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1 **Late Cretaceous-Eocene exhumation of the northern Lhasa**
2 **terrane and topographic implications for the central Tibet**

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14 **Keywords**

15 Low-temperature thermochronology; Synchronous exhumation; Plateau growth; Relief

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21 **Abstract**

22 The central Tibetan Plateau has an average altitude of ~5000 m; its exhumation and chemical
23 weathering greatly influence the global climate and ocean chemistry. The modern central Tibet is
24 characterized by low-relief, high elevation topography with endorheic drainage. When and how
25 these geomorphic characteristics of central Tibet were initiated remains controversial. Here, we
26 have applied zircon U-Pb dating and low-temperature thermochronology on the Cretaceous
27 plutons from Coqin Basin of central Tibet in order to assess timings of exhumation. The thermal
28 history modeling indicates a period of relatively rapid cooling ($2.5\text{-}4^{\circ}\text{C}/\text{Ma}$) occurred in Late
29 Cretaceous to Middle Eocene times (from ~80 Ma to ~40 Ma), with the exhumation rates of 0.2-
30 0.4 mm/yr assuming a geothermal gradient of $25^{\circ}\text{C}/\text{km}$. Cooling rates then slowed to $\sim 0.5^{\circ}\text{C}/\text{Ma}$
31 during the Middle Eocene to the present, with a relatively lower exhumation rates of $\sim 0.02\text{-}0.03$
32 mm/yr. Synchronous rapid cooling and exhumation has also been identified in central Tibet; this
33 signal of widespread Late Cretaceous exhumation across the region may be viewed as evidence
34 for the initial surface uplift and erosion of the central Tibetan plateau. Lower exhumation rate
35 since ~40 Ma, combined with sedimentological data suggests that the low-relief, internally drained
36 topography of central Tibet was initiated around this time.

37 **1. Introduction**

38 The timing of structural and topographic growth of the Tibetan Plateau is significant for
39 understanding the geodynamics of plateau uplift and its implications for global climate change
40 ([An et al., 2001](#)). The modern central Tibet (mostly including the northern Lhasa and Qiangtang
41 terranes) is characterized by low-relief, high elevation topography which is internally drained
42 ([Han et al., 2019](#), [Xue et al., 2022](#)). The inception and development of these geomorphic
43 characteristics in central Tibet remain controversial. One perspective proposes a “peneplain”
44 model involving planation processes driven by an external river system near sea-level on the
45 central Tibetan Plateau prior to the India-Asia collision ([Hetzl et al., 2011](#)). In contrast, other
46 studies argue that the plateau growth was initiated in Late Cretaceous time and the high elevation
47 was gained by Eocene times ([Rohrman et al. 2012](#); [Dai et al., 2013](#)). However, the paleo-

48 elevation data indicate that central Tibet has undergone a complex history of surface uplift, with
49 formation of the Late Cretaceous protoplateau and subsequent collapse to the “Central Tibetan
50 Valley” in the Paleocene (Hu et al., 2020; Xiong et al., 2022). Furthermore, formation of low-
51 relief topography across central Tibet was asynchronous due to an endorheic drainage system
52 reducing high-elevation ranges to fill local basins within the plateau (Liu-Zeng et al., 2008).
53 Consequently, significant uncertainty exists about the topographic evolution history, concerning
54 the timing of structural growth of the plateau and relief conditions on the central Tibet.

55 The evolution of topographic relief relates to rates of surface uplift through changes in rates
56 of river incision relative to hillslope response (Montgomery, 1994). So relief is more directly
57 linked to rock uplift and exhumation than to absolute elevation (England and Molnar, 1990).
58 Hence assessing rock exhumation serves as an approximation for investigating topographic
59 evolution. Low-temperature thermochronology techniques such as zircon/apatite fission track and
60 U-Th-He are employed to determine rock cooling histories, thereby approximating rock
61 exhumation. A few studies from the eastern part of central Tibet (i.e., from Baingoin to Nima
62 regions, Fig. 1) have reported rapid cooling and exhumation before ~45-30 Ma (Rohrmann et al.
63 2012; Dai et al., 2013; Xue et al., 2022). However, data is scarce for constraining the exhumation
64 history in the vast western segment of central Tibet. In Gaize region of the BNSZ, a multistage
65 exhumation history has been discovered based on data from the clastic succession, showing three
66 cooling stages of 120-100 Ma, 85-55 Ma and 47-30 Ma (Li et al., 2022, Tong et al., 2022). The
67 structural reconstruction in the western part of central Tibet shows substantial crustal deformation
68 with nearly 50% shortening (Murphy et al., 1997; Kapp et al., 2003, 2005, 2007; Volkerman et al.,
69 2007), implying that surface uplift corresponding to Late Cretaceous crustal shortening may have
70 occurred along with similar exhumation history as shown in eastern parts of central Tibet. Thus,
71 examining bedrock exhumation history from the west segment of central Tibet will test models of
72 thermal development and hence interpretations of the topographic growth across the entire central
73 Tibetan Plateau.

74 The Coqin Basin, situated in the west part of northern Lhasa terrane, is bound by the
75 Gangdese magmatic arc to the south and the Bangong-Nujiang suture zone (BNSZ) to the north

76 (Fig. 2). The basin comprises a thick Mesozoic to Cenozoic succession intruded by Cretaceous
77 plutons. In order to better constrain the exhumation history of the west segment of the central
78 Tibet, we apply zircon U-Pb dating and low-temperature thermochronology to Cretaceous plutons
79 in the Coqin Basin, which, combined with the stratigraphic record, yield insights into the thermal
80 history of this critical portion of the Tibetan Plateau. By comparing with previous studies, a
81 synchronous exhumation history spanning Late Cretaceous-Middle Eocene is reconstructed for
82 central Tibet. Based on the results, we suggest that the low-relief, internally drained aspects of the
83 central Tibet were established since the Middle Eocene (~40 Ma).

