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AMP-activated protein kinase can be allosterically activated by ADP but AMP remains the key activating ligand

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4

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13
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16
17
18
19

Abstract

The AMP-activated protein kinase (AMPK) is a sensor of cellular energy status. When activated by increases in ADP:ATP and/or AMP:ATP ratios (signalling energy deficit), AMPK acts to restore energy balance. Binding of AMP to one or more of three CBS repeats (CBS1, CBS3, CBS4) on the AMPK- γ subunit activates the kinase complex by three complementary mechanisms: (i) promoting α -subunit Thr172 phosphorylation by the upstream kinase LKB1; (ii) protecting against Thr172 dephosphorylation; (iii) allosteric activation. Surprisingly, binding of ADP has been reported to mimic the first two effects, but not the third. We now show that at physiologically relevant concentrations of Mg.ATP²⁻ (above those used in the standard assay) ADP binding does cause allosteric activation. However, ADP causes only a modest activation because (unlike AMP), at concentrations just above those where activation becomes evident, ADP starts to cause competitive inhibition at the catalytic site. Our results cast doubt on the physiological relevance of the effects of ADP and suggest that AMP is the primary activator *in vivo*. We have also made mutations to hydrophobic residues involved in binding adenine nucleotides at each of the three γ subunit CBS repeats of the human $\alpha 2\beta 2\gamma 1$ complex and examined their effects on regulation by AMP and ADP. Mutation of the CBS3 site has the largest effects on all three mechanisms of AMP activation, especially at lower ATP concentrations, while mutation of CBS4 reduces the sensitivity to AMP. All three sites appear to be required for allosteric activation by ADP.

40 Introduction

41 The AMP-activated protein kinase (AMPK) is a sensor of cellular energy status that also responds to
42 changes in availability of nutrients such as glucose and fatty acids, as well as to certain types of cellular
43 damage [1, 2]. AMPK is expressed in essentially all eukaryotic cells as heterotrimeric complexes
44 comprising catalytic α subunits and regulatory β and γ subunits, each of which occur in mammals as
45 multiple isoforms ($\alpha 1$, $\alpha 2$, $\beta 1$, $\beta 2$, $\gamma 1$, $\gamma 2$, $\gamma 3$) encoded by distinct genes [3]. In response to energy
46 imbalance, signalled by increases in cellular AMP relative to ATP, binding of AMP causes AMPK
47 activation by three complementary mechanisms [4]: (i) promotion of phosphorylation of Thr172 on the
48 AMPK- α subunit by the upstream kinase LKB1; (ii) protection against dephosphorylation of Thr172
49 by protein phosphatases; (iii) allosteric activation.

50 If the adenylate kinase reaction ($2\text{ADP} \leftrightarrow \text{ATP} + \text{AMP}$) is close to equilibrium, which appears to be
51 the case in many eukaryotic cells, the AMP:ATP ratio will vary as the square of the ADP:ATP ratio
52 [5], making the former potentially a more sensitive indicator of energy stress than the latter. Despite
53 this, there has been some controversy within the AMPK field as to whether AMP or ADP is the
54 principal activating signal. In particular, it has been reported that binding of ADP mimics two of the
55 three effects of AMP, i.e. enhanced phosphorylation [6] and inhibition of dephosphorylation [7] of
56 Thr172. We have confirmed these findings, although we find that both effects require concentrations of
57 ADP that are typically 10-fold higher than those of AMP [8].

58 Adenine nucleotides regulate AMPK by binding to the sites formed by the four tandem CBS repeats
59 located on the γ subunit [9]. These sequence motifs of ≈ 60 residues are also found as tandem repeats in
60 a number of other proteins, including cystathionine β -synthase (from which the acronym CBS derives).
61 Single pairs of CBS repeats form pseudo-dimers that generate, in the intervening cleft, either one or
62 two binding sites for regulatory ligands that usually containing adenosine (e.g. AMP, ATP, S-adenosyl
63 methionine [9, 10]). In AMPK- γ subunits the four CBS repeats form two pseudo-dimers arranged head-
64 to-head [11], creating a disk-like structure with four potential ligand-binding sites located close
65 together in the centre. One site (CBS2) appears to be always unoccupied; the remaining three bind
66 adenine nucleotides with their adenine groups facing away from each other and interacting with
67 hydrophobic residues specific to each CBS repeat, while their phosphate groups face towards each

68 other and bind conserved histidine and arginine side chains that may be derived either from the same or
69 a neighbouring repeat [11]. There is general agreement that CBS4 (originally termed site 3 [11]) binds
70 AMP tightly in a non-exchangeable manner [11, 12], leaving CBS1 and CBS3 as the sites where
71 adenine nucleotides compete for binding. Consistent with this, estimates of dissociation constants for
72 various bacterially expressed heterotrimers, either by surface plasmon resonance (SPR) [13] or by
73 displacement of fluorescent nucleotide analogues [7, 14], were compatible with two AMP-binding
74 sites: one of high ($K_d = 2\text{-}4\ \mu\text{M}$) and one of low ($K_d = 40\text{-}400\ \mu\text{M}$) affinity. While it was originally
75 proposed that CBS1 was the high-affinity site [7], more recent evidence suggests that CBS3 is the high-
76 affinity site [14]. When measured in the presence of Mg^{2+} and the kinase inhibitor staurosporine (the
77 latter blocking binding of nucleotides to the catalytic site on the α subunit) the estimated K_d values for
78 ADP (12-24 μM) and ATP (100-500 μM) at the CBS3 site were one and two orders of magnitude
79 higher, respectively, than that of AMP (1-2 μM) [13]. Thus, the CBS3 site is able to sense changes in
80 AMP despite the presence of much higher concentrations of ADP and ATP. Consistent with a key
81 regulatory role for this site, when AMP binds to CBS3 the bound nucleotide interacts with the α -linker
82 (also known as the α -subunit Regulatory Interaction Motif or α -RIM), a region of extended, flexible
83 polypeptide that links the autoinhibitory and C-terminal domains of the α subunit [7, 15]. The α -linker
84 is thought to dissociate from the γ subunit when ATP displaces AMP at the CBS3 site [16], causing a
85 major conformational change that may account for both allosteric inhibition and promotion of net
86 dephosphorylation of Thr172 by ATP [17].

87 The binding of AMP at the CBS3 site might, therefore, be responsible for all three of its effects, i.e.
88 (i) allosteric activation; (ii) promoting Thr172 phosphorylation, and (iii) inhibiting Thr172
89 dephosphorylation. This hypothesis is addressed further in the second part of this paper, but if it is
90 correct, why would binding of ADP at the same site not have the same three effects as AMP? Although
91 ADP binding has been reported to mimic effects (ii) [6, 8] and (iii) [7, 8], it has not been shown to
92 cause allosteric activation. Under standard assay conditions of 5 mM Mg^{2+} and 200 μM ATP, Xiao et
93 al [7] reported that ADP caused no allosteric activation of bacterially expressed AMPK at any
94 concentration up to 200 μM , while Oakhill et al [6] reported that 200 μM ADP caused a small
95 inhibition. In both cases, 200 μM AMP caused around 2-fold allosteric activation under the same

96 conditions. In this paper we have re-investigated the question of whether ADP causes allosteric
97 activation of AMPK. We have also made mutations to key hydrophobic residues in the CBS1, CBS3
98 and CBS4 sites and have shown that binding of AMP at the CBS3 site is critical for all three activating
99 effects of AMP, at least when assays are performed at lower ATP concentrations.

100 Results

101 Allosteric activation of rat liver AMPK by AMP and ADP

102 To study allosteric effects, we initially used a preparation of native rat liver AMPK [4]. While not
103 homogeneous, this preparation has a high specific kinase activity (1.3 $\mu\text{mol}/\text{min}/\text{mg}$) and is a
104 combination of the $\alpha 1$, $\alpha 2$, $\beta 1$, $\beta 2$ and $\gamma 1$ subunit isoforms (Supplementary Fig. S1). Being from a
105 mammalian source both β subunit isoforms would be N-myristoylated [18] and we have shown
106 previously that the preparation is not contaminated with any protein phosphatases that dephosphorylate
107 Thr172 [4]. We assessed the potential allosteric effects of both AMP and ADP at three different
108 concentrations of ATP. We maintained Mg^{2+} ions at a constant 4.8 mM excess above total ATP, a
109 design that ensures that the concentration of the $\text{Mg}\cdot\text{ATP}^{2-}$ complex varies as a fixed proportion of total
110 ATP [19].

111 As previously reported [4], with AMP we obtained bell-shaped curves due to activation at low
112 concentrations combined with inhibition at higher concentrations (Fig. 1). We have previously shown
113 that the allosteric activation is due to binding of AMP to one or more of the regulatory sites on the γ
114 subunit [9], whereas the inhibition is due to binding of AMP at the catalytic site within the α subunit
115 kinase domain [4]. Consistent with the fact that ATP competes with AMP at both sites, as the ATP
116 concentration was progressively raised from 0.2 to 1.0 and 5 mM, the bell-shaped curves shifted to the
117 right, towards higher concentrations of AMP. The data were fitted to an equation for activation at one
118 site and inactivation at a second site, as detailed in the legend to Fig. 1. The best-fit parameters are
119 shown in Supplementary Table S1, and these values were used to draw the curves in Fig. 1A-C; the
120 best-fit estimates for EC_{50} and IC_{50} are indicated by dashed vertical lines, faint lines for AMP and
121 heavier lines for ADP.

122 The results obtained with AMP were similar to those obtained previously [4], except that the degree
123 of activation over basal (3- to 4-fold) was somewhat smaller. As the concentration of ATP was
124 increased from 0.2 to 1 and then 5 mM, the EC_{50} for AMP (concentration giving half-maximal
125 activation) increased from 6.4 to 14 to 36 μ M. Similarly, the IC_{50} for AMP (concentration giving half-
126 maximal inhibition) increased from 1.7 to 6.9 to 17 mM. However, at each ATP concentration the EC_{50}
127 was 2-3 orders of magnitude lower than the IC_{50} , so that the activating and inhibitory phases for AMP
128 were well separated.

