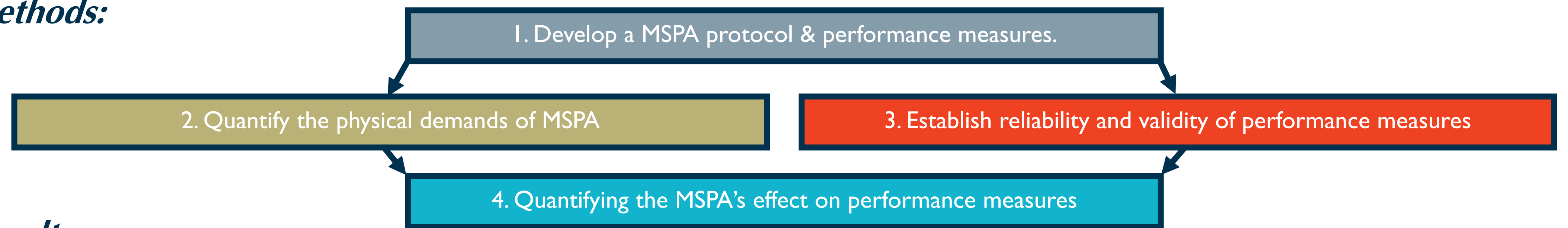


The Influence of Military Specific Physical Activity on Physical and Cognitive Performance Relevant to Military Operations: Future Directions