84 **2. Geological setting and study area**

85 The Lhasa terrane is separated from the Tethys Himalaya by the Yarlung-Zangbo suture to
86 the south and from the Qiangtang terrane by the Bangong-Nujiang suture to the north (Fig. 1a,
87 Kapp and DeCelles, 2019). The Lhasa terrane has two parts, including the southern and northern
88 Lhasa (Fig. 2a, Burg et al., 1983). The southern Lhasa terrane contains the Gangdese magmatic
89 arc and Xigaze forearc basin. The Gangdese magmatic arc is mainly composed of the Late
90 Triassic-Early Cenozoic Gangdese batholiths and Cenozoic Linzizong volcanic rocks (Ji et al.,
91 2009; Zhu et al., 2011). The Xigaze forearc basin, located on the southern margin of the Gangdese
92 magmatic arc, is featured as the thick sequences of Albian-Campanian deep-water turbidites
93 (Wang et al., 2012). The northern Lhasa terrane includes substantial Cretaceous magmatic rocks
94 (e.g., the Zenong volcanism, Zhu et al., 2006, 2009) and more than 5-km-thick sedimentary rocks
95 (such as the Mesozoic sedimentary basins of Coqin and Nima, Kapp et al., 2007; Sun et al., 2015a,
96 2017). Structural reconstruction of the Lhasa terrane demonstrates the substantial crustal
97 deformation and shortening in Cretaceous time, with approximately ~50% north-south shortening
98 over the modern Lhasa terrane (Li et al., 2015 and references therein).

99 The Coqin Basin (Fig. 2b), located in the west of the northern Lhasa terrane, accumulated
100 more than 3000 m of Cretaceous strata, i.e., Duoni, Langshan and Daxiong formations. The Lower
101 Cretaceous Duoni and Langshan formations were deposited in marginal-shallow marine
102 environments, that accumulated both clastic and carbonate successions respectively (Xu et al.,
103 2022). The Upper Cretaceous (~90 Ma) Daxiong conglomerate overlies the Langshan limestones

104 with an unconformity or the southward thrust (Sun et al., 2015a). After a hiatus from Late
105 Cretaceous to Early Eocene times (i.e., ~90-40 Ma), the Eocene lacustrine Dingqinghu Formation
106 (>1300 m-thick) was deposited with the unconformity above the underlying strata. The Cretaceous
107 granitic plutons were intruded into the sedimentary sequence in the basin. The structural
108 deformation mainly occurred in Late Cretaceous to Eocene times in the Coqin Basin (Li et al.,
109 2015). There were two oppositely vergent thrust belts in Late Cretaceous time: the north-dipping
110 Coqin thrust and the south-dipping Gaize-Selin Co thrust (Fig. 1b), which combined resulted in
111 ~250 km crustal shortening between ~100-50 Ma (Murphy et al., 1997; Kapp et al., 2007; Li et al.,
112 2015).

113 3. Sampling and methods

114 The low-temperature thermochronology data were obtained from eight samples, collected
115 from the Coqin Basin (Fig. 2b). Three samples (XL01-03) were collected from the Xialong biotite
116 granodiorite plutons in the northern part of the Coqin Basin. The other five samples are from the
117 Chaji Co and Jiangrang Ruoyu plutons in the southern Coqin Basin. All these pluton samples were
118 collected on a low-relief plateau surface away from the modern active faults.

119 Zircon and apatite grains were separated by crushing, grinding and then concentrated using
120 standard heavy liquid and magnetic separation techniques. Zircon U-Pb dating of three granitoids
121 (CJ03, DX102 and XL02) from the Chaji Co, Jiangrang Ruoyu and Xialong pluton bodies, were
122 conducted at the State Key Laboratory for Mineral Deposits Research, Nanjing University, China,
123 using a laser ablation inductively coupled plasma mass spectrometry (LA-ICP-MS). More details
124 of the instrumental conditions and analytical procedures are outlined in Liu et al. (2013). The
125 primary Pb isotopic data were calculated and exported by GLITTER 4.4 software (van
126 Achterbergh et al., 2001) and common Pb corrections followed the program by Andersen (2002).
127 The weighted mean ages were obtained using the Isoplot/Ex program (version 2.49) of Ludwig
128 (2001). The uncertainties in the single grain and weighted mean ages, including all known
129 systematic errors, are cited at the 1σ and 2σ levels, respectively. The ages obtained of this study
130 exclude analyses with >20% discordance.

131 Zircon and apatite (U-Th)/He (ZHe and AHe) analyses were conducted in the Scottish
132 Universities Environmental Research Centre. Euhedral, unfractured, large and optically inclusion-
133 free zircon and apatite grains were selected. The digitized photographs were taken for measuring
134 the geometric parameters to calculate the α -ejection corrections. Each single zircon and apatite
135 grain was encapsulated in a platinum tube and loaded into a stainless steel capsule. Helium
136 concentration was measured by a 99.9% pure ^3He spike in a Hiden HAL3F quadrupole mass
137 spectrometer equipped with an electron multiplier detector. After measurement, each capsule was
138 retrieved and dissolved in ^{235}U - and ^{230}Th spiked nitric acid. U and Th concentrations were
139 measured using a VG PlasmaQuad 2 ICP-MS. The detailed procedures can be found in [Foeken et](#)
140 [al. \(2006\)](#) and [Dobson et al. \(2008\)](#).

141 The apatite fission track (AFT) determinations were made in the laboratory of School of
142 Geographical and Earth Sciences, University of Glasgow, UK. The fission track ages, track
143 lengths, and Dpar measurements were carried out with the external detector method ([Gleadow,](#)
144 [1981](#); [Hurford and Green, 1982](#)) and the zeta calibration technique ([Hurford and Green, 1983](#)).
145 The spontaneous and induced fission tracks were counted on a Zeiss Axioplan microscope with a
146 $100\times$ dry objective and a total magnification of $2000\times$. About 20 grains of each sample were
147 identified for AFT age determination. Track lengths and Dpar were measured at $2000\times$
148 magnification and were measured on the same grain with age dating. More details about the
149 measurements of AFT can be found in [Persano et al. \(2005\)](#).

150 **4. Results**

151 Zircon U-Pb dating from samples CJ03 and DX102 yield ages of 115.1 ± 1.4 Ma and $111.7 \pm$
152 0.7 Ma, respectively, while sample XL02 from the northern part of the Coqin Basin shows a Late
153 Cretaceous age of 92.1 ± 0.5 Ma ([Fig. 3, Supplementary table S1](#)).

