

3
4 **Running title:** CyberKnife® lung optimized treatment in inoperable patients

5
6 **Lung optimized treatment with CyberKnife® in inoperable lung cancer patients: feasibility**
7 **analysis of a mono-institutional 115 patient series**

8
9 C. M. FRANCIA^{1,#}, G. MARVASO^{1,#,*}, G. PIPERNO¹, S. GANDINI², A. FERRARI¹, M. A.
10 ZERELLA^{1,3}, S. ARCULEO^{1,3}, D. SIBIO^{1,3}, C. FODOR¹, M. PEPA¹, S. TRIVELLATO⁴, E.
11 RONDI⁴, S. VIGORITO⁴, F. CATTANI⁴, L. SPAGGIARI^{3,5}, F. DE MARINIS⁶, R. ORECCHIA^{3,7},
12 D. CIARDO^{1,§}, B. A. JERECZEK-FOSSA^{1,3,§}

13
14 ¹Department of Radiation Oncology, IEO, European Institute of Oncology, IRCCS, Milan, Italy;
15 ²Department of Experimental Oncology, IEO, European Institute of Oncology IRCCS, Milan, Italy;
16 ³Department of Oncology and Hemato-oncology, University of Milan, Milan, Italy; ⁴Unit of
17 Medical Physics, IEO, European Institute of Oncology, IRCCS, Milan, Italy; ⁵Division of Thoracic
18 Surgery, IEO, European Institute of Oncology, IRCCS, Milan, Italy; ⁶Division of Thoracic
19 Oncology, IEO, European Institute of Oncology IRCCS, Milan, Italy; ⁷Scientific Directorate, IEO,
20 European Institute of Oncology IRCCS, Milan, Italy.

21
22 ***Correspondence:** giulia.marvaso@ieo.it

23
24 [#]Authors contributed equally to this work as co-first authors.

25 [§]Authors contributed equally to this work as co-senior authors.

26
27 **Received July 17, 2019 / Accepted September 29, 2019**

28
29 Cyberknife® Lung optimized treatment (LOT) allows treatment of lung cancer without invasive
30 fiducial implantation. The aim of this retrospective analysis was to evaluate the feasibility, toxicity
31 and clinical outcome. One hundred fifteen patients (124 lesions) were treated with Cyberknife®
32 using LOT. Median age was 72.6 years (range 31.8-90.3). From 124 treated lesions, 52 were with
33 histopathological confirmation (41 primitive pulmonary cancer, 8 pulmonary metastases) and 72 as
34 untyped tumors. For 5 patients (6 lesions) treatment was an in-field re-irradiation. Concomitant
35 therapy was administered in 7 patients. Zero-View tracking was applied in 69 patients, 1-View in
36 33 patients, 2-View in 22 patients. Median total dose was 45 Gy (range 18-54), median
37 dose/fraction was 15 Gy (range 4-18) with a median prescription isodose of 80% (range 68-85).
38 Median planning target volume (PTV) was 25 cm³ (range 3-195). Median follow-up was 20 months
39 (range 7-47). Thirty-seven patients (32%) were alive with no evidence of disease, 39 patients (34%)
40 alive with clinically evident disease, and 38 patients (33%) died of disease. The 1- and 2-year
41 overall survival (OS) rate was 83% and 61%. Median time to progression was 19 months (95%
42 confidence interval: 11-19 months), 1- and 2-year progression-free survival (PFS) rates were 62%
43 and 41%, respectively. Smaller PTV was significantly associated with better OS, PFS and in-field
44 PFS in univariate and multivariate analyses. Acute toxicity was observed in 36 patients (41%). Late
45 toxicity was registered in 25 patients (29%). G3 late toxicity was observed in one patient (1.1%).
46 Our data suggests that fiducial less-SBRT is a feasible, well-tolerated and potentially effective
47 treatment with high compliance in the setting of inoperable patients due to concomitant disease or
48 previous treatments.

49
50 **Key words:** Lung cancer, Stereotactic radiotherapy, CyberKnife Lung Optimized Treatment,
51 fiducial-less SBRT

52
53 Stereotactic body radiation therapy (SBRT) represents the gold standard in the treatment of
54 inoperable small lung nodules, both primary tumours, and metastases. Recently, it has been
55 accepted as a valid treatment option for operable lung patients as well [1], since it provides a less
56 invasive, less morbid and more convenient treatment [2-5] compared to thoracic surgery.
57 However, one of the main concerns of this technique is tumour motion, mainly caused by
58 respiratory motion. This can occur in all anatomic directions and affects both intrafractional and
59 interfractional accurate radiation delivery [6-7].
60 Recent developments in this field focused on understanding organ motion and reducing setup error,
61 designing the tightest possible safety margin without compromising the tumour coverage and
62 minimizing lung damage, especially in patients with impaired lung function [8-10].
63 The Synchrony Respiratory Tracking System (SRTS) implemented in CyberKnife® (Accuray,
64 Incorporated, Sunnyvale, CA) correlates the internal motion of the target, assessed by the X-ray
65 image-guidance system, with the motion of the chest wall, measured using infrared light-emitting
66 diodes as external surface markers [11].
67 In addition, the Lung Optimized Treatment (LOT) feature for the CyberKnife® provides a range of
68 tracking modalities to offer a fiducial-free treatment option according to tumour visibility in the X-
69 ray images acquired during treatment, thus tracking the lung nodules during breathing without
70 invasive fiducials implantation [12-13]. In the 2-view modality, the tumour is detectable in both
71 orthogonal X-ray images and three-dimensional (3D) motion tracking is performed as Xsight Lung
72 Tracking™. In the 1-view modality, the tumour is visible in only one of the X-ray projections (A or
73 B) and the dynamic tumour tracking compensates the target motion only in the detectable plane.
74 Non-trackable motion is compensated with the definition of the internal target volume (ITV). In the
75 0-view modality, the tumour cannot be detected in any X-ray images and consequently, the
76 treatment relies entirely on an ITV-based approach, using the Xsight Spine Tracking™ module.
77 The aim of this study is the evaluation of the feasibility of the treatment, toxicity profile and
78 oncological outcome in patients who underwent SBRT using LOT system.