129 Interestingly, ADP also yielded some allosteric activation of AMPK (Fig. 1), although much less
130 than that obtained with AMP. In agreement with previous results [7] no activation was detectable at 0.2
131 mM ATP, but at 1 and 5 mM ATP significant activation above basal, which reached observed maximal
132 extents of $\approx 25\%$ and $\approx 50\%$ respectively, was obtained. A major difference between the effects of AMP
133 and ADP was that for AMP the IC_{50} values for inhibition were 2-3 orders of magnitude higher than the
134 EC_{50} values for activation (faint dashed lines in Fig. 1), but for ADP the IC_{50} and EC_{50} values (thicker
135 dashed lines in Fig. 1) were much closer to each other (6-fold difference at 1 mM ATP and 18-fold at 5
136 mM ATP). Because the concentrations of ADP causing activation were only slightly lower than those
137 causing inhibition, the best-fit estimates for certain parameters for ADP activation were subject to some
138 uncertainty (Table S1). The best-fit values for maximal activation were 2.4-fold at 1 mM ATP and 2.0-
139 fold at 5 mM ATP. However, these extrapolated extents of maximal activation were never actually
140 attained, because ADP began to inhibit the kinase before maximal activation was reached.

141 **Allosteric activation by ADP is not due to generation of AMP in the assay**

142 To rule out the possibility that the allosteric activation of AMPK by ADP was due either to
143 contamination of our ADP preparation by small amounts of AMP, or to generation of AMP from ADP
144 during the assay (both of which can occur [4, 20]), we studied allosteric activation of rat liver AMPK
145 by both nucleotides in the presence or absence of CD73, a 5'-nucleotidase that converts AMP to
146 adenosine but is completely inactive against ADP. The presence of CD73 in the assay did not
147 significantly affect basal AMPK activity or the modest allosteric activation by ADP, but completely
148 abolished the much larger allosteric activation by AMP (Fig. 2).

149 ADP is a competitive inhibitor with ATP at the catalytic site

150 To confirm that the inhibition of kinase activity by ADP at high concentrations was due to competition
151 with ATP at the catalytic site on the α subunit, we repeated the assays using a glutathione-S-
152 transferase- (GST-) tagged human $\alpha 2$ kinase domain that had been phosphorylated by LKB1. The
153 results (Fig. 3) confirmed that ADP did not cause any activation of the isolated kinase domain but did
154 inhibit it with IC_{50} values in the low mM range, which increased slightly as the ATP concentration was
155 increased (bold dashed vertical lines in Fig. 3 and Table S1), consistent with ADP and ATP being in
156 competition (Fig. 3). These IC_{50} values were similar to those obtained with the intact heterotrimers
157 from rat liver (Table S1). AMP also inhibited the GST- $\alpha 2$ kinase domain construct, albeit with IC_{50}
158 values (faint dashed lines in Fig. 3) about 3-fold higher than ADP. In other words, AMP is a less potent
159 inhibitor at the catalytic site than ADP.

160 Allosteric activation of human recombinant $\alpha 2\beta 2\gamma 1$ complex by AMP and ADP

161 In order to study allosteric activation with a more well-defined AMPK complex, and to study the
162 effects of mutations in individual adenine nucleotide-binding sites on the γ subunit, we expressed a
163 human $\alpha 2\beta 2\gamma 1$ complex in *Escherichia coli* and purified it utilizing the polyhistidine tag at the N-
164 terminus of the $\alpha 2$ subunit. After Thr172 phosphorylation, the wild type complex had a slightly higher
165 specific kinase activity (2.6 $\mu\text{mol}/\text{min}/\text{mg}$ protein) than the rat liver preparation, and was an almost
166 pure $\alpha 2\beta 2\gamma 1$ complex as judged by Coomassie Blue staining and Western blotting after SDS:PAGE
167 (Fig. S1). However, it had not been co-expressed with an N-myristoyl transferase so would not have
168 been N-myristoylated on the $\beta 2$ subunit. The complex was expressed not only with the wild type (WT)
169 $\gamma 1$ sequence but also with mutations affecting hydrophobic residues previously shown to be involved in
170 binding of the adenine moieties of nucleotides at CBS1 (L129D/V130D), CBS3 (V276G/L277G) and
171 CBS4 (I312G) [12, 14]. All four complexes co-purified as heterotrimeric 1:1:1 complexes as expected,
172 and were phosphorylated and activated equally well either by CaMKK2 or the LKB1:
173 STRAD α :MO25 α complex (Fig. S2). For the studies described below we phosphorylated Thr172 using
174 a GST-tagged CaMKK2 and repurified AMPK using size exclusion chromatography and a glutathione-
175 Sepharose column, which remove CaMKK2.

176 The WT human complex yielded results remarkably similar to those obtained with the rat liver
177 preparation. Using low ATP in the assay (0.2 mM) AMP activated the WT $\alpha 2\beta 2\gamma 1$ complex up to 2.6-
178 fold at concentrations between 0.1 and 100 μM , and then inhibited at higher concentrations within the
179 mM range (Fig. 4A). The L125D/V130D mutations in CBS1 did not significantly alter either of these
180 effects, while the V276G/L277G mutations in CBS3 almost completely abolished the activating effect
181 at low AMP, with just 20% activation over basal remaining (Figs. 4A-4C). Interestingly, the I312G
182 mutation in the CBS4 site only marginally reduced maximal activation (from 2.6-fold in the WT to 2.1-
183 fold), but it increased the EC_{50} for activation by 40-fold, from 0.99 to 38 μM (Fig. 4D). Using this low
184 concentration of ATP in the assay, ADP did not cause allosteric activation either with the WT complex
185 or any of the mutants, although the inhibition by mM concentrations of ADP, which we show above is
186 due to competition with ATP at the catalytic site, was still evident (Figs.4A-4D).

187 When the assays were conducted at a higher, more physiological concentration of ATP (5 mM),
188 ADP now allosterically activated the WT human $\alpha 2\beta 2\gamma 1$ complex, similar to the native rat liver AMPK
189 (Fig. 4). The extrapolated maximal activation by ADP was 9.9-fold, although the maximal activation
190 actually reached was only 1.6-fold, because the EC_{50} for activation and the IC_{50} for inhibition were
191 very close together (0.78 and 1.2 mM respectively), so that inhibition occurred before maximal
192 activation had been reached. Maximal allosteric activation by AMP with the WT complex increased
193 marginally from 2.6-fold at 0.2 mM ATP to 3.0-fold at 5 mM ATP. The values for EC_{50} and IC_{50} were
194 separated by more than three orders of magnitude (19 μM and 52 mM), so that activation was
195 essentially complete before inhibition became evident.

196 Surprisingly, when the assays were conducted at 5 mM ATP, the CBS1 site appeared to become
197 more important. Thus, mutation of hydrophobic residues in this site did not affect the EC_{50} for AMP
198 although marginally reducing the maximal allosteric activation (from 3.0- to 2.4-fold), but it abolished
199 allosteric activation by ADP. Conversely, mutation of the CBS3 or CBS4 sites increased the EC_{50} for
200 AMP by at least two orders of magnitude but did not abolish allosteric activation completely. With
201 these mutants, any remaining allosteric activation by ADP was too small to allow accurate estimates of
202 EC_{50} or maximal activation.

203 **The CBS3 site is crucial for all three activating effects of AMP on AMPK**

204 The relative roles of the three CBS sites in the other two mechanisms of activation of AMPK by AMP
205 or ADP, i.e. promotion of Thr172 phosphorylation by LKB1, and protection against Thr172
206 dephosphorylation by protein phosphatases, have not been examined previously. As expected,
207 incubation of the $\alpha 2\beta 2\gamma 1$ AMPK complex with a fixed, limiting amount of purified
208 LKB1:STRAD α :MO25 α complex in the presence of 200 μM Mg.ATP²⁻ caused a large degree of
209 activation (Fig. 5A) and phosphorylation (Fig. 5B) of AMPK (unphosphorylated $\alpha 2\beta 2\gamma 1$ complex),
210 which were stimulated more than 2-fold by 300 μM AMP and 1.6-fold by 300 μM ADP. These effects
211 of AMP or ADP were unaffected by mutations in the CBS1 nucleotide binding site, but were abolished
212 by mutations in the CBS3 or CBS4 sites, demonstrating the critical role of the latter sites in these
213 effects. Also as expected, incubation with a fixed, limiting amount of purified PPM1A (PP2C- α) in the
214 absence of ATP caused a large inactivation (Fig. 6A) and dephosphorylation (Fig. 6B) of the
215 phosphorylated $\alpha 2\beta 2\gamma 1$ complex, effects that were greatly reduced by the presence of 300 μM AMP or
216 ADP. Once again, these effects of AMP or ADP were unaffected by mutations in the CBS1 binding site
217 but were almost completely abolished by mutations in the CBS3 or CBS4 sites, demonstrating the
218 critical roles of the latter two sites in the effects of adenine nucleotides on Thr172 dephosphorylation.

219 **Discussion**

220 Our results reveal that binding of ADP to the AMPK- γ subunit does indeed cause allosteric activation
221 of the heterotrimeric complex. Very similar results were obtained with native rat liver AMPK and with
222 a recombinant human $\alpha 2\beta 2\gamma 1$ complex that had been phosphorylated on Thr172 by CaMKK2, despite
223 different species of origin, subunit isoform composition and N-myristoylation status, and the presence
224 of a polyhistidine tag on the latter. The effect of ADP was most likely missed in previous studies [6, 7]
225 because assays had been performed under the standard assay conditions of 0.2 mM ATP, under which
226 conditions we did not observe allosteric activation by ADP either. Although a low ATP concentration
227 is used in the standard assay because it allows use of a higher specific radioactivity of labelled ATP,
228 the concentrations of ATP in intact cells are thought to be in the mM range, with 5 mM being a good
229 approximation to the likely concentration in unstressed cells [21].

