Farmers' perceptions of bovine brucellosis in Benin

Adeyemi Sharafa Dine Djibril^{1,2}, Fifa Théomaine Diane Bothon^{2,3}, Kadoeto Cyrille Boko¹, Bénoit Gbetondjingninougbo Koutinhouin¹, and Souaibou Farougou¹

 Research Unit on Communicable Diseases, Polytechnic School of Abomey-Calavi, University of Abomey-Calavi, Cotonou, Benin; 2. Research Unit on Plant Extracts and Natural Flavors, Applied Chemistry Study and Research Laboratory, Polytechnic School of Abomey-Calavi, University of Abomey-Calavi, Cotonou, Benin; 3. Kaba Laboratory for Research in Chemistry and Applications; National Higher Institute of Industrial Technology, National University of Sciences, Engineering Technologies and Mathematics, Benin.
Corresponding author: Adeyemi Sharafa Dine Djibril, e-mail: djibrildine2004@gmail.com

Co-authors: FTDB: botheo200108@gmail.com, KCB: cyrilleboko@yahoo.fr, BGK: koutinhouing@yahoo.fr, SF: s.farougou@gmail.com

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Abstract

Background and Aim: Cattle are the main source of meat in Benin. To improve the attitudes and practices of cattle breeders in relation to bovine brucellosis, a study has been carried out in Benin according to different agroecological zones. This study aimed to assess farmers' knowledge and practices concerning bovine brucellosis to generate essential information for control programs and public health interventions.

Materials and Methods: The study was conducted from February to May 2022, during which 608 farmers were interviewed using a structured questionnaire that provided information on socioeconomic characteristics, knowledge, and practices related to bovine brucellosis. Analysis of variance, Poisson regression, and the proportion comparison test were used to compare these characteristics in the different agroecological zones. At the end of the surveys, three distinct and homogeneous groups of perceptions (hierarchical classification of Multiple Correspondence Analysis components of R software) of bovine brucellosis were identified (these groups only consider farmers who declared knowledge of the disease). Groups were formed by applying the multiple correspondence analysis function of the FactoMineR library in R software, followed by a hierarchical ascending classification using the hierarchical clustering on principal component function of the same software (Agrocampus Rennes, France).

Results: Only 38% of respondents were aware of brucellosis. Knowledge of brucellosis was not related to sex or education level but was higher among farmers in agroecological Zones 1 and 4. Ethnic Dendi herders (62.16%) had better knowledge of the disease than those from other sociolinguistic groups (Somba: 50%, Fulani: 40.91%, Baribas: 26.97%, and others: 8.82%). Reduced milk production (98.29%), presence of hygroma (87.18%), and abortion (56.84%) are the main signs reported by herders familiar with the disease. All three groups had good knowledge of the disease and its zoonotic nature. Groups 1 (96% of breeders) and 2 (2.14%) were aware of the risk factors (contact with affected animals, the consumption of raw milk, the handling of runts, and reproductive rejection). In the case of *Brucella*, they prefer to treat animals rather than sell them and use both traditional and modern medicines. Group 3 (1.71%) did not know the risk factors and preferred to sell animals in the event of illness.

Conclusion: Pastoralists need to be made aware of the mode of transmission of bovine brucellosis, its clinical manifestations, its impact on animal health, and the zoonotic nature of the disease (impact on public health) so that bovine brucellosis can be rapidly detected in herds.

Keywords: Benin, brucellosis risk factors, public health, knowledge.

Introduction

Brucellosis is a contagious bacterial disease that is endemic to many regions worldwide. It affects various animal species, including cattle [1, 2], and is caused by Gram-negative, non-spore-forming, non-encapsulated facultative intracellular coccobacillus belonging to the genus *Brucella* spp. [3, 4]. The *Brucella* genus comprises ten species that are classified according to host preferences and phenotypic differences [5, 6]. *Brucella abortus*, *Brucella melitensis*, and *Brucella suis* are the most important of these species [4].

Bovine brucellosis, which is mainly caused by *B. abortus*, causes major economic losses due to late pregnancy abortion, infertility, reduced livestock productivity (in this case, milk production), and slaughter of infected animals [5, 7–9]. In humans, brucellosis is clinically characterized by fever, excessive sweating, myalgia, and arthralgia (osteoarticular damage). Arthralgia is the most common complication of this disease. The course of the disease is often long-term and incapacitating [4, 10]. These pathogens have the potential to cause large-scale epidemics due to their low infectious dose, environmental resistance, and ability to spread through the air by aerosolization [4, 11].

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Cattle and small ruminants excreting bacteria from milk and reproductive waste are the main sources of infection in humans and other animals [1, 11, 12].

Brucellosis is one of developing countries' most serious animal diseases [12]. It is a major threat to human health, especially in low-income countries [10, 13–15]. However, it remains one of the most neglected zoonoses [16, 17]. Therefore, bovine brucellosis's epidemiology must be understood to develop a disease control strategy.

Although brucellosis is common in developing countries [18], it is still under-reported and under-diagnosed. In West Africa, the incidence of bovine brucellosis significantly varies between countries. This variation has also been observed in herds of the same region [19, 20]. The prevalence of brucellosis in natural grazing systems is higher than that in urban and peri-urban systems [21, 22].

Akakpo et al. [23] conducted the first study of bovine brucellosis in Benin and reported a national seroprevalence of 10%. Several other cross-sectional studies were conducted between 2000 and 2005 and reported a brucellosis seroprevalence of up to 15.21% [24-26]. Noudeke et al. [27] observed an overall individual animal seroprevalence of 8.85%, with 19.33% for the Borgou regions (North of Benin) and 0% for the Atlantique department (South of Benin) in a study conducted in Benin's main dairy basins from April to September 2015. Another study conducted by the same author on monthly variations in the prevalence of bovine brucellosis in Benin from February 2012 to January 2013 revealed a prevalence of up to 98.90% in the Gogounou commune [28]. The increase in the prevalence observed over time has led to interest in breeders' perception of this disease and their proposal of improvements for integrated control.