154 The samples from the northern part of the Coqin Basin (XL01-03) give ZHe weighted mean
155 recoil-corrected ages ranging 70.9 ± 0.7 Ma to 88.2 ± 0.9 Ma. Five samples from the southern part
156 (CJ01, CJ03, DX02, DX101, and DX102) yield ZHe mean ages that range from 54.4 ± 0.6 Ma to
157 69.8 ± 0.7 Ma. AFT analyses of five granites (CJ01, DX02, XL01-03) yield ages of 53.9 ± 4.0 Ma

158 to 75.0 ± 7.4 Ma. Non-projected mean track lengths of these samples are between 13.0 and 14.9
159 μm with standard deviations around 1.1 μm , indicative of rapid cooling through the partial
160 annealing zone. Samples XL01-03 from the northern part of the basin give weighted mean AHe
161 ages of 70.6 ± 0.9 Ma, 62.6 ± 0.8 Ma 58.8 ± 1.1 Ma, respectively, while the other five samples
162 from the south (CJ01, CJ03, DX02, DX101, and DX102) produce the younger ages, with the
163 weighted mean ages of 45.1 ± 2.1 Ma to 56.4 ± 0.6 Ma. The detailed age information can be
164 referred to the [Table 1](#), and [Supplementary table S2-3](#).

165 **5. Thermal history modeling**

166 **5.1 Modeling strategy**

167 Single-sample thermal histories were modelled using HeFty software ([Ketcham 2005](#)) using
168 the ZHe, AHe and AFT data. The Dpar value for each sample was used during the AFT modeling,
169 and the multi-kinetic annealing model ([Ketcham et al., 2007](#)) was applied. The radiation damage
170 accumulation and annealing model (RDAAM) for helium diffusion in apatite ([Flowers et al.,](#)
171 [2009](#)), and the diffusion kinetics of [Reiners et al. \(2004\)](#) were used for modeling AHe and ZHe
172 single-grain ages. Key geological constraints were employed in the thermal history modeling.
173 These included 1) present-day surface temperature of $10 \pm 10^\circ\text{C}$, 2) initial time-temperature
174 constraint was set at 220-170 $^\circ\text{C}$, and 3) a broad temperature span (i.e. 230-120 $^\circ\text{C}$ for the weight
175 mean ZHe age and 80-40 $^\circ\text{C}$ for weight mean AHe age) was set to constrain the cooling path.
176 These pre-modeling settings were always included with a large uncertainty so as to give the
177 modeling enough freedom to search for a wide range of data-constrained thermal histories.

178 **5.2 Results of thermal history modeling**

179 Five samples (XL01-03, CJ01 and DX02) yielded compatible ages when ZHe, AFT and AHe
180 data were employed together for the thermal-kinetic modeling ([Fig. 4](#)). For the other three samples
181 (CJ03, DX101 and DX102), there are few induced fission tracks obtained when conducted the
182 AFT analysis, thus these three samples were modelled with ZHe and AHe data. All samples reveal
183 that there was a rapid cooling history from Late Cretaceous (~ 80 -75 Ma) to Eocene (~ 40 Ma)
184 times followed by a period of slow cooling. It is difficult to quantify the precise exhumation rates,

185 because of the influences of local topography and paleogeothermal gradient. However, the initial
186 exhumation history of the northern Lhasa can be determined based on the data obtained in this
187 study. The ZHe ages are within error of the AFT and AHe ages, suggesting rapid exhumation in
188 Late Cretaceous times. To better quantify the exhumation history, inverse thermal history
189 modeling was employed based on a combination of ZHe, AFT and AHe data. The results of
190 thermal history modeling are plotted in Fig. 5. The results confirm that there was a rapid cooling
191 history from ~80 Ma (Late Cretaceous time) to 45 Ma followed by a period of slow cooling.

192 **6. Discussion**

193 **6.1 The Late Cretaceous-Middle Eocene cooling history in Coqin Basin**

194 Two samples (CJ03 and DX102) from the Chaji Co and Jiangrang Ruoyu plutons in the
195 southern region of Coqin Basin, yield the zircon U-Pb ages of 115.1 ± 1.4 Ma and 111.7 ± 0.7 Ma,
196 respectively. The hornblende and K-feldspar from the plutons produce the $^{40}\text{Ar}/^{39}\text{Ar}$ isochron age
197 of ~99-92 Ma (Murphy et al., 1997). Both of the U-Pb and $^{40}\text{Ar}/^{39}\text{Ar}$ data indicate rapid Early-mid
198 Cretaceous cooling ($22.5^\circ\text{C}/\text{Ma}$) from zircon crystallization temperature ($\sim 800^\circ\text{C}$) to $\sim 350^\circ\text{C}$
199 within ~20 Ma, which could be best interpreted by the magma cooling following its emplacement.
200 These processes are consistent with the pluton emplacement at mid-crustal levels into the Lower
201 Cretaceous strata by ~99-92 Ma (Murphy et al., 1997). All samples from these two plutons
202 (samples CJ01, CJ03, DX02, DX101 and DX102), yield multi-system thermochronometers with
203 the overlapped ages of ~75-40 Ma among the average zircon He ages, and Apatite He and fission
204 track ages. These low-temperature thermochronometers indicate rapid cooling in Late Cretaceous
205 to Middle Eocene time. The rapid cooling of plutons could be induced by the quick erosion of
206 overlying rocks or the thermal equilibration to the country rocks during the magma emplacement.
207 After the Early-mid Cretaceous emplacement, these plutons have undergone an accelerated
208 cooling from the Late Cretaceous to Middle Eocene time according to the thermal history
209 modeling based on the above low-temperature data. This accelerated cooling is interpreted as the
210 result of erosion of overlying rocks and pluton exhumation, which is consistent with the timing of
211 displacement linked to the Coqin thrust (~100-50 Ma), that transported the plutons over the

212 hanging wall (Fig. 1b, Murphy et al., 1997; Volkman et al., 2007). Similarly, the erosion of the
213 overlying rocks can be also certified by the contemporary sedimentary records in the Coqin Basin.
214 The Upper Cretaceous conglomerates (Daxiong Formation) had accumulated in the footwall of the
215 Coqin thrust and received the sediments from the local topographic highs (Sun et al., 2015a).