79

80 **Patients and methods**

81 **Patient series.** This retrospective study was part of the research on SBRT notified to Ethics
82 Committee of IRCCS European Institute of Oncology and Centro Cardiologico Monzino – via
83 Ripamonti, 435, 20141 Milano, Italy (notification Nr. 93/11). All patients signed a written informed
84 consent for stereotactic body radiation therapy (SBRT) and written informed consent for the use of
85 the anonymized data for research or educational purpose.

86 The patient inclusion criteria for this study were: age > 18 years; Karnofsky performance score
87 (KPS) \geq 70; primary lung tumours (with or without histopathological confirmation) or pulmonary
88 metastases; one or two target lesions treated at the same time; first in-field radiotherapy (RT) or re-
89 irradiation; large visible tumours; severe cardiovascular or pulmonary comorbidities; previous
90 major lung surgery or thoracic RT; written informed consensus for the CyberKnife[®] treatment and
91 for the use of the anonymized data for research and educational purpose.

92 Any concomitant systemic therapy (chemotherapy, biological therapy, and hormone therapy) was
93 allowed. The indication to perform SBRT was discussed in a multidisciplinary tumour board for
94 thoracic malignancies. The diagnosis was based on imaging and functional studies: computed
95 tomography (CT) and fluorodeoxyglucose positron emission tomography (FDG-PET/CT). When
96 possible, spirometry was performed for pulmonary baseline functional evaluation.

97 Lung lesions without histopathological confirmation in patients with previous primary tumour with
98 disease-free interval longer than 24 months from the first event were classified as primitive.

99 **Radiation therapy.** A planning four-dimensional (4D) CT was acquired by GE Optima CT580 W
100 scanner (GE Healthcare, Chicago, IL, USA) in free-breathing modality, with the patient lying
101 supine in a customized external vacuum-type cast with arms along their sides. The same set-up was
102 used during the treatment sessions. The respiratory signal acquired by the Real-time Position
103 Management system (RPM, Varian, Palo Alto, USA) was used for the phase binning of the images.
104 The gross tumour volume (GTV) was delineated both on the full-inhale and full-exhale phases. The
105 planning target volume (PTV) definition depended on the tracking modality [11]. For 2-view
106 modality, a 3-mm isotropic margin was added to the full-exhale GTV, chosen as the most
107 representative phase of free-breathing. In 1-view modality, the ITV was obtained as envelope of
108 full-inhale and full-exhale GTVs and an anisotropic margin was applied with 3-mm expansion in
109 the trackable direction and 5-mm expansion in the non-trackable direction. In the 0-view modality,
110 a 5-mm isotropic margin was added to the ITV.

111 **Follow-up procedure and response evaluation.** Toxicity was evaluated with the Radiation
112 Therapy Oncology Group (RTOG) and the European Organization for Research and Treatment of
113 Cancer (EORTC) criteria and the Common Terminology Criteria for Adverse Events (CTCAE)
114 version 4.1 [14]. Any toxicity event occurring within 6 months from the end of RT was defined as
115 acute toxicity, whether events occurring after 6 months from the end of RT were classified as late
116 toxicity.

117 Radiologic tumour response after SBRT was evaluated by the same imaging modality used for
118 treatment planning (CT or PET-CT) and classified according to the Response Evaluation Criteria in
119 Solid Tumours (RECIST) version 1.1 or PET/CT Response Criteria in Solid Tumours (PERCIST)

120 guideline [15-16]. Progression-free survival (PFS) was defined as the time interval between the last
121 day of SBRT and the first disease progression. The in-field PFS was defined as the time interval
122 between the last day of SBRT and the detection of in-field progression. The out-field PFS was
123 defined as the time interval between the last day of SBRT and the detection of out-field progression.
124 Overall survival (OS) was defined as the time interval between the last day of SBRT and the death
125 for tumour or other causes.

126 **Statistical analysis.** Patient characteristics were reported as frequency and percentage for
127 categorical variables and median and range for continuous variables. The length of follow-up was
128 calculated from the last day of SBRT to the last follow-up visit.

129 Univariate and multivariate analyses were performed to quantify the impact of patient, tumour, and
130 treatment-related factors on clinical outcomes (PFS, in-field PFS, out-field PFS, acute/late toxicity,
131 OS). The associations between treatment-related variables, patient, and tumour characteristics,
132 concomitant diseases, and toxicity were investigated by the Chi-squared test or Fisher's exact test
133 for categorical variables. Log-rank tests and multivariate Cox regression models were used to assess
134 the associations of patient and tumour characteristics, recognized prognostic factors, previous
135 treatment modalities, and RT parameters with tumour outcome and toxicity. Survival curves were
136 estimated using the Kaplan-Meier method. The significance threshold for p-values were set at 0.05.
137 Statistical analyses were performed with SAS statistical software (version 9.2; SAS Institute, Cary,
138 NC).

139

140 **Results**

141 **Study population and tumour characteristics.** Hundred-fifteen patients (124 lesions) treated at
142 the European Institute of Oncology (Milan, Italy) between January 2014 and October 2016 were
143 included in this study. Patient and tumour characteristics are described in Table 1.

144 **Dose prescribed to the target lesion.** Total dose and number of fractions were determined on the
145 basis of the tumour (location and size) or patient characteristics (previous surgery or RT and
146 comorbidities).

