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# Biofabrication



## PAPER

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## Fabrication of gradient hydrogels using a thermophoretic approach in microfluidics

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Supplementary material for this article is available [online](#)

### Abstract

The extracellular matrix presents spatially varying physical cues that can influence cell behavior in many processes. Physical gradients within hydrogels that mimic the heterogeneous mechanical microenvironment are useful to study the impact of these cues on cellular responses. Therefore, simple and reliable techniques to create such gradient hydrogels are highly desirable. This work demonstrates the fabrication of stiffness gradient Gellan gum (GG) hydrogels by applying a temperature gradient across a microchannel containing hydrogel precursor solution. Thermophoretic migration of components within the precursor solution generates a concentration gradient that mirrors the temperature gradient profile, which translates into mechanical gradients upon crosslinking. Using this technique, GG hydrogels with stiffness gradients ranging from 20 to 90 kPa over 600  $\mu\text{m}$  are created, covering the elastic moduli typical of moderately hard to hard tissues. MC3T3 osteoblast cells are then cultured on these gradient substrates, which exhibit preferential migration and enhanced osteogenic potential toward the stiffest region on the gradient. Overall, the thermophoretic approach provides a non-toxic and effective method to create hydrogels with defined mechanical gradients at the micron scale suitable for *in vitro* biological studies and potentially tissue engineering applications.

## 1. Introduction

Cell behavior involved in biological processes from embryogenesis to disease progression is regulated by an intricate interplay between cells and a complex milieu of biochemical and biophysical signals within their microenvironment [1–3]. Although chemical signals, such as cytokines and extracellular matrix (ECM)-bound growth factors, have been long appreciated as key players in directing normal physiology and pathological processes, there is an increasing recognition that matrix mechanics can have a significant impact on these processes as well [4]. Of all, matrix stiffness has been widely recognized as a major regulator of cell adhesion [5], migration [6],

proliferation [7], and stem cell fate [8, 9]. Beyond basic variation in the range of mechanical stiffness across different tissue types, heterogeneities in the spatial matrix organization also result in variation on the local tissue level, typically in the form of gradients. For instance, tissue stiffening following injury creates a stiffness gradient away from the wound site which promotes fibroblast cell recruitment to aid wound healing [10], whereas increased ECM stiffness during tumorigenesis has been linked to increased propensity of aggressive cancer cell invasion [11]. Stiffness gradients can also occur through natural variation within tissues, for example, in the tissue interfacing tendons and bones known as enthesis [12, 13].

In order to investigate how such variations in spatial matrix stiffness contribute to direct local cell activity in health and diseased states, a number of methods have been developed to create stiffness gradient substrates *in vitro*. These are, for example, controlled UV photopolymerization using gradient or sliding photomasks [14, 15], microfluidic gradient generators [16], embedding rigid substrates in a soft substrate [6], and assembly of microgels generated with varying composition of precursor solution [17]. However, most of the existing methods are technically complex, show poor reproducibility, or are limited in the stiffness range and gradient strength that can be produced [18, 19]. The gradient and sliding photomask techniques are among the most popular approaches due to its simplicity, but they are generally limited to shallow gradients and present potential cytotoxicity issues from photoinitiators that remained within the polymerized substrate [9, 20].

Crucially, the choice of hydrogel used for cell culture systems in cell biology studies and tissue engineering is primarily dependent on the specific question or application [21]. Despite diverse methods for fabricating continuous gradient substrates however, they are often specific to a particular crosslinking mechanism, limiting their widescale applicability to cater for the growing number of new hydrogel systems being developed in recent years [15, 22, 23]. Thus, we aim to develop a non-toxic, versatile route of fabricating gradient substrates that works independently of the hydrogel polymerization scheme, whilst still providing users fine control of the gradient properties down to micron-scale resolution suitable to probe cell-substrate interactions. To demonstrate this, we fabricated 600  $\mu\text{m}$ -wide gradient hydrogel strips and showed that these substrates presented continuous gradients of physical properties which in turn endowed them with spatially distinct osteogenic capacity.

## 2. Results and discussion

### 2.1. Fabrication of stiffness gradient hydrogel

Recently, a new microfluidic technique to fabricate stiffness gradient hydrogels by exploiting the physical phenomenon of thermophoresis was described [24]. Using this technique, local manipulation of the properties of a hydrogel was achieved by carefully imposing and controlling temperature gradients across a microfluidic channel containing the hydrogel precursor solution (figure 1(a), top). To visualize the thermophoretic process, we filled the microfluidic channel with 500 nm green fluorescent beads (prepared as 1% aqueous solution). Then, one side of the channel was heated while the other side of the channel was cooled, using the same system design

that would later be employed for fabricating gradient hydrogels as described below. Figure 1(a) (bottom) demonstrates that the fluorescent beads readily accumulate toward the cold side of the microchannel within 45 min, in the direction of the thermophoretic force. This result confirmed that thermophoresis can indeed be used to induce particle motion within micron-scale confinements [25], which behavior we expect to be similar for biopolymer molecules.

Toward recapitulating the biophysical characteristics of entheses ( $\sim 500 \mu\text{m}$  width) [26], here we use the proposed technique to demonstrate the fabrication of Gellan gum (GG) gradient hydrogels spanning a physiologically relevant stiffness range across a 600  $\mu\text{m}$ -wide strip. GG is a naturally derived polysaccharide which forms a strong gel via sol-gel transition upon cooling in the presence of divalent cations such as calcium ions [27, 28]. Due to its high biocompatibility and tuneability, GG substrates have demonstrated its versatility as scaffolds for tissue engineering applications, especially for cartilage or osteochondral tissues [29–31].

By carefully imposing and controlling temperature gradients across a microfluidic channel filled with an initially homogenous aqueous GG solution, we exploited thermophoresis to form a concentration gradient of GG polymer coils inside the microchannel, which directly translates into stiffness and porosity gradients upon GG polymerization.