230 The allosteric activation by ADP that we observed cannot be explained either by contamination of
231 our ADP preparation by AMP or by generation of AMP from ADP during the assay [4, 20], because
232 inclusion in the assays of the 5'-nucleotidase CD73 (which converts AMP to adenosine but is
233 completely inactive against ADP) completely prevented allosteric activation by AMP, but did not
234 abolish activation by ADP.

235 Although ADP does therefore cause allosteric activation of AMPK at normal cellular ATP
236 concentrations, this may not have much relevance in physiological settings. For rat liver AMPK, the
237 EC_{50} for allosteric activation by ADP at 5 mM ATP (220 μ M) was only 18-fold lower than the IC_{50} for
238 inhibition at the catalytic site (4 mM), and with the human $\alpha 2\beta 2\gamma 1$ complex they were even closer
239 together (0.8 and 1.2 mM). Thus, the activating and inhibitory phases for ADP are overlapping. This
240 means that inhibition starts to occur at concentrations only slightly higher than those that cause
241 activation, and the maximal extents of activation are therefore small (≈ 1.5 -fold). By contrast, in the
242 case of AMP when measured with 5 mM ATP in the assay, the EC_{50} for allosteric activation (36 μ M)
243 of rat liver AMPK was almost 500-fold lower than the IC_{50} for inhibition at the catalytic site (17 mM).
244 Thus, in the case of AMP the activating and inhibitory phases are well separated, and the maximal
245 extent of activation (3-fold) is much larger than that for ADP. Moreover, we have previously estimated
246 that, in cells treated with the mitochondrial inhibitor berberine, AMP rises from 40 to 240 μ M while
247 ADP rises from 430 to 980 μ M [4]. These estimated changes are within the rising phases of the bell-
248 shaped curves for AMP (Figs. 1C, 4E) and would be expected to cause a large stimulation, whereas
249 they lie near the top of the bell-shaped curves for ADP and would be expected to have little effect.

250 Our results for allosteric activation by AMP at 200 μ M ATP are consistent with those in more
251 limited previous studies where hydrophobic residues [12] or conserved aspartate residues [18] involved
252 in binding AMP in CBS1, CBS3 and CBS4 were mutated, and allosteric activation was measured at a
253 single concentration of AMP. In those studies, mutation of CBS1 had only modest effects on AMP
254 activation, whereas mutation of CBS3 or CBS4 had more drastic effects.

255 While the effects of CBS mutations on allosteric activation by AMP had been previously studied
256 [12, 18], their effects on the other two mechanisms of AMPK activation, i.e. promotion of Thr172
257 phosphorylation and protection against Thr172 dephosphorylation, had not. By mutating hydrophobic

258 residues in AMPK- γ 1 involved in binding the adenine moieties of AMP, ADP and ATP in the CBS
259 sites [12, 14], we assessed the importance of the three nucleotide-binding sites on all three mechanisms
260 of activation by AMP and ADP. Melcher's group [14, 17] have used various approaches, including
261 structural biology, to support the idea that CBS3 is the high affinity binding site for AMP where it
262 binds in competition with ATP, with displacement of ATP by AMP at this site causing a major
263 conformational change [17] that triggers activating mechanisms. They also proposed that the non-
264 exchangeable binding of AMP at the CBS4 site increases the binding affinity for AMP (relative to ADP
265 and ATP) at the neighbouring CBS3 site, most likely by repositioning the side chains of His298 and
266 Arg299 (human γ 1 numbering), which are present in CBS4 but bind the phosphate and adenine
267 moieties of AMP bound to CBS3. From Melcher's studies [14], the role of the CBS1 site, if any, is
268 much less clear. Our results with γ 1 mutations affecting CBS1, CBS3 and CBS4 are broadly in line
269 with Melcher's proposals. Thus, when the assays were conducted at low ATP concentration (200 μ M),
270 mutations affecting nucleotide binding at the CBS1 site had little or no effect, mutations affecting
271 CBS3 almost abolished allosteric activation by AMP, while mutations affecting CBS4 had little effect
272 on maximal activation by AMP but increased the EC_{50} 40-fold from 1.1 to 45 μ M. Thus, while the
273 CBS3 site is essential and the CBS1 site dispensable for allosteric activation by AMP, at this ATP
274 concentration (when ADP has no effect), our results are consistent with the suggestion [14] that binding
275 of AMP at the non-exchangeable CBS4 site increases the affinity for AMP binding at the crucial,
276 neighbouring CBS3 site.

277 Our results were somewhat different when the assays were carried out at the higher, more
278 physiological ATP concentration of 5 mM. In this case, mutations affecting CBS1 reduced the maximal
279 activation by AMP from 3.0- to 2.3-fold without affecting the EC_{50} , while mutations affecting CBS3
280 and CBS4 reduced the maximal activation to 2.0- to 2.5-fold but also increased the EC_{50} values by 10-
281 to 20-fold, indicating a large drop in sensitivity to AMP. In the case of ADP, mutations affecting any of
282 the three CBS sites essentially abolished allosteric activation. Thus, binding of nucleotides at the CBS1
283 site appears to become more important as the ATP concentration is increased.

284 The shape of the curves in Fig. 1C and 4E, showing allosteric activation by ADP at 5 mM ATP for
285 the rat liver and human α 2 β 2 γ 1 complexes, are remarkably similar to our previous results (Fig. 6C in

286 ref. [8]) in which we measured the effect of ADP on activation of FLAG- γ 1-containing AMPK
287 complexes expressed in HEK-293 cells by the upstream kinase LKB1. At concentrations from 300 μ M
288 to 3 mM, ADP caused a modest (<2-fold) stimulation of activation and then at slightly higher
289 concentrations caused a marked inhibition, presumably because ADP competes with ATP for binding
290 at the catalytic site of LKB1. Thus, the effect of ADP on promotion of Thr172 phosphorylation by
291 LKB1 is subject to the same limitations as its allosteric effects, i.e. that at concentrations of ADP only
292 slightly above those that cause activation, the nucleotide starts to inhibit.

293 Our results for the effects of AMP and ADP on promotion of phosphorylation at Thr172 by LKB1
294 (carried out at 200 μ M ATP), and protection against Thr172 dephosphorylation by PPM1A (carried out
295 in the absence of ATP) once again suggest that binding of AMP at CBS3 and CBS4 is of crucial
296 importance, while the CBS1 site is less important. In these experiments, mutations affecting CBS1 had
297 no effect, whereas mutations affecting AMP binding to either CBS3 or CBS4 abolished the effects.
298 Thus, all three mechanisms of activation of AMPK by AMP appear to be triggered by binding at the
299 same sites.

300 In conclusion, ADP can cause allosteric activation of the AMPK complex under certain conditions
301 in cell-free assays. We cannot completely rule out the possibility that any of the three activation
302 mechanisms triggered by ADP might play a minor role *in vivo*. However, our findings that ADP has
303 inhibitory effects at concentrations that overlap with its activating effects suggests that it is unlikely to
304 be as important as AMP as a physiological regulator of AMPK. In the case of AMP, the concentrations
305 causing activation and those causing inhibition are well separated and not overlapping, and we would
306 thus argue that AMP is the crucial activator of the AMPK system *in vivo*. Our results with mutations
307 affecting binding of nucleotides at the CBS3 and CBS4 sites support the proposal of Melcher [14] that
308 CBS3 is the crucial high-affinity binding site for AMP. Displacement of ATP by AMP at this site
309 causes a large conformational change [17] that now appears to trigger all three mechanisms of
310 activation (promotion of Thr172 phosphorylation, inhibition of Thr172 dephosphorylation, and
311 allosteric activation). The role of nucleotide binding at CBS1 remains less clear, although it appears to
312 become more important at higher ATP concentrations, when its disruption reduces allosteric activation
313 by both AMP and ADP. Interestingly, His151 in CBS1 interacts with the phosphate groups of AMP

314 bound in both the CBS1 and CBS4 sites [14], potentially explaining how nucleotide binding at CBS1
315 can affect the more crucial CBS3 and CBS4 sites. Further structural analyses may be required to fully
316 elucidate the complex mechanisms of nucleotide sensing displayed by AMPK complexes.

317 **Materials and methods**

318 **Antibodies, recombinant proteins and other materials**

319 Sources of antibodies were as described: pThr172 (AMPK- α : Cell Signaling Technologies, Danvers,
320 MA, USA, Cat# 2535), AMPK- α 2 [22]. Rat liver AMPK was purified as described previously [4].
321 Plasmid encoding human (His)₆-tagged AMPK (α 2 β 2 γ 1, bacterially expressed) generated as in [23],
322 was a gift from AstraZeneca, Cambridge, UK. The L129D/V130D (CBS1), V276G/L277G (CBS3) and
323 I312G (CBS4) mutations in the α 2 β 2 γ 1 complex [12, 14] were generated using the Quikchange II site-
324 directed mutagenesis kit (Agilent Technologies) and confirmed by DNA sequencing. Human GST-
325 tagged α 2 kinase domain (1-310) [24], LKB1:STRAD- α :MO25- α complexes [25], GST-tagged
326 CaMKK2 [26], and PPM1A (PP2C α) [27] were produced as described. Bacterially expressed
327 heterotrimers were activated by phosphorylation of Thr172 by GST-tagged CaMKK2 in the presence
328 of ATP, and CaMKK2 was subsequently removed by passage through glutathione-Sepharose [28].
329 Human GST-tagged α 2 kinase domain was activated in a similar manner except that human (His)₆-
330 tagged LKB1:STRAD- α :MO25- α complex was used and removed after activation via passage through
331 a His-Trap column. Recombinant human 5'-nucleotidase, CD73, Cat # 5795-EN-01, was from R & D
332 systems (Minneapolis, MN, USA).