147 Treatments were planned with the MultiPlan v.5.2.1 (Accuray Inc., Sunnyvale, CA, USA) treatment
148 planning system (TPS) using the Ray Tracing algorithm and delivered with Cyberknife[®] System
149 v.11.1.x. It is well known [17] that the use of the Ray Tracing algorithm implies lesion underdosing
150 – real doses are 10-15% less than those planned. For this reason, this effect has been taken into
151 account in the remainder of the study. The dosimetric and tracking characteristics are reported in
152 Table 2, while the treatment schemes and their frequencies are presented in Table 3.

153 **Oncological outcome.** The median follow-up period was 20 months (range, 7-47 months). At the
154 time of analysis, 37 patients (32%) were alive with no evidence of disease, 39 patients (34%) were
155 alive with clinically evident disease, and 38 patients (33%) died of disease. One patient was lost to
156 follow-up.

157 The 1- and 2-year OS rate was 83% and 61% (Figure 1A). The first radiological evaluation was
158 available for 112 out of 124 lesions (90.3%). PET-CT or CT scan with or without spirometry was
159 performed in all patients. The treatment response was not assessed for 12 lesions because the
160 patients died before the time of restaging. At the first follow-up, a complete radiologic response
161 (CR), partial response (PR), stable disease (SD) and progressive disease (PD) were observed in 31
162 (27.7%), 37 (33.0%), 39 (34.8%) and 5 (4.5%) of the evaluable lesions, respectively. At last follow-
163 up CR, PR, SD and PD were observed in 68 (60.7%), 13 (11.6%), 13 (11.6%) and 18 (16.1%),
164 respectively and in-field control was observed in 94 (83.9%) of 112 evaluable lesions. The median
165 time to any progression was 19 months (95% confidence interval: 11-19 months) and the actuarial
166 1- and 2-year PFS rates were 62% and 41%, respectively (Figure 1B).

167 The actuarial 1- and 2-year in-field PFS rates were 91% and 76%, respectively (Figure 1C). The
168 median time to out-field progression was 20 months and 1- and 2-year out-field PFS was 67% and
169 45%, respectively (Figure 1D). The pattern of failure was mainly out-field, and patients whose
170 primary progression was out-field had achieved the disease local control.

171 Smaller PTV was found significantly associated with OS, PFS and in-field PFS in univariate and
172 multivariate analyses, while lesion size was found to be significantly correlated with in-field PFS
173 only in univariate test (Log Rank, $p = 0.05$).

174 **Toxicity.** Acute toxicity was observed in 36 patients (41%) and included G1 and G2 respiratory
175 symptoms (dyspnea, cough, laryngeal inflammation, pneumonia) with G3 toxicity (dyspnea, cough,
176 and pneumonia) in only 3 patients (3%). Late toxicity data were available for 85 patients and
177 included cough, bronchospasm, laryngeal inflammation, pneumonia, and pulmonary fibrosis. Late
178 toxicity was registered in 25 patients (29%). G3 late toxicity (dyspnea) was observed in only one
179 patient (1.1%) (Table 4). No grade 4 acute or late events were observed.

180 No statistically significant correlations were found between clinical-related characteristics and acute
181 toxicity, with the exception of the respiratory comorbidities (χ^2 test, $p < 0.001$).

182 On univariate analyses, a statistically significant correlation between late toxicity and previous
183 thoracic/mediastinal surgery (Figure 2A) or RT (Figure 2B) was found (Log Rank $p = 0.02$ and $p =$
184 0.03 , respectively). Results of oncological outcome and toxicity are reported in Table 5.

185

186 **Discussion**

187 This study showed that fiducial-less Cyberknife-LOT-SBRT provides good local control with a PFS
188 at 2 years of almost 50%, achieving low toxicity rates. These data represent relevant results
189 especially considering that the treated population was comprehensive of patients with severe
190 respiratory comorbidities or with a previous history of thoracic treatments (surgery and/or RT). In
191 many “real world” cancer practices, these patients, unfortunately, are not candidates to active
192 cancer treatment and receive only the best supportive care. Therefore non-invasive out-patient
193 based, short and comfortable Cyberknife-LOT-SBRT may represent a great opportunity in this
194 particular patient population.

195 The main advantage of Cyberknife-LOT-SBRT is the ability to perform fiducial-less real-time
196 tumour tracking [11], potentially improving the outcome in patients with poor pulmonary function.
197 Before the introduction of tracking systems, fiducial marker insertion was necessary for tumour
198 tracking. However, the insertion of such markers has been associated with complications, such as
199 pneumothorax, migration of the marker, and arrhythmia [18-19]. Fiducial-less Cyberknife-LOT-
200 SBRT allows non-invasive and more comfortable tracking.

201 As previously mentioned, this treatment was reserved for a population of patients that were
202 “negatively selected” for both performance status (KPS < 100, severe cardiovascular or pulmonary
203 comorbidities) and prognostic factors. Despite this, we obtained a 1- and 2-year actuarial OS of
204 83% and 61%, respectively and 1- and 2-year actuarial local control rate of 90% and 76%,
205 respectively.

206 Our results are comparable with published data on lung SBRT series, with local control and OS
207 slightly inferior to results from primary tumour treatment [4, 20-23]. It is worth noting that our
208 population comprised both primary and secondary tumours. This heterogeneity hinders direct
209 comparison with most of the data present in literature, which refers to early stage primary tumours,
210 whereas lung metastases show a worse outcome [7, 24-25].