It should be noted that none of these studies focused solely on the epidemiological aspects of the disease (determination of prevalence). In Benin, there has been no study on the socioeconomic aspects of bovine brucellosis (the perception of livestock farmers). Thus, the aim of this study was to assess the knowledge and perceptions of cattle breeders regarding the signs, mode of transmission, risk factors, prevention, and treatment of brucellosis. The findings of this study will contribute to the development of disease control strategies in Benin.

Materials and Methods

Ethical approval and Informed consent

The manuscript does not contain clinical studies or patient data, Ethical Committee approval was not required. All participants verbally consented before the survey began.

Study period and location

This study was conducted from February to May 2022 in Benin, West Africa. Benin covers an area of 114,763 km² and is part of the intertropical zone. All Benin departments, except Couffo, were involved

(Figure-1). It is located between $6^{\circ}30'$ and $12^{\circ}30'$ North and 1° and $3^{\circ}40'$ East longitude.

The country has three climatic zones: A Sudanian zone located between 9°45' and 12°25' N, a Sudan-Guinean zone located between 7°30' and 9°45' N, and a Guinean zone located between 6°25' and 7°30' N. The Sudanian zone has an average annual rainfall of <1000 mm, an average temperature of 27.5°C, a relative humidity of 54.9%, well-drained hydromorphic soils, and Savannah vegetation. On the other hand, in the Sudan-Guinean zone, rainfall is unimodal with an annual average of 900-1100 mm, average temperature varies between 21.2°C and 32.5°C, and relative humidity varies between 45.5% and 87.1%. The characteristic vegetation consists of a mosaic of open forest, dense forest, shrubby Savannah, and wooded Savannah with forest galleries. Finally, in the Guinean zone, rainfall is bimodal with an annual average of 1,200 mm, the average temperature varies between 25°C and 29°C, and the relative humidity is between 69% and 97%. The soils are either ferralitic or vertisols or rich in humus and minerals [29].

Sample size

The study population consisted of cattle herds in Benin. The study sample size was 611 cattle herds.

We defined this sample size using Dagnelie's formula [30]:

$$n = \frac{Z^2 P (1-P)}{e^2}$$

n: Herd/farm/breeder sample size;

Z: Confidence level set at 2.56 for $(1 - \alpha) = 99\%$ with α (reliability threshold) of 1%;

P: Proportion of expected response set equal to 37.18 [28] *e*: Acceptxtable margin of error set at 5%.

Sampling method

This study is based on a three-stage survey. The first stage consisted of agroecological zones, the second stage consisted of communes, and the third stage consisted of the selection of cattle herds through breeders.

Selection of agroecological zones

Cattle herds have been sampled in the most important agroecological zones in terms of cattle breeding. Only agroecological zones with at least 15 herds were selected after a proportional distribution of herders across communes. Seven agroecological zones were selected for this purpose [31].

Selection of towns

On the basis of the total number of communes in each agroecological zone, a proportional distribution of the number of communes selected by agroecological zone was determined. The communes selected in each zone had the largest livestock herds. A total of 26 communes were initially identified before the sample size

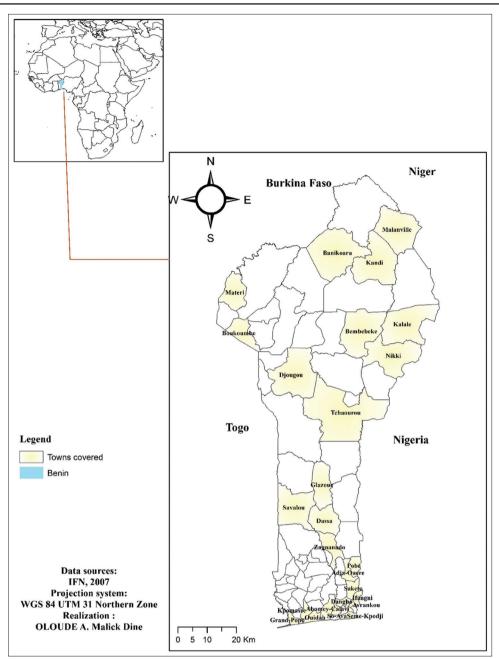


Figure-1: Study area. [Source: Data source: IFN 2007; Projection system: WGS 84 UTM Northern Zone; Realization: Oloude A. Malick Dine].

was allocated to the commune. However, only 24 samples were considered after removing agroecological zone 8, which did not have the required sample size.

Breeder selection

The herds were sampled from all 24 selected communes to ensure a wide range of information.

Cattle herds were distributed according to their size in each selected commune.

For each herd, the response units were cattle breeders. They were randomly selected from a list of cattle breeders held by veterinary officers in each of the study municipalities. A total of 608 breeders were selected.

Data collection

Formal surveys using a structured questionnaire were used to collect data. Data on socioeconomic

characteristics, farming system characteristics, knowledge of bovine brucellosis, and products and prices were collected. The questionnaire was digitized using the KoboToolBox (Kobo Inc, Massachusetts, United States) application and deployed on smartphones for the interviewers.

The questionnaire was administered through individual face-to-face interviews with each respondent. Fieldwork was conducted from February to May 2022.

Analytical framework

Socioeconomic characteristics of respondents

The collected data enabled us to establish the sociodemographic characteristics of cattle breeders. Descriptive statistics were used to estimate parameters, such as mean and standard deviation for quantitative variables and absolute and relative frequency for qualitative variables. Analysis of variance (ANOVA), Poisson regression, and proportion comparison tests were used to compare continuous quantitative variables, count data, and qualitative variables in the different agroecological zones. The normality of the populations and homogeneity of their variances were checked beforehand, and the log transformation was applied to satisfy the application conditions. The Kruskal–Wallis test was used if it had no effect. Chisquare test of independence and Fisher''s exact test were used to characterize breeders' perceptions.