333 **AMPK assays and assays of phosphorylation and dephosphorylation of AMPK**

334 AMPK assays measured the transfer of radioactivity from [γ -³³P]ATP to a peptide substrate, which was
335 separated from unreacted ATP by binding to P81 paper. This assay was described previously [29]
336 except that we used [γ -³³P] rather than [γ -³²P]ATP. In some assays (specified in Figure legends) the
337 concentration of ATP was increased from 0.2 to 1 or 5 mM ATP, with MgCl₂ concentrations
338 maintained at a constant 4.8 mM excess above the concentration of ATP [19]. Where allosteric
339 activation by AMP or ADP was being studied, we used the *SAMS* peptide as substrate. For all other
340 assays the *AMARA* peptide was used [30].

341 For assays of AMPK phosphorylation by the LKB1 complex, human $\alpha 2\beta 2\gamma 1$ complex (250 ng of
342 WT or CBS mutant, as indicated) was incubated in a shaking incubator at 30°C for 12 min in Hepes
343 buffer (50 mM Na Hepes, pH 7.4, 150 mM NaCl, 1 mM dithiothreitol, 0.02% (w/v) Brij-35) with 200
344 μ M ATP and 5 mM $MgCl_2$, with or without a limiting amount of LKB1:STRAD- α :MO25- α complex
345 (0.05 μ g) in the presence or absence of either 300 μ M AMP or 300 μ M ADP (total volume 25 μ l).
346 After 12 min, aliquots (equivalent to 50 ng of heterotrimeric complex) were removed for AMPK
347 activity assay using the *AMARA* peptide as substrate and in the presence of 200 μ M AMP, or Western
348 Blot analysis.

349 For assays of dephosphorylation by PPM1A (PP2C α), human AMPK $\alpha 2\beta 2\gamma 1$ complex (2.5 mg of
350 WT or CBS mutant as indicated; 25 μ l final volume) was incubated in a shaking incubator at 30°C for
351 12 min in Hepes buffer with 50 mM $MgCl_2$ and sufficient PPM1A to yield about 80-90% inactivation
352 in the absence of AMP or ADP (total volume 25 μ l). The reaction was terminated by addition of 350
353 μ l of Hepes buffer and aliquots (equivalent to 50 ng of heterotrimeric complex) were removed for
354 AMPK activity assay using the *AMARA* peptide as substrate in the presence of 200 μ M AMP, or for
355 Western blot analysis.

356 **SDS-PAGE and other analytical procedures**

357 SDS-PAGE was performed using precast NuPAGE Bis-Tris 4-12% gradient polyacrylamide gels in
358 the MOPS buffer system (ThermoFisher Scientific, Waltham, MA, USA). Proteins were transferred
359 to nitrocellulose membranes using the iBlot 2 system (ThermoFisher Scientific). Membranes
360 were blocked for 1 h in Li-Cor Odyssey blocking buffer and then probed with the appropriate
361 antibody (0.1 mg/ml) overnight at 4°C. Detection was performed using a secondary antibody
362 coupled to IR 680 or IR 800 dye and the membranes scanned using the LICOR Odyssey IR imager.
363 Protein concentrations were determined by Coomassie Blue binding with bovine serum albumin
364 as a standard [31].

365 **Statistical analysis**

366 Statistical significance was tested using GraphPad Prism 10 for MacOS, using tests for significance
367 specified in Figure legends. The Holm-Sidak method was used to correct for multiple comparisons.

368 Curve fitting was also carried out using GraphPad Prism 10 using equations specified in Figure
369 legends.

370 **Data availability**

371 With the exception of pilot studies, all data relevant to this paper are included in the manuscript.

372 **Competing interests**

373 The authors declare that there are no competing interests associated with the manuscript.

374 **Funding**

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376 **Open Access**

377 Completed during submission.

378 **CRediT Author Contribution**

379 Completed during submission.

380 **Abbreviations**

381 AMPK, AMP-activated protein kinase; CBS, cystathione β -synthase; CD73, cluster of differentiation-
382 73; EC₅₀, concentration causing half-maximal activation; GST, glutathione S-transferase; IC₅₀,
383 concentration causing half-maximal inhibition; LKB1, liver kinase-B1; WT, wild type.

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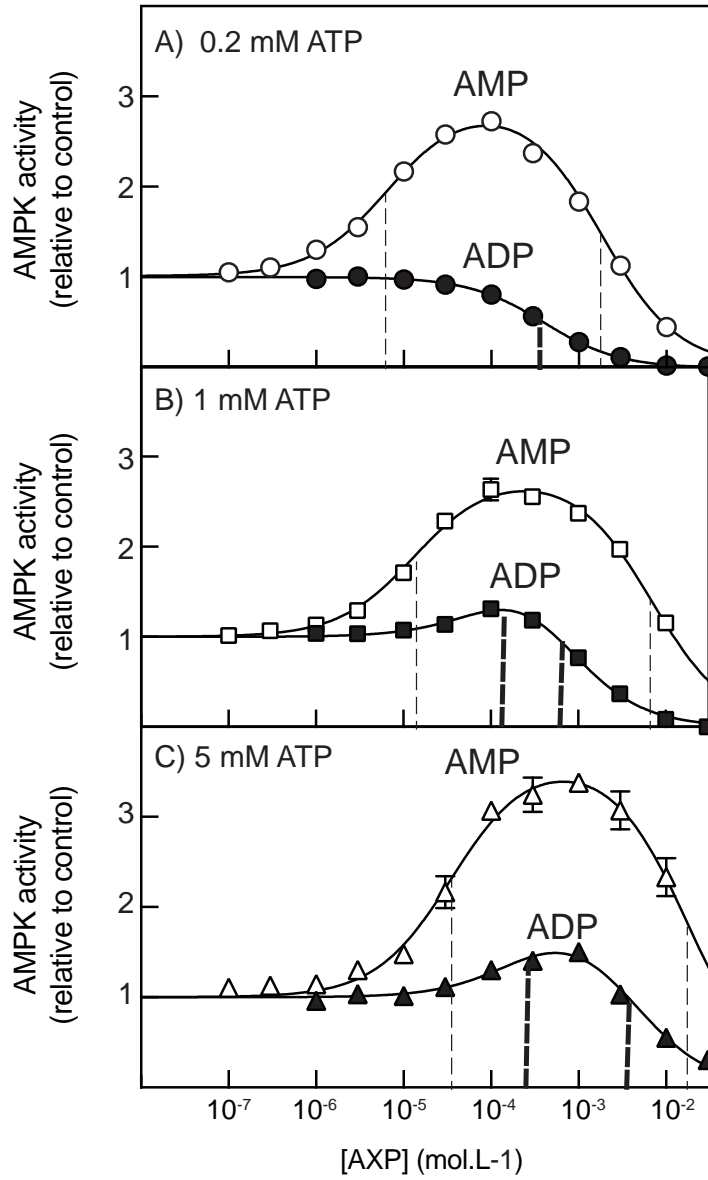
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481

482 **FIGURE LEGENDS:**

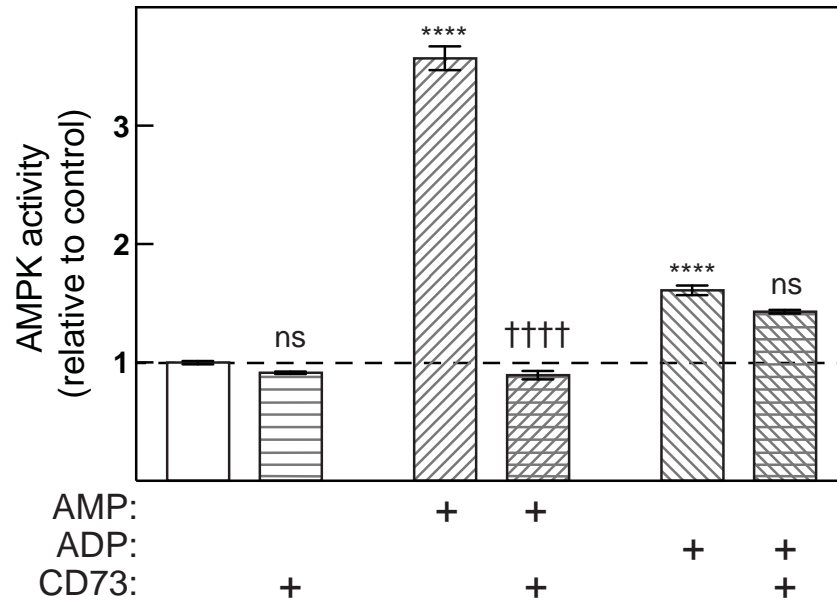
- 483 **Figure 1: Allosteric activation of rat liver AMPK by AMP and ADP at three different**
484 **concentrations of ATP.** (A) 200 μ M ATP; (B) 1 mM ATP; (C) 5 mM ATP. $[\text{Mg}^{2+}]$ was
485 maintained at a constant excess of 4.8 mM above $[\text{ATP}]$ as recommended previously [19].
486 Results (mean \pm SD, $n = 2$) were fitted to the equation: $Y = 1 + (((\text{Activation}-1)*X)/(\text{EC}_{50} + X)) - (((\text{activation})*X)/(\text{IC}_{50} + X))$, where Y is the activity, X is the concentration of AMP
487 or ADP, Activation is the extrapolated maximal activation by AMP or ADP, EC_{50} is the
488 concentration of AMP or ADP causing half-maximal activation, and IC_{50} is the
489 concentration of AMP or ADP causing half-maximal inhibition. The dashed vertical lines
490 show the estimated EC_{50} and IC_{50} values, faint lines for AMP and bold lines for ADP. A
491 reliable estimate of EC_{50} could not be computed for ADP at 0.2 mM ATP (graph (A)).
492 Best-fit values of all parameters used to generate the curves are listed in Table S1.
493
- 494 **Figure 2: Allosteric activation of rat liver AMPK by AMP and ADP in the presence and absence**
495 **of the nucleotidase CD73.** Allosteric activation was assessed as in Fig. 1 with a single
496 fixed concentration of AMP or ADP (0.3 or 1 mM respectively) in the presence or absence
497 of CD73 (550 ng). Statistical significance of differences in results (mean \pm SEM, $n = 3$)
498 were assessed by 2-way ANOVA. Effect of nucleotide: ****, $P < 0.0001$; effect of CD73:
499 ††††, $P < 0.0001$, ns, not significant.
- 500 **Figure 3: Inhibition of GST: α 2-kinase domain fusion by AMP or ADP.** The kinase domain
501 (phosphorylated on Thr172 by the LKB1:STRAD α :MO25 α complex) was incubated with
502 various concentrations of AMP or ADP as in Fig. 1 using $[\text{ATP}]$ at 0.2 (A), 1.0 (B) or 5.0
503 mM (C) and keeping $[\text{Mg}^{2+}]$ in a constant excess of 4.8 mM above $[\text{ATP}]$ [19]. Results
504 (mean \pm SD, $n = 2$) were fitted to the equation: $Y = \text{Basal} - (\text{Basal} * X) / (\text{IC}_{50} + X)$ where Y is
505 the kinase activity, X is the concentration of AMP or ADP, and IC_{50} is the concentration of
506 AMP or ADP causing half-maximal inhibition. Dashed vertical lines show the estimates of
507 IC_{50} values, and best-fit values of all parameters used to generate the curves are listed in
508 Table S1.
- 509 **Figure 4: Allosteric activation of WT and mutant human $\alpha 2\beta 2\gamma 1$ AMPK complex by AMP and**
510 **ADP at three different concentrations of ATP.** The $\alpha 2\beta 2\gamma 1$ complex was phosphorylated
511 on Thr172 prior to assay using CaMKK2. The $\gamma 1$ subunit was either (A/E): WT; (B/F): a
512 CBS1 mutant (L129D/V130D); (C/G): a CBS3 mutant (V276G/L277G); (D/H): a CBS4
513 mutant (I312G). Results are means of duplicate assays \pm SD; error bars are not shown if
514 they were smaller than the symbols used for mean values. Assays and curve fitting were as
515 in Fig. 1 at either 0.2 mM (left panels) or 5 mM (right panels) ATP. Best-fit values for all
516 parameters used to generate the curves are listed in Table S1.