216 Three samples (XL01-03) from the Xialong plutons in the northern part of the Coqin Basin,
217 give the same zircon U-Pb and He ages of ~ 90 Ma within uncertainties, indicating the rapid
218 magma cooling and thermal equilibration to the country rock during their emplacement. The
219 thermal history modeling based on the apatite fission track and He ages, yield a quick cooling
220 (~3°C/Ma) between 80 Ma to 50 Ma, which falls within the time span of activity on the Gaize-
221 Selin Co thrust in the northern margin of northern Lhasa terrane (i.e., 100-25 Ma, Kapp et al.,
222 2007).

223 Overall, our new thermochronometric data of these Cretaceous plutons from the Coqin Basin,
224 yield a rapid Late Cretaceous-Eocene (from ~80 Ma to as late as ~40 Ma) cooling of 2.5-4°C/Ma,
225 representing a denudation rate of approximately 0.2-0.4 mm/yr assuming a geothermal gradient of
226 25°C/km (Fig. 5). Since ~40 Ma, the cooling rate has slowed down to ~0.5°C/Ma, with the
227 denudation rate of ~0.02-0.03 mm/yr. This Late Cretaceous rapid cooling event has coincided with
228 the activation of two thrust system in the Coqin Basin. In consideration of the positions of pluton
229 bodies, the Chaji Co-Jiangrang Ruoyu and Xialong plutons are located on the ramp of thrusts,
230 showing no more than 30 km away from the Coqin thrust to the south and to the Gaize-Selin Co
231 thrust to the north, respectively (Fig. 2). The possible interpretation is that the Late Cretaceous
232 movement on the north-dipping Coqin thrust and the south-dipping Gaize-Selin Co thrusts are
233 responsible for the rapid exhumation of these rocks.

234 6.2 The synchronous Late Cretaceous exhumation on the central Tibet

235 Within the northern Lhasa terrane and BNSZ, lots of thermochronologic data derived from
236 the Baingion, Nima and Gaize regions exhibit ZHe ages of ~100-54 Ma, AFT ages of ~88-30 Ma,
237 and AHe ages of ~78-20 Ma (Hetzl et al., 2011; Rohrmann et al., 2012; Haider et al., 2013; Li et
238 al., 2022; Xue et al., 2022). Thermal history modeling suggests that the northern Lhasa terrane and

239 the BNSZ have a rapid cooling and exhumation history since ~85-70 Ma followed by a slow
240 cooling since ~45-30 Ma (Rohrmann et al., 2012; Xue et al., 2022, Fig. 6). This thermal history
241 modelling result is consistent with our newly obtained low-temperature thermochronologic data in
242 the Coqin Basin. Thermochronologic data derived from both the northern Lhasa terrane and BNSZ
243 suggest regionally synchronous rapid exhumation across central Tibet during the Late Cretaceous-
244 Middle Eocene time (80-40Ma) (Fig. 6). A similar cooling pattern was observed in southern
245 Qiangtang terrane where most ZHe ages spanned approximately ~150 -80Ma, AFT ages ranged
246 between ~95-44 Ma, and AHe ages are of ~85-40 Ma (Zhao et al., 2017; Yang et al., 2019; Qian
247 et al., 2021; Xue et al., 2022). Thermochronological modelling based on these data indicates at
248 least two episodic rapid exhumations at the Late Jurassic and the Late Cretaceous times,
249 respectively (Yang et al., 2019; Qian et al., 2021).

250 This synchronous cooling history indicates that the interior of Tibet has undergone a
251 relatively uniform exhumation between the Late Cretaceous and Middle Eocene time. The
252 mechanism responsible for this synchronicity warrants further exploration. One plausible
253 explanation could be the underthrusting of Indian lithosphere beneath Lhasa terrane, resulting in
254 significant deformation (DeCelles et al., 2002). This process aligns with the exhumation within the
255 Lhasa terrane. However, it fails to interpret the synchronous exhumation history within the BNSZ
256 and the southern Qiangtang terrane, due to the underthrusting of Indian lithosphere is limit to the
257 Lhasa terrane only (Nábělek et al. 2009). In consideration of the tectonic background, the Lhasa-
258 Qiangtang collision has been widely inferred to have occurred in the Late Jurassic to Early
259 Cretaceous times (Kapp et al., 2007; Ma et al., 2017), which provides an alternative potential
260 mechanism. Under this broad continent-continent collision, abundant upper crustal deformation
261 and shortening occurred in the BNSZ and the surrounding regions. Structural reconstructions
262 indicate that it has accommodated at least ~250 km south-north shortening prior to India-Asia
263 collision (Kapp et al., 2005; Li et al., 2015). As the response, the crust below the Lhasa-Qiangtang
264 collision zone has experienced significant thickening.

265 6.3 The initial growth of the central Tibet

266 The previous low-temperature thermochronometers from central Tibet have revealed the
267 rapid exhumation and surface elevation gain during the Cretaceous to Eocene times (Rohrmann et
268 al., 2012, Dai et al., 2013). Here, combined with the previous and this low-temperature
269 thermochronology studies, we propose that the rapid Late Cretaceous-Middle Eocene exhumation
270 resulted from initial surface uplift due to crustal thickening and shortening within the Lhasa-
271 Qiangtang collision zone. A few additional lines of geological evidence can contribute to this
272 interpretation: Firstly, since ~90 Ma, the entire northern Lhasa terrane has recorded a sharp
273 environmental change from marine limestone deposits to terrestrial alluvial conglomerates (Sun et
274 al., 2015a; Lai et al., 2019). Secondly, a significant ~90 Ma episode of magmatism developed on
275 the northern Lhasa terrane indicative of crust thickening (Wang et al., 2014; Sun et al., 2015b).
276 Thirdly, there are no sedimentary records on the northern Lhasa terrane between mid-Cretaceous
277 to Eocene times (Fig. 7), and so the northern Lhasa terrane served as the erosional source at that
278 time. When considering this over the broader region of central Tibet, previous studies proposed
279 that the Tibetan plateau growth originated from plateau interior before expanding southwards and
280 northwards (Wang et al., 2008).