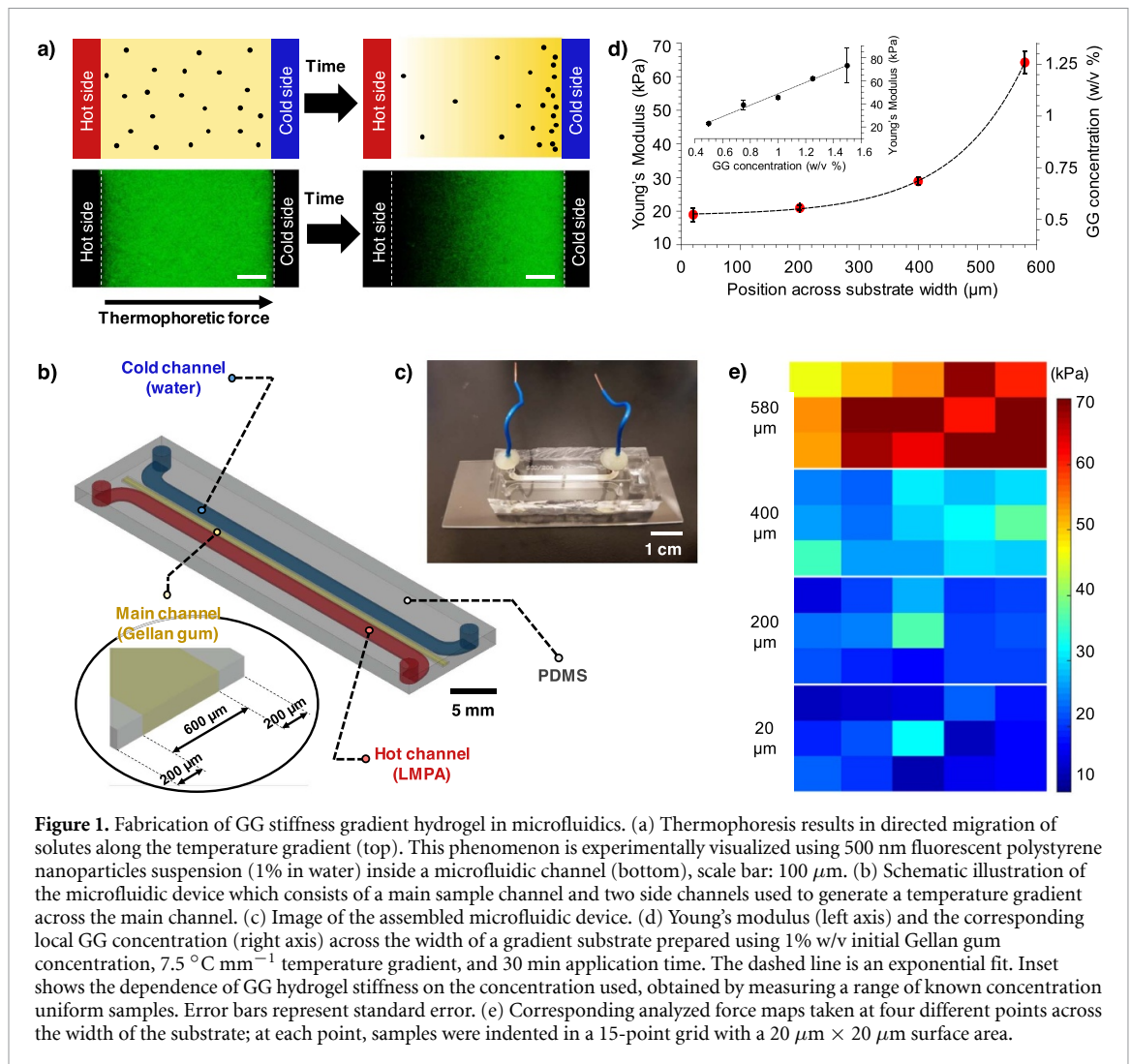
Thermophoresis is a transport phenomenon in which solutes dispersed in a solution migrate towards the hot side or the cold side along a temperature gradient [25, 32]. This migration is dependent upon the specific solute-solvent interactions [33], the solute size [34, 35], the average temperature [36], and the type of electrolytes dispersed in solution [37]. The presence of a temperature gradient generates a mass flux,  $J_m$ , which can be characterized by the Brownian mass diffusion coefficient,  $D$ , and the thermophoretic mobility,  $D_T$ , following:

$$J_m = -\rho \left[ D \frac{dc}{dx} + c(1-c) D_T \frac{dT}{dx} \right]$$

where  $\rho$  is the density of solute,  $c$  is the concentration, and  $T$  is the temperature. The direction of the induced concentration gradient would be along the same axis as the imposed temperature gradient, defined here as the  $x$ -direction. Once steady state is reached and there is no net movement of solutes ( $J_m = 0$ ), the resulting concentration gradient is balanced by the temperature gradient:

$$\frac{dc}{dx} = -c(1-c) S_T \frac{dT}{dx}$$

where  $S_T = D_T/D$  is the so called Soret coefficient.  $S_T$  is defined as positive when solutes accumulate toward

