological activities. These involve plasma or tissue proteins such as heparin cofactor II (HCII), tissue factor plasminogen inhibitor (TFPI), lipoproteinlipase, growth factors and heparanase. Interestingly, when a heparin ATIII-no-affinity fraction was added to normal plasma containing heparin, a marked increase in anti-factor Xa activity was observed, presumably due to the displacement of heparin with affinity for ATIII from binding plasma proteins [4].

2. Heparin and low molecular weight heparins (LMWH)

2.1. Anti-inflammatory, cardiovascular and tissue protection activities

The early reports of the beneficial effects of heparin in inflammation were attributed to the heparin binding and inhibition of chemokines, complement, growth and angiogenic factors, as reviewed recently [1,5,6,7]. Heparin can also bind to adhesion mediators expressed during inflammation, such as selectins, integrins and their receptors [8,9]. Tissue protection and repair were observed after heparin was inhaled to treat hot smoke inhalation injury in human fire survivors [5]. Topical, ophthalmic and parenteral formulations were also used to treat burns and lesions [10]. In low doses, heparin showed activity in several experimental models of inflammation as well as in the treatment of human chronic pulmonary diseases, by inhalation, or topically in allergic rhinitis [5]. Under various experimental and clinical conditions, such as oedema formation and pulmonary hypertension, heparin reduces leucocyte recruitment at the site of injury or inflammation stimuli, down-regulating cytokines, TNF- α , endotoxins and inhibiting human leukocyte elastase (HLE), as well as heparanase [5]. In response to vascular injuries, excessive repair by artery smooth muscle cells (SMC) can induce vascular disorders such as restenosis and hypoxy-pulmonary hypertension. SMC proliferation was inhibited by heparin in tissue culture and in rat, and rabbit injury models

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[12]. A recent systematic review with meta-analysis showed the beneficial effects of heparin treatment in asthmatic patients [13]. In normal subjects, heparin can inhibit reactive oxygen species (ROS) generation [14], supporting the observed cardiovascular protective effects, and also increases nitric oxide bioavailability through the release of vessel immobilized myeloperoxidase [15]. The role of neutrophil elastase, a highly aggressive endopeptidase, seems to be crucial and is provoked by imbalances of natural inhibitors leading to degradation of connective and tissue components as observed in emphysema, cystic fibrosis, rheumatoid arthritis, psoriasis, perodontitis, mucopolysaccharidosis, wound healing and tumour invasion. Elastase can be inhibited "*in vitro*" by heparin and derivatives [16–18] as well as in emphysema experimental models [19].

2.2. Heparanase inhibition: implication in various pathologies

Heparin can also inhibit the endo- $B-D$ (1-4) glucuronidase. heparanase [20,21] that through cleavage of HS chains of heparan sulfate proteoglycans affects their functions, the integrity and functional state of the extracellular matrix (ECM) and basement membrane of vessel walls. Owing to the ubiquitous presence and multiple roles of HS, such as growth factor storage and activity, cytokines, chemokines and heparanase degrading activity, it is involved in several pathological conditions including inflammation, amyloidosis, diabetic and glomerular nephropathies, cancer metastasis and angiogenesis. Overexpression and enhanced local activity of heparanase were observed particularly in atherosclerosis [22], type 2 diabetes [23], inflammatory bowel disease [24], in synovial fluid from rheumatoid arthritis patients [25], as well as in kidneys from both diabetic nephropathic and glomerular disease patients [26]. The first clinical trial of low dose heparin (in combination) dates back to the 1960s, followed in 1971 by long term high dose heparin in chronic glomerular nephritis [26]. The use of heparin and glycosaminoglycans as potential anti-complement agents in renal dysfunctions has been hypothesized [27].