517 **Figure 5: Effects of AMP or ADP on AMPK activation and Thr172 phosphorylation by the**
518 **LKB1:STRAD α :MO25 α complex.** Unphosphorylated human $\alpha 2\beta 2\gamma 1$ complexes (WT, or
519 with L129D/V130D, V276G/L277G or I312G mutations affecting CBS1, CBS3 or CBS4
520 respectively) were incubated with ATP and a fixed concentration of the
521 LKB1:STRAD α :MO25 α complex in the presence or absence of AMP or ADP (both 300
522 μ M), as described in the Methods section. After the incubation aliquots were withdrawn for
523 (A) AMPK assay or (B) Western blots. For (A), results show mean \pm SEM (n = 3); mean
524 values significantly different from those obtained with WT AMPK are shown (****P
525 <0.0001); ns, not significant. For (B), due to a limit on the number of lanes that could be
526 run on one gel, single replicates from the triplicate assays were analyzed.

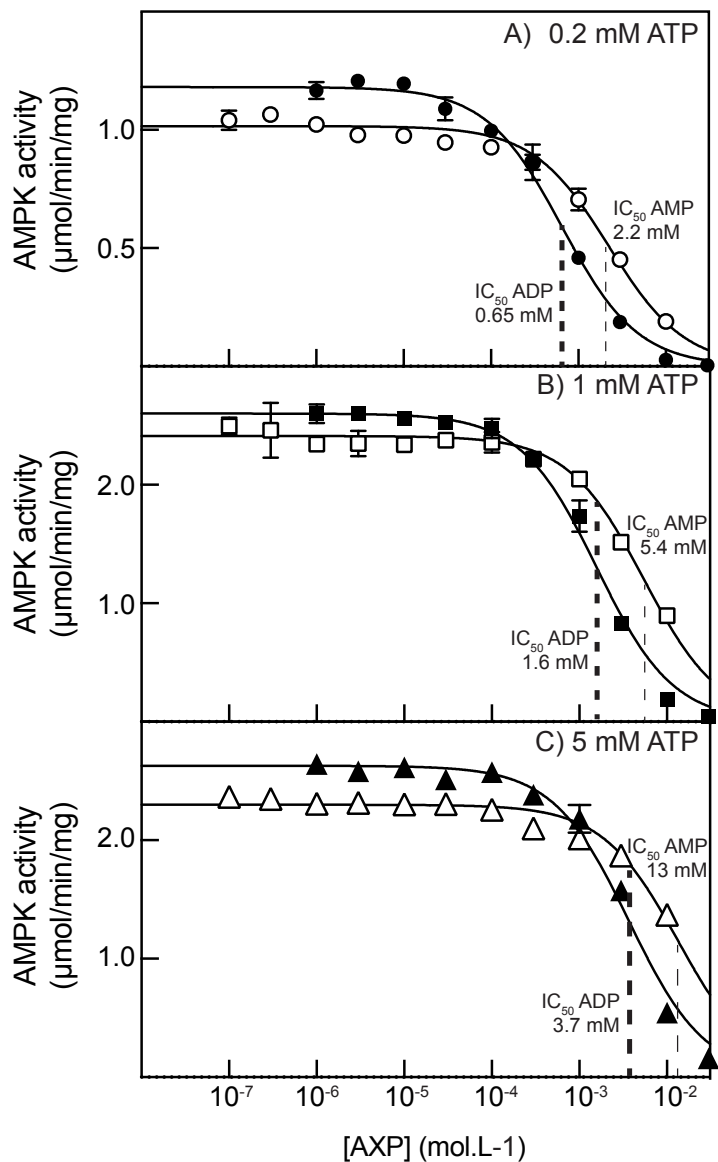
527 **Figure 6: Effects of AMP or ADP on AMPK inactivation and Thr172 dephosphorylation by**
528 **PP2C α (PPM1A).** Human $\alpha 2\beta 2\gamma 1$ complexes (WT, or with L129D/V130D,
529 V276G/L277G or I312G mutations affecting CBS1, CBS3 or CBS4 respectively), all
530 phosphorylated on Thr172, were incubated with a fixed concentration of PP2C α (PPM1A)
531 in the presence or absence of AMP or ADP (both 300 μ M) as described in the Methods
532 section. After the incubation, aliquots were withdrawn for (A) AMPK assay or (B) Western
533 blots. For (A), results show mean \pm SEM (n = 3); mean values significantly different from
534 those obtained with WT AMPK are shown (****P <0.0001); ns, not significant. For (B),
535 due to a limit on the number of lanes that could be run on one gel, single replicates from the
536 triplicate assays were analyzed.
537