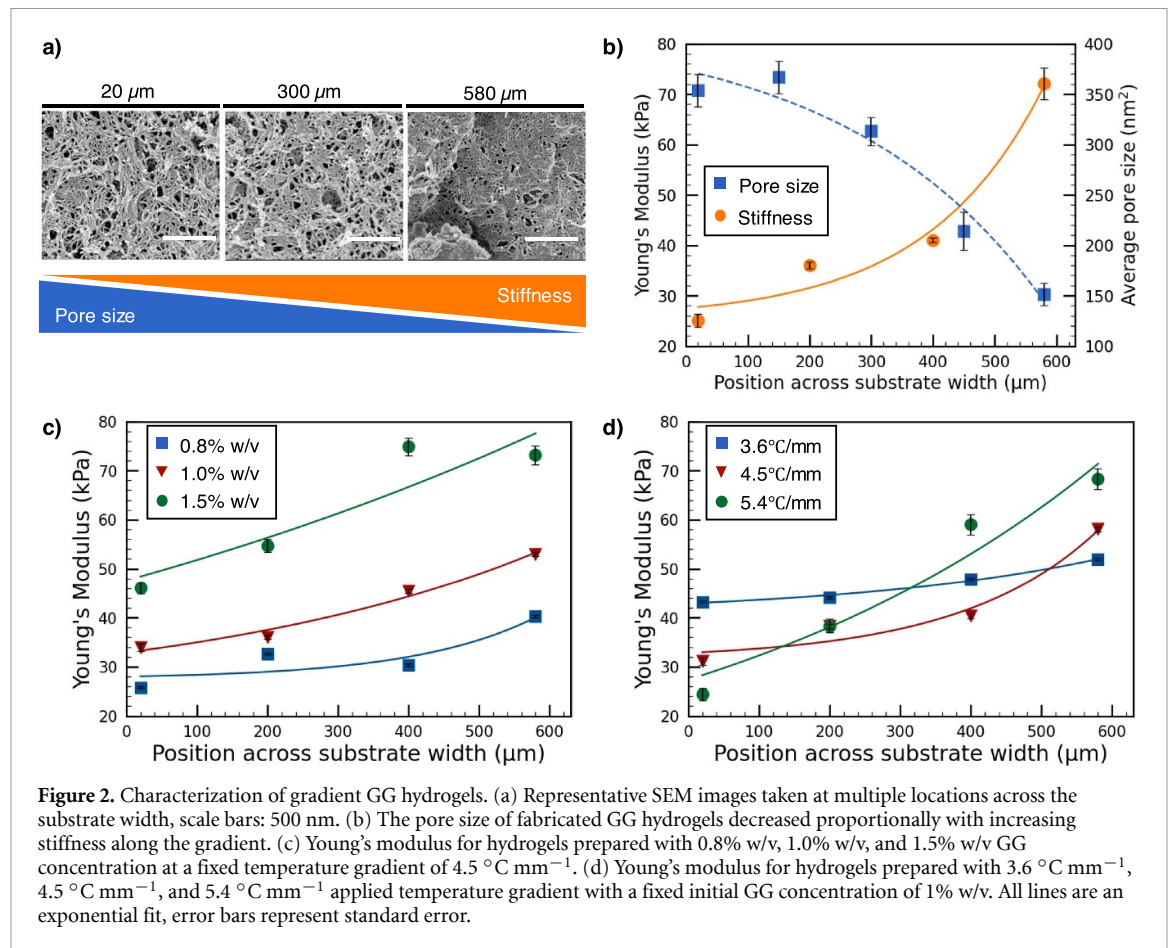


the cold side and negative otherwise. Crucially, thermophoresis takes place following the characteristic mass diffusion time as a function of diffusion distance and solute characteristic size via the Stokes–Einstein equation. Given the micron-scale dimensions of microfluidic channels and hydrogel macromer sizes on the order of nanometers, thermophoresis thus presents a convenient method to create microscale gradient substrates (demonstrated within 1 h in this study).

We used a microfluidic chip with a main sample channel and two side channels to impose a temperature gradient across the main channel containing aqueous GG solution in the presence of calcium ions, as described in the [materials and methods](#) section (figures 1(b) and (c)). The solution was maintained in its uncrosslinked state by keeping the whole microfluidic system above the sol-gel transition temperature of GG (approximately  $40\text{ }^{\circ}\text{C}$  for 0.5–1.5 w/v% GG with 5 mM calcium ions [38]), enabling gradual redistribution of the GG polymer chains via thermophoretic migration.

Once the desired concentration gradient was achieved within the microfluidic device, rapid crosslinking was induced by promptly decreasing the temperature below the critical gelation temperature [39], in order to preserve the gradient profile and translate the concentration gradient into a stiffness gradient. We then extruded the material by gently applying pressure manually with a syringe filled with deionized water at the inlet of the microchannel. In this way we obtained a  $600\text{ }\mu\text{m}$  wide, 4 cm long and  $140\text{ }\mu\text{m}$  height substrate which exhibited a stiffness gradient across its width (figures 1(d) and (e)). Initially, we also performed stiffness measurements at different lengths along the gradient gel, confirming that the generated stiffness gradient profile is consistent throughout the entire substrate.

Compared to our previous study based on ionic crosslinking alginate hydrogels [24], this microfluidic system was modified to work with thermo-sensitive hydrogels by simply attaching the device onto a thermoelectric Peltier module which provides rapid regulation of the system average temperature,



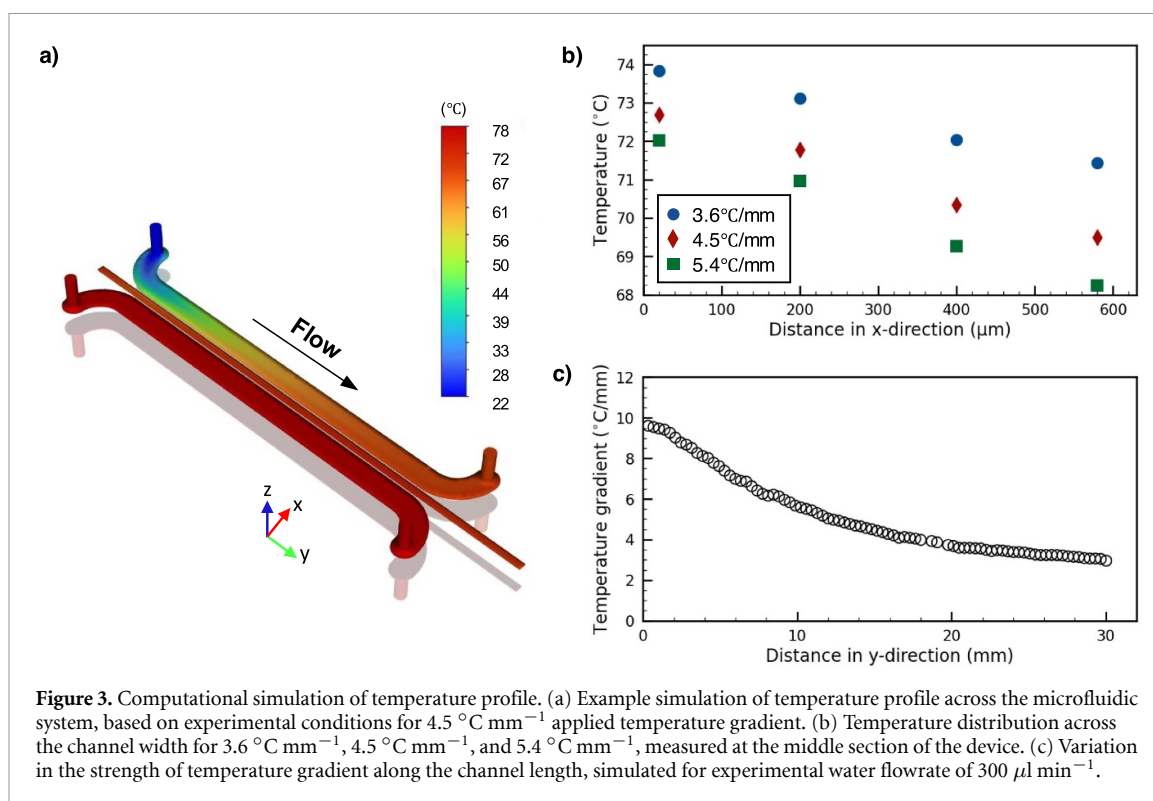
and thus, user-controlled onset of GG gelation. Ultimately, this fabrication concept can also be applied to various types of hydrogels and crosslinking scheme. For example, the same microfluidic system described here can be used for photopolymerizable hydrogels such as gelatin methacryloyl and poly (ethylene glycol) diacrylate. In this case, the whole microfluidic device can be exposed to UV light to enable gradient hydrogel formation following thermophoretic manipulation of local compositions across the precursor solution. We can expect the resulting stiffness gradient to similarly mirror the shape of applied temperature gradient, but the achievable gradient strength would likely vary due to differing physicochemical properties of the polymer chains.