2.3. Anticancer activity of heparin and LMWHs

The inhibitory activity of heparin on the growth of transplanted tumour tissues was first reported in 1930 [28]. Heparin and LMWHs have shown "*in vivo*" inhibitory activity in several experimental models. Their anti-metastatic activity seems to be based mainly on interference with the spreading of tumour cells in the blood and inhibition of angiogenesis, selectins as well as heparanase [29] and tissue factor (TF) over-expressed during inflammation and in the presence of aggressive cancers [30]. A recent report indicated an additional chemo-sensitizing activity of heparin through inhibition of P-glycoprotein- mediated multidrug resistance [31]. The results of "*in vitro*", "*in vivo*" studies and clinical trials have been reviewed [29,32–34]. Retrospective evaluation of early clinical trials indicated that heparin can provide survival benefits to cancer patients compared to other anti-thrombotics [32]. The inhibition of clots associated with tumour tissues, by heparin and LMWHs can increase accessibility of anticancer drugs and the efficacy of chemotherapy, but also induces drug resistance in some cases [35,36]. LMWHs are considered by current clinical guidelines to be the drug of choice for antithrombotic treatment in cancer patients. Adjunct therapy in small cell lung cancer patients with or without Bemiparin compared to chemo-radiation showed increased response rates and median survival times [37]. Comparable results were obtained with Dalteparin combined with chemotherapy in non-small cell lung cancer patients when compared with chemotherapy alone [38]. Other positive effects were observed in terminal cancer patients treated with Nadroparin or Dalteparin, as well as with Enoxaparin combined with chemotherapy in pancreatic cancer patients [29]. An

a Heparin, inhibiting and reversing cytoadherence and rosetting of *Plasmodium falciparium* infected erythrocytes "in vitro". Tested from 1967 in severe malaria clinical trials, after some overall promising outcomes, were discontinued due to severe intracranial bleeding [44]

updated systematic review and meta-analysis of randomized trials on survival of cancer patients treated with LMWHs has been reported [39]. A retrospective study on small cell lung cancer patients treated with heparin showed overall beneficial effects even when using different commercial heparin preparations [38]. Their intrinsic heterogeneity, despite their comparable anticoagulant activity, was probably one of the major factors behind some irreproducible or conflicting results. In this context the seminal report of J. Folkman *et al*. "Angiogenesis inhibition and tumour regression caused by heparin or a heparin fragments in the presence of cortisone" [40]. Following a preliminary selection from commercial heparins for their anti-angiogenic activity, the most active heparin found was "Panheprin" from Abbot that was discontinued soon after. Difficulties in reproducing the results using different commercial heparins interrupted this line of research [42]. Beneficial effects observed in anecdotal and clinical trials are reported in Table 1.

2.4. Other experimentally investigated activities

After an early report [56] on the "*in vitro*" inhibition of *Herpes simplex* virus, in the mid-1980s, the potential for heparin and sulfated polysaccharides, to inhibit HIV *in vitro* [57], were investigated. Other reports showed the broad spectrum of "*in vitro*" activity of heparin on a variety of RNA and DNA viruses [58,59]. As for other therapeutic applications, anticoagulant activity limited doses, poor pharmacokinetics and the poor oral absorption of heparin were the major drawbacks to further developments. Heparin can exert neuroprotective effects in some models of neurodegenerative diseases inhibiting apoptotic processes [60]. Table 2 shows some other "*in vitro*" and "*in vivo*" activities of heparin that have been investigated.

2.5. LMWHs, ultra LMWHs and related oligosaccharides as nephro- and neuroprotective agents

Experimental and clinical studies in patients with proteinuric glomerulonephritis showed benefit by oral treatment with sulodexide, a mixture of LMW heparin and dermatan sulfate in a

Table 2

Heparin activity investigated "*in vitro*" and "*in vivo*"

Target	References
Allergic encephalomyelitis	[5]
Auto-immuno diseases	[61]
Anti-complement	[29, 62, 63]
Anti-atherosclerosis	[64]
Diabetic nephropathies	[26, 65]
Emphysema	[66, 67]
Iron-restricted anemia	[68]
Neuroprotection	[60]
Osteogenesis	[69]
Periodontal diseases	[70]