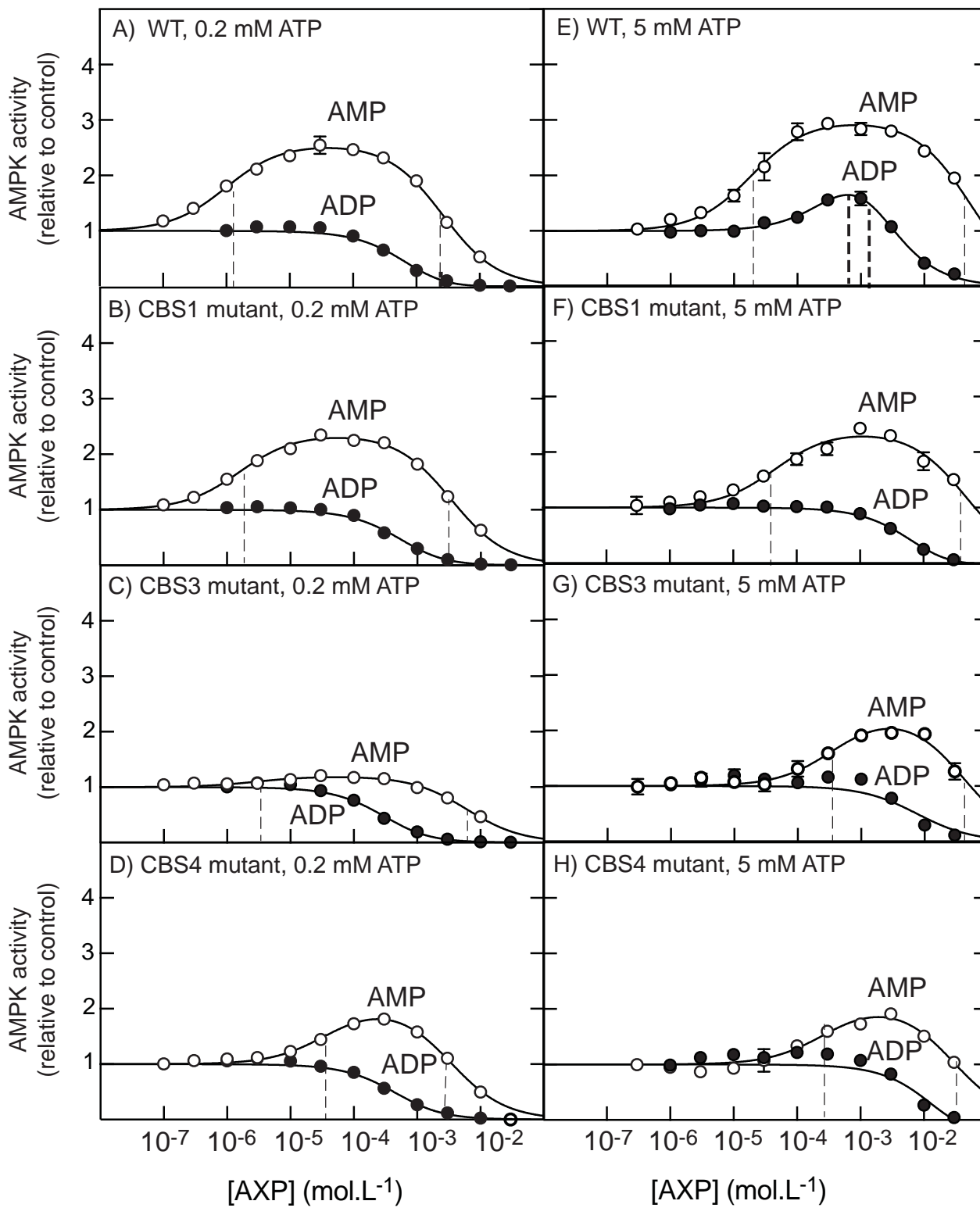


Hawley et al Fig. 2

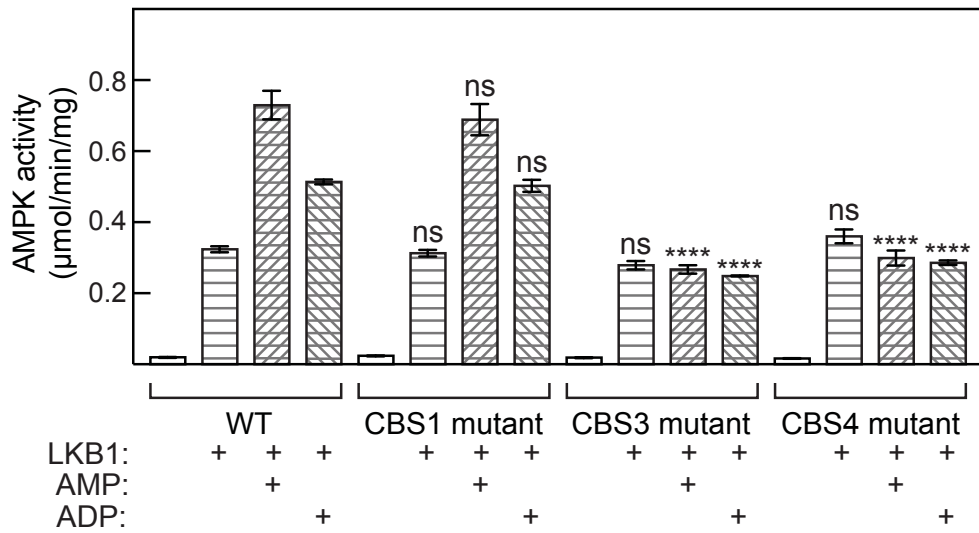


Hawley et al Figure 3

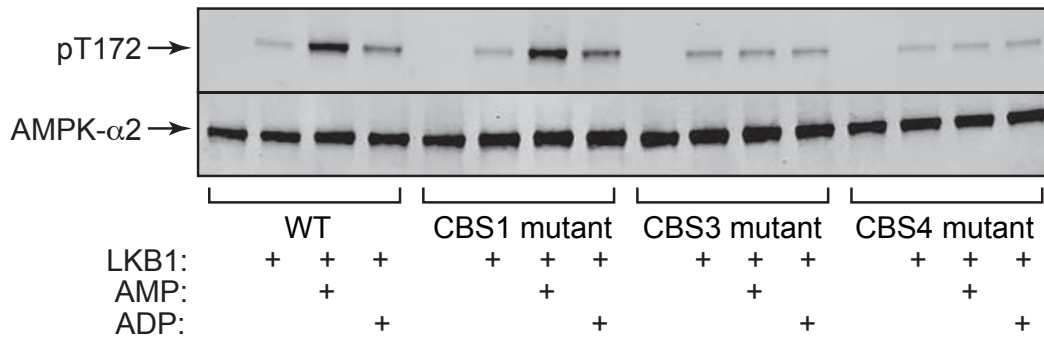




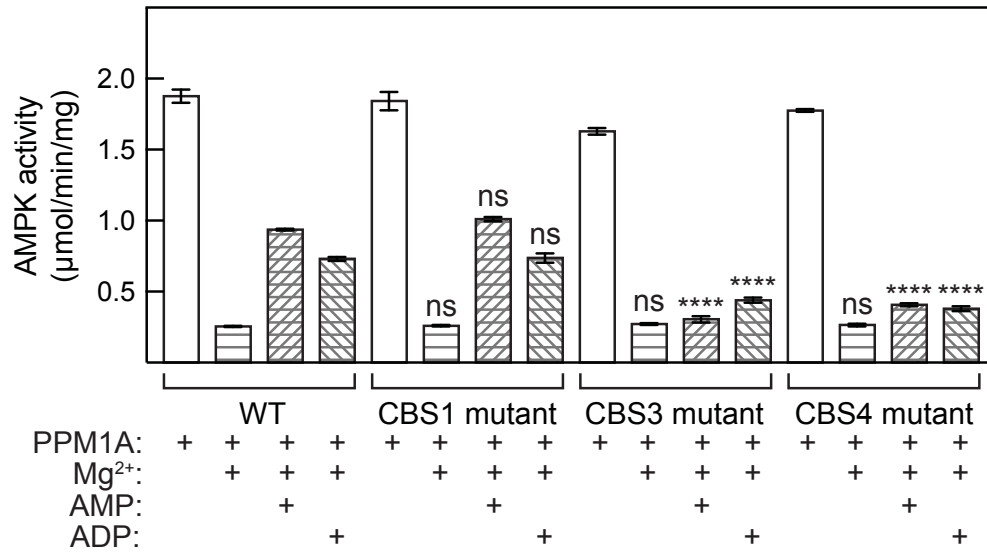
A) Effect of AMP and ADP on promotion of activation by LKB1



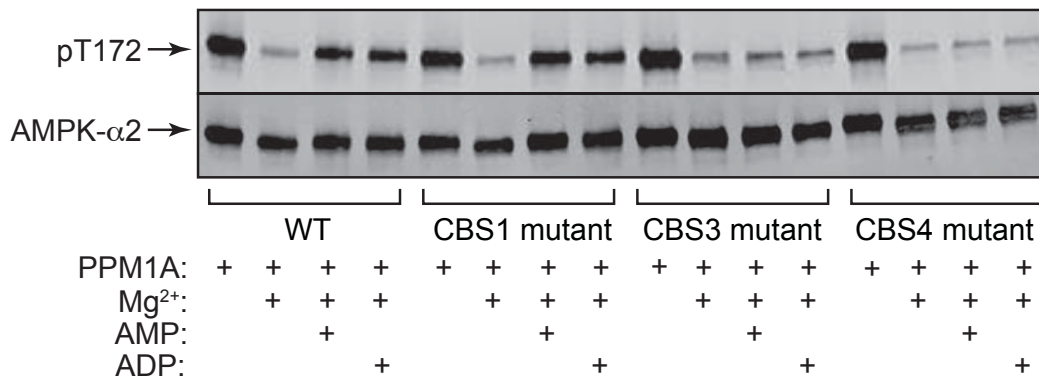
B) Effect of AMP and ADP on promotion of Thr172 phosphorylation by LKB1



A) Effect of AMP and ADP on protection against inactivation by PPM1A

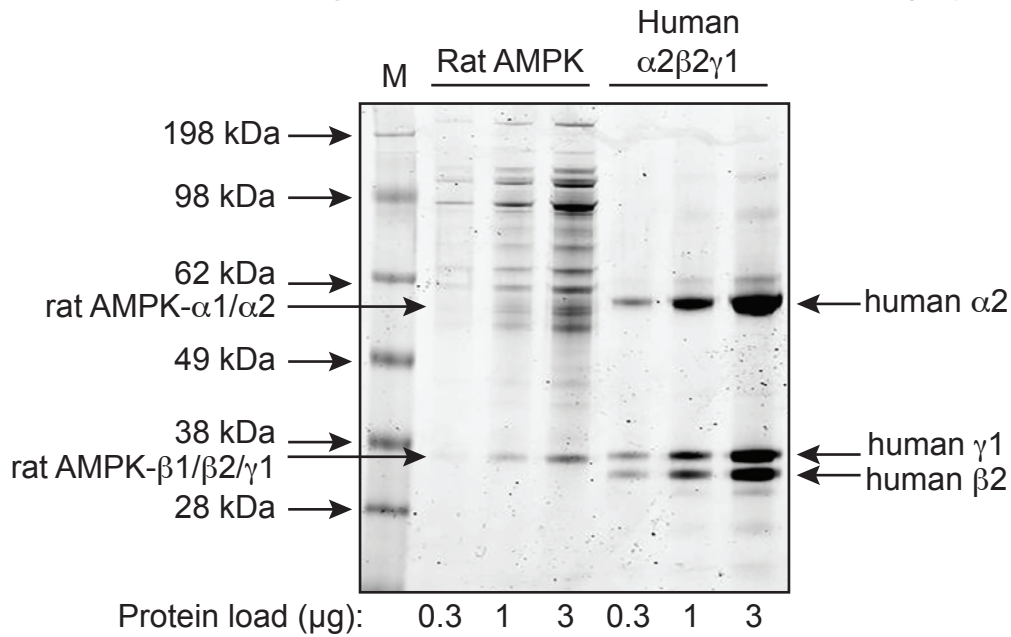


B) Effect of AMP and ADP on protection against dephosphorylation by PPM1A



Hawley et al Figure S1

A) Coomassie Blue staining of purified rat liver and human $\alpha 2\beta 2\gamma 1$ complexes