## 2.2. Mechanical and structural characterization

We determined the local Young's modulus across the width of fabricated GG gradient hydrogels by performing force-indentation measurements in liquid using atomic force microscopy (AFM), see the [materials and methods](#) section for details. For hydrogels prepared with 1% w/v initial GG concentration and  $7.5\text{ }^{\circ}\text{C mm}^{-1}$  applied temperature gradient, we observed a stiffness gradient spanning 20–80 kPa over a distance of 600  $\mu\text{m}$  (figure 2(b)). We also characterized uniform stiffness GG hydrogels prepared

using different GG concentrations and verified that the substrate stiffness increases linearly with concentration (inset in figure 1(c)). Then, the concentration-stiffness data can be used as a calibration master curve to estimate the concentration profile across the fabricated stiffness gradient GG hydrogels based on their Young's modulus measurements. These results support the idea that the application of thermophoresis in microfluidics can effectively generate a solute concentration gradient within an initially homogenized solution, and convective effects inside the microchannel are insignificant [25]. Furthermore, by maintaining the orientation of the hydrogel after extrusion, we were able to confirm that the stiffest region was along the edge of sample nearest to the cold channel. This indicates that the Soret coefficient of the GG solution is positive and GG coils experience a driving force toward the lower temperature region of the device [24].

Because higher degrees of crosslinking are known to result in smaller pore sizes, we also expected an accompanying porosity gradient associated with the formation of concentration gradient [40, 41]. Indeed, scanning electron microscopy (SEM) images taken at multiple locations on the surface of the 1% w/v GG hydrogels ( $7.5\text{ }^{\circ}\text{C mm}^{-1}$  applied temperature) revealed an average pore size transitioning from the

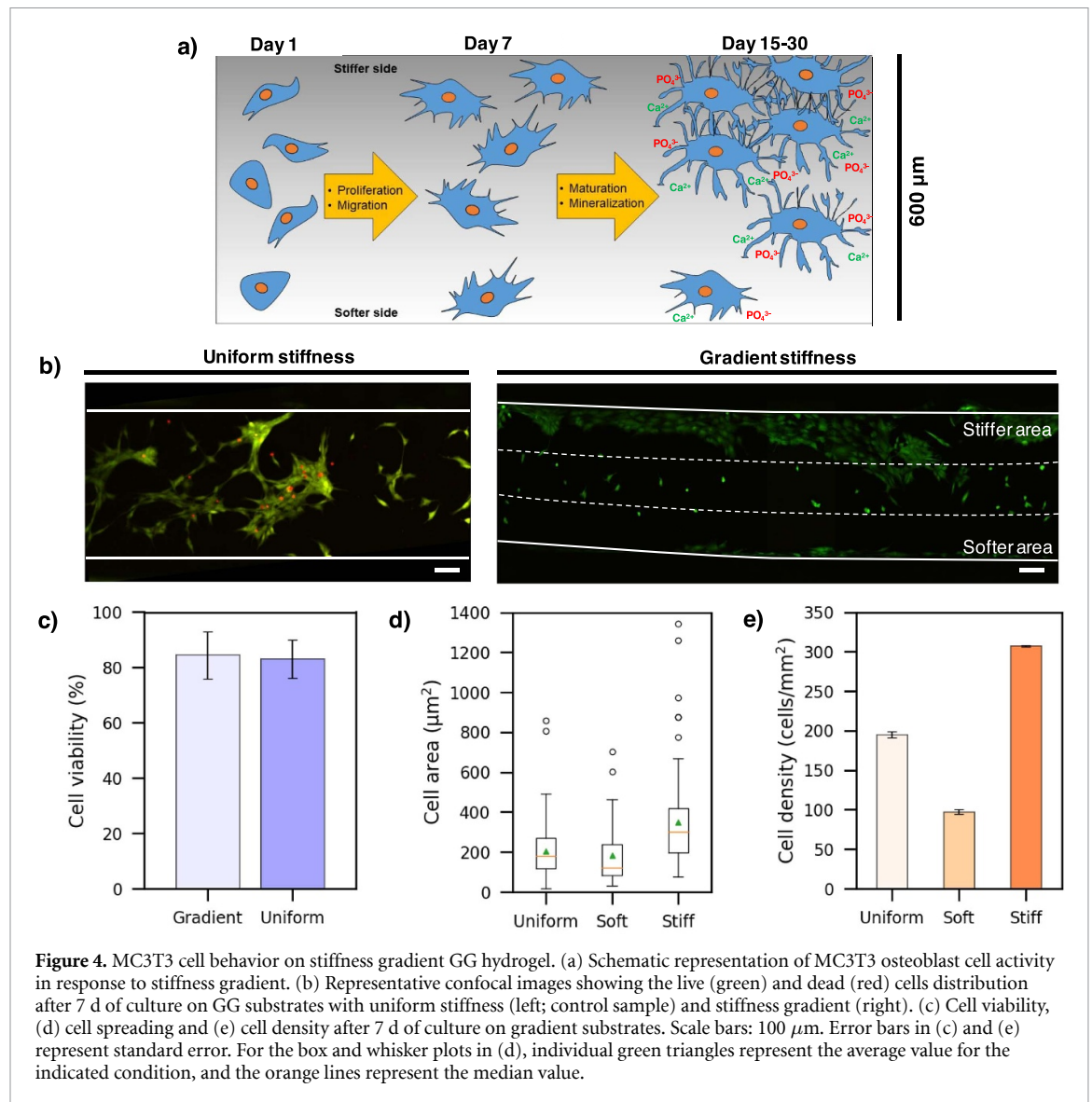


largest ( $\sim 350\text{ nm}^2$ ) at the soft ends to the smallest ( $\sim 150\text{ nm}^2$ ) at the stiff ends (figures 2(a) and S1).