4:1 weight ratio [26]. Clinical trials of parental LMHWs and oral sulodexide in diabetic nephropathic patients were also reported and their beneficial effects correlated principally with their inhibition of heparanase and oxidative renal insult [71]. In the early 1990s, clinical trials showed that "Ateroid" (present in the Italian market until 2014 as oral and parental formulations), a mixture of glycosaminoglycans (GAGs) similar to Sulodexide, may have improved the cognitive function of patients with various degenerative conditions correlated to amyloid diseases, such as Alzheimer's (AD), Parkinson's (PD) diseases and transmissible spongiform encephalopathy (TSE) [60]. In 1998 some heparin oligosaccharides were found able to cross the blood-brain barrier and inhibit β -amyloid precursor protein secretion [72]. Enoxaparin was also found to be active in an AD murine model [73]. Enoxaparin and Dalteparin inhibited experimental amyloidosis in clinically relevant doses [74]. To avoid anticoagulant effects, a mixture of oligosaccharides, named C3 or Neuroparin, prepared by γ -irradiation of high molecular weight heparin, showed neuroprotective effects in AD experimental models, also by the oral route [60].

2.6. Other investigated activities of LMWHs

Following randomized applications in vitreoretinal surgery [75] LMWHs have been used alone [76] or in combination with 5-fluoro-uracil [77], to mitigate the high risk of post-operative vitreoretinopathies, with significant improvement. As recently reviewed [78] in other clinical trials there was no statistical difference in the primary outcome, showing a narrow spectrum of experimental activity compared to heparin. In another recent review with meta-analysis, heparin and derivatives showed positive effects in cataract surgery [13]. LMWHs compared with heparin, showed more benefit as nephro- and neuroprotective agents. Other activities are listed in Table 3.

3. Chemical derivatives of heparin and LMWHs

The majority of biochemical, pharmacological and clinical investigations of heparins reported here, have employed heparin preparations manufactured as anticoagulants that can induce, in other therapeutic applications, side effects such as bleeding. This drove the investigation into the properties of heparin chains with no-affinity for AT and of chemically modified heparin with reduced anticoagulant activity. More selective approaches have been considered for both heparin fractions, with reduced AT affinity and anticoagulant activity, as well as rationally designed heparin derivatives targeting more specific interacting proteins. Comparison of the peculiar heparin sequences with libraries of amino acid sequences of heparin binding proteins may allow the prediction and identification of more specific interactions and new leads [85,86].

a Anecdotal trial; b experimental models; c clinical trials; d LMW heparan sulfate; eshorter human labor.

3.1. Sulfation degree modifications

Although the highly sulfated sequences of heparin show protein high-affinity binding, some of the sulfated groups can be compatible, but are not necessary for certain interactions. Selective desulfation can avoid or reduce heparin anticoagulant activity, by removing essential sulfated groups from the antithrombin binding region (ATBR) and induce selectivity among different protein targets. Similar results can be achieved by introducing sulfated groups in un-natural positions inducing conformational changes to impair ATIII binding.