B) Western blotting of purified rat liver (R) and human $\alpha 2\beta 2\gamma 1$ (H) complexes

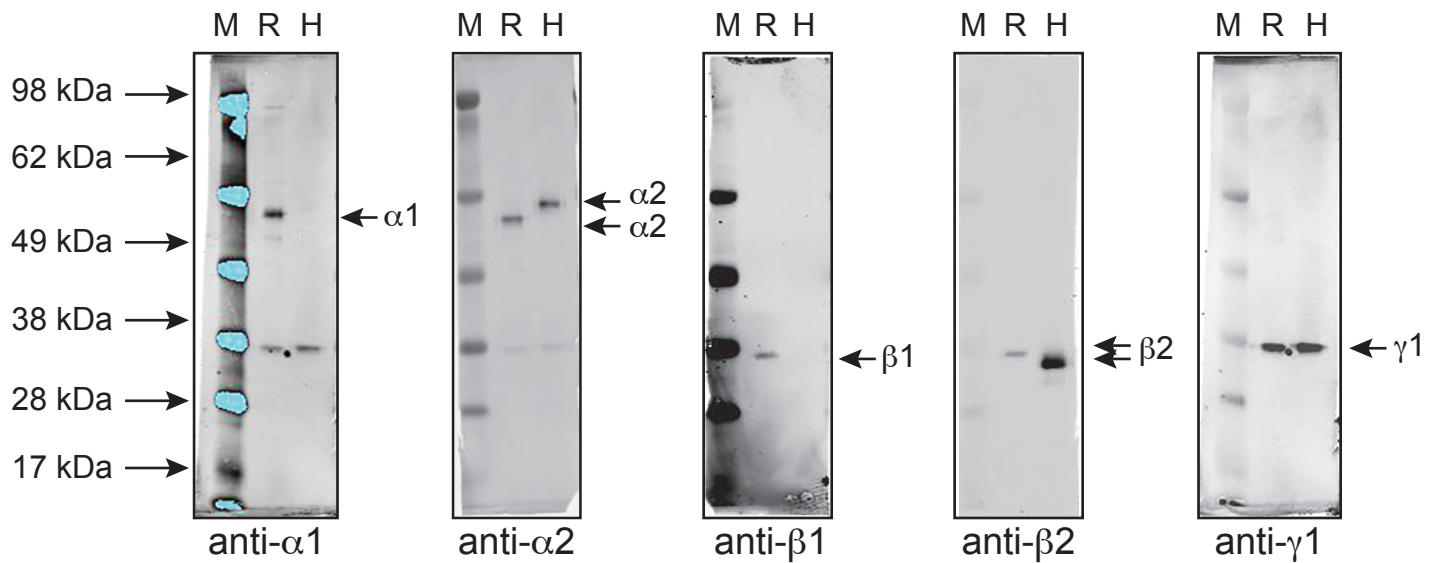
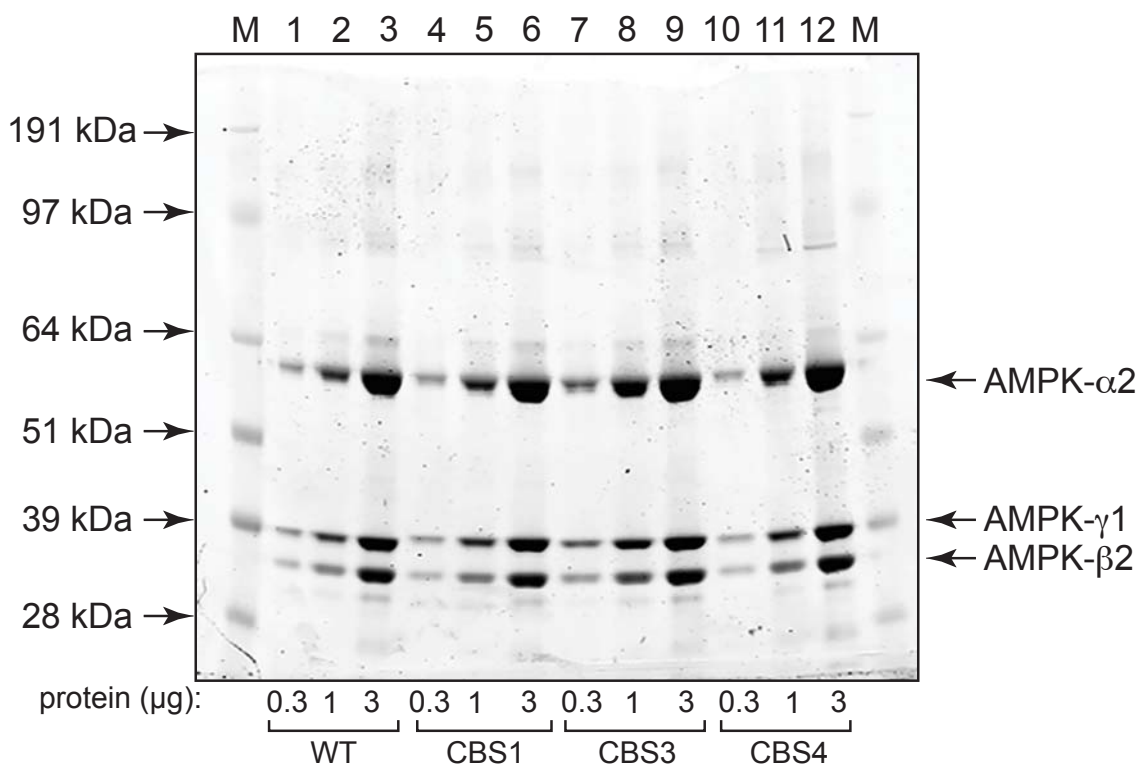


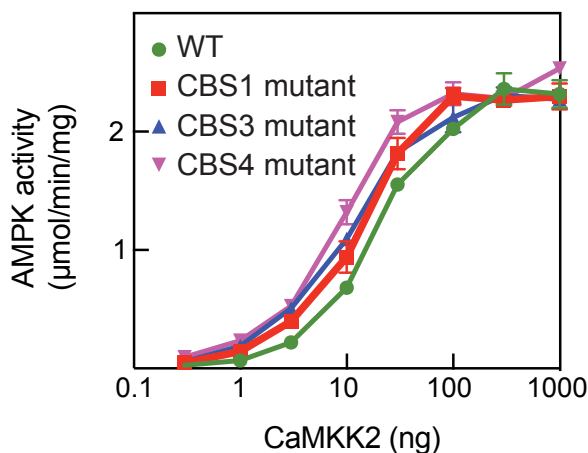
Figure S1: Analysis by Coomassie Blue staining (A) and Western blotting (B) of the purified preparations of rat liver and human ($\alpha 2\beta 2\gamma 1$) AMPK complexes used in this study. The markers used (lane M) were SeeBlue Plus2 Prestained Protein Standards (ThermoFisher Scientific), and the molecular masses are those given by the manufacturer for the gel system used. The AMPK subunit isoforms labelled in (A) were identified by reference to the Western blots in (B). Note from the Western blots in (B) that rat $\beta 1$, $\beta 2$ and $\gamma 1$ co-migrate and are therefore not resolved in the Coomassie Blue-stained gel in (A).