We further demonstrated the capability of this technique to create stiffness gradients of varying range and gradient strengths. An increase in the concentration of initial GG concentration resulted in a higher hydrogel stiffness overall (figure 2(c)), while steeper gradients were achieved by increasing the temperature difference across the microfluidic system (figure 2(d)). In principle, the concentration gradient generated using this thermophoretic mechanism exhibits an exponential profile, which is also reflected in the resulting stiffness gradient [33]. This exponential profile becomes more pronounced with increasing temperature gradient strength. Conversely, this means that linear stiffness gradient hydrogels could practically still be fabricated with milder applied temperature gradients (e.g.  $<3.5\text{ }^{\circ}\text{C mm}^{-1}$ ) by maintaining a smaller temperature difference between the hot and cold side channels. Because the resulting concentration gradient only adopts a subtle exponential profile, the concentration (and thus stiffness) would appear to vary linearly over the entire width of the substrate, thereby yielding linear stiffness gradient gels. The stiffness gradients measured here have a range spanning several native tissues, such as muscle ( $\sim 20\text{ kPa}$ ) and pre-mineralized bone ( $>30\text{ kPa}$ ) [42]. While this represents a moderately stiff regime within the physiological mechanical landscape, which could be explained by the inherently stiffer nature of GG hydrogels, a lower or higher range of stiffnesses could be achieved by using an alternative hydrogel choice [42].

### 2.3. Evaluation of temperature profile across the microfluidic system

In this method, characterization of the temperature profile across the microfluidic system is essential to allow correlation with the corresponding concentration gradient, and thus, stiffness gradient in the final hydrogel substrate. Experimentally, we estimate the actual temperature gradient across the main channel from an electrical resistance analogue model, as described previously [24] and complemented here in the supplementary material. Using the system described here, it is important to note that the temperature will always assume a linear variation across the main sample channel. To verify this [24], we evaluated the temperature distribution across the whole system by performing computational simulations over the virtual microfluidic model (figure 3(a)). We confirmed that the temperature across the main microfluidic channel decreases linearly from the hot side to the cold side, and the strength of temperature gradient (figure 3(b)) is directly proportional to that of the stiffness gradients (figure 2(d)) yielded experimentally. Furthermore, we examined the effects of varying water flowrates in the ‘cold’ channel on the uniformity of temperature gradients produced along the axis of channel length (figures 3(c) and S3). In all cases, the temperature of the Joule heater was assumed to be constant. Simulation of the experimental flowrate of  $300\text{ }\mu\text{l min}^{-1}$  revealed that the temperature gradient is highest near the inlet, which gradually decays toward a plateau along the length of the device (figure 3(c)). This could be attributed to the progressive heating of water as it flows

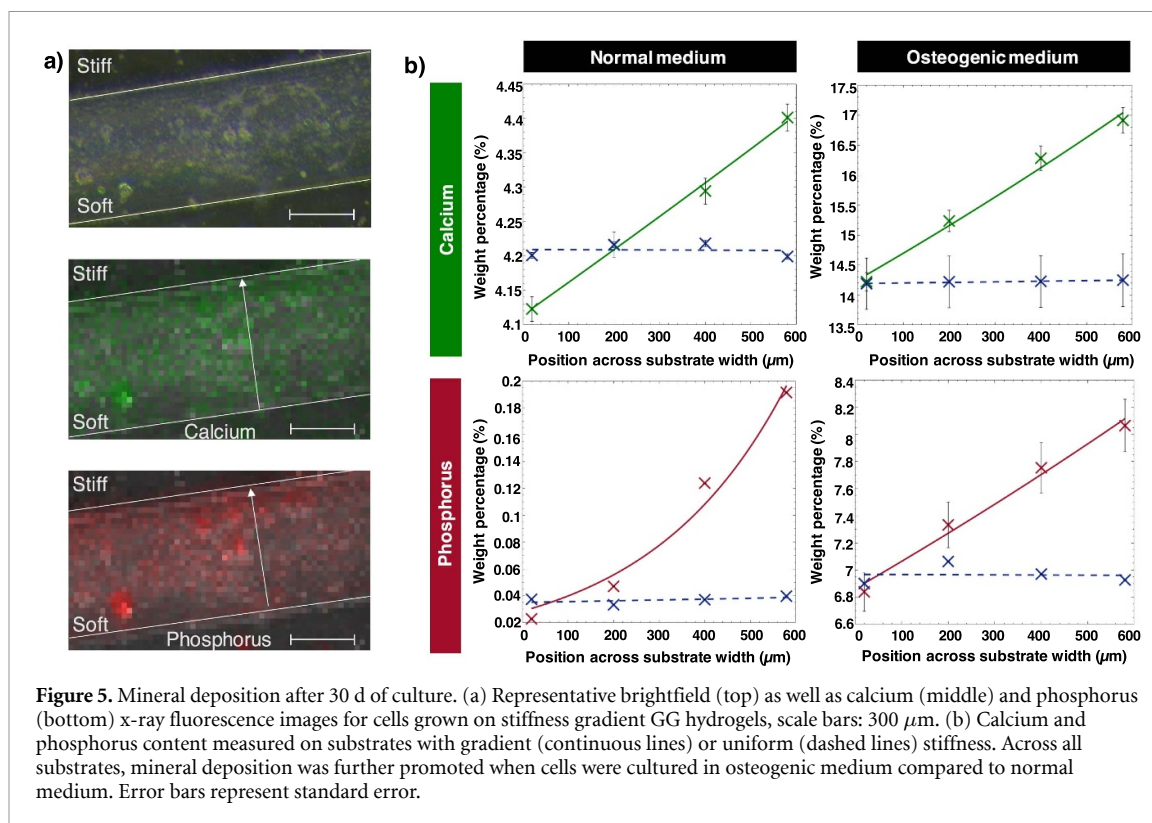


through the channel, but because only a small (1–2 cm) section of the fabricated GG hydrogels were utilized in subsequent cell culture studies, we were able to obtain reasonably uniform stiffness gradient substrates as verified by AFM measurements. While we acknowledge that gradient hydrogel platforms that are amenable to higher production levels would be required to render them useful for cell culture applications, in this proof-of-concept study, we focused on demonstrating the applicability of the thermophoretic technique to fabricate GG gradient hydrogels for cell-based studies. Importantly, the results clearly show that the stiffness gradient profile can be controlled simply by tuning the temperature distribution within the microfluidic system. For future development, it would be possible to leverage the inherent change in temperature gradient along the microchannel to fabricate multiple hydrogels with different stiffness gradient strengths concurrently within the same device.