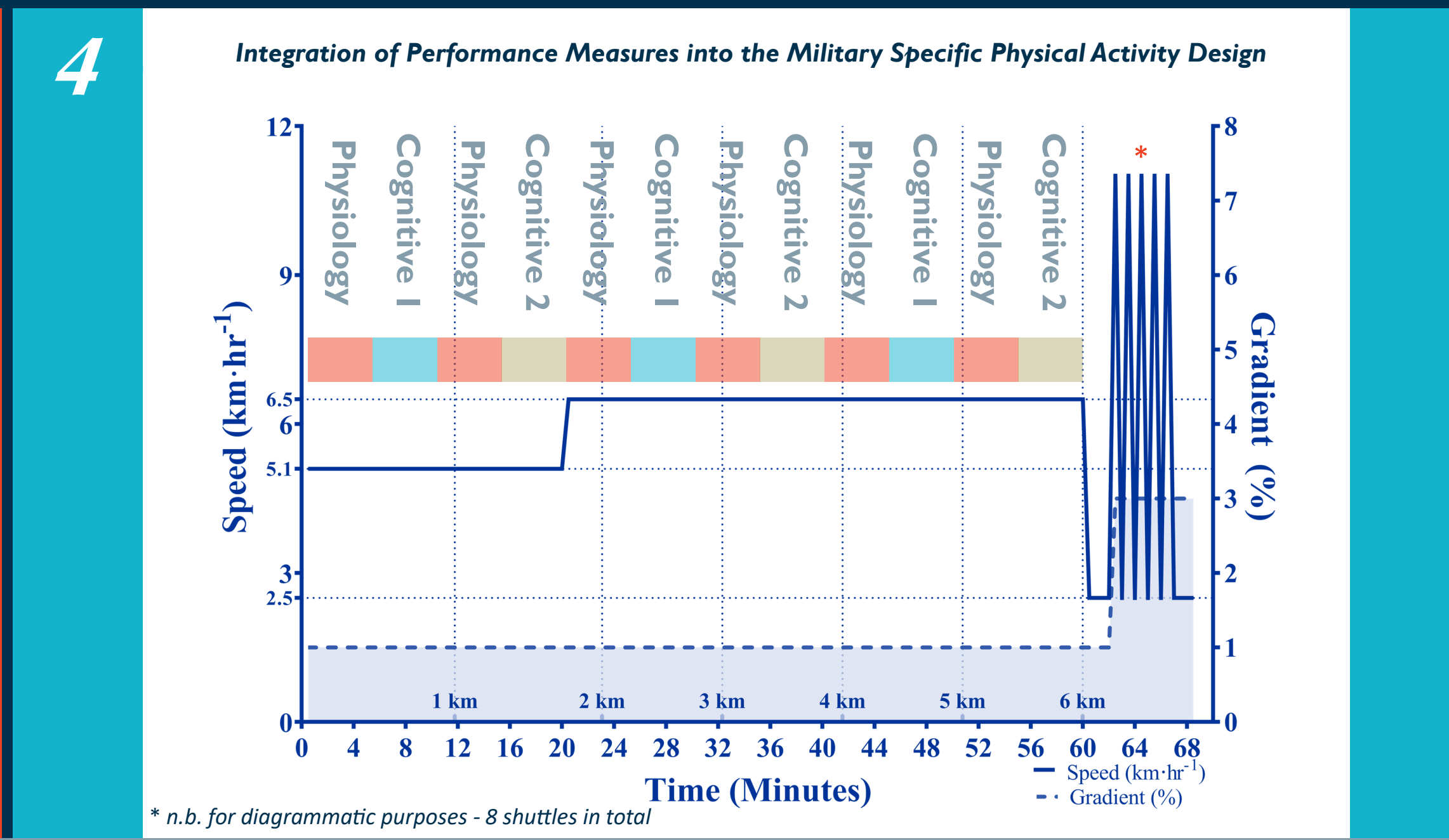
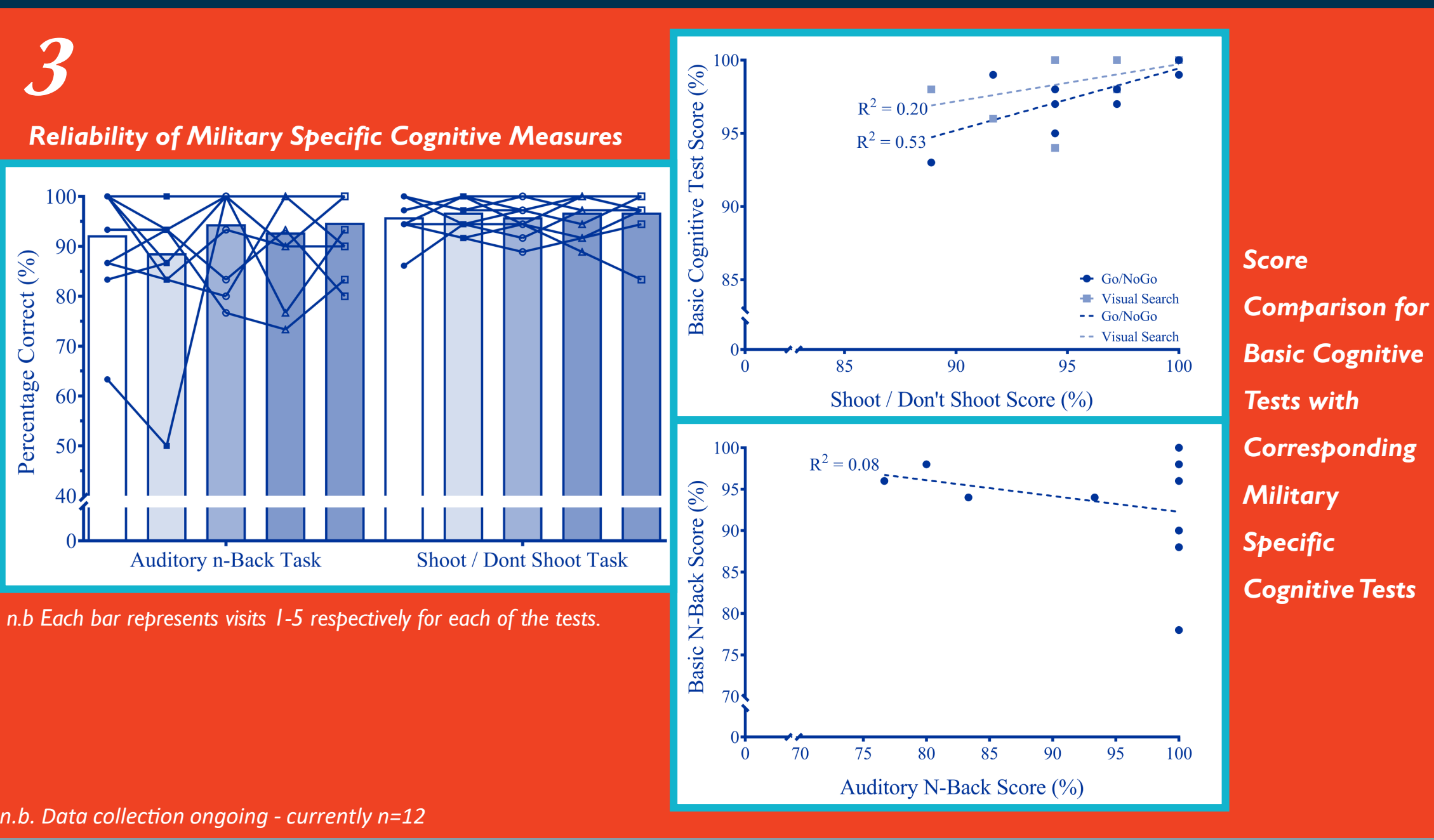
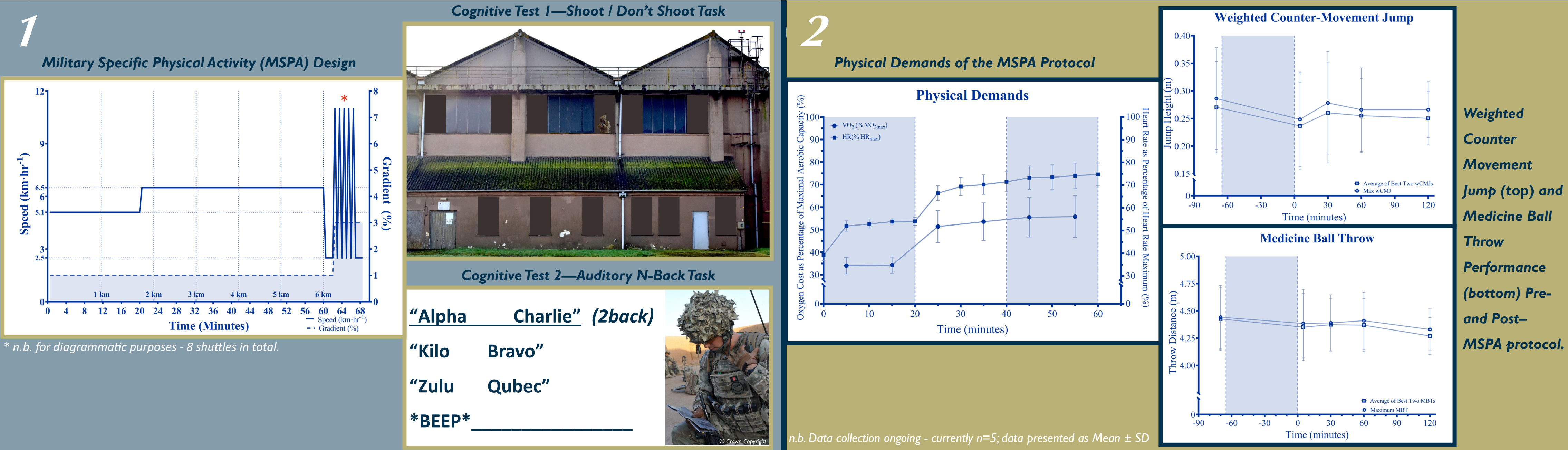
Background: The challenging and stochastic nature of military operations requires personnel to operate at a high level whilst coping with numerous physical (e.g. load carriage, fire and movement) and cognitive challenges (e.g. decision making, communication).

Purpose: To investigate the effect of military specific physical activity (MSPA) on physical and cognitive performance.

Methods:



Results:



Christopher A.J. Vine.,
 S.L. Coakley, O.R. Runswick, S.D.
 Blacker., & S.D. Myers.