281 The low-temperature thermochronometers of this study, alongside the geological evidence
282 strongly indicates that the initial surface growth occurred in central Tibet from Late Cretaceous (at
283 least at ~80 Ma). However, the clumped isotopic data from the Lunpola Basin reveal a “Central
284 Tibetan Valley” existed in the BNSZ during ~50-40 Ma (Fang et al., 2020; Xiong et al., 2022).
285 Similarly, a low elevation condition in the Gaize Basin during the Eocene time has been
286 reconstructed by foraminifera and stable isotopes (Wei et al., 2016). Therefore, it is likely that the
287 growth of central Tibet was initiated in the Late Cretaceous, coupled with the river incision. The
288 eroded detritus has been transported along the “Central Tibetan Valley” of the BNSZ by the
289 external drainage systems.

290 **6.4 The topographic implications for the central Tibet**

291 Low-relief landscapes tend to be associated with low denudation rates (e.g., Liu-Zeng et al.,
292 2008; Tian et al., 2014). In contrast, the accelerated exhumation/denudation rate suggests a high-
293 relief landscape. The modern low-relief landscape at high elevations on the central Tibet must

294 have undergone surface uplift and a reduction of topographic relief. If a high-relief landscape has
295 remained for a prolonged time, the surface exhumation rate should be sustained to a relatively
296 high level (e.g., [Clark et al., 2005](#); [Tian et al., 2014](#)). Our data indicate that the rapid cooling
297 history during the Late Cretaceous-Middle Eocene time, coupled with river incision in central
298 Tibet, aligns with the high-relief landscape conditions. The Eocene to present limited cooling rate
299 ($\sim 0.5^{\circ}\text{C}/\text{Ma}$) following the Late Cretaceous rapid cooling ($2\text{-}3^{\circ}\text{C}/\text{Ma}$), is probably associated with
300 the formation of a low-relief landscape in the central Tibet (initiated at ~ 40 Ma). Consequently,
301 we interpret that from middle Eocene times (~ 40 Ma) to present, the low-relief landscape would
302 have been established, so that the prolonged low cooling rate ($\sim 0.5^{\circ}\text{C}/\text{Ma}$) has prevailed in central
303 Tibet ([Rohrmann et al., 2012](#), [Dai et al., 2013](#)).

304 The provenance data reveal that the Upper Cretaceous Daxiong and Jingzhushan formations
305 on the northern Lhasa terrane ($\sim 96\text{-}90$ Ma) have uniquely sourced from the northern Lhasa terrane
306 by alluvial and braided rivers ([Sun et al., 2015a](#)). Since then, it is remarkable that there are no
307 sedimentary records during $\sim 90\text{-}40$ Ma in the central Tibet ([Fig. 7](#)), which could demonstrate
308 external drainage to other basins or to the ocean ([Xue et al., 2022](#)). [Laskowski et al. \(2019\)](#)
309 suggests the ancestral Lhasa River has originated from the northern Lhasa terrane and drained
310 across the Gangdese mountains to the south during the Late Cretaceous time (~ 80 Ma). Within
311 this external drainage system, the northern Lhasa terrane-sourced detritus would have been
312 delivered to the external basins, such as the Xigaze forearc basin in the Neo-Tethyan ocean to the
313 south ([An et al., 2014](#); [Orme et al., 2015](#); [Orme and Laskowski, 2016](#)). It is assumed that the
314 Paleocene-Eocene “Central Tibetan Valley” in BNSZ served as a narrow and relatively low-
315 elevation region where the external drainage system from northern Lhasa and Qiangtang terranes
316 were discharged. This topographic evolution in central Tibet could possibly be interpreted as part
317 of a more complex surface uplift history of Tibetan Plateau, with the existence of a Late
318 Cretaceous protoplateau and subsequent collapse ([Hu et al., 2020](#)). Since Middle Eocene times
319 (~ 40 Ma), the terrestrial lacustrine Dingqinghu Formation had been deposited in the central Tibet
320 (e.g., Nima and Lunpola Basins). The sedimentary aggradation and provenance analyses reveal the
321 transporting patterns for the Dingqinghu Formation are similar to the modern drainage systems,
322 with sources from the central Tibet interior, which suggest that the internal drainage system has

323 been developed at this time (Han et al., 2019; Xue et al., 2022). In combination with the lower
324 exhumation rates since ca. 40 Ma, it is tentatively suggested that a low-relief, internally drained
325 landscape in central Tibet, was initiated before the Middle Eocene time (~40 Ma) (Fig. 7).

326 7. Conclusions

327 A combination of zircon and apatite (U-Th)/He and apatite fission track data has been
328 obtained from central Tibet, and thermal history models of these data show a phase of rapid
329 cooling during the Late Cretaceous-Eocene time (from ~80 Ma to as late as ~40 Ma). It is inferred
330 that initial surface uplift and erosion linked to displacement on key thrusts accounts for this
331 synchronous rapid cooling on the central Tibet. Lower exhumation rates since ca. 40 Ma
332 combined with sedimentological evidences suggests that the lower relief, internally drained
333 aspects of the region were initiated around this time.

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342 Figure and Table captions

343 **Fig. 1** (a) Tectonic framework of the Tibetan plateau. (b) Topographic map of the Tibetan Plateau Showing
344 the low-temperature data compiled from Hetzel et al., 2011; Rohrmann et al., 2012; Haider et al., 2013; Zhao et al.,
345 2019; Yang et al., 2019; Qian et al., 2021; Li et al., 2022; Xue et al., 2022; Tong et al., 2022. JSSZ—Jinsha suture
346 zone; BNSZ—Bangong-Nujiang suture zone; IYSZ—Indus-Yarlung suture zone.

347 **Fig. 2** Geological map of the Coqin Basin and the related intrusive plutons (Liu et al., 2004), and sampling
348 locations.

