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Breaking the Patterns of Homelessness

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Abstract

Homelessness is a global issue that affects people living in all kinds of different environments. The impacts of homelessness are relatively similar when it comes to developed and undeveloped countries. The uncertainty and stress of homelessness can lead to mental health problems including depression, anxiety and many others. When it comes to physical health, not having a stable living environment can make it more difficult to have access to basic needs such as clean water, safe shelter and nutritious foods. The lack of basic necessities often leads to malnutrition, exposure to harmful weather conditions and a higher sensitivity to diseases and illness. In the US, two of the leading causes of homelessness is lack of affordable housing and mental health/substance abuse. While in an underdeveloped country like Syria, the main cause of homelessness is the collapsing of infrastructure caused by natural disaster. Due to these conditions, people can be exposed to diseases and without health care or if not that, they may not have a place to store which makes it harder to treat. The goal of this study is to find the underlying causes of homelessness in countries of different economic status' in order to identify ways to break the cycle of homelessness.

Introduction

In our research on breaking the pattern of homelessness, we looked into developed and underdeveloped countries to get a better understanding on the causes of homelessness in these countries.

- The goal of this study is:
 - Causes
 - Prevention strategies
 - Ways for social workers to help
 - Recommendations

Breaking the Patterns of Homelessness Jaylynn Easterly, Araely Hanson, Mya Snitker, and Yaqueline Trinidad

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Causes:

- In developed and underdeveloped countries there are a multitude of reasons for an individual or family to become homeless.
 - War
 - Natural Disasters
 - Health issues physical

 - o mental
 - healthcare issues
 - discrimination
 - poverty
 - child welfare
 - lack of resources



Social Work Role:

Social workers have many different roles and ways they can contribute to assist and support individuals struggling with homelessness as well as address the issue at hand.

- Educating struggling individuals on resources
- Providing assistance on accessing tools and programs in place that are there to help them
 - Food assistance
 - Housing
 - Healthcare

It is also vital for a social worker to connect and maintain a relationship with the individual especially when working with families or young adults either with them being homeless or moving from the foster care system

• Social workers can help move young adults into more secure housing and independent housing.

Prevention Strategies

There are many prevention activities that are used in This can include treatments for issues such as mental health or substance abuse

• Therapy

• Support groups Provide those dealing with homelessness with links to resources

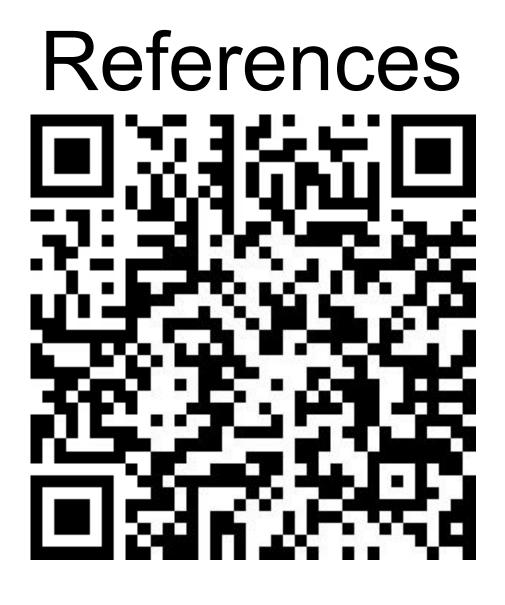
- Homeless shelters
- Food banks
- Permanent housing Educate
- Job training programs
- Skill development
- Literacy
- Basic adult education

Since FY2012, the United States has provided about \$17.2 billion for humanitarian aid in Syria and in bordering states that are home to Syrian refugees, making it the largest donor of aid to the Syrian crisis. One of the worst humanitarian crises of the 21st century has arisen in Syria as a result of the terrible violence that has torn apart Syrian society since 2011. Many Syrians decided to risk their lives during the hostilities in order to find safety and opportunities in Europe.

- relocated there.

 - support
 - projections

• life-saving medical care - In reaction to the tragic earthquake, the IRC employees are initiating a coordinated effort to deliver critical assistance to affected populations.



Recommendations

• Early in February 2023, a terrible earthquake rocked northern Syria, hurting an enormous number of vulnerable individuals who had fled the fighting and

- More than 1,000 International Rescue Committee (IRC) employees are working in Syria to give communities they serve specialized