Perception group analysis

Homogeneous perception groups on bovine brucellosis were constructed from qualitative perception variables using hierarchical classification of the components of multiple correspondence analysis (MCA). The optimal number of groups was determined using Calinski and Harabasz's pseudo-F statistic. The most probable number of classes with the highest Calinski-Harabasz index value was the Jaccard bootstrap stability approach, which was then used to confirm the optimal number of perception groups for bovine brucellosis. In general, groups with a Jaccard stability value of <0.60 are considered unstable. It is considered very stable if its stability value is at least equal to 0.85.

Bovine brucellosis perception groups were then characterized using Fisher's exact test for qualitative descriptors and ANOVA for continuous quantitative variables.

Quantitative variables counted were subjected to fish regression analysis.

Statistical analysis

All collected data were entered and processed in a Microsoft Excel 2016 (Microsoft Corp., Washington, USA) spreadsheet. All statistical analyses were performed using R software version 4.0.4 (https:// www.r-project.org) [32]. FactoMineR (http://factominer.free.fr) [33] and Factoextra packages (Marseille, France) (https://rpkgs.datanovia.com/factoextra/ index.html) [34] were used for multivariate analysis.

Results

Socioeconomic characteristics of the respondents *Sociological characteristics of the respondents*

Table-1 shows the socioeconomic characteristics of the respondents. The majority of respondents (98.19%) were male cattle farmers. Women comprised only 1.81% of the sample. These results are independent of the agroecological zone (p > 0.05). The majority of farmers surveyed had a low level of education. Three-quarters (75.16%) did not attend school, and only 6.91% completed primary education. The majority (90.79%) practiced Islam, and only 3.95% and 4.93 practiced Christianity and endogenous religions, respectively. The Fulani constituted the largest sociolinguistic group, with 72.37% of respondents. The rest of the respondents were Bariba (14.64%), Dendi (6.09%), Somba (1.32%), and others (5.59%). Most herders surveyed were married (46.38% monogamous and 41.12% polygamous, respectively).

Activities and years of experience of respondents

Table-2 shows the respondents' different activities and their participation in the breeder groups. More than half of the respondents (50.38%) said that they belonged to a breeders' group. Whether or not they belonged to a breeders' association differed from one zone to another (p = 0.001), with 94.12% and 97.37% of breeders in Zone 1 and Zone 2, respectively. Agricultural activities: breeding (52.63%) and farming (35.20%) were the main activities carried out by respondents. These proportions differed significantly from one agroecological zone to another (p = 0.001). Other important activities listed include trade, handicrafts, public employment, private employment, and fish farming.

Table-3 summarizes the adopted farming system, the average age of farmers, their experience in cattle farming, the size of their household and herd, and the number of assets. The vast majority (89.14%) of the herds sampled were sedentary. Almost one herder in 10 (9.54%) was transhuman, and only 1.32% were nomads. Sedentary herds were dominant in all agro-ecological zones except for agroecological zones 5 and 6, where transhumant herds were dominant. The average herd size was 33 individuals, with significantly larger (p = 0.001) herds in zones 7–8 and 4, with 63 and 43 heads of cattle, respectively.

Their ages ranged from 18 to 77. The average age was 43 years, and the median age was 42 years. The oldest farmers (p = 0.001) were in agroecological zones 5 (48 years) and 3 and 4 (44 years), respectively. The youngest were in Zone 1, with an average age of 38.

They had an average of 22 years of experience in cattle breeding, with the greatest experience in agroecological zones 4, 2, 3, and 1. The size of their households ranged between 1 and 30 members, with an average of 10 members. The average household assets varied (p = 0.001) among the agroecological zones.

Analysis of knowledge of bovine brucellosis *Knowledge of bovine brucellosis*

The results of the analysis showed that only 38% of farmers were aware of bovine brucellosis. They also found that knowledge of bovine brucellosis was linked to the sociolinguistic group of the herder. The proportion of Dendi herders who were aware of bovine brucellosis (62.16%) was higher than that of Sombas (50%), Fulani (40.91%), Baribas (26.97%), and other sociolinguistic groups (8.82%). In addition, from a statistical point of view, as many men (38.69%) as women (27.27%) declared knowledge of bovine brucellosis, indicating that knowledge of bovine brucellosis was not gender related. In addition, this knowledge varies greatly according to the agroecological zones. In agroecological zones 1 and 4, more than half of the

	and ethnicity.
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	: characteristics
	Socioeconomic
	Table-1:

oeco			p-value
Zone 1, Zone 2, Zone 3, N = 34 (5.6%) N = 190 (31%) N = 216 (36%)	Zone 4, Zone 5, N = 51 (8.4%) N = 64 (11%) N	Zone 6, Zone 7-8, = 34 (5.6%) N = 19 (3.1%)	AV
			6.0=
0 (0.00%) 6 (3.16%) 4 (1.85%) 34 (100.00%) 184 (96.84%) 212 (98.15%)	0 (0.00%) 1 (1.56%) 0 51 (100.00%) 63 (98.44%) 34	0 (0.00%) 0 (0.00%) 11 (1.81%) 34 (100.00%) 19 (100.00%) 597 (98.19%)	
			<0.001
30 (88.24%) 137 (72.11%) 166 (76.85%)	47 (92.16%) 49 (76.56%) 18	18 (52.94%) 10 (52.63%) 457 (75.16%)	()
4 (11.76%) 37 (19.47%) 35 (16.20%)	3 (5.88%) 9 (14.06%) 0	0 (0.00%) 0 (0.00%) 88 (14.47%)	
14 (7.37%)	_	10 (29.41%) 4 (21.05%) 42 (6.91%)	
_	1.96%) 2 (3.12%)	5 (14.71%) 2 (10.53%) 16 (2.63%)	
0 (0.00%)	0 (0.00%)	0 (0.00%) 1 (5.26%) 2 (0.33%)	
0 (0.00%) 0 (0.00%) 0 (0.00%)	0 (0.00%) 0 (0.00%) 1	1 (2.94%) 2 (10.53%) 3 (0.49%)	
			<0.001
1 (2.94%) 2 (1.05%) 11 (5.09%)	0 (0.00%) 1 (1.56%) 4	4 (11.76%) 5 (26.32%) 24 (3.95%)	
33 (97.06%) 179 (94.21%) 192 (88.89%)	50 (98.04%) 56 (87.50%) 30	30 (88.24%) 12 (63.16%) 552 (90.79%)	()
0 (0.00%) 9 (4.74%) 11 (5.09%)	1 (1.96%) 7 (10.94%) 0	0 (0.00%) 2 (10.53%) 30 (4.93%)	_
0 (0.00%) 0 (0.00%) 2 (0.93%)	0 (0.00%) 0 (0.00%) 0	0 (0.00%) 0 (0.00%) 2 (0.33%)	
			<0.001
0 (0.00%) 25 (13.16%) 46 (21.30%)	0 (0.00%) 18 (28.12%) 0	0 (0.00%) 0 (0.00%) 89 (14.64%)	
3 (8.82%) 9 (4.74%) 20 (9.26%)	1 (1.96%) 3 (4.69%) 1	1 (2.94%) 0 (0.00%) 37 (6.09%)	
5) I!	49 (96.08%) 35 (54.69%) 18	18 (52.94%) 10 (52.63%) 440 (72.37%)	()
2 (5.88%) 0 (0.00%) 5 (2.31%)	1 (1.96%) 0 (0.00%) 0	0 (0.00%) 0 (0.00%) 8 (1.32%)	
0 (0.00%) 0 (0.00%) 2 (0.93%)	0 (0.00%) 8 (12.50%) 15	15 (44.12%) 9 (47.37%) 34 (5.59%)	
			=0.041
0 (0.00%) 8 (4.21%) 8 (3.70%)	0 (0.00%) 4 (6.25%) 1	1 (2.94%) 3 (15.79%) 24 (3.95%)	
	0 (0.00%) 7 (10.94%) 3	3 (8.82%) 1 (5.26%) 36 (5.92%)	
	0 (0.00%) 0 (0.00%) 0	0 (0.00%) 0 (0.00%) 1 (0.16%)	
93 (48.95%)	23 (45.10%) 23 (35.94%) 18	18 (52.94%) 12 (63.16%) 282 (46.38%)	
(44.12%) 78 (41.05%)	b) 28 (43.75%)	6) 3 (15.79%) 2	0
0 (0.00%) 3 (1.58%) 10 (4.63%)	0 (0.00%) 2 (3.12%) 0	0 (0.00%) 0 (0.00%) 15 (2.47%)	

Variables			Ag	Agroecological zones	ss			Total,	p-value
	Zone 1, N = 34 (5.6%)	Zone 2, N = 190 (31%)	Zone 3, N = 216 (36%)	Zone 4, N = 51 (8.4%)	Zone 5, N = 64 (11%)	Zone 6, N = 34 (5.6%)	Zone 7-8, N = 19 (3.1%)	N = 608	
Group membership No Yes	2 (5.88%) 32 (94.12%)	5 (2.63%) 185 (97.37%)	120 (55.56%) 96 (44.44%)	30 (58.82%) 21 (41.18%)	55 (85.94%) 9 (14.06%)	25 (73.53%) 9 (26.47%)	10 (52.63%) 9 (47.37%)	247 (40.62%) 361 (59.38%)	<0.001
Main activity Civil servant	(%0)0	0 (0%)	6 (2.78%)	(%0)0	6 (9.37%)	2 (5.88%)	2 (10.53%)	16 (2.63%)	<0.001
Farmer Craftsman	26 (76.47%) 0 (0%)	61 (32.10%) 8 (4.21%)	102 (47.22%) 8 (3.70%)	10(19.61%) 1(1.96%)	15 (23.44%) 1 (1.56%)	0 (0%) 0 (0%)	0 (0%) 1 (5.26%)	214 (35.20%) 19 (3.13%)	
Retailer Breeder	0 (0%) 7 (20,59%)	12 (6.32%) 108 (56.84%)	7 (3.24%) 93 (43,06%)	0 (0%) 40 (78 43%)	0 (0%) 42 (65.63%)	13 (38.24%) 19 (55.88%)	4 (21.05%) 11 (57,89%)	36 (5.92%) 320 (52,63%)	
Private sector agent Fisherman	1 (2.94%) 0 (0%)	0 (0%) 1 (0.53%)	0 (0%) 0 (0%)	0 (0%) 0 (0%)	(%0) 0 (%0) 0	0 (0%) 0 (0%)	1 (5.26%) 0 (0%)	2 (0.33%) 1 (0.16%)	
Absolute frequency (relative frequency in %); mean (standard deviati Table-3: Socioeconomic characteristics of respondents linked to the h	elative frequency i	n %); mean (stand: of respondents linke	ard deviation) ed to the breeding system.	iystem.					
Variables			Agi	Agroecological zones	S			Total,	p-value
	Zone 1, N = 34 (5.6%)	Zone 2, N = 190 (31%)	Zone 3, N = 216 (36%)	Zone 4, N = 51 (8.4%)	Zone 5, N = 64 (11%)	Zone 6, N = 34 (5.6%)	Zone 7-8, N = 19 (3.1%)	N = 608	
Age (year) Experience (year) Housebold size	37.79 (7.36) 19 (6.35) 10 47 (4.22)	42.61 (11.55) 24.59 (13.26) 10 30 (6.09)	43.73 (11.78) 21.97 (12.60) 9 13 (5 14)	43.88 (11.42) 29.47 (11.23) 9 73 (4 21)	47.16 (11.80) 22 (11.85) 11 02 (6 90)	38.41 (9.71) 12.74 (8.66) 7 00 (3 58)	41.05 (9.78) 9.89 (7.26) 7.68 (5.98)	43.04 (11.48) 22.36 (12.66) 9.66 (5.57)	<0.001 <0.001 <0.001 <0.001
Number of employees Herd size	4.41 (1.65) 30.24 (19.01)	3.63 (2.97) 34.81 (41.43)		3.90 (2.19) 42.45 (70.21)	4.06 (5.85) 31.75 (54.49)	4.50 (3.00) 35.24 (22.84)	5.37 (4.66) 62.89 (50.28)	32.78 (43.70)	<0.001

Absolute frequency (relative frequency in %); mean (standard deviation)

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respondents indicated that they were aware of bovine brucellosis, whereas in zone 6, respondents were least aware. In addition, farmers who did not attend school were no less ignorant than those who did. Therefore, knowledge of bovine brucellosis is not related to schooling.