349 **Fig. 3** U-Pb plots for samples CJ03, DX102, and XL02. The left are concordant plots and the right are
350 weighted average ages.

351 **Fig. 4** Single-sample thermal kinetic modeling results and the distribution of the measured samples. Refer to
352 the text for the modeling strategy. The pink area in each plot displays the envelope of all good time-temperature
353 paths with goodness of fit (degrees of match between observations and modeled results for both age and length) >
354 0.6, whereas the green area depicts the envelop for all acceptable time-temperature paths with goodness of fit >
355 0.05. The thick blue boxes are defined by zircon and Apatite (U-Th)/He ages of samples and their respective
356 closure temperatures. The thick black line in each plot represents the best fit thermal history, with goodness of fit >
357 0.95.

358 **Fig. 5** Integrated cooling history for the Cretaceous plutons in the Coqin Basin and the geologic events in the
359 Lhasa terrane. Red dots indicate inflections points showing decreases in cooling rate.

360 **Fig. 6** The W-E striking transect of the central Tibetan Plateau with elevations and thermochronologic ages.
361 The topographic profile A-A' and data resources are referred to figure 1b, on which low-temperature
362 thermochronologic ages from 84°E to 92°E are plotted.

363 **Fig. 7** Chronostratigraphic figure of the Coqin Basin from Cretaceous to Miocene times; and the stratigraphic
364 comparison on the northern Lhasa terrane and BNSZ. Sources from [Sun et al., \(2015a, 2017\)](#), and [Xue et al.,](#)
365 [\(2022\)](#). Relative cooling rates based on thermochronology from this study in the Coqin Basin, [Xue et al \(2022\)](#) in
366 Nima area, [Hetzl et al. \(2011\)](#) and [Rohrmann et al. \(2012\)](#) in Baingoin area, are plotted (black: high cooling rate;
367 gray: low cooling rate). Timing of thrust activity on the two main bounding thrusts are also plotted.

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Sample No.	Lithology	Locality	Elevation	Grains	$\rho_u \times 10^5 \text{c m}^{-2}(\text{Ns})$	$\rho_i \times 10^5 \text{c m}^{-2}(\text{Ni})$	$\rho_d \times 10^5 \text{c m}^{-2}(\text{Nd})$	Length (μm) /No.	P(χ^2)	Dpar (μm)	Age (Ma)
CJ01	Biotite monzogranite	31°10'23.7"N 85°26'28.9"E	4734 m	20	5.95(26 2)	11.1(49 1)	8.83(540 2)	13.0±1.5/2 0	0. 13	2.5	75.0 ±7.4
CJ03	Biotite monzogranite	31°10'23.7"N 85°26'28.9"E	4734 m	-	-	-	-	-	-	-	-
DX02	Biotite monzogranite	31°24'0.5"N 84°58'17.1"E	4834 m	20	8.50(13 66)	20.2(32 52)	9.02(552 0)	14.9±1.1/5 0	0. 00	4.2	60.3 ±4.3
DX102	Monzo granite	31°27'16.9"N 84°59'8.4"E 31°23'52.3"N	4850 m	-	-	-	-	-	-	-	-
DX101	Monzo granite	84°59'14.2"E	4782 m	-	-	-	-	-	-	-	-
XL01	Biotite granodiorite	31°49'38.6"N 84°34'36.6"E	4741 m	20	6.38(86 8)	16.9(22 98)	8.95(548 1)	13.7±1.2/6 0	0. 03	3.0	53.9 ±4.0
XL02	Biotite granodiorite	31°49'38.6"N 84°34'36.7"E	4741 m	20	8.92(94 9)	19.7(20 97)	9.15(559 9)	13.2±1.3/2 5	0. 01	2.1	65.9 ±4.9
XL03	Biotite granodiorite	31°51'30.9"N 84°33'53.8"E	4679 m	20	6.86(61 4)	13.8(12 38)	9.21(563 9)	13.7±1.4/2 5	0. 08	2.2	72.7 ±5.8

P(χ^2) value of the chi-square age homogeneity test

Dpar measurements are etch pit diameters used as a proxy for the influence of chemical composition on track annealing

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379 **Supplementary materials**380 **Supplementary Table S1** LA-ICPMS Zircon U-Pb age dating results381 **Supplementary Table S2** Results of single-grain zircon U-Th-He dating382 **Supplementary Table S3** Results of single-grain apatite U-Th-He dating