211 Over the last 20 years, several research groups conducted phase I-II trials of SBRT for inoperable
212 early-stage NSCLC. Total doses ranged from 45 to 66 Gy delivered in 3 or 4 fractions, with 2–3
213 years tumour local control rates and 1–3 years OS projections ranging between 84 and 98% and
214 between 43 and 72%, respectively [19, 26-30]. Timmermann et al. in the multi-institutional RTOG
215 0236 Trial for inoperable early-stage NSCLC demonstrated a 3-year survival rate of 56% and a 3-
216 year local control rate of 98% [8]. Baumann et al. founded a local control rate at 33 months of 88%
217 and 3- year OS rate of 55% [26]. Nagata et al. reported, in their Phase II clinical trial for a
218 medically operable case group, a 3-year OS rate of 76% and a 3- year in-field PFS of 69% [31]. For
219 metastatic patient groups, Janvary et al. showed 1-, 2- and 3-year local control rates of 84%, 59%
220 and 53% respectively [32]. An analysis of the RSSearch database, including patients with centrally

221 located lung tumours, both primary and metastases, reported a median OS of 24 months and 2-year
222 local control of 76.4% and 69.8% for primary NSCLC and lung metastases, respectively [33],
223 whereas Lischalk et al. reported a median OS of 16 months and local control at 2 years of 57% [34].
224 Wulf et al. described an actuarial local control rate of 92% for primary lung cancer and 72% for
225 pulmonary metastases at 12 months [35].

226 The incidence of G3 toxicities was consistent with data in the literature and even inferior, but this
227 could be due to the retrospective character of our analysis and the higher probability to
228 underestimate chronic toxicity events since data collection is not immediate and standardized as in
229 prospective studies. In the RTOG 0236 trial, a multi-institutional clinical trial undertaken in the
230 USA, 12.7% and 3.6% of 32 patients were reported to experience protocol specified treatment-
231 related grade 3 and 4 adverse events [8]. Fakiris et al. described G3 toxicities (pneumonia and skin
232 erythema) in 2.8% of patients [36], while Onishi et al. described G3 toxicities (namely esophagitis,
233 dermatitis, and pulmonary toxicity) in 9.2% of patients and G3 radiation-induced pulmonary
234 complications in 1.1% of patients [20]. It is worth underlying that the Ray Tracing algorithm has
235 been declared outdated because of its relevant uncertainty in inhomogeneous anatomic sites [37,
236 38]. Nevertheless, at the time of the present study design (2014-2016), the computational cost of a
237 Monte Carlo calculation was not feasible in the clinical routine. Therefore the Ray Tracing was
238 used to optimize and calculate these retrospectively selected plans. Nowadays the upgrade to the
239 Precision® TPS v.1.1.x (Accuray Inc., Sunnyvale, CA) has increased the computational power
240 allowing to run a Monte Carlo calculation in less than 30 minutes. The new Precision® TPS and the
241 Monte Carlo algorithm have been commissioned in our Department at the beginning of 2019 for
242 routine use in the medical practice and in related future research projects [39]. Another criticism of
243 our study is the inclusion of a heterogeneous group of patients.- The main endpoint of this present
244 study was to assess the feasibility of the treatment, which justify the inclusion of patients with
245 different characteristics including different tumours (primary and metastases), therapeutic intent
246 (curative vs. palliative), disease extent, previous RT or surgical history (some patients previously
247 underwent mediastinal/thoracic RT or pulmonary major surgery), fractionation regimens, eventual
248 concomitant systemic and adjuvant therapies. The results on oncological outcome and toxicity must
249 be intended as literature confirmation for appropriately selected patients.

250 Therefore, lung fiducial-less Cyberknife-LOT-SBRT may be safely delivered in patients with
251 severe pulmonary comorbidities, with poor pre-treatment pulmonary function and who previously
252 underwent thoracic surgery or RT. The correlation between toxicity and dose-volume points to the
253 lung was analysed in order to identify statistically significant dose-volume points that could
254 potentially be predictive for toxicity. In our dataset, no correlation between $V_{20\%}$ and mean dose to

255 lung and toxicity was found. This could be due to to the safety of the constraints used for treatment
256 planning or to the insufficient sample size in terms of the total number of high-grade toxicity
257 events.

258 A remarkable finding might be the observed correlation between late toxicity and previous thoracic
259 surgery and/or thoracic RT. Another interesting finding of our study was the absence of chest wall
260 complications.

261 Our preliminary data based on a retrospective analysis shows that fiducial less-SBRT is a feasible,
262 well-tolerated and potentially effective treatment with high compliance in the setting of inoperable
263 patients due to concomitant disease or previous treatments. The identification of patient selection
264 criteria, together with the definition of fractionation, is warranted. Arguably, the incorporation of
265 such parameters in structured prospective studies might contribute improving the level of evidence
266 for fiducial-less SBRT in lung cancer for appropriately selected patients.

267

268 Acknowledgements: This work was partially supported by a research grant from Accuray Inc.
269 entitled “Data collection and analysis of Tomotherapy and CyberKnife breast clinical studies, breast
270 physics studies and prostate study”. The Sponsor did not play any role in the study design,
271 collection, analysis and interpretation of data, nor in the writing of the manuscript, nor in the
272 decision to submit the manuscript for publication.