Knowledge of the signs of bovine brucellosis

Ninety-five percentage (95.73%) of farmers who knew about brucellosis recognized at least two signs, whereas only 46.58% knew about more.

Awareness of abortion

Among farmers who were aware of bovine brucellosis, 56.84% recognized abortion as one of the signs of the disease. This perception is not related to gender or age. However, the sociolinguistic group, level of education, experience, membership of a herding group, and agroecological zone were influenced in different ways. Therefore, the proportion of herders who knew about abortion was higher among the Sombas and Fulani and lower among the Baribas, Dendis, and other sociolinguistic groups. Age-related knowledge about abortion appears to be a sign of bovine brucellosis. As age increased, so did the proportion of farmers who were aware of it. Finally, agroecological zones 2 and 3 were the areas where farmers were least aware of these signs.

Knowledge of the presence of hygromas

The presence of hygromas was perceived as a sign of bovine brucellosis by 87.18% of respondents who were aware of the disease. These perceptions did not vary according to sex, age, sociolinguistic group, education level, or herding group membership. However, it is related to experience in cattle breeding and agroecological zones. More than 70% of breeders were aware of this sign in all groups of experience. However, in agroecological zone 4, breeders knew the least about this sign.

Knowledge of the decline in milk production

A decline in milk production was the most common sign of bovine brucellosis among farmers. In fact, 98.29% of farmers surveyed were aware of this sign. These perceptions were not related to gender, age, sociolinguistic group, experience in cattle breeding, or membership of the breeders' group. However, education level and agroecological zone were also influenced by this. Breeders with a lower level of education were more familiar with this sign, which was less familiar in agroecological zone 7.

Knowledge of human risk factors

Knowledge of transmissibility

In general, 76.07% of farmers who were aware of bovine brucellosis were also aware of the possibility of its transmission to humans. Factors such as gender, age, level of education, and experience were not related to this perception, but sociolinguistic group, membership of a herding group, and agroecological zone were. The Fulani and Sombas were sociolinguistic groups with the greatest knowledge of this transmissibility. In addition, herders belonging to a herding group were more aware of the link between this factor and bovine brucellosis. In addition, the proportion of farmers with this knowledge was the highest in agroecological zones 1 and 4 but much lower in agroecological zone 7.

Contact and consumption of fresh milk

Almost all respondents who were aware of bovine brucellosis (98.29%) identified contact and consumption of fresh milk as risk factors for the disease. These perceptions were linked only to the level of education and the agroecological zones. These two perceptions were widely shared in all agroecological zones, with the exception of agroecological zone 7, where they were more limited.

Handling runts

Handling runts was identified as a risk factor by 54.27% of farmers who were aware of bovine brucellosis. This knowledge is related to age, education level, experience in cattle breeding, membership of breeders, and agroecological zone. As a result, the oldest, most experienced, and uneducated breeders had better knowledge of this risk factor than the youngest, least experienced, and educated breeders. On the other hand, breeders who do not belong to a breeders' group seem to be more familiar with this factor. Finally, this perception was the least widespread in zones 2 and 7.

Meat consumption

Approximately 5% of farmers who were aware of bovine brucellosis indicated that the consumption of meat could be a factor in the transmission. This perception has only been linked to the agroecological zone, where it is only present in Zones 7 and 4.

Behavior in the face of brucellosis

Treatment or sale of herd animals

All these breeders indicated that the entire herd should be systematically treated in the event of disease. However, 10.68% of respondents indicated that selling animals in the event of herd diseases would be preferable. This opinion is generally held by a few breeders belonging to a group of breeders.

Prevention mode

Of all farmers who were aware of brucellosis, only 4.27% indicated that they did not take preventive measures. These farmers are mainly located in agroecological Zones 5 and 7. For the rest, the measures to be implemented should be aimed at avoiding disease within the herd, even if only 2% indicated that treatment should be envisaged.

Treatment of bovine brucellosis by breeders 89.74% of these farmers reported using plants to treat bovine brucellosis. This practice is more common among farmers and less common in the last two agroecological

zones. Almost all respondents (95.30%) treated bovine brucellosis with veterinary medicine, whereas farmers in agroecological Zone 7 did not use it.

Group analysis of perceptions of bovine brucellosis in Benin

The MCA results indicated that the first two constructed dimensions explained only 36.44% (Figure-2) of the total variance, whereas seven explained at least 80%.

As a result of the hierarchical classification of the components of the ACM, three distinct and homogeneous perceptions of bovine brucellosis were identified.

Group 1 consists of breeders who know the signs (abortion, decrease in milk production, and presence of hygromas), risk factors for humans (contact, handling of runts, and consumption of raw milk) (Table-4), who are unwilling to sell animals in the event of illness, prefer to care for them, and who believe that disease control is the best way to preserve the herd and use veterinary care and plants to treat the disease (Table-5). This perception group is the largest, accounting for 96.15% of farmers. Therefore, it reflects the most common perception of bovine

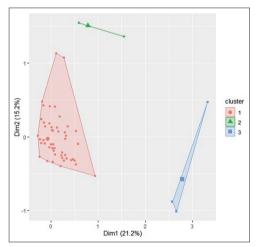


Figure-2: Typology of cattle breeders in Benin based on brucellosis-related knowledge.