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- 546

Fig. 1

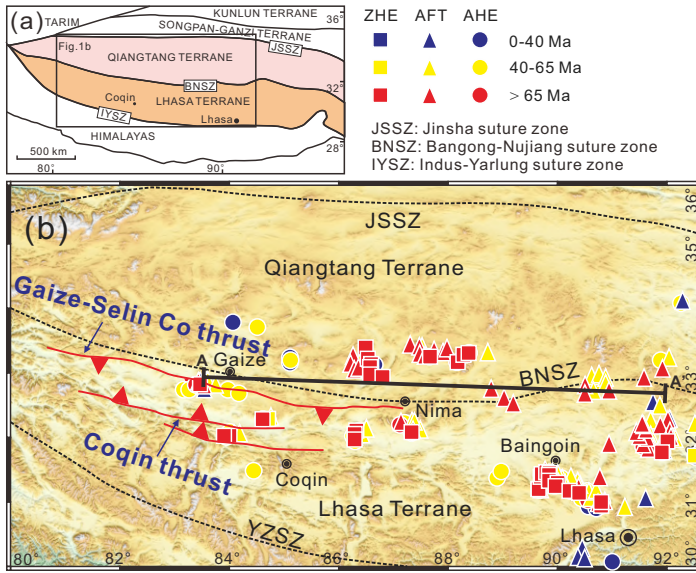


Fig. 2

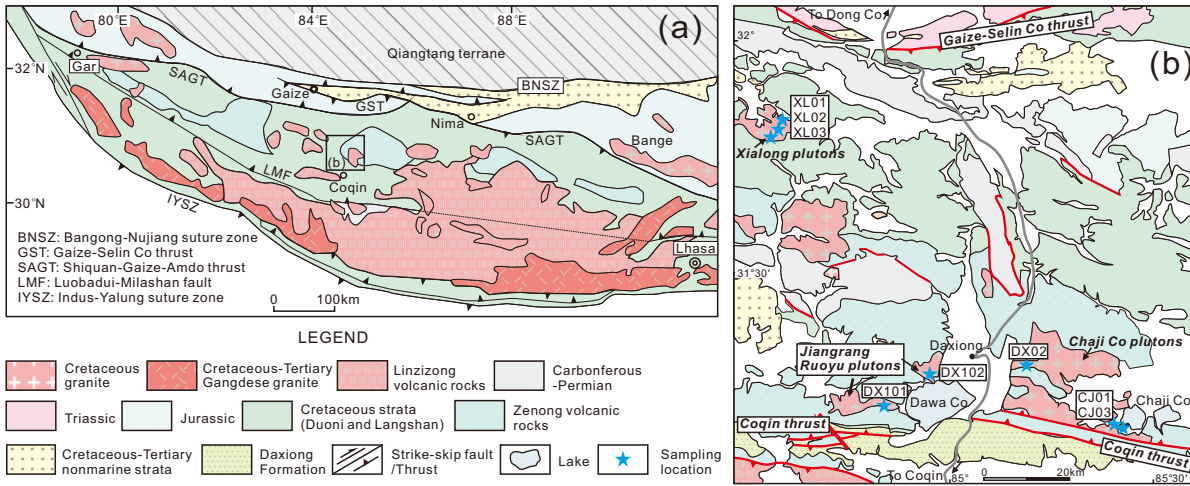


Fig. 3

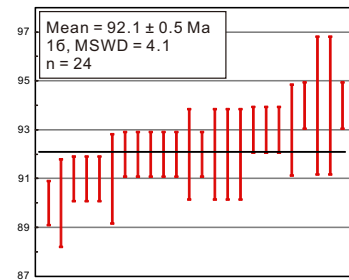
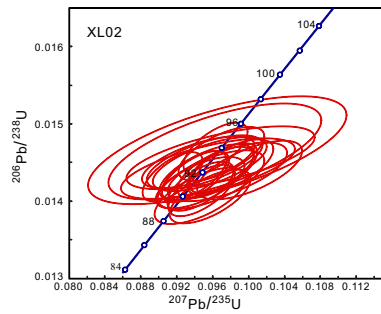
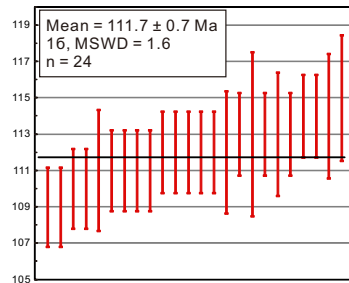
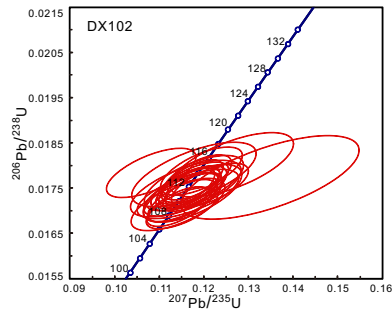
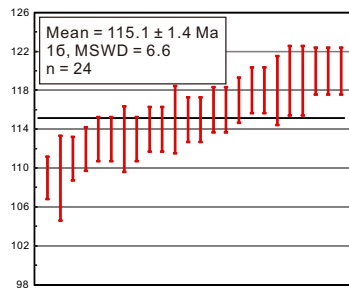
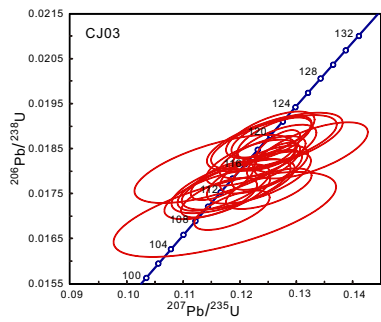