273

274

275 **References**

- 276 [1] TIMMERMAN RD, PAULUS R, PASS HI, GORE EM, EDELMAN MJ et al. Stereotactic
277 Body Radiation Therapy for Operable Early-Stage Lung Cancer: Findings From the NRG
278 Oncology RTOG 0618 Trial. *JAMA Oncol* 2018; 4: 1263-1266.
279 <https://doi.org/10.1001/jamaoncol.2018.1251>
- 280 [2] FRANKS KN, JAIN P, SNEE MP. Stereotactic ablative body radiotherapy for lung cancer.
281 *Clin Oncol (R Coll Radiol)* 2015; 27: 280-289. <https://doi.org/10.1016/j.clon.2015.01.006>
- 282 [3] CHANG JY, SENAN S, PAUL MA, MEHRAN RJ, LOUIE AV et al. Stereotactic ablative
283 radiotherapy versus lobectomy for operable stage I non-small-cell lung cancer: a pooled
284 analysis of two randomised trials. *Lancet Oncol* 2015; 16: 630-637.
285 [https://doi.org/10.1016/S1470-2045\(15\)70168-3](https://doi.org/10.1016/S1470-2045(15)70168-3)
- 286 [4] ONISHI H, ARAKI T. Stereotactic body radiation therapy for stage I non-small-cell lung
287 cancer: a historical overview of clinical studies. *Jpn J Clin Oncol* 2013; 43: 345-350.
288 <https://doi.org/10.1093/jjco/hyt014>
- 289 [5] FILIPPI AR, FRANCO P, RICARDI U. Is stereotactic ablative radiotherapy an alternative
290 to surgery in operable stage I non-small cell lung cancer? *Rep Pract Oncol Radiother* 2013;
291 19: 275-279. <https://doi.org/10.1016/j.rpor.2013.05.005>
- 292 [6] NAKAMURA M, NISHIMURA H, NAKAYAMA M, MAYAHARA H, UEZONO H et al.
293 Dosimetric factors predicting radiation pneumonitis after CyberKnife stereotactic body
294 radiotherapy for peripheral lung cancer. *Br J Radiol* 2016; 89: 20160560.
295 <https://doi.org/10.1259/bjr.20160560>

- 296 [7] SCHWARZ M, CATTANEO GM, MARRAZZO L. Geometrical and dosimetric
297 uncertainties in hypofractionated radiotherapy of the lung: A review. *Phys Med* 2017; 36:
298 126-139. <https://doi.org/10.1016/j.ejmp.2017.02.011>
- 299 [8] CASAMASSIMA F, CAVEDON C, FRANCESCO P, STANCANELLO J, AVANZO M
300 et al. Use of motion tracking in stereotactic body radiotherapy: Evaluation of uncertainty in
301 off-target dose distribution and optimization strategies. *Acta Oncol* 2006; 45: 943-947.
302 <https://doi.org/10.1080/02841860600908962>
- 303 [9] SEPPENWOOLDE Y, SHIRATO H, KITAMURA K, SHIMIZU S, VAN HERK M et al.
304 Precise and real-time measurement of 3D tumor motion in lung due to breathing and
305 heartbeat, measured during radiotherapy. *Int J Radiat Oncol Biol Phys* 2002; 53: 822-834.
306 [https://doi.org/10.1016/s0360-3016\(02\)02803-1](https://doi.org/10.1016/s0360-3016(02)02803-1)
- 307 [10] YAMASHITA H, TAKAHASHI W, HAGA A, NAKAGAWA K. Radiation pneumonitis
308 after stereotactic radiation therapy for lung cancer. *World J Radiol* 2014; 6: 708-715.
309 <https://doi.org/10.4329/wjr.v6.i9.708>
- 310 [11] RICOTTI R, SEREGNI M, CIARDO D, VIGORITO S, RONDI E et al. Evaluation of target
311 coverage and margins adequacy during CyberKnife Lung Optimized Treatment. *Med Phys*
312 2018; 45: 1360-1368. <https://doi.org/10.1002/mp.12804>
- 313 [12] DIETERICH S, GIBBS IC. The CyberKnife in clinical use: Current roles, future
314 expectations. *Front Radiat Ther Oncol* 2011; 43: 181-194.
315 <https://doi.org/10.1159/000322423>
- 316 [13] GIBBS IC, LOO BW JR. CyberKnife stereotactic ablative radiotherapy for lung tumors.
317 *Technol Cancer Res Treat* 2010; 9: 589-596. <https://doi.org/10.1177/153303461000900607>
- 318 [14] COMMON TERMINOLOGY CRITERIA FOR ADVERSE EVENTS (CTCAE) VERSION
319 4.0 2009; U.S. department of health and human services, National Institutes of Health
320 National Cancer Institute
- 321 [15] EISENHAUER EA, THERASSE P, BOGAERTS J, SCHWARTZ LH, SARGENT D et al.
322 New response evaluation criteria in solid tumours: Revised RECIST guideline (version 1.1).
323 *Eur J Cancer* 2009; 45: 228-247. <https://doi.org/10.1016/j.ejca.2008.10.026>
- 324 [16] WAHL RL, JACENE H, KASAMON Y, LODGE MA. From RECIST to PERCIST:
325 Evolving considerations for PET response criteria in solid tumors. *J Nucl Med* 2009; 50:
326 122S-150S. <https://doi.org/10.2967/jnumed.108.057307>
- 327 [17] DING GX, DUGGAN DM, LU B, HALLAHAN DE, CMELAK A et al. Impact of
328 inhomogeneity corrections on dose coverage in the treatment of lung cancer using
329 stereotactic body radiation therapy. *Med Phys* 2007; 34: 2985-2994.
330 <https://doi.org/10.1118/1.2745923>
- 331 [18] NUYTENS JJ, PREVOST JB, PRAAG J, HOOGEMAN M, VAN KLAVEREN RJ et al.
332 Lung tumor tracking during stereotactic radiotherapy treatment with the CyberKnife: marker
333 placement and early results. *Acta Oncol* 2006; 45: 961-965.
334 <https://doi.org/10.1080/02841860600902205>
- 335 [19] COLLINS BT, ERICKSON K, REICHNER CA, COLLINS SP, GAGNON GJ et al.
336 Radical stereotactic radiosurgery for stage I lung cancer radiosurgery with real-time tumor
337 motion tracking in the treatment of small peripheral lung tumors. *Radiat Oncol* 2007; 2: 39.
338 <https://doi.org/10.1186/1748-717X-2-39>
- 339 [20] TIMMERMAN R, PAULUS R, GALVIN J, MICHALSKI J, STRAUBE W et al.
340 Stereotactic body radiation therapy for inoperable early stage lung cancer. *JAMA* 2010; 303:
341 1070-1076. <https://doi.org/10.1001/jama.2010.261>
- 342 [21] ONISHI H, SHIRATO H, NAGATA Y, HIRAOKA M, FUJINO M et al. Stereotactic body
343 radiotherapy (SBRT) for operable stage I non-small-cell lung cancer: can SBRT be
344 comparable to surgery? *Int J Radiat Oncol Biol Phys* 2011; 81: 1352-1358.
345 <https://doi.org/10.1016/j.ijrobp.2009.07.1751>