Table-4: Knowledge of clinical signs of bovine brucellosis.

brucellosis in Benin. The breeders in this group had an average age of 45, an average experience of 25 years, and an average herd size of 44 animals. Most breeders (96%) were sedentary. All women and most men (96.10%) belonged to this category. In terms of sociolinguistic groups, group 1 comprises some Baribas, Dendis, and Sombas, 76.44% Fulani, and 0.89% other sociolinguistic groups. In addition, it includes 76% of unschooled herders and 24.00% of schooled herders (Table-6).

Group 2 is made up of farmers who are aware of the signs (abortion, drop in milk production, and presence of hygromas), the risk factors for humans (contact, handling of runts, and consumption of raw milk), who are unwilling to sell their animals in the event of illness and prefer to treat them, and who do nothing to prevent the disease but have recourse to both veterinary care and the use of plants to treat the disease (Tables-4 and 5). This group represents only 2.14% of breeders, reflecting a rather rare perception. The breeders in this group had an average age of 54 years, an average experience of 35 years, and an average herd size of 190 animals (Table-6).

Women do not belong to this group, and only men are represented. This group consists of only Fulani. In addition, 80.00% of unschooled herders and 20.00% of schooled herders are classified (Table-6).

Group 3 is made up of breeders who are aware of the signs (abortion, drop in milk production, and presence of hygromas), who are unaware of the risk factors for humans (contact, handling of runts, and consumption of raw milk), who are unwilling to sell their animals in the event of illness, preferring to look after them; who believe that disease control is the best way of preserving the herd, and do not resort to veterinary care or the use of plants to treat disease. This group consisted of only 1.71% of breeders. The breeders in this group have an average age of 48 years, 15 years of experience and an average herd size of 92 animals and are engaged in

Characteristics	Group 1, N = 225 (96.15%)	Group 2, N = 5 (2.14%)	Group 3, N = 4 (1.71%)	Total, N = 234	p-value
Knowledge of transmissibility					=0.004
No	51 (22.67%)	1 (20.00%)	4 (100.00%)	56 (23.93%)	
Yes	174 (77.33%)	4 (80.00%)	0 (0.00%)	178 (76.07%)	
Contact					<0.001
No	20 (8.89%)	0 (0.00%)	4 (100.00%)	24 (10.26%)	
Yes	205 (91.11%)	5 (100.00%)	0 (0.00%)	210 (89.74%)	
Raw milk consumption					<0.001
No	0 (0.00%)	0 (0.00%)	4 (100.00%)	4 (1.71%)	
Yes	225 (100.00%)	5 (100.00%)	0 (0.00%)	230 (98.29%)	
Handling runts		. ,	. ,	. ,	=0.005
No	103 (45.78%)	0 (0.00%)	4 (100.00%)	107 (45.73%)	
Yes	122 (54.22%)	5 (100.00%)	0 (0.00%)	127 (54.27%)	
Meat consumption			· · · ·	· · · ·	<0.001
No	218 (96.89%)	5 (100.00%)	0 (0.00%)	223 (95.30%)	
Yes	7 (3.11%)	0 (0.00%)	4 (100.00%)	11 (4.70%)	

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Table-5: Brucellosis behavior.

Characteristics	Group 1, N = 225 (96.15%)	Group 2, N = 5 (2.14%)	Group 3, N = 4 (1.71%)	Total, N = 234	p-value
Sale of affected animals					>0.9
No	200 (88.89%)	5 (100.00%)	4 (100.00%)	209 (89.32%)	
Yes	25 (11.11%)	0 (0.00%)	0 (0.00%)	25 (10.68%)	
Treatment in case of illness					
Yes	225 (100.00%)	5 (100.00%)	4 (100.00%)	234 (100.00%)	
No preventive action					<0.001
No	221 (98.22%)	0 (0.00%)	3 (75.00%)	224 (95.73%)	
Yes	4 (1.78%)	5 (100.00%)	1 (25.00%)	10 (4.27%)	
Preventive action					<0.001
No	0 (0.00%)	5 (100.00%)	1 (25.00%)	6 (2.56%)	
Yes	225 (100.00%)	0 (0.00%)	3 (75.00%)	228 (97.44%)	
Phytotherapy					=0.002
No	20 (8.89%)	1 (20.00%)	3 (75.00%)	24 (10.26%)	
Yes	205 (91.11%)	4 (80.00%)	1 (25.00%)	210 (89.74%)	
Veterinary care					=0.001
No	6 (2.67%)	1 (20.00%)	4 (100.00%)	11 (4.70%)	
Yes	219 (97.33%)	4 (80.00%)	0 (0.00%)	223 (95.30%)	

Absolute frequency (relative frequency in %); mean (standard deviation)