Early chemical modifications included selective O-acylation in 1947 and N-desulfation in 1958 [87]. N-desulfated heparin, named "heparamine", showed reduced anticoagulant activity, experimental beneficial effects in preventing hepatic and renal damage by ischemia and reperfusion, as well as in inhibiting angiogenesis and experimental metastatic gastric cancer [88]. Structural modifications and structural activity relationship studies were mainly targeted towards inflammation [5], angiogenesis, cardiovascular and pulmonary diseases [11], metastasis [89] as well as Alzheimer's disease [90] and cerebral malaria [91]. The last two reports demonstrated the activity of N-desulfated-Nacetylated heparin (named heparide) and LMWHs. These and some N-acyl analogues showed beneficial effects in inflammation myocardial ischemic and reperfusion injury [5], inhibitory activity of angiogenesis and metastasis [89] in a broad spectrum of experimental models. An oversulfated LMWH preparation was found beneficial in an iron restricted anaemia model through inhibition of the peptide hormone Hepcidin [68]. Various types of derivatives, chemical processes, some biological interactions and activities are reported in dedicated reviews [87,89,92,93]. While the early structurally defined heparin binding to AT and thrombin supported the search of new anticoagulants and antithrombotics, only a few of the heparin interactions with the multitude of proteins involved, for example in inflammation [5], angiogenesis, metastasis and cancer [94] as well as atherosclerosis (LDL) [95] have been fully investigated to date. Owing to the intrinsic heterogeneity of heparin, which is sometimes increased by side reactions resulting from the difficulties of chemical handling and lack of selectivity, gave rise up to the 1990s to the development of a few leads and approved drugs. To our knowledge, Hirudoid, an oversulfated heparin is still on the market as a local vasoprotective formulation [93]. An O-butanoyl heparin derivative was found active in lung cancer experimental models [96]. Clinical trials of 2-O, 3-O desulfated heparin (ODSH), in combination with chemotherapy, showed benefits in untreated metastatic pancreatic cancer patients [97]. In the early 1990s another ODSH formulation was developed for the treatment of chronic obstructive pulmonary disease, but discontinued in 1994 [5].

Fig. 1. Simplified formula of representative ATBR- containing chain of porcine mucosal heparin (a) and the corresponding gs derivative (b) obtained by periodate oxidation/ borohydride reduction. I = Iduronic acid, A= Glucosamine, G = glucuronic acid, gs = glicol-split, ATBR = antithrombin binding region.

3.2. Glycol-split heparins (gs-heparins)

Periodate oxidation has been applied to obtain non-anticoagulant heparins without impairing other biological activities and inducing reduced side reactions, i.e. depolymerization, and preserves both the pattern and degree of sulfation [98,99]. Periodate can selectively oxidize adjacent carbons bearing unsubstituted hydroxyl and /or amino groups $[100]$, leading, in heparins, to the splitting of $C(2)$ - $C(3)$ bonds of un-sulfated uronic acids including the glucuronic acid, within the ATBR, essential for high anticoagulant activity [101]. Subsequent borohydride reduction leads to the "glycol-split" (gs) derivatives, also named reduced oxyheparins (ROHs), as shown in Fig. 1 Under well-controlled conditions, the first intermediate oxyheparin and final gs-heparin samples, that preserved the original Mws, were fully-characterized in terms of their chemical-physical properties and "*in vivo*" anti-lipemic activity, as well as residual anticoagulant activity in 1986 [99]. The increase of chain flexibility, induced by gs-residues and the ability to maintain the principal biological interactions of heparin has led in the last thirty years to a number of active gs-heparins differing in size and extent of glycolsplitting, shown in Table 4.

Among the gs-heparins under development, only SST0001 (N-desulfated-N-acetyl gs-heparin) shows a size comparable to that of high molecular weight heparin. This inhibits heparanase, angiogenesis, downregulates FGF-2, HGF, MMP9 and PDGF abrogating PDGF receptor tyrosine phosphorylation. The heparanase role in radiation-enhanced invasiveness of pancreatic carcinoma is abolished by SST001 "*in vivo"* [102]. The SST0001 inhibition of heparanase mediated signaling overcame the resistance in Lapatinib resistant brain metastatic breast cancer cells [103]. An additional heparanase mediated pathway inhibited by SST0001 "*in vitro"* is the stimulation of chondrogenesis up-regulated by heparanase in human ectopic cartilage and possibly involved in hereditary multiple exostoses, a pediatric skeletal disorder characterized by benign cartilaginous tumours [104]. SST0001 was found effective in several tumour xenografts of hematologic (myeloma) [105] and solid (sarcoma) malignancies [106, 107]. Roneparstat has been tested in a Phase I trial for advanced myelomas and patients are being enrolled for a Phase II trial.