- 346 [22] ONISHI H, ARAKI T, SHIRATO H, NAGATA Y, HIRAOKA M et al. Stereotactic
347 Hypofractionated High-Dose Irradiation for Stage I Nonsmall Cell Lung Carcinoma.
348 Clinical Outcomes in 245 Subjects in a Japanese Multiinstitutional Study. *Cancer* 2004;
349 101: 1623-1631. <https://doi.org/10.1002/cncr.20539>
- 350 [23] ONISHI H, SHIRATO H, NAGATA Y, HIRAOKA M, FUJINO M et al. Hypofractionated
351 stereotactic radiotherapy (HypoFXSRT) for stage I non-small cell lung cancer: updated
352 results of 257 patients in a Japanese multi-institutional study. *J Thorac Oncol* 2007; 2: S94-
353 100. <https://doi.org/10.1097/JTO.0b013e318074de34>
- 354 [24] RICCO A, DAVIS J, RATE W, PERRY D, PABLO J et al. Lung metastases treated with
355 stereotactic body radiotherapy: the RSSearch® patient Registry's experience. *Radiat Oncol*
356 2017; 12: 35. <https://doi.org/10.1186/s13014-017-0773-4>
- 357 [25] SIVA S, SLOTMAN BJ. Stereotactic Ablative Body Radiotherapy for Lung Metastases:
358 Where is the Evidence and What are We Doing With It? *Semin Radiat Oncol* 2017; 27: 229-
359 239. <https://doi.org/10.1016/j.semradonc.2017.03.003>
- 360 [26] BAUMANN P, NYMAN J, HOYER M, WENNERBERG B, GAGLIARDI G et al. Outcome
361 in a prospective phase II trial of medically inoperable stage I non-small-cell lung cancer
362 patients treated with stereotactic body radiotherapy. *J Clin Oncol* 2009; 27: 3290-3296.
363 <https://doi.org/10.1200/JCO.2008.21.5681>
- 364 [27] MCGARRY RC, PAPIEZ L, WILLIAMS M, WHITFORD T, TIMMERMAN RD.
365 Stereotactic body radiation therapy of early-stage non-small-cell lung carcinoma: phase I
366 study. *Int J Radiat Oncol Biol Phys* 2005; 63: 1010-1015.
367 <https://doi.org/10.1016/j.ijrobp.2005.03.073>
- 368 [28] RICARDI U, FILIPPI AR, GUARNERI A, GIGLIOLI FR, CIAMMELLA P et al.
369 Stereotactic body radiation therapy for early stage non-small cell lung cancer: results of a
370 prospective trial. *Lung Cancer* 2010; 68: 72-77.
371 <https://doi.org/10.1016/j.lungcan.2009.05.007>
- 372 [29] RICARDI U, BADELLINO S, FILIPPI AR. Stereotactic body radiotherapy for early stage
373 lung cancer: History and updated role. *Lung Cancer* 2015; 90: 388-396.
374 <https://doi.org/10.1016/j.lungcan.2015.10.016>
- 375 [30] BRAL S, GEVAERT T, LINTHOUT N, VERSMESSEN H, COLLEN C et al. Prospective,
376 risk-adapted strategy of stereotactic body radiotherapy for early-stage non-small-cell lung
377 cancer: results of a Phase II trial. *Int J Radiat Oncol Biol Phys* 2011; 80: 1343-1349.
378 <https://doi.org/10.1016/j.ijrobp.2010.04.056>
- 379 [31] NAGATA Y, HIRAOKA M, SHIBATA T, ONISHI H, KOKUBO M et al. Prospective
380 Trial of Stereotactic Body Radiation Therapy for Both Operable and Inoperable T1N0M0
381 Non-Small Cell Lung Cancer: Japan Clinical Oncology Group Study JCOG0403. *Int J*
382 *Radiat Oncol Biol Phys* 2015; 93: 989-996. <https://doi.org/10.1016/j.ijrobp.2015.07.2278>
- 383 [32] JANVARY ZL, JANSEN N, BAART V, DEVILLERS M, DECHAMBRE D et al. Clinical
384 Outcomes of 130 Patients with Primary and Secondary Lung Tumors treated with
385 Cyberknife Robotic Stereotactic Body Radiotherapy. *Radiol Oncol* 2017; 51: 178-186.
386 <https://doi.org/10.1515/raon-2017-0015>
- 387 [33] DAVIS JN, MEDBERY C, SHARMA S, PABLO J, KIMSEY F et al. Stereotactic body
388 radiotherapy for centrally located early-stage non-small cell lung cancer or lung metastases
389 from the RSSearch(®) patient registry. *Radiat Oncol* 2015; 10: 113.
390 <https://doi.org/10.1186/s13014-015-0417-5>
- 391 [34] LISCHALK JW, MALIK RM, COLLINS SP, COLLINS BT, MATUS IA et al. Stereotactic
392 body radiotherapy (SBRT) for high-risk central pulmonary metastases. *Radiat Oncol* 2016;
393 11: 28. <https://doi.org/10.1186/s13014-016-0608-8>
- 394 [35] WULF J, HAEDINGER U, OPPITZ U, THIELE W, MUELLER G et al. Stereotactic
395 radiotherapy for primary lung cancer and pulmonary metastases: a noninvasive treatment