Fig. 4

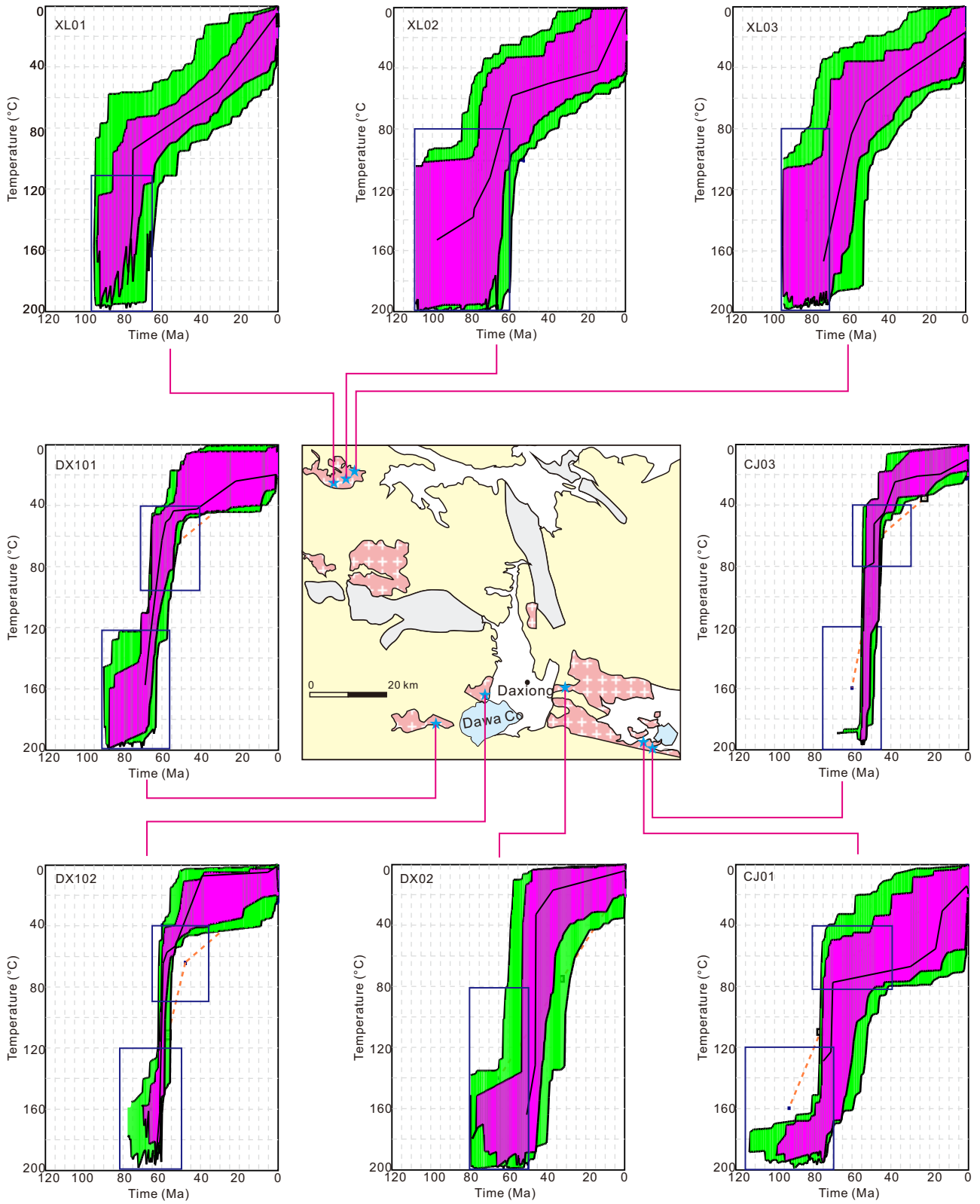


Fig. 5

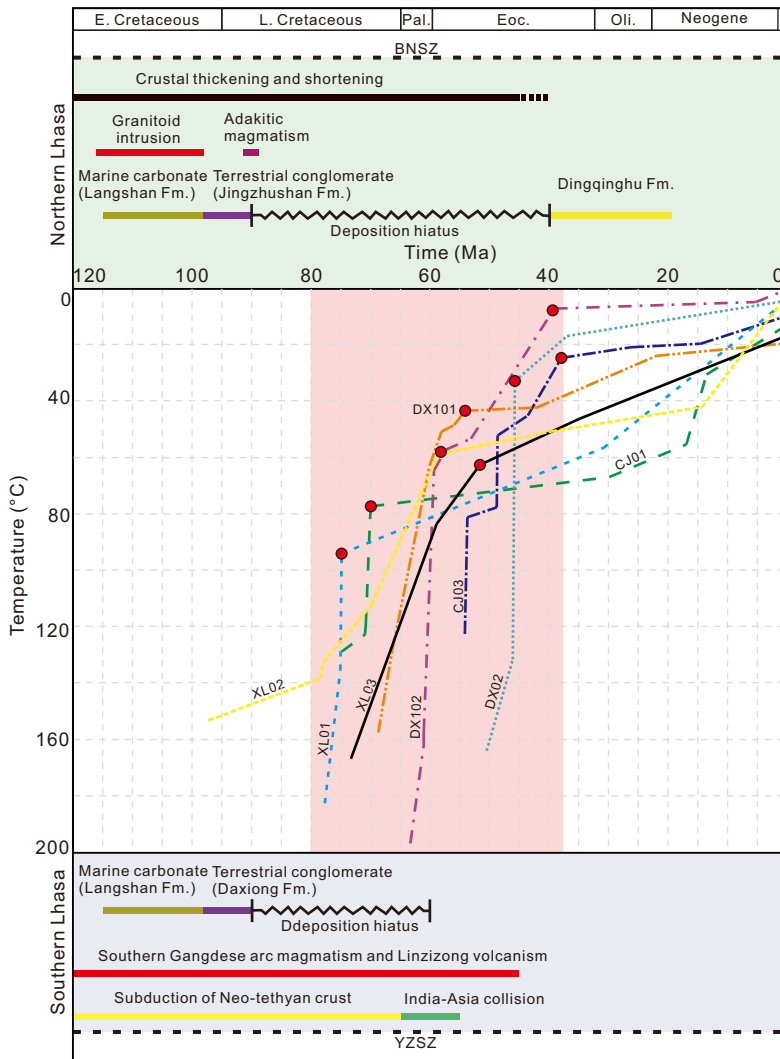


Fig. 6

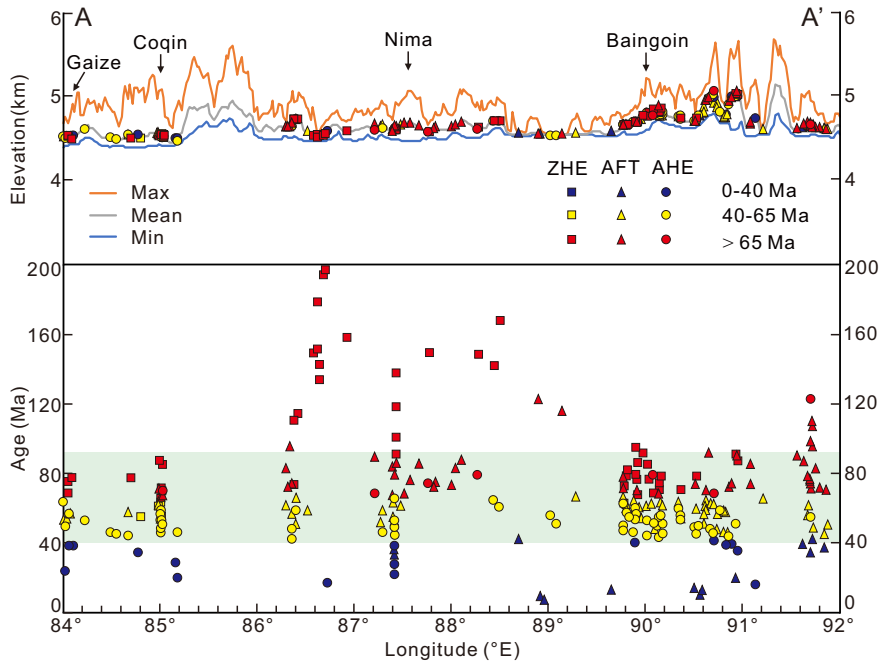


Fig. 7