#### 2.4. Stiffer regions promoted cell migration and osteogenic mineralization

It has been extensively reported in literature that stem cell lineage specification and maturation of progenitor cells can be directed *in vitro* using engineered matrix mimicking the elasticity of the native tissue of interest [8, 43, 44]. We therefore postulated that osteogenic cells cultured on GG gradient hydrogels spanning the osteoid tissue ranges ( $>30$  kPa) will show enhanced osteogenic activity toward the stiffer region of the substrate in a mechanical dose-dependent manner (figure 4(a)), as a first demonstration of the utility of this platform for interrogating stiffness-dependent behavior.

We first measured cell viability through the relative volumes of calcein-AM and propidium iodide positive cells, indicating live and dead cells, respectively. Observation after 7 d showed a high cell viability of  $\sim 85\%$  on uncoated GG hydrogels (figure 4(c)), confirming the nontoxic fabrication process as well



as the biocompatibility of pure GG hydrogels for cell culture. We also performed 2D confocal imaging at Days 1, 3, and 7 to investigate cell spreading and migration in response to a stiffness gradient (figures 4(b) and S4). We calculated cell spreading as the cell area and further evaluated cell migration by calculating the distribution of cell densities across the substrate surface over 7 d. The results showed more spreading (figure 4(d)) and migration (figure 4(e)) toward stiffer regions of the substrate. Furthermore, the cell area and cell density were found to be lower on the softer region of the gradient substrate (20–30 kPa) compared to the control sample (~50 kPa). Presumably, the hydrogel density affected these cellular responses since stiffer matrices generally cause cells to spread more due to higher formation of focal adhesion complexes [45, 46], and cells can exhibit directional migration along stiffness gradients through a biological process known as durotaxis [19, 47, 48]. In this study, variation in mechanical stiffness is directly related to the hydrogel concentration level and consequently the degree of cross-linking. While cell behavior is influenced by the substrate mechanical stiffness, it is also important to consider potential confounding effects due to variation in pore architecture. However, in the context of probing stiffness-dependent cellular behavior on planar substrates, matrix porosity was found to have no interacting effects on these behaviors [41].

We further examined the effects of stiffness in modulating the extent of substrate mineralization, which is an indicator of MC3T3 cells differentiation

into mature osteoblast phenotype [48]. To investigate the degree of mineralization, we performed x-ray fluorescence (XRF) to quantify the amount of calcium and phosphorus (phosphate) deposition on the GG substrates after culturing for 15 or 30 d (figures 5(a) and S5(a)). The distribution of calcium and phosphorus content consistently showed a gradient pattern which increases from the soft to stiff side of the GG hydrogel, meaning stiffer substrates promoted maturation of preosteoblast cells (figures 5(b) and S5(b)). It is interesting to note that despite the stiffness of the control sample being within the range of the stiffer region of the gradient substrate (40–70 kPa), overall, the cells exhibited lower amount of mineral deposition on the uniform gels compared to the gradient gels. One possible explanation to this is due to the stiffness-induced migration and increased proliferation rate of cells along the stiffness gradient. Additionally, to probe the interplay between chemical and mechanical factors, we compared the mineralization activity of cells cultured in normal and osteogenic media. The latter resulted in an upregulated calcium and phosphorus deposition on both uniform and gradient stiffness GG hydrogels, and the mineral deposits were similarly distributed in a stiffness-dependent fashion. Altogether, our results add to the wealth of existing literature which suggest that matrix mechanics play an equally, if not more significant role in controlling osteoblast cell function and behavior [49, 50]. Crucially, this also highlights that a method capable of locally manipulating the matrix mechanics at the micron-scale offers tremendous opportunities



to create scaffolds with pre-programmed cues toward engineering complex physiological tissues *in vitro*. In this study, we limit our scope to only generating linear gradients, but more complex gradient shapes can be achieved depending on the design of microfluidic network for heating and cooling.

### 3. Conclusions

Hydrogels have become a ubiquitous tool to organize and present a range of biophysical cues that mimic the native ECM. In recent years, this has proven to be particularly useful as a reductionist model system to probe cell-ECM interactions and better understand how isolated mechanical cues drive cell behavior. In view of the ubiquity of stiffness gradients within biological tissues, a new technique to fabricate stiffness gradient hydrogels via controlled redistribution of unreacted precursor components by exploiting thermophoretic effects in microfluidics was proposed recently [24]. In this study, we demonstrated the application of this technique to fabricate 600  $\mu\text{m}$ -wide GG hydrogel strips with tunable stiffness range and gradient strength. Using these hydrogels spanning a physiologically relevant elastic moduli range of  $\sim 20$ – $100$  kPa, we observed that osteoblast precursor cells cultured on the substrates exhibited directed migration and increased mineralization tendency toward stiffer regions on the gradient. Moreover, the mineralization activity was further enhanced when cells were cultured in supplemented osteogenic medium compared to regular medium, highlighting the synergistic effects of biochemical and biophysical factors in orchestrating cell behavior and function. In comparison to the most commonly used gradient photomask method and other strategies based on controlling the light exposure during hydrogel crosslinking [14, 15, 51], the proposed thermophoretic approach can be applied to various types of hydrogels irrespective of their crosslinking mechanism, thus is not restricted to solely photo-crosslinkable biomaterials. Here we demonstrated the generation of stiffness gradients which are relatively steep, but shallower gradients and/or overall softer substrates can also be obtained by tuning the applied temperature gradient and initial hydrogel concentration, respectively. This feature would enable the fabrication of stiffness gradients covering the full mechanical landscape of physiological ( $\sim 1$  Pa  $\mu\text{m}^{-1}$ ) and pathological ( $>10$  Pa  $\mu\text{m}^{-1}$ ) conditions [19], which has been a difficult technical challenge to tackle using most existing stiffness gradient systems. Another important feature of this thermophoretic technique is that the microfluidic channel configuration can be customized to create more complex gradient patterns, whilst maintaining a smooth gradient profile down to micron-scale resolution. Altogether, we envision that this generic and versatile technique may significantly advance the

relevance of gradient hydrogel systems for *in vitro* biological studies, and have far-reaching impacts on the broad fields of biomaterials and mechanobiology. For instance, the thermophoretic technique could be a valuable tool for programming hydrogels with spatially defined micro-scale cues that can robustly guide short-term cell activity toward engineering tissues *in vitro* for disease modelling and tissue engineering applications.