- 396 approach in medically inoperable patients. *Int J Radiat Oncol Biol Phys* 2004; 60: 186-196.
397 <https://doi.org/10.1016/j.ijrobp.2004.02.060>
- 398 [36] FAKIRIS AJ, MCGARRY RC, YIANNOUTSOS CT, PAPIEZ L, WILLIAMS M et al.
399 Stereotactic body radiation therapy for early-stage non-small-cell lung carcinoma: four-year
400 results of a prospective phase II study. *Int J Radiat Oncol Biol Phys* 2009; 75: 677-682.
401 <https://doi.org/10.1016/j.ijrobp.2008.11.042>
- 402 [37] GUCKENBERGER M, ANDRATSCHKE N, DIECKMANN K, HOOGEMAN MS,
403 HOYER M et al. ESTRO ACROP consensus guideline on implementation and practice of
404 stereotactic body radiotherapy for peripherally located early stage non-small cell lung
405 cancer. *Radiother Oncol* 2017; 124: 11-17. <https://doi.org/10.1016/j.radonc.2017.05.012>
- 406 [38] PAPANIKOLAOU N, BATTISTA JJ, BOYER L, KAPPAS C, KLEIN E et al. Tissue
407 inhomogeneity corrections for megavoltage photon beams. *AAPM Report* 2004; No 85;
408 Task Group No. 85; Task Group No. 65.
- 409 [39] TRIVELLATO S, RONDI E, VIGORITO S, MIGLIETTA E, CASTELLINI F et al.
410 Validation of a 4D Monte Carlo optimization and planning feature for CyberKnife lung
411 treatment. *Radiotherapy and Oncology* 2019; 133: S480–S481.
412 [https://doi.org/10.1016/S0167-8140\(19\)31325-8](https://doi.org/10.1016/S0167-8140(19)31325-8)

413
414
415
416

417 **Figure Legends**

418

419 **Figure 1.** Kaplan-Meier survival analysis. Filled lines represent overall analysis (A), progression-
420 free survival (B), in-field (C) and out-field (D) progression free survival. Dot lines represent the
421 lower and upper limit of the confidence intervals.

422

423 **Figure 2.** Univariate analysis of freedom for $G > 1$ late toxicity by thoracic surgery (A) and
424 thoracic radiotherapy (B) pre-Cyberknife treatment.

425

426

427 **Table 1.** Patient and tumour characteristics (115 patients, 124 lesions)

428

Characteristics	
Age (years); median (range)	72.6; (31.8-90.3)
Gender; n (%)	
Male	79; (68.7%)
Female	36; (31.3%)
Karnofsky Performance Status; n (%)	
70	4; (3.5)
80	12; (10.4)
90	51; (44.4)
100	48; (41.7)
Severe comorbidities; n (%)	
Cardiovascular	51; (44.3)
Respiratory	21; (18.3)
Cardiovascular and Respiratory	15; (13.0)
O2 therapy	9; (7.8)
FEV1 [%]; median (range)	64; (24 -122)
Previous treatment; n (%)	
Major thoracic surgery (pneumonectomy, lobectomy)	50; (43.5)
Mediastinal/thoracic RT	22; (19.1)
Previous RT in site of treated lesion; n (%)	
Yes	5; (4.3)
No	110; (95.7)
Concomitant systemic therapy; n (%)	7; (6.1)
Tumour size (mm); median (range)	22; (6-58)
No. of treated lesion; n (%)	
1	106; (92.2)
2	9; (7.8)
Histopathological confirmation; n (%)	
Yes	52; (41.9)
Primary lung tumours	41; (33.1)
Second primary lung tumours	3; (2.4)
Metastases	8; (6.4)
No	72; (58.1)
Primary Lung tumours	17; (13.7)
Second primary lung tumours	15; (12.1)
Metastases	40; (32.3)
Tumour Type	
Primary lung tumour	58; (46.8)
Second primary lung tumour	18; (14.5)
Metastases	48; (38.7)

429 FEV1 - Forced expiratory volume in the 1st second; RT - Radiotherapy.

430 **Table 2.** Treatment characteristics (115 patients, 124 lesions).

431

Characteristics	
Total dose (Gy); median (range)	45; (18-54)
Dose for fraction (Gy); median (range)	15; (4-18)
Number of fractions; median (range)	3; (2-8)
Isodose of prescription (%); median (range)	80; (68-85)
PTV (cm ³); median (range)	25; (3-195)
Lung mean dose (Gy); median (range)	4; (1-70)
Lung V _{20Gy} (cm ³); median (range)	127; (0-617)
V _{5Gy} (cm ³); median (range)	538; (7-2757)
0-view modality; n (%)	69; (55.6)
1-view modality; n (%)	33; (26.6)
2-view modality; n (%)	22; (17.7)

432 PTV - Planning target volume; V_{20Gy} - Volume receiving the 20 Gy; V_{5Gy} - Volume receiving the 5
433 Gy.

434

435 **Table 3.** Treatment schemes.