Hawley et al Figure S2

A) γ 1 mutants co-purify with α 2 and β 2 as stable heterotrimers



B) γ 1 mutants all activated by CaMKK2



C) γ 1 mutants all activated by LKB1

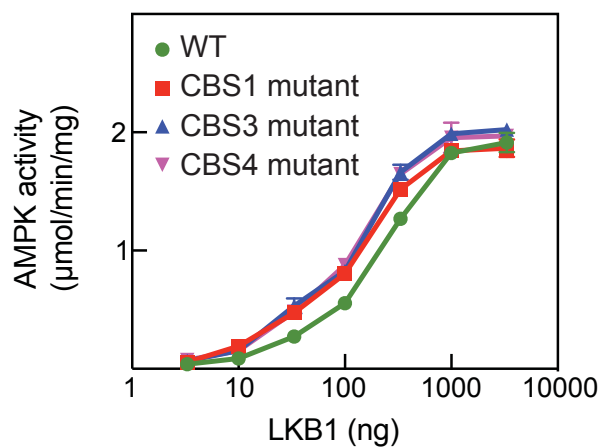
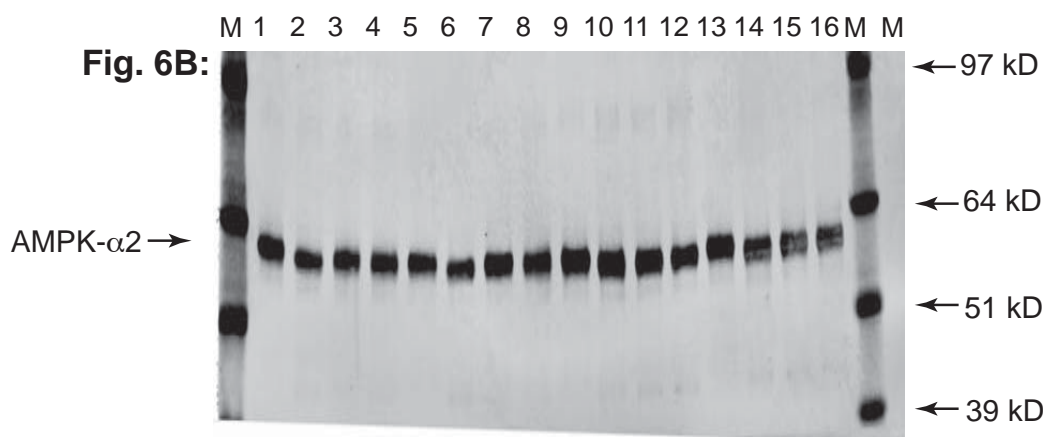
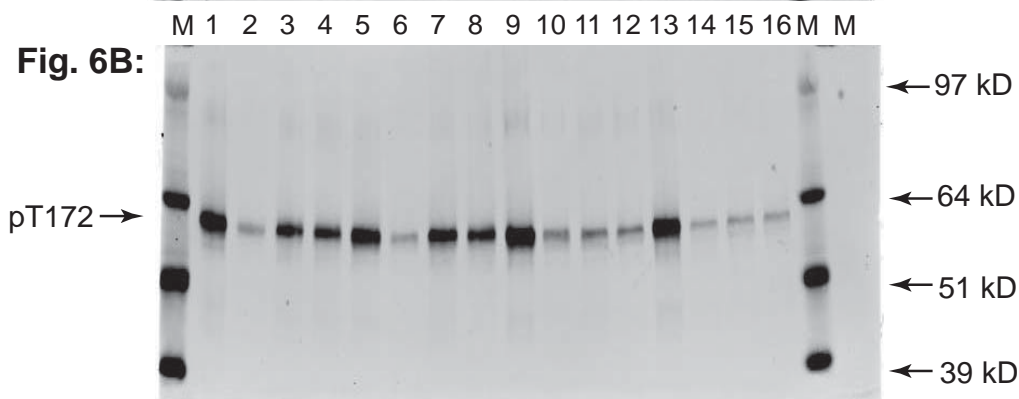
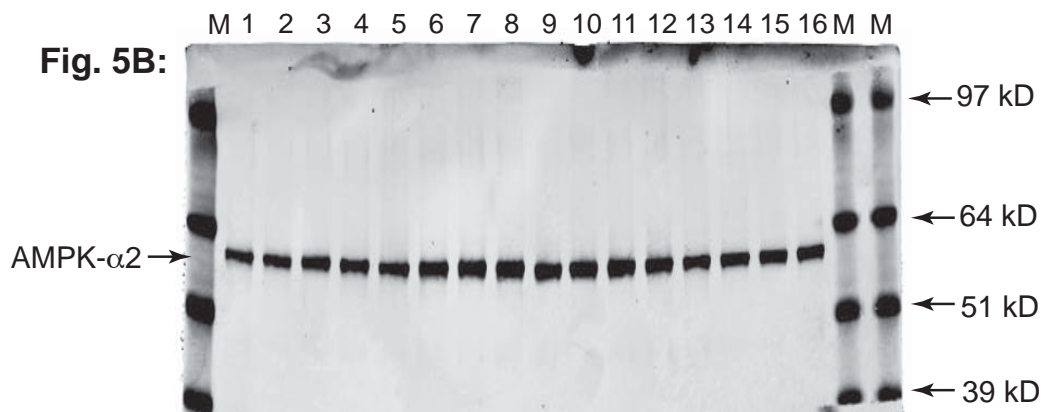
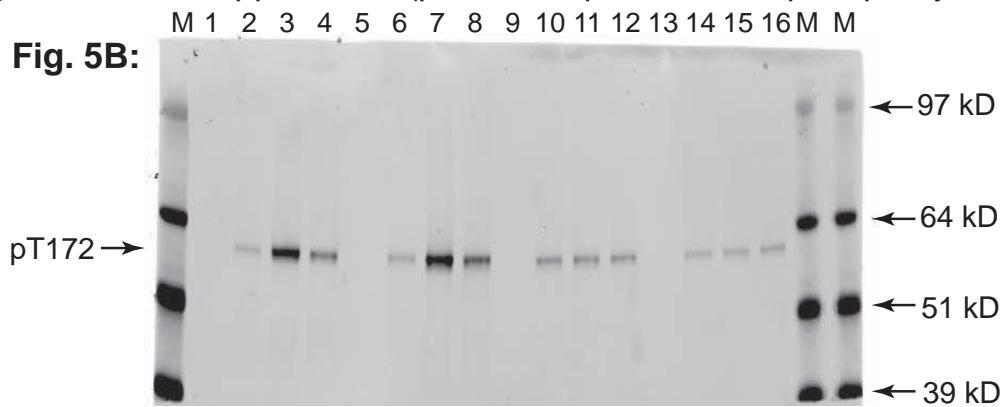


Figure S2: (A) Analysis by SDS-PAGE and Coomassie Blue staining of purified bacterially expressed human α 2 β 2 γ 1 complexes, either WT or with mutations affecting CBS1, CBS3 or CBS4; (B) activation of WT or CBS mutants using increasing concentrations of CaMKK2; (C) activation of WT or CBS mutants using increasing concentrations of LKB1:STRAD α :MO25 α complex. For (A), the complexes had been purified using the (His)₆ tag on the α 2 subunit; the gel shows that stable $\alpha\beta\gamma$ complexes are formed with the WT and each mutant. (B) and (C) show that the mutations do not affect phosphorylation and activation by either upstream kinase.

Enzyme	Activator	ATP (mM)	Basal \pm SD (CI) (nmol/min/mg)	Activation (fold)	EC ₅₀ (μ M)	IC ₅₀ (mM)	IC ₅₀ /EC ₅₀
Rat liver	AMP	0.2	121 \pm 4	2.9 (2.8-3.0)	6.4 (5.4-7.5)	1.7 (1.6-2.0)	270
Rat liver	AMP	1.0	129 \pm 4	2.8 (2.7-2.9)	14 (12-16)	6.9 (6.1-7.8)	490
Rat liver	AMP	5.0	96 \pm 4	3.7 (3.5-3.8)	36 (28-46)	17 (13-23)	470
Rat liver	ADP	0.2	161 \pm 7	none*	-	0.40 (0.36-0.44)	-
Rat liver	ADP	1.0	147 \pm 7	2.4 (1.8-??)	122 (65-??)	0.69 (0.61-0.78)	5.7
Rat liver	ADP	5.0	123 \pm 1	2.0 (1.7-2.8)	220 (120-440)	4.0 (2.7-5.4)	18
α 2-KD	AMP	0.2	1020 (990-1040)	none*	-	2.2 (1.8-2.7)	-
α 2-KD	AMP	1.0	2410 (2360-2460)	none*	-	5.4 (4.5-6.5)	-
α 2-KD	AMP	5.0	2300 (2260-2340)	none*	-	13.4 (11.1-16.4)	-
α 2-KD	ADP	0.2	1180 (1150-1210)	none*	-	0.67 (0.59-0.77)	-
α 2-KD	ADP	1.0	2600 (2550-2660)	none*	-	1.6 (1.4-1.9)	-
α 2-KD	ADP	5.0	2630 (2570-2690)	none*	-	3.5 (3.0-4.1)	-
α 2 β 2 γ 1 WT	AMP	0.2	1558 \pm 36	2.6 (2.5-2.6)	1.0 (0.8-1.2)	2.6 (2.3-2.9)	2600
α 2 β 2 γ 1 WT	AMP	5.0	1363 \pm 40	3.0 (2.9-3.1)	19 (15-24)	52 (41-68)	2700
α 2 β 2 γ 1 WT	ADP	0.2	1448 \pm 15	none*	-	2.6 (??-??)	-
α 2 β 2 γ 1 WT	ADP	5.0	1334 \pm 81	9.9 (2.8-??)	785 (321-??)	1.2 (??-2.5)	1.5
α 2 β 2 γ 1 CBS1	AMP	0.2	1590 \pm 47	2.4 (2.3-2.4)	1.6 (1.3-1.9)	3.4 (3.1-3.8)	2100
α 2 β 2 γ 1 CBS1	AMP	5.0	2219 \pm 154	3.0 (2.9-3.1)	19 (15-24)	52 (41-68)	2700
α 2 β 2 γ 1 CBS1	ADP	0.2	1879 \pm 67	none*	-	1.0 (0.45-??)	-
α 2 β 2 γ 1 CBS1	ADP	5.0	1880 \pm 106	none*	-	1.2 (??-2.5)	-
α 2 β 2 γ 1 CBS3	AMP	0.2	1402 \pm 0	1.2 (1.1-1.2)	2.9 (0.7-5.1)	6.1 (5.0-7.4)	2100
α 2 β 2 γ 1 CBS3	AMP	5.0	1774 \pm 95	2.3 (2.1-2.7)	370 (220-650)	40 (27-60)	110
α 2 β 2 γ 1 CBS3	ADP	0.2	1629 \pm 43	none*	-	0.5 (0.3-??)	-
α 2 β 2 γ 1 CBS3	ADP	5.0	1363 \pm 14	-	-	7.6 (4.5-??)	-
α 2 β 2 γ 1 CBS4	AMP	0.2	1539 \pm 8	2.1 (2.0-2.1)	38 (30-49)	3.3 (2.9-3.8)	87
α 2 β 2 γ 1 CBS4	AMP	5.0	2047 \pm 59	2.1 (1.9-2.4)	280 (160-500)	28 (20-41)	100
α 2 β 2 γ 1 CBS4	ADP	0.2	1766 \pm 23	none*	-	0.78 (0.35-??)	-
α 2 β 2 γ 1 CBS4	ADP	5.0	1459 \pm 69	none*	-	31 (??-??)	-

Table S1: Summary of parameters estimated from data in Figures 1, 3 and 4. These parameters were used to draw the curves in those Figures, using the equations given in Figure legends. Figures in parentheses indicate 95% confidence intervals for that parameter estimated by curve fitting, while the figures after “±” symbols are standard deviations calculated from the individual basal activities. “??” indicates that that confidence interval could not be reliably determined. The entry “none*” indicates that the activation was not significant and parameters relevant to activation could not be reliably determined.

Fig. 5B/6B: uncropped blots (promotion/protection of phosphorylation/dephosphorylation)



NOTES:

- the molecular mass markers used (in lanes designated M) were SeeBlue Plus2 prestained protein standards (Cat. no. LC5925, ThermoFisher Scientific)
- the molecular masses given for the markers are those quoted by the manufacturer's for the gel system used