Table-6: Bovine brucellosis	perception	groups in Benin.
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Characteristics	Group 1 N = 225 (96.15%)	Group 2 N = 5 (2.14)	Group 3 N = 4 (1.71)	Total N = 234	p-value
Gender					>0.9
Female	3 (1.33)	0 (0.00)	0 (0.00)	3 (1.28)	
Male	222 (98.67)	5 (100.00)	4 (100.00)	231 (98.72)	
Ethnic group					=0.3
Other	2 (0.89)	0 (0.00)	1 (25.00)	3 (1.28)	
Bariba	24 (10.67)	0 (0.00)	0 (0.00)	24 (10.26)	
Dendi	23 (10.22)	0 (0.00)	0 (0.00)	23 (9.83)	
Fulani	172 (76.44)	5 (100.00)	3 (75.00)	180 (76.92)	
Somba	4 (1.78)	0 (0.00)	0 (0.00)	4 (1.71)	
Level of education	. (1., 0)	0 (0.00)	0 (0.00)	. (=., =)	=0.017
Out of school	171 (76.00)	4 (80.00)	3 (75.00)	178 (76.07)	01017
Complete primary	7 (3.11)	0 (0.00)	0 (0.00)	7 (2.99)	
Partial primary	45 (20.00)	0 (0.00)	0 (0.00)	45 (19.23)	
Secondary 2 nd cycle	0 (0.00)	0 (0.00)	1 (25.00)	1 (0.43)	
Secondary 1 st cycle	2 (0.89)	1 (20.00)	0 (0.00)	3 (1.28)	
Group membership	2 (0.05)	1 (20.00)	0 (0.00)	5 (1.20)	=0.7
No	53 (23.56)	0 (0.00)	1 (25.00)	54 (23.08)	-0.7
Yes	172 (76.44)	5 (100.00)	3 (75.00)	180 (76.92)	
Agro-ecological zone	172 (70.44)	5 (100.00)	5 (75.00)	100 (70.92)	< 0.001
Zone 1	20 (8.89)	0 (0.00)	0 (0.00)	20 (8.55)	<0.001
Zone 2	71 (31.56)	0 (0.00)	0 (0.00)	71 (30.34)	
Zone 3	90 (40.00)	0 (0.00)	0 (0.00)	90 (38.46)	
Zone 4	27 (12.00)	0 (0.00)	0 (0.00)	27 (11.54)	
Zone 5	13 (5.78)	4 (80.00)	0 (0.00)	17 (7.26)	
Zone 6	3 (1.33)	0 (0.00)	0 (0.00)	3 (1.28)	
Zone 7	1 (0.44)	1 (20.00)	4 (100.00)	6 (2.56)	
Age group	1 (0.44)	1 (20.00)	4 (100.00)	0 (2.50)	=0.2
5 5 1	76 (22 79)	1 (20.00)	1 (25.00)	70 (22 22)	-0.2
18-40 years old	76 (33.78)	()	3 (75.00)	78 (33.33)	
40–62 years Over 62	129 (57.33)	2 (40.00)		134 (57.26)	
	20 (8.89)	2 (40.00)	0 (0.00)	22 (9.40)	=0.062
Level of experience	44 (10 EC)	1 (20.00)		47 (20.00)	=0.062
<15	44 (19.56)	1 (20.00)	2 (50.00)	47 (20.09)	
15-30 years	95 (42.22)	0 (0.00)	2 (50.00)	97 (41.45)	
30–45 years	65 (28.89)	2 (40.00)	0 (0.00)	67 (28.63)	
Over 45	21 (9.33)	2 (40.00)	0 (0.00)	23 (9.83)	
Age (year)	45.61 (11.21)	54.20 (18.10)	48.50 (12.26)	45.84 (11.40)	=0.3
Experience (year)	25.27 (12.80)	35.00 (21.21)	15.25 (8.77)	25.30 (13.04)	=0.13
Herd size (number)	44.21 (55.70)	190.00 (74.16)	92.50 (74.22)	48.15 (60.24)	< 0.001

sedentary and transhuman farming. Women do not belong to this group, and only men are represented (Table-6). This group comprises only 75.00% Fulani

and 25.00% other sociolinguistic groups. In addition, 75% of unschooled herders and 25.00% of schooled herders are educated (Table-6).

Discussion

Socioeconomic characteristics of respondents

This study demonstrates that livestock farming is essentially a male activity. This finding was confirmed by Djohy et al. [35] and Hessa et al. [36] in Benin, as well as in several African countries such as Kenya [37], Tanzania [38], and Cameroon [39], with rates between 69% and 92% of men engaged in cattle breeding. The Fulani comprised the largest sociolinguistic group. This confirms that Fulani social organization attributes cattle breeding to men [40, 41]. Farming is the second most important occupation of respondents. Dahouda et al. [42] reported an association between agriculture and livestock farming in Benin's cattle-raising systems, which increases their resilience to external changes (herd diseases and drought). Houndje et al. [43] confirmed the low educational level of the farmers surveyed in several geographical areas of Benin Hessa et al. [36] also found a very low literacy/education rate similar (15%) to ours during their studies in the cotton-growing areas of Benin. The majority of herders (90.79%) practiced Islam. The majority adherence to Islam was observed by Youssef et al. [44]. The average age of the breeders surveyed was 43 years old, with an average of 22 years of experience in cattle breeding. In addition, most respondents were sedentary and owned an average of 33 cattle. This herd size is lower than that reported by Chabi Toko [45] in cattle farms in northeastern Benin and Djohy et al. [35] in central Benin. Differences in age, years of experience, and type of farming (transhumant versus sedentary in our study) may account for these differences. Contrary to Djohy et al. [35], more than half of the respondents belonged to cattle breeders' associations.

Analysis of knowledge of bovine brucellosis

Assessing the level of herders' knowledge of the disease is essential for developing and implementing more effective awareness programs and brucellosis control initiatives to meet the needs and perspectives of local communities [46]. To the best of our knowledge, this is the first study to examine herders' level of knowledge about bovine brucellosis in Benin. The data collected show that only a third of the herders interviewed were aware of bovine brucellosis. Kang'ethe et al. [47] reported a similar level of knowledge (30%) in Kenya. Furthermore, Kansiime et al. [48] in south-western Uganda, Edao et al. [49] in Ethiopia, Cloete et al. [50] in South Africa, Cadmus et al. [51] in Nigeria, Madzingira et al. [52] in Namibia, and Babo et al. [53] in Côte d'Ivoire also reported low awareness of brucellosis among livestock farmers. Buhari et al. [54] reported high levels (93%) of awareness of brucellosis among cattle farmers in Kaduna State, northern Nigeria. Nabirye et al. [55] in northern Uganda, Obonyo and Gufu [56] in Kenya, and Musallam et al. [57] in Jordan also estimated that 63%, 79%, and 100% of respondents

(mostly farmers) had heard of brucellosis, respectively. The fact that you know about the disease is not synonymous with knowledge of it. This is due to the lack of knowledge of the transmissibility of the disease, its zoonotic nature, and the associated risk factors reported by the same authors. These differences in knowledge in Africa and in other parts of the world reflect a significant variability in the distribution of information and the functioning of veterinary services in different regions.