## 4. Materials and methods

### 4.1. Materials

Gelzan™ CM, poly (ethyleneimine) solution analytical standard 50% (w/v) in H<sub>2</sub>O, minimum essential medium eagle (alpha modification, with sodium bicarbonate, without L-glutamine, ribonucleosides and deoxyribonucleosides, liquid, sterile-filtered, suitable for cell culture), fetal bovine serum (US origin sterile-filtered), phosphate buffer saline (liquid, sterile-filtered, DPBS Modified 10X, without calcium, without magnesium, suitable for cell culture), L-glutamine,  $\beta$ -glycerophosphate disodium salt hydrate (BioUltra, suitable for cell culture, suitable for plant cell culture,  $\geq 99\%$ ) and trypsin-EDTA solution (1x, sterile-filtered, BioReagent, suitable for cell culture, 0.5 g porcine trypsin and 0.2 g EDTA • 4Na per liter of Hanks' Balanced Salt Solution with phenol red) were purchased from Merck. Calcium chloride dehydrate 99% and ethanol absolute  $\geq 99.8\%$  AnalaR NORMAPUR® were purchased from VWR International. Low melting point alloy (LMPA) (Rose's A alloy, composed by Bi 54%, Pb 28%, Sn 18%) was obtained as a free sample from 5 N Plus, Germany. 9008 series borosilicate glass particles (8  $\mu\text{m}$  diameter), calcein-AM and propidium iodide (Invitrogen™) were purchased from Thermo Fisher Scientific. AFM all-in-one-AI tips were purchased from budget sensors.

### 4.2. Microfluidic device fabrication

The microfluidic device was made of polydimethylsiloxane (PDMS) using standard soft photolithography techniques [52, 53]. PDMS (Sylgard 184, Dow, base elastomer: curing agent = 10:1) was degassed, casted, and baked at 70 °C for 1.5 h. The PDMS device was then sealed onto a standard microscope glass slide of 1 mm thickness via corona discharge treatment. To enable the application a temperature gradient, we employ a modified version of a microfluidic platform introduced earlier [24, 54, 55]. Briefly, the microfluidic device consisted of a straight main channel for hydrogel fabrication flanked by two parallel side channels (figures 1(b) and (c)). To provide a heating source, one side channel was filled with LMPA and then connected to a power supply unit, which acts as a Joule heater. On the other hand, room temperature water was continuously flowed through the other side channel using a syringe pump to act as a heat

sink, thus creating a temperature difference across the width of the main channel. A small reservoir was also cut out at one end of the main channel to allow extrusion of the substrate post-fabrication. The main channel is separated from the side channels by a 200  $\mu\text{m}$ -thick PDMS wall. The height of all the microfluidic channels was 140  $\mu\text{m}$ , with the channel length being 4 cm.

#### 4.3. GG hydrogel fabrication

0.8%, 1% or 1.5% w/v of GG powder was dispersed in deionized water at 70 °C while stirring it until completely dissolved, then 5 mM of  $\text{CaCl}_2$  was added as crosslinker. The hot GG/ $\text{CaCl}_2$  solution was quickly injected into the main microfluidic channel until it overflowed at both ends, whereby the excess solution would crosslink rapidly upon exposure to ambient conditions, forming hydrogel plugs to close the channel. Meanwhile, the rest of the microfluidic chip was kept warm at 72 °C by placing it on a thermoelectric Peltier module (40 mm  $\times$  40 mm, RS components), which maintained the polymer solution in its uncrosslinked state.

A temperature gradient ranging from 3.6 to 7.5 °C  $\text{mm}^{-1}$  was applied across the sample channel for 20–30 min by setting the water flowrate constant at 300  $\mu\text{l min}^{-1}$  using a syringe pump, and varying the power supply unit settings. After the concentration gradient was formed, the temperature gradient was removed and by switching the Peltier module to cooling mode, we were able to decrease the device temperature down to 0.5 °C within 1–2 min. This enabled rapid crosslinking and prevented disruption to the concentration gradient.

After 20 min, the GG gradient hydrogel was extruded from the microfluidic channel, attached to a poly (ethyleneimine)-coated glass slide, and stored in deionized water at 4 °C to prevent dehydration. To functionalize the glass slide, standard microscopy glass slides were first pretreated by corona discharge and then immersed in an aqueous solution containing 0.1% w/v poly (ethyleneimine) for at least 20 min. Finally, the glass slides were rinsed with deionized water and air-dried before use. This functionalization step induces a positive charge on the surface of glass slide, and thus, promotes adhesion of negatively charged GG hydrogels for AFM characterization and cell culture.

#### 4.4. Temperature evaluation

While a temperature gradient was applied, temperatures of the 'hot' and 'cold' channels were measured using thermocouples inserted into each of the side channels. Subsequently, the actual temperature gradient across the sample microchannel can be estimated from these measurements and known thermal conductivities of the materials of the microfluidic device, assuming a linear gradient profile and using an electrical resistance analogy model (figure S2) [24].

#### 4.5. AFM measurements

Young's moduli of the fabricated gels were characterized via indentation measurements using an atomic force microscope (JPK Nanowizard II). A micromanipulation technique [56] was used to attach a 8  $\mu\text{m}$  diameter borosilicate glass sphere to an aluminum coated tipless cantilever. Substrates were immersed in deionized water to prevent dehydration, and then a 50 nN force was applied to the substrate surface. The force-displacement approach curve was fitted with the Hertz model for parabolical surfaces, with a Poisson ratio of 0.5, in order to obtain the Young's modulus value for each curve. Measurements were conducted at four equally spaced locations across the width of the substrate, taking care to avoid the edges to prevent any misrepresentation of the stiffness due to the friction experienced during extrusion from the microchannel. We obtained a local value of Young's modulus at each location by averaging 15 individual measurements obtained over a 20  $\mu\text{m} \times 20 \mu\text{m}$  area. Each stiffness gradient plot represents data obtained from a single substrate. For the initial test as reported in figure 1(d), stiffness measurements were also taken at 3–4 different locations along the length of sample to verify that the stiffness gradient was uniform along the sample.