436

Dose per fraction (Gy)	Number of fractions	Number of patients (%)
18	3	40; (34.8)
15	3	34; (29.6)
12	3	11; (9.6)
8	5	9; (7.8)
7	5	4; (3.5)
other schemes		17; (14.8)

437

438

accepted manuscript

439

440 **Table 4.** Percentage of observed acute and late toxicity

		Grade of toxicity		
		G1 - G2 (% pts)	G3 (% pts)	G4 (% pts)
Kind of toxicity	Acute	38% (dyspnea, cough, laryngeal inflammation, pneumonia)	3% (dyspnea, cough, pneumonia)	No cases
		27.9% (cough, bronchospasm, laryngeal inflammation, pneumonia, pulmonary fibrosis)	1.1% (dyspnea)	No cases
	Late			

457

458 **Table 5.** Multivariate proportional hazard models.
 459

		HR	Low	Up	P-value
Progression-free survival	Age	0.96	0.93	0.98	0.0003
	PTV (cm ³)	1.01	1.00	1.02	0.01
In-field progression-free survival	Age	1.01	0.96	1.05	0.78
	PTV (cm ³)	1.01	1.00	1.02	0.02
Out-field progression-free survival	Age	0.95	0.93	0.97	<.0001
	PTV (cm ³)	1.01	1.00	1.02	0.01
Overall survival	Age	1.02	0.98	1.05	0.29
	PTV (cm ³)	1.01	1.00	1.02	0.01
Late toxicity	Age	1.02	0.96	1.09	0.52
	PTV (cm ³)	1.01	1.00	1.03	0.16

460 PTV - Planning target volume; HR - Hazard ratio; Low and Up refer to 95% confidence interval.

Fig. 1 [Download full resolution image](#)

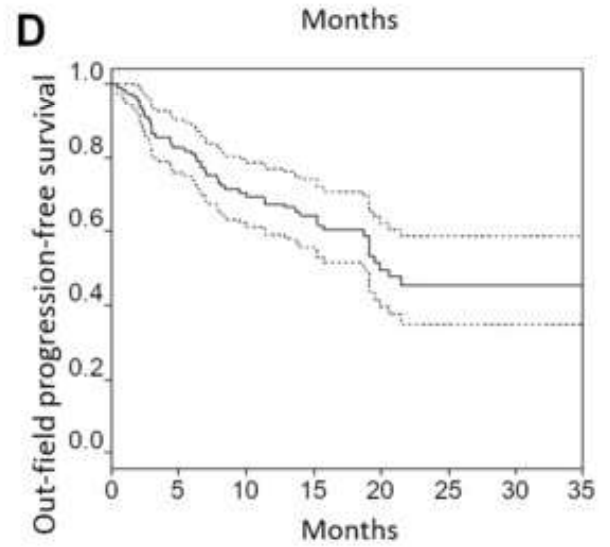
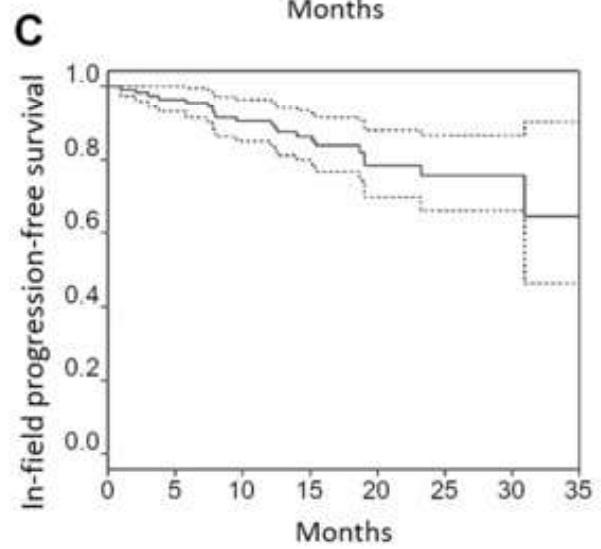
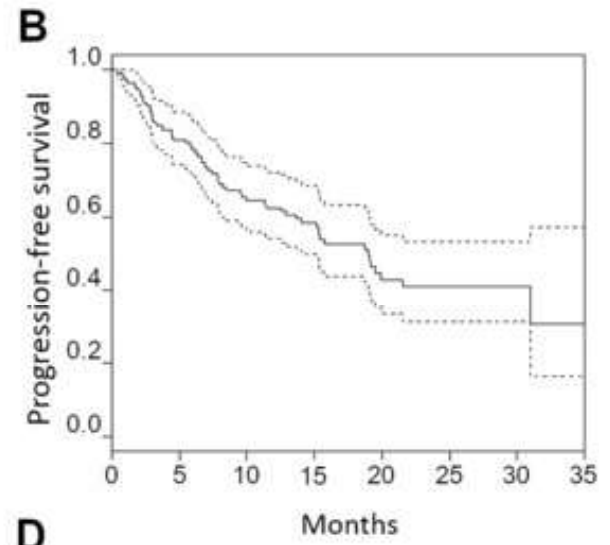
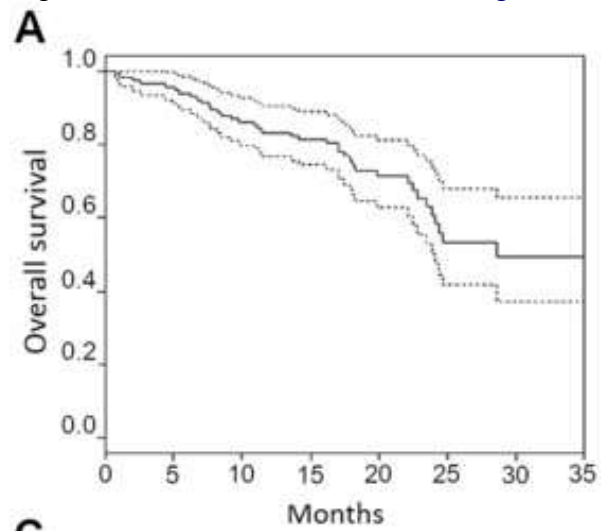


Fig. 2 [Download full resolution image](#)