The low level of knowledge recorded during the present study could be linked to the low level of contact between farmers and the germ responsible for brucellosis (*Brucella* spp.). The relatively low prevalence rates (between 0% and 19.33%) [24–26, 28] recorded in Benin since the 2000s could explain the low level of awareness about the disease among breeders. Dez and Coelho [58] confirmed these hypotheses by reporting a positive correlation between experience of brucellosis in cattle, disease prevalence, and knowledge of brucellosis among herders.

The level of education had little influence on the knowledge of the disease. This finding is contrary to the observations of several authors in Africa (Mufinda *et al.* [59] in Angola, Njuguna *et al.* [60] in Kenya), Asia (Lindahl *et al.* [61] in Tajikistan; Arif *et al.* [62] in Pakistan, and Kothalawala *et al.* [63] in Sri Lanka), and Latin America [64], who have reported a positive correlation between knowledge of the disease and level of education.

Farmers in agroecological zones 1 and 4 have the best knowledge of the disease. These agroecological zones largely correspond to the departments of Alibori and Atacora, two of which have the largest cattle populations [65]. The low level of knowledge of cattle breeders surveyed could jeopardize public health because of erroneous practices in handling runts and reproductive waste and in handling and cooking meat. According to Kunda et al. [66], a lack of knowledge about brucellosis is an obstacle to the control and elimination of the disease. Raising awareness of brucellosis and brucellosis-related knowledge among professionals is an important aspect of effective brucellosis control [67]. Therefore, there is an urgent need to raise awareness of bovine brucellosis among farmers and all stakeholders in the bovine value chain.

The main signs of bovine brucellosis are abortion, reduced milk production, and hygroma. [53, 56, 60, 68]. In this study, reduced milk production was the breeders' most recognized clinical sign. Alsaif *et al.* [69] and Ducrotoy *et al.* [70] have reported that reduced milk production is one of the main consequences of *Brucella* infection in cattle. In contrast to the findings of our study, farmers reported abortion as the main sign of brucellosis in Nigeria [38, 54, 71]. In view of the different levels of knowledge of the disease, this slight difference between farmers from different countries or regions is not surprising. The low level of knowledge of brucellosis among many breeders

and the transfer of information about the disease from generation to generation or from breeder to breeder may contribute to the spread of brucellosis to the detriment of brucellosis to the detriment of brucellosis [53]. For example, Kiros *et al.* [72] reported a wide variation in mortality rates (between 30% and 80%) in susceptible herds.

Previous experience in cattle breeding has a significant impact on farmers' awareness of abortion as a clinical sign of brucellosis. The fact that the recognition of this sign evolves positively with age suggests that older farmers have experienced brucellosis.

In addition to reduced milk production, hygroma (87.18%) and abortion (56.84%) were the other signs mentioned by my respondents. Ntirandekura *et al.* [38] mentioned some additional signs, such as fever, hygroma, vaginal discharge, lack of appetite, orchitis, fatigue, and general weakness.

Knowledge of human risk factors and brucellosis behavior

During our investigations, almost all respondents recognized contact and consumption of unpasteurized milk as risk factors. In addition, three-quarters of farmers and one in two farmers have recognized that bovine brucellosis is a zoonotic disease and that unprotected handling of runts and fetal material is also a risk factor. Cloete et al. [50] confirmed that consumption of unpasteurized milk (66.7%), assisting in calving or handling the unprotected placenta (22.2%), slaughtering an infected animal (16.7%), and handling the runt (11.1%) are the greatest risk factors for hepatitis. According to Kansiime et al. [48] and Tialla et al. [73], the consumption of unpasteurized raw milk or its products (unpasteurized curdled milk, cheese), assistance with abortions, and unprotected handling of runts greatly increases the risk of human exposure. In the case of Brucella infection, the udder is significantly affected, which facilitates the excretion of the bacterium into the milk [74, 75]. In addition, 5% of farmers believe that the consumption of brucellosis-infected animal meat is also a source of contamination. According to Ntirandekura et al. [38], the consumption of raw meat, unpasteurized milk, and unprotected assistance of animals during parturition are risk factors for the transmission of bovine brucellosis to humans. Apart from these risk factors, Adesokan et al. [76] also mention cohabitation with animals and lack of hygiene as significant risk practices in the transfer of Brucella infection from animals to humans.

The risk of transmission associated with handling runts is better known among breeders who are not members of the breeding group. This result reflects the lack of general information available to all breeders and the poor circulation of information within these groups. It could also indicate the circulation of contradictory information, which prevents breeders from obtaining clear and accurate information.

This study shows that in the event of brucellosis, farmers resort to treating the entire herd. Therefore,

90% indicated that bovine brucellosis was treated using plants and veterinary products. One in ten respondents said that in case of herd disease, it would be preferable to sell the animals. Kansiime et al. [48] reported that 84% of farmers use veterinary care for the treatment of animal pathologies. Cloete et al. [50] added that almost half of the farmers surveyed were referred to veterinary services for assistance. As shown in this study, there is no link between education level and knowledge of disease. Madzingira et al. [52] and Mangesho et al. [77] pointed out that veterinary agents and other animal health actors who were aware of the disease do not have different practices from farmers who were unaware of the disease. This suggests that all stakeholders in the cattle value chain should be fully aware of the risks associated with this disease and the best practices to be adopted.

Conclusion

Knowledge of diseases is a key step toward the development of prevention and control measures. The results show that farmers have little knowledge about bovine brucellosis and its risk factors. In view of the economic impact of this disease on herd reproductive health and milk production, several recommendations should be made to minimize the risk of spreading this disease. These include raising awareness among farmers, livestock traders, and processors of good animal production and processing practices. In conclusion, further studies are required to determine the impact of endogenous practices on reducing the spread of the disease.

Authors' Contributions

ASDD, FTDB, and KCB: Conceived the study design and collected the data. ASDD, SF, and BGK: Analyzed the data and wrote the manuscript. BGK and SF: Corrected the manuscript. All authors have read, reviewed, and approved the final manuscript.

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Competing Interests

The authors declare that they have no competing interests.

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