All the other gs-heparins including those in clinical trials show low or very low Mw. Vasoflux, obtained by glycol splitting of a LMWH, afforded anticoagulant activity independent of AT and HCII [108]. Addition of Vasoflux to streptokinase and Aspirin in a randomized clinical trial for prevention of acute myocardial infarction, did not improve the response compared to heparin [109].

M402, a gs-LMWH, inhibits heparanase, growth factors involved in angiogenesis, other pathways and metastasis in orthoptic murine carcinoma models [110]. Since June 2005, Nocuparanib has been a candidate in Phase II clinical trial for metastatic pancreatic cancer in combination with chemotherapy. Clinical trials of DF01 (Tafoxiparin) for the prevention and treatment of protracted labour are ongoing [111]. DFX -232 and Sevuparin, as inhibitors of red cell aggregation, known as rosetting, arising from "*Plasmodium falciparium*" infection, are under clinical trial as anti-malarials and for prevention of vascular occlusion by sickle red cells in severe hereditary anaemia [112].

3.3. Heparin oligosaccharides

The biosynthetic structural heterogeneity of heparin chains, further enhanced by chemical treatments during manufacture and purification, make their sequence analysis very difficult. To prepare a library of pure oligosaccharides from natural heparin is another very challenging task. Nevertheless hundreds of oligosaccharide have been isolated over the years, mainly by enzymatic or nitrous acid partial depolymerization, and tested for a broad range of biological activities and protein interactions. Through a recent rational approach, active oligosaccharides from hexa- up to dodecasaccharides have been chemo-enzymatically prepared starting from the structural homogeneous bacterial polysaccharide K5 [129] using recombinant versions of the heparin biosynthesis enzymes [130].

4. Heparin conjugates and orally delivery systems

An oxy-heparin preparation, (from heparin periodate oxidation) was linked through the newly formed aldehyde groups to polystyrene to provide the conjugate NAC-HCPS, inhibiting angiogenesis and metastasis in experimental models [131], the same activity shown by a conjugate of Fraxiparin (LH17), through a diaminoethylene bridge with taurocholate [132]. Other conjugates have been designed as delivery systems for anticancer drugs, such as Doxorubicin [133]. An orally active 6-O-desulfated Nadroparin conjugate with deoxycholate (6ODS-LHbD) was found to inhibit angiogenesis and bone destructive arthritis in experimental models [134]. Ignoring anecdotal reports, orally active heparin formulations have been the aim of formulation scientists and clinicians for some time. A variety of approaches have been summarized recently [135]. To mention one instance, N-[8-(2-hydroxyl benzoyl)amino]caprilate (SNAC) was selected as an oral enhancing delivery agent for heparin.

Table 4

Gs-heparins interactions and biological activities

a "In vitro", b "in vivo", c preclinical, d clinical studies.

The efficacy of two liquid formulations in a thromboprophylaxis Phase III clinical trial, in comparison with standard s.c. LMWH therapy, did not show significant benefits [136].

5. Conclusion

Up-dating the non-anticoagulant activities of heparins has not been an easy task considering the number of reports disclosing their new roles in signaling and pathways involved in a variety of pathologies. In competition with chemo-enzymatic approaches, natural heparins, may improve their chances. The manufacture of pharmaceutical grade heparin has been optimized for anticoagulant efficacy which mainly represents the principal side effect for other applications. Given the heterogeneity of raw heparin chains, it is probable that sequences and chains better involved in other applications may be lost but, also selected in processing natural heparins. In the future, selection based on size or lack of AT-binding, followed by compositional and structural characterization would provide more useful and rational preparations preserving particular sequences, for new non-anticoagulant leads and applications.

Conflict of interest statement

The authors declare no competing financial interest.

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