#### 4.6. SEM imaging

SEM was used to examine the native pore size across the hydrogel surface. To prepare samples for SEM imaging, the fabricated hydrogels were first subject to a solvent exchange process over 24 h to slowly replace water with ethanol. Briefly, in a petri dish, 0.3 ml deionized water was pipetted on the sample and then by using a syringe pump 20 ml of ethanol were dispensed over 24 h to the container. Subsequently, samples were transferred to microporous specimen capsules (78  $\mu\text{m}$  pore size, Agar Scientific) and dried by supercritical  $\text{CO}_2$  (Quorum E3100 critical point dryer, 4–5 flushes with liquid  $\text{CO}_2$  and 15 min incubation between each flush) [57]. The samples were sputter-coated with 15 nm iridium (Quorum K575X) and then imaged using FEI Verios 460 SEM at 2 KeV and 25–50 pA probe current. The extracted SEM images were processed with ImageJ software to obtain the pore size distribution of each section (see supplementary material and supplementary figure S1).

#### 4.7. Cell culture

All cell culture experiments were performed using GG gradient hydrogels prepared using 1% w/v initial GG concentration, with a temperature gradient of 7.5 °C  $\text{mm}^{-1}$  and 30 min application time. GG substrates mounted to PEI-coated glass slides were sterilized under UV lamp (11 W, 254 nm) for 10 min and transferred to a 6-well plate before use. MC3T3 osteoprogenitor cells were seeded on top of the substrate at a seeding density of 5000 cells  $\text{mm}^{-2}$  (for live/dead assay) or 20 000 cells  $\text{mm}^{-2}$  (for XRF study), followed

by incubation at 37 °C at 5% CO<sub>2</sub> for 3 h to allow cell attachment. Then, each well was filled with 3 mL of  $\alpha$ -MEM cell culture medium, refreshed every 3 d and kept in the incubator. As a control experiment, MC3T3 cells were cultured onto GG hydrogels of a uniform Young's modulus, prepared using 1% w/v GG concentration.

#### 4.8. Cell viability, attachment, proliferation, and migration studies

Live/dead assays were carried out to assess cells survival, adhesion, and proliferation by staining the cells with calcein-AM (Invitrogen™) and propidium iodide (Invitrogen™) at a concentration of 2.5  $\mu\text{l ml}^{-1}$  and 5  $\mu\text{l ml}^{-1}$ , respectively. Fluorescent images were captured at days 1, 3 and 7 of incubation using a confocal laser scanning microscope (OLYMPUS FV1000 Fluoview) coupled to a 10x fluorescent objective. In addition, cells were also labeled with PKH67 green fluorescent cell linker (Sigma Aldrich), a cell membrane dye, which enabled observation of cell migration across the substrates over 7 d. The cell viability experiments were performed in triplicate. Cell morphological assessments were performed on three uniform stiffness samples and one stiffness gradient sample. To compare the cell behavior between the softer and stiffer regions of the gradient sample, confocal image of the full length of hydrogel (obtained by stitching multiple images that were acquired side-by-side) was first segmented along the width axis into three strips, each 200  $\mu\text{m}$  thick as shown in figure 4(b) (right). Note that the middle segment was excluded from subsequent analysis, to allow a clearer distinction between 'low' and 'high' substrate stiffness and their impact on cell behavior. Cell spreading was evaluated using  $n = 39$  and  $n = 99$  cells that were successfully segmented from the soft and stiff regions on the substrate, respectively. Additionally, cell density was evaluated by counting the number of cells in three randomly sampled areas for each analyzed condition.

#### 4.9. XRF imaging

XRF analysis was performed to detect calcium and phosphate deposition. Osteoprogenitor cells were seeded on the surface of the substrates and cultured for up to 30 d, using normal ( $\alpha$ -MEM) or osteogenic ( $\alpha$ -MEM supplemented with ascorbic acid and glycerol-2-phosphate) media. At day 15 or 30, samples were washed with PBS and deionized water, then dried at room temperature for 20 min. Later, they were placed on the Bruker M4 Tornado XRF for x-ray imaging which was conducted at 50 keV under vacuum. All experiments were performed in triplicate.

#### 4.10. Computational simulation

3D steady state numerical simulations were performed in ANSYS Fluent 2022 on a finite element

mesh built around the same vector file used in the photolithography masking process. To model heat transfer through the polymer and the glass slide, we expanded the default Fluent materials library to include the thermal properties of PDMS and solid glass. Convective cooling was applied to all faces except the base of the glass plate, which contacted the Peltier. The Peltier and LMPA were modeled as interfaces of constant temperature, using values that had previously been experimentally measured [24]. The <1.5% w/v GG sample was treated as having the thermal properties of liquid water. We simulated the experimental conditions for 3.6 °C mm<sup>-1</sup>, 4.5 °C mm<sup>-1</sup>, and 5.4 °C mm<sup>-1</sup> applied temperature gradients. The temperature gradient profile across the width of the sample was evaluated by inspecting the temperatures at the middle cross-sectional plane of the simulated microfluidic device. Temperature distributions along the length of the sample channel were extracted by taking vertex averages at 100 equidistant points.

#### Data availability statements

All data that support the findings of this study are included within the article (and any supplementary files).

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#### Author contributions

**Alexandros Kosmidis Papadimitriou:** Investigation, Methodology, Writing—original draft. **Shin Wei Chong:** Investigation, Validation, Writing—review & editing. **Yi Shen:** Investigation, Writing—review & editing. **Oisín Stefan Lee:** Investigation, Validation. **Tuomas P J Knowles:** Resources, Supervision, Writing—review & editing. **Liam M Grover:** Resources, Supervision, Writing—review & editing. **Daniele Vigolo:** Conceptualization, Funding acquisition, Supervision, Writing—review & editing.

## Conflict of interest

The authors declare no competing